



NDIS



SCHOOL HOLIDAY PROGRAM

SEPTEMBER - OCTOBER 2025





ABLE TO
THRIVE



PROGRAM

SCHEDULE

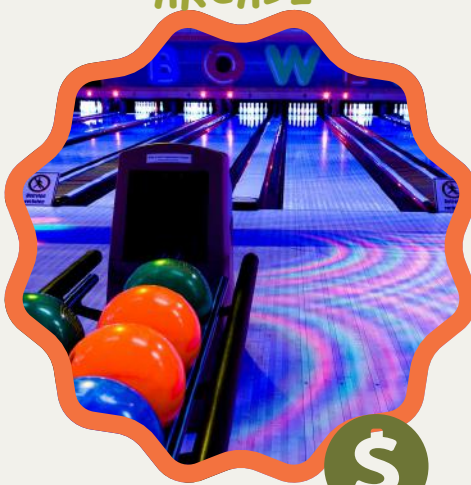
SEPT 29

**ZOO
(BLACKTOWN)**



SEPT 30

**AMF BOWLING /
ARCADE**



OCT 1

MOVIES



OCT 2

AQUARIUM



OCT 3

CENTENNIAL PARK



OCT 4

BARBECUE



OCT 5

MINI GOLF



**Falling into
Holiday Fun!**





ABLE TO
THRIVE



PROGRAM

SCHEDULE

OCT 6

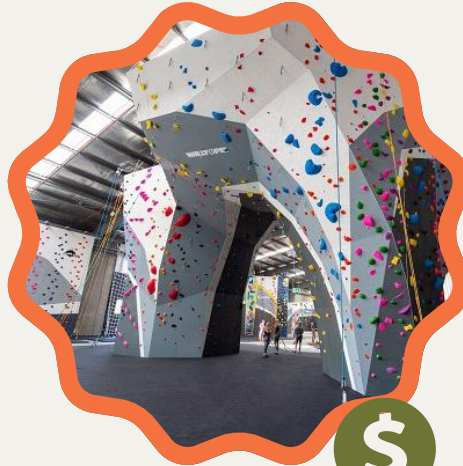
**POOLS SYDNEY
OLYMPIC PARK**



FREE

OCT 7

**ROCK CLIMBING (CLIMB
FIT SUPPORTS NDIS)**



OCT 8

**PARK DAY
(BLAXLAND PARK)**



FREE

OCT 9

**ROYAL BOTANICAL
GARDENS**



FREE

OCT 10
ART DAY



FREE

OCT 11
MUSEUM



OCT 12
MOVIES AUBURN



**Join us for
Autumn
Adventures**



NDIS CRICKET PROGRAM

Swing Into Action!
Join Our Cricket Program!

EVERY THURSDAY
TIME: 3:00PM - 7:30PM
Pick up from School or Home

REGISTER NOW



ABLE TO
THRIVE

KIDS NDIS SOCCER PROGRAM



SYDNEY WIDE
3 PM - 7 PM
PICK-UP AT HOME OR SCHOOL

OTHER PROGRAMS



SATURDAY NDIS SOCIAL OUTINGS

BOOK
NOW



ADULT NDIS TENNIS PROGRAM



NDIS DAY PROGRAM
SYDNEY WIDE!
PICK UP FROM ANY LOCATION!



ABLE TO THRIVE
CAMPING TRIP
DECEMBER 1st to 4th
Killalea campground
CONTACT US!
0416 566 649
Eyad@abletothrive.com.au

ABLE TO THRIVE
CAMP WHAT TO BRING LIST

CLOTHES	TOILETRIES	OTHERS
SHIRTS x3	TOOTHBRUSH	*OPTIONAL* PILLOWS
SHORTS x3	TOOTH PASTE	TORCH
TRACKPANTS x2	DEODORANT	BOARD GAMES
UNDERGARMENTS x3	SHAMPOO	PORTABLE CHARGERS
SOCKS x3	CONDITIONER	YOUR FAVOURITE SNACKS
INCLOSED SHOES	LOOFAH	BLANKETS
SLIPPER/SLIDES		

We will provide everything else so there's no need to worry.
Sleeping bags, tents, cooking equipment, torches, activities, food, water, drinks etc.

