



E-Chronicle

January-

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Dear Readers

As the present academic session comes to an end marking a fresh beginning, let us look back to relive the moments and cherish the memories with a hope to go beyond the boundaries to outshine and make a mark in our upcoming endeavours. It has been a phenomenal year full of activities, achievements, programs and events. Each experience has added a new chapter to our collective journey, inspiring us to strive for greater excellence in the years ahead. We have included our teachers' compositions in this edition.



Events & Activities



Bird Day

Bird Day was joyfully celebrated by the Pre-Primary students on 5th and 6th January, 2026. Through engaging activities such as role play, crafts, Show & Tell, and hands-on experiences, the children explored the wonders of nature. They mimicked bird movements, created nests and feeders, enriched their vocabulary, and practised mindful listening, thereby nurturing creativity, empathy, and a sense of environmental responsibility.



Special Assembly On Vivekananda Jayanti

A Special Assembly on Vivekananda Jayanti was organised for the Primary and Upper Primary sections on 8th January 2026, with the participation of students from Grades IV–VIII. Through prayer, choir, recitation, and role-play, nearly 66 students commemorated the birth anniversary of Swami Vivekananda. The programme emphasised the values of self-belief, discipline, knowledge, and compassion, inspiring young minds to awaken their inner strength and contribute positively to the world.



Farewell Ceremony of Class XII (Batch 2025-26)

The Farewell Ceremony for the Class XII Batch 2025-26, held on 16th January 2026, was a blend of reflection and celebration. The programme unfolded with a warm welcome, an inspiring address by the Principal and a graceful dance performance. Teachers shared heartfelt messages, encouraging students to embrace future challenges with confidence. Various titles and awards including Science, Commerce and Humanities Brainiacs, BDMI Bookworm, BDMI Wizard, BDMI Khelratna, Good Samaritan, BDMI Danseuse, Voice of BDMI, BDMI Creative Star and BDMI Versatile recognised excellence across domains. A key highlight of the ceremony was the conferring of the most coveted titles - Face of BDMI, Ms. BDMI and Mr. BDMI, celebrating students who truly embodied the spirit and values of the institution. The event concluded on a high note, leaving behind lasting memories for the outgoing batch.





Rhapsody - Annual Concert 2025-26

Rhapsody 2025-26, the Annual Concert of B.D.M. International, unfolded as an exquisite celebration of creativity and cultural harmony, themed Harmony Hill: A Journey Across Worlds. The evening commenced with the ceremonial lighting of the lamp, followed by the Principal's address, which articulated the institution's accomplishments and forthcoming initiatives.

Students of Grades I-V held the audience spellbound through a refined repertoire of dance, drama, and music, harmoniously interweaving traditional and contemporary forms while foregrounding social values and collective harmony. The occasion was further dignified by the presence of the Chief Guest, Ms Poulomi Bose, and the Guest of Honour, Mr Shahanshah Mirza, whose eloquent and inspiring addresses enriched the programme.

The concert culminated in a compelling showcase of young talent, leaving a lasting impression of artistic excellence and holistic education.



Let's Picnic, 2026

“LET'S PICNIC, 2026” was organised by B.D.M. International on 13th January 2026 for the teaching and non-teaching staff, with the participation of nearly 500 members, including alumni. Set in a pleasant ambience, the day featured vibrant dance performances, engaging games, and musical presentations, fostering camaraderie, relaxation, and joyful interaction. The event concluded on a refreshing note, leaving participants rejuvenated, connected, and motivated.



Visit to BITM

On 17th and 24th January 2026, around 500 students of Grades III and V visited BITM on an educational trip. They explored scientific displays, 3D machine models, their evolution over the years, and new marine life sections. The visit enriched curiosity, practical learning and scientific awareness among young learners.



Inauguration of the Podcast Room

The Podcast Room at B.D.M. International was formally inaugurated by Mr. Jimmy Tangree on 22nd January, 2026. The initiative marks a significant step towards enhancing students' exposure to digital media, strengthening communication skills and fostering creative expression through modern audio-visual platforms.



Making of Craft work for Saraswati puja and a Special Assembly on Saraswati Puja

On the auspicious occasion of Saraswati Puja, students of Grade I-V enthusiastically participated in a craft-making activity, expressing their reverence for the Goddess of knowledge, wisdom, art and learning.

A special assembly was conducted wherein students presented devotional songs, recitations, dances and short speeches, creating a serene and spiritual atmosphere. The programme enabled students to appreciate and understand the cultural significance of Vasant Panchami.



Field Trip to Science City

B.D.M. International organised an educational field trip to Science City on 17th January 2026. A total of 320 students of Grade XI from the Science stream, accompanied by 18 teachers, participated in the excursion to gain first-hand experience of science beyond the walls of the classroom and the boundaries of the curriculum.

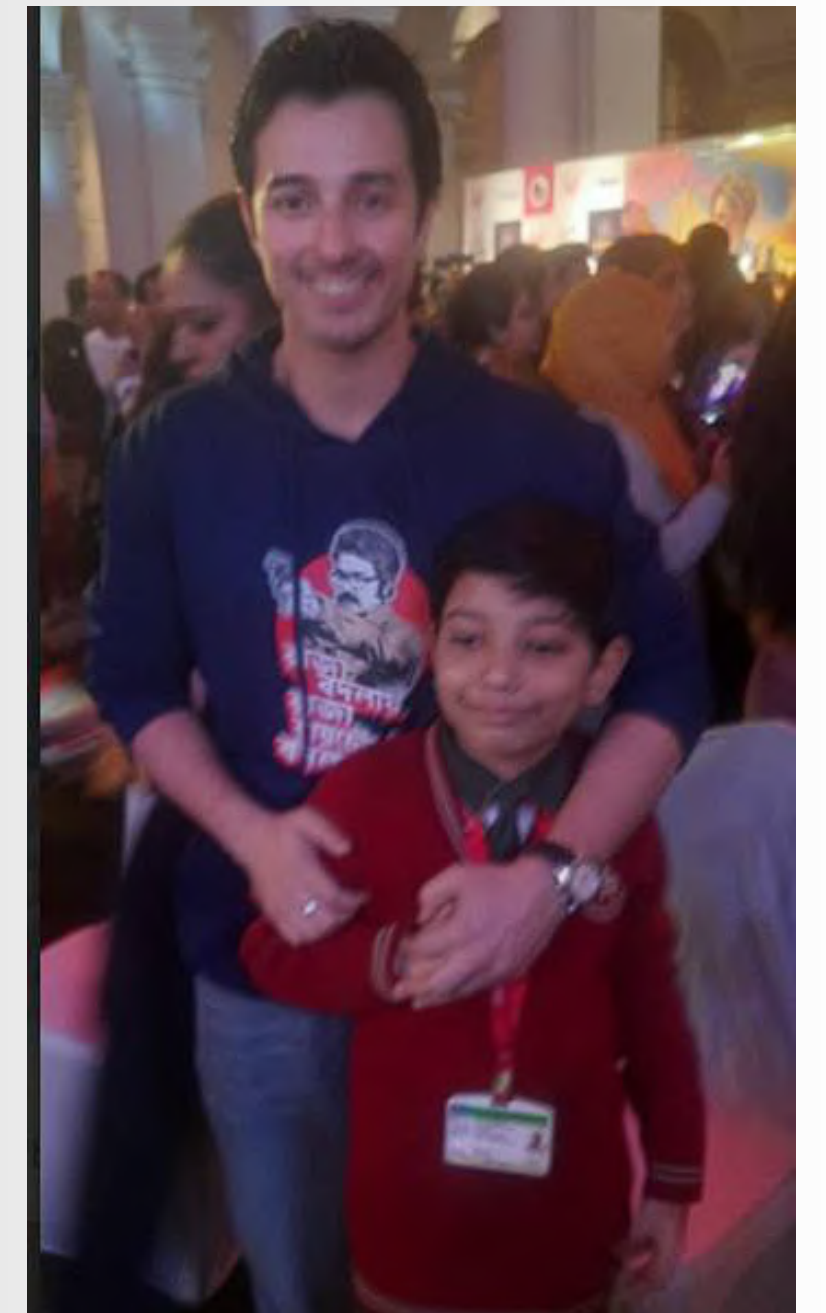
The students attended the show 'Panorama – The Never-Ending Journey', which vividly portrayed the fascinating saga of human evolution. It was a spectacular and enriching experience for all. They also explored the captivating galleries on Science and Technology – Heritage of India and Cutting-Edge Technologies, which showcased the remarkable advancements and transformative power of science.

The 3D show 'Voyager' at the Space Theatre offered a breathtaking journey through the mysteries of space and planets. The informative and visually immersive presentation left the students thoroughly mesmerised and inspired.



Special Promotional Event at the Indian Museum

A special promotional event for the film 'Bijoyagarer Heere' was held at the Indian Museum on 18th January, 2026, graced by renowned actor, Sri Prosenjit Chatterjee. Students, accompanied by their parents, attended the event enthusiastically, making it a memorable cultural experience filled with excitement and inspiration.



Payegame-e pyaar, Ek Sandesh, Ek Salaam



Students of Grades I-VIII participated in a letter-writing activity dedicated to Indian Army soldiers from 22nd January to 26th January. They expressed gratitude and respect through letters, short stories, and poems, highlighting patriotism and heartfelt emotions.



Netaji Jayanti and Performing Arts

The Pre-Primary wing of B.D.M. International organised a Special Performing Arts Assembly on 21st and 22nd January 2026 with 500 participants from Toddler II, Prep, and KG. Through dance, song, and recitation, students celebrated the spirit of Netaji Subhas Chandra Bose and Maa Saraswati. Children dressed as Netaji captivated the audience with confidence and enthusiasm.



Celebration of Netaji Jayanti and Republic Day



Our tiny BDMLans turned 21st January into a day of wonder and inspiration, celebrating the dual spirit of Netaji's bravery and Goddess Saraswati's wisdom. The Pre-primary stars took to the stage for a Special Performing Arts assembly and enthralled the audience.

On 22nd January 2026, the students of the Upper Primary section of B.D.M. International celebrated Netaji Jayanti and Republic Day through special assemblies. Students presented patriotic songs, displayed meaningful placards and enacted scenes depicting the life and ideals of Netaji Subhas Chandra Bose.

The Preamble to the Constitution was read with pride and solemnity. The programme concluded with the National Anthem, instilling a deep sense of patriotism and unity in every heart present.

On 22nd January 2026, our school celebrated Netaji's birthday and Republic Day through special assemblies. Students presented songs, placards and enactments portraying Netaji's life. The Preamble was read with pride, and the programme concluded with the National Anthem, inspiring patriotism among all and unity in every heart present.





Saraswati Puja



B.D.M. International celebrated Saraswati Puja on 23rd January 2026, with devotion and festivity. Both former and present students visited the campus, creating a joyful reunion. The occasion featured a vibrant cultural programme with songs and dances, spreading spiritual warmth, creativity, and a sense of belonging among all present.

The Interact Club of B.D.M. International organised 'Hathekori and Srijanam' for children from NGO Pratyay on 23rd January 2026. Guided by the Principal and teachers, the children experienced their first learning ritual and participated in a creative "Best Out of Waste" workshop. The event promoted inclusivity, creativity, and environmental awareness, leaving lasting memories for all participants.



Special Assembly on Republic day

A special assembly was conducted by students of Grade IX on 24th January 2026 to honour India's 77th anniversary of becoming a republic. The event featured patriotic songs, recitations on the contribution of the freedom fighters and dissemination of information on the Constitution and fundamental duties, and cultural performances, fostering unity and national pride. The assembly began with the Prayer Song- Teri Hain Zameen, followed by the Pledge- Equity and Respect, Daily Affirmation, News Headlines, New Word, Student's Talk, Musical Tribute by the choir group, recitation and National Anthem. It served as a tribute to freedom fighters and highlighted India's democratic journey.



Special Assembly on Road Safety and Oath taking

A special assembly on Road Safety was conducted for Grades IV, V, and VIII on 29th January, 2026. The assembly emphasised the importance of adhering to traffic rules, pedestrian safety, and responsible behaviour on roads. Students delivered informative talks to raise awareness about safe practices and the need to prevent road accidents.

Students from Grades IV to VIII actively participated in the "National Road Safety Mission for Schools." A total of 651 students registered for the programme, out of which 90 students appeared for the National Road Safety Olympiad.

As part of the initiative, both students and teachers took the Road Safety Pledge, reaffirming their commitment to safety and responsibility on the roads.



Parent-Teacher Meeting and Book Fair

On 31st January 2026, a Parent-Teacher Meeting was organised for students from Pre-Primary to Senior Secondary Level to discuss their academic progress and overall development. Alongside, a Book Fair was held, inspiring a love for reading and encouraging students to explore the world of books and knowledge beyond the classroom.



Pariksha Pe Charcha Contest 2026

Our school actively supported the Pariksha Pe Charcha movement inspired by our honourable Prime Minister Narendra Modi's book, Exam Warriors. To promote holistic development and reduce exam stress, the Swadeshi Sankalp Daud, a special assembly, and rejuvenating yoga sessions were conducted, encouraging confidence, individuality, and a positive learning environment among students.



Ruby General Hospital "Friends in Need" Health Card



As a thoughtful gesture of care and goodwill, Ruby General Hospital distributed "Friends in Need" Health Cards among the B.D.M. International alumni, teachers, and their dependents, fostering a spirit of health and mutual support within the school community.

Martyrs' Day Special Assembly

On 30th January 2026, B.D.M. International observed Martyrs' Day through a solemn and meaningful special assembly. Students paid homage to the martyrs with speeches, prayers, and a moment of silence. The programme emphasised the spirit of sacrifice and patriotism, inspiring students to uphold the values for which the martyrs laid down their lives.



Food Fiesta

The Pre-Primary wing of B.D.M.I celebrated the Food Fiesta on 28th January 2026 with the participation of 500 students from Toddler II, Prep, and KG. The event highlighted Indian cuisine and nutrition through a creative food display, a food train depicting food groups, and state-wise regional cuisines, showcasing children's confidence and enthusiasm.



Walkathon, 2026

B.D.M. International Alumni Association and The Rotary Club of Calcutta, Endeavour proudly organised 'WALKATHON, 2026': Walk for Thalassemia and Cervical Cancer Awareness on 1st February 2026, where more than 400 students, teachers, parents, Rotarians and staff members of B.D.M. International walked together to spread hope, courage and awareness for a better tomorrow. The Chief Guest for the event was Dr. Ramendu Homchaudhuri (District Governor, RI District 3291), whose presence added inspiration and momentum to the event.



“Walk for awareness, walk for care, walk to show that we all share”

Safe And Unsafe Touch

From 5th February 2026 to 12th February 2026, a session on Safe and Unsafe Touch was conducted for 500 students of Toddler I, Toddler II, Prep and KG. Through presentations and activities, children learned about personal boundaries, body safety and confidently expressing discomfort.



National Road Safety Week

From 9th February 2026 to 17th February 2026, 500 students from Toddler I, Toddler II, Prep, and KG participated in Road Safety Week activities. Through class discussions, role play, and traffic light craft, children learned essential safety habits, fostering lifelong situational awareness from an early age.



Spell Bee Activity

A Spell Bee Activity was conducted at B.D.M. International on 12 February, 2026 for students of Grades I to III, with a variety of engaging tasks designed to enhance their spelling and vocabulary skills.

Students of Grade I were asked to choose the correct spelling from the given options. Grade II students identified and filled in the missing letters to complete the words. Grade III students spelled mixed words correctly and sorted them into appropriate word families.

The activity was interactive and enjoyable and helped to enrich the students' vocabulary and spelling abilities.



Parent Teacher Meeting

A second round of PTM for the Primary level (Grade I to V) was held on 14th February 2026 for the parents who did not attend the first round. Teachers shared their feedback on students' performance and areas for improvement.

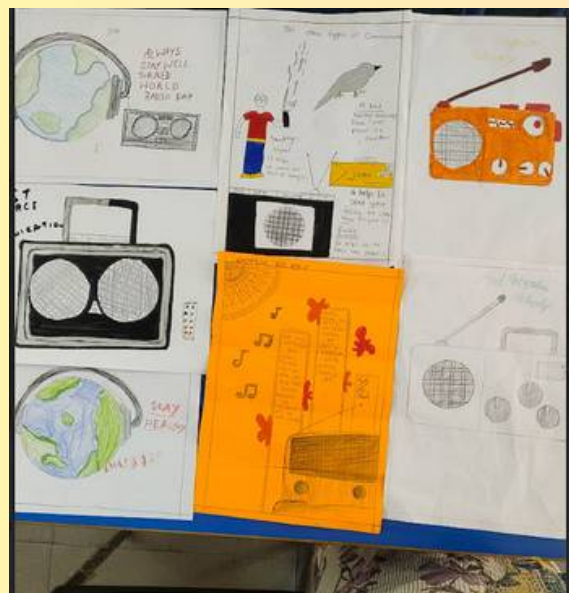


World Radio Day

On 14th February 2026, the students of Grades VI to VIII at B.D.M. International enthusiastically celebrated World Radio Day by participating in a variety of creative activities such as poster making, radio script writing, and composing radio jingles and advertisements.

Students of Grade VI created posters highlighting how radio connects people across the world. Grade VII students focused on script writing, illustrating the important role of radio in spreading awareness about the environment and promoting local culture. Students of Grade VIII composed short jingles and advertisements on themes such as school events, cleanliness, and environmental conservation.

These activities introduced students to the world of broadcasting and media. They also helped enhance their communication skills while making them aware of how radio serves as a platform for storytelling, music, and self-expression.



Bhasha Diwas Celebration

On 16th February 2026, B.D.M. International celebrated Bhasha Diwas with great enthusiasm, honouring linguistic diversity and cultural heritage. The programme also highlighted International Mother Language Day, observed on 21st February, to promote awareness about the importance of preserving native languages across the world.

Students participated in the celebration through speeches, recitations, and songs, creating an atmosphere of pride and appreciation for different languages. The programme encouraged students to respect and cherish their mother tongue while recognising the value of linguistic diversity.



AI Responsibility Pledge

Teachers and students of B.D.M International actively participated in an online AI Pledge initiative on 16th and 17th February 2026. The activity encouraged awareness about the safe and responsible use of AI among educators and students.



Class Photograph

From 17th February to 19th February 2026, the class photographs of students from Grades I to VIII were taken on the premises of B.D.M. International. Students arrived in proper uniform with enthusiasm and cheerful smiles. The sessions were conducted in an organised manner, and all students participated eagerly. The photographs will remain cherished memories of friendship, unity and school life.

