

Everything Bump, Baby & Toddler Near You

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7 February 2025
Spring Open Days
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For more information or to book a 1:1 tour please email:

registrar@maltmansgreen.com or call 01753 883022





Making their way. Since 1918

Independent school for girls aged 2-11 years, Gerrards Cross



TO THE NEW YEAR 2025 EDITION!



Happy New Year 2025!

The New Year is a time to look back and to look forward. Some people make resolutions to break bad habits, create new ones or maintain existing ones. Toddle About also has a resolution it intends to keep; to continue to help families love life with little ones and provide you with a wealth of local information for all things bump, baby and toddler. So, take a look at a springtime recipe (p.9) to make with your budding chefs, our round up of family events even if it's chilly outside (p.12) happening near you, and lovely keepsake craft perfect for a rainy day (p.13).

Of course there is so much more to do with your little one so if you are looking for classes to fill your week, our daily activity planner is split by area, weekday and class type so you can easily find what you are looking for. Check out the Daily Activity Planner from p.22. Let's plan some adventures with our little ones and make this year a great one!

Wishing you a very happy new year.

Leave a Review and See Our New Top of the Tots!

Visit toddleabout.co.uk/search and pop in your postcode. Select any providers that you have bought from or experienced and add a review to their listing.

That's it! We will then select a few and feature them on our NEW Top of the Tots page found on p.19.

Leave a review at toddleabout.co.uk/search

Loving life with little ones,

Steph & Matt

PS. Subscription to Toddle About is just £2 every 3 months and your first issue is free! Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. Visit: www.toddle.fun/subscribe

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Cover Photo:

Local photographer? Want to provide a photo for our next magazine? Send us an email to find out more:



stephandmatt@toddleabout.co.uk

MEET THE TEAM







Tim & Ruth - Franchisors

Call: 07975 904902

Email: stephandmatt@toddleabout.co.uk Text: www.toddle.fun/whatsapp

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9,000 copies of Toddle About are distributed every quarter all over South Buckinghamshire, including Aylesbury, High Wycombe, Princes Risborough, Amersham, Marlow and surrounding areas.

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Bite SIZED NEWS

Ride On Time Franchise Offer Price



Ride On Time are expanding and to meet demand they are now searching for franchisees in new locations.

If you are looking for flexible work that fits with your family, is fantastic fun and gives you the freedom to run your own business, get in touch to find out

more! They have an amazing offer price of £2500 for the first 5 pioneer franchisees who join them and one has already signed up so get in touch today.

Visit www.rideontimehire.com See P.7



Happy New Year from Robot Reg

Pip would like to welcome you to join Phonics with Robot Reg for the New Year.

Join the magical world of Phonics, and help give your child the best start in their reading journey, before they even start school! Try out their 3-week trial and experience the magic for yourself!

Contact pip@robotreg.co.uk or 07952258095
See P.28

www.robotreg.co.uk/find-a-class/highwycombe



Brand New Monkey Music Programme

Join Monkey Music's brand new 5 part programme for newborn babies up to 16 weeks old! 'BEAUTIFUL NOISE' enables your brand new baby to explore their new surroundings in a safe, warm environment where you get to meet other new parents too. Bond with Baby and discover how music supports early development.

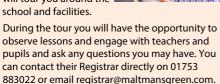
Why not purchase the programme as a gift for new parents for £36 plus an instrument kit bag? Get in touch for more details.

Visit www.monkeymusic.co.uk/beautiful-noise See P.24

Open Morning

Join Maltman's Green for their next Open Morning on the 7th February.

During your visit, you will meet with their Headmistress and Senior Leadership Team who will tour you around the school and facilities.



Visit www.maltmansgreen.com See P.2

Free Rugbytots Taster Session

Rugbytots classes are catered for 1.5-7-year-old children, attended with their parent(s) and act as a

great bonding experience whilst coaches facilitate the dynamic, cross-curricular and engaging fun. Children have lead and assistant coaches as well as their grownup involved to fully support their learning and enjoyment whilst having lots of fun learning to catch and move! Email to arrange a free taster class at your local venue.



Email tom.brown@rugbytots.co.uk See P.7





New Dates for Titchy Toddlers

The Roald Dahl Museum has released new dates for their Titchy Toddlers mornings. The hands-on sessions give under 5s free reign of the Museum, with storytelling, messy play and special activities set-up. Each session has a different theme based on the author's stories and is the perfect introduction to books for your little one. Sessions take place one Friday a month, and now there are some selected Monday morning sessions to pick from due to popular demand.

Visit www.roalddahlmuseum.org See P.9

Toddler Takeover at Rush

With over 30,000 square feet of exciting and unique activities, **Rush Trampoline Park High Wycombe offers** an exciting place for bouncers of all ages.



They run dedicated Toddler Takeover sessions where children aged 1 year to 6 years can experience the park in a fun and safe environment or combine your ticket to include Ruby & Red's Softplay. Monday - Friday 10am-12pm and Weekends 9am-10am.

See P.21

www.rushuk.com/high-wycombe-trampoline-park

Bite SIZED NEWS

So Much More than a Dance Class

Suitable for children from the age of 1 up, all Tot Bop classes are super fun, funky and imaginative and are tailored to each age and stage of development. Classes are designed to

give boys and girls an accessible, inspiring and educational introduction to dance, where learning and fun are delivered in equal measures. Trial classes available in Aylesbury, Aston Clinton, Wing, Pitstone, Tring, Berkhamsted and Leighton Buzzard.



Visit www.totbop.co.uk See P.23

Swimkidz Open Bookings for Spring Term



Swimkidz South Bucks new Spring term commences from the 10th February and spaces are available for babies and toddlers in midweek and weekend classes. Their highly trained teachers will gently quide you and your little one through each fun week, learning important water safety skills and gaining water confidence. See P.33

www.swimkidz.co.uk/view-all-locations-a-z/

Invitation to Little St Mary's

St Mary's School, Gerrards Cross, invites you explore Nursery and Reception in their Little St Mary's Setting. Welcoming girls from the age of 3, and costing an average of £43/day for care from 0730 - 1800 hours, this nurturing setting combines play with learning to ensure early academic progress and the perfect start to school life! An open-door policy encourages parents to be involved in their daughter's learning. Events including open classrooms, craft mornings, tea parties and parent breakfasts allow the girls to share their excitement about their school and their learning.

Visit www.stmarysschool.co.uk/admissions-at-st-marys/visit-us See P.35









Meltdowns **Tantrums**

HOW TO RECOGNISE AND HANDLE YOUR CHILD'S MELTDOWNS

by Laura Dumbleton-Jones

"I remember visiting playgroups with my son when he was little, no one spoke about their child kicking or breaking things. I felt like I was the only one, who felt on edge at the prospect of going on any outings, in case my child erupted over having the wrong type of bread for their sandwich. I felt embarrassed. I now know that many parents experience children having meltdowns and tantrums. You are not alone." Laura, Kids' Coach and Trainer

Parenting is a rollercoaster ride filled with joy, frustration, and everything in between. One common challenge is dealing with meltdowns. This guide will help you understand the difference between tantrums and meltdowns with tips for calming both you and your child.

UNDERSTANDING MELTDOWNS vs TANTRUMS:

Tantrums: Tantrums are deliberate attempts by a child to get something they want or to avoid something they don't. They often involve crying or throwing themselves on the floor.

Meltdowns: Meltdowns are overwhelming sensory or emotional experiences that young children can't control. They might cry, scream, or lash out due to hunger, tiredness, frustration, or feeling unsafe.

The Key Difference: Meltdowns are involuntary reactions, while tantrums are attempts to control a situation. Recognising this can help you manage your expectations and choose the most helpful response.

SPOTTING THE SIGNS:

Meltdowns may seem sudden, and we often hear parents say, "It just came out of nowhere," but there are often warning signs. These can include:

Physical: Increased hunger, thirst, fatigue

Behavioural: Clinginess, withdrawal, irritability



By recognising these signs, you can help prevent meltdowns. Offer healthy snacks, establish routines, and create a calming environment.

CALMING A MELTDOWN:

When a meltdown happens there are lots of things you can do to help a child resolve them:

Show Calm: Children feed off the emotions of those around them, so not joining them in their emotional state can be really impactful. Take deep breaths which will help you to be the calm anchor that they need, and will also show your child how they can access calm.

Reassurance: Let your child know you are there for them and that they are safe. A hug or simply being present can help.

Create a Safe Space: If possible, remove distractions and find a quiet place for your child to access calm.

AFTER THE MELTDOWN:

Talk it Out: Once your child is calm, have a gentle conversation about what happened. Help them identify their triggers and highlight what helped them to access calm

REMEMBER:

Be Kind to Yourself: Parenting can be challenging at times. If you lose your cool, forgive yourself, be ok with saying sorry. Reflect on the situation so you can take a different approach next time.

Seek Help: If meltdowns are frequent or severe, there may be other reasons. For example a child might be neurodivergent e.g. autistic. You can call your GP for support as a first step.



