



SWIMMING TIMETABLES

SWIMMING AT THE DOME



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TERM TIME

	6.15AM - 7.15AM	7.30AM - 8.30AM	9.00AM - 10.00PM	9.00AM - 12.00PM	12.30PM - 2.30PM	12.30PM - 3.30PM	3.00PM - 4.30PM	4.00PM - 6.30PM	5.00PM - 6.30PM	7.00PM - 8.00PM
MONDAY	EARLY BIRD	ADULTS ONLY	AQUAFIT	SWIM 4 ALL	SWIM 4 ALL + PARENT AND TODDLER	X	SWIM 4 ALL	X	SEND SWIM	ADULTS ONLY & AQUAFIT
TUESDAY	EARLY BIRD	ADULTS ONLY	AQUAFIT	SWIM 4 ALL	X	SWIM 4 ALL + PARENT AND TODDLER	X	SWIM 4 ALL	X	ADULTS ONLY & AQUAFIT
WEDNESDAY	EARLY BIRD	ADULTS ONLY	AQUAFIT	SWIM 4 ALL	X	SWIM 4 ALL + PARENT AND TODDLER	X	SWIM 4 ALL	X	ADULTS ONLY & AQUAFIT
THURSDAY	EARLY BIRD	ADULTS ONLY	AQUAFIT	SWIM 4 ALL	X	SWIM 4 ALL + PARENT AND TODDLER	X	SWIM 4 ALL	X	ADULTS ONLY & AQUAFIT
FRIDAY	EARLY BIRD	ADULTS ONLY	AQUAFIT	SWIM 4 ALL	SEND SWIM + PARENT AND TODDLER	X	BIG SPLASH	X	BIG SPLASH	ADULTS ONLY & AQUAFIT

EVERY WEEKEND: BIG SPLASH

9AM, 11AM, 1PM, 3PM & 5PM

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SCHOOL HOLIDAYS

MONDAY 20TH JULY - SUNDAY 2ND SEPTEMBER

	6.15AM	7.30AM	9.00AM	11.00AM	1.00PM	3.00PM	5.00PM	7.00PM
MONDAY	EARLY BIRD	ADULTS ONLY	BIG SPLASH	BIG SPLASH	BIG SPLASH	SEND BIG SPLASH	BIG SPLASH	ADULTS ONLY & AQUAFIT
TUESDAY	EARLY BIRD	ADULTS ONLY	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	ADULTS ONLY & AQUAFIT
WEDNESDAY	EARLY BIRD	ADULTS ONLY	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	ADULTS ONLY & AQUAFIT
THURSDAY	EARLY BIRD	ADULTS ONLY	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	ADULTS ONLY & AQUAFIT
FRIDAY	EARLY BIRD	ADULTS ONLY	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	ADULTS ONLY & AQUAFIT
SATURDAY	X	X	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	X
SUNDAY	X	X	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	BIG SPLASH	X



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BIG SPLASH

Our Big Splash sessions are great fun for all ages with an exhilarating range of flumes, waves, rapids, and slides. Race your friends down the double slide or let the outdoor rapids keep you moving. Add ice skating to your day and save 20% off your ticket price.



SEND SWIM

Dive into a welcoming session designed specifically for adults and children with SEND, along with their parents and/or carers. Fully accessible changing area, lift access, and hoist also available. Each SEND customer can bring up to two carers along with them.



PARENT & TODDLER + SWIM 4 ALL

Our mid-week Swim4All and Parent & Toddler sessions are the perfect choice for those seeking a quieter, more relaxed atmosphere. With the water features turned off, it's all about gentle water confidence, splashing together, and pure swimming fun for you and your little ones.



EARLY BIRD. ADULTS ONLY. & AQUAFIT

Start or end your day right with our peaceful Early Bird and Adults Only sessions—ideal for anyone looking to enjoy a quieter swim. If you want to pick up the pace our Aquafit class provides a high-energy, low-impact workout that's both fun and effective.



PREMIUM SWIMMING LESSONS

Your little ones will thrive in our fantastic pool with smaller class sizes that offer much better one-to-one attention from our expert instructors. Best of all, lessons run term-time only, meaning there are absolutely no payments to make in August.



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