



HENRY MORGAN RESORT

A hotel that will fulfill the expectations of your next vacation



A RESORT TO SHARE WITH YOUR FAMILY
IN 2023. **PÁG. 6**

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1st EDITION
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Roatan Today

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We are a Digital Magazine where we highlight the Positive Notes of our beautiful Bay Islands and the Rest of Honduras. We are focused on topics of interest such as: Positive News, Events, Social Note, Entrepreneurship, Touristic Sites, Investment and Technological Advances, among others.

This is a project that we are managing with a lot of enthusiasm and optimism.

It is time to appreciate the positive things, with the vision of achieving a progressive development and continue to grow continuously to exploit the greatest potential of

the natural beauty that our country has and especially the island of Roatan, to achieve the investment that is needed and create an excellent business climate. We would like to dedicate this first edition to the memory of our friend Angel Handal who inspired us to create this digital project.

Angel Handal a true angel for Roatán Today



Lifetime photo of Angel Handal.

People do not die, they are only reunited with God. Because they live and remain in our memory and hearts. Angel will always be remembered for his great positive attitude and motivation.

It was passing the day June 30, 2015, chatting happily in the hotel he managed in Roatan, between laughter and a pleasant conversation of various topics came the idea of making a directory and a mobile application to show a calendar of activities that tourists in Roatan can visit during their stay on the island, and that is how the name came up: Roatan Today, same that was registered that same day with the purchase of the web domain: roatan-today.com. That gift that was in you, although you are no longer with us, remains alive. In honor of the above, we make a heartfelt remembrance, for your enthusiasm, spirit full of life and generosity that characterized you, in Roatan Today we will always remember you. On August 14, 2019 the world lost a great human being, however, heaven

gained Angel Handal, a brave and fighter man who for many years made war on his disease, but in his last breath of life decided to do it in peace with what he loved most, his family. It was in San Pedro Sula on February 24, 1972 when he decided to come into the world to brighten the lives of those around him, being the second of eight children of Don Juan and Daisy Handal. Over the years he studied in different institutions, among them the Colegio de Valle de Sula and the Centro Educacional Adventista (CEA), where he made beautiful and lasting friendships. He was always characterized by his dynamism, so he was involved in many extracurricular activities such as volleyball, tennis, playing drums in the school band and was an active member of the Children's International Summer Villages (CISV). That energy and enthusiasm also carried over to other areas of his life, so he took on different jobs such as managing a nightclub, to

He later managed his own electronics business and ran a hotel in Roatan, where he most enjoyed fishing, diving and networking. In addition, throughout his life, he lived in different cities such as San Pedro Sula, Santa Barbara, Houston, Dubai and Roatan. October 11 represented a very important date for him, as on that day in 2000 he welcomed his beautiful daughter, Valeria, who became the center of his life and always showed him the great love he had for her. He is survived by his parents, his daughter Valeria, his siblings Juan, Sergio, Carol, Mauricio, Hector, Oscar, Claudia, as well as fourteen nieces and nephews and countless friends around the world.

ON AUGUST 14
 2019 the world lost a great human being, however, heaven gained Angel Handal, a brave and fighter man who for many years made war on his disease, but in his last breath of life decided to do it in peace with what he loved most, his family.

The years go by and your loved ones and the lives you touched during your journey through this world, we miss your wonderful spirit, so full of life and compassion. Heaven is blessed to have you, always in our hearts, dear Angel.

EDITORIAL

A past and a present to highlight

On April 30, 1859, the Bay Islands were returned to Honduras and ceased to be part of the British crown, but the English essence still prevails in the natives of this wonderful island.

Roatan Today: is a window to explore , receiving this year with the best attitude , in this 2023, eight years after having started our idea We open to the world in this third year of pandemic Covid 19. Islas de la Bahía, is one of the most important departments of Honduras. It is enriched by its ethnic multiculturalism, its gastronomy and its wonderful turquoise blue ocean with the coral reef that surrounds it, its green mountains and its people. Today we want to share with you our first digital edition of Roatan Today, we hope to stay with you. On April 30, 1859, the Bay Islands were returned to Honduras and ceased to be part of the British crown, but the English essence still prevails in the natives of this wonderful island. The Bay Islands is one of the 18 departments of Honduras; with an extension of 229 Kms², it is an archipelago that is conformed by three islands: Útila, Roatán, Guanaja and several smaller islands. The largest island is Roatán, with an area of 82.8 km². Its history is framed by a series of events that shape the identity and

culture of its inhabitants. Its protagonist is the Italian navigator, Christopher Columbus, who landed with his crew on the island of Guanaja on June 30, 1502, during his fourth and last voyage. Due to the abundance of pine trees in the territory, Columbus named the island "Islas de Los Pinos" and his intention at the moment of arriving at the place was only to stock up on water and food to continue his voyage to the Indies. However, upon observing the immense natural wealth that the place possessed, he called it the Island of Roatan for the Spanish crown and later departed for Puerto de Castilla. During the conquest, the Bay Islands were populated by indigenous people of the Paya ethnic group, who were captured to be enslaved and sold in other islands of the Antilles. Likewise, the first English and Dutch settlements and the permanent piracy

that the Spaniards had to fight in the Caribbean began and Roatán was not excluded.

That is why the idea of creating a magazine in which all the positive things that the island has, among them its people, its culture, its gastronomy and the natural beauty it has, can be captured. Impregnated in it is the essence of the island, as it tries to highlight its beginnings, but also its aspirations.

Its hardworking and noble people, which makes the place a unique island with an enormous potential that is worthy of being known nationally and internationally.

Currently, the main economic activities of the island are wholesale and retail trade with 7%, accommodation and food services 16%, construction 11%, transportation and warehousing 9.2% and administrative and support services 8.1%.

Currently, the main economic activities of the island are wholesale and retail trade with 7%, accommodation and food services 16%, construction 11%, transportation and warehousing 9.2% and administrative and support services 8.1%.

"Have you written down your goals for 2023 already?"

By:
Kendra M. Ardon
Journalist,
Teacher,
Entrepreneur



We just closed a year 2022 and some of our expectations were not met and perhaps starting this year with a lot of frustration. Many people were fired from their jobs and at this time are going through an existential crisis and do not know what the future holds for them.

