





## Truro Church "Soup for the Soul" Ministry

In the Spring of 2023, a brand-new ministry, with the aid of ADRA Canada, was birthed in the hearts of several members of the Truro Seventh-day Adventist Church. This ministry came from the desire to tangibly help people in need in our community. Sheena Smith and Sandra Bonilla learned that unsheltered people were not given free meals on Sundays in Truro, so the "Soup for the Soul" ministry was born.

Since October 22, 2023, on two Sundays a month, head cook, Sandra Bonilla, Sheena Smith and several volunteers prepare a very hearty soup made entirely from "scratch" in the Truro Church kitchen. Other volunteers fill large bags with buttered buns, bottles of water, bananas, and inspirational GLOW tracts. Around noon, these large bags and the huge pots of soup, bowls and spoons are loaded into the back of someone's car. Three volunteers drive to various places around Truro where unsheltered people are tenting. These

people are given a free, nourishing meal, which is gratefully received. Then the volunteers drive to Haven House where the remaining soup and bags of food are delivered to the people sheltered there. Meanwhile, Sandra, assisted by David Sprague, remain at the Truro Church, as some unsheltered people enjoy a free delicious meal there.

"Soup for the Soul" ministry has been ongoing for 16 months, and the Lord is abundantly blessing the dedicated work of all those who lovingly and happily share their time and effort to help others. "Inasmuch as ye have done it unto one of the least of these, My brethren, ye have done it unto Me."

Matthew 25:40

Truro Church
Communication Department
Truro SDA Church

ADVENTIST ASSOCIATION OF FAITH COMMUNITY NURSING

## Adventist' Nurses Conference

SAVE THE DATE

**April 3 - 6, 2025** 

North American Division Office Columbia, MD USA



Contact Hours Available for Nurses

AdventistNurse.org

ALL NURSES WELCOME!





## CARE TAKERS

### **Latter Rain Postponed**

The great outpouring of the Spirit of God, which lightens the whole earth with His glory (Revelation 18:1), will not come until we have an enlightened people, that know by experience what it means to be laborers together with God. When we have entire, wholehearted consecration to the service of Christ, God will recognize the fact by an outpouring of His Spirit without measure; but this will not be while the largest portion of the church are not laborers together with God. God cannot pour out His Spirit when selfishness and self-indulgence are so manifest; when a spirit prevails that, if put into words, would express that answer of Cain – "Am I my brother's keeper?"

**Counsels on Stewardship 52.1** 

It is important to realize that we may unconsciously delay the outpouring of the Spirit of God by being lethargic about our responsibilities as followers of Christ. What a tragedy that we could delay the vindication of Christ before the entire universe.

We are told in **1 Selected Messages page 82.4** that Christ was prepared to come 'ere this'. That statement was made in 1898. Let's pray for God to turn us into inspired workers for Him, telling a dying world that there is hope, because Jesus is coming soon!

### **Ed Sharpe**

Interim Treasurer of the Maritime Conference





### **Baked Veggies**

Preheat oven to 350° Fahrenheit.

- 3 medium/large sized sweet potatoes, peeled and chopped into chunks
- 10 yellow fleshed potatoes, peeled and chopped into chunks
- 2 yellow onions, chopped into large chunks
- 3 green (or whichever color you would like) peppers chopped into large chunks.
- 5 beets, peeled and chopped into chunks
- Peel 5 to 10 garlic cloves (leave as whole pieces, or cut in half)

Place all the above vegetables into a large mixing bowl. Cover with;

- 2 tablespoons of olive oil,
- 3 tablespoons of basil,
- drizzle honey or maple syrup over

 Sprinkle with "Herbamare"/sea salt/Himalayan salt/ regular salt

Mix well until all vegetables are covered.

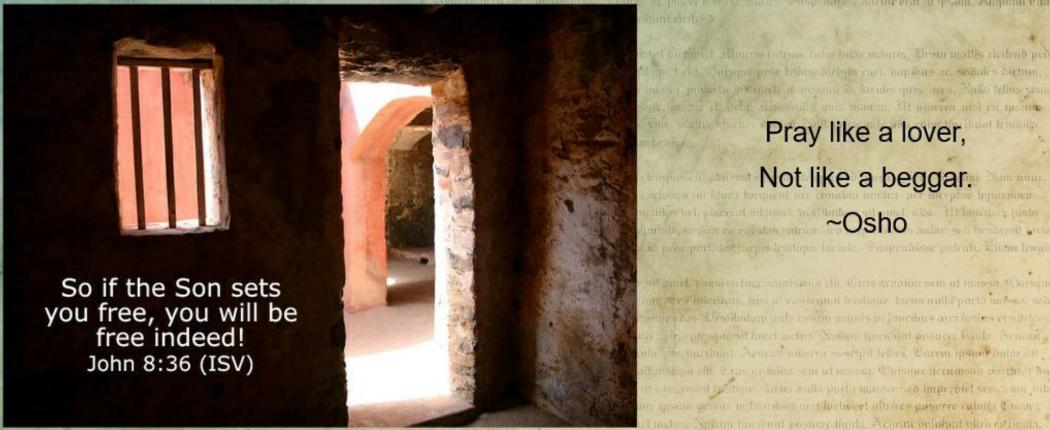
Place in a large cooking dish lined with parchment paper. Bake for 1 hour. Potatoes should be well cooked, if not, leave in oven for longer.

