

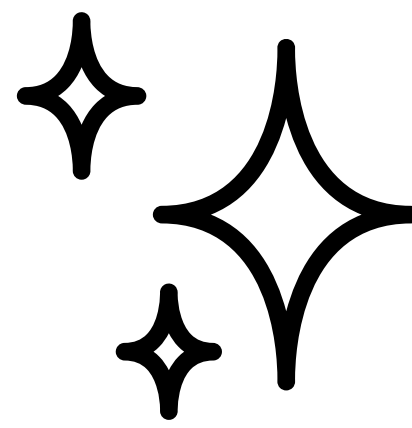
# THE GUIDE TO THE PERFECT SENSORY SPACE

**fdmt**  
créateur de  
creator of **MANIMO**®

**20**  
ANS | YEARS



# create the sensory corner of your dreams



The school and classroom fill our heads with a wealth of sensory information. Processing this information can be a challenge and impact the behaviour of your students. Offering them a sensory space is a simple solution for improving their socio-emotional behaviour and is beneficial for their cognitive development.

## What is a sensory corner?

A sensory corner is a designated area inside your classroom. It allows the child to take refuge there with complete independence. Withdrawing into this space will help them regulate their emotions and energy level in order to be more available to learn and interact with others.

The use of the sensory corner can be combined with a class routine or used accordingly to the sensory needs of each student.

## The benefits of a sensory corner

- > Improves mood management by paying particular attention to the emotions the student is feeling
- > Increases the sense of security
- > Helps reduce restlessness and apathy (lack of energy)
- > Improves attention and quality of concentration



Olfactory



Sight



Auditory



Touch



Oral



Posture



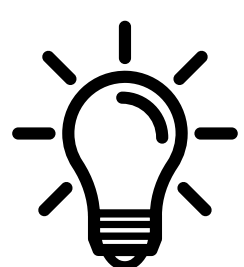
Vestibular

The vestibular system allows us to know our position in space and to orient the different areas of our body. It allows us to recognize the direction and speed of movement. It plays an important role in maintaining balance.



Proprioceptive

The proprioceptive system allows us to perceive information that comes from our muscles and joints. It plays a major role in the development of body awareness and helps define the boundary of our body. In fact, proprioception helps us to know our body well and to use it in an appropriate way in relation to the environment.



Throughout this guide, look for this icon. It will give you access to new information, tips, and tricks that will allow you to use our products to their full potential.

# GET 10% OFF ON ALL YOUR ORDERS

UNTIL DECEMBER 31<sup>ST</sup>, 2022 \*

with code

**SENS2022**

THREE EASY OPTIONS TO ORDER



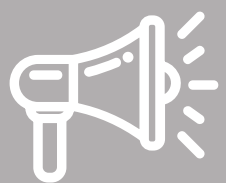
Place your order online  
at [fdmt.ca](https://fdmt.ca)



Contact us by phone at  
[1 866 465-0559](tel:18664650559)



Write us via email at  
[service@fdmt.ca](mailto:service@fdmt.ca)