Making of foreign Fund Booklets

On 19th February 2026, an instant activity was conducted for the students of Grade I at B.D.M. International, where they created Foreign Fund Booklets using coloured A4 sheets. The students pasted pictures of the currencies of four neighbouring countries and wrote a few simple lines about each.

The activity encouraged creativity while helping students learn about different countries and their currencies. It was both an engaging and informative learning experience for the young learners.



Holi Craft Activity

The students of Pre Primary and Grade I of B.D.M. International celebrated the joyous festival of Holi on 26th February 2026 with a vibrant and creative craft activity in the school.



Teddy Bear Picnic

On 24th February 2026, around 150 students of Playgroup, Toddler I, and Toddler II enjoyed a cheerful Teddy Bear Picnic at the Stepping Stone Building of B.D.M. International. The children participated in activities such as Passing the Teddy, music and movement, and various fun games. Aquarium observation and snack time added to the excitement, making the event a delightful and memorable experience for the young learners.



Indo Russian Collaboration

From 15th October 2025 to 26th February 2026, around 50 students of Grades III, IV, and V of B.D.M. International participated in an Indo-Russian Cultural Exchange Programme. During the programme, parcels containing handicrafts, artefacts, greeting cards, and pen-pal letters were exchanged between the students of the two countries. The initiative helped foster cultural awareness and encouraged students to learn about each other's traditions and lifestyles.



Sunshine Day Picnic (For Grade -1)

On 26th February 2026, a picnic-style gathering was organised for around 400 students of Grade I within the premises of B.D.M. International. The event was conducted by the class teachers and included a variety of fun activities. Students also enjoyed sharing their tiffin with one another, which encouraged bonding and joyful interaction beyond the classroom environment. The programme created a cheerful and memorable experience for the young learners.



Class XI Commerce Field Trip

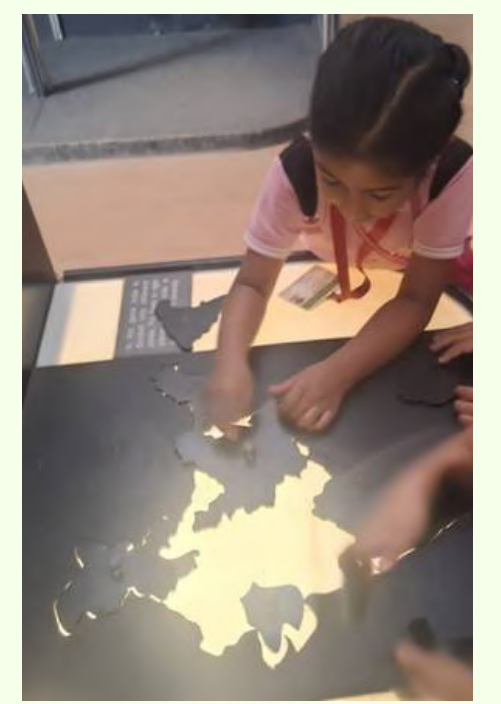
B.D.M. International organised a field trip for the students of Grade XI (Commerce). 162 students embarked on an enriching field trip to the Mukharochak Production House in Baruipur on 26th February 2026.

The enthusiastic students were warmly welcomed. The popular packaged products by 'Mukharochak' were offered to the students and accompanying teachers as light refreshments.



Visit to BITM

Students of KG were taken to BITM for an excursion. They enjoyed themselves thoroughly, exploring the different areas of science. They participated in an interactive show.



91.9 Friends FM Studio Visit

Our Friends FM Ambassadors went live on 91.9 Friends FM, proudly representing the school and sharing their voices on the popular radio platform. The experience offered them an exciting opportunity to interact, express their ideas, and gain confidence in public communication, making it a memorable and enriching experience for all involved.



Coaster Making

Students made colourful coasters as part of their activity class to enhance their psychomotor skills. The tiny tots actively participated under the supervision of their class teachers, leading to strengthened bonds among peers and enhancing their creative skills as well.



Spring Celebration

The students of the Primary level celebrated the Festival of Colours on 13th March 2026 with great enthusiasm and joy. The event was filled with vibrant colours, cheerful energy, and a festive spirit that brought smiles to everyone present.

The children looked wonderful in their colourful costumes and participated with great excitement. Their performances were truly mind-blowing and reflected their confidence, creativity, and teamwork. Each presentation added beauty and charm to the celebration. The entire programme was lively and full of positivity, making the day memorable for both students and teachers.



Sports Camp

The Sports Camp for Grades VI to VIII was conducted from 16th March, 2026 to 18th March, 2026. The young enthusiasts had the opportunity to engage themselves in various indoor and outdoor activities starting from Western Music to Football, to name a few. Each student had the option to select any two activities of their choice. After completing the three days activity, the participants received certificates for their participation. The activity camp helped the learners to learn the values of sportsmanship, teamwork, and maintain their agility. A total of 347 students from VI–VIII actively participated. The camp promoted teamwork, sportsmanship, and skill development, providing students with an engaging platform to showcase their talents.



Orientation Programme for New Admission Students

The orientation programme was organised for the new students who took admission for the upcoming session. The parents were given goodie bags and fee books. Following this, the gathering of parents and students were addressed by the heads of the institution as well as the counsellors. They were made aware of the rules and regulations, infrastructure, awards and accolades of the institution



REWIND - BDMI Annual reunion

The BDMI Alumni Association organised REWIND on 21st March 2026— a day filled with nostalgia, joy, warmth and all things bright. The interaction of the alumni members with their teachers followed by some graceful presentations of song, dance, fashion shows vivified the atmosphere.



Scouts & Guides Camp

The Scouts and Guides members of BDMI were a part of this camp like every year. The camp was facilitated by Mr. Uttam Ghosh and Mr. Mousam Ghosh. Scouts and Guides activities are essential for holistic youth development, fostering character, leadership, self-reliance, and social responsibility through outdoor, skill-based, and community service programs. By engaging in camping, first aid, and teamwork, participants learned moral values and this also helped in building their confidence, preparing them for good citizenship, personal growth and global understanding.



Report Day and Book Fair

The school organised the report card distribution of Grades I-IX students along with a book fair on 27.03.2026 and 28.03.2026 . Parents and students attended to receive the report cards, interacted with teachers and explored a wide range of books. The event encouraged reading habits while providing constructive feedback to support students' academic growth.

Aerospace Lab inauguration

On 23rd March 2026, the Aerospace Lab at B.D.M. International was inaugurated with great enthusiasm and excitement for students of Grades VI to VIII. The event aimed to inspire students' interest in space science and technology through hands-on learning.

Teachers, students, and guests appreciated the initiative as a significant step towards modern scientific education.



Voices in Colour

On 24th March 2026, Ananya Samanta, along with all the Special Educators from B.D.M. International, visited an exhibition titled "Voices in Colour" at Manovikas Kendra. The exhibition beautifully showcased a variety of creative artworks made by the students using colours and different materials.



World Water Day

On March 13th, 2026, our youngest learners at the Pre-primary level observed World Water Day, through a vibrant mix of PPT presentations, interactive storytelling, and role-play. Teachers introduced the vital concept of water as nature's most precious gift. The highlight of the day was the practical application of water recycling. Students participated in a "wash and water" activity, where they cleaned vegetables and repurposed that water to nourish the school plants. By integrating these hands-on habits early on, we are laying the stepping stones for a promising future where our students lead with empathy and environmental responsibility.



SSCE Practical Examinations

CBSE Grade XII Economics, Biology & Informatics Practices practical examinations for the session 2025–26 were conducted on 20th January 2026 at B.D.M. International.

The CBSE Grade XII practical examinations of Economics, Biology, Biotechnology, Business Studies and Mass Media for the session 2025–26 were conducted on 19th January 2026 at B.D.M. International.

The CBSE Grade XII Business Studies practical examination for the session 2025–26 was conducted on 22nd January 2026 at B.D.M. International.

CBSE Grade XII Business Studies, Biology & Mass Media practical examinations for the session 2025–26 were conducted on 19th January 2026 at B.D.M. International.

CBSE Grade XII Entrepreneurship and Sociology practical examinations for the session 2025–26 were conducted on 29th January 2026 at B.D.M. International.

CBSE Grade XII Physics and Geography practical examinations for the session 2025–26 were conducted on 30th January 2026 at B.D.M. International.

The CBSE Grade XII Banking, Entrepreneurship and Sociology practical examinations for the academic session 2025–26 were conducted on 28th January 2026 at B.D.M. International.

CBSE Grade XII Cost Accounting practical examination for the session 2025–26 was conducted on 27th January 2026 at B.D.M. International School.

The CBSE Grade XII Physics practical examination for the academic session 2025–26 was conducted on 31st January 2026 at B.D.M. International.

The examinations were held smoothly in accordance with CBSE guidelines.

The Annual Examination for Grade XI was conducted at B.D.M. International from 13th February 2026 to 25th February 2026. Students appeared for various subjects, demonstrating their knowledge and understanding across the curriculum under structured examination conditions.

The examination was conducted in an organised and disciplined manner, ensuring a fair and smooth assessment process for all students.



Convocation Day

A day to celebrate the achievements and progress of the blooming buds. The little ones were given certificates and caps as a token of appreciation for the remarkable progress shown by each one of them. The event was graced by the valuable presence of all the heads of the institution and the students and the parents, making the day a joyous and memorable one.



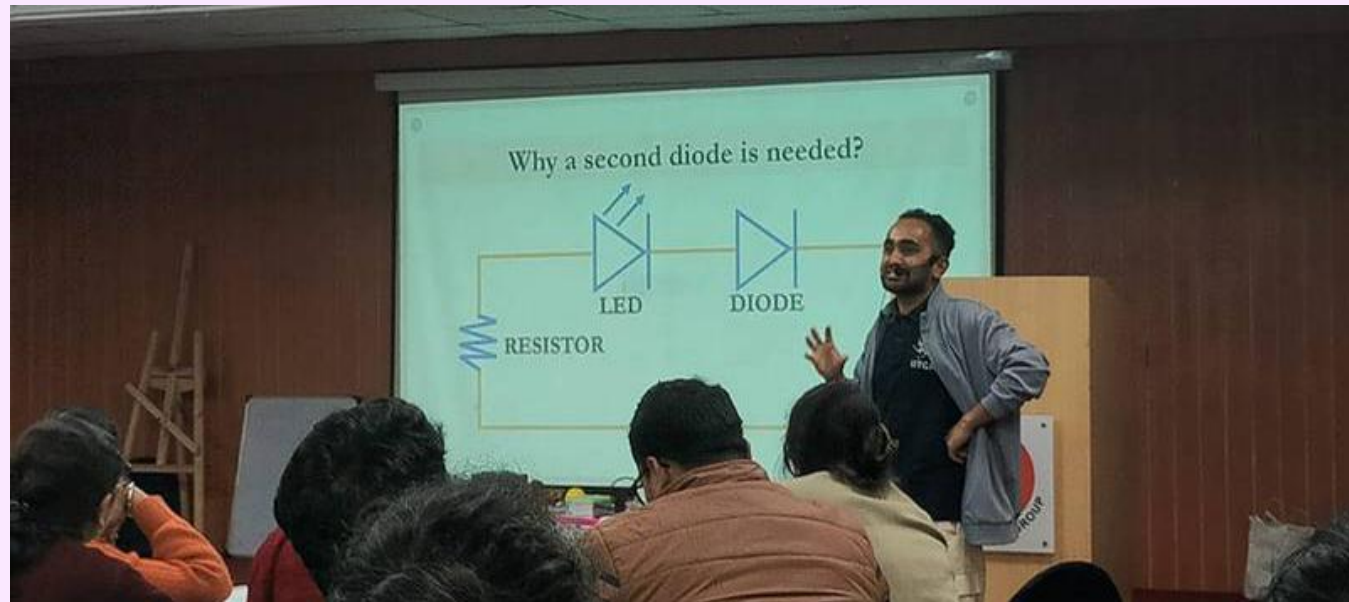
Workshops





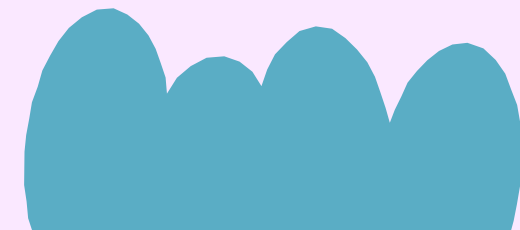
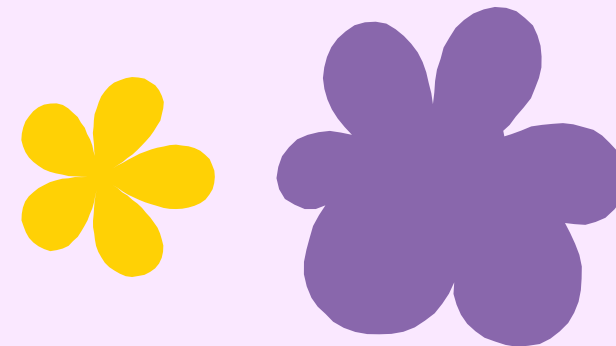
Experiential Learning

A Workshop on Experiential Learning was attended by Ms Pushpita Dhar Choudhury and Ms Pinki Banerjea on 6th and 7th January 2026 at the Techno India Corporate Office, led by Prof. Manish Jain. The workshop, through discussions, storytelling, and interactive sessions, highlighted creative and engaging pedagogical approaches to strengthen students' understanding of scientific and mathematical concepts.



Annual Education Conclave – SAHAJ PATH 2026

Six Class IX students participated in an event held at Rothindro Moncho, Jorasanko Thakur Bari. The participants were Tanisa Molla, Sunandita Chakraborty, Aritra Mridha, Uttiyo Naskar, Aharshi Bhattacharya, and Devapi Das, representing their respective sections with discipline and maintaining punctuality, cooperation, and decorum throughout the programme.



Cyber-Security Workshop

With every day at least 800 people falling prey to frauds of Cyber Crime- Understanding the need of the hour, B.D.M International in association with 91.9 Friends FM, Federal Bank and Indian Cyber Crime Coordination Centre (I4C) organised a Workshop on Cyber Awareness.

Esteemed speakers Ms. Debolina Goswami (Senior Manager & Branch Head, Federal Bank) and RJ Kuheli educated teachers and students at B.D.M. International on several cases of Cyber Crime such as Risks in online games, Digital arrest, Cyber Bullying, Phishing, Cyber Hacking and Security.



'Screen time, Sugar and Stress- The new Childhood Triangle'- Parents' workshop

A parents' workshop titled 'Screen Time, Sugar and Stress- The New Childhood Triangle' was conducted on 24th January 2026 to raise awareness about the growing challenges faced by children in the digital age. The session was led by Priyanka Shah, a renowned nutritionist and clinical dietitian, who shared valuable insights into the impact of excessive screen exposure, high sugar consumption and stress on children's physical and mental well-being.

Menstrual Health and Hygiene

On 24th January 2026, a workshop on Menstrual Hygiene was conducted by Dr. Gauri Kumra, a reputed gynaecologist, for mothers of Primary & Upper Primary students. The session aimed to create awareness about healthy practices, hygiene management and breaking social taboos through informative discussion and interaction. Parents actively participated, gaining valuable knowledge to guide their children with confidence and care. She provided age- appropriate guidance, enabling parents to support daughters confidently, reduce stigma, and promote healthy practices.

Drama Workshop

B.D.M. International, in association with Baghajatin Alaap, organised a Drama Workshop on 30th January 2026. Conducted by Parthapratin Deb, the workshop on the theme 'Unity' engaged over 200 students of Classes VI through interactive theatre activities, promoting teamwork and creative expression.



Workshop On Thriving With ADHD: Conference On ADHD

B.D.M. International focuses on the mental well-being of its learners and organises relevant sessions from time to time for the benefit of its learners. Nearly 250 students of Grades VII and VIII have been a part of this interactive session. The session was conducted by the Upper Primary counselor, Ms. Anisha Karmakar. It included discussions, presentations and practical examples, followed by a question-and-answer session.

The session primarily focused on understanding the difference between “Reel vs Real” and how games like Truth or Dare can sometimes cross safe and healthy boundaries. It explained how peer pressure can push students into uncomfortable or harmful situations, even when it feels like “just a game.” The session highlighted the emotional, mental and social effects of such dares and why saying ‘no’ is not a weakness. Students were encouraged to reflect on their choices, personal values and self-respect. The key message was to choose themselves over the game and make decisions that will protect their well-being and safety.



Interactive Session On Peer Pressure

On 10th February 2026, a workshop titled Thriving with ADHD: Conference on A.D.H.D was organised at Manovikas Kendra. The session was attended by the Upper Primary Special Educator of B.D.M. International, Ms. Ananya Samanta. The panel comprised distinguished experts including Prof. Partha Majumder, Ms Sonal Singh, Dr. Mahasweta Chatterjee, Ms. Nimisha Goenka, Ms. Tina Servaia, Dr. Suddhendu Chakraborty, Ms. Sudeshna Maitra Nag, Dr. Sohini Chakraborty, and Dr. Subham Sabherwal.

The workshop provided an in-depth understanding of the prevalence of A.D.H.D and its associated risk factors. It highlighted the importance of developing a shared understanding of the condition, discussed recent research developments, and explored the role of neurofeedback therapy in A.D.H.D management. The experts also addressed common myths and misconceptions surrounding A.D.H.D. The conference concluded with a panel discussion that examined approaches beyond conventional treatment methods. The session was conducted by experienced professionals, including psychologists, psychiatrists, and A.D.H.D coaches, making it an informative and insightful learning experience.



Burlington English Webinar

The 'Elevating Teaching-Learning Dynamics' workshop was conducted for 40 English teachers of Primary level (Grades I-V) on 14th February 2026 via a webinar. Led by Ms. Devyani Kapoor, the session included discussions, demonstrations, and presentations on innovative and creative practices in English teaching.



Pedagogy Workshop

On 20th February 2026, a Pedagogy Workshop was conducted for the teachers of the Primary and Upper Primary section at B.D.M. International. The session was conducted by Dr. Mandira Mukherjee, retired Associate Professor of St. Xavier's College and currently associated with Pailan College of Education. The workshop aimed to enhance teachers' instructional strategies and classroom practices.