Serve with a salad, over rice, or in a Naan, or simply eat it as is!

- \* Don't peel your sweet potatoes, potatoes, and beets if they are organic.
- \*\* These vegetables taste great together, but so do many others. Be creative and adjust to your liking!

#### **Catherine Walsh**

Health Ministries Director of the Maritime Conference



Pray like a lover, Not like a beggar.

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Maritime Prayer Ministries

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10 MC Spotlight | MARCH 2025

## WHAT IS GOING ON IN YOUR CHURCH?

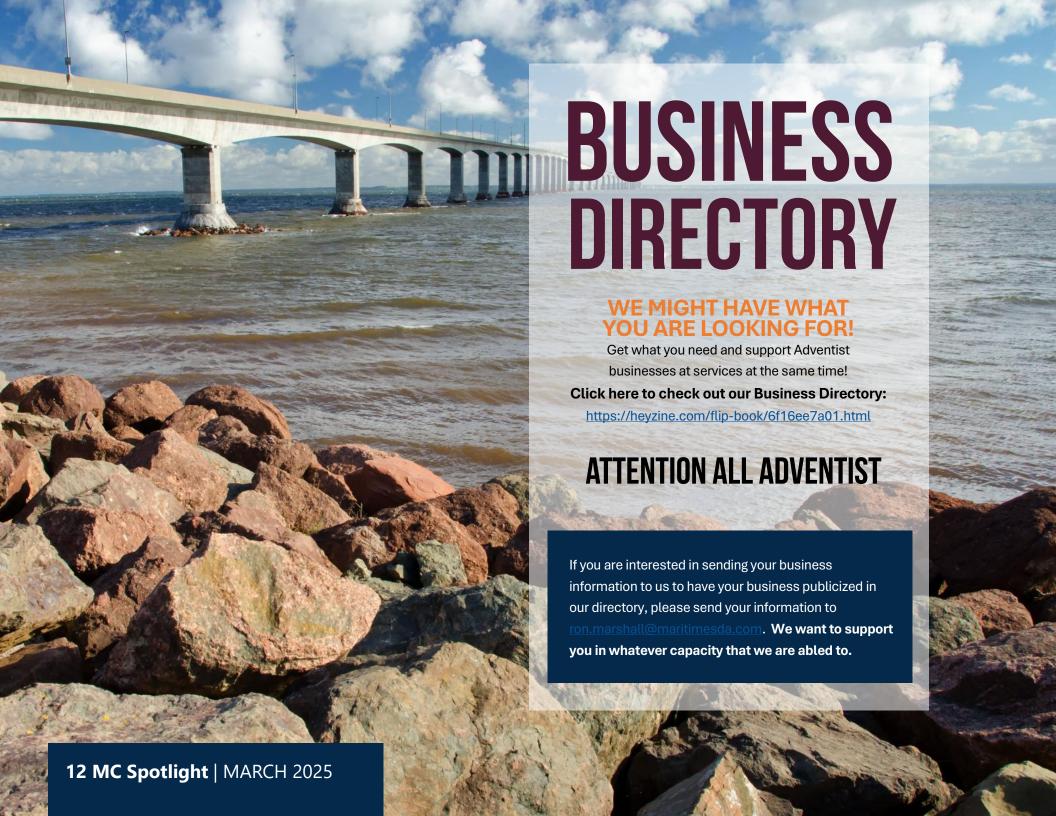
We want to know what God is doing in your church! Don't keep the blessings to yourself! Let us know so that we can be inspired!

Submit your reports for the MC Spotlight to ron.marshall@maritimesda.com before the 15<sup>th</sup> of each month

(except for July & December, it will be on the 03<sup>rd</sup>)

"Tell the world about Jesus...tell them about His love...as you go... tell the world!"





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### Urgently Needed! Camp Cook



Camp Pugwash, located in Nova Scotia, Canada, is looking for a Cook who would be able to serve as Head Cook for the summer camp season.