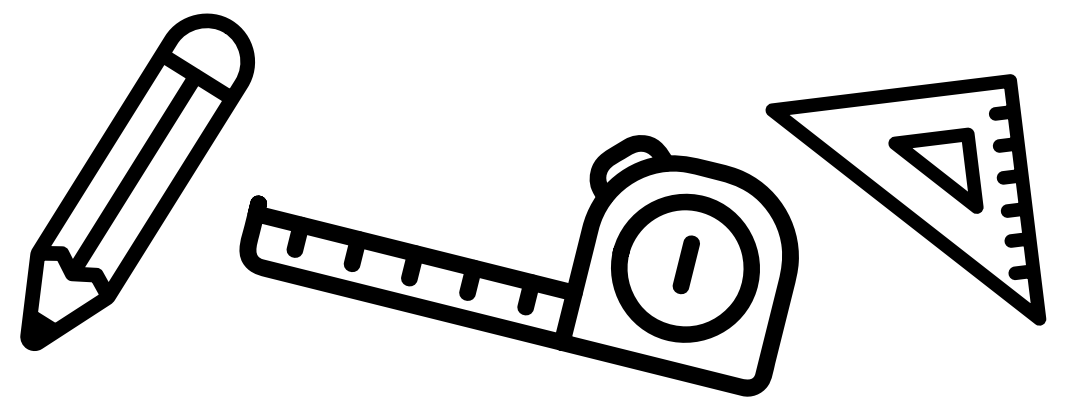


Don't forget  
mention code SENS2022 to get your discount

\* conditions apply



# define your space



Not all teachers will have the same availability of space; the sensory corner can be very small since it generally stays in a static place. Create your own warm and welcoming cocoon by revamping your reading nook or setting up a whole new space. This area, isolated from the rest of the class, must be large enough to accommodate at least one seat. Establish your space with a storage unit that will allow you to keep your sensory tools in one place. Your students will be able to select their favourite tools.

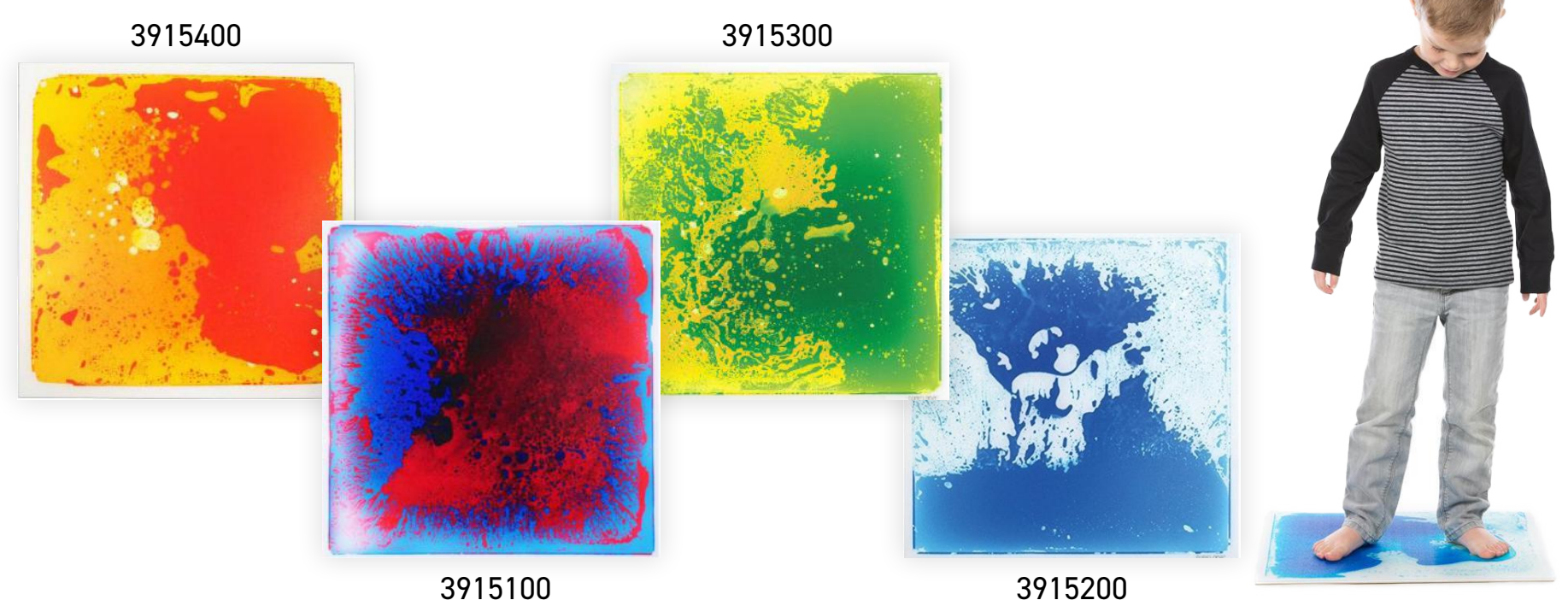


## Fatboy Collection



starting at \$128.<sup>95</sup>

Sitting, reclining or lying down, Fatboy cushions can be placed the way you want. They are made up of beads that will create a soothing pressure on your body. Our collection is available in several sizes, textures and colors that blend perfectly with the decor of your sensory space.



