

PROGRAMME

2ND MEDITERRANEAN CONFERENCE OF PLASTIC SURGERY INNOVATIONS

31 AUGUST - 2 SEPTEMBER 2024
GRAND RESORT LAGONISSI
ATHENS RIVIERA, GREECE



ORGANIZER:



Division of Plastic and
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UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

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Contents

GREETING	<u>4</u>
ORGANIZERS & COMMITTEES	<u>5</u>
PROGRAMME	<u>8</u>
SPEAKERS & MODERATORS	<u>18</u>
POSTER PRESENTATIONS	<u>31</u>
GENERAL INFORMATION	<u>35</u>
SPONSORS	<u>37</u>

Greeting

2ND MEDITERRANEAN CONFERENCE
OF PLASTIC SURGERY INNOVATIONS

Dear Colleagues and Friends,

It is our pleasure to welcome you in Athens, Greece for the **2nd Mediterranean Conference of Plastic Surgery Innovations**, organized by the Division of Plastic & Reconstructive Surgery of the University of Colorado in collaboration with various societies.

Our first meeting was held in May 2023 in Limassol, Cyprus with great success and delegates from over 15 countries, not only from the Mediterranean but also from all over the world. It was certainly a highly educational experience with regional and international speakers that are renowned experts in the field. This was complemented by ample networking and social activities that offered the participants a taste of the culture and history of the island.

This year's conference will cover a wide range of reconstructive and aesthetic aspects of the entire body, and will concentrate on hot innovative topics and controversial issues. A rigorous scientific program has been developed focusing on head and neck reconstruction, upper and lower extremity reconstruction, peripheral nerve reconstruction, breast reconstruction, trunk reconstruction, lymphatic reconstruction, and gender affirming surgery. In addition, this year's program will expand on the latest techniques in aesthetic surgery of the face / nose, breast, body, and genitalia.

We are honored to have world renowned speakers joining us from all over the world to share their expertise. It is our hope that the meeting will once again bring delegates from the Mediterranean as well as the rest of the world to learn, network and enjoy the warm Athens weather and the Greek hospitality!

With warm regards,



Christodoulos Kaoutzakis, MD FACS

Co-Chair, 2nd Mediterranean Conference of Plastic Surgery Innovations

Associate Professor, Division of Plastic & Reconstructive Surgery, University of Colorado



George Kokosis, MD FACS

Co-Chair, 2nd Mediterranean Conference of Plastic Surgery Innovations

Assistant Professor, Division of Plastic & Reconstructive Surgery, Rush University

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& AESTHETIC SURGERY

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Babak Mehrara
(Memorial Sloan Kettering, USA)

Bauback Safa
(The Buncke Clinic, USA)

Brett Phillips
(Duke University, USA)

Christodoulos Kaoutzanis
(University of Colorado, USA)

Christoph Hirche
(University of Frankfurt, Germany)

David Mathes
(University of Colorado, USA)

George Kokosis
(Rush University, USA)

Howard Levinson
(EVMS/Sentara Health, USA)

Jamie Levine
(New York University, USA)

Jason Yu
(University of Colorado, USA)

Julian Winocour
(University of Colorado, USA)

Katie Egan
(University of Colorado, USA)

Melinda Haws
(Private Practice, Nashville, Tennessee, USA)

Neil Vranis
(Private Practice, Los Angeles, California, USA)

Nolan Karp
(New York University, USA)

Paul Cederna
(University of Michigan, USA)

Rachel Bluebond-Langner
(New York University, USA)

Tae Chong
(Virginia Commonwealth University Health System, USA)

LOCAL SCIENTIFIC COMMITTEE:

Andreas Gravvanis
(METROPOLITAN Hospital of Athens, Greece)

Aris Sterodimas
(Metropolitan General Hospital, Athens, Greece)

Efterpi Demiri
(Papageorgiou Hospital, Thessaloniki, Greece)

Vaggelis Keramidas
(Private Practice, Greece)

Paraskevas (Vakis) Kontoes
(HYGEIA Hospital, Athens, Greece)

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1. MTF Data on File.

2. Development of a Novel Acellular Dermal Matrix (ADM) Designed Specifically for Plastic and Reconstructive Surgery, MTF Biologics Research & Development, 2021.

3. Comparative Analysis of SmartTrak Data. US Breast Matrices Market-Revenues/Share, 2018, 2019, 2020, 2021.



PROGRAMME

SATURDAY, 31 AUGUST

07:40 - 08:10 ● Registration

08:10 - 08:25 ● Opening Remarks

Christodoulos Kaoutzanis

Co-Chair, 2nd Mediterranean Conference of Plastic Surgery Innovations

Associate Professor, Division of Plastic & Reconstructive Surgery, University of Colorado

George Kokosis

Co-Chair, 2nd Mediterranean Conference of Plastic Surgery Innovations

Assistant Professor, Division of Plastic & Reconstructive Surgery, Rush University

08:25 - 10:15

SESSION 1 – FACIAL REJUVENATION

Moderators: Ashkan Ghavami, Paraskevas Kontoes

08:25 - 08:45 ● **Precision facelifting - 15 key steps for optimal outcomes and safety**

Rod Rohrich, Baylor College of Medicine, USA

08:45 - 08:55 ● **Different SMAS techniques and why I prefer my V shape**

SMAS plication in face lift surgery

Paraskevas Kontoes, HYGEIA Hospital, Athens, Greece

08:55 - 09:05 ● **Advanced 3D face lifting: the use of micro, milli, nano and emerging technologies combined with deep face lifting**

Aris Sterodimas, Metropolitan General Hospital, Athens, Greece

09:05 - 09:15 ● **Role of buccal fat removal - Defining the jawline**

Rod Rohrich, Baylor College of Medicine, USA

09:15 - 09:25 ● **Chin enhancement in facial rejuvenation: Fat vs implant (The 7-step 7-minute chin aug)**

Rod Rohrich, Baylor College of Medicine, USA

09:25 - 09:35 ● **How to integrate surgical and non-surgical approaches in facial rejuvenation**

Jennifer Walden, University of Texas Southwestern, USA

09:35 - 09:45 ● **Lip lift - Pitfalls and Pearls**

Rod Rohrich, Baylor College of Medicine, USA

09:45 - 10:00 ● **Blending the eyelid cheek junction - What works long term in lower blepharoplasty**

