

To Learn | To Play | To Grow cokethorpe.org









WELCOME



TO THE AUTUMN 2024 EDITION!

As the leaves turn golden and the air becomes crisp, our favourite time of year is upon us. We have jam packed this issue with fun and exciting things to do to make your family's autumn and winter truly special.

Prepare for spine-tingling fun this Halloween with spooktacular events (p.14) happening near you and a Halloween handprint craft (p.18) to make with your little ones creating a great keepsake. As the festive season approaches, join us in unwrapping the magic of Christmas. From a Christmas gift guide (p.20) to enchanting local events not to miss (p.22); we're your festive guide to all things merry and bright.

We are so excited for the BIG event of the season...

The Toddle About Baby Show will be coming to Oxford on 9th November! Packed full of all things pregnancy to preschool. There will be demos and class taster sessions throughout the day, a soft play for the littles to burn off some energy and plenty to see for the whole family. There's more info about the show (p.7-10). Visit the site below to book your ticket (first 300 also get a super goody bag!) or just turn up! We can't wait to see you there.

So, grab yourself a cuppa and cosy blanket with your little ones and immerse yourself in the wonders of Autumn and the joy of Christmas. Wishing you a season of warmth and wonder!

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visit toddleabout.co.uk/baby-show/oxfordshire

Loving life with little ones,

Steph & Matt

OWNERS/EDITORS

PS. Subscription to Toddle About is just £2 every 3 months and your first issue is free! Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. Visit: www.toddle.fun/subscribe

Cover picture:

A huge thank you to Apryl from Sunshine In The Woods Photography for our beautiful Spring cover photo.

Find out more at:



www.sunshineinthewoodsphotography.co.uk

MEET THE TEAM







Tim & Ruth - Franchisors

Call: 07975 904902

Email: stephandmatt@toddleabout.co.uk
Text: www.toddle.fun/whatsapp

- toddleaboutoxfordshire
- toddleaboutoxfordshire

10,000 copies of Toddle About are distributed every quarter all over Oxfordshire, including Oxford, Banbury, Bicester, Witney, Carterton, Abingdon, Wallingford, Didcot, Thame, Henley-on-Thames and surrounding areas.

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Toddle About Oxfordshire, 37 Elmhurst Way, Carterton, Oxfordshire, OX18 1GQ. Call us on 07975 904902.



Bite SIZED NEWS

Free Trial at Phyzkidz!



PhyzKidz is run by Sophi, a qualified PE teacher who has worked in education for the past 13 years. PhyzKidz multi-sport classes provides children aged 18m to 5 years a unique opportunity to take part in a variety of different sports, using a wide range of equipment. The structured play sessions explore different themes, are lots of fun and are packed full of energy. Themes include under the sea, outer space, zoo explore and much more. Free Trial - Use Code Toddle 100 at checkout.

Visit www.phyzkidz.com See P.46



FREE Baby Show 9th November

The Toddle About Baby Show provides expectant parents and parents with young children a great shopping opportunity and expert advice & demos on all things bump, baby and toddler - all under one roof. Join the ultimate parenting event in the county, with over 50 fantastic stands, celebrating everything from pregnancy to preschool. Join us on 9th November 10am - 3pm at The King's Centre, Oxford, OX2 0ES. Check out the guide in this issue and online for more information. See P.7 www.toddleabout.co.uk/baby-show/oxfordshire



Tots Choir is Coming to Oxford

Running on Thursday afternoons, this is the perfect place to introduce your child to the joy of singing in a team. Children don't need to be singing - or even speaking - yet to reap the benefits of this unique music class, designed by Early Years Music specialist, Bella Brown. And even better – the sessions are aimed at supporting the whole family, improving parental wellbeing and nurturing social connections with dedicated tea and coffee time. Try a free taster today! Enter code TODDLE10 at checkout for 10% off!

Visit www.familychoirclub.co.uk See P.44

Sibford Open **Morning**

Come and discover more about what Sibford School can offer children aged from Nursery to Year 6.

Sibford School's Junior Open Morning is on Friday 22nd November 9:45am - 12pm.



You can expect to see the school in action, meet key staff members as well as currents parent and students and take a look at their facilities. Sign up on their website to attend.

Visit www.sibfordschool.co.uk See P.15

Why Tummy Time?

It develops strong muscles, improves coordination and promotes healthy brain development. But many babies don't enjoy it! Top tips:

Tummy Time

- 1. Lav baby down and ensure their hands are by their heads.
- 2. Lay them on a rolled blanket, enabling them to move their head and look around.
- 3. Roll a ball, shake a shaker, hold up a mirror, lie down with them have fun! Make it part

of your routine. Little and often is perfect.

Visit www.babycollege.co.uk See P.30





New Monthly Payment Terms

Monkey Music has always offered a complimentary class to new customers, so they can find out how wonderful the sessions are before joining them on a regular basis. But did you know you can now pay for their classes monthly? Monkey Music's award-winning 4 stage curriculum, with age specific classes for babies from 3 months through to 4 year olds, means there's a perfect fit for each baby or child. Book your first FREE class online!

Visit www.monkeymusic.co.uk/area/oxford

Bite SIZED NEWS

Fun, Engaging Rugby Classes

Join Rugbytots for weekly sessions for 18-month to 7yr olds. Their dynamic, structured classes will have them running, throwing, catching, kicking, listening and joining in by having lots of fun. Coaches are

well-trained and will encourage and guide your child to get the most from lessons.

They do birthday parties, nursery & school classes too. Did we also mention they will have fun - call for a free taster!



Visit www.rugbytots.co.uk See P.30

New Feature - Ali's Top Tips

Did you know, Ali at The Discovery Den has 10 plus years of running baby development sessions in Oxfordshire?

Every week during her baby sessions in Cowley, Benson & Wallingford, she shares a "little gem" of info that really helps you to tune into your baby's



needs...comfort techniques, behavioural cues, body language, sleep aids, tummy time ideas, baby signing, help with crying, trapped air and colicky symptom relief. Everything you need to better understand and communicate with your baby!

Visit www.thediscoveryden.co.uk See P.39

Ride On Time Franchisees Wanted



Ride On Time are expanding and to meet demand are now searching for franchisees in new locations!

If you are looking for flexible work that fits with your family, is fantastic fun and gives you the freedom to run your own business get in touch to find out more!

They have an amazing offer price for the first 5 pioneer franchisees who join them.

Email info@rideontimehire.com See P.25

Say Goodbye To Sleepless Nights

Melanie is a Norland-trained nanny and certified sleep consultant with over 17 years of experience. Having travelled the world caring for children, and as a mum herself, she understands that every child is unique. Through her tailored support, sleep workshops, and virtual sessions, Melanie provides gentle and practical solutions to help families establish healthy sleep routines. Her compassionate approach empowers parents to create restful environments where their little ones can thrive. Exclusive offer - book a FREE Sleep Evaluation Call (Worth £49) See P.11

www.api.leadconnectorhq.com/widget/bookings/freesleepevaluationcall





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Classes held

Abingdon, Aylesbury, Banbury, Bedford, Buckingham, Didcot, Hemel Hempstead, High Wycombe, Luton, Milton Keynes, Northampton, Oxford, Witney.



Oxfordshire

- Sat 9th November 2024
- (1) 10am 3pm
 - The King's Centre, Oxford, OX2 OES

EVENT GUIDE

A warm welcome to the Toddle About Baby Show Oxfordshire sponsored by our Premier Show Sponsor Water Babies Oxfordshire and Show Sponsor Future Life Wills. This baby shopping event offers you the opportunity to try and buy essential pregnancy and baby products as well as hear about local baby & toddler activity providers and services.

You'll have the chance to meet and learn from children's service providers and parenting experts and try out and purchase a variety of products. We encourage you to visit all our exhibitors to see what they have on offer.

We also weclome you to join our informative live talks and demos starting at 10:45am. Whether you are expecting your first or have a little one in preschool, this event has something for everyone. The Show is COMPLETELY free to attend. You can book online to receive your free goody bag on entry or just turn up on the day!













Register for FREE TODAY











The ULTIMATE show for parents with little ones! toddle



Here's a selection of some of the exhibitors you can look forward to seeing at show:

CHILDREN ACTIVITY PROVIDERS **GIFT IDEAS & PRODUCTS** Ride On Time Curious Littles Play www.rideontimehire.com www.curiouslittlesplay.com **Baby Sensory Wantage** Little Stories www.babysensory.com/wantage www.little-stories.co.uk Sweet Pea Massage The Turning Tot www.facebook.com/CotswoldPregnancyMassage.SweetPeaMassage www.theturninatot.com **Monkey Music Oxford** Muslinz www.monkeymusic.co.uk/area/oxford www.merrvaorounduk.co.uk JoJo Baby Massage MiniKOiOi www.ioiobabv.co.uk www.merrygorounduk.co.uk Mini Professionals Dance Academy www.mpdance.co.uk PROFESSIONAL SERVICES The Discovery Den Future Life SHOW SPONSOR www.thediscoveryden.co.uk www.future-life-wills.co.uk SHOW OFFER: Free will writing services for families. Family Choir Club www.familychoirclub.co.uk Peeple www.peeple.org.uk My Baby Spa www.mybabyspa.co.uk Oxford Brookes University www.brookes.ac.uk The Party Tribe - Soft Play Hire www.facebook.com/thepartytribesoftplayhire Sleep Nanny Melanie Hastings www.site.melaniehastings.sleepnanny.co.uk **BABY & NURSERY EQUIPMENT** SWIM SCHOOLS **FOLDIMATS** www.foldimats.co.uk Water Babies Oxfordshire www.waterbabies.co.uk FIRST AID & CAR SEAT SAFETY **PREMIER SHOW SPONSOR** Mini First Aid Thames Valley www.thamesvalley.minifirstaid.co.uk PREGNANCY & POST NATAL SERVICES **Birth Baby Balance NEWBORN & FAMILY PHOTOGRAPHERS** www.birthbabybalance.co.uk **Baby Art Studios** SSNAP www.babyart.studio/studio-aylesbury www.ssnap.org.uk Little Bubbas Photography www.littlebubbasphotoaraphv.com









Oxfordshire 82845HOW

Sat 9th November 2024

(1) 10am - 3pm

The King's Centre, Oxford, OX2 OES

EVENT GUIDE

LIVE TALKS & DEMOS ON STAGE

We have a great line-up of informative talks and events happening throughout the day, where you will be able to access free support, information and advice from baby and parenting experts.

10:45 - 11:00	Hypnobirthing with Birth Baby Balance
11:15 - 11:30	Baby Massage Demo with JoJo Baby Massage Join in this mini session to learn techniques and benefits of baby massage
11:45 - 12:00	Sleep Advice and Tips with Sleep Nanny Melanie Hastings Ask a Sleep Expert about your little one's sleep habits
12:15 - 12:30	Family Choir Club Join in this mini session singing with other grown ups and your little one
12:45 - 13:00	Children's First Aid Advice with Mini First Aid First Aid tips for children
13:15 - 13:30	TBC



PHOTO OPPORTUNITIES

We have a selfie frame for you to use - a fun way to capture the moment. Please use **#toddleaboutbabyshow** when posting on your pictures on social media. We'd love to see them!

There will also be photo opportunites with children's mascots and your little ones.

Members of the events team will be taking photos and/or will be filming during the event. This is for promotional purposes only.

Register for FREE TODAY







IN SUPPORT OF



The **ULTIMATE** show for parents with little ones!



BABY CHANGING FACILITIES

Baby changing facilities are available at The King's Centre and clearly signposted. We also do have baby changing mats and wipes available.

FEEDING YOUR BABY

The King's Centre is a breastfeeding friendly venue. You are welcome to sit and relax in our Baby Feeding Area, especially if you are looking for a space to feed in private.

FEELING PECKISH?

Refreshments and food will be available to purchase and there is plenty of seating available in the Atrium to sit and take a break.

SOFT PLAY

There will be a soft play area supplied by The Party Tribe - Soft Play Hire. It is free to use and suitable for children up to 5 years. All children must be supervised by parents/carers at all times in the soft play area. The venue/event organiser cannot be held responsible for any injury incurred.

BUGGY PARK

There will be a buggy park available on the day for you to leave your pushchair and walk around the show however we understand little ones may be sleeping or this may not be suitable. The hall is large but it may get crowded around exhibitors so if you are able to leave your pushchair to one side this would really help.





Supporting sick newborn and their parents

Visitors will have the opportunity to purchase raffle tickets to win some fantastic prizes. All proceedings will go to our chosen charity SSNAP, Supporting Sick Newborn And Their Parents, and those that care for them; who provide emotional, medical, financial and informational support.

Visit www.ssnap.org.uk to find out more.

PREMIER SPONSOR



A huge thank you to our Premier Show Sponsor Water Babies Oxfordshire! Multi-award winning baby swimming classes taught by world-class instructors. There are so many benefits to baby swimming lessons. Not only are their lessons brilliant for your child's development, they're also the perfect place to bond with your little one.

