

Event Program

SCHOOL sport

2023



5Rs response to concussion

The 5Rs is an easy to remember concussion management strategy to support the health and wellbeing of students of all ages.

Parents and carers can use the 5Rs to support the response to a suspected concussion.



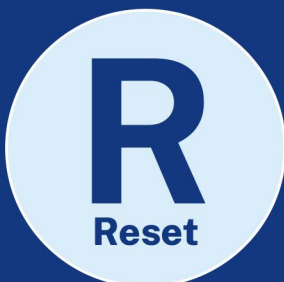
Concussion is defined as “a form of mild-traumatic brain injury that occurs as a result of a direct impact to the head or the body that causes transmission of forces to the head and brain”. Early recognition is the key to successfully responding to and managing a concussion. Signs and symptoms may not show up until 24-48 hours after the head injury.



To protect the health and wellbeing of the competitor, medical advice states that the competitor is removed from play and monitored for signs and symptoms. The signs of concussion include: appearing dazed or stunned, repeating questions, confusion, drowsiness, headache, blurred vision, nausea, loss of balance or just does not seem right.



Any signs or symptoms should be assessed by a doctor. It is important that signs and symptoms are recorded. Doctors will need to know when each sign or symptom was noticed, how long it lasted and whether the sign or symptom was mild or severe.



Medical advice states that anyone who suffers a concussion needs complete physical and cognitive rest for at least 24-48 hours. This includes a break from exercise, use of computer screens, video games or study. Time away from school and sports should follow doctor's advice.



A gradual and staged return to school and sporting activities should be planned by the young person's doctor. This plan should be shared and followed by parents, carers, school staff and coaches.

NSW Combined High Schools
Sports Association

106th Annual Swimming Championships



Est. 1889

Sydney Olympic Park Aquatic Centre

Wednesday 3 May 2023 – Friday 5 May 2023

New South Wales Combined High School Sports Association in conjunction with
the NSW Department of Education School Sport Unit



<https://app.education.nsw.gov.au/sport/>

Welcome message from Craig Stevens

Swimming Olympian and medallist
World championship swimmer and medallist
Commonwealth games swimmer and medallist
NSWPSSA swimming representative
NSWCHSSA swimming representative
NSWCHSSA blue award (swimming 1998)
Bonnet Bay and Loftus Public School
The Jannali and Endeavour Sports High School



Welcome to the 2023 New South Wales Combined High Schools Swimming Championships.

It was such a great experience for me growing up and participating in swimming championships offered in the public school system. School sport offered so many opportunities for myself and gave me so much motivation to perform both in and out of school.

Throughout my primary schooling I did well and reached the state championships winning medals. In high school my competitive swimming outside of school competition suffered and I was thinking whether or not to continue.

When I was 16 I was able to win a medal in the 800metres at the NSWCHSSA championships and that was a massive boost for me. It was the start of a new chapter in my swimming career. It pushed me to new levels. In year 11 and year 12 I was able to make it through to NSW all schools and then to the national school swimming championships where I was able to win medals.

The year after leaving school I was selected in my first Australian open swimming team at the 1999 Pan Pacific Championships. From there I competed at three World Championships, two Commonwealth Games and two Olympics. I was able to win medals at all major meets.

If not for the confidence I gained through participating in school sport championships and the friends I made in swimming through the public education programs I am sure I would not have achieved what I have.

I wish you all the best in your future endeavours and hope you compete in the right spirit, doing so fairly and in a way where you always do your best. Whether you win or just do a 'personal best' do so with good sportsmanship.

Good luck in your future sporting endeavours!

A handwritten signature in black ink, appearing to read 'C Stevens'.

Craig Stevens
Australian Olympian

Welcome message from NSWCHSSA President

Sport continues to play a significant role in building the Australian character and that of the youth of today, not only in swimming but also in all the sports that the NSWCHSSA conducts. The Association endeavours to provide a wide range of sporting activities and opportunities for all students in our public high schools. For over 130 years, competition has been provided at a variety of levels by willing and dedicated teachers to help the pupils in our schools reach their potential at their selected sport.

At this stage, I must thank all those principals, coaches, managers, parents, officials and participants who have strived so hard to make our championships successful. Much of this time is done on a voluntary basis and it is greatly appreciated.

2023 sees a return to some type of normality and it is wonderful to see our students back on the sporting field. I would like to thank all the Executive Officers for their efforts in getting NSWCHSSA sport back up and running, thank you also to all parents and students as your understanding and compliance to the new normal is appreciated.

Finally, I would ask all competitors to reflect on their achievement as reaching the NSWCHSSA level is an outstanding milestone and is not to be underestimated, well done. It is unlikely that you have got to this point on your own, so please take a moment to thank those around you who have supported you on this journey. Congratulations on reaching this elite level of competition and best of luck.

Simon Warren

Deputy Principal, Brisbane Water Secondary College

President, New South Wales Combined High Schools Sports Association



Heat Sheets

QR code to Heat Sheets
for these Championships

Welcome message from the NSWCHSSA Swimming Convener

It is with great pleasure and enthusiasm that I welcome you all to the 2023 NSW Combined High Schools Swimming Championships.

The annual New South Wales Combined High Schools swimming championships will continue the strong tradition that has been built in school swimming for over 100 years. During this time, we have witnessed many outstanding achievements, from a World Record (Graham Windeatt in 1971) to students gaining selection in Australian, World Championship and Olympic teams and going on to compete at those events with aplomb. Our history dates back as follows:

- The NSW Combined High Schools Amateur Athletics Association (boys only) swimming commenced in 1916.
- The Girls Secondary Schools' Sports Association (girls only) swimming commenced in 1919.
- Prior to these years swimming was conducted under the Public Schools' Amateur Athletics Association (PSAAA) from 1898.
- In 1980 the first NSW Combined High Schools Swimming Championship occurred.

Each year our swimming championships provide students with the opportunity to meet new people from different areas of New South Wales and develop lifelong friendships. It is an avenue for students to achieve their personal best in swimming whilst also providing a pathway for higher representation at a state and national level.

I am very pleased to continue to work with Swimming NSW. Their assistance with officials and expertise is invaluable. A huge thanks to Helen Wood, Gwen Willmetts and all their helpers, for their untiring efforts in ensuring a successful championship meet. Working with all our swimmers and especially our Multi Class competitors are Margaret and Allan Gregson, their expertise and support is invaluable.

The NSWCHSSA Championships are also fortunate in terms of the teachers who come along to officiate. In some cases teachers have attended NSWCHSSA swimming for over 40 years. Our teachers and school support staff take time out of their busy year to be here and we appreciate their professionalism and hard work in completing their roles. I would also like to acknowledge and thank the schools and Principals who release their staff to attend as officials; this ensures the continued success of our swimming championships.

Special thanks are also extended to **Eyeline** who are with us again in 2023; this will be their 35th consecutive year supporting this event.



Jean Duma
Swimming Convener
NSWCHSSA



NSWCHSSA swimming convener history

Year	Convener	Year	Convener
1964	Doug Green	1965	Harry Bunton (Bankstown Boys)
1966	Harry Bunton (Bankstown Boys)	1967	Harry Bunton (Bankstown Boys)
1968	W (Bill) Barry (Manly Boys)	1969	W (Bill) Barry (Manly Boys)
1970	J Johnson (Sydney Tech)	1971	David Woods (Ryde)
1972	David Woods (Ryde)	1973	David Woods (Ryde)
1974	Dave Woods and Adrian Lees	1975	Dave Woods and Adrian Lees
1976	Dave Woods and Adrian Lees	1977	Ross Coggan (Homebush Boys)
1978	Ross Coggan (Homebush Boys)	1979	Ross Coggan (Homebush Boys)
1980	Peter Waterman (Tempe)	1981	Peter Waterman (Tempe)
1982	Peter Waterman (Tempe)	1983	Peter Waterman (James Cook Boys)
1984	Peter Waterman (James Cook Boys)	1985	Peter Waterman (James Cook Boys)
1986	Peter Waterman (James Cook Boys)	1987	Peter Campbell (Blacktown Boys)
1988	Peter Campbell (Blacktown Boys)	1989	Peter Campbell (Muirfield)
1990	Peter Campbell (Muirfield)	1991	Peter Campbell (Muirfield)
1992	David Beattie (Kincumber)	1993	David Beattie (Kincumber)
1994	David Beattie (Kincumber)	1995	David Beattie (Kincumber)
1996	David Beattie (Kincumber)	1997	David Beattie (Kincumber)
1998	David Beattie (Lisarow)	1999	Simon Warren (Lisarow)
2000	Simon Warren (Lisarow)	2001	Simon Warren (Lisarow)
2002	Simon Warren (Lisarow)	2003	Simon Warren (Lisarow)
2004	Simon Warren (Lisarow)	2005	Simon Warren (Lisarow)
2006	Simon Warren (Lisarow)	2007	Simon Warren (Lisarow)
2008	Simon Warren (Wyang)	2009	Simon Warren (Wyang)
2010	Simon Warren (Wyang)	2011	Simon Warren (BWSC Umina)
2012	Simon Warren (BWSC Umina)	2013	Michael Gibson (Lisarow)
2014	Michael Gibson (Lisarow)	2015	Simon Warren (BWSC Umina)
2016	Simon Warren (BWSC Umina)	2017	Jean Duma (Irrawang)
2018	Jean Duma (Tooleybuc Central)	2019	Jean Duma (Tooleybuc Central)
2020	Jean Duma (Tooleybuc Central)	2021	Jean Duma (Tooleybuc Central)
2022	Jean Duma (Tooleybuc Central)	2023	Jean Duma (Tooleybuc Central)

Competing associations

Association	Colours
Sydney East	red / white / royal blue
Riverina	black / white
The Hunter	royal blue / gold
South Coast	aqua / yellow / navy
West Darling	maroon / white / yellow
North Coast	gold / green
Sydney North	black / red
Sydney West	blue / black / gold
Sydney South West	bottle green / white
Western	red / green
North West	sky blue / black

Swimming championships – lane draw

The heat and lane draw will be based on the following:

Individual events: - Three (3) competitors per association

Relay events: - Three (3) school teams per association. Heats and lane allocations for all events will be organised based on the number of competitors/teams entering each event. Heats will be circle seeded.

In the finals 10 lanes will be used with lane 4/5 seeded for the fastest qualifier.

NSWCHSSA Grandstand Seating – 2023

(not to scale - at SOPAC, associations on the top line will occupy the western side.)

Grandstand seating upper level (western side)	Sydney West	Western	Sydney East	Hunter	Sydney North
The diving pool lanes will be available during the championship for warm up and warm down only under the supervision of team management. Diving Pool VIP area (pool deck) Eyeline marshalling area under grandstand – pool deck Spectators are reminded that the pool deck is reserved for officials and competitors only at all times Competition Pool Start / Finish Turn Start / Finish Turn Strictly competitors & NSWCHSSA Officials only on pool deck Main Entry Concourse					
Eastern side Grandstand seating upper level Diving Spectators Area	Riverina	Sydney South West	North Coast	North West	South Coast

Dawn Fraser Room
Pool deck level

Please note:

At SOPAC associations on the top line will occupy the western side, associations on the bottom line will occupy the eastern side



Information regarding parking is available at
www.aquaticcentre.com.au

Warm-up procedures

Swimmers will be permitted to warm-up in the competition pool from when gates open each day. The following procedures must be observed and the cooperation of all swimmers, coaches and parents is sought in this matter. The warm-up pool (diving pool) will be available throughout the day for use by swimmers.

However there is to be **no diving** in to the water or use of the boards.

Competition pool warm-up procedures

Lanes 1 and 2:	12, 13 and 14 years only	Dive start 25's at start end
		Turning practice at turn end
Lanes 3 and 4:	12, 13 and 14 years only	Lap swimming (keep to left)
Lanes 5 and 6:	15, 16 and 17+ years only	Lap swimming (keep to left)
Lanes 7 and 8:	15, 16 and 17+ years only	Dive start 25's at start end
		Turning practice at turn end
Lane 0:	All ages	These are set aside for sprint starts
Lane 9:	Multi class lane	

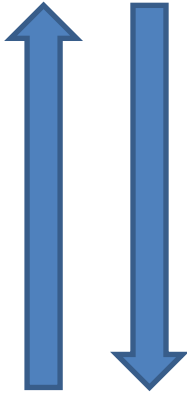
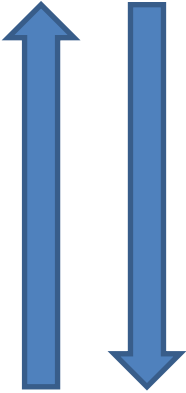
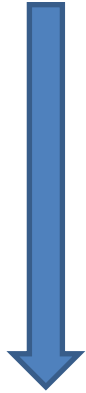
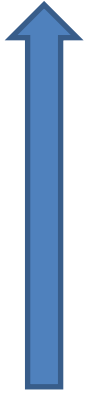
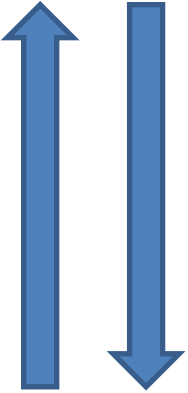
Competition pool

Start end					
Lane 0	Lanes 1 & 2	Lanes 3 & 4	Lanes 5 & 6	Lanes 7 & 8	Lane 9
All Ages	12-14 years	12-14 years	15-19 years	15-19 years	Multi Class
Dive Start sprints	Dive start 25's	Lap Swimming (no diving)	Lap Swimming (no diving)	Dive start 25's	Dive start 25's
Dive Start sprints	Turning Practice (no diving)	Lap Swimming (no diving)	Lap Swimming (no diving)	Turning Practice (no diving)	Turning Practice (no diving)
Turning end					

Diving pool – warm-up / cool down procedures

**Marshalling
Area**

Please note that Lane 5 and 6 will be in relay mode on Thursday 29 April 2021. All other days will be lap swimming in the same format as Lane 3, 4 and 7.

Lane 7 No Diving Feet First Lap Swimming Keep left	Lane 6 Relay Change Mode	Lane 5 Relay Change Mode	Lane 4 No Diving Feet First Lap Swimming Keep left	Lane 3 No Diving Feet First Lap Swimming Keep left	Lane 2 Dive Start No lap swimming	Lane 1 No Entry 	Lane 0 Multi Class No Diving Feet First Circle Swimming
	Change  Start Start  Change	Change  Start Start  Change					
Lane 7 No Diving Feet First Lap Swimming Keep left	Lane 6 Relay Change Mode	Lane 5 Relay Change Mode	Lane 4 No Diving Feet First Lap Swimming Keep left	Lane 3 No Diving Feet First Lap Swimming Keep left	Lane 2 No Entry 	Lane 1 Dive Start No lap swimming	Lane 0 Multi Class No Diving Feet First Circle Swimming

2023 NSWCHSSA Swimming Officials

Meet Director	Jean Duma	Tooleybuc CS (NSWCHSSA Swimming Life Member)
Assistant Convener	Rebecca Wheatley	Casual Staff
Referees / Judge of strokes	Gwen Wilmett © Ingrid Corcoran Nick Keith Leo Lehen Alan Lowther John Owen Brett Patrick Heidi Roche John Williams	Swimming NSW (NSWCHSSA Swimming Life Member) Boorowa CS Swimming NSW (Wed & Fri, Thurs Quantum) Swimming NSW Swimming NSW Swimming NSW Swimming NSW Swimming NSW Swimming NSW (NSWCHSSA Swimming Life Member)
Starters	Chris Meehan © Garth Pereira Dominic Ursino	Swimming NSW Erskine Park HS Five Islands Senior College
Announcer	Peter Moore	Casual Staff (NSWCHSSA Swimming Life Member)
Recorder	Helen Wood © Jenny Warren Cherry Smith	Swimming NSW (NSWCHSSA Swimming Life Member) Casual Staff Swimming NSW (NSWCHSSA Swimming Life Member)
Quantum Electronics	Gloria Wiegmann Nick Keith Jo Wazny	Swimming NSW Swimming NSW Swimming NSW (Wed & Fri)
Marshals / Check Starters	James Mackinnon © Rachelle Burns Julie Caddy Nadine Davies Melissa Pulsford Cameron Reynolds Dimity Stewart David von Kotze Lisa Poll	Northlakes HS Irrawang HS Merewether HS Glenwood HS Callaghan College Jesmond Campus Woonona HS Tomaree HS Casual Staff Casual Staff
Multi Class Swimmers Liaison	Allan Gregson Margaret Gregson Vanessa Roach	Parent Body (NSWCHSSA Swimming Life Member) Parent Body (NSWCHSSA Swimming Life Member) School Sport Unit
Chief Timekeeper	Lindy White	Terrigal HS



Est. 1889

Timekeepers	Kylie Adamson	Thomas Reddall HS
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	Russell Claxton Matt Dean Zoe Elkerton Kym Ewin Shannon Fox Russell McLeod Gordon Moncrieff Daniel Morris John Newman Alison Sargeant Matthew Sperring Makayla Stewart Brett McKeown Students	Casual Staff Epping Boys HS Casual Staff Casual Staff Figtree HS St George Girls HS Casual Staff Casual Staff Casual Staff (NSWCHSSA Swimming Life Member) Tomaree HS The Jannali HS Picton HS Brisbania PS Greystanes HS
Student Liaison	Kerrie Barton	Greystanes HS (NSWCHSSA Swimming Life Member)
Presentations / Trophies	Cassie Hanrahan Debra Hanson	Bathurst Office (NSWCHSSA Swimming Life Member) School Sport Unit (NSWCHSSA Swimming Life Member)
Records / Program / Publicity	Derek Hulme Students	Casual Staff (NSWCHSSA Swimming Life Member) Greystanes High School
NSW Team Selection	Shelley Smith Les Trist	BWSC Umina Campus Oak Flats HS (NSWCHSSA Swimming Life Member)
Gate	Matt Mee Greg Stewart	School Sport Unit School Sport Unit
Live streaming	Darren Lang Grant Parker	School Sport Unit School Sport Unit
Results	Liz Henson	School Sport Unit
Diving Officials	Sue Milford©	Lalor Park PS



NSWCHSSA Swimming – Blues award winners

A Sporting Blue is the highest award that can be awarded in School Sport. Past winners include:

1957 - Dick Thornett	Randwick	1961 - W Levis	Sydney Tech
1961 - Michael Stephen-Jones	Balgowlah	1961 - Ron Greenaway	Sydney Tech
1961 - J Dunn	Berkley	1961 - G Piper	Canberra
1961 - M Tennysons	East Hills	1961 - Dave Woods	Drummoyne
1962 - A Alexander	Bulli	1962 - John Byrom	East Hills
1962 - D Cavanagh	East Hills	1962 - Richard Ling	Manly
1962 - J Mitchell	Inverell	1962 - Russell Phegan	Ibrox Park
1962 - John Stark	Chatswood	1962 - P Truscott	Gloucester
1962 - John Valley	Muswellbrook	1963 - William Ebsary	Nth Sydney
1963 - Russell Goodwin	Cleveland St	1963 - A Norley	Cleveland St
1963 - Ian O'Brien	Wellington	1963 - M Parker	Randwick
1963 - S Sheaves	Ibrox Park	1963 - R Watford	Cabramatta
1964 - David Moras	Meadowbank	1964 - Peter Reynolds	Gosford
1964 - K Hudson	Kogarah	1965 - William Devenish	Westfields
1966 - Graeme Dunn	Sydney	1966 - Roger Jackson	James Ruse
1967 - Peter Reid	Asquith	1967 - G Edwards	Punchbowl
1967 - Ron Bratton	Randwick	1967 - Larry Brook	Randwick
1967 - Leigh Emery	Vaucluse	1967 - J Larson	Enmore
1969 - Paul Jarvie	Albury	1970 - Graham Windeatt	East Hills
1970 - John O'Donnell	Parkes	1971 - R Van Hamburg	Hunters Hill
1971 - Brad Cooper	Homebush	1971 - Shane Gould	Turramurra
1972 - Gail Neale	Turramurra	1973 - Robert Nay	Corrimal
1974 - Peter Dawson	Pittwater	1974 - Peter Coughlan	Kotara
1975 - Martin Hurst	Pittwater	1975 - Joy Cary	Birrong
1975 - Carol Loveday	The Forest	1976 - Jon Marshall	Narrabeen
1976 - Mark Kerry	Wollongong	1976 - Michelle Ford	St George
1978 - Graeme Carroll	Asquith	1980 - Tim Ford	Turramurra
1982 - Neil Lawson	Maitland	1982 - Wendy Bowie	Birrong
1982 - Adam Adair	Pittwater	1983 - Dale Peters	Malvina
1984 - Gary Lord	Oak Flats	1985 - M Petersen	Riverstone
1986 - Kim Rutherford	Sydney Girls	1987 - Janelle Elford	Peakhurst
1988 - Anthony Brewin	Homebush	1988 - Mark Ikin	Lisarow
1988 - Susan Gallie	Cromer	1990 - Melanie Dodd	Beacon Hill
1990 - Johanna Griggs	Freshwater	1991 - Elli Overton	St Ives
1991 - Philip Bryant	Birrong Boys	1992 - Petria Thomas	Mullumbimby
1992 - Richard Upton	Barrenjoey	1993 - Emma McIntosh	Lisarow
1993 - Luke Fisher	Lismore	1993 - Amber Scott	Ballina
1993 - Joseph Mitchell	Jesmond	1994 - Steven Dewick	Woy Woy
1994 - Steven Dewick	Woy Woy	1994 - Angie Kennedy	Ballina
1995 - Zane King	Galston	1995 - Brooke Hanson	Mackellar Girls
1996 - Glen Sedgman	Swansea	1997 - Lori Munz	Bomaderry
1997 - Ian Thorpe	East Hills Boys	1997 - Simon Cowley	Endeavour Sports
1998 - Charlene Benzie	Hornsby Girls	1998 - Kaine Love	Dapto
1998 - Craig Stevens	Endeavour Sports	1999 - Elka Graham	Mackellar Girls
1999 - Jonathon Newton	Ballina	1999 - Jim Piper	Ingleburn
2000 - Andrew Burns	Greystanes	2000 - Joshua Taylor	Terrigal
2000 - Kirsten Thomson	Kirrawee	2001 - Amanda Pascoe	Westfields
2001 - Andrew Richards	Westfields	2001 - Peter Montgomerie	Asquith Boys
2001 - Amanda White	Terrigal	2002 - Yvette Pilgrim	Northlakes
2002 - Stephanie Vance	Woolooware	2002 - Nicole Davey	Oxley
2002 - Jarrad Kemp	Melville	2002 - Tim Simpson	Melville
2002 - James Hall	Woolgoolga	2003 - Kirk Palmer	Henry Kendall
2003 - Greg Wilson	The Forest	2003 - Stefanie Ryan	Ryde College
2003 - Amanda Lee	Caringbah	2003 - Sherrie Eadie	Minerva
2004 - Damien Narbeshuber	Minerva	2004 - Reid Schofield	Terrigal
2004 - Mitchell Patterson	Davidson	2004 - Amanda Plescan	Greystanes
2004 - Jacqui Gilbert	Baulkham Hills	2004 - Prudence Watt	Newcastle
2005 - Stephanie Bentley	Westfield Sports	2005 - Michael Hardy	Westfield Sports
2005 - Shane Cross	Freshwater	2005 - Kelly Boxwell	Kirrawee
2006 - Nathan Pickworth	Endeavour	2006 - Geoffrey Eastwood	Coffs Harbour Snr
2006 - Michelle Laauw	Heathcote	2006 - Alana Ireland	Henry Kendall
2006 - Michael Anderson	Bellingen	2007 - Daniel Arnarnart	Asquith Boys
2007 - Jared Goldthorpe	Matraville Sports	2007 - Fiona Connell	Port Macquarie
2007 - Sara Marson	Kingscliff	2007 - Peter Leek	Colyton
2008 - Alex Kelshaw	Erskine Park	2008 - Brianna McConville	Swansea
2008 - Dylan Wyatt	Greystanes	2008 - Kimberley Rashleigh	St Marys