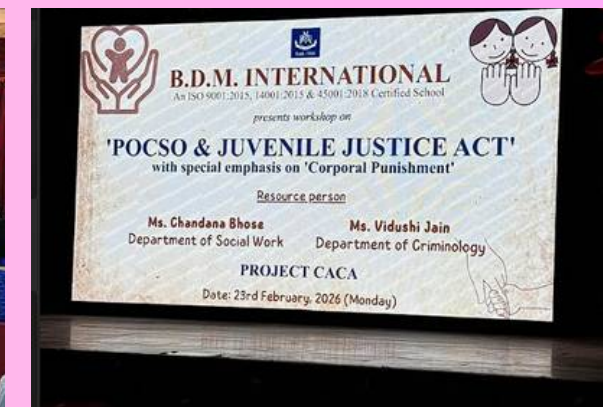
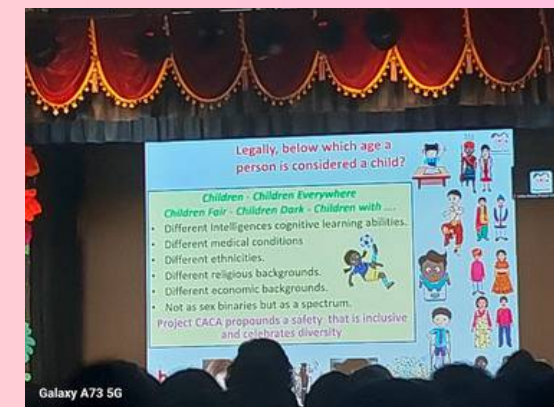
Capacity Building Programme

A Kaushal Bodh Workshop was held on 21st February 2026 at Jyotirmoy Public School, Sonarpur. Resource persons, Ms. Tania Sen and Ms. Kakoli Bagchi guided educators on experiential and project-based learning. The session emphasised dignity of labour, interdisciplinary work, and student-centric activities for Grades VI-VIII, inspiring meaningful skill-based education.



Workshop On Project CACA: POCSO & Juvenile Justice Act

All teachers of B.D.M. International participated in a workshop on POCSO and Juvenile Justice Act conducted by Ms. Chandana Bose (Department of Social Work) and Ms. Vidushi Jain (Department of Criminology) on 23rd February 2026. Project CACA (Children Against Child Abuse) is an institution-driven, child-rights-based project for schools. A detailed discussion was done on corporal punishments, juvenile court and proceedings, laws relating to children alleged and found to be in conflict with law, as well as children in need of care and protection.



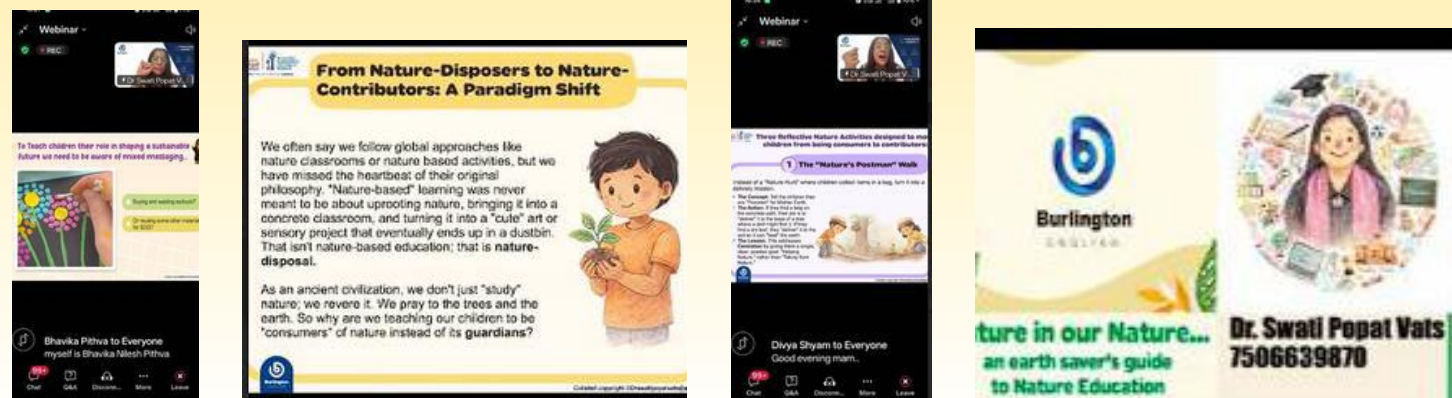
Workshop On Innovative Teaching Of Science & Social Science

Workshops on Innovative Teaching of Science and Social Science by MacMillan were conducted for the teachers of Primary and Upper Primary levels on 25th and 26th February 2026. The session focused on incorporating innovative teaching resources and effective classroom strategies. The workshop was conducted by Ms. Gargi Sen, Teachers' Trainer, School Consultant, Curriculum Developer, Learning Development Expert and Early Education Expert.



Nature Education Curriculum— Workshop By Burlington

The Nature Education Workshop was conducted for 50 teachers of the Primary level on 28th February 2026. The workshop was led by Dr. Swati Popat Vats via webinar. Teachers learned to cultivate a lasting nature mindset in students, create meaningful nature-based curricula, and distinguish between nature-based and immersion approaches.



CBP Workshop On Gender Sensitivity In Schools

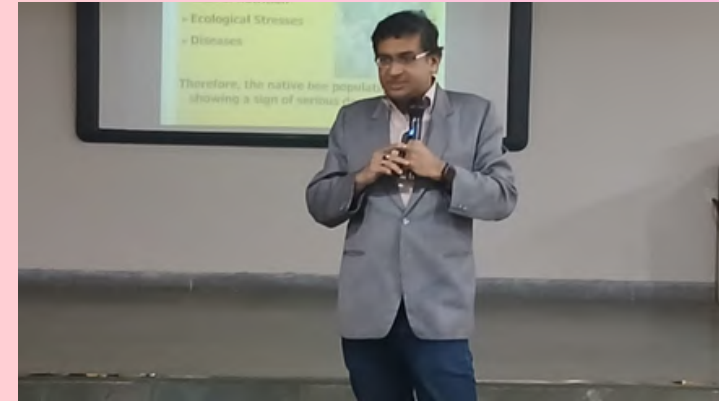
On 28th February 2026, a Capacity Building Programme (CBP) on Gender Sensitivity in Schools was organised at Swarnim International School. The workshop was attended by teachers of B.D.M. International. The facilitators for the session were Ms. Mahua Bandyopadhyay and Mr. Debasish Goswami. The workshop was informative, engaging, and thought-provoking. It encouraged participants to reflect on their attitudes and everyday behaviour. The session also helped them understand the difference between gender and sex and how stereotypes can influence people's choices, confidence, and opportunities.

The programme promoted greater awareness, respect, and inclusivity within the school environment.



Interactive session with Dr. Saikat Basu - , Executive Research Director, PFS, Lethbridge, Alberta, Canada

Dr Saikat Basu conducted an engaging interactive session on the depletion of bees around the world. The session clearly highlighted the major causes behind the declining bee population, such as habitat loss, use of pesticides, climate change, and lack of biodiversity. He explained complex scientific concepts in a simple and relatable manner, making the topic easily comprehensible for young learners.



Pariksha Pe Charcha

The students of Grade VIII got the opportunity to be a part of an engaging session 'Pariksha Pe Charcha' with Prime Minister Narendra Modi on 6th February 2026. The Prime Minister interacted informally with students at his residence, creating a warm and relaxed atmosphere beyond the usual formal setting. His address focused on strengthening students' confidence and reframing how exams are approached. Students were taught to focus on understanding concepts rather than just aim at scoring marks. They received practical tips to deal with exam anxiety including balanced study plans, positivity, confidence building, and the value of rest.

The session motivated students to manage their time effectively, read biographies for inspiration, and make prudent use of new tools like AI in education.

Competency Based Approaches to ELT

The workshop on Competency Based Approaches to ELT was organised by BDMI in association with HarperCollins.

Ms. Sujata Chhabra was the facilitator for the workshop, who is a British Council certified ELT trainer. The workshop involved interactive sessions, emphasizing the importance of vocabulary, stress on pronunciation, and using grammar through context-based examples.



Social Science Workshop by Macmillan

A Social Science Workshop was organised by Macmillan in the school library. The valuable inputs given by the resource person, Mr. Sauraveswar Sen, helped the teachers to gather knowledge about effective classroom management. The knowledge, skills, and insights gained through the workshop will enable us to think beyond fixed curriculum patterns and motivate the students to bring about a positive change in society through their efforts and understanding.



Science Workshop (Pedagogy in Teaching and Learning) by Pinnacle

A Science Workshop was conducted by Pinnacle primarily focusing on the importance of pedagogy in teaching and learning. Ms. Varsha Singh was the chief facilitator for the workshop who made the teachers aware about the different aspects of the modern curriculum and the textbooks by Pinnacle publisher.



Online Workshop on Conflict Resolution and Peace building

On 17th March 2026 B.D.M. International organised an online workshop as an initiative of the Interact Club on the theme 'Conflict Resolution and Peace Building.' The event featured distinguished speakers Mr. Goutam De, Mr. Bishwadeb Chakraborty, and Dr. Saikat Kumar Basu, who shared valuable insights on diplomacy, interfaith dialogue, and peace initiatives. The programme concluded with a vote of thanks, inspiring the audience towards harmony.



CBP Workshop on Career Guidance

A two day capacity building workshop on career guidance was conducted by CBSE at Narayana School, Mallikapur on 13th and 14th March 2026. The chief facilitators of the workshop were Ms. Deborina Roy and Mr. Bivash Saha.

Tie & Dye Workshop

On 24th March 2026, a Tie & Dye Workshop was conducted for students of the Primary and Upper Primary sections. The programme focused on teaching the traditional art of tie and dye, enabling participants to acquire a practical and creative skill.

The session was conducted with great enthusiasm, with students being guided step by step through the process. It helped them understand how such skills can pave the way towards self-reliance and even small entrepreneurial ventures in the future.



Drone Workshop

B.D.M. International organised an engaging one-day Drone Piloting Programme in collaboration with the Malaysia UAV Drone Activist Society (MUDAS), led by experienced professionals including Mr. Mohammad Noor Bin Ab Rahim, Mr. Siraj Ahmed, and Mr. Javed. The workshop introduced students to the fundamentals of UAV drone technology, covering concepts such as operation, applications, and scientific principles like Bernoulli's and the Continuity Principle. Students actively participated in simulation-based training and hands-on activities, assembling their own nano drone kits under expert guidance.



Competitions



Inter-House Debate Competition

On 6th January 2026, an Inter-House Debate Competition was held for Grades VII and VIII with 16 participants. Esteemed judges evaluated engaging debates and discussions. The event enhanced critical thinking, communication and research skills. Wisdom House secured first position, and all participants received certificates for their commendable performances.



Spardha 6.0

16 students from Grades VI–VIII participated in SPARDHA 6.0 at Mahadevi Birla World Academy on 15th January 2026. Competing with 17 schools, they secured third position in Elysian Couture. All participants performed commendably and received certificates of participation.



VVM State Level – Stage 1 Examination

On 11th January, the VVM State Level– Stage I Examination was held at Saini International School, Maheshtala. Devapi Das of Class IX-7 secured first position, while Aindrila Banerjee of Class X-4 also participated and performed commendably.

Annual Inter-School Science Exhibition 2026 ‘Silver Synergy’

B.D.M. International proudly participated in the Annual Inter-School Science Exhibition 2026, titled ‘Silver Synergy’, organised by Silver Point School on 16th January, 2026. It was a moment of immense pride for the institution as our participants secured the First position in the event.

The exhibition witnessed participation from several reputed institutions, including P.B. Academic School, Indus Valley World School, The BSS School, Shri Shikshayatan School, Garden High School, Delhi Public School (Howrah), National High School and Asian International School. The achievement reflected the scientific acumen, innovation and dedication of our learners.



Inter-House Dumb Charade Competition

The Inter-House Dumb Charades Competition for the Upper Primary section was held on 20th January 2026 at B.D.M. International. Students from Courage, Unity, Justice and Wisdom Houses participated with great enthusiasm. After four exciting rounds, Unity House emerged victorious, securing the first position.



Interhouse Quiz Competition

An Inter-House Quiz Competition on Mythology was organised for the students of Grade IV and V on 22nd January 2026. The competition aimed to enhance students' knowledge of mythology and promote learning through a fun and interactive platform. Participants from all Houses displayed remarkable confidence, teamwork and awareness while responding to thought-provoking questions. Wisdom House emerged as the winner in both the morning and day shifts.



Hindi Recitation Competition

On 22nd January 2026, a Hindi Recitation Competition was organised by the Paschim Bangla Hindi Academy. Participants recited poems with confidence, clarity and expressive articulation.

The event fostered a love for Hindi literature and significantly enhanced the students' confidence and public speaking skills.



Inter-School 'Gyan Dhara' Competition

B.D.M. International marked a proud presence at the Inter-School 'Gyan Dhara' Competition organised by the Paschim Banga Hindi Academy on 22nd January 2026 at Hemant Bhawan. In the first category, Grade VIII students Mayankmouli Lenka and Abhigyan Prakash, and in the second category, Sneha Mishra of Grade IX and Barnana Das of Grade XI, brought pride to the institution by receiving the prestigious 'UTKRIST AWARD'. All four students were honoured with trophies, certificates and gift hampers.



“Ebar Khobor Nebe Khudera” initiative by Pratidin

B.D.M. International showcased remarkable talent at the ‘Baal Mahotsav’ Inter-School Competition organised by Parivar Milan on 24th January, 2026 at Parivar Milan Sewa Sadan. The school proudly secured the first position in the Lok Geet Competition with outstanding participation by Roddur Basu, Debraj Basu, Debrup Basu, Riya Mondal, and Shreeja Halder of Grade IX.

The institution also received a ‘Protsahan Certificate’ and a trophy for the well-researched model display on the Chola Empire, prepared by Aditi Chaudhury, Somsparsha Ghosh, Kunj Kumar, and Shrutika Chouhan of Grade XI.



‘Baal Mahotsav’ Inter School Competition organised by ‘Parivar Milan’

B.D.M. International students participated in the “Ebar Khobor Nebe Khudera” initiative by Pratidin. Parineeta De of Grade VII, Devishi Goswami of Grade VII, Shivadyuti Dey of Grade VIII and Soham Chatterjee of Grade VIII showcased budding journalistic skills through creative news reporting, reflecting confidence, awareness and enthusiasm. Students Ms Urmika Chatterjee and Ms Parineeta Dey of Grade VII from B.D.M. International were selected as winners. Their achievement reflects creativity, confidence, and journalistic talent, bringing pride to the institution.



Sanmarg Inter-School Poster Competition 2026

On 27th January 2026, Sk. Asana Parvin of Grade VIII from B.D.M. International participated in the Sanmarg Inter-School Poster Competition 2026 on the theme “Population: Boon or Challenge – From Kolkata’s Perspective.” The event served as a creative platform to promote social awareness and highlight significant issues related to population growth.



CBSE Budding Authors Programme 2025-26

The CBSE Budding Authors Programme is designed to inspire students to discover the joy of creative writing and storytelling. The programme aimed to nurture writing skills, boost confidence, and inspire a lifelong love for creative expression. The theme was “Hero Story Element”. The shortlisted stories were sent to the CBSE. As per the guidelines provided by CBSE, Grade V children took the initiative to write short stories both in Hindi and Bengali, which nurtured their creative skills.



VIVIDUS-2026

Students of B.D.M. International participated in VIVIDUS – First Edition, a Literary Fest hosted by Mahadevi Birla Shishu Vihar on 28th January 2026. They competed in various events such as Plot Craft (Pitch Your Writing), which emphasised originality and creativity in presenting story ideas, and Conflict (Debate), a fast-paced event testing quick thinking, adaptability, and effective stance-switching, among others, including Kuch Unkahi Batein. A total of 16 students from the institution participated across seven events. B.D.M. International proudly secured the first runner-up position in Kuch Unkahi Batein and the second runner-up position in Dhoondo to Jaano.



RYLA 2025-26

RYLA 2026 was successfully conducted at Indus Valley World School in collaboration with the Rotary Club of Calcutta Chowringhee, District 3291. Students from four schools participated in a series of leadership and creative activities.

The event featured domain-based workshops, a skit on deforestation, and concluded with an address and certificate distribution ceremony. The programme placed strong emphasis on leadership, creativity, teamwork, and environmental awareness among the participating students of B.D.M. International.



2026 International Letter Writing Competition for Young People

In the 2026 International Letter Writing Competition for Young People, students of Grades VI to VIII wrote letters on “Why Human Connection Matters in a Digital World?” The shortlisted entries are to be sent to the CBSE.

eRaksha Competition 2025

NCERT, in collaboration with CyberPeace and supported by Google.org, launched the sixth edition of the eRaksha Competition 2025. The competition offers participants an engaging and practical understanding of cybersecurity concepts, enabling students, educators, and parents to explore online safety, identify digital threats, and apply protection techniques through creative submissions. Students of B.D.M. International actively registered for the eRaksha National Competition.

Peace and Harmony-Inter School Painting Competition

Future Foundation School organised a Drawing and Painting Competition based on the theme Peace and Harmony. Two Primary students from B.D.M. International – Arin Ghosh and Diya Parekh of Grade V, participated in the event. Through their drawings, they beautifully depicted acts of empathy, compassion, and the spirit of helping others.



Inter House Music Competition

B.D.M. International organised an Inter House Music Competition for the Upper Primary level on 4th February 2026. The competition created a captivating atmosphere for both the performers and the audience. There were two groups of participants - Western and Eastern. Participants from Unity and Wisdom secured the first position. The event helped the participants to improve their self-confidence, understand the hard work and dedication required to come up with such soulful and melodious performances and also broadened their understanding of different genres of music.



Filmit Festival

On 5th February 2026, the Filmit Festival was organised at Apeejay School, Park Street. A few students of Grade VIII from B.D.M. International participated in the event. Competing with more than twenty schools from across Kolkata, the films created by the students explored the theme of Heritage with originality and depth, capturing the attention of both the audience and the judges.

The participants received awards in three categories: Best Film with a Message for Civic Silence, Best Overall Film for Ashes of Aristocracy, and Best Direction for When Maa Spoke, Time Stood Still.



Quiz Wizard

The Mental Maths Quiz, 'Quiz Wizard', was conducted for 400 students of Grade IV on 5th February 2026 to evaluate their arithmetic skills and teamwork. Students solved mental maths charts in batches, demonstrating speed and accuracy. Winning teams were awarded mementos to encourage participation.



Maths Logic Lab

On 5th February 2026, the Maths Logic Lab activity was conducted for around 400 students of Grade V to assess their logical reasoning, aptitude, and teamwork skills. The participants worked in teams and solved a questionnaire within a stipulated time. The winning teams were awarded mementos in recognition of their performance.



