

# Winchelsea Star

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Your Weekly Community Newspaper

Since 1977

Vol 48 Ed 14

Tuesday 15 April 2025

[winchelseastar.org.au](http://winchelseastar.org.au)



## Joy of Connection

Every Friday morning the walls of the Shire Hall resound to the laughter of Chatty Café, where everyone is invited to join in for a chat and laughter is guaranteed over a brew and biscuits.

Holidays excluded, Chatty Café convenes each Friday from 10:30 a.m. to 12:30 p.m. All are welcome, a gold coin donation is requested, and great times are guaranteed. See you there soon!

Cromwell Hooper

4



11

win-win  
community  
network  
needed

Richard Lockie



17

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**Blues  
News**

Janet Fletcher



# Winchelsea Star

15 April 2025

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## ANZAC DAY 2025



The President of the Winchelsea RSL Mr. Graham Kenafacke and the Committee, extends an invitation to the commemoration ceremony for



**ANZAC Day Friday 25<sup>th</sup> of April 2025.**  
The service will start at 10.30, at the Winchelsea Reserve, RSL Club rooms.

### All Welcome

After the service there will be morning tea served in the Hub by the Winchelsea Football and Netball Ladies. During the service wreaths will be laid, all are welcome to lay flowers, rosemary, or wreaths. Please note that during the service there will be live firing and it is advisable for children to be aware of the noise.

The Winchelsea RSL are committed to making this event unique, something to be a part of.

All are welcome to Australia's special day.

Look for the RSL members outside the IGA Winchelsea and buy a badge to support those who served, and those still serving.

For more information contact David Loone  
0488 165 109, Secretary Winchelsea RSL



## Powering the future: New electric vehicle charger installation paves the way for sustainable travel



Winchelsea's new electric vehicle (EV) charger will be located in the Barwon Terrace precinct, outside the old library building on Willis Street.

Works will commence soon and be completed by the middle of the year.

Key details about the EV charger:

- 50kW capacity (can add up to 100km of range in 20 minutes).
- Two vehicles can charge at the same time using CCS2 type connectors.
- Usage fee of \$0.45 per kWh.
- 2-hour parking limit.
- Idle fee of \$1 per minute.

Follow [surfcoast.vic.gov.au/EVchargers](https://surfcoast.vic.gov.au/EVchargers) for the latest information.







# Conquer the Corrugations, the story

Robyn Black

## The beginning of Conquer the Corrugations

After another successful CTC-Victoria over the weekend of 29-30 March, I thought it would be fitting to share the story of how Conquer was created.

Creator Emma Jackson arrived in Sydney as a backpacker from Manchester UK in 2002. After spending 2 months in Sydney doing hospitality work she headed along the East Coast to Cairns for 6 months before she applied for a job advertised for the Archer River Roadhouse, Cape York.

It was here she met her husband, a grazier that co-owns Wolverton Station with his brother, in the middle of Cape York. She settled in the 'Gunya in the Gully', a red tin shack made famous by John Williamson in a song of the same name. Emma is a psychologist and became a qualified teacher to support her children in homeschooling. She has many stories of the lifestyle changes she experienced here, including waking to find a dingo on her stove licking a frying pan.

It was in 2015 that Emma along with her extended family suffered the devastating loss of her 18yo nephew Dillon, who took his own life. With the many emotions experienced with the loss .... Conquer was created!

The Cape York walk is 42km over 2 days from Cohen to the Archer River Roadhouse along the Peninsula Development Rd which connects Cairns to the tip of Australia. As the Cape York walk has been attended by locals Robert Earl (twice), Kat Wood, Caroline Wojtowicz and Kate Allen who came away with many positive and life changing experiences.

Conquer Victoria was established in 2023 after the loss of a dearly loved family member of Charlie and myself. Armed with Charlie's Cape experience and our many ideas we contacted Emma who wholeheartedly gave support for the interstate leg of Conquer.

We were very fortunate to have Emma attend our first walk along with Jos Middleton who works as part of the Royal Flying Doctors Service FNQ mental health outreach team. East Arnhem has also joined the ranks of Conquer and hopefully Tasmania will too in the future.

What a journey we have had. Many new and old friends and complete strangers have joined us over the last 3 years from all over Australia.

Of course we are only successful because of our sponsors and supporters.

Major Sponsor:  
**IGA Winchelsea and  
the Bedi family.**

**Knuckey's  
Digga  
Winchelsea CFA  
Winchelsea SES  
Winchelsea Lions Club  
Winchelsea Community House**

And I can't forget our amazing Committee - **Charlie, Jarod, Corey, Colleen, Kerryn and Kat.** If I have forgotten anyone please know your support is greatly appreciated. We will be back in 2026.



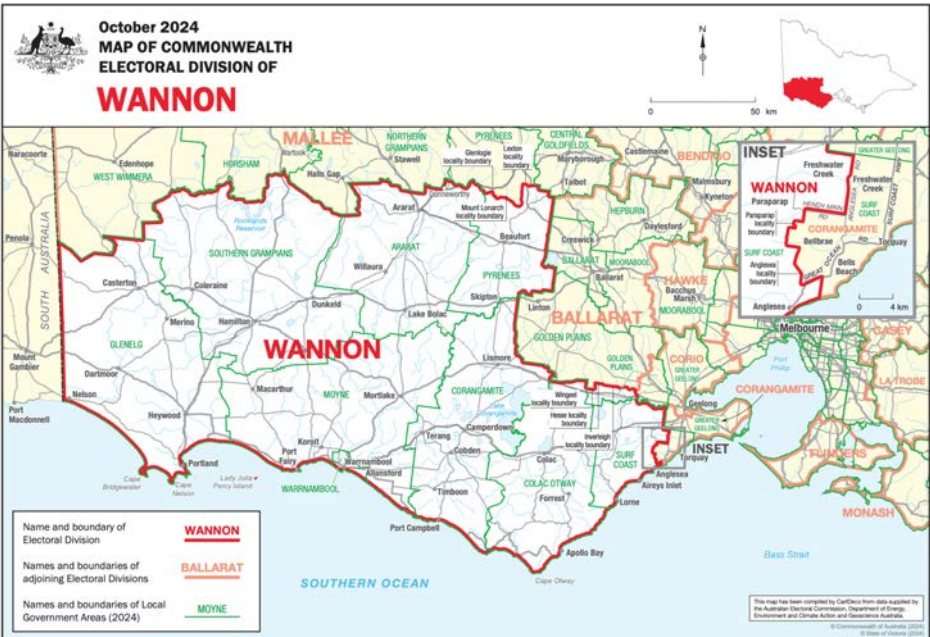
*All the info for this article was obtained from a story on ABC Landline- Conquer the Corrugations. Well worth the time to hear about this amazing person and her work towards ending the stigma around mental health.*





Areas which have moved to a different electoral division	
FROM Division of Corangamite	TO <b>Division of Corio</b> Bannockburn, Gheringhap, Murgheboluc, Russells Bridge, Stonehaven, part of Batesford <b>Division of Wannon</b> Barrabool, Buckley, Gherang, Gnarwarre, Hesse, Inverleigh, Modewarre, Moriac, Mount Moriac, Paraparap, Wurdiboluc, part of Freshwater Creek, Wingeel

# Town of Winchelsea Electoral division of Wannon



Current MP Namesake	Dan Tehan, Liberal Wannon River. The name 'Wannon' is believed to have been obtained by Major Mitchell from the local Jardwadjali people.
Electors Area	115,858 (2022) 33,595 km2

source Wikipedia

## Your vote matters this election

Advertisement

### Who we choose to represent us in Canberra could come down to 500 votes

The federal electorate of Wannon has been a safe seat for 70 years, meaning that South-West Victoria has been taken for granted and overlooked by both major parties for decades. We have a 'once-in-a-lifetime' opportunity to change this on 3 May 2025. **Make your vote count.**

#### SOMETHING NEW

##### GENUINE COMMUNITY INDEPENDENT REPRESENTATION

Will:

- Push to end the neglect from the major parties on our regional roads
- Push for long-term solutions to housing, childcare, aged care, and GP shortages
- Always vote to increase support for rural and regional Australia
- Always vote in the best interests of my community - not a political party
- Always vote to improve transparency and accountability in politics



##### Genuine community backing.

Endorsed by *Voices of Wannon*. More than 2,000 supporters, 1,000 volunteers and 1,000+ donors from the community.



Alex Dyson

AlexDysonIndependent.com

#### THE SAME

##### SAFE SEAT POLITICS AND PARTY LOYALTIES SINCE ELECTED IN 2010



Dan Tehan

Let's stick to the facts. Politicians say a lot, but how they vote is what really counts. Check out the website [theyvoteforyou.org.au](http://theyvoteforyou.org.au) to see how current Member for Wannon Dan Tehan votes and represents you in federal parliament. Here's a snapshot:

- X** Dan Tehan voted almost always against **increasing support for rural and regional Australia**
- X** Dan Tehan voted consistently against **increasing housing affordability**

Authorised by Alex Dyson, 185 Liebig St, Warrnambool







# 2025 federal election

<https://www.aec.gov.au> Source images AEC Reporting Guide for Media

## The Power of the Two-Party System

**Cathy Cheadle**

How the political system should work is: we select someone among us who we trust to represent us. Perhaps we tell them that our young people are struggling to buy a house. So they go to Parliament and make it known. Representatives from other regions speak up as well. Then they hold debates and interview experts to find a solution to the problem. Any laws that they make are for the benefit of the people.

But that isn't what we have – we have the two-party system. Perhaps the political parties started out with good intentions, but they have now become behemoths of power and control that operate in their own interests and for their own benefit.

- They make laws that benefit them, eg life pensions when they leave office
- They allow themselves to be wooed by international corporations and aid them in abusing our resources for their own profit. Then at the end of their tenure they land a cushy, high-paying job with them as their reward
- They make secret deals with international organisations that do not benefit Australia, eg the AUSKUS submarine fiasco
- They privatise our public services so that private businesses make profits, when those services should belong to the people

In short, the major parties are not working for the benefit of the people, even though we are paying them. Instead they abuse their privileges, using our taxes and resources for their own benefit.

People attracted to party politics are looking for power, control and good wages. It has become a career rather than a service to the people. Those who genuinely want to make a difference soon find that they cannot because they have to tow the party line, as in the case of Peter Garrett.

The prime goal of the major parties is to get into power and stay there as long as possible. But they never should be "in power" at all – they should be working for the interests of the people of Australia. The power belongs with the people.