2008 - Richard GoddardDorrigio
 2008 - Sian Lucas..... Richmond
 2009 - Jessica LeggeLambton
 2009 - Alex PatrulescuHomebush Boys
 2010 - Andrew Kennedy Cronulla
 2010 - Andrea Patrulescu.....Strathfield Girls
 2010 - Michael Auprince Oatley
 2011 - Brad Jones.....Karabar
 2012 - Brandon Grochala..... Picnic Point
 2012 - Nick Reekie.....Kincumber
 2013 - Jacob Hansford..... Wyndham College
 2013 - Joshua Alford Monaro
 2016 - Aidan Yourell Evans River
 2017 - Rebekah Sefton Castle Hill
 2018 - Jordan Fitzgerald Kellyville
 2018 - Darcy Gilson (MC) Albury
 2019 - Kai Van Kool Pittwater
 2019 - Bindi Ware Banora Point
 2020 - not awardedCOVID
 2021 - McKinley Arnison (MC)Evans River
 2021 - Morgan Jean (MC)Hastings Sec Col Westport
 2021 - Kalyce PresslerWillyama
 2022 - Michelle FawerKirrawee
 2022 - Ava JankovicMerewether
 2022 - Lachlan HanrattyHolsworthy
 2022 - Darren SismanEndeavour Sports

2008 - Sean Russ Oatley
 2008 - Teigan VanRoosmalen..... Terrigal
 2009 - Teneale Houghton.....East Hills Girls
 2009 - Jaiman Stack.....Kirrawee
 2010 - Mariah Jones..... Tweed River
 2010 - Djaran Smith Macksville
 2011 - Hannah Britton Kadina
 2011 - Zoe Elkerton Warilla
 2012 - Ellysia Oldsen..... Willyama
 2012 - Joshua Chapman.Orara
 2013 - Jodie Simson...Dennison College
 2013 - Caitlyn Richardson.....Engadine
 2016 - Jesse GoodyearLucas Heights
 2008 - Nikesha Harding (MC).....Greystanes
 2018 - Alexander Quach.....Hurlstone Ag
 2018 - Ashley van Rijswijk (MC)..... Gadara
 2019 - Vanya Kamenjas Elderslie
 2019 - Charlotte Brown..... NBSC Mackellar Girls
 2020 - not awardedCOVID
 2021 - Bailey CrehanOak Flats
 2021 - Emily JonesGlendale
 2021 - Ryley TwissCall. Col Jesmond
 2022 - Alexander ForemanLisarow
 2022 - Chelsea JonesWoonona
 2022 - Remy LennonCammeraygal

A selection of NSWCHSSA swimmers who have represented Australia at the Olympic Games in swimming

John Henricks	Dawn Fraser	Jon Konrads	Alex Alexander	Richard Ling
Russell Phegan	John Byrom	Peter Reynolds	John Stark	Murray Rose
John Devitt	Ilsa Konrads	Lorraine Crapp	Karen Phillips	Michelle De Vries
Ian O'Brien	David Hawkins	Mark Kerry	Jenny Turrall	Linda McGill
Lisa Forrest	Graham Windeatt	Brad Cooper	Nira Stove	Neville Hayes
Janelle Elford	Ron Sharpe	Jane Comerford	Michelle Ford	Shane Gould
Gail Neale	Mark Kerry	Elli Overton	Philip Bryant	Richard Upton
Simon McKillop-Davies		Angie Kennedy	Petria Thomas	Steven Dewick
Chris Fydler	Nadine Neumann	Trent Steed	Scott Miller	Stacey Gartrell
Ian Thorpe	Kirsten Thomson	Justin Norris	Elka Graham	Adam Pine
Josh Watson	Dyana Calub	Melanie Dodd	Kasey Giteau	Carl Wilson
Ky Hurst	Daniel Arnarnart	Kenrick Monk	Jarrod Poort	Angie Bainbridge
Ashley Van Rijswijk				

NSWCHSSA Swimming Life Members

Ray Elkin (2001)	Ron Jordan (2001)	Helen Wood (2001)	John MacIntosh (2001)
Peter Dawson (2002)	Alec Adams (2002)	Jim Pye (2002)	Glad Pye (2002)
Peter Newcomb (2002)	Colin Fisher (2003)	Peter Waterman (2003)	Richard Gallie (2003)
John McQueen (2003)	Robyn Brettell (2003)	Les Trist (2004)	Steve Creenaune (2004)
Greg Stewart (2004)	Bruce Killingworth (2005)	Mark Hume (2005)	Peter George (2006)
Kelli Warren (2006)	Ross Fuller (2006)	Peter Tomlin (2006)	Peter Moore (2006)
Cassie Hanrahan (2007)	Sunny Bidner (2007)	Derek Hulme (2008)	Bob Greenwood (2008)
John Williams (2008)	Barb Reynolds (2008)	Col Ridding (2009)	Simon Warren (2009)
Alicia Burns (2010)	Suzanne Laver (2011)	Trevor Bushell (2012)	Pauline Corthorn (2012)
Valerie Warren (2013)	Robert Warren (2013)	Barry Lovegrove (2013)	Kerry O'Loughlin (2013)
Jenny Warren (2013)	Margaret Kniha (2013)	Judy Davies (2013)	Allan Gregson (2014)
Margaret Gregson (2014)	Paul Clarke (2014)	Karen Watson (2014)	Rick Allen (2014)
Karen Scanes (2014)	Kerrie Barton (2015)	Gwen Ridge (2016)	Wayne Rice (2016)
Margaret Spurway (2017)	Lisa Poll (2017)	Heather Rouen (2017)	John Newman (2017)
Ross Higgins (2017)	Sarah Maguire (2018)	Ann Pilkie (2018)	Brett Mckeown (2019)
James Mackinnon (2019)	Debra Hanson (2021)	Jean Duma (2022)	

Program of events - 2023

Note: the times listed are estimates, events may run prior to this published time. Competitors are encouraged to arrive 1 hour prior to this published time to ensure they do not miss their event.

Day 1 – Wednesday 3 May 2023
starting time 8:30am - Session 1

Round	Event no.	Event	Starts at
Finals	1	Girls Open 800 Freestyle	08:30 AM
Finals	2	Boys Open 800 Freestyle	08:52 AM
Prelims	3	Girls 12 Year Olds 100 Breaststroke	09:15 AM
Prelims	4	Boys 12 Year Olds 100 Breaststroke	09:22 AM
Prelims	5	Girls 13 Year Olds 100 Breaststroke	09:31 AM
Prelims	6	Boys 13 Year Olds 100 Breaststroke	09:40 AM
Prelims	7	Girls 14 Year Olds 100 Breaststroke	09:47 AM
Prelims	8	Boys 14 Year Olds 100 Breaststroke	09:56 AM
Prelims	9	Girls 15 Year Olds 100 Breaststroke	10:02 AM
Prelims	10	Boys 15 Year Olds 100 Breaststroke	10:11 AM
Prelims	11	Girls 16 Year Olds 100 Breaststroke	10:17 AM
Prelims	12	Boys 16 Year Olds 100 Breaststroke	10:24 AM
Prelims	13	Girls 17-19 100 Breaststroke	10:31 AM
Prelims	14	Boys 17-19 100 Breaststroke	10:37 AM
Finals	15	Girls 12-15 50 Breaststroke Multi-Class	10:44 AM
Finals	16	Boys 12-15 50 Breaststroke Multi-Class	10:47 AM
Finals	17	Girls 16-19 50 Breaststroke Multi-Class	10:49 AM
Finals	18	Boys 16-19 50 Breaststroke Multi-Class	10:53 AM
Prelims	19	Girls 12 Year Olds 100 Freestyle	10:55 AM
Prelims	20	Boys 12 Year Olds 100 Freestyle	11:03 AM
Prelims	21	Girls 13 Year Olds 100 Freestyle	11:10 AM
Prelims	22	Boys 13 Year Olds 100 Freestyle	11:17 AM
Prelims	23	Girls 14 Year Olds 100 Freestyle	11:23 AM
Prelims	24	Boys 14 Year Olds 100 Freestyle	11:28 AM
Prelims	25	Girls 15 Year Olds 100 Freestyle	11:33 AM
Prelims	26	Boys 15 Year Olds 100 Freestyle	11:41 AM
Prelims	27	Girls 16 Year Olds 100 Freestyle	11:46 AM
Prelims	28	Boys 16 Year Olds 100 Freestyle	11:51 AM
Prelims	29	Girls 17-19 100 Freestyle	11:56 AM
Prelims	30	Boys 17-19 100 Freestyle	12:02 PM
Finals	31	Girls 12-15 100 Freestyle Multi-Class	12:07 PM
Finals	32	Boys 12-15 100 Freestyle Multi-Class	12:12 PM
Finals	33	Girls 16-19 100 Freestyle Multi-Class	12:17 PM
Finals	34	Boys 16-19 100 Freestyle Multi-Class	12:22 PM
-	-	Finish Time	12:25 PM

Day 1 – Wednesday 3 May 2023
starting time 1:00pm - Session 2

Round	Event no.	Event	Starts at
Finals	35	Girls 12-15 200 IM Multi-Class	01:00 PM
Finals	36	Boys 12-15 200 IM Multi-Class	01:05 PM
Finals	37	Girls 16-19 200 IM Multi-Class	01:11 PM
Finals	38	Boys 16-19 200 IM Multi-Class	01:16 PM
Finals	3	Girls 12 Year Olds 100 Breaststroke	01:21 PM
Finals	4	Boys 12 Year Olds 100 Breaststroke	01:23 PM
Finals	5	Girls 13 Year Olds 100 Breaststroke	01:25 PM
Finals	6	Boys 13 Year Olds 100 Breaststroke	01:27 PM
Finals	7	Girls 14 Year Olds 100 Breaststroke	01:29 PM
Finals	8	Boys 14 Year Olds 100 Breaststroke	01:31 PM
Finals	9	Girls 15 Year Olds 100 Breaststroke	01:33 PM
Finals	10	Boys 15 Year Olds 100 Breaststroke	01:35 PM
Finals	11	Girls 16 Year Olds 100 Breaststroke	01:37 PM
Finals	12	Boys 16 Year Olds 100 Breaststroke	01:39 PM
Finals	14	Boys 17-19 100 Breaststroke	01:41 PM
Finals	13	Girls 17-19 100 Breaststroke	01:43 PM
Finals	19	Girls 12 Year Olds 100 Freestyle	01:45 PM
Finals	20	Boys 12 Year Olds 100 Freestyle	01:47 PM
Finals	21	Girls 13 Year Olds 100 Freestyle	01:49 PM
Finals	22	Boys 13 Year Olds 100 Freestyle	01:50 PM
Finals	23	Girls 14 Year Olds 100 Freestyle	01:52 PM
Finals	24	Boys 14 Year Olds 100 Freestyle	01:54 PM
Finals	25	Girls 15 Year Olds 100 Freestyle	01:55 PM
Finals	26	Boys 15 Year Olds 100 Freestyle	01:57 PM
Finals	27	Girls 16 Year Olds 100 Freestyle	01:59 PM
Finals	28	Boys 16 Year Olds 100 Freestyle	02:00 PM
Finals	29	Girls 17-19 100 Freestyle	02:02 PM
Finals	30	Boys 17-19 100 Freestyle	02:04 PM
Finals	39	Girls 12-15 50 Freestyle Multi-Class	02:05 PM
Finals	40	Boys 12-15 50 Freestyle Multi-Class	02:08 PM
Finals	41	Girls 16-19 50 Freestyle Multi-Class	02:11 PM
Finals	42	Boys 16-19 50 Freestyle Multi-Class	02:14 PM
Finals	43	Girls 12-14 400 IM	02:18 PM
Finals	44	Boys 12-14 400 IM	02:32 PM
Finals	45	Girls 15-16 400 IM	02:39 PM
Finals	46	Boys 15-16 400 IM	02:52 PM
Finals	47	Girls 17-19 400 IM	02:58 PM
Finals	48	Boys 17-19 400 IM	03:04 PM
-	-	Finish Time	03:11 PM

Day 2 – Thursday 4 May 2023
starting time 8:00am - Session 3

Round	Event no.	Event	Starts at
Finals	49	Girls 12-14 400 Freestyle	08:30 AM
Finals	50	Boys 12-14 400 Freestyle	08:49 AM
Finals	51	Girls 15-16 400 Freestyle	09:01 AM
Finals	52	Boys 15-16 400 Freestyle	09:18 AM
Finals	53	Girls 17-19 400 Freestyle	09:35 AM
Finals	54	Boys 17-19 400 Freestyle	09:47 AM
Prelims	55	Girls 12 Year Olds 100 Butterfly	09:59 AM
Prelims	56	Boys 12 Year Olds 100 Butterfly	10:04 AM
Prelims	57	Girls 13 Year Olds 100 Butterfly	10:09 AM
Prelims	58	Boys 13 Year Olds 100 Butterfly	10:18 AM
Prelims	59	Girls 14 Year Olds 100 Butterfly	10:27 AM
Prelims	60	Boys 14 Year Olds 100 Butterfly	10:36 AM
Prelims	61	Girls 15 Year Olds 100 Butterfly	10:42 AM
Prelims	62	Boys 15 Year Olds 100 Butterfly	10:50 AM
Prelims	63	Girls 16 Year Olds 100 Butterfly	10:56 AM
Prelims	64	Boys 16 Year Olds 100 Butterfly	11:02 AM
Prelims	65	Girls 17-19 100 Butterfly	11:08 AM
Prelims	66	Boys 17-19 100 Butterfly	11:14 AM
Finals	67	Girls 12-15 50 Butterfly Multi-Class	11:20 AM
Finals	68	Boys 12-15 50 Butterfly Multi-Class	11:22 AM
Finals	69	Girls 16-19 50 Butterfly Multi-Class	11:24 AM
Finals	70	Boys 16-19 50 Butterfly Multi-Class	11:27 AM
Prelims	71	Girls 12 Year Olds 100 Backstroke	11:29 AM
Prelims	72	Boys 12 Year Olds 100 Backstroke	11:38 AM
Prelims	73	Girls 13 Year Olds 100 Backstroke	11:47 AM
Prelims	74	Boys 13 Year Olds 100 Backstroke	11:58 AM
Prelims	75	Girls 14 Year Olds 100 Backstroke	12:06 PM
Prelims	76	Boys 14 Year Olds 100 Backstroke	12:13 PM
Prelims	77	Girls 15 Year Olds 100 Backstroke	12:24 PM
Prelims	78	Boys 15 Year Olds 100 Backstroke	12:34 PM
Prelims	79	Girls 16 Year Olds 100 Backstroke	12:41 PM
Prelims	80	Boys 16 Year Olds 100 Backstroke	12:49 PM
Prelims	81	Girls 17-19 100 Backstroke	12:57 PM
Prelims	82	Boys 17-19 100 Backstroke	01:04 PM
Finals	83	Girls 12-15 50 Backstroke Multi-Class	01:11 PM
Finals	84	Boys 12-15 50 Backstroke Multi-Class	01:16 PM
Finals	85	Girls 16-19 50 Backstroke Multi-Class	01:21 PM
Finals	86	Boys 16-19 50 Backstroke Multi-Class	01:26 PM
-	-	Finish Time	01:31 PM

Day 2 – Thursday 4 May 2023
starting time 2:00pm - Session 4

Round	Event no.	Event	Starts at
Finals	87	Girls 12-14 200 IM	02:00 PM
Finals	88	Boys 12-14 200 IM	02:11 PM
Finals	89	Girls 15-16 200 IM	02:21 PM
Finals	90	Boys 15-16 200 IM	02:36 PM
Finals	91	Girls 17-19 200 IM	02:46 PM
Finals	92	Boys 17-19 200 IM	02:56 PM
Finals	55	Girls 12 Year Olds 100 Butterfly	03:06 PM
Finals	56	Boys 12 Year Olds 100 Butterfly	03:08 PM
Finals	57	Girls 13 Year Olds 100 Butterfly	03:10 PM
Finals	58	Boys 13 Year Olds 100 Butterfly	03:12 PM
Finals	59	Girls 14 Year Olds 100 Butterfly	03:14 PM
Finals	60	Boys 14 Year Olds 100 Butterfly	03:16 PM
Finals	61	Girls 15 Year Olds 100 Butterfly	03:18 PM
Finals	62	Boys 15 Year Olds 100 Butterfly	03:19 PM
Finals	63	Girls 16 Year Olds 100 Butterfly	03:21 PM
Finals	64	Boys 16 Year Olds 100 Butterfly	03:23 PM
Finals	65	Girls 17-19 100 Butterfly	03:25 PM
Finals	66	Boys 17-19 100 Butterfly	03:26 PM
Finals	93	Girls 12-15 100 Backstroke Multi-Class	03:28 PM
Finals	94	Boys 12-15 100 Backstroke Multi-Class	03:32 PM
Finals	95	Girls 16-19 100 Backstroke Multi-Class	03:35 PM
Finals	96	Boys 16-19 100 Backstroke Multi-Class	03:39 PM
Finals	71	Girls 12 Year Olds 100 Backstroke	03:42 PM
Finals	72	Boys 12 Year Olds 100 Backstroke	03:45 PM
Finals	73	Girls 13 Year Olds 100 Backstroke	03:48 PM
Finals	74	Boys 13 Year Olds 100 Backstroke	03:50 PM
Finals	75	Girls 14 Year Olds 100 Backstroke	03:52 PM
Finals	76	Boys 14 Year Olds 100 Backstroke	03:55 PM
Finals	77	Girls 15 Year Olds 100 Backstroke	03:57 PM
Finals	78	Boys 15 Year Olds 100 Backstroke	03:59 PM
Finals	79	Girls 16 Year Olds 100 Backstroke	04:01 PM
Finals	80	Boys 16 Year Olds 100 Backstroke	04:04 PM
Finals	81	Girls 17-19 100 Backstroke	04:06 PM
Finals	82	Boys 17-19 100 Backstroke	04:08 PM
-	-	Finish Time	04:11 PM

Day 3 – Friday 5 May 2023
Starting time 8:00am - Session 5

Round	Event no.	Event	Starts at
Finals	97	Girls 12 Year Olds 200 Freestyle	08:00 AM
Finals	98	Boys 12 Year Olds 200 Freestyle	08:12 AM
Finals	99	Girls 13 Year Olds 200 Freestyle	08:19 AM
Finals	100	Boys 13 Year Olds 200 Freestyle	08:29 AM
Finals	101	Girls 14 Year Olds 200 Freestyle	08:39 AM
Finals	102	Boys 14 Year Olds 200 Freestyle	08:49 AM
Finals	103	Girls 15 Year Olds 200 Freestyle	08:58 AM
Finals	104	Boys 15 Year Olds 200 Freestyle	09:11 AM
Finals	105	Girls 16 Year Olds 200 Freestyle	09:20 AM
Finals	106	Boys 16 Year Olds 200 Freestyle	09:30 AM
Finals	107	Girls 17-19 200 Freestyle	09:39 AM
Finals	108	Boys 17-19 200 Freestyle	09:48 AM
Prelims	109	Girls Open 200 Medley Relay	09:57 AM
Prelims	110	Boys Open 200 Medley Relay	10:08 AM
Prelims	111	Girls 12 Year Olds 50 Freestyle	10:19 AM
Prelims	112	Boys 12 Year Olds 50 Freestyle	10:24 AM
Prelims	113	Girls 13 Year Olds 50 Freestyle	10:28 AM
Prelims	114	Boys 13 Year Olds 50 Freestyle	10:32 AM
Prelims	115	Girls 14 Year Olds 50 Freestyle	10:37 AM
Prelims	116	Boys 14 Year Olds 50 Freestyle	10:40 AM
Prelims	117	Girls 15 Year Olds 50 Freestyle	10:44 AM
Prelims	118	Boys 15 Year Olds 50 Freestyle	10:49 AM
Prelims	119	Girls 16 Year Olds 50 Freestyle	10:52 AM
Prelims	120	Boys 16 Year Olds 50 Freestyle	10:56 AM
Prelims	121	Girls 17-19 50 Freestyle	11:00 AM
Prelims	122	Boys 17-19 50 Freestyle	11:04 AM
Prelims	123	Girls 12 Year Olds 200 Freestyle Relay	11:08 AM
Prelims	124	Boys 12 Year Olds 200 Freestyle Relay	11:16 AM
Prelims	125	Girls 13 Year Olds 200 Freestyle Relay	11:24 AM
Prelims	126	Boys 13 Year Olds 200 Freestyle Relay	11:34 AM
Prelims	127	Girls 14 Year Olds 200 Freestyle Relay	11:43 AM
Prelims	128	Boys 14 Year Olds 200 Freestyle Relay	11:53 AM
Prelims	129	Girls 15 Year Olds 200 Freestyle Relay	12:02 PM
Prelims	130	Boys 15 Year Olds 200 Freestyle Relay	12:11 PM
Prelims	131	Girls 16 Year Olds 200 Freestyle Relay	12:19 PM
Prelims	132	Boys 16 Year Olds 200 Freestyle Relay	12:29 PM
Prelims	133	Girls 17-19 200 Freestyle Relay	12:38 PM
Prelims	134	Boys 17-19 200 Freestyle Relay	12:46 PM
Finals	135	Mixed Open 200 Freestyle Relay Central Schools	12:55 PM

Finals	136	Mixed 12-19 12x50 Freestyle Relay	12:58 PM
Finals	137	Girls Open 200 Freestyle Relay Invitational R	01:05 PM
Finals	138	Boys Open 200 Freestyle Relay Invitational R	01:05 PM
-	-	Finish Time	01:05 PM

Day 3 – Friday 5 May 2022

Starting time 1:30pm - Session 6

Round	Event no.	Event	Starts at
Prelims	139	Girls 12-19 6x50 Freestyle Relay	01:30 PM
Prelims	140	Boys 12-19 6x50 Freestyle Relay	01:44 PM
Finals	109	Girls Open 200 Medley Relay	01:56 PM
Finals	110	Boys Open 200 Medley Relay	01:59 PM
Finals	123	Girls 12 Year Olds 200 Freestyle Relay	02:02 PM
Finals	124	Boys 12 Year Olds 200 Freestyle Relay	02:06 PM
Finals	125	Girls 13 Year Olds 200 Freestyle Relay	02:09 PM
Finals	126	Boys 13 Year Olds 200 Freestyle Relay	02:12 PM
Finals	127	Girls 14 Year Olds 200 Freestyle Relay	02:15 PM
Finals	128	Boys 14 Year Olds 200 Freestyle Relay	02:18 PM
Finals	129	Girls 15 Year Olds 200 Freestyle Relay	02:20 PM
Finals	130	Boys 15 Year Olds 200 Freestyle Relay	02:23 PM
Finals	131	Girls 16 Year Olds 200 Freestyle Relay	02:25 PM
Finals	132	Boys 16 Year Olds 200 Freestyle Relay	02:28 PM
Finals	133	Girls 17-19 200 Freestyle Relay	02:31 PM
Finals	134	Boys 17-19 200 Freestyle Relay	02:33 PM
Finals	111	Girls 12 Year Olds 50 Freestyle	02:36 PM
Finals	112	Boys 12 Year Olds 50 Freestyle	02:37 PM
Finals	113	Girls 13 Year Olds 50 Freestyle	02:38 PM
Finals	114	Boys 13 Year Olds 50 Freestyle	02:39 PM
Finals	115	Girls 14 Year Olds 50 Freestyle	02:40 PM
Finals	116	Boys 14 Year Olds 50 Freestyle	02:41 PM
Finals	117	Girls 15 Year Olds 50 Freestyle	02:42 PM
Finals	118	Boys 15 Year Olds 50 Freestyle	02:43 PM
Finals	119	Girls 16 Year Olds 50 Freestyle	02:44 PM
Finals	120	Boys 16 Year Olds 50 Freestyle	02:45 PM
Finals	121	Girls 17-19 50 Freestyle	02:46 PM
Finals	122	Boys 17-19 50 Freestyle	02:47 PM
Finals	139	Girls 12-19 6x50 Freestyle Relay	02:48 PM
Finals	140	Boys 12-19 6x50 Freestyle Relay	02:52 PM
-	-	Finish Time	02:56 PM

Boys records

Current January 2023

800 Freestyle

Open 8:22.41 2008 Tom Harris (Gunnedah)

400m Freestyle

17-19 Years 4:03.41 2017 Jesse Goodyear (Lucas Heights)
15-16 Years 4:08.15 2018 Charlie Hawke (Merewether)
12-14 Years 4:19.27 2011 Ryan Leonard (Toronto)

200m Freestyle

17-19 Years 1:53.75 2010 Andrew Kennedy (Cronulla)
16 Years 1:54.21 2004 Kenrick Monk (Quakers Hill)
15 Years 1:57.91 2003 Kenrick Monk (Quakers Hill)
14 Years 2:00.52 1996 Ian Thorpe (East Hills)
13 Years 2:06.23 2010 Ryan Leonard (Toronto)
12 Years 2:10.24 2009 Ryan Leonard (Toronto)