## Liquid Tiles



starting at \$64.<sup>95</sup>

Liquid tiles are the perfect tool to help you define your space. With them, your students will associate the tiles with quiet times. The liquid will move according to the pressure exerted by your feet or hands - wait and admire the mixture of colours that are revealed. Also use this versatile tool to facilitate transition periods and a return to calm.



Sand timers with specific times are a great alternative to regular timers.

starting at \$18,<sup>95</sup>



0762-KIT



4078300



4078200



4078100



3064000



2519000

### Time Timer



starting at \$37,<sup>95</sup>

Time can fly by sometimes! Have a timer so that your students can easily visualize the time allocated to the sensory corner. We suggest that these very precious moments be at least 15 minutes long to fully enjoy all of the benefits. The hardest part will probably be choosing your favourite model from all the options available to you!



3181100

starting at \$41,<sup>95</sup>



4127100



4127200

### Ray-Lax Chair



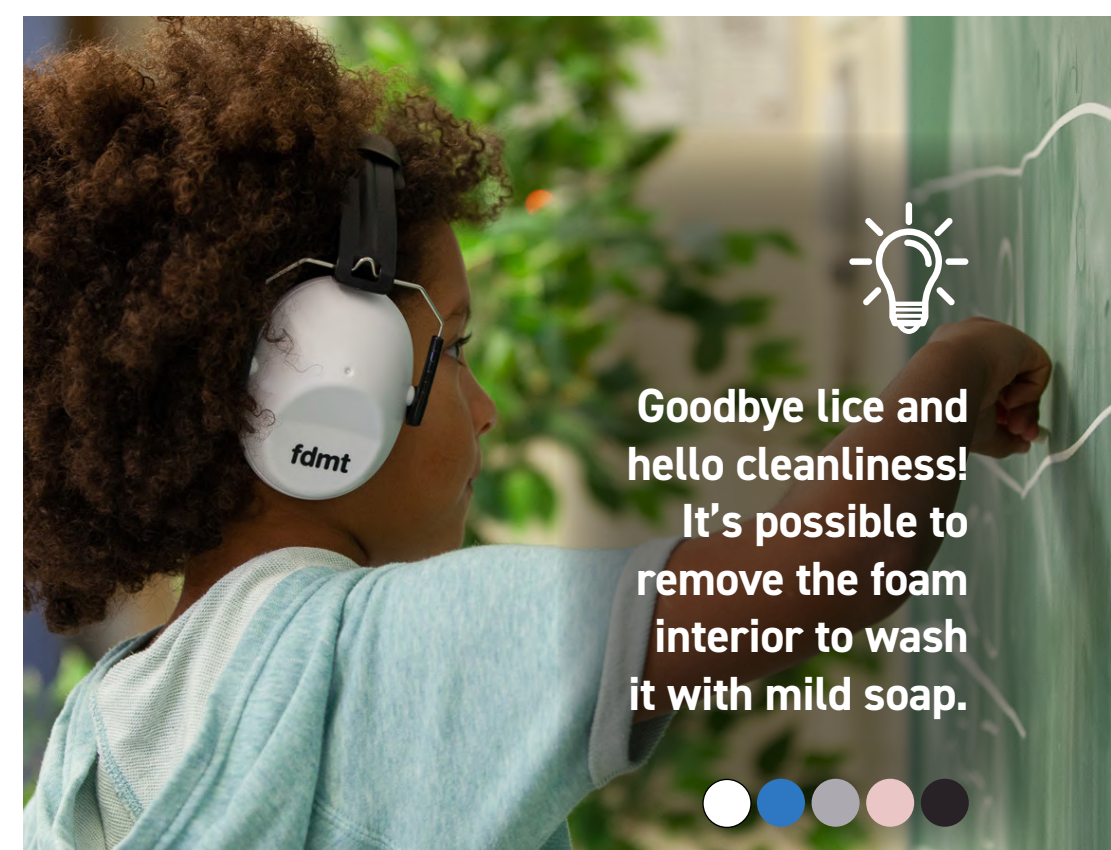
Sitting on the ground allows a break from distractions in order to refocus more quickly. Sit in the classic way; turn the chair sideways to sit in the frame - this position will allow you to swing, or turn the seat horizontally and opt for the lying position.