There is now no difference between the two main parties and people have taken to calling them the "Uniparty" or the "LibLabs." More and more people are voting for small parties and independents and it has got the major parties worried. Which is why they banded together to rush through new electoral laws recently. The cover story is that it takes big money out of politics, but in reality "The Uniparty Reform" as Michael West Media calls it, entrenches the power in their duopoly and starves independents from funding (1) (2).

This legislation is a classic example of how the two-party system has failed us. They do not deserve our vote. They do not deserve to be in power. We need to return our political system to how it was meant to be, and the only way to do that is to get rid of the two-party system. At this election, we have perhaps our last chance to depose them. If they get re-elected, what new laws will they bring in to further entrench their power and take it from us?

Let's ditch the two-party system. And the way to do that is to put the Coalition and Labor parties last on your ballot papers. Then we may finally get proper, independent representation in government.

- <https://michaelwest.com.au/electoral-reform-bill-to-entrench-major-parties-power/>
- <https://michaelwest.com.au/the-uniparty-reform-the-west-report/>

## I'm Fed Up

**Peter Koster, Ombersley**

Federal politics is just not working for me!

I'm fed up with how our elected representatives manage to find millions of dollars for their electorate just before an election but not in the years prior. Isn't that bribery?

I'm fed up with how our elected representatives allow public funded projects that seem to cost several times as much as if a similar project was funded privately. Where is our value for or money?

I'm fed up with how our elected representatives seem to jump at the chance to support corporations and billionaires but always struggle to support ordinary Australians.

I'm fed up with how our elected representatives act as though there is a never ending supply of taxpayer money. Who are these politicians working for?

I'm fed up with how our elected representatives are legally allowed to lie in their advertising. If we did it, they'd drag us off to court.

I'm fed up with how our elected representatives manage to whittle down our dozens of concerns to one or two issues. Everything else is glossed over.

I'm fed up with how our elected representatives manage to ram legislation through parliament without due process or public input.

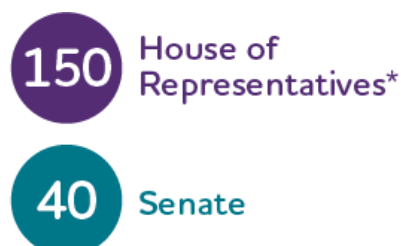
I'm fed up with how our elected representatives will vote in something unpopular when other news of the day means it won't be reported on. Again, who are these politicians working for? Not us!

I'm fed up with how our elected representatives seem to ignore the petitions I sign or the letters I write. Their personal or party interests always seem more important.

I'm fed up with how our elected representatives are able to spin an issue. The headlines always sound great for us but later we find the fine print actually favours a corporation, a billionaire or themselves.

The two party preferred mantra needs to end. It's time ordinary Australians determined our own future, not the two major dictator parties. We need to vote for a majority cross bench.

Vote for someone who will listen to us, ordinary Australians here in Wannon. Put the two major parties last on your ballot paper.



\*One less seat than the 2022 Federal election.

# 2025 federal election

## How to Vote

Judy Cameron

Australia is a representative democracy in which it is compulsory for all Australians over 18 years of age to enrol and vote for people to represent them.

There are three levels of government in Australia, and we vote to elect representatives to each of these levels: federal, state/territory and local

### Federal Election 2025

The candidates are announced, the draw for positions on the ballot paper is done and early voting starts the Tuesday after Easter, April 22, if you can't get to a polling place on Saturday, May 3.

#### EARLY VOTING CENTRES CLOSE TO WINCHELSEA

- Colac: Scout Hall, 100 Dennis St
- Torquay: 20 Cylinders Dr

### THE HOUSE OF REPRESENTATIVES

Australia is divided into 150 areas called electoral divisions. Voters in each electoral division cast a vote to elect one person (a Member of Parliament) to represent them in the House of Representatives.

To vote for a Member of the House of Representatives, you are required to write the number '1' in the box next to the candidate who is your first choice, and the numbers '2', '3' and so on against all the other candidates until all the boxes have been numbered, in order of your preference on the Green ballot paper.

Polling officials at the polling place are available to help you. If you make a mistake on a ballot paper you may return it to the polling official who issued it and receive a fresh one.

### THE SENATE

Voters in each state and territory elect Senators to represent them in the Senate. States have 12 Senators and

the Australian Capital Territory and the Northern Territory each have 2 Senators.

On the white Senate ballot paper, you need to either:

- number at least six boxes above the line for the parties or groups of your choice, or
- number at least 12 boxes below the line for individual candidates of your choice.

#### Above the line

If you vote above the line, you need to number at least six boxes from 1 to 6.

Place a 1 in the box above the party or group that is your first choice, the number 2 in the box above the party or group that is your second choice and so on until you have numbered at least six boxes above the line. You can continue to place numbers in the order of your choice in as many boxes above the line as you like.

Your preferences will first be distributed to the candidates in the party or group of your first choice, then to candidates in the party or group of your second choice and so on, until all your preferences have been distributed.

#### Below the line

If you vote below the line, you need to number at least 12 boxes from 1 to 12. Place a 1 in the box beside the candidate that is your first choice, and the numbers 2, 3, 4 and so on to at least the number 12. You can continue to place numbers in the order of your choice in as many boxes below the line as you like.



## Community invited to apply for grant to start a Library of Things

### Surf Coast Shire

Surf Coast Shire Council is inviting residents and community groups to apply for a one-off \$20,000 grant to establish and run a Surf Coast Library of Things, where locals can borrow all sorts of household items for free.

A Library of Things offers the community a range of useful household items to borrow such as tools, catering and party gear, or sewing equipment.

The Library of Things 'share economy' initiative is popular overseas and has been gaining popularity here too, with over 40 Libraries of Things already established in Australia.

#### A Library of Things:

- helps drive a circular economy, avoiding waste and keeping valuable resources in use
- reduces unnecessary consumption
- enables skills sharing and skills development
- creates a more equitable, connected and resilient community.

"This idea was first suggested to Council about four years ago, and is something we hope our community will really get behind," said Cr Libby Stapleton.

"With the current cost of living crisis, this will help households avoid additional expenses, by borrowing items they only need to use occasionally, rather than having to buy them. It should also mean less items end up in landfill."

At the July 2024 Council meeting, councillors passed a resolution to set aside \$20,000 as a one-off grant stream to enable residents or a group to set up and run a Surf Coast Library of Things.

"The great news is that we are open to all Library of Things proposals – such as an online or shop model, a new initiative or an add-on to an existing facility, and the types of items offered." Cr Stapleton said.

"I encourage anyone interested in applying for this grant to get in touch with Council to discuss your idea to ensure it is eligible, and answer questions about a Library of Things and the grant application process."

The Library of Things grant closes Sunday 11 May 2025.

**Find out more information and apply at [surfcoast.vic.gov.au/LoTGrant](https://surfcoast.vic.gov.au/LoTGrant)**







# Winchelsea Star COMMUNITY NOTICEBOARD

email [editor@winchelseastar.org.au](mailto:editor@winchelseastar.org.au) or leave at Winchelsea IGA

## COMMUNITY FOODBANK

**Alternative hours for two weeks**

Open Thursday 17th & 24th 12 - 2pm  
Due to Good Friday & Anzac Day  
30-32 Hesse Street Winchelsea

## WINCHELSEA TENNIS CLUB

### JUNIOR COACHING

Mondays from 3.30pm  
with experienced Nicole Mullen, \$10

### SOCIAL TWILIGHT TENNIS

Monday evenings from 6.00pm  
All Welcome!

## RUNNING GROUP

Winchelsea has a small run group. Its more of a social run, jog and chat. We wait for slower runners and walk when one of us needs a rest. The aim is 10k with the option of 8 or 5k it's up to you.

To finish, a coffee at La Hoot.

**Sunday mornings 8am at La Hoot.**

## LIONS CLUB

### Recycled compressed paper logs

Great for wood burners, fires and fire pits. Burn for over an hour, ash great for gardens, no chainsaw needed.

Pack of 4 logs \$5, small rolls \$2

Contact Alan 0476 47522

## CUBS AND JOEYS

For information, or to get involved,  
contact Marie McPadden 0409330147  
or [mcpadden630@bigpond.com](mailto:mcpadden630@bigpond.com)

## WINCHELSEA PICKLEBALL

Winchelsea Leisure Time Centre  
Wed 7-830pm or Thurs 10-11.30am  
All equipment supplied  
Wear suitable footwear  
Lesley Mathison 0438 672 197

## WINCHELSEA GIRL GUIDES

### Welcomes girls 6-15 yrs

**Mondays, 4.30pm-6pm  
at St John's Catholic Church  
Winchelsea during school term**

Guiding provides fun, friendship, and adventure. Developing teamwork, and leadership skills, whilst girls achieve goals, improve communities and grow in confidence.

3 FREE sessions to come along and try.

Yvonne Orchard ph 0448 672 630  
or Lily Dell Rennie ph 0428 936 441

## WINCHELSEA OP SHOP

### \$5 bags of children's clothes

Don't forget our 1/2 price book sale still available, get your school holiday reading and Easter books organised

### PLEASE NOTE !!

We are unable to accept donations until further notice. We are totally overstocked. Sorry for any inconvenience.

*Thanking the community  
for their ongoing support*

## DEFIBRILLATOR MISSING

The newly installed Defibrillator outside the Netball change rooms has been missing for some weeks. If it could be replaced asap that would be great, no questions asked.



Social Bridge is played  
**TUESDAYS 10 AM - 12 NOON**  
Senior Citizens Centre  
36 Harding Street Winchelsea  
**New players always welcome**  
Elaine Atkinson 0458 009 616

## PAPER RECYCLING

**Paper depot rear of  
Senior Citizens  
Rooms  
Harding Street  
NEWSPAPERS  
MAGAZINES  
PHONE BOOKS**



**All money raised used  
for local community  
0408 520 606**

## Winchelsea Men's Shed



### For the Community

### NEW MEMBERS WELCOME

Every Wednesday from 9.30am  
51 Hesse Street, Winchelsea

### KINDLING/OFFCUTS \$7.00 bag

Pickup Wednesdays 9.30-2.30  
For delivery, call Bill 0438 083 373

### NESTING BOXES Birds/animals

### NEED A JOB DONE?

Woodworking, Furniture Repairs  
Call in Wednesdays to order

Ray Atkinson (Co-ordinator) 0407839139  
[winchmenshed@gmail.com](mailto:winchmenshed@gmail.com)



### Certified Organic Beauty Essentials Sunday 18 May 5pm onwards

Ring Bek 0466 600 524 if you would like to come! Or call if you would like to purchase anything specific, such as face wash, etc.

