

BARNSTAPLE ATHLETIC



31st January 2026

Kick off 2pm

Vs St Ives (sw)

Luke Knight
150th appearance

Josh Hill
100th appearance

Kyran McManus
100th appearance



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WELCOME TO **POTTINGTON ROAD**

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Good afternoon, everyone, and a very warm North Devon welcome to Pottington Road! After more than a month away, it's fantastic to see Barnstaple Athletic back on the main pitch for what promises to be a truly captivating Counties 1 Tribute Western West encounter.

We are absolutely delighted to extend a special, hearty welcome to our guests today, St. Ives(SW)! To their players, dedicated coaching staff, committee members, and all their travelling supporters—thank you for making the journey. We hope you enjoy your time with us here in Barnstaple and wish you a safe trip home later.

Two Centuries and a Century and a half in Red & White: Celebrating Kyran McManus, Josh Hill and Luke Knight

Today, we turn the spotlight on three of our own to celebrate a truly fantastic club milestone: Kyran McManus's 100th appearance for Barnstaple which began began 9 years ago, making his debut with the Chiefs on October 21st, 2017, in a 15-6 victory against London Irish Wild Geese

Josh Hill also celebrate his centenary with his first game at the beginning of the 2019 season at Cullompton. As for Luke Knight well he has been a picture of consistency notching up a



century and a half following his first appearance for Barnstaple against Crediton in 2015

This milestone is about more than a number. It's a testament to resilience, dedication, and a profound love for the club. Each of those caps these players earned represents hard work, team spirit, and a unwavering commitment to the badge.

On behalf of everyone at Barnstaple Rugby Club—players, coaches, staff, and supporters—we say a massive Congratulations, Kyran, Josh and Luke! Well done on this incredible achievement. Here's to the next tackle, the next carry, and to **many, many more appearances to come!

It has been too long since Athletic last graced our main pitch, especially with last weekend's match against Newton Abbot cancelled due to the pitch conditions, with their recent home fixtures coinciding with Chiefs matches. That absence hasn't helped their cause, as they come into today without a win in their last four outings—agonisingly losing three of those by three points or less, and a fortnight ago battling to a draw on the less forgiving second pitch.

Today, however, offers Athletic the perfect opportunity to right those wrongs. Stepping out onto the main stage, they are ready to reignite their season, especially with the prestigious Devon Intermediate Cup Final against Okehampton here on February 7th looming on the horizon.



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Today's opponents, St Ives (sw), arrive ahead of Athletic in 5th place, a mere seven points separating the sides.

The visitors have seven wins to Athletic's four, but their recent form has also been patchy, with just two wins in five. Notably, St. Ives has just one win on the road this season—a statistic that will give Athletic genuine belief as they seek to get their campaign back on track.

Athletic are yet to meet St Ives this season however last season Athletic did the double over the visitors winning 56-3 here at Pottington Road and 12-38 at St. Ives. That said, now is the moment for this side to rediscover how to close games out. The memory of the recent home draw with Torquay—where a commanding 17-0 lead was squandered to finish 17-17—will still be fresh, and today presents the chance to apply those hard-learned lessons.

This is a crucial fixture for both clubs. In a tightly packed middle half of the table, just eight points separate 4th from 8th place, meaning every point is precious. Both teams will be desperate to establish a stronger footing and build momentum for the run-in. So, let's pack the stands, raise the volume.

Athletic's next game is of course the Devon Intermediate Cup Final against Regional 2's Okehampton here at Pottington Road. Kick off is 2pm and we have a cup final carvery on offer for just £13.50. Lets pack out Pottington next weekend bring friends family and even that stranger you passed on the way to the ground and get Pottington Road rockling on 7th February.



