

December 2025

InSpire

Magazine

The Magic of December



**Volunteers Restore
Hustisford Hall**

41st



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Pearl the Elf taken by c.verhage.photo



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- **Laura Ingalls Wilder**

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We enjoyed decorating simply with a tree that we sometimes cut from the farm itself.

Looking back, the greatest memories are those of being carefree without the complexity that life later introduces. Those farm Christmases were not just holidays, they were perfect, uncomplicated childhood memories.

Wishing you a Christmas filled with moments of happy remembrance and peaceful reflections.

Sincerely,

Denise Fitzsimmons

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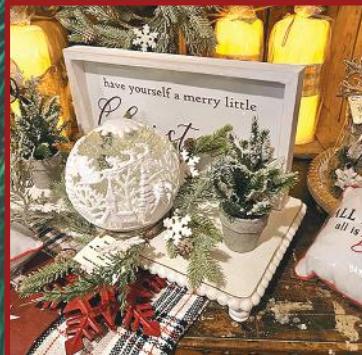
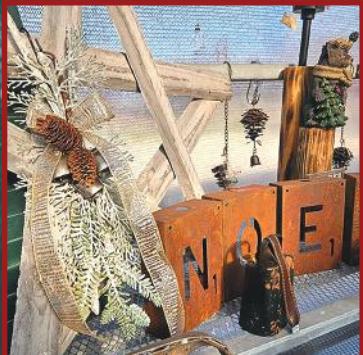
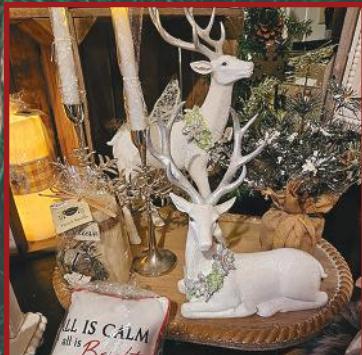
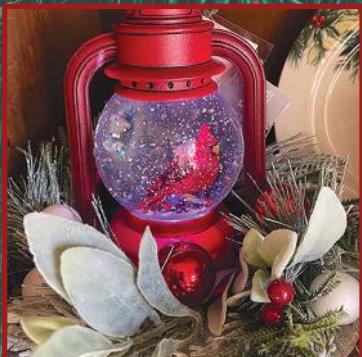
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Volunteers Restore Hustisford Hall

By Dorothy Bliskey

At almost 90 years old, the two-story Hustisford Community Hall has undergone a remarkable transformation thanks to a group of local volunteers who “saved” it from possible demise in 2015. They have spent the past 10 years updating it as a splendid community gathering spot in the heart of Hustisford on Lake Sinnissippi. The renovated Hall, which has always been used as a dance hall and has hosted weddings, is now an even more desirable setting for weddings, polka dances, Sunday brunch, bingo, and more. A catering service is provided in-house to service weddings and other events held at the Hall.

History of the Hall

Formerly known as the Hustisford Firemen’s Hall, it was built in 1936 – about 50 years after the formation of the Hustisford Volunteer Fire Company in 1883. The Fire Company built, owned and operated it as a place to celebrate weddings, anniversaries and other events, as well as for Fire Company events such as picnics, County Fire Tournaments and fundraisers. Income generated allowed for the purchase of firefighting equipment.

As years progressed, an increase in State required fire training and a lack of available volunteer firemen to help with Hall events, led to less income and more need for major improvements.

As a result, the Hall slowly fell into disrepair. In 2015, the Village of Hustisford purchased the Hall from the Fire Company and leased it to a group of concerned citizens who took on the huge task of restoring it. A Board of Directors was formed to head up the Hustisford Community Hall Association, and the stoic building was renamed the Hustisford Community Hall.

“The board was formed to, basically, save the Hall,” said current Board President, Laura Schacht. “There were rumors of tearing it down... or selling it. A community meeting/forum was held, and a group of individuals stepped up to take charge. Ten years ago, I don’t think any of the original board members would have dreamed we would be where we’re at today.”

Improvements made

As a non-profit organization, the Hustisford Community Hall has undergone an extensive renovation since 2015. “The Hall, which is owned by the Village of Hustisford, is operated by a Board of Directors and a dedicated volunteer group,” Schacht said, noting the group relies on community support, donations, fundraisers and events to generate operational funds.

To date, the upper and lower levels have both seen some major improvements.

Set into a hillside, the building’s upper level is handicap accessible by parking up the hill and using a ramp to enter. (Previously, attendees entered by walking up a few steps outside or the entire stairway from inside the lower level.)

The upper or “main” level which hosts polka dances, bingo, weddings and many other events, now has bathrooms and a huge new bar. Previously it had neither. For decades, visitors had to descend the stairs to the lower level to access the bar or bathrooms. The upper level has been repainted and boasts new heating and air conditioning, round tables, linens, projectors and screens for weddings and events.