Visit www.waterbabies.co.uk to find out more

Register for FREE TODAY











Future Life are Will writing specialists for parents of young children. Helping thousands of parents protect the ones they love.

When you have little ones who are financially dependent upon you, getting your financial and emotional wishes in place legally is crucial - to avoid lengthy disputes and financial worries should anything happen.

We're a family business with children of our own, so we know how important it is to talk to someone who really understands your situation.

Important reasons why parents need to make a Will:

You choose who would look after your children. As well as taking care of your assets, a Will allows you to nominate who would look after your children. It is the ONLY way to appoint legal guardians. If quardians aren't nominated, social services could make those decisions.

You specify where your wealth goes. If you don't have a Will in place, it's a very real possibility that your assets wouldn't go where you would want them to - and there could be lengthy waits for your financial arrangements to be processed through Probate, while the children still need financial and emotional support. Having your affairs in order is key - even if you are married, but especially if you're not married to your partner.

Who gets the family heirlooms? What charities are important to you? Do you want to leave any money to friends or distant family members? Writing a Will is the only way to ensure your wishes are achieved.

future

Future Life Wills are offering FREE Wills. Scan the QR code to get yours.



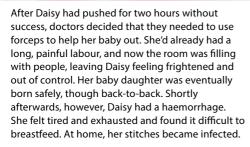




BIRTH TRAUMA

It can feel unbearable, but help is available!

by Dr Kim Thomas



She also began having flashbacks to the birth and found it difficult to see anything that reminded her of what had happened, such as tv shows involving birth. In addition, Daisy felt that she wasn't a good mother because she still couldn't do simple things like sit up in bed to feed her daughter.

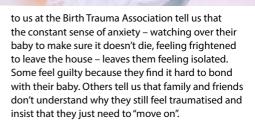
Birth trauma is the name we use for what happened to Daisy.

It describes the experience of being so traumatised by birth that the memory of what happened continues to affect you every day. This often takes the form of flashbacks to the birth, feeling intensely anxious all the time or avoiding anything that reminds you of the birth.

In some women, the trauma symptoms are severe enough to qualify for a diagnosis of post-traumatic stress disorder (PTSD), which affects one in 25 women after birth – about 30,000 a year in the UK. Sometimes, fathers or partners can also be so traumatised by the experience of watching birth that they develop birth trauma.

When you're a new mother, already struggling with the demands of caring for a newborn, having birth

trauma on top can make life feel unbearable. The mums who come



Fortunately, help is available. In England there are new maternal mental health teams to support women with birth trauma, and there is also the option of self-referring to therapy if you need it from the NHS Talking Therapies service (outside England you will need a referral to therapy from your GP or health visitor).

Two forms of therapy: trauma-focused CBT and EMDR (Eye Movement Desensitisation and Reprocessing) are very effective at treating trauma symptoms.

Daisy was initially worried about receiving therapy because she was scared the counsellor would think she was a bad mother, but she found it helpful. She also benefited from a birth debrief with the hospital, which enabled her to get answers to her questions about what happened during the birth. Most maternity units now provide a birth debriefing service.

If you'd like to share your experience with someone who understands, you can email the Birth Trauma Association's peer supporters on support@birthtraumaassociation.org.uk or join our Facebook group (facebook.com/groups/theBTA). Women tell us that having the opportunity to talk to others who have been through a similar experience makes a huge difference – and some even say that it saved their life.



Dr Kim Thomas is CEO of the **Birth Trauma Association**, a charity that supports mothers and fathers affected by traumatic birth. She is also author of the recent parliamentary report into birth trauma. **www.birthtraumaassociation.org**







Award winning music classes for babies & young children

Monkey Music Oxford

E: oxford@monkeymusic.co.uk

T: 01235 519806

ABINGDON on Monday all day

SUMMERTOWN on Monday mornings

SUMMERTOWN on Tuesday mornings

MILLETS FARM CENTRE on Wednesday all day

HEADINGTON on Wednesday mornings

THAME on Thursday mornings

NORTH OXFORD on Friday all day

MILLETS FARM CENTRE on Friday mornings



Tuesday 31st October

It's time to put on your witch's hat and get your little one dressed up! Enjoy the spooky season at these Halloween events near you

PUMPETN PATCH & FRATI

HIGH LODGE FARM 19TH - 31ST OCTOBER 10:00 AM - 4:00 PM

Visit High Lodge Farm's spellbinding PYO Pumpkin Patch & Spooky Trail this Halloween. Venture into the witchy woods if you dare...

Tickets include entry to the PYO Pumpkin Patch, Spooky Trail, Halloween games and refreshment area and the chance to play in their farm tractor. Sledges, wheelbarrows and baby barrows at the ready! A free sweet treat is included for all ticket holders. Parking is free

Cost: Adults £5.00, children £7.00. Additional charge for pumpkins.

> Culham, Abingdon, OX14 3DX www.highlodgefarm.com f highlodgefarmabingdon

PY@ PUMPRINS

MILLETS FARM CENTRE 19TH - 31ST OCTOBER 10:00 AM - 5:00 PM

Millets have been nurturing a huge number of pumpkins and squash in their fields again this year and can't wait to welcome you to pick a pleasingly plump one!

Whether you want to cook or carve they have all sorts of shapes, sizes and colours to choose from. New optional paid activities within the daytime pumpkin patch, include pumpkin carving, a scarecrow hunt and spooktacular goodie bags.

Cost: Between £1.50 - £2.50 per person, under 2s go free. Additional charge for pumpkins.

Kingston Road, Frilford, OX13 5HB www.milletsfarmcentre.com Millets Farm

HALLOWEEN FUN ON THE FARM

ROVES FARM 24TH OCTOBER - 3RD NOVEMBER 9:00 AM - 5:00 PM

This Halloween enjoy pumpkin carving* in the Pumpkin Patch, Choose your pumpkin from the hundreds on display, carve & leave the mess! Enjoy lots of other activities too including; potion mixing, meet & feed the animals, indoor & outdoor play, nature trail and lots more included with your day ticket. *Additional charge, payable at the Pumpkin Patch. Includes carving kit. Cost: Adults £12.30, children £13.30, toddler (1 & 2 years) from £4.00.

Sevenhampton, Swindon, SN6 7QG www.rovesfarm.co.uk

♠ RovesFarmVC

HAUNTER BI ENHETH TRATI

BI ENHEIM PAI ACE 25TH OCTOBER - 3RD NOVEMBER 4:00 PM - 9:00 PM

Join family and friends to wander from dusk into darkness and from one spooky space to another. This year, watch out for the colossal King of the Pumpkins surrounded by a field of grinning pumpkins but beware... close by is the ringmaster from the haunted circus. Along with bewitched burgers, Frankenstein's fries and loaded curly worms, there's a delicious twist to the sweetest of treats on offer.

Cost: Adults from £17.00, children from £12.00, under 2s go free.

> Woodstock, OX20 1UL www.blenheimpalace.com **⚠** BlenheimPalace

THE WITCHS HOUSE

COGGES MANOR FARM 25TH OCTOBER - 4TH NOVEMBER 10:00 AM - 5:00 PM

The Witch's House is back - see this year's manor house transformation, inspired by Roald Dahl's stories. Halloween outfits encouraged. See spooktacular sights and sounds, gloriumptious treats, disgusterous trails and trickery for a frightful Halloween! Go on a pumpkin trail around the grounds, and enjoy a witch's brew or Marvelous Medicine in Cogges Kitchen Café with tasty Halloween-themed treats.

Cost: Adults £16.00, children £12.00. under 3s go free. ST discounts apply.

Church Lane, Witney, OX28 3FR www.cogges.org.uk



HALL OWEEN HUNT

WATERPERRY GARDENS 26TH OCTOBER - 3RD NOVEMBER 10:00 AM - 5:00 PM

Take part in the Waterperry Halloween Hunt throughout the October half term. £3.95 per child with a prize (children must be accompanied by an adult for whom the garden entrance fee applies). It's home to 20 acres of beautifully landscaped ornamental gardens, a quality plant centre and garden shop, gallery and gift shop, museum and tea shop. There is a charge to look around the gardens, but access to the rest of the estate is free.

Cost: Adults £11.50, children go free.

Nr Wheatley, Waterperry, OX33 1JZ www.waterperrygardens.co.uk **1** Waterperrygardens











DELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our Summer Toddle Models competition!

Congratulations to little Caiden and Jessica who have both won a bundle of Orchard Toys games worth £50!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Aaliyah, 1 year



Adelaide, 4 years



Find out more at www.orchardtoys.com



Caiden, 4 years old



Jessica, 7 months old



Annie, 2 years



Armis, 3 years



Audrey & William, 5 & 3 years





Cade, 4 years



Daisy, 8 months



Eloise, 2.5 years





Florence & Oscar, 4.5 & 2 years



Hudson, 2 years



Isiah, 3 years



Ivy-Rose & Ralphie, 4 &



Léo, 17 months



Lily-Rose, 2 years



Maizie Mae, 1 year





Matilde, 4.5 years



Max, 3 years



Max, 21 months



Noah, 3 years



Owen 3 years



Poppy & Oakley, 6 & 2 years



Santiago, 2.5 years



Talia, 3 years



Teddy, 2 years



Theo, 4 years



Theodore, 5 years



Vedant, 3 years



Zach & Lewis, 2.5 & 7 years



Zoe & Pearl, 5 & 1 year

COMPETITION







WIN TICKETS TO STICK MAN ON STAGE

THE PRIZE: Win a Family Ticket To See Stick Man On Stage, worth £90!

Courtesy of Official London Theatre, this is a unique chance to win tickets to Freckle Productions' touching, funny and utterly original adaptation of Julia Donaldson and Axel Scheffler's Stick Man in London.

What starts off as a morning jog becomes quite the misadventure for Stick Man: a dog wants to play fetch with him, a swan builds a nest with him, and he even ends up on a fire! How will Stick Man ever get back to the family tree?

This award-winning production, from the team behind *Zog and Zog and the Flying Doctors*, features a trio of top actors and is packed full of puppetry, songs, live music and funky moves.

Stick Man is at Bloomsbury Theatre in London from 4th Dec - 5th Jan and tickets are on sale now at www.OfficialLondonTheatre.com.

OFFICIAL LONDON THEATRE .com



Send us a photo of your little one enjoying some fancy dress fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by Wed 27th November 2024.

ENTER AT: www.toddle.fun/toddlemodels



SWEET POTATO BISCUITS

The perfect on-the-go snack – a favourite with little ones and grown ups! Made with simple ingredients you likely already have at home. One bite and you won't be able to stop!

INGREDIENTS

- 230g sweet potato, peeled and roughly chopped
- 50g unsalted butter or vegan alternative
- 150g self raising flour
- 30g wholemeal flour

VEGAN, NO EGGS & NO DAIRY

MAKES: 40 BISCUITS

AGE: FROM 6 MONTHS

PREP: 15 MINUTES



COOKING INSTRUCTIONS

- 1. Preheat the oven to 180°C/160°C fan/ Gas 4.
- Steam the sweet potato over a gentle heat for 15-20 mins until soft, then set aside to cool. Once cooled, weigh out 200g of the sweet potato.
- 3. Put the sweet potato into a large bowl and mash with a fork.
- 4. Melt the butter and add with the flours to the sweet potato. Mix to form a dough.
- 5. Put the dough onto a sheet of baking paper and roll out to 5mm thick, then cut into shapes with a cookie cutter or sharp knife.
- Transfer the baking paper and biscuits to a baking tray and bake in the oven for 10 mins until lightly golden, checking to make sure they don't overcook.
- 7. Remove from the oven and allow to cool before serving.

storage
Storage
Store in an airtight container for 3 days or freeze for up to 3 months!

Recipe by Romina Bertinazzo, author of The Yummy Little Belly cookbook which contains over 80 quick, easy and nutritious recipes to keep you and your little ones happy is out now.

HALLOWEEN HANDPRINT

Make a pumpkin keepsake craft with your toddlers, preschoolers or older kids this Halloween. Turn their handprints into a ghost, and Jack-o'-Lantern.

SUPPLIES:

- · Air Dry Clay
- Paint
- Drinking Straw
- Craft Stick
- Green Ribbon
- Parchment Paper

TIP: Make sure to use parchment paper when rolling out the dough. This will stop the dough from sticking to the table and will make it easy for you to transfer it to another area to let it dry for 24 hours.

HOW TO MAKE:

STEP 1: Roll the clay out on parchment paper until it's about ½ inch thick. Let your little one press their hand onto the clay. You may want to help by applying a bit of pressure to their hand to make sure the handprint makes a clear impression.

STEP 2: Use a craft stick to cut the shape of a pumpkin, making sure your child's handprint is in the middle of the pumpkin. Smooth out the edges of the pumpkin with your fingers (use a bit of water, if necessary).

