



Brentwood School

# MATCH DAY PROGRAMME



Saturday 20th April 2024

**#WeAre***Brentwood*



@brentwood\_sport







## Glimpses of Brilliance

As we look forward to the Trinity Term sports programme, which includes athletics, cricket and tennis as our main sports, I wanted to highlight more of the successes that took place at the end of last term.

Our U16 netball team reached the Essex Schools' final for the third year in a row and had ambitions to retain the trophy. They faced a very strong Southend High School for Girls team who had impressed throughout the season, however, it was a dominant performance from Brentwood who ran out worthy winners. Alyssa W (Year 11) and Georgia S (Year 10) dominated the centre third creating some excellent opportunities for our shooting circle, resulting in Brentwood winning 32-21.

Over the Easter holidays, two sports tours took place. Our athletes and swimmers got to experience some warm weather training in Lanzarote, as they stayed at the renowned sports facility 'Club La Santa'. Our Year 8 and 9 cricketers were also preparing in warmer climates, travelling to Dubai to play several competitive matches. The trip also saw our girls' team go on an overseas cricket tour for the first time, with all students enjoying the experience. I am sure that both trips will prepare the students for the season that lies ahead.

I would also like to take this opportunity to wish our senior boys golf team the best of luck as they compete in the ISGA national finals in Bristol this Saturday.

Here is wishing everyone an excellent season of summer sport and we'll look forward to hearing more Glimpses of Brilliance next week.



**Mr Neil Gamester**

Director of Sport (3-18)

# Today's Fixtures 20.04.2024

Sport	Team	Opposition	V
<b>Saturday 20th April 2024</b>			
Fencing	Mixed-U18A	Squad Training 10:00-13:00	
Cricket	Boys-1st XI	Forest School	
Cricket	Girls-1stXI	Forest School	
Cricket	Boys-2nd XI	Forest School	
Cricket	Boys-U15A	Forest School	
Cricket	Boys -U15B	Forest School	
Cricket	Boys-U14A	Forest School	
Cricket	Girls-U14A	Forest School	
Cricket	Boys-U14B	Forest School	
Cricket	Boys-U13A	Forest School	
Cricket	Boys-U13B	Forest School	
Cricket	Boys-U12A	Forest School	
Cricket	Girls-U12A	Forest School	
Cricket	Boys-U12B	Forest School	
Athletics	Boys-U15	Training	
Athletics	Girls-U15	Training	
Athletics	Boys-U14	Training	
Athletics	Girls-U14	Training	
Athletics	Boys-U13	Training	
Athletics	Girls-U13	Training	
Athletics	Boys-U12	Training	
Athletics	Girls-U12	Training	
Tennis	Boys-U18A	New Hall School	
Tennis	Girls-U18A	New Hall School	
Tennis	Boys-U15A	New Hall School	
Tennis	Girls-U15A	New Hall School	
Tennis	Boys-U14A	New Hall School	
Tennis	Girls-U14A	New Hall School	
Tennis	Boys-U13A	New Hall School	
Tennis	Girls-U13A	New Hall School	
Tennis	Boys-U12A	New Hall School	
Tennis	Girls-U12A	New Hall School	
<b>Sunday 21st April 2024</b>			
Cricket	Boys-1st XI	HMC T20 tournament	