The 1936 quality-built wooden dance floor is an original feature of the upper level – one that dancers say never should be replaced. “They say it’s the best dance floor around,” Schacht said, adding that it measures approximately 50x80ft. The upper level seats 200 guests while the lower level seats 125. “Bigger weddings have the option to use both levels,” Schacht said.

Lori Uecker, has been involved with the hall all her life and continues to be a driving force in its rebirth. Growing up in Hustisford, she attended many events at “the Hall” with her parents. In fact, her dad was among the firemen’s group who owned and operated it prior to 2015.

Uecker served as President of the Board for 10 years, having just recently passed the role on to Schacht. Keeping the Hall open was a “no-brainer” to Uecker.

"I heard so many stories of couples who met, married, celebrated anniversaries at the hall," Uecker said, noting she joined in celebrating many winning teams from the high school, attended numerous picnics, polka dances and other events through the years.

"During one of the polka dances, I remember watching people struggle going up and down the steps to use the bathrooms in the lower level. That's why we decided to make it a top priority to install bathrooms on the upper level. We raised the money, and the project was completed and paid for."

While improvements to the upper level came first, the lower level started getting a redo next.

"After the upper level was extensively remodeled, it made the lower level look desperately in need of an update," Schacht said. "We started bringing contractors in to quote our ideas."

The lower level, which always had a convenient handicap accessible entrance, bathrooms, a huge bar, and a relatively "bare" kitchen, got a complete makeover. Previously, it had dark paneling, and carpeting everywhere – not just on the floor but on the front of the bar. Even the support poles were wrapped with carpeting. The area was gutted in 2023. It now boasts new vinyl plank flooring, nicely painted walls, a brand new bar with more room behind it for bartenders, an updated kitchen with shiny stainless steel commercial equipment and a new entryway. The once-carpeted support poles now feature convenient beverage rails built around them – a handy spot to set a drink.

"Our volunteer group had met Brian and Chad who had B&C Catering, and we started talking to them about the new potential kitchen," Schacht said. "Collaborating with them was amazing as they were able to get us some pretty nice kitchen equipment. The idea for the brunch was their brainstorm, and they took on the role of preparing the food. They now offer their catering service to any wedding or other event booking at the Hall. We can offer in-house catering."

Events

Sunday brunch was offered for the first time in March of 2024. More than 200 people attended, making the kick-off brunch a huge success. Volunteers took tickets, cleared tables, mixed drinks, and mingled with guests.

Sunday Brunch continues to be served monthly -- on the first Sunday of each month. Reservations are not needed, but be prepared for an extensive buffet of yummy selections, including both breakfast and dinner items – even soup, salads, pizza, and desserts.

"We host all sorts of different events--weddings, corporate meetings, company holiday parties, polka dances, benefits, brunch, monthly bingo, baby and wedding showers, birthday parties and more," Schacht said, noting the newly renovated space has led to more demand for events,

Annual events include the Toilet Bowl Parade on New Years Day and the Poker Run fundraiser in May. Both were instant hits, are well attended and generate funds for operation and maintenance of the Hall. Currently, votes are being taken to determine the local King and Queen of the Toilet Bowl Parade.

Events in December occur the first week: Bingo on December 4, the Lions Club Santa Visit for the children on December 6, and the Sunday Brunch on December 7.

One of the volunteers assisting with brunch, out of the goodness of her heart, is local resident Kathie Bock. She's known informally as the "brunch ambassador."

"My main job is to deliver omelets and waffles that people special order," Bock said. "That way they can move through the line and go to their table while their food is still hot. That's better than waiting a couple minutes for the omelets or waffles to be made."

"I also enjoy getting beverages and

refills for "seniors" as sometimes it's hard for them to navigate through the tables. My other favorite thing is to welcome our regulars back each month and meet the "newbies" who heard about the brunch from friends or by word of mouth."

Volunteers can take credit for the fact the Hustisford Community Hall is no longer on the "endangered" list and is a source of pride. They were instrumental in making the renovation happen.

"We're a small but mighty group," Uecker said. "Many hours of donated time, talents, and, yes, some tears, were spent. Most of the hours worked at the hall were after people worked their primary job. It just shows the dedication that these people have!"

For more information, call (920) 349-9079 or go to www.hustyhall.org. Follow our Facebook page for community events and updates. The Hustisford Community Hall is located at 316 Tweedy St, Hustisford, Wisconsin



A new digital sign for the Hustisford Community Hall was donated by Pivot Point. Pictured (l-r) are Sol Leitzke of Pivot Point, Lori Uecker who served as President of the HCH Board of Directors 2015-2025; Red Westphal who donated concrete and brickwork; and Dan Strobel, HCH board member/maintenance director 2015-present.