STEP 3: Use a drinking straw to punch a hole in the stem.

STEP 4: Transfer the clay to a dry area. Let it stand for 24 hours until it is dry.



STEP 5: Use acrylic paint to turn the handprint into a Halloween design. It can be a ghost, Jack-o'-Lantern, Frankenstein etc. Paint the rest of the pumpkin orange and the stem brown.

STEP 6: Thread a green ribbon through the hole in the stem.





When you're a parent, life can feel non-stop. We're in a constant struggle to keep our little ones healthily entertained, rushing between various groups and clubs, with day trips squeezed in between work and household chores.

We dread hearing those words slip from our children's mouths... "I'm bored!"

However, new research from the Child Mind Institute suggests that allowing children to experience boredom can actually be beneficial for both them and their parents.

IS BOREDOM BAD?

Parents, influenced by societal narratives, often perceive boredom as an unproductive and negative state. Being busy is often equated with success, leading to the belief that boredom signifies laziness.

It's time to rethink this notion.

Boredom can play a significant role in children's development and mental health, forcing them to use their imagination and creativity to entertain themselves. This self-directed play fosters curiosity, helps them discover their interests, and enhances their innovative thinking.

Research even shows that engaging in monotonous tasks can boost creativity when later performing creative activities.

PROBLEM-SOLVING AND SOCIAL SKILLS

The ability to persist is crucial for facing future obstacles and cultivating a proactive mindset. Dealing with the "problem" of boredom enhances their problem-solving skills and self-reliance, fostering a sense of initiative and independence.

'Free play', where children engage in unstructured activities of their own choosing, allows children to interact with peers, developing essential social skills like negotiation, collaboration, and communication. These skills are vital for forming relationships and working well with others.

Successfully finding ways to entertain themselves boosts children's confidence, helping them take risks and explore new things, thereby strengthening their self-esteem.

FREE TO 'BE'

By giving children the free time to 'be', we can improve mental health as it reduces anxiety and stress. It gives them the opportunity to process thoughts and emotions and engage with their surroundings. These periods of boredom can lead to more creative activities.

HOW TO INTRODUCE MORE BOREDOM

1.Remove Structured Activities

Encourage children to create their own activities on an "activity detox" day, helping them explore their interests and creativity.

2. Keep It Simple

Offer materials like blocks, art supplies, and household items to inspire creativity and free play.

3. Less Screen, More Space

Take your child to open spaces and allow them to explore independently, fostering a sense of independence and creativity. Limit the use of electronic devices and encourage imaginative play instead.

4. Be The Change

Show them how to change by engaging in creative activities yourself and limiting your own screen time.

Experiencing boredom helps children develop crucial life skills like problem-solving and creativity. Boredom also helps children build tolerance for less enjoyable experiences and encourages mindfulness, self-reflection, and interpersonal communication skills.

It's a valuable lesson for all: alongside your to-do list, create a 'let's be' list. Make time to be mindfully present with those around you. Amidst the rushing around, take a moment to walk and clear your head. These idle moments without a to-do list are essential for mental clarity and happiness. So, the next time your child complains of being bored, embrace the opportunity to foster their creativity, growth, and wellbeing.

Laura Tristram is a teacher, mum, and mental health and wellbeina lead at Lumii.me





CHRISTMAS GIFT PRODUCTS

GIFT IDEAS FOR YOU AND YOUR LITTLE ONES.



CACCHINO'S WHALE BABY SLEEP AID AND SOOTHER: £39.97

This adorable and super soft Plush sleep aid is designed to help soothe your baby into a peaceful sleep. The soother includes a beautiful starry light projector with adjustable sounds including white noise and a cry/noise sensor which can detect your child's cries and automatically play calming sounds. It's portable so a great travel companion and the plush materials are washable and choke hazard free. An excellent additional to any bedtime routine!

Available to buy from www.cacchino.co.uk





HAPPY DAYS BOOK: £10.99

Did you know that otters hold hands when they sleep, or that a group of pugs is called a grumble? Discover this and much more in Emily Coxhead's wonderful collection of happy facts and uplifting statistics for all to enjoy. Packed with adorable animals and beautiful tales of humanity, this brilliantly bold picture book is the perfect gift.

Available at all good booksellers





KITE SILLY SAUSAGE SLEEPSUIT: £25.00

Make changing time easy peasy with this gorgeous zip opening Kite Silly Sausage Sleepsuit.
With cosy striped cuffs, integrated scratch mitts up to six months and a zip guard for protection under the chin, this wonderfully soft babygrow is sure to become a firm favourite.

www.cotswold bambinos.com

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www.myexpertmidwife.com



PO.P WATERPROOF SHELL DUNGAREES: £50

These shell dungaree-style trousers from PO.P for babies and toddlers are incredibly wind resistant and waterproof. Adjustable braces make them ideal for splashing in puddles or walks in the buggy, and the elasticated back makes for a comfortable fit.

They are 100% waterproof, with taped seams and a long zip to make them easy to get on and off. They are available in sizes 2 – 8 years and come in Green, Black, Blue or Pink. www.polarnopyret.co.uk

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ChristmasACTIVITIES & EVENTS



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Cotswold Airport. 9:00 AM - 9:00 PM.

Step into a world of magic and wonder with the Negus Christmas Experience, The Flight Before Christmas! Join them for an unforgettable journey filled with interactive workshops and engaging activities that are sure to delight the whole family. Negus, the magnificent jumbo jet plays a crucial role in saving Christmas. When Father Christmas' sleigh suffered a mechanical failure, Negus stepped in to help deliver presents to children all around the world.

Cotswold Airport, Cirecncester, GL7 6BA

1 negusflightbeforechristmas

www.theflightbeforechristmas.com

30 NOV -23 DEC

CHRISTMAS EXPERIENCE

Roves Farm. 10:00 AM - 5:00 PM.

Enter a Winter wonderland, meet a cheeky elf who will take you to meet Father Christmas in his cosy cabin for a special 1-to-1 experience for each family/ group. Choose a gift in the Toy Shop & mix up a treat for Rudolph at the Reindeer Food Station. Enjoy the party atmosphere at the live Elf Show and do some paper crafts to take home. Plus, all the usual fun on the farm! Pre-booking essential.

www.rovesfarm.co.uk

Cost: Adults £12.30, children (3-16 years) from £37.50.



HURRY UP FATHER CHRISTMAS!

Oxford Playhouse. SHOW TIMES VARY BY DAY.

The sleigh is loaded. The elves are ready. But Father Christmas can't find his keys. Or his glasses. Or his boots... and now he's making a flask of tea! Hurry Up, Father Christmas! It's Christmas Eve and it's time to go! From the creative team that brought you last year's production Dear Father Christmas comes this interactive show for children aged 3 to 6 years.

BT Studio, Gloucester Street, Oxford, OX1 2BN
Tel: 01865 305305 OxfordPlayhouseTheatre

www.oxfordplayhouse.com

Cost: Adults £16.00, Children £12.00.

23 NOV -24 DEC

CHRISTMAS FAIRYTALE

Fairytale Farm. 10:00 AM - 5:00 PM.

This year, immerse yourself in the timeless charm of Charles Dickens' A Christmas Carol as they recreate the bustling streets of Victorian London. Delight in all your favourite experiences from previous years, such as their cosy Grotto, the enchanting Fairytale Castle walk-through, and the dazzling Christmas illuminations. Plus, enjoy new additions like Tom's Toy Shop and the heartwarming magic of a Dickensian Christmas.

www.fairvtalefarm.co.uk

Cost: Adults £14.99, children £19.99, under 2s £9.99



STEAM INTO CHRISTMAS

Didcot Railway Centre. 9:30 AM - 4:30 PM.

Are you looking for something different to do this Christmas? Enjoy unlimited train rides and help Santa find his missing reindeer, filling your stocking with presents along the way. Then meet Father Christmas in his grotto and choose your own gift from the giant toyshop! There is also a special performance of 'A Christmas Carol' on 17th December by Gerald Dickens who is the great, great grandson of Charles Dickens.

www.didcotrailwaycentre.org.uk

Cost: Adults £20.00, children £25.00



CHRISTMAS BARN

Appleton Christmas Barn. 10:00 AM - 6:00 PM.

This time of year can get very expensive so this one is always on our list for a fun couple of hours out. Visit Appleton Christmas Barn and pick out your tree for the festive period. Then head inside the shop to find thousands of decorations for the tree and home. But for the little ones, in the barn you will find 4 Reindeer to greet you before their big and busy night on Christmas.

Eaton Road, Appleton, OX13 5JJ

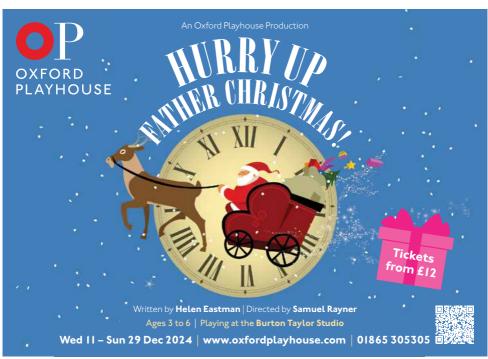
1 AppletonChristmasBarn

www. appleton christ masbarn. com

Cost: Free.















Introducing Top of The Tots - our new feature celebrating the best baby and toddler providers in Oxfordshire! Rankings are based on YOUR reviews on our website, so if your favourites aren't here, help them out and leave them a review

























































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The following class providers all offer Free Trials as standard to new customers.

Please quote 'Toddle About' when contacting them.

Baby Sensory (Wantage) wantage@babysensory.co.uk

Family Choir Club
bellabrownmusic@gmail.com

Monkey Music Oxford

oxford@monkeymusic.co.uk

Oxford Swimming Academy office@oxfordswimmingacademy.co.uk

Rugbytots (Banbury, Towcester & Northants) c.lancaster@rugbytots.co.uk

Rugbytots (South & West Oxon) sean@rugbytots.co.uk

Rugbytots (Thame, Bicester & Oxford) rob.hill@rugbytots.co.uk

All trials are subject to availability.





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\ Product Review





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Competition closes midnight 1st December 2024. T & C's apply, see toddle.fun/anex-eli for details.

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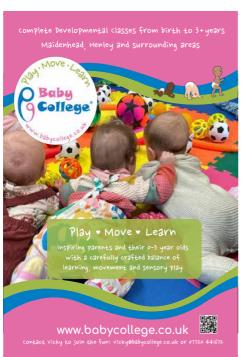
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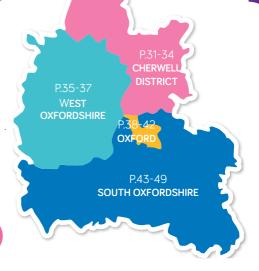








Your local 'What's On Guide' for families with bumps - 5s in Oxfordshire.



CHERWELL DISTRICT AREA

MONDAY

MUSIC & SIGNING

Sing and Sign Banbury, Bicester,

Brackley & Buckingham

Hanwell Fields Community Centre, Rotary Way, Banbury, OX161ER. 07771550335. www.singandsign.co.uk.

- Stage 2: 9:30 10:15. Ages: 1 yrs 2 mths 2 ½ yrs.
 Stage 1: 10:30 11:15. Ages: 6 mths 1 yrs 2 mths.
- Babes: 12:30 13:15. Ages: 0 6 mths.

Cost: £8 per session (booking essential). Dates: 7 Oct - 21 Oct & 4 Nov - 2 Dec.

HEALTH & WELLNESS

Pop up Pilates

St Clement Centre, Cross Street, Oxford, OX4 1DA. 07731 321991. www.pop-up-pilates.com.

Postnatal Pilates Class: 9:30 - 10:30 & 10:45 - 11:45.

Ages: Pregnancy - 5 yrs.

Cost: £9.75 per session (booking essential). Dates: 7 Oct - 21 Oct & 4 Nov - 2 Dec.

TUESDAY

PARENTS & TOTS

Banbury Library

Marlborough Road, Banbury, OX16 5DB. 01295 262282. www.oxfordshire.gov.uk. Rhymetime: 10:00 - 10:30. Ages: 0 - 3 yrs.

Cost: Free (drop in). Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

PARENTS & TOTS

Little Ssnaplings (SSNAP)
Longford Park Community Centre, Hobby Road, Bodicote, Banbury, OX15 4GJ. 07379 336956. www.ssnap.org.uk.

Baby Massage and Ride-on time: 10:00 - 12:00. Cost: Free (booking essential). Dates: 26 Nov.

Ma Mites Mums & Tots Group

Middleton Cheney Village Hall, Main Road, Middleton Cheney, Banbury, OX17 2LT.

Times: 9:30 - 11:00. Ages: 0 - 4 yrs.

Cost: £2 per session (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769.