Laura Dumbleton-Jones is the co-founder of **Happy Confident Kids**. For more tips and advice, and to learn about their Meltdown Masterclass, visit happyconfidentkids.com

EXCLUSIVE 25% OFF for Toddle About readers to a Meltdown Workshop using the code "TODDLE







MAKE YOUR CHILD'S DEVELOPMENT MORE FUN!

DISCOVER **RUGBYTOTS**

Our dynamic weekly play sessions enable boys and girls aged 2-7 to develop their social and physical skills in a fun, positive environment. For more details, just call or email:

345 313 0*44*

tom.brown@rugbytots.co.uk

rugbytots.co.uk The world's favourite rugby play programme

Provide stress free parties & ed, yet fun play session



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Good Snooze

- Newborn 5 years
- Y Personalised sleep support plans
- (V) Virtual or face to face consultations (HP4)



The Good Snooze Company





AB & FUNKY



BUDDING CRAFTERS BOX, FROM £25.99

The Budding Crafters box is designed for children aged 3-6 or those who prefer simpler crafts. Each monthly box, themed to a new topic, includes three fun, easy-to-follow crafts.



Eco-friendly and thoughtfully curated, it's ideal for children with SEN, younger crafters, or older kids seeking less complex activities. Boxes are released on the 1st of each month (order by 19th of the previous month). Perfect for after-school or weekend fun! Buy from www.littlecraftersboxes.co.uk



ECO RAINCOAT, £36

These sustainable kids' raincoats are made from 26 recycled plastic bottles, saving them from landfill. Waterproof and lined with soft, 100% GOTS-certified organic cotton jersey, they're as comfortable as they are ecofriendly. Available in six limitededition prints, these stylish jackets complement modern wardrobes perfect for eco-conscious parents and their little ones.

www.turtledovelondon.com



COLIFF BABY FACE BALM, £7.49

The new Colief® Baby Face Balm stick soothes dry, sensitive skin with Shea butter, Rosehip oil, and Chamomile, This 100% natural formula is suitable from birth and free from artificial fragrances. petroleum, and preservatives. Perfect for delicate areas like cheeks and nose, its compact stick design is ideal for on-the-go use, fitting easily into bags or pockets.

www.colief.com



OCOOPA HEATCUBE, £22.95

The Ocoopa HeatCube is a compact, AirPod-sized hand warmer delivering up to 4.5 hours of warmth with three heat settings (up to 50°C). It features a silicone heat strap, touch-control safety alarm, and includes a pouch, USB cable, and two wrist lanyards. Available in Black, Blue, Green, Pink, and Orange on Black.

www.berryuseful.co.uk



WORRY YUMMY LUNA, FROM £3.99

Meet Luna, the adventurous worry monster with soft pink fur, a yellow belly with pink stars, and open arms for cuddles. Designed to help children manage worries, these toys are recommended by child psychologists. Kids can write down their worries, feed them to Luna through her zipper mouth, and feel comforted as their troubles "disappear." A fun, practical way to support emotional well-being. www.worryyummy.co.uk

Scan to find out more and enter:









CARROT OAT BARS







PREP: 5 MINUTES
COOK: 20 MINUTES
MAKES: 8-10 BARS

INGREDIENTS

- Olive oil or butter, to grease
- ½ carrot, peeled & grated
- ½ small apple, peeled & grated
- 2 bananas, mashed
- 1 tbsp smooth,
 100% almond butter
- 150g oats



These are really simple and a great way to get some extra veg into your baby or toddler's diet.

COOKING INSTRUCTIONS

- Preheat the oven to 200°C.
 Lightly grease a baking tray.
- Add all the ingredients to a large bowl and mix together with your hands or a spoon.
- **3.** Press the mixture into the greased baking tray.
- 4. Bake in the oven for 20 minutes.
- Leave to cool before cutting into 8-10 bars.



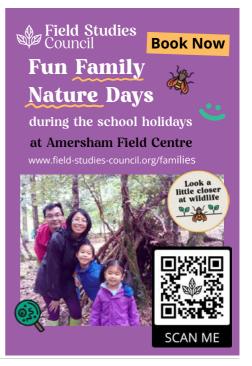






Recipe by **Charlotte Stirling-Reed**, Sunday Times bestselling author of **How to Wean Your Baby**. Charlotte's new book, **The Ultimate Weaning & Toddler Cookbook**, has 100 recipes to make weaning easy and fun. Out 5th March.











First-time Swimming Guide For Parents: A Comforting Approach

Taking your baby swimming for the first time can be an exciting yet anxious experience. Whether you choose to start taking your little one to the pool from a young age or if you'd rather wait a few months, the experience doesn't have to be one that fills you with dread. In fact, studies have shown that time spent one-on-one with your little one in the pool can strengthen your bond with them and helps to release the endorphins that are so needed during the early days of parenthood.

In a bid to support you to get the most out of your first time in the pool together, local swim school owner Tamsin Brewis has put together a step-by-step guide to help ease your worries and make the outing enjoyable for both you and your little one.

Choose the right pool - One of the biggest considerations when looking for lessons or suitable sessions for your little one is the temperature of the pool. At Water Babies, we only swim in pools which have been heated to at least 30°C. If your baby is less than 12 weeks old, or weighs less than 12lbs, the temperature of the pool must be 32°C.

Time it right - During the newborn days, when your little one is likely to sleep for most of the day, it can be hard to plan your routine around nap time. But when your child is a

little bit older, it's best to plan your pool visit or swimming lesson around their usual nap schedule so you can both get the most out of your time together.

Get comfortable - Before getting in, let your baby dip their toes in the water. This helps them acclimate to the sensation. When you get into the water, keep your baby securely in your arms. Close contact will provide them with comfort.

Have fun! - Use gentle splashing or soft movements to engage your baby - you could even bring along a few bath toys for added fun. Singing can soothe your baby and create a joyful atmosphere. It also helps drown out any pool noise and helps your little one focus on you.

GATHER THE ESSENTIALS: What do I need to pack for a swimming lesson for me and baby?

You'll be relieved to know it's not as much as you think! Different pools and swimming schools will have different rules about what your little one should wear, but at Water Babies we ask that every water baby wear our double nappy system. This is a paper or reusable swim nappy, with an approved neoprene Happy Nappy over the

top. We advise that toddlers under two swimming in a pool that's at 30°C wear a wetsuit.

Here's a short list of the other items to remember.

- Changing mat a small, rollable one is great.
- Towel one for you, one for baby!
- Warm clothes and hat these are

for your little one to wear after their lesson. A fleece or cotton onesie (depending on the time of the year!) is a good option as they're easy to pull on and zip up in a rush. Pulling on a pair of jeans after swimming is rarely a fun, or quick, experience!

 Snacks – a good distraction for older children while you get dry and changed!

smarTrike Traveler – worth £399













The world's first stroller that transforms into a trike in seconds, the smarTrike Traveler adapts as your child grows from 6 months to 4 years. It begins as a comfortable stroller with a near-flat reclining seat and parent-guided steering, then gradually offers more independence with handlebars for little ones to explore. By 24 months, it converts fully into a trike, allowing children to pedal on their own.

Designed for any terrain, the Traveler boasts a shock-absorbent front wheel, 360° swivel system, quick-fold mechanism, extendable UPF 50 canopy, spacious storage, and a handy shoulder strap for easy carrying.

It's the perfect stroller-trike combo for independence & adventure! Find out more and buy at smartrike.co.uk

smorTrike[®]

Enter at toddle.fun/smarTrike









DATES VARY

TREETOP ADVENTURE

Go Ape, 10am - 3:30pm

The perfect introduction to the world of high ropes activities. Beginning close to the ground to build confidence, before heading to the tree tops to take on bigger crossings and super fun zips! Minimum height requirement: 1m

Wendover Woods, St Leonard's Rd, Aston Clinton, HP22 5NF

www.goape.co.uk/locations/wendover

Cost: From £21

JAN 14

TUESDAY NATURE TOTS

BBOWT, 10:45am - 11:45am

Join BBOWT at College Lake for a nature discovery session for parents/caregivers and toddlers walking to 4 years. Explore the nature reserve and enjoy wildlife themed activities. Dates: 14th January, 11th February, 18th March.

College Lake, Upper Icknield Way, Tring, HP23 5QG

www.bbowt.org.uk/events

Cost: £7 per child

FEB 17 - 21

ROALD DAHL CHILDREN'S GALLERY

Discover Bucks Museum, 10am - 4pm

Crawl along Fantastic Mr Fox's tunnel, investigate minibeasts inside the Giant Peach, explore sound with the BFG in this fabulous hands-on gallery. The amazing exhibits inspired by Roald Dahl's stories make discovering science and the world we live in even more fun.

Church Street, Aylesbury, HP20 2QP

www.discoverbucksmuseum.org/whats-on

FEB 23

PADDINGTON™ AT QUAINTON

Bucks Railway Centre, 10:30am - 5pm

Come and meet everyone's favourite bear at intervals throughout the day. As well as unlimited steam train rides, entry to the Railway Museum and Visitor Centre with Railway Café and gift shop.