The advantage is that the new year allows us to reinvent ourselves, get rid of our fears and start the year with new ideas. To develop these ideas, what we have to do is to write them down. To say this January I intend to lose weight. To lose weight you have to go on a diet, exercise at home, go out diet, exercise at home, go jogging if you can't afford a gym.

If the goal is to study, graduate from college, high school, or finish a course. You have to make a plan and start studying. Whatever activity you want to do? You must write it down and you will ask me why? Because if you write it down you will remember that you have to accomplish the goal. And you, do you already have written your goals for 2023?



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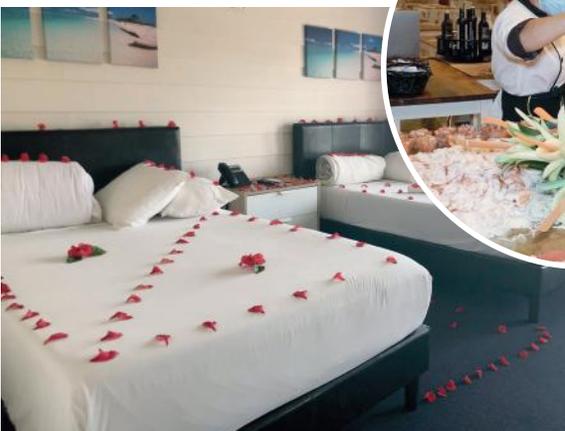
ITPROSHN

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Henry Morgan Resort, a hotel that will fulfill your expectations on your next vacation



Their guests can choose between swimming in the pools or in the crystal clear waters of the sea.



: Its rooms have the comfort you deserve.



At Henry Morgan you can enjoy its white sand and crystal clear waters.

Henry Morgan Resorts is a hotel located in West Bay, one of the best beaches in Roatan. This is the ideal place for you to relax under the sun with its white sand and other natural beauty. With its all-inclusive system and special packages you can fulfill your expectations in your next vacation, so here we will be providing all the information for you to plan your next trip to the island paradise.

One of the important points to consider when choosing a hotel to stay at, is the menu offered and Henry Morgan is one of its strengths, since it has a restaurant that makes the difference between all the others, for being an international menu, of quality and with the delicious flavor of the island. As for the rooms, here they take care of every single detail to make you feel at home. This hotel has 240 rooms, which include some amenities such as air conditioning, safe box, wifi, TVs with cable channels, refrigerators and cleaning services.

Its bathrooms have showers and hair dryers and the best of all is the following. The most important thing is that this hotel has balconies, where you can enjoy a beautiful dreamy sunset. It is important to mention that if you or your family have special needs, Henry Morgan has the appropriate rooms and bathrooms. In addition, you can enjoy a number of recreational activities including beach volleyball and snorkeling, as well as relaxing facials, manicures, pedicures and massages at the on-site spa.

You can also enjoy other services such as an outdoor pool for children and adults with lounge chairs and umbrellas, parking, shuttle service to and from the ferry terminal or airport. Also, if you would like to celebrate an important event such as weddings, birthdays and others, the hotel has the space, furniture and equipment to make your event unforgettable. Henry Morgan is the place you were looking for, as it offers these and many more services.

We invite you to follow them on their social networks or get advice from a tourism assistant so you can enjoy a well-deserved and unforgettable vacation that only Henry Morgan will give you.

PUNTA GORDA, a magical place full of history and tradition

Punta Gorda was the first destination where the Caribs arrived from the island of San Vicente, which is why the Garifuna community is so extensive in the Honduran territory.



The Garifuna are characterized by being friendly and very smiling people.



Roatán is an island known worldwide for its natural beauty, its traditions and its people, who from the moment tourists arrive, welcome them warmly and make them feel at home. Its charm is also accompanied by a rich and varied ethnic and cultural history, which begins with the settlement of the Mayas and Pech. Centuries later, they arrived Spanish, English, Dutch, French and African slaves, who settled in different sectors. Finally, the Garifunas arrived on the island and formed the community of Punta Gorda, the first settlement of this ethnic group in Central America. This was undoubtedly a meeting of completely different cultures, which allowed this cultural richness to disperse and unify, which in turn led to the island to be recognized for its movements to the rhythm of music and its unmistakable cuisine. It is important to mention that April 12 represents an important date for this community, since it commemorates the arrival of the first people from San Vicente Island, Honduras, which is why the Garifuna commu-

nity is so extensive in the Honduran territory. During the celebration, they carry out the dramatization of the arrival of the Garifuna people, which came from Yurume, a region of the Caribbean island of San Vicente, where the first Garifuna people originated in 1797. In addition, they march on foot and by boat across the bay, as a symbol of the arrival and freedom achieved by the Garifuna when they escaped from British and Spanish domination and slavery. The festivity allows to know their culture in its maximum splendor, since it includes their traditional music that is accompanied by drums, typical costumes with the colors black, white and yellow and a lot of dance better known as "Punta", as well as religious acts in their native language and of course their traditional Indian barbarian. The typical dishes should not be missed, among them the "Machuca", which is made of mashed plantain with fish soup, its renowned coconut bread and the Gifiti, an alcoholic drink made from herbs. Its gastronomy is based on fishing and includes fish soup, shrimp and lobster.



Their traditional instruments with which they play and dance to the rhythm of the Punta are very representative and important in the community.

Punta Gorda gives you the possibility of doing a series of recreational activities, ranging from water activities to snorkeling. You can also practice their traditional fishing method or you can enjoy a show full of dance, joy and color or you can visit the handicraft stores. When you visit this paradisiacal place we recommend you to support their local businesses, in order to generate better income and so that the community can maintain their traditional ways of life. Its inhabitants will be happy to share their traditions and you will have the opportunity to enjoy its waters, which are considered to be the best in the world. The cleanest of all the Caribbean Sea. Located on the northeast coast of Roatan, Punta Gorda offers you the opportunity to discover new landscapes with crystal clear waters, white sand and its colorful and representative people, who will welcome you and will not hesitate to teach you how to dance punta, so that when you return you can take a little bit of their tradition with you.

IT Pro's a company at the forefront of technological innovation in Bay Islands

This is an easy to use tool and the best thing is that it is designed to perform most of the administrative tasks of the companies.