Rod Rohrich, Baylor College of Medicine, USA

10:00 - 10:15 ● Q&A and Panel Discussion

10:15 - 10:45 ● Coffee Break - Meet Exhibitors & Poster Viewing

10:45 - 13:10

SESSION 2 – RHINOPLASTY

Moderators: Vassilis Michalopoulos, Neil Vranis

10:45 - 11:05 ● **Tip shaping finesse**

Rod Rohrich, Baylor College of Medicine, USA



Programme

- 11:05 - 11:15** ● **Septal extension graft versus columellar strut graft**
(pre-recorded presentation)
Jay Calvert, Private Practice, Beverly Hills, CA, USA
- 11:15 - 11:25** ● **How to shape the nasal dorsum? Dorsal augmentation approaches**
(pre-recorded presentation)
Jay Calvert, Private Practice, Beverly Hills, CA, USA
- 11:25 - 11:40** ● **Role of fresh frozen rin in rhinoplasty**
Rod Rohrich, Baylor College of Medicine, USA
- 11:40 - 11:50** ● **How to best manage the alar wall and alar rim**
Ashkan Ghavami, Private Practice, Beverly Hills, CA, USA
- 11:50 - 12:00** ● **Endonasal vs open preservation rhinoplasty - How to incorporate it in your practice**
Ashkan Ghavami, Private Practice, Beverly Hills, CA, USA
- 12:00 - 12:10** ● **The evolution of Preservation Rhinoplasty – Personal Perspective**
Rod Rohrich, Baylor College of Medicine, USA
- 12:10 - 12:20** ● **Is there a role for closed rhinoplasty?**
Teoman Dogan, American Hospital Istanbul, Turkey
- 12:20 - 12:35** ● **Preventing the failed rhinoplasty**
Rod Rohrich, Baylor College of Medicine, USA
- 12:35 - 12:45** ● **How to approach cleft rhinoplasty**
Phuong Nguyen, University of Colorado School of Medicine, USA
- 12:45 - 12:55** ● **Nasal fillers - Pears and Pitfalls**
Rod Rohrich, Baylor College of Medicine, USA
- 12:55 - 13:10** ● **Q&A and Panel Discussion**
- 13:10 - 14:10** ● **Light Lunch (Room Cosmos B)**
- 14:10 - 15:50** ● **SESSION 3 – BREAST AESTHETICS**
Moderators: Nolan Karp, Patrick Mallucci
- 14:10 - 14:20** ● **Breast augmentation plane selection: Which is best?**
Patrick Mallucci, Mallucci London, UK
- 14:20 - 14:30** ● **Breast augmentation: Why I prefer the subfascial/subglandular plane?**
Melinda Haws, Vanderbilt University Medical Center, USA
- 14:30 - 14:40** ● **Mastopexy: Is there a benefit of using mesh?**
Patrick Mallucci, Mallucci London, UK
- 14:40 - 14:50** ● **Breast augmentation and augmentation mastopexy: Is there a benefit of using mesh?**
Linda Li, Keck School of Medicine, USA
- 14:50 - 15:00** ● **Mastopexy in massive weight loss: Key elements for success**
Babis Rammos, University of Illinois, College of Medicine, Peoria, USA
- 15:00 - 15:10** ● **Setting a new benchmark in breast contouring: the use of cultured adipose stem cells for breast fat grafting combined with emerging technology**
Aris Sterodimas, Metropolitan General Hospital, Athens, Greece

Programme

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15:10 - 15:20 ● **Approach to revision augmentation and augmentation mastopexy: Key elements for success**

Patrick Mallucci, Mallucci London, UK

15:20 - 15:30 ● **Considerations in the management of patients considering explantation - Capsules, lifts and fat**

Samer Cabbabe, Saint Louis University, USA

15:30 - 15:40 ● **Approach to tuberous breast deformities**

Evangelos Keramidas, Private Practice, Greece

15:40 - 15:50 ● Q&A

15:50 - 16:20 ● Coffee Break – Meet Exhibitors & Poster Viewing

16:20 - 17:20 SESSION 4 - GENITAL REJUVENATION

Moderators: Melinda Haws, Angela Cheng

16:20 - 16:30 ● **Why I prefer the trim technique for labiaplasty**

Melinda Haws, Vanderbilt University Medical Center, USA

16:30 - 16:40 ● **Why I prefer the wedge technique for labiaplasty**

Christine Hamori, Massachusetts, USA

16:40 - 16:50 ● **Difficult aesthetic genital cases: How to avoid complications**

Christine Hamori, Massachusetts, USA

16:50 - 17:00 ● **Non-surgical approaches to genital rejuvenation in females**

Jennifer Walden, University of Texas Southwestern, USA

17:00 - 17:10 ● **Non-surgical approaches to genital enhancement in males**

Jennifer Walden, University of Texas Southwestern, USA

17:10 - 17:20 ● Q&A

18:00 - 20:30 ● Welcome Cocktail Reception (Veghera, Grand Resort)

End of Day 1

SUNDAY, 1 SEPTEMBER

08:00 - 08:30 ● Registration

08:30 - 11:20 SESSION 1 - TRUNK AND EXTREMITY CONTOURING

Moderators: Brian Hwang, Babis Rammos

08:30 - 08:40 ● **Avulsion technique for brachioplasty and thighplasty - Long-term outcomes**

Babis Rammos, University of Illinois, College of Medicine, Peoria, USA

08:40 - 08:50 ● **Scarless approach to extremity contouring**

Neil Vranis, Private Practice, Beverly Hills, USA

08:50 - 09:00 ● **Combining abdominoplasty with buttock augmentation**

Andre Marshall, Private Practice, Beverly Hills, USA

09:00 - 09:10 ● **Circumferential abdominoplasty: Is there a role in massive weight loss?**

Samer Cabbabe, Saint Louis University, USA

- 09:10 - 09:20 ● **Mini-abdominoplasty vs reverse abdominoplasty**
Michael Rossi, Scripps Memorial Hospital, USA
- 09:20 - 09:30 ● **How to deal with rectus diastasis**
Evangelos Keramidas, Private Practice, Greece
- 09:30 - 09:40 ● **Safety of abdominoplasty in 2024**
Kent Higdon, Higdon Plastic Surgery, USA
- 09:40 - 09:50 ● **The S Curve Body Shaping**
Ashkan Ghavami, Private Practice, Beverly Hills, CA, USA
- 09:50 - 10:20 ● **Coffee Break - Meet Exhibitors & Poster Viewing**
- 10:20 - 10:30 ● **High definition body contouring in female patients: Key elements for success**
Alfredo Hoyos, Total Definer Medical by Alfredo Hoyos, Colombia, South America
- 10:30 - 10:40 ● **High definition body contouring in male patients: Key elements for success**
Douglas Steinbrech, Private Practice, New York
- 10:40 - 10:50 ● **Think outside the box - Graft inside the muscles**
Alfredo Hoyos, Total Definer Medical by Alfredo Hoyos, Colombia, South America
- 10:50 - 11:00 ● **Are implants a useful adjunct for trunk/extremity contouring?**
Douglas Steinbrech, Private Practice, New York
- 11:00 - 11:10 ● **Barbie waist: The next frontier to modify the bony framework of the waist**
Alfredo Hoyos, Total Definer Medical by Alfredo Hoyos, Colombia, South America
- 11:10 - 11:20 ● **Q&A**
- Keynote Presentation Moderator: Christodoulos Kaoutzanis
- 11:20 - 11:50 ● **Developing Consistency in Rhinoplasty Results- a 30 year Perspective**
Rod Rohrich, Baylor College of Medicine, USA
- 11:50 - 12:50 ● **Light Lunch (Room Cosmos B)**
- 11:50 - 12:50 ● **Lunch Symposium (Room Athina)**
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- Keynote Presentation Moderator: George Kokosis
- 12:50 - 13:20 ● **The plastic surgeon of the future: clinician, bio-engineer and entrepreneur**
Phillip Blondeel, University Hospital Gent, Belgium
- 13:20 - 15:30 **SESSION 2 - BREAST RECONSTRUCTION**
Moderators: Lina Mountziaris, Dimitris Mastorakos
- 13:20 - 13:30 ● **Advances in oncoplastic breast reconstruction**
Albert Losken, Emory University, USA
- 13:30 - 13:40 ● **Alloplastic breast reconstruction: Prepectoral vs. subpectoral?**
Joshua Vorstenbosch, McGill University, Montreal, Quebec, Canada
- 13:40 - 13:50 ● **Use of acellular dermal matrix in breast reconstruction**
Deana Shenaq, Rush University Medical Center, USA
- 13:50 - 14:00 ● **Use of biosynthetic mesh in breast reconstruction**
Nolan Karp, New York University, USA
- 14:00 - 14:10 ● **Advances in planning of autologous tissue transfer, what is the future?**
Arash Momeni, Stanford University, USA