Station Road, Quainton, Aylesbury, HP22 4BY

www.bucksrailcentre.org Cost: Adults £14.50, Children 3+ £10.50, U3s Free, Family (1a & 4c) £30, Family (2a & 4c) £44.50

JAN 11

WALLACE & GROMIT WITH ORCHESTRA

Marlow Orchestra, 3:30pm & 5:30pm
Banish those post-Christmas blues with something a little

banish those post-christmas blues with something a little bit different! Join them for a cracking adventure - watch the Aardman classic film Wallace & Gromit The Wrong Trousers accompanied by Marlow Orchestra - fun for all the family.

Borlase Theatre, West Street, Marlow, SL7 2BR

www.thelittleboxoffice.com/marloworchestra

Cost: Adults £12, Children £8

JAN 20

S.E.N.D PLAYTRAIN SESSION

Playtrain Activity Centre, 3:30pm

Join Playtrain for a session limited to children with special educational needs and disability, their families and carers. With soft play frames, role play high street, sensory room and cafe there is something for everyone to enjoy.

Lancaster Road, High Wycombe, HP12 3PY

www.playtrain.biz/book-a-s-e-n-d-session-january

Cost: From £2.70

FEB 22

MR SIFFPYBLIM

Norman Bragg Studio, 11am & 2pm

Mr Sleepybum awakes in his bed to find a room full of parents and children. A circus of silly sketches and dream scenes ensues, from swimming with Sharks to solving the mystery of a stolen chocolate cake.

Exchange Street, Aylesbury, HP20 1UG

www.atgtickets.com/shows/mr-sleepybum

Cost: From £9.00

MAR 19-20

PIRATES LOVE UNDERPANTS

The Elgiva, 10:30am & 1:30pm

These pirates SO love underpants! Join a swashbuckling party of pirates on their quest to find the fabled Pants of Gold for the Captain's treasure chest! Filled with music, puppetry and glittering pants of gold.

St Mary's Way, Chesham, HP5 1HR

www.elgiva.com/pirates-love-underpants

Cost: Adults £16.50, Children £14.50



Valentine's Day Craft **MACRAME HEART**

Celebrate Valentine's Day by crafting a beautiful macramé heart with your little ones! A fun, hands-on project to create a heartfelt decoration or gift together.

YOU WILL NEED:

- · Heart shape frame (metal or wood, available from Hobbycraft)
- · Macrame string, single twist type that unravels - in any colour & thickness
- · Measuring tape
- Sharp scissors
- Comb or pet brush



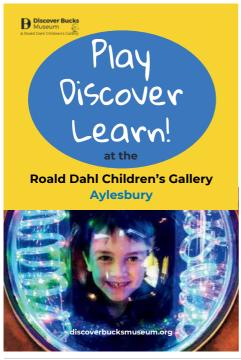
TUTORIAL:

- it on top of the frame
- 2. Fold the loop behind the frame, then pull the two strands through the loop.
- 3. Pull. You have made the Lark's Head Knot.
- 4. Repeat steps 1-3 with as many strings as you need to cover the frame

- 5. Brush the strings
- 1. Cut a piece of string 20 cm 6. Trim the fringe (adults only!) long, fold it in half and place To make it easier, use a piece of card 3-4cm high.
 - 7. Brush and trim again if necessary.
 - 8. Take a long piece of string and tie a Lark's Head Knot in the middle of the heart. Tie a simple knot to create a loop to hang the heart.

NOTE: the fringe might flop down with time, especially if it's longer than 3 or 4cm. You can simply brush it to tidy up or you can use spray starch to stiffen it.

Craft courtesy of Isabella Strambio, the author of Mindful Macramé, a beautifully illustrated book that combines the art of macramé with the practice of mindfulness and includes 17 projects with breathing exercises and questions to reflect on. Published by Search Press on 10th January.









Baby & Toddler Photo Competition Winner

Thank you to everyone who entered our Autumn Toddle Models competition!

Congratulations to little Lottie who won tickets to see Stick Man at **Bloomsbury Theatre in London** with Official London Theatre!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have & that this gives all our entrants a lovely keepsake.



Lottie, 11 months old



Find out more at www.OfficialLondonTheatre.com



Atlas, 5 months



Benjamin, 4.5 years



Benji, 4.5 years



Calli, 4 years





Drew & Dexter, 5 years & 9 months



Ella, 5 years



Elora, 4 months



Emily, 4 years



Essie, 3 years



Evie, 3 years



Evie, 2 years



Ezra, 2.5 years



Finley, 1.5 years





Fraser, 5 years



Freddie, 1.5 years



George, 2.5 years



Harrison, 2.5 years



Hermione, 5 years



Isabella, 2 years



lvy, 2 years



Jack, 3.5 years 4



ian 16 months



Jude, 2 years



Kit 2 years



Leonora, 3 years



Loretta, 3 years



Letti, 3 years



Maisie & Joshie, 3 & 5 years



Malaya, 2 years



Maxie, 2 years



Oliver, 3 years



Rowan, 9 months



William, 18 months

COMPETITION





WIN A £100 LITTLE STARTS GIFT CARD!

THE PRIZE: Win a Little Starts Gift Card, worth £100!

Little Starts Gift Cards are the UK's leading multi-brand gift card especially for baby, toddler and preschool activities. With access to over 20,000 classes and activities from more than 200 trusted brands like Baby Sensory, Water Babies, Tumble Tots, and babyballet, these gift cards offer a world of fun and educational opportunities.

Available online and at major retailers such as Sainsbury's, Asda, WHSmith, and Boots, they provide a thoughtful and flexible gift option for any occasion. Whether it's for birthdays, holidays, or just because, a Little Starts Gift Card is the perfect way to create lasting memories for families while enjoying engaging activities tailored for little ones.

Find out more at www.littlestartsgiftcards.com.

HOW TO ENTER:



Send us a photo of your little one enjoying some wintry fun!

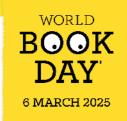
We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

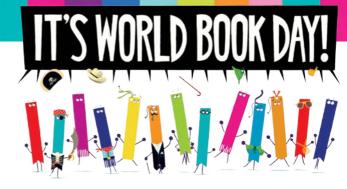
Enter by Sun 2nd March 2025.





www.toddle.fun/toddlemodels





Join us and discover some of the best new children's books!



FOLLOW THAT TRUCK!

BY GEORGIE TAYLOR FOR 0+ YEARS

Buckle up for a fun-filled adventure with this interactive board book! Perfect for little hands, it features vibrant illustrations and grooved trails for curious fingers to explore. Kids will love following speedy vehicles while learning about trucks, diggers, and more - an ideal way to inspire hands-on learning.

Cost: £7.99. www.geminibooks.com



WHEREVER YOU GO, MY LOVE WILL FOLLOW

BY BIRGITTA SIF FOR 5-7 YEARS

This heartfelt collection by Birgitta Sif offers eight life lessons for readers to carry wherever they go. From trying again after setbacks to cherishing small, quiet moments, these stories provide timeless wisdom and encouragement—a perfect companion to inspire and comfort along life's journey.

Cost: £16.99. www.magiccatpublishing.co.uk



LET'S START IN THE MIDDLE

BY DANIEL MCMURRAY For 5-7 years

A dynamic and engaging picture book about living with ADHD!

Written by someone with ADHD, this book explores a world through hyperfocus, the need to constantly move and so much more. Featuring bright and captivating illustrations, this book is a great learning tool to find out and understand ADHD.

Cost: £7.99. www.sweetcherrypublishing.com



GOOD MORNING, COW

BY ROB ABBOTT FOR 1+ YEARS

Say hello to the farmyard in this beautifully illustrated story, perfect for little ones.

Follow Cow and her friends as they enjoy the simple joys of morning on the farm. With its gentle rhymes and engaging illustrations, it's an ideal choice for younger readers.

Cost: £7.99. www.twowindmills.com

JACOB'S MUSIC BY KATIE THOMAS

FOR 4-7 YFARS

In this heartwarming story, Jacob is an ordinary boy who lives in an ordinary house in an ordinary village, but Jacob is deaf. This beautifully illustrated tale celebrates the unique ways we can connect with the world around us through sound and music. A touching and inspiring read, it's the perfect choice to encourage creativity and appreciation for the little things in life.

Cost: £6.99. Buy from www.wackybeebooks.com



READY EDDIE GO! THE BIRTHDAY PARTY

BY NIKKI SAUNDERS. FOR 5-8 YEARS

Join Eddie, a super-friendly and autistic boy, on his latest adventure. This heartwarming story celebrates neurodiversity and helps children understand and appreciate the unique experiences of others. With beautiful illustrations and valuable lessons about inclusion, empathy, and friendship, it's the perfect read for young readers to learn and connect.

