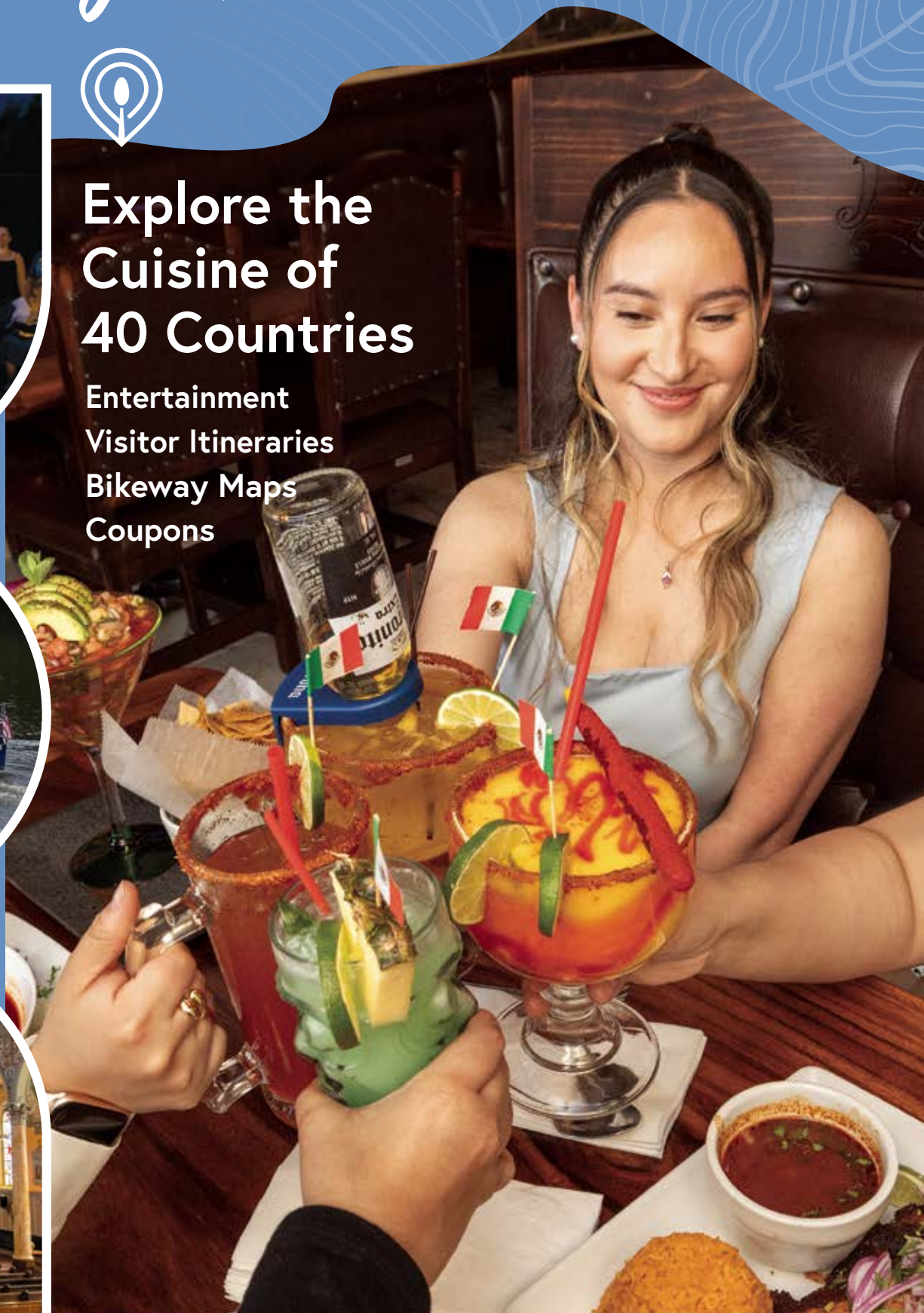


# Serving Up CULTURE



## Explore the Cuisine of 40 Countries

- Entertainment
- Visitor Itineraries
- Bikeway Maps
- Coupons



# WELCOME TO RHODE ISLAND'S BLACKSTONE VALLEY



## THE BEST WAY TO EXPERIENCE BLACKSTONE VALLEY IS BY BECOMING A LOCAL!

A warm welcome to Rhode Island's Blackstone Valley. Thank you for considering a visit to our community of neighborhoods, villages, towns and cities.

Our story begins with the Native American tribes that traversed our rivers and streams for centuries prior to our first English settler's arrival, the Reverend William Blackstone. Here began our country's economic rise with the birth of America's Industrial Revolution on the banks of the Blackstone River, with Samuel Slater's arrival. Today, we have shifted our work to post-industrial improvements, highlighting environmental sustainability to improve our lifestyle and landscape.

Blackstone Valley is a place of similarities and differences. The Valley is urban and rural; it's American-made and proudly

diverse; the food is comforting and excitingly foreign. We know that you'll find our restaurants, museums, attractions, small businesses and accommodations welcoming and enjoyable.

Our centerpiece is the Blackstone River. It has shaped the landscape and led to the distinctive culture that you find here. I invite you to experience this important river valley by kayak, boat, on foot or bicycle. Further, I hope you'll enjoy the information you find in this guide and visit our entire Blackstone River Valley National Heritage Corridor and our beautiful Rhode Island.

Please tell me about your visitor experience. It will be my pleasure to send a complimentary official Blackstone Valley t-shirt to five visitors who respond.

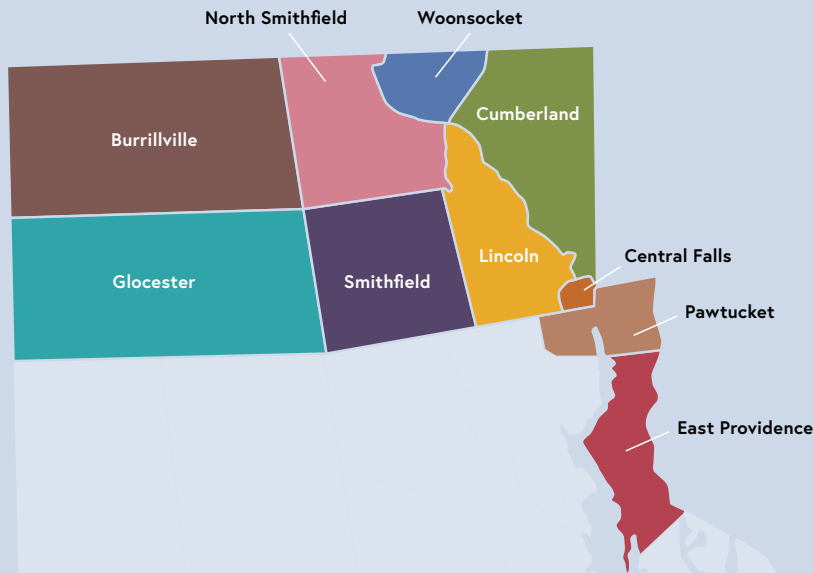
### **Dr. Robert Billington**

Blackstone Valley Tourism Council  
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RHODE ISLAND'S  
**Blackstone Valley**

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**TOURBLACKSTONE.COM**

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# EXPLORER

RIVER TOURS

- EST. 1993 -

## Discover The Blackstone By Boat!



Come See Me  
on The River!



Nature & Heritage Tours • Evening Cruises • Special Events

May - October from Central Falls Landing  
15 Madeira Ave., Central Falls, RI

[RIVERTOURBLACKSTONE.COM](http://RIVERTOURBLACKSTONE.COM) • 401-724-2200 x217

# THE VALLEY'S VISITOR CENTERS

Blackstone Valley Visitor Center



## BLACKSTONE VALLEY VISITOR CENTER

Stop by this beautifully designed visitor center in downtown Pawtucket! The center boasts a giant floor map showing the entire Valley, has museum-style exhibits and a free 15-minute movie covering the history of our region. Be sure to get your National Park Passport stamped here!

175 Main Street, Pawtucket (the parking, entrance is in the rear off Roosevelt Avenue)

401-724-2200

[tourblackstone.com/blackstone-valley-visitor-center](http://tourblackstone.com/blackstone-valley-visitor-center)

Blackstone River State Park Visitor Center



## BLACKSTONE RIVER STATE PARK VISITOR CENTER

On a road trip to Rhode Island? Head to this gorgeous center that is also an entrance to the Blackstone River Bikeway! Come grab some maps and brochures to help plan your excursions around the area. Or get visitor tips from our knowledgeable staff here.

Interstate 295 North, Lincoln (between exits 18B and 20)

401-334-6723

[tourblackstone.com/blackstone-river-state-park-visitor-center](http://tourblackstone.com/blackstone-river-state-park-visitor-center)





Looff Carousel  
Slater Memorial Park  
833 Armistice Blvd  
Pawtucket, RI



Slater Mill  
National Historic  
Landmark  
67 Roosevelt Ave  
Pawtucket, RI



Explorer  
River Tours  
15 Madeira Avenue  
Central Falls, RI



St Ann Arts &  
Cultural Center  
84 Cumberland St  
Woonsocket, RI



The Guild  
461 Main Street  
Pawtucket, RI



New York Lunch  
8 Main Street  
Woonsocket, RI



The Modern Diner  
364 East Avenue  
Pawtucket, RI



RI Music Hall  
of Fame  
999 Main Street  
Pawtucket, RI



Lincoln Woods  
State Park  
2 Manchester Print  
Works Road  
Lincoln, RI



Brown & Hopkins  
Country Store  
1179 Patnam Pike  
Chepachet, RI



Sabin Point Park  
130 Shore Road  
East Providence, RI



The Last Resort  
325 Farnum Pike  
Smithfield, RI



# Blackstone Valley BUCKET LIST

If you're only here for a short while, here's a list of must-dos while visiting Rhode Island's Blackstone Valley!

- See the fresco paintings at St. Ann Arts & Cultural Center
- Catch a sunset along the East Providence coastline at Sabin Point Park
- Ride the historic Slater Memorial Park Looff Carousel
- Visit our renowned craft breweries, wineries, and distilleries
- Have a "dynamite" sandwich and coffee milk at New York Lunch
- Learn our state's musical history at the Rhode Island Music Hall of Fame museum
- Chill by the pool and grab a drink at The Last Resort
- Take a tour with a National Park Ranger at Slater Mill National Historic Landmark
- Enjoy all the various outdoor activities you can do at Lincoln Woods State Park
- Antiquing the many shops found in the quaint village of Chepachet
- Be with nature on an Explorer River Tour
- Travel along the Blackstone Valley International Food Trail to taste the world's cuisine

SHARE YOUR  
PHOTOS  
#BLACKSTONE  
VALLEYRI



A Culinary Journey Across 80+ Restaurants,  
Breweries, Orchards, and More!



BLACKSTONE VALLEY  
**INTERNATIONAL**

*Food Trail*

*Crab Rangoons at Fuji, Woonsocket*

**TourBlackstone.com/FoodTrail**





# COME FOR THE FOOD



# STAY FOR OUR STORY



## OUR STORY OF GROWTH

Rhode Island's Blackstone Valley is widely known for its storied history as the birthplace of the American Industrial Revolution. The early success of our region and its continued evolution is powered by the people of Blackstone Valley. These people have planted seeds from all over the world in their search for an ideal place to live, grow, and thrive.



Today, we celebrate these world roots and the bounty that has grown from them. **Because of its rich history, our region now boasts one of the most unique food experiences in all of the United States.**

We welcome you to come and explore the abundant global flavors and impactful cultural history you'll discover here!

# PULL UP A CHAIR...



## ...WHERE PEOPLE GATHER AND CULTURE UNFOLDS

Taste the soul of each country's delicacies whether it's iconic American fare to classic Italian pasta and Colombian pastries to traditional German sausages and Portuguese Caçoila. There's something for every palate and it's a great way to experience the different flavors, ingredients, and influences that combine to make each country's culture and cuisine distinct.

We invite you to venture to any of the spots on our **Blackstone Valley International Food Trail**. You will agree the food alone is worth the trip, but while you're here definitely stay for all the other fun!



Shark's Peruvian Cuisine

# DINE IN AFRICA

Get ready for a safari of flavors at the African restaurants in the Blackstone Valley. At **10 Rocks**, known for their Cape Verdean cuisine, you may want to try eggs and chorizo on capucha (a Cape Verdean hash). Also getting great reviews are coconut shrimp, crab cakes and their plantains. Or taste their Calamari de Cabo Verde, which is made with calamari, chorizo, banana peppers, olives and red bell pepper slices. Their yucca fries with horseradish dipping sauce is a must-try.

Favorites at **Taste of Island** include Chicken Mozambique, bistec and blackened salmon. Creole shrimp skewers served with beans and plantains are popular and so is the bread pudding. They also make their chowder in-house and it's a culinary delight that's both familiar for New England but also unique to their Cape Verdean style.

**Incred-A-Bowl** in East Providence has a delicious Liberian bowl made with Liberian-style spinach, stewed down with onions, peppers, chicken and beef, topped with a plantain. Sounds incredible, right?

At **The Village** you'll enjoy Nigerian specialties and the staff will be very helpful, answering your questions about the food and level of spice in each dish. Jollof rice is very popular. Theirs is mild but you can ask for sauce to turn the heat up a bit. They also serve goat meat and fish, both bone-in and boneless and many of their dishes are cooked in a delicious tomato base.

## LOCATIONS



### CAPE VERDE

10 Rocks Tapas Bar, Pawtucket  
Cuisine Delmar, Pawtucket  
Taste of Island, East Providence



### GHANA

Auntie's House, Pawtucket



### LIBERIA

Incred-A-Bowl Food Company, East Providence



### NIGERIA

The Village Restaurant, Pawtucket



### SENEGAL

Plaza Shawarma, Pawtucket



"As you may know, Cape Verde was a Portuguese colony. So it's very common for us to play into that influence. But our steak here at 10 Rocks is one of the best bitoque around. We use high-quality sirloin and our demi-glaze sauce we use over it is very unique. It's a dish people just love!"

Carmen, Owner of 10 Rocks Tapas Bar & Restaurant



### 10 Rocks Tapas Bar & Restaurant

Polvo 10 Rocks  
Grilled tender octopus served over fried plantain, finished with cilantro-infused extra virgin olive oil



FOR MORE ABOUT  
DINE IN AFRICA

# DINE IN ASIA



Your culinary tour of Asia begins in Vietnam at **Pho Horn's** with authentic pho, the national dish of this country. It's made with slow-simmered broth, typically prepared with beef or chicken, served with rice and a topping. Also popular are their summer rolls served with a tasty peanut sauce.

If you're looking for Indian food, try the Chicken 65 Biryani at **Mehfil**, made with aromatic chicken dum biryani topped with specially curried tender boneless chicken. Locals rave about this authentic restaurant, highlighting their vegetarian options as well as their classic chicken, goat, and fish dishes. One person even said that they could eat Mehfil's Butter Chicken every day for the rest of their life! Make sure to save room for some of their traditional Indian desserts too.

Savor the vibrant flavors of Southeast Asia at **Mia Kitchen** in Woonsocket. Indulge in their authentic Thai and Lao cuisine, where flavorful curries, hearty soups, noodles, fried rice, and crispy wings take center stage. Mia Kitchen brings the exotic tastes of distant lands with their popular Pad Thai dishes and signature Thai tea or limeade.

Lebanese food is a quintessential form of Mediterranean cuisine. At **Pick Pockets** in Smithfield you'll find a wide variety of their specialty wraps like Shish Tawook, Beef Shawarma, Chicken Mozzarella, the Good Night Sam Diego Chicken, or the Beef Gyro Wrap with grilled strips of beef and lamb, lettuce, tomatoes, onions and tzatziki dressing.

For a taste of Korean cuisine, stop at **Sun & Moon Korean Restaurant** in East Providence for their Korean Style Chicken Wings or their Korean Pancake (Pajeon) a large, savory pancake served with seafood (shrimp, mussel, squid), vegetables, or kimchi.



Asia Grille

Spicy String Beans and Onions Combo with Beef



Mia Kitchen

Pho Soup with Rice Noodles, Herbs, Lime Wedges, and Chili Peppers



Fuji

Yaki Udon with Beef



FOR MORE ABOUT  
DINE IN ASIA

## LOCATIONS

### Jacky's Galaxie Sushi Bar and Galaxie Express

in Bally's Twin River Lincoln  
Serving foods from China, Japan,  
Thailand, Vietnam, Cambodia and beyond



### CHINA

Asia Grille, Lincoln  
Chong Qing House, East Providence  
Pacific Asian Cuisine, Woonsocket



### INDIA

Bollywood Grill, Cumberland  
Kinnera Indian Restaurant, Lincoln  
Mehfil, Woonsocket  
Rasoi, Pawtucket



### ISRAEL

NAVAD Bakers, East Providence



### JAPAN

Cultura Mixta Family Restaurant,  
Central Falls  
Ebisu Restaurant, East Providence  
Fuji Sushi & Grill Asian Cuisine,  
Woonsocket  
Yama Fuji II, East Providence



### LAOS

Mia Kitchen, Woonsocket



### LEBANON

Naz's Halal Food, Pawtucket  
Pick Pockets, Smithfield  
St. Basil Festival, August, Lincoln



### SOUTH KOREA

Sun and Moon Korean Restaurant,  
East Providence



### TAIWAN

RI Dragon Boat Festival, August,  
Pawtucket



### THAILAND

Khaosan Thai Street Food,  
East Providence  
Mai Thai Cuisine, Smithfield  
Thai Garden, Woonsocket  
Thai Spicy, N Smithfield



### VIETNAM

Pho Horn's, Pawtucket



### Rasoi

Mango Lassi Drink,  
Garlic Naan, Tandoori  
Chicken, and Bengali



# DINE IN EUROPE

Travel the European continent through food! Relax with a traditional British afternoon tea at **Val's English Tea & Pie Shop!** Sip your tea while enjoying a tiered tray of pastries, sandwiches, customer-favorite scones, and savory sausage rolls. It's an experience fit for royalty as your hostess delights you with stories from her life across the pond!