100m Freestyle

17-19 Years 51.91 2009 Alex Patrulescu (Homebush Boys)
16 Years 52.74 2002 Kirk Palmer (Henry Kendall)
15 Years 53.90 2008 Nathaniel Romeo (Narrandera)
14 Years 55.60 2011 Ryan Leonard (Toronto)
13 Years 57.21 2011 Vincent Dai (Cherrybrook)
12 Years 1:00.56 2019 Lachlan Smith (Pennant Hills)

50m Freestyle

17-19 Years 23.86 2022 Joshua Reed (Warners Bay)
16 Years 24.00 2014 Matthew Wilson (Winmalee)
15 Years 24.55 2013 Matthew Wilson (Winmalee)
14 Years 25.12 2022 Lachlan Davies (Balgowlah Boys)
13 Years 26.01 2011 Vincent Dai (Cherrybrook)
12 Years 27.19 2019 Lachlan Smith (Pennant Hills)

100m Backstroke

17-19 Years 56.58 2007 Daniel Arnamnart (Asquith)
16 Years 58.24 2005 Daniel Arnamnart (Asquith)
15 Years 59.47 2004 Daniel Arnamnart (Asquith)
14 Years 1:01.20 2013 Jacob Sansom (Camden Haven)
13 Years 1:04.82 2012 Jacob Sansom (Camden Haven)
12 Years 1:07.99 2009 Ryan Leonard (Toronto)

100m Breaststroke

17-19 Years 1:03.96 1997 Simon Cowley (Endeavour)
16 Years 1:05.77 1996 Simon Cowley (Endeavour)
15 Years 1:06.75 2010 Tomas Elliott (Gosford)
14 Years 1:10.24 2011 Ryan Leonard (Toronto)
13 Years 1:12.77 2010 Ryan Leonard (Toronto)

100m Butterfly

17-19 Years 56.21 2010 Jaimen Stack (Kirrawee)
16 Years 57.36 2002 Greg Wilson (The Forest)
15 Years 58.48 2005 Lachlan Staples (Kincumber)
14 Years 1:00.52 1999 Henry Lee (Homebush)
13 Years 1:02.16 1998 Henry Lee (Homebush)
12 Years 1:05.49 2009 Ryan Leonard (Toronto)

400 Individual Medley

17-19 Years 4:34.96 1991 Phillip Bryant (Birrongo)
15-16 Years 4:39.71 2018 Charlie Hawke (Merewether)
12-14 Years 4:52.06 2010 Ryan Leonard (Toronto)

200m Individual Medley			
17-19 Years	2:07.93	2009	Daniel Tranter (Westfields Sports)
15-16 Years	2:11.46	2011	Sho Nishimoto (Chatswood)
12-14 Years	2:17.71	2010	Ryan Leonard (Toronto)
12 x 50 Freestyle			
Mixed	5:31.10	2019	Cronulla HS
6 x 50 Freestyle			
12-19 Years	2:44.61	2010	Kirrawee HS
4 x 50 Freestyle			
17-19 Years	1:39.90	2009	Woollooware HS
16 Years	1:42.88	2010	Kingscliff HS
15 Years	1:44.43	2019	Narrabeen SHS
14 Years	1:47.70	2021	Gosford HS
13 Years	1:54.63	2016	North Sydney Boys HS
12 Years	2:06.63	1999	Woolgoolga HS
4 x 50 Medley			
200 Medley	1:52.93	2018	Epping Boys HS
4x50 Central Mixed	1:56:50	2019	Warren CS

Boys multi class records

12-15 Years 50m Backstroke			
Michael Auprince	Peakhurst	S9	33.24 (721 pts)
16-19 Years 50m Backstroke			
Damien Narbeshuber	Minerva	S14	31.23 (867 pts)
12-15 Years 100m Freestyle			
2022 Declan Budd	Davidson		59.83
16-19 Years 100m Freestyle			
2022 Darren Sisman	Endeavour		59.41
12-15 Years 50m Butterfly			
2022 Declan Budd	Davidson		30.25
16-19 Years 50m Butterfly			
Aiden Yourell	Evans River	S10	27.81 (747 pts)
12-15 Years 50m Freestyle			
Michael Kilduff	Syd Distance Ed	S14	26.24 (819 pts)
16-19 Years 50m Freestyle			
Simone Barlaam	Castle Hill	S9	26.17 (885 pts)
12-15 Years 50m Breaststroke			
Lachlan Hanratty	Sir Joseph Banks	S14	37.06 (404 pts)
16-19 Years 50m Breaststroke			
2022 Lachlan Hanratty	Holsworthy		34.93
12-15 Years 100m Backstroke			
2022 Declan Budd	Davidson		1:15.02
16-19 Years 100m Backstroke			
Aiden Yourell	Evans River	S10	1:08.51 (657 pts)
12-15 Years 200m Individual Medley			
2022 Declan Budd	Davidson		2:42.50
16-19 Years 200m Individual Medley			
Darcy Gilson	Singleton	S14	2:29.53 (642 pts)

Girls records

Current January 2023

800m Freestyle

Open	8:52.72	1996	Danielle Woods (Kirrawee)
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400m Freestyle

17-19 Years	4:20.89	1987	Janelle Elford (Peakhurst)
15-16 Years	4:24.33	2018	Jessica Madden (Port Hacking)
12-14 Years	4:26.11	2013	Rachel Wood (Brisbane Water)

200m Freestyle

17-19 Years	2:03.72	2014	Sophie Taylor (Riverside Girls)
16 Years	2:05.10	2009	Zoe Diamond (Hurlstone Ag)
15 Years	2:05.33	2011	Ami Matsuo (Willoughby Girls)
14 Years	2:07.70	2010	Ami Matsuo (Willoughby Girls)
13 Years	2:09.23	1990	Phillipa Reeves (Newcastle)
12 Years	2:15.70	1989	Phillipa Reeves (Newcastle)

100m Freestyle

17-19 Years	56.55	2019	Charlotte Brown (Mackellar Girls)
16 Years	57.51	2009	Zoe Diamond (Hurlstone Ag)
15 Years	56.53	2011	Ami Matsuo (Willoughby Girls)
14 Years	59.04	2010	Ami Matsuo (Willoughby Girls)
13 Years	59.64	2011	Emily Rosskelly (Oak Flats)
12 Years	1:02.31	2003	Amy Bannatyne (Model Farm)

50m Freestyle

17-19 Years	26.30	2010	Mariah Jones (Tweed River)
16 Years	26.02	2012	Ami Matsuo (Willoughby Girls)
15 Years	26.20	2011	Ami Matsuo (Willoughby Girls)
14 Years	27.03	2010	Gabrielle Turnbull (Endeavour Sports)
13 Years	27.35	2011	Emily Rosskelly (Oak Flats)
12 Years	28.77	2022	Ava Hepburn (Tuggerah Lakes)

100m Backstroke

17-19 Years	1:03.52	2008	Fiona Connell (The Hills Sports)
16 Years	1:04.83	2009	Kirstie Meertens (Model Farms)
15 Years	1:06.25	2010	Ellysia Oldsen (Willyama)
14 Years	1:06.41	2017	Emily Jones (Glendale)
13 Years	1:07.19	1999	Anna Campbell (Ballina)
12 Years	1:10.51	2009	Lucy Tabrett (Belmont)

100m Breaststroke

17-19 Years	1:11.80	2007	Erin Malone (Kirrawee)
16 Years	1:12.51	1994	Brooke Hanson (Mackellar)
15 Years	1:12.71	2019	Kalyce Pressler (Willyama)
14 Years	1:13.36	2019	Tylah Crabtree (Lismore)
13 Years	1:14.21	2016	Jasmine Tran (Moorebank)
12 Years	1:17.62	2015	Jasmine Tran (Moorebank)

100m Butterfly

17-19 Years	1:02.01	2012	Brigitte Fenske (Kiama)
16 Years	1:02.28	2018	Bindi Ware (Banora Point)
15 Years	1:02.53	2018	Emily Jones (Glendale)
14 Years	1:04.41	2017	Emily Jones (Glendale)
13 Years	1:05.13	2016	Mikaela Short (Oxley)
12 Years	1:08.91	2003	Gabi Sainsbury (Merewether)

400m Individual Medley

17-19 Years	4:52.35	2019	Jessica Madden (Port Hacking)
15-16 Years	4:58.15	2018	Jessica Madden (Port Hacking)
12-14 Years	5:08.38	2006	Jessica Legge (Lambton)

200m Individual Medley			
17-19 Years	2:16.95	2019	Charlotte Brown (Mackellar Girls)
15-16 Years	2:21.11	2018	Charlotte Brown (Mackellar Girls)
12-14 Years	2:24.41	2019	Tylah Crabtree (Lismore)
12 x 50 m Freestyle Relay			
Mixed	5:31.10	2019	Cronulla HS
6 x 50m Freestyle Relay			
12-19 Years	2:55.56	2009	Willoughby Girls HS
4 x 50 Freestyle Relay			
17-19 Years	1:54.35	2014	Willoughby Girls HS
16 Years	1:53.94	2010	Willoughby Girls HS
15 Years	1:55.67	2011	Woolooware HS
14 Years	1:57.01	2018	Coffs HarbourHS
13 Years	2:00.19	1997	Woolooware HS
12 Years	2:07.94	1995	Woolooware HS
4 x 50m Medley Relay			
Open	2:02.65	2007	Kingscliffe High

Girls multi class records

12-15 Years 50m Backstroke			
Jasmine Greenwood	Shoalhaven	S9	36.60 (776 pts)
16-19 Years 50m Backstroke			
Prue Watt	Newcastle	S13	35.86 (752 pts)
12-15 Years 100m Freestyle			
Jasmine Greenwood	Shoalhaven	S9	1:07.19 (745 pts)
16-19 Years 100m Freestyle			
Prue Watt	Newcastle	S13	1:04.71 (753 pts)
12-15 Years 50m Butterfly			
Jasmine Greenwood	Shoalhaven	S9	33.52 (840 pts)
16-19 Years 50m Butterfly			
Prue Watt	Newcastle	S13	32.99 (786 pts)
12-15 Years 50m Freestyle			
Jasmine Greenwood	Shoalhaven	S9	30.54 (791 pts)
16-19 Years 50m Freestyle			
Teneale Houghton	East Hills Girls	S15	29.35 (707 pts)
12-15 Years 50m Breaststroke			
Jasmine Greenwood	Shoalhaven	S9	38.82 (699 pts)
16-19 Years 50m Breaststroke			
Prue Watt	Newcastle	S13	39.86 (753 pts)
12-15 Years 100m Backstroke			
Jasmine Greenwood	Shoalhaven	S9	1:22.34 (508 pts)
16-19 Years 100m Backstroke			
Amanda Fowler	Kingswood	S14	1:18.22 (620 pts)
12-15 Years 200m Individual Medley			
Jasmine Greenwood	Shoalhaven	S9	2:48.79 (672 pts)
16-19 Years 200m Individual Medley			
Nikeshia Harding	Greystanes	S14	2:47.56 (563 pts)

Multi Class events

Swimming is the only sport that combines the conditions of limb loss, cerebral palsy (coordination and movement restrictions), spinal cord injury (weakness or paralysis involving any combination of the limbs) and other Physical and Intellectual disabilities into a Multi Class competition format.

Within each disability classification, classes are allocated depending on the severity of the disability (the lower the number the more severe the disability).

Classes 1-10 - are allocated to swimmers with a Physical Class.

Classes 11-13 - are allocated to swimmers with a Visual Class.

Class 14 - is allocated to swimmers with an Intellectual Class.

Class 15 - is allocated to swimmers with a Hearing Impairment.

Class 16 - is allocated to swimmers with an Organ or Bone Transplant.

Each class is also allocated a prefix that denotes which stroke the individual is swimming.

S denotes – Freestyle, Backstroke and Butterfly.

SB denotes – Breaststroke.

SM denotes – Individual Medley.

Competitors compete in a Multi-Disabled format where each swimmer competes against a recognised Australian Standard Time for his or her classification. For this reason, the swimmer who finishes first in the race may not be the actual winner, as individual times are compared and calculated against their relative Australian Standard Time.



Livestreaming

This event is livestreamed.

QR code to our website for the link or click through

<https://app.education.nsw.gov.au/sport/NSWCHSSA>

Girls trophy winners

W H Hellings Memorial Trophy for Girls Point Score

From 1938 to 1964 this was awarded to the school gaining the most points in the Championships. In 1965 the format of the Championships was changed from that of school participation to one of Zone or Region / Area teams. From 1971 this trophy has been for the winning Girls Region / Area team.

1938	Fort Street Girls HS	1939	Fort Street Girls HS
1940	Sydney Girls HS	1941	Sydney Girls HS
1942	No Championship held	1943	Sydney Girls HS
1944	Sydney Girls HS	1945	Sydney Girls HS
1946	Sydney Girls HS	1947	Sydney Girls HS
1948	Sydney Girls HS	1949	Sydney Girls HS, Dover Heights Girls, Hornsby Girls School, Tamworth High School and Wollongong High
1950	Cessnock HS		
1951	Cooks Hill Girls HS	1953	Dover Heights Girls High
1952	Sydney Girls HS	1955	Burwood Girls HS
1954	Burwood Girls HS and Newcastle Girls HS	1956	Telopea Park HS and Newcastle Girls HS
1957	Newcastle Girls HS	1959	Bulli HS
1958	Dover Heights Girls High	1961	Belmont HS
1960	Belmont HS	1963	Gosford HS
1962	Wauchope HS	1965	Newcastle Regional Team
1964	Sydney Girls HS	1967	Eastern Suburbs Zone Team
1966	Eastern Suburbs Zone Team	1969	Eastern Suburbs Zone Team
1968	Eastern Suburbs Zone Team	1971	North Sydney Region
1970	Metropolitan West Region	1973	Newcastle Region
1972	Newcastle Region	1975	North Sydney Region
1974	St. George Region	1977	North Sydney Region
1976	North Sydney Region	1979	North Sydney Region
1978	North Sydney Region	1981	North Sydney Region
1980	North Sydney Region	1983	Metropolitan East Region
1982	St. George Region	1985	Metropolitan East Region
1984	Metropolitan East Region	1987	Metropolitan East Region
1986	Metropolitan East Region	1989	Metropolitan North Region
1988	Metropolitan North Region	1991	Metropolitan North Region
1990	Metropolitan North Region	1993	Metropolitan North Region
1992	Metropolitan North Region	1995	Metropolitan North Region
1994	Metropolitan North Region	1997	Sydney North Area
1996	Metropolitan North Region	1999	Sydney North Area
1998	Sydney North Area	2001	Sydney East Area
2000	Sydney North Area	2003	Sydney North Area
2002	Sydney East Area	2005	Hunter Region
2004	Sydney East Region	2007	Sydney East Region
2006	Sydney East Region	2009	Sydney North Region
2008	Sydney North Region	2011	Sydney North Region
2010	Sydney North Region	2013	Sydney East Region
2012	Sydney East Region	2015	Sydney North Region
2014	Sydney North Region	2017	Sydney North Region
2016	Sydney North Region	2019	Sydney North SSA
2018	Sydney East SSA	2021	Sydney North SSA
2020	COVID-19		
2022	Sydney East SSA		

Boys trophy winners

Sir Henry Rawson Challenge Cup

Awarded to perpetuate the memory of Bernard Bede (Barney) Kieran Champion Swimmer of the world, born 1886, died 1905, aged 19 years and 2 months. The Trophy is awarded to the winner of the 17+ years 200m, 400m or 800m Freestyle event, in rotation.

1922	Alan Penfold (Nth Sydney) 200yds	2:20.20	1923	M. Campbell (Nth Sydney) 200yds	3:00.00
1924	Victor Moore (Nth Sydney) 300yds	4:15.40	1925	G. Pont (Drummoyne) 440yds	6:30.00
1926	J. Baratt (Lismore) 880yds	12:48.00	1927	Noel Ryan (Sydney Tech) 220yds	2:40.00
1928	Noel Ryan (Sydney Tech) 440yds	5:40.00	1929	L. Cannaway (Ultimo CTS) 220yds	:46.40
1930	Andrew Schmidt (Fort St) 220yds	2:42.80	1931	Asher Hart (Sydney Tech) 440yds	5:28.60
1932	Ivor Wyatt (Sydney) 880yds	11:52.00	1933	Ivor Wyatt (Sydney) 220yds	2:34.60
1934	Arthur Burg (Fort St) 440yds	5:37.00	1935	Cecil Walsh (Sydney Tech) 880yds	12:19.20
1936	Alan Fidler (Newcastle) 220yds	2:30.20	1937	Alan Fidler (Newcastle) 440yds	5:27.00
1938	George Swinbourne (Sydney Tech) 880yds	12:03.40	1939	Ken Baret (Sydney) 220yds	2:41.00
1940	Kenneth Baret (Sydney) 440yds	5:33.00	1941	Dara Drewett (Sydney Tech) 880yds	12:21.20
1942	J. Campbell (Orange) 220yds	2:31.80	1943	R. Champman (Sydney Tech) 440yds	5:21.70
1944	John Ashley (North Sydney) 880yds	11:55.00	1945	Bruce Bourke (Canterbury) 220yds	2:32.50
1946	J. Bartlett (Newcastle) 440yds	5:45.70	1947	T. Barnett (Wollongong) 880yds	11:47.90
1948	William Brady (Homebush) 220yds	2:31.00	1949	Frank Jordon (Homebush) 440yds	5:24.90
1950	David Anderson (Homebush) 880yds	11:08.50	1951	Barry Darke (Sydney Tech) 220yds	2:21.50
1952	Jon Henricks (Fort St) 440yds	5:02.60	1953	Jon Henricks (Fort St) 880yds	10:22.30
1954	Jon Henricks (Fort St) 220yds	2:17.40	1955	J. Rowley (Wollongong) 440yds	5:14.60
1956	B. Elliott (Homebush) 880yds	10:29.80	1957	Richard Thornett (Randwick) 220yds	2:25.10
1958	Jon Konrads (Sydney Tech) 440yds	4:45.50	1959	Jon Konrads (Sydney Tech) 880yds	10:02.00
1960	Neville Hayes (James Cook) 220yds	2:12.40	1961	Mark Tessions (East Hills) 440yds	4:49.90
1962	Russell Phegan (Ibrox Park) 880yds	9:48.60	1963	Russell Phegan (Ibrox Park) 220yds	2:08.90
1964	Russell Phegan (Ibrox Park) 400m	4:38.40	1965	William Devenish (Westfields) 800m	9:16.80
1966	William Devenish (Westfields) 200m		1967	William Devenish (Westfields) 400m	4:24.80
1968	William Devenish (Westfields) 800m	9:03.20	1969	Graham Windeatt (East Hills) 200m	2:05.50
1970	Graham Windeatt (East Hills) 400m	4:12.7	Australian and State Junior Record		
1971	Graham Windeatt (East Hills) 800m	8:28.6	World, Australian and New South Wales Record		
1972	Brad Cooper (Homebush) 200m	1:59.30	1973	R. Yeo (Grantham) 400m	4:25.50
1974	Peter Dawson (Pittwater) 800m	8:48.50	1975	Peter Dawson (Pittwater) 200m	1:59.30
1976	Mark Kerry (Wollongong) 400m	4:11.00	1977	Greg Lightfoot (Picnic Point) 800m	9:03.98
1978	Graeme Carroll (Asquith) 200m	2:02.97	1979	Tim Ford (Turrumurra) 400m	4:18.16
1980	Tim Ford (Turrumurra) 800m	8:42.66	1981	Brad Johnson (Turrumurra) 200m	2:02.06
1982	S. Cameron (Parkes) 400m	4:15.15	1983	Ben Gathercole (Killarney Hts) 800m	8:48.14
1984	Gary Lord (Oak Flats) 200m	1:58.71	1985	Peter Tonks (Wallsend) 400m	4:23.47
1986	Mat McQuade (Killarney Hts) 800m	8:54.22	1987	Jon Robinson (Narrabeen) 200m	2:04.10
1988	Mat McQuade (Killarney Hts) 400m	4:09.08	1989	Mat McQuade (Killarney Hts) 800m	8:31.10
1990	Steven Rosa (Whitebridge) 200m		1991	Phillip Bryant (Birrongo Boys) 400m	4:05.31
1992	Richard Upton (Barrenjoey) 800m	8:53.69	1993	Joseph Mitchell (Jesmond) 200m	2:00.27
1994	Alex Phillips (Newcastle) 400m	4:09.58	1995	Grant Cleland (Grantham) 800m	8:48.45
1996	Ben Connell (St Marys Senior) 200m	1:58.94	1997	Craig Stevens (Endeavour Sp) 400m	4:09.36
1998	Craig Stevens (Endeavour Sports) 800m	8:26.32	1999	Peter Thew (Tweed River) 200m	1:59.41
2000	Michael Legge (Lambton) 400m	4:10.32	2001	Dane Ashley (Crestwood) 800m	8:43.41
2002	Jarrad Kemp (Melville) 200m	1:59.99	2003	Daniel Mendes (Endeavour) 400m	4:04.91
2004	Chris Watkins (West Wallsend) 800m	8:26.76	2005	Michael Hardy (Westfields) 200m	1:57.21
2006	Nick Milnes (Nowra) 400m	4:07.45	2007	Tom Harris (Gunnedah) 800m	8:34.39
2008	Dylan Wyatt (Greystanes) 200m	1:56.06	2009	Alex Patrulescu (Homebush) 400m	4:05.43
2010	Heath Winning (Merewether) 800m	8:54.19	2011	Nicholas Rispoli (Penn Hills) 200m	1:57.95
2012	Jacob Hansford (Wyndham) 400m	4:07.63	2013	Joshua Attard (Normanhurst) 800m	8:38.99
2014	Caleb Hansford (Wyndham Coll) 200m	1:55.45	2015	Daniel StGeorge (Smith Hill) 400m	4:10.90
2016	Jesse Goodyear (Lucas Heights) 800m	8:51.02	2017	Samuel Harris (Port Macquarie) 200m	1:57.20
2018	Alex Quach (Hurlstone Ag) 400m	4:11.96	2019	Nicholas Middleton (Sylvania) 800m	8:38.00
2020	COVID-19		2021	Adam McCarthy (Mt Annan) 200m	1:57.21
2022	Remy Lennon (Camberaygal) 400m	4:11.63			

Championship results

Combined Region			Girls Region		Boys Region	
1980	North Sydney	774 pts	North Sydney	393 pts	North Sydney	381 pts
1981	North Sydney	695 pts	North Sydney	397 pts	St. George	298 pts
1982	North Sydney	846 pts	St. George	428 pts	North Sydney	506 pts
1983	Met East	991 pts	Met East	570 pts	North Sydney	591 pts
1984	Met East	936 pts	Met East	559 pts	North Sydney	434 pts
1985	Met East	780 pts	Met East	478 pts	North Sydney	579 pts
1986	Met East	1942 pts	Met East	1102 pts	Met North	944 pts
1987	Met North	862 pts	Met East	476 pts	Met North	536 pts
1988	Met North	1017 pts	Met North	428 pts	Met North	589 pts
1989	Met North	915 pts	Met North	483 pts	Met North	432 pts
1990	Met North	837 pts	Met North	507 pts	Hunter	344 pts
1991	Met North	821 pts	Met North	474 pts	North Coast	419 pts
1992	Met North	869 pts	Met North	501 pts	North Coast	454 pts
1993	Met North	931.5pts	Met North	437 pts	North Coast	407 pts
1994	Met North	1017pts	Met North	500pts	Met North	517 pts
1995	Met North	1107 pts	Met North	603 pts	Met North	504 pts
1996	Met North	1486 pts	Met North	886 pts	Met North	600 pts
1997	Sydney North	1479 pts	Sydney North	738 pts	Sydney North	741 pts
1998	Sydney North	1387 pts	Sydney North	685 pts	Sydney North	702 pts
1999	Sydney North	1618 pts	Sydney North	893 pts	Sydney North	725 pt
2000	Sydney North	1431 pts	Sydney North	751 pts	Sydney North	680 pts
2001	Sydney North	1368 pts	Sydney East	797 pts	Sydney North	720 pts
2002	Sydney North	1346 pts	Sydney East	734 pts	Sydney North	730 pts
2003	Sydney North	1411 pts	Sydney North	705 pts	Sydney North	706 pts
2004	Sydney North	1491 pts	Sydney East	714 pts	Sydney North	952.5 pts
2005	Sydney North	1539 pts	Hunter	712 pts	Sydney North	945 pts
2006	Sydney North	1330 pts	Sydney East	703 pts	Sydney North	764 pts
2007	Sydney East	1314 pts	Sydney East	682 pts	Sydney East	632 pts
2008	Sydney North	1272 pts	Sydney North	624 pts	Sydney East	663 pts
2009	Sydney North	1699 pts	Sydney North	903 pts	Sydney North	796 pts
2010	Sydney North	1530 pts	Sydney North	846 pts	Sydney East	816 pts
2011	Sydney North	1778 pts	Sydney North	786 pts	Sydney East	991 pts
2012	Sydney North	1613 pts	Sydney East	897 pts	Sydney North	887 pts
2013	Sydney North	1929 pts	Sydney East	1009 pts	Sydney North	944 pts
2014	Sydney North	1810 pts	Sydney North	964 pts	Sydney North	836 pts
2015	Sydney North	1913 pts	Sydney North	926 pts	Sydney North	987 pts
2016	Sydney North	1564 pts	Sydney North	894 pts	Sydney East	941 pts
2017	Sydney North	1708.5 pts	Sydney North	806.5pts	Sydney East	984pts
2018	Sydney East	1632 pts	Sydney North	844 pts	Sydney East	783 pts
2019	Sydney North	1850 pts	Sydney North	744 pts	Sydney North	1064pts
2020	COVID-19		COVID-19		COVID-19	
2021	Sydney North	2036 pts	Sydney North	1247 pts	Sydney North	789 pts
2022	Sydney North	2185 pts	Sydney North	1353 pts	Sydney East	816 pts