venue	Pitch Details	Our Changing	Opp Changing	Meet time	Start Time
H	Salle	Arrive changed	Arrive changed	9:45	10:00
A				8:30	10:00
H	1st XI Square	Cricket pavilion	Cricket pavilion	8:45	9:30
H	1st XI Square	Cricket pavilion	Cricket pavilion	11:45	12:30
H	2nd XI Square	Heseltines 1	Heseltines 2	11:45	12:30
H	H5A/B Square	Heseltines 3	Heseltines 4	11:45	12:30
A				11:00	12:30
H	2nd XI Square	Heseltines 7	Heseltines 8	8:45	9:30
A				11:00	12:30
H	Hough Square	Arrive changed	Arrive changed	8:45	9:30
H	H5A/B Square	Arrive changed	Arrive changed	8:45	9:30
A				8:00	9:30
H	Scouts Square	Arrive changed	Arrive changed	8:45	9:30
A				8:00	9:30
H	Athletics track	Arrive changed	Arrive changed	10:15	10:30
H	Athletics track	Arrive changed	Arrive changed	10:15	10:30
H	Athletics track	Arrive changed	Arrive changed	10:15	10:30
H	Athletics track	Arrive changed	Arrive changed	10:15	10:30
H	Athletics track	Arrive changed	Arrive changed	8:15	8:30
H	Athletics track	Arrive changed	Arrive changed	8:15	8:30
H	Athletics track	Arrive changed	Arrive changed	8:15	8:30
H	Athletics track	Arrive changed	Arrive changed	8:15	8:30
A				8:30	9:30
H	Heseltine's Astro	Arrive changed	Arrive changed	9:00	9:30
A				8:30	9:30
H	Heseltine's Astro	Arrive changed	Arrive changed	9:00	9:30
A				8:30	9:30
H	Heseltine's Astro	Arrive changed	Arrive changed	9:00	9:30
A				8:30	9:30
H	Hough Astro	Arrive changed	Arrive changed	9:00	9:30
A				8:30	9:30
H	Hough Astro	Arrive changed	Arrive changed	9:00	9:30
A				8:30	10:00

Today's Fixtures (Subject to Change)



All parents and spectators must use the designated visitor toilets which are shown on the map. This is to ensure that we safeguard all of our students.







# Trinity Term sports locations

## Senior School field

Cricket Squares : 1st XI, Hough Square

Tennis: Hough Astro Turf

## The Heseltines

Cricket Squares: 2nd XI, Micks, H5A/B Square, Scouts Square

Running Track

Tennis: Senior Hard, Heseltines Astro Turf

## Brentwood Sports Ground

### (Shenfield Road)

One Square for use by Brentwood School

Additional Cricket Squares found at:

Old Brentwoods Club

Ashwells Rd,

Bentley,

Brentwood,

M15 9SE

## First Aid

Today's first aid cover is being provided by:

School Sanatorium

## Local Hospitals

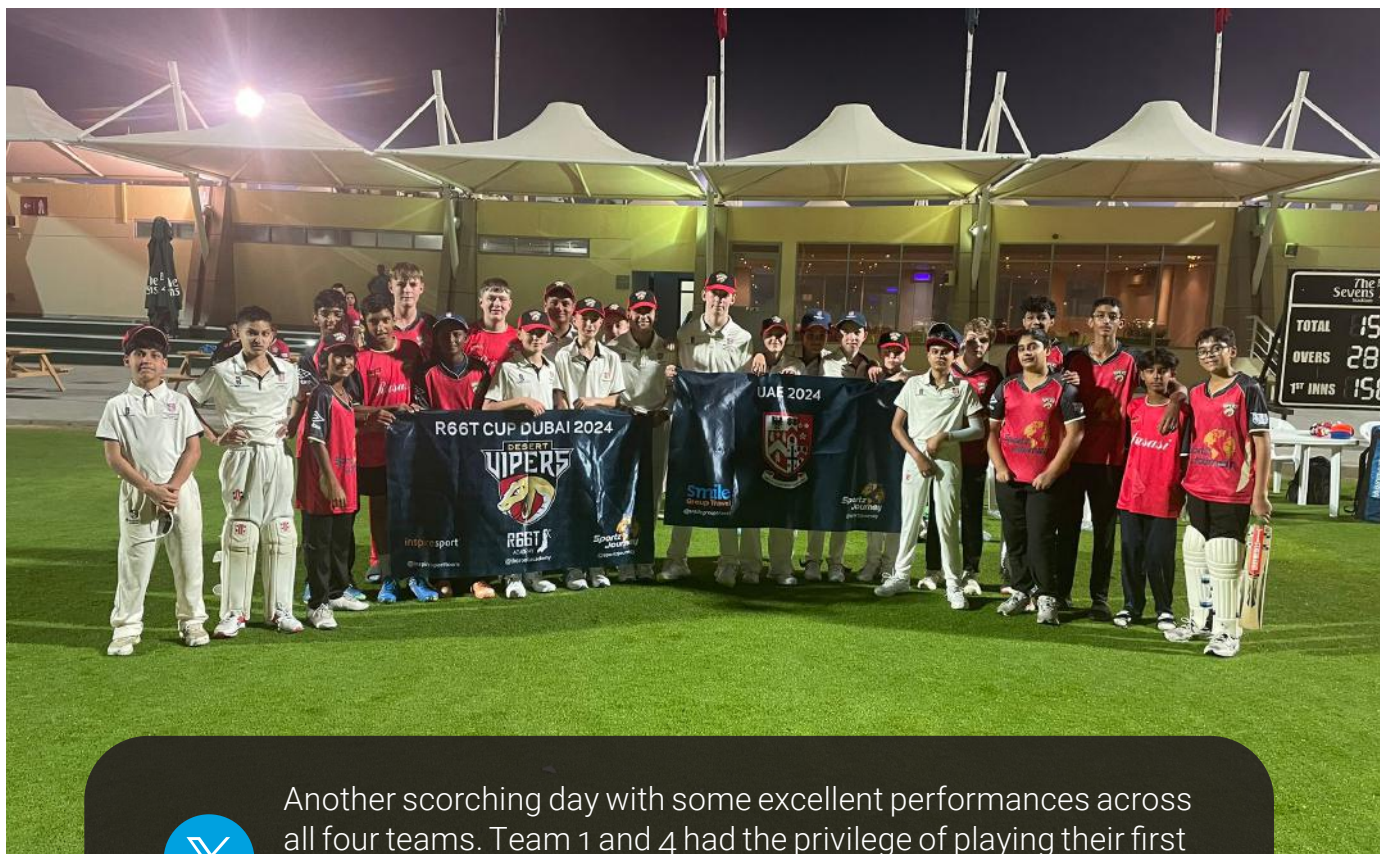
Queen's Hospital: 01708 435000

Basildon Hospital: 01268 524900

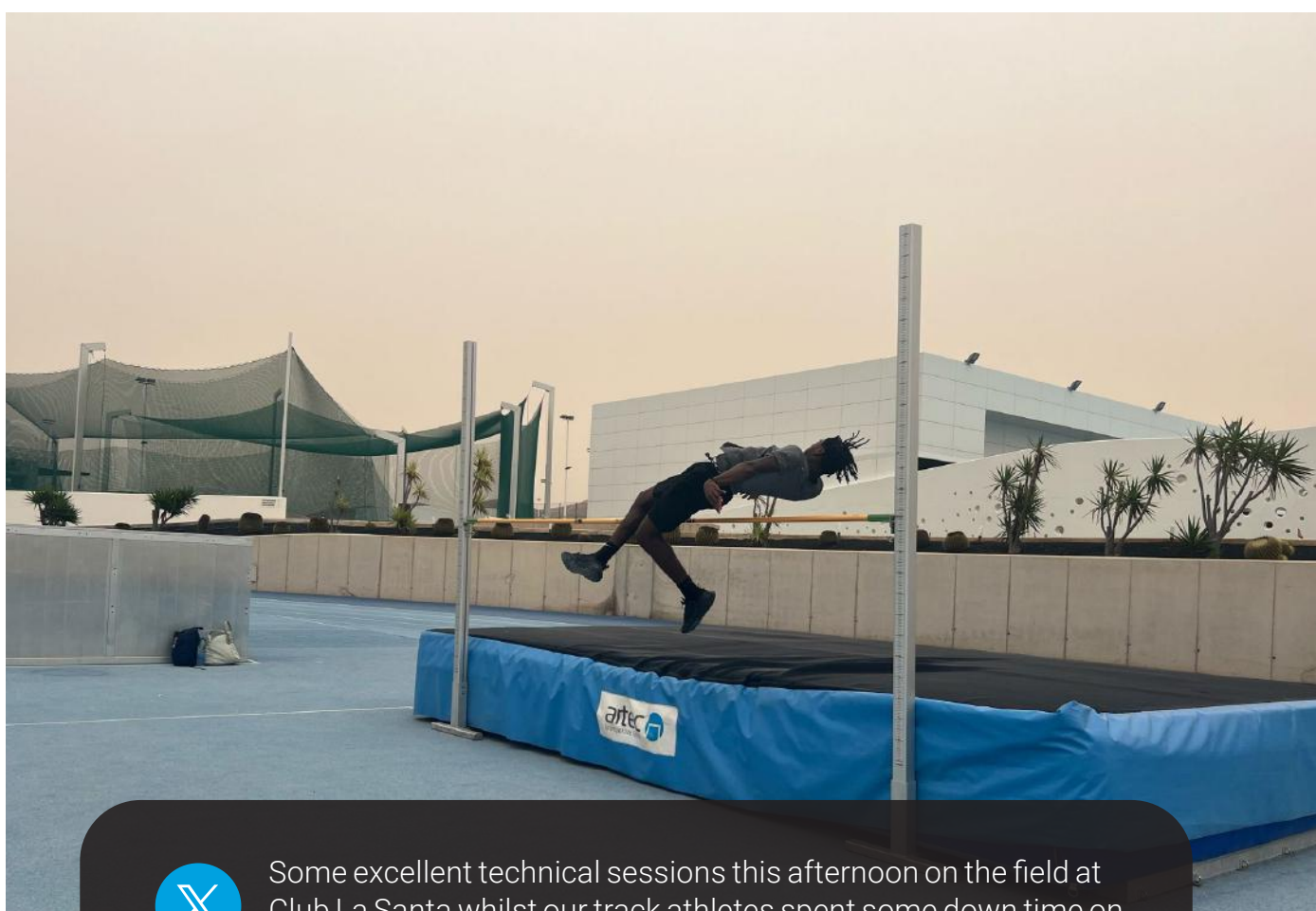
King George Hospital: 0330 4004333

## Spectator Toilets

1. Courage Hall Reception
2. Outside Heseltines (next to the servery)
3. Hough Astro
4. Scouts Building



Another scorching day with some excellent performances across all four teams. Team 1 and 4 had the privilege of playing their first match under lights. We go again tomorrow with three games in the evening and the girls playing at JA resort