- 14:10 - 14:20 ● **Alternative free flaps for breast reconstruction - Thigh based flaps**
Carrie Chu, University of Texas MD Anderson Cancer Center, USA
- 14:20 - 14:30 ● **Alternative free flaps for breast reconstruction - Lower back based flaps**
David Greenspun, The Plastic & Reconstructive Surgery Group, Connecticut, USA
- 14:30 - 14:40 ● **Reconstruction in the high BMI patient**
Angela Cheng, Emory University, USA
- 14:40 - 14:50 ● **Aesthetic Approaches to Breast Reconstruction Using Abdominally Based Free Flaps**
Theodore Kung, University of Michigan, USA
- 14:50 - 15:00 ● **Optimization of outcomes in autologous breast reconstruction**
David Mathes, University of Colorado, USA
- 15:00 - 15:10 ● **Neurotization in implant-based breast reconstruction**
Anne Peled, Peled Plastic Surgery, USA
- 15:10 - 15:20 ● **Neurotization of abdominally based free flaps for breast reconstruction**
Stefania Tuinder, Maastricht University Medical Center, The Netherlands
- 15:20 - 15:30 ● **Fat-augmented Latissimus Dorsi flap: an alternative option for pure autologous breast reconstruction**
Efterpi Demiri, Papageorgiou Hospital, Thessaloniki, Greece

15:30 - 15:40 ● Q&A

15:40 - 16:10 ● Coffee Break - Meet Exhibitors & Poster Viewing

16:10 - 17:30

SESSION 3 - LYMPHEDEMA

Moderators: John Rose, Dimitris Dionysiou

- 16:10 - 16:20 ● **Functional comparison of constricted and non-constricted lymphatic vessels in supermicrosurgical lymphaticovenous anastomosis**
Martin Knoz, St. Anne's University Hospital, Masaryk University Brno, Czech Republic
- 16:20 - 16:30 ● **Immediate lymphatic reconstruction**
Babak Mehrara, Memorial Sloan Kettering, USA
- 16:30 - 16:40 ● **Vascularized lymph node transfer for lymphedema treatment**
Dhruv Singhal, Beth Israel Deaconess Medical Center, Harvard Medical School, USA
- 16:40 - 16:50 ● **Combined vascularized node transfer and breast reconstruction**
Christoph Hirsche, University of Frankfurt, Germany
- 16:50 - 17:00 ● **Prevention makes sense: 7 years experience with immediate lymphatic reconstruction with TLAR**
Gemma Pons, Hospital de Sant Pau, Barcelona, Spain
- 17:00 - 17:10 ● **From lymph to fat: The role of reconstructive liposuction in the treatment of lymphedema**
Håkan Brorson, Department of Clinical Sciences, Lund University, Sweden
- 17:10 - 17:20 ● **Implementation of New Techniques in Lymphedema Surgery**
Maria Mani, Uppsala University Hospital, Sweden

17:20 - 17:30 ● Q&A

20:30 ● Conference Dinner - Traditional Tavern Stamatopoulos

End of Day 2

MONDAY, 2 SEPTEMBER

08:00 - 08:15 ● Registration

08:15 - 09:05

SESSION 1 - UPPER EXTREMITY RECONSTRUCTION

Moderators: Vishal Thanik, Kyle Eberlin

08:15 - 08:25 ● **Functional upper extremity reconstruction: Borrowing from the foot**
Bauback Safa, The Buncke Clinic, USA

08:25 - 08:35 ● **Upper extremity reconstruction with free toe transfers**
Christian Fessas, American Medical Centre, Nicosia, Cyprus

08:35 - 08:45 ● **Functional upper extremity reconstruction: Functional muscles**
Amber Leis, UC Irvine, Department of Plastic Surgery, USA

08:45 - 08:55 ● **Reconstruction of the digital nerve: Allograft vs. Conduits?**
Jonathan Isaacs, Virginia Commonwealth University Medical Center, USA

08:55 - 09:05 ● Q&A

09:05 - 10:05

SESSION 2 - LOWER EXTREMITY RECONSTRUCTION

Moderators: Vishal Thanik, Gregory Lamaris

09:05 - 09:15 ● **Reconstruction of the diabetic foot**
Daniel Kedar, Tel-Aviv Sourasky Medical Center (Ichilov), Israel

09:15 - 09:25 ● **Lower extremity soft tissue reconstruction**
Mark Greyson, University of Colorado, USA

09:25 - 09:35 ● **Management of the lower extremity bone gap-flap, graft or transport**
Bauback Safa, The Buncke Clinic, USA

09:35 - 09:45 ● **Functional lower extremity reconstruction**
Sami Tuffaha, Johns Hopkins Hospital, USA

09:45 - 09:55 ● **Limb salvage: When do I give up?**
Jamie Levine, New York University, USA

09:55 - 10:05 ● Q&A

10:05 - 10:35 ● Coffee Break - Meet Exhibitors & Poster Viewing

10:35 - 11:35

SESSION 3 - PERIPHERAL NERVE

Moderators: Sami Tuffaha, Bauback Safa

10:35 - 10:45 ● **Management of the painful neuroma**
Petros Konofaos, University of Texas Medical Branch, USA

10:45 - 10:55 ● **Migraine Surgery**
Shashank Reddy, Johns Hopkins University, USA

10:55 - 11:05 ● **Use of RPNI to optimize prosthetic rehabilitation in patients with limb loss**
Paul Cederna, University of Michigan, USA

11:05 - 11:15 ● **TMR in extremity amputation**
Kyle Eberlin, Massachusetts General Hospital, Harvard Medical School, USA

11:15 - 11:25 ● **Nerve Transfers: The latest and greatest**
Amy Moore, Ohio State Wexner Medical Center, USA

11:25 - 11:35 ● Q&A

11:35 - 12:35 SESSION 4 – HEAD AND NECK RECONSTRUCTION

Moderators: Chris Hughes, Brett Phillips

11:35 - 11:45 ● **Reconstruction of oncologic defects in head and neck**
Andreas Gravvanis, METROPOLITAN Hospital of Athens, Greece