- Soft Play w/Stories: 10:00 11:00. Ages: 1 3 yrs.
- Mini Movers: 11:00 11:45. Ages: 3 4 yrs. Sensory Baby: 13:30 14:30. Ages: 0 1 yrs.

Cost: £2 per session (booking essential). Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING

Sing and Sign Banbury, Bicester,

Brackley & Buckingham

Whitelands Farm Sport Ground, Whitelands Way, Bicester, OX26 1AJ. 07771550335. www.singandsign.co.uk.

- Stage 2: 9:30 10:15. Ages: 1 yrs 2 mths 2 ½ yrs.
- Stage 1: 10:30 11:15. **Ages:** 6 mths 1 yrs 2 mths. **Babes**: 12:30 13:15 & 13:30 14:15. **Ages:** 0 6 mths. Cost: £8 per session (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 3 Dec.







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- Learn a skill together
- Make new friends



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PHYSICAL FUN

Tumble Tots North Cotswolds

Banbury Rugby Club, Bodicote Park, Oxford Road, Banbury, OX15 4AF. 07305097029. www.tumbletots.com.

Walking to 2 Years: 10:15 - 11:00.

Ages: 1 yrs - 2 yrs 3 mths. 2 -3 Years: 11:15 - 12:00

Ages: 2 yrs - 3 yrs 3 mths. • **3 Years to School Age**: 12:30 - 13:15.

Ages: 3 yrs - 4 yrs 11 mths.

6 months to walking: 13:35 - 14:20.

Ages: 6 mths - 1 1/2 yrs.

Cost: £8.50 per session (booking essential). Dates: 8 Oct - 22 Oct & 5 Nov - 10 Dec.

HEAITH & WELLNESS

Pop up Pilates

St Clement Centre, Cross Street, Oxford, OX4 1DA. 07731 321991. www.pop-up-pilates.com. Postnatal Pilates Class: 10:30 - 11:30 & 11:30 - 12:30.

Ages: Pregnancy - 5 yrs.

Cost: £9.75 per session (booking essential). Dates: 8 Oct - 22 Oct & 5 Nov - 10 Dec.

WEDNESDAY

PARENTS & TOTS

Middleton Cheney Library

Main Road, Middleton Cheney, Banbury, OX17 2PD. 0300 126 1000. www.northamptonshire.gov.uk.

Rhymetime: 10:30 - 11:00. Ages: 0 - 4 yrs.

Cost: Free (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Sing and Sign Oxford

Kidlington Baptist Church, High Street, Kidlington, OX5 2DS. 07795 005832, www.singandsign.co.uk.

- Stage 2: 9:45 10:30. Ages: 1 yrs 1 mths 1 yrs 9 mths.
- **Stage 1:** 10:45 11:30. **Ages:** 6 mths 1 yrs 2 mths. **Babes:** 11:45 12:25. **Ages:** 1 6 mths.

Cost: £8 per session (booking essential). Dates: 9 Oct - 27 Nov.

PHYSICAL FUN

Ride On Time

The Paddocks, Yarnton, OX5 1TE. 07789 887636, www.rideontimehire.com. Times: 10:00 - 11:00. Ages: 1 - 5 yrs. Cost: £6.25 per session (booking essential). Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Tumble Tots North Cotswolds

Bletchingdon Village Hall, White Marsh Way, Bletchingdon, Kidlington, OX5 3FD. 07305097029. www.tumbletots.com.

Walking to 2 Years: 10:00 - 10:45.

Ages: 1 yrs - 2 yrs 3 mths.

2 -3 Years: 11:15 - 12:00. **Ages:** 2 - 3 yrs 3 mths.

3 years to school age: 12:00 - 12:45.

Ages: 3 yrs - 4 yrs 11 mths.

6 months to walking: 13:15 - 14:00.

Ages: 6 mths - 1 yrs 8 mths.

Cost: £8.50 per session (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 11 Dec.



Are you running classes or events?



DANCE & DRAMA

tiny toes ballet Northamptonshire & Oxfordshire

Kingsmere Community Center, Whitelands Way, Bicester, OXZ6 1EG

07368935544. www.tinytoesballet.co.uk.

Twinkle & Talent Toes: 10:30 - 11:10. Ages: 1 - 4 vrs.

Cost: £8 per session (booking essential). Dates: 9 Oct - 23 Oct & 6 Nov - 11 Dec.

HEALTH & WELLNESS

Pop up Pilates

St Clement Centre, Cross Street, Oxford, OX4 1DA. 07731 321991. www.pop-up-pilates.com.

Antenatal Exercise Class: 18:30 - 19:15.

Ages: Pregnancy.

Cost: £9.75 per session (drop in). Dates: 9 Oct - 23 Oct & 6 Nov - 11 Dec.

THURSDAY

PARENTS & TOTS

Little Ssnaplings (SSNAP)

Longford Park Community Centre, Hobby Road, Bodicote, Banbury, OX15 4GJ. 07379 336956. www.ssnap.org.uk. Baby Massage and Ride-on time: 10:00 - 12:00.

Cost: Free (booking essential). Dates: 28 Nov.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769. Stay & Play: 10:00 - 11:00. Ages: 0 - 4 yrs.

Cost: £2 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

PHYSICAL FUN

Ride On Time

Longford Park Community Centre, Hobby Road, Banbury, OX15 4GI

07789 887636. www.rideontimehire.com.

Times: 10:00 - 11:00. Ages: 1 - 5 yrs.

Cost: £6.25 per session (booking essential).

Dates: 24 Oct & 28 Nov.

HEALTH & WELLNESS

Pop up Pilates

Headington Quarry Pavilion, Margaret Park, Headington Quarry, Oxford, OX3 8NQ.

07731 321991. www.pop-up-pilates.com. Postnatal Pilates Class: 12:15 - 13:00.

Ages: Pregnancy - 2 yrs.

Cost: £9.75 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

FRIDAY

PARENTS & TOTS

Deddington Playgroup

Windmill Community Centre, Hempton Road, Deddington, Deddington, OX15 0QH.

• Times: 9:45 - 11:45. Ages: Pregnancy - 4 yrs. Cost: £3.50 per session (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Sibford School

Sibford Ferris, Banbury, OX15 5QL. 01295 781200. www.sibfordschool.co.uk.

• Junior School Open Morning: 9:45 - 12:00.

Ages: 0 - 11 yrs.

Cost: Free (booking essential).

Dates: 22 Nov.

Sibford Tots and Babes

Sibford Village Hall, Sibford Gower, Banbury, OX15 5RW. 01295 788537. www.thesibfords.uk.

Times: 9:30 - 11:30. Ages: 0 - 4 yrs.

Cost: £2 per session (drop in).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769.

Baby Massage: 10:30 - 11:30. Ages: 0 - 1 ½ yrs.

Cost: £20 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.







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tiny toes ballet Northamptonshire &

Oxfordshire

Hanwell Fields Community Centre, Rotary Way, Banbury, OX16 1ER. 07368935544. www.tinytoesballet.co.uk.

Twinkle Toes: 10:00 - 10:40. Ages: 1 yrs - 2 ½ yrs. Talent Toes: 10:50 - 11:30. Ages: 2 ½ yrs - 4 yrs.

Cost: £8 per session (booking essential). Dates: 11 Oct - 18 Oct & 8 Nov - 13 Dec.

PHYSICAL FUN

Ride On Time

Chesterton Community Centre, Chesterton, Bicester,

07789 887636. www.rideontimehire.com. Times: 10:00 - 11:00.

Ages: 1 - 5 yrs.

Cost: £6.25 per session (booking essential). Dates: 18 Oct. 15 Nov. 29 Nov & 13 Dec.

SATURDAY

SWIMMING

Oxford Swimming Academy Sibford School, The Hill, Sibford Ferris, Sibford, OX15 5QL. 07870 662483. www.oxfordswimmingacademy.co.uk.

Times: 14:15 - 14:45 & 14:15 - 16:15. Ages: 10 mths - 13 yrs.

Cost: £11.50 per session (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SUNDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Kingsmere Community Centre., Pioneer Way, Kingsmere, Bicester, OX26 1BF. 07741476678. www.rugbytots.co.uk.

Times: 9:50 - 10:35 & 10:40 - 11:25. Ages: 2 - 7 yrs. Cost: £8.25 per session (booking essential). Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

SWIMMING

Water Babies Oxford

Bardwell School, Hendon Place, Sunderland Drive, Bicester, OX26 4RZ. 01869325499. www.waterbabies.co.uk.

 Times: 8:30 - 12:30. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 6 Oct - 15 Dec.



The world's favourite rugby play programme

Are you running classes or events?

WEST OXFORDSHIRE

MONDAY

PARFNTS & TOTS

Eynsham Library

Eynsham Library, 30 Mill Street, Eynsham, OX29 4JS. www.oxfordshire.gov.uk.

<mark>0 - 14:30. **Ages:** 0 - 4</mark> yrs. Rhymetime: 14 Cost: Free (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Noah's Ark Toddler Group

Congregational Church, 4 Welch Way, Witney, OX28 6JF. 01993 709992. www.witneycongregational.org.uk.

• Times: 10:00 - 11:30. Ages: 0 - 4 yrs. Cost: £1 per session (drop in).
Dates: 7 Oct - 21 Oct & 4 Nov - 9 Dec.

SENSORY & DEVELOPMENT

Baby College West Oxfordshire

The Yoga Room, Balance Studios, 32 Bridge Street, Witney, OX28 1HY

07736 435 771. www.babycollege.co.uk.

Juniors Class: 9:30 - 10:15. Ages: 1 yrs 4 mths - 3 yrs.

Toddlers Class: 10:30 - 11:15. Ages: 8 mths - 1 yrs 4 mths.

Infants Class: 11:30 - 12:15. Ages: 0 - 8 mths.

Cost: £8.75 per session (booking essential). Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

PHYSICAL FUN

Tumble Tots North Cotswolds

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE. 07305097029. www.tumbletots.com.

Times: 9:45 - 10:30. Ages: 1 yrs 3 mths - 2 yrs.

• Times: 10:45 - 11:30. Ages: 2 - 3 yrs. • Times: 11:45 - 12:30. Ages: 6 mths - 1 ½ yrs.

Times: 13:00 - 13:45. Ages: 3 - 4 yrs.

Cost: £8.50 per session (booking essential). Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney,

01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 7 Oct - 16 Dec.

TUESDAY

PARENTS & TOTS

Little Ssnaplings (SSNAP) Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE. 07379 336956. www.ssnap.org.uk.

• Baby Massage and Messy Monkey's: 10:00 - 12:00.

Cost: Free (booking essential). Dates: 15 Oct. 19 Nov & 17 Dec.

MUSIC & SIGNING

Carterton Library Rhymetime

6 Alvescot Road, Carterton, Witney, OX18 3JH. 01993 841492. www.oxfordshire.gov.uk.

Rhymetime: 10:30 - 11:00. Ages: 0 - 4 vrs.

• Stay and Play: 15:30 - 16:30. Ages: 0 - 5 yrs.

Cost: Free (drop in). Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

CREATIVE

Nature Makers Oxfordshire West

Deer Park Woods, Deer Park Road, Witney, OX29 0YG. www.nature-makers.co.uk.

Witney Nature Makers: 13:30 - 14:20.

Ages: 1 yrs 2 mths - 6 yrs.

Cost: £7 per session (booking essential). Dates: 8 Oct - 22 Oct.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HI

01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs. **Cost:** £19.50 per session (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk. Walking and Talking Coffee Group: 13:00 - 14:30.

Ages: Pregnancy - 5 yrs.

Cost: £3 per session (drop in).

Dates: 8 Oct - 17 Dec.

WEDNESDAY

PARENTS & TOTS

Bladon Baby and Toddler Group

Church Room (Nxt to Bladon Church), Church Street, Bladon, OX20 1RS, 01993 812651.

• Times: 9:45 - 11:30. Ages: 0 - 3 yrs. Cost: £1 per session (drop in). Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Are you running classes or events?







PARENTS & TOTS

Finstock Toddler Group

Finstock Village Hall, Well Hill, Finstock, OX7 3BU.

 Times: 10:00 - 11:30. Ages: 0 - 4 yrs. Cost: £2 per session (drop in).

Dates: 9 Oct, 23 Oct, 6 Nov, 20 Nov, 4 Dec & 18 Dec.

SENSORY & DEVELOPMENT

Baby College West Oxfordshire

The High Street Methodist Church, 40 High Street, Witney,

07736 435 771. www.babycollege.co.uk.

Juniors Class: 9:30 - 10:15. Ages: 1 yrs 4 mths - 3 yrs.

Toddlers Class: 10:30 - 11:15. Ages: 8 mths - 1 yrs 4 mths.
 Infants Class: 11:30 - 12:15. Ages: 0 - 8 mths.

Cost: £8.75 per session (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL

01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs.

Cost: £19.50 per session (booking essential). Dates: 9 Oct - 18 Dec.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

Comprehensive Antenatal Course: 19:00 - 21:30.