Cost: £9.99. Available from https://uk.jkp.com





ARTY MOUSE COLOURING

BY ROBYN GALE FOR 3-6 YEARS

Unleash your child's creativity with this fun and interactive activity book. Packed with bold designs and simple prompts, it's perfect for developing fine motor skills and encouraging early learning. Ideal for little artists, it's a fantastic way to inspire imagination and build confidence through play.

Cost: £6.99. www.geminibooks.com



5-MINUTE SWEET DREAMS STORIES

BY VARIOUS FOR 3-5 YEARS

Snuggle up and share six gentle, calming stories to help little ones unwind, ready for bed and a night of sweet dreams. This collection of tales includes familiar bedtime routines and themes, from bathtime fun and favourite toys to all important goodnight hugs.

Cost: £9.99. www.twowindmills.com



FIVE STEPS TO BED

BY CLAIRE POTTER FOR 3-5 YEARS

A delightful bedtime story that makes saying goodnight a fun and comforting routine. Follow along as each step brings little ones closer to bedtime, with soothing rhymes and gentle illustrations that create a peaceful, calming atmosphere. This story is a wonderful choice for bedtime rituals and early reading adventures.

Cost: £7.99. www.bloomsbury.com/uk



COLOURS OF HOME

BY MIRIAM LATIMER FOR 3-5 YEARS

When Ana flees war and moves in with Olive's family, she struggles to adjust to her new life. Olive has her own challenges, but when the girls draw together, Ana's pictures reveal the world she left behind. Olive begins to understand Ana's sacrifice and, through kindness and love, helps bring colour and hope back into Ana's world.

Cost: £7.99. Buy from www.graffeg.com



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Please quote 'Toddle About'
when contacting them.

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(Aylesbury & High Wycombe) 01494 819138 www.monkeymusic.co.uk

Phonics With Robot Reg

(High Wycombe) 07952 258095 www.robotreg.co.uk/find-a-class/highwycombe

Rugbytots

(South Bucks) 03453 130447 www.rugbytots.co.uk/class/find

Swimkidz

(South Bucks) 07889 905678 www.swimkidz.co.uk

All trials are subject to availability.





Discover what other parents are loving at the moment! Here's a selection of reviews that our readers have added to the Toddle About website recently:

PHONICS WITH ROBOT REG

5.0 🚖

Enjoyable classes with engaging activities that make learning fun. Highlight of the class every week was Robot Reg, rave complete with dress up.

5.0 ★ RUGBYTOTS SOUTH BUCKS



My son loves his RugbyTots classes, the coaches are kind engaging dedicated and positive. The lessons are always lots of fun and structured at the right level.

5.0

Lucy R

MOO MUSIC HWMB



Elvan Is Amazing! Each week is a different theme she put a lot of effort \$ time into Creating amazing themes for the kids! My little girl loves moo-music!

Hayley M

BRIGHTER BIRTHING



Leanne really knows what she is talking about we went in feeling unprepared and nervous and ended up feeling confident and calm with a wealth of knowledge at our disposal.

Yasmin D

BABY TODDLER FAMILY FOOD 5.0 🖈

After our 1:1 meeting | left feeling reassured. Emma focused on what was important and simplified all the information that was flooding my head.

Emma W

5.0

CACCHINO LTD



We have Ben the whale and he has been a must have on our journey as new parents. The combination of lights and soothing music is fantastic for baby. We love ours.

Emma T

Sarah F

LEAVE YOUR OWN REVIEW FOR YOUR FAVOURITE PROVIDERS. FIND THEM HERE:











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VIP CLUB READER REVIEW: 📧

MYFIRST CAMERA 3





* * * * * * Written by Sophie Healy, Toddle About Subscriber

The MyFirst Camera 3 is a 16MP digital camera for kids, featuring a selfie lens, Full HD video recording, and a protective sleeve. Choose from Chill Giraffe, Cool Dinosaur, or Cute Kitten designs. Perfect for ages 5-13. £89 from uk.myfirst.tech.

If your little one loves grabbing your phone to take blurry photos, the myFirst Camera 3 is a perfect alternative to channel their creativity. Specifically designed for young kids, it fits smaller hands and features simple menu navigation.

We got this camera for our 5-year-old, who loves taking photos. He was thrilled to have his own camera. The silicone case keeps it safe, and the strap lets him wear it around his neck, reducing the worry of drops. He quickly learned to use the buttons and loved the large screen to view his photos and show them off. The selfie lens and the ability to take both photos and videos were big hits. The quality is

impressive for a child's camera.

We plan to get another one for our other child for Christmas since they both enjoy it so much! With three different designs and colours, there's something for everyone.

The myFirst Camera 3 is perfect for budding photographers, giving them independence without risking your own phone or camera. Its lenses allow detailed close-ups and long-distance shots. Be ready to be photographed often though - my son wants to take his camera everywhere with him!

5 stars from us!



Sophie and her son were given this product as a freebie for writing this review. Subscribe to Toddle About and you can do the same! Discover the products up for grabs right now at www.toddle.fun/vip-reviews









AYLESBURY VALE

Your local 'What's On Guide' for families with bumps - 5s in South Buckinghamshire.

P.27 - 33 SOUTH BUCKS

AYLESBURY VALE AREA

MONDAY

PARENTS & TOTS

Buckinghamshire Family Information

Berryfields Family Centre, John Fitzjohn Avenue, Aylesbury, HP18 0FG.

01296 383293. www.familyinfo.buckinghamshire.gov.uk. Play and Explore: 13:30 - 15:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Elmhurst Family Centre, Elmhurst School, Dunsham Lane, Aylesbury, HP20 2DB.

- 01296 398242. www.familyinfo.buckinghamshire.gov.uk.
 - My First Playtime: 10:00 11:30. Ages: 0 1 yrs.
 Child Health Drop In: 13:30 15:00. Ages: 0 5 yrs.
- Cost: Free (booking essential).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Discover Bucks Museum

Discover Bucks Museum and Roald Dahl Children's Gallery, Church Street, Aylesbury, HP20 2QP.

01296 331441. www.discoverbucksmuseum.org.

Grand-ducks: 10:00 - 12:00. Ages: 0 - 5 yrs. Cost: £7 per session (booking essential).

Dates: 6 Jan, 3 Feb & 3 Mar.

PARENTS & TOTS

Hazlemere Library

312 Amersham Road, Hazlemere, HP15 7PY. 01296 382 415.

 Hazlemere Duplo Club: 10:00 - 11:00. Ages: 0 - 4 yrs. Cost: Free (booking essential).

Dates: 6 Jan - 31 Mar.

MUSIC & SIGNING

Monkey Music Aylesbury & High

Wycombe

St Martha's Church, Park Road, Tring, HP23 6BP. 01494 819138. www.monkeymusic.co.uk.

- Jiggety Jig: 9:30 10:00. Ages: 2 4 yrs.
 Heigh Ho: 10:15 10:45. Ages: 1 2 yrs.
- Rock n Roll: 11:00 11:30. Ages: 3 mths 1 yrs.
 Ding-Dong: 11:45 12:15. Ages: 3 5 yrs.

Cost: £9.75 per session (booking essential).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Are you running classes or events?

CREATIVE

Little Mess and Glow Aylesbury

St Anne's Hall Wendover, Aylesbury Road, Wendover, HP22 6JG. www.aylesbury.thelittlesensory.co.

 Little Mess: 13:30 - 14:30. Ages: 6 mths - 5 yrs. Cost: £8 per session (booking essential). Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

SWIMMING

Swimkidz South Bucks

Reflexions Health and Leisure, Watermead, Aylesbury,

• Times: 10:30 - 12:30. Ages: 10 mths+. Cost: £14.50 per session (booking essential). Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Water Babies Bucks & Beds

Chiltern Neuro Centre, Oakwood Close, Wendover, HP22 5GF. 01295 709221. www.waterbabies.co.uk.

• Times: 9:30 - 11:00. Ages: 0 - 6 yrs. Cost: £19.50 per session (booking essential). Dates: 6 Jan - 31 Mar.

1-2 Trenchard Street, Aylesbury, HP19 7AA. 01295 709221. www.waterbabies.co.uk.

• Times: 10:30 - 13:00. Ages: 0 - 6 yrs. Cost: £19.50 per session (booking essential).



TUESDAY

PARENTS & TOTS

Buckinghamshire Family Information

Elmhurst Family Centre, Elmhurst School, Dunsham Lane, Aylesbury, HP20 2DB.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

Grandparent's Group: 10 00 - 11:30. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Wing Family Centre, Church Street, Wing, Leighton Buzzard,

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

Play and Explore: 10:00 - 11:30. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Fishes Toddler Group

Church of the Holy Spirit, Church Hall, 71a Camborne Avenue, Aylesbury, HP21 7UE

01296 394759. www.holyspiritbedgrove.org.
• Little Fishes Baby Group: 13:00 - 14:30. Ages: 0 - 1 yrs. Cost: Free (drop in).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Haddenham Community Library

Banks Park, Bank Road, Haddenham, HP17 8EE. 01296 382415. www.haddenhamcommunitylibrary.org.uk. StoryTime: 10:30 - 11:00. Ages: 3 - 4 yrs.