11:45 - 11:55 ● **Head and neck war injury reconstruction**
Amir Ibrahim, American University of Beirut Medical Center, Lebanon

11:55 - 12:05 ● **Head and neck reconstruction in the National Health System**
Spyros Stavrianos, Ag Savvas Hospital, Greece

12:05 - 12:15 ● **Facial reanimation, techniques and advances**
Steffen Eisenhardt, University of Freiburg Medical Center, Germany

12:15 - 12:25 ● **Updates in facial transplantation**
Jamie Levine, New York University, USA

12:25 - 12:35 ● Q&A

12:35 - 13:45 ● Light Lunch (Room Cosmos B)

13:45 - 14:55 SESSION 5 – GENDER AFFIRMING SURGERY

Moderators: Joseph Khouri, Christodoulos Kaoutzanis

13:45 - 13:55 ● **Feminizing top surgery**
Devin Coon, Harvard Medical School Brigham & Women's Hospital, USA

13:55 - 14:05 ● **Advances in facial feminizing surgery**
Justine Lee, UCLA Division of Plastic and Reconstructive Surgery, USA

14:05 - 14:15 ● **Feminizing genital reconstruction: Standard penile inversion vaginoplasty**
Melissa Poh, University of Southern California, USA

14:15 - 14:25 ● **Feminizing genital reconstruction: Peritoneal flap vaginoplasty**
Rachel Bluebond Langner, New York University, USA

14:25 - 14:35 ● **Surgical options for masculinizing genital reconstruction**
Jens Berli, Oregon Health & Science University, USA

14:35 - 14:45 ● **Gender affirmation surgery: Where we have been and where we are going**
Loren Schechter, Rush University Medical Center, USA

14:45 - 14:55 ● Q&A

14:55 - 15:25 ● Coffee Break - Meet Exhibitors & Poster Viewing



Programme

15:25 - 16:25

SESSION 6 - TRUNK RECONSTRUCTION

Moderators: Edward Reece, Aadil Khan

- 15:25 - 15:35** ● **Challenges in chest wall reconstruction and how to overcome them**
Tae Chong, Virginia Commonwealth University Health System, USA
- 15:35 - 15:45** ● **Contemporary approaches to abdominal wall reconstruction**
Howard Levinson, EVMS/Senatar Health, USA
- 15:45 - 15:55** ● **Robotic harvest of rectus muscle for perineal reconstruction**
Richard Baynosa, University of Nevada, USA
- 15:55 - 16:05** ● **Perineal reconstruction following abdominoperineal resection**
Alanna Rebecca, Mayo Clinic Arizona, USA
- 16:05 - 16:15** ● **Spinal reconstruction**
Sebastian Winocour, Baylor College of Medicine, USA
- 16:15 - 16:25** ● **Q&A**
- 16:25** ● **Closing Remarks and Awards for Best Oral and Poster Presentations**

End of Conference




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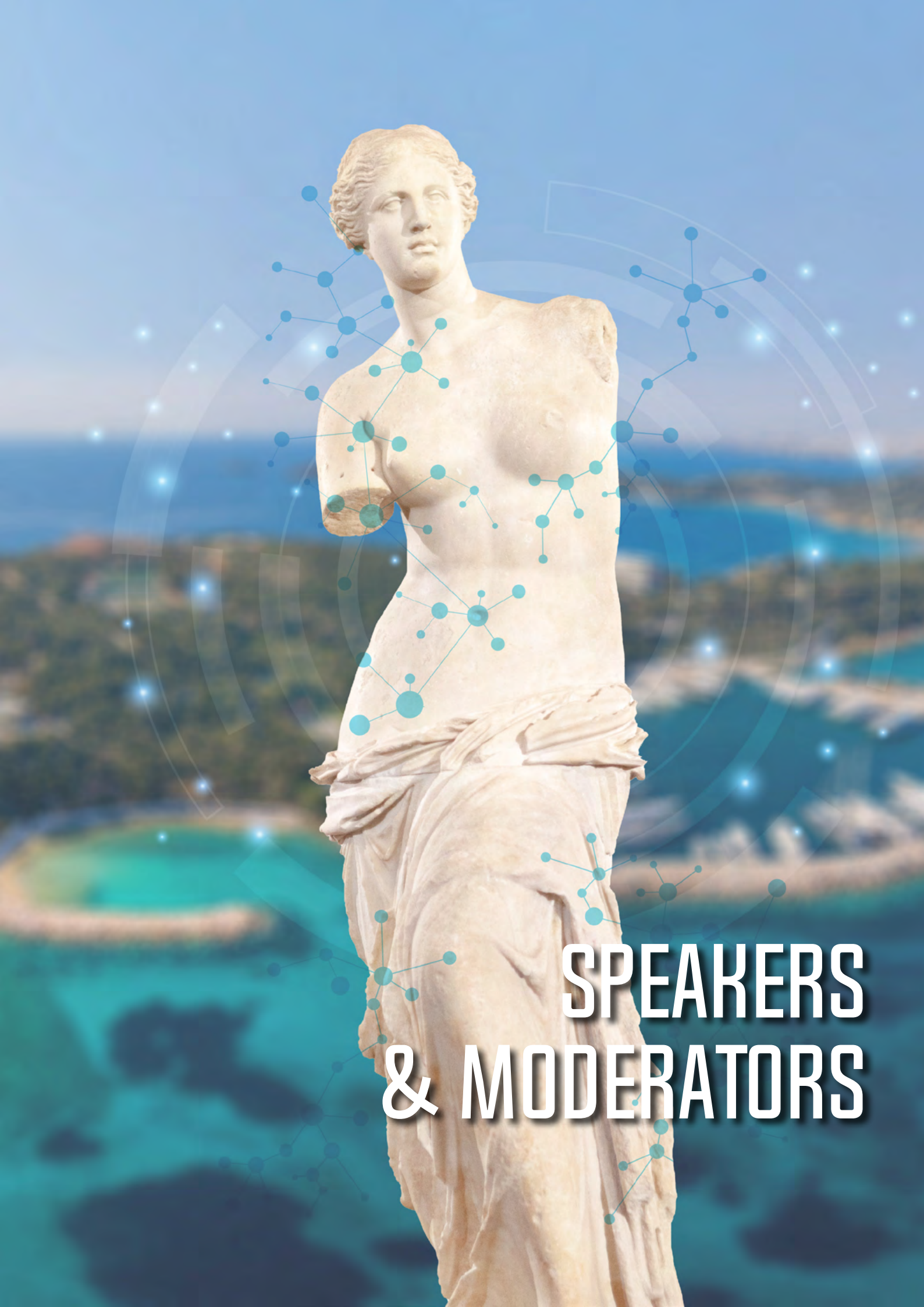
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SPEAKERS & MODERATORS