Please come with the intention of browsing or purchasing certified organic skin, makeup, and hair products.

Sustainable, Ethical, Non-toxic,  
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**Victoria**  
State Government

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Winchelsea 3241



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By using paper logs you save trees



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Any Lion**

All money raised used for local community







**It is Jane Austen's 250th birthday anniversary, so help celebrate with an evening with some of her most iconic characters.'**

**Theatre of The Winged Unicorn**

Join us for a special performance celebrating the 250th anniversary of Jane Austen's birth in 1775.

Theatre of the Winged Unicorn presents an ensemble production featuring quintessential scenes from five of Austen's beloved novels: Emma, Pride and Prejudice, Mansfield Park, Sense and Sensibility, and Persuasion.

This event promises to bring Austen's timeless characters to life in a new and vibrant way.

A talented ensemble of 10 actors will take on multiple roles, portraying iconic characters such as Mr. Collins, Lady Catherine de Bourgh, Lizzy Bennet, Mr. Darcy, and many others.

Dressed in exquisite period costumes, they will immerse the audience in the world of Austen's England, creating an unforgettable experience for both new and seasoned fans of her work.

Set in the historic Ceres Hall in the picturesque Barrabool Hills, this performance offers a truly magical atmosphere.

The hall, bathed in a warm amber glow, is the perfect setting for an intimate night of theatre, with the moon rising over the bay as a beautiful backdrop.

Theatre of the Winged Unicorn invites you to celebrate one of literature's greatest writers in this unique, creative production.



13 11 14

## Library of Things Grant – APPLY NOW!

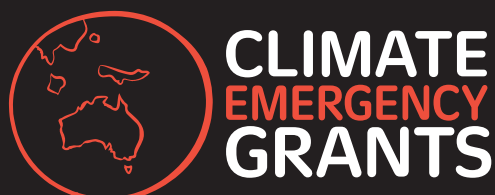
**ONE-OFF \$20,000 GRANT**

**Applications open until Sunday 11 May 2025**

A Library of Things:

- Helps residents borrow useful household items e.g. tools or appliances.
- Promotes a share economy, rather than buying,
- And, reduces waste.

For more information and to apply scan the QR code or visit [surfcoast.vic.gov.au/LotGrant](https://surfcoast.vic.gov.au/LotGrant)



**CLIMATE  
EMERGENCY  
GRANTS**

**APPLICATIONS OPEN!**

**\$5,000 AND \$10,000 GRANTS AVAILABLE.**

**Applications open until Sunday 11 May 2025**

Climate Emergency grants are for innovative community initiatives that take action to mitigate and/or mobilise on climate change.

For more information and to apply scan the QR code or visit [surfcoast.vic.gov.au/CEGrants](https://surfcoast.vic.gov.au/CEGrants)





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- Energy efficient LED lighting
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[greenlead@outlook.com](mailto:greenlead@outlook.com)

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# Win - Win community network needed!

Richard Lockie

## Richard's healthy community dreams

My generation in Zimbabwe are known as the born free's. After the war and before the trouble. We grew up in a great Country. In the last years of school things started to get bad and transitions begun. Protests and National labour strikes did not bring change and the progression of agendas were unhampered.

What this upbringing meant to me was to not have expectations or think someone or thing is going to save you or your area. Here in Australia we are very privileged and blessed with the quality of life and lifestyle. Over generations this has become apathy and dependency. Most of our needs are met by corporate interests. Food, education, health, governance, water and it goes on. This results in vulnerability.

Okay, so doom and gloom is last season, lets bring spark and flavour. Lets go below the grass roots and witness the mushroom kingdom and its ability to form connections.

Our community is no different. Like a forest of trees we all stand alone but our roots are connected by the mycelium. What is our social framework that enables us to connect as a whole? Facebook? The Star? random chats on the street or in the pub. Groups? Yes, yes, yes. All these things help and do their best to assist connections. Something like a community development Agency would boost this process.

Call it Win-Win CAN. A community action network. We have needs, some basic, some ideal. There are also offers. What is

available in our very local area and what is not? With a dedicated network functioning as an Agency there is a place to go. To give your CV or get help with it. Share your dreams and directions. Describe a local project you dream of doing. This network would advocate for existing groups and promote their programs.

The other group i see being very useful is a Growers Collective. Like a co-op but without the politics. Lets see. A social business that coordinates the local produce, products and available land. Pre packed boxes and/or an actual shop. Support farmers who need land and offer placements where pensioners want to keep living on their farms but need help. Imagine our combined growing potential.

From meeting some of the basic needs we can expand into ideals. This town has so much goodwill and drive for action. Combining forces and defining needs allows us to plan wisely and move forward with ease.

I will continue to share my process in brining these structures into place. I have no need to own or run them but see a need for them to be within our local tool kit. The most direct way i can see to achieve this is through starting a food van from home. An interface. An office. A place to share tea, coffee, food but also stories. Plans and dreams. Register people for local groups and build the networks from the ground up.

Stay tuned for more updates.



**Richard Lockie** met Brie Frost his wife in rural Malawi building a community center. After a couple years in Africa they came to live here as her mother lives in Bambra.

Richard was born in KwaZulu-Natal South Africa and grew up in Manicaland, Zimbabwe. He enjoyed a free upbringing with show jumping, rugby, and motor bikes. It was a small town and a good school. They were blessed. He went to Capetown for fine art school, then travelled overseas. Richard completed an apprenticeship as a biodynamic farmer and managed an organic herb farm. He completed itwasa, Sangoma ndiki ndawu as a traditional healer. Richard loves life and being in service to community through systems thinking and action. He also loves to dance, to dig in the earth and share a meal, and to host gatherings and bring people together. Karate is a great sport he is loving and found in Winchelsea.

## New look, same heart: renovations at Hesse Street enhance community care

### Hesse Rural Health

We are delighted that the refurbishment at 53 Hesse Street Winchelsea is now complete, and the newly upgraded space is being enjoyed by staff and community members alike.

This refurbishment includes a modernised staff kitchenette and an upgraded Social Support Kitchen, designed to support day-to-day operations of our staff, and improve the experience of those who access our community social support programs.

The upgraded Social Support Kitchen fosters connection and engagement among community members, providing a welcoming, functional, and accessible environment to gather, share meals, learn new skills, and enjoy a sense of belonging. Whether it's through cooking groups, nutrition sessions, or having a cuppa, this space will provide meaningful interaction and support.

For staff, the addition of a refreshed kitchenette is a small but impactful improvement. It offers a comfortable and practical space to take a break, re-energise, and connect with colleagues - supporting the wellbeing of those who care for others.



These renovations were made possible by funding from the Hospital Auxiliary running the Winchelsea Op Shop. Proceeds from the shop have been donated to Hesse to upgrade of the Social Support Kitchen and the Chelsea Lodge dining room in residential aged care at 8 Gosney St. Hesse is very thankful for support received from the Auxiliary and its volunteers.

We also extend our heartfelt thanks to Matt, our Maintenance Officer, for the enormous amount of time, energy, and care bringing this project to life. Planning, coordination, hands-on work - Matt has gone above and beyond oversee these renovations.

The renovations are part of Hesse's commitment to improving the environments in which we deliver care and community support. Creating modern, accessible, and comfortable facilities is essential to ensuring that everyone - staff members, service users, and visitors - feel supported, respected, and safe.

# Palm Sunday thoughts turn to refugees

St Vincent de Paul Society National Council of Australia Inc

'Justice for Asylum Seekers and Refugees' rallies will be held on Palm Sunday, 13 April 2025 across Australia.

Ahead of Palm Sunday, the day on which attention is drawn to the difficult situation for refugees and people seeking asylum, the Catholic Alliance for People Seeking Asylum (CAPSA) calls for urgent intervention from the Federal Government to ensure the safety and wellbeing of all people seeking refuge and asylum in Australia.

"Policies of past and present Federal Governments have undermined the rights, safety and wellbeing of people seeking asylum in this country," says Bishop Vincent Long, representing the Australian Catholic Bishops Conference, one of 10 national peak organisations of CAPSA.

'The wellbeing of thousands of people continues to be affected. Seeking refuge for fear of one's safety is a tragedy, not a crime. Legally and morally, Australia has an obligation to welcome asylum seekers, to humanely assess their circumstances and to provide the necessary support.'

CAPSA convenor Julie Edwards, CEO of Jesuit Social Services, says, "since Pope Francis was elected in 2013, he has urged host countries to welcome refugees trying to escape difficult situations to find some serenity and peace."

CAPSA urges the Federal Government to end uncertainty for people seeking asylum by providing fair and timely pathways to permanent residence in Australia.

"We know more than 7,000 people seeking asylum, who've been living in our community for 13 years, are still suffering because of a 'fast track process' declared unfair by the Human Rights Commission. These people are now at risk of deportation to the dangerous countries they have fled, despite making valuable contributions to Australian society and in many cases having deep roots in our community and children born here.

"With a Federal Election around the corner, we urge both major parties to commit to humane policies that uphold the rights of people seeking asylum," says Ms Edwards.

CAPSA also calls on the Federal Government to ensure people seeking asylum have work rights and, if unable to work, access to housing, food and appropriate medical care. Additionally, it urges an end to offshore processing and detention and the timely resettlement of the more than 1,000 people still suffering under the country's offshore detention regime.

"Palm Sunday is a day for truth telling about refugees, a time to get them back in the news and into the minds and hearts of all Australians, including our political representatives," Bishop Long said.

"Rallies across Australia will help focus attention on the lengthy mishandling of this crisis by successive governments, much to the detriment of innocent people from a wide variety of countries."

*The St Vincent de Paul Society in Australia consists of 45,000 members and volunteers who operate on the ground through over 1,000 groups located in local communities across the country.*



**St Vincent de Paul Society**  
NATIONAL COUNCIL of AUSTRALIA Inc. *good works*

## Public invited to pre-election webinar A focus on St Vincent de Paul Society's policy of *Justice & Compassion.*

St Vincent de Paul Society of Australia invites all interested members of the public to an [online webinar](#) to discuss the upcoming Federal Election. Guided by the Society's 2025 Federal Election Statement, [Justice and Compassion](#), the event features the Society's top leaders, inspired by founder, Frédéric Ozanam who said, 'There can be no charity without justice'. The Society aims to challenge the causes of poverty and injustice while supporting those in need.