Est. 1889

School trophy winners

	Combined	Boys	Girls		Combined	Boys	Girls
1981	Picnic Point	Picnic Point	Kotara	1982	Kotara	Port Hacking	Kotara
1983	Peakhurst	Pittwater	St George Girls	1984	Peakhurst	Kirrawee	Peakhurst
1985	Oak Flats	Lambton	Oak Flats	1986	Tweed River	Killarney Height	Sydney Girls
1987	Peakhurst	Narrabeen	Peakhurst	1988	Tweed River	Woolooware	East Hill Girls
1989	Tweed River	Killarney Heights	Newcastle	1990	Tweed River	Pt Macquarie	Newcastle
1991	Pt Macquarie	Pt Macquarie	Mackellar Girls	1992	Pt Macquarie	Pt Macquarie	Mackellar Girls
1993	Ballina	Pt Macquarie	Ballina	1994	Ballina	Pt Macquarie	Ballina
1995	Westfields Sp.	Pt Macquarie	Mackellar Girls	1996	Westfields Sp.	Pt Macquarie	Westfields Sp
1997	Kingscliff	Pt Macquarie	Kingscliff	1998	Endeavour Sp	Endeavour Sp.	Mackellar Girls
1999	Endeavour Sp	Terrigal	Endeavour Sp	2000	Endeavour Sp	Endeavour Sp	Endeavour Sp
2001	Terrigal	Terrigal	Westfields Sp	2002	Westfields	Westfields Sp	Westfields Sp
2003	Kingscliff	Grafton	Kirrawee	2004	Kingscliff	Westfields Sp	Kingscliff
2005	Kingscliff	Westfields Sp	Kirrawee	2006	Kirrawee	Westfields Sp	Kirrawee
2007	Kirrawee	Westfields	Kirrawee	2008	Westfields	Westfields	Kirrawee
2009	Westfields	Westfields	Hurlstone Ag	2010	Kirrawee	Kirrawee	Elderslie
2011	Elderslie	Cherrybrook	Elderslie	2012	Winmalee	Winmalee	Elderslie
2013	Woolooware	Woolooware	Engadine	2014	Hills Sports	Hills Sports	Woolooware
2015	Hills Sports	Cronulla	Hills Sports	2016	Cronulla	Cronulla	Castle Hill
2017	Cronulla	Cronulla	Port Hacking	2018	Merewether	Merewether	Port Hacking
2019	Cronulla	Cronulla	Cronulla	2020	COVID-19	-	-
2021	Narrabeen	Warners Bay	Narrabeen	2022	Cronulla	Balgowlah	Kirrawee

Eyeline knockout champions (12x50)

1996	St George Girls/Sydney Tech			1997	Woolooware		
1998	Alstonville			1999	Woolooware		
2000	Terrigal	5:36.76		2001	Terrigal	5:35.44	
2002	Kingscliff	5:37.49		2003	Kingscliff	5:31.71	
2004	Kingscliff	5:35.13		2005	Westfields	5:33.43	
2006	Westfields	5:39.34		2007	Kingscliff	5:37.32	
2008	Westfields	5:40.26		2009	Kingscliff	5:41.72	
2010	Kingscliff	5:39.64		2011	Woolooware	5:41.45	
2012	Winmalee	5:42.74		2013	Winmalee	5:35.32	
2014	Winmalee	5:31.18(R)		2015	Hills Sports	5:38.95	
2016	Gosford	5:38.36		2017	Gosford	5:37:01	
2018	Cronulla	5:31.99		2019	Cronulla	5:31:10	
2020	COVID-19			2021	Cronulla	5:32.54	
2022	Cronulla	5:37.42					

**Visit the
New South Wales
Combined High Schools
Sports Association website**

- Archived records
- Livestreaming of events
- Championship program
- Event results
- Online souvenir apparel



Swimming championship rules

Section 4.21 - Swimming

4.21 Swimming - NSWCHSSA Championships (amended 2020)

Refer NSWCHSSA Handbook "State Championships"

4.21.1 Championship events

The following events are contested:

(a) Freestyle

Distance	Age division
800 metres	Boys open (seeded timed final) Girls open (seeded timed final)
400 metres	Boys 12-14, 15-16, and 17-19 years (seeded timed final) Girls 12-14, 15-16, and 17-19 years (seeded timed final)
200 metres	Boys 12, 13, 14, 15, 16, and 17-19 years (seeded timed final) Girls 12, 13, 14, 15, 16, and 17-19 years (seeded timed final)
100 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years
50 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years

1. b) Form strokes (backstroke, breaststroke, and butterfly)

Distance	Age division
100 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years

(c) Individual medley

Distance	Age division
400 metres	Boys 12-14, 15-16, and 17-19 years (seeded timed final) Girls 12-14, 15-16, and 17-19 years (seeded timed final)
200 metres	Boys 12-14, 15-16, and 17-19 years (seeded timed final) Girls 12-14, 15-16, and 17-19 years (seeded timed final)

(d) Medley relay

Distance	Age division
4 x 50 metres	Boys open Girls open

(e) Freestyle relay

Distance	Age division
4 x 50 metres	Boys 12, 13, 14, 15, 16, and 17-19 years Girls 12, 13, 14, 15, 16, and 17-19 years
6 x 50 metres	Boys all age Girls all age
12 x 50 metres	Mixed "any age" 6 boys and 6 girls
4 x 50 metres	Central Schools 2 boys/2 girls 17-19 years

Note:

(i) All relays are school based only.

(ii) 6 x 50 metres boys and girls “All Age” relays are to contain 1 (one) swimmer only from each of the six age groups and can swim in any order.

(iii) A swimmer may compete in only 1 (one) age 4 x 50 metre freestyle relay at their own or at a higher age group.

Events – age divisions – strokes – distances for boys & girls

An ‘x’ represents events available to both boys and girls in that age group.

Individual events

Age group/events	50 free	100 free	200 free	400 free	800 free	100 fly	100 breast	100 back	200 IM	400 IM
12 years	x	x	x	-	-	x	x	x	-	-
13 years	x	x	x	-	-	x	x	x	-	-
14 years	x	x	x	-	-	x	x	x	-	-
Junior 12-14 years	-	-	-	x	-	-	-	-	x	x
15 years	x	x	x	-	-	x	x	x	-	-
16 years	x	x	x	-	-	x	x	x	-	-
Inter 15-16 years	-	-	-	x	-	-	-	-	x	x
17-19 years	x	x	x	x	-	x	x	x	x	x
Open	-	-	-	-	x	-	-	-	-	-

Multi Class Events

Each event below is offered for both boys and girls.

All Multi Class events will be timed finals using seeded heats.

Age group/events	50 free	100 free	50 fly	50 breast	50 back	100 back	200 IM
12-15 years MD	x	x	x	x	x	x	x
16 - 19 years MD	x	x	x	x	x	x	x

Relay events – Each event below is offered for both Boys and Girls with the exception of those stated as mixed teams. All teams are School Based Teams.

12 x 50m State-wide Freestyle Relay (6 boys and 6 girls, any age, swim in any order, one team per association)

6x 50m All Age Freestyle Relay (MUST contain 1 swimmer from each age group 12, 13, 14, 15, 16, 17- 19, swim in any order). This event is offered as a separate girls and boys event.

Central schools 4 x 50m freestyle relay shall consist of six (6) competitors (includes 2 reserves) and must comprise two boys and two girls of any age from 12 - 19 years. Competitors must be enrolled at the central school of nomination.

Age group/events	4 x 50m freestyle relay	4 x 50m medley relay	6 x 50m freestyle relay	12 x 50m freestyle relay
12 years	x	-	-	-
13 years	x	-	-	-
14 years	x	-	-	-
15 years	x	-	-	-

Age group/events	4 x 50m freestyle relay	4 x 50m medley relay	6 x 50m freestyle relay	12 x 50m freestyle relay
16 years	x	-	-	-
17-19 years	x	-	-	-
Open	-	x	One swimmer from each age group	6 boys and 6 girls of any age
Central Schools	2 boys/2 girls	-	-	-

4.21.2 Trophies

The following trophies are completed for each year:

Parkes Family Trophy – Most outstanding performance

(a) Boys

Sprint Trophy – 17-19 years 50 metres freestyle

Shield – 17-19 years 100 metres freestyle

The Sir Harry Rawson Challenge Cup – 17-19 years – alternates each year from 200 metres freestyle, 400 metres freestyle and 800 metres freestyle

Conveners Trophy – All Age 6 x 50m relay

(b) Girls

Sprint Trophy – 17-19 years 50 metres freestyle

Rose Bowl Trophy – 17-19 years 100 metres freestyle

Girls 200 metres Freestyle Trophy – 17-19 years

Girls Backstroke Trophy – 17-19 years 100 metres

Girls Breaststroke Trophy – 17-19 years 100 metres

Girls Butterfly Trophy – 17-19 years 100 metres

Girls 200 metres Individual Medley Trophy – 17-19 years

Girls 400 metres Individual Medley Trophy – 17-19 years

Girls 800 metres Freestyle Trophy

W.H. Hellings Memorial Trophy – girls association point score

Conveners Trophy – All Age 6 x 50m relay

(c) Boys and Girls

Eyeline state-wide trophy - 12 x 50 m relay

(d) School trophies

(i) Champion School (Aggregate)

(ii) Champion Co-Educational School (Aggregate)

(iii) Champion Boys School (Aggregate)

(iv) Champion Girls School (Aggregate)



4.21.3 Starting times

(a) The first events scheduled each day for both heats and finals will commence at 8:30am.

(b) Appointed championship officials will report for duty/briefing at 8:00am each day.

4.21.4 Championship rules

(a) These championships will be conducted under the rules of FINA, with exceptions noted in these by laws.

(b) Relays

(i) School relay teams (4 x 50 metres)

Shall consist of six (6) competitors whose names shall be listed and submitted electronically with the association team. Any four of the six nominated may compete in either heats or final.

(ii) School relay teams all age (6 x 50 metres)

Shall consist of six competitors, one swimmer from each of the six age section and can swim in any order. Six competitors one from each age section shall be listed, plus up to six reserves one from each age section may be listed and submitted with the association team. Only one competitor of the two nominated in each age section may compete in either heats or finals.

(iii) Relay registration forms

School relay teams must produce a completed form to the association team managers for submission via the "Meet Manager" program.

(iv) All relay competitors must be the correct age.

Penalty – disqualification.

(v) In relay events, schools are permitted to enter up to a maximum of two (2) teams per event provided they have qualified in accordance with the NSWCHSSA rules of entry. In the situation where a school has two (2) teams which qualify for a particular event, each team must remain independent of each other without any transfer of personnel for the duration of the meet.

(vi) All relay orders must be finalised prior to the start of the session. Relay order may not be changed after the session start.

(c) Out of bounds

Any area deemed as out of bounds will be described in the championship program. Offenders, competitors or otherwise, will be asked to leave the pool. All spectators must remain in the grandstand.

(d) Limitation of events

A competitor may enter any number of individual events. This includes being able to compete in both individual medleys – the 200 metre and 400 metres.

Different events:

(i) One medley relay

(ii) One freestyle age relay and

(iii) One freestyle all age relay

(iv) One state-wide relay

(e) Marshalling

There will be limited marshalling calls. Competitors must report to the marshalling area as soon as their events are called. If competitors have not reported they will risk elimination from their event. Substitutes must report to marshalling.

(f) Method of starting

(i) The check starter shall place competitors in their respective starting positions for the events. Students may start on the block, beside the block or in the water to help prevent incidents and accidents caused by diving. The referee will give out a long drawn out crescendo of the whistle to alert the officials and spectators and also to call the competitors to their positions in preparation to begin the race. Students starting in the

water must have 2 feet on the wall and 1 hand on the backstroke bar. In the case of backstroke events competitors must start in the water. On receiving the command "take your marks", all competitors must remain stationary until the signal to start is given.

(ii) In the case of relays. For a swimmer starting in the water, The swimmers feet must be on the wall when the incoming swimmers hand touches the wall. The swimmer starting in the water must start on the left of the lane. If swimmer 2 starts in the water, swimmer 1 will not be able to gain an official time.

(g) False starts

"One start" rule will apply, Swimmers who false start may be disqualified.

(h) Coaching

Once competitors are in the marshalling area, they are not to receive any coaching or advice. Penalty – disqualification.

(i) Timekeepers

"Automatic Officiating Equipment" shall be used to determine times and places. Where possible, three (3) manual buttons per lane shall be used for timekeepers to record the times in each lane.

(j) Judging

Competitors must remain in their lanes at the completion of an event until "whistled out" by the referee.

(k) In distance events

Competitors who, in the opinion of the state convener / championship manager or their appointees, are not likely to be placed, must withdraw from the water when instructed to do so.

(l) Protests

All protests shall be lodged by the association team manager in writing to the referee within twenty minutes of the conclusion of event. Protests shall be dealt with by the swimming committee. The referee is the sole arbitrator in points of law.

(m) Age section

The meet shall be conducted in six (6) age groups per sex for able-bodied athletes: 17-19 years, 16 years, 15 years, 14 years, 13 years and 12 years. The championships will be conducted in two (2) age groups per sex for Multi-Class athletes: 16-19 years, 12-15 years.

A competitor must swim in their age group determined by their age as at 31 December in the year of competition. (Refer NSWCHSSA Handbook "student eligibility" -). When an event is not offered in each age group, competitors must compete at the nearest age above. "Open" events are open to competitors from any of the age groups.

(n) Point score

First 12, second 10, third 8, fourth 6, fifth 5, sixth 4, seventh 3, eighth 2, ninth 1, tenth 1.

In all cases, these points are doubled for relays.

(o) Champions

(i) School

The school gaining the greatest aggregate of points in all age groups shall be declared the champion school.

(ii) Association

The association gaining the greatest total in all age groups shall be declared the champion association.

(iii) Age championship points

The swimmer gaining the greatest total number of points in their age/sex group shall be declared the age champion. Provision exists to include points gained in events not offered in each age group (ie. 800m Freestyle, 400m Freestyle, Individual Medley).

(p) Perpetual trophies

All trophies must be returned to the NSWCHSSA office by the end of February each year.

(q) Costume

Competitors must compete in an approved costume as per FINA / Swimming Australia regulations.

(r) Representation of associations

Entries:

- (i) Individual events. Three (3) per association.
- (ii) Relay events. Three (3) per association. (Note: all relays are school based only).
- (iii) Association may enter a 4th swimmer in an event, provided that the nominated swimmer equals or better the time of the 5th place getter at the previous year's championships. This time must be achieved at the appropriate association swimming championships.

(iv) Where an association has chosen a swimmer(s) in their team to compete at the NSWCHSSA Swimming Championships, and that swimmer has indicated an alternate pathway for NSW All Schools selection, the association may make a request to the Swimming Convener to add additional swimmer(s) to their team to compete in the events that the alternate pathway swimmer(s) is competing.

The number of additional swimmer(s) per event, would be based on the number of swimmer(s) in that event who will be taking the alternate pathway.

(s) Competitor withdrawal

(i) A competitor withdrawing from an individual final must do so in writing, through an association team manager, to the state convener / championship manager within fifteen minutes of the posting of event results.

(ii) Any competitor who withdraws after this time may be scratched from all other individual finals.

(t) Swimming caps

(i) Individual events

If a swimming cap is worn it must be an association swimming cap.

(ii) Relay events

Where swimming caps are worn all team members must wear either the association swimming cap or the school swimming cap. All team members wearing swimming caps must wear the identical cap.

(u) Swimming committee

Shall consist of the following:

- (i) State convener
- (ii) The championship referee
- (iii) A NSWCHSSA executive committee member
- (iv) An association sports coordination officer
- (v) A association team manager

Members (iv) and (v) must be from different associations. The state convener shall be the chairperson.

Any protests, appeals and judicial problems will be dealt with by the swimming committee, where necessary.



Hunter SSA

royal blue / gold

Team Managers

Karyn Brooks

Jacqui Charlton

Merewether

Swansea

Steven Edwards

Teliah Buckton

Whitebridge

Rutherford

Team Competitors

Adamson, Tori	Hunter Sports	Connolly, Cambell	Warners Bay
Anderson, Connor	Great Lakes College	Crisp, Taylor	Whitebridge
Andrews, Tyson	Great Lakes College	Cunningham, Lola	Lambton
Annis, Monique	Warners Bay	D'Agostino, Elka	Hunter Sch of PA
Bamford, Harry	Lambton	Davey, Tanna	Great Lakes College
Barr, Mitchell	Whitebridge	Davidson, India	Whitebridge
Beker, Toby	Kotara	Day, Lachlan	Whitebridge
Bendinelli, Teo	Merewether	Denham, Zac	Whitebridge
Berry, Ivy	Warners Bay	Donnelly, Rose	Newcastle
Bloomfield, Huw	Merewether	Downey, Tyler	Toronto
Bloomfield, Sam	Merewether	Drain, Emily	Hunter Sports
Blundell, Kaylee	Irrawang	Drain, Katelyn	Hunter Sports
Boatswain, Emily	Irrawang	Egan, Lily	Kotara
Boettcher, Beau	Whitebridge	Esper, Amelia	Warners Bay
Bohan, Bronte	Irrawan	Farrell, Georgia	Lambton
Bohan, Mackenzie	Irrawang	Fitzgibbon, Kaleb	Rutherford
Boshoff, Estie	Great Lakes College	Fleming, Harrison	Newcastle
Bowen, Piper	Great Lakes College	Fleming, Joel	Great Lakes College
Brown, Noah	Warners Bay	Fletcher, April	Hunter Sports
Brown, Riley	Great Lakes College	Forbes, Albert	Newcastle
Brown, Ryan	Great Lakes College	Fox, Julianne	Hunter Sports
Burdack, Annika	Kotara	Ganzevles, Biem	Lambton
Burdack, Kendra	Hunter Sch of PA	Garnett, Rory	Whitebridge
Burgess, Patrick	Merewether	Gavin, Nicholas	Warners Bay
Butler, Matilda	Warners Bay	Gawn, Cameron	Toronto
Buzzi, Marco	Merewether	Gellatly, Jordan	Warners Bay
Byrne, Boston	Newcastle	Goninan, Phoenix	Maitland
Cadogan, Mason	Hunter Sports	Gorfine, Lachlan	Merewether
Calov, Xanthe	Merewether	Goyne, Nirvana	Tomaree
Campbell, Millicent	Lambton	Gravenor, Frederick	Merewether
Catchpole, Lincoln	Merewether	Gray, James	Merewether
Ceccato, Dylan	Great Lakes College	Green, Jalya	Great Lakes College
Chalmers, Tom	Swansea	Greenaway, Eva	Wingham
Christian-Milne, Georgia	Cardiff	Griffiths, Will	Whitebridge
Clack, Lara	Newcastle	Groenendyk, Jessica	Newcastle
Clark, Mikaylah	Hunter Sports	Gyler-Dial, Briella	Hunter Sports
Clark, Tyler	Hunter Sports	Hall, Billy	Warners Bay
Clinton, Kai	Warners Bay	Hall, Cruz	Warners Bay

Hall, Koby	Warners Bay	Movigliatti, Louie	Hunter Sports
Hamilton, Sophie	Warners Bay	Mueller, Grace	Warners Bay
Harris, Preston	Whitebridge	Munn, Rhys	Great Lakes College
Hayes, Eleanor	Merewether	Munro, Georgia	Lambton
Hoetzer, Asha	Swansea	Munro, William	Lambton
Hoffman, Jet	Whitebridge	Ngaheu, Cailin	Lambton
Holani, Tara	Hunter Sports	Nix, Ebony	Tomaree
Horn, Hannah	Merewether	Nixon, Bryan	Great Lakes College
Horvath, Lara	Whitebridge	Nixon, Sharlaya	Great Lakes College Forster
Hunter, Amelia	Lambton	Oberg, Lauren	Wingham
Ihle, Hamish	Whitebridge	O'Brien, Jaz	Warners Bay
Jankovic, Ava	Merewether	O'Connor, Liam	Kotara
Jeffries, Ruby	Hunter Sports	O'Neil, Ethan	Lambton
Jimmieson, Porscha	Muswellbrook	O'Shannessy, Grace	Lambton
Johannesen, Emily	Lambton	Outram, Ashleigh	Lambton
Johns, Ruby	Swansea	Parmeter, Gabrielle	Whitebridge
Johnson, Taya	Newcastle	Paterson, Will	Swansea
Jones, Jasper	Great Lakes College	Pearce, Ayla	Merewether
Karsten, Reuben	Kotara	Pepper, Claudia	Merewether
Keen, Eva	Great Lakes College	Petrovic, Alexis	Kotara
Kellock, Isobel	Whitebridge	Porter, Andy	Newcastle
Kennedy, Ava	Hunter Sports	Porter, Chase	Maitland
Kent, Oscar	Whitebridge	Potter, Annika	Warners Bay
King, Charlie	Whitebridge	Potter, Ezekiel	Warners Bay
Kingston, Kaleah	Swansea	Potter, Isaac	Warners Bay
Lange, Chelsea	Merewether	Potter, Lexie	Lambton
Le Roux, Jack	Great Lakes College	Potts, Charlie	Maitland
Lee, Brayden	Great Lakes College	Pratt, Emilee	Hunter Sports
Lee, Sophia	Great Lakes College	Prestwidge, Raya	Hunter Sports
Lever, Abby	Warners Bay	Price, Zack	Hunter Sports
Ley, Asha	Lambton	Prieto, Nora	Hunter Sch of PA
Lorenz, Jorja	Maitland Grossmann	Pulsford, Sophie	Lambton
Lorenz, Olivia	Merewether	Pyne, James	Merewether
Maloy, April	Toronto	Raymond, Oliver	Lambton
Marks, Cooper	Callaghan College	Rees, Isaac	Lambton
Masia, Archie	Newcastle	Reid, Paterson	Lambton
Mawson, Ted	Warners Bay	Reynolds, Jack	Maitland
McCraw, Lily	Hunter Sports	Rhodes, Zoe	Warners Bay
McDonald, Caitlin	Dungog	Roberts, Franki	Callaghan College
McGovern, Thomas	Kotara	Robertson, May	Merewether
McGregor, Elise	Merewether	Robertson-Reynolds, Jonah	Great Lakes College
McGregor, Jake	Merewether	Robinson, Amelia	Lambton
McKinlay, Kendall	Merewether	Rodd, Lachlan	Lambton
McLeod, Declan	Lambton	Rose, Cooper	Hunter Sports
McLeod, Mitchell	Lambton	Sagi, Yotam	Merewether
McMahon, Rory	Merewether	Schneider, Heidi	Newcastle
Mitchell, Benjamin	Toronto	Shakeshaft, Ryan	Taree
Morgan, Lara	Whitebridge	Sharpe, Malachi	Irrawang
Mounter, Ella	Lambton	Small, Lachlan	Great Lakes College
Mounter, Hanna	Lambton	Smith, Isaac	Kotara