ITPro's is a company dedicated to the development and sales of software that contains the necessary and effective tools to fulfill business tasks, designed to meet the needs of the client. "Its specialty is based on the development of computer software, graphic and web design, computer technical consulting and assisted labor management. In that sense, it offers invoicing services, accounts receivable, accounts payable, inventories, purchases and customized reports" expressed Janeth Grandez from the administrative area of the company.

This is an easy to use tool and the best thing is that it is designed to perform most of the administrative tasks of the companies.

The administrative software is developed by ITPRO'S, which efficiently and securely manages all point-of-sale processes, as well as general administration.

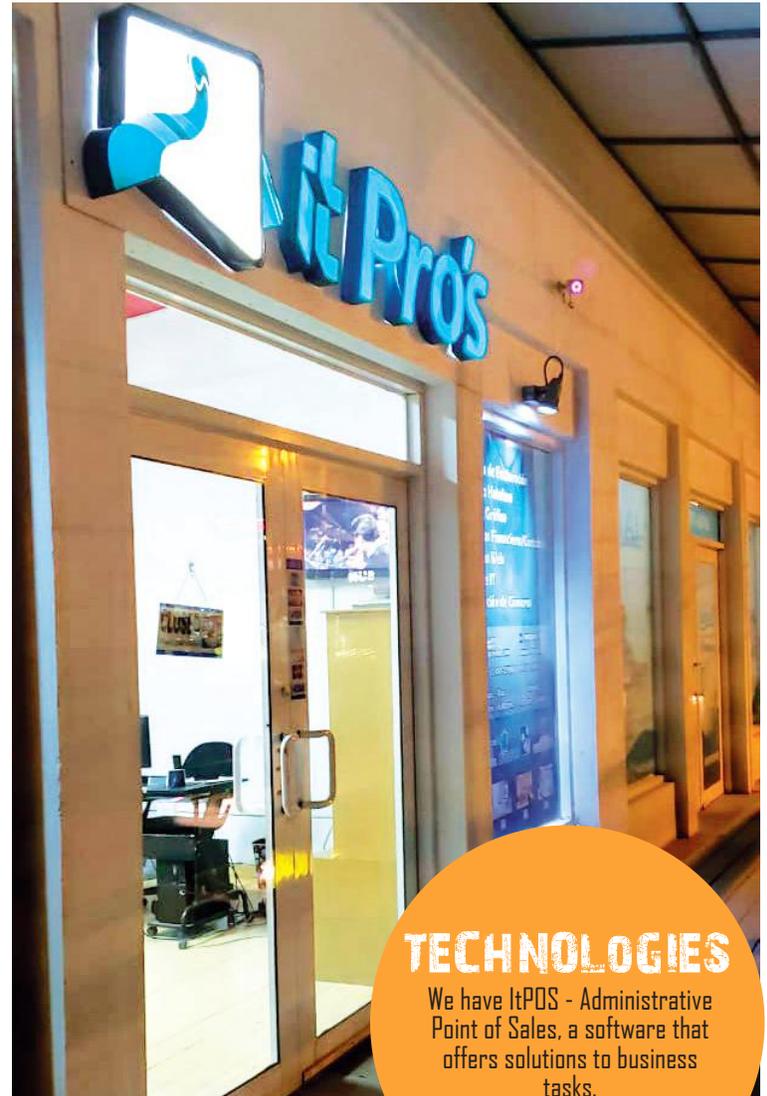
We have the wonderful itPOS system, which is an Administrative Sales Point, a software that offers solutions to additional business tasks.

On the one hand, there is DroidPos, which is optional and consists of an application for Android phones that allows companies to manage the routes of the product delivery carts. Its importance lies in the fact that from the application sellers can make co-

lections, with the ease that the invoices are printed by a portable printer, in addition, it is able to reprint or cancel an invoice.

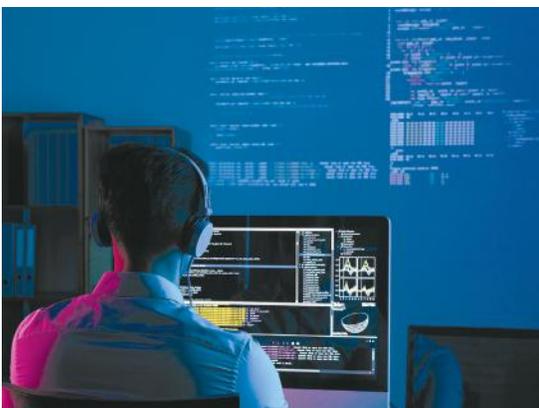
This makes business management easier. To perform these actions, it is not necessary that the phone is connected to a wifi network, since it has an option to synchronize data, so that when it has internet access it can reduce the inventory of the delivery truck, as well as update invoices and inventory movements on the server.

On the other hand, there is WaiPos, which is also optional. This is an application for tablets, designed to manage orders at the tables of restaurants or bars. With this command, from the application the waiters can carry out the order of the table and automatically updates the system, this like the previous one, also allows reprinting invoices. However, this application does need to have access to wifi to be able to invoice, it has the function of grouping the same products, in case that in a table the same order is made several times, avoiding that the same order appears individually on the invoice. Finally, ItPro's offers additional services that include accounting and financial consulting, corporate legal advice, corporate image management, web pages, social networks, digital marketing, logo and graphic line, technical support and others.



TECHNOLOGIES

We have ItPOS - Administrative Point of Sales, a software that offers solutions to business tasks.



The systems we develop in ItPro's are user friendly.



Janeth Grandez and Alfredo Funez, founders of ItPro's.



Our software is a useful tool in business tasks.

Splash Inn dive Resort the perfect hotel for Divers

Splash Inn is a boutique hotel with 25 rooms located in the heart of West End. A charming little town surrounded by the clear blue waters of Half Moon Bay.

Around our hotel you will find dive stores, cafes and restaurants, just a few steps from the ocean, everything you need within walking distance! No other hotel will block your view of the shimmering Honduran Caribbean paradise here because we are beachfront. We love to make sure our guests experience the island in the utmost comfort. All of our hotel rooms are fully equipped with free wi-fi, hot water, air conditioning and cable TV.

We have a dive area, not all Roatan resorts have highly qualified and experienced instructors on site.

You don't have to walk far, just a few steps from your rooms. If you want to come diving in Roatan ask for our exclusive packages. During your stay with us enjoy the best entertainment and international food at the end of the day. Ask for a reservation now!