Continue to Woonsocket for **Ye Olde English Fish & Chips**, serving the city for over 100 years with the original recipe that owner Steve Robinson's great-grandfather brought over from Bradford, England. A unique dish loved by locals and not found anywhere else is their fish cakes, which have two thin slices of potatoes, with fish in the middle and a thicker batter.

For flavors of Italy, **Tavolo Wine Bar & Tuscan Grille** in Smithfield is one of the go-to restaurants for this style of cuisine and their award-winning wine list. A favorite on the menu is the braised pulled beef served over gnocchi or pappardelle with asparagus tips.

**Krakow Deli** has possibly some of the best pierogies you will find around. Folks travel from far and wide just to stock up on their potato and cabbage pierogies! The shop is full of many Polish specialties and treats, and the owners also offer classes so you can learn to make your own pierogies at home.



*"I'm looking to maintain the tradition because I feel that now, culturally, all over the United States, tradition is being lost in so many ways. And what's one way to keep it? Well, let's start with this little tiny Portuguese restaurant. This food, you cannot get just anywhere. So, I'd like to keep it like this, for as long as I possibly can."*

Natalia - Owner of O Dinis

## LOCATIONS



### ENGLAND

Hartley's Pork Pies, Lincoln  
Val's English Tea & Pie Shop, Smithfield  
Ye Olde English Fish & Chips, Woonsocket



### GERMANY

The Ratskeller at German American Cultural Society of Rhode Island, Pawtucket



### GREECE

Angelo's Palace Pizza, Cumberland  
Annual Grecian Festival, August, Pawtucket



### IRELAND

Arigna Irish Pub & Coal Fire Kitchen, Pawtucket  
Sullivan's Publick House, Pawtucket  
The Tap, Cumberland



### ITALY

Italian Corner, East Providence  
La Familia, Cumberland  
Rosa's Tavern, East Providence  
Siena, Smithfield  
Tavolo Wine Bar & Tuscan Grille, Smithfield



### POLAND

Central Falls Provision Co., Central Falls  
Krakow Deli, Bakery & Smokehouse, Woonsocket  
St. Stanislaus Kostka Polish Fest, Summer, Woonsocket



### PORTUGAL

Assados Kitchen & Bar, Gloucester  
Holy Ghost Feast, July, East Providence  
O Dinis Restaurant, East Providence  
Our Lady of Fatima Annual Fest, September, Cumberland  
Madeira Restaurant, East Providence



### ROMANIA

St. John the Baptist Romanian Orthodox Church Food Festival, August, Woonsocket



### UKRAINE

St. Michael's Ukrainian Festival, September, Woonsocket



O Dinis

Bitoque



FOR MORE ABOUT  
DINE IN EUROPE



Hartley's Pork Pies

Traditional British Port Pie



The Ratskeller

Bratwurst with Sauerkraut



Ye Olde English Fish & Chips

Fish Cake with Chowder and Fried Clam Strips

## DINE IN

# NORTH AMERICA

The North American continent offers us a wide variety of cuisines from Canada in the north, through the United States and Mexico, to Central America and some of the islands.

A recipient of a 2024 James Beard nomination for "Best New Restaurant", **Tuxpan Taqueria** is a family-owned shop that offers a taste of their native region in Mexico in every dish. The gordita is their specialty with staff making tortillas by hand every day. Other highlights include their torta, huarache, and pambazo.

Chef Stacy Deetz is well-known for her time on the TV show Top Chef, and now you can dine at her New American Bistro, **Hangry Kitchen**, where she creates some of the best hand-crafted seasonal food and beverage

And for some traditional Jewish treats, stop in at **Just Like Nana's** for authentic rugelach made by the owner using her nana's recipe. Rugelach is a baked confection traditionally made in the form of a crescent by rolling a triangle of dough around a filling and it is delicious.

## LOCATIONS



### CANADA

**Annual Poutine Indulgence**, March  
(participating restaurants around The Valley)

**Chelo's**, Woonsocket

**Lil' General**, Woonsocket



### DOMINICAN REPUBLIC

**Adonai Restaurant**, Pawtucket



### EL SALVADOR

**El Salvadoreño Restaurant**, Central Falls

**La Reina de las Pupusas**, Central Falls

**Pupuseria Rosita**, Central Falls



### GUATEMALA

**La Palencianita Restaurant**, Central Falls

**Miriam's Tipico Restaurant**, Central Falls



### HAITI

**Newport Avenue Pizza**, Pawtucket



### JEWISH AMERICAN

**Just Like Nana's**, Pawtucket

**Maven's Delicatessen**, Pawtucket



### MEXICO

**Juncal Mexican Grill & Bar**,  
Cumberland

**La Herradura Taqueria**, Central Falls

**Oz Tacos and Tequila**, Lincoln

**Taquerita Lupita**, Central Falls

**Tuxpan Taqueria**, Central Falls



### POLYNESIA / HAWAIIAN

**Poke Bros.**, Lincoln



### PUERTO RICO

**Ocean Cafe**, Woonsocket



### UNITED STATES

**Blackie's**, Smithfield

**Garden Grille**, Pawtucket

**Hangry Kitchen**, Pawtucket

**Lucky Dog Tavern**, N Smithfield

**The Rhody Hen Cafe**,

East Providence and Pawtucket



### BORN IN BLACKSTONE

**The Beef Barn**, North Smithfield  
**Kay's**, Woonsocket

**New York Lunch**, Woonsocket

**Stanley's Famous Hamburgers**,  
Central Falls

**Wright's Farm**, Burrillville

There are some hyper-local culinary traditions that come from right here as well. One of the most widely known is "family-style chicken" - a meal that includes endless baked chicken, pasta with marinara, salad, french fries, and rolls. Served on big plates for everyone at your table to share, this meal draws busloads of diners to **Wright's Farm Restaurant** in Burrillville.

Did you know that the state drink, coffee milk - a sweet drink similar to chocolate milk but with coffee syrup instead - was first created here in Lincoln? You can get it today at many places across the state including **New York Lunch** in Woonsocket. While there, try a "Dynamite". This sandwich of ground beef, tomatoes and spices also originates here in Blackstone Valley.

On the other side of the city is **Kay's Restaurant** known for their signature steak sandwich and famous menu on a napkin.

With a story that dates back to the early 1930s, **Stanley's** in Central Falls, started as a flavorful way to feed people during the Great Depression. Today, this restaurant is truly famous for their "Stanleyburgers" and is a landmark in Blackstone Valley.





Beef Barn  
Slow Cooked  
Roast Beef



Coffee Milk and  
"Dynamite" Sandwich  
New York Lunch



Stanley's  
Famous Hamburger



Kay's Restaurant

Wright's Farm Restaurant  
Family Style Chicken Dinner



FOR MORE ABOUT  
DINE IN NORTH AMERICA

# DINE IN SOUTH AMERICA



Shark's Peruvian Cuisine

Parrilla Marina



FOR MORE ABOUT  
DINE IN SOUTH AMERICA

South American restaurants are some of the most popular culinary venues in RI's Blackstone Valley. You can find mouthwatering Brazilian barbecue at **Minas** in East Providence, with different side dishes and specials each day. Try the traditional feijoada, a stew of black beans with beef and pork.

You can't go wrong with the food or the view at **Shark's Peruvian Cuisine**. Situated on the beautiful Blackstone River, you will experience the freshest and most authentic Peruvian specialties, combining local ingredients and family recipes. Must-try dishes include the Rellena de Pollo (mashed potatoes marinated aji amarillo with a filling of chicken salad, mayonnaise, fresh avocado and black olives), Bistec a la Pobre (deep fried steak topped with chopped onions, tomatoes and cilantro, served with white rice), and Arroz con Mariscos (Peruvian style seafood paella rice).

Next you can travel to Ecuador without packing a suitcase by enjoying a meal at **Family Restaurant & Bar**, where authentic flavors and culinary craftsmanship meet to create an unforgettable dining experience. Every dish is thoughtfully prepared using the finest, locally sourced ingredients, bringing the rich traditions of Ecuador straight to your table. From savory ceviches to indulgent empanadas, each bite celebrates the vibrant culture and exceptional taste of Ecuador.

A very popular Colombian restaurant is **La Casona**, where you can try the traditional dish of Plato Montanero, which is beef, pork, chicken or ground beef with rice, beans, chorizo, fried pork rinds, sweet plantain, corn arepa and egg. A "quick food" favorite is Salchipapas, a mixture of cut potatoes and chopped hot dogs with a choice of sauces.



## BRAZIL

**Minas Café Brazilian Steakhouse**,  
East Providence  
**Ponto Um Brazilian Takeout**,  
East Providence



## COLOMBIA

**Café Colombia**, Cumberland  
**Caprichos Antioquenos Bakery & Restaurant**, Pawtucket  
**El Paisa**, Central Falls  
**La Casona**, Central Falls  
**La Sorpresa Bakery**, Central Falls  
**Las Delicias De Mi Tierra**, Pawtucket



## ECUADOR

**Family Restaurant & Bar**, Woonsocket



## PERU

**Shark's Peruvian Cuisine**,  
Central Falls



# CAFES & BAKERIES

Gingersnaps Bakery  
French Macarons



Apothica Cafe

Pastries and coffee, what pairs better? If you're looking for flaky and sticky goodness and a caffeine kick, here are some amazing shops for you to discover!

At **Wildflour Vegan Bakery**, Pawtucket, you'll instantly notice all of the vibrantly-colored foods and drinks populating the cases and shelves. Bright orange sweet potato pudding and rich, chocolatey peanut butter brownies with maple roasted peanuts are some of their sweet offerings - many of which are also gluten-free.

Meanwhile, at **Gingersnaps Bakery** in Lincoln, traditional cinnamon rolls with gooey vanilla cream cheese icing greet you with their sweet scent as you enter the shop. This picturesque bakery has something to satisfy everyone's sweet tooth, including French macarons in many flavors and their decadent stuffed cookies.

Looking for several international favorites? Some popular spots with locals are **La Sorpresa** and **Caprichos Antioqueños Bakery** (Colombian), **Colonial Bakery** and **Matos Bakery** (Portuguese), and **Bachini's Bakery** and **Roses's Italian Bakery** (Italian).

With their hip atmosphere and tasty drinks, East Providence's beloved **Cafe Zara**, is the perfect stop to caffeinate. Try their RI Iced Latte, which is a double espresso and classic Rhode Island coffee milk, to experience a new twist on a real Rhody favorite.

Or stop by **Public House** in Lincoln for great flavors, good company, and warm hospitality. They've created a community hub where mornings begin with artisanal coffee, espresso drinks, and a delectable assortment of pastry and baked goods, served in a comfy setting. Grab a hot cup of their WeRoast House Blend, the best daily cup of Joe on the planet!

With all these options you have a plethora of tasty ways to start your day.



FOR MORE  
CAFES & BAKERIES

# SWEETS & ICE CREAM



Whether cone or cup, sprinkles or nuts, homemade or extravagant...ice cream is definitely a summertime favorite!

Stop by the chic Airstream trailer that **The Wright Scoop** operates out of at Wright's Dairy Farm in North Smithfield. Known as the only "cow-to-cone" shop in Rhode Island, you're in for some fresh and unique flavors of homemade ice cream.

**Ice Cream Machine**, across from the Diamond Hill Park in Cumberland, is another tremendously popular shop with dozens upon dozens of homemade choices and prodigious portions.

Have you ever had ice cream nachos? No? Then you need to make your way to **Josie's Ice Cream!** These include creamy soft serve with a topping, their homemade waffle chips, plus a sauce to dip them in. Or you can try some of their delicious homemade hard ice cream.

More than just an ice cream shop, **Sacred Cow** not only features Munroe Dairy's milk and ice cream, but also carries many other locally-made products.

If you're looking for a classic Blackstone Valley meal followed by a sweet treat afterward then **Pound Hill Creamery** is your destination. Grab slow-cooked roast beef or other delicious sandwiches at The Beef Barn, but make sure to save room for a cone or sundae. Sit by the nearby picturesque pond for an even more exceptional summer experience.

Summertime isn't complete without trying one of Blackstone Valley's favorite sweet treats!



FOR MORE  
SWEETS & ICE CREAM

# WINE, SPIRITS & BREWERIES

Craft drinks are abundant here in our region! Taste these robust flavors at some of the most highly-esteemed breweries, distilleries, and wineries around.

With four breweries and four distilleries within its boundaries, Pawtucket is definitely the craft drink capital of Rhode Island. The city has both the largest brewery (**The Guild**) and smallest brewery (**Crooked Current Brewery**) in the Ocean State!

Blackstone Valley's two other cities are also home to some amazing craft beer. Make a stop at **Crook Point Brewing Company** in East Providence which features both modern and traditional styles of beer and is known for their stouts and ales. Heading North to the City of Woonsocket you'll find **Lops Brewing**. This unassuming nanobrewery loves to be creative and use locally-sourced products for their beers.

Heading into our region's towns, you'll find the veteran-owned **Bravo Brewing Company** in Burrillville. The town of Cumberland has two breweries. **Ravenous Brewing Company** which was the first brewery to open in Northern Rhode Island back in 2012. Their batches of beer are forged by hand and truly qualify as handcrafted, artisan ales. **Phantom Farms Brewing** opened their doors in 2024 paying homage to the former mill building they call home with their "Berkeley American Stout." Another must-try is their hard cider made using apples grown on their farm just 4 miles away.

Also hidden away in the rural part of Blackstone Valley you'll come to our region's vineyards. Come for a relaxed picnic on the front porch of **Diamond Hill Vineyards** in Cumberland. Be refreshed by their unique fruit and grape wines as you unwind under the shady forest canopy. Pinot Noir, blackberry, cranberry apple, and blueberry are only a few of the offerings produced on the winery's beautiful and historic 220-year-old grounds. On the other side of The Valley in the quaint town of Glocester is **Mulberry Vineyards**, a 40-acre vineyard on the historical Andrew Brown homestead known for their wines, ciders, and seasonal beers.

FOR MORE WINE,  
SPIRITS & BREWERIES



Crook Point Brewing



White Dog Distilling

# MARKETS, ORCHARDS & FARMS



FOR MORE MARKETS,  
ORCHARDS & FARMS

If you don't have the time to make it out to the countryside, then immerse yourself in the hustle and bustle of an urban farmers' market! The **Pawtucket Farmers' Market**, held at The Guild's outdoor beer garden every Friday night from May – October, will make you feel like you are in a European greenmarket without the plane ticket overseas. Grab a pint and enjoy live music as you shop tables of fresh fruit, veggies, and local goods during the summer season.

In rural Blackstone Valley, behold the bounty of **Burrillville Farmers' Market**! This open-air summer market is running every Saturday morning from June - September and offers multiple fresh produce vendors, local artists, baked goods, and other wholesome and hand-crafted treats. The high standards every Rhode Island farmers' market has guarantees you only get the freshest Rhody items.

**Adams Farm** on the edge of northeastern Rhode Island is a splendid agricultural attraction. They have a great farmstand but are even more known for their wonderful family-friendly activities. Come pet their farm animals or immerse yourself in their other seasonal activities.

In Glocester, the beautiful barn at **The Farm** welcomes you to peruse organic produce, fresh-cut flowers, and baked goods every Wednesday and Friday afternoon and Saturday morning. They also carry other locally-sourced meat, fruit and dairy products.

Finally, if you're here in the fall, take a trip out to Smithfield - also known as Rhode Island's Apple Valley - to go apple picking. **Jaswell's Farm** has a variety of pick-your-own fruits and a farmstand featuring delectable homemade desserts that are sure to please. Another real gem is the small 6-acre, family-owned **Leach Farm**. They still water their orchard by hand and take real pride in the selection of apple varieties they offer. Take your time wandering through the orchards, feeling the peaceful fall breeze, and munching on the different varieties of apples.

Jaswell's Farm



Steere Orchard

# ITINERARY FROM A LOCAL

*"The Blackstone Valley is my home, but I love being a tourist in my own backyard. When friends and family come to visit, here are my must dos."*

Adam Greenman - Pawtucket Resident

## FOR FOOD:

**Rasoï** in Pawtucket – The flavors in every dish at this Indian restaurant are incredible. And after dinner, you can head to **Wildflour**, a vegan bakery, three doors down, for incredibly tasty desserts.

