



# Muskie Community Center

## DINING MENU

### April 2025

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Baked Ham Sweet Potato Broccoli or Salad Bar Dinner Roll	<b>2</b> Baked Chicken Tenderloin w/ Gravy Parsley Potatoes Cauliflower or Salad Bar Dinner Roll	<b>3</b> Cuban Pork Rice Vegetable Medley or Salad Bar Dinner Roll	<b>4</b> <b><u>Breakfast Buffet</u></b> Salmon Pie Carrots or Salad Bar Dinner Roll
<b>7</b> American Chop Suey Spinach or Salad Bar Dinner Roll	<b>8</b> Chicken Stir Fry Rice Vegetable Medley or Salad Bar Dinner Roll	<b>9</b> Meatloaf Mashed Potatoes Peas or Salad Bar Dinner Roll	<b>10</b> Chicken Marsala Rice Pilaf Green Beans or Salad Bar Dinner Roll	<b>11</b> <b><u>Breakfast Buffet</u></b> Baked Stuffed Haddock Baked Potato Beets or Salad Bar Dinner Roll
<b>14</b> Beef Burger w/ Roll Pasta Salad Broccoli or Salad Bar	<b>15</b> Kielbasa or Hotdog Baked Beans Corn or Salad Bar Hot Dog or Dinner Roll	<b>16</b> Teriyaki Chicken Tenderloins Rice Carrots or Salad Bar Dinner Roll	<b>17</b> Turkey with all the Fixings Mashed Potatoes Butternut Squash or Salad Bar Dinner Roll <i>Suggested Donation of \$8.00</i>	<b>18</b> <b><u>Breakfast Buffet</u></b> Breaded Fish Filet w/Cheese on a Roll Roasted Potatoes Green Beans or Salad Bar
<b>21</b> Swedish Meatballs Egg Noodles Peas & Carrots or Salad Bar Dinner Roll	<b>22</b> Chicken Parmesan Roasted Potatoes Broccoli or Salad Bar Dinner Roll	<b>23</b> Shepherd's Pie Green Beans or Salad Bar Dinner Roll	<b>24</b> Sweet & Sour Pork Rice Vegetable Medley or Salad Bar Dinner Roll	<b>25</b> <b><u>Breakfast Buffet</u></b> Lemon Butter Haddock Scalloped Potatoes Beets or Salad Bar Dinner Roll
<b>28</b> Beef Patty & Gravy Rice Pilaf Mixed Vegetable or Salad Bar Dinner Roll	<b>29</b> Spaghetti & Meatballs Carrots or Salad Bar Dinner Roll	<b>30</b> Sausage Subs Oven Fries Cauliflower or Salad Bar	All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.	<b><u>Breakfast Buffet</u></b> Served every Friday From: 8 - 9:30 a.m. Cost: \$7 per person

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



# Muskie Community Center

# ACTIVITIES

## April 2025

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	12:30 - 2:30 p.m.	★ Mahjong ~ <i>Beginners are welcome!</i>	\$2 per person
Tuesdays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i>	\$5 per hour
	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	9 - 11 a.m.	Quilts & Crafts	\$2 per person
	Noon - 2:30 p.m.	Hand & Foot ~ <i>Canasta ~ Rummy Type Card Game</i>	\$2 per person
	1 - 2:30 p.m.	Muskie Music Makers	\$1 per person
Wednesdays	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	9:30 - 10:30 a.m.	French Social Hour ~ <i>Converse with others in French!</i>	\$2 per person
	10 a.m. - 1 p.m.	★ Computer/Phone Classes	Returning in May
	Noon - 2:30 p.m.	Cribbage	\$2 per person
	2 - 3:30 p.m.	Waterville Chess Club ~ <i>Beginners are welcome!</i>	\$2 per person
	Apr 16, 1 - 2:30p.m.	★ Family Caregiver Support Group	Free
	Apr 23, 10 - 11 a.m.	★ Detecting Scams with Community Resource Officer Bouley	Free
Apr 30, 2 - 3 p.m.	★ 10 Tips for Adults, Eating Better on a Budget	Free	
Thursdays	By Appointment	★ Notary Services	Donations Accepted
	Apr 3, 8 a.m. - 2 p.m.	★ Veterans Assistance -Veterans' Service Officers	Free
	9 - 10 a.m.	Line Dancing Class	\$2 per person
	1 - 3 p.m.	Scrabble ~ <i>If interested sign up at Reception</i>	\$2 per person
	Apr 17, 9 a.m. - 1 p.m.	Power Hour with CMP Representatives	Free
	Apr 17, 10 a.m. - 2 p.m.	★ Dealing with Dementia Presentation	Free
Apr 24, 11 a.m. - Noon	★ Eat, Learn, & Prosper Presentation~ Saving Money	Free	
Fridays	8 a.m. -3:30 p.m.	★ MOTIVATE at Home Oral Health Education	Free
	8:30 a.m. - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception Veterans Play Free</i>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	1 - 3 p.m.	"63" Card Game ~ <i>Beginners are welcome!</i>	\$2 per person
	Apr 25, 1 - 2:30 p.m.	★ Medicare 101 Clinic at Muskie	Donations Accepted

### Eat, Learn & Prosper Presentation~ Saving Money

Join us at the Muskie Community Center on **Thursday, April 24** from **11:00 a.m.—Noon** for a lunchtime learning workshop with Carrielyn Reynolds, Financial Coach at New Dimensions Federal Credit Union. Carrielyn will show us tips and resources on the art of saving money. This learning workshop provides tips using technology apps to save money on gas and groceries. Carrielyn will also show how to make store rewards work in your favor, as well as money saving tips to stretch your dollar!

*Pizza lunch will be provided by Maine Pine Catering. Donations appreciated!*