All on us. We're really excited to go on this adventure with you.
If you have any questions contact Eyad on 0416566649



ABLE TO THRIVE KILLEA CAMP 2024



ABLE TO THRIVE
CAMPING INTINERARY

- Day 1: Arrival & Camp Setup
- Day 2: Jamberoo Waterpark Adventure
- Day 3: Beach Day, Nature Exploration, Fishing, and Scavenger hunts.
- Day 4: Nature Exploration, pack up and Farewell.

CONTACT US FOR MORE INFO!
0416 566 649
Eyad@abletothrive.com.au



Meet our Team

ABLE TO THRIVE



Dante
Director



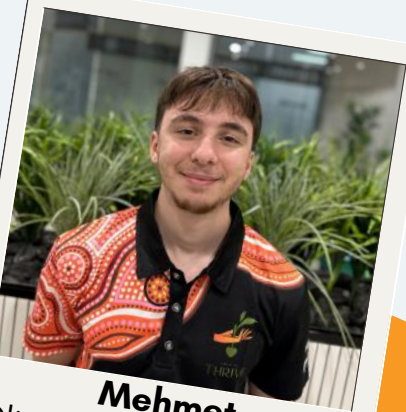
Eyad
Director



Sharun
BDM



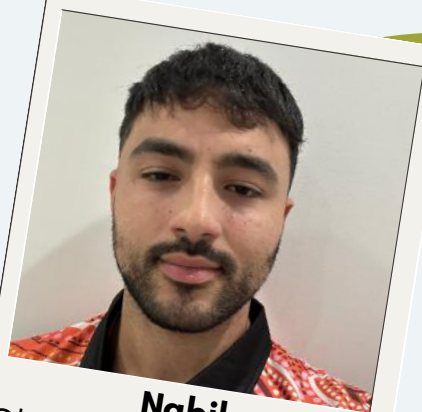
Akash
BDM



Mehmet
Client Services Manager



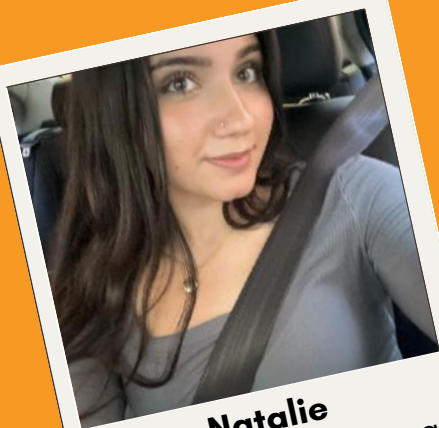
Abdallah
Client Services Manager



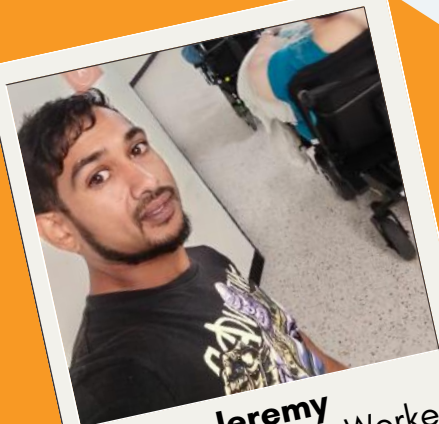
Nabil
Client Services Manager



AJ
Client Services
Manager



Natalie
Mental Health Advocate



Jeremy
Senior Support Worker



Zaid
Support Mentor



Rola
Support Mentor

... and so many more AMAZING people making a difference in
our communities every day

ABLE TO THRIVE WORKS HARD TO FIND EVERY PARTICIPANT THEIR PERFECT MATCH....



Hi,
I'm Kash

About me

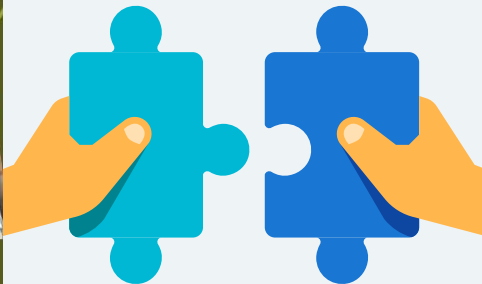
I'm an easy-going 22-year-old with a passion for supporting people of differing abilities.