### Portable Work Surface



\$17,<sup>95</sup>

This stackable work surface is perfect for using hands-on tools without making a mess. Structure the sensory time by filling the two containers with different tools.



Goodbye lice and hello cleanliness! It's possible to remove the foam interior to wash it with mild soap.



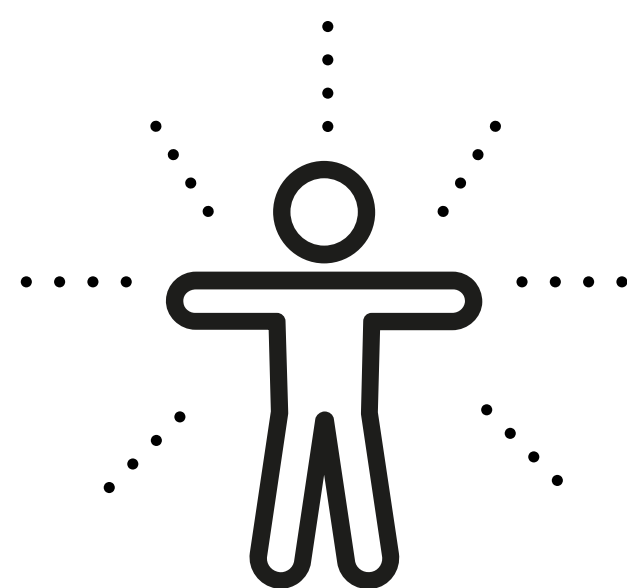
### fdmt Earmuffs



4063500  
\$38,<sup>95</sup>

These earmuffs are known to lessen loud and harmful noises. They will allow your students to take full advantage of their sensory break. If your space is not well isolated from the rest of the class, earmuffs will be essential.

# meet your students' sensory needs



Once the space is chosen, then comes the most exciting part: filling it! Opt for a variety of products that together will stimulate all the senses. Once each of the senses has been represented, it will be your students' turn to choose the products they prefer and identify when they like to use them. Once the sensory tools are known, they'll be able to take advantage of this sensory break in complete autonomy. Let your sensory corner evolve over time and according to the children's needs.



240400



**Shake it!**  
Create a storm inside your sensory maze and watch it calm down along with your emotions.

\$7.95

## Sensory Dual Colour Liquid



This visual tool that can be manipulated allows the child to become familiar with the principle of action reaction. Swing it side to side or wiggle it around and watch the colours blend together.



4103000

4104000

starting at \$39.95

## Sensory Tubes



Watch the waves of colours move in all directions as the tube moves in your hands. The fidget tube format offers four movements that are sure to captivate the eye. Perfect tools to visually stimulate the child and give them the time they need to regulate their emotions themselves.

## Sensory Mood Cube



2838000  
starting at \$209.95

This luminous cube will create a warm, enveloping and relaxing atmosphere. It lights up in a multitude of colours, changing the atmosphere with a click. This cube-shaped visual experience can also be used as a seat.



For optimal stimulation, combine two different visual effects. A good example would be the lava lamp and the Vortex lamp, which offers two opposing movements.



## Lamps



starting at \$21.<sup>95</sup>

Enter this luminous universe where each lamp provides an enveloping visual effect. Each more captivating than the next, your students will return to calm by paying attention to the different light effects. Explore our many designs for a variety of visual stimulation; up and down movements, left and right, faster or slower.

1. plasma - 4136000 | 2. jellyfish - 4130000 | 3. lava - 4154000 | 4. tornado - 4151000 | 5. fiber optic - 240802 | 6. moon - 3326000 | 7. original lava - 2996210 | 8. vortex - 3587200 | 9. mood glitter - 4152000 | 10. volcano - 3587100



4103000

\$29.<sup>95</sup>

### Floof Bucket



This malleable clay is soft and smells divine. You'll feel like you've picked up a piece of cloud! With a little creativity you'll be relaxed, working wonders using only your two hands.



