

# Morning Essentials

## **FOR PAR**

- Fruit Basket
- Variety of Breakfast Bars
- Coffee, Decaf, Tea, Water, Juices
- *\$6++ per person*

#### **FOR BIRDIE**

- Fruit Basket
- Variety of Breakfast Bars
- Yogurt Parfait featuring:
- Fresh Berries and House Crafted Granola
- Coffee, Decaf, Tea, Water, Juices
- *\$10++ per person*

#### **FOR EAGLE**

- Fruit Basket
- Variety of Breakfast Bars
- Yogurt Parfait featuring Fresh Berries
- & and House Crafted Granola
- Variety of Breakfast Breads & Spreads
- Coffee, Decaf, Tea, Water, Juices
- *\$13++ per person*

# **THE ALBATROSS**

- Fruit Basket
- Yogurt Parfait featuring Fresh Berries
- & House Crafted Granola
- Handhelds: Sausage, Egg & Virginia Cheddar on Croissant, Bacon, Egg, Cheddar Jack & Pico de Gallo Burrito
- Coffee, Decaf, Tea, Water, Juices
- \$15++ per person









# Lynchtigne Recharge

#### **Boxed Lunch - \$16++ per person**

\*Choice of 3 Wraps\*

- Pit Smoked Ham & Swiss Cheese, Dijon Bistro Sauce, Field Greens & Tomatos
- Honey Roasted Turkey Breast & Havarti Cheese, Minted Cranberry Mayonnaise, Field Greens
- Chicken Caesar Grilled Chicken, Romaine, Parmesan, Caesar Dressing
- Fire Grilled Flank Steak, Caramelized Onions, Roasted Peppers & Chimichurri
- Fire Roasted Vegetables, Olive Oil, Tomatoes & Field Greens
- Shrimp BLT Grilled Shrimp, Bacon, Field Greens, Tomato, Bistro Mayo



\*All sandwiches are wrapped in a 12" Flour Tortilla and served with Cookie, Lay's Snack Chips, an apple and a bottle of water.

#### Salad Bar - \$18++ per person

- A Variety of Crisp Lettuces & Tender Baby Greens
- Chef's Display of Fresh Garden Vegetables, Beans, Grains & Garnishes
- House Crafted Vinaigrette and Creamy Dressings
- House Crafted Yeasty Rolls & Crackers
- Choice of 2 Proteins:
  - Grilled Chicken
  - Grilled Shrimp
  - Chef Carved Flank Steak
  - Roasted Salmon
  - Classic Tuna Salad
  - Cranberry Almond Chicken Salad





## <u>Deli Board - \$20 ++ per person</u>

- Chef's Assortment of Imported & Domestic, Smoked & Roasted Sliced Deli Meats, Salumis & Sliced Cheeses.
- Breads & Rolls, Lettuce, Tomato, Red Onion, House Crafted Pickles & Deli Condiments.
- House Fried Salt & Pepper Club Chips & Cole Slaw
- Assorted House Baked Cookies, Double Chocolate Fudge Brownies, Fruit Cups with Minted Syrup
- Bottled Beverages to include Water, Soda, Juice, Gatorade





# Afternoon Break

#### **THE SWEET ESCAPE**

- Variety of Imported, Domestic & House Made Candies, Bars, Cookies, Confections & Candied Dried Fruits
- Bottled Beverages:
  - Water, Soda, Juice, Gatorade
- \$10++ per person

#### THE PERFECT SNACK

- Variety of Salty Snacks to include:
  - Roasted Salted Nuts
  - Chips
  - ∘ Seeds & Trail Mixes
  - Crackers
- Bottled Beverages:
  - Water, Soda, Juice, Gatorade
- *\$10++ per person*

### **THE ENERGY BOOST**

- Variety of Protein Packed Bars, Nuts, Fruits, Granolas, Seeds & Yogurts
- Bottled Beverages to include Water, Soda, Juice, Gatorade
- \$11++ per person