Ages: Pregnancy.
Cost: £30.83 per session (booking essential).

Dates: 6 Nov - 11 Dec.

THURSDAY

MUSIC & SIGNING

Sing and Sign Oxford

High Street Methodist Church, High, Witney, OX28 6HG. 07795 005832. www.singandsign.co.uk.

Stage 2: 10:45 - 11:30. Ages: 1 yrs 1 mths - 1 yrs 9 mths.
 Stage 1: 10:45 - 11:30. Ages: 6 mths - 1 yrs 2 mths.

Babes: 11:45 - 12:25. Ages: 1 - 6 mths.

Cost: £8 per session (booking essential).

Dates: 10 Oct - 28 Nov.

SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Carterton Community Centre, Marigold Square, Shilton Park, Carterton, OX18 1AX.

07717 757007. www.babysensory.com.

• Times: 9:30 - 10:30. Ages: 7 mths - 1 yrs 1 mths.

Times: 12:30 - 13:30. Ages: 0 - 6 mths. **Cost:** £8 per session (booking essential).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL. 01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 11:30. Ages: 1 mths - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 10 Oct - 19 Dec.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

Baby Massage: 11:30 - 13:00 & 13:30 - 15:00.

Ages: 2 - 6 mths.
Cost: £15 per session (booking essential).

Dates: 7 Nov - 12 Dec.

KG Hypnobirthing Antenatal Course: 18:30 - 21:00. Ages: Pregnancy.

Cost: £52 per course (booking essential). Dates: 7 Nov - 5 Dec.

FRIDAY

PARENTS & TOTS

Busy Bees Baby & Toddler Group Eynsham Baptist Church Hall, Lombard Street, Eynsham, Witney, OX29 4HT. 07732305809.

 Times: 9:30 - 11:00. Ages: 0 - 5 yrs. Cost: £2 per session (drop in).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Minster Lovell Baby and Toddler Group

The Village Hall, Brize Norton Road, Minster Lovell, Witney, OX29 0SP. 07917 768122.

Times: 10:00 - 11:30. Ages: Pregnancy - 4 yrs. Cost: £2.50 per session (drop in).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Stonesfield Baby & Toddler Group Stonesfield Village Hall, Field Close, Stonesfield, OX29 8EF.

01993898212.

• Times: 10:00 - 11:30. Ages: Pregnancy - 5 yrs.

Cost: £3 per session (drop in).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House, Woodstock, OX20 1SN.

07759140531. www.oxfordshire.gov.uk.

• Rhymetime: 10:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in). Dates: 11 Oct - 20 Dec.

MUSIC & SIGNING

Sing and Sign Oxford

High Street Methodist Church, High, Witney, OX28 6HG. 07795 005832. www.singandsign.co.uk.

Stage 2: 10:00 - 10:45. Ages: 1 yrs 1 mths - 1 yrs 9 mths.
 Stage 1: 11:00 - 11:45. Ages: 6 mths - 1 yrs 2 mths.

Cost: £8 per session (booking essential).

Dates: 11 Oct - 29 Nov.

Are you running classes or events?



SENSORY & DEVELOPMENT

Baby College West Oxfordshire

Enstone Parish Hall, Enstone, Burford Road, Chipping Norton, OX7 4AZ.

07736 435 771. www.babycollege.co.uk.

 Juniors: 9:45 - 10:30. Ages: 1 yrs 4 mths - 3 yrs. • Toddlers: 10:45 - 11:30. Ages: 8 mths - 1 yrs 4 mths.

Infants: 11:45 - 12:30, Ages: 0 - 8 mths. Cost: £8.75 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Glo-Babies

Banbury Museum, Spiceball Park Road, Banbury, OX16 2PQ. 07956355729. www.glo-group.co.uk.

• Times: 10:15 - 10:55. Ages: 0 - 3 yrs. • Times: 10:30 - 11:10. Ages: 0 - 3 yrs. Cost: £7 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec

CREATIVE

Nature Makers Oxfordshire West

Burford Scout Hut, Tanners Lane, Burford, OX18 4NB. www.nature-makers.co.uk.

Burford Nature Makers: 10:30 - 11:20.

Ages: 1 yrs 2 mths - 5 yrs.

Cost: £7 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 13 Dec. • Big Nature Play Day: 10:30 - 12:00.

Ages: 2 - 8 yrs.

Cost: £7 per session (booking essential).

Dates: 1 Nov.

PHYSICAL FUN

Ride On Time

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE. 07789 887636. www.rideontimehire.com.

Times: 10:00 - 11:00. Ages: 1 - 5 vrs. Cost: £6.25 per session (booking essential). Dates: 18 Oct, 15 Nov, 29 Nov & 13 Dec.

Tumble Tots North Cotswolds

Burwell Hall, Thorney Leys, Witney, OX28 5NP. 07305097029. www.tumbletots.com.

• Times: 9:45 - 10:30. Ages: 3 yrs - 4 yrs 11 mths.

• Times: 10:45 - 11:30. Ages: 2 - 3 yrs.

 Times: 11:45 - 12:30. Ages: 1 yrs 3 mths - 2 yrs. Cost: £8.50 per session (booking essential).

Dates: 11 Oct - 25 Oct & 8 Nov - 13 Dec

PRFGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk. Bumps and Babes coffee group: 10:30 - 12:00.

Ages: Pregnancy - 1 yrs.

Cost: £2 per session (drop in).
Dates: 11 Oct - 8 Nov & 15 Nov - 20 Dec.

SATURDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Marlbrough School Woodstock., Shipton Road, Woodstock, OX20 1LP

07741476678. www.rugbytots.co.uk.

Times: 9:15 - 10:00 & 10:05 - 10:50. Ages: 2 - 7 vrs.

Cost: £8.25 per session (booking essential). Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney,

01869325499. www.waterbabies.co.uk.

• Times: 8:30 - 13:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

OTHER

Mum2mum Market Witney

Madley Park Hall, Witney, Northfield Farm Lane, Witney,

www.mum2mummarket.co.uk

Mum2Mum Market Nearly New Sale: 14:30 - 16:30.

Ages: Pregnancy - 6 yrs.

Cost: £2 per session (booking essential). Dates: 12 Oct & 7 Dec.

SUNDAY

PHYSICAL FUN

Rugbytots - South & West Oxfordshire

Cokethorpe School, Witney, OX29 7PU. 07900986137. www.rugbytots.co.uk.

• Times: 8:50 - 9:20 & 9:30 - 10:00.

Ages: 2 yrs - 3 1/2 yrs. Timess: 10:10 - 10:55.

Ages: 3 1/2 yrs - 5 yrs.

Cost: £9 per session (booking essential).

Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL.

01869325499. www.waterbabies.co.uk.

 Times: 8:30 - 14:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 6 Oct - 20 Oct & 10 Nov - 22 Dec.

Are you running classes or events?





OXFORD CITY AREA

MONDAY

PARENTS & TOTS

Botley Bridges

Botley School, Elms Road, Oxford, OX2 9JZ. 07498 563636. www.botleybridges.org.

• Botley Bridges Stay & Play: 9:00 - 11:00. Ages: 0 - 5 yrs.

Cost: £3 per session (drop in).

Dates: 7 Oct - 16 Dec.

Donnington Doorstep Family Centre

Donnington Doorstep, Townsend Square, Oxford, OX4 4BB. 01865 727721. www.donnington-doorstep.org.uk.

• Family Drop In: 9:30 - 14:30. Ages: 0 - 5 yrs.

Cost: Free (drop in). Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Oxford County Library Queen Street, Oxford, OX1 1DJ.

01865 815509. www.oxfordshire.gov.uk.

Rhymetime: 11:00 - 11:30. Ages: 0 - 4 yrs.

Cost: Free (drop in).
Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

MUSIC & SIGNING

Clockwork Music

Risinghurst United Reformed Church, Collinwood Road, Risinghurst, Oxford, OX3 8HH. 07757011539. www.clockworkmusic.co.uk.

 Times: 11:45 - 12:15. Ages: 3 mths - 4 yrs. Cost: £6 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Monkey Music Oxford

NOA Community Centre, Diamond Place, Summertown, Oxford, OX2 7DP.

01235 519806. www.monkeymusic.co.uk.

Times: 10:00 - 10:30. Ages: 2 - 3 yrs.

Times: 10:45 - 11:15. Ages: 1 - 2 yrs.
 Times: 11:30 - 12:00. Ages: 3 mths - 1 yrs.

Cost: £8.75 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 9 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford
The Old Schoolhouse. Magdalen Road Church, Hertford Street, Oxford, OX4 3AJ.

01865421879. www.babycollege.co.uk.

Toddlers: 10:45 - 11:30. Ages: 9 mths - 1 ½ yrs.
 Infants: 11:45 - 12:30. Ages: 0 - 9 mths.

Cost: £9 per session (booking essential).

Baby Massage Course: 13:00 - 14:00. Ages: 0 - 6 mths.

Cost: £12 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

SENSORY & DEVELOPMENT

Oxford Brookes BabyLab

Psychology Department, Gipsy Lane, Oxford, OX3 0BP. 01865 483676. www.babylab.brookes.ac.uk.

• Oxford Brookes Babylab Studies: 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (booking essential).

Dates: 7 Oct - 16 Dec.

SWIMMING

Water Babies Oxford

Leonardo Royal Oxford, Godstow Road, Oxford, OX2 8AL. 01869325499. www.waterbabies.co.uk.

Times: 10:30 - 13:30. Ages: 1 mths - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 7 Oct - 16 Dec.

TUESDAY

PARFNTS & TOTS

Donnington Doorstep Family Centre

Donnington Doorstep, Townsend Square, Oxford, OX4 4BB. 01865 727721. www.donnington-doorstep.org.uk.

Family Drop In: 9:30 - 15:30. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

St Michael's Baby & Toddler Group

St Michael & All Angels Church, Lonsdale Road, Summertown, Oxford, OX2 7ES.

www.stmichaels-summertown.org.uk. • Times: 10:00 - 12:00. Ages: 0 - 4 yrs.

Cost: Free (drop in). Dates: 8 Oct - 17 Dec.

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.

• Baby and Toddler Drop-in: 10:00 - 12:00. Ages: 0 - 4 yrs. Cost: £2 per session (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Sunnymead Minnows

Cutteslowe Community Centre, 31 Wren Road, Cutteslowe, Oxford, OX2 7SX. 07725 804458.

Rhyme Time: 9:15 - 10:00. Ages: 0 - 4 vrs.

Cost: Free (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING

Monkey Music Oxford

Woodstock Road Baptist Church, 198 Woodstock Road, Oxford, OX2 7NO.

01235 519806. www.monkeymusic.co.uk.

- Heigh-Ho: 10:00 10:30. Ages: 1 2 yrs.
 Jiggety-Jig: 10:45 11:15. Ages: 2 3 yrs.
- Rock'n'Roll: 11:30 12:00. Ages: 3 mths 1 yrs.
- Ding-Dong: 12:10 12:50. Ages: 3 yrs 4 ½ yrs.

Cost: £8.75 per session (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 10 Dec.

Are you running classes or events?



MUSIC & SIGNING

Sing and Sign Oxford

North Oxford Association, Diamond Place, Summertown, Oxford, OX2 7DP.

07795 005832. www.singandsign.co.uk.

• Stage 2: 9:45 - 10:30. Ages: 1 yrs 1 mths - 1 yrs 9 mths. Stage 1: 10:45 - 11:30. Ages: 6 mths - 1 yrs 2 mths.

Babes: 11:45 - 12:25. Ages: 1 - 6 mths.

Cost: £8 per session (booking essential).

Dates: 8 Oct - 26 Nov.

SENSORY & DEVELOPMENT

Oxford Brookes BabyLab

Psychology Department, Gipsy Lane, Oxford, OX3 0BP. 01865 483676. www.babylab.brookes.ac.uk.

Oxford Brookes Babylab Studies: 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (booking essential). Dates: 8 Oct - 10 Dec.

The Discovery Den
The Silver Band Hall, Sher Afzal Close, Temple Rd, Oxford, OX4 2FA

07771850760. www.thediscoveryden.co.uk.

• Babies: Mixed: 10:20 - 11:10.

• Babies: Non-Movers: 11:30 - 12:20.

Babies: Mixed: 12:40 - 13:30.

Cost: £8.50 per session (booking essential). Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

CREATIVE

The Story Museum 42 Pembroke Street, Oxford, OX1 1BP. 01865 807600. www.storymuseum.org.uk.

• Small Worlds: 10:15 - 11:15, 11:45 - 12:45, 13:15 - 14:15 & 14:45 - 15:45.

Ages: 0 - 5 yrs. Cost: £6.50 per session (drop in).

Dates: 8 Oct - 17 Dec.