Smith, Kye	Warners Bay	Vogt, Penny	Merewether
Smith, Mia	Warners Bay	Waerea, Edward	Lambton
Smuts, Maronay	Hunter Sports	Waite, Cameron	Cardiff
Spadari, Alice	Merewether	Walker, Alexander	Newcastle
Stevano, Zavier	Merewether	Walters, Lilly	Merewether
Stewart, Tara	Hunter Sch of PA	Wardle, Rex	Whitebridge
Swierczynski, Gabriela	Wingham	Watt, Callum	Kotara
Tan, Vanessa	Merewether	Webster, Olivia	Irrawang
Taylor, Phoebe	Wingham	Wenham, Matthew	Rutherford
Triplett, Ella	Toronto	Whitbread, Lily	Swansea
Tsiaousis, Kostantinos	Lambton	Youman, Claudia	Merewether
Turkington, Blair	Swansea	Zhao-Wilson, Lillian	Merewether
Van Beek, Molly	Morisset		
Van Eldik, Kelsey	Merewether		
Vogt, Anna	Merewether		



North Coast SSA

gold / green

Team Managers

Stuart Elder	Murwillumbah	Dougall Marshall	Murwillumbah
Mark Hammer	HSC Westport	Belinda Schofield	Woolgoolga

Team Competitors

Addison, Isabelle	Maclean	Bilsborough, Imogen	Toormina
Addison, Matilda	Maclean	Bott, Max	Camden Haven
Allsopp, Archie	Kingscliff	Bowen, Xane	Murwillumbah
Allsopp, Oscar	Kingscliff	Bowker, Thomas	Alstonville
Allsopp, Patrick	Kingscliff	Boyd-Fotiades, Zac	Byron Bay
Archibald, Montannah	Mullumbimby	Bright-Taylor, Lily	Toormina
Arnison, Aidan	Evans River K12	Brittain, Ella	Mullumbimby
Arnison, McKinley	Evans River K12	Brittain, Mira	Mullumbimby
Aspden, Arla	Toormina	Brown, Mahlia	Maclean
Aspen, Jude	Toormina	Brown, Sandy	Tweed River
Bailey, Andi	Orara	Browne, Poppy	Toormina
Bailey, Maci	Orara	Bunt, Henry	Coffs Harbour
Barry, Titan	Coffs Harbour	Burgess, Ian	Maclean
Bateman, Cohen	Kyogle	Burke, Chase	Maclean
Bergen, Sara	Coffs Harbour	Burke, Jett	Maclean
Berry, Alani	Maclean	Button, Jacqueline	TRSC Richmond River
Bilsborough, Holly	Toormina	Campbell, Finlay	Bellingen

Carmichael, Arana	Maclean	Hayes, Ethan	Kingscliff
Carmichael, Zahli	Maclean	Herden, Rose-Anna	Toormina
Casper, Finn	Woolgoolga	Heslop, Lexi	Camden Haven
Churton, Sonny	Maclean	Hetherington, Kiera	Camden Haven
Clark, Brayden	Macksville	Heward, Asher	Bellingen
Clark, Courtney	Macksville	Hidzir, Alina	Woolgoolga
Cok, Eddie	Maclean	Hirt, Charlee	Camden Haven
Cooper, Jaiden	Evans River K12	Hogan, Morwenna	Maclean
Coppin Buckenham, Jimmy	Byron Bay	Host, Emily	Orara
Cramp, Angel	Woolgoolga	Howard, Ivy	Orara
Croak, Oscar	Coffs Harbour	Hudson, Sophia	Evans River K12
Custance, Mitch	Woolgoolga	Hughes, Marlee	Maclean
Dalby, Paige	Evans River K12	Hutchings, Kalarni	Woolgoolga
Dau, Stella	Woodenbong	Jean, Kaitlin	HSC Westport
Davey, Tessa	Maclean	Jung, Charlie	Woodenbong
Daykin, Caleb	Coffs Harbour SC	Kane, Shahla	Maclean
Dudgeon, Ella	Woolgoolga	Keerie, Olivia	Kingscliff
Earle, Max	Maclean	Keevers, Jimmy	Kyogle
Eaton, Clementine	Grafton	Kelly, Isabel	Coffs Harbour
Edwards, Millie	Macksville	Kelly, Olivia	Coffs Harbour
Ehsman, Bailey	Woolgoolga	Kemp, Makenzie	HSC Port Macquarie
Elliott, Bella	TRSC Lismore	Kennedy, Gracie	Woolgoolga
Ensbey, Poppy	Woolgoolga	Keogh, Emmaleigh	Casino
Evans, Finlay	Kingscliff	King, Lawson	Byron Bay
Field, Amber	Melville	King, Zeb	Orara
Finnegan, Grace	Maclean	King-Jones, Shatarlee	Ballina Coast
Foley, Michael	HSC Port Macquarie	Knezy, Eloise	Byron Bay
Forrest, Talon	Orara	Knezy, Japhi	Byron Bay
Freudenstein, Lyla	Woolgoolga	Koman, Parnlin	Toormina
Fruedenstein, Frankie	Woolgoolga	Kratzmann, Ky	Maclean
Gaskin-Hogan, Chloe	Camden Haven	Laarhoven, Malachy	Kyogle
Gault, Lachlan	Woolgoolga	Lamb, Maya	Macksville
Geerlligs, Vann	Woolgoolga	Lee, Isaac	Woolgoolga
Gibson, Sarah	Banora Point	Leeson, Jack	Grafton
Goldie, Chelsea	Maclean	Lenthall, Mikayla	Macksville
Gourley, Harlow	Coffs Harbour	Lovell, Christian	Maclean
Gregoraci, Liam	Kingscliff	Lowe, Tana	Maclean
Griffiths, Abigail	TRSC Lismore	March, Baxter	Woolgoolga
Griffiths, Eamon	TRSC Lismore	March, Hadley	Woolgoolga
Gulliford, Roy	Woolgoolga	March, Riley	Woolgoolga
Halliday, Emile	Kingscliff	Marshall, Lachlan	Tweed River
Halliday, Tahlia	TRSC Lismore	Martin, Ava	Orara
Harley, Jayvia	Kyogle	Martin, Sunny	Kingscliff
Harre, Seeana	Woolgoolga	Mavin, Caleb	Melville
Hartano, Maritsa	Grafton	Mavin, Joel	Melville
Hartono, Maritsa	Grafton	Mayberry, William	Toormina
		McIlveen, Savannah-Grace	Toormina
		McIntosh, Ethan	Kingscliff

McKechie, Jyrus	Woolgoolga	Snape, Zoe	Maclean
McMillan, Lara	Orara	St Leon, Jesse	Toormina
Meade, Freya	Maclean	Stevens, Owen	Toormina
Merchant, Shar	Tweed River	Stevens, Wyatt	Toormina
Mitchell, Sarah	HSC Port Macquarie	Supple, Frankie	Melville
Moore, Darby	Camden Haven	Sutton, Jazmin	Macksville
Moore, Amelia	Coffs Harbour SC	Sutton, Keeley	Macksville
Mulcahy, Jed	Kyogle	CullenTarlinton, Leo	Coffs Harbour
Murphy, Chloe	Toormina	Tarlinton, Zoe	Coffs Harbour
Murphy, Skye	Toormina	Teale, Layci	Coffs Harbour
Nawauwi, Natalie	Coffs Harbour	Thompson, Blade	Tweed River
Nolan, Sonny	Bellingen	Thompson, Kyan	Maclean
Norris, Maddi	Maclean	Thomson, Andrea	South Grafton
Norris, Tasmyn	Maclean	Towner, Neveah	Grafton
Norris, Taya	Maclean	Townsend, Eli	Coffs Harbour
Oakley, Toby	Tweed River	Townsend, Flynn	Coffs Harbour
O'Connell, Molly	Coffs Harbour	Trease, Lachlan	Alstonville
Ogilvy, Remi	Coffs Harbour	Tulloch, Benjamin	Banora Point
Onley, Jarrah	Coffs Harbour	Turnbull, Estelle	Melville
Pfeffer, Rory	Ballina Coast	Tutt, Harper	Bellingen
Pickvance, Bailey	Macksville	van den Arend, Will	Kingscliff
Pickvance, Leah	Macksville	Van Huisstede, Tully	Toormina
Porter, Eve	Mullumbimby	Vickman, Liam	Kingscliff
Pratt, Jacob	Coffs Harbour	Walters, Nate	Kyogle
Preston, Phoenix	Kingscliff	Walton, Nicholas	Murwillumbah
Prichard, Harry	Kingscliff	Wayne, Hayden	Maclean
Ralph, Tom	Kyogle	Weston, Jake	Woolgoolga
Rawson, Charlotte	Orara	Wheadon, Emily	Camden Haven
Rawson, Tylera	Orara	Whitelaw, Claire	Camden Haven
Rhodes, Neve	Grafton	Whitton, Bailey	Camden Haven
Robinson, Riley	Grafton	Whyte, Hayden	Maclean
Robson, Jaden	Tweed River	Wilke, Finn	Kyogle
Rowland, Bay	Kingscliff	Williams, Molly	Toormina
Ryder, Hayden	Melville	Williams, Taylor	Toormina
Schatzman, Makaylah	Bowraville	Winslow, Isabella	Macksville
Shaw, Clay	Woodenbong	Yourell, Abbie	Evans River K12
Shaw, Isla	Woodenbong		
Shields, Tirren	Ballina Coast		
Shih, Celine	Woolgoolga		
Shih, Tristan	Woolgoolga		



North West SSA

sky blue / black

Team Managers

Alex Mison	Narrabri	Karen Cooper	Tenterfield
Rosina Mison	Narrabri	Mikaela Cullen	Coonamble

Team Competitors

Adams, Toby	Farrer Memorial Ag	Grills, Darcy	Guyra
Allen, Zoe	Bingara	Haley, Elle-Grace	Bingara
Allison, Will	Coolah	Hancock, Harry	Coolah
Androutsos, Lily	Oxley	Hanson, Chloe	Coolah
Arandale, Beth	Glen Innes	Harris, Jack	Coonabarabran
Arandale, Mary	Glen Innes	Heagney, Darcey	Guyra
Bartholomew, Harry	Farrer Memorial Ag	Hess, Flynn	Armidale College
Bartholomew, William	Farrer Memorial Ag	Hess, Jolanda	Armidale College
Bijnenes, Aeden	Farrer Memorial Ag	Hunter, Abigail	Coonabarabran
Bithell, Luca	Farrer Memorial Ag	Hunter, Brooklyn	Coonabarabran
Brabant, Casey	Macintyre	Husband, Rory	Glen Innes
Brabant, Emma	Macintyre	Husband, Tahlia	Glen Innes
Bradley, Sophia	Coolah	Irwin, Isabel	Inverell
Brown, Aiden	Guyra	Irwin, James	Bingara
Clarke, Will	Farrer Memorial Ag	Irwin, Sophie	Inverell
Coghill, Abbie	Quirindi	Jacobs, Abi	Glen Innes
Cook, Lachlan	Coolah	Jamieson, Ella	Quirindi
Cooke, Lily	Glen Innes	Johnson, Blaire	Bingara
Davis, Makai	Coonabarabran	Johnson, Liam	Bingara
Dekkers, Jack	Macintyre	Kelly, Jiah	Oxley
Dennis, Nate	Macintyre	Kennedy, Brooklyn	Warialda
Dennis, Riley	Macintyre	Kerr, Dakota	Glen Innes
Dewson, Nate	Wee Waa	Kerr, Harley	Glen Innes
Dixon, Addison	Bingara	King, Bailey	Macintyre
Doust, Mylie	Glen Innes	Lavea, Phelix	Tenterfield
Everson, Tayah	Tenterfield	Lawson, Thomas	Coonabarabran
Fleming, Owen	Coonabarabran	Le Brocq-Watton, Brooklyn	Farrer Memorial Ag
Foster, Ethan	Farrer Memorial Ag	Lowick, Jack	Farrer Memorial Ag
Fuller, Gus	Macintyre	Lynch, Ella	Walcha
Fuller, Kirby	Macintyre	Lynch, Jasmine	Walcha
Fuller, Logan	Farrer Memorial Ag	Lyons, Phillipa	Tenterfield
Galindo, Adaiah	Guyra	Lyons, Phoebee	Tenterfield
Gooley, Rachel	Armidale College	Manning, Charlotte	Armidale College
Griffiths, Eliza	Oxley	Manning, Hollie	Armidale College
Griffiths, Liam	Farrer Memorial Ag	Manning, Isabella	Armidale College

Manning, Jasmine	Armidale College	Pay, Noah	Inverell
Martin, Charlie	Quirindi	Percival, Hannah	Baradine
Martin, Holly	Quirindi	Potter, Annalise	Tenterfield
MccAllister, Adam	Glen Innes	Putter, Thomas	Inverell
McConnell, Ashton	Glen Innes	Pye, Daniel	Macintyre
McConnell, Sienna	Glen Innes	Richard, Lily	Coolah
McGlashan, Cooper	Coonabarabran	Richard, Zoe	Coolah
McIntyre, Emma	Glen Innes	Riley, Alexander	Macintyre
McKenna, Shaun	Walcha	Roberts, Grace	Coonabarabran
Miller, Ruby	Bingara	Rolph, Toby	Tenterfield
Mills, Riley	Coonabarabran	Rushby, James	Macintyre
Milsom, Sienna	Coonabarabran	Saunders, Lincoln	Narrabri
Mison, Alexander	Narrabri	Seagrott, Chloe	Macintyre
Mitchell, Ava	Tenterfield	Sevil, Hope	Quirindi
Mooney, Cameron	Walcha	Sharpe, Reagan	Tenterfield
Mooney, Charlotte	Walcha	Smith, Ava	Narrabri
Mooney, Isabella	Walcha	Smith, Daniel	Narrabri
Moran, Alyniah	Armidale College	Smith, Hunter	Narrabri
Morris, Sarah	Moree	Squires, Ben	Farrer Memorial Ag
Morton, Jed	Macintyre	Stuart, Bailee	Tenterfield
Mulligan, Chloe	Peel	Sullivan, Mailee	Bingara
Mulligan, Courtney	Peel	Swanbrough, Hamish	Inverell
Murdoch, Chloe	Armidale College	Thompson, Alex	Gunnedah
Murdock, Renee	Armidale College	Toovey, Polly	Armidale College
O'Connell, Hunter	Walcha	Vasta, Claire	Tenterfield
O'Connell, Sophie	Armidale College	Walker, Sonny-Bill	Coonabarabran
Oliver, Henry	Macintyre	Ward, Payten	Glen Innes
Oliver, Matilda	Macintyre	Weier, Oliver	Armidale College
Oliver, Sobbel	Oxley	Weir, Taylor	Glen Innes
Packer, Jasmine	Glen Innes	White, Morgan	Bingara
Parker, Paige	Tenterfield	Whitebourne-Martin, Roarke	Coolah
Parris, Jock	Farrer Memorial Ag	Wiegold, Beau	Farrer Memorial Ag
Partridge, Jack	Inverell	Williams, Darcy	Farrer Memorial Ag
Paton, Isaac	Macintyre	Wood, Jarrod	Coonabarabran
Paton, James	Macintyre		



Riverina SSA

black / white

Team Managers

Belinda Graham

Young

Ian Groth

Temora

Kellie Goman

Leeton

Mekayla Everingham

Murrumbidgee

Team Competitors

Alexander, Monty	Murray	Gray, Cooper	Koorungal
Anstis, Hunter	Murray	Green, Zachary	June
Bartholomew, Jordan	Hillston	Grintell, Archie	Koorungal
Bennett, Mason	Leeton	Hall, Angela	Wagga Wagga
Buchegger, Emmerson	Coolamon	Hall, Billy	Albury
Butt, Dylan	Tumut	Hall, Lucy	Wagga Wagga
Carden, Kobi	Murrumbidgee	Halloran, Ellena	Leeton
Ceccato, Isabella	Murrumbidgee	Harris, Lacey	Coolamon
Chesworth, Erin	Finley	Hatty, Noah	Coolamon
Chisolm, Alexandar	Barham	Healy, Joshua	Koorungal
Clark, Felix	Albury	Heins, Thomas	Leeton
Cockburn, Anna	Young	Henman, Kian	Leeton
Cockburn, Elizabeth	Young	Hindmarsh, Charlie	Gudagai
Collins, Lara	Albury	Horn, Charlotte	Albury
Cowie, Addison	Murrumbidgee	Howard, Riley	Koorungal
Crawford, Will	Tumut	Huckel, Emma	Albury
Creek, Isaac	Leeton	Hutchins, Inneka	Narrandera
Crelley, Sebastian	Leeton	Jeffriess, Kobe	Leeton
Davies, Brydie	Young	Johnstone, Xavier	Leeton
Davies, Jonathan	Murrumbidgee	Johnston-Salmon, James	Yanco Agricultural
Derrick, Grace	Cootamundra	Just, Harrison	Albury
Dodds, Edward	Tumut	Just, Oliver	Albury
Edwards, Baylee	Wagga Wagga	Keefe, Lachlan	Hillston
Edwards, Dominic	Yanco Agricultural	Kendall, Molly	Wagga Wagga
Edwards, Reegan	Wagga Wagga	Kerr, Euen	Hay
Fergusson, Darcy	Albury	Kerr, Samantha	Narrandera
Freer, Kyson	Leeton	Kilo, Rhys	Albury
Gilbert, Tahlia	Narrandera	King, Katherine	Albury
Glenn, Victoria	Leeton	King, Zach	Albury
Gould, Joshua	Albury	Knight, Kian	Tumut
Graham, Alexander	Albury	Kotzur, Koda	Wagga Wagga
Graham, Joseph	Koorungal	Lawrence, Tayla	Koorungal
Graham, Mia	Koorungal	Leighton, Sari	Leeton
Graham, Josh	Young	Levett, Gorgie	Narrandera
Graham, Claire	Young		

Lyons, Carl	Albury	Sales, Tennyson	Leeton
MacDonald, Jessie	Hillston	Salvestro, Matisse	Murrumbidgee
Machin, Amalia	Albury	Sanson, Esther	Murrumbidgee
Mackay, Isabella	Koorungal	Sergi, Chaise	Murrumbidgee
Madden, Patrick	Yanco Agricultural	Sergi, Nate	Murrumbidgee
Madew, Rebecca	James Fallon	Sergi, Paige	Murrumbidgee
Maher, Harrison	Barham	Shumack, Bella	Wagga Wagga
Manwaring, Sam	Murrumburrah	Sleeman, Kai	Temora
Martin, Ethan	James Fallon	Smith, Levi	Albury
Matthews, Ellie	Murrumbidgee	Sorensen, Marley	Hay
Mawer Smith, Jy	Leeton	Steenholdt, William	Deniliquin
McCormack, Georgia	Ariah Park	Stevens, Eliza	Albury
McDonald, Archie	Barham	Stewart, Lane	Murrumbidgee
McDonald, Hannah	Narrandera	Stewart, Piper	Murrumbidgee
McDonald, James	Barham	Stimson, Nathaniel	Yanco Agricultural
McDonald, Natalie	Narrandera	Stone, Lennard	Coolamon
McKinty, Jack	Murray	Sullivan, Freya	Albury
McLachlan, Jacob	Wagga Wagga	Taylor, Nicole	Murrumbidgee
Michael, Adah	Murrumbidgee	Teerman, Jye	Leeton
Miller, Jack	Leeton	Toohey, Archie	Albury
Miller, Kristian	Cootamundra	Toohey, Sienna	Albury
Mooney, Sarah	Albury	Tukuniu, Nicholas	Albury
Murray, Laylah	Albury	Turner, Mitchell	Yanco Agricultural
O'Connell, Lilah	Albury	Walker, James	Albury
Olrick, Libby	Leeton	Wallace-Chapman, Charlie	Murrumbidgee
Palmer, Lance	Yanco Agricultural	Warhurst, Hamish	Yanco Agricultural
Peacock, Brodie	Albury	Webb, Sophie	Murrumbidgee
Perry, Evie	Koorungal	Wheeler, Sienna	Young
Peters, Natasha	Hillston	White, James	Finley
Peterson, Skye	Murrumburrah	Wilkinson, Adellaide	Murrumbidgee
Price, Byron	Koorungal	Wilkinson, Lily	Koorungal
Rae, Isabelle	Albury	Williams, Caitlyn	Young
Reichel, Jed	Albury	Willis, Matthew	Albury
Reichel, Zoe	Albury	Wright, Jessica	Narrandera
Ross, Isabelle	Leeton	Yelland, Max	Yanco Agricultural
Rourke, Tamika	Leeton		
Ruhbaum, Ryan	James Fallon		



South Coast SSA

aqua / yellow / navy

Team Managers

Paul Creighton

Dapto

Taylor Garner

Dapto

Jayne Creighton

Oak Flats

Ashley Lewis

Kiama

Team Competitors

Agnew, Benjamin	Figtree	Carruthurs, Zoie	Woonona
Aikman, Indiana	Albion Park	Carter, Charlotte	Ulladulla
Allbury, Chase	Warilla	Chambers, Kalani	Bulli
Anderson, Paxton	Kanahooka	Channing, Natalie	Ulladulla
Anderson, Xavier	Kanahooka	Connery, Charli	Woonona
Ardeen, Elijah	Yass	Cox, Jack	Kanahooka
Balmain, Storm	Warilla	Darragh, Lucy	Kiama
Barlow, Emma	Yass	Davis, Marnie	Smiths Hill
Barlow, Luke	Yass	Deery, Jake	Yass
Barmen, Annabelle	Ulladulla	Deery, Liana	Yass
Bee, Lachlan	Corrimal	Devine, Baxter	Warilla
Bell, Alexis	Warilla	Ditton, Harrison	Warilla
Bell, Skye	Warilla	Doherty, Ethan	Yass
Bergin, Rose	Ulladulla	Doniu, Jacob	Wollongong
Blinco, Amelia	Braidwood	Doull, Jesse	Narooma
Blinco, Johanna	Braidwood	Douven, Kaylee	Yass
Bosancic, Vera	Smiths Hill	Downey, Cooper	Yass
Bowens, Andrew	Wollongong	Dunne, Boady	Eden
Bower, Wade	Wollongong	Egan, Samantha	Bulli
Brakenridge, Zoe	Woonona	Elliott, Mack	Warilla
Bresler, Christiaan	Bulli	Elliott, Tarren	Woonona
Bresler, Joshua	Bulli	Farmilo, Tahnaya	Ulladulla
Bresler, Marguerite	Bulli	Fayle, Chelsea	Kiama
Brown, Jesse	Ulladulla	Figgis, Yolanda	Wollongong
Brown, Theo	Wollongong	Fikkers, Imogen	Smiths Hill
Bryant-Waterhouse, Linco	Bomaderry	Fikkers, Tilly	Smiths Hill
Burke, Kynan	Warilla	Fleming, Sophie	Bulli
Burke, Maddix	Warilla	Flore-Quirek, Suri	Ulladulla
Burri, Lukas	Smiths Hill	Foster, Elsie	Ulladulla
Butson, Maisie	Ulladulla	Fraser, Ella	Bulli
Bye, Ruby	Bulli	Garner, Jack	Bega
Byrnes, Rylan	Bega	Gibbs, Riley	Yass
Campbell, Charlotte	Ulladulla	Gillett, Joshua	Oak Flats
Campbell, Estella	Ulladulla	Gittoes, Hunter	Warilla
Carriage, Declan	Kanahooka	Gleeson, Kalani	Ulladulla
Carrol, Isabel	Bulli	Gorgijovski, Miles	Smiths Hill