4134300

4134200

4134500

\$11.<sup>95</sup>

### Scensory Putty



Familiarize yourself with the different smells of our coloured, scented putty. During manipulation, you'll touch the many particles that it's made up of and gives it a unique texture. Let it expand and smell its captivating scent.



3013200

\$27.<sup>95</sup>

### Free Play Magnatab



Combine creativity and auditory stimulation. Let your imagination run wild and pay attention to the sound produced each time the magnetic pen touches the board. Erase the board with your fingertips and make another masterpiece.



257400

\$109.<sup>95</sup>

### Playfoam Classroom Set



This manipulative foam offers a unique texture that won't leave you feeling indifferent. You'll have the feeling of playing with a square of puffed rice. Its format, designed for the class, won't make anyone jealous - everyone will be able to have their own piece.



4073000

\$26.<sup>95</sup>

### Giant Stress Ball



It has the same purpose as the classic stress balls, but it's in a gigantic format! You can handle it with two hands to release your emotions twice as fast. Discover the different textures: holey, smooth or irregular.



3719100

3881100

3880200

3723100



**Did you know?**  
Some chews are also a very nice manipulation tool thanks to their different textures.

starting at \$3.<sup>95</sup>

### Chewelry



These tools can become a chewer's best friend! One thing is certain - they allow a child to regain a sense of calm and self-regulate wonderfully during more stressful periods. Available in several formats - in particular, attached to a necklace or as a decoration at the end of a pencil.



1967

\$69.<sup>95</sup>

### Fidget Kit



Starting your sensory corner? We have the perfect set for you! Get started with this hands-on set that gives you nothing less than 13 different sensory objects, all at a low cost.



4157000



0864100



1320



4160000

0861

starting at \$6.<sup>95</sup>


### Tangle Collection



Tangles are a great manipulation tool, ideal for calming down. It's possible to turn and detach the pieces that it's made of. Have fun exploring all the models, funny textures, and flamboyant colours.





Put the eggcizer in the microwave or freezer to explore different sensations. 



0213-KIT

### Eggercizer

starting at \$14.95

A stress ball like no other. Its egg shape will fit perfectly into your students' little hands in order to release their emotions.

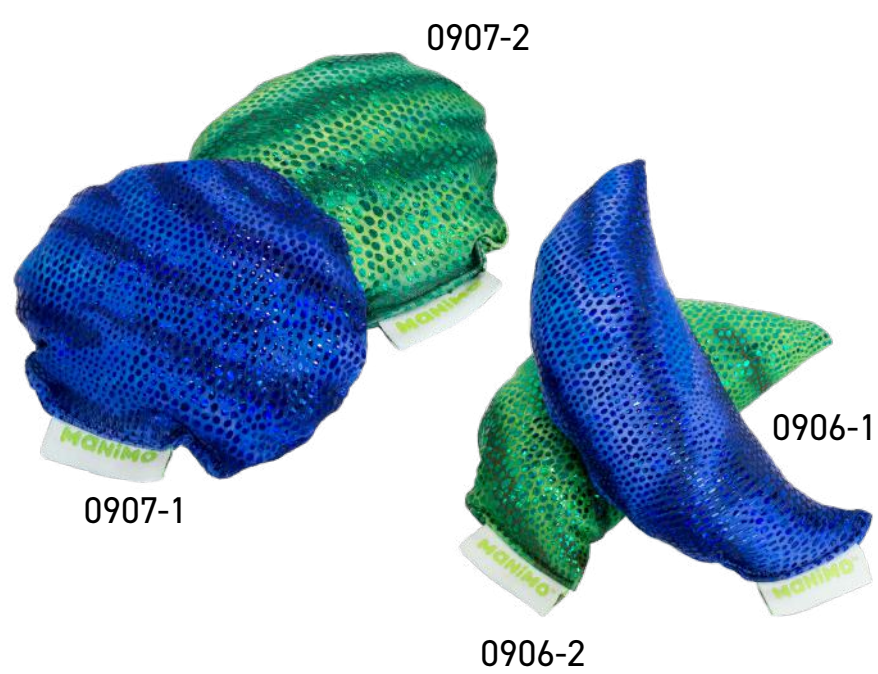


0301-PKIT

### REP Putty

starting at \$9.95

Each colour of this malleable putty is associated with a different resistance strength. Have fun hiding small objects in there like marbles, and then releasing them.