0-4yrs Oxford Wallingford Benson The Discovery Den A different theme every week designed by our Early Years Teacher For more info, call or email 07771 850760 teachers@thediscoveryden.co.uk ww.thediscoveryden.co.uk

SWIMMING

Water Babies Oxford

Leonardo Royal Oxford, Godstow Road, Oxford, OX2 8AL. 01869325499, www.waterbabies.co.uk.

• Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs. **Cost:** £19.50 per session (booking essential).

Dates: 8 Oct - 17 Dec.

The Oxfordshire Health And Racquets Club, Nuffield Health, 269c Woodstock Road, Oxford, OX2 7NZ. 01869325499. www.waterbabies.co.uk.

• Times: 10:30 - 12:00. Ages: 3 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 8 Oct - 17 Dec.

WEDNESDAY

PARENTS & TOTS

Cowley Library Temple Road, Cowley, Oxford, OX4 2EZ. 01865 770403. www.oxfordshire.gov.uk.

Rhymetime & Playtime: 10:30 - 11:00. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Donnington Doorstep Family Centre

Donnington Doorstep, Townsend Square, Oxford, OX4 4BB. 01865 727721. www.donnington-doorstep.org.uk.

Family Drop In: 9:30 - 14:30. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Oxford County Library

Oueen Street, Oxford, OX1 1DJ. 01865 815509. www.oxfordshire.gov.uk.

Rhymetime: 11:00 - 11:30. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH. 01865 243216. www.weslevmem.org.uk.

Times: 10:30 - 14:00. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Sunnymead Minnows

Cutteslowe Community Centre, 31 Wren Road, Cutteslowe, Oxford, OX2 7SX. 07725 804458.

The Baby Hub: 10:00 - 11:30. Ages: Pregnancy - 1 yrs.

Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Monkey Music Oxford

The Coach House, Quarry Road, Headington, OX3 8NU. 01235 519806. www.monkeymusic.co.uk.

• Times: 10:00 - 10:30. Ages: 1 - 2 yrs. • Times: 11:15 - 11:45. Ages: 2 - 3 yrs. • Times: 11:30 - 12:00. Ages: 3 mths - 1 yrs.

Cost: £8.75 per session (booking essential). Dates: 9 Oct - 23 Oct & 6 Nov - 11 Dec.

Are you running classes or events?







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MUSIC & SIGNING

Music with Natalia

Evangelische Kirche, 15A Lathbury Road, Oxford, OX2 7AT. 07933196458.

- Music at Home: 10:20 11:00. Ages: 0 1 yrs 8 mths.
- Music at Home: 11:20 12:00. Ages: 1 ½ yrs 3 ½ yrs. Musical Waiting: 12:20 - 13:10. Ages: Pregnancy.

Cost: £10 per session (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford

North Oxford Association, Diamond Place, Summertown, Oxford, OX2 7DP.

01865421879. www.babycollege.co.uk.

- Infant Class: 11:45 12:30. Ages: 0 9 mths.
- Toddler Class: 10:45 11:30. Ages: 9 mths 1 ½ yrs.
- Junior Class: 9:45 10:30. Ages: 1 ½ yrs 3 yrs.

Cost: £9 per session (booking essential). Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

All Saints Church House, 39-41 New High Street,

Headington, Oxford, OX3 7AL. 01865421879. www.babycollege.co.uk.

Baby Massage Course: 13:00 - 14:00. Ages: 0 - 6 mths.

Cost: £12 per session (booking essential). Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Oxford Brookes BabyLab

Psychology Department, Gipsy Lane, Oxford, OX3 0BP. 01865 483676. www.babylab.brookes.ac.uk.

• Oxford Brookes Babylab Studies: 7:00 - 18:30. Ages: Pregnancy - 6 yrs.

Cost: Free (booking essential).

Dates: 9 Oct - 11 Dec.

CREATIVE

The Story Museum

42 Pembroke Street, Oxford, OX1 1BP. 01865 807600. www.storymuseum.org.uk.

• Small Worlds: 10:15 - 11:15, 11:45 - 12:45, 13:15 - 14:15 & 14:45 - 15:45

Ages: 0 - 5 vrs.

Cost: £6.50 per session (drop in).

Dates: 9 Oct - 18 Dec.

THURSDAY

PARENTS & TOTS

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH.

01865 243216. www.wesleymem.org.uk. Times: 10:30 - 14:00. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

St Clements Church Baby and Toddler

Group

St Clement's Centre, Cross Street, Oxford, OX4 1DA. 01865 246674. www.stclements.org.uk.

Times: 9:30 - 11:30. Ages: 0 - 4 yrs.

Cost: £1 per session (drop in). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Sunnymead Minnows

Cutteslowe Community Centre, 31 Wren Road, Cutteslowe, Oxford, OX2 7SX. 07725 804458.

 Stay and Play: 10:00 - 12:00. Ages: 0 - 4 yrs. Cost: Free (drop in).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

MUSIC & SIGNING

Family Choir Club

The Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ. 07540113340. www.familychoirclub.co.uk.

Mums & Dads Choir: 13:30 - 14:30

Ages: Pregnancy - 2 1/2 yrs.

Cost: £8 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Tots Choir: 15:00 - 16:00. Ages: 1 ½ yrs - 5 yrs. Cost: £7.80 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford
All Saints Church House, 39-41 New High Street, Headington, Oxford, OX3 7AL.

01865421879. www.babycollege.co.uk.

- Juniors: 9:45 10:30. Ages: 1 ½ yrs 3 yrs.
- Toddlers: 10:45 11:30. Ages: 9 mths 1 ½ yrs.
- Infants: 11:45 12:30. Ages: 0 9 mths.

Cost: £9 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Oxford Brookes BabyLab

Psychology Department, Gipsy Lane, Oxford, OX3 0BP. 01865 483676. www.babylab.brookes.ac.uk.

Oxford Brookes Babylab Studies: 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (booking essential).

Dates: 10 Oct - 5 Dec.

Are you running classes or events?





CREATIVE

The Story Museum 42 Pembroke Street, Oxford, OX1 1BP. 01865 807600. www.storymuseum.org.uk.

• Small Worlds: 10:15 - 11:15, 11:45 - 12:45, 13:15 - 14:15 & 14:45 - 15:45. Ages: 0 - 5 yrs.

Cost: £6.50 per session (drop in). Dates: 10 Oct - 19 Dec.

SWIMMING

Water Babies Oxford

Leonardo Royal Oxford, Godstow Road, Oxford, OX2 8AL. 01869325499, www.waterbabies.co.uk.

Times: 10:00 - 12:30. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). Dates: 10 Oct - 19 Dec.

The Oxfordshire Health And Racquets Club, Nuffield Health, 269c Woodstock Road, Oxford, OX2 7NZ. 01869325499. www.waterbabies.co.uk.

• Times: 10:30 - 12:00. Ages: 3 mths - 6 yrs. **Cost:** £19.50 per session (booking essential).

Dates: 10 Oct - 19 Dec.

FRIDAY

PARENTS & TOTS

Cowley Library

Temple Road, Cowley, Oxford, OX4 2EZ. 01865 770403. www.oxfordshire.gov.uk.

Rhymetime & Playtime: 10:00 - 10:30. Ages: 0 - 4 yrs. Cost: Free (drop in). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Little Ssnaplings (SSNAP)

The Maple Tree, Littleworth Rd., Wheatley, OX33 1NW. 07379 336956. www.ssnap.org.uk.

 Baby Yoga: 12:00 - 13:30. Ages: 0 - 1 yrs 3 mths. Cost: Free (booking essential). Dates: 29 Nov.

Oxford County Library

Oueen Street, Oxford, OX1 1DJ. 01865 815509. www.oxfordshire.gov.uk.

Rhymetime: 11:00 - 11:30. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

PARENTS & TOTS

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

• Times: 10:30 - 14:00. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Sunnymead Minnows

Cutteslowe Pavilion, Cutteslowe Park, Oxford, OX2 8ES. 07725 804458.

Messy Minnows: 10:00 - 12:00. Ages: 0 - 4 yrs. Cost: Free (drop in). Dates: 25 Oct, 29 Nov & 20 Dec.

MUSIC & SIGNING

Monkey Music Oxford

St. Margaret's Institute, Polseatd Road, Oxford, OX2 6TN. 01235 519806. www.monkeymusic.co.uk.

- Times: 10:15 10:45 & 15:00 15:30. Ages: 1 2 yrs.
 Times: 9:30 10:00 & 11:00 11:30. Ages: 2 3 yrs.
- Times: 11:45 12:15 & 14:00 14:30. Ages: 3 4 yrs. Times: 12:40 13:10. Ages: 3 mths 1 yrs.
- **Cost:** £8.75 per session (booking essential).

Dates: 11 Oct - 25 Oct & 8 Nov - 13 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford

The Old Schoolhouse. Magdalen Road Church, Hertford Street, Oxford, OX4 3AJ.

01865421879. www.babycollege.co.uk.

 Junior Class: 9:45 - 10:30. Ages: 1 ½ yrs - 3 yrs. Cost: £9 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Oxford Brookes BabyLab

Psychology Department, Gipsy Lane, Oxford, OX3 0BP. 01865 483676. www.babylab.brookes.ac.uk.

Oxford Brookes Babylab Studies: 7:00 - 18:30.

Ages: Pregnancy - 6 yrs. Cost: Free (booking essential).

Dates: 11 Oct - 6 Dec.

CREATIVE

The Story Museum

42 Pembroke Street, Oxford, OX1 1BP. 01865 807600. www.storymuseum.org.uk.

Small Worlds: 10:15 - 11:15, 11:45 - 12:45, 13:15 - 14:15 &

14:45 - 15:45. Ages: 0 - 5 yrs.

Cost: £6.50 per session (drop in). Dates: 11 Oct - 20 Dec.

SATURDAY

PARENTS & TOTS

Oxford County Library Queen Street, Oxford, OX1 1DJ.

01865 815509. www.oxfordshire.gov.uk. Storytime: 14:30 - 15:30. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 5 Oct - 19 Oct & 9 Nov - 21 Dec.

Are you running classes or events?







PARENTS & TOTS

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.

1st Saturday: 10:00 - 12:00. Ages: 0 - 4 yrs.

Cost: £2 per session (drop in). Dates: 5 Oct. 2 Nov & 7 Dec.

MUSIC & SIGNING

Music with Natalia

The Community Works, 21 Park End Street., Oxford, OX1 1 HU. 07933196458.

Family Music Story: 11:00 - 12:00. Ages: 3 - 11 yrs.

Cost: £10 per session (drop in).

Dates: 5 Oct - 14 Dec.

SENSORY & DEVELOPMENT

Oxford Brookes BabyLab

Psychology Department, Gipsy Lane, Oxford, OX3 0BP. 01865 483676. www.babylab.brookes.ac.uk.

• Oxford Brookes Babylab Studies: 7:00 - 18:30.

Ages: Pregnancy - 6 yrs. Cost: Free (booking essential).

Dates: 5 Oct - 7 Dec.

CREATIVE

The Story Museum

42 Pembroke Street, Oxford, OX1 1BP. 01865 807600. www.storymuseum.org.uk.

• Small Worlds: 10:15 - 11:15, 11:45 - 12:45, 13:15 - 14:15 & 14:45 - 15:45.

Ages: 0 - 5 yrs.

Cost: £6.50 per session (drop in).

Dates: 5 Oct - 21 Dec.

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Wheatley Primary School, Littleworth Road, Wheatley, Oxford, ÓX33 1NN.

07741476678. www.rugbytots.co.uk.

Times: 9:00 - 9:30, 9:40 - 10:25 & 10:35 - 11:20.

Ages: 2 - 7 yrs.

Cost: £8.25 per session (booking essential). Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

OTHER

Toddle About Oxfordshire Baby Show

Baby Show Oxfordshire, The King's Centre, Osney Mead, Oxford, OX2 0ES.

07975 904902. www.toddleabout.co.uk/baby-show.

• Baby Show Oxfordshire - 9th November: 10:00 - 15:00. Ages: Suitable for all.

Cost: Free (booking essential for goody bag or drop in). Dates: 9 Nov

SUNDAY

SENSORY & DEVELOPMENT

Oxford Brookes BabyLab

Psychology Department, Gipsy Lane, Oxford, OX3 0BP. 01865 483676. www.babylab.brookes.ac.uk.

• Oxford Brookes Babylab Studies: 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (booking essential).

Dates: 6 Oct - 8 Dec.

CREATIVE

The Story Museum

42 Pembroke Street, Oxford, OX1 1BP.

01865 807600. www.storymuseum.org.uk.

 Small Worlds: 10:15 - 11:15, 11:45 - 12:45, 13:15 - 14:15 & 14:45 - 15:45.

Ages: 0 - 5 yrs.

Cost: £6.50 per session (drop in).

Dates: 6 Oct - 22 Dec.

Are you running classes or events?