Gray, Bronte	Figtree	Lowe, Bryce	Warilla
Grieve, Bianca	Shoalhaven	Loxley, William	Kiama
Gueorguiev, Maxim	Smiths Hill	Luu, Noah	Wollongong
Hall, Wyland	Kiama	Lynch, Nyla	Bulli
Hay, Ellie	Bulli	Lynch, Willow	Bulli
Hazzard, Cooper	Corrimal	Mackay, Connor	Smiths Hill
Hazzard, Nate	Corrimal	Mackay, Declan	Smiths Hill
Healey, Annabelle	Ulladulla	Maguire, Matthew	Kiama
Healey, Grace	Illawarra Sports	Malmborg, Taj	Vincentia
Henderson, Eamon	Bega	Manuelian, Emilio	Vincentia
Higham, Matthew	Nowra	Marshall, Chloe	Bomaderry
Hinds, Adina	Yass	Marshall, Hannah	Smiths Hill
Hinds, Angus	Yass	Marshall, Tilly	Smiths Hill
Hinds-Salter, Eloise	Jerrabomberra	Mayberry, Jakob	Bungendore
Hooton, Hunter	Bulli	Mcbain, Ruby	Eden
Howell, Emily	Mulwaree	McClelland, Lara	Yass
Hudson, Blake	Braidwood	McClelland, Lucy	Yass
Humphrey, Jessica	Bulli	McCreadie, Jake	Wollongong
Humphrey, Sam	Corrimal	McEvoy, Zac	Bulli
Ireland, Christian	Ulladulla	McGarrrity, Ruby	Bulli
Ireland, Finn	Ulladulla	McKenzie, Jadeson	Keira
Irvin, Brodie	Bega	Meanns, Layla	Kiama
Irvin, Nate	Bega	Mears, Georgia	Warilla
James, Imogen	Woonona	Mercado, Samantha	Smiths Hill
Jamieson, Ashton	Monaro	Merritt, Joceylene	Wollongong
Johnson, Noah	Warilla	Miles, Kaleb	Moruya
Johnson, Paige	Wollongong	Miles, Xavier	Moruya
Jones, Charlotte	Wollongong	Millar, Toby	Keira
Jones, Karla	Ulladulla	Morgan, Abbey	Figtree
Jones, Madison	Woonona	Moroney, Lucy	Jindabyne
Keaney, Indigo	Eden	Muir, Chloe	Smiths Hill
Kegg, Cooper	Bowral	Myers, Teagan	Wollongong
King, Hudson	Jindabyne	Nave, Malakai	Bega
Kirchner, Sierra	Kiama	Neall, Demi	Warilla
Klau, Sophia	Ulladulla	Newman, Jessica	Figtree
Kokefannakis, Manolis	Smiths Hill	Newton, Arwyn	Smiths Hill
Koudevskly, Ivan	Smiths Hill	Nio, Sophia	Karabar
Krizsan, Ilona	Figtree	Noacco, Zoe	Woonona
Krizsan, Odette	Figtree	O'Keefe, Catriona	Ulladulla
Krstevski, Lucas	Warilla	O'Maley, Lucas	Bowral
Lappan, Evan	Wollongong	Owen, Lily	Smiths Hill
Lawrence, Eden	Wollongong	Pack-McLucas, Flynn	Yass
Lay, Sienna	Bulli	Palmer, Reed	Kiama
Leppala, Logan	Warilla	Park, Sebin	Smiths Hill
Leung, Lia	Smiths Hill	Phease, Imogen	Woonona
Lewis, Samuel	Keira	Prendergast, Coco	Bulli
Logan, Issac	Vincentia	Price, Noah	Bulli
Lonergan, Mayana	Wollongong	Quinlan, Joe	Jindabyne

Quinlan, Lucy	Jindabyne	Todd, Skye	Ulladulla
Reeves, Axl	Vincentia	Tooth, Fergus	Braidwood
Ring, Harvey	Kiama	Trotter, Abbie	Woonona
Ritchter, Michael	Jindabyne	Ursino, Matthew	Smiths Hill
Road, Everleigh	Wollongong	Vea, Janika	Yass
Ryan, Kelly	Warrawong	Vea, Malakai	Yass
Salter, Avara	Ulladulla	Walsh, Cooper	Warilla
Sargent-Wilson, Harry	Woonona	Walsh, Imogen	Warilla
Scobie, Eva	Bulli	Walsh, Jacko	Warilla
Shannon, Felicity	Yass	Ward, Zane	Kiama
Sims, Alani	Warilla	Watt, Connor	Albion Park
Sims, Kobe	Warilla	Wearing, Campbell	Smiths Hill
Smart, Cooper	Smiths Hill	Whant, Mikayla	Corrimal
Smilis, Zoey	Kiama	Wiecek, Lillian	Warilla
Smith, Kane	Dapto	Williams, Skye	Figtree
Smyth, Alex	Wollongong	Willis, Leivi	Warilla
Smyth, Max	Keira	Willis, Peyton	Warilla
Szanto, Leroy	Bulli	Wolter, Kaja	Bulli
Te Nana, Tane	Warilla	Wood, Maddison	Wollongong
Te Puke, Peyton	Woonona	Wrigglesworth, Bonnie	Warilla
Thompson, Jack	Warilla	Wrighter, Gracie	Woonona
Thun, Sicily	Karabar	Wu, Sienna	Bega



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Sydney East SSA

red / white / royal blue

Team Managers

Peter George
Dianne Maddern

Blackwattle Bay
Cronulla

Alicia Burns

Endeavour Sports

Team Competitors

Abbottsmith, Aidan
Affouf, Mohamed
Affouf, Omar
Agung Anom, Kirana
Ahie-Slattey, Jack
Alexandrou, Lily
Allen, Chelsea
Arnautovic, Tara
Aswatananan, Pumares
Attwells, Sophie
B, Amelia
Barclay, Layla
Barlow, Hamish
Barnes, Cadell
Barnes, Mackenzie
Barsoum, Jemima
Bass, Bridget
Bent, Louis
Bhummisri, Sethapong
Bhummisri, Rada
Bochenek, Iris
Bond, Sacha
Bonney, Lucas
Bowmer, Charlotte
Boyle, Jake
Brownlie, William
Bryant, Minka
Buettner, Elle
Byrne, Charlie
Byrnes, Kaitlyn
Byrnes, Xavier
Cameron-Gleeson, Cian
Carlson, Nate

The Jannali
Blakehurst
Blakehurst
Lucas Heights
Sydney SC
Endeavour Sports
Endeavour Sports
Kirrawee
Blackwattle Bay
Kirrawee
Randwick Girls
Kirrawee
Caringbah
Woolooware
Woolooware
Endeavour Sports
Endeavour Sports
Balmain
Blackwattle Bay
Balmain
Sydney Girls
Alexandria Park
Cronulla
Cronulla
Cronulla
Sydney Technical
Cronulla
Cronulla
Rose Bay SC
Port Hacking
Caringbah
Sydney Technical
Cronulla

Carrasco, Daniel
Chappell, Alex
Chatterton, Keira
Cheekam, Bentley
Chen, Lin
Childs, Heli
Choi, Jacqueline
Christensen, Max
Christensen, Tahli
Cibula, Teodor
Clarke, Jacinta
Clay, Abbie
Cole, Lachlan
Cole, Zoe
Cooper, Lincoln
Cooper, Tilly
Corbett, William
Crompton, Tiffany
Cusack, William
Dewey, James
Dixon, Trent
Dobosz, Mikayla
Donnelly, Estella
Dries, Amelia
Easter, Hazel
Edson, Piper
Evans, Dylan
Evans, Harper
Faulder, Sophie
Fei, Sophia
Fisher, Lachlan
Fox, Tamara
Fraser, Thomas

Endeavour Sports
Sydney Technical
Balmain
Endeavour Sports
Randwick Girls
Leichhardt
Sydney Girls
Cronulla
Cronulla
Endeavour Sports
Leichhardt
GRC Peakhurst
Kirrawee
Kirrawee
Endeavour Sports
Tempe
Endeavour Sports
Endeavour Sports
Cronulla
Sydney Technical
Endeavour Sports
Kirrawee
Kirrawee
Leichhardt
Randwick Girls
Cronulla
Caringbah
Cronulla
Sydney Girls
Sydney Girls
Sydney SC
Blackwattle Bay
Sydney Technical

Gaal, Jack	Blackwattle Bay	Kikuchi, Mirei	Leichhardt
Gardiner, Samuel	Cronulla	Kim, Alex	Newtown HSPA
Garnsey, Duke	Cronulla	Kim, Boa	Sydney Girls
Giles, Zayne	Kirrawee	Koloamatangi, Kylani	Canterbury Girls
Glasson, Joel	Endeavour Sports	Kurniawan, Landon	Sydney SC
Green, Elise	Balmain	Lama, Tenzing	Sydney Girls
Green, Mitchell	Kirrawee	Lancaster, Imogen	Kirrawee
Grueninger, Tristan	Kirrawee	Larman, Kiera	Blackwattle Bay
Guilbert, Melvyn	Port Hacking	Lau, Lachlan	Sylvania
Hageali, Noah	Blakehurst	Lee, Annabelle	Newtown HSPA
Hajjar, Nicholas	Caringbah	Lee, Eileen	Sydney Girls
Hale, Tia	Cronulla	Lee, Julian	Menai
Harbour, Mika	Randwick Girls	Lee, Lachlan	Lucas Heights
Hau, Charles	Balmain	Lester, Zahri	Cronulla
Hempoom, Jinny	Randwick Girls	Lester, Zed	Cronulla
Henderson, Jessica	GRC Peakhurst	Lester, Ziggy	Cronulla
Heslehurst, Jack	Endeavour Sports	Lewis, Ivy	Engadine
Hetherington, Leila	Sydney SC	Lewis, Reef	Cronulla
Higley, Niamh	Rose Bay SC	Lewis, Shannon	Engadine
Howe, Lachlan	Heathcote	Li, Emma	Caringbah
Hu, Karen	Blakehurst	Lill, Kurtis	Cronulla
Hu, Sara	Blakehurst	Lim, Meiyu	Sydney Girls
Hulbert, India	Woolooware	Liquete, Leo	Balmain
Ingram, Bella	Kirrawee	Malone, Allison	Lucas Heights
Ingram, Tahlia	Cronulla	Mandic, Nikolina	Cronulla
Jacks, Xavier	Newtown HSPA	Mariano, Charlotte	Cronulla
Jackson, Ebony	Kirrawee	Martin, Jensen	Caringbah
Jackson, Jacqui	The Jannali	Marzic, Sienna	Endeavour Sports
Jackson, Jasmine	Endeavour Sports	Maunz, Oliver	Cronulla
Jamieson, Nathanael	GRC Peakhurst	McClymont, Aidan	Marrickville
Jarolimek, Angus	Kirrawee	McCormack, Chloe	Endeavour Sports
Jeffree, Jaime	Port Hacking	McCoy, Lucinda	Lucas Heights
Johnson, Halle	Kirrawee	McDonald, Amy	Sydney Girls
Jones, Jack	Endeavour Sports	McDonald, Otto	Leichhardt
Jones, Zach	Endeavour Sports	McGuinness, Matthew	Endeavour Sports
Jordan, Kathryn	Sydney Girls	Mead, Elise	Kirrawee
Kallmeirer, Ewan	Heathcote	Mead, Mikaela	Kirrawee
Karamy, Jude	Caringbah	Mead, Sienna	Kirrawee
Karpenkov, Victor	Sydney Technical	Mochizuki, Kaito	GRC Peakhurst
Kasnur, Nadya	Strathfield Girls	Mooney, Liam	GRC Peakhurst
Kasnur, Nicholas	Sydney Technical	Moore, Brodie	Heathcote
Katehos, Lily	The Jannali	Moore, Evie	Heathcote
Katehos, Noah	The Jannali	Moore, Rhys	Newtown HSPA
Kelso, Drew	South Sydney	Mravec, Fredo	South Sydney
Kelso, James	South Sydney	Mungovan, Riley	South Sydney
Kiddle, Jasmine	Endeavour Sports	Murphy, Max	Caringbah

Nagai, Yuna	Blackwattle Bay	Sasa, Reito	Blakehurst
Newton, Grace	Randwick Girls	Saunders, Clem	Sydney Girls
Nguyen, Ivy	Kirrawee	Scarra, Justine	Endeavour Sports
Nguyen, Tracey	St George Girls	Schnabel, Anders	Heathcote
Nobbs, Oakley	Kirrawee	Sheekey, Claire	Endeavour Sports
Nolan, Olivia	Endeavour Sports	Shrestha, Reva	Blakehurst
Pagella Guthrie, Hugo	Newtown HSPA	Simoneau, Scarlett	Balmain
Paget, Rose	Blackwattle Bay	Simsek, Alice	Endeavour Sports
Palazzi, Rex	Cronulla	Sisman, Darren	Endeavour Sports
Palmer, Mikayla	Heathcote	Skelton, Bo	Caringbah
Panckhurst, Zane	Endeavour Sports	Smith, Lucas	Dulwich
Paonessa, Lorenzo	Inner Sydney	Southwell, Lennox	Cronulla
Parslow, Eliza	Port Hacking	Southwell, Rome	Cronulla
Payne, Eve	Port Hacking	Springett-Kelly, Millie	Inner Sydney
Peace, Jade	Endeavour Sports	Stanley-Jones, Sarah	Cronulla
Pelaez, Pearl	Endeavour Sports	Sullivan, Jacob	Heathcote
Pelly, Denver	Blackwattle Bay	Swyter, Bengt	South Sydney
Penny, Maya	Cronulla	Taylor, Lily	Kirrawee
Peters, Brydith	Cronulla	Testard, Stan	South Sydney
Petterson, Tenzer	GRC Peakhurst	Theopile, Riley	Caringbah
Pickering, Koby	Cronulla	Thor, Jaxon	The Jannali
Rak, Zoe	Caringbah	Tzikas, Jennifer	Endeavour Sports
Ranken, Alexander	Gymea	van der Merwe, Maximilian	Tempe
Ratajczak, Zwi	Caringbah	van Loo, Cohen	Balmain
Richards, Patrick	Menai	Vella, Hayden	Lucas Heights
Richardson, Bella	Port Hacking	Vo, Edwin	Caringbah
Richardson, Mac	Cronulla	Vun, Jeff	Sydney Technical
Ricketts, Matthew	Endeavour Sports	Wang, Jovial	Blakehurst
Ricketts, Nathan	Endeavour Sports	Waters, Matilda	Cronulla
Rogers, Chloe	Cronulla	Winning, Marcus	Cronulla
Rose, Sophia	Port Hacking	Withers, Joseph	Caringbah
Rutigliano, Jake	Marrickville	Wood, Kylie	Kirrawee
Rybanic, Leia	Endeavour Sports	Woodman, Seth	Endeavour Sports
Rybanic, Zoe	Endeavour Sports	Yamasaki, Canberra	Endeavour Sports
Saito, Amon	Kingsgrove	Yan, Maya	Sydney Girls
Sangrung, Justin	Sydney Technical	Yang, Chloe	Caringbah
Santo, Nicholas	Balmain	Yin, Harper	Sydney Girls
Sasa, Ayane	Blakehurst	Yu, Carolyn	Caringbah



Sydney North SSA

black / red

Team Managers

Tony Nelson

Lauren Wilson

Epping Boys

Narrabeen Sports

Stephen Kayes

Liz Cozens

Epping Boys

Kariong

Team Competitors

Abernethy, Thomas	Balgowlah Boys	Chappel, Thomas	Killara
Ahn, Chloe	Cheltenham Girls	Chen, Alina	Hornsby Girls
Akhurst, Mia	Gosford	Chen, Amelie	Manly
Amin, Malik	Carlingford	Chen, Luke	Manly
Aride Duarte Marin, Marina	Mackellar Girls	Chen, Sara	Hornsby Girls
Aride Duarte Martin, Mateus	Balgowlah Boys	Choe, Josephina	Cheltenham Girls
Au-Yeung, Nathan	Normanhurst Boys	Choe, Rosa	Cheltenham Girls
Baker, Evelyn	Riverside Girls	Choi, Jayden	Manly
Bang, Jayden	Epping Boys	Chu, Minnie	Hornsby Girls
Beaton, Harry	Brisbane Water College	Chung, Seana	St Ives
Berghmans, Siyona	St Ives	Ciregna, Joshua	Concord
Bertoli, Isabella	Freshwater	Clancy, Ryan	Chatswood
Bethell, Finn	Mosman	Coates, Elyse	Mackellar Girls
Bode, Mathilde	St Ives	Cole, Mathieu	Pennant Hills
Boll, Valerie	Cherrybrook	Colwell, Charlie	Balgowlah Boys
Bomford, Izzy	Mackellar Girls	Cosh, Brody	Narrabeen Sports
Bos, Susanna	Riverside Girls	Cridland, Tallis	Narrabeen Sports
Boss, Natasha	Pittwater	Daines, Eric	Narrabeen Sports
Bourgeois, Rachel	Mackellar Girls	Daly, Struan	Chatswood
Bourne, Jude	Hunters Hill	Davies, Ebony	Pittwater
Broadbent, Emma	Gosford	Davies, Lachlan	Balgowlah Boys
Brown, James	The Forest	Davis, Zacary	Gosford
Budd, Declan	Davidson	De Martin, Jacob	Ashfield Boys
Bugeja, Leanaka	Cherrybrook	Dearden, Anastasia	Cherrybrook
Bujak-Upton, Koby	Barrenjoey	Derz, Lisa	Mackellar Girls
Carey, Jack	Ashfield Boys	Donald, Jocelyn	Cheltenham Girls
Carty, Aoibhe	Fort Street	Donarski, Khoi	Gosford
Cassell, Noah	Cromer	Downs, Jade	Terrigal
Caswell, Jun	Epping Boys	Drummond, Cody	Narrabeen Sports
Chalmers, Jacob	Balgowlah Boys	Du, Angelina	Gosford
Chan, Amelie	Manly	Duggan, Emma	Gosford
Chandra, Arnie	Epping Boys	Elliott, Mia	Terrigal
		Elliott, Tahli	Barrenjoey

Entwistle, Isabella	Mackellar Girls	Jenkins, Laila	Freshwater
Falconer, Jacob	Brisbane Water College	Johnson, Tyler	The Forest
Fan, Anthony Zirui	Carlingford	Jones, Max	Balgowlah Boys
Ferragamo, Anthony	Barrenjoey	Jordan, Liam	Balgowlah Boys
Ferreira-Gomes, Chloe	Mackellar Girls	Kang, Adwyn	North Sydney Boys
Foreman, Alexander	Lisarow	Kang, Edward	Epping Boys
Fudge, Gabriel	Killara	Kang, Susanna	Cheltenham Girls
Fulton, Alex	Wadalba	Kang, Terence	Fort Street
Gilbert, Byron	Barrenjoey	Keith, Manny	North Sydney Boys
Gillespie, Alyssa	Narrabeen Sports	Kelly, Carys	Mackellar Girls
Gim, Matthew	North Sydney Boys	Kim, Angela	Hornsby Girls
Gledhill, Aden	Narrabeen Sports	Kim, Matthew	Marsden
Glynn, Savannah	Brisbane Water College	Klarich, Ebony	Cheltenham Girls
Gong, Vincent	North Sydney Boys	Klein, Summer	Kincumber
Goodchild, Cooper	Asquith Boys	Kraus, Jake	Balgowlah Boys
Goodchild, Jensen	Asquith Boys	Kraytchev, Michael	Chatswood
Graham, Caleb	Epping Boys	Kricak, Harlei	Tuggerah Lakes College
Graham, Isaac	Epping Boys	Law, Justin	Davidson
Green, Ethan	Balgowlah Boys	Lawrence, Cameron	St Ives
Green, Haylie	Henry Kendall	Lawrence, Daniel	St Ives
Gulia, Rishik	Homebush Boys	Lee, Kyle	North Sydney Boys
Guo, Christopher	Manly	Lehane, Fionn	Balgowlah Boys
Guo, Ray	Fort Street	Lehman, Toby	Barrenjoey
Guzina, Daniela	Fort Street	Lehmann, Charli	Mackellar Girls
Ha, Adelle	Killara	Lehmann, Mia	Mackellar Girls
Hall, Johnathan	Brisbane Water College	Lennon, Remy	Cammeraygal
Hall, Julia	Brisbane Water College	Leung, Timothy	Carlingford
Hamilton, Abby	Mackellar Girls	Li, Emma	North Sydney Girls
Hamilton, Rylee	Mackellar Girls	Li, Kevin	Epping Boys
Hampton, Eli	Barrenjoey	Liddell, Josephine	Tuggerah Lakes College
Hansen, Samuel	Balgowlah Boys	Liell, Juliette	St Ives
Hegarty, Hudson	Barrenjoey	Lien, Alisha	St Ives
Hendry, Jack	Mosman	London, Daniel	Pennant Hills
Hepburn, Ava	Tuggerah Lakes College	Long, Emma	Mackellar Girls
Hewish, Antoinette	Manly	Love, Riley	Narrabeen Sports
Hirose, Camille	Freshwater	Lovrinovic Kaic, Stela	Willoughby Girls
Hogan, James	Barrenjoey	Lucas, Ben	Epping Boys
Holland, Leiona	Riverside Girls	Mackenzie, Angus	Killara
Hoskin, Keziah	Cheltenham Girls	Mackey, Flynn	Balgowlah Boys
Howison, Sophia	Freshwater	Maguire, Ciara	Mackellar Girls
Hoyland, Marli	Brisbane Water College	Manser, Cooper	Henry Kendall
Hsu, Haylee	Willoughby Girls	Mantle, Alexia	Concord
Hu, Aidan	Chatswood	Marsters, Coco	Mackellar Girls
Huisman, Hannah	Mackellar Girls	Maynier, Savanah	Northlakes
Humphreys, Anika	Mackellar Girls	McEwen, Daniel	Pennant Hills
Jeffrey, William	Narrabeen Sports	McGann, Elka	Brisbane Water College

McGavin, Edward	Gosford	Sanchez Alvarez, Arantza	St Ives
Miners, Daniel	Balgowlah Boys	Sandeman, Grace	Gosford
Mitchell, Alec	Randwick Boys	Scahill, Chester	Barrenjoey
Miyazaki, Yuri	St Ives	Scholberg, Alex	Gosford
Mo, Melody	St Ives	Scholberg, Ryan	Gosford
Mooney, Jack	Asquith Boys	Scholtens, Zoe	Cromer
Morrison, Liam	Chatswood	Schutt, Heath	Balgowlah Boys
Muldowney, Ava	Brisbane Water College	Scott, Ben	Epping Boys
Murata, Jemma	Willoughby Girls	Scott, Max	Epping Boys
Nakajo, Sen	Gosford	Sellick, Gemma	Mackellar Girls
Nakamura, Naoto	Randwick Boys	Seymour, Dylan	Balgowlah Boys
Nam, Lucy	North Sydney Girls	Shearan, Jake	Asquith Boys
Nash, Ebony	Gosford	Shepherd, Oakley	Killara
Nissen, Abigail	Mackellar Girls	Slater, William	Brisbane Water College
Nitz, Bradley	Balgowlah Boys	Slatter, Amane	Mackellar Girls
Norris, Stella	Tuggerah Lakes College	Smith, Alexander	Balgowlah Boys
Okazaki, Luca	Manly	Song, Alexander	North Sydney Boys
O'Keeffe, Sahara	Tuggerah Lakes College	Song, Emma	North Sydney Girls
O'Reilly, Clara	Mackellar Girls	Spalding, Bree	Erina
Ormond, Guy	Balgowlah Boys	Spalding, Ciarn	Erina
Park, Joshua	Epping Boys	Spalding, Leilani	Erina
Park, Shion	Carlingford	Sparkes, Sarah	Tuggerah Lakes College
Parker, Tanya	Asquith Girls	Speziale, Tahlia	Wyong
Parsons, Lena	Willoughby Girls	Stockley, Jack	Narrabeen Sports
Paul, Alannah	Pittwater	Studena, Daniela	Concord
Paull, Jack	Balgowlah Boys	Symonds, Emily	Pittwater
Pedersen, Makayla	Barrenjoey	Tan, Asher	Carlingford
Petherbridge, Mai	Chatswood	Tanankhakorn, Thanida	Riverside Girls
Phillips, Skye	Pennant Hills	Tang, Anni	Willoughby Girls
Potega, Daniel	Balgowlah Boys	Tang, Joanne	Cheltenham Girls
Reid, Emma	Asquith Girls	Taylor, Hamish	Kincumber
Rich, Caitlin	Pittwater	Te Pania, Pip	Mackellar Girls
Rich, Elissa	Pittwater	Tindall, Willow	St Ives
Rimmer, Myah	Davidson	Togher, Liam	St Ives
Robertson, Eleanor	St Ives	Tokuhara, Michiru	Willoughby Girls
Ronge-Smith, Eryn	Mackellar Girls	Truang, Christopher	Fort Street
Rose, Dane	Cromer	Turk, Josephina	Ryde Secondary College
Ruff, Anthony	Killarney Heights	Wagenaer, Melody	Gosford
Ruff, Christine	Manly	Walczak, Antony	Fort Street
Ruff, Emily	Killarney Heights	Wang, Albert	North Sydney Boys
Ruzicka, Douglas	Gosford	Wang, Andy	Carlingford
Ryan, Max	Balgowlah Boys	Wang, Joshua Ziyue	Carlingford
Ryan, Natalie	Mackellar Girls	Wang, Justin	Chatswood
Ryland-Adair, Kody	Epping Boys	Webber, Cory	Balgowlah Boys
Sainsbury, Jessica	St Ives	Wei, Yvie	Cheltenham Girls
Sainsbury, Naomi	St Ives	White, Ava	Cromer