Speakers & Moderators

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Alanna Rebecca, MD, MBA

Associate Professor of Surgery at the Mayo Clinic College of Medicine Chair, Workplace Violence Prevention, Mayo Clinic Arizona Director, Lymphedema Program, Mayo Clinic Arizona



Albert Losken, MD

Emory University – Professor of Surgery, Program Director, Division of Plastic and Reconstructive Surgery, Department of Surgery



Alfredo Hoyos, Scientific Director, MD, Plastic Surgeon

Total Definer Medical by Alfredo Hoyos, Colombia, South America



Amber Leis, MD, FACS

Associate Clinical Professor, Division Chief of Plastic Hand Surgery, Residency Program Director, UC Irvine Department of Plastic Surgery



Amir Ibrahim, MD

Associate Professor, Division Head, Plastic and Reconstructive Surgery, American University of Beirut Medical Center



Amy Moore, MD

Ohio State Wexner Medical Center, Chair of Plastic and Reconstructive Surgery, USA



Andre Marshall, MD, MPH FACS

Private Practice, Beverly Hills, CA 90210



Andreas Gravvanis, MD, PhD, FEBOPRAS

Head of Plastic, Reconstructive and Aesthetic Surgery, METROPOLITAN Hospital of Athens

Speakers & Moderators



Angela Cheng, MD
Associate Professor at Emory University



Anne Peled, MD
Peled Plastic Surgery, Private Practice, San Francisco



Arash Momeni, MD, FACS
Associate Professor of Plastic & Reconstructive Surgery Director of Clinical Outcomes Research, Stanford University, USA



Aris Sterodimas, MD
Head, Plastic & Reconstructive Surgery, Department, Metropolitan, General Hospital, Athens, Greece



Ashkan Ghavami, MD
Board Certified Plastic Surgeon, Private Practice, Beverly Hills, CA., Co-Director, The Aesthetic Surgery Fellowship of Los Angeles (Univ. of Southern California), Member – The Aesthetic Society of Plastic Surgeons; Past President – The Rhinoplasty Society



Babak Mehrara, MD
Chief, Plastic & Reconstructive Surgical Service, Peter G. Cordeiro, Endowed Chair in Plastic & Reconstructive Surgery, Memorial Sloan Kettering, USA



Babis Rammos, MD, FACS
Ramos Plastic Surgery & MedSpa, Division Chief-Plastic Surgery, University of Illinois, College of Medicine, Peoria



Bauback Safa, MD, FACS
Clinical Assistant Professor at Stanford University Medical School and UCSF Medical School, The Buncke Clinic, USA

Speakers & Moderators

2ND MEDITERRANEAN CONFERENCE
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Carrie Chu, MD, MS, FACS
Associate Professor, University of Texas MD Anderson Cancer Center



Christian Fessas, MD, FRCS
Consultant Plastic and Reconstructive Surgeon, American Medical Centre, Nicosia, Cyprus



Christine A. Hamori, MD
Board certified plastic surgeon in private practice , Duxbury, Massachusetts USA,
Active member of the American Society of Plastic Surgeons



Christoph Hirche, MD
BG Unfallklinik Frankfurt, Academic Teaching Hospital of Goethe, Professor and Chair of the Department of Plastic, Hand and Reconstructive Microsurgery, University of Frankfurt, Germany



Daniel J Kedar, MD
Head of the Complex Reconstruction Service, Department of Plastic, Reconstructive and Aesthetic Surgery, Tel-Aviv Sourasky Medical Center (Ichilov)



David T. Greenspun, MD
The Plastic & Reconstructive Surgery Group, Connecticut, USA



David Mathes, MD
University of Colorado – Professor and Chief of the Division of Plastic and Reconstructive Surgery



Deana Shenaq, MD
Rush University Medical Center, In Chicago, Illinois

Speakers & Moderators



Devin Coon, MD, MS

Associate Professor of Surgery, Harvard Medical School, Brigham & Women's Hospital



Dhruv Singhal, MD

Associate Professor, Beth Israel Deaconess Medical Center, Harvard Medical School, USA



Douglas Steinbrech, MD

Male Aesthetic Plastic Surgery, editor Steinbrech, Division, CRC, Thieme, Publishing, London, England, Residual for textbook and E-book, Aesthetic Plastic Surgery, editors Aston, Steinbrech, Walden, Division, Elsevier Publishing, London, England



Efterpi Demiri, MD

Professor of Plastic Surgery, School of Medicine, Aristotle University of Thessaloniki, Head of the Department of Plastic Surgery, Papageorgiou Hospital, Thessaloniki, Greece



Evangelos Keramidas, MD, FEBOPRAS

Plastic surgeon – Private Practice, Director and co-founder of Kosmesis Aesthetic Plastic Surgery Center, Director of the Department of Plastic, Reconstructive and Aesthetic Surgery of Central Clinic of Athens, Head of the education of aesthetic plastic surgery in Greece (Elected)



Gemma Pons, MD, PhD

Associate Professor (UAB), Head of the Microsurgery Unit, Department of Plastic Surgery, Hospital de Sant Pau, Barcelona, Spain



Håkan Brorson, MD, PhD

Professor of Plastic Surgery, Senior Plastic Surgeon, Department of Clinical Sciences, Lund University, Malmö, Sweden, Lund University Cancer Centre, Professor, Faculty of Medicine, EGAMA, Buenos Aires, Honorary Professor, Faculty of Medicine, Macquarie University, Sydney



Howard Levinson, MD

Chief Reconstructive Surgery; EVMS/Senatar Health, USA

Speakers & Moderators

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OF PLASTIC SURGERY INNOVATIONS



Jamie Levine, MD

Associate Professor of Plastic & Reconstructive Surgery, Chief of Microsurgery and Fellowship Director of Microsurgery, Hansjorg Wyss Department of Plastic Surgery, New York University, USA



Jay Calvert, MD

Private Practice, Beverly Hills, CA



Jennifer Walden L., MD, FACS

Immediate Past President, The Aesthetic Society (The American Society for Aesthetic Plastic Surgery), Private Practice, Austin, TX, Clinical Associate Professor University of Texas Southwestern



Jens U. Berli, MD, MBA

Division Chief Plastic & Reconstructive Surgery, Oregon Health & Science University, Portland, Oregon, USA



Jonathan Isaacs, MD

Herman M. & Vera H. Nachman Distinguished Research Professor, Professor and Chief, Division of Hand Surgery, Virginia Commonwealth University Medical Center, Richmond, Virginia



Joshua Vorstenbosch, MD, PhD

McGill University, Montreal, Quebec, Canada



Justine C. Lee MD, PhD, FACS

Bernard G. Sarnat Endowed Chair, Professor and Associate Chief, UCLA Division of Plastic and Reconstructive Surgery



Kent K. Higdon, MD

Owner, Higdon Plastic Surgery, PLLC, The Aesthetic Society Fellowship, Trained Plastic Surgeon, Certified by the American Board of Plastic Surgery, Communications Commissioner and Member-at-Large, The Aesthetic Society, Contributing Editor, Aesthetic Surgery Journal Open Forum, ACCME Chair, Southeastern Society of Plastic and Reconstructive Surgeons