As Head Cook (or Food Service Director), you'll be responsible for the total food service operations at Camp Pugwash for the 2025 summer camp season. This would include, but not limited to, preparing and serving meals for staff and campers, menu planning, ordering food supplies, organizing and working together with kitchen staff, etc.

The ideal candidate not only has some level of food service experience—that would illustrate their competency in preparing meals for large groups—but also a passion for this ministry.

The kitchen is at the heart of Camp Pugwash, and without the dedication of a Head Cook, this ministry would not make the lasting impression as it has. Pugwash is truly a fulfilling workplace where you can serve and make a difference for God's kingdom.

If this is something you are interested in and/or contemplating, we'd love to hear from you!

Please send us an email.

summercamp@maritimesda.com



# A quick response can bring a child home safely.

PREPARE. TRAIN. PROTECT.
March 29, 2025





safetysabbath.org





# Notice is hereby given that the fiftieth Regular Members' Meeting of the

Maritime Conference of the Seventh-day Adventist Church Inc.

This meeting is called for the following purposes:

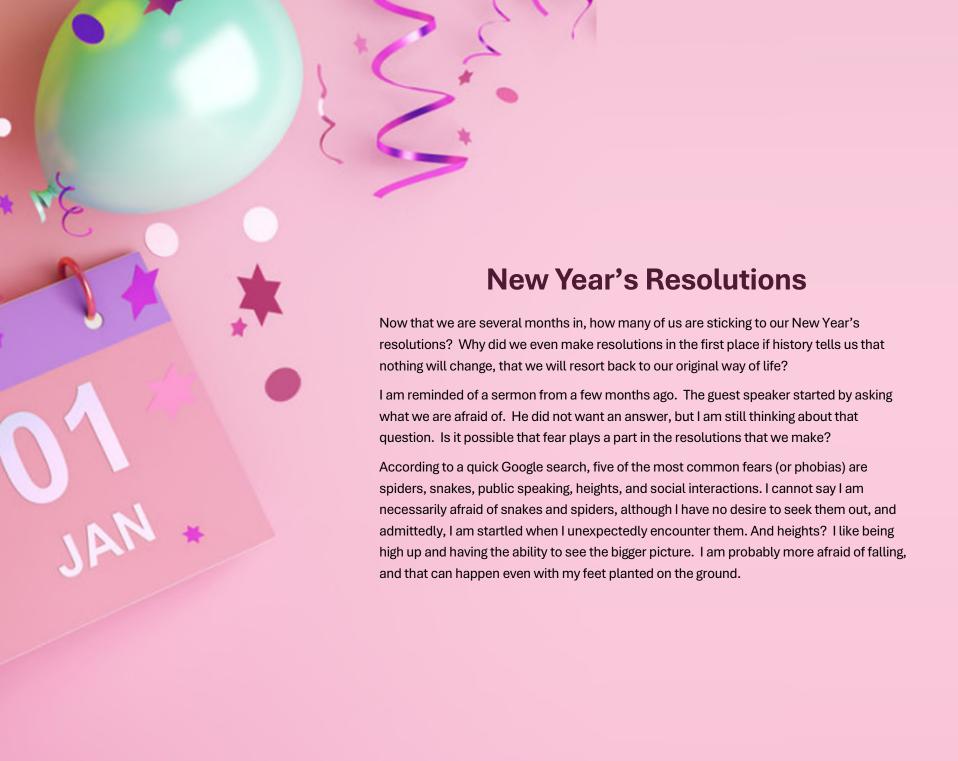
- 1. Election of a Board of Directors;
- 2. Election of a Standing Bylaws Committee;
- 3. Election of Officers of the Conference;
- 4. Consideration of proposed changes in the Bylaws of the Conference;
- 5. Transaction of other business as may properly come before a Regular Members' Meeting.

The member churches of the Maritime Conference are represented at this meeting by delegates chosen on the following basis: one delegate from each church plus one additional delegate for each 40 members or major fraction thereof.



Delegates who are members of the Organizing Committee are asked to meet 9am

Sunday, April 13<sup>th</sup>
@10:00 a.m. Atlantic Time
@Moncton Seventh-day Adventist Church



But what about public speaking and social interactions? Are we afraid to be in the spotlight, or are we afraid of having our opinions judged? I can say from personal experience that rejection hurts, that being teased can leave a long-lasting bitter taste.

So, we make resolutions. We resolve to read more – we will be more informed and better able to contribute to conversations. We will know the "right" thing to say because someone else said it so it must be correct. We resolve to exercise or follow the current fad diet because everyone else is and we will look like the popular kids (celebrities). If we lose 5, 10, maybe even more pounds we will look the part. And of course, we resolve to work harder or smarter so we can make more money. That will give us the freedom to buy what everyone else has. "They" have it, so it must be necessary.

