



Maritime
Conference

Spotlight

SOUP
for the Soul
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Truro Church “Soup for the Soul” Ministry

In the Spring of 2023, a brand-new ministry, with the aid of ADRA Canada, was birthed in the hearts of several members of the Truro Seventh-day Adventist Church. This ministry came from the desire to tangibly help people in need in our community. Sheena Smith and Sandra Bonilla learned that unsheltered people were not given free meals on Sundays in Truro, so the “Soup for the Soul” ministry was born.

Since October 22, 2023, on two Sundays a month, head cook, Sandra Bonilla, Sheena Smith and several volunteers prepare a very hearty soup made entirely from “scratch” in the Truro Church kitchen. Other volunteers fill large bags with buttered buns, bottles of water, bananas, and inspirational GLOW tracts. Around noon, these large bags and the huge pots of soup, bowls and spoons are loaded into the back of someone’s car. Three volunteers drive to various places around Truro where unsheltered people are tenting. These

people are given a free, nourishing meal, which is gratefully received. Then the volunteers drive to Haven House where the remaining soup and bags of food are delivered to the people sheltered there. Meanwhile, Sandra, assisted by David Sprague, remain at the Truro Church, as some unsheltered people enjoy a free delicious meal there.

“Soup for the Soul” ministry has been ongoing for 16 months, and the Lord is abundantly blessing the dedicated work of all those who lovingly and happily share their time and effort to help others. *“Inasmuch as ye have done it unto one of the least of these, My brethren, ye have done it unto Me.”*
Matthew 25:40

Truro Church
Communication Department
Truro SDA Church

ADVENTIST ASSOCIATION OF
FAITH COMMUNITY NURSING

Adventist[®] *Nurses Conference*

SAVE THE DATE

April 3 - 6, 2025

North American Division Office
Columbia, MD USA



Contact Hours Available
for Nurses

AdventistNurse.org

ALL
NURSES
WELCOME!



A person wearing a dark suit jacket is holding an open Bible. The Bible is open to a page with some text, and the person's hands are visible holding the edges of the book. The background is a plain, light color.

God's CARE TAKERS

Latter Rain Postponed

*The great outpouring of the Spirit of God, which lightens the whole earth with His glory (**Revelation 18:1**), will not come until we have an enlightened people, that know by experience what it means to be laborers together with God. When we have entire, wholehearted consecration to the service of Christ, God will recognize the fact by an outpouring of His Spirit without measure; but this will not be while the largest portion of the church are not laborers together with God. God cannot pour out His Spirit when selfishness and self-indulgence are so manifest; when a spirit prevails that, if put into words, would express that answer of Cain – “Am I my brother’s keeper?”*

Counsels on Stewardship 52.1

It is important to realize that we may unconsciously delay the outpouring of the Spirit of God by being lethargic about our responsibilities as followers of Christ. What a tragedy that we could delay the vindication of Christ before the entire universe.

We are told in **1 Selected Messages page 82.4** that Christ was prepared to come ‘ere this’. That statement was made in 1898. Let’s pray for God to turn us into inspired workers for Him, telling a dying world that there is hope, because Jesus is coming soon!

Ed Sharpe

Interim Treasurer of the Maritime Conference

A top-down view of a yellow plate with a pink border. The plate is filled with two types of food. On the left side, there is a pile of baked vegetables, including chunks of orange sweet potato, purple eggplant, and light-colored potatoes, some with a slightly charred surface. On the right side, there is a fresh green salad consisting of bright green spinach leaves, sliced cucumbers, and several whole cherry tomatoes. The text 'Baked Veggies' is overlaid in a white, cursive font with a blue outline on the left side of the plate.

Baked Veggies

Straight from

Catherine's Kitchen

Baked Veggies

Preheat oven to 350° Fahrenheit.

- 3 medium/large sized sweet potatoes, peeled and chopped into chunks
- 10 yellow fleshed potatoes, peeled and chopped into chunks
- 2 yellow onions, chopped into large chunks
- 3 green (or whichever color you would like) peppers chopped into large chunks.
- 5 beets, peeled and chopped into chunks
- Peel 5 to 10 garlic cloves (leave as whole pieces, or cut in half)

Place all the above vegetables into a large mixing bowl.

Cover with;

- 2 tablespoons of olive oil,
- 3 tablespoons of basil,
- drizzle honey or maple syrup over

- Sprinkle with “Herbamare”/sea salt/Himalayan salt/regular salt

Mix well until all vegetables are covered.

Place in a large cooking dish lined with parchment paper. Bake for 1 hour. Potatoes should be well cooked, if not, leave in oven for longer.

Serve with a salad, over rice, or in a Naan, or simply eat it as is!