**Ye Olde English Fish & Chips** in Woonsocket – Classic fish and chips in the heart of downtown Woonsocket. It's a great place to go after visiting the **Museum of Work & Culture**.

## FOR NATURE:

**Lincoln Woods** in Lincoln – Visit this state park for amazing hikes, swimming and great fun outdoors.

**Central Falls Landing** in Central Falls – No better way to see the Blackstone Valley than on the River. The boat launch has group kayak rentals from April to September.

## FOR HISTORY:

**Slater Mill** in Pawtucket – Located in downtown Pawtucket, this is where the American Industrial Revolution began. You can see the old mill equipment, and the power of water that fueled the Revolution.

## FOR FUN:

**R1 Indoor Karting** in Lincoln – Go karts, axe throwing, video games, and more at this entertainment complex. Oh, and great food as well.

**Slater Park** in Pawtucket – Amazing urban park with playgrounds, fishing, disc golf, a dog park, basketball, a petting zoo, and places to just hang out and have a picnic.

**Mystery Soup Escape Rooms** in Pawtucket – On a rainy day, head to this escape room in the historic Hope Artiste Village.

**Bold Point Park** in East Providence – Amazing views of Providence and another boat launch to see a different part of the Blackstone Valley from the water.

SHARE YOUR  
PHOTOS  
#BLACKSTONE  
VALLEYRI

Lincoln Woods State Park



# THOMAS DAMBO



The Trolls Are HERE!

## Meet South County's Newest Residents!



South County Tourism Council is proud to present Thomas Dambo, recycle artist and his giant troll sculptures. Head to Ninigret Park to see Erik Rock (pictured) and Greta Granite. Admission is free. Find out more at [SouthCountyRI.com](http://SouthCountyRI.com).

# ITINERARY FOR A GROUP OF FRIENDS

Looking for a quick weekend getaway with some buddies? We have plenty of ways to kick back and make memories together.

Start off with brunch at **Miss Lorraine Diner** in Pawtucket. Beyond their classic diner car is a modern restaurant that expands into the renovated Lorraine Mill. People love their omelets and the crab cakes Benedict is another favorite.

After a filling meal, walk around the corner to test your mental prowess at the **Escape Room Rhode Island**. Will you choose "Heist of the Moon Diamond" or "High Voltage"?

To continue your friendly competition, head to Lincoln's **R1 Indoor Karting** for indoor excitement. Guests can race high-speed electric go-karts, enjoy axe throwing, and challenge friends in arcade games and interactive experiences, making it a fun stop.

Now that you've worked up an appetite, right across the street Chef Luciano Canova has several European-style dining options for you. Taste his old world Italian pizza at **Pizzeria Romana** or dine at his upscale casual wine bar and eatery, **TR Ginger**. Whatever your group is in the mood for, you'll definitely be happy with these fine Italian dishes.

Wind down on a Saturday evening with a relaxing river cruise aboard **The Explorer** from Central Falls Landing to enjoy the wildlife and scenery along the Blackstone River.

In our expert opinion, ice cream is always a fabulous way to end the day. A short walk from Central Falls Landing is **Mimi & Pop's** where you can get one of their vertical sundaes named after several hyper-location attractions found around the city.

The Explorer



# ITINERARY FOR A ROMANTIC COUPLE

Plan your romantic getaway by booking a night at **Bally's Lincoln Casino & Hotel** and experience the perfect blend of excitement and relaxation, where upscale comfort meets the thrill of gaming, dining, and entertainment all under one roof.

Enjoy a light breakfast while overlooking the orchards at **Phantom Farms** in Cumberland. While there, treat each other to something new by perusing their quintessential New England gift shop.

For a bit of adventure, head over to **Sunset Stables** next to **Lincoln Woods** to take a horseback ride through Rhode Island's best state park. Plan ahead by stopping at **J's Deli** in Smithfield to pick up a signature sandwich to enjoy later by the park's covered bridge or truly wow your partner by hiring **Gather & Graze** to coordinate a luxurious picnic.

If it's a little history you want mixed with romance, visit **Hearthside House** along Lincoln's **Great Road Heritage Campus** to hear the stories surrounding the "house that love built!" You can also stroll the lovely grounds at nearby **Chase Farm** and visit the adorable farm animals that call **Butterfly Farm** home.

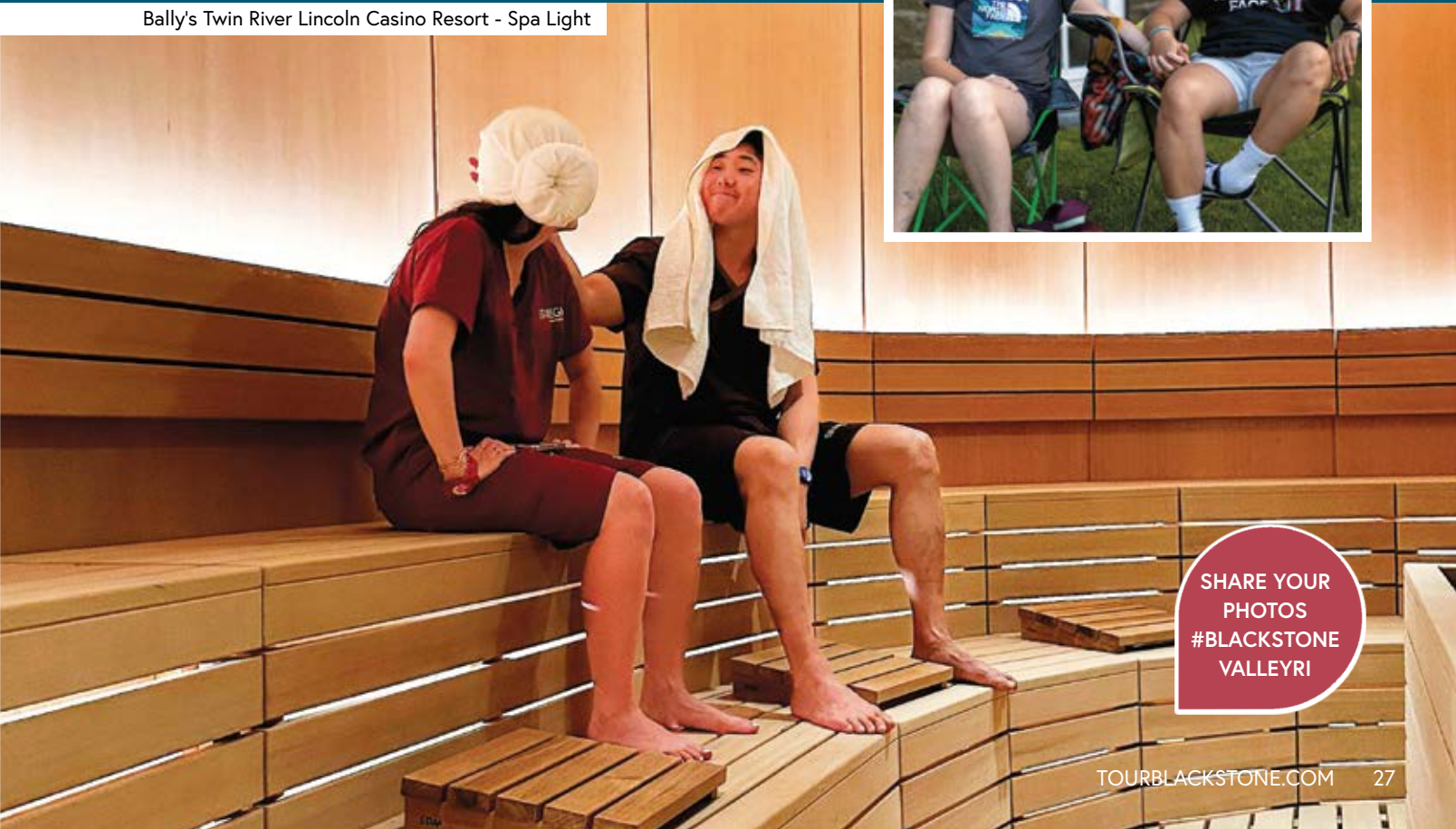
Wind down the day with a calming spa treatment at the newest addition to **Bally's Twin River Lincoln Casino Resort, Spa Light**. You can choose the massage that's right for you or relax in their luxurious dome saunas and Korean-style bath house.

Finish up with a romantic dinner for two up the road at **Terrazza** in Smithfield for fine Mediterranean cuisine.

Before bed, sip a late-night cocktail amid the stars on **Shark's Peruvian Cuisine's** riverfront deck at Central Falls Landing.



Bally's Twin River Lincoln Casino Resort - Spa Light



SHARE YOUR PHOTOS  
#BLACKSTONE VALLEYRI

# TOUR THROUGH HISTORY

Start your tour with breakfast at the first diner in the United States to be recognized on the National Register of Historic Places, **Modern Diner** in Pawtucket. Everything on the menu is wonderful but you may want to try their Custard French Toast since The Food Network named it the "best diner dish in the country!"

Then head  $\frac{3}{4}$  mile down the street to the **Blackstone Valley Visitor Center** to learn more about the history of the region and view a short film, "Hidden in the Blackstone Valley." Stroll directly across the street for a free tour of **Slater Mill**, birthplace of the American Industrial Revolution, with a National Park Ranger.

Located between the Blackstone River and the Blackstone Canal in Lincoln (also part of the National Park), is **The Kelly House Museum**, where you can learn the history of early transportation in the Blackstone Valley.

Stop for lunch at **The Lodge Pub**, located on Lincoln's Great Road - one of the oldest thoroughfares in the country. Along the way you'll see sites such as **Hearthside House**, the **Eleazer Arnold House**, **Moffett Mill**, **Hannaway Blacksmith Shop** and more!

Continue your historic journey in Woonsocket for a visit to **The Museum of Work & Culture**. Through engaging exhibits you'll learn stories of the French-Canadian immigrants who left their farms in Quebec starting in the mid-1800s to come work in the growing number of mills around Blackstone Valley.

Veterans Memorial Museum



While in Woonsocket, learn how we honor military veterans and preserve their history. The **Veterans Memorial Museum** is home to one of the largest collections of veterans-associated artifacts in Rhode Island featuring pieces from the Revolutionary War all the way to our current military.

End your busy day in Woonsocket with a meal at **Chan's** or **Ye Olde English Fish & Chips**, which have both been open for over 100 years. You can also take a short drive to Gloucester to dine at **Tavern On Main** which has a long history that dates back all the way to the early 1700s.



The Kelly House Museum



*"We've got a lot of rare stuff here. One time I had the consultant for Saving Private Ryan and Band of Brothers come down and look at a helmet in our museum and he goes, 'Glenn, I can't believe you have this! Only twenty exist. I've only seen three in my entire career traveling the world.'"*

Glenn, Director of Veterans Memorial Museum



FOR MORE HISTORIC SITES



Newman Cemetary



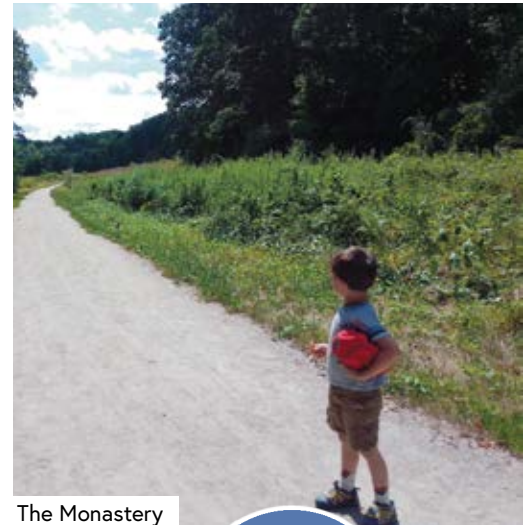
"The Conjuring" House



Newman Congregational Church



Hachi Statue at Woonsocket Train Depot



The Monastery

# IN THE MOVIES

Did you know that several movies were shot at locations in Rhode Island's Blackstone Valley or were even the inspiration for famous films?

"**Hocus Pocus 2**" starring Bette Midler, Sarah Jessica Parker and Kathy Najimy was filmed here. In East Providence you can see the centuries-old **Newman Cemetery** and **Newman Congregational Church**, both featured in scenes when "Billy" makes his comeback. The church is recognized for its belfry with Greek Revival corner pilasters and corner and central pinnacles, which are both featured.

Much of "**Hachi: A Dog's Tale**" starring Richard Gere, was filmed at the historic **Woonsocket Train Depot**. Stop by to see the exterior of this beautiful brick building and also the statue of Hachiko, the dog this fabled story is about. This is a popular tourist stop, especially for animal lovers looking to grab a picture with one of the world's most loyal dogs.



FOR MORE  
IN THE MOVIES

Woonsocket's Main Street was used to depict the streets of Washington, D.C. in "**The Purge: Election**". A scene at 162 Main Street shows a mural that normally reads "Keep Woonsocket Beautiful" but was transformed into "Keep Washington Beautiful." The mural is still there but transformed back to its original form. On the other side of downtown Woonsocket, **St. Ann Arts and Cultural Center** was used as Our Lady of Sorrows, the site of the purge mass.

Keeping with horror films, "**The Conjuring**" movie universe was inspired by a house in Burrillville that was the actual home of the Perron family hauntings. Stop by the house for a glimpse of this famed ghostly residence.



R1 Indoor Karting Entertainment Center



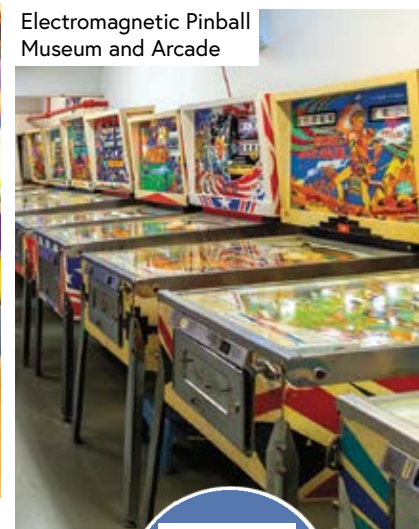
Spring Lake Beach



WWII Memorial Park "Splash Pad"



United Skates of America



Electromagnetic Pinball Museum and Arcade

# AT ANY AGE FAMILY FUN

No matter what the season, or budget, our region has a lot of fun in store for the entire family to be entertained.

A popular spot during summer months is the super fun splash pad and adjacent playground in Woonsocket's **WWII Memorial Park**. You could also head over to **Spring Lake Beach and Arcade** in the rural town of Burrillville. For a small fee you can relax at this calm sandy beach, and you'll want to make sure you play some games at "the oldest penny arcade in the country."

Speaking of nostalgic games, a trip to Pawtucket's **Electromagnetic Pinball Museum and Arcade** is a real step back in time. They have pinball machines that date back to the start of the game in the mid-1900s all the way up to some of the most modern machines available today, plus other retro arcade games and more. Your \$10 admission to the museum gives you free play all day. So whether you're a flipper fanatic or not, this is a great spot for the family.

In East Providence, there are several other locations for extraordinary amusement. Sixty-two beautifully hand-carved figures and four fanciful chariots await you at the **Crescent Park Carousel**. This ride dates all the way back to 1895, and it's the largest and most elaborate work of Charles Looff - one of the world's most famed carousel designers. Across the city is **United Skates of America** where roller skating, laser tag, an arcade and rock climbing wall all come together under one roof. Check their schedule for "all-you-can-eat pizza night" so you can skate a lap and then grab a slice.

For a leisurely outdoor experience **The Monastery** in Cumberland is ideal. Several miles of flat trails circle the property, and there are plenty of opportunities to explore nature. In addition to a playground, the property is also the home of Cumberland's Public Library that has a very large children's section.

Fun, adventure, excitement, and family connection...what more can you ask for?



FOR MORE  
FAMILY FUN

# OUTDOOR EXPLORATION & RECREATION

Escape the hustle of the beach traffic to enjoy a change of scenery in RI's Blackstone Valley. Sweeping views and rushing rivers are some of the hallmarks that make the landscape of this region unique.

Kayakers and paddleboarders can enjoy a day on the water with **Expeditions Kayak Group Tours** to travel along the Blackstone River's winding path or **Providence Kayaks** on Olney Pond to take in the serenity there. Furthermore, **Lincoln Woods State Park** is renowned for its beauty and ample recreation opportunities. Just minutes from our state's capital city is essentially a one-stop-shop for anyone looking for the challenge of bouldering, hiking and mountain biking along a variety of exhilarating trails, jogging the hilly loop road, or simply relaxing with the family at their free freshwater beach and enjoying a picnic.

Bring a bike with you or rent one from **Blackstone Bicycles** because the **Blackstone River Bikeway** is the perfect off-road path to see much of the region. Running adjacent to the **Blackstone River and Canal**, you'll come across many impressive mill buildings and waterfalls, the **Kelly House Transportation Museum**, and picturesque spots prime for your social media channels.

One of the most popular hikes in the state is the World War II Memorial Trail at **Wolf Hill Preserve** in Smithfield. It's a bit challenging, but reaching the apex for a view of Providence off in the distance is well worth it.