CONTACT

Splash Inn Dive Resort Main Street, West End, Roatan, Bay Islands, Honduras, Central America. General Inquiries: info@roatansplashinn.com



splashinn.com. General Manager: rafa@roatansplashinn.com. Phone and WhatsApp: (+504) 9626-7919

Hotel Marina Copán, an architectural heritage you should know about



The architectural beauty is palpable from the moment you enter the facilities.

El Hotel Marina Copán is a 4 star hotel that preserves the colonial architectural heritage of the town, which has an impressive history and natural beauty. It is located in Copán Ruinas, El Centro neighborhood, Centroamericana Ave.

18 Conejos de Copán Ruinas, approximately 9 minutes from downtown. If you are thinking of traveling to visit the fascinating Mayan World and to appreciate the beauty of the town, Hotel Marina Copán is the right place for you to stay, since it offers rooms with four different categories, including triple and double.

Also, guests have access to a series of services that include telephone, air conditioning, hair dryer, desk, television, kitchen area, private bathroom and closet.

It also has a restaurant where you will be served a delicious continental breakfast. It also offers free private parking, a bar and a garden where you can enjoy the freshness of nature. Ho-

tel Marina Copán gives you the possibility to book right now, just go to their website and make sure that the hotel is free for the dates you request, so it is necessary that you are specific when filling out the form, then you will receive a confirmation email and ready, you can explore all the beauty of our ancestors.



Fantasy Island Beach Resort, Dive and Marina All Inclusive



Fantasy Island Beach Resort, Dive and Marina All Inclusive rooms have all the amenities you need to enjoy your vacation.

CONTACT

If you want more information, you can follow him on his social networks. On Facebook you can find it as Fantasy Island Beach Resort, Dive & Marina, on Instagram as @Fantasy_island_resort_roatan or you can reach them at 3198-2973.

Fantasy Island Beach Resort, Dive and Marina All Inclusive, is a three star all inclusive hotel located in Roatan, Bay Islands. It offers high quality services, such as round-trip airport transfers, three outdoor pools, 24-hour front desk, tour assistance, luggage storage and more.

The hotel has 109 rooms with different amenities including air conditioning, separate sleeping area, safe deposit box, bathroom with shower, cable TV and daily maid service. It also has two restaurants: Las Palmas and La Palapa. Las Palmas serves an international buffet.

La Palapa, which is located on the beach, offers buffet and a la carte menus. Its bar offers a wide variety of alcoholic and non-alcoholic beverages. At Fantasy Island Beach Resort, Dive and Marina All Inclusive you can do a number of activities including snorkeling and horseback riding or you can simply enjoy the sun on their private beach.

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Gula Restaurant with Mediterranean Flavor

If you are visiting the island of Roatan and are staying in West Bay and want to enjoy a good atmosphere surrounded by the sea, Gula is the best option.

Whether you are alone or with friends. Gula has a variety of wines that can be combined with delicious national or foreign dishes and desserts. If you want to make a reservation contact us and make a reservation at (504) 9600-0287, look for us on social networks <https://www.facebook.com/GULA-GastrobarAndWinery>.



In your next meeting don't forget to visit Gula.

At Gula you will find a romantic oceanfront setting.

SeaLand Adventures an extreme experience in Roatán

Sea Land Adventure is an entertainment and adventure company on the island of Roatan, which with its experiences and activities will make your vacation unforgettable. With its team of specialized collaborators, Sea Land Adventure will take you on a tour by sea or land, as you prefer, and you will have the opportunity to see the wonders of the island of Roatan. During the tour you can choose a series of activities such as catamaran, kayak, class bottom boat, dolphins, shipwreck, mangrove tour, in the Cayos Cochinos and by land you have the options to visit Little french key, MonkeyPark and Canopy Tour in the Garifuna community of Punta Gorda.



The tour will be the most attractive, so you can enjoy an unforgettable vacation.

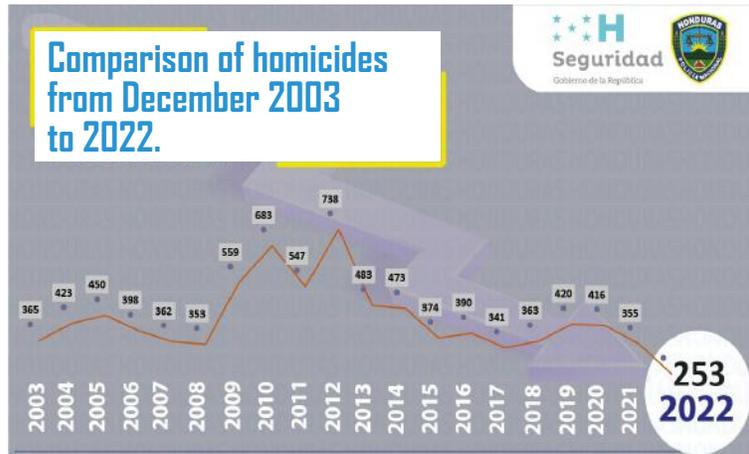


CONTACT

To have the best adventures by land or by sea, contact us at the following phone numbers and WhatsApp **9764-4193, 8853-3744** or visit our social networks <https://www.facebook.com/roatansealand/>

The Sea Land Adventure team is waiting to take you on a spectacular tour of the island.

Honduras closed the year 2022 with positive news



In the last 20 years there has never been such a low number of homicides in the month of December, with a preliminary average of 8.2 homicides per day.

According to the report released by the National Police, Honduras closed the year 2022 with positive news, as the number of incidents decreased considerably. In the last 17 years, in 2022 there was a historical reduction of 35.79 homicide rate per 100 thousand inhabitants, in that sense, the report points out that last December 12, 2022, no homicide was registered in the whole national territory. The data shows that 3,435 deaths were recorded in the country. The country's homicide rate is down by 507 homicides compared to the year 2021. Likewise, it presents a historic reduction in the number of homicides in 2022, in which 3435 were registered. Which has been above

40 per 100 thousand inhabitants since 2006, even the figure reached 86.46 in 2011, however, the number was reduced to 38.68 in 2020 due to the limitation of circulation by Covid-19.