### Join the online Webinar [here](#)

[https://us06web.zoom.us/join/register/WN\\_KBWtE4wKQOmb\\_L\\_xYFTghw#/registration](https://us06web.zoom.us/join/register/WN_KBWtE4wKQOmb_L_xYFTghw#/registration)

**Date: Tuesday 15 April 2025**

**Time: 4:00 PM AEST**

The four key areas in Justice and Compassion that most impact vulnerable people:

- **Safety net for all Australians**
- **Housing security**
- **First Nations peoples' needs**
- **Refugee challenges**

Speakers:

- Mark Gaetani, National President, St Vincent de Paul Society
- Dr Margaret Gearon, Social Justice Advisory Committee
- Dr Tim McKenna, Vincentian Refugee Network
- Toby oConnor, Chief Executive Officer

**Note:** The session will be recorded and shared on our website. Questions can be submitted via the Q&A feature during the webinar.

Together, let's advocate for a fairer and more compassionate Australia.

## EASTER SERVICE TIMES St THOMAS

### Palm Sunday

St Thomas, 10.00 am  
"Blessing Of The Palms"

### Maundy Thursday

St Thomas, 10.00 am  
"Anointing For Service"

### Good Friday

St John's 10.00 am  
"Stations Of The Cross"

### Good Friday

St Thomas 5.00pm  
"Children's Service"

### Easter Sunday

St Thomas, 10.00 am  
"Lighting Of  
The Paschal Candle"

**Happy Easter Everyone!**



# Winchelsea Churches



## Winchelsea Uniting Church

0475 777 301

uca.winchelsea@gmail.com  
Hesse St, Winchelsea 3241  
Services 9.30am Sundays

## St John the Baptist Catholic Church

Father Joseph Panackal 0404598558  
Harding St, Winchelsea 3241  
WEEKLY MASS  
6pm Sat. April 26 and 9am on April 20

### EASTER CEREMONIES

**Reconciliation:** Winch Sat April 12 5pm  
**Palm Sunday:** Winch Sat April 12 6pm  
**Holy Thursday:** Meredith April 17 7pm  
**Good Friday:** Bannockburn April 18  
Ecumenical Walk of Witness 10.30  
The Lord's Passion 3pm  
**Easter Vigil:** Meredith Sat April 19 8pm  
**Easter Sunday:** Winch Sun April 20 9am

## St Thomas' Anglican Church

Rev'd Phil Jacobson 0477 672 042  
stthomaswac@gmail.com  
Barwon Tce, Winchelsea  
Service 10a

### Thought for the Week

We all have slow days off days' days we feel tired or uninspired, but they are nothing to concern yourself with. Like the ocean, the stillness is just another of our natural state. Soon, the winds will return, the waves will rise, and your imagination will flow freely again. Have a Blessed week.

John Bader,  
Former U/C Accredited  
Lay Preacher



## EASTER

with the

## WINCHELSEA COMBINED CHURCHES



### Maundy Thursday 17<sup>th</sup> April

**St Thomas' Anglican Church – 10am**  
(Barwon Terrace, Winchelsea)  
Further details – Phil: 0477 672 042

### Good Friday 18<sup>th</sup> April – 10.00am

**Journey to the Cross walk  
in the grounds of  
St John's Catholic Church**  
(Cnr Harding & Mercer Streets, Winchelsea)  
**Concluding with Hot Cross Buns in the Church Hall**  
*(If raining, assemble in St John's Catholic Church Hall)*  
Further details - Lyn: 0400 649 652  
Marg: 0418 983 005

### Easter Day Sunday 20<sup>th</sup> April – Services

**St John's Catholic Church – 9am**  
(Cnr Harding & Mercer Sts Winchelsea)  
**Winchelsea Uniting Church – 9.30am**  
(Hesse St Winchelsea)  
Live stream with Grovedale Uniting Church  
**St Thomas Anglican Church – 10am**  
(Barwon Terrace Winchelsea)



EASTER BLESSINGS TO ALL

## Good Friday 18<sup>th</sup> April – 10.00am

## Journey to the Cross walk

**In the grounds area of  
St John's Catholic Church**  
(Cnr Harding & Mercer Streets)  
**Concluding with Hot Cross Buns  
and a cuppa in the Church Hall**

**(If raining, assemble in St John's Church Hall)**

Further details - Lyn: Ph: 0400 649 652

# The Shire Hall had everything needed for the occasion, including the helpful staff

Danni Menzies

Over the weekend we had to change our plans for the celebration of our youngest daughters birthday due to the inclement weather.

We contacted Wendy and Rhani at the Winchelsea Community Centre and enquired whether we could use the shire hall for the purpose of a kids birthday party and luckily there was availability and we were able to book this in last minute.

The hall itself is a blank canvas, I had arranged toys and equipment locally through a Toy Library and also utilised the Playgroups resources to create an indoor wonderland for young children to climb, play and explore indoors.

Nothing was too much trouble; and all of our requests were met with a smiley face and a can do attitude which was such a refreshing response given the last-minute booking.

We fit over 50 people including children comfortably within the hall, the kitchen had all the facilities which were utilised for the party, big industrial fridges, dishwasher, large bench space to prepare food and also urns for hot water to make cuppas.

The hall had plenty of chairs, tables and other spaces for people to sit down and chat. It has heating and cooling facilities too. So can be used in any weather!

Parking is convenient, shopping across the road and there are toilet and nappy changing facilities too. Access to the building also is super convenient and easy, we had large bulky items to carry in and out, as well as prams and other items.

The large dining table was a great feature and was utilised for the party food feast!

Everyone who came along commented on how great a space it was; and we agree wholeheartedly!

I encourage you all to consider this as an option for your next event, whether it be a celebration or meeting. The space is super functional and suits such a wide variety of uses. It's really a hidden gem in our community and should be utilised more!



## Geelong's Living History on Show

# The Heights Autumn Fair

National Trust

**Celebrate a living history at The Heights Heritage Skills & Traditions Autumn Fair – a vibrant community celebration of heritage trades, skills, and crafts.**

Held in the beautiful setting of The Heights Heritage House and Garden in Newtown, this family-friendly autumn fair invites visitors to explore heritage gardens, enjoy traditional demonstrations and connect with the region's rich cultural heritage.

Live demonstrations from local experts will bring traditional techniques to life. See the Barwon Valley Woodwrights and Hand Tool Preservation Society in action, learn about beekeeping with the Geelong Beekeepers Club, admire the artistry of lace making with the Geelong Lace Makers, and see the delicate process of painting conservation with Hidden Hands Workshop.

Visitors can wander through the gardens—first planted over 170 years ago—and admire heirloom vegetables, rare plantings, and the handiwork of the dedicated volunteers who lovingly care for the grounds. A pop-up plant sale from The Heights Volunteer Gardening Team will also be on offer, along with a National Trust gift shop featuring heritage-inspired treasures.

Guided tours of the 1850s prefabricated house – one of the largest surviving – will run throughout the day (additional cost applies), and no visit would be complete without afternoon tea—scones, Victoria sponge, and hot drinks will be available for purchase.

Entry is by gold coin donation, with all proceeds supporting the National Trust's work conserving Victoria's heritage.

**The Heights Heritage Skills & Traditions Autumn Fair**  
**Saturday 26 April 2025, 11am–4pm**  
**The Heights Heritage House & Garden,**  
**140 Aphrasia Street, Newtown**  
**Entry Gold coin**

*This event is held as part of the Australian Heritage Festival (Victoria) the largest community celebration of Victoria's rich built, environment and cultural heritage with over 300 events taking place across the State from 18 April to 18 May. Discover the full program at [www.nationaltrust.org.au/ahf/vic](http://www.nationaltrust.org.au/ahf/vic)*



# history of winchelsea

## The Easter holiday amusements

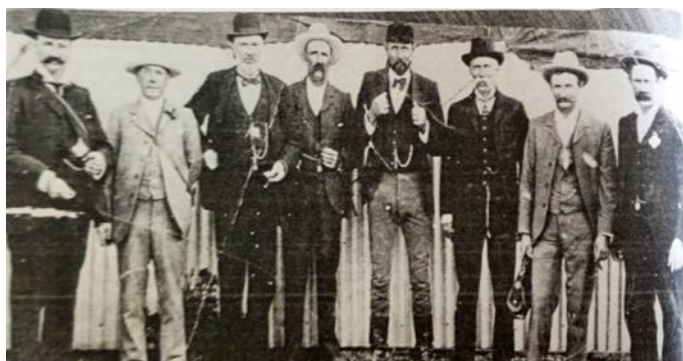
Written and researched by Dr. Paul Michael F Donovan of Winchelsea. Federation University Ballarat.

The events our community held in the past were an integral part of the Culture of Winchelsea. Our Shire Hall and other public facilities still host an array of wonderful cultural events. This should inspire the Winchelsea community of today to grow our local cultural and social associations and come together for such events and to invest in the scope and potential our town has as a cultural precinct. Have a safe and Happy Easter.



Winchelsea has a rich history of holding colourful Easter weekend events with our various local cultural and sporting associations.

**The Geelong Advertiser reports on Saturday 17 April 1897** that the Easter weekend was celebrated in Winchelsea by a race meeting at the Winchelsea Amateur Turf Club.



Winchelsea Turf Club prior to 1910.

L to R: Shapely Smith, Forrest, Constable M. Dwyer, Tom McConachy, Walter Hopkins, Harry Brady, Arthur Richmond

*Photo Supplied by Laurene Lloyd and Published in Koenig, Gregory and Gregory, Coast to Country: A History of the Winchelsea Shire, 1985.*

The Winchelsea Turf Club racecourse on the Winchelsea-Inverleigh Road was founded largely by Thomas Austin of Barwon Park, who was one of the founding fathers of the Victorian Turf, and who introduced Easter Bunnies to Australia at Winchelsea.

While colonial settlers considered this an achievement to be proud of, he is now blamed for introducing a pest species. In 2022, a study of genomic data confirmed Australia's feral rabbit population was entirely descended from the rabbits introduced by Austin. As well as sheep, Barwon Park was famous for breeding and training award winning racehorses, including a Melbourne Cup Winner. Other Race meetings at the Winchelsea Turf Club entertained Vice Regal visits from British nobility, colonial



Thomas Austin of Barwon Park. Founder of the Winchelsea Turf Club

politicians and other noted dignitaries. They attracted crowds in the thousands, conveyed by special and ordinary trains from Melbourne, Geelong, Camperdown and Colac to Winchelsea Station, then ferried by horse and wagon to the Turf Club.