And for the sportsperson, fishing and seasonal hunting are aplenty. We have dozens of stocked ponds and large management areas to try your hand. Our marquee destination is **Addieville East Farm** where the real question is what doesn't this sportsperson's mecca have? Fly fishing, pheasant hunting, and skeet shooting to keep your skills sharp are all on hand. After a day of activity consider staying at the nearby high-end cabin, **Pheasant Ridge Lodge**.



Diamond Hill Park



Blackstone River [@ajcollette7](#)



Lincoln Woods State Park



FOR MORE OUTDOOR  
EXPLORATION & RECREATION



# ANTIQUING & SHOPPING



*"I like to show them the real wood here in the antique furniture, and I tell them, this is already 150 years old, and it will outlive you. So that history and passing it along teaches the next generation about our furniture and our goods. Cast iron's another example. I have people from as far away as Texas and Maine coming down to get cast iron from here."*

Charlie - Owner of Town Trader Antiques

What better way to remember your stay than picking up that special item or a souvenir from one of the many quality affordable antique shops and locally-made gift emporiums in the Blackstone Valley?

Glocester's village of Chepachet is an antiques' paradise you may say with its cluster of numerous antique stores and gift shops. In the middle of it all is **The Town Trader**, housed in a 1690's trading post that has been lovingly refurbished by the owner. Antique furniture and period-inspired home furnishings are the specialty, but it is worth walking through the store yourself to see what you can find. The narrow aisles packed with interesting goods add to the charm. And make sure to stroll the sidewalks along historic Putnam Pike to visit the many other quaint shops and restaurants.

Another impeccably curated shop is **Top Shelf Vintage**. Inside this beautiful Spanish Mission Revival building in downtown Pawtucket, you'll find their bright and inviting store filled with a colorful, hand-picked selection of classic clothing mostly from the '70s, '80s, and '90s.

For a unique experience visit **Jordan's Jungle** - a 10,000 square foot tropical getaway in Pawtucket, with everything you need to fuel your own plant obsession. Tropical, rare, fruiting, hard-to-find plants, plus pottery, home décor and gifts. They even have a full line of plant-based handmade candles!

And we can't forget about **Rhody Rug** and **Blackstone Quilting Company** which are both keeping our region's history in textiles alive. Since 1987, **Rhody Rug** has produced beautiful braided rugs and accessories right here in RI's Blackstone Valley, and they are definitely something to behold. Visit **Blackstone Quilting Company** in Cumberland to find everything you need to make your own stunning quilt.



Brown & Hopkins Country Store



Jordan's Jungle



Antiques Alley

FOR MORE  
ANTIQUING & SHOPPING

# ART & GALLERIES



@runofthemillshop

The wonder of impressive sculptures sprinkled around the region, and a seemingly endless amount of walls adorned with engaging art are waiting for you to be inspired.

**HeARTSpot Art Center & Gallery** masterfully utilizes their space to showcase a wide variety of passionately hand-picked fine arts from local artists. This multiple award-winning gallery tucked away in East Providence is a favorite here in Rhode Island, so consider visiting them when they're open on Saturday afternoons.

Another fabulous gallery is the one curated by the **Rhode Island Watercolor Society**. There are only a handful of buildings within the 200-acre **Slater Memorial Park** with one of them being the **JC Potter Casino Building**. This historic lakeside "boathouse", is now home to **RIWS'** art gallery, library and studio space that is adorned with gorgeous watermedia and open free to the public Thursday - Sunday from 10:00am - 4:00pm. This group is one of the oldest watercolor organizations in America and it's spectacular to see the work they present.

As you're traveling around RI's Blackstone Valley, look for the **large murals and breathtaking sculptures** interlaced in our urban landscape. Some favorites include Pawtucket's colorful **3,000 square foot mural** by artists **Gera Lozano and Werc Alvarez** that features much of what has made this city great over the years at 55 Pleasant Street, and the grand sculpture garden at the rear of the **Lorraine Mills Complex**, also in the city.



Kate Wilson Fine Art

Or are you looking to make your own art as the ultimate take-home souvenir? **The Creative Room** in the village of Chepachet is full of color and energy. It is RI's first "self-serve craft bar" where you can build your own art. **Paint & Vino**, found in the heart of downtown Pawtucket, will bring out your creative side with a drink of choice in hand and guide you through making your own masterpiece.



FOR MORE  
ART & GALLERIES



# COMEDY, MUSIC & THEATRE

## Blackstone River Theatre


Many buildings once tied to our industrial past have found a renaissance as havens for music, comedy, and theatre. Prepare to be enthralled by top-quality live entertainment.

One of the newest companies is **Kismet Improv** located in the expansive **Hope Artiste Village**. This spot is becoming widely known for their rich variety of shows that are sure to have you rolling in laughter, such as stand-up comedy and improv, every Friday and Saturday night. And, if you're looking for some big names in comedy, head over to **The Comedy Connection** in East Providence for an intimate encounter with TV stars and an overall great night out.

**Burbage Theatre Company** has been making their mark around Pawtucket and beyond for 15+ years. Presenting classic and contemporary productions at their innovative 100-seat theatre along the Blackstone River, Burbage has garnered much attention from the wider theatre community and is a must-see if you can catch a show during your stay.

Some of the most revered venues for live music in our state can be found here, each with their own unique specialty and vibe. Housed in a 95-year old former Masonic Lodge in Cumberland, **Blackstone River Theatre** is the premier listening room for Celtic and World Music, bringing in award-winning acts from around the globe. If a punk vibe is more your style then head to downtown Pawtucket to catch a show at **News Cafe**.



Mixed Magic Theatre  @jpittswiley

A classic dive bar with checkered floors, affordable drinks, and a large illuminated neon martini glass welcome the best local and touring hip hop and rock acts. Fans of jazz and blues need to visit **Chan's** in downtown Woonsocket. This acclaimed venue with bright colorful paintings adorning its walls has had some true legends, such as Dizzy Gillespie, grace the stage over the last 40 years. Grab a table and enjoy the best of the best.

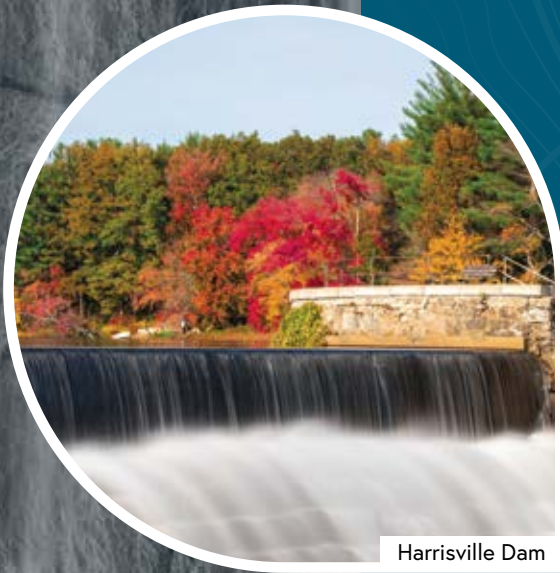


FOR MORE COMEDY,  
MUSIC & THEATRE

# BIRDING & PHOTOGRAPHY

SHARE YOUR  
PHOTOS  
#BLACKSTONE  
VALLEYRI

Lincoln - Waterfall off of Manville Hill Road  @ajcollette7



Harrisville Dam

Photographers unite! Whether a pro or a person looking for that perfect selfie, there's something for everyone to take a snapshot of here in the Blackstone Valley.

For fun long-exposure shots, visit **Harrisville Dam Waterfall**, Burrillville, where water flows down a unique, tiered waterfall from the mill pond into the Clear River. Or visit our blossoming farms and orchards to capture the natural flowering beauty as a backdrop. The **Blackstone River Bikeway** has numerous locations of interest including **Pratt Dam**, several waterfalls, and the different architectural shots you can get at **Blackstone River State Park** in Lincoln.



Crook Point  
@runofthemillshop

For avid birders, over 2,000 acres of woodlands, deciduous forest, and farmlands at **Buck Hill** in Burrillville, has the perfect mix of edge habitat and maintained wetlands to attract a wide variety of local and migratory bird species. This meticulously-maintained management area is the perfect habitat for wood ducks with nesting boxes lining small ponds. Gloucester's **Hawkins Pond** is a landscape that looks as if it's been in existence since the dawn of time, but has been heavily influenced by human hands. The mill pond and surrounding old-growth pine forest provides habitat to support water and forest fowl alike, including heron, warblers and thrushes. In Smithfield, **Powder Mill Ledges Wildlife Refuge** houses the headquarters of the Audubon Society of Rhode Island, where you are sure to get plenty of tips about birding, wildlife identification, and educational programming. Back in Gloucester, **Sprague Farm** and the abutting **Robert Huckins Woodland**, were once a farm, but is now a lush woodland with ferns lining the forest floor. Various species of woodpeckers, owls, and other birds call this protected land their home.



Steere Orchard



FOR MORE  
BIRDING & PHOTOGRAPHY

# LEISURE & SPORTS



Crystal Lake Golf Club



Bryant University Bulldogs



Rhode Island FC

FOR MORE  
LEISURE & SPORTS



If you're looking to watch some top-notch sports you need to get to a **Rhode Island FC** match! The drums are loud and the action is intense at these USL Championship professional soccer games. Also, catch the excitement of NCAA Division I sports at **Bryant University** in Smithfield.

A prime spot to get out and enjoy is the **Slater Park Disc Golf Trail**. Around Pawtucket's beautifully-designed 200-acre park, you'll find 9 holes of disc golf intertwined among the trees. Each hole has 2 tee pads and 2 baskets so it's perfect for any skill level. If you don't have discs, just head to the Park Office off of Armistice Boulevard to grab some loaners.

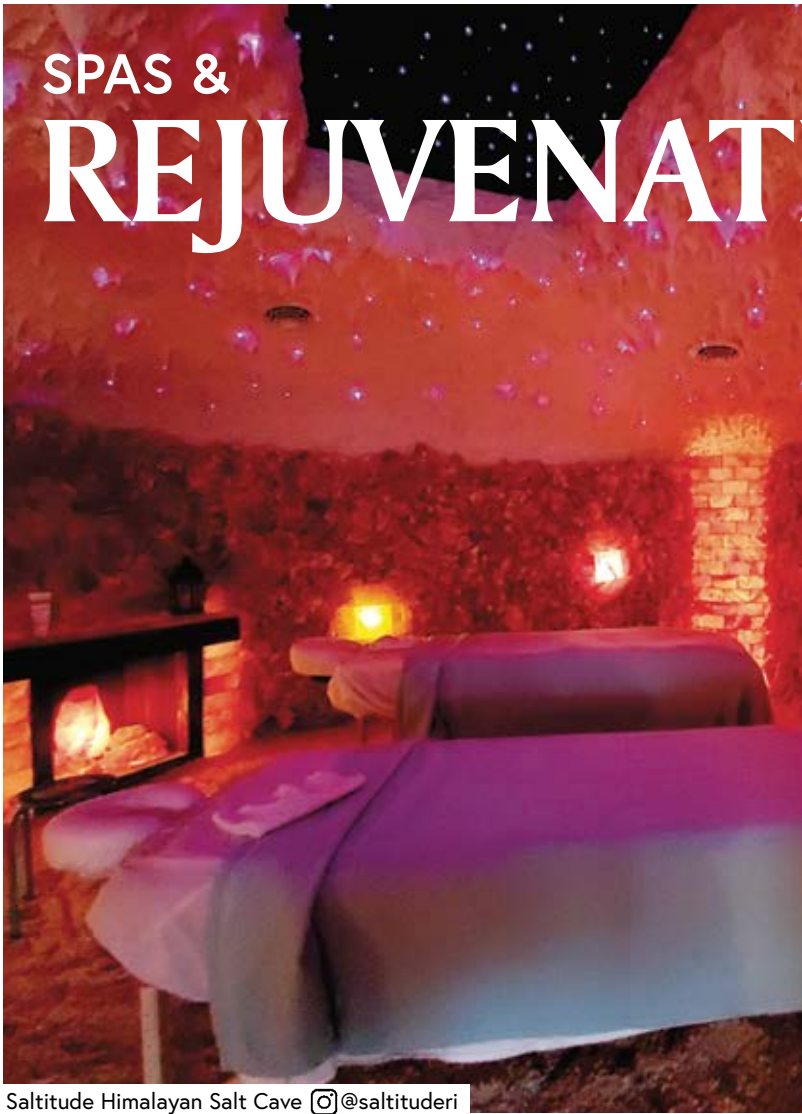
For indoor and outdoor golf you've got to head a bit north to the towns of Lincoln and Burrillville. The appropriately named **Inside Links** is the perfect spot to virtually play some of the most popular courses around the world. Plus, you can bring your own food and drink, so plan to spend some fun-filled time there. But our

beautiful weather will surely call you outside and RI's northwesternmost town has two wonderful golf courses. **Crystal Lake Golf Club** and **Country View Golf Club**, both par 70s, are a splendid mix of demanding holes yet the courses are still accessible and fun for sporadic players.

And you'll definitely want to hit the **Higginson Complex** in Lincoln for an array of exciting indoor challenges. **Rock Spot** has over 100 climbing rope routes and multiple boulders, **KR Baseball Academy** has numerous batting cages, or you can play archery tag and other family-friendly shooting sports at **BattlegroundZ**. Visit the marquee destination - **R1 Indoor Karting Entertainment Center** - to experience speed and use your mental skill at the highest levels.

Don't miss these activities, and try not to miss the targets while you're out there having fun, too.

# SPAS & REJUVENATION



Saltitude Himalayan Salt Cave  @saltituderi



Shri Urban Revitalization Yoga

Lincoln's **Saltitude** provides an immersive healing ambience by means of their Himalayan salt cave, built to simulate the microclimate of mines found in Europe. The glittering, salt crystal-studded room combined with meditation is the perfect place to unwind.

**Shri Urban Revitalization Yoga** was founded by a Rhode Island news anchorwoman and has blossomed into an amazing force for good. Shri offers affordable and high-value yoga classes to the public that are individually built toward helping certain populations reach their physical and mental goals.

In Lincoln, **The Woods Yoga** is a relaxing space to find yourself. They offer a wide variety of classes, from kettlebell cardio that will get your heart pumping, to peaceful outdoor yoga sessions in the park.

If you want to be pampered, the **Spa Light International Spa** inside **Bally's Twin River Lincoln Casino Resort** is a must. Their 14,000 square foot spa is ready to rejuvenate you with massages, skin care treatments, luxurious dome

saunas and a Korean-style bath house (Jimjilbang 찜질방) with a variety of temperature pools.

**The Honey Shop**, Woonsocket, is a niche business that loves to share knowledge through classes and events. Their specialty, as well as their namesake, is smallbatch herbal honey products, health foods, and natural remedies.

Another wellness shop is **It's My Health** with a retail space in Cumberland offering a select procurement of herbs and vitamins. This collaborative health space is also a learning center with Tai Chi workshops, massage therapy, Reiki, reflexology, and homeopathic consultations.



FOR MORE  
SPAS & REJUVENATION



# Tavolo

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Chef's Selection menu

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# THE TOWNS OF BLACKSTONE VALLEY

Burrillville  
Central Falls  
Cumberland  
East Providence  
Glocester  
Lincoln  
North Smithfield  
Pawtucket  
Smithfield  
Woonsocket

Blackstone Valley is a rolling, 240-square-mile region in the northern part of Rhode Island. It encompasses the cities of Pawtucket, Central Falls, East Providence and Woonsocket, and the towns of Cumberland, Lincoln, Burrillville, Glocester, Smithfield and North Smithfield.

Easily accessible from all directions, whether traveling Interstate 95 or Route 146 from Worcester, MA, our cities and towns offer a variety of cultures and experiences with bike paths and pedestrian-friendly downtowns and main streets. Each community has its own unique features, so we encourage you to find the time to visit them all while you are here.

SHARE YOUR  
PHOTOS  
#BLACKSTONE  
VALLEYRI

# WELCOME TO BURRILLVILLE

Burrillville is comfortably tucked away in the northwest corner of Rhode Island, and like many of the other Valley communities, it is made up of several mill villages. The charm of this town is its rural characteristics with farms and open spaces, exciting opportunities for hiking, hunting, fishing, and some intriguing haunted undertones.



Wallum Lake

FOR MORE ABOUT  
BURRILLVILLE



**Harrisville** is the central village in town, and the preservation that's taken place there has earned it a spot on the National Register of Historic Places. The trailblazer for this was Austin T. Levy, a textile industrialist and pioneer of paid vacations and profit sharing with workers. Back in the 1930s he funded a coordinated village beautification campaign to create a model American town, and you can still see this work today. The village hub has a gorgeous waterfall prime for social media captures, delicious restaurants, a weekly farmers market throughout the summer, and the historic **Assembly Theatre** that hosts dozens of events each year.

The adjacent village of **Pascoag** is connected by an easily traversed bike path making for a pleasurable experience as you wander. **Granite Mill Park** and **White Mill Park** are two must-see places to take in the tranquil beauty of this village. Also, visit the **Pascoag Riverwalk** and take a break at the nearby **Cow's Tail Deli & Creamery**. And fans of H.P. Lovecraft will note that Pascoag is one of the settings for his book, "The Horror of Red Hook" written in 1925.