Quieting the Fire Within: How Inflammation Shapes Your Health

By Dr. Stephanie Tyjeski

Inflammation is one of the body's most powerful survival tools. When you scrape your knee, catch a cold, or fight off an infection, inflammation rushes in like an emergency response team—redness, swelling, heat, and all. In its acute form, this process is essential. But when the body's inflammatory "alarm system" never fully turns off, the once-protective flame becomes a slow-burning fire that spreads quietly through your tissues, joints, blood vessels, and even your brain.

Chronic inflammation is linked to conditions ranging from heart disease and diabetes to arthritis, obesity, and mood disorders. People often feel it long before a diagnosis shows up—stiffness in the morning, brain fog, low energy, stubborn weight gain, or general aches that seem to come from nowhere. The trouble is that our modern lifestyle consistently feeds this internal blaze: sugary foods, refined grains, seed oils high in omega-6 fats, long periods of sitting, poor sleep, chronic stress, and environmental toxins all contribute fuel.

That's where **Dr. David Seaman's Deflame Diet** comes in—a science-guided, common-sense approach designed to remove inflammatory triggers and restore the body's natural balance. Rather than a trend or extreme cleanse, the Deflame Diet focuses on eating in a way that matches our physiology. The central idea is simple: reduce the foods that promote inflammation and prioritize those that calm it.

At the heart of the Deflame approach is eliminating modern "anti-foods"—items the body is not biologically equipped to handle in excess. These include sugar, white flour, processed snacks, deep-fried items, and anything filled with artificial additives or industrial seed oils. By removing these irritants, you immediately reduce the inflammatory load.

In their place, Dr. Seaman emphasizes whole, nutrient-dense foods: colorful vegetables, berries, lean proteins, wild fish rich in omega-3s, nuts, seeds, olive oil, and herbs with natural anti-inflammatory properties. These foods deliver antioxidants, healthy fats, and phytonutrients that help quiet inflammation at the cellular level. Balanced blood sugar, better gut function, and reduced oxidative stress follow naturally—often leading to clearer thinking, easier movement, and more stable energy.

The beauty of the Deflame Diet lies not just in what it removes, but in what it restores. When the internal fire cools, the body can do what it was designed to do: repair tissues, regulate immunity, and maintain steady vitality.

If you're not sure where to start in quieting the inflammation in your body, come see the doctors at Tyjeski Family Chiropractic. We have a whole arsenal in our tool kit to combat inflammation. Not sure if you need to "De-Flame"? Come to the free Wellness Class in December to learn more about the symptoms of inflammation. Details for the class are listed below.

In a world where chronic inflammation has become the silent thread connecting many modern health struggles, learning to "deflame" is not just a diet—it's a form of self-care. Put simply, you can't live vibrantly in a body that's constantly inflamed. But when you choose foods that communicate safety, nourishment, and balance, your body listens—and the quieting of that internal fire might just be the beginning of a new, more energized you.

Join me at our FREE Wellness Class as we uncover what inflammation may be causing in your body and easy steps to eliminate that inflammation. This month, Dr. Josh will be leading the class. He is trained in Dr. David Seamen's De-Flame protocol and has been to multiple seminars emphasizing getting rid of Inflammation. Please join us at our Beaver Dam location for this FREE class on Tuesday, December 16th at 5:30pm. Invite your friends, family, neighbors, and anyone who supports your health. You do not need to be a patient to attend.

Yours in Health,
Dr. Stephanie Tyjeski

Dr. Stephanie graduated in December 2016 with her Doctorate in Chiropractic at Logan University. She continued on at Logan University to receive her Masters in Nutrition and Human Performance. She is also certified as a Digestive Health Professional through the Loomis Enzyme Institute. She currently works at Tyjeski Family Chiropractic and Wellness Center where she offers personalized nutritional counseling.

Dr. Josh Tyjeski grew up in the Beaver Dam WI community where he was involved in 4-H, YMCA sports, high school soccer, and National Honor Society. He was a graduate of Beaver Dam High School class of 2010 and then attended UW-Stevens Point. He finished his undergraduate degree in Human Biology while beginning the Doctorate of Chiropractic program at Logan College of Chiropractic.

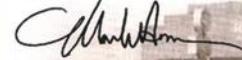
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The Magic of December

By Ashley Posthuma

As soon as Daylight Savings Time hits, it feels like we're in a countdown to the official holiday season. This time includes Thanksgiving and Christmas, and it's typically known for the chaos it brings. We're often busy cooking and baking, gift shopping, entertaining kids who are on break from school, attending parties, and maybe even hosting a couple events. This can leave us with a feeling of "white knuckling" it through the month rather than slowing down and appreciating the final days of the year.