But why do we care what other people think? Are we so afraid to be ourselves that we try to be someone else? In and of themselves, there is nothing wrong with reading, proper diet and exercise, or money. But are we trying to better ourselves or to fit in with society? 2 Timothy 2:15 says "study to show thyself approved unto God..." 1 Corinthians 10:31 tells us that whatever we eat, drink or do is to be done for the glory of God. 1 Timothy 6:10 informs us that it is the love of money, not money itself that is the problem.

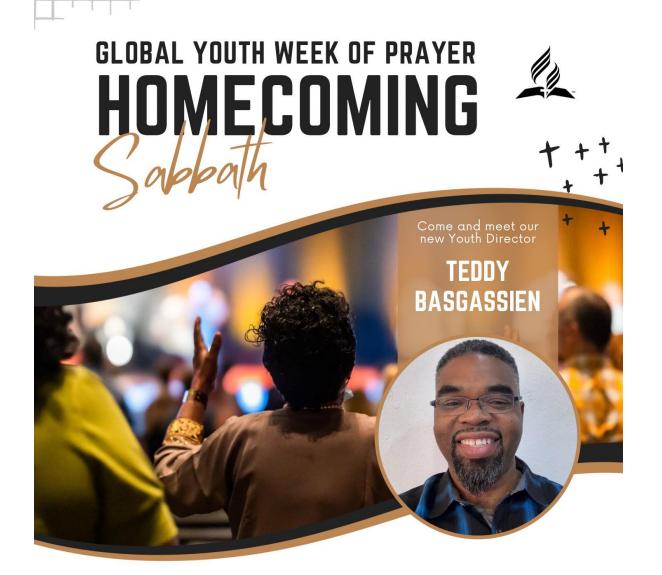
There are times I wish I could have a do-over. Go back in time and change the things that resulted in rejection or being teased. But maybe perspective is the only thing that needs to be changed. Picking only three verses hardly seems adequate. The Bible is full of promises and love. It is the ultimate guidebook for all aspects of

life. Would I really want to change my past if the God who sees and knows all decided that the life He allowed me to have, was, and is, the best?

I am not saying we should not make New Year's resolutions. I am not saying we should not constantly be learning and growing. But we do not need to wait until January 1. That is not going to be the magic date where everything falls into place. Daily, moment by moment, we need to ask God for a clean heart and a right spirit (Psalms 51:10) and trust that He is working to fit all the pieces of life's puzzle into the most beautiful picture.

Lois Hancock Pugwash SDA Church





♥ Sandy Lake Academy at 3PM

**MAR** 

**22** 

2025

Music | Worship | Fun
For more information contact Oratile
oratilemogae@gmail.com





Maritime Health Emphasis Day Sabbath, March 29<sup>th</sup>, 2025.

### Do You Know Your Worth?

The world wants you to believe a lie, will you fall for it?

### Learn How to Realize Your Worth

1 Peter 2:20 "...but if when you do what is *right* and patiently bear suffering, this finds *favor* with *God*"

### CALLING ADVENTISTS AGES 18 TO 35



### **Upcoming Trips**

Trips are exclusively for those ages 18-35 from most conferences. You must come with your local pastor.

#### 2025

June 4-16	Georgetown, Guyana			
June 11-23	Liberia, Costa Rica			
Jul 23-Aug 4	Chitré, Panama			
Jul 23-Aug 4	Jinotepe, Nicaragua			
Jul 30-Aug 11	Danlí, Honduras			
Jul 30-Aug 11	Santa Ana, El Salvador			
Jul 30-Aug 11	Totonicapán, Guatemala			
Aug 6-18	Bogotá, Colombia			
Aug 6-18	La Vega, Dominican Republic *			
Aug 13-25	Cancún, Mexico			

Aug 13-25	Nagua, Dominican Republic *			
Aug 20-Sep 1	Belize City, Belize			
Sep 10-22	Rio de Janeiro, Brazil			
Sep 17-29	São Paulo, Brazil			
Sep 24-Oct 6	Santa Cruz, Bolivia			
Oct 8-20	Pucallpa, Peru			
Oct 15-27	Viña del Mar, Chile			
Oct 22-Nov 3	Quito, Ecuador			
Oct 29-Nov 10	Holguín, Cuba			

<sup>\*</sup> possibilité de prêcher en français



sharehim.org

ShareHim is a donor-supported ministry of the Seventh-day Adventist Church

#### **Save The Date**

## Alcohol Are There Any Benefits?

Sabbath

April 12th, 2025

4-5:30 PM



Join Dr. Daniel Saugh as he exposes the truth about Alcohol

Christians and alcohol, what you should know!

Hosted by The Maritime Health Ministries Department



MARITIME CONFERENCE