I am a hardworking, reliable, and responsible man who is easy to get along with and loves to bring positivity and joy to others.

I enjoy playing any sport, going for long walks, playing video games, swimming, arcades and watching movies

I love Sports!

ABLE TO THRIVE



About Me

My Strengths (What others like about me):

- Smile
- Well mannered
- Adventurous
- Extraverted

Hello! My name is Rayan, and I'm delighted to introduce myself. I am a warm-hearted 16-year-old boy with an outgoing personality and a passion for sports, art, music, and learning to be independent.

Whats important to me

My Goals:

- I would like to improve my verbal communication and learn how to better enunciate and express my words. I would also like to use my LAMP device on a consistent basis.
- I would like to access the community and communicate my wants and needs to increase my confidence. This includes ordering food, buying groceries, and other mundane tasks.
- I would like to engage in more physical activity on a regular basis to maintain my physical health.

Hobbies:

- Sports
- Swimming
- Nintendo
- Board games
- Watching movies
- Spending time with family

How to Best Support Me

- I am diagnosed with high-functioning nonverbal Autism Spectrum Disorder (ASD level 3) and Tourette's syndrome. I am constantly stimulated by the world around me and may get distracted by cool little objects made from plastic as they intrigue my mind.
- I may need assistance through verbal prompts to complete certain tasks and will understand your instructions better if you demonstrate them as I am also a visual learner.
- I respond to capacity building supports well but may feel tired after an hour. It would be better if the supports were broken up into 15-20 minute sessions with a break to do something fun. This acts as a reward and gives me something to work towards.



Hello, I'm
Jeremy

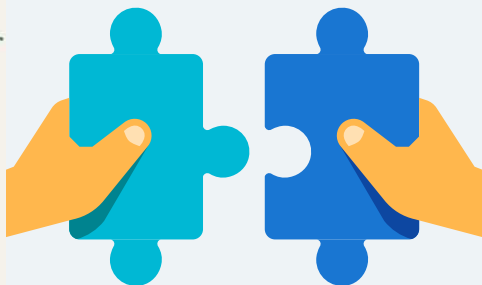
About Me

I enjoy outdoor activities like hiking, fishing, camping, running, and exploring new places. Engaging in these adventures fuels my sense of exploration and provides me with invaluable experiences.

Over the past five years, I've committed myself to the role of a Support Worker. It's been a privilege to assist individuals facing diverse challenges, understanding their unique needs, and providing personalised support. This journey has been incredibly fulfilling, highlighting the importance of empathy and perseverance in making a difference.

In this role, I've seen firsthand the life-changing effects of compassionate care. It's more than just offering assistance; it's about fostering trust, building understanding, and cultivating resilience alongside those I support. This experience has deepened my commitment to championing their well-being and enabling them to pursue lives that are more independent and fulfilling.

ABLE TO THRIVE



About Me

My Strengths (What others like about me):

- Smile
- Adventurous
- Extraverted
- Light-heartedness

Hello! My name is Sam, and I'm delighted to introduce myself. I am a warm-hearted 7-year-old boy with an outgoing personality and a passion for water, sports, movies and having a good time. Also, I LOVE tomatoes.

Whats important to me

My Goals:

- I would like to improve my verbal communication and learn how to better enunciate and express my words.
- I would like to access the community and communicate my wants and needs to increase my confidence. This includes ordering food, buying groceries, and other mundane tasks.
- I would like to engage in more physical activity regularly to maintain my physical health.

Hobbies:

- Sports
- Swimming
- Youtube
- Water games
- Watching movies
- Spending time with family

How to Best Support Me

- I am diagnosed with high-functioning nonverbal Autism Spectrum Disorder (ASD level 3). I am constantly stimulated by the world around me and may get distracted by cool little objects made from plastic as they intrigue my mind.
- I may need assistance through verbal prompts to complete certain tasks and will understand your instructions better if you demonstrate them as I am also a visual learner.
- I respond to requests best when I am given plenty of time to prepare myself. 5 to 10 minutes of warning that well be wrapping up or switching to another activity should be good for me. Offering me a little reward such as food (tomato or cheese pizza) will go a long way.