So, how do we slow down and see the magic all December long—not just on Christmas morning?

I believe this starts at home. Whether you have time or resources to fully decorate your house for the holidays, even decorating a single space can bring some much-needed joy. This could be a corner of a room, a bedside table, or even a single shelf; taking the time to make a small change could bring a lot of joy.

It might not be joyful at the time, but scheduling an intentional time to clean and tidy the house could bring some peace into your home as well. With guests coming and going, dishes being prepared, and gifts being wrapped and received, it's easy for the house to become overwhelmed with holiday clutter, which in turn creates stress. By taking the time to keep your home in order, you'll feel a stronger sense of control during this chaotic time.

Another way to slow down is to prioritize taking outdoor walks, even when it's chilly. Bundle up in layers, breathe through the initial shock of the cold, and enjoy some time outside. Even in winter, exposure to the outdoors can boost vitamin D levels and regulate circadian rhythms for better sleep. The fresh air can also be energizing and improve brain function, and taking a quick walk is a great way to get your blood flowing.

Another way to feel the magic of the season is to do a small act of kindness for someone else. This could be as simple as buying a coffee for a stranger, but the possibilities are endless. A couple popular options this time of year are bringing toys to a toy drive, donating to a food pantry, or volunteering at an organization that means a lot to you. I was recently able to volunteer at Hunger Task Force in Milwaukee, where my team spent the morning packing almost 600 boxes of food for people in need. While the sweat and the physical labor didn't feel exactly magical, spending the time to impact others' lives is the most rewarding feeling.

Before the New Year starts, conducting a digital detox during December is a great way to disconnect from electronics and live more fully in the present. This might mean leaving your phone in the other room during certain times of the day, deleting addicting apps, or downloading an app that incentivizes you to not use your phone. And during the time you do spend on it, it's wise to prepare for the next year by unfollowing accounts you don't enjoy, tidying your email inbox, and deleting old screenshots and images you no longer need. While it may feel silly to become stressed over "digital clutter," this is a very real thing and should be addressed directly and intentionally.

In the heart of this holiday season, take the time to consider your blessings. This is the only December of 2025 that you'll ever get, so make the most of the time. Take walks outside, decorate your home, do something for others, and enjoy the little things. Slow down, fully experience the season, and embrace the magic of December.

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Saturday the 6th: Santa's Hometown Holiday Adventure - throughout Beaver Dam. Holiday Parade - starting at 5pm - Downtown Beaver Dam. Holiday Open House - Beaver Dam Chamber & Visitor Center

Sunday the 7th at 4pm: Red Kettle Concert - Beaver Dam High School Auditorium

Sunday, the 13th: Beaver Dam Area Orchestra Holiday Concert at Beaver High School - 5:00pm family concert and 7:00 full concert - Beaver Dam High School Auditorium.

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 Marshfield Medical Center
Beaver Dam

How to Know If You Have Depression

By Marshfield Clinic

Sadness, negative feelings, body aches and sleep problems can start after an event like the loss of a loved one or an illness. They can also creep up over time with no known cause. Having these feelings lead many to ask, "How do you know if you have depression?"

It's possible to be depressed without feeling sad. Irritability, worry and guilt also are signs of depression.

When feelings of sadness or hopelessness persist and start impacting day-to-day functioning and responsibilities, seeking help is recommended.

A range of symptoms

A person who has gone through depression or lived with someone who was depressed may recognize the symptoms sooner than someone who hasn't.

Common signs to know if you have depression include:

- Prolonged sadness or grief
- Unexplained crying
- Irritability, agitation or anger
- Worry or anxiety
- Pessimism or negative feelings
- Feelings of worthlessness
- Guilt about things you have no control over
- Thoughts of suicide or not wanting to be around
- Appetite or weight changes
- Physical aches and pains
- Sleep problems

People experience depression differently. You may not have every symptom on the list, and you may not consistently be telling yourself "I feel depressed." It's very possible to experience depression without feeling sad all the time.

If you've been having symptoms for a while, don't wait for them

to go away, even if you can connect the symptoms to a certain event. Untreated depression can get worse over time.

No one-size-fits-all treatment

Treatment can be different for each person. Seeking help doesn't necessarily mean you will need to take medication for life.

Accepting that the symptoms you are experiencing are clinically significant and getting help to combat those is the first step. Simply taking that step will help increase life satisfaction overall.

Some people can manage symptoms without medication through talk therapy and coping techniques. Others need medication or even inpatient hospital treatment for more severe symptoms.

Treatment won't change your mood right away, but you should talk to your health care provider if you don't notice any changes after a few weeks. Your provider can help you find something that works.

