

**OUTDOOR FITNESS CIRCUIT**

**Fyzik™**  
**JAMBETTE**

Outdoor fitness circuits that meet the needs of  
INDIVIDUALS AGED 13 AND OVER.



**Jambette**.com



# LAYOUT 1

HELP YOUR ADULT CLIENTELE GET FIT WITH AN OUTDOOR FITNESS CIRCUIT.

- Custom circuit design available
- Equipment comes with quality signs explaining the exercises to be performed, including repetitions and duration



- A** Z-17020  
Resistance bands post
- B** Z-17005  
Jumping stools (3)
- C** Z-17018  
Ab bench
- D** Z-17027  
60", 86" and 74"  
Triple monkey bars

AGE GROUP	SUGGESTED SURFACE AREA	REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)
13-year-olds and over	50' x 25' / 15 m x 8 m	54' x 28' / 17 m x 9 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.



# LAYOUT **2**

- Equipment made of Canadian aluminum, heavy-duty steel and stainless steel hardware
- Large selection of colours



- A** Z-17003 Overhead ladder
- B** Z-17009 Double push-up bars
- C** Z-17027 60", 86" and 74" Triple monkey bars
- D** Z-16014 Double sit-up
- E** Z-17020 Resistance bands posts
- F** Z-18003 Climbing rope (without knots)

AGE GROUP	SUGGESTED SURFACE AREA	REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)
13-year-olds and over	42' x 26' / 13 m x 8 m	42' x 29' / 13 m x 9 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.



# LAYOUT **3**



- A** Z-17003 Overhead ladder
- B** Z-17004 Hurdles
- C** Z-17005 Jumping stools (3)
- D** Z-17000 Inclined jumping bars (3)
- E** Z-16016 Parallel bars
- F** Z-17002 Climbing rope (with knots)
- G** Z-17001 Hop-over bars
- H** Z-17006 Double ring ladder

AGE GROUP	SUGGESTED SURFACE AREA	REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)
13-year-olds and over	59' x 58' / 18 m x 18 m	64' x 57' / 20 m x 17 m

*Each set includes a free welcome sign with safety rules and a guide on the levels of training.*



# LAYOUT **4**



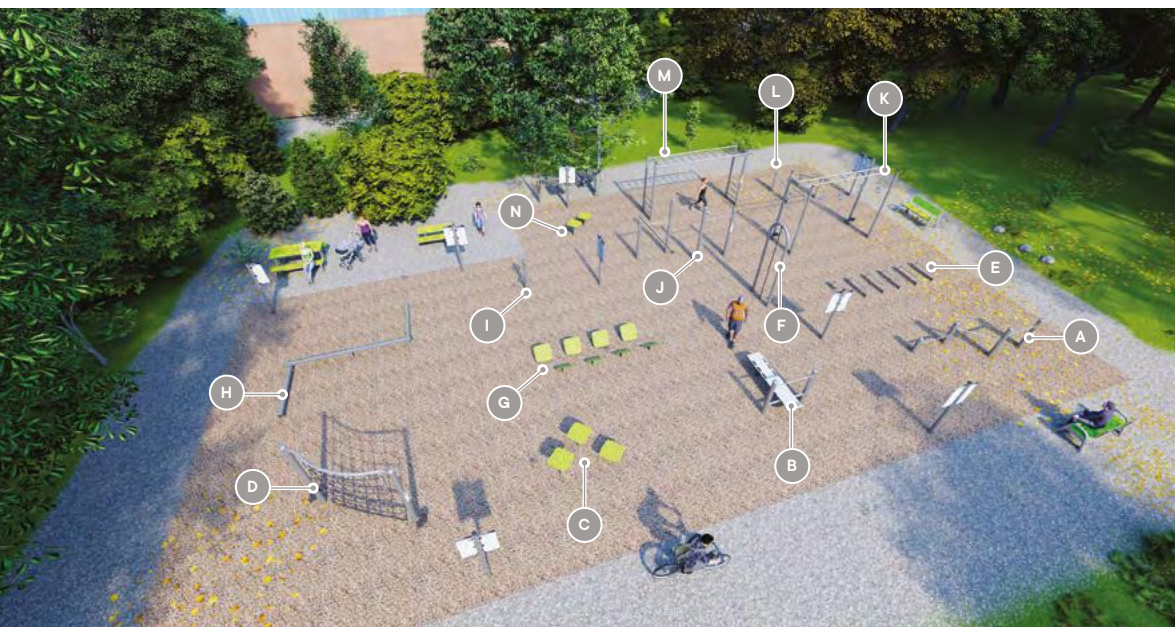
- A** Z-17019  
Ab bench with pull-up bar
- B** Z-17016  
Jumping stools (2)
- C** Z-17003  
Overhead ladder
- D** Z-17008  
Triple balance beam
- E** Z-17011  
Vertical net
- F** Z-18001  
Angled ninja podiums
- G** Z-17000  
Inclined jumping bars (3)
- H** Z-17004  
Hurdles
- I** Z-17002  
Climbing rope (with knots)
- J** Z-17021  
60" and 86"  
Double monkey bars