It is important to note that the reduction in criminal acts is due to the measures implemented by the authorities to stop violence and insecurity. Among the measures in force is the state of exception in which several sectors of the country have been under since December 6, 2022, until January 6 of this year, although there is the possibility of extending it for a longer period and including other dangerous areas of the country.

In addition, 6,291 arrest warrants were executed, as well as 3,961 weapons seized, 12 military fatigues, 05 military boots and 08 PMOP insignia.

For the benefit of the population, 53 medical brigades were also carried out, benefiting 9,435 people. Likewise, more than 1,400 new police officers and more than 8,500 were trained and specialized in different areas; 3 international symposiums were held.

Casa del Sol, Plaza and Hotel, the cozy place to stay in Choluteca



Its facilities are air-conditioned so you can feel comfortable.



Your guests have access to the pool so they can relax and enjoy their vacation.

Casa del Sol is a plaza and hotel that offers warm and excellent facilities where you can stay with your family and friends. This hotel offers a variety of rooms, which go according to your tastes and needs, including television, wifi and more. Its services are also accompanied by a delicious breakfast in the style of the house, ample parking for your vehicle, as well as a swimming pool so you can relax and enjoy your vacation.

The hotel Casa del Sol is located on Boulevard Mauricio Oliva, in front of SOS villages, Choluteca, the (This phrase is also separated) best of all is that just 10 minutes away is Unimall, where you can find what you need. Also, if you are interested in holding any event you want, from weddings, birthdays, trainings, graduations and more.

CONTACT

For more information you can contact the following numbers **2780-3011** and **9500-2925** or you can write to casadelsolplazayhotel@gmail.com.

Create your memories with Three Boys Tours Roatán

Three Boys Tours Roatán is a tour operator that provides travelers with a first class service, including professional and safe driving, as well as expert guides that will help you create an unforgettable experience during your tour of the island.



With the operator you can choose the activity you like the most, so you can enjoy the tour.



This operator is in charge of personalizing your visit, guaranteeing efficiency during each stop time, so you don't miss the wonders that the place has to offer. During the tour you can perform activities such as water adventures, encounters with exotic animals or any other high adrenaline land activity, depending on what you want to do. To make your tour and create memories, you can acquire more information through threeboystoursroatan@gmail.com or you can write to the number 9574 -3897.

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¿Estás Listo Para El Próximo Capítulo De Tu Vida?

Venga a descubrir Roatán con nuestro equipo y permítanos ayudarlo a hacer realidad sus sueños de vivir en el Caribe.





The girl symbol RBC 2022/2023.



Rehabilitation patients undergoing hydrotherapy.



Patients undergoing speech therapy.

RBC is a rehabilitation center at the service of the island community

RBC is an extended arm for people who suffer from processes or accidents that diminish their physical abilities.



Photograph of RBC building today.

RBC Insular / Island Community Based Rehabilitation, is a physical therapy center that provides care to children and adults with disabilities in the municipalities of Roatan and Santos Guardiola in the department of Bay Islands, was founded in 2007.

It provides rehabilitation for the following processes: orthopedic, post-operative, acv, neuropathies, strokes, fractures, carpal tunnel syndrome, facial paralysis, lumbalgias, cervicalgias, painful shoulder (after the comma there is a space and in the pdf all the words are glued, also must include a period to start with the next sentence). To support the center, different activities are carried out throughout the year, (here is a comma) including raffles, fashion shows, athletic marathons, marathons and bottle marathons. The most common cases that RBC attends are: autism, cerebral palsy, hyperactivity, language and learning, the latter increasing with more cases in learning, product of the confinements during the beginning of the pandemic COVID 19. The support that the mothers and their children receive, are the orthopedic surgeries that are practiced annually, the assistance of Dr. José Avilés is managed and the operations and surgeries are performed in the hospital of Roatán. Every 6 months the pediatric neurologist Aneun Lopez, visits and evaluates the exams which receive a 50% discount at the Cemesa hospital in Roatan or San Pedro Sula. To receive care in RBC patients enroll in the program of the Catholic Church and make a monthly contribution of Lps500.00, the mother who can perform it and the one who can not pay is dispensed. All patients are given all the didactic material they

INFORMATION

ATTENTIONS 2022

The children attended in different cases were 60 children and in attention were carried out

Boys	719
Girls	712
Total	1,431

ADULT ATTENTIONS

Male	1651
Female.	1732
total 2022	3,383

need RBC an extended arm for people who suffer processes or accidents that diminish their physical abilities. They are provided with the types of therapies they need according to their disability. The projections that RBC has for this new year: To continue with the construction of the new building that is being built in the community of Corozal on land donated by Mrs. Dominga Bustillo, which in January will proceed to install the doors, windows and balconies that would be the fourth stage of the project. And to be able to manage funds for the following stages. And to be able to make new hires that are necessary to strengthen the area of human talent, a graduate in Speech Therapy and another a technician in occupational therapy. The activities to be carried out in 2023 will begin on March 16 with a Fashion Show, June with the Botellones Marathon, and October with the Athletic Marathon. In low months raffles of stay in Hotels. Tickets on the yacht to La Ceiba and vice versa. Medical attention to the public starts this coming January 16, 2023.

FEMA HONDURAS, the foundation that does justice for people diagnosed with MS and ALS

Fundación Esclerosis Múltiple Amor (FEMA) is a non-profit, non-political organization based in San Pedro Sula that is recognized for providing help to patients with Multiple Sclerosis (MS) and Amyotrophic Lateral Sclerosis (ALS).

Since Fema does not receive any governmental assistance, it has many needs, as its members are of limited resources, making it difficult for them to access food, clothing and expensive medications, including gabapentin, pregabalin, dulvanex, multivitamins, acetaminophen, cream for ulcers or chapped skin, as well as hygiene kits, among others. In this sense, the organization operates thanks to the solidarity provided by volunteers, patients' families and businessmen who show their goodwill. That is why the organization seeks to raise awareness among the public opinion and governmental and private administrations, about

the problems of cure, treatment and prevention of this disease, in order to make it known to both patients and society in general, in addition, so that this type of organizations can receive the support of the public. Necessary support to continue operating for the benefit of those in need.