Support loved ones with depression

Oftentimes the stigma around mental health prevents individuals from getting the help they need sooner.

Offer to take loved ones to appointments and encourage them to continue seeking help but realize you can't fix it for them.

Discussions and conversations about mental health need to be candid and incorporated into a well-rounded health care approach. If you do not know how to access behavioral health, talk to your family doctor and work to find the right approach that you feel comfortable with.

If you or someone you know is struggling with mental health, contact your primary care provider or reach out to a behavioral health provider. The MMC-BD Behavioral Health team can be reached at 920-356-6558.



Experience Waupun

Meet our business owners & leaders as they share their 3 favorite things with you each month!

Wind & Unwined

Wind and Unwined has become a destination in Downtown Waupun where quality, creativity, and community meet. Our team takes pride in offering an experience that blends handcrafted flavors with a warm, welcoming environment. Whether guests stop in for a morning pick me up or gather for lunch and conversation, we strive to create a memorable moment with every visit. These three elements represent what we are most proud to share.

1. Signature Specialties

Our signature specialties combine both food and drink, showcasing the care and craftsmanship behind everything we serve. Guests enjoy a full lineup of handcrafted lattes, espresso creations, and a wide selection of non-coffee favorites like lemonades, Rishi teas, refreshers, hot cocoa, cider, and energizing Lotus Energy drinks. Each beverage is prepared with quality ingredients and intentional technique, highlighting the flavors our guests love most.

Our kitchen brings equal creativity to the food side of our menu. Freshly made flatbreads, paninis, salads, soup, açaí bowls, and bakery items offer a range of options for breakfast, lunch, and midday cravings. Every dish is crafted to be flavorful, approachable, and satisfying. These food and drink specialties reflect the heart of what we do and the thoughtful craftsmanship that defines Wind and Unwined.

2. Seasonal Specials

Each season brings new inspiration to our menu. Our rotating monthly specials allow us to explore fresh ideas and offer guests something exciting to look forward to. Spring and summer highlight lighter, refreshing drinks such as cold brews, iced teas, fruit forward beverages, and our popular frozen coffee creations. Fall introduces warm, cozy flavors that pair perfectly with crisp Wisconsin days like our house-made pumpkin spice and soup flights! Winter embraces indulgent blends, holiday inspired creations, and seasonal coffee flights that bring comfort during the colder months.

As these specials shift with the seasons, they add a sense of discovery to each visit and keep the menu vibrant, while remaining true to the style and creativity our guests appreciate.

3. A Cozy and Welcoming Atmosphere

The atmosphere at Wind and Unwined is intentionally designed to make guests feel comfortable from the moment they arrive. Our warm, inviting aesthetic encourages people to slow down, connect, and enjoy their time here.

Much of our space is inspired by Waupun itself. It reflects our belief that a great cafe is not only about what you enjoy, but how you feel while you are here, surrounded by a sense of community and history. We have woven historic elements, local stories, and preserved architectural details into the cafe as a way to honor our community's roots. From salvaged pieces of downtown history to the character found in original materials and restored elements throughout the building, our space reflects the pride we have in Waupun's past.

Visit Wind and Unwined

We are grateful to serve a community that continues to support and uplift our cafe. Whether you are stopping in for a signature favorite, exploring a seasonal special, or settling into a comfortable corner to unwind, we hope Wind and Unwined feels like a place you look forward to visiting. There is always something new to enjoy, and we cannot wait to welcome you in.

Please visit our website at www.wind-unwined.com for current hours and for online ordering!



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Cranberry Whipped Feta Dip



Ingredients

1/3 cup fresh orange juice, plus 1 tsp. orange zest
2 Tbsp. honey, divided
1 cup fresh or frozen cranberries
1 sprig thyme, plus 2 tsp. chopped thyme leaves
6 oz. feta in brine, cut into small cubes
1 clove garlic, grated or minced
1/4 tsp. crushed red pepper flakes
6 oz. cream cheese, room temperature
2 Tbsp. extra-virgin olive oil
2 Tbsp. toasted chopped pistachios
Crackers or crostini, for serving

Directions

In a small saucepan over medium heat, whisk orange juice and 1 tablespoon honey until combined, then bring to a boil. Add cranberries and thyme sprig and return to a boil. Reduce heat to medium-low and cook, stirring occasionally, until cranberries burst and become saucy, 7 to 8 minutes. Remove thyme and stir in orange zest. Let cool.

Meanwhile, drain brine from feta. In a food processor, pulse feta, garlic, red pepper flakes, and chopped thyme until feta is broken up into small crumbs. Add cream cheese and pulse until combined. With motor running, drizzle in oil and blend until mixture is smooth and fluffy.

Transfer whipped feta to a serving bowl. Top with cooled cranberry sauce. Sprinkle with pistachios and drizzle with remaining 1 tablespoon honey. Serve with crackers alongside.