* *Don't peel your sweet potatoes, potatoes, and beets if they are organic.*

** *These vegetables taste great together, but so do many others. Be creative and adjust to your liking!*

Catherine Walsh

Health Ministries Director of the Maritime Conference



So if the Son sets you free, you will be free indeed!
John 8:36 (ISV)

Pray like a lover,
Not like a beggar.
~Osho



Maritime Prayer Ministries

WHAT IS GOING ON IN YOUR CHURCH?

We want to know what God is doing in your church! Don't keep the blessings to yourself! Let us know so that we can be inspired!

Submit your reports for the MC Spotlight to ron.marshall@maritimesda.com before the 15th of each month (except for July & December, it will be on the 03rd)

"Tell the world about Jesus...tell them about His love...as you go... tell the world!"





BUSINESS DIRECTORY

**WE MIGHT HAVE WHAT
YOU ARE LOOKING FOR!**

Get what you need and support Adventist
businesses at services at the same time!

Click here to check out our Business Directory:

<https://heyzine.com/flip-book/6f16ee7a01.html>

ATTENTION ALL ADVENTIST

If you are interested in sending your business information to us to have your business publicized in our directory, please send your information to ron.marshall@maritimesda.com. **We want to support you in whatever capacity that we are able to.**

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Urgently Needed!

Camp Cook



Camp Pugwash, located in Nova Scotia, Canada, is looking for a Cook who would be able to serve as Head Cook for the summer camp season.

As Head Cook (or Food Service Director), you'll be responsible for the total food service operations at Camp Pugwash for the 2025 summer camp season. This would include, but not limited to, preparing and serving meals for staff and campers, menu planning, ordering food supplies, organizing and working together with kitchen staff, etc.

The ideal candidate not only has some level of food service experience—that would illustrate their competency in preparing meals for large groups—but also a passion for this ministry.

The kitchen is at the heart of Camp Pugwash, and without the dedication of a Head Cook, this ministry would not make the lasting impression as it has. Pugwash is truly a fulfilling workplace where you can serve and make a difference for God's kingdom.

If this is something you are interested in and/or contemplating, we'd love to hear from you!

Please send us an email.

summercamp@maritimesda.com





A quick response can bring a child home safely.

PREPARE. TRAIN. PROTECT.

March 29, 2025



safetysabbath.org



APRIL 15, 2025

4:00-6:00 PM MT

PERSONAL/FAMILY FINANCE SEMINAR

PRESENTED BY

THE SCHOOL OF BUSINESS

FREE TO ALL SDACC MEMBERS & THEIR FAMILIES

EMAIL BUSRECEPTION@BURMANU.CA TO REGISTER



Maritime Conference **Quinquennial** **2025**

**Notice is hereby given that the fiftieth
Regular Members' Meeting of the
Maritime Conference of the Seventh-day Adventist Church Inc.**

This meeting is called for the following purposes:

- 1. Election of a Board of Directors;**
- 2. Election of a Standing Bylaws Committee;**
- 3. Election of Officers of the Conference;**
- 4. Consideration of proposed changes in the Bylaws of the Conference;**
- 5. Transaction of other business as may properly come before a Regular Members' Meeting.**

The member churches of the Maritime Conference are represented at this meeting by delegates chosen on the following basis: one delegate from each church plus one additional delegate for each 40 members or major fraction thereof.



Delegates who are members of the Organizing Committee are asked to meet 9am

Sunday, April 13th
@10:00 a.m. Atlantic Time
@ Moncton Seventh-day Adventist Church



New Year's Resolutions

Now that we are several months in, how many of us are sticking to our New Year's resolutions? Why did we even make resolutions in the first place if history tells us that nothing will change, that we will resort back to our original way of life?

I am reminded of a sermon from a few months ago. The guest speaker started by asking what we are afraid of. He did not want an answer, but I am still thinking about that question. Is it possible that fear plays a part in the resolutions that we make?

According to a quick Google search, five of the most common fears (or phobias) are spiders, snakes, public speaking, heights, and social interactions. I cannot say I am necessarily afraid of snakes and spiders, although I have no desire to seek them out, and admittedly, I am startled when I unexpectedly encounter them. And heights? I like being high up and having the ability to see the bigger picture. I am probably more afraid of falling, and that can happen even with my feet planted on the ground.

But what about public speaking and social interactions? Are we afraid to be in the spotlight, or are we afraid of having our opinions judged? I can say from personal experience that rejection hurts, that being teased can leave a long-lasting bitter taste.

So, we make resolutions. We resolve to read more – we will be more informed and better able to contribute to conversations. We will know the “right” thing to say because someone else said it so it must be correct. We resolve to exercise or follow the current fad diet because everyone else is and we will look like the popular kids (celebrities). If we lose 5, 10, maybe even more pounds we will look the part. And of course, we resolve to work harder or smarter so we can make more money. That will give us the freedom to buy what everyone else has. “They” have it, so it must be necessary.