**Monday 23 April 1917, Colac Herald** reported that the Winchelsea Catholic Church, which the Herald described as 'already artistic and devotional' unveiled and blessed religious paintings donated to the Church on Easter Sunday evening. A large congregation assembled for the ceremony. Father Kennedy, of St. Mary's, Geelong, performed the ceremony. A copy of Bartolomé Esteban Murillo's *The Holy Family* c. 1670 (AKA *The Virgin of Seville*) was presented, by Mr T. Darcy, Birregurra. The original is in the Musée du Louvre, Paris, France. "The Baptism of Christ by St. John the Baptist," a valuable oil painting by an Italian artist, was donated by the pastor (Father Hebir). The Herald also reported that Mr. Hugh Hawes, Mr Leslie Mousley were enlisted for active service in the A.I.F. for the first World War.



The Holy Family (The Virgin of Seville) 1670 Bartolome Esteban Murillo Oil on Canvas owned and displayed Musée du Louvre, Paris

**The Camperdown Chronicle reported on Tuesday 9 April 1918**, that a very successful ball in aid of the Winchelsea brass band was held in the Temperance Hall on Easter Monday evening. About 85 couples attended. Music was also performed by the brass band and by Mr. C. Cooper.

**On Thursday 5 April 1923, The Geelong Advertiser** reported that The Winchelsea and District Tennis tournament was played on Easter Sunday and Monday with Mr G. S. Phelan and Miss J. Eddie defeating Mr and Mrs Langley in the final Mixed Doubles handicap. On Monday evening, the Winchelsea District Tennis Association, held a grand ball in the Shire Hall, attended by 150 people. The hall was tastefully decorated. Mr A. Anderson, president, who returned to Winchelsea for the Easter tournament, presented awards to Mr G. Phelan, captain and Miss Eddie. Visitors were, present from Birregurra, Colac, Inverleigh and Moriac. The ball hosted dancing 'until a late hour' to music supplied by Messrs Lawrence and Donohue. The duties of M.C. were carried out capably by Mr Boddington.



**Mícheál P O'Dhonnabháin** has lived in the Winchelsea area since 2010.

Michael completed a Bachelor in History and Anthropology and a Master of Cultural Heritage at Deakin University, then went on to complete a PhD at Federation University, focusing on colonial and European collections of Indigenous Australian Cultural Heritage. Michael lectured at Federation and Monash Universities, lecturing in World History, Folklore Studies, Indigenous Studies and literary studies. Michael has worked in museums and cultural collections across Victoria, and can usually be seen in and about Winchelsea with his wolfhound.

## Supporters



**Winchelsea Community House Inc.** A6247K  
28 Hesse Street, PO BOX 75, WINCHELSEA, Vic. 3241  
**Phone:** (03) 5267 2028 **Email:** [manager@winchhouse.org.au](mailto:manager@winchhouse.org.au)  
**ABN:** 48 932 340 254

# Yoga & Pilates

At the Winchelsea Shire Hall

**Monday Nights 7pm**

**1 Hour Vinyasa class with Kate**

**Thursday Nights 7pm**

**Mat Pilates with Paige Starting  
May 15th**

**Saturday Morning 8am**

**1 hour Yoga Flow with Lisa**



**First Class is  
FREE**

10 Class Pass - \$190

5 Class Pass - \$105

3 Class Pass - \$69

Casual Class - \$25

**Working or studying remotely  
and need a quiet place to focus?**

The Winchelsea Shire Hall is Open to the public Mondays & Thursdays 9am - 2pm as a community Co-Working & Study Space, including school holidays.  
No Bookings required.

Only \$10 casual rate, no subscription .

Customizable space, great Broadband internet, Coffee & Tea provided.



# Winchelsea Business Hub



The Winchelsea Community house and Growing Winchelsea are collaborating to form a Winchelsea Business Hub. We are Seeking passionate community members to join the committee, help build and grow networking and professional development opportunities for the future of business and employment in Winchelsea.

## Chatty Café

**Fridays 10.30pm –  
12.30pm**

**"Sip, Chat, Share, Care"**

In the Winchelsea Shire Hall.  
Everyone Welcome, Collection tin for donations.



flexible  
Affordable  
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03 52 672028

[reception@winchhouse.org.au](mailto:reception@winchhouse.org.au)



# Winchelsea Star

Your Weekly Community Newspaper

Since 1977



## This Week's Winchelsea Star

Editor - Judy Cameron  
Designer - Susan Corby

THE WINCHELSEA STAR

**ANNUAL GENERAL MEETING**

**ALL WELCOME**

**DATE**  
15 APRIL 2025

**TIME**  
AT 7 PM

**PLACE**  
WINCH HOUSE  
(HELEN VERITY ROOM)

**Winchelsea**

## Winchelsea Star Production Coffee Meeting @ Sweet Thyme Saturday 26 April 2025 9-10am

Winch locals are invited to come along to a coffee meeting on the last Saturday of each month @ Sweet Thyme, Winchelsea. Your comments or suggestions, feedback, ideas for stories or coming events are welcome - or simply to say Hi!

**send your stories**  
[news@winchelseastar.org.au](mailto:news@winchelseastar.org.au)

## LOCAL NEWS and ARTICLES WELCOME

Include name and address of the sender  
Email [news@winchelseastar.org.au](mailto:news@winchelseastar.org.au)  
Leave hard copy at IGA Supermarket

## DEADLINE 5pm Fridays

4pm Sundays - hard copy articles left at IGA  
6pm Sundays - sports results and weekend events

**EDITOR 5273 0295** Leave a message

## ADVERTISING

[advertising@winchelseastar.org.au](mailto:advertising@winchelseastar.org.au) 5273 0294

**free digital subscription**  
[www.winchelseastar.org.au](http://www.winchelseastar.org.au)

## JOIN US ON FACEBOOK

[facebook.com/TheWinchelseaStar](https://facebook.com/TheWinchelseaStar)

## production

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**Design:** Susan Corby, Tony Phelps  
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**Website by:** Winch Websites

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Views expressed are not necessarily those of the Winchelsea Star or Committee. The Winchelsea Star reserves the right to edit or not publish any article.



**BRING YOUR FAMILY & FRIENDS**

**DATES FOR 2025**

**AND YOUR FAVOURITE DISH TO SHARE**

**EACH MONTH**

**STARTING MARCH 2025**

**LAST SATURDAY**

**WINCHELSEA COMMUNITY DINNER**

**DINNER DATES**

Saturday 29th March  
Saturday 26th April  
Saturday 31st May  
Saturday 28th June

**FOR 2025**

Saturday 26th July  
Saturday 30th August  
Saturday 27th September  
Saturday 25th October

**CONTACT JESS** at 0409 536 752  
**OR JOIN FOR UPDATES** @winchelseacommunitydinner

HELD AT ST. JOHN THE BAPTIST CHURCH HALL  
DOORS OPEN AT 6.30PM

*Winchelsea Harvest's*

**GARDENERS MEET & PRODUCE SWAP**

SECOND SUNDAY EACH MONTH

9-10AM

**WHAT TO SWAP**

HOME-GROWN PRODUCE,  
COMPOST SUPPLIES, BAKED GOODS,  
SEEDS, PRESERVES.

**5 MAIN ST WINCHELSEA**

THE HOUSE NEXT TO THE BARWON HOTEL

FIND US ON INSTAGRAM & FACEBOOK

*Winchelsea Harvest*

**SWAP & SOCIALISE**

**BUILDING COMMUNITY**

**Winchelsea Community Foodbank**

**ALTERNATIVE HOURS**

**Open Thursday 17<sup>th</sup> & 24<sup>th</sup> 12 - 2PM**

**Due to the Good Friday & ANZAC Day Public Holidays**

**30-32 Hesse Street Winchelsea**

**Food relief for our community.**

For more info, contact Tess  
healthpromotion@hesse.vic.gov.au  
0417 848 292

HESSA RURAL HEALTH

Healthy Communities with Hesse

# What's on Weekly

## MONDAY-FRIDAY

**WINCHELSEA COMMUNITY HOUSE**  
9am-2pm, 28 Hesse St, Winchelsea  
(03) 5267 2028

**WINCHELSEA TOY LIBRARY**  
9am-2pm (03) 5267 2028  
Winchelsea Community House,  
28 Hesse St

## MONDAY-SATURDAY

**WINCHELSEA HEALTH CLUB**

Accessible - 24 hours

Staffed hours -

Mon/Wed 6am-12pm, 5-7pm

Tues/Thurs 9am-12pm, 3-7pm

Frid 6am-12pm,

Sat 7-11am

Eastern Reserve, 70 Hopkins St  
5267 2336.

## MONDAY

**CO-WORKING & STUDYING SPACE**

Mon & Thurs 9am-2pm \$10

Winchelsea Community House,  
28 Hesse St, Winchelsea

**JUNIOR TENNIS COACHING**

3.30pm \$10 (03) 5267 2667

Tennis Club, Armytage St, Winchelsea

**GIRL GUIDES**

4.30pm-6pm (School term)

St John's Church, Cnr Mercer /Harding St

Yvonne Orchard 0448 672 630

Lily Dell Rennie 0428 936 441

**SOCIAL TWILIGHT TENNIS**

6pm (03) 5267 2667

Winchelsea Tennis Club, Armytage St

**1ST MODDA/1ST WINCHELSEA SCOUTS**

**Cubs:** 6:30-8pm (School term)

Modewarre Hall, Cape Otway Rd

Marie McPadden 0409 330147

**VINYASA YOGA**

7pm \$25

Winchelsea Shire Hall, 28 Hesse St

## TUESDAY

**SOCIAL BRIDGE**

10-12pm

Senior Citizens Centre, 36 Harding St

Elaine Atkinson 0458 009 616

**1ST MODDA/1ST WINCHELSEA SCOUTS**

**Joey's:** 5-6pm (School term)

**Scouts:** 6:30-8:30pm (School term)

Modewarre Hall, Cape Otway Rd

Marie McPadden 0409 330147

## WEDNESDAY

**WINCH WALKERS**

9:30-10.30am

Mud Hut (Opposite La Hoot Cafe)

Barwon Terrace, Winchelsea

ralexander@hesse.vic.gov.au

**WINCHELSEA MEN'S SHED**

9.30am, 51 Hesse Street, Winchelsea

Ray Atkinson 0407839139

winchmenshed@gmail.com

**MOTHER GOOSE SONG & RHYME**

2pm (School term) FREE

Winchelsea Community House, 28 Hesse St

**WINCHELSEA HISTORICAL SOCIETY**

Wednesday 1-4:pm, Friday 10am-3pm

Hesse St, Winchelsea

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## DATES TO REMEMBER

**School holidays**

**5 - 21 April 2025**

**Easter Weekend**

**18-21 April 2025**

**ANZAC Day**

**25 April 2025**

**King's Birthday**

**9 June 2025**

**ANZAC Day Friday 25<sup>th</sup> of April 2025.**

The service will start at 10.30, at the Winchelsea Reserve, RSL Club rooms.