Make Ahead: Dip can be made 4 days ahead. Transfer to an airtight container and refrigerate.



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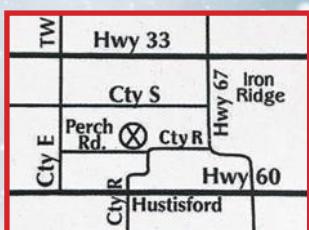
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Prairie Ridge Health Hosts First Pink & Pearl Campaign in Wisconsin

By Patti H. Walker - Community Relations Manager
Prairie Ridge Health

With breast cancer being the number one most diagnosed cancer in Wisconsin women and lung cancer being the second most diagnosed cancer and the number one cause of cancer-related death in Wisconsin women, Dawn Oelke and Shelli Eggert, two medical imaging support technologists at Prairie Ridge Health, took steps to bring a Tennessee-born program called Pink and Pearl to Wisconsin.

The Pink and Pearl Campaign was established in 2019 by Tennessee's Breast and Cervical Screening Program, Comprehensive Cancer Control Program, Cancer Registry, and Tobacco Use Prevention and Control Program to bring awareness to both breast and lung cancer by combining efforts to encourage patients to get their recommended cancer screenings. The pink ribbon represents breast cancer awareness and the pearl represents lung cancer awareness.

Prairie Ridge Health Hospital and Clinics hosted the first Pink and Pearl campaign in Wisconsin throughout the months of October and November this year.

"I am so proud to be part of the PRH Pink & Pearl Campaign—the first of its kind in Wisconsin—raising awareness for breast and lung cancer right here in our community," said Oelke, CT and Bone Density Screening and Support Technologist at PRH.

During the eight-week awareness campaign, Oelke and Eggert shared their knowledge regarding breast cancer and lung cancer screening with women throughout the Prairie Ridge Health service area by attending community events and "pink out nights" at area high school volleyball and football games. In addition, the PRH Medical Imaging Department offered walk-in screening mammograms every Tuesday during October and on Friday, November 7, Oelke and Eggert hosted the first ever Pink and Pearl Day in Wisconsin at PRH in Columbus, WI. On this day, they invited their fellow employees and community members to wear pink and pearls to bring awareness to the campaign.

"I am truly blessed to be part of the first Pink and Pearl Campaign in Wisconsin. Early detection and screenings save lives. I'm proud to provide personalized support, guidance, and advocate for the patients through the entire breast screening process," said Shelli Eggert, Mammography Screening and Support Technologist at Prairie Ridge Health.

What is a mammogram? A mammogram is a low-dose x-ray that can detect early signs of cancer.

When should I be screened? Annually starting at age 40 (earlier if at high risk or have a family history of breast cancer)

How do I schedule a mammogram? Call your healthcare provider. No physician referral is necessary. Prairie Ridge Health also offers walk-in screening mammograms the last Tuesday of every month.

What is a lung cancer screening? A lung cancer screening is a non-invasive, low-dose computerized tomography (CT) scan of the lungs.

When should I be screened? Screening should be considered for people ages 50-80 who:

- Have a 20-pack year or more smoking history.
- Smoke now or have quit within the past 15 years.

It is important to talk to your healthcare provider about your risk factors, including family history, to determine the screening that is right for you.

How do I schedule a lung cancer screening? Lung cancer screenings require a physician referral. Talk to your primary care provider about getting screening or call the Prairie Ridge Health Screening and Support Technologist at 920-623-1271

Oelke and Eggert plan to continue the Pink and Pearl Campaign in 2026 and look forward to having more communities join them in spreading awareness.

"Early detection truly saves lives, and being part of that moment, is why I do what I do. Every scan, every conversation, every person we reach reminds me that these screenings and education matter," said Oelke.



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Meet the Owners of Beth & Daisy

Stacy Freber & Katrina Lambrecht
126 Front Street, Beaver Dam

How long have you been in business? We are still in our first months of business! We opened October 3rd of this year.

What inspired you to go into business? The inspiration for the business really came from Stacy's dream of opening a home decor and gift shop in Door County one day. There has been so much growth and investment in downtown Beaver Dam in the last five to ten years, and we realized that with Beth & Daisy, we could bring that same elevated retail experience to Beaver Dam and contribute to the community through our business.

Going into business together was natural for us, as we have been going on adventures together since childhood. Now that we each have some career experience and knowledge, we felt like a business made a lot of sense for the next adventure together. Stacy has a wealth of experience and knowledge in retail, so she is really taking on the day to day running of the store. This works well because it allows her to really fulfill her vision for a welcoming space that people want to spend time in. Katrina is more of a silent partner, which works well since she also works full time and chases her grandchildren around on a regular basis. Regardless of what our roles are day to day, we are thrilled to be able to bring this vision into reality with each other!