Budding Scientist Activity & Maths Bee Competition

On 6th February 2026, a series of engaging academic activities were organised for students of the Pre-Primary and Primary sections at B.D.M. International. The Budding Scientists of KG presented a display of simple scientific experiments, reflecting their enthusiasm and curiosity.

The day featured four events across different grades. Students of Grades I and II participated in the Budding Scientist Activity, where they explored basic scientific concepts through hands-on activities. Grade III students took part in the Maths Bee Competition, demonstrating their numerical skills and quick thinking. Students of Grade IV participated in Quiz Wizard, answering questions with confidence and enthusiasm. The programme concluded with the Maths Logic Lab for Grade V, where students applied reasoning and problem-solving skills.



Abhivyakti - an interschool preprimary fest at DPS Ruby Park

On 7th February 2026, Abhivyakti, an inter-school event organised at D.P.S. Ruby Park, proved to be a delightful experience for the Pre-Primary and Grade I students of B.D.M. International. Fourteen participants enthusiastically took part in events such as Brand Blitz, Mis-Match, Junkart, Ferns and Petals, and Folksickle.

The school proudly secured Third Position in Folksickle and Mis-Match, making the event both memorable and enriching for the participants.



2nd Round Of Olympiad Exam

Students of all levels of B.D.M. International participated enthusiastically in the second round of English, Math and Science Olympiad on 8th February 2026, showcasing their academic skills at a higher level.

Aryabhata Talent Search

On 9th February 2026, the names of interested participants were collected for the Aryabhata Talent Search at B.D.M. International.

The initiative aimed to encourage students to participate in the upcoming examination and showcase their aptitude and analytical abilities.

Inter House Bengali Elocution Competition

The Inter House Bengali Elocution Competition was conducted for the students of Grades IV and V on 12th February 2026. Sixteen students participated in this event. Justice House (Morning) and Courage House (Day) emerged victorious.



Inter House Hindi Story Telling Competition

“Meri Kahani Meri Zubani”, a Hindi Storytelling Competition, was conducted on 19th February 2026 for students of Grades IV and V to showcase their oratory skills and imagination. Participants completed a given story cue with a suitable title and conclusion. Sixteen students participated. All students received mementos.



Chess for Youth - Inter House Competition

The Chess for Youth Inter House Competition for Grades VI to VIII was organised on the school premises from 10th March 2026 to 11th March 2026. Chess enthusiasts participated with great enthusiasm, demonstrating strategic thinking, resilience, and focus. Such competitions serve as a valuable platform for developing critical thinking, discipline, and confidence under pressure. They provide a structured environment for students to enhance their skills, learn from setbacks, and uphold the spirit of healthy competition, which is instrumental in their overall growth. The competition was won by Wisdom House.



UCMAYPSE Yogasana Sports World Cup 2025

On 27th December 2025, Dipasmita Das of Grade V represented B.D.M. International at the UCMAYPSE Yogasana Sports World Cup 2025 held at Pal Heights, Bhubaneswar. Dipasmita won multiple awards, securing first position in Artistic Yoga Solo and Leg Balance, second position in Back Bending, and third position in Traditional Yoga, bringing pride to the institution.



Interhouse Football Competition

On 7th January 2026, the Inter-House Football Competition was held for Grades VII and VIII with 24 participants. The event promoted teamwork, leadership, healthy competition and resilience while strengthening school spirit. Unity House secured first place, followed by Justice, Wisdom and Courage. Participants were awarded for their spirited performances.



Inter-House March Past Competition

The Inter-House March Past Competition was organised at B.D.M. International on 16th January, 2026 for students of the Primary to Secondary levels. The event showcased commendable discipline, unity, and teamwork. Students from all Houses marched with precision and pride, impressing the judges with their synchronisation and spirited performance. Wisdom House secured the First position, followed by Justice House in Second place. The competition fostered true sportsmanship and instilled a strong sense of leadership and unity among the participants.



Road Safety Olympiad Achievement

Rian Sen of Grade VI from B.D.M. International, Kolkata, achieved an outstanding All-India Rank 31 in the Road Safety Olympiad. The school proudly congratulates him on this remarkable accomplishment and wishes him continued success in his future academic competitions and endeavours.

Inter-School Chess Tournament

B.D.M. International proudly participated in the Inter-School Chess Tournament organised by Swami Vivekananda Institute of Science and Technology on 24.03.26. The achievements of the students are as follows:

Above Class VIII:

- Rishan Debnath - 2nd
- Wriddhidh Chakraborty - 3rd

Below Class VIII:

- Anagh Mazumder - 1st
- Debopriyo Guria - 2nd
- Angshik Chakraborty - 4th

Below Class VIII (Girls):

- Shilpa Mondal - 1st
- Soujanya Chakraborty - 3rd



Interact Club





Interact Club Activity: Water and Sanitation Development Awareness Drive

An awareness programme on water wastage and conservation was conducted on 21st January 2026 at Garia, Pratapgarh, Anandapally, Ward No. 27, near BDMI. The initiative aimed to sensitize local residents about the importance of conserving water and adopting sustainable practices in their daily lives. A total of 20 student interactors actively participated in the programme under the guidance of 5 Interact teachers.

During the programme, students visited households in the locality and engaged in meaningful interactions with community members. They highlighted the growing concerns related to water scarcity and emphasized simple yet effective measures such as turning off taps when not in use, repairing leakages promptly, reusing water where possible.

The residents responded positively to the initiative and appreciated the efforts of the students and teachers. Many assured their cooperation in adopting water-saving habits. The programme proved to be a meaningful step towards promoting environmental responsibility and community participation in water conservation.

The participants of the Interact Club Water and Sanitation Development Awareness Drive were Aryan Tanti (Class IX-14), Swarnakamal Saha, Shevanti Guha (Class IX-11), Samriddhi Guha (Class IX-16), and Ukti Basu (Class IX-17). They actively contributed to spreading awareness on clean water, hygiene, and sanitation, demonstrating responsibility, teamwork, and social commitment throughout the drive.



'Care for The Elderly' interactive session organised by the Interact Club.

On January 21st, the Interact Club of B.D.M. International took a significant step towards promoting intergenerational bonding and social responsibility by organizing an interactive session at the Dementia Day Care Center in Dhakuria under Dignity Foundation. A group of enthusiastic students visited the center with the aim of engaging with the elderly and creating meaningful interactions. The programme was designed to indulge the elderly in cultural activities, which included retro music and dancing, thus stimulating their memories and encouraging them to relive their past. They were further made to engage in artwork and storytelling, where students narrated stories and the dementia patients identified the moral values.

The event was a resounding success, leaving a lasting impact on the students. It sensitized them to the needs of the elderly, particularly those struggling with dementia, and instilled a sense of empathy and responsibility towards this vulnerable section of society. The Interact Club's initiative reinforced the importance of caring for the elderly and promoting social responsibility among the younger generation.



Vocational Training Programme for the Underprivileged organised by the Interact Club of BDM

On the 3rd of February, the Interact Club of B.D.M. International organised a meaningful vocational training programme on the school premises. Students from Ananda Marga Children's Home visited the school to be part of a hands-on session aimed at empowering underprivileged individuals through skill development. The programme focused on teaching the traditional art of tie and dye, enabling participants to learn a practical and creative skill. The session was conducted with great enthusiasm, where students were guided step by step through the process, helping them understand how such skills can pave the way towards self-reliance and even small entrepreneurial ventures in the future. As a continuation of this initiative, the tie-and-dye garments created during the session will be allowed to dry and will later be sold. The proceeds from the sale will be donated to the NGO as a contribution towards their continued efforts in uplifting and supporting the underprivileged.



Educational Visit To Fire Station, Patuli

140 students of Preparatory were taken on an educational excursion to the Patuli Fire Station on 10th & 11th March 2026. This visit was designed to bridge the gap between classroom theory and real-world experience.

6 members of Interact Club also joined the trip. During the sessions, firefighters provided a comprehensive overview of their responsibilities and demonstrated the mechanical functions of a fire engine. Students were given the opportunity to examine firefighting apparatus and personal protective equipment (PPE). The trip emphasised community safety and the essential services provided by the fire department.



Imagination Unleashed



Building Resilience in the Children of Today

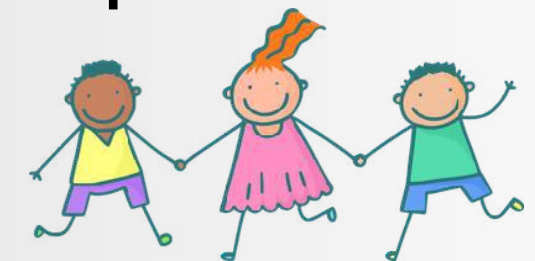
In an increasingly fast-paced and unpredictable world, resilience has become one of the most important life skills a child needs to develop. Resilience refers to the ability to cope with challenges, adapt to change, and recover from setbacks with confidence and strength. Children growing up today faces challenges at every turn namely academic pressure, digital distractions, social expectations, and global uncertainties. Hence building resilience is not only desirable, it becomes essential for their emotional and psychological wellbeing. Resilient children are not those who never face difficulties, but those who learn how to respond to them in a constructive manner. In other words, resilience is the ability to face the challenge with calmness. Life will always present obstacles—academic failures, conflicts with friends, disappointments in competitions, or personal losses. When children are equipped with resilience, these experiences become opportunities for growth rather than sources of lasting discouragement or disappointment. They learn that mistakes are part of learning and that perseverance can help them overcome challenges. Hence, it is very important for children to face these challenges, as life is all about facing these challenges.

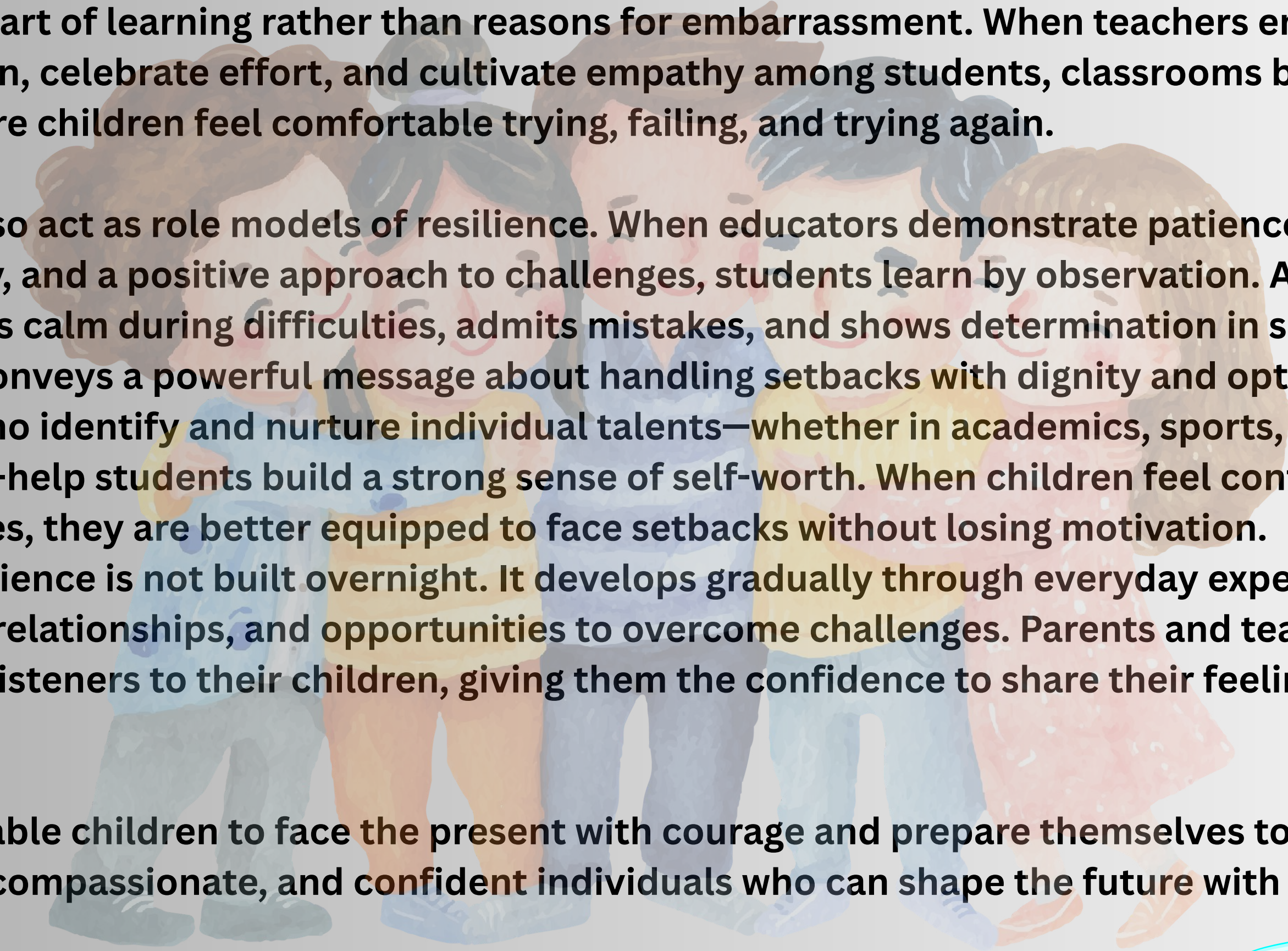
One of the primary foundations of resilience is a strong sense of emotional security. Children who feel loved, valued, and supported at home and at school develop the confidence to face adversity. Positive relationships with parents, teachers, and peers create a safety net that reassures them that they are not alone in their struggles. When adults listen patiently to a child's concerns and validate their feelings, the child learns that emotions can be expressed and managed in healthy ways.

Encouraging independence and problem-solving is another important step in nurturing resilience. It is often noted that parents try and shield their children from any impending adversity or try and solve their problems for them. In the process they manage to handicap their children of independent problem-solving skills. Allowing children to attempt solutions on their own—while offering guidance when needed—helps them build confidence in their abilities. When they realise that they can navigate difficulties independently, their self-belief strengthens.

Teaching children a growth mindset is another way of building resilience. When children understand that abilities can improve through effort and practice, they become more willing to take risks and try again after failure. Praising effort rather than only outcomes reinforce the idea that persistence is more valuable than immediate success. This enables children to look at challenges as stepping stones rather than obstacles.

Children are emotional beings and they need guidance in the expression of their emotions. Helping children to develop emotional regulation is another significant factor in building resilience. Teaching them simple techniques such as taking deep breaths, talking about their feelings, or taking short breaks during stressful situations can help them manage anxiety and frustration. Activities like sports, music, art, dance and theatre also provide constructive outlets for expression while building discipline and teamwork. In today's digital age, resilience also involves helping children cope with the pressures of social media and constant comparison. Guiding them to maintain a healthy balance between screen time and real-world interactions is crucial. Encouraging outdoor play, hobbies, and meaningful conversations helps children develop stronger interpersonal skills and a sense of self beyond online validation.



A colorful illustration of five diverse children standing together, smiling. From left to right: a girl with curly brown hair in a blue dress, a girl with dark hair in a yellow dress, a boy with brown hair in a blue shirt and dark pants, a boy with dark hair in a yellow shirt and blue pants, and a girl with brown hair in a pink dress. They are all looking towards the camera with happy expressions.

Schools play a vital role in fostering resilience by creating environments where mistakes are treated as part of learning rather than reasons for embarrassment. When teachers encourage participation, celebrate effort, and cultivate empathy among students, classrooms become safe spaces where children feel comfortable trying, failing, and trying again.

Teachers also act as role models of resilience. When educators demonstrate patience, adaptability, and a positive approach to challenges, students learn by observation. A teacher who remains calm during difficulties, admits mistakes, and shows determination in solving problems conveys a powerful message about handling setbacks with dignity and optimism. Teachers who identify and nurture individual talents—whether in academics, sports, arts, or leadership—help students build a strong sense of self-worth. When children feel confident about their abilities, they are better equipped to face setbacks without losing motivation. Finally, resilience is not built overnight. It develops gradually through everyday experiences, supportive relationships, and opportunities to overcome challenges. Parents and teachers need to be good listeners to their children, giving them the confidence to share their feelings and emotions.

This will enable children to face the present with courage and prepare themselves to become adaptable, compassionate, and confident individuals who can shape the future with strength and optimism.