But why do we care what other people think? Are we so afraid to be ourselves that we try to be someone else? In and of themselves, there is nothing wrong with reading, proper diet and exercise, or money. But are we trying to better ourselves or to fit in with society? 2 Timothy 2:15 says “*study to show thyself approved unto God...*” 1 Corinthians 10:31 tells us that whatever we eat, drink or do is to be done for the glory of God. 1 Timothy 6:10 informs us that it is the love of money, not money itself that is the problem.

There are times I wish I could have a do-over. Go back in time and change the things that resulted in rejection or being teased. But maybe perspective is the only thing that needs to be changed. Picking only three verses hardly seems adequate. The Bible is full of promises and love. It is the ultimate guidebook for all aspects of

life. Would I really want to change my past if the God who sees and knows all decided that the life He allowed me to have, was, and is, the best?

I am not saying we should not make New Year’s resolutions. I am not saying we should not constantly be learning and growing. But we do not need to wait until January 1. That is not going to be the magic date where everything falls into place. Daily, moment by moment, we need to ask God for a clean heart and a right spirit (Psalms 51:10) and trust that He is working to fit all the pieces of life’s puzzle into the most beautiful picture.

Lois Hancock
Pugwash SDA Church



Maritime Conference

Camp Meeting 2025

Preparing the Harvest

Save the Date
July 25-August 02, 2025



Seventh-day
Adventist Church

20 MC Spotlight | MARCH 2025

GLOBAL YOUTH WEEK OF PRAYER HOMECOMING

Sabbath



Come and meet our
new Youth Director

**TEDDY
BASGASSIEN**

📍 Sandy Lake Academy at 3PM

MAR | 22 | 2025

Music | Worship | Fun
For more information contact Oratile
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MARCH 2025 | MC Spotlight 21

NEW!
FAMILY /ALUMNI
CAMP

Exciting Activities for FAMILIES

ADVENTURE - REVIVAL - NATURE - BONDING



Date:
Monday Aug 4 - Friday Aug 8




Location:
Camp Pugwash

Registration opening
soon

ALUMNI
WELCOME

Camp Pugwash is happy to introduce our first ever family camp week. We want to also extend a special invitation to all **ALUMNI** camp staff—and their families—who have previously worked at Pugwash.

CONTACT US

summercamp@maritimesda.com
<https://www.campugwash.com/>
 camp_pugwash



Maritime Health Emphasis Day
Sabbath, March 29th, 2025.

Do You Know

Your Worth?

The world wants you to believe a lie,
will you fall for it?

Learn How to Realize Your

Worth

1 Peter 2:20 "...but if when you do what is *right* and
patiently bear suffering, this finds *favor* with *God*"

CALLING ADVENTISTS AGES 18 TO 35

COME. PREACH THE WORD.

JOIN YOUR PASTOR
ON A SHAREHIM TRIP.

- Grow closer as a team as you share your faith
- Present ten Christ-centered, ready-to-preach sermons
- No preaching experience or Spanish required

Upcoming Trips

YOUR COST

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INCLUDES FLIGHT, HOTEL, AND MEALS

Made possible in part through support from your local church, conferences across Canada, the SDACC, and the North American Division.

Upcoming Trips

Trips are exclusively for those ages 18-35 from most conferences. You must come with your local pastor.

2025

June 4-16	Georgetown, Guyana
June 11-23	Liberia, Costa Rica
Jul 23-Aug 4	Chitré, Panama
Jul 23-Aug 4	Jinotepe, Nicaragua
Jul 30-Aug 11	Danlí, Honduras
Jul 30-Aug 11	Santa Ana, El Salvador
Jul 30-Aug 11	Totonicapán, Guatemala
Aug 6-18	Bogotá, Colombia
Aug 6-18	La Vega, Dominican Republic *
Aug 13-25	Cancún, Mexico

Aug 13-25	Nagua, Dominican Republic *
Aug 20-Sep 1	Belize City, Belize
Sep 10-22	Rio de Janeiro, Brazil
Sep 17-29	São Paulo, Brazil
Sep 24-Oct 6	Santa Cruz, Bolivia
Oct 8-20	Pucallpa, Peru
Oct 15-27	Viña del Mar, Chile
Oct 22-Nov 3	Quito, Ecuador
Oct 29-Nov 10	Holguín, Cuba

* possibilité de prêcher en français



LEARN MORE AT
sharehim.org

ShareHim is a donor-supported ministry of the
Seventh-day Adventist Church

Save The Date

Alcohol

Are There Any Benefits?

Sabbath

April 12th, 2025

4-5:30 PM



**Join Dr. Daniel Saugh as he
exposes the truth about
Alcohol**

Christians and alcohol, what you
should know!

Hosted by The Maritime Health
Ministries Department



Seventh-day
Adventist[®] Church

MARITIME CONFERENCE