The rough terrain and scenic beauty can't be beat here, and we recommend visiting **Black Hut** or **Buck Hill** Management Areas for thousands of acres of wonderful forest, wetlands and agricultural land...just make sure to wear some orange during hunting season.

Addieville East Farm  
@noseyyyyy



Bravo Brewing Company

Speaking of that, **Addieville East Farm** offers pheasant hunting, sporting clays, fly fishing, and trout ponds for the avid sportsman. This is quite a popular spot, so much so that we've even heard some New England Patriots players visit here from time to time.

Burrillville also hosts some highly-regarded places to grab a bite including the sibling-run **Mapleville Farm Bakery**. They specialize in fresh-baked breads and pastries made with their own seasonal produce. Across town is the famous **Wright's Farm Restaurant** known for their "family-style chicken dinners" - a Blackstone Valley favorite. Wright's also has the largest gift shop in the area that is chock full of local Rhode Island items.

With so much to do, plan to spend a weekend in Burrillville and book a stay at **Grace Note Farm** in Pascoag. This historic 1700s homestead offers farmstays with pure New England appeal, adorable animals to spend time with, and access to hiking and horseback riding trails.



Harrisville Dam and  
Assembly Theatre

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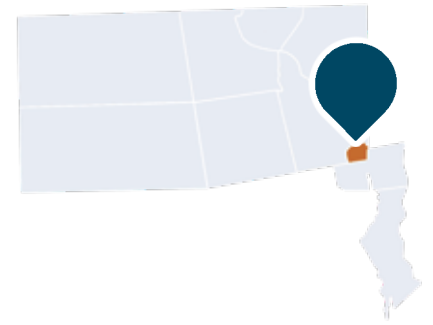
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# WELCOME TO CENTRAL FALLS



With a population of over 22,000 people and an area of just 1.29 square miles, Central Falls is one of the most densely-populated cities in the country. The majority of the first settlers to this area were Quakers. Following that, a diverse immigrant population of Scottish, Irish, French-Canadian, Polish and Portuguese to today's primarily Hispanic community call this place home.

Central Falls Dam Waterfall



Cogswell Tower in Jenks Park



FOR MORE ABOUT  
CENTRAL FALLS



With this, a plethora of flavors arrived making Central Falls a mecca for foodies. The city has dozens of authentic restaurants for you to choose from, including **El Paiza** (Colombian), **Beirão** (Portuguese), **El Paso** (Mexican), and **Costa Del Sol** (Salvadoran) only to name just a few. There are also many bakeries that line the main passages of Dexter Street and Broad Street across this pedestrian-friendly city.

At one end of Broad Street is **Central Falls Landing** - a destination situated along the Blackstone River that's full of activity and al fresco dining. The Landing, as it's referred to, boasts **Shark's Peruvian Cuisine** and **Maaz's Chicken**; as well as **Explorer River Tours**, overnight stays on the **Samuel Slater Canal Boat**, and **kayak group tours** to get out and explore this intriguing heritage river.

In the late 1700s the town was interestingly enough known as "Chocolateville" because the smell of roasting cacao



El Paso Restaurant



Expeditions Kayak Group Tours

beans from the William Wheat Chocolate Mill spread throughout the area. This mill was one of America's earliest water-powered chocolate manufacturing facilities, and it used the "middle" dam in the area for power, hence the renaming to Central Falls in the 1820s.

On the site of the mill today, you can visit the **Chocolate Mill Overlook Park** to enjoy the flow of the mighty Blackstone River and the natural surroundings that include cherry trees, RI's largest cottonwood tree, steps to the water's edge to view the beautiful historic stone bridge, and interpretive panels that tell the story of early-American chocolate.

The centerpiece of Central Falls is **Cogswell Tower** in Jenks Park. The 70-foot tower and observation deck provide a breathtaking 360-degree overlook of the region. Right next door to the park is **Viola Davis Way** named in honor of the city's most famous native resident who has achieved an EGOT (Emmy, Grammy, Oscar and Tony Award winner), making her only the 18th person to reach this esteemed status.

Chocolate Mill Overlook Park



La Galería del Pueblo



# WELCOME TO CUMBERLAND



Blackstone River State Park Bikeway

Cumberland has a diverse landscape that is home to large hills, rustic farmlands, and several mill villages that developed during the Industrial Revolution, including Ashton, Lonsdale, Albion, and Valley Falls.

The northern part of Cumberland is rural with farms the whole family will enjoy. **Adams Farm** in the northeastern-most part of Rhode Island is tucked away behind the impressive Diamond Hill Reservoir. They offer fun all year long with tulips and farm animal petting in the spring, a farmstand in the summer, and pumpkin patch and corn maze in the fall. **Phantom Farms** is another popular spot for their apple picking, exquisite bakery, and a gift shop stocked with local items. Also, check out their craft brewery, **Phantom Farms Brewing**, in the village of Berkeley that uses fruit from the farm in some of their tasty offerings.

Across the street from Phantom Farms is **Diamond Hill Vineyards**. Stop by for a sampling flight of handcrafted grape and fruit wines in their cozy 200-year-old vineyard house.



Blackstone River Glass

Not too far from the vineyards is **Diamond Hill Park**, one of Cumberland's true gems. This former ski area is now renowned for downhill mountain biking and sledding. The park is also used for large music and entertainment festivals.

**Mercy Woods Preserve** is just around the corner from here and a wonderful place to hike. Interestingly enough, combined with Cumberland's other nature destination, **The Monastery**, you can find over 1,000 plant, animal, insect, and bird species!

Another thing you may not know is Cumberland is the unofficial ice cream capital of Blackstone Valley. We say this because almost half of the numerous ice cream shops you can find around our region are right here in Cumberland. Some favorites to check out include **Ice Cream Machine**, **The Keep**, and **Josie's**... just to name a few.

A fun fact for mineral enthusiasts is that Cumberland has the only large deposit of a rare iron-rich mineral. "**Cumberlandite**," as it's known, is the state rock of Rhode Island.



FOR MORE ABOUT  
CUMBERLAND



Mercy Wods Preserve



Josie's Ice Cream

Pine Swamp Place



Adams Farm

WELCOME TO

# EAST PROVIDENCE

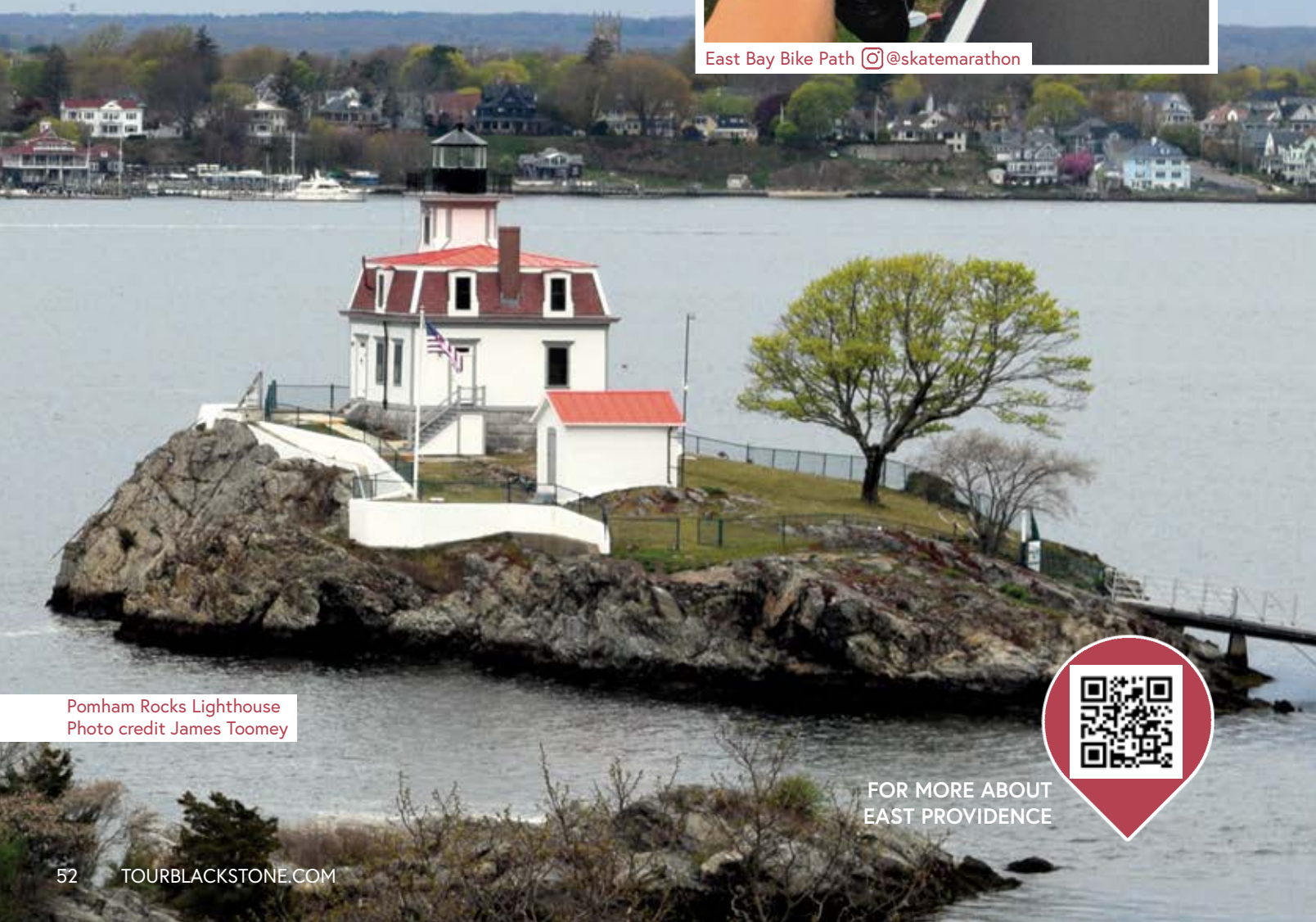


East Providence is a city rooted in culture. This area is part of the ancestral seat of the Pokanoket Nation called Sowams (the South Country) and the first settlement of Roger Williams in the Phillipsdale section at Omega Pond along the Seekonk River.

The historic 1895 **Loeff Carousel** is all that remains of the famous **Crescent Park** amusement park in Riverside, once promoted as "The Coney Island of New England." The restored carousel is open to the public from spring through fall and still provides an opportunity to catch the brass ring. Across the street from the carousel are stupendous views of Narragansett Bay.



East Bay Bike Path @skatemarathon



Pomham Rocks Lighthouse  
Photo credit James Toomey



FOR MORE ABOUT  
EAST PROVIDENCE



Hunt's Mills Fish Ladder



Cafe Zara

Riverside Square is a great place to stop on the **East Bay Bike Path** and experience a freshly-roasted, flavorful cup of coffee at **Borealis Coffee Company**. The whimsical bunny sculptures, Uni, Wheelie and Racer, are a great draw for families. Just a short walk on the bike path south of Riverside Square, spectacular views of the historic **Pomham Rocks Lighthouse** await you!

And who can forget growing up with Rumford Baking Powder in the kitchen! Our next village, Rumford, still has links to food and home cooking at **Avenue N American Kitchen** and **The Pantry**. Owned and managed by Rhode Island culinary personality Nick Rabar, you will be treated to an amazing menu of locally-sourced food.

In addition to the **East Bay Bike Path**, the **Ten Mile Bike Path** connects East Providence to Pawtucket and is a great resource for wildlife watching at James Turner Reservoir. Visit the **John Hunt House Museum** and **Hunt's Mills Dam** in spring to watch the river herring climb the fish ladders over the dam or view the beautiful gardens on the grounds.

If you are interested in boating and maybe shipwrecks, East Providence is home to one of the largest ship graveyards at **Green Jacket Shoals** at the junction of the Providence and Seekonk Rivers. While exploring the area, scout out Thomas Dambo's **Mrs. Skipper**, a whimsical wooden giant troll hidden nearby and waiting to be found.

The city is also a destination for authentic culture, food and arts influenced by Cape Verdean and Portuguese immigrants who settled here. Festivals held throughout the year include the **Portuguese Feasts** during June and July, and **The Loeff Arts Festival** and **Rhode Island Folk Festival** in August. Bring a picnic lunch and enjoy the views while listening to music flow where the river meets the bay.



Thomas Dambo's Troll "Mrs Skipper"



Rhode Island Folk Festival



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# WELCOME TO GLOCESTER



First established in 1639, this rural town of farms, forests, and slow shopping is full of charm. Plus, the array of celebrated historic sites and unique annual events are ones you should not miss.

Antiquing is synonymous with Glocester. The quaint village of **Chepachet** is one of the first villages in Rhode Island to be placed on the National Historic Register. Here you can visit the oldest continuously-operating country store in America, **Brown & Hopkins Country Store**, and the shopping doesn't stop there. Spend the day browsing the many **antique shops** along the easily walkable Putnam Pike for collectible items as well as unique art finds.

Pulaski State Park



Glocester Scarecrow Festival



FOR MORE ABOUT  
GLOCESTER





Bowdish Lake at George Washington Campground

As you mosey around, grab a bite to eat at **DePetrillo's Pizza & Bakery**. This small shop is full of flavor including their popular Rhode Island red pizza strips (also known as party pizza or bakery pizza), plus calzones, hot slices and more.

If you're looking for a sitdown meal and possibly a scare, stop by **Tavern on Main**. Originally built in the early 1700s, this building has had several uses over the years. Today it's a well-known family restaurant and it's thought to be haunted. Stop in during your visit for some of their seafood and pasta specialties.

Exploring outside this hub of shopping and dining, you'll find more than a dozen hiking sites managed by the **Glocester Land Trust** as well as the **George Washington Management Area** and **Pulaski State Park**.

Bring your tents as there are a couple of options to camp along **Bowdish Lake** and enjoy a Gloucester getaway. We recommend a walk around **Hawkins Pond** and **Steere Hill Farm**, but each hiking site definitely has its own character and all are worth exploring.

For something different, head over to the village of Harmony to board the small-scale train at **Harmony Products and Railway** for a beautiful half-mile ride through their picturesque property or bring your clubs to hit the links at **Melody Hill Country Club**.

Gloucester also does an amazing job celebrating holidays, so if you find yourself in the area in October, make a point to see the annual **Scarecrow Festival**. Do some **Candlelight Shopping** in December or enjoy one of the most unique parades you'll ever see on July Fourth at the town's annual **Ancients & Horribles Parade**.



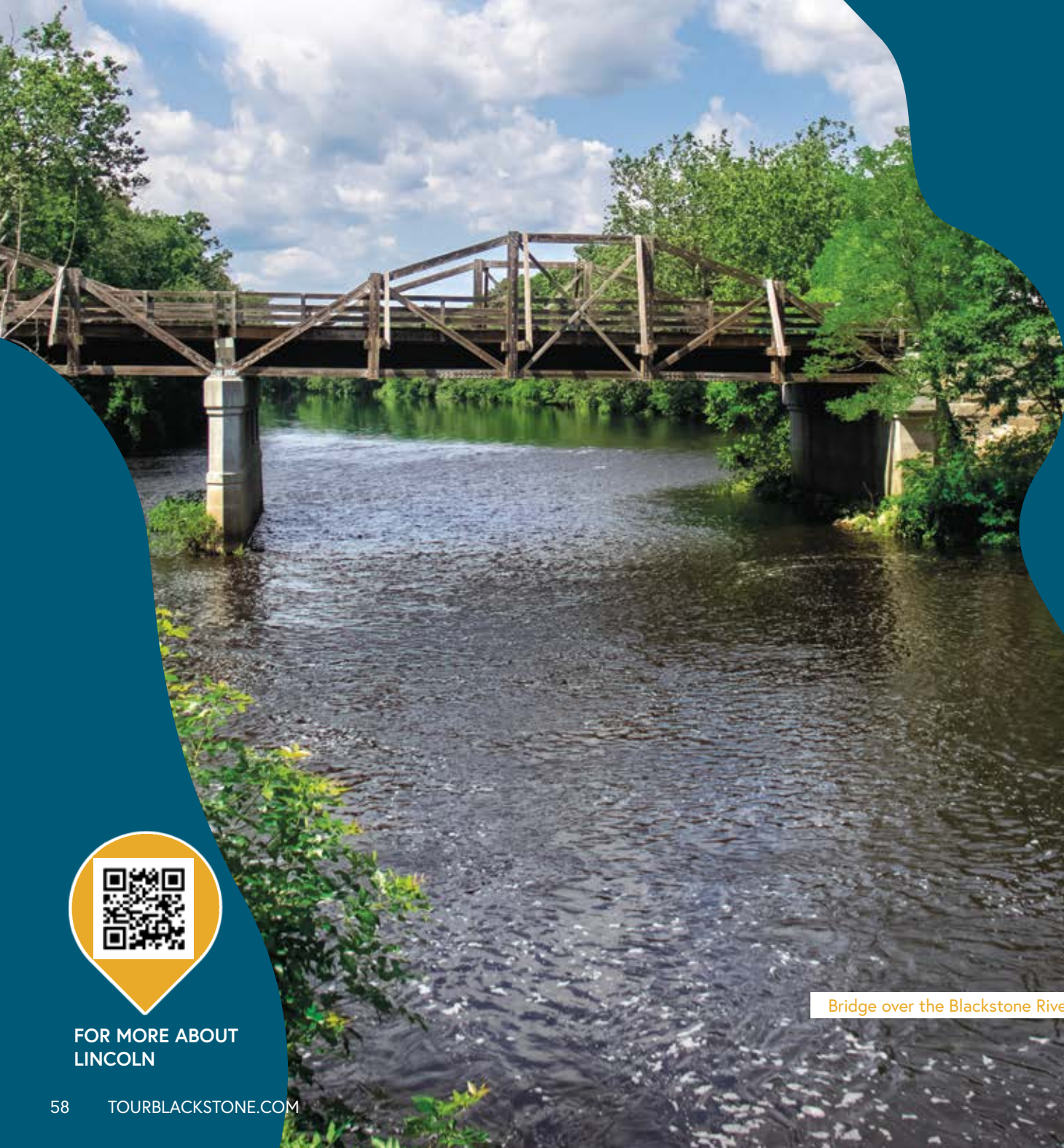
Hawkins Pond



The Hen House

# WELCOME TO LINCOLN

Incorporated over 150 years ago and taking its name from America's 16th President, this town is known for its agriculture, quarrying, and mill villages, many of which are still intact today and each have their own character and history.