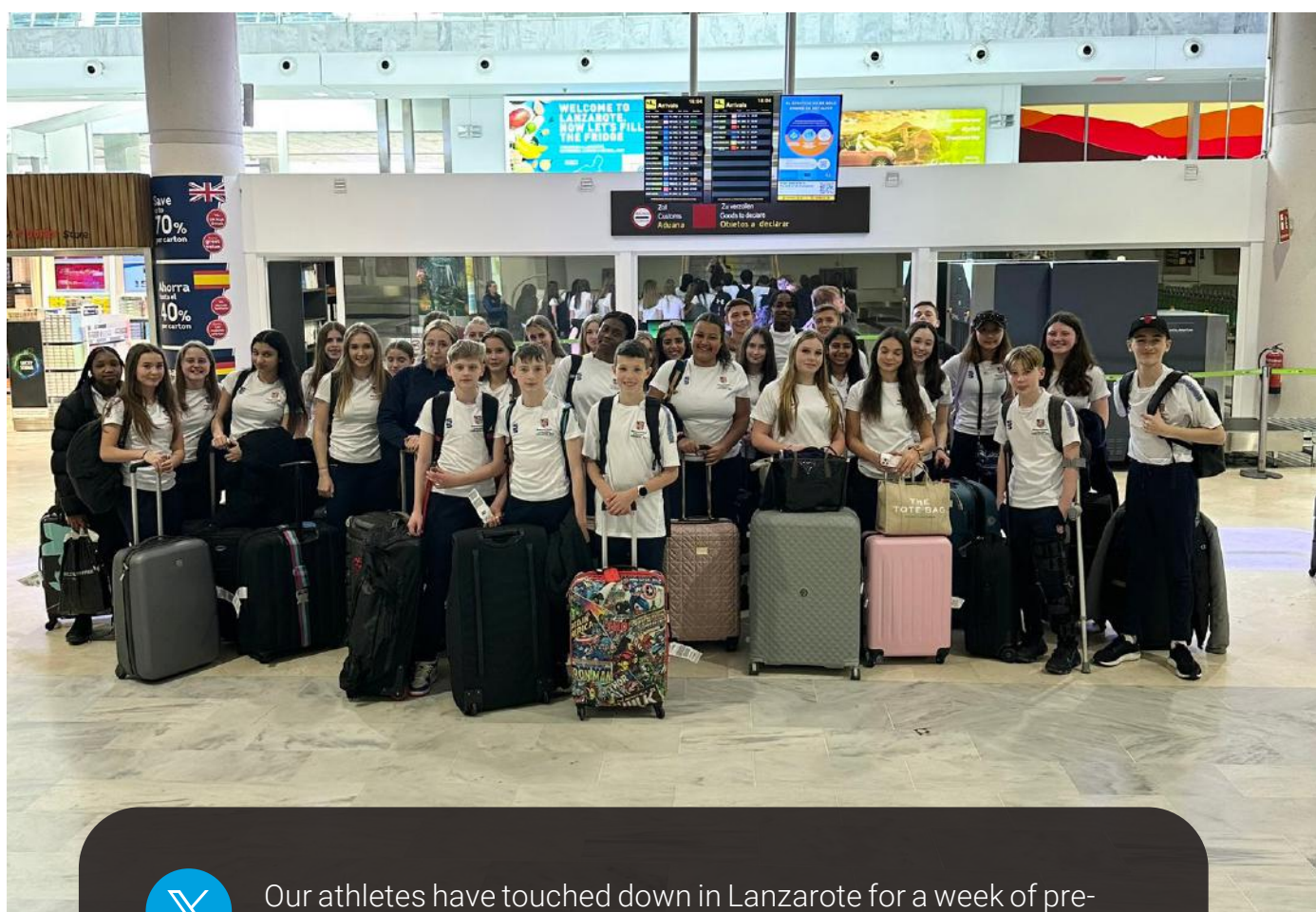


Some excellent technical sessions this afternoon on the field at Club La Santa whilst our track athletes spent some down time on the tennis courts





A great day of cricket with some excellent individual and team performances. A break tomorrow as we visit the Atlantis water park before we go again on Saturday!



Our athletes have touched down in Lanzarote for a week of pre-season training at Club La Santa

# Visitor Information - Sports Fixtures

As part of our safeguarding procedures, please be aware of the following.

For all midweek fixtures, all visitors must sign in and retrieve a spectator lanyard. You will then be escorted to the relevant sporting area by a member of staff - we thank you in anticipation for your patience as there may be occasions where you will need to wait in the Sport Centre reception as staff will be returning from pitches/courts. Please ensure you remain in the designated spectator area. We ask that you do not walk around the site unattended. At the end of the fixture, we would be grateful if you could sign out and return your lanyard to reception.

**For Saturday fixtures, there is no signing in process, but please ask staff if you are unsure of the pitch locations (all which can be found in this programme).**

For all fixtures (midweek and Saturday) please note that there is no access to any toilets in the changing rooms or school buildings. Visitors' toilet facilities can be found by the Hough Astro, next to the Sports Centre reception, in the Scouts Building and beside the food servery at the Heseltine's pavilion.