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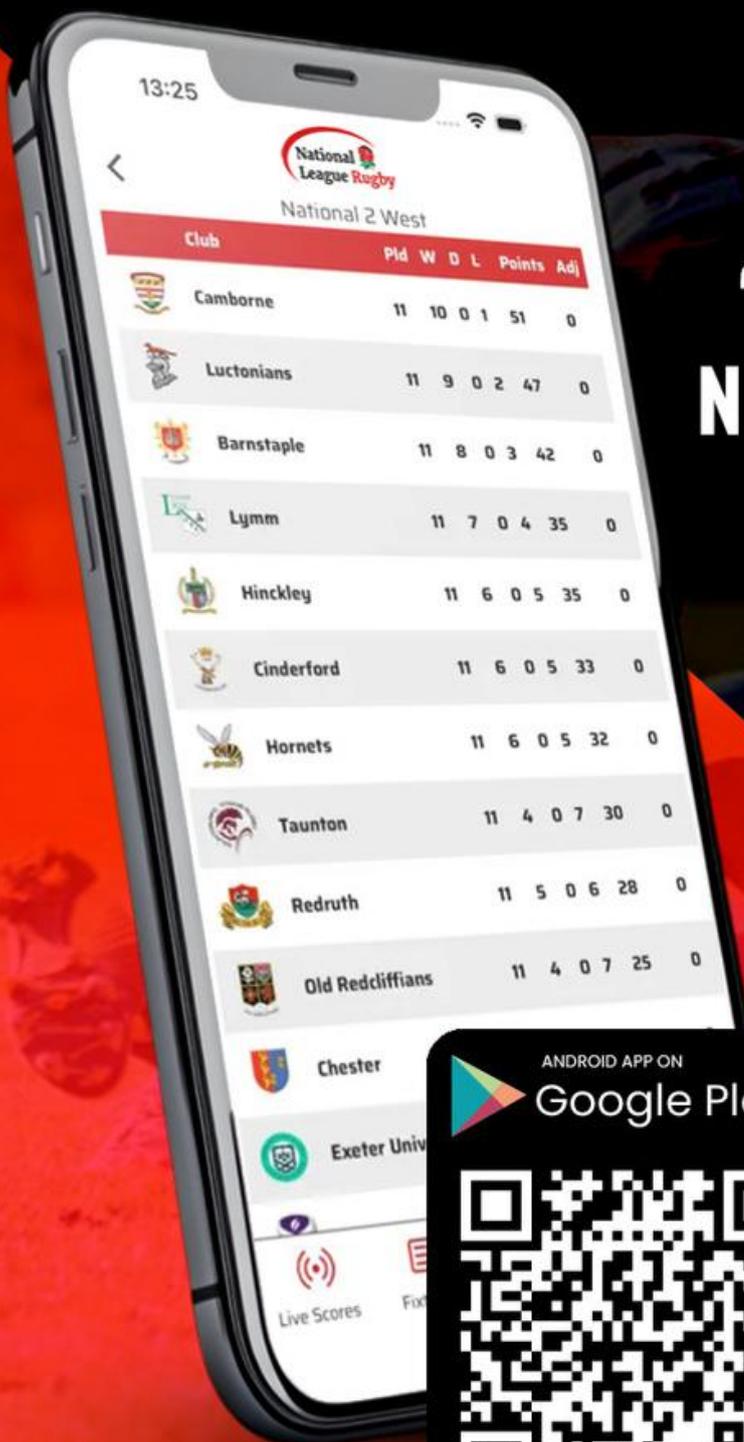
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Barnstaple Chiefs Show Fight in Defeat: Depleted Squad Secures Vital Bonus Point at Hinckley



A depleted and reeling Barnstaple Chiefs travelled to seventh-placed Hinckley last weekend, carrying the scars of a last-gasp defeat to Taunton and a growing injury list that included several key players. The task was daunting: to face a side whose only home loss this season came at the hands of league leaders Camborne. Yet, bolstered by new faces and the familiar presence of club legend Ben Hilton, the Chiefs drew inspiration from their 52-29 demolition of Hinckley back in October, heading to Leicester with a determined desire to salvage something from the game.

A Spirited First-Half Performance

True to recent form, the Chiefs started slowly, conceding a try within the first minute. However, the response was immediate and spirited. On the 15-minute mark, Cameron Grizzle-Johnson pounced on a wayward Hinckley pass, hacked the ball ahead, and used his searing pace to win the race, collecting the ball to score under the posts. Jake Murphy's conversion the first of three on the day, leveled the score at 7-7.

The Chiefs' confidence soared. Just seven minutes later, a powerful maul set the platform for Jake Murphy to produce a moment of genius, chipping deftly over the defence for Ryan Lee

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From all the hospice team - here's to a fantastic season

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to catch and dive over from close range. Against the odds, Barnstaple led 12-7. Hinckley struck back, but the Chiefs hit again before the break. Ben Parson intercepted a pass inside his own 22 and, emulating Cameron, outpaced the chasing pack for a spectacular long-range try. Despite a Hinckley score on halftime, the sides turned around level at 19-19—a testament to an exceptional Chiefs half.

Second-Half Surge Proves Too Much

The second period, however, belonged to the home side. Hinckley's pressure told as they ran in four unanswered tries, building a commanding 41-19 lead and threatening to blow the score wide open.

Yet, the Chiefs, having travelled so far, refused to capitulate. In a display of immense pride, they rallied in the final five minutes. After a series of pick-and-go drives, Bertie Stretch powered over from close range. Then, youngester Jack Barrow, making only his second appearance for the first team, finished a superb multi-phase move, slicing through two defenders after a short pass from Jake Murphy to score in the corner.

Positives for the Future Amidst a Tough Run

The two late tries secured a precious four-try bonus point—a vital consolation from a game where many would have written off the heavily depleted squad. The performances of new youngsters Max Moore and Jake Sparrow, who both delivered exceptionally, point to an encouraging future for the club.

Nevertheless, the 41-33 defeat marks the Chiefs' fourth loss in five games. The challenge intensifies next weekend with a trip

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to Cinderford, a side Barnstaple only beat in the final seconds at Pottington Road and one with a strong home record, having lost only to Camborne and Taunton.