FOR MORE ABOUT  
LINCOLN

Bridge over the Blackstone River



Hearthside House Museum

Historic tourism enthusiasts will love traversing one of the country's oldest thoroughfares, **Great Road**. This scenic byway travels three miles through three centuries. Start your trip at **Hearthside House Museum** to be fascinated by this unique 1800s stone mansion. Then make your way around the nearby **Great Road Heritage Campus** to be enthralled by rare "stonender" homes, a Quaker meeting house, blacksmithing shop, a one-room schoolhouse and an old wooden mill that's frozen in time. Take a stroll along the **Lonsdale Gateway Trail** around this area to take it all in.

Along Great Road is **Lincoln Woods** - often referred to as "Rhode Island's Best State Park." Here you can enjoy numerous outdoor adventures, from bouldering and kayaking to fishing, hiking, mountain biking, and even horseback riding, thanks to **Sunset Stables**.

The park's focal point is **Olney Pond** which is popular with families for fresh water swimming and relaxing on summer days, as well as ice fishing during winter months.

Just 10 minutes north of Great Road is **The Aust Family Preserve**, "a flagship preserve of The Nature Conservancy." The lime rock that can be found in this area led to one of the earliest mining operations that dates back to the 1660s and a booming economy for this village. The Preserve fortunately avoided development, which allows for the vibrant forest with bountiful wildflowers and old growth trees you can see today.



Lincoln Woods State Park  @theinner\_espy

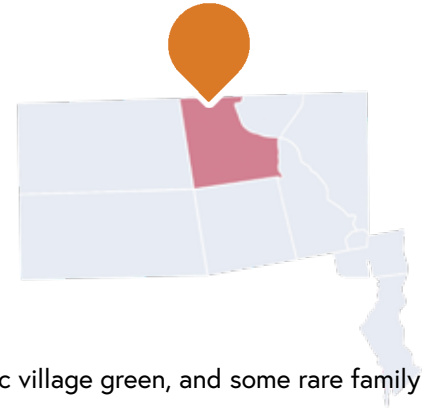
Lincoln is known as a great place for indoor excitement, too! Under one roof at **R1 Indoor Karting Entertainment Center** you and your family can choose from getting the adrenaline flowing in karts that go up to 45 miles an hour, making your way through the biggest time machine gaming experience in the world in **TimeMission**, or trying your skills at their cutting-edge **Axe Bar** and **Dart City** experiences.

The excitement doesn't end there! At **Bally's Twin River Lincoln Casino Resort**, you can choose from live table games, slots, half a dozen top-notch restaurants, retail outlets, and multiple live music venues. Don't worry if there's simply too much to do, you can always spend the night at their elegant hotel with a hip outdoor courtyard and indoor pool.



R1 Indoor Karting Entertainment Center - Axe Bar

# WELCOME TO NORTH SMITHFIELD



From hills to fields, North Smithfield is a town dotted with historic districts, an iconic village green, and some rare family fun that proudly straddles its agricultural and industrial past.

A key attraction in town is **Slatersville**. It's the site of America's first planned mill village and is part of the **Blackstone River Valley National Historical Park** because of the tremendous impact it had on our society. The beautiful stone mill circa 1826 and surrounding mill buildings still stand, and though they're now loft apartments, you can still walk the grounds to feel the important history that took place here along the **Branch River**. Across the street is Slatersville's quaint village green complete with a row of historic homes and a quintessential New England church, **Slatersville Congregational Church**.

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FOR MORE ABOUT  
NORTH SMITHFIELD



**Hi-On-A-Hill Herb Farm & Gardens** is the perfect stopover during your trip to Blackstone Valley. This easy to get to yet secluded farm is run by Master Gardener, Ruth Pacheco, who is over 90 years old and has decades of experience growing gorgeous flowers and other wonderful plants. Take a relaxing stroll around the grounds and pick up an item or two from their farmstand.

For lunch, swing by **Beef Barn**. In operation since 1969, they slow cook their beef for 8 hours on-site and serve it fresh to you. The prices are great on everything they have to offer, and one thing you can't miss is that the restaurant looks just like a barn decked out with classic antiques, an amusing chicken coop room, and full-size silo that literally came from their family farm.

Families visiting North Smithfield will appreciate the opportunity to visit **Wright's Dairy Farm & Bakery**, a family-run farm that's been in operation since 1914. Their bakery has an incredible selection of delectable homemade pastries and desserts. And, from late spring to early fall, taste what they mean by "cow-to-cone" at **The Wright Scoop**. Their renovated Streamline trailer offers up some of the best fresh-made ice cream you can find. Don't miss a viewing of their cows being milked daily from 3:00pm - 4:30pm!

Later you can head to **Rustic Tri-View Drive-In** for a couple of movies. We invite you to enjoy this brand of nostalgic family-fun during your visit, as Rustic is one of only two remaining drive-ins in Rhode Island. They simultaneously run multiple screens of current movies and charge by the carload so it's definitely an affordable way to spend an evening.



Slatersville Mill



Wright's Dairy Farm & Bakery



Ruth Pacheco  
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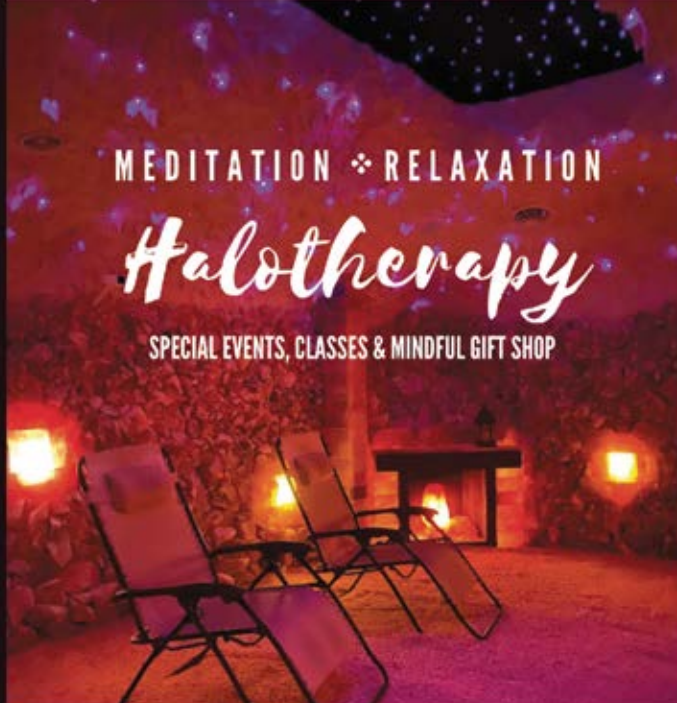
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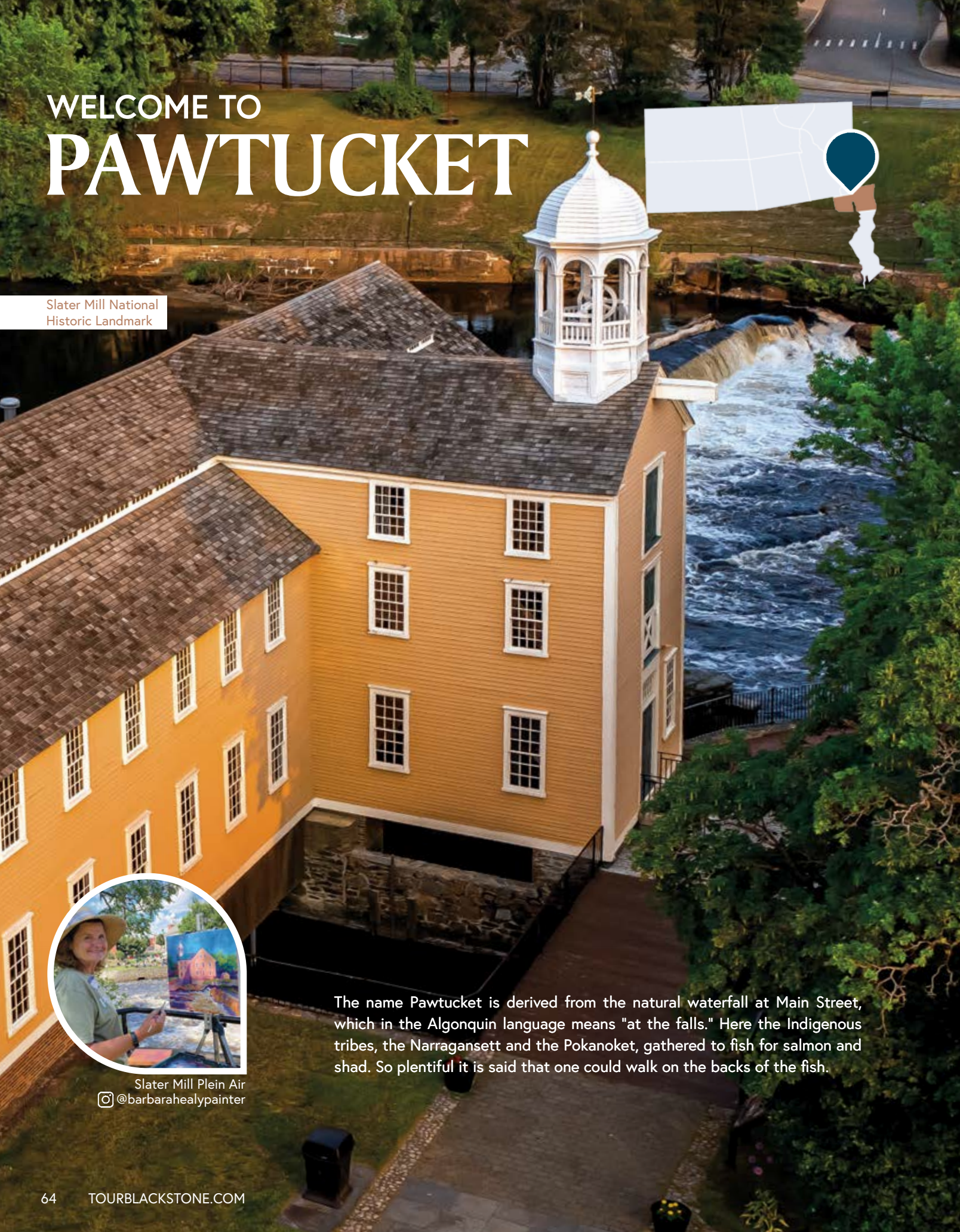
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# WELCOME TO PAWTUCKET

Slater Mill National  
Historic Landmark



Slater Mill Plein Air  
@barbarahealypainter

The name Pawtucket is derived from the natural waterfall at Main Street, which in the Algonquin language means "at the falls." Here the Indigenous tribes, the Narragansett and the Pokanoket, gathered to fish for salmon and shad. So plentiful it is said that one could walk on the backs of the fish.



Pawtucket has been a center for innovation through the centuries. The birthplace of the American Industrial Revolution, it was here that Samuel Slater, an English millwright, harnessed the power of the Blackstone River to establish the first successful cotton spinning mill in America back in 1793. We invite you to view the machines and learn more of our country's textile history at **Slater Mill National Historical Landmark**.

Today, this city is a popular hub for artists. Several of the former mills have found new life as artist lofts, studios, unique gift shops, and artisan markets. A prime example is **Hope Artiste Village** which boasts dozens of maker shops, entertainment venues, and the **Rhode Island Music Hall of Fame**.

Speaking of entertainment, the city is proud to be home to several theaters including **Mixed Magic Theatre**, known for the diversity of ideas they bring to the stage, and one of the oldest theater companies in New England, **The Community Players**.

What has put Pawtucket on the map these days is the flourishing craft beer and spirits scene.

Within the city limits there is both the largest brewery in the state, **The Guild**, as well as the smallest, **Crooked Current**, plus **Foolproof Brewing** is special in their own right. That's not to mention the beloved distilleries - **Rhode Island Spirits**, **White Dog Distilling**, and **Working Man Distillers**, - that continue to create some of the best and most unique gins, vodkas, rums, and whiskeys you'll find around.

The perfect place to explore with your family is **Slater Park**, which includes a historic carousel, gorgeous biking and walking paths, a disc golf course, playground, farm animals, and **Len's Hotdog, Ice Cream, & Seafood Haven** to satisfy that summertime craving.



The Met



Foolproof Brewing



Top Shelf Vintage Co.



FOR MORE ABOUT  
PAWTUCKET

# WELCOME TO SMITHFIELD



Esmond Park



Steere Orchard

Smithfield is also a town within both the Blackstone River Watershed and the Woonasquatucket River Watershed. It is a town known for its farmland and natural beauty including conservation areas, cascading brooks, waterfalls and ponds.

For many people, Smithfield is synonymous with the section of town referred to as "Apple Valley." Home to over a half-dozen orchards, a visit in autumn when the apples are ripe for picking is one of the best times to visit. Fall is not the only time to visit though. Many of the farms also have summer fruits, vegetables, and berries.



Pastryland Bakery

**Jaswell's Farm** is the oldest operating orchard in Smithfield. Following an afternoon of picking your own apples or pumpkins, you have to try their fresh made pies, bakery items and apple cider donuts! **Appleland Orchard** is also a popular spot that offers many different apple varieties, plus a farmstand with cider, sweet treats, and even their own line of apple wine. You can easily spend the day meandering around the area's country roads looking for autumnal foliage and stop by any number of farms and roadside stands.

In addition to these beloved orchards, Smithfield is home to the headquarters of the **Audubon Society of Rhode Island**. They manage **Powder Mill Ledges**, a 100-acre wildlife refuge that's ideal for birding with miles of easy/moderate trails. **Mowry Conservation Area** is a great place to bring kids due to the easy trails and picnic area you'll find here, plus a very interesting rock outcropping. But if you're looking for more of a challenge, **Wolf Hill Forest Preserve** will get some elevation into your legs, especially if you make it to **Mercer Overlook** for views of the Providence skyline on clear days.



Wolf Hill Preserve

Since it's Blackstone Valley there's obviously some cool history here as well. **Smith-Appleby House** is open every 1st Sunday of the month for tours of this early-18th century home. If you find yourself in the area on a different day, you can still stroll the property that sits near the scenic **Georgiaville Pond**. With its beautifully laid out landscaped grounds of lilac trees and daffodils with a brook flowing nearby, this is a splendid place to stop in springtime.

If you're into collegiate sports, the prestigious **Bryant University** has its campus here so check their schedule to catch some Division I action. And don't worry about the time you spend in town, as there are several hotel options perfect for any budget right nearby.