Rakhi C Lahiri
Headmistress



Tanisha Bhanja
Grade VIII-2



Swastika Mondal
Grade VII-5



Anika Sarder
Grade VIII-4



शब्दों की दुनिया

एक साधारण विद्यालय में पढ़ने वाली नन्ही अक्षरा को किताबों से बहुत प्यार था। उसके सपने बहुत बड़े थे। चेहरे पर सादगी और शब्दों में मिठास थी। वह अक्सर अपनी किताबों में खो जाती थी। उसके लिए किताबें सिर्फ पन्नों का ढेर नहीं थीं, बल्कि एक अलग ही दुनिया का दरवाज़ा थीं और उस दुनिया का नाम था – शब्दों की दुनिया।

अक्षरा हमेशा अपने किताबों के शब्दों को लेकर अपनी शिक्षिका से प्रश्न पूछा करती थी। एक दिन उसकी शिक्षिका ने कहा, “बच्चों, शब्दों में बहुत ताकत होती है। यह किसी को हँसा सकते हैं, रुला सकते हैं, और प्रेरित भी कर सकते हैं।” शिक्षिका ने दीपक का उदाहरण देते हुए समझाया कि जैसे एक दीपक अंधेरे को दूर करता है, वैसे ही हमारे शब्द जीवन में प्रकाश भरते हैं। अक्षरा के मन में यह बात गहराई से बैठ गई और वह समझ गई कि शब्द सच में किसी का दिन बदल सकते हैं। जैसे -जैसे समय बीतता गया, अक्षरा ने महसूस किया कि उसके छोटे-छोटे शब्द किसी के जीवन में बड़ा बदलाव ला सकते हैं।



एक दिन स्कूल में 'हिंदी प्रतियोगिता' की घोषणा हुई। सभी बच्चों से कहा गया कि वे अपनी-अपनी रचनाएँ दें। अक्षरा ने तुरंत अपना विषय चुना—“शब्दों की दुनिया”। उसने लिखा—“शब्द सिर्फ बोलने या लिखने के लिए नहीं होते, सही शब्द किसी को उम्मीद दे सकते हैं और गलत शब्द किसी का आत्मविश्वास तोड़ सकते हैं। इसलिए हमें अपने शब्दों का चयन बहुत सोच-समझकर करना चाहिए।”

जब उसकी रचना सबके सामने आई, तो सभी ने उसकी बहुत सराहना की। उसकी शिक्षिका ने कहा, “अक्षरा, तुमने सच में शब्दों की ताकत को समझा है।” उस दिन अक्षरा ने महसूस किया कि वह भी अब शब्दों की दुनिया की एक छोटी-सी रचनाकार बन गई है।

संदेश :

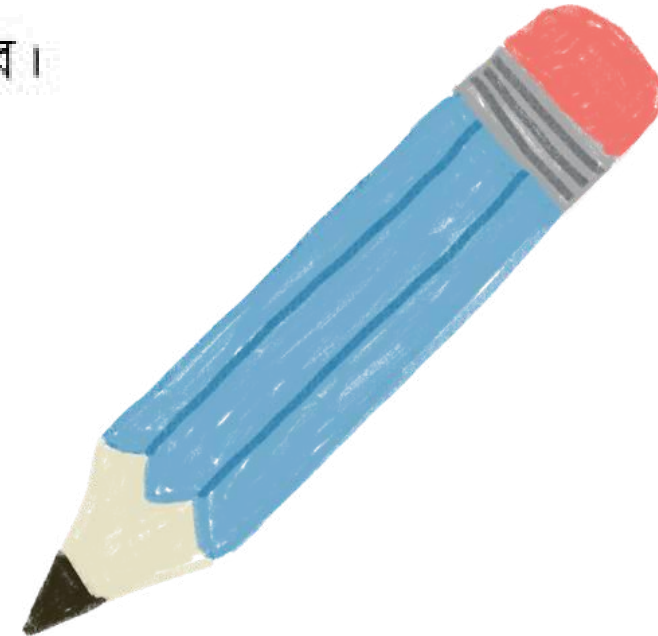
जब शब्द हृदय से निकलता हो, तो वे केवल भाषा नहीं रहते, बल्कि वे प्रेरणा बन जाते हैं। इसलिए हमेशा ऐसे शब्द चुनें, जो दूसरों के जीवन में खुशी और प्रेरणा भर सकें।

-रचिता दास चकलादार

**Assistant Teacher-Primary
Wing**

একটি পেন্সিলের আত্মকথা

আমি একটি ছোট পেন্সিল। এতদিন আমি ছাত্র-ছাত্রীদের লেখার সঙ্গী আর চিত্রকারের কল্পনাকে বাস্তবায়িত করে এসেছি। শৈশবে শিশুরা আমার মাধ্যমেই প্রথম লেখা শুরু করে। নিষ্পাপ শিশুদের হাতেই প্রথম 'A', 'B' বা '1', '2' বা 'অ', 'আ' - 'ক', 'খ' লেখার সাক্ষী আমি। আমায় নিয়ে তাদের কত ঝগড়াঝাটি আর খুনসুটি আর যদি আমায় হারিয়ে ফেলত তাহলে তোমায়ের কাছে বকুনির শেষ নেই। এই শিশুদের হাতে কতই না অত্যাচার সহ্য করতে হয়েছে আমাকে। কেউ পেন্সিল কাটার দিয়ে কেটেই যাচ্ছে, কেউ বা দাঁত দিয়ে চেবাচ্ছে আমাকে। অদ্ভুত তাদের সব অঙ্কর লেখা আর ছবি আঁকা। সেইসব টক ঝাল মিষ্টি সুন্দর দিন কিভাবে ভুলি? সেই শিশু আবার যখন বড় হয়ে যায় তখন খুব যত্ন করে আমায় লেখার পরে পেন্সিল বাক্সে রেখে দেয়। কিন্তু আজ তাদের প্রিয় পেন্সিল লিখতে লিখতে ছোট হয়ে এসেছে আর আমাকে দিয়ে লিখতে পারবে না তারা। শিশুরা আরও একটু বড় হয়ে গেছে, পেন্সিলের জায়গায় তাদের হাতে এসেছে পেন। না না.. আমি দুঃখ করছি না, আমি আমার পেন্সিল জীবন সার্থক করেছি প্রথম শিক্ষার অনবদ্ব অঙ্গ হতে পেরে।



অদ্বিজ বর্মণ

শ্রেণী: ৩/৪

सुगंधित रोटियाँ

आजकल जब भूख लगती है..
हम सभी होटल या रेस्तरां से खाना मँगा लेते हैं
क्योंकि ...

आजकल 'कौन इत्ती मेहनत करे' वाली इच्छा प्रबल होती है.
तो कभी किसी के पास वक्त नहीं तो
किसी के पास भूख बर्दाश्त करने की इच्छा...
हर तीसरे दिन कभी नान तो कभी कुलचे
कभी बटर पनीर तो कभी कोफ्ते
कभी बिरयानी तो कभी चाऊमीन
खाते हैं सभी आराम से...
क्योंकि..

आने लगा है आसानी से घरों में..
एक फोन से ..
रोज़ नये नये डिश.
खाते तो हैं हम उन्हें..
पर उन खानों का स्वाद कितने दिन रहता हैं
जुबान पर..
कहिए ज़रा...

एक वो वक्त था जब हम
माँ के आगे पीछे घूमा करते थे
कभी हलवा बनाने की फरमाइश करते तो
कभी बेंगन भर्ता बनाने की ज़िद
वह भी प्याज डालकर..
तब माँ प्याज को हाथ भी नहीं लगाती थी..
पर हमारी ज़िद का असर होता या माँ की ममता जागती
मुँह पर रुमाल बाँध प्याज काटकर
बड़े प्यार से बनाती...
और हम भी बड़े चटखारे लेकर खाते..

और तो और..

हम गुड़ से बने दलिये खाने की
जिद कर देते भरी दोपहरी में..
माँ हजार मनुहार करती, समझाती,
कहती भला गरमी के मौसम में
कहाँ मिलता हैं गुड़...
जो तुझे खिलाऊँ गुड़ से बने दलिये को
पर ज़िद तो ज़िद..
माँ भेजती बाबा को बाजार...
बाबा भी फिर कहीं से खोज ले ही आते गुड़..
आज भी हम खुद कितनी ही बार बना ले
पर माँ के हाथों का स्वाद
आज भी जुबान पर है..
नहीं भूलती माँ के हाथों से बनी रोटियों का स्वाद
क्योंकि उन रोटियों में होती थी
तपते अंगारों से भरे चूल्हों
के सामने
बैठकर बनाती माँ के पसीने की सुगंध.
मनुहार को पूरे करने की ललक..
और ..
होती थी बच्चों को खिलाकर
खुद के पेट भरे होने की तृप्ति..
आज भी याद है मुझे माँ के हाथों की वो सुगंधित रोटियाँ..
-प्रीति मुरारका
सहायक शिक्षिका-प्राथमिक



प्रीति मुरारका

Assistant Teacher-Primary wing

Little Hearts, Big Dreams

Every child is the epitome of thought,
They speak and share little joys with love.
Their giggles, talks, expressions, and whispers
Fill the world with warmth and wonder.

They are expressive, kind, and bold,
With hearts full of faith and trust.
They believe, they learn, they grow each day,
Guided by their teacher's care and love.

Manisha Ghosh Roy
Assistant Teacher-Primary Wing



A Gentle Presence

She wasn't mine by name
Yet, lived within my days,
In quiet care and gentle words,
In a thousand unseen ways.

Her hands held warmth like home,
Her voice, a calming light,
Even silence felt less lonely
When she was in my sight.

When my own world fell apart,
And my mother walked away,
It was her hand that found mine,
And gently chose to stay.

In that quiet, breaking moment,
She became my steady ground,
A love I never asked for—
Yet the truest I have found.

Joyeeta Sengupta
Assistant Teacher-Primary Wing

The Smallest Light in the Room

Ruhaan lived in the "Early" lane. He had started school when his backpack was still bigger than his torso. While other children stood tall, Ruhaan felt like he was looking at the world through the gaps in a picket fence. Being the youngest meant his legs had to run twice as fast just to keep up, and his mind had to work twice as hard to stay steady.

Sometimes, the world felt a bit too high for Ruhaan. The older students in his class could reach the top shelf of the library without standing on their tiptoes, and they finished their math equations while Ruhaan was still sharpening his pencil. In the quiet moments of the afternoon, he wondered if he was just a small mistake in a big-kid world.

But his teacher, Mrs. Gupta, saw something the others didn't. She didn't see a boy who was "too young" or "too small." She saw a boy who listened to the rhythm of the clock and noticed the way shadows danced on the wall. Whenever Ruhaan's shoulders began to slump, she would lean in and whisper, "The brightest stars aren't always the biggest, Ruhaan. They are the ones that burn with the most heart."

When the school announced the "Great Design Derby," Ruhaan knew exactly what he wanted to create. He decided to build a "Solar Lighthouse"—a machine that could catch the sun's rays during the day and glow softly all through the night. He spent every evening in his garage, his small fingers learning the intricate dance of wires, gears, and glass.

On the day of the Derby, Ruhaan's lighthouse sparkled under the gymnasium lights. It was complex, beautiful, and hummed with a quiet energy. From across the crowded room, Mrs. Gupta caught his eye and gave him a secret thumbs-up. At that moment, Ruhaan didn't feel small at all; he felt like a giant who had captured the sun.

Then came Mr. Ray, the lead judge. He was a man who liked rules and labels. He looked at the intricate lighthouse, then looked down at Ruhaan's small stature. "This is far too advanced for a seven-year-old," Mr. Ray declared, his voice booming. "You've clearly cheated, boy. You've put your name on a project that an adult must have built for you."

The gymnasium went silent. The word "cheated" felt like a heavy stone in Ruhaan's stomach. He looked down at his shoes, his confidence shattering like dropped glass. He wanted to hide, to disappear into his oversized backpack. If a grown-up thought he wasn't capable, maybe he really was just a little boy playing a game he couldn't win.

Mrs. Gupta didn't let the silence last. She walked over and knelt beside him, ignoring the judge's icy stare. "Ruhaan," she said firmly but softly, "I know every hour you spent on this. I know why you chose these gears and how you soldered those wires. Don't let someone else's shadow dim your light. Show him. Tell him how it works."

Ruhaan took a deep breath. He turned away from his fear and toward the judge. "I didn't cheat," he said, his voice starting small but growing stronger. "The copper wire carries the current from the cell to the capacitor... and the lens here focuses the light into the center." He explained every gear, every circuit, and every choice he had made.

Mr. Ray's face softened as he realized his mistake. He had judged the book by its small cover. Ruhaan didn't care about the trophy as much as the feeling in his chest. He learned that while unfair words can sting, the belief of one person—and the belief in himself—was a shield that no judgment could ever pierce.

Piyali Dhar
Assistant Teacher-Primary Wing



Anukul and the gold necklace

I am Anukul. I live in the village of Madanpur, a picture-perfect village situated on the banks of the river Damoder. Ours is a poor family. My father is a labourer in a field. During monsoon he has no work because the river overflows into the fields and the floods destroy the plants my father tended for so many days. Our houses become little islands amidst the swollen water of the river. Those days become very hard for us because no work is left for my father. No work means no money, which means no food for us. After the monsoon comes autumn, which marks the arrival of Maa Durga. My mother is a maid in the *barababu's* house. During Durga Puja my father works as a 'dhaki'. Whenever my father goes out to play the 'dhak', I accompany him.

During Durga Puja the 'dhakis' join together and beat the 'dhak' in a soulful rhythm. I am always fascinated by the soulfulness of the sound of all the 'dhaks' beating together. I too, with my little hands, play the 'Kashor' and try to match with the rhythm beat by beat. This is the time of grandeur and joy, when everyone is happy. Everyone wears new clothes and worships the goddess who symbolises the victory of good over evil. We look forward to the occasion of Durga Rija not only because my father makes good earnings during that time but also because of the lighting in the temples and the feeling of exuberance in the air. The atmosphere is filled with festive joy.

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Last year during Durga Puja, my father and I went to Kolkata, the city of joy. I, along with my father, went to the 'Chatterjee barir pujo'. This pujo has been passed down generation after generation for 250 years. We reached there on 'Sasthi'. On 'Saptami' morning the atmosphere was a very happy one. The 'dhakis' played the 'dhaks' while the youngsters happily danced to it. Sweets were being eaten by the people and everyone was having fun. Suddenly the 'boroma' of the house came running. Her eyes looked tense. People at once knew that something was wrong. She said that the gold necklace of maa Durga was missing. Everyone searched the place but no gold necklace was found. Everyone started blaming the head priest of the house. This was said to be a bad omen. Not once was the puja done without the gold necklace. The rest of the day went by very gloomily. The necklace had to be found as it was a very important day tomorrow. The next day I woke up very early and walked around the house. I felt bad for the priest as he was very kind-hearted. I went to the temple when I saw that the cleaner was throwing out the previous day's dried flowers out in the garbage dump. As the sun rose, the first rays of sun touched the bag of dried flowers. I saw something shining. Curiously, using both of my hands, I dug into the bag of dried flowers and suddenly I found what I was looking for in my hands. I was dumbstruck. It was the gold necklace. I rushed inside the house to tell everyone the news. Everyone came running. The head priest also came, teary eyed. With folded hands he thanked Maa Durga. All the seniors came to him and apologized to him for their behaviour. Ashtami Puja began with the same glory and happiness in the air. I was offered two big laddoos by the head priest on each of the three days. The remaining three days went well. While we were about to return, 'boroma' gifted me and my father new shirts and a new sari for my mother. My father got the advance for next year's puja too. They also assured me that I will be able to study. Now we are back at home. I want to study and grow up to be a big and respected person so that I can make my parents proud.

Oishani Chatterjee Grade V-5

तितली की समय यात्रा

एक छोटी लड़की थी, जिसका नाम तितली था। उसे खेलना बहुत पसंद था। उसके परदादा एक वैज्ञानिक थे और उनके पुराने वैज्ञानिक औज़ार घर के तहखाने में रखे थे। तितली को औज़ार से खेलना अच्छा लगता था, लेकिन उसके माता-पिता सोचते थे कि वे सब बेकार हैं। तितली भी यही मानती थी। एक दिन तहखाने में खेलते हुए उसे पुरानी घड़ी मिली। उसने खेल-खेल में उसकी सुइयाँ घूमानी शुरू की। अचानक घड़ी से रोशनी फैली और एक अजीब घटना हुई-उसे एक दृश्य दिखने लगी। वह घड़ी उसे समय से पीछे यानी भूतकाल में ले जा सकती थी! वह बोली, "अरे, यह तो एक टाइम मशीन है! लेकिन....इससे क्या फ़ायदा? ये चीज़ बेकार है।" उसने घड़ी को तहखाने में वापस रख दिया। कुछ दिनों बाद तितली जब पुराने औज़ारों के साथ खेल रही थी तभी उसे उसकी माँ की चीख सुनाई दी- उसकी माँ उसे बुला रही थी- "तितली! तितली! जल्दी आओ...तितली...हमारी वह गणेश जी की मूर्ति एक चोर चोरी करके भाग गया!" तितली ने जवाब दिया, "क्या...सचमें? वह गणेश जी की मूर्ति बहुत पुरानी और बहुमूल्य थी।" तितली बहुत दुखी हो गई, तभी उसे अपने परदादा की टाइम मशीन की याद आई। वह जल्दी से तहखाने में वापस गई। वह घड़ी को उठाई और उसकी सुइयाँ उस समय पर घूमने लगी जब मूर्ति चोरी हुई थी। एक चमक में वह उसी पिछले पल में पहुँच गई।

उसने देखा कि वह चोर उसकी दोस्त के घर के सामने से भाग रहा था। तितली ने उस स्थान को तुरंत पहचान लिया। वह जितना तेज़ दौड़ सकती थी दौड़ी। उसके घर का नौकर गोलू भी उसके पीछे-पीछे आया। अब वे दोनों चोर के निकट पहुँचकर चोर को पकड़ लेते हैं और मूर्ति को वापस बचाकर ले आते हैं। उसकी माँ मूर्ति को देखकर बहुत खुश हुई। अब तितली को समझ आया कि उसके परदादा की यह पुरानी टाइम मशीन बेकार नहीं थी, इसी पुरानी घड़ी

ने आज उसके परिवार की सबसे मूल्यवान गणेश जी की मूर्ति को चोर के हाथों से बचा लिया।

नैतिक शिक्षा - कभी भी किसी चीज़ को बेकार न समझो क्योंकि सही समय पर यही चीज़ सबसे बड़ी मदद बन जाती है।



Arna Sil Grade V-5



Jyotinanda Debnath
Grade VIII-2



Debosmita Nandy **Grade**
VIII-6



LX -14 - Born powerful , chosen kind

Inside a highly secured laboratory, a team of the best scientists in the city worked very hard on a secret experiment. They were mixing the genes of powerful animals - the speed of a cheetah, the strength of a gorilla, the sharp senses of a wolf and the intelligence of a dolphin.

After 4 years of hard work, their creation finally came to life. It was called LX-14.

LX-14 was unique in every way one could imagine. It had glowing eyes, powerful arms and lightning-fast legs. But though its body was powerful, its mind was similar to that of a small child - curious, confused and lonely.

Initially, LX-14 behaved normally. But one afternoon alarms blared through the entire laboratory. LX-14 had escaped from its chamber and was running wildly through the corridors. All the security guards and scientists ran for their lives.

'It's getting out of control!' yelled a scientist. 'Someone prepare the neutralizer!' screamed another. Everyone was panicking.

But among them was Dr. Michael Davies, a kind scientist who always believed that LX-14 was not a dangerous monster - just misunderstood.



'Wait!' Dr. Davies said firmly, 'It's not attacking anyone. It is trying to escape and go somewhere. Don't kill it!'

As LX-14 reached the exit, it stopped, panting and pointed at a nearby school with a worried look in its eyes.

Dr. Davies got confused. 'Why is it pointing at the gate?' Ignoring others' warnings Dr. Davies bravely followed LX-14 into the school.

Before it could be stopped by anybody, LX-14 raced into the school building. Gunshots filled the air. Dr. Davies' blood froze. Tiptoeing he entered the building to see what was going on. What he saw there was totally unexpected. Terrorists had attacked the school and captured the students, teachers and other staff members. LX-14 had gone to rescue them. It was fighting fiercely and guarding the scared students and staff members. LX-14 was blocking bullets with broken doors, mauling two or three terrorists at a time and flinging them out of the window and slamming others to the floor with desks and benches.

His sharp hearing power detected danger at the right time. Within a few minutes, the attackers were defeated. The school was saved.

The children clapped and happily hugged LX-14. One little boy remarked, 'Thank you super alien!'