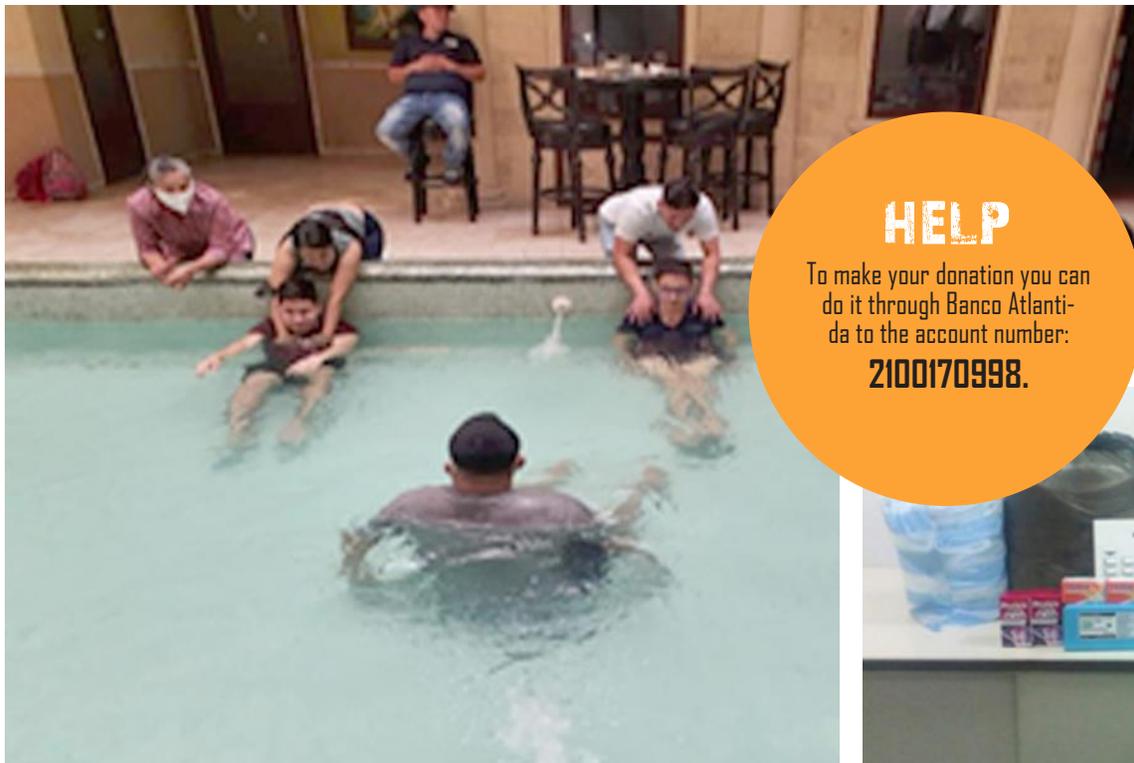
To make your donation you can do it through Banco Atlantida to account number 2100170998, you can also donate food, hygiene products or mobility devices, such as wheelchairs, crutches and walkers, for this you can go to the offices, which are located in the neighborhood Barandillas between 1 and 2 streets, 2 avenue La Plaza building, local 24-A, in San Pedro Sula, Monday through Friday from 8:00 am to 12:00 am.

Karlibeth Ortega,
a national artist
who suffers
from sclerosis



Karlibeth Ortega, sclerosis patient.

The young artist from the northern part of Honduras has suffered from sclerosis since she was young, but this disease has not prevented her from having a musical career as a Honduran singer. She is currently out of the country preparing her new single and would like to sing a song dedicated to the island of Roatan.



FEMA offers hydrotherapy/water therapy to patients.

HELP
To make your donation you can do it through Banco Atlantida to the account number:
2100170998.



Donations that FEMA provides to patients.

CM Airlines Roatán-Palmerola opening with different international flights

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CM Airlines will now have a new domestic destination.



CM Airlines employees at the new facilities.

With the arrival of the first CM Airlines flight on December 3rd, flights between Roatan, Bay Islands and Comayagua began, which will connect tourists from Roatan with other international flights.

Through Palmerola, islanders will now be able to travel at an affordable price to Houston, Dallas, Miami and Fort Lauderdale, as well as to Spain, Mexico and Panama,

Guatemala and El Salvador. In that sense, flights from Palmerola to Roatan will be available from 2:00 pm to 2:50 pm. On the other hand,

CM Airlines will operate three times a week, that is, Tuesdays, Saturdays and Sundays. With a departure time at 9:30 am to arrive at Palmerola at 10:20 am, so that it can successfully connect with other international flights. The price of the flight is \$129 round trip, so travelers can purchase it through the website www.cmairlines.com. Through his

Twitter account, Palmerola International Airport's Air Connectivity Development Advisor, Pater Fleming, stressed the importance of this flight, "CM Airlines operates this flight with a price of only \$129 round trip to Palmerola and at times that allow travelers to connect with our bank of international flights," he said.



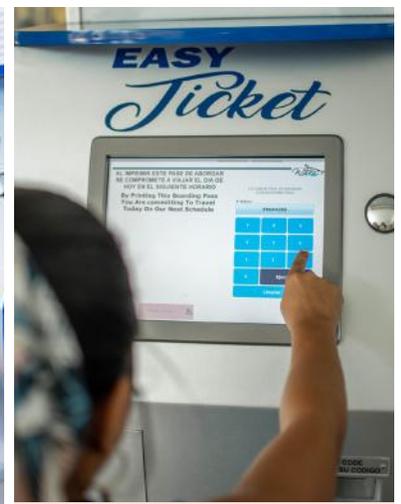
TO KNOW

- 1** Adventures with CM Airlines start from the moment you buy your ticket.
- 2** We're ready to take you to your favorite destination!
- 3** Click on the link in our social media bio for more information about our destinations and fares.

Ferry Galaxy Wave innovates, now you can buy your tickets online

For passengers it is important to remind you that our schedules are carefully programmed, so that you can arrive in a timely manner to the ferry, bus and plane connections to other destinations, however, to ensure your transfer in the best way, the company requests you to be one hour earlier.