Smith-Appleby House - Photo credit Susan Nat

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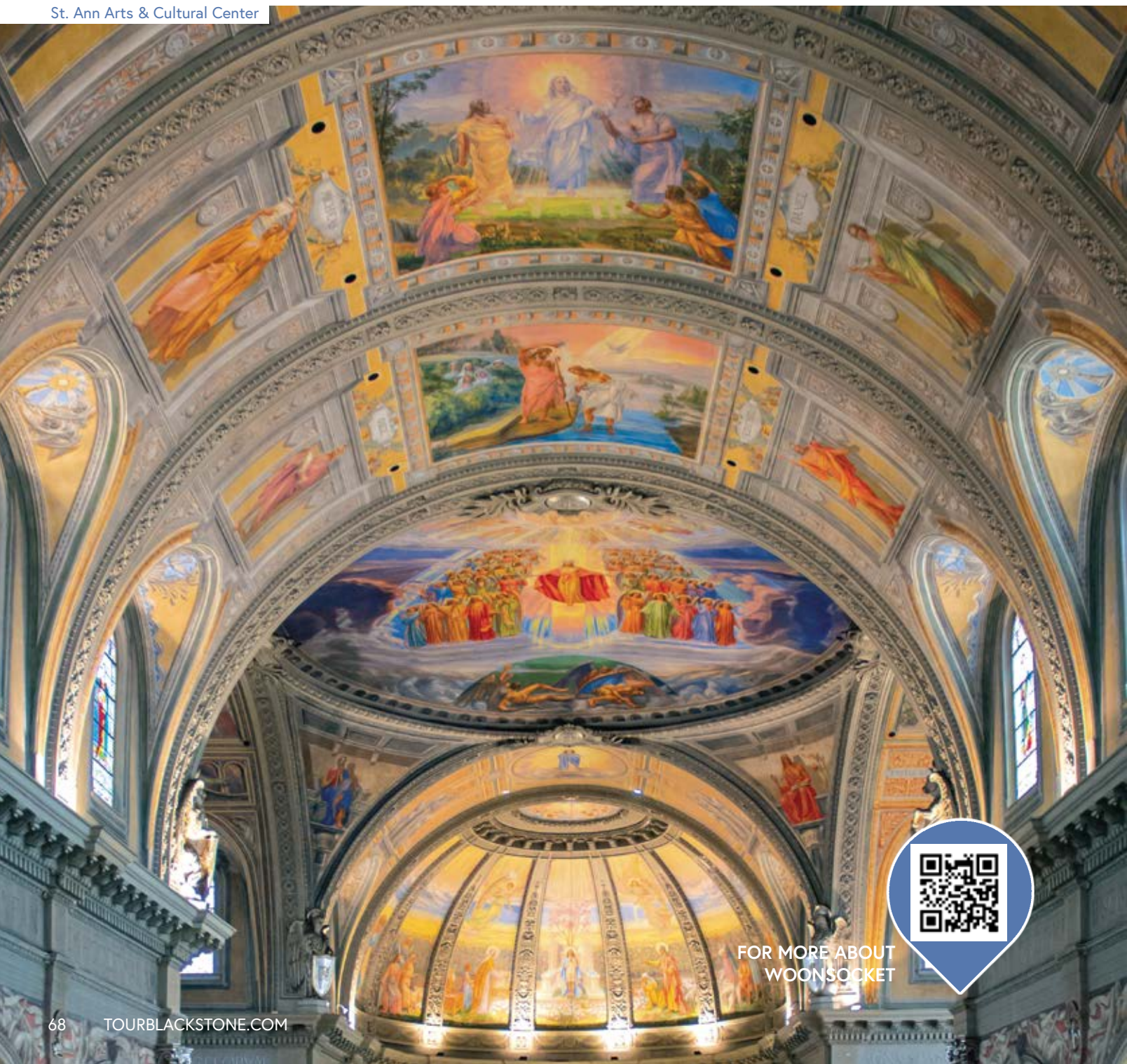
FOR MORE ABOUT  
SMITHFIELD

# WELCOME TO WOONSOCKET



A sleepy farming community until the 1800's, Woonsocket became one of the nineteenth century's great industrial centers on the Blackstone River. The French-Canadian immigrants who came to work in the mills truly shaped the culture of this city.

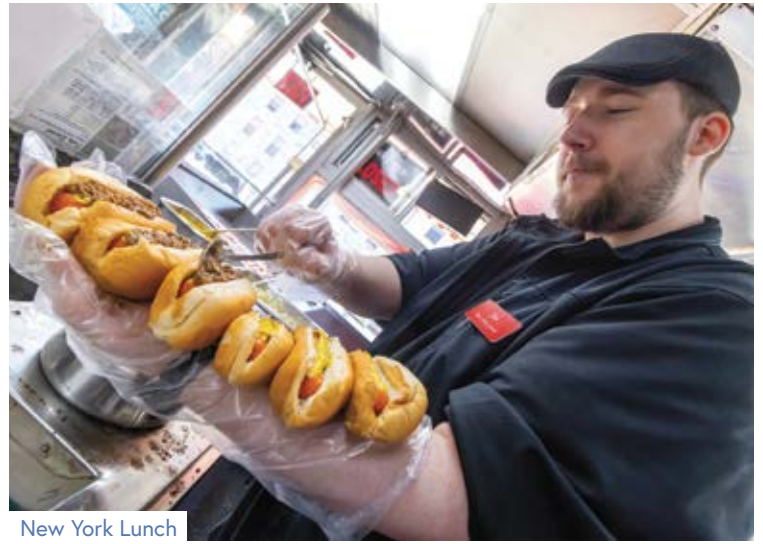
St. Ann Arts & Cultural Center



FOR MORE ABOUT  
WOONSOCKET



Museum of Work & Culture



New York Lunch

Woonsocket is a city of factories that is almost perfectly divided by the mighty Blackstone River. Many of the buildings were woolen textile mills that made uniforms for the military from the Civil War up to World War II. Today, one manufacturer - Northwest Woolen Mills - still operates and is the largest woolen blanket manufacturer in America, making army blankets and emergency relief blankets used all over the world.

Visitors interested in this type of history should note that the ingenious "Ghost Army" tanks used during World War II were, in fact, manufactured here in Woonsocket. More importantly, you will not want to miss the **Veterans Memorial Museum**. This impressive space houses one of the largest collections of military artifacts in RI and includes weapons, uniforms, medals and readiness gear from the Revolutionary War to today's military.

In the city's Market Square district, the immigrants' story is masterfully told through immersive exhibits at the **Museum of Work & Culture**. See the lives of these people from a farmhouse in Quebec to their work, school, and church life here in Blackstone Valley. Market Square also boasts several acclaimed restaurants including **River Falls** and the famous 100-year-old **Ye Olde English Fish & Chips**.

Cross the street and take a peek at the **Thundermist Dam**. These natural falls with a 30' drop show just how powerful the Blackstone River can be. Prior to the Industrial Revolution, this area was primarily inhabited by the Nipmuc and Pokanoket Native Americans and the term Woonsocket may be derived from a Native American term meaning "thunder in the mist."

For theater and music, head further down Main Street to see who may be playing at the famous jazz & blues club, **Chan's**, or catch a performance at either the **Stadium Theatre** or **Rhode Island Stage Ensemble**.

Your trip to Woonsocket (or Rhode Island for that matter) won't be complete without seeing the stunning fresco paintings at **St. Ann Arts & Cultural Center**. Take a tour to hear the incredible story of this decommissioned church and how it is rightfully described as "America's Sistine Chapel."

Blackstone Valley Polar Express Train Ride



Chan's Chinese Restaurant and Jazz & Blues Club



*Narragansett*

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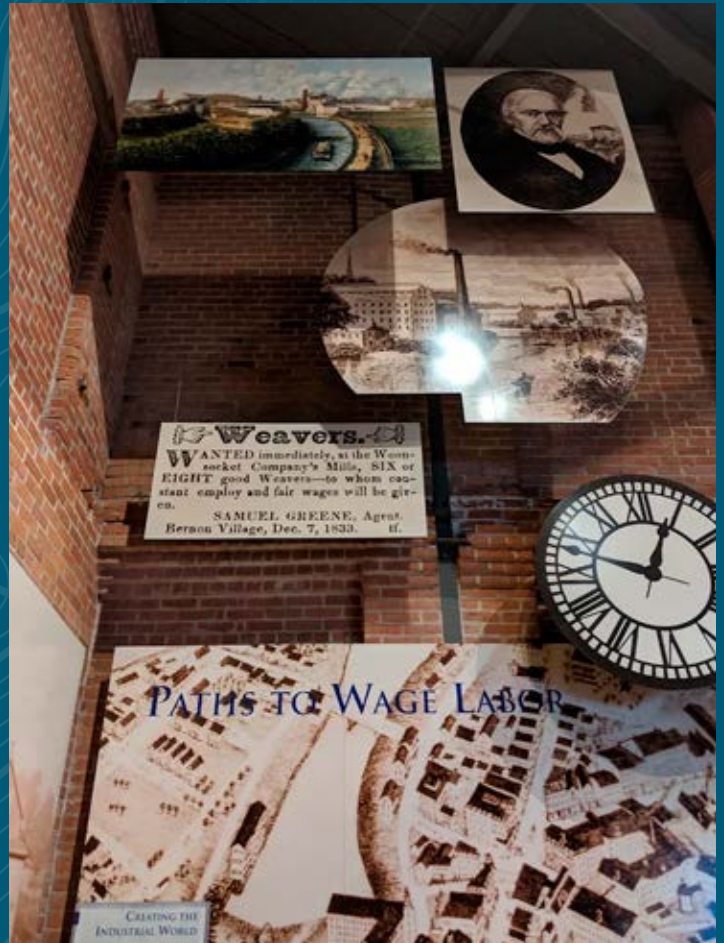
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# BLACKSTONE VALLEY'S ANNUAL EVENTS

See all that's happening at [TOURBLACKSTONE.COM/EVENTS](http://TOURBLACKSTONE.COM/EVENTS)



Pirates on the Blackstone



Food Truck Events



North Smithfield Memorial Day Parade



Rhode Island Folk Festival



FOR A LISTING OF ALL EVENTS



Greek Festival



Dragon Boat Races



Central Falls Car Show



Autumnfest



Heritage Hiking Tours



Franklin Farm Harvest Festival



Central Falls Salsa Night



German Oktoberfest



Ancients and Horribles Parade



# HOTELS, CAMPGROUNDS & PLACES TO STAY

Whether it's a pastoral family farmstay, trendy hotel, or a home-away-from-home suite, we've got everything you could want for a comfy and cozy visit.

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LINCOLN CASINO RESORT**  
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401-723-3200

**COURTYARD BY MARRIOTT  
PROVIDENCE/LINCOLN**  
636 George Washington Highway  
Lincoln, 401-333-3400

**GRACE NOTE FARM INN**  
969 Jackson Schoolhouse Road  
Burrillville, 401-567-0354

**HAMPTON INN BY HILTON  
PAWTUCKET**  
2 George Street, Pawtucket  
401-723-6700

**HAMPTON INN AND SUITES  
PROVIDENCE/SMITHFIELD**  
945 Douglas Pike, Smithfield  
401-232-9200

**HOLIDAY INN EXPRESS & SUITES  
SMITHFIELD/PROVIDENCE**  
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401-231-6300

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**RESIDENCE INN BY MARRIOTT  
PROVIDENCE/LINCOLN**  
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Lincoln, 401-305-6950

**ALL SEASONS INN & SUITES**  
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401-232-2400

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**HOLIDAY ACRES CAMPGROUND**  
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401-934-0780

**OAKLEAF FAMILY CAMPGROUND**  
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401-568-4446

Grace Note Farm



FOR MORE ABOUT HOTELS,  
CAMPGROUNDS & PLACES TO STAY

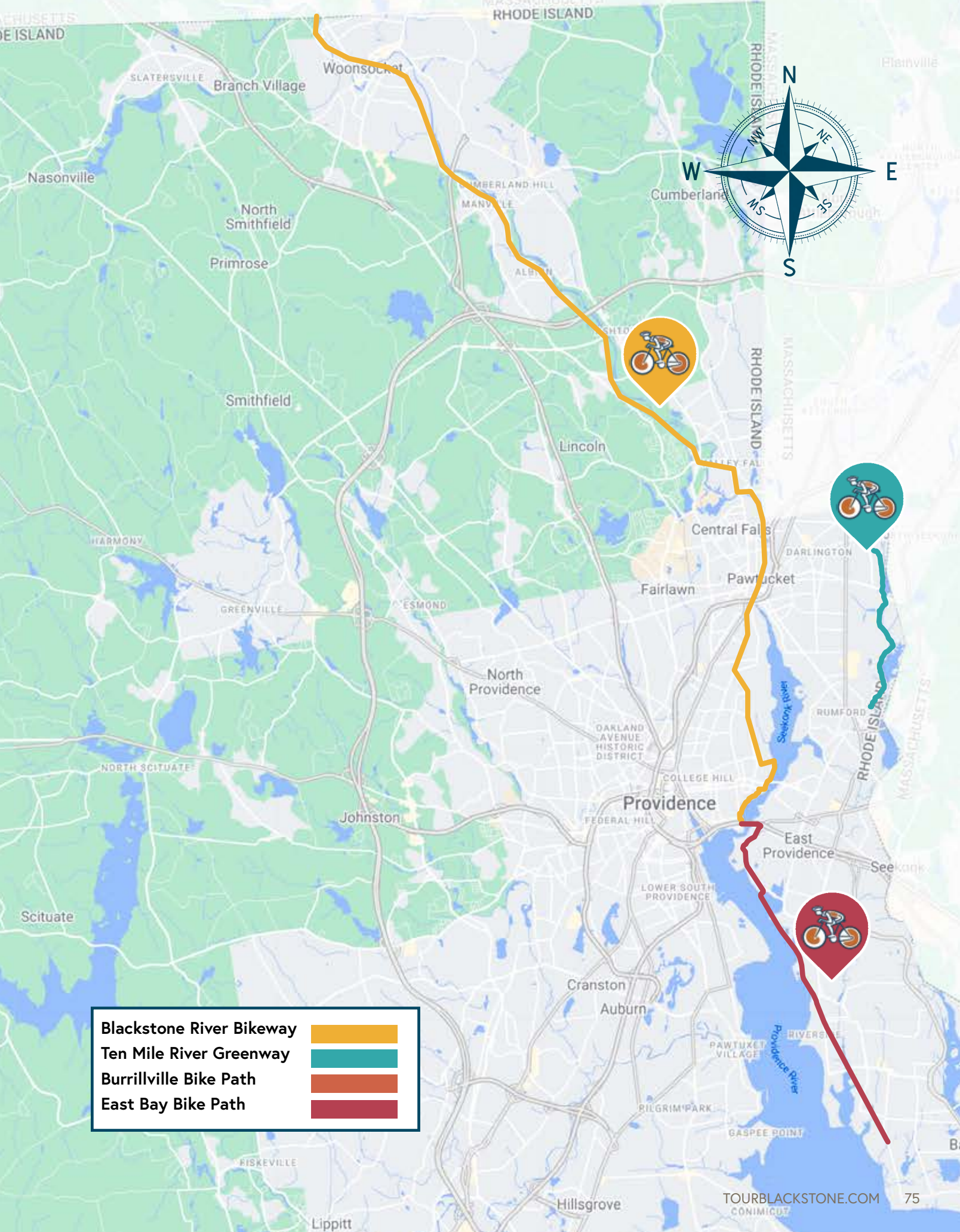


FOR MORE  
ABOUT BIKE PATHS

# ENJOY THE RIDE BIKE PATHS

You can find many of Rhode Island's bikeways here in Blackstone Valley. Dozens of miles of off-road paths and sharrows sections of roads will take you through an incredible amount of what our region has to offer. You'll have the opportunity to cross varied landscapes from coastal views along Narragansett Bay to post-industrial mill towns. The interesting architecture and dynamic scenery doesn't stop, so hop on your bicycle and enjoy the Valley at the perfect speed.