Tears welled up in Dr. Davies' eyes. 'It was never a monster,' he whispered joyously, 'it just needed love and kindness.'

He went back to the lab and told the entire incident to other scientist excitedly. All of them listened with a lot of interest.

From that day onwards LX-14 was trained to help people and protect humanity.

LX-14 became a national hero and everyone learnt that strength combined with compassion can change the world.

Swastik Banerjee

Grade V-9

The Magic of My Classroom

In the year 2010, I walked into my very first classroom. I carried a heavy stack of English textbooks and a box of white chalk. Back then, the walls were quiet, and the only screen in the room was the big, black chalkboard that waited for me to write beautiful sentences and long lists of history dates. I smiled at my Grade III students, my heart full of dreams about the stories we would read together.

I loved using the "Imitation Method" to teach English. I would stand at the front and say, "Watch my mouth! The word is 'Thorough!'" A student named Aadi watched me intently. He was so focused on copying me exactly that he didn't just imitate my voice—he imitated my habit of adjusting my glasses and tilting my head to the left! The whole class giggled as Aadi perfectly mimicked my scholarly pose while shouting, "Thorough!"

In Social Science, I believed in the "Trial-and-Error Method." I told my Grade IV students that making mistakes was just a secret way of learning. One morning, we were learning about the Earth's crust. Tanya tried to build a model of a mountain using wet clay. It was supposed to be a majestic peak, but it kept slumping down into a flat pancake. "It's not a mountain yet," Tanya sighed, her hands covered in grey goo.

"Don't worry, Tanya!" I said with a laugh. "That's the 'trial' part. Now for the 'error' and then the fix!" Suddenly, another student named Rohan accidentally labeled his volcano diagram as "The Giant Spicy Hill." When I saw it, I laughed so hard my eyes crinkled. "Well," I told the class, "lava is certainly spicy, but let's try to find the scientific name in our books!"

As the years turned into a whole decade, my classroom began to change. The dusty chalk was replaced by colourful markers, and a bright white screen appeared on the wall. Instead of just reading about the rainforest, I could now show my Grade V students videos of leaping jaguars and the sound of tropical rain. The classroom wasn't just a room anymore; it was a window to the whole world.

I started bringing real-life examples into every lesson. When we studied ancient trade routes in Social Science, I didn't just show a map. I brought in a beautiful, old silk scarf and a tin of aromatic cinnamon sticks. I let Tanya feel the smoothness of the fabric. "This," I explained, "is what explorers travelled thousands of miles to find."

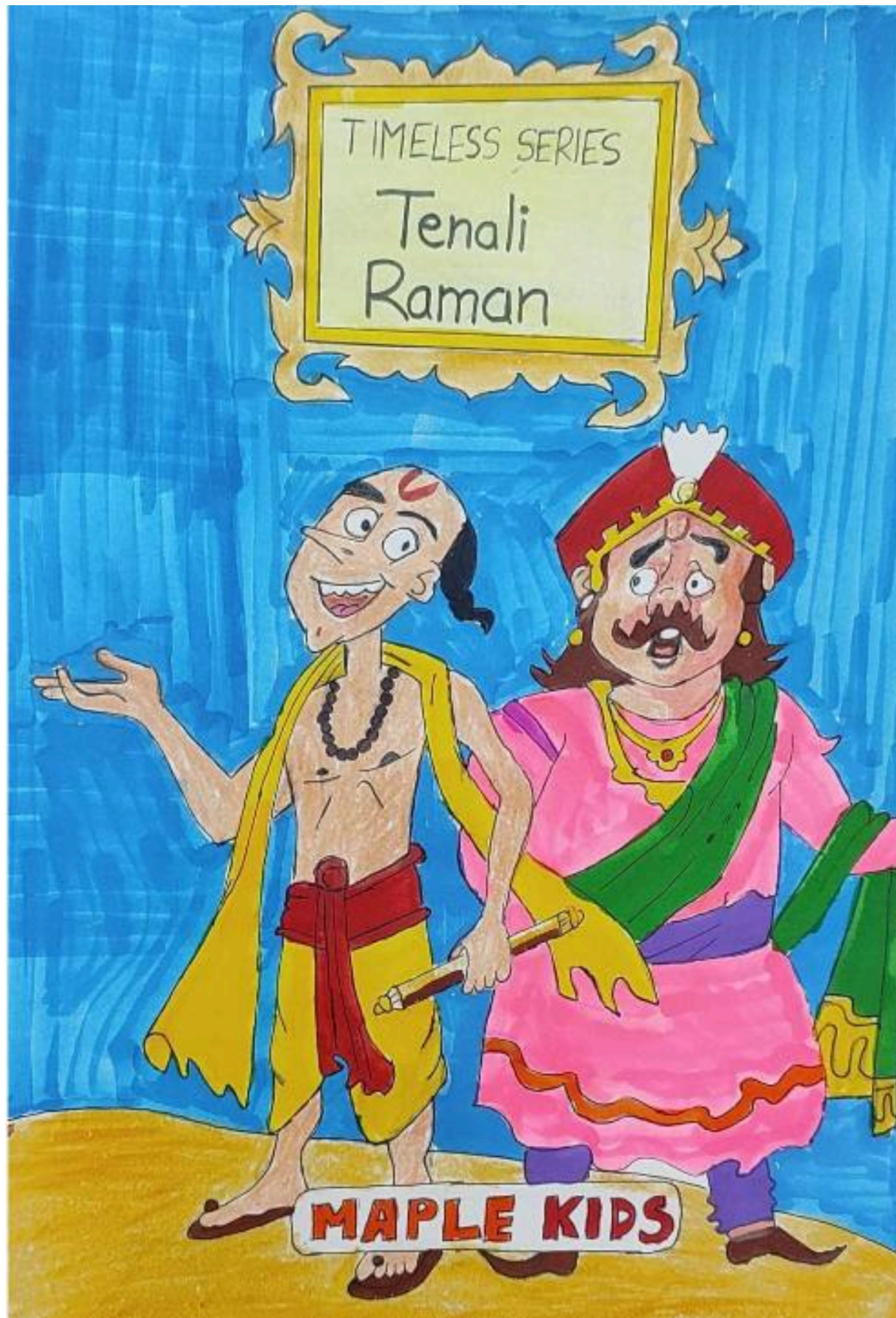
English class became a theatre of fun. To teach verbs, I had the students act them out. When Aadi had to demonstrate the word "skedaddle," he zoomed around the desks so fast he almost became a blur! He accidentally "skedaddled" right into the recycling bin, landing with a soft crunch. I rushed over, but Aadi was already laughing, popping his head out from under a pile of paper.

Sometimes, the lessons were tough. When Tanya struggled to understand a difficult poem, she felt like giving up. I sat beside her and reminded her of the clay mountain from years ago. "Remember, Tanya? We try, we fail, and then we find the way. Let's read this line together, one word at a time." With patience, the confusing words began to turn into a beautiful picture in Tanya's mind.

Today, my classroom is a buzzing hub of technology and heart. Students use tablets to research the solar system, but they still look to me for the best stories. I have been teaching since 2010, and though the tools have changed from blackboards to touchscreens, my love for my students has only grown stronger. I watch Aadi and Tanya—now older and confident—helping the younger students with their own "trial-and-error" moments.

I know that being a teacher is the best job in the world. As Nelson Mandela once said: "Education is the most powerful weapon which you can use to change the world." At the end of every day, I look at the empty desks and smile, thinking of the children I love so much. I don't just teach English and Social Science; I teach the future, and my heart is full because of every single one of you.

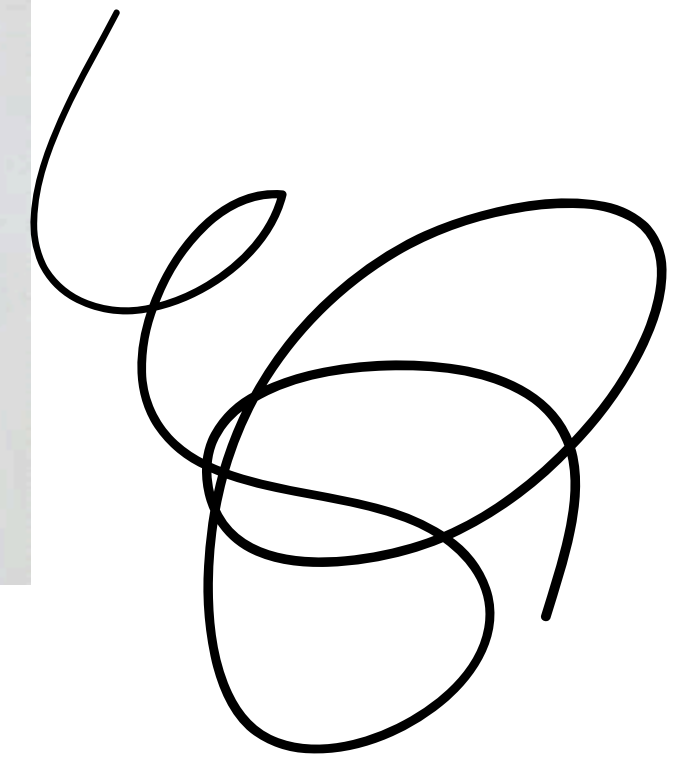
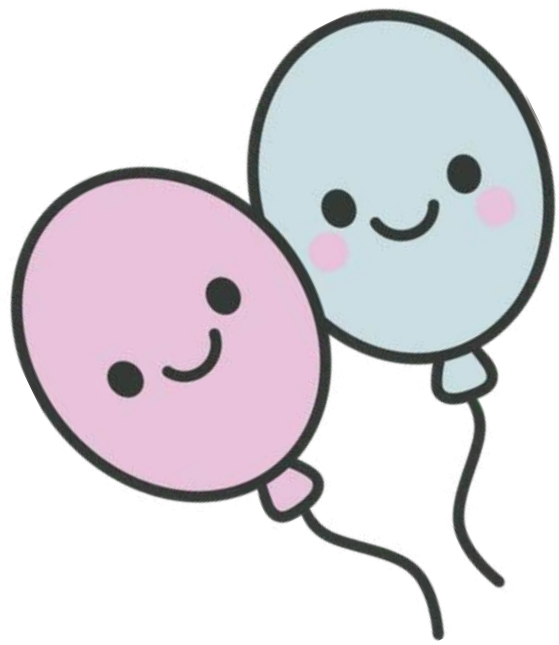
Piyali Dhar
Assistant Teacher-Primary Wing



Parth Raj Grade V111-13



Duytika Das Grade V111-17



The Day I Met an Alien

Hi, I'm Alex Green. I'm eight years old. I know you won't believe me, but let me tell you something. I've met an alien! I thought it was unbelievable too. But it's true, so it's up to you to believe me or not. Here's how it happened.

It was a Friday that meant science class with Miss Johnson. The chapter was Solar System. Sometimes lessons can be a bit boring. Plus, I know the Solar System quite well. I looked out of the window and sighed. Fourteen weeks more until our village fair.

The day went slowly. Finally the bell rang and we rushed outside together. Suddenly a thought struck my mind: Do aliens exist? If they do, will I ever meet one?

I shook my head. Aliens definitely didn't exist. But then I realised that the pebbles in my pocket were glowing! How odd! I touched them and almost screamed. I was being pulled inside the back. I tugged at my hand but it wouldn't budge. I just turned around and was going to call my friend when I was pulled into the back.

I closed my eyes and screamed. A few seconds later I opened my eyes and saw that I was lying on the floor of a panel room. I got up and spotted a man clicking on a computer. There were numerous buttons, screens, machines and wires. The man looked at me and said, "Looks like you're late."

I stammered, "W-who are you?" He smiled and said, "No time for that. Are you ready to save our village?"

"I don't really understand," I said quietly.

"Where have you come from?" he asked.

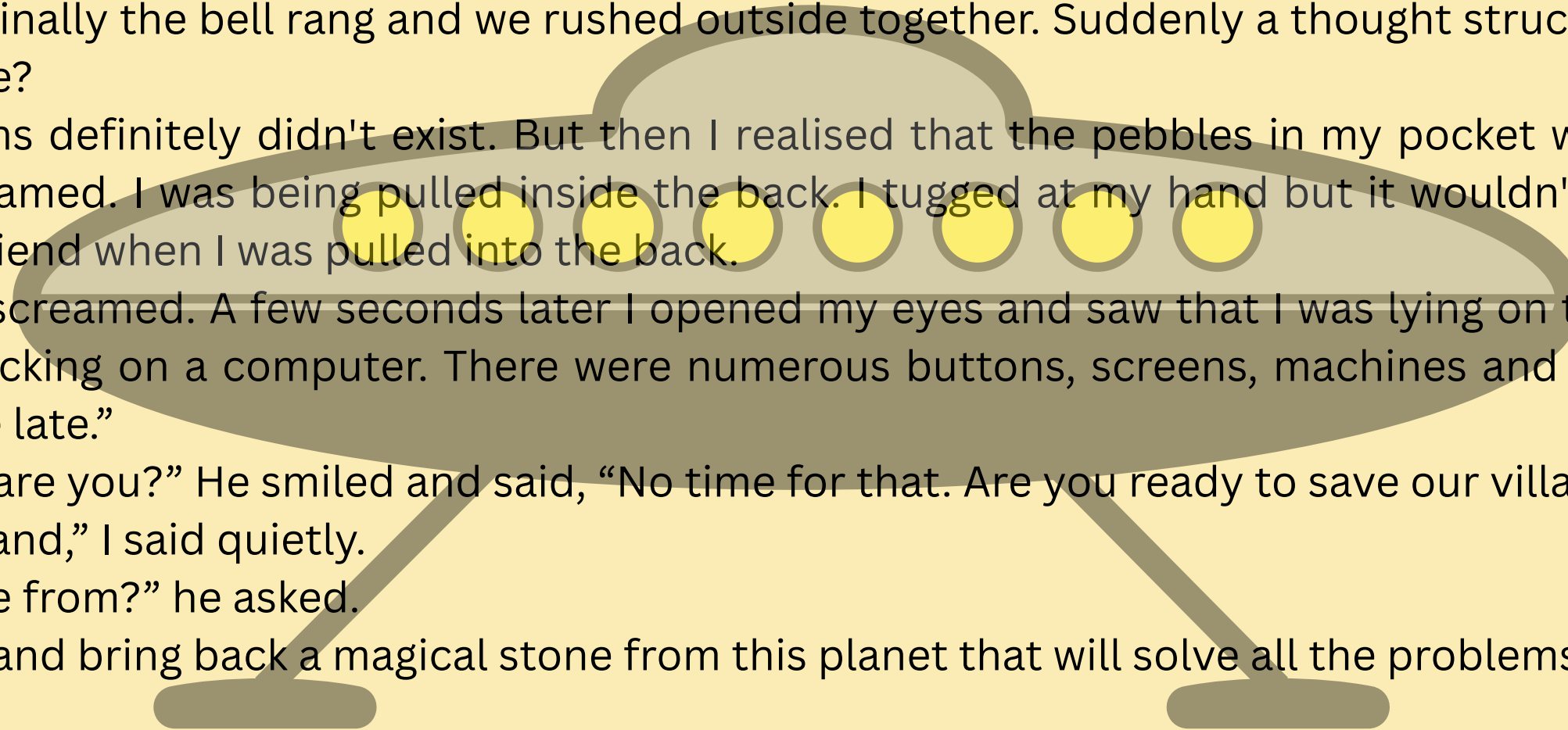
"I have to go to space and bring back a magical stone from this planet that will solve all the problems of the people of this village."

He said it casually.

"Well, no time for explanation, kid." He started typing away hurriedly at his keyboard. A few moments later I heard a loud rocket sound. I closed my eyes again. I felt a jerk and a great pain. I did not know what was happening, but I realised that the spaceship had landed on Mars.

Soon I stepped out. The land was blue and pink and the shape of the rocks looked unusual. The red land was oddly quiet. I got down from the spaceship and walked further away.

There was a river that was the colour of rainbow. The grass on the ground was silver. At this moment I realised that I was being closely watched by someone. I whirled around and saw that I was being approached by an alien. I backed off.



The alien had a coat on, and his body colour was a mixture of different hues of blue. He took out a small machine. I was right on the edge of the river. The alien put the device to his mouth and spoke in clear English! I understood that the device was a translator.

He said, "Welcome to planet Xynos. How can I help you?"

I took the device from him and told him about my identity and my purpose of coming here. He said, "Well, I am happy to help you."

Oh no. I turned around and saw that an alien army was advancing upon us. We looked at each other but this time words were not needed to express our thoughts. It was time to run. We ran and ran until we were out of sight, but it wasn't long before the army got to us.

The alien said, "I'm happy to help, but they're not." He gestured to the loud, angry cries of the army. "I'm the only one who is different. But it's not their fault. Once, many years ago, creatures from different planets came and destroyed almost everything we had."

He said, "That is why they don't like visitors."

Then his expression changed. He looked as if he could cry. "Please, don't tell anyone about us," he said.

I promised him this, and we were about to run again when before we knew it the army was upon us. We fought our way through and ran for our lives. I could see the spaceship. With all the strength left in me, I jumped on board and just as the door was closing, my alien friend shouted something to me in his own language. He had lost his translator and threw a package.

I caught it and waved to him. When the spaceship had taken off, I grinned and thought, I did it!

But that was when I realised how tired I was. I slumped down on the seat and fell into a deep sleep.

It was the ringing of my alarm clock that woke me. I sat up, rubbed my eyes and sighed. It was all a dream. I freshened up and sat down at the table for breakfast when I felt something hard in my pocket.

I took it out and saw that it was the package from Xynos! I opened the package and found the magical stone that I was looking for.

I ran out of the house and stood under the great big cherry tree. There were no leaves of course but something seemed to change. I looked up and saw that rain clouds were gathering.

“Well done, Alex,” said someone.

I turned around and saw that it was the man from the panel room. He smiled at me and said, “Give me the stone, please. You have done your work well, very well indeed.”

I gave him the stone and he went away. The next thing I knew was that it was raining heavily and there were shouts of joy all around.

I knew that everything will be fine now.

I wanted to tell everyone about my discovery, but after all a promise is a promise. The alien is my friend now.

“He's trusting me,” I said to myself. “So I should trust him too.”

I smiled and skipped back home, content with my adventure.