0907-1

0907-2

0906-1

0906-2

\$8.95

### Full and Half Moon Sress Balls

You'll love our manimo balls - it's like a sample of your favourite comforting plush. Made of plastic micro-beads, handling their pleasant texture will soothe you.



### Weighted Lap Pad and Shoulder Wrap +

0873-P et 0378-1 starting at \$44.95

Our weighted lap pad and shoulder wrap provide a soothing sensation through deep pressure. They are an essential tool for the return to calm. Choose from our two models, the one for the thighs will allow you to manipulate the beads that compose it for a maximum of comfort. Not to mention the shoulder wrap that you can place on your neck while the magic happens!



### Comfy Peapod + +

Inflate the sensory canoe in two steps. The child will gently sway thanks to the inflated bottom of the boat. The pressure exerted on the body will hasten his return to calm. It also allows a child to properly locate their body in space.

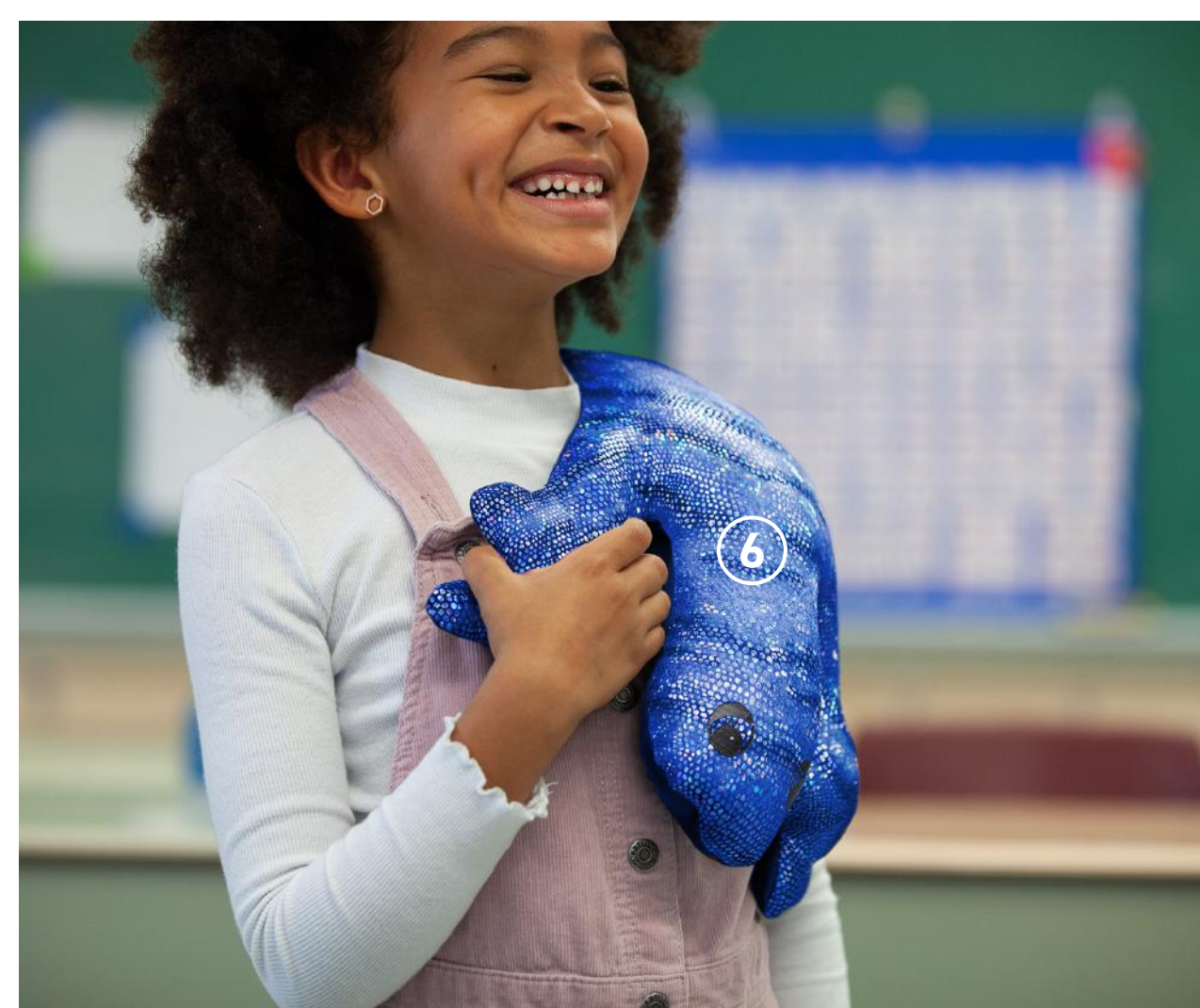
4097200 \$144.95



### fdmt Balance Cushion + +

Since you already use the famous balance cushion, think outside the box and try different positions. For example, put it on the floor in your sensory corner and sit on it. Lean against the wall, place it between your shoulder blades and wobble your shoulders from left to right, or stand on it.

3916000 \$37.95



## manimo, The Weighted Companion



starting at \$42.<sup>95</sup>

We are all exposed to a multitude of stimuli. Some manage them well, while for others it takes more effort. The manimo will accompany you both during anxiety-provoking situations and in relaxing moments. The weight of manimo soothes, comforts and will allow you to better feel your body in space. This results in a greater ability to concentrate and promotes the regulation of behavior and emotions.

1. turtle - 3011-1 | 2. cat - 3012-2 | 3. dog - 3013-1 | 4. snake - 0222-21 | 5. frog - 0198-2 | 6. lizard - 0185-1 | 7. snake - 0222-12



0001-G

starting at \$41.<sup>95</sup>

