



Family Wellbeing Hubs

We hope you've all had a good summer.

As we move into the Autumn term, the Parent Carer team are working with two of the family wellbeing hubs to support families of children with additional needs disabilities through offering advice and information about their caring role.

We look forward meeting carers at:

Talbot Street Family Wellbeing Centre

Every Wednesday 10am to 5pm
St Andrew's Place, Southport
PR8 1HR

Netherton Family Wellbeing Centre

Every Tuesday 9:30am to 4:30pm
Magdalen Square, off St Oswalds Lane, Netherton
L30 5QH

Please see Sefton's website for opening times and directions:

<https://www.sefton.gov.uk/childrens-services/early-help/family-wellbeing-hubs/>

Support for neurodiverse children and their families from ADDvanced Solutions



<https://www.addvancedsolutions.co.uk/wp-content/uploads/2024/09/SEF-Autumn-1-Half-Term-Newsletter-2024.pdf>

Check out our free courses available to carers registered at Sefton Carers Centre



<https://sefton-carers.org.uk/index.php/carers-service/free-training-courses-for-carers>

Supported Internships

Supported Internships provide an opportunity for young people aged 16-24 with an education, health and care plan to gain real world work experience with an employer, supported by a job coach.

The aim of the programme is to equip young people with the skills they need to access paid employment on completion. The intern will remain in full-time education during the programme, whilst spending significant time with an employer to gain vital work experience.

The Liverpool City Region (LCR) Supported Employment Forum is looking to establish a subgroup to capture the views of parents/carers across the LCR relating to the Supported Internships programme. The aim is that the group will help shape and improve future internship opportunities for our young people. **Their first meeting will take place on Microsoft Teams on Tuesday 17th September 2024 at 6pm.**

It is envisaged that the group will meet online on a termly basis. At the initial meeting, we will have representation from the DWP to outline support available and answer any questions. We will also consider how we ensure that the parent/carer voice is heard in the future development of the SI programme.

Anyone wishing to participate in the group should contact either:

Stephen.Evans@sefton.gov.uk or Chloe.Foran@liverpool.gov.uk

Parent Carer Drop-In Groups & Virtual Group

All our groups are delivered term-time only

Vicky from our Parent Carer Team is delivering Parent Drop-ins around Sefton and is keen to have more parents get involved. **Drop-ins are taking place at:**

Talbot Street Family Wellbeing Centre

Weekly - Wednesday 10am to 12pm
St Andrew's Place, Southport
PR8 1HR

Sefton Carers Centre

Fortnightly - Thursday 10am to 12pm
27-37 South Road, Waterloo
L22 5PE

Virtual Group

Fortnightly - Thursday 10:30am to 12pm
Online link

You can just drop in to the parent carers drop-in groups or if you are interested in joining our virtual group, please contact parent@carers.sefton.gov.uk and we will send you a link to join. If you have any questions, please do not hesitate to make contact on **0151 288 6060**.

Why not join Vicky and have some fun, It could be the best decision you make. **Timetable:**
<https://www.sefton-carers.org.uk/index.php/carers-service/parent-carer-support>

Update on ADHD Medication Shortage

This situation impacts several medications commonly used to treat ADHS, leading to significant disruptions for patients. NHS Cheshire and Merseyside are aware of this situation and are utilising their services to support the patients and families affected and they acknowledge the challenges this shortage presents and are committed to providing support to their clinicians and patients.

For more information see:

<https://www.seftondirectory.com/kb5/sefton/directory/site.page?id=Zf5hgEViajo>

Medication Survey

Sefton Carers Centre have launched a survey asking Parent Carers for their experiences regarding medication shortages.

Please click or scan the QR code to access the survey



<https://www.smartsurvey.co.uk/s/D07UWB>

Sefton Parent Carer Forum

Preparing for Adulthood Conference

Wednesday 9th October
18:30 - 20:30

Crosby Library, Crosby Road
North, Waterloo, L22 0LQ

Local Offer Marketplace Event

Wednesday 30th October
10:00 - 16:00

St Michael's High School, St
Michael's Road, Crosby, L23 7UL



<https://www.seftonpcf.org>
events@seftonpcf.org