Ridhima De

Grade V-8

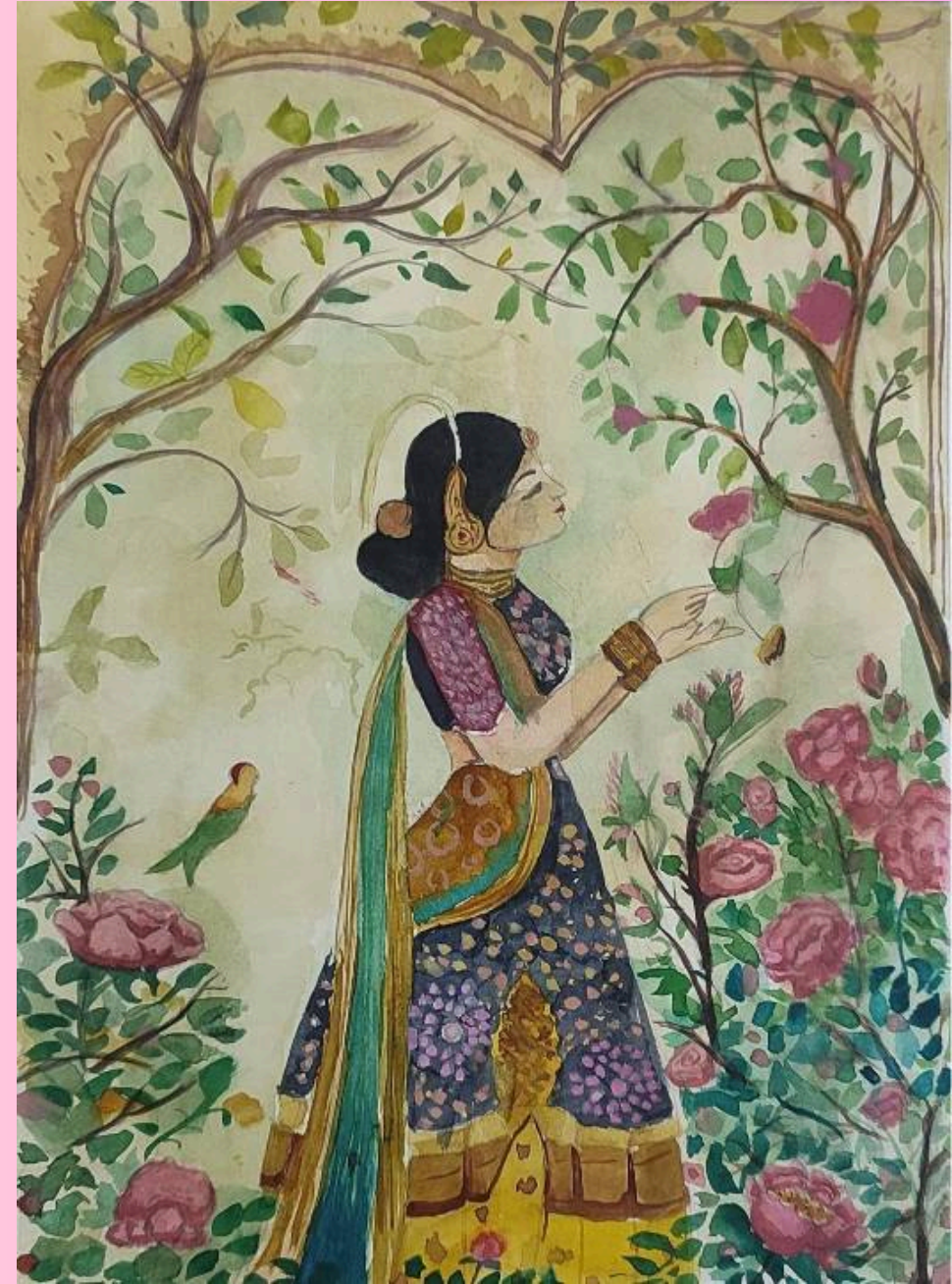




Debarjun Dutta Grade VI-17



Riyanshi Chakraborty Grade VI-15



Soham Kar Grade VII-14

Nature

Faulkner's sound and fury rented for a moment creates a lifetime, of striated sand and footsteps. When the reds coalesce into the smoke black of the streets and the inter galaxies of hardware seep into our sleep and dead senses, the starry night of green dies without sound and cutlass.



Rishiraj Chakraborty
Assistant Teacher-Secondary Wing

RESILIENT STRIDES THROUGH LIFE

Up and down the roller coaster called life,
Stabbed over and over with a sharp knife.
All important matters ending with a strife –
The story of unending emotions called life.
There are times of success and that of failures,
The later comes with a lesson of more grandeur.

Learn from them and be a self-savior,
Never backing down is a tough endeavor.
There are times when people can't walk no more,
Feeling the pain spread through their core.
Just a bit more and you will see the shore,
Which have all the answers for you in store.

There are times when people start doubting themselves,

No good ever comes out of that distress.
Give yourself a chance and start afresh,
A little more effort and then there's Success!!!
Sometimes people give in and subside,
Ending their life of sadness with no real
pride.
Wish they could have put behind those matters of strife ,
While making their way towards joy with stride.
Life is a blessing so live it with honor,
Start working hard and stop being a yawner..
Live life to the fullest, so that the day you meet death,
It feels ashamed to deprive you of your final breath.

Marium Khatun
Assistant Teacher-Primary Wing



A FERVENT PRAYER OF A TEACHER
(Dedicated to every child of the class)

You are a Gen alpha kid
You are smart and a computer whiz
You toy with Robots and mobiles
for you, the technology is no maze
But my dear, beware and remember
Along with Power comes great responsibility
As you juggle various stuff, hold on to your identity
Grow strong and steadfast in your mind and body.
Grow a compassionate heart so enormous
as your brain that challenges AI technology
Blessed are we as teachers
who hold your hands
To guide you on the path to future
We clasp our hands in silent prayer as
we see you soaring towards the stars.
as you grow wise, learn to endear and conquer
for generations may pass memories may fade
But you will always be our beloved children
who makes every classroom a happy space

Meenakshi Arun Kumar

RAIN-BANE OR BOON

Many a drop of water like a silver chain;
Coming down from the blue as rain.
Black or grey, fleece of wool flying in the sky;
Break down to cool the Earth- hot and dry.
Oceans and seas, rivers and streams;
Get it full to flow to the brim.
The drop in single is small and simple;
But in together cause everything to merge
and cripple.

Udita Pandua
Grade V-1





Anaya Parvin
Playgroup



Rakshita Singh
Toddler I B

Excerpts,From a notebook I found in a cab last evening, it was drizzling, patchy lights

#

Indrajit Roy

#

12.2.2018

" things we call real are made up of things which are not so real"

I grow bigger. Although the windows i see, shrink.hands tremble in the morning sometimes.i carry a tasbee in my left pocket .every moment , i remember the donkeys ,Balthazar, Eeyore and the donkey in Don Quixote...I keep remembering them.

The tasbee clings to my fingers.

Am I OK?Or am I slowly turning into an orchid?Some orchids never show their colours , like that, sleeping in a dungeon.A quantum room, full of sadness and laughter , which ultimately led to chaos.So deep entropy , so melody of absence of language.languaze.

22 nd Jan, 2020

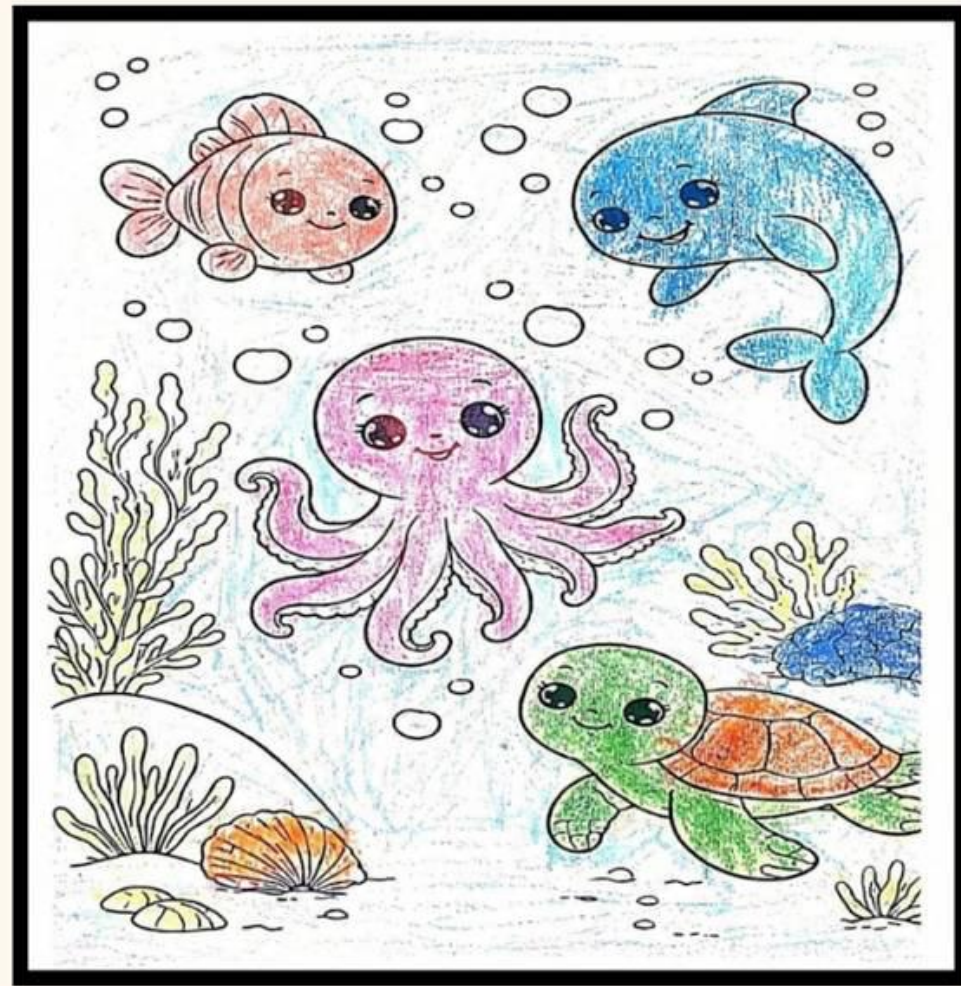
Quantum theories fill up the reels. Nobody understands them.yet, we talk about it. Donkeys recede further into the forest. I join the Eeyore club , from Winnie the Pooh.

●~□ Found a writer called J.P.Donleavy. I am grateful to him.He finally convinced me , to stop writing. His book was called " Meet my maker the mad molecule. " Donleavy s protagonist said e, ee and eee.Like that .

(I wish to call up the cab company , and return this diary.Is it real? The diary , I mean.)

Indrajit Roy
Assistant Teacher-Senior Wing





Sheik Atif Hossain
Toddler I A



Shinjini Ghosal
Toddler II E



Aniran Mitra
Toddler II C



FOUR GENERATIONS- ONE HOME

As a teacher, I have always believed that managing a classroom full of energetic students is not an easy task. But little did I know that my real training ground awaited me at home—where four generations coexist, each with its own syllabus, teaching style, and, unfortunately, no common timetable!

At the top of this “family institution” are the Baby Boomers—the strict but wise headmasters of life. Discipline is their favourite subject, and they firmly believe that life has only one correct answer (and they already know it). Their lessons begin early in the morning, often before the rest of us have even opened our eyes.

Next comes Generation X—the ever-responsible members who ensure everything runs smoothly. They juggle responsibilities like expert multitaskers, balancing work, home, and the occasional existential question: “When did life become this busy?” Their teaching method is simple—practical, direct, and usually accompanied by a reminder to “be sensible.”

Then we have the Millennials—enthusiastic but slightly overwhelmed. We believe in interactive learning and emotional well-being. We are fluent in both “old-school values” and “new-age thinking,” though we often find ourselves caught between the two.

And finally, Generation Z—the most dynamic (and unpredictable) students of this household. They bring creativity, confidence, and a language that sometimes feels like advanced coding. Their answers are quick, their attention spans quicker, and their confidence... admirable, to say the least.

Every day at home feels like a lively classroom discussion:

The Baby Boomers stress the importance of discipline.

Gen X emphasises responsibility.

Millennials advocate balance and happiness.

Gen Z questions why any of it matters if the Wi-Fi isn't working.

As a teacher, I cannot help but observe how beautifully (and chaotically) these perspectives come together. There are disagreements and healthy debates at the dinner table. Yet, beneath all the differences lies a shared lesson—adaptability.

Living with multiple generations has taught me something no textbook ever could: learning is not limited to classrooms, and wisdom is not confined to any one generation. Each generation carries its own strengths, and when we listen to one another, we create a richer, more meaningful understanding of life.

Of course, maintaining discipline in this “home classroom” is still a challenge. After all, it is quite difficult to ensure punctuality when one group wakes up before sunrise, and another believes mornings are optional!

But at the end of the day, whether in school or at home, the goal remains the same—to learn, to grow, and occasionally, to laugh at the delightful chaos around us.

And if there is one universal rule that every generation unanimously agrees upon, it is this:

When the Wi-Fi stops working, all differences disappear—and unity prevails.

**Somali Gomes
Assistant Teacher-Primary Wing**

THE MOUTHWATERING DELICACIES

Ice cream lassi - a frozen bloom,
Golgappa - a spiced crunch that makes you zoom.
Paneer ball with a golden taste so fine!
All three starters spark a tasty shine.
Paneer Satey red with fire,
Salad sings in green attire.
Masala Kulchas puff in spiced delight;
Chilli Mushroom adds to the spright.
Fried Rice dances with wok's soft hum,
Butter Paneer is ever the charm.
Mutton curry now adorns the space;
Aam chutney then leaves a golden trace.
Papad can be no more delayed!
Paan wraps dream where meals are led.
Ice cream sweet and gulab jamun too;
A perfect pair for me and you.....

Udita Pandua
Grade V-1



My Missing Trinket

Shining bright under the beaming sunlight....

Wait! Did I see it right?

Yes! Yes, I did see it clearly,

Though it's peeking barely.

Days and days I've been searching for it;

Not a single place did I miss.

Under the bed, beneath the mats-

I've certainly managed to scare away the rats!

Oh, how silly of me not to have searched here!

A place that I hold so, so dear.

My blooming, blossoming, beautiful garden,

A place that's my heart's very own warden.

Now here I stand in front of the bushes,

Admiring the lush red roses.

And to my surprise what do I find?

The very thing that hasn't for days left my mind.

Can you guess what I found hidden among the roses of spring?

Well, let me tell you- it's my wedding ring!

Sweta Mukherjee
Assistant Teacher- Primary Wing

The Mind Between Two Covers

A book does not demand attention.

**It waits with a quiet dignity,
resting on a shelf,
unmoved by the passing hours
and the restless noise of the world.**

**Within its pages lies a conversation
between minds that may never meet.**

**A writer from another time,
another land, another life,
speaks patiently to the reader who arrives.**

**Ink upon paper may appear ordinary,
yet these modest marks
hold arguments, reflections,
histories carefully remembered
and dreams carefully imagined.**

A book carries the discipline of thought.

**It teaches the mind to pause,
to weigh an idea,
to question what appears certain
and to look beyond the surface of things.**

**In an age that often favours haste,
a book insists upon patience.**

**It asks the reader to stay,
to follow a thought to its conclusion,
to allow understanding to unfold gradually.**

**There are books that record the past
with honesty and careful detail,
reminding us that every generation
stands upon the foundations
built by those before it.**

**There are books that challenge belief,
that disturb comfortable assumptions
and encourage a more thoughtful gaze
towards the world and its complexities.**

Others offer quiet companionship.

**They do not preach or command,
yet they steady the mind
during moments of doubt,
like a calm voice in a crowded room.**

**A reader who spends time with books
slowly acquires a different way of seeing.
The world becomes layered with meaning,
its events connected by threads
that once seemed invisible.**

**A book may be closed at the end,
its final page gently turned.
Yet the dialogue it begins
often continues long afterward
in reflection and quiet thought.**

**For a true book is never confined
to the paper that holds it.**

**It extends into the reader's mind,
shaping judgment, widening perspective,
and strengthening the habit of understanding.**

**In this way,
a book performs its work without spectacle.
No applause announces its influence.
Yet quietly, steadily,
it leaves the mind richer than it found it.**

**Rupsha Chowdhury
Assistant Teacher-Primary Wing**



Wamika Das
Prep B



Bikrant Merlin Maity
KG A



Ridhika Chakraborty
KG G



Souhardya Roy
Prep D



Arohi Paul
KG B

Artificial Intelligence: A Friend or a Foe in Disguise?

Artificial Intelligence, or AI, is one of the most exciting technologies of our time. It allows computers and machines to think, learn, and solve problems in ways that are similar to humans. But an important question remains—are we all using AI safely and responsibly?

Today, AI is helping us in many fields such as medicine, weather prediction, and space research. It makes our lives easier, safer, and more comfortable. Doctors use AI to detect diseases, scientists use it to study space, and people use it to find information quickly.

However, there is another side to this technology. Many people are becoming too dependent on AI. If we rely on it too much, we may stop thinking creatively and solving problems on our own. There are also concerns about privacy and the misuse of technology.

Therefore, we must take a pledge to use AI carefully and responsibly. We should never use it to invade someone's privacy or misuse technology. We must always remember that human intelligence, values, and responsibility are far greater than any machine.

“The future of AI is not in machines, but in the values of the humans who use it.”

Sumedha Chakrabarti

Assistant Teacher-Primary Wing

The Paradox Within Education

“Education is not only about shaping brilliant minds; it is about shaping better human beings.” In today’s rapidly changing world, this idea has become more relevant than ever. Schools are no longer spaces where students simply gather information and prepare for examinations. They are places where young individuals learn how to think critically, communicate effectively, and understand the world around them. In this evolving landscape, education and life skills are closely intertwined, each strengthening the other.

However, this relationship between education and life skills often creates a subtle paradox. In the pursuit of academic excellence and professional success, the importance of moral values, empathy, and social responsibility can sometimes be overshadowed. At the same time, educators are entrusted with the responsibility of nurturing qualities such as tolerance, cooperation, ethical thinking, and respect for diversity. Students must learn not only how to compete and achieve but also how to coexist, contribute to their communities, and act with integrity.

Balancing these two dimensions can occasionally lead to tension. The demands of performance-driven education may appear to conflict with the slower, reflective process of value formation and character building. Yet, the true purpose of education lies in harmonizing both aspects. When academic learning is integrated with life skills and moral understanding, students are better equipped to grow into capable professionals as well as compassionate and responsible citizens.

