

Muscle Groups Focus





Twister

The Twister is a dedicated outdoor recreational device designed to target and tone the muscles around the hips. By offering a smooth rotating mechanism, users can effortlessly twist their hips, promoting flexibility, enhancing oblique strength, and improving overall core stability. Its intuitive design ensures users of all levels can capitalize on a dynamic hip-twisting experience, making it a versatile addition to any outdoor fitness setting.

Attributes

Product code	1-1-317
Certificate	EN 16630
Age group	14 + years
Capacity	1 person
Max. weight load	130 kg
Туре	Recreational
Difficulty level	Easy



Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	60-120 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	30-60 min.
Excavation volume	0.65 m ³
Concrete volume	0.65 m ³
Size of the base structure	0,7 x 1,2 x 0,8 m
Anchoring options In combined structures, the volume of concrete required	In-ground or surface

Technical specification

	Safety surfice area	Around 1,5 m r
	Net weight	
	Material	
	Critic fall height	400
	Color options	
1	For more color options, discuss with your sales represen	

Warranty

m radius	Structure	25-15 years
60 kg	Steel	5-10 years
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S235	Paint	2 years
400 mm	Plastic	5-10 years
	Rubber	1-3 years
	Moving parts	2 years
	Detailed information in the warranty document	

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The device is fitted with composite bearings that are weather-resistant. The bearing does not require regular maintenance.



The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



The top surface of the device is covered with the highest quality non-slip HDPE.



The device is equipped with an ergonomic non-slip HDPE phone holder for convenience.



At the end of the arms, the handle is rubber-coated for a more comfortable and secure grip.