### Ghosts



Ghosts help to situate the body in space. In a sensory corner, you can put it on leaving the head outside, which will create the effect of a bubble. Select a manipulation tool and you're done. The bubble effect will allow the child to complete their sensory break by limiting distractions.



### Pedal Exerciser



3533100  
starting at \$69.<sup>95</sup>

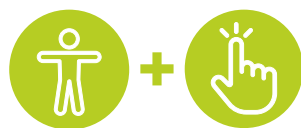
Pedal for better relaxation! The crankset can be pedaled with the feet as well as the hands. Sit comfortably and let's go! The continuous movement will help with your students' self-regulation.



3527300

starting at \$35.<sup>95</sup>

### Hexagon Gel Pad



Place the cushion on your thighs and have fun wiggling the gel inside. Enjoy a two-in-one sensory input: proprioception and touch. It's available in a variety of weights for deeper soothing.



236904

starting at \$39.<sup>95</sup>

### Vibrating Cushion



For a guaranteed rest and relaxation session, place the cushion behind your back or even under your feet. Give it a big hug in order to receive all the benefits created from these vibrations.



3563400

\$234.<sup>95</sup>

### Cuddle Swing



Are you lucky enough to have the space to be able to hang the Nest-Hammock? This is the item that was missing from your sensory corner. In this small tent, the student will be completely isolated. They'll be able to return to calm without being disturbed by the rest of the class' movement.



2715610

2715600

2715530

2715220

2715310

2715110



3735110

starting at \$74.<sup>95</sup>

### Dynamic Seatings



Yes, yes! Dynamic seating in a sensory corner. They are perfect for spending excess energy without visually disturbing the class. Swing from left to right thanks to the air movement of the ErgoErgo seat. Or, bounce to your heart's content on one of our Kore stools.



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**20**  
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