



Dolores **DOLORES**

FAITH & WELLNESS TOURIST ZONE



FAITH & WELLNESS TOURIST ZONE

DOLORES

Quezon

The town of Dolores was established in the year 1834. It was decided by the provincial officials of Batangas and Tayabas, with the concurrence of the bishop of Nueva Caceres and later approved by the Gobernador y Capitan General de las Islas Filipinas and the Archbishop of Manila, that a town be established in the immediate vicinity of Sitio Hambujan. The place (now Barangay Sta. Lucia) was a famous bathing place at that time.


On April 11, 1835, the Gobernador Heneral issued a decree establishing the boundary of the new “pueblo” of Nuestra Senora de los Dolores.

Near the foot of Mt. Banahaw, along the western boundary of Quezon Province lies the town of Dolores. It is about 100 kilometers south of Metro Manila and 46 kilometers northwest of the Provincial Capital, Lucena City. It is adjacent to San Pablo City, Laguna, bounded on the north by Nagcarlan, Laguna, on the south by Tiaong, Quezon, on the east by Lucban, Quezon and on the southeast by Candelaria, Quezon.



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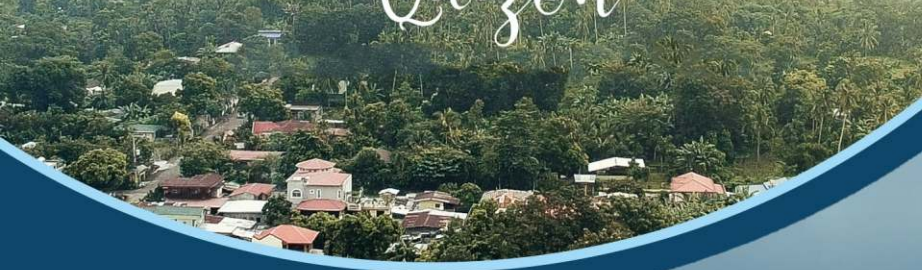
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DOLORES

Quezon



There are essentially two main seasons in Dolores: a wet season that extends from June to November, and a dry season that runs from January to April, with May and December being the changeover months. Freshwater, Lakes, Rivers and Streams.

Mt. Banahaw watershed sustains water for creeks, rivers, and falls. Even rivers traverse the national park namely: Balayong, Maimpis, Liliw, Dalawitan, Malinao, Nagcarlan and San Diego. These river systems directly provide water for domestic, irrigation and recreational purposes of nearby municipalities. Lagnas River originating from Kinabuhayan has religious significance for residents and visitors. Mt. Banahaw (Dolores side) is also rich with falls some of which are Sta. Lucia Falls, Suplina and Crystalino Falls.

There are two lakes located in Brgy. Dagatan: Manlalayes and Gunao Lake. Manlalayes is dry during summer and fills during rainy season.

Dolores Quezon is the home of more or less 70 Religious sects inhabiting the foothill of the Mystical Mt. Banahaw that co-exists without conflict and harmoniously living in one community.

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Quezon

HOW TO GET HERE: (From Manila)

Public Transportation:

1. Take the Bus at LRT/Buendia or Cubao Terminals going to LUCENA.
2. Get off at San Ignacio (300m after MERALCO San Pablo) corner San Pablo-Dolores Road.
3. Take the Trike to Dolores, Quezon

Private Transportation:

1. Take SLEX – STARTOLL Expressways and Exit at Sto. Tomas
2. Follow road signs to Lucena/San Pablo Laguna
3. Upon reaching the railroad crossing in San Pablo Highway, drive straight ahead for approximately 5 kilometers
4. Approximately 300 meters after passing MERALCO San Pablo, turn left (Across VLARS Gas Station)
5. Drive straight ahead for approximately 7 kilometers.
6. At the Intersection, (Gas station at the corner), turn right and drive straight ahead.

DOLORES TOURISM OFFICE


Quezon St. Brgy, Silanganan
Dolores, Quezon 4326


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NATIONAL SHRINE OF OUR LADY OF SORROWS

The home of the Our Lady of Sorrows is a well-known shrine for a lot of pilgrimage. People from different municipalities and neighboring provinces gathers here every Friday. On the month of April the “Viernes de Dolores” is being celebrated by the town. During this event, pilgrims would dance on the streets also known as “Turumba” to praise the Our Lady of Sorrows. The image of the Our Lady of Sorrows was crowned by the Papal Nuncio on March 25, 2021.