What do you specialize in? Beth & Daisy specializes in fun, easy gift giving and home decor. When you come into our store we want you to feel welcomed, relaxed and have a laugh. We have gifts for men, babies, children, friends, coworkers, etc. We are looking forward to doing custom gift baskets for the holidays. Pick the items yourself

and let us make a basket or give us some ideas of who you are purchasing for and we can create one for you. We want to bring back the personal touch of gifting. People know when you put thought and feeling into the gifts you give.

The home decor items we have are a mix of new and curated vintage. We love this approach of mixing the old with the new; it is a reminder that you can get a new look and feel without feeling like you have to get rid of everything and start over. That vintage piece can add character and be a reminder of precious family memories, or you can bring home something new to spice up what you already have.

Success Stories - We have been able to connect with other small businesses that have been some of our most successful products in the store. Free Reign has a wonderful line of goat milk soaps and it has been incredibly well received by our customers. We also fell in love with a brand called Calla & Friends, a baby toy and clothing line, and we have found that the community loves them as much as we do. We will continue to look for fun brands like those to support small businesses and bring something unique to Beaver Dam.

We have felt since the very beginning that this would be a success no matter what, because we're having fun together learning as we get this retail business up and running. The biggest success for us, though, has been the support of the broader Beaver Dam community. We have participated in multiple Chamber of Commerce events since opening, and it is really encouraging to hear from other business owners and customers the positive feedback on Beth & Daisy. Our hope was to bring something special to downtown Beaver Dam, and it is those individual connections that we get to make on a daily basis through Beth & Daisy that make it feel special to us.

Pictures continued on page 25.



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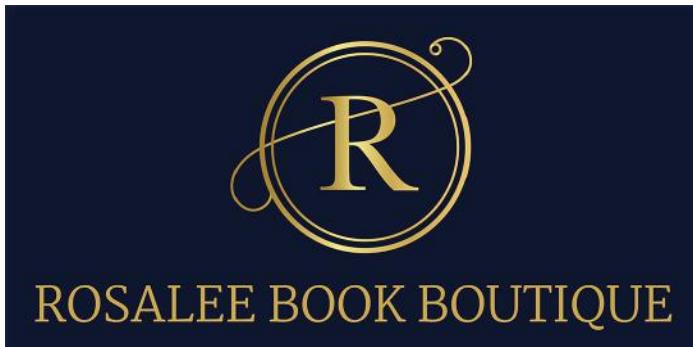
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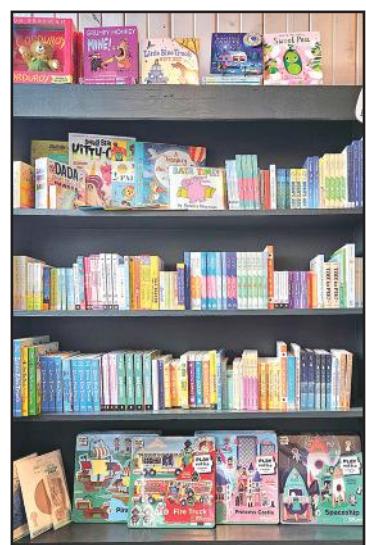
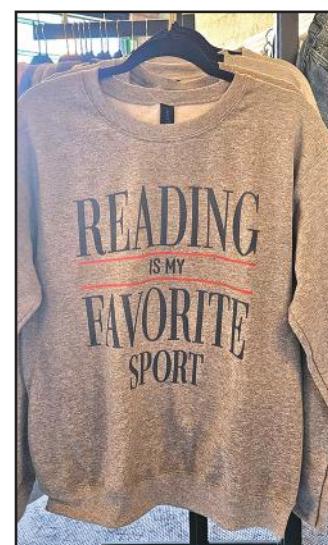
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Book Reviews

By the Staff of the Beaver Dam Community Library

Finish off 2025 strong by reading a great book! Library staff have compiled a list of recommended books along with a three-word book review for each title. The library has many of these titles in multiple formats including print, audio, large print, and digital eBook or eAudio through Libby or hoopla. Be sure to place a hold through the Monarch catalog if a title isn't on our shelves.

