



# Potty Training Guide



Your Partner in Potty Training

Every child learns at their own pace—and with the right tools and a little encouragement, potty training can be a confident, low-stress transition for both of you.

Whether you're just getting started or you're ready to ditch diapers for good, this guide walks you through each stage of the potty journey using Jool Baby's thoughtfully designed potty training products.



## When to Start Potty Training

Potty training can feel like a big milestone—and a big mystery. Some kids are all-in right away, while others show zero interest. So how do you know when it's time to start? And what happens if they were doing great...and suddenly aren't?

**Here's what you need to know to kick things off with confidence (and a lot of patience).**

## What Age Should You Start Potty Training?

There's no perfect age, but most children are ready to start potty training between 18 months and 3 years old.

**That said, it's less about age & more about readiness.**



# Signs Your Child Might Be Ready

Before introducing a potty chair or potty seat, look for these signs of readiness:

- ✓ Staying dry for at least 2 hours at a time
- ✓ Expressing discomfort with dirty diapers
- ✓ Showing interest in the toilet or wanting to copy older siblings/parents
- ✓ Telling you (or showing signs) they're about to go—or have just gone
- ✓ Hiding away when pooping (a surprisingly common step toward independence)
- ✓ Can follow basic instructions and pull pants up/down

If you're seeing 3 or more of these, they may be ready to try using the potty!

**Tip:** Start with a potty chair to introduce the concept in a low-pressure way.

## What If They're Not Ready Yet?



That's okay! Forcing it too early can backfire. If your toddler resists the potty, it's totally fine to pause and try again in a few weeks.

In the meantime:

- Let them see you using the bathroom
- Read potty-themed books together
- Keep the potty chair visible and accessible
- Celebrate any small steps (even sitting fully clothed!)



## Stage-1 Starting Out

This stage is all about building awareness and positive associations.

### What to Do:

- Let your child explore the potty chair before expecting them to use it.
- Encourage sitting on it with clothes on at first—no pressure.
- Add it to your routine: after meals, before bed or when they show signs they need to go.
- Offer lots of praise—even just for sitting.



### GOAL OF THIS STAGE

Get comfortable with the idea of using the potty regularly.

Why the Real Feel Potty Chair helps:

**Ideal for early learners who need comfort, familiarity and a little fun**

- Realistic toilet design gives toddlers the comfort of a small chair with the confidence of mimicking grown-up behavior.
- Flush button sound adds fun and motivation.
- Easy-to-clean inner bowl makes cleanup a breeze.



Real Feel Potty Chair

## More Stage 1 Potty Training Essentials



2-in-1 Potty Chair



Handled Potty Chair



3-Piece Potty Training Kit



## Stage-2 Potty Pros

Now that your toddler is using the toilet regularly, it's time to empower them with more independence.

### What to Do:

- Encourage your child to climb up and set up the potty ladder on their own.
- Reinforce the habit of going potty without reminders.
- Use praise and small rewards to keep the motivation high.

### ★ GOAL OF THIS STAGE

Transition to using the toilet independently, but with a little help.

Why the Ready, Step, Go! Potty Ladder works:

**For toddlers ready to take the lead—with safe support every step of the way**

- Wide, non-slip steps and soft-grip handles make climbing secure and comfortable.
- Adjustable height fits most toilets.
- Foldable for compact storage when not in use.
- Designed to help toddlers feel safe, stable, and proud of going on their own.



Ready, Step, Go! Potty Ladder

## More Stage 2 Potty Training Essentials



Handled Potty  
Training Seat



Potty Training Seat



Quick Flip Potty Seat



## Stage-3

# On-the-Go Experts

Your toddler is now confidently using the toilet at home—hooray! The next step? Staying consistent while out and about. With the right tools, you can keep the momentum going beyond your front door.

### What to Do:

- Pack the Folding Potty Seat in your diaper bag for easy access anywhere.
- Look for restrooms ahead of time when heading out.
- Encourage your child to use the potty just like they do at home.
- Celebrate small wins—even one successful trip out is a big deal!



### GOAL OF THIS STAGE

Keep potty training on track in public places, building confidence and consistency everywhere you go.

Why the Folding Potty Seat works:

**For toddlers ready to stay on track—wherever they go.**

- Universal design fits standard & public toilets.
- Non-slip grips help toddlers feel secure.
- Compact, foldable, and travel-ready with a bonus carrying bag.
- Familiar and consistent—just like home, but portable.



Folding Travel Potty Seat

## More Stage 3 Potty Training Essentials



Folding Travel Potty Chair



## Final Tips for Every Stage

- Keep the tone light and encouraging.
- Let your child take the lead when they're ready.
- Accidents will happen—stay patient and supportive.
- Use consistent language: "Let's try the potty," or "Time to go potty!"

# Celebrate :- the Milestones

From the first time they sit down to the moment they flush all by themselves, each step is a big deal. You're not just potty training—you're raising a confident, independent little human.

With Jool Baby's potty training tools, every stage is designed to meet your child where they are—and help them take the next step forward.





# What to Do About Potty Training Regression

So your toddler was doing great... and now they're having accidents again. Regression is common, especially during:

- Life changes (new sibling, move, daycare switch)
- Illness or fatigue
- A growth or developmental leap

## How to handle it:

- Stay calm. Avoid punishment or shame.
- Reinforce routines. Go back to consistent potty times.
- Go back a stage if needed.
- Give praise. Focus on effort, not perfection: "You tried so hard!" or "You made it to the potty in time—awesome!"

**Remember, potty training isn't a straight line—it's a learning curve. Regression doesn't mean failure. It's just part of the process.**

## When in doubt, follow their lead

Every child is unique, and there's no need to rush. With the right tools, patience and a little flexibility, your toddler will get there—and Jool Baby is here to support every step (and step stool!) of the journey.



Scan here for more potty training tips  
Follow Us @Joolbaby