**There are no dogs allowed on site at any time.**

All of the above is in place to ensure we safeguard our students at all times.

## Parking

With the boarding house project now underway, I must stress that parking at school is extremely limited and is in most cases unavailable. We advise that all spectators find alternative parking close to the town centre before making the short walk to the school. We thank you in advance for your support with this.

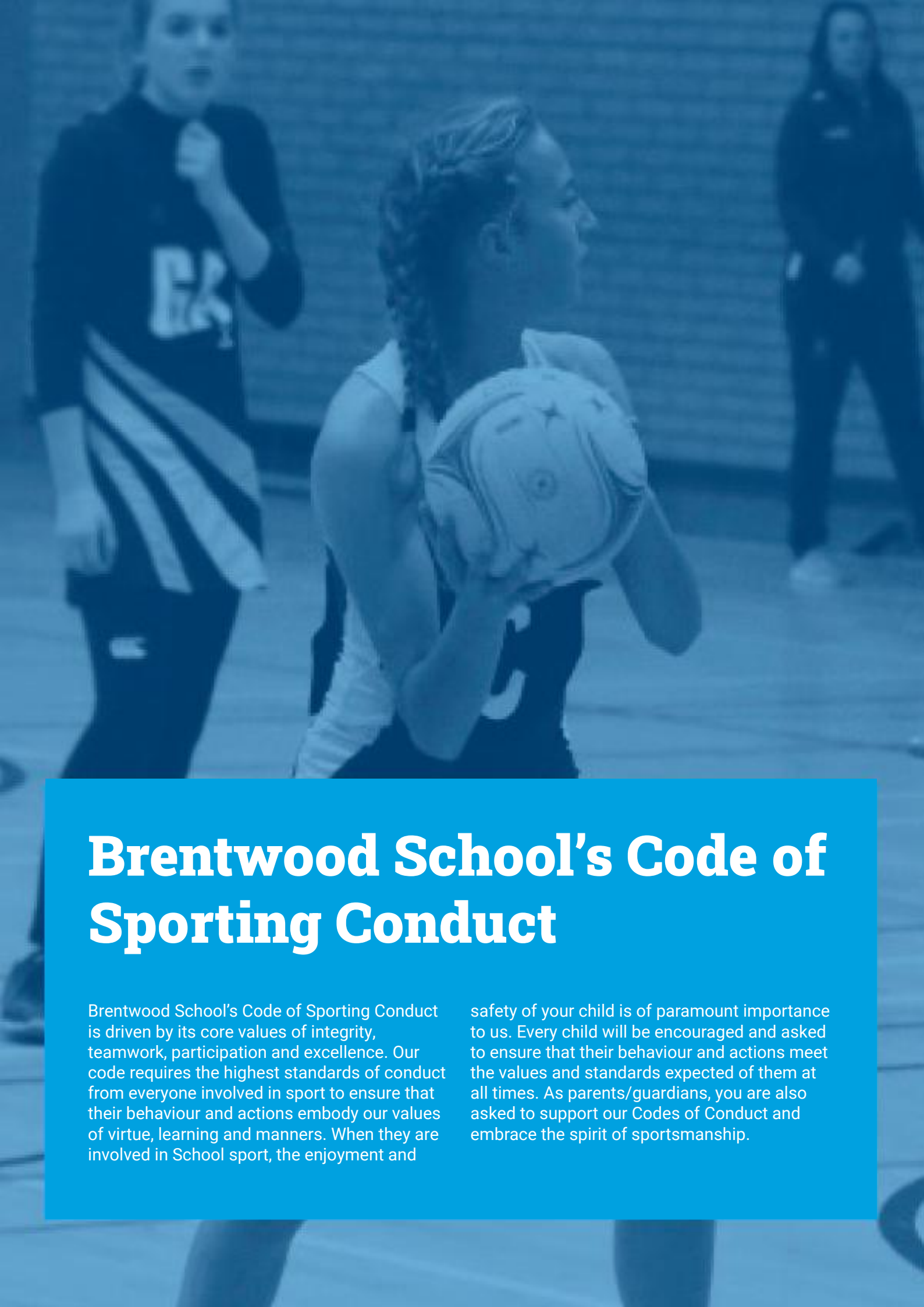
A number of complaints have been received by the School concerning the behaviour of parents parking on Middleton Hall Lane, particularly from pedestrians required to walk out into the road or off the pavement to get around parked cars.