Speakers & Moderators



Kyle R. Eberlin, MD

Plastic Surgery, Hand Surgery, and Peripheral Nerve Surgery, President-Elect, American Association for Hand Surgery, Associate Professor of Surgery, Program Director, Harvard Plastic Surgery Residency Program, Associate Director, MGH Hand Surgery Fellowship, Massachusetts General Hospital, Harvard Medical School



Linda Li, MD

Adjunct Clinical Assistant Professor of Surgery, USC Plastic & Reconstructive Surgery, USC Department of Surgery, Keck School of Medicine, Beverly Hills, California, USA



Loren S. Schechter, MD, FACS

Professor of Surgery and Urology, Director, Gender Affirmation Surgery, Rush University Medical Center, Chicago, IL, USA



Maria Mani, MD, PhD

Associate Professor and Consultant Plastic Surgeon, Director of Microsurgery, Chief of Doctors, Department of Plastic and Reconstructive Surgery, Uppsala university/Uppsala university hospital, Sweden



Mark Greyson, MD

Assistant Professor University of Colorado



Martin Knoz, MUDr, PhD

Department of Plastic and Aesthetic Surgery, St. Anne's University Hospital, Masaryk University Brno, Czech Republic



Melinda Haws "Mindy", MD

Immediate Past President of The Aesthetic Society (American Society for Aesthetic Plastic Surgery) Clinical Associate Professor Vanderbilt University Medical Center, 1915 State St, Nashville, Tennessee, USA



Melissa Poh, MD

Kaiser Permanente, Southern California University of Southern California (USC), Division of Plastic Surgery, Adjunct Clinical Associate Professor of Surgery

Speakers & Moderators

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OF PLASTIC SURGERY INNOVATIONS



Michael Rossi, MD

Changes Plastic Surgery and Spa (San Diego, CA), Scripps Memorial Hospital (La Jolla, CA)



Nolan Karp, MD

Professor of Plastic and Reconstructive Surgery; Vice Chair of Clinical Operations, Hansjorg Wyss Department of Plastic Surgery, New York University, USA



Paraskevas Kontoes (Vakis), M.D, PhD Plastic Surgeon

ISAPS Secretary and Board Director, ISAPS Visiting Professor, Professor (Inv.) Medical School University of Liege-Belgium, Director Dept. Plastic, Aesthetic and Laser Surgery, HYGEIA Hospital, Athens,GR, President DrK, Medical Group



Patrick Mallucci, MBChB, MD, FRCS (Plast)

Medical Director, Mallucci London



Paul Cederna, MD

Robert Oneal Collegiate Professor of Plastic Surgery, Chief, Plastic Surgery, Department of Surgery, University of Michigan, USA



Petros Konofaos, MD, PhD

Professor of Plastic Surgery, Division of Plastic Surgery, University of Texas Medical Branch



Phillip Blondeel, MD, Ph.D, F.C.C.P.

Chairman of the Department of Plastic Surgery, University Hospital Gent, Belgium



Phuong D. Nguyen, MD, FACS, FAAP

Professor of Surgery, Chief of Pediatric Plastic Surgery, Associate Vice Chair of Global Surgery, University of Colorado School of Medicine

Speakers & Moderators



Rachel Bluebond-Langner, MD

Laura and Isaac Perlmutter Associate Professor of Plastic & Reconstructive Surgery, Hansjorg Wyss Department of Plastic Surgery, New York University, USA



Richard Baynosa, MD, FACS

Professor and Chair, Department of Plastic and Reconstructive Surgery; Program Director, Complex Breast, Microsurgical and Robotic Reconstructive Surgery Fellowship, University of Nevada, Las Vegas, USA



Rod J. Rohrich, MD, FACS

Clinical Professor of Plastic Surgery, Baylor College of Medicine, Past Chair/Distinguished Teaching Professor of Plastic Surgery, UT Southwestern Medical Center, Founding Partner, Dallas Plastic Surgery Institute



Samer Cabbabe, MD

Private Practice, Cabbabe Plastic Surgery, Chief of Plastic Surgery, Mercy South Assistant Professor of Plastic Surgery, Saint Louis University



Sami Tuffaha, MD

Assistant Professor of Plastic Surgery, Johns Hopkins Hospital, USA



Sashank Reddy, MD, PhD

Johns Hopkins University – Associate Professor of Plastic & Reconstructive Surgery; Biomedical Engineering Johns Hopkins University School of Medicine; Associate Director Institute of NanoBioTechnology Johns Hopkins University; Senior Medical Director Johns Hopkins Technology Ventures



Sebastian Winocour, MD, MSc, FACS

Associate Chief, Division of Plastic Surgery, Program Director, Plastic Surgery Residency, Baylor College of Medicine, Houston, Texas, USA



Spiros Stavrianos, Md, PhD, FEBOPRAS

Head and Neck Plastic Surgeon , Clinical Director Microvascular program, Head of Plastic Reconstructive and aesthetic Surgery Department , The Greek Anticancer Institute, Ag Savvas Hospital

Speakers & Moderators

2ND MEDITERRANEAN CONFERENCE
OF PLASTIC SURGERY INNOVATIONS



Stefania Tuinder, MD, PhD

Consultant Plastic surgeon, Associate Professor, PI Breast Sensibility Research Group



Steffen Eisenhardt, MD

Professor and Chief of Plastic and Handsurgery, Department of Plastic and Handsurgery, University of Freiburg Medical Center, Germany



Tae Chong, MD

Professor and Chair, Division of Plastic and Reconstructive Surgery, Virginia Commonwealth University Health System, USA



Teoman Doğan, MD

Plastic Surgeon, American Hospital Istanbul



Theodore A. Kung, MD

Associate Professor, Section of Plastic & Reconstructive Surgery, Co-Program Director, Microsurgery Fellowship, University of Michigan, USA

MODERATORS

Edward M. Reece, MD, Chair, Division of Plastic Surgery, Mayo Clinic, USA

Dimitris Dionysiou, MD, Professor of Plastic Surgery, Aristotle University of Thessaloniki Greece
Papageorgiou Hospital, Thessaloniki, Greece

Dimitris P. Mastorakos, MD, PhD, Plastic Surgeon, Athens Breast Clinic, Clinical Ass. Professor, University of Nicosia, Cyprus

Vassilis Michalopoulos, MD, PhD, Consultant Plastic Surgeon, Central Clinic of Athens

Vishal Thanik, MD, New York University, USA

WORKSHOP SPEAKERS

Medical Student/Resident Workshop – Sunday, September 1st 2024

COURSE DIRECTORS



Brett T. Phillips, MD, MBA, FACS

Assistant Professor, Plastic and Reconstructive Surgery, Program Director,
Integrated Plastic Surgery Residency, Duke University Hospital, Durham, NC, USA



Katie Egan, MD

University of Colorado Division of Plastic and Reconstructive Surgery



Neil Vranis, MD

Private Practice, Beverly Hills, CA, USA

SPEAKERS



Aadil Khan, PhD, MD

The Royal Marsden Hospital, London



Aboudé Al-Nowaylati, MD

Assistant Professor, Division of Plastic and Reconstructive Surgery, Emory University