With the purpose of offering quality services and guaranteeing the timely transfer of tourists, Roatan Ferry requests that, during the Christmas and New Year's season, you can purchase your tickets through the website www.roatanferry.com. This measure is taken so that tourists can have an easier trip, since with the bar code they receive in their confirmation they go to the company's terminals to wait for the departure time and avoid congestion at the ticket sales windows. Likewise, the company requests that people show up at the terminals one hour earlier to avoid delays so that the ferry can depart at the established time. For more information, please call the following numbers (504) 3193-0000 and (504) 2408-4540 or write to promociones@roatanferry.com. Also, you can visit their website www.roatanferry.com. On Facebook you can find them as Roatan Ferry and on Instagram as @roatanferry.



Galaxy Wave arriving at the bay.

Galaxy Wave Roatán has an Easy Ticket kiosk where you can buy your round trip ticket in the easiest and fastest way possible.





FACT

The municipal government of Roatán has carried out a series of projects and activities aimed at strengthening the development of the municipality. Photo: Water system in La Bahía de los Fuertes.

Roatan authorities promote the development of the city

The municipal corporation of Roatan presided by Mayor Ronnie Richard McNab, in this time of Christmas and New Year, wishes you and your family all the best, wishing that the peace of God reigns in all the homes of Roatan.

In recent days, the municipal government of Roatan has carried out a series of projects and activities aimed at strengthening the development of the municipality. One of the most recent was the completion of the water system in La Bahía de los Fuertes, which had been declared a State of Emergency due to serious flooding problems during the winter.

In this sense, the corresponding works were started to solve the problem; however, it is very important that the population is committed to cleaning the area, since this is the main cause of flooding. The mayor's office intends to continue with the works along the creek in order to prevent other communities from being affected.

On the other hand, the municipal corporation together with the Zamora-Terán Foundation and UNICEF, inaugurated the

“Educa Roatán” project, through which computers and Tablets will be delivered to more than 5500 children from different schools in the municipality. This is aimed at promoting a real educational transformation, where the child, the teacher and the parents will be involved, as this is a fundamental part of the project.

Also, during the launching of the campaign, the municipal mayor, Ronnie Richard McNab, presented the key to the city to Mr. Mark Connolly, Unicef representative in Honduras, for his unconditional support in favor of improving the quality of life of the children of the island. Finally, for his unconditional support to the children of Roatan, McNab named Mrs.

Maria Josefina Teran de Zamora, president of the Zamora-Teran Foundation and her husband Roberto Zamora, president of the Lafise Group, as distinguished citizens.



Mayor Ronnie Richard McNab presenting the key to the city to Mr. Mark Connolly.





After nine years in the business, in 2016 *Alejandra Zelaya & Jessie Ustariz* decided to establish their own real estate brokerage firm called **ZeUs Roatan Real Estate**, a company that has its values centered on working with ethics and providing the highest level of professional service with a personal touch.

Aside from Co-Brokers at **ZeUs Roatan Real Estate**, *Alejandra & Jessie* are members of the National Association of Realtors of Honduras (CANABIRH), members of the Roatan Realtor's Association (RRA) of which they have served in the Board of Directors for the past three years, members of the National Association of Realtors (NAR) providing a solid background to help you fulfill your real estate goals.



As native Hondurans, 100% bilingual in English and Spanish, *Alejandra & Jessie* are eager to introduce you to their heartwarming culture and island paradise of Roatan that made them fall in love with it and start calling it HOME since 2008. There is a wide variety of properties to choose from for purchase, whether it be a permanent move or second home and if you are selling or renting your property, they can offer professional, as well as personal insights and advice. Call or email us, we look forward to assisting you.



ZeUsRoatanRealEstate



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ZeUs Roatan Real Estate

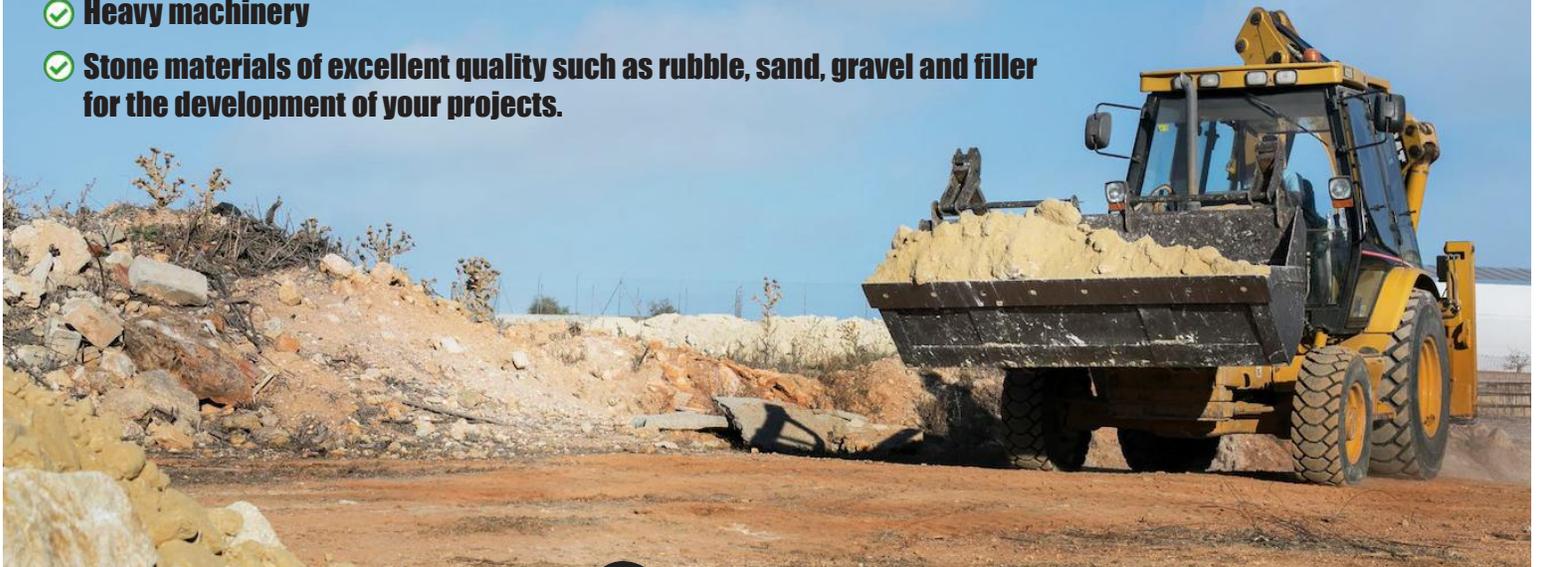


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ZOLITUR a special regime committed to the touristic development of the Bay Islands.