Cost: Free (drop in). Dates: 7 Jan - 1 Apr.

DANCE & DRAMA

Tot Bop

Fairford Leys Church Hall, Hampden Square, Aylesbury,

01525 237474 / 07775 582791. www.totbop.co.uk.

• Tiny Tots: 9:30 - 10:05. Ages: 1 yrs - 2 ½ yrs.

• Baby Boppers: 10:20 - 11:05. Ages: 2 ½ yrs - 5 yrs. Cost: £7.50 per session (booking essential).

Dates: 7 Jan - 11 Feb.

SWIMMING

Swimkidz South Bucks

Reflexions Health and Leisure, Watermead, Aylesbury, HP19 0FY

• Times: 10:00 - 12:00. Ages: 10 mths+. Cost: £14.50 per session (booking essential).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Water Babies Bucks & Beds

Chiltern Neuro Centre, Oakwood Close, Wendover, HP22 5GF. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 11:30. Ages: 0 - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 7 Jan - 1 Apr.

Are you running classes or events?





WEDNESDAY

PARENTS & TOTS

Buckinghamshire Family Information

Wing Family Centre, Church Street, Wing, Leighton Buzzard, LU7 ONY.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

My First Playtime: 11:30 - 13:00. Ages: 0 - 1 yrs. Cost: Free (booking essential).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Discover Bucks Museum

Discover Bucks Museum and Roald Dahl Children's Gallery. Church Street, Aylesbury, HP20 2QP. 01296 331441. www.discoverbucksmuseum.org.

Stay & Play Café: 10:00 - 12:00. Ages: 0 - 5 yrs.

Cost: £2 per session (booking essential).

Dates: 8 Jan - 12 Feb & 26 Feb.

• Home Education Day: James' Giant Insects: 11:00 -12:30. Ages: 4 - 11 yrs.

Cost: £6.50 per session (booking essential). Dates: 22 Jan.

Southcourt Baptist Church

Southcourt Baptist Church, 40 Penn Road, Aylesbury, HP21 8HW. 01296 480080. www.southcourtbaptist.org.uk. The Ark Parent and Toddler Group: 10:00 - 11:30

Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

MUSIC & SIGNING

Monkey Music Aylesbury & High Wvcombe

St Marys Centre, Church End, Haddenham, HP17 8AJ. 01494 819138. www.monkeymusic.co.uk.

- Heigh Ho: 9:30 10:00. Ages: 1 2 yrs.
 Ding-Dong: 10:15 10:45. Ages: 3 5 yrs.
 Jiggety Jig: 11:00 11:30. Ages: 2 4 yrs.
 Rock n Roll: 11:45 12:15. Ages: 3 mths 1 yrs.

Cost: £10 per session (booking essential).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

DANCE & DRAMA

Tot Bop

Northchurch Social Centre, Bell Lane, Northchurch, Berkhamsted, HP4 3RD. 01525 237474 / 07775 582791. www.totbop.co.uk.

Tiny Tots: 9:30 - 10:05. Ages: 1 yrs - 2 ½ yrs.
 Baby Boppers: 10:20 - 11:05. Ages: 2 ½ yrs - 5 yrs.

Cost: £7.50 per session (booking essential). Dates: 8 Jan - 12 Feb.

SWIMMING

Water Babies Bucks & Beds

1-2 Trenchard Street, Aylesbury, HP19 7AA. 01295 709221. www.waterbabies.co.uk.

• Times: 10:00 - 12:30. Ages: 0 - 6 yrs.

Cost: £19.50 per session (booking essential). Dates: 8 Jan - 2 Apr.

THURSDAY

PARENTS & TOTS

Buckinghamshire Family Information

Berryfields Family Centre, John Fitzjohn Avenue, Aylesbury, HP18 0FG. 01296 383293.

Child Health Drop In: 9:15 - 11:30. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Elmhurst Family Centre, Elmhurst School, Dunsham Lane, Aylesbury, HP20 2DB.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

Play and Explore: 13:30 - 15:00. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Southcourt Family Centre Plus, Aylesbury College Campus, Oxford Road, Aylesbury, HP21 8PD.

 My First Playtime: 10:00 - 11:30. Ages: 0 - 1 yrs. Cost: Free (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Wing Family Centre, Church Street, Wing, Leighton Buzzard, LU7 ONY. www.familyinfo.buckinghamshire.gov.uk.

 Child Health Drop In: 10:00 - 11:15. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.



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PARENTS & TOTS

Discover Bucks Museum

Discover Bucks Museum and Roald Dahl Children's Gallery. Church Street, Aylesbury, HP20 2QP.

01296 331441. www.discoverbucksmuseum.org. Discover Ducks - Snow: 10:00 - 12:00. Ages: 0 - 5 yrs.

Dates: 9 Jan & 30 Jan.

 Discover Ducks - Minibeasts: 10:00 - 12:00. Ages: 0 - 5 yrs. Cost: £7 per session (booking essential).

Dates: 13 Feb & 27 Feb.

Fishes Toddler Group

Church of the Holy Spirit, Church Hall, 71a Camborne Avenue, Aylesbury, HP21 7UE.

• Times: 10:00 - 11:30. Ages: 0 - 5 yrs. Cost: £2 per session (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Lighthouse Toddler Group

Walton Hall, Walton Street, Aylesbury, HP21 7QX. 01296 398110. www.htaylesbury.org.

• Times: 10:30 - 11:45. Ages: 0 - 4 yrs.

Cost: Free (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Tovbox and Babybox

Long Crendon Baptist Church, High Street, Long Crendon, HP18 9AF. 01844 201335. www.lcbc.org.uk.
• Times: 10:45 - 12:00. Ages: Pregnancy - 3 yrs.

Cost: Free (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

CREATIVE

Little Mess and Glow Aylesbury

Haydon Hill Community Centre, Dickens Way, Aylesbury,

www.aylesbury.thelittlesensory.co.

Little Mess: 10:30 - 11:30. Ages: 6 mths - 5 yrs.

Cost: £8 per session (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Sparkles - Speech Therapy for Children with Down's Syndrome

Email for Location, Aylesbury, HP20. www.sparkles.org.uk.

• Sparkles Speech Therapy: 9:30 - 14:00. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

DANCE & DRAMA

Tot Bop

Nora Grace Hall, Faversham Close, Tring, HP23 5BA. 01525 237474 / 07775 582791. www.totbop.co.uk.

 Tiny Tots: 9:30 - 10:05. Ages: 1 yrs - 2 ½ yrs.
 Baby Boppers: 10:20 - 11:05. Ages: 2 ½ yrs - 5 yrs. Cost: £7.50 per session (booking essential).

Dates: 9 Jan - 13 Feb.

SWIMMING

Water Babies Bucks & Beds

1-2 Trenchard Street, Aylesbury, HP19 7AA. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 12:00. Ages: 0 - 6 yrs.

Cost: £19.50 per session (booking essential). Dates: 9 Jan - 3 Apr.

FRIDAY

PARENTS & TOTS

Buckinghamshire Family Information Service

Berryfields Family Centre, John Fitzjohn Avenue, Aylesbury, HP18 0FG.

01296 383293. www.familyinfo.buckinghamshire.gov.uk. My First Playtime: 10:00 - 11:30. Ages: 0 - 1 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Southcourt Family Centre Plus, Aylesbury College Campus, Oxford Road, Aylesbury, HP21 8PD.

01296 398242. www,familyinfo.buckinghamshire.gov.uk.

 Play and Explore: 10:00 - 11:30. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Discover Bucks Museum

Discover Bucks Museum and Roald Dahl Children's Gallery, Church Street, Aylesbury, HP20 2QP. 01296 331441, www.discoverbucksmuseum.org.

Under 5s Morning: 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £3.50 per session (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb.

Home Education Day: BFG Dream Bottles: 11:00 -12:30. Ages: 5 - 11 yrs.

Cost: £6.50 per session (booking essential).

Dates: 7 Feb.

Are you running classes or events?







PARENTS & TOTS

Haddenham Community Library

Banks Park, Bank Road, Haddenham, HP17 8EE. 01296 382415, www.haddenhamcommunitylibrary.org.uk.

Bounce and Rhyme: 10:30 - 11:00. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 10 Jan, 24 Jan, 7 Feb, 21 Feb, 7 Mar, 21 Mar & 4 Apr.

Wendover Community Library

High St, Wendover, HP22 6DU. 01296 382415. Bounce & Rhyme: 13:30 - 14:00. Ages: 0 - 5 yrs. Cost: Free (drop in). Dates: 10 Jan - 4 Apr.

CREATIVE

Little Mess and Glow Aylesbury Wendover Memorial Hall, Wharf Road, Wendover, HP22 6HF.

www.aylesbury.thelittlesensory.co.