White, Jake	Epping Boys	Xie, Livia	Hornsby Girls
White, Max	Narrabeen Sports	Yang, Christopher	Manly
Wilson, Angus	Cherrybrook	Yang, Judy	North Sydney Girls
Wong, Justin	Chatswood	Yi, Isabelle	Burwood Girls
Woo, Marcus	Carlingford	Yi, Kaitlyn	Burwood Girls
Woo, Marvin	Carlingford	Yuan, Gordan	Fort Street
Woodley, Darcy	Concord	Yun, Hayley	Gosford
Wrench, Kody	Kincumber	Zabarte, Luken	Lindfield
Xie, Bruce	Gosford	Zhang, Erick	Fort Street



Sydney South West SSA

bottle green / white

Team Managers

Elyse Mavrikis	Mount Annan HS	Tayla McSweeney	Elizabeth Macarthur
Jessica Barrett	SSU		

Team Competitors

Allen, Matthew	Elizabeth Macarthur	Cai, Cindy	Hurlstone Agricultural
Ang, Chloe	Hurlstone Agricultural	Cai, Lachlan	Hurlstone Agricultural
Ang, James	Sefton	Chan, Lucas	Sefton
Arcot, Rishabh	Westfields Sports	Chiem, Tommi	Bonnyrigg
Austin, Hannah	Elderslie	Christenson, Cassandra	Picnic Point
Bales, Rebekah	Hurlstone Agricultural	Christinato, Caithlyn	East Hills Girls
Balmer, Mia	Elderslie	Clasper, Callum	Picnic Point
Barnard, Charlie	Oran Park	Connell, Brayden	East Hills Boys
Barnes, Aiden	Elizabeth Macarthur	Cooper, Abbie	Westfields Sports
Battams, Ben	Picnic Point	Cracknell, Ethan	Elizabeth Macarthur
Beddoe, Amber	East Hills Girls	Crawford, Abigale	Mt Annan
Bird, Alivia	Mt Annan	Crawford, Emily	Mt Annan
Bloomfield, Abbey	Picton	Crawhall, Lachlan	Picton
Bradley, Indira	Camden	Crocker, Alec	Elizabeth Macarthur
Brook, Brayden	Westfields Sports	Cutajar, Mia	East Hills Girls
Broughton, Marli	East Hills Girls	Dang, Mylan	Westfields Sports
Bui, Andy	Sefton	Dang, Mylinh	Westfields Sports
Bui, Danny	Bonnyrigg	Daniels, Rocco	Camden
Butler-Sumanis, Xavier	Elizabeth Macarthur	Davidson, Lucie	Mt Annan
Byrne, Neve	Picton	Davis, Charlotte	Elderslie

Davis, Summer	Picton	Lam, William	Hurlstone Agricultural
De, Mamim	Bonnyrigg	Lay, Keely	Bossley Park
Deans, Savanna	Westfields Sports	Le, Ethan	Bonnyrigg
Dikovska, Natasha	Westfields Sports	Le, Jasmine	Hurlstone Agricultural
Domingo, Kaleah	East Hills Girls	Le, Kevin	Sefton
Domingo, Savannah	East Hills Girls	Le, Lucas	Bonnyrigg
Dougherty, Jack	Oran Park	Le, Lyon	Prairiewood
Dredge, Lexi	Picnic Point	Leix, Brianna	East Hills Girls
Dredge, Matilda	Picnic Point	Little, Layla	Picton
Ellis, Makayla	Hurlstone Agricultural	Lockhart, Tahlia	Holsworthy
Elmohamed, Sam	Elizabeth Macarthur	Ly, Kelvin	Sefton
Elphinston, Olivia	Prairiewood	Lynch, Marshall	Picnic Point
English, Jett	Holsworthy	Maher, Charlie	Elizabeth Macarthur
Fadel, Ali	East Hills Boys	Malcolm, Ella	Elderslie
Fahlstrom, Holly	Picnic Point	Manley, Bianaca	East Hills Girls
Fahlstrom, Jack	Holsworthy	McCarthy, Cate	Mt Annan
Fahri, Ceyda	Camden	McCarthy, Emma	Mt Annan
Fenik, Jakub	East Hills Boys	McDonald, Katie	Hurlstone Agricultural
Fenik, Julia	East Hills Girls	McKay, Megan	Holsworthy
Fosse, Matthew	Mt Annan	McLear, Blake	Elizabeth Macarthur
Freston, Charlie	Picnic Point	McLeod, Callie	Picton
Fullagar, Milla	East Hills Girls	Metcalf, Mason	Westfields Sports
Garner, Kyan	Oran Park	Millard, Hayden	Elizabeth Macarthur
Gauld, Miriam	Holsworthy	Miller, Aiden	Picnic Point
Gierdien, Kalen	Oran Park	Minkara, Jessie Pham	Canley Vale
Goddard, Jayden	Picnic Point	Morrison, Johua	Bonnyrigg
Gourlay, Alice	East Hills Girls	Murad, Mya	Elizabeth Macarthur
Gourlay, Harry	East Hills Boys	Murtz, Erin	Campbelltown PA
Greene, Tahlia	Westfields Sports	Naidovski, Marco	East Hills Boys
Green-Rice, Abigail	Picnic Point	Nguyen, Jacinta	Bonnyrigg
Grkinic, Sarah	Picton	Nguyen, Kayla	Hurlstone Agricultural
Harakidas, Myrsini	John Edmonson	Nguyen, Kelsey	Hurlstone Agricultural
Head-Savuljica, Kamo	Bonnyrigg	Nguyen, Troy	East Hills Boys
Hossain, Aribah	Hurlstone Agricultural	Nicotra, Alexia	East Hills Girls
Huynh, Jordan	Macquarie Fields	Nicotra, Analise	East Hills Girls
Hwang, Daphne	Prairiewood	Nicotra, Annabelle	East Hills Girls
Ierano, Lorenzo	Hurlstone Agricultural	Novakovic, Goran	Bonnyrigg
Jamal, Lilyana	Westfields Sports	Novakovic, Luka	Bonnyrigg
Johnson, Ella	Elderslie	Peters, Kayla	Hurlstone Agricultural
Johnson, Noah	Elderslie	Petersen, Isabella	Holsworthy
Jones, Akaysha	Westfields Sports	Pham, Ferdanand	Bonnyrigg
Jovanovic, Anton	Hoxton Park	Pham, Sarah	Hurlstone Agricultural
Kendall, Zaylan	Elizabeth Macarthur	Phan, Lyna	Prairiewood
Kim, Christopher	Hurlstone Agricultural	Phan, Sylvia	Ambarvale
Kim, Kai	Elizabeth Macarthur	Phan, William	Ambarvale
King, Ariana	Elderslie	Philips, Kya	Campbelltown PA
Kumar, Rehan	East Hills Boys	Pinto, Xavier	Picnic Point
Laid, Hayley	Elizabeth Macarthur	Pirie, Cooper	Holsworthy
Lam, Legend	Sefton	Reece, Aidan	Liverpool Boys

Rice, Anessa	Picton	Tennant, Thomas	Holsworthy
Rice, Taylor	Picton	Teuhema, Jazz	Thomas Reddall
Rogers, Lily	Picton	Timofeeva, Alena	East Hills Girls
Rose, Charlize	Picton	Ton, Chloe	Cabramatta
Russell, Isabella	Elizabeth Macarthur	Tran, Christian	Hurlstone Agricultural
Saba, Juliet	Oran Park	Tran, Raymond	Hurlstone Agricultural
Saba, Zoey	Westfields Sports	Tran, Vincent	Hurlstone Agricultural
Sakowicz, Odin	Hurlstone Agricultural	Truong, Dylan	Prairiewood
Saumamao, Talia	Macquarie Fields	Valassis, Thomas	Picnic Point
Saumamo, Lania	Campbelltown PA	Van Stralen, Dylan	Picton
Saumamo, Moana	Campbelltown PA	Van Stralen, Jayden	Picton
Sbezzi-Davison, Aleah	Elderslie	Vardy, Cody	Picton
Schipp, Jayden	Holsworthy	Vispe, Aitor	Picnic Point
Seneviratne, Davitah	Hurlstone Agricultural	Vo, Henry	Bonnyrigg
Seng, Malisa	Hurlstone Agricultural	Vo, Kaiden	Westfields Sports
Sharma, Devesh	Oran Park	Vo, Keira	Westfields Sports
Siemionow, Keiran	Bonnyrigg	Vo, Vijay	Hurlstone Agricultural
Sims, Ashleigh	Picnic Point	Vulusuva, Xavier	Westfields Sports
Skipworth, Lily	Picton	Vusanic, Filip	Bonnyrigg
Skipworth, Mitchell	Picton	Wade, Cooper	Elderslie
Skoric, Luka	Bonnyrigg	Wang, Yuhan	Macquarie Fields
Smith, Brodie	Picton	Ward, Anna-Rose	Hurlstone Agricultural
Spyropolous, Daphne	Bass	Watson, Lily	Mt Annan
Spyropolous, Nicholas	Bass	Watters, Cara	Picnic Point
Stanislas, Lincoln	Elizabeth Macarthur	Weeden, Alexis	Elderslie
Su, Ella	Casula	White, Ivy	Picton
Su, Jayden	Casula	White, Lincoln	Elizabeth Macarthur
Su Dennon, Hunter	Casula	Whiting, Shelby	Holsworthy
Swami, Krish	Hurlstone Agricultural	Williams, Emily	Picton
Tamayo, Ashleigh	Elizabeth Macarthur	Williams, Izabel	Elderslie
Tamayo, Cooper	Elizabeth Macarthur	Yeung, Sherwin	Macquarie Fields
Tang, Lachlan	Hurlstone Agricultural	Zannino, Georgia	Camden
Taueisano, Tam	Hurlstone Agricultural	Zhang, Edward	Hurlstone Agricultural
Tchan, Kienan	Hurlstone Agricultural	Zhov, Muchen	Hurlstone Agricultural
Te, Cooper	Hurlstone Agricultural		



Sydney West SSA

blue / black / gold

Team Managers

Julie Letters

Penrith

Nathan Lewis

Blaxland

Tayla Wright

Hawkesbury

Team Competitors

Acharrie, Talon	The Ponds	Daley, Emma	Glenmore Park
Andral, Dhruv	Parramatta	Dalton, Alexis	Glenmore Park
Aramoana, Tiana	The Hills Sports	Daly-Monk, Lachlan	Glenmore Park
Bailey, Maya	St Marys Senior	Davidt, Jacob	Kingswood
Baker, Gabriella	Glenwood	Davies, Kyan	Crestwood
Balintec, Liam	Girraween	Dedovic, Damien	Blaxland
Barrett, Harvey	Crestwood	Dewberry, Charlotte	Glenmore Park
Bedingfield, Alice	Blaxland	Dewberry, Tahlia	Glenmore Park
Beringer, Max	Quakers Hill	Dhatt, Chand	Rouse Hill
Borg, Emma	Glenmore Park	Dickson, Ella	Crestwood
Bowron, Leo	Blaxland	Dickson, Leila	Crestwood
Bray, Jack	The Hills Sports	Duggan, Georgi	Glenwood
Brown, Kate	Nepean	Dunlop, Aiden	The Ponds
Bullard, Liam	Blaxland	Dunlop, Callum	The Ponds
Bullock, Evie	Winmalee	Elemento, Alessandro	Blacktown Boys
Bunjevack, Nikola	Crestwood	Espie, Michayla	Kingswood
Burford, Angelina	Glenwood	Fang, Justin	James Ruse Agriculture
Cai, Aaron	James Ruse Agriculture	Fang, Matthew	James Ruse Agriculture
Calphy, Blain	Colo	Farrugia, Riley	Greystanes
Capewell, Poppy	Springwood	Filipe, Kiana	Evans
Carlisle, Jayden	Glenwood	Flatley, Emma	The Hills Sports
Cartman, Thomas	Blaxland	Fog, Jessica	Glenmore Park
Cazier, Aaron	Rooty Hill	Fordham, Elizbeth	Blaxland
Cheung, Natalie	Crestwood	Fowler, Hazel	Blaxland
Chevalier, Isaac	Girraween	Gopinath Nathiya, Abhinav	The Hills Sports
Cho, Iris	Seven Hills	Graham, Madison	Castle Hill
Choi, Daniel	Muirfield	Grimley, Callum	Muirfield
Clarence, Alexander	Glenwood	Guo, Justin Xuan	Baulkham Hills
Clarence, Stephanie	Glenwood	Hall, Nathan	Blaxland
Clarke, Callum	Katoomba	Hampton, Mia	The Hills Sports
Clues, Angus	The Hills Sports	Hand, Ben	Quakers Hill
Cootes, Melinda	Blaxland	Hand, Joshua	Quakers Hill
Copland, Arielle	Glenmore Park	Hartawan, Rochelle	Castle Hill
Cronshaw, Emmagen	Katoomba	Haylock, Amelia	Castle Hill
Cseh, Phoebe	The Ponds		

Henderson, Cayden	Blaxland	Maclean, Arthur	Blaxland
Hine, William	Blaxland	Mandoukos, Celina	The Hills Sports
Hogan, Branden	Northmead	Marcellino, Riley	James Ruse Agriculture
Horton, Isabella	Colo	Marchant, Pyper	Castle Hill
How, Lisa	Castle Hill	Mateo, Ethan	The Hills Sports
Hu, Ronni	James Ruse Agriculture	Matthews, Reuben	Muirfield
Huerta Nunez, Maria	Castle Hill	Mayne, Hannah	Glenwood
Hyde, Roman	Jamison	Mayne, Jade	Glenwood
Irwin, Dylan	The Ponds	McDermott, Lara	Castle Hill
Irwin, Jamie	The Ponds	Mcilroy, Kyra	Glenwood
Jeffree, Charlotte	Castle Hill	McNichols, Jaegan	Blaxland
Jessen, Elle	Crestwood	McShane, Elizabeth	Castle Hill
Jessen, Krystal	Baulkham Hills	Mealey, Taneeka	The Hills Sports
Jessu, Nicholas	Girraween	Meredith, Liana	Nepean
Jin, Aden	James Ruse Agriculture	Miller, Jackson	Cranebrook
Karadjov, Petar	Crestwood	Morgan, Aden	The Hills Sports
Karimi, Skarla	The Hills Sports	Morgan, Jye	The Hills Sports
Karoonuthaisiri, Passakorn	The Ponds	Mulukin, Izabella	Mitchell
Keating, Caitlyn	Crestwood	Mulukin, Lana	Mitchell
Khaliqi, Mehnaaz	Rouse Hill	Munce, Abigail	Castle Hill
Khaliqi, Omar	Rouse Hill	Murdoch, Ryan	Colo
Ki, Alicia	James Ruse Agriculture	Nair, Dyuthi	Parramatta
Kim, Amelia	Baulkham Hills	Nejad, Parmin	Castle Hill
Kim, Brian	James Ruse Agriculture	Ng, Breanna	Baulkham Hills
Kim, Erica	James Ruse Agriculture	Ni, Rebecca	Crestwood
King, Gemma	The Hills Sports	Nickl, Erin	Glenwood
Kolluru, Tanay	The Ponds	O'Brien, Daniel	Colo
Kucharski, Tammi	The Hills Sports	O'Donnell, Daniel	Greystanes
Kusnadi, Nathan	Baulkham Hills	Osborne, Erin	Crestwood
Lam, Ryan	Girraween	Owen, Charlotte	Glenwood
Lane, Ryan	Blaxland	Ozerianski, Lara	Castle Hill
Lavender, Sophie	Colo	Park, Francis	Kellyville
Lawrence, Charlotte	The Hills Sports	Park, Justin	Glenwood
Laws, Jarvis	The Hills Sports	Park, Kevin	James Ruse Agriculture
Lay, Boston	The Ponds	Paul, Adrian	Cranebrook
Leatham, Bentley	Cranebrook	Paul, Olivia	Colo
Lee, Katy	Baulkham Hills	Peterson, Sarskia	Crestwood
Lee, Rinoa	Greystanes	Pett, Amy	Glenwood
Leung, Hailey	Castle Hill	Phang, Zhi Hao	Kellyville
Li, Feitu	Castle Hill	Phang, Zhi Yong	Kellyville
Lim, Cameron	Kellyville	Phillips, Piper	The Hills Sports
Lin, Lucas	Baulkham Hills	Phillips, Syllas	The Hills Sports
Linder, Tessa	Colo	Pickering, Asha	Penrith
Lindsay, Rohnan	Model Farms	Porter, Maddison	Nepean
Liu, Alex	James Ruse Agriculture	Przyacz, Jacob	Blaxland
Llave, Mikaela	Blacktown Girls	Przydacz, Eli	Blaxland
Mackie, Jenna	Nepean	Qayom Zada, Ahmad	Plumpton
		Quee, Annissa	Castle Hill

Quinn, Talan	St Marys Senior	Torrens, Hannah	Castle Hill
Racker, Levi	The Ponds	Tsang, Madeline	Crestwood
Robinson, Matilda	Muirfield	Turner, Aisha	Katoomba
Roden, Addison	Nepean	Tuthill, Xander	The Hills Sports
Roper, Georgina	Crestwood	Tweedie, Kaylen	Seven Hills
Ross, Indi	Nepean	Vallis, Juliet	Castle Hill
Salkic, Aliyah	Nepean	Vella, Noah	Cranebrook
Saunders, Hannah	Muirfield	Visweswaran, Vishnu	Girraween
Saunders, Lucas	Muirfield	Voon, Celine	Model Farms
Scandizzo, Jacob	The Ponds	Vuong, Felix	James Ruse Agriculture
Scanlan, Blake	Muirfield	Wade, Luke	The Ponds
Schuettrumpf, Andrew	Blaxland	Wang, Felix	James Ruse Agriculture
Sciberras, Kaleb	Quakers Hill	Wang, Yucheng	Baulkham Hills
Shetty, Arav	Glenwood	Warton, Lachlan	Glenwood
Shin, Leo	James Ruse Agriculture	Weerakoon, Lara	Glenwood
Singh, Pareena	Castle Hill	Wells, Felicity	The Hills Sports
Small, Isabella	The Hills Sports	Whitton, Elijah	The Ponds
Small, Marissa	The Hills Sports	Whitton, Jacob	The Ponds
So, David	Cumberland	Wiffin, Ava	Nepean
Somi, Lowani	Castle Hill	Williams, Chloe	Glenmore Park
Spencer, Millie	Nepean	Williams, Luke	Quakers Hill
Steiner, Toby	Glenwood	Woods, Euan	Blaxland
Stevens, Harrison	Springwood	Wrighton, Wil	Blaxland
Stewart, Eric	Kellyville	Wrigley, Owen	Blaxland
Street, Lochlan	Kingswood	Xu, Grace	James Ruse Agriculture
Su, Enli	James Ruse Agriculture	Xu, Jingru	James Ruse Agriculture
Suarez-Walsh, Zoe	The Hills Sports	Yeo, Nee	Girraween
Tancred, Harrison	The Hills Sports	Yi, Alicia	James Ruse Agriculture
Tang, Darren	Baulkham Hills	Yung, Rachael	Castle Hill
Taylor, Hayden	The Ponds	Zhu, Patrick	James Ruse Agriculture
Thompson, Delinda	Mitchell	Zihni, Davran	The Ponds



Est. 1889



Western SSA

red / green

Team Managers

Kimberley Forrester

Dubbo College Snr Campus

Karin Morgan

Dubbo School of Distance Education

Team Competitors

Bailey, Eve	Dubbo College	Eaton, Darcy	Cowra
Ball, Joshua	Parkes	Elsom, Alana	Gilgandra
Ball, Thomas	Parkes	Fairfull, Axel	Cobar
Bell, Ruby	Peak Hill Central	Fenton, Jethro	The Henry Lawson
Bischoff, Jai	West Wyalong	Forde, Dylan	The Henry Lawson
Bischoff, Rhys	West Wyalong	Fuller, Dane	Dubbo College
Boneham, Bailey	West Wyalong	Gordon, Hannah	Canowindra
Boswell, Jimmy	Canobolas Rural THS	Gordon, Isabella	Canowindra
Brotherton, Kye	Narromine	Gorham, Joshua	Boorowa
Brougham, Chloe	Dunedoo	Green, Annaliease	Forbes
Brown, Chloe	Dubbo College	Green, Drew	Forbes
Brown, Noah	Canowindra	Green, William	Blayney
Budd, Harrison	Trundle	Greenhill, Hannah	Canowindra
Bye, Jack	Tullamore	Gunn, Hudson	Forbes
Carey, Clyde	Tullamore	Hamer, Tully	Blayney
Cashman, Brodie	Denison College	Harding, Zac	Dubbo College
Cashman, Gemma	Denison College	Hayne, Boston	Mendoran
Chapman, Myah	Dubbo College	Healey, Elizabeth	Nyngan
Christensen, Meg	Dunedoo	Henson, Hadlie	Denison College
Christensen, Oscar	Dunedoo	Henson, Violet	Denison College
Clark, Gabrielle	Forbes	Hodges, Nicholas	Cobar
Clark, Zain	Forbes	Horsburgh, Siara	Tullamore
Coffee, Millie	Trangie	Horstman, Edie	Orange
Constable, Lybbie	Mudgee	Hughes, Mikayla	The Henry Lawson
Copeland, Keira	Denison College	Hughes, Sophie	The Henry Lawson
Copeland, Ryan	Denison College	Jaques, Evan	Denison College
Courts, Matilda	Dubbo College	Jaques, Pepper	Denison College
Cousins, Harry	Cobar	Johnson, Xanthe	The Henry Lawson
Crisp-Zager, Shadae	Boorowa	Keizer, Laura	Dubbo College
Crowley, Tahlia	Dubbo College	Kennedy, Jacob	Boorowa
Cusack, Paddy	Narromine	Kiely, Lewis	Orange
Dargin, Tyler	Condobolin	Kline, Sophie	Dunedoo
Dillon, Roy	Orange	Kline, William	Dunedoo
Driver, Anthony	Denison College	Knight, Henry	Cobar
Duffy, Amelia	Boorowa	Latu, Savannah	Parkes
Duguid, Harry	Canowindra	Leese-Caines, Marshall	Narromine

Loader, Marley	The Henry Lawson	Ritchie, Tamsyn	Boorowa
Long, Jack	Dubbo College	Roberts, Abigail	Orange
Long, Nate	Dubbo College	Robinson, Harry	The Henry Lawson
Lovett, Taliyah	Dubbo College	Roffe, Jacob	Denison College
Lyons, Jake	Denison College	Roffe, William	Denison College
Martin, Emily	Nyngan	Rogers, Ludie	Canowindra
Martin, Maddison	The Henry Lawson	Rufus, Addison	Dubbo College
McAneney, Sophie	Dubbo College	Ruming, Dylan	Denison College
McCauley, Bridie	Orange	Ruming, Thalia	Denison College
McCauley, Kalisha	Orange	Russell, Asha	Dunedoo
McDonald, Ella	Lithgow	Russell, Ethan	Dunedoo
McIntosh, Rory	Orange	Sanderson, Thomas	Trundle
McMahon, Benjamin	Canowindra	Sanson, Matilda	Lake Cargellico CS
McManus, Tyler	Lithgow	Sant, India	Peak Hill Central
Moller, Felicity	Anson St Special School	Seaman, Emily	West Wyalong
Molloy, Luke	Dubbo College	Sepping, Jayden	Dubbo College
Molloy, Ryleigh	Dubbo College	Sepping, Stephanie	Dubbo College
Moody, Ewan	Parkes	Sheehan, Natalie	The Henry Lawson
Moody, Liam	Parkes	Simeonidis, Lachlan	Denison College
Morgan, Jessica	Trundle	Skinner, Meg	Parkes
Morrissey, Skye	Narromine	Smith, Fergus	Boorowa
Morrissey, Tyler	Narromine	Smith, Mikayla	Dubbo College
Murray, Jack	Denison College	Smith, Tahlia	Dubbo College
Naidoo, Lucy	Orange	Stewart, Chaise	Mudgee
Naidoo, Pat	Orange	Stokes, Aliethea	Trundle
Ng, Bosco	West Wyalong	Summerhayes, Addison	Parkes
Nowlan, Adelaide	The Henry Lawson	Sunderland, Lachlan	Canowindra
Nowlan, Scarlett	The Henry Lawson	Tandy-Bell, Ronnie	Wellington
Nugent, Shelby-Rose	Anson St Special School	Tapine, Mani	Forbes
Orr, Charlotte	Parkes	Thompson, Bailey	Dunedoo
Parkins, Ella	Dunedoo	Thompson, Samantha	Wellington
Parry, Kharliah	Tullamore	Toole, Lisbeth	The Henry Lawson
Patton, Charles	Condobolin	Toole, Ryan	The Henry Lawson
Piper, Isabella	Boorowa	Vonthien, Stephanie	Forbes
Piper, Kirsten	Boorowa	Vonthien, Thomas	Forbes
Pittock, Tully	Dubbo College	Wade, Jye	Denison College
Price, Blake	Parkes	Walsh, Olivia	Dubbo College
Price, Matty	Parkes	Whalan, Brooklyn	Denison College
Pye, Imogen	Boorowa	Whiting, Ryan	Molong
Redding, Luke	Dunedoo	Williams, Hugh	Ungarie
Rehfishch, Mitchell	Carenne School	Williams, Paddy	Trundle
Renshaw, Utah	Denison College	Wiradi, Nicolas	Lithgow
Riles, Brock	Boorowa	Wylie, Matilda	Denison College



West Darling SSA

Maroon / white / yellow

Team Managers

Sarah Molloy Willyama

Team Competitors

Barrett, Zachery	Willyama	Pascoe, Fletcher	Willyama
Bevan, Sienna	Willyama	Shoebridge, Oscar	Willyama
Clavel, Cohen	Willyama	Sultana, Molly	Willyama
Clavel, Eamon	Willyama	Victory, Mackenzie	Willyama
Millard, Jack	Willyama	Walsh, Oliver	Broken Hill
Molloy, Scarlett	Willyama	Wenham, Esther	Willyama

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NSW Public Schools Sporting Legends - Swimming

NSW schools have produced some of the world's greatest ever swimmers.