Everything is Tuberculosis by John Green (2025) - Captivating, informative, heartbreaking

Welcome to Murder Week by Karen Dukess (2025) - Cozy, witty, fast paced

Monstrilio by Gerardo Sámano Córdova - Heart-wrenching, cathartic, coming of age

Over the Garden Wall: Tome of the Unknown by Pat McHale - Adventure, cozy, whimsical

Broken Country by Clare Leslie Hall - Family centered, dramatic, twist ending

The Last Laugh Club by Kate Galley - Uplift, heart, humor

The Inmate by Frieda McFadden - Surprise, suspense, twist

I Cheerfully Refuse by Leif Enger - Strange journey, eerie, hopeful

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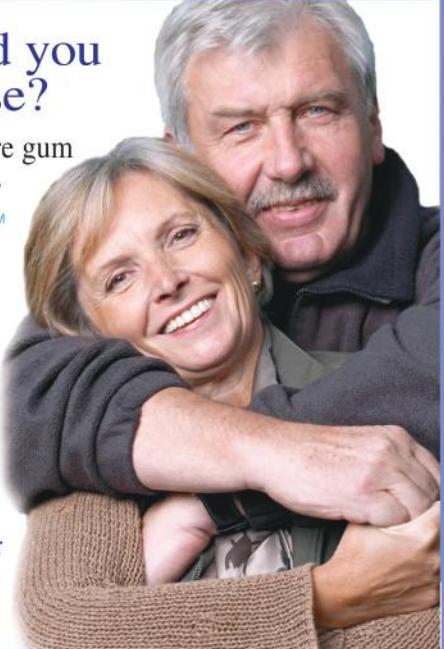
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Open: Tues - Sat. 4:30 p.m. Sundays 10:00 - 1:30 pm
Family Owned Supper Club Est. 1972. Serving Up: Choice Cut Steaks, Prime Rib, Seafood, Broasted Chicken and Pizzas; Friday Fish Fry & Sunday Brunch. Banquet Room (Seats 150) For All Occasions. www.ironridgeinn.com

Lake Street Inn

147 North Lake Street - Hustisford (920) 349-8936
Hours: Wednesday & Thursday - 11am to 8pm, Friday 11am to 9pm, Saturday - 4pm to 8pm. Excellent Friday Fish Fry from 1pm to 9pm, Saturday featuring Prime Rib, Rack of Ribs, and full menu. Private parties welcome.

Old Hickory Dining

W7596 Hwy 33 East - Beaver Dam (920) 887-7179
An expanded lunch menu is available Monday - Friday from 11:00am-3:00pm from Memorial Day - Labor Day. Monday dinner service available Memorial Day - Labor Day. Enjoy casual dinner service on select weeknights. Hours and menu vary seasonally. Fish Fry is available most Friday evenings from 4:00-8:30pm. Special Events (up to 250 guests) welcome. Facebook: Old Hickory Golf Club. www.oldhickorygolf-club.com

Park Avenue Sports Cafe

709 Park Ave - Beaver Dam (920) 885-4510
Mon - Fri 11am - late night, Sat & Sun 7am to late night (serving breakfast), Family Friendly Atmosphere.
www.parkavesportscafe.com

The Shores of Fox Lake

N10604 Chief Kuno Trail - Fox Lake (920) 928-2576
Experience the charm of a Wisconsin-style Supper Club serving a variety of traditional favorites and contemporary dishes. Indulge in flavors of our succulent prime rib, signature Friday Fish Fry, and classic Old Fashioneds (just to name a few!) Join us Fridays and Saturdays from 4pm to 9pm and Sundays and Mondays from 4:30pm to 9pm. Open Thursdays May 1st - September 30th. Voted Dodge County's Best Supper Club 2 Years in a Row!
Visit us on Facebook: The Shores of Fox Lake Steakhouse www.theshoresoffoxlake.com

Sinissippi Lake Pub

N4571 County Road E - Hustisford (920) 349-9333
Fantastic Food & Sensational Service
Follow us on Facebook for our hours, menu, daily specials and exciting events.

Snapper Vick's Mexican Restaurant

N5007 Country Road WS - Woodland (920) 625-3441 Closed Monday, Tue - Sun 4:30 - 9pm.
Famous for Mexican entrées.

Sleep Safe & Sound Ministry

Helping our Neighbors in Need— with a bed to sleep on.

Join us in providing a basic need for area children and families. Giving them a place to rest, and providing a fresh start to a new day.

Our annual goal is to raise \$25,000 for this Ministry.

Over the past four years, we have given out over \$99,000 toward this ministry.

Let us do without hesitation whatever good lies at our hand.
— Frédéric Ozana



St. Vincent De Paul Thrift Store
125 Dodge Drive, Suite 100
Beaver Dam, WI 53916
920-885-6971
www.svpdodgecounty.org



Thrift Store Hours

Monday - Saturday: 8am - 7pm
Closed on Sunday

*Donations can be mailed to address listed on the left.



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There is no better time than right now to catch up on screenings and vaccinations, or to check in on your overall health. Whether you feel well or ill, Primary Care can help you enjoy life with confidence.

Make an appointment
marshfieldclinic.org/CareNow



Marshfield Medical Center
Beaver Dam