*Brgy. Silanganan,
Dolores, Quezon*

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ALING VIRING'S INASAL

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BANGKONG KAHROY VALLEY

Brgy. Kinabuhayan,
Dolores, Quezon



042 565 6464 | 0929 149 6458



bkvalley@gmail.com



www.fb.com/bangkongkahoy/

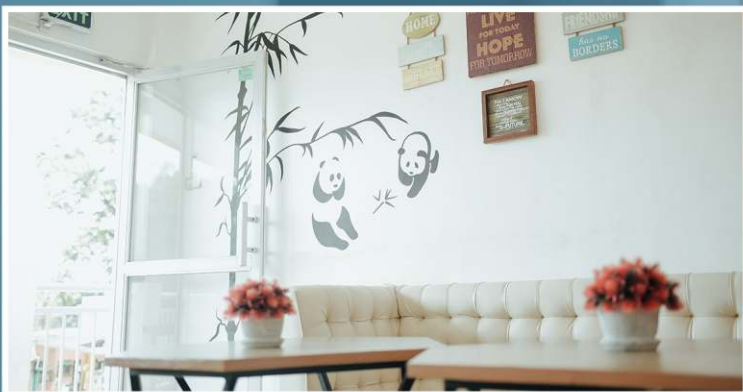


Located in between Mounts Banahaw and Cristobal, Bangkong Kahoy Valley Farm is a famous spot for everyone who's seeking for a great nature getaway. Surrounded by luscious greens, Bangkong Kahoy Valley is a home for numerous species of birds which made this a perfect destination for bird watching activities. They also offer accommodations and a wide-spaced camping site facing the picturesque view of the mountain.

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BLACK DOT MILK TEA
Tea Made Simple
BLACKDOT MILKTEA

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LUKONG VALLEY FARM

From a relaxing and beautiful view down to a fun-filled farm activities, Lukong Valley Farm has it all. Guests of all ages could enjoy the farm tours that is being offered by Lukong Valley Farm. This is a famous spot for people with busy lifestyles because of its very calm ambiance.

*Brgy. Pinagdanlayan,
Dolores, Quezon*

042 565 3103 | 042 565 3333


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DEL'S GARDEN & RESORT

Refreshing activities and scenery, this is what Del's Garden and Resort is all about. The resort's 180 degrees view of the mountain is exceptionally pleasing. The combination of the cool water and the delightful sight will surely give the guests a very relaxing moment. Aside from the swimming facilities, they also have a camp site and a function hall for small events.

Brgy. Sta. Lucia,
Dolores, Quezon

042 373 1782 | 0908 638 0758

Delsgardenandresort@gmail.com

www.fb.com/Delsgardenandresort/



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VENUE 501 GRILL & RESTO BAR

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MT. BANAHAW BEE FARM

A fun learning experience is what Mt. Banahaw Bee Farm is offering. This is a must visit place for people who has an interest in bees or bee-keeping as this destination is offering activities such as the bee encounter and bee farm tour.

They are a home to three different kinds of stingless bees, the Trigona, Cerana and Mellifera bees. The honey that is being produced by these bees are available at their souvenir shop.

*Brgy. Sta. Lucia,
Dolores, Quezon*

0998 541 7423

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www.fb.com/Mt-Banahaw-Bee-Farm-836770893061625/



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BIKING

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GOTO SA LUKONG

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KUBLI FARM, ARTS AND NATURE CAMP

Brgy. Dagatan,
Dolores, Quezon



0999 404 2422 | 0995 265 4923



kublifarmartsandnaturecamp@gmail.com



www.fb.com/kublifarms/




Just like its name Kubli, this destination is like a hidden gem as it is located on a concealed place.


Kubli is also known for its waterfalls.

Kubli Farm, Arts and Nature Camp offers a lot of invigorating nature-based activities that is suited for guests of all ages. This activities include fishing, swimming, and boating. And it's not just the scenery and the activities that could give guests satisfaction, the cuisine that are being served by Kubli Farm is also contributing to the great experience in the farm.

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HARVEST BUILDING

An accommodation that is as comfortable as your own home. Have a relaxing stay at a place that is surrounded by lush plants from the main entrance up to its roof top which makes it even more attractive.

Brgy. Bulakin II,
Dolores, Quezon

0939 916 2537

harvestbuildingdolores@gmail.com

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LABUYO

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LIAQUEZ BED & BREAKFAST

Have a sip of your warm coffee as you gaze at the breathtaking view from LiaQuez Bed and Breakfast's balcony. You could spend the night with them as they have a two-room accommodation prepared for their guests.

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0917 829 9389



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CUORE DI CAFFE

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MESINAS RESORT

The pools with crystal clear spring water is Mesinas Resort's pride. Aside from that, what makes this resort exceptional is their stone surfaced pool facility.

For those who wants to spend the night in this relaxing resort, they have room accomodations, cottages and even grounds for camping. They also have an open air space for those who wants to celebrate any events in their place.