Brian Hwang, MD, FACS

Plastic Surgery

Speakers & Moderators

2ND MEDITERRANEAN CONFERENCE
OF PLASTIC SURGERY INNOVATIONS



Christopher Hughes, MD

Divisions of Plastic and Craniofacial Surgery, Connecticut Children's, Hartford, CT



Gregory A. Lamarin, MD, PhD

Associate Professor, Division of Plastic and Reconstructive Surgery / Department of Orthopaedics, R Adams Cowley Shock Trauma Center / University of Maryland



Jason W Yu, DMD, MD

Assistant Professor, Plastic and Reconstructive Surgery | Department of Surgery, University of Colorado



John Rose, MD, MPH

Assistant Professor, Director of Lymphatic Surgery, Associate Director of Health Policy, Center for Health Equity in Surgery and Anesthesia (CHESA), Affiliated Faculty, Institute for Health Policy Studies, Division of Plastic and Reconstructive Surgery, University of California, San Francisco



John T. Stranix, MD, FACS

Assistant Professor, Department of Plastic Surgery, Department of Urology, University of Virginia Health System, Charlottesville, VA



Joseph Khouri, MD

Associate Professor of plastic & Reconstructive surgery at University hospitals, Cleveland, OH



Paschalia M. (Lina) Mountziaris, M.D., Ph.D.

Associate Professor, Division of Plastic and Reconstructive Surgery, Virginia Commonwealth University

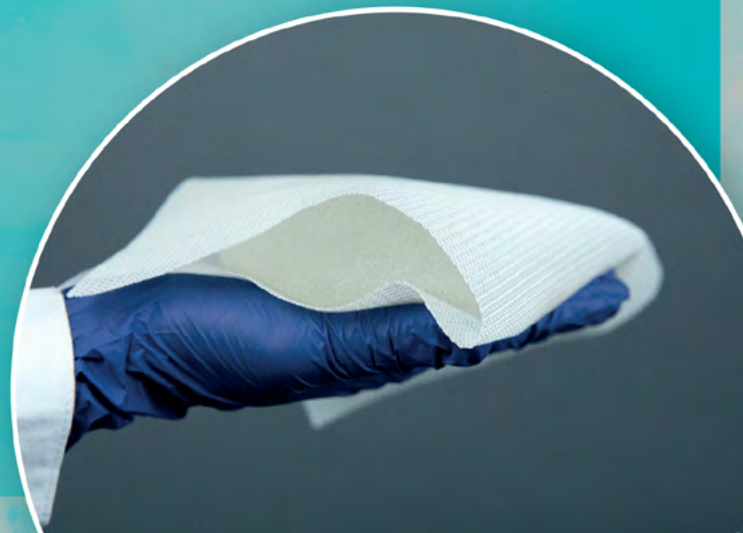


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PP 002	Reconstruction of Exposure Joint Injuries of lower extremity Amin Abu Jabal, Galilee Medical Center Naharya
PP 003	Who Nose Best? The impact of surgeon specialty on public perception of rhinoplasty outcomes Andreas Antoniadis, Aristotle University of Thessaloniki
PP 004	Reconstruction of defect following serial debridement for necrotizing Fasciitis in a Pediatric Patient: A Case Report Anna Ntanika, 2 nd Department of Pediatric Surgery, General Children's Hospital of Athens 'P. & A. Kyriakou', Athens, Greece
PP 005	Risk Factor Analysis Attributing to Secondary Lymphedema in Head and Neck Cancer patients Anna Lee, University of Colorado
PP 006	Salvage of Persistent Esophagocutaneous Fistula resulting from Colonic Interposition through a Jejunal Free Flap and Advanced Pectoral Flap Anna Lee, University of Colorado
PP 007	Retrospective Study on the Treatment of Sternal Defects Using the Latissimus Dorsi Flap: A Single Center Analysis of 110 Patients Over a Four Year Period Apostolos Papakoulas, Waldkrankenhaus Bonn, Germany
PP 008	Risk of Postoperative Venous Thromboembolism in Patients with Lower Extremity Melanoma Brandon Alba, Rush University Medical Center
PP 009	Imaging Biomarkers in Lymphedema: Assessing the Clinical Significance of Imaged Lymphedema on MR Lymphangiography and the Correlation with Delayed Lymphatic Transport Casey Martinez, Mayo Clinic, AZ
PP 010	Thermal Burn Injury. Plastic Reconstruction with the use of Synthetic Dermal Substitutes Charalampos Michalopoulos, Evangelismos General Hospital
PP 011	Preservation Rhinoplasty Technique Charalampos Michalopoulos, Lefkos Stavros
PP 012	Safety in Abdominoplasty - How to enhance safety in modern Abdominoplasty Christina Zora, Evangelismos General Hospital
PP 013	Cell-Assisted Lipotransfer in Breast Augmentation Surgery: Clinical Outcomes and Considerations for Future Research Dimitrios Asimakopoulos, University of Cambridge
PP 014	Capsular Contracture After Breast Augmentation: A Systematic Review and Meta-Analysis Evan Haas, University of Colorado Anschutz Medical Campus



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Poster Presentations

PP 015	Epidemiological Profile of Burn Patients in a North Indian Tertiary Care Centre Gaurang Bhatt, All India Institute of Medical Sciences, Rishikesh
PP 016	Understanding Preparedness and Attitudes of Nursing Students Towards LGBTQ Healthcare Needs Gaurang Bhatt, All India Institute of Medical Sciences, Rishikesh
PP 017	Rare soft tissue tumors. Our experience Georgios Nomikos, General Anticancer and Oncology Hospital of Athens 'Agios Savvas', Greece
PP 018	Profiling UAE injectable aesthetic practitioners: A national cohort analysis Hamid Reza Khademi Mansour, King's College London, London, United Kingdom
PP 019	Pelvic & Perineal Reconstruction after bowel or gynaecological tumors. A more than 20 Case Series Report Maria Lasithiotaki, Plastic and Reconstructive Surgery Department, Athens General Anticancer - Oncology Hospital 'Agios Savvas', Greece
PP 020	Surgical Management of Giant Congenital Melanocytic Nevi: The quality of life after Serial Tissue Excision with Expansion Maria Witkowiak, University of Nicosia Medical School
PP 021	Microsurgery in Gender-Affirmation Phalloplasty: Radial forearm free flap Natalia Karatzanou, National and Kapodistrian University of Athens
PP 022	Early diagnosis and treatment of Pyoderma Gangrenosum after simultaneous performance of Breast Reduction, Abdominoplasty, and Lumbar Liposuction Nikolaos Avgerinos, K.A.T. General Hospital of Athens
PP 023	Aesthetic Ideals in Reduction Mammoplasty: A Crowdsourcing-Based Study Orr Shaully, Emory University
PP 024	Evaluating Facelift complications and the effectiveness of the SMASectomy technique: A single center's 15-Year Experience Orr Shaully, Emory University
PP 025	Conversational Artificial Intelligence in Plastic Surgery: A Systematic Review of Clinical Applications and Utility Sevasti Panagiota Glynou, Imperial College London
PP 026	Sustainable Practices in Outpatient Hand Surgery: An Eco-Audit of Nail Bed Injury Treatments Sevasti Panagiota Glynou, Imperial College London
PP 027	Sustainability in Reconstructive Breast Surgery: An Eco-Audit of the Deep Inferior Epigastric Perforator (DIEP) flap pathway Zahra Ahmed, University College London
PP 028	Sustainability in Breast Surgery: An Eco-Audit of the breast implant pathway Zahra Ahmed, University College London



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General Information

REGISTRATION DESK

A Registration Desk will be operating throughout the duration of the conference. The Registration Desk will also be operating as an Information Desk for any information or assistance participants may require during the conference.