Added to this is more Chiefs injury woes as it is now looks like captain Brandon Moore is out for the rest of the season with a blood clot and Bertie Strerch is also unavailable.

However, if the Chiefs can harness the intensity and ambition of their first-half display at Hinckley and sustain it for the full eighty minutes, they will travel with genuine hope of securing their first win of 2026.

They thankfully have a week off next week and a chance for some battered bodies to try and repair



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[Barnstaple Chiefs v Taunton](#)



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A Tale of Two Halves: Barnstaple Athletic Let Slip Commanding Lead in Last-Second Heartbreaker



Barnstaple Athletic were left to endure a hauntingly familiar nightmare a fortnight ago, surrendering a dominant 17-0 half-time advantage to a resilient Torquay side, who snatched a 17-17 draw with the final play of the game—a devastating script that has become all too common for the Athletic faithful this season.

The first half was a masterclass in control and execution. From the opening whistle, Athletic played with an intensity and precision that Torquay simply couldn't match. The forwards laid a formidable platform, and the backs capitalised with ruthless efficiency. A blistering opening twenty minutes saw tries from Max Campbell, Max Moore, and Josh Hill, with Kyran McManus adding the extras on the third. At 17-0, Athletic didn't just lead; they had comprehensively dismantled their opponents, heading into the break with the game seemingly in the bag.

However, the second half unfolded as a painful echo of recent weeks, exposing a critical vulnerability in closing out matches. The fluidity and aggression that defined the first 40 minutes evaporated. Torquay, with their pride stung, grew in belief as Athletic's play became increasingly passive and error-prone. The visitors gradually wrestled away momentum, crossing for two tries to claw their way back to within a single score.

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As the clock ticked into the final minute with Athletic clinging to a precarious 17-12 lead, the spectre of previous collapses loomed large. And, in a moment of crushing déjà vu, it materialised. Torquay launched one last desperate assault, and with the final play of the contest, they breached the exhausted Athletic defence to score. The subsequent missed conversion offered only the coldest of comforts, sparing Athletic a total defeat but doing little to soothe the sting of another opportunity catastrophically squandered.

The result leaves more than just two points on the table; it leaves profound psychological questions. While the first-half performance proved the squad's undeniable quality and attacking potency, the second-half capitulation revealed a troubling pattern of game management and defensive resilience under pressure. For Athletic transforming commanding positions into secure victories is the non-negotiable next step.

The challenge for Athletic now is to convert this bitter frustration into a decisive lesson. They must learn to marry their undoubted attacking flair with the ruthless, game-killing mentality of champions. Until they solve this second-half puzzle, they risk seeing a promising season defined by near misses and last-gasp heartbreak.

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Buccaneers and Colts See Return Scuppered, Forced to Endure Further Frustration.



The hope of a long-awaited return to competitive rugby has been cruelly deferred for both the Buccaneers and the Colts, as factors entirely beyond their control forced another weekend of inactivity after their mammoth break.

Eager to restart their campaigns following a frustrating month on the sidelines, both teams saw their plans thwarted at the eleventh hour. The Buccaneers' scheduled trip to Exmouth was called off due to a waterlogged pitch, while the Colts are also left high and dry without a fixture.

This latest disruption compounds the challenge of regaining match sharpness and momentum, leaving players and coaching staff alike grappling with renewed frustration. The extended layoff now stretches even further, testing squad morale and fitness as they strive to recapture their competitive edge.

Attention now turns to next weekend with cautious optimism. The Buccaneers are at home to Honiton II for a crucial Merit Table clash. Meanwhile, the Colts will look to finally get back on the pitch as they travel to Ivybridge for another friendly fixture.

The club will be fervently hoping that the weather and circumstances align to allow both sides to finally put their extended hiatus behind them and restart their seasons in earnest.

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Barnstaple Athletic

vs

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BARNSTAPLE RUGBY CLUB POTTINGTON ROAD

Counties 1 Tribute Ale Western West

Stats definitions



#	TEAM	P	W	D	L	PF	PA	+/-	TB	LB	Pts
1	 Wiveliscombe	12	11	0	1	402	243	159	8	1	53
2	 Paignton	13	9	0	4	485	338	147	11	1	48
3	 Kingsbridge	12	8	0	4	297	286	11	7	1	40
4	 Truro	13	7	1	5	308	324	-16	9	0	39
5	 St Ives (SW)	12	7	0	5	339	251	88	9	1	38
6	 Redruth II	12	7	0	5	338	397	-59	9	1	38
7	 Newton Abbot	13	6	0	7	343	415	-72	8	2	34
8	 Barnstaple II	12	4	2	6	301	302	-1	7	4	31
9	 Torquay Athletic	13	5	1	7	310	318	-8	5	2	29
10	 Plymstock Oaks	14	5	0	9	349	485	-136	7	1	28
11	 Saltash	12	2	0	10	280	329	-49	6	7	21
12	 Penryn	12	2	0	10	273	337	-64	5	6	19