**All Welcome**

After the service there will be morning tea served in the

Hub by the Winchelsea Football and Netball Ladies.

During the service wreaths will be laid, all are welcome to lay flowers, rosemary, or wreaths.

Please note that during the service there will be

live firing and it is advisable for children

to be aware of the noise.

The Winchelsea RSL are committed to making this event unique, something to be a part of.

All are welcome to Australia's special day.

Look for the RSL members outside the IGA

Winchelsea and buy a badge to support those

who served, and those still serving.

For more information contact David Loone

0488 165 109, Secretary Winchelsea RSL





# APRIL/MAY

This is a recurring calendar. Please confirm event details with the organiser/venue if you'd like to attend.  
To add an event to the calendar, please email [news@winchelseastar.org.au](mailto:news@winchelseastar.org.au)

**1ST MODDA/1ST WINCHELSEA SCOUTS**  
**Venturers:** Wed Walton's Rd Venturer Den  
Marie McPadden 0409 330147

**CWA WINCHELSEA**  
2nd Wed each month 7-8.30pm  
Senior Citizens Rooms, Harding St  
[winchelsea.cwa@gmail.com](mailto:winchelsea.cwa@gmail.com)

**SES WINCHELSEA**  
7.30pm 132500  
323 Mousley Drive, Winchelsea

**THURSDAY**  
**COWORKING & STUDYING SPACE**  
Mon & Thurs 9am-2pm \$10  
Winchelsea Community House,  
28 Hesse St, Winchelsea

**WINCHELSEA PLAYGROUP**  
10am-12pm (School term) \$5  
St Thomas Hall, 27 Barwon Terrace  
[winchseaplaygroup@gmail.com](mailto:winchseaplaygroup@gmail.com)

**PICKLEBALL**  
10-11.30am. Lesley Mathison 0438 672 197  
Leisure Time Centre,  
Gosney Street, Winchelsea

**WINCHELSEA KNITTING GROUP**  
10.30am-12pm FREE  
Winchelsea Community House,  
28 Hesse St, Winchelsea

**MAT PILATES**  
7pm \$25 Starting 15 May  
Winchelsea Shire Hall, 28 Hesse St

**WINCHELSEA MOVIE CLUB**  
7.30 (3rd Thurs each month)  
Globe Theatre, Main St, Winchelsea  
[growingwinchelsea.com/project/winchelsea-movie-club/](http://growingwinchelsea.com/project/winchelsea-movie-club/)

**FRIDAY**  
**PHONICS WITH ROBOT REG**  
10.30am MINIS (1-3 years)  
11.30am PRESCHOOL (3-5 years)  
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**ANZAC DAY**  
Friday 25 April 2025 10.30am  
RSL Club rooms Winchelsea Reserve,  
David Loone 0488 165 109

**WINCHELSEA HISTORICAL SOCIETY**  
Wednesday 1-4:pm, Friday 10am-3pm  
Hesse St, Winchelsea  
[www.facebook.com/Winchelseaanddistricthistoricalsociety](http://www.facebook.com/Winchelseaanddistricthistoricalsociety)

**CHATTY CAFÉ**  
10.30am-12.30pm Donation  
Winchelsea Shire Hall,  
28 Hesse St, Winchelsea

**TAI CHI**  
9am-10am \$10  
Winchelsea Community House,  
28 Hesse St, Winchelsea

**WINCHELSEA COMMUNITY FOODBANK**  
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[www.parkrun.com.au/trebeckreserve/](http://www.parkrun.com.au/trebeckreserve/)

**FLOW YOGA**  
8am, \$25  
Winchelsea Shire Hall,  
28 Hesse St, Winchelsea

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**CROCHET GROUP**  
1.30pm 2nd Saturday each month \$5  
Winchelsea Community House,  
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**ST JOHN THE BAPTIST CATHOLIC CHURCH**  
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**WINCHELSEA COMMUNITY DINNER**  
6.30pm (Last Saturday Monthly)  
St John's Hall, Harding St Winchelsea  
Bring plate & gold coin donation if you can

**SUNDAY**  
**RUNNING GROUP**  
8am Meet at La Hoot

**GARDENERS MEET & PRODUCE SWAP**  
9-10am (Second Sunday monthly)  
5 Main Street Winchelsea

**WINCHELSEA UNITING CHURCH**  
Service 9.30am each week  
Hesse St, Winchelsea  
0475 777 301 [uca.winchelsea@gmail.com](mailto:uca.winchelsea@gmail.com)

**WINCHELSEA COMMUNITY MARKET**  
9-1pm, 1st Sunday each month (except Nov)  
Shire Hall car park, Main Street  
[growingwinchelsea.com/project/winchelsea-community-market/](http://growingwinchelsea.com/project/winchelsea-community-market/)

**ST THOMAS' ANGLICAN CHURCH**  
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## EASTER CHURCH SERVICES

### WINCHELSEA COMBINED CHURCHES

**MAUNDY THURSDAY 17 APRIL**  
St Thomas' Anglican Church 10am  
Barwon Terrace, Winchelsea  
Phil 0477 672 042

**GOOD FRIDAY 18 APRIL**  
10.00am Journey to the Cross  
walk in the grounds of  
St John's Catholic Church  
Cnr Harding & Mercer Sts  
*If raining, assemble in St John's  
Catholic Church Hall*

Followed by  
Hot Cross Buns in the Church Hall  
Lyn 0400 649 652 Marg 0418 983 005

**EASTER DAY SUNDAY 20 APRIL**  
St John's Catholic Church 9am  
Cnr Harding & Mercer Sts Winchelsea  
Winchelsea Uniting Church 9.30am  
Hesse St Winchelsea  
Live stream with  
Grovedale Uniting Church

St Thomas Anglican Church 10am  
Barwon Terrace Winchelsea



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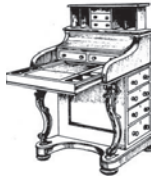


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## Can you help support the 'Red Shield Appeal'?

### The Salvation Army

Across Australia the Salvos are aiming to raise \$38 million for Australia's largest and longest-running door-knock appeal, the 61st annual Red Shield Appeal.

"The last few years have been incredibly tough and for many that shows no sign of slowing down. At the Salvos we are privileged to support those in our area experiencing hardship, but we cannot do this without the ongoing and loyal support of the community," said The Salvation Army's Major Warren Elliot.

Funds raised in the Great ocean Road area for the Red Shield Appeal will stay in the local community and used to meet the needs faced by the most disadvantaged and vulnerable.

Earlier this year, The Salvos released their Social Justice Stocktake, polling 16,000 Australians. In Victoria it was found that 68.5% of people identified housing affordability and homelessness as the top concern, 60.6% being mental health.

"There is no better way to support your community than by donating to or volunteering in the Red Shield Appeal this year. We can't do our work in the community without you," said Major Warren Elliot.

The Red Shield Appeal culminates in the Red Shield Weekend (May

24-25), and there are a number of ways to get involved - volunteering by collecting at local shopping centres and other locations, door knocking, online fundraising, organising a collection at your workplace, school or sporting event and making a donation.

Please reach out to your local Salvos to find out about volunteering by visiting [salvationarmy.org.au/red-shield-appeal](https://salvationarmy.org.au/red-shield-appeal)

Across Australia last year, The Salvation Army's 400 centres and 2,000 services provided:

- Assistance to a person every 17 seconds
- 1.76 million sessions of care to over 250,000 people in need
- 1.1 million bed nights to those needing accommodation
- 1.5 million meals to those who accessed homelessness services.



**To donate or volunteer for The Salvation Army's Red Shield Appeal, or if you need support from the Salvos, visit [salvationarmy.org.au](https://salvationarmy.org.au) or call 13 SALVOS. You can also donate at any Salvos Store.**

vermin, and often crowded with mountains of rubbish sometimes as tall as they are.

In 2024 more than a quarter of Inspectorate reports had a 'Violent Person of Interest' flagged.

RSPCA Victoria currently has only 28 Inspectors, at times, as few as 15, with Government funding only covering around 21% of operations and animal care costs.

Despite this, RSPCA Victoria is forecasting 25% increase in animal cruelty reports this year, with the small team required to investigate up to 11,000 reports.

Dr Walker said. "As cost-of-living continues to affect people, their pets will be impacted, and our Inspectorate services are needed more than ever before.

"In addition to animal neglect, our Inspectors also investigate malicious animal cruelty, so we're calling on people to help us, keep helping the state's most vulnerable animals by treating our Inspectors with respect."

## Planned Autumn Burnoffs Underway Now DEECA

### Why do I see or smell smoke?

With calm autumn conditions, expect to see smoke in the air from planned burns, private burns under CFA's permit system and agricultural burns over the coming weeks.

FFMVIC Chief Fire Officer Chris Hardman said it is crucial fire agencies take advantage of favourable conditions. "Planned burning is one of the tools that keeps Victoria safer from bushfires."

"Autumn provides opportunities for planned burns, as weather is more stable, and fire behaviour manageable and predictable

"Reducing dry vegetation such as grass, leaves, bark, shrubs and small fallen branches means fires are less intense and slower to spread, making it likely that firefighters can keep bushfires small and contained.

"Victorians can register to receive notifications of planned burns at the Planned Burns Victoria website."

CFA Chief Officer Jason Heffernan urges Victorians to understand permit requirements while the Fire Danger Period (FDP) is in place.

"We are starting to issue permits to farmers to burn crop stubble to kill off weeds and reduce pests, however no burning off is to occur without permission," Mr Heffernan said.

"Any burning off activity should have enough water on hand to monitor and extinguish, and Triple Zero Victoria must be notified."

The Planned Burns Victoria website has details of all planned burns, visit <https://plannedburns.ffm.vic.gov.au/>

To find out what can and can't be done during fire danger period, visit <https://www.cfa.vic.gov.au/warnings-restrictions/fire-bans-ratings-and-restrictions/can-i-or-cant-i>

Check fire restrictions and register private burns at [www.firepermits.vic.gov.au](https://www.firepermits.vic.gov.au) or call 1800 668 511.

Detailed information about current air quality throughout Victoria can be found on EPA's website.

## It's not just animals being abused

### RSPCA Victoria

RSPCA Victoria is calling for an end to verbal and physical abuse against its Inspectors as they investigate animal cruelty across the state.

In addition to the verbal abuse faced on a daily basis, RSPCA Victoria Inspectors have been charged at, and in one case had a vehicle lifted by a forklift preventing them from leaving a dangerous situation.

