

# The Social Satisfaction Scale

	very dissatisfied	dissatisfied	fairly satisfied	satisfied
<b>Thinking about the last month...</b>				
How satisfied are you with your accommodation?	0	1	2	3
How satisfied are you with your living arrangements, that is who you live with? (please answer whether living alone or with others)	0	1	2	3
How satisfied are you with your employment situation? (please answer even if you are unemployed or have unpaid occupation)	0	1	2	3
How satisfied are you with your financial situation?	0	1	2	3
How satisfied are you with the amount of time you are able to go out?	0	1	2	3
How satisfied are you with the amount of time you see your friends?	0	1	2	3
How satisfied are you with the closest relationship in your life? (eg spouse, partner, lover, parent, best friend)	0	1	2	3
How satisfied are you with your relationship with your family? (including children and other relatives)	0	1	2	3

## About the SSQ...

Substance use disorders span the socio-economic spectrum and the task of identifying norms to measure social functioning components of treatment outcome is fraught with difficulty. The SSQ taps into satisfaction in order to mitigate the effect of socio-economic status on addiction related problems thereby making the scale more universal. The eight items reflect key areas of social functioning Q1: accommodation Q2: living arrangements Q3: employment Q4: financial Q5: going out Q6: time with friends Q7: close relationship Q8: family relationship.

### Scoring

**Timeframe** :: The last 30 days.

**Completion time** :: <2 minutes.

**Scoring** :: All items are scored on a four point scale 0= 'very dissatisfied' 1= 'dissatisfied' 2= 'fairly satisfied' 3= 'satisfied' giving a maximum score of 24.

**Cut-off score** :: The scale developers recommend using the scale as continuous data and so no cut-off scores have been designated. The higher the score the greater the satisfaction.

**Clinically significant change** :: The reliable change value is  $\geq 4$  and the functional population value is  $\geq 16$  for both men and women.

## Summary of key psychometric data...

### Scale structure

*Cronbach's alpha* 0.73 - 0.79

*Test-retest reliability* 0.85

*Factor analysis* single factor accounting for 41% of variance single factor with loadings >0.63

*Change potential* mean pre and post treatment 13.2-14.4 to 14.7-15.9 for men and 15.4-16.1 to 16.6-17.9 for women mean pre and post treatment 14.8 to 16.2

### Criterion validity $r =$

*none found*

### Construct validity $r =$

*Convergent validity* SSQ correlates with LDQ

-0.25/opiates, -0.16/stimulants, -0.28/cannabis, -0.27/alcohol; with CORE-OM  
-0.45/opiates, -0.40/stimulants, -0.52/cannabis, -0.51/alcohol at assessment  
and follow up correlates with LDQ -0.39 and -0.30, CORE10 -0.47 and -0.56