Perhaps the true test of education is not only seen in classrooms, degrees, or achievements, but in the choices people make when they hold power and responsibility. Sometimes we witness education in the quiet acts of individuals who build harmony, show kindness, and strengthen their communities. At other times, we are reminded—often by decisions made on a global stage—that knowledge without wisdom can disturb the delicate balance of our world. Maybe that is where the real lesson lies: education is not just about what we know, but about how wisely we choose to use it.

Nawshaba Ahmed

Assistant teacher-Primary Wing

The Diary of a Lost Pursuit

Dear Diary,

I write today with a heavy heart. I am an old companion—once cherished, much sought after in quiet afternoons and under dim lights. I am the timeless joy of storybook reading.

There was a time when children would run to me for pleasure and fun. Their fingers would trace the pages of the books with curiosity and wonder. Through me, they travelled far beyond the boundaries of their rooms. I was their passport to places unknown, their bridge to worlds unseen.

I took them to the enchanted halls of Hogwarts, where magic lingered in the air and courage born in the hearts of the young. I led them through the sugary miracle of Willy Wonka's chocolate factory, where imagination knew no limits.

They sailed with me to Treasure Island, chasing secrets buried beneath golden sands. They once stood beside me at Baker Street, London, solving mysteries hidden in the smallest details. They lost themselves in Neverland, where growing up was only a choice. Through me, they once walked into Narnia, where snow never melted and magic never faded.

Alas! Those journeys have now been replaced by endless scrolling—worlds as deep as a dark screen.

But now... I AM FORGOTTEN!!

Dust gathers where curious hands once turned the pages. Shelves that once echoed with excitement now stand still and silent. Children no longer seek me. They do not sit by the windows lost in thought, nor do they wander through the stories with sparkling eyes. Instead, they are held captive—by glowing screens and endless attractive visuals.

Ah, these mobile phones! They have become my greatest rivals. Bright, noisy, demanding—yet empty of the magic I offer. They have taken away time, imagination, and patience. Where once a child built castles in their imagination, now they merely gape at the screen and watch them built for them.

And I regret to say that their minds, once where creative ideas blossomed, are growing tired, restless and perhaps even dull. The art of imagining, of pausing, of wondering—it is fading away.

I feel abandoned.

Days pass without a single touch. Weeks go by without a single glance. I wait, hoping that the small hands will return and rediscover me. But now hope, too, feels like a fading story.

Yet, before I close today's entry, I murmur an ardent plea—not to the children, for they are already lost in the chaos—but to the elders.

Put away the headsets and turn off the screens. Let peace return to your haven -fill your rooms not with notifications, but with the gentle rustle of the turning pages. Let books reclaim their position and book reading a cherished passion.

At first, there will be reluctance and refusal. Complaints will rise, chaotic situation may follow. The children will feel restless, even disengaged. But stay patient.

Because boredom... is where I begin.

In that quiet void, I will find my way back. A child, seeking something—will reach out, perhaps in indifference, and pick up a book. And then... the M-A-G-I-C will unfold.

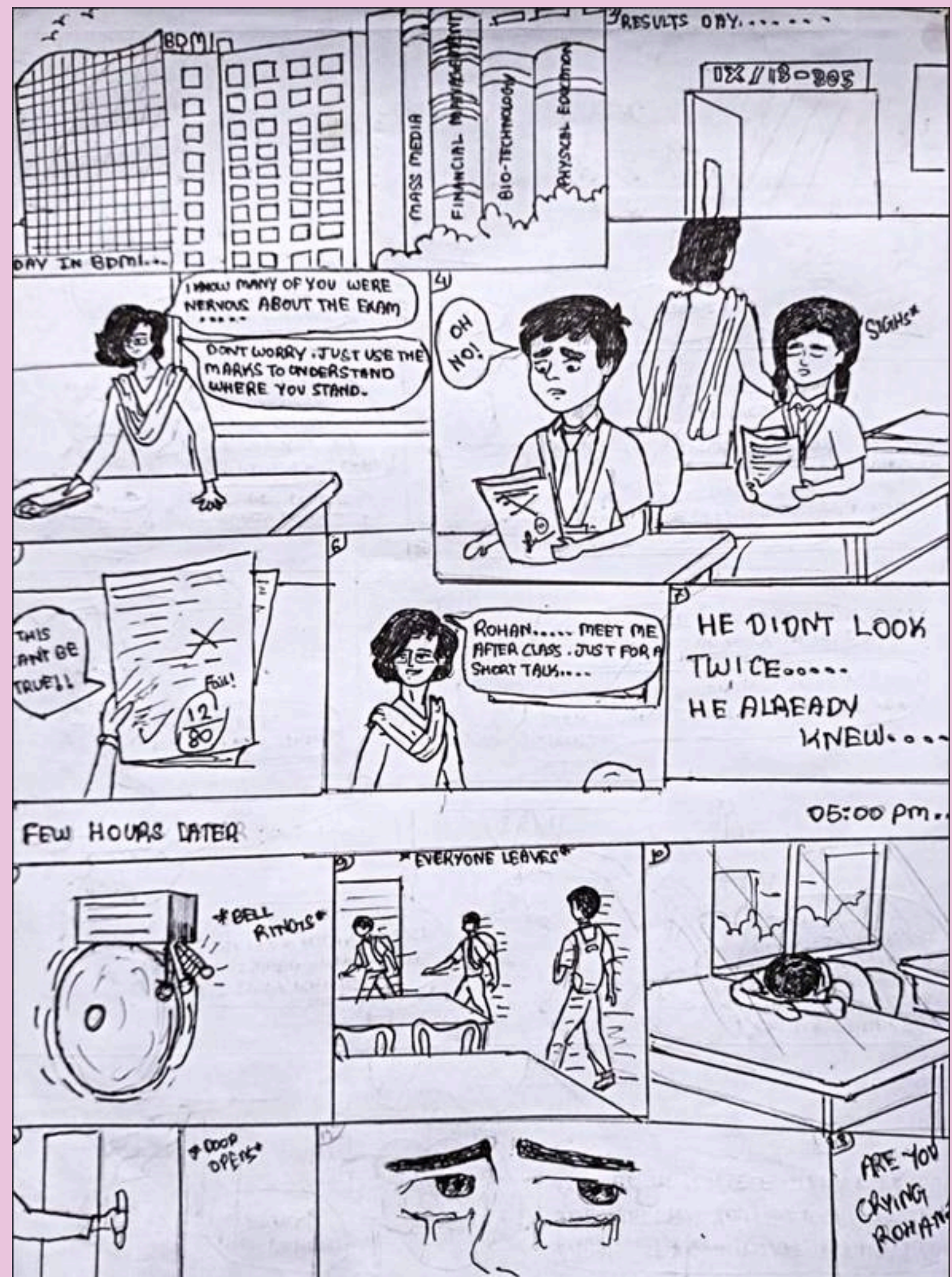
They will T-R-A-V-E-L again. They will D-R-E-A-M again. They will F-E-E-L again.

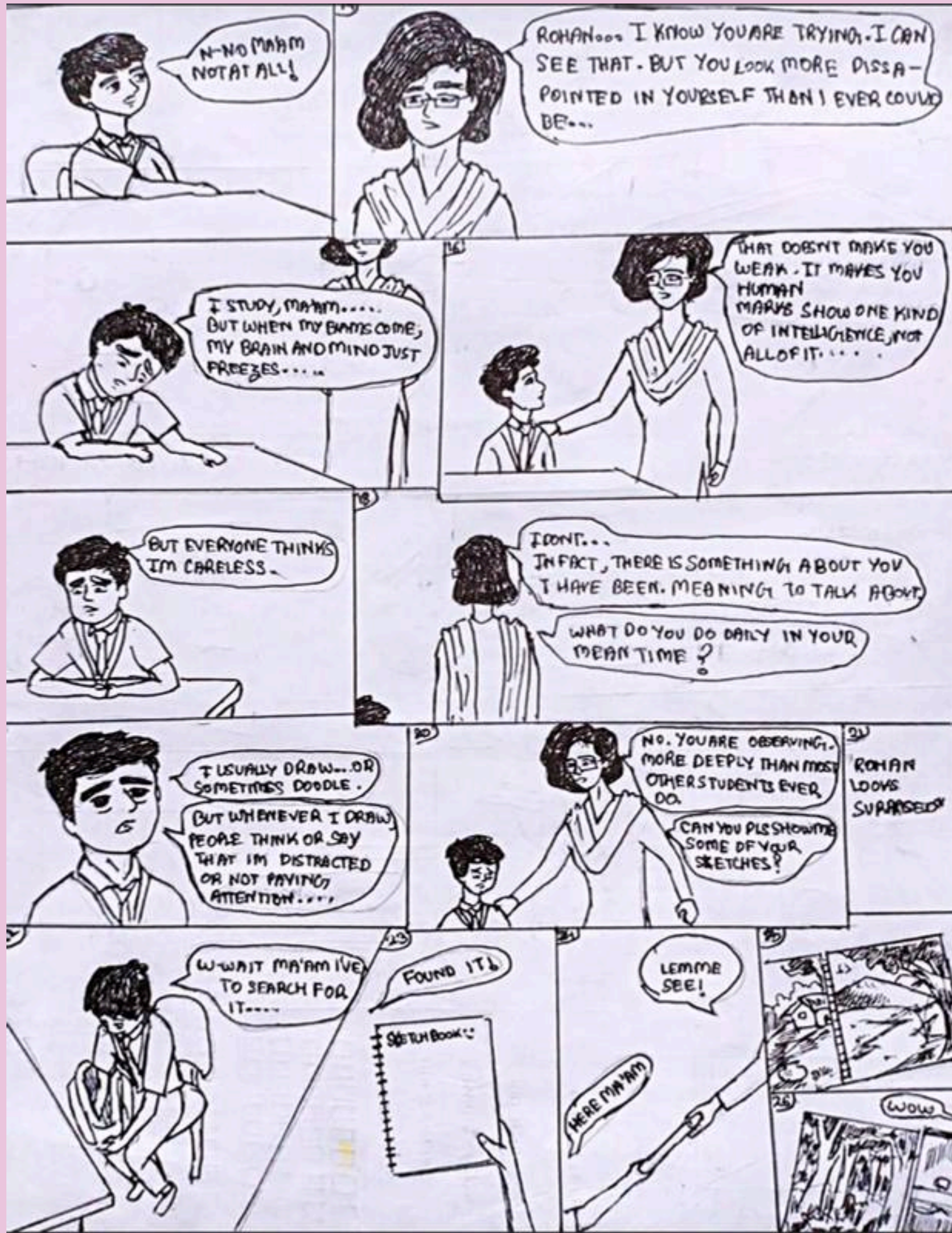
And once they rediscover me—they will never turn back. They will R-E-A-D... and R-E-A-D... and R-E-A-D.

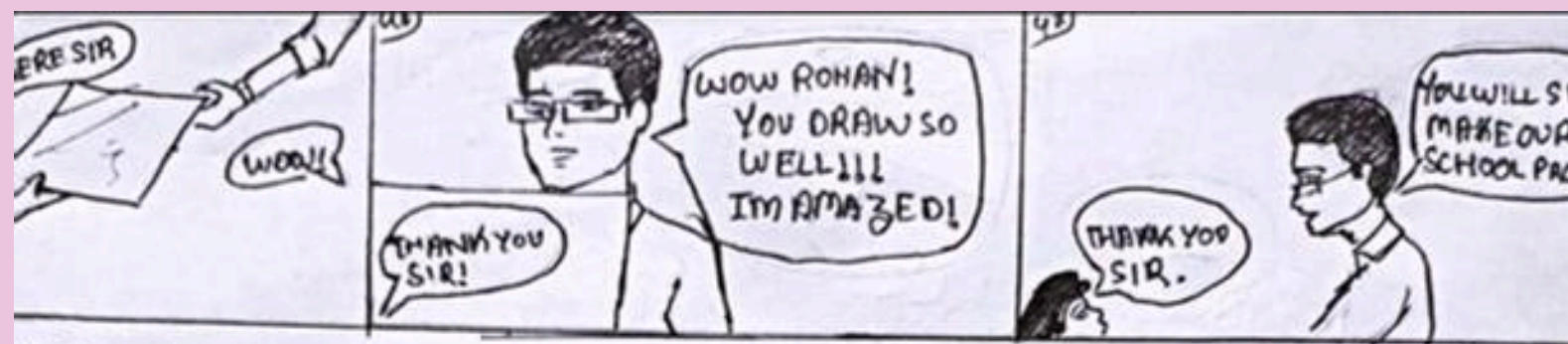
Yours,
A Lost Pursuit
(the endless joy of reading books)

Jayeeta Brahmachary
Assistant Teacher-Primary Wing

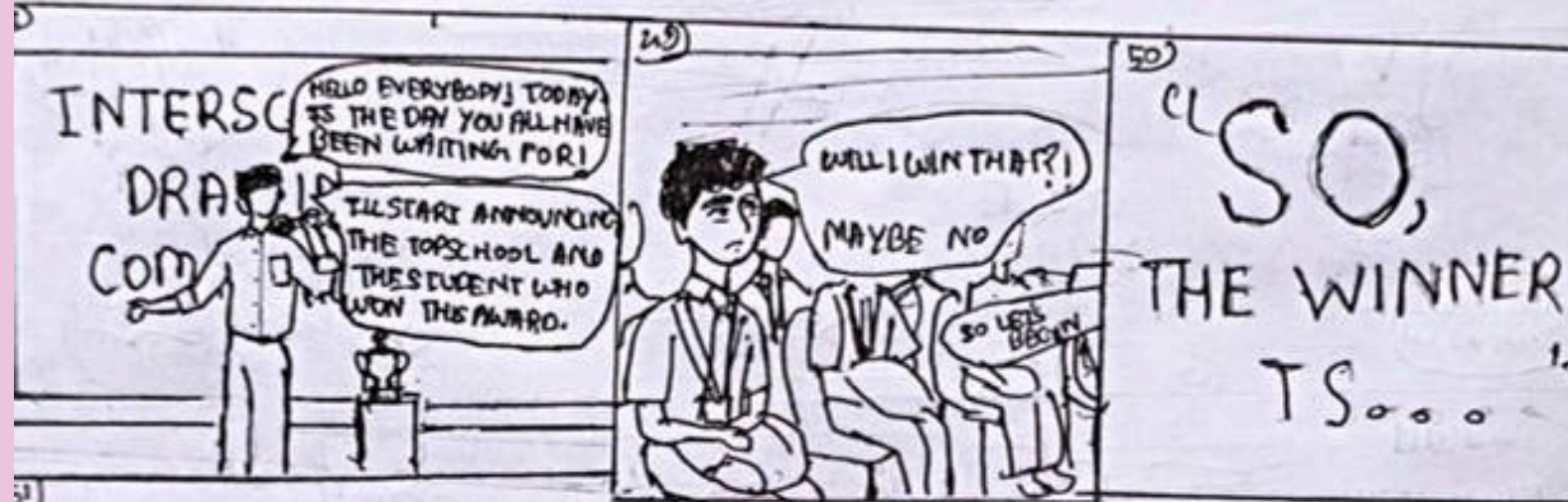
Beyond Marks







RESULTS DAY



IT WAS THE BEST MOMENT OF HIS LIFE.
IT WAS A LIVING DREAM.



"EDUCATION IS NOT DEPENDENT ON MARKS

WE NEED TO STOP JUDGING STUDENTS JUST BY THEIR GRADES. MARKS ARE JUST SOME QUICK CHECKS OF WHAT YOU REMEMBER FOR A TEST, AND IT MISSES SOME MOST IMPORTANT THINGS. IT DOESN'T SHOW HOW CREATIVE YOU ARE, HOW WELL YOU CAN SOLVE PROBLEMS, HOW YOU WORK WITH OTHERS, OR HOW YOU KEEP TRYING AFTER A MISTAKE. TRUE LEARNING IS ABOUT BEING CURIOUS, GROWING YOUR SKILLS, AND USING WHAT YOU KNOW TO DO THINGS IN THE REAL WORLD."

SINCE THEN, ROHAN IMPROVED HIMSELF BOTH IN STUDIES & HIS DRAWING.

THE

END 😊

BY-SWARNAVA KARMAR
Class - 1K/13, roll-44

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Media Speaks





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*Media coverage
by Prabhat Khabar on
4th January 2026*

प्रभात खबर

**Media
Coverage 2026**

बीडीएम इंटरनेशनल की वार्षिक स्पोर्ट्स मीट संपन्न



वार्षिक स्पोर्ट्स मीट में स्कूल की प्रिंसिपल मधुमिता सेनगुप्ता विजेता छात्रों के साथ.

कोलकाता. बीडीएम इंटरनेशनल स्कूल की वार्षिक स्पोर्ट्स मीट गीतांजलि स्टेडियम में आयोजित की गयी, जिसमें लगभग दो हजार विद्यार्थियों ने भाग लिया. इस साल का खेल महोत्सव शांति और समावेशिता थीम पर आधारित था. मुख्य अतिथि के रूप में फुटबॉलर अमित भद्र, डॉट खिलाड़ी जौली चंदा और आइआरएस ऑफिसर शहंशाह मिर्जा ने विद्यार्थियों को प्रोत्साहित किया. स्कूल की प्रिंसिपल मधुमिता सेनगुप्ता ने कहा कि खेलकूद से छात्रों का मानसिक और शारीरिक विकास होता है और वे अनुशासन सीखते हैं. कार्यक्रम में इंडस वैली वर्ल्ड स्कूल की प्रिंसिपल रेशमा भट्टाचार्य, टेक्नो इंडिया ग्रुप पब्लिक स्कूल की प्रिंसिपल तान्या सेन और बीडी मेमोरियल स्कूल की निदेशक सुमन सूद समेत अन्य गणमान्य अतिथि मौजूद थे. बीडीएम इंटरनेशनल के सीईओ एसएल गुप्ता, प्रिंसिपल और वाइस प्रिंसिपल ने स्कूल प्रबंधन कमेटी के सदस्यों ने खेल उत्सव का उद्घाटन किया. सीबीएसई स्तर पर विभिन्न खेलों में स्कूल का प्रतिनिधित्व करने वाले मेधावी विद्यार्थियों और विजेताओं को सम्मानित किया गया. मुख्य आकर्षण में 'द क्रडल ऑफ सिविलाइजेशन' ड्रिल और कक्षा छठी से 12वीं तक की विभिन्न प्रतियोगिताएं शामिल थीं, जिनमें करेज हाउस विजेता और जस्टिस हाउस रनर-अप रहा. कार्यक्रम में थैलेसीमिया के प्रति लोगों को जागरूक करने की पहल की गयी.

**Media
Speaks**

**Media
Speaks**

Thank You