SOUTH OXFORDSHIRE AREA

MONDAY

PARENTS & TOTS

Abbey Toddlers

Abbey Baptist Church, Checker Walk, Abingdon, OX14 3JB. 01235 797948. www.abbey-baptist-church.org.uk.

Times: 10:00 - 12:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Chinnor Library

Station Road, Chinnor, OX39 4PU. 01844 351721. Rhyme Time: 11:00 - 11:30. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 7 Oct, 4 Nov & 2 Dec.

Henley Library

Ravenscroft Road, Henley-on-Thames, RG9 2DH. 01865 815278. www.oxfordshire.gov.uk.

• Rhymetime: 9:30 - 10:00. Ages: 0 - 4 yrs. Cost: Free (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

St Helen's Baby and Toddler Group

St Helen's Church Centre, off West St Helen's St, Abingdon, OX14 5BS. 01235 521039.

Times: 9:30 - 10:45. Ages: 0 - 4 yrs. Cost: £1 per session (booking essential). Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Thame Library

3 North Street, Thame, OX9 3BH. 01844 212288. www.oxfordshire.gov.uk.

Rhymetime: 11:00 - 11:30. Ages: 0 - 5 yrs.

Cost: Free (booking essential).

Dates: 7 Oct - 23 Dec.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944. www.theberincentre.co.uk. Stay and Play: 10:00 - 11:30. Ages: 0 - 5 yrs.

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Health Visitor Clinic: 13:00 - 14:00. Ages: 0 - 2 yrs.

Dates: 7 Oct, 4 Nov & 2 Dec.

• Bumps and Babies: 13:15 - 14:45.

Ages: Pregnancy - 1 yrs. Cost: Free (drop in). Dates: 7 Oct - 16 Dec.

The Happy Hub - Cholsey Children's

The Pavilion, Station Road, Cholsey, OX10 9PT. 07754 081674.

• Stay & Play: 9:00 - 11:30. Ages: 0 - 5 yrs. Cost: £2 per session (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

PARENTS & TOTS

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX33 1NW.

01865 236700. www.mapletree.org.uk.

Celebrating Sounds: 13:30 - 15:00.

Ages: Pregnancy - 5 mths.

Twinnies - Mondays - 2.00-4.00pm: 14:00 - 16:00.

Ages: Pregnancy - 5 yrs.

Cost: £2.50 per session (drop in).

Dates: 7 Oct - 30 Dec.

MUSIC & SIGNING

Abingdon Music Centre

Music Building, Larkmead School, Faringdon Road, Abingdon, OX14 1RF.

07934 364940. www.abingdonmusic.org.uk.

Mini Music Makers: 9:30 - 10:00. Ages: 3 - 5 yrs.
 Mini Music Makers: 10:15 - 10:45. Ages: 2 - 3 yrs.

Cost: £5.70 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 2 Dec.

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk. Yamaha Music School courses: 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Price varies (booking essential). Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Monkey Music Oxford

Christ Church Hall, Northcourt Road, Abingdon, OX14 1PL. 01235 519806. www.monkeymusic.co.uk.

• Times: 9:15 - 9:45, 10:00 - 10:30 & 15:00 - 15:30.

Ages: 1 - 2 yrs.

• Times: 10:45 - 11:15 & 15:45 - 16:15. Ages: 2 - 3 yrs.

• Times: 11:30 - 12:00. Ages: 3 - 4 yrs.

Times: 12:30 - 13:00 & 14:15 - 14:45. Ages: 3 mths - 1 yrs. Cost: £8.75 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 9 Dec.

Sing and Sign Oxford

Littlemore Village Hall, Railway Lane, Littlemore, OX4 4QB. 07795 005832. www.singandsign.co.uk.

• Stage 2: 9:45 - 10:30. Ages: 1 yrs 1 mths - 1 yrs 9 mths.

Stage 1: 9:45 - 10:30 & 12:15 - 13:00.

Ages: 6 mths - 1 yrs 2 mths.

Cost: £8 per session (booking essential).

Dates: 7 Oct - 25 Nov.

PHYSICAL FUN

PhyzKidz Oxfordshire

Steventon Village Hall, The Green, Steventon, Abingdon, OX13 6RR.

07709 168 740. phyzkidz.com.

PhyzKidz Totz: 10:00 - 10:45. Ages: 1 ½ yrs - 2 ½ yrs.

PhyzKidz Pre-Schoolerz: 11:00 - 11:45.

Ages: 2 ½ yrs - 5 yrs.

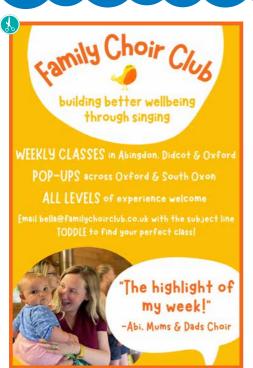
Cost: £9.50 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 9 Dec.

Are you running classes or events?







SWIMMING

Oxford Swimming Academy Harwell School, The Styles, Harwell, OX11 0HX. 07870 662483. www.oxfordswimmingacademy.co.uk. • Times: 16:00 - 18:00. Ages: 6 mths - 10 yrs.

Cost: £11.50 per session (booking essential). Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Water Babies Oxford

Steventon Private Pool, Rustlings, Milton Hill, Abingdon,

01869325499. www.waterbabies.co.uk.

Times: 10:00 - 13:00. Ages: 1 mths - 6 vrs. Cost: £19.50 per session (booking essential).

Dates: 7 Oct - 16 Dec.

TUESDAY

PARFNTS & TOTS

Jigsaw Toddler Group

St Mary's Church, Church Rd, Thame, OX9 3AJ. www.gracechurchthame.co.uk.

Times: 9:30 - 11:0

Cost: £2 per session (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 10 Dec.

PARENTS & TOTS

Little Ssnaplings (SSNAP)

The Beacon, Portway, Wantage, OX12 9BX. 07379 336956. www.ssnap.org.uk.

• Ride-on time: 10:00 - 12:00. Ages: 1 ½ yrs - 5 yrs.

Cost: Free (booking essential).

Dates: 8 Oct. 12 Nov & 10 Dec.

Red Kite Family Centre, 99 Southern Rd., Thame, OX9 2DY. 07379 336956. www.ssnap.org.uk.

Baby Massage: 10:00 - 12:00. Ages: 0 - 1 ½ yrs. Cost: Free (booking essential). Dates: 5 Nov & 3 Dec.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944. www.theberincentre.co.uk.

Growing Minds: 10:00 - 11:30. Ages: 1 - 4 yrs.

Growing Minds: 13:00 - 14:00. **Ages:** 0 - 1 yrs.

Cost: Free (booking essential).

Dates: 8 Oct - 22 Oct & 19 Nov - 17 Dec.

The Happy Hub - Cholsey Children's

The Pavilion, Station Road, Cholsey, OX10 9PT. 07754 081674.

Stay & Play: 9:00 - 11:15. Ages: 0 - 5 yrs.

Cost: £2 per session (drop in).
Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING

Abinadon Music Centre

Christ Church, Abingdon, Northcourt Road, Abingdon, OX14 1PL. 07934 364940. www.abingdonmusic.org.uk.

• Times: 9:30 - 10:00. Ages: 1 mths - 5 yrs.

• Times: 10:10 - 10:40. Ages: 2 mths - 1 yrs. Cost: £6.20 per session (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 3 Dec.

Family Choir Club

Northcourt Centre, Northcourt Road, Abingdon, OX14 1NS. 07540113340. www.familychoirclub.co.uk.

Mums & Dads Choir: 13:30 - 14:30.

Ages: Pregnancy - 2 1/2 yrs.

Cost: £8 per session (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

Yamaha Music School courses: 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Free (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford

Sprouts PlayBarn Millets Farm Centre, Kingston Rd, Frilford,

Abingdon, OX13 5HB. www.babycollege.co.uk. Juniors: 9:30 - 10:15. **Ages:** 1 ½ yrs - 3 yrs. **Toddlers**: 10:30 - 11:15. **Ages:** 9 mths - 1 ½ yrs.

Infants: 11:30 - 12:15. Ages: 0 - 9 mths.

Cost: £9 per session (booking essential).

Dates: 8 Oct - 3 Dec.

Are you running classes or events?



SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Grove Village Hall, Main Street, Grove, Wantage, OX12 7JY. 07717 757007. www.babysensory.com.

Movers: 9:30 - 10:30. Ages: 5 mths - 1 yrs 1 mths.

• Non Movers: 11:00 - 12:00 & 12:30 - 13:30.

Ages: 0 - 5 mths.

Cost: £8 per session (booking essential). Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

PHYSICAL FUN

PhyzKidz Oxfordshire

Wootton & Dry Sandford Community Centre, Lamborough Hill, Wootton, OX13 6DA 07709 168 740. www.phyzkidz.com.

PhyzKidz Mixed: 10:00 - 10:45. Ages: 1 ½ yrs - 5 yrs. Cost: £9.50 per session (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 10 Dec.

SWIMMING

Water Babies Oxford

Steventon Private Pool, Rustlings, Milton Hill, Abingdon, OX13 6AB. 01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 13:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 8 Oct - 17 Dec.

WEDNESDAY

PARENTS & TOTS

Abingdon Library

The Charter, Abingdon, OX14 3LY.

01235 520374. www.oxfordshire.gov.uk.

Rhymetime: 9:30 - 10:00 & 11:00 - 11:30. Ages: 0 - 4 yrs. Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 OBS. www.didcotbaptist.org.uk.

Toddler Group: 9:30 - 11:15. Ages: 1 - 3 yrs.

Cost: £2.50 per session (drop in).

Baby Group: 13:00 - 14:30. Ages: 0 - 2 yrs. Cost: £2.50 per session (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

The Happy Hub - Cholsey Children's

The Pavilion, Station Road, Cholsey, OX10 9PT. 07754 081674.

Stay & Play: 9:00 - 11:30. Ages: 0 - 5 yrs.

Cost: £2 per session (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

The Maple Tree Centre

Littleworth Road, Wheatley, Oxford, OX33 1NW. 01865 236700. www.mapletree.org.uk.

Baby and Bump Café: 9:00 - 12

Ages: Pregnancy - 1 1/2 yrs.

Cost: £2.50 per session (drop in). Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Abingdon Music Centre

Music Building, Larkmead School, Faringdon Road, Abinadon, OX14 1RF.

07934 364940. www.abingdonmusic.org.uk.

Mini Music Makers: 10:45 - 11:15. Ages: 2 - 3 yrs. Cost: £5.70 per session (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 4 Dec.

Berinsfield Library

Green Furlong, Berinsfield, OX10 7NR. 01865 340771. www.oxfordshire.gov.uk.

Rhymetime: 10:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

Yamaha Music School courses: 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Price varies (booking essential).

Apple Music: 10:00 - 10:30. Ages: 2 yrs - 2 yrs 11 mths. Cost: £6 per session (booking essential).

Music Wonderland: 16:30 - 17:15.

Ages: 3 yrs - 3 yrs 11 mths.

Cost: £10 per session (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Monkey Music Oxford

Sprouts Play Barn, Millets Farm Centre, Frilford, Abingdon, OX13 5HB. 01235 519806. www.monkeymusic.co.uk.

Times: 9:30 - 10:00. Ages: 3 - 4 yrs.
 Times: 10:30 - 11:00. Ages: 2 - 3 yrs.
 Times: 11:15 - 11:45 & 15:00 - 15:30. Ages: 1 - 2 yrs.

• Times: 14:15 - 14:45. Ages: 3 mths - 1 yrs. Cost: £8.75 per session (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 11 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford
District Community Centre, Gentian Mews, Didcot, OX11 6GR.

01865421879. www.babycollege.co.uk.

Juniors: 9:45 - 10:30. Ages: 1 ½ yrs - 3 yrs.

• Toddlers: 10:45 - 11:30. Ages: 9 mths - 1 ½ yrs. • Infants: 11:45 - 12:45. Ages: 0 - 9 mths.

Cost: £9 per session (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

The Discovery Den

The Parish Hall, Sunnyside, Benson, OX10 6LZ. 07771850760. www.thediscoveryden.co.uk.

• 1 - 2 Yrs & Families: 9:20 - 10:10.

• 2 Yrs up & Families: 10:30 - 11:20. • Babies: Birth Up: 11:40 - 12:30.

Babies: Birth Up: 12:45 - 13:35.

• Halloween Special 23rd Oct: 9:20 - 10:10, 10:30 - 11:20 & 11:40 - 12:30.

Cost: £8.75 per session (booking essential). Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Are you running classes or events?







PHYSICAL FUN

PhyzKidz Oxfordshire

GWP Southern Community Centre, Sorrel Crescent, Didcot, OX11 6HQ. 07709 168 740. www.phyzkidz.com. PhyzKidz Mixed: 10:00 - 10:45. Ages: 1 ½ yrs - 5 yrs.

Cost: £9.50 per session (booking essential). Dates: 9 Oct - 23 Oct & 9 Oct - 11 Dec.