• Little Glow Sensory: 13:30 - 14:30. Ages: 0 - 1 ½ yrs. Cost: £6.50 per session (booking essential). Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

SWIMMING

Water Babies Bucks & Beds

Chiltern Neuro Centre, Oakwood Close, Wendover, HP22 5GF. 01295 709221. www.waterbabies.co.uk.

 Times: 13:30 - 16:00. Ages: 0 - 6 yrs. **Cost:** £19.50 per session (booking essential).

Dates: 10 Jan - 4 Apr.

SATURDAY

PARENTS & TOTS

Haddenham Community Library

Banks Park, Bank Road, Haddenham, HP17 8EE. 01296 382415. www.haddenhamcommunitylibrary.org.uk. Lego & Craft Club: 10:30 - 11:30. Ages: 2 - 5 yrs.

Cost: Free (drop in).

Dates: 11 Jan - 5 Apr.

Who Let The Dads Out?

Granville Street Church, Granville Street, Aylesbury, HP20 2JR. 01296 334154. www.granvillestreetchurch.org.uk.

Times: 9:30 - 11:00. Ages: 0 - 5 yrs.

Cost: £1 per session (drop in).

Dates: 11 Jan - 5 Apr.

DANCE & DRAMA

Tot Bop

The Anthony Hall, 33 London Road, Aston Clinton, Aylesbury, HP22 5HG. 01525 237474 / 07775 582791. www.totbop.co.uk.

- Tiny Tots: 9:00 9:30. Ages: 1 yrs 2 ½ yrs.
- Baby Boppers: 9:45 10:30. Ages: 2 ½ yrs 3 ½ yrs. Funky Monkeys: 10:45 11:30. Ages: 3 ½ yrs 6 yrs. Groovy Movers: 11:45 12:30. Ages: 5 9 yrs.

Cost: Free (booking essential).

Dates: 15 Feb - 5 Apr. **SWIMMING**

Water Babies Bucks & Beds

Chiltern Neuro Centre, Oakwood Close, Wendover, HP22 5GF. 01295 709221. www.waterbabies.co.uk.

• Times: 9:00 - 12:30. Ages: 0 - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 11 Jan - 5 Apr.

Booker Park School, Stoke Leys Close, Off Winterton Drive, Avlesbury, HP21 9ET, 01295 709221, www.waterbabies.co.uk.

 Times: 15:45 - 16:15. Ages: 0 - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 11 Jan - 5 Apr.

SUNDAY

SWIMMING

Swimkidz South Bucks

Reflexions Health and Leisure, Watermead, Avlesbury, HP19 0FY.

• Times: 9:30 - 13:30. Ages: 10 mths+.

Cost: £14.50 per session (booking essential).

Dates: 12 Jan - 9 Feb & 2 Mar - 30 Mar.

Water Babies Bucks & Beds

Chiltern Neuro Centre, Oakwood Close, Wendover, HP22 5GF. 01295 709221, www.waterbabies.co.uk.

• Times: 8:15 - 12:45. Ages: 0 - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 12 Jan - 30 Mar.

Booker Park School, Stoke Leys Close, Off Winterton Drive, Aylesbury, HP21 9ET. 01295 709221. www.waterbabies.co.uk.

 Times: 8:45 - 14:30. Ages: 0 - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 12 Jan - 30 Mar.

Are you running classes or events?

SOUTH BUCKS AREA

MONDAY

PARFNTS & TOTS

Amersham Library

Chilterns Lifestyle Centre, Chiltern Avenue, Amersham, HP6 5AH. 0845 230 3232.

Bounce & Rhyme: 10:30 - 11:00. Ages: 0 - 5 yrs. Cost: Free (booking essential).
Dates: 6 Jan - 31 Mar.

Buckinghamshire Family Information

Amersham Family Centre, Little Chalfont E-Act Academy, Bell Lane, Amersham, HP6 6PF.

01494 764258. www.familyinfo.buckinghamshire.gov.uk. Play and Explore: 9:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Hampden Way Family Centre, The Community Centre, Hampden Way, High Wycombe, HP13 7TJ. 01494 450279. www.familyinfo.buckinghamshire.gov.uk.

Messy Play: 9:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

The Ivers Family Centre, Grange Way, Iver, SLO 9NT. 01753 650252. www.familyinfo.buckinghamshire.gov.uk.

Play and Explore: 9:30 - 11:00. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Holmer Green Tiddlywinks

Christ Church Centre, Holmer Green, High Wycombe, HP15 6XQ. 01494-715195. www.pshg.org.

Tiddlywinks: 13:30 - 15:00. Ages: 0 - 4 yrs.

Cost: £2 per session (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Little Fish High Wycombe

Wycombe Marsh Baptist Church, London Road Wycombe Marsh, High Wycombe, HP11 1ET. 07940 953909.

Times: 14:00 - 14:30. Ages: 0 - 5 yrs.
 Cost: Free (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Tiddlywinks

Marlow Methodist Church, Spittal Street, Marlow, SL7 3HJ. 07799 854 535.

• Times: 8:45 - 11:30. Ages: 0 - 5 yrs.

Cost: £1 per session (drop in). Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Urchins Toddler Group

United Reformed Church, The Broadway, Chesham, HP5 1BX. 01494776014, www.cheshamurc.org.uk.

Times: 10:00 - 11:30. Ages: 0 - 5 yrs.

Cost: £1 per session (drop in) Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

IOYFUL IANUARY

TO HELP COMBAT LONELINESS, KINDNESS IN BUCKS IS WORKING WITH LOCAL PARTNERS TO PROVIDE A SERIES OF FREE EVENTS FOR EVERYONE IN THE COMMUNITY THIS JANUARY.







A MONTH FULL OF FREE EVENTS:

People feel lonely sometimes, for many different reasons. A recent study owed that 85% of people in the UK had experienced loneliness in 2023.

Our local free events include music and dance groups, pilates, chair yoga for over 60's, exercise classes, nutritional talks, boot camp, mental he sessions, coffee mornings, playgroups, evening walks, reiki, massage, first aid, pregnancy yoga, family yoga and many more.

We have a full calendar of events on our website where you can sign up and RSVP to our free events.

If you have a business or a skill and would love to volunteer for an event / run a free taster session for our local community in January please get in touch via email hello@kindnessinbucks.com









WWW.KINDNESSINBUCKS.COM

MUSIC & SIGNING

Monkey Music Aylesbury & High

Wycombe

Wrights Meadow Centre, Wrights Meadow Road, High Wycombe, HP11 1SQ.

01494 819138. www.monkeymusic.co.uk.

• Heigh Ho: 10:00 - 10:30. Ages: 1 - 2 yrs. Ding-Dong: 11:30 - 12:00. Ages: 3 - 5 yrs. Cost: £9.75 per session (booking essential).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Princes Risborough Library Bell Street, Princes Risborough, HP27 0AA. 0845 230 3232. www.buckinghamshire.gov.uk.

Bounce and Rhyme: 10:15 - 10:35 & 10:45 - 11:15.

Ages: 0 - 4 yrs. **Cost:** Free (booking essential). Dates: 6 Jan - 31 Mar.

Are you running classes or events?







SENSORY & DEVELOPMENT

Phonics with Robot Reg Wycombe

West Wycombe Village Hall, High Street, West Wycombe, High Wycombe, HP14 3AB. 07952 258 095. www.robotreg.co.uk.

MINIS Phonics: 9:30 - 10:15. Ages: 1 yrs - 2 ½ yrs. Pre-school Phonics: 10:30 - 11:15. Ages: 2 ½ yrs - 5 yrs.

Cost: £8 per session (drop in). Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Flackwell Heath Community Centre, Swains Lane, Flackwell Heath, HP10 9BN. 07952 258 095. www.robotreg.co.uk.

 Pre-school Phonics: 13:30 - 14:15. Ages: 2½ yrs - 5 yrs. Cost: £8 per session (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

SWIMMING

Water Babies Bucks & Beds

Hemel Hempstead Industrial Estate, Maylands Ave, Hemel Hempstead, HP2 4NW.

01295 709221. www.waterbabies.co.uk. Times: 10:00 - 12:30. Ages: 0 - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 6 Jan - 31 Mar.

SWIMMING

Water Babies Oxford

Swim Street, Common Road, Flackwell Heath, HP10 9NS. 01869325499. www.waterbabies.co.uk.

 Times: 9:30 - 12:00. Ages: 0 - 10 yrs. Cost: £19.50 per session (booking essential). Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Lower Park House, Sharedoles, Old Amersham, HP7 0RL. 01869325499. www.waterbabies.co.uk.

Times: 10:00 - 12:30 & 15:30 - 17:30. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

TUESDAY

PARENTS & TOTS

Bourne End Community Library

Bourne End Community Library, Wakeman Road, Bourne End, SL8 5SX. 01296 382 415. www.buckinghamshire.gov.uk.

• Tuesday Storytime: 10:30 - 11:00. Ages: 0 - 5 yrs. Cost: Free (drop in). Dates: 7 Jan - 1 Apr.