REGISTRATION DESK OPENING HOURS:

Saturday, 31 st of August:	07:40 – 17:20
Sunday, 1 st of September:	08:00 – 17:30
Monday, 2 nd of September:	08:00 – 16:25

NAME BADGES

The badge of each participant gives access to all sessions, exhibition, coffee breaks, lunch breaks and the Welcome Cocktail Reception.

CONFERENCE ROOMS

Main Conference Room:	COSMOS A	Posters Display:	COSMOS B
Exhibition:	COSMOS B	Workshop:	ATHINA
Registration Desk:	COSMOS FOYER	Lunch Symposium:	ATHINA

POSTER VIEWING

All posters will be projected digitally on a monitor screen, at the coffee break area, throughout the duration of the Conference and during the Resident/ Medical Student Workshop on September 1st.

MEDICAL STUDENT/RESIDENT WORKSHOP, SUNDAY, SEPTEMBER 1ST

For the first time this year, a resident/medical student workshop will be hosted during the 2nd Mediterranean Conference of Plastic Surgery Innovations. This will include oral presentations from residents and medical students, as well as talks from internationally renowned faculty and hands on experience and skills building on stations covering aesthetic and reconstructive aspects of plastic surgery.

ACCREDITATION POINTS

The 2nd Mediterranean Conference of Plastic Surgery Innovations, Athens Lagonissi, Greece 31/08/2024 – 02/09/2024, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 19.5 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

CERTIFICATES OF ATTENDANCE

Certificates of attendance will be sent electronically after the conference is completed. CME points will be also mentioned on the certificate.

WELCOME COCKTAIL RECEPTION

Welcome Cocktail Reception will take place on **Saturday, August 31st**, between 18:00 – 20:30, at the Veghera, Grand Resort Lagonissi.

CONFERENCE DINNER

The Official Dinner of the Conference will take place on **Sunday, September 1st** at Stamatopoulos Tavern – Athens, Plaka at 20:30. During the Dinner you will have the opportunity to enjoy traditional, Greek Cuisine as well as traditional Greek Music.

Pick up time: 19:30 | Pick up point: Conference Center Entrance

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6.0 % | Parker, et al.³
2021
50 patients/12m**

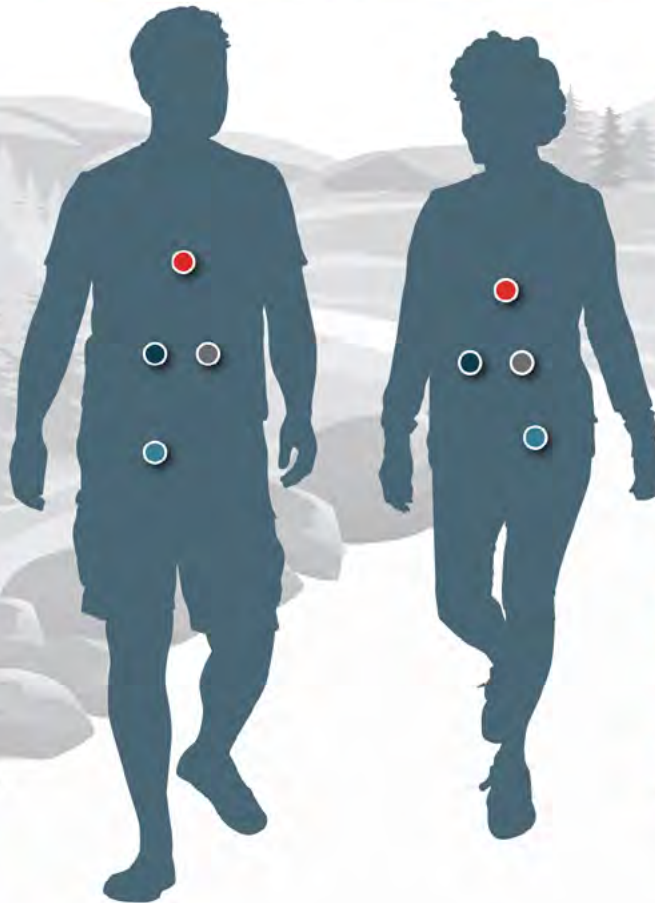
0.8 % | Ankney, Szotek, et al.⁴
2022
259 patients/1-59m**

2.6 % | DeNoto, et al.²
2022
92 patients/24m**

4.0 % | Sivaraj, Nazerali, et al.⁷
2022
50 patients/29-34m***

2.8 % | Sivaraj, Nazerali, et al.⁵
2022
36 patients/29m**

1.9 % | Ankney, Szotek, et al.⁴ 2022
54 patients/3-39m**



HIATAL

0 % | Sawyer¹
2018
25 patients/14m***

BRIDGED

16 % | DeNoto⁴
2022
19 patients/23m***

INGUINAL

0 % | Ferzoco¹
2018
31 patients/13m***

1.6 % | Ankney, Szotek, et al.⁴
2021
306 patients/1-36m**



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*TELA Bio sales data. ** Followup months. *** Average followup months.

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Important Safety Information: OviTex is intended for use as a surgical mesh to reinforce and/or repair soft tissue where weakness exists. Indications for use include the repair of hernias and/or abdominal wall defects that require the use of reinforcing or bridging material to obtain the desired surgical outcome.

Caution: Federal (US) law restricts this device to sale by or on order of a physician. Do not use OviTex in patients known to be sensitive to materials of ovine (sheep) origin. Use of OviTex in this patient population may result in an allergic or immunological reaction. The following adverse events have been reported for surgical repair of hernias (with or without the use of surgical mesh): pain, infection, hernia recurrence, adhesion, bowel obstruction, bleeding, fistula, seroma, perforation, mesh migration, and mesh contraction. For additional important safety information, please see the OviTex Instructions for Use.

Healthcare professionals must use their own clinical judgment in evaluating appropriate treatment options for a particular patient. Treatment of a specific patient should be based on individual needs and the medical care deemed necessary by the patient's treating physician. Always refer to the package insert, product label, and/or instructions for use before using any TELA Bio product. Products may not be available in all markets because product availability is subject to the regulatory and/or medical practices in individual markets. Please contact your TELA Bio representative if you have questions about TELA Bio products.

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