SWIMMING

Oxford Swimming Academy

Radley College Pool, Kennington Road, Radley, Abingdon,

07870 662483. www.oxfordswimmingacademy.co.uk. • Timess: 9:30 - 12:00. Ages: 4 mths - 4 yrs 9 mths.

Cost: £11 per session (booking essential). Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Water Babies Oxford

Oratory Preparatory School, Great Oaks, Goring Heath, Reading, RG8 7SF. 01869325499. www.waterbabies.co.uk. • Times: 9:45 - 11:45. Ages: 1 mths - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 9 Oct - 18 Dec.

Steventon Private Pool, Rustlings, Milton Hill, Abingdon, OX13 6AB. 01869325499. www.waterbabies.co.uk.

 Times: 10:00 - 12:30. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 9 Oct - 18 Dec.

THURSDAY

PARENTS & TOTS

Brightwell Toddlers

The Stewart Village Hall, West End, Brightwell-Cum-Sotwell, OX10 ORT.

 Times: 9:15 - 11:15. Ages: 0 - 5 yrs. Cost: £2.50 per session (drop in). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Buckland Baby & Toddler Group

Buckland Memorial Hall, Orchard Road, Buckland, Faringdon, SN7 8QT. 07496 134139.

• Buckland Baby & Toddler Group: 9:30 - 11:00.

Cost: Free (drop in).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Oakley Baby and Toddler Group Oakley Village Hall, Oxford Road, Oakley, HP18 9RD.

• Times: 10:00 - 11:30. Ages: 0 - 5 yrs. Cost: £2 per session (drop in). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 OBS.

www.didcotbaptist.org.uk. Toddler Group: 9:30 - 11:15. Ages: 1 - 3 yrs.

Cost: £2.50 per session (drop in). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Thame Library

3 North Street, Thame, OX9 3BH. 01844 212288. www.oxfordshire.gov.uk. Storytime: 15:30 - 16:00. Ages: 3 - 7 yrs.

Cost: Free (drop in). Dates: 10 Oct - 19 Dec.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944. www.theberincentre.co.uk.

• Themed Thursday: 10:00 - 11:00. Ages: 0 - 5 yrs.

Stay and Play 13:15 - 14:45. Ages: 0 - 5 yrs.

Cost: Free (booking essential). Dates: 10 Oct - 12 Dec.

The Happy Hub - Cholsey Children's Centre

The Pavilion, Station Road, Cholsey, OX10 9PT. 07754 081674.

Stay & Play: 9:00 - 11:30. Ages: 0 - 5 yrs. Cost: £2 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

The Maple Tree Centre

Littleworth Road, Wheatley, Oxford, OX33 1NW. 01865 236700. www.mapletree.org.uk.

 Little Explorers: 10:00 - 11:30. Ages: Pregnancy - 5 yrs. Cost: £2.50 per session (drop in).

Dates: 10 Oct - 2 Jan.

Are you running classes or events?

MUSIC & SIGNING

Family Choir Club

Ladygrove Community Centre, Tamar Way, Didcot, OX117UO

07540113340. www.familychoirclub.co.uk.

• Tots Choir: 9:30 - 10:15. Ages: 1 1/2 yrs - 5 yrs.

Cost: £7.80 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec. Mums & Dads Choir: 10:45 - 11:45.

Ages: Pregnancy - 2 yrs.

Cost: £8 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

Yamaha Music School courses: 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Ballet lessons: 16:00 - 19:30. Ages: 3 - 18 yrs. Cost: £8 per session (booking essential).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Monkey Music Oxford

Thame Barns Centre, Church Road, Thame, OX9 3AJ. 01235 519806. www.monkeymusic.co.uk.

• Times: 10:00 - 10:30. Ages: 2 - 3 yrs.

• Times: 10:45 - 11:15. Ages: 1 - 2 yrs. • Times: 11:30 - 12:00. Ages: 3 mths - 1 yrs.

Cost: £8.75 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 12 Dec.

SWIMMING

Oxford Swimming Academy

Radley College Pool, Kennington Road, Radley, Abingdon,

07870 662483. www.oxfordswimmingacademy.co.uk.

• Times: 9:30 - 12:00

Ages: 4 mths - 4 yrs 9 mths.

Cost: £11 per session (booking essential). Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Water Babies Oxford

Steventon Private Pool, Rustlings, Milton Hill, Abingdon,

01869325499. www.waterbabies.co.uk.

Times: 10:00 - 12:30. **Ages:** 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 7 Nov - 19 Dec.

HEALTH & WELLNESS

Pop up Pilates

Christ Church Abingdon, Northcourt Road, Abingdon, Abingdon, OX14 1PL.

07731 321991. www.pop-up-pilates.com.

Pregnancy and Postnatal Pilates Class: 11:15 - 12:00.

Ages: Pregnancy - 3 yrs.

Cost: £9.75 per session (booking essential).

Dates: 10 Oct - 17 Oct.

FRIDAY

PARENTS & TOTS

Didcot Library

197 Broadway, Didcot, OX11 8RU. 01235 813103. www.oxfordshire.gov.uk. • Times: 9:30 - 10:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 11 Oct & 25 Oct.

Our Lady & St Edmund's Baby & Toddler

St. Edmund's Parish Centre, 1 Oxford Road, Abingdon, OX14 3PL. 07717 059411.

 Times: 9:30 - 11:15. Ages: 0 - 5 vrs. Cost: £1 per session (drop in).
Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

The Happy Hub - Cholsey Children's

The Pavilion, Station Road, Cholsey, OX10 9PT. 07754 081674.

• Stay & Play: 9:00 - 11:30. Ages: 0 - 5 yrs. Cost: £2 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

The Maple Tree Centre

Littleworth Road, Wheatley, Oxford, OX33 1NW. 01865 236700. www.mapletree.org.uk.

 Play and Learn: 10:00 - 11:30. Ages: 0 - 5 yrs. Cost: £2.50 per session (drop in).

Dates: 11 Oct - 1 Nov.

MUSIC & SIGNING

Abingdon Music Centre

Music Building, Larkmead School, Faringdon Road, Abingdon, OX14 1RF.

07934 364940. www.abingdonmusic.org.uk.

Mini Music Makers: 9:15 - 9:45. Ages: 4 mths - 4 yrs.
 Mini Music Makers: 10:00 - 10:30.

Ages: 2 ½ yrs - 3 ½ yrs.

Cost: £5.70 per session (booking essential). **Dates:** 11 Oct - 25 Oct & 8 Nov - 6 Dec.

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

Yamaha Music School courses: 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths. **Cost:** Free (booking essential).

Apple Music: 10:00 - 10:30. Ages: 2 yrs - 2 yrs 11 mths.

Cost: £6 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Monkey Music Oxford

Sprouts Play Barn, Millets Farm Centre, Frilford, Abingdon, OX13 5HB. 01235 519806. www.monkeymusic.co.uk.

Times: 10:45 - 11:15. Ages: 2 - 3 yrs.
Times: 10:00 - 10:30. Ages: 1 - 2 yrs.
Times: 11:30 - 12:00. Ages: 3 mths - 1 yrs.

Cost: £8.75 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 13 Dec.

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SENSORY & DEVELOPMENT

Baby Sensory (Wantage) Grove Village Hall, Main Street, Grove, Wantage, OX12 7JY. 07717 757007. www.babysensory.com.

Movers: 9:30 - 10:30. Ages: 5 mths - 1 yrs 1 mths.

Non Movers (Grove): 11:00 - 12:00. Ages: 0 - 5 mths.

Non Movers & Movers: 12:30 - 13:30. Ages: 0 - 1 yrs. Cost: £8 per session (booking essential).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

The Discovery Den

Crowmarsh Gifford Village Hall, Benson Lane, Crowmarsh Gifford, OX10 8ED.

07771850760. www.thediscoveryden.co.uk.

• 1 - 2yrs & Families: 10:00 - 10:50

• 2 Yrs Up & Families: 11:10 - 12:00.

Babies: Birth Up: 12:20 - 13:10.

Cost: £8.75 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

PHYSICAL FUN

Rugbytots - South & West Oxfordshire

Wallingford Sports Park, Hithercross Road, Wallingford, OX10 9RB. 07900986137. www.rugbytots.co.uk.

Times: 9:30 - 10:00. Ages: 2 yrs - 3 ½ yrs.
 Times: 10:10 - 10:55. Ages: 3 ½ yrs - 5 yrs.

Cost: £9 per session (booking essential). Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

SWIMMING

Oxford Swimming Academy

Kingfisher School, Radley Road, Abingdon, OX14 3RR. 07870 662483. www.oxfordswimmingacademy.co.uk.

• Times: 17:30 - 20:00. Ages: 3 - 10 yrs. Cost: £11 per session (booking essential).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Water Babies Oxford

Oratory Preparatory School, Great Oaks, Goring Heath, Reading, RG8 7SF.

01869325499. www.waterbabies.co.uk.

 Times: 9:00 - 12:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 11 Oct - 27 Dec.

SATURDAY

PARENTS & TOTS

Abingdon Library

The Charter, Abingdon, OX14 3LY. 01235 520374. www.oxfordshire.gov.uk.

Story Time: 14:30 - 15:00. Ages: 3 - 5 yrs. Cost: Free (drop in).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

The Maple Tree Centre

Littleworth Road, Wheatley, Oxford, OX33 1NW. 01865 236700. www.mapletree.org.uk.

Family Fun: 10:00 - 11:30. Ages: 0 - 10 yrs. Cost: £2.50 per session (drop in).

Dates: 19 Oct & 16 Nov.

MUSIC & SIGNING

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

Junior Music Course: 13:30 - 14:30.

Ages: 4 yrs - 5 yrs 11 mths.

Cost: £14 per session (booking essential).

Yamaha Music School courses: 9:00 - 19:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Price varies (booking essential).

Music Wonderland: 10:15 - 11:00.

Ages: 3 yrs - 3 yrs 11 mths.

Cost: £10 per session (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

PHYSICAL FUN

PhyzKidz Oxfordshire

The Manor Prep School, Faringdon Road, Shippon, Abingdon, OX13 6LN.

07709 168 740. www.phyzkidz.com.

PhyzKidz Totz: 9:30 - 10:15. Ages: 1 ½ yrs - 2 ½ yrs.

Cost: £9.50 per session (booking essential).

Dates: 12 Oct - 19 Oct & 9 Nov - 14 Dec. PhyzKidz Pre-Schoolerz: 10:30 - 11:15.

Ages: 2 ½ yrs - 5 yrs.

Cost: £8 per session (booking essential). Dates: 12 Oct - 19 Oct & 9 Nov - 7 Dec.

Are you running classes or events?



PHYSICAL FUN

Rugbytots - South & West Oxfordshire

Moulsford Preparatory School, Moulsford on Thames, Wallingford, OX10 9HR. 07900986137. www.rugbytots.co.uk.

• Times: 8:40 - 9:10 & 10:05 - 10:35. Ages: 2 yrs - 3 ½ yrs. Cost: £9 per session (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

St Birinus School, Mereland Road, Didcot, OX11 8AZ.

Times: 9:15 - 10:00 & 10:40 - 11:25. Ages: 3 ½ yrs - 5 yrs.

Cost: £9 per session (booking essential). Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Rugbytots Thame, Bicester and Oxford Lord Williams Lower School, Towersey Road, Thame,

OX9 3NW. 07741476678. www.rugbytots.co.uk. • Times: 8:10 - 8:40, 8:45 - 9:30, 9:35 - 10:05, 10:15 - 11:00,

11:05 - 11:35, 11:45 - 12:30 & 12:35 - 13:20. **Ages:** 2 - 7 yrs.

Cost: £8.25 per session (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SWIMMING

Oxford Swimming Academy Harwell School, The Styles, Harwell, OX11 0HX. 07870 662483. www.oxfordswimmingacademy.co.uk.

Times: 9:00 - 12:00. Ages: 6 mths - 10 yrs.

Cost: £11.50 per session (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SWIMMING

Water Babies Oxford

Kingfisher School, Radley Road, Abingdon, OX14 3RR. 01869325499. www.waterbabies.co.uk.

• Times: 13:00 - 17:00. Ages: 1 mths - 6 yrs. **Cost:** £19.50 per session (booking essential).

Dates: 5 Oct - 21 Dec.

SUNDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Lord Williams Lower School, Towersey Road, Thame, OX9 3NW. 07741476678. www.rugbytots.co.uk.

Times: 8:10 - 8:40, 8:45 - 9:30 & 9:35 - 10:20.

Ages: 2 - 7 yrs.

Cost: £8.25 per session (booking essential). Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

SWIMMING

Water Babies Oxford

Oratory Preparatory School, Great Oaks, Goring Heath, Reading, RG8 7SF. 01869325499. www.waterbabies.co.uk.

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 Times: 8:00 - 13:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). Dates: 6 Oct - 15 Dec.

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