Parking is only available at the following, but is extremely limited:

- Courage Hall
- Heseltines car Par (beside Heseltines Astro)







# Brentwood School's Code of Sporting Conduct

Brentwood School's Code of Sporting Conduct is driven by its core values of integrity, teamwork, participation and excellence. Our code requires the highest standards of conduct from everyone involved in sport to ensure that their behaviour and actions embody our values of virtue, learning and manners. When they are involved in School sport, the enjoyment and

safety of your child is of paramount importance to us. Every child will be encouraged and asked to ensure that their behaviour and actions meet the values and standards expected of them at all times. As parents/guardians, you are also asked to support our Codes of Conduct and embrace the spirit of sportsmanship.



# As a parent/guardian I will strive to always:

- Encourage my child to play within the rules and respect officials' and coaches' decisions, never arguing with or harassing coaches, officials or other spectators or using inappropriate language;
- Ensure that my child understands that School sport commitments are as compulsory as curricular commitments such as lessons and that playing for the School and with one's teammates is a real privilege that takes priority over other sporting engagements, including club fixtures;
- Help my child to understand that competition is about both winning and losing and that results should be accepted with good grace and without undue disappointment;
- Promote this code of conduct to other parents, carers and supporters;
- Support my child's efforts and performance, giving positive comments that motivate and encourage continued efforts and participation, never criticising or ridiculing my child or other children for making a mistake or losing a game;
- Be a good role model - applauding positive play by both my child's team and their opponents and thanking the coaches, officials and other volunteers;
- Help my child to recognise good team and individual performance and the importance of skill improvement and good sport rather than simply winning;
- Teach my child to respect the rights, dignity and worth of all people involved in sport, regardless of gender, race, colour, disability, sexuality, age, occupation, religion or political opinion;
- Ensure that technology, such as smart phones or tablets, and related social media, such as Facebook, are used responsibly and do not bring into disrepute or cause offence to children, coaches, officials, volunteers or the School;
- Ensure that my child arrives on time and is collected promptly at the end of training and fixtures, informing the School in advance (when possible) if my child is unavailable for callendared School sport.

# Head Injuries and Concussion

Knocks on the head are common in Rugby. Fortunately most of these do not result in concussion. Concussion is a complex process caused by trauma that transmits force to the brain either directly or indirectly and results in the temporary impairment of brain function. Its development and resolution are rapid and spontaneous. Ultimately if you are unsure at any stage if a player has a head injury or is concussed you should seek medical attention.

Listed below are some of the possible signs of concussion:

**Headaches** - It is only normal after a blow to the head to suffer a mild headache. There could be some bruising or mild swelling over the scalp which may be tender, but this doesn't necessarily mean a player has concussion. If the headache seems to be getting worse this could be a cause for concern so seek medical attention.

**Drowsiness** - means they cannot be roused. It can be common for players to want to sleep for a short time (especially children) and it will be okay to let them do so. If there are further concerns you can wake them a few times during the night, especially if a knock on the

head has happened just before bedtime. If, on the other hand, they are difficult to wake or show signs of confusion, seek medical attention.

**Other Symptoms** - Confusion, unsteadiness, memory loss and convulsiveness.

**If players show any signs of the above they should seek medical attention.** These are merely guidelines as you know your student better than anyone else, but please remember signs and symptoms could take up to 48 hours to develop and should be monitored.









Refreshments available from the hatch (changing room building)

**We now accept contactless payments**



# Brentwood School

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