- Blackstone River Bikeway**
- Ten Mile River Greenway**
- Burrillville Bike Path**
- East Bay Bike Path**



# BLACKSTONE RIVER BIKEWAY



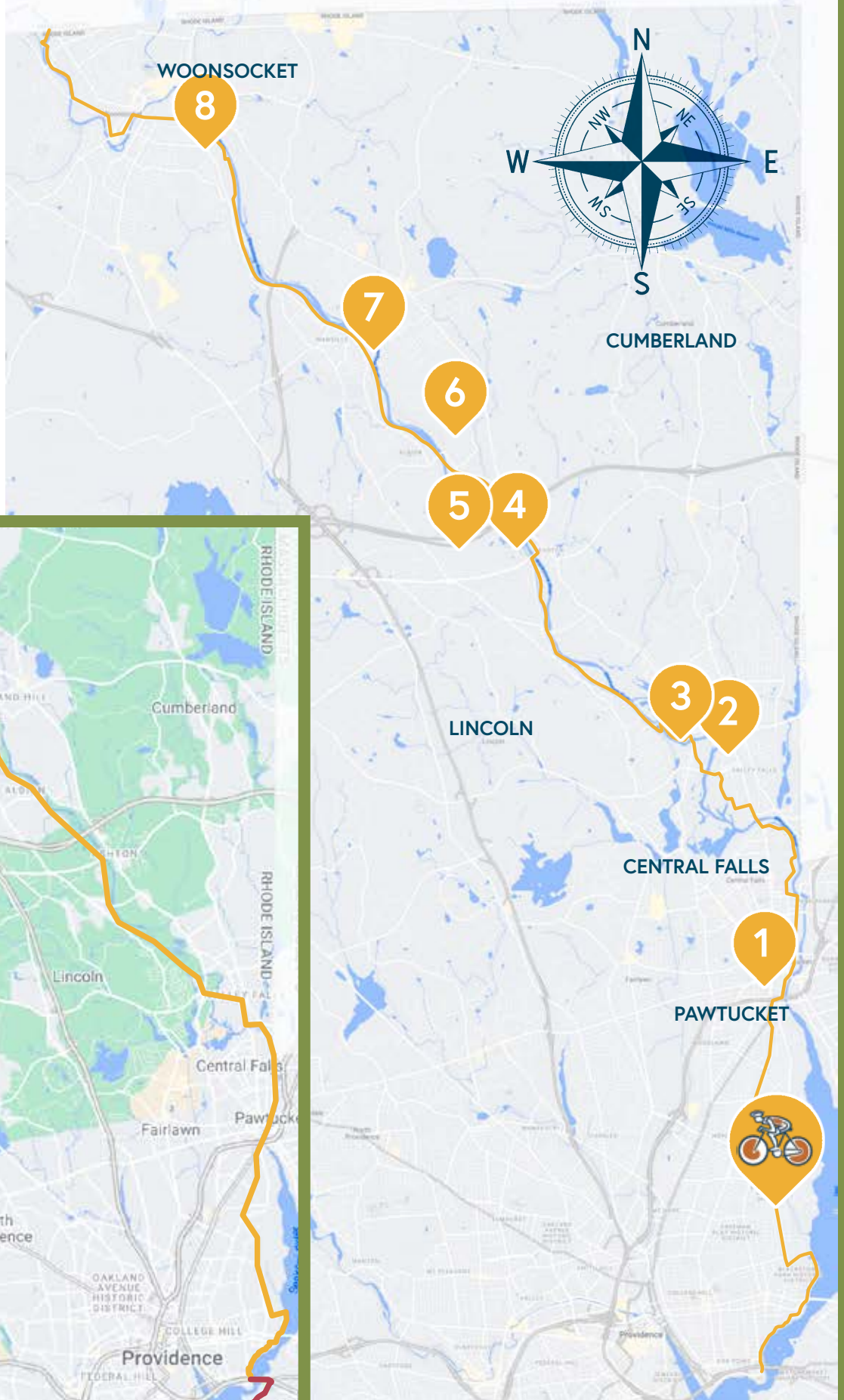
FOR MORE ABOUT  
BLACKSTONE RIVER BIKEWAY

## PARKING AVAILABLE AT\*:

- 1 Blackstone Valley Visitor Center**  
53 Roosevelt Avenue, Pawtucket
- 2 Lonsdale "Drive In"**  
110 John Street, Lincoln
- 3 Lonsdale Parking Area**  
160 Front Street, Lincoln
- 4 Route 116 Parking Area**  
690 George Washington Highway  
Lincoln
- 5 Blackstone River State Park Visitor Center**, I-295 North  
(between exits 18B and 20), Lincoln
- 6 Albion Parking Area - School Street**  
Lincoln (on Cumberland border with Albion Road)
- 7 Manville Parking Area**  
100 New River Road, Lincoln
- 8 River's Edge Recreation Complex**  
1 Davison Avenue, Woonsocket

\*Address numbers are approximated. Please look for proper lots and signage upon arrival.  
Maps provided by © OpenStreetMap contributors

10 miles of scenic off-road bikeway along the historic Blackstone River and Blackstone Canal with additional on-road "sharrows" connecting to Massachusetts border and the East Bay Bike Path.



# TEN MILE RIVER GREENWAY

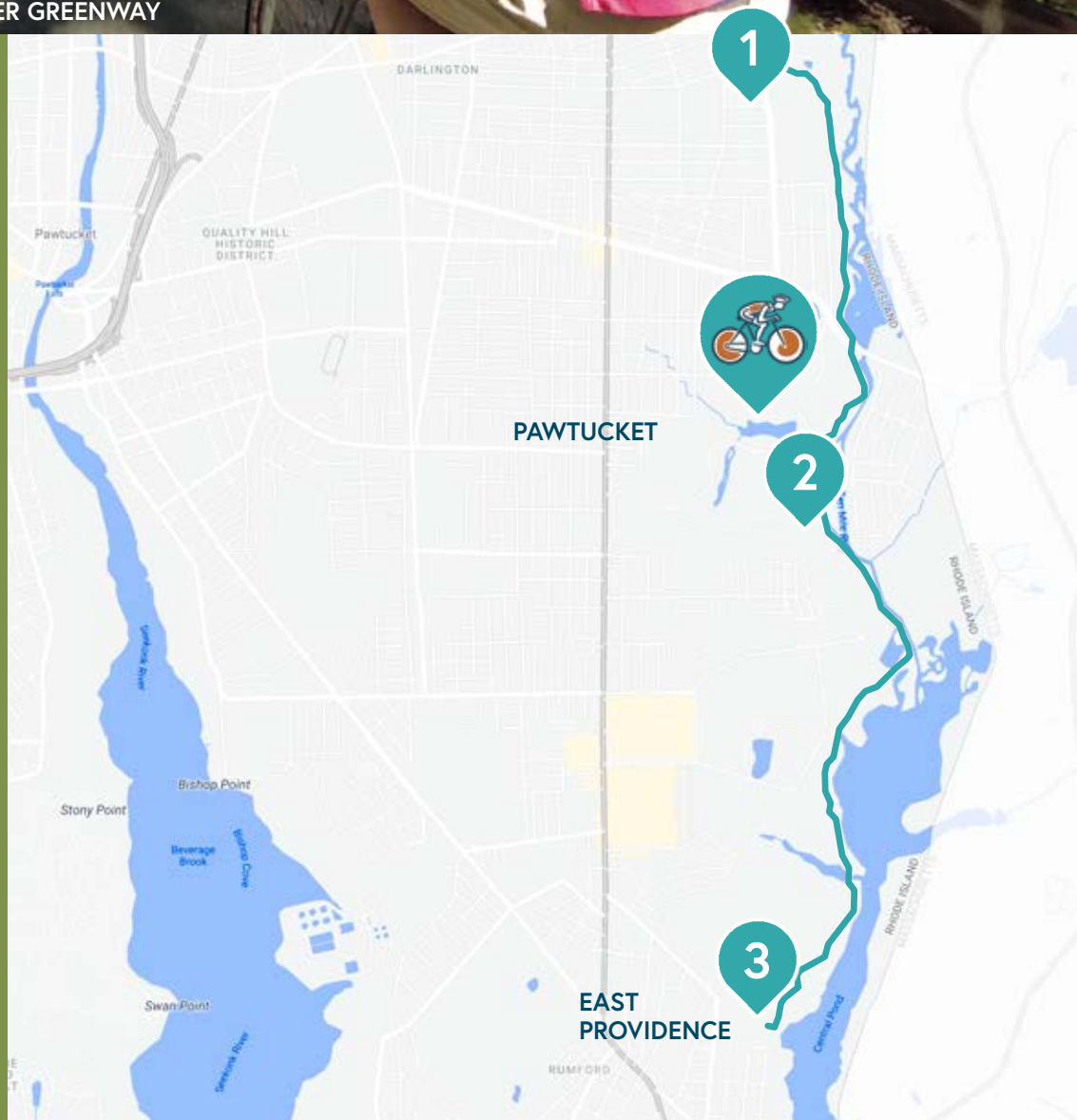


FOR MORE ABOUT  
TEN MILE RIVER GREENWAY

The Ten Mile River Greenway Bike Path is a gorgeous 3-mile path with slight rolling hills that connects several parks and fields.

## PARKING AVAILABLE AT:

- 1 Doreen Tomlinson Field**  
401 Daggett Avenue  
Pawtucket
- 2 Slater Park**  
401 Newport Avenue  
Pawtucket (in back, behind  
Pawtucket Animal Shelter)
- 3 Kimberly Ann Rock  
Athletic Fields**  
240 Ferris Avenue  
East Providence



# BURRILLVILLE BIKE PATH

Short 1.2-mile bike and pedestrian path connecting the villages of Pascoag and Harrisville with access to Duck Pond.

## ENTRANCES AT:

- 1 75 Eastern Avenue, Burrillville (parking available here)
- 2 10 Railroad Avenue, Burrillville (park at Burrillville Skatepark 185 Chapel Street)
- 3 65 Mowry Street, Burrillville (park at Stillwater Mill Complex, 1 Tinkham Lane)



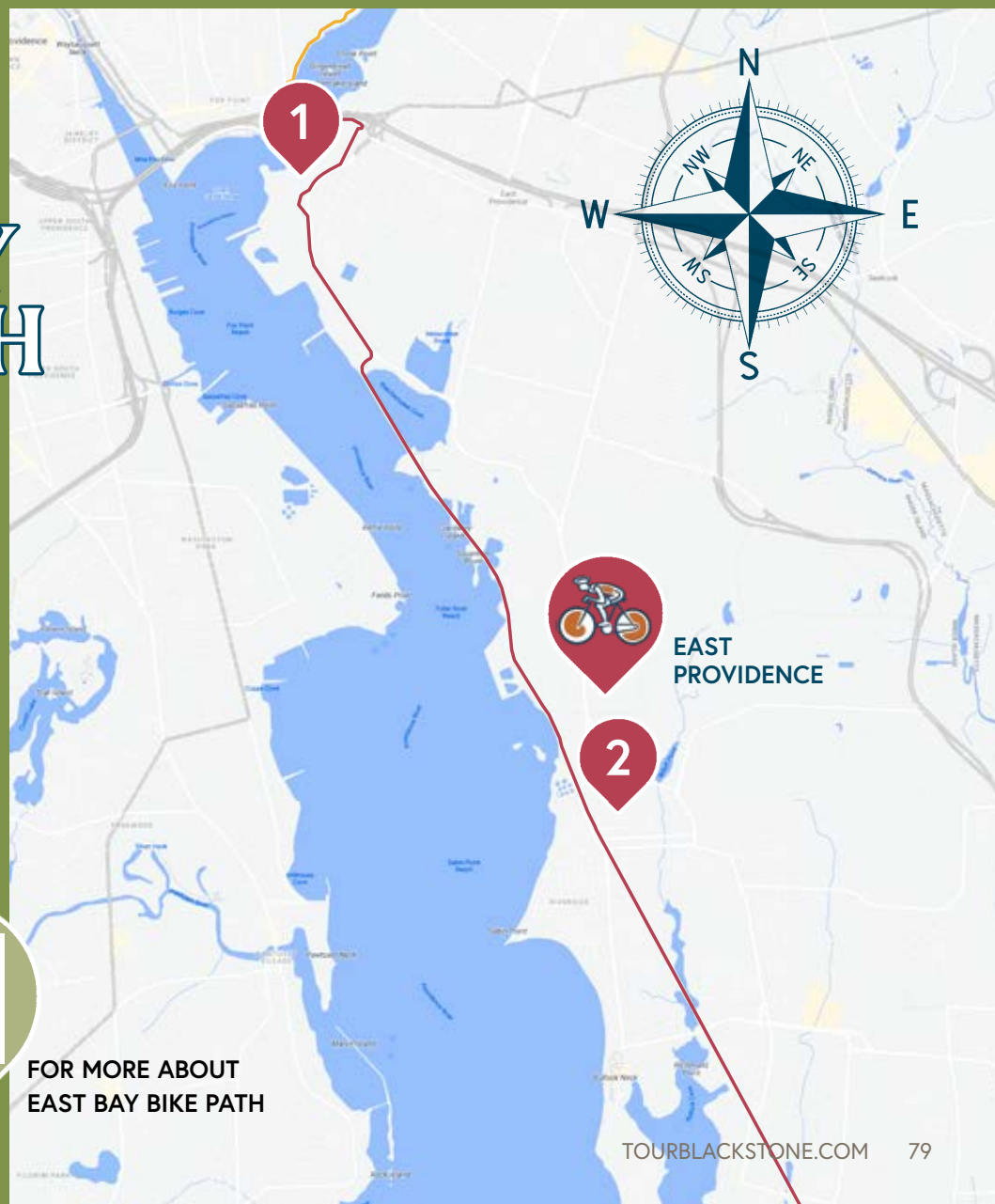
FOR MORE ABOUT  
BURRILLVILLE BIKE PATH

# EAST BAY BIKE PATH

14.5 mile off-road path reaching all the way from Providence to Bristol including over 5 miles in East Providence. Features views of the Providence skyline and easily accessible stops for coffee, ice cream, and public art.

## PARKING AVAILABLE AT:

- 1 66 Veterans Memorial Pkwy East Providence
- 2 1 Washington Avenue East Providence



FOR MORE ABOUT  
EAST BAY BIKE PATH



# DID YOU KNOW...

...all these amazing creations were either invented, or are produced, right here in Rhode Island's Blackstone Valley?!

Coffee Syrup



The Players Championship Trophy



Academy Awards Backdrop made with Swarovski Crystals



Lombardi Trophy



Kentucky Derby Trophy



White House Ornament



US Open Singles and Doubles Championship Trophy



Mr. Potato Head



## VISIT THE BIRTHPLACE OF THE AMERICAN INDUSTRIAL REVOLUTION



[BlackstoneHeritageCorridor.org](http://BlackstoneHeritageCorridor.org)  
[nps.gov/blrv](http://nps.gov/blrv)







## ENJOYED BY ALL FREEBIES

If you're a person who has uttered the phrase, "if it's **FREE**, it's for me," then Blackstone Valley has got you covered. From museums and galleries, to events and outdoor activities, there's a plethora of fun to be had that won't set you back a penny.

Learn from National Park Rangers about our country's industrial past at **SLATER MILL NATIONAL HISTORIC LANDMARK** 67 Roosevelt Ave, Pawtucket

**HIKE THE HUNDREDS OF MILES OF TRAILS** [tourblackstone.com/activities](http://tourblackstone.com/activities) filter tag "biking & hiking"

Visit the famous historic **WOONSOCKET TRAIN DEPOT AND HACHIKO STATUE** as seen in the Richard Gere movie "Hachi: A Dog's Tale", 1 Depot Sq, Woonsocket

Spend the day at **LINCOLN WOODS BEACH** 2 Manchester Print Works Rd, Lincoln

Explore the property around the **JOHN HUNT HOUSE MUSEUM** grounds always open with special museum tours available every 2nd Sunday 1:00pm - 3:00pm 65 Hunt's Mills Rd, East Providence

Take the kids to **WWII PARK** for their **PLAYGROUND** and **SPLASH PAD** Social St, Woonsocket

Stop by **DAGGETT FARM** and play disc golf in **SLATER PARK** 825 Armistice Blvd, Pawtucket

Enjoy some art at the **GALLERIES & STUDIOS** Blackstone Valley is home to [tourblackstone.com/activities](http://tourblackstone.com/activities) filter tag "Art Galleries & Studios"

Take in some live music at **LEVITT AMP WOONSOCKET** music series every Friday night all summer long River Island Park, 95 Bernon St, Woonsocket

See the action at the annual **RI CHINESE DRAGON BOAT RACES & TAIWAN DAY FESTIVAL**, Labor Day Weekend Festival Pier, Tim Healey Way, Pawtucket

Visit RI's local grocery store chain - **DAVE'S MARKETPLACE** - and grab a **FREE** cup of coffee or tea as you shop several locations around Blackstone Valley in Cumberland and Smithfield

Discover the history of immigration from Cape Verde and the culture these islands brought to America at the **CAPE VERDEAN MUSEUM** 617 Prospect St, Pawtucket

Dance the night away at **SALSA NIGHTS** Roosevelt Avenue Bridge, Central Falls

Watch the cows getting milked at **WRIGHT'S DAIRY FARM** daily from 3:00pm - 4:30pm 200 Woonsocket Hill Rd, North Smithfield

Find out the history of transportation and the Blackstone Canal at **KELLY HOUSE MUSEUM** in the **BLACKSTONE RIVER VALLEY NATIONAL HISTORICAL PARK** 1075 Lower River Rd, Lincoln

Go **SLEDDING** at any of the many hills around the Valley [tourblackstone.com/activities](http://tourblackstone.com/activities) and filter tag "sledding"

Bring your bike to venture out on the beautiful **BIKE TRAILS** Blackstone Valley has to offer\*

\*If you would like to rent a bike at an affordable rate, **BLACKSTONE BICYCLES** in Cumberland can help you with that

View public art across the Valley such as the colorful bunnies on bicycles sculptures in East Providence, the **MARTIN LUTHER KING JR. MEMORIAL** in Woonsocket, the impressive mural in Central Falls's Dexter Plaza by Gabriel Calle Arango, and **WILLIAM BLACKSTONE MONUMENT** in Pawtucket.

Mosey around on a Summer Walkabout with the **NATIONAL PARK SERVICE** Thursdays in June, July, and August throughout Blackstone Valley

Join a **BLACKSTONE HERITAGE CORRIDOR, INC.** weekly guided bike ride or hike May through September. They also have free self-guided paddling maps and walking tours for download!

Search for **THOMAS DAMBO'S TROLL SCULPTURE "MRS. SKIPPER"** along Kettle Point in East Providence.

# GO EAST



# FEAST

providence




## CITY OF EAST PROVIDENCE

East Bay Bike Path | Ten Mile River Greenway | Loeff Carousel  
Hunt's Mills Historic Site | Sabin Point Park | Pomham Rocks Lighthouse

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# ACKNOWLEDGEMENT

We acknowledge that we are on the ancestral lands and waterways of the Indigenous people who lived here for thousands of years.

We pay respect to their tribal leaders, and those who served and serve today, as stewards of these lands and waterways. We recognize the unique and enduring relationship that exists between the Indigenous people and their traditional territories.

This acknowledgement is a reminder that we seek to recognize, honor, reconcile and partner with the people whose lands and waterways we benefit from today.

**Blackstone Valley Tourism Council, Inc**



RHODE ISLAND'S  
**Blackstone Valley**