Zolitur is a special fiscal and land management regime for the Bay Islands. It began operations as the first institution of its kind in the country on December 15, 2007. This institution has focused its efforts on institutional strategic planning, efficient and transparent training of established revenues, consolidation of the legal framework, design of a comprehensive plan for security and citizen coexistence, design of a social communication strategy and definition of the basis for a land use and tourism development plan.

It was in January 2008 when its special tax and customs regime came into operation. In June of the same year, the people's registry project was launched, with the objective of gathering socioeconomic statistics for the planning and integral development of the.

The project was designed to support the municipalities in carrying out public projects such as infrastructure, drinking water and sanitation. In addition, a labor database was created to locate the skilled labor of its inhabitants.

Under this customs regime, individuals enjoy a series of benefits such as exemption from payment of taxes or customs duties, import taxes or special taxes or surcharge or surcharge; sales tax on production, consumption or value added, for which the only requirement is that the beneficiaries are legally constituted as sole traders or trading companies. In the Special Fiscal and Tax Regime, without prejudice in the payment of the Real Estate Transfer Tax, the Capital Gain Tax or the rates created by this Law, all the beneficiaries of this regime are exempt from the obligation to pay any other tax to the State of Honduras.



As the main source of income, tourism is a priority for ZOLITUR.

Empresa Hondureña Infraestructura y Servicios Aeroportuarios (EHISA), which manages the Honduran airports

EHISA has modern and spacious facilities where domestic and foreign travelers will find convenience stores and security.

It is a public-private alliance, which was created with state capital and its purpose is to manage and operate three of the airports located in different cities of the country. Ehisa works to maintain international operational standards in its air terminal, which is why it offers a series of services and amenities so you can enjoy your trip.

It is worth mentioning that Ehisa's operations are backed by world-class consulting, specifically by HASDC, a company dedicated to airport development, management and consulting. Their support includes airport management assistance, passenger and cargo growth, planning and feasibility studies, financial management and business planning, airport operations and maintenance, safety and security preparedness and training. In addition, throughout its facilities in San Pedro Sula, La Ceiba and Roatan, you will find a variety of restaurants, cafes and stores to explore and find what you need during your passage.



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It is one of the closest hotels to the beach, in two minutes you will be on it. West Bay Colonial is a hotel where you can stay on your next trip to the island of Roatan. West Bay Colonial is a 3-star hotel located by the sea, in Roatan, Bay Islands. Its rooms have a series of features that distinguish it and make it iconic, such as high quality bedding, air conditioning, wifi, safe box, bathrooms with showers, cable TV, balconies and maid service among other services. Guests who visit us always highlight the good size of the rooms. In addition, you will enjoy a delicious breakfast of local cuisine, shuttle service to and from the airport and a poolside bar, free parking, a wonderful terrace and garden. This is undoubtedly the best place for you to enjoy quality time, as its white sand, crystal clear water and good service will make you fall in love with the place.

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PUBLIC FIGURE

Interview with *Trudy Hilton* Vice Mayor of Roatán



A young woman committed to the community of Roatan, empowered and with great challenges.

Who Trudy Hilton?

I am a native islander, granddaughter of the late Mr. Eduardo Hilton, an entrepreneur and fighter who was well known for his bus on the public road and owner of one of the first grocery stores in the Sandy Bay community. At 32 years old, I am a graduate of in Political Science at Front Range Community College in Colorado, USA. Single and childless, I have dedicated myself to prepare myself, empower myself and serve my people just as they have supported me during my years of hardship and achievement.

When was the idea to serve Bay Islands born?

The truth is that I come from a low-income family and we have always had this calling to overcome our situation. To achieve this I have learned to surround myself with one of the most valuable resources in the world, people. During my journey on this earth God has always put the right people in my path, people who have advised me, guided me, sponsored me and pushed me to discover my purpose. That purpose is undoubtedly to serve, to give back to the people a little of what I have received during my journey on this earth.

What has the experience as Vice Mayor in Roatan been like?

As any new challenge I have encountered very beautiful experiences and

people as well as their opposite. Without fear of challenges I have faced them as a young woman committed to the community of Roatan, empowered and with great challenges as all the previous ones, being genuinely me. Looking ahead and committed to give my best without holding back in the face of obstacles. The most beautiful thing about this position is that it allows me to be social and outgoing with the different communities and people that cross my path, always looking for alliances to support and improve in some way the circumstances of others.

What are the plans and projects for 2023?

For 2023 we have a clear mission to continue working hand in hand with the communities to improve the living conditions in which we live. Among the projects are: Support education, seek sustainable alternatives to the issue of Water and Sanitation, care and preservation of the environment, empower communities and guilds that provide tourism services, highlight the destination with native services/products, regulate and regulate sectors that have been neglected for many years, contribute to the preservation of our heritage and culture among others.

What is your favorite book?

The Chicken Soup For the Soul series

What is the song that gets you singing and makes your day?

Blessed - Kidi & Movado Contento - Shelow Shak

What projects as mayor in favor of women are being developed at the moment?

On my part; in alliance with the alderwomen, NGOs, the Mayor's Office and the private sector we are managing the opening of a shelter that will provide services and support to women and children in crisis. At the same time we are opening child care homes for mothers who work or are looking for work. This is in order to I would like to mention some of the programs underway, without excluding all the ideas and programs under consideration for the improvement of the living conditions of the women of our municipality.

What legacy would you like to leave in Roatan?

For me the most valuable thing is to be able to contribute to good practices and decisions that lead to the empowerment and improvement of someone else's life. Knowing that through one or more conversations, alliances or contacts a limiting gap is closed and a door of opportunity is opened. There are people who limit themselves by not believing in themselves or by not thinking outside the box, that's where I like to be present. Without expecting anything in return, give and serve others.

PROFILE

Full name: Trudy Bruneth Hilton Hilton

Age: 32

Profession: Vice-mayor

Marital status: Single

Studies: Associates of Arts in Political science/ Political Science.

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In the first three days of the year 2023, 14,117 cruise passengers entered the island



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Photography

The cruise industry generates high sources of employment for the inhabitants of the island of Roatán.



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