RSPCA Victoria CEO Dr Liz Walker said the abuse they face is unacceptable. "Our Inspectors are authorised officers investigating animal cruelty offences, the last thing they need is to be abused in the process," Dr Walker said.

"It's tough enough investigating severely neglected, injured or abused animals and this often involves attending properties riddled with animal faeces, unsafe ammonia levels due to animal urine, pests,

## Protecting Victorians from hate

### Victorian State Government

The State Government has passed legislation to strengthen anti-vilification and social cohesion laws, the Justice Legislation Amendment (Anti-vilification and Social Cohesion) Bill 2024. This will

- Protect more Victorians from vilification – hate speech or conduct that profoundly harms people and undermines social cohesion
- Introduce new criminal offences for serious vilification, such as inciting hatred or threatening physical harm against someone because of who they are or what faith they follow
- Strengthen existing protections against vilification and provide more

options for people to seek remedy and resolution

- Protect the right to free speech and religion.

Under the new laws, protections will cover disability, gender identity, sex, sex characteristics, sexual orientation, and personal association with a person who has a protected attribute – for example, being the parent of a disabled child.

The reforms will create two criminal offences to respond to serious vilification:

- It will be an offence to incite hatred, serious contempt, revulsion or severe ridicule against a person or group based on their protected attribute
- It will be an offence to threaten physical harm or property damage against a person or a group based on their protected attribute.

These offences will be easier to prove than Victoria's current vilification offences, with stronger penalties up to five years imprisonment.

This protection could capture conduct such as posting photos on social media that severely ridicule a person with disability or expressing hateful comments about a group's race at a public meeting.

People will still be able to make a complaint through the Victorian Equal Opportunity and Human Rights Commission or the Victorian Civil and Administrative Tribunal.

The Bill protects genuine and legitimate religious activities, such as worshipping, practising, proselytising and teaching religion – they will always remain someone's right in Victoria.

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# Winchelsea Football Netball Club Inc

Hopkins St, Winchelsea winchelseafnc@hotmail.com



## Blues News

Janet Fletcher

Welcome to all Blue's News readers for the details of Round 2 in the GDFNL 2025 season.

Hot weather was the order of the day last Saturday when the Winchelsea Blues hit the road into West Oval for the games against the Geelong West Giants. The Blues were coming off a double win in Round 1 against Inverleigh and were hoping to repeat that result. The Blues had plenty of support in the crowd, both at the Netball courts and the Football oval which was great to see.

### RESERVES:

#### Winchelsea Blues 8.7.55 defeated

#### Geelong West Giants 5.6.36

The first quarter was a very even tussle with the Blue's going in with a 5 point lead at quarter time, and they continued to do well and extend that lead to 12 points at the long break. After half time the Giants threw every thing at the Blues, both sides coping with the heat very well, but it was a 3 goal effort in a 5 minute burst that cemented the lead at three quarter time 21 points the Blues way. The hot weather was taking it's toll in the final quarter with the Blues only managing 1 point, but they kept the opposition to 3 points and so ran out winners by 17 on the final siren. A solid team win by the Reserves.

#### GOALS:

Paddy Dench 2, Harry Kelly 1, Sam Creighton 1, Jack Benstead 1, Tom Kennedy 1, Baxter Boddington 1, Tom Rouget 1

#### BEST:

Baxter Boddington, Sam Creighton, Paddy Dench, Harry Kelly, Liam Turner, Jack Benstead

### SENIORS:

#### Winchelsea Blues 7.10.52 were defeated by

#### Geelong West Giants 10.6.66.

The Giants got the jump on the Blues in that first quarter and the scoreboard showed 3 goals 3 points to the Blues 2 points. In what was quite a spiteful game the Blues rallied in the second quarter, doing much better when a very dubious free kick in front of goal for the Giants swung momentum back their way. Rarely if ever is there a comment regarding the Umpiring in Blue's News, but this was an absolute shocker. None the less the Blues kept at it, outscoring the

Giants in the third and final quarters but weren't able to close the gap enough to take the win.

Plenty of positives to be taken from this game in Round 2. I suspect players and coaching staff alike will be looking forward to the rematch in Round 14.

#### GOALS:

Indy Parish 2, Cameron Primmer 2, Cassidy Parish 1, Jack Sampi 1, Tayne Henderson 1

#### BEST:

Lachie Gemmill, Caleb Brown, Fin Parish, Harry Nagle, Rueben James, Indy Parish

The Winchelsea Blues wish all players and their families, sponsors, supporters and volunteers a Happy and Safe Easter. Enjoy the break!

The matches resume on the 26th when the Blues host a twilight match against the Corio Devils, the Club is hoping for big numbers of supporters to help get the Blues over the line.

### GO BLUES!!

#### ANZAC DAY:

The WFNC is privileged to be again catering for the Winchelsea RSL ANZAC Day ceremony on Friday 25th April. Huge numbers are again expected to attend the service at Eastern Reserve at 10.30am and afterwards head up to the Bendigo Bank room for a bite to eat, a cup of tea and reflect on how fortunate and grateful we are to enjoy the lives we live in Australia because of our ANZACS.

It's a great chance to catch up with other friends in the community that all share the special bond that is ANZAC Day. LEST WE FORGET.

#### BLUE'S BISTRO:

This week we have Hamburgers with the lot, Sea food Baskets, and Chicken Kievs on the menu from 6pm.

All at the Club wish legendary Time Keeper for the Blues, Jo Pop Burhmann Best Wishes for feeling much better soon! We are thinking of you Jo.

## Keep kids safe on the water these holidays

### safetransport

Boaters taking families out are urged to stay safe on the water these school holidays.

Make sure children wear lifejackets. It's the law for children under 12 years to wear a lifejacket on most boats, even when stepping on and off a boat or PWC (jet ski).

Keep kids within arm's reach when you're on or near a boat. This means you're nearby if anything goes wrong.

Keep a close eye on children when boating. Have enough adult supervision to match the number of children, their ages, and how well they swim in open water.

It's vital for lifejackets to be fitted correctly, to prevent them slipping off as the wearer enters the water. Lifejackets crotch straps are recommended for younger children.

Learn more about lifejackets and boating with kids at Safe Transport Victoria's website: <https://safetransport.vic.gov.au/boating-with-kids/>

Applications for Surf Coast Shire Council-run kinders open Monday 7 April 2025, including Helen M Kininmonth Pre-School Winchelsea. Families can apply for FREE 3yr and 4yr kinder programs, thanks to Victorian Government's Best Start, Best Life funding.



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Day	Time	Location	Program
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Thursday	10.30 - 11.15	PRESCHOOL Herne Hill	
Friday	10.30 - 11.15	MINIS Winchelsea	PRESCHOOL 3-5 years • kinder & school readiness • speech & language • dancing • fine motor • letter sounds & phonics awareness
	11.30 - 12.15	PRESCHOOL Winchelsea	

1.00 - 1.45 PRESCHOOL Herne Hill

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Web: [www.robotreg.com.au/pages/shae](http://www.robotreg.com.au/pages/shae)

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[www.robotreg.com.au/pages/shae](http://www.robotreg.com.au/pages/shae)

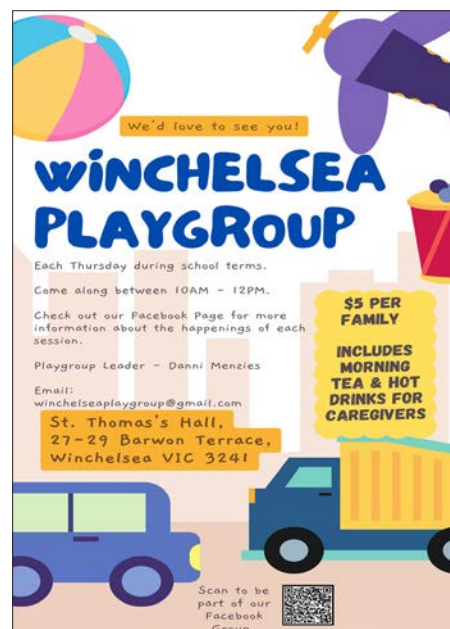
## Changes to branded school uniforms

### Victorian State Government

Changes have been announced to student dress codes to ban school logos on shorts, pants, skirts and socks in Victorian government schools.

Schools can have branding on hats, tops, shirts, dresses and jackets – everything from the waist up.

Schools that need to make changes to uniform items as part of their dress code policy update will implement them from the start of the 2026 school year. There will be transitional arrangements to ensure that uniforms already purchased can continue to be worn.



We'd love to see you!

## WINCHELSEA PLAYGROUP

Each Thursday during school terms.  
Come along between 10AM - 12PM.

Check out our Facebook Page for more information about the happenings of each session.

Playgroup Leader - Danni Menzies  
Email: [winchelseaplaygroup@gmail.com](mailto:winchelseaplaygroup@gmail.com)

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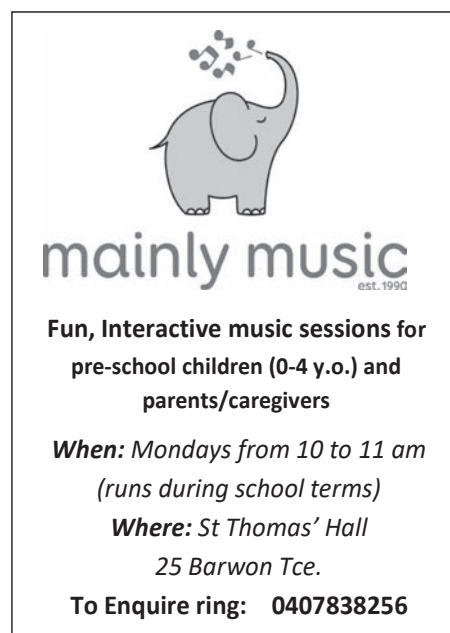
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Winchelsea Community House	<a href="https://facebook.com/winchelseacommunityhouse">facebook.com/winchelseacommunityhouse</a>
The Green Winchelsea Residents	<a href="https://facebook.com/groups/515322772623126">facebook.com/groups/515322772623126</a>
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## Winchelsea Community Market



Shire Hall  
9am - 1pm



## Nurses contribute to success of Urgent Care Clinics

### Australian College of Nursing

An evaluation of Medicare Urgent Care Clinics (UCCs) provides evidence that the clinics provide care for illnesses and injuries that are urgent but not life-threatening, and reduce expensive visits to hospital emergency departments. ACN CEO, Adj Prof Kathryn Zeitz, said the evaluation by the Department of Health and Aged Care shows that nurses make a significant contribution.