AGE GROUP	SUGGESTED SURFACE AREA	REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)
13-year-olds and over	61' x 54' / 19 m x 16 m	59' x 59' / 18 m x 18 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.



# LAYOUT **5**



- A** Z-17026 Triple push-up bars
- B** Z-17019 Ab bench with pull-up bar
- C** Z-17005 Jumping stools (3)
- D** Z-17011 Vertical net
- E** Z-17004 Hurdles
- F** Z-18003 Climbing rope (without knots)
- G** Z-18001 Angled ninja podiums (2X)
- H** Z-17008 Triple balance beam
- I** Z-17020 Resistance bands post
- J** Z-17027 60", 86" and 74" Triple monkey bars
- K** Z-17006 Double ring ladder
- L** Z-17017 Inclined jumping bars (2)
- M** Z-17003 Overhead ladder
- N** Z-17016 Jumping stools (2)


AGE GROUP	SUGGESTED SURFACE AREA	REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)
13-year-olds and over	86' x 51' / 26 m x 16 m	80' x 51' / 24 m x 16 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.



# LAYOUT **6**



 Some products are wheelchair accessible.

- A** Z-17002 Climbing rope (with knots)
- B** Z-17003 Overhead ladder
- C** Z-17018 Ab bench
- D** Z-17007 Balance beam - single
- E** Z-18001 Angled ninja podiums
- F** Z-17009 Double push-up bars
- G** Z-21006 Accessible overhead ladder
- H** Z-21005 Accessible parallel bars
- I** Z-21007 Accessible double ring ladder
- J** Z-21001-B Accessible triple monkey bars
- K** Z-17017 Inclined jumping bars
- L** Z-17006 Double ring ladder
- M** Z-17016 Jumping stools (2)
- N** Z-17028 Inclined ab bench
- O** Z-17011 Vertical net
- P** Z-17001 Hop-over bars

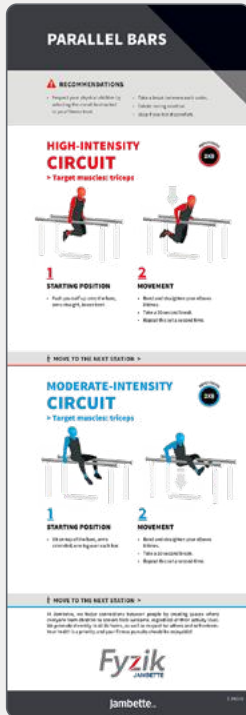


AGE GROUP	SUGGESTED SURFACE AREA	REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)
13-year-olds and over	104' / 32 m	104' / 32 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.



## INFORMATION SIGN



All Fyzik™ equipment can be fitted with signs explaining how to perform the exercises. They also feature various recommendations to optimize your training experience.

*\* Each set includes a free welcome sign with safety rules and a guide on the levels of training.*

## A WIDE RANGE OF COLOURS AVAILABLE

[www.jambette.com/en/products-page/colours-and-galvanizing](http://www.jambette.com/en/products-page/colours-and-galvanizing)

## THE BEST WARRANTY ON THE MARKET

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