In this year's PSSA and CHS State Swimming Championships Programs we are highlighting three of the best ever, true legends of Australian Sport. Like you, they participated in local school sporting events, progressing to State Championships and then, from these humble beginnings, went on to become household names.

DAWN FRASER. AC, MBE. (Birchgrove Public and Leichhardt High Schools)

Dawn was born in 1937 and attended Birchgrove Public and Leichhardt High School. Harry Gallagher invited Dawn to join the "Golden Dolphins" who trained at the Elkington Park Pool (now called the Dawn Fraser Baths) when she was 14 years old.

Dawn Fraser won eight Olympic medals (4 Gold) and six Commonwealth Gold medals. She held the World 100m Freestyle record for 15 years....an amazing statistic.

Dawn was the first of only three swimmers in Olympic history to have won Gold medals for the same event in three successive Olympics (1956, 1960, 1964). In 1962 she did what had previously been considered impossible...becoming the first woman to swim 100m in less than 60 seconds (58.9 seconds). Dawn was named 'Australian of the Year' in 1964. In 1999, she was named The World's Greatest Living Female Water Sports Champion. Dawn Fraser is one of our greatest ever Australians.



SHANE GOULD. AM. MBE. (Miranda Public, Epping North Public and Turramurra High Schools)



At 15 years of age, at the 1972 Munich Olympics while still attending Turramurra High School, Shane won three Gold medals, setting a world record in each race. She also won a Silver and Bronze medal. Gail Neall also from Turramurra High won a Gold medal at these Olympics in the 200m Butterfly. A remarkable achievement for Turramurra High.

Shane Gould is the first person, male or female to hold every freestyle world record from 100m to 1500m, as well as the 200m Individual Medley at the same time - an extraordinary achievement. Shane retired from competitive swimming at a young age, and in 2018, at 62 years of age

became the oldest person ever to win the television show *SURVIVOR*. Shane still competes successfully in Masters swimming events and is regarded worldwide as one of Australia's finest ever swimmers.

IAN THORPE. AM. (Milperra Public and East Hills Boys High Schools).

At the age of 14, Ian Thorpe became the youngest male ever to represent Australia. His victory in the 400m freestyle in the 1998 World Championships made him the youngest ever individual male World Champion.

After smashing the 400m World Record in 1999 along with a number of other outstanding performances over the next three years, Thorpe was named 'World Swimmer of the Year' on three separate occasions. In quick succession Thorpe broke the 200m and 400m Freestyle records time after time, as well as being part of world record breaking relay teams.

In the 2000 Sydney Olympics, Ian won Gold in the 400m Freestyle, 4 x 100m freestyle, 4 x 200m freestyle, as well as Silver in the 200m freestyle and 4 x 100 medley. Ian has won a total of 37 Gold medals across Olympic Games, Commonwealth Games, World Championships and Pan Pacs.

A former 'Young Australian of the Year', Ian supports a range of charities and is acknowledged as one of the greatest male swimmers of all time.



History of school sport

Prior to the establishment of the competitive school sport program in 1889, (which was prior to the commencement of the modern Olympic Games in 1896), most schools conducted games, dancing, gymnastics and rhythmic movement programs for students.

Schools also implemented both internal sporting programs and arranged competitive matches against other local schools. Many country schools travelled long distances to ensure young people experienced the challenges, benefits and enjoyment provided by competitive sporting opportunities.

In 1889, the NSW Public Schools Amateur Athletic Association was formed by a group of dedicated teachers to co-ordinate school sport in NSW. For the first 25 years the one single event that took pride of place on the calendar was the Annual Sports Carnival which took place at the Sydney Cricket Ground and the Sydney Showground (formerly Agricultural Grounds and now Fox Studios) at Moore Park.

Crowds of 40,000 – 50,000 spectators would gather to watch 12,000 students participating in events that included sprinting, walking, sack races and throwing a cricket ball, along with military type drill competitions. From these humble beginnings school sport has evolved into the current program that is organised by the NSW Primary Schools Sports Association and the NSW Combined s Sports Association. These organisations now offer over 60 state championships and 80 knockout competitions; involving over 300,000 students annually.

The timeline below reflects the place of school sport in the history of NSW and Australia and how public school sport graduates have progressed to represent their state and country in some of the major sporting events held globally over the past 130 years.

1889 Formation of the school sport program as we know it today	
Victor Trumper Cricket Crown Street Public School	Selected in the 1889 Australian team that toured England. Considered one of the most naturally talented cricketers to have played the game. At the 1895 NSWPSAAA Annual Sports Carnival, Trumper won the fielding / throwing of a cricket ball competition.
Herbert (Dally) Messenger Rugby Union/ Rugby League) Double Bay Public School	Considered one of the greatest ever players in either Rugby Union or Rugby League. Messenger played 2 Rugby Union tests and 7 Rugby League tests. Transferred from Rugby Union to Rugby League to become a professional player.
Harold Hardwick Swimming Fort St Model School	All Schools Swimming Championships Gold Medallist 1905. Stockholm Olympic Games (1912) - Gold medallist 4 x 200m freestyle relay. Department of Education- Director of Physical Education (ret 1953).
Fanny Durack Swimming Crown Street Public School	From 1910 – 1918, Fanny was considered the world's greatest female swimmer over all distances. Won a Gold Medal at the Stockholm Olympic Games for the 100m freestyle
1914 – 1918 The First World War	
Andrew 'Boy' Charlton Swimming Manly Village Public School	Attended three Olympic Games – 1924, 1928 and 1932, winning a total of five medals including one Gold.
1929 – 1939 Great Depression	
Sir Donald Bradman Cricket Bowral Public School	Acknowledged as the greatest cricketer of all time. His extraordinary achievements lifted the nation during the Great Depression. After World War II, at 37 years of age Bradman returned to Test Match cricket in the 1945-46 series against England and again for the 1947-48 Invincibles Tour of England. Bradman's presence in these matches again raised the spirits of Australia.
1939 – 1945 The Second World War	
Ken Rosewall (MBE) (AM) Tennis Rockdale Public School	Won his first Australian Open Tennis Championship in 1953, repeating this effort in 1955, 1971 and 1972. He also won the French Open in 1953 and 1968, US Open winner 1956 and 1970. In all he won 23 Tennis majors including 8 grand slam singles.
Arthur Buchan Rugby Sydney Technical HS	Selected for the 1946 Wallabies. Played 10 Rugby tests for Australia. Also became Deputy Director General, NSW Department of Education.
Marjorie Jackson-Nelson (AC)(CVO)(MBE) Athletics (Track) Coffs Harbour and Cooerwull Public Schools, Lithgow High	1952 Helsinki Olympic Games, won 2 sprinting Gold Medals. Became Governor of South Australia.

1956 Melbourne Olympic Games		
Betty Cuthbert (MBE) (AM) Athletics (Track) Ermington Public School / Parramatta Domestic Home Science School		Triple Athletics Gold medallist in Melbourne (100m, 200m, and 4 x 100m relay) Gold medal in Tokyo (1964) in the 400m.
Dawn Fraser Swimming Birchgrove Public School /Leichhardt High		Won her first 100m Gold Medal at the Melbourne Olympics. Subsequently won Gold Medals in Rome 1960 and Tokyo 1964. (one of only three swimmers to win the same event at three Olympic Games)
Lew Hoad Tennis Glebe Public School		Won the Australian Open Tennis Championship in 1956. Won 4 major Tennis titles and was a part of 3 Davis Cup victories.
Arthur Summons Rugby Union/ Rugby League Homebush Boys HS	Norm Provan Rugby League Willoughby PS Crows Nest PS Technical College	Arthur Summons along with Norm Provan immortalised on the trophy presented to the winners of the NRL Grand Final. The trophy was modelled off the photo taken by John O'Grady after 1963 Grand Final.
Sir Jack Brabham Motor Racing Hurstville Boys HS		In 1959 won his first of 3 Formula 1 World Motor Racing Championships. The first Australian ever to win the world title.
Bernard (Midget) Farrelly Surfing Manly Village Public School		Won the 1964 inaugural World Surfing Championships. Considered a pioneer of surfing in Australia.
Heather McKay Squash Queanbeyan West Public School Queanbeyan HS		In 1962 won her first British Open (at that time considered the World Championship) and then held this title for 15 consecutive years.
1969 Neil Armstrong becomes the first man to walk on the moon		
Evonne Goolagong (MBE) (AO) Tennis Barellan CS Willoughby Girls HS		Won her first Wimbledon title in 1971. In total Evonne won 7 grand singles titles.
1972 Munich Olympic Games		
Graham Windeatt Swimming East Hills Boys HS		At the 1971 NSWCHSSA Swimming Championships Graham broke the World 800m freestyle record. He went onto represent Australia at the 1972 Munich Olympic Games where he won a silver medal in the 1500m.
Shane Gould Swimming Miranda Public School, Epping North Public School Turrumurra HS		Shane competed at the Munich Olympic Games while a student at Turrumurra HS winning 3 Gold medals, 1 silver and 1 bronze. Gail Neall also from Turrumurra High also won a gold medal in the 200m Butterfly. What an extraordinary double.
David Woods Water Polo Birchgrove Public School Drummoyne Boys HS		David represented at the 1972 Munich Olympic Games and the 1976 Montreal Olympic Games. He also represented at 2 World Championships and coached the Australian Women's team which included his daughter Taryn, whilst son Gavin has represented Australia in Water Polo at 4 Olympic Games. David was President of the NSWCHSSA from 1984 until 1991.
1980 Moscow Olympics		
Michelle Ford Swimming St George Girls HS		At the 1980 Moscow Olympics Michelle won the Gold medal in the 800m freestyle and a Bronze medal in the 200m Butterfly
Inaugural Rugby League Immortals announced in 1991		Rugby League immortals include Bob Fulton (Unanderra Public School and Dapto HS) Reg Gasnier (Sydney Technical HS)
1983 Australia II wins the Americas Cup		
Kevin Nichols Cycling Grafton/South Grafton HS		Captain of the 1984 cycling team that competed at the Los Angeles Olympic Games. Was a member of the Gold Medal winning Pursuit team.
Mark, Gary, Glen and Marcia Ella Rugby and Netball La Perouse Public School Matraville HS		The Ella family came to prominence when Mark, Gary and Glen Ella represented Australia in Rugby Union and were part of the 1984 Grand Slam winning team. In 1986 Marcia Ella represented Australia in Netball against New Zealand.

Craig Johnston Football Booragul HS	Scored a goal for Liverpool in their 3-1 victory over Everton in the 1986 FA Cup Final. A pioneer for Australian players securing contracts to play Football overseas.
Anne Sargeant Netball Forestville PS / Killarney Hts HS	Australian Netball player. Represented from 1978 until 1988, captaining the team for 6 years.
Steve and Mark Waugh Cricket Panania Public School East Hills Boys HS	Steve and Mark were both awarded CHS cricket Blues in 1984. In 1983 Steve won a CHS Soccer Blue and the President's Award. The twins represented the Australian Cricket team with distinction with Steven captaining the team in 57 test matches and 106 One Day Internationals.
Kerry Saxby AM Athletics Ballina HS	Elite race walker whose career spanned 1980 and 1990's. Kerry won 2 Commonwealth Games Gold Medals and set 32 world records during her career.
Layne Beachley AO Surfing Balgowlah Heights Public School Mackellar Girls HS	In 1990 Layne won the first of her 7 World Surfing titles. Layne inducted into the Australian Sports Hall of Fame in 2011.
1991 World Wide Web goes public	
Alyson Annan Hockey Macquarie Fields PS & HS	In 1996, Alyson won her first of two Olympic Gold medals in Atlanta. She also won two World Cup Golds and four Champions Trophy Golds. Alyson represented Australia in 228 international matches.
2000 Sydney Olympic Games	
Ian Thorpe Swimming Milperra Public School East Hills Boys HS	At the 2000 Sydney Olympics Ian won Gold Medals and set 2 World Records in swimming. In total won 5 Gold Medals and 11 World Championships.
Lauren Jackson Basketball Thurgoona Public School Murray HS	The Sydney 2000 Olympic Games were her first Olympic Games. Lauren has subsequently has played in 3 more Olympics; 2004, 2008 and 2012
Debbie Watson Water Polo Mackellar Girls HS	Captained gold medal winning Australian Women's Water Polo team (other team members were Taryn Woods (Fort Street), Bronwyn Mayer (Hunters Hill), Yvette Higgins (Riverside Girls) and Simone Hankin (Picnic Point)
Kurt Fearnley Paralympic Athlete Blayney Public School Blayney HS	At the Sydney 2000 Olympic Games he won 2 silver medals). In total Kurt competed at 5 Olympic games winning 3 Olympic Gold medals.
Tim Cahill Football Bexley Nth / Annandale Nth PS Tempe and Kingsgrove HS	Tim has represented Australia on 104 occasions, scoring 50 goals. He has had a stellar career playing for various overseas and Australian teams.
Torah Bright Snowsports Cooma North Public School	Torah won an Olympic Gold medal in the Half Pipe at the 2010 Vancouver Winter Olympic Games.
John Longmire Australian Rules Corowa PS / Corowa HS	After a successful playing career, John coached the Sydney Swans to the AFL Premiership flag in 2012 Grand Final.
James Spithill Sailing Pittwater HS	Youngest ever skipper to win the America Cup in 2010. He defended this title in 2013. Was the helmsman of Comanche which won the Sydney to Hobart in 2017.
Steven Smith Cricket Alfords Point Public School Menai HS	Steven Smith is considered one of the most outstanding cricketers of any era. He was appointed as Australian Cricket Captain in 2015. Steven joins a number of Australian Cricket Captains to graduate from NSW Public Schools. Others include Bill Brown (Petersham PS), Sir Donald Bradman (Bowral PS), Arthur Morris (Canterbury Boys HS), Ian Craig (North Sydney Boys HS), Richie Benaud (Jugiong PS and Parramatta HS), Bob Simpson (Earlwood PS and Tempe HS), Allan Border (North Sydney BHS), Mark Taylor (Chatswood HS), Steven Waugh (Panania South PS and East Hills Boys HS), Adam Gilchrist (Deniliquin PS and Kadina HS), Michael Clarke (Marsden Rd PS and Westfields Sports) and Brad Haddin (Karabar HS)

School sport - for parents

Welcome and thank you for attending these championships and supporting your child. Parents, caregivers, coaches, teachers and volunteers play a significant role in the motivation and development of young people.

Due to the regularity of contact and the influence parents and caregivers have as role models for young people, they particularly have an opportunity to shape the behaviours, enthusiasm and respect young people demonstrate in their sporting endeavours.

Please find below some suggestions that might enhance the enjoyment of all those involved in the school sporting pathway.

1. Enjoy the journey.

- Sport is a journey that provides physical, social and emotional benefits for children. Enjoyment and having fun with friends is their greatest reward. You also share in this enjoyment.

2. It's better if the first question you ask your child is "did you enjoy it?" rather than "did you win?"

- Not every child is going to become a champion but every child has the opportunity to continue enjoying sport through coaching, managing or supporting.

3. Model good behaviours and never accept poor sportsmanship from your child or their coach.

- Children learn more by seeing than hearing, particularly from people they care about. No matter what the circumstances, be someone they can admire and respect.
- Parents aren't judged on their child's accomplishments, however parents are often held responsible for their child's behaviour.

4. Your child's results should not affect your mood.

- Never get upset after an event where results don't go the way of your child.

5. Give your child space to grow and mature.

- All children are different. Accept your child for who they are. Fault finding makes the child question their self-worth. Letting a child know how much you care about them makes them proud and builds resilience.

6. Focus on the processes rather than the outcomes.

- Parents should understand that the best athletes focus on the process, because the result is often out of their control.

7. Avoid going over the top about your child's talent.

- Every sport has talented athletes, but for various reasons they do not always reach the pinnacle.

8. Encourage good attitudes.

- Good attitudes carry over into all aspects of life.

9. Support the coach, especially in public and in front of your child.

- If there is a disagreement, settle it privately.
- Negatively discussing other parents or coaches in front of your child can be detrimental
- No matter how private conversations are, they can become public very easily.

10. Build good relationships with other parents.

- Parents of your children's friends will often become your friends.

11. You should not compare your child's journey to another child's journey.

- Children mature at different rates. All children are different. Try to understand your child's views of the world around them.

12. If your child makes mistakes, let them experience the consequences of their actions.

- This is how they learn and grow and become independent, resourceful and confident.
- Set-backs and failures are opportunities for improvement. Explain to your child that continued effort, practice and learning are the keys to success.

13. Recognise your child's results don't define you.

- Your child's success or disappointment does not change other parents' views of you.

14. Develop your child's strengths.

- Help your child to identify their strengths and develop them. These children experience success, become inspired, confident and resilient.



School Sport Unit

About us ▾

Representative sport ▾

Swimming and water safety ▾

Premier's Sporting Challenge ▾

Disability and inclusion ▾

Policy and guidelines ▾

Teacher resource hub ▾

[Home](#) > [Representative sport](#)

Representative school sport

Parents, teachers, and students can browse Schools Sports Associations to find representative sport events and results for students aged 8 to 19 years old.



Sport associations

Association level

- > [Hunter](#)
- > [North Coast](#)
- > [North West](#)
- > [Riverina](#)
- > [South Coast](#)
- > [Sydney East](#)
- > [Sydney North](#)
- > [Sydney South West](#)
- > [Sydney West](#)
- > [Western](#)
- > [Barrier](#)
- > [West Darling](#)

State and National level

- > [NSW Primary Schools Sports Association](#)
- > [NSW Combined High Schools Sports Association](#)
- > [School Sport Australia](#)

School Sport history

- > [School Sport history](#)
- > [Australian Representatives](#)

Event information

- > [View calendar](#)
- > [Find events](#)
- > [Find results](#)
- > [Find names in results](#)
- > [Find my school's sporting associations](#)

Upcoming events

Tuesday, 2 May 2023

[NSWCHSSA - Secondary Rugby Union - Boys - Championship - Day 1](#)
[NSWCHSSA - Secondary](#)

**Visit the
New South Wales
Combined High Schools
Sports Association website**

- **Archived results**
- **Livestreaming of events**
- **Championship program**
- **Event results**
- **Online souvenir apparel**



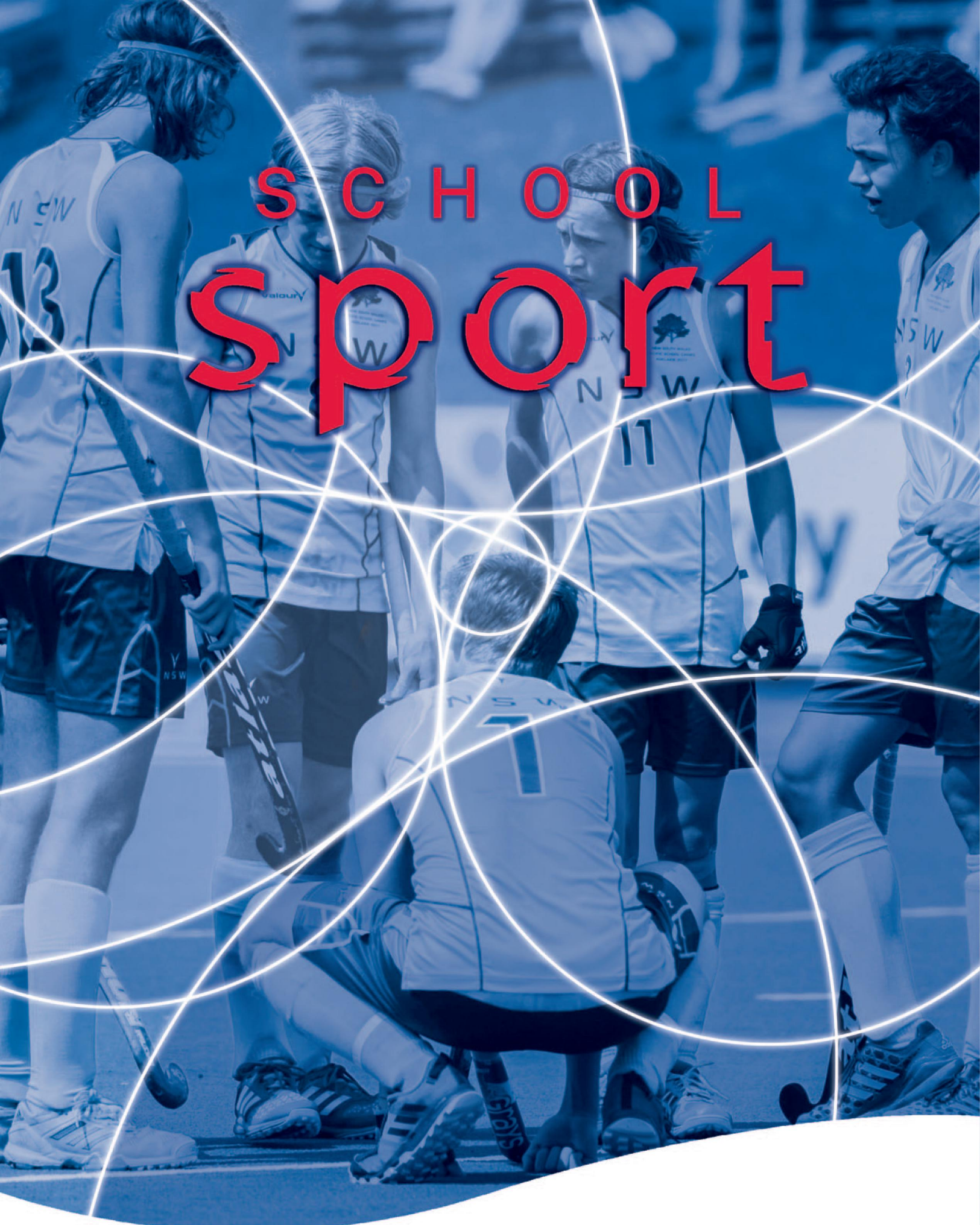
NSWCHSSA

PLAYERS, TEACHERS, COACHES AND SPECTATORS CODE

YOUNG PEOPLE INVOLVED IN SPORT
HAVE A RIGHT TO PARTICIPATE IN A
SAFE AND SUPPORTIVE ENVIRONMENT

- 
- ★ The goals of the game are to have fun and improve skills.
 - ★ Be modest in success and generous in defeat.
 - ★ Play for the fun of it.
 - ★ Play by the rules and always respect the decisions of officials.
 - ★ Make no criticism either by word or gesture.
 - ★ Deliberately distracting or provoking an opponent or player is not acceptable or permitted in any sport.
 - ★ Be a good sport. Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
 - ★ Condemn unsporting behaviour and promote respect for opponents.
 - ★ Condemn the use of violence in any form.
 - ★ Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
 - ★ Ensure any use of social media about or around this event/team/management is responsible and appropriate.
 - ★ Place the safety and welfare of the participants above all else.
 - ★ All school sports events are alcohol and smoke free zones.

For more information and results of all events, please see
<https://app.education.nsw.gov.au/sport>



SCHOOL sport

TEAM WORK • FAIR PLAY
GOAL SETTING AND ACHIEVING

 <https://app.education.nsw.gov.au/sport>  <https://www.facebook.com/NSWschoolsportunit>