"UCCs employ on average four full-time equivalent nursing staff per clinic. Nurses are integral to the operation of the clinics, yet the report focuses on GP recruitment.. We call on the next government to invest in nursing development and blended funding models that support nurses to their full scope of practice."

The interim report estimates UCCs save \$368 per presentation in reduced ED visits.

Key findings from the report include:

- the clinics have prevented 334,000 emergency department presentations a year;
- average wait times were 14.5 minutes (compared to 24-31 minutes for ED wait times); and
- the majority of patients are presenting to clinics with conditions that can be appropriately managed there.

The evaluation report is at [https://www.health.gov.au/sites/default/files/2025-03/medicare-urgent-care-clinics-program-evaluation-first-interim-report\\_0.pdf](https://www.health.gov.au/sites/default/files/2025-03/medicare-urgent-care-clinics-program-evaluation-first-interim-report_0.pdf)

## Dementia Australia calls for urgent action

### Dementia Australia

Dementia Australia CEO Professor Tanya Buchanan said there are 433,300 Australians living with dementia and 29,000 living with younger onset dementia.

"Dementia cannot be ignored during this election. Hospitals, acute care and aged care systems are unable to meet demand. People with dementia wait longer to get access to residential aged care. The stay in hospital is five times longer than for someone without dementia.

Dementia Australia is calling for federal government commitment to:

- Launch a national conversation on dementia to raise awareness and promote brain health at all ages;
- 1. Establish a team of dementia specialist care coordinators within Dementia Australia to support people living with dementia, their families and carers; and
- 2. Build a workforce to provide care and support for people living with dementia.

"We cannot change getting older, genetics or family history, however looking after brain health can make a big difference to reducing the risk of developing dementia.

Dementia is not a normal part of ageing and in the absence of a cure, we must take all steps possible to promote good brain health through our lives to reduce the risk of dementia

If someone living with dementia requires assistance at a voting centre, call the National Dementia Helpline 1800 100 500. This is a free call 24/7, 365 days a year. An interpreter service is available.



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For any enquires or bookings please contact the clinic on 5292 8028.  
Or visit our website: [www.winchmc.com.au](http://www.winchmc.com.au)

Opening Hours:  
Monday - Friday 8:00am - 5:00pm  
(Monday Evening Clinics available and selected Saturdays)



Our clinic accepts online bookings via the app called HotDoc.  
Download the app on the App Store or Google Play or head to our website.





## Issues with Seniors Dental Care

Australian Dental Association

### Seniors' oral health worse than rest of nation, ADA survey finds

Seniors are skipping vital dental treatments because they can't afford it, new research shows. 55% of over 65s delay seeking dental treatment. Affordability was the main reason.

47% reported debilitating oral issues including recent tooth or gum pain, mouth or face swelling, or a mouth infection, compared to 36% of the rest of the community.

Seniors also make fewer trips to the dentist than the rest of the population, with 37% visiting every 2-5 years compared to 35% of other age groups, and 23% visiting every 5 years compared to 20% of other age groups.

Dentists are doing their best to keep costs down with fees increasing less than CPI over the past 10 years. However dentistry is a costly service to provide, as practices are effectively mini operating theatres.

"These findings provide a picture of what's happening to the mouths of thousands of Australians over 65," said ADA President Dr Chris Sanzaro. "Some end up in Emergency Departments. 16,000 seniors were admitted to hospital for treatment of painful dental issues in 2022-23. That is expected to rise to 22,630 by 2027-28, a 42% increase from an already unacceptable level. It's a health trend that worsens by the year."

## Rural mothers and babies deserve better

National Rural Health Alliance

The National Rural Health Alliance (NRHA) calls on all Federal Election candidates to commit to ending the significant health gaps faced by rural women, especially when it comes to maternity services and postnatal health.

Women in rural, regional and remote Australia face significant health disparities compared to their urban counterparts, and one-third of Australian women live in rural, regional and remote areas.

"Since the 1990s, there has been 50% reduction in maternity services in rural Australia. This results from rising private health and clinical insurance, lack of investment in infrastructure and support and the workforce being overworked and under-supported.

"Women in rural areas lack birthing services, as well as antenatal and postnatal care close to home. This leads to reduced services in other parts of the



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hospital too, making it less attractive for clinicians to work there.

When a town has a maternity service, the area is more attractive for young families and people are more likely to stay or move there which is good for the local economy.

Expectant mothers living in Very Remote areas are 5.5 times more likely to smoke during pregnancy. Rural and remote women are also more likely to experience domestic and family violence, and have higher rates of unplanned pregnancies, infant mortalities, and low birthweights and preterm babies.

"During this election, we call on all candidates to make the health of rural women a priority.



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# Winchelsea Football Netball Club Inc

Hopkins St, Winchelsea winchelseafnc@hotmail.com

# Junior Netball

Shae Callahan

## U15s Match Report – vs Geelong West

It was a tough hit-out this week against Geelong West in hot conditions, but the girls showed great resilience. Maddilynn Finch was a standout in defence, creating several turnovers and stoppages. Lexi and Tahlee worked well through the midcourt, consistently driving and offering strong leads.

Our shooters had a challenging matchup against tall defenders but didn't back down. We now look ahead to our game against Corio and focus on continuing to shape our game to suit the team.

## U/19s Match Summary

It was a tough start for our U/19s this week, with a slow and shaky first quarter putting us on the back foot early. After a reset at quarter time, the group responded well — making key adjustments, refocusing, and lifting their intensity to create much stronger contests for the ball. The effort and fight shown in the second half was a real credit to the team's resilience, but unfortunately, the comeback came too late. Plenty to take away as we look to build on the improved efforts moving forward.

## E Grade Match Summary

In our first game with the full squad of 12, it was an exciting opportunity to experiment and refine our strategies. With some new combinations and rotations, we found ourselves making frequent changes throughout the game, but the team handled

the adjustments well. The main focus was finding the right fit for each player in a very versatile team, and while we're still sorting out positions, the effort and flexibility shown were impressive. Moving forward, we're eager to now focus on refining our systems and developing as a cohesive unit, setting ourselves up for success as we continue through the rest of the season.

## PUTTING THE FUN IN FUNDAMENTALS!

At Woolworths Net-Set-Go, children aged 5 – 10 years are introduced to the basics of netball through fun, simple activities that keep them moving and engaged. They will learn key physical skills like running, jumping, and catching in a supportive, easy-going environment. With lots of chances to get involved, the activities are designed for maximum participation, ensuring every child feels included and confident. Through fun games and activities, kids will practice teamwork, cooperation, and listening, all while having a great time!

Jump in now and register! <https://registration.netballconnect.com/userRegistration?organisationId=aea4bfc5-f9a0-4c3c-8a1f-9d7c902443eb&competitionId=9af4bcf9-df16-44fb-a470-a0a3de9cc0c6>

Net-Set-Go will run on Thursdays from 4 – 4.45pm at Winchelsea netball courts starting 1st May.

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**Starts Thursday 1st May 4pm!**

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Contact Shae 0409641550 for info.

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# parkrun 58

Sport & Exercise



Saturday 5 April 2025

Trebeck Reserve, Winchelsea



On Saturday this week, we had 33 participants complete the parkrun course through Trebeck Reserve on a perfect morning for a walk or run. We had visitors from Port Arlington, Drysdale and Point Cook. Congratulations to 8 of our parkrunners achieving the personal best, Shane Kennedy, Madeline Mitchell, Connie Macaulay, Tim Parker, Alice Kennedy, Maria Van Rijthoven, Sue Rawson, Bernadette Gibson and congratulations to Lauren R for reaching her 50th parkrun milestone.

This event was made possible by the following volunteers: **Ann Morsby, David Woodall, Don Smith, Helen Woodall, Kate Mcinnes, Neil Mcinnes and our tailwalker Alex Tigani visiting from Balyang.** It takes a minimum of six people each week to safely conduct an enjoyable event. Please email [trebeckreserve@parkrun.com](mailto:trebeckreserve@parkrun.com) if you are able to volunteer some of your time. Tasks are simple, sociable, fun and very much appreciated.

Further details of this week's results can be found at [trebeckreserveparkrun.com.au/results](http://trebeckreserveparkrun.com.au/results) or check out our Facebook page for more photos and further information.

If you wish to join us any Saturday morning as a walker, runner or volunteer please complete the simple online registration at [parkrun.com.au/register](http://parkrun.com.au/register), this is free, only needs to be done once and can be used at any of the 5,000 plus parkrun events worldwide.

You do not need to be a runner, wear fancy Lycra or the latest high-tech shoes. Around one third of participants walk the course.

parkrun was conducted at around 500 locations across Australia this week. Well behaved dogs on a short hand held leash are welcome (no waist harnesses please).



# Rethinking food waste workshop



## Did you know one third of all food produced is wasted? What a waste!

This **FREE** workshop introduces simple ways to reduce food waste at home, from recipe hacks to food-storage solutions, and why sticking to a shopping list is so important?

Hear from award winning owner of Samesyn 2.0, Graham Jeffries, on how his team creates high end dishes while still focusing on low waste and food rescue.

All attendees will sample some of Graham's food, and take home a free veggie bag as well as a roll of 'Use It Up' tape from Oz Harvest, valued at \$30.

**Date: Saturday 3 May**

**Time: 9.30am - 11am**

**Where: Samesyn, 3/24 Bell Street, Torquay**

Limited places and bookings required. Book now at [surfcoast.vic.gov.au/FoodWaste](http://surfcoast.vic.gov.au/FoodWaste)

\*Please note this event is for Surf Coast Shire residents only.



## TREE WORKS & STUMP GRINDING



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## Winchelsea Star

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### DEFIBRILLATORS IN WINCHELSEA

Accessible to the public  
24 hours a day

The Winchelsea Lions Club has compiled a list of public access defibrillators in Winchelsea. If anyone knows any others with 24 hour public access, please let Linda Carter know 0439 817 263.

**Ambulance Victoria**  
33 Willis Street

**Bendigo Bank**  
11 Main Street

**Globe Theatre (Side entrance)**  
17 Willis Street

**Hesse Rural Health**  
8 Gosney Street

**Men's Shed**  
51 Hesse Street

**Netball Courts**  
Eastern Reserve Hopkins St

**Senior Citizens Club**  
36 Harding Street

**Uniting Church**  
33 Hesse Street

**Winchelsea Bowls Club**  
Hesse St,

**Winchelsea Cemetery,**  
McConachy St

**Winchelsea Golf Club**  
13 Anderson Street

**Winchelsea Primary School**  
Main Street

**Wurdale Memorial Hall**  
220 Wurdale Road