Brgy. Putol,
Dolores, Quezon

0927 152 2601

MesinasResort@gmail.com

www.fb.com/facebook.com/Vanessa-FARM-and-Nature-Spring-Resort-1581120248819484/



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AMILIO'S DAMPANA

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dolorestourism@gmail.com





PEACE IN NATURE RESORT

*Treat yourself into a cool and refreshing swim in
Peace in Nature's natural spring water.
You may also enjoy your stay in their accommodation
which is a kubo inspired house.*

Brgy. Putol,
Dolores, Quezon

0942 365 9638


peaceinnature@gmail.com

www.fb.com/peaceinnature08/



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FILM TOURISM

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BANAHAW CIRCLE NATURE RETREAT

The perfect place for everyone to de-stress themselves is Banahaw Circle Nature Retreat.

The ambiance of the place itself gives off a very warm, calming and enchanting feels.

The tranquil location of this place makes it even more relaxing.

This premium destination promotes a complete wellness package from yoga activities to communing with nature to savouring culinary, the slow food way.

Brgy. Sta. Lucia,
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0917 819 4395





www.fb.com/banahawcirclenatureretreat/



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PAMUMW
PAMUMWESTO
ESTO

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STA. LUCIA PWESTO COMPLEX

Brgy. Sta. Lucia,
Dolores, Quezon




*Sta. Lucia Pwesto Complex is a serene place of
worship. People from different places
and of different sects and religion
gather here to pray.*


*A big number of people gathers here during
holy week to repent.*

*The main activity of pilgrims here is the
“pamumwesto”.*

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GEMRY'S PLACE

Delectable Filipino cuisines that'll surely satisfy your cravings. Gemry's Place is a native restaurant that is famous for their Pansit dishes and Crispy Pata.

Brgy. Dagatan,
Dolores, Quezon

0928 896 6766

[www.fb.com/Gemrys-Place-271047529732936/](https://www.facebook.com/Gemrys-Place-271047529732936/)



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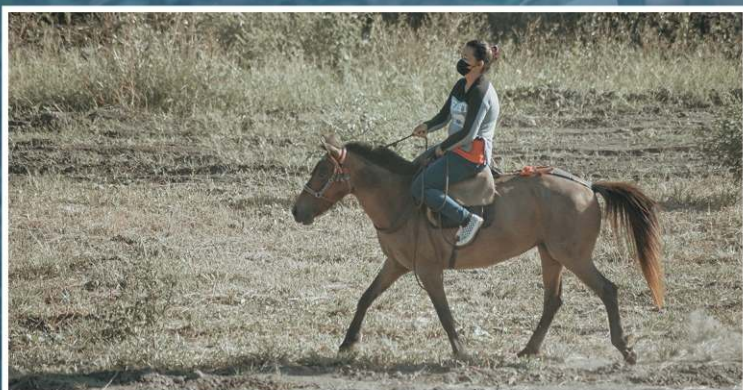


MOUNTAIN TREKKING & HIKING

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HORSE BACKRIDING

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dolorestourism@gmail.com





RODELA'S BAR AND RESTAURANT

Chill and unwind with your family or friends over some delectable foods served at Rodela's Bar and Restaurant. They are also providing a place for meetings, seminars or any occasion.

Brgy. Bulakin I,
Dolores, Quezon



042 565 6701




[www.fb.com/RodelasBarAndRestaurant/](https://www.facebook.com/RodelasBarAndRestaurant/)



Rodela's Bar and Restaurant

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ART OF DOING NOTHING

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Café de Dolores



CAFÉ DE DOLORES

Healthy and appetizing, this is what Café de Dolores' menu is about. Have a taste of their mushroom burger and healthy raspberry shake.

Brgy. Silanganan,
Dolores, Quezon

0921 763 0786

materdolorosa4326@gmail.com

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BIRD WATCHING

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DRIVE THRU MAHOGANY MAN-MADE FOREST

Walk through the shades of the towering Mahogany trees and take pleasure on the luxury of doing nothing. Treat yourself with a relaxing time on the hammocks in the middle of a man made forest or dwell with your spiritual wellness through the way of the cross.



Brgy. San Mateo,
Dolores, Quezon



09203735704




www.fb.com/mahoganymanmadeforestdoloresquezon/



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PRIC-MPC GINGER BREW

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KAPENG PUTI KAPE DANLAYAN JAI-JAI BANANA CHIPS

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ATV RIDE

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HAMMER MILLED VARACO

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ALMIGHT TEA

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WEDDING/PREUP PHOTOGRAPHY

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VIAJES DE
LOS DOLORES

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ZAIDEN'S NEST HOMESTAY & TRANSIENT

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LAMBANOG COCONUT NECTAR SYRUP

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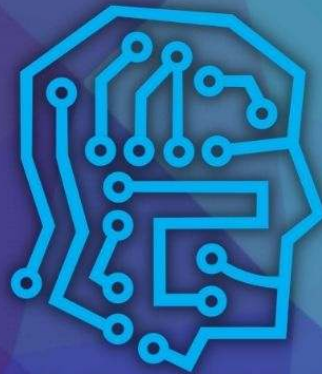
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