Buckinghamshire Family Information

Burnham Family Centre, Minniecroft Road, Burnham, Slough, SL1 7DE, 01628 665380.

 Messy Play: 9:15 - 10:00. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Hithercroft Family Centre, Anthony Close, High Wycombe, HP13 5SE. 01494 450279.

Play and Explore: 9:30 - 11:30. Ages: 0 - 5 yrs.

Cost: Free (booking essential).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Newtown Family Centre Plus, Berkhampstead Road, Chesham, HP5 3AT. 01494 776786.

 Messy Play: 9:30 - 10:30. Ages: 0 - 5 yrs. Cost: Free (drop in). Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Chesham Library

Elgiva Lane, Chesham, HP5 2JD.

01296 382 415. www.buckinghamshire.gov.uk.

Bounce and Rhyme: 10:00 - 10:30. Ages: 0 - 4 yrs. Cost: Free (booking essential).

Dates: 7 Jan - 1 Apr.

Farnham Common Community Library Victoria Road, Farnham Common, SL2 3NL.

01296 382415.

Story Time: 10:30 - 11:00. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Micklefield Community Library

Micklefield Road, High Wycombe, HP13 7HU. 01296 382 415. www.buckinghamshire.gov.uk.

 Play Lego: 14:00 - 17:00. Ages: 3 - 11 yrs. Cost: Free (booking essential).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

The Lantern Babies and Toddlers

St Mary's Church, 141 Marlow Bottom, Marlow, SL7 3PJ.

• Times: 10:00 - 1 Cost: £1 per session (drop in).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Are you running classes or events?



SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.

• Times: 9:30 - 13:00. Ages: 10 mths+. **Cost:** £14.50 per session (booking essential). Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Water Babies Oxford

Swim Street, Common Road, Flackwell Heath, HP10 9NS. 01869325499. www.waterbabies.co.uk.

• Times: 9:30 - 11:30. Ages: 0 - 10 yrs Cost: £19.50 per session (booking essential). Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Lower Park House, Sharedoles, Old Amersham, HP7 ORL. 01869325499. www.waterbabies.co.uk.

• Times: 10:30 - 11:30. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

39 Mayflower Way, Holtspur, Beaconsfield, HP9 1UG. 01869325499. www.waterbabies.co.uk.

• Times: 9:00 - 11:00. Ages: 0 - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 7 Jan & 7 Jan - 1 Apr.

Walnut Tree House, Spring Coppice, Lane End, HP14 3NU. 01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 14:30. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). Dates: 7 Jan - 1 Apr.

Cedar Avenue, Hazlemere, High Wycombe, HP15 7EF. 01869325499. www.waterbabies.co.uk.

 Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 7 Jan - 1 Apr.

WEDNESDAY

PARENTS & TOTS

Bourne End Community Library

Wakeman Road, Bourne End, SL8 5SX. 01296 382 415. www.buckinghamshire.gov.uk.
• Bounce & Rhyme: 10:00 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 8 Jan - 2 Apr.

Buckinghamshire Family Information Service

Beaconsfield Family Centre, Beacon Close, Beaconsfield, HP9 1RJ.

01494 678244. www.familyinfo.buckinghamshire.gov.uk.

Child Health Drop-in: 8:30 - 10:00. Ages: 0 - 5 yrs.
 Play and Explore: 9:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Castlefield Family Centre, Rutland Avenue, Castlefield, High Wycombe, HP12 3LL.

01494 450279. www.familyinfo.buckinghamshire.gov.uk.

Mamas & Babas: 10:00 11:30. Ages: 0 - 2 yrs. Cost: Free (booking essential).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

PARENTS & TOTS

Buckinghamshire Family Information

Risborough Family Centre, Princes Risborough Primary School, Wellington Avenue, Princes Risborough, HP27 9HY. 01494 450279. www.familyinfo.buckinghamshire.gov.uk.
• Child Health Drop In: 9:30 - 11:00. Ages: 0 - 5 yrs.
• Messy Play: 9:30 - 11:30. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

The Ivers Family Centre, Grange Way, Iver, SLO 9NT. 01753 650252, www.familyinfo.buckinghamshire.gov.uk.

Messy Play: 9:30 - 10:15. Ages: 0 - 1 ½ yrs.
 Messy Play: 10:30 - 11:15. Ages: 1 ½ yrs+.

Cost: Free (booking essential).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Burnham Library

Windsor Lane, Burnham, SL1 1HR. 01296 382415. www.buckinghamshire.gov.uk.

 Painting: 9:30 - 11:00. Ages: 0 - 4 yrs 10 mths. Cost: Free (drop in).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Radnage Mother and Toddler Group Radnage Common Road, Radnage, High Wycombe, HP14 4DF. 07789902336.

• Times: 9:30 - 11:30. Ages: 0 - 5 yrs. Cost: £1.50 per session (booking essential). Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

St. Anne's Parent & Toddler Group

St. Anne's Church, London Road, High Wycombe, HP11 1ET. 07443596304.

Times: 9:30 - 11:30. Ages: 0 - 5 yrs. Cost: £1.50 per session (drop in). Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Tiny Tots

St James Gerrards Cross & Fulmer, Oxford Road, Gerrards Cross, SL9 7DJ. www.saintjames.org.uk.

• Tiny Tots: 9:30 - 11:00. Ages: 0 - 3 yrs. Cost: Free (booking essential).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

MUSIC & SIGNING

Long Crendon Community Library

High Street, Long Crendon, HP18 9AF. 01296 382415.

Bounce and Rhyme: 10:15 - 10:45. Ages: 0 - 4 yrs. Cost: Free (drop in).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.

• Times: 12:00 - 14:00. Ages: 10 mths+. Cost: £14.50 per session (booking essential). Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Water Babies Oxford

Swim Street, Common Road, Flackwell Heath, HP10 9NS. 01869325499. www.waterbabies.co.uk.

Times: 9:30 - 12:00. Ages: 0 - 10 yrs.

Cost: £19.50 per session (booking essential). Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Are you running classes or events?





SWIMMING

Water Babies Oxford

Lower Park House, Sharedoles, Old Amersham, HP7 0RL. 01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). **Dates:** 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Walnut Tree House, Spring Coppice, Lane End, HP14 3NU. 01869325499. www.waterbabies.co.uk.

 Times: 10:00 - 14:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 8 Jan - 2 Apr.

Cedar Avenue, Hazlemere, High Wycombe, HP15 7EF. 01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 8 Jan - 2 Apr.

THURSDAY

PARENTS & TOTS

Amersham Library

Chilterns Lifestyle Centre, Chiltern Avenue, Amersham, HP6 5AH, 0845 230 3232.

• Bounce & Rhyme: 10:30 - 11:00. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 9 Jan - 3 Apr.

Beaconsfield Library

Revnolds Road, Beaconsfield, HP9 2NJ. 01296 382415.

Storytime: 10:00 - 10:30. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 9 Jan - 3 Apr.

Buckinghamshire Family Information

Burnham Family Centre, Minniecroft Road, Burnham, Slough, SL1 7DE.

01628 665380. www.familyinfo.buckinghamshire.gov.uk. Play and Explore: 7:30 - 9:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Marlow Family Centre, Newfield Road, Marlow, SL7 1JW. 01494 450279. www.familyinfo.buckinghamshire.gov.uk.

Messy Play: 9:30 - 11:30. Ages: 0 - 5 yrs.
 Child Health Drop In: 9:30 - 11:30. Ages: 0 - 2 yrs.

Cost: Free (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Newtown Family Centre Plus, Berkhampstead Road, Chesham, HP5 3AT.

01494 776786. www.familyinfo.buckinghamshire.gov.uk. Play and Explore: 9:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

High Wycombe Librar

5 Eden Place, High Wycombe, HP11 2DH. 01296 382415. www.buckscc.gov.uk.

 Bounce & Rhyme: 10:00 - 10:30. Ages: 0 - 1 ½ vrs. Cost: Free (booking essential).

Dates: 9 Jan - 3 Apr.

PARENTS & TOTS

Micklefield Community Library

Micklefield Road, High Wycombe, HP13 7HU. 01296 382 415. www.buckinghamshire.gov.uk. Play Lego: 14:00 - 17:00. Ages: 3 - 11 yrs.

Cost: Free (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Penn & Tylers Green Toddler Group

Tylers Green Village Hall, Tylers Green, High Wycombe, HP10 8LN. 01494 819990.

• Times: 9:15 - 11:00. Ages: Pregnancy - 4 yrs.

Cost: £3 per session (drop in). Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Playhouse Toddlers - High Wycombe

The Hub, Union Baptist Church Easton Street, High Wycombe, HP11 1NJ. 01494 473889.

Playhouse Toddlers: 9:30 - 11:30. Ages: 0 - 4 yrs.

Cost: £1 per session (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

St Peters Burnham

St Peters Church, Cornerstone, Church Street, Burnham, SL1 7HX.

01628 664338. www.stpetersburnham.org.

• Little Angels-Baby and Toddler Group: 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (drop in).

Dates: 9 Jan - 3 Apr.

The Lantern Babies and Toddlers

Lantern Community Corner, St Mary's Church, 141 Marlow Bottom, Marlow, SL7 3PJ.

Community Corner: 13:30 - 15:00.

Cost: Free (drop in).

Dates: 6 Feb. 6 Mar & 3 Apr.

MUSIC & SIGNING

Monkey Music Aylesbury & High Wycombe

Wrights Meadow Centre, Wrights Meadow Road, High Wycombe, HP11 1SQ.

01494 819138. www.monkeymusic.co.uk.

- Heigh Ho: 9:15 9:45 & 9:30 10:00. Ages: 1 2 yrs.
 Jiggety Jig: 10:15 10:45. Ages: 2 4 yrs.
- Rock n Roll: 11:00 11:30 & 12:30 13:00.

Ages: 3 mths - 1 yrs.

Ding-Dong: 11:45 - 12:15. Ages: 3 yrs - 4 yrs 11 mths.

Cost: £9.75 per session (booking essential). Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.

Times: 10:00 - 13:00. Ages: 10 mths+

Cost: £14.50 per session (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Water Babies Oxford

Swim Street, Common Road, Flackwell Heath, HP10 9NS. 01869325499. www.waterbabies.co.uk.

• Times: 9:30 - 11:30. Ages: 0 - 10 yrs. Cost: £19.50 per session (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Are you running classes or events?





What's it all about? Join us for a couple of hours where you can meet local mums in your area From Brunch Clubs to Walking Clubs, Supper Clubs and so much more. See the full list here: themumclub.com/

Who is it for? Come alone, pregnant, with baby or child. Whatever your circumstances you are welcome at The Mum Club.



Join us for our next event

@themumclubsouthbucks www.themumclub.com/events



SWIMMING

Water Babies Oxford

Lower Park House, Sharedoles, Old Amersham, HP7 0RL. 01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 12:00. Ages: 1 mths - 6 yrs. Cost: £19.50 per session (booking essential). **Dates:** 9 Jan - 13 Feb & 27 Feb - 3 Apr.

39 Mayflower Way, Holtspur, Beaconsfield, HP9 1UG. 01869325499. www.waterbabies.co.uk. • Times: 9:30 - 11:30. Ages: 0 - 6 yrs.

Cost: £19.50 per session (booking essential). **Dates:** 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Walnut Tree House, Spring Coppice, Lane End, HP14 3NU. 01869325499. www.waterbabies.co.uk.

• Times: 10:00 - 17:00. Ages: 1 mths - 6 yrs. **Cost:** £19.50 per session (booking essential). Dates: 9 Jan - 3 Apr.

FRIDAY

PARENTS & TOTS

Beaconsfield Library

Reynolds Road, Beaconsfield, HP9 2NJ. 01296 382415. Bounce & Rhyme: 10:00 - 10:30. Ages: 0 - 4 yrs.

Cost: Free (booking essential). Dates: 10 Jan - 4 Apr.

PARENTS & TOTS

Bourne End Community Library

Wakeman Road, Bourne End, SL8 5SX.

01296 382 415. www.buckinghamshire.gov.uk. Friday Storytime: 10:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 4 Apr.

Chalfont St Giles Community Library

High Street, Chalfont St Giles, HP8 4QA. 01494 874 732. www.chalfontstgiles.org.uk.

Bounce & Rhyme: 10:30 - 11:00. Ages: 0 - 5 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Chalfont St Peter Community Library High Street, Chalfont St Peter, SL9 9QA.

01296 382 415. www.csp-communitylibrary.co.uk.

 Bounce & Rhyme: 14:00 - 14:30. Ages: 0 - 5 yrs. Cost: Free (drop in).

Dates: 10 Jan - 4 Apr.

Flackwell Heath Methodist Church Parent and Toddler Group

Heath End Road, Flackwell Heath, High Wycombe, HP10 9DT.

07979 541874.

Play & Praise: 9:15 - 11:15. Ages: 0 - 5 yrs.

Cost: £1 per session (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Fun at One

Amersham Free Church, Woodside Road, Amersham, HP6 6AJ. 01494726816. www.amershamfreechurch.org.uk.

Times: 13:00 - 14:40. Ages: 0 - 5 yrs.

Cost: £2 per session (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Magpie Club Baby & Toddler Group Coleshill Village Hall, Barracks Hill, Amersham, HP7 OLN.

• Times: 9:00 - 11:00. Ages: 0 - 5 yrs. Cost: £3 per session (drop in). **Dates:** 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Marlow Library

Institute Road, Marlow, SL7 1BL. www.buckscc.gov.uk.

• Marlow Library Bounce & Rhyme: 11:00 - 11:30.

Ages: 0 - 2 yrs. Cost: Free (drop in). Dates: 10 Jan - 4 Apr.

Micklefield Community Library

Micklefield Road, High Wycombe, HP13 7HU. 01296 382 415. www.buckinghamshire.gov.uk.

Play Lego: 10:00 - 13:00. Ages: 3 - 11 yrs.
 Bounce and Rhyme: 10:00 - 10:30. Ages: 0 - 4 yrs.

Cost: Free (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Small Saints

All Saints Church, Castle Street, High Wycombe, HP13 6RF. 07791 389598. www.allsaintshighwycombe.org.

 Times: 10:00 - 12:00. Ages: 0 - 5 yrs. Cost: £0.50 per session (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Are you running classes or events?







MUSIC & SIGNING

Monkey Music Aylesbury & High Wycombe

Risborough Community Centre, Stratton St, Princes Risborough, HP27 9AX.

01494 819138. www.monkeymusic.co.uk.

- Jiggety Jig: 9:30 10:00. Ages: 2 4 yrs.
 Heigh Ho: 10:15 10:45. Ages: 1 2 yrs.
 Rock n Roll: 11:00 11:30. Ages: 3 mths 1 yrs.
 Ding-Dong: 11:45 12:15. Ages: 3 5 yrs.

Cost: £9.75 per session (booking essential). Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

CREATIVE

Sparkles - Speech Therapy for Children with Down's Syndrome

Email for location, High Wycombe, HP10. www.sparkles.org.uk.

 Sparkles Speech Therapy: 9:30 - 14:30. Ages: 0 - 5 yrs. Cost: Free (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

PHYSICAL FUN

AirHop & Rush Group UK

Rush UK Trampoline Park, Lexmark House, Cressex Business Park, Coronation Road, High Wycombe, HP12 3TZ. 0330 223 3333. www.airhop.co.uk.

Toddler Takeover Weekdays Term Time: 10:00 - 12:00. Ages: 1 - 6 yrs.

Cost: £11 per session (booking essential). Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

SWIMMING

Water Babies Bucks & Beds

Hemel Hempstead Industrial Estate, Maylands Ave, Hemel Hempstead, HP2 4NW.

01295 709221. www.waterbabies.co.uk.

Times: 8:00 - 13:30. Ages: 0 - 6 yrs. Cost: £19.50 per session (booking essential).

Dates: 10 Jan - 4 Apr.

SATURDAY

PARENTS & TOTS

High Wycombe Library

5 Eden Place, High Wycombe, HP11 2DH. 01296 382415. www.buckscc.gov.uk.

• Storytime: 11:30 - 12:00. Ages: 0 - 10 yrs. Cost: Free (drop in). Dates: 11 Jan - 5 Apr.

Are you running classes or events?





PARENTS & TOTS

Micklefield Community Library

Micklefield Road, High Wycombe, HP13 7HU. 01296 382 415. www.buckinghamshire.gov.uk. Play Lego: 10:00 - 13:). **Ages:** 3 - 11 yrs.

Cost: Free (booking essential).

Dates: 11 Jan - 15 Feb & 1 Mar - 5 Apr.

CREATIVE

St. Michael's Church

70 Sycamore Rd, Amersham, HP6 5DR. 01494 726680. www.stmichaelsamersham.org.uk.

Messy Church: 11:30 - 13:00. Ages: 3 - 10 yrs. Cost: Free (drop in).

Dates: 18 Jan, 15 Feb & 15 Mar.

DANCE & DRAMA

Stagecoach Theatre Arts School (Buckinghamshire)

Wycombe High School, Marlow Road, High Wycombe, HP11 1TB. 07539753718. www.stagecoach.co.uk.

 Mini Stages: 9:00 - 9:45. Ages: 2 - 4 yrs. Cost: £7 per session (booking essential).

• Early Stages: 9:00 - 10:30, 9:30 - 11:00, 11:30 - 13:00 &

14:00 - 15:30. Ages: 4 - 6 yrs.

Cost: £14 per session (booking essential). Dates: 11 Jan - 8 Feb & 1 Mar - 29 Mar.

PHYSICAL FUN

South Bucks Rugbytots LLP

St Joseph's Catholic Primary School, Priory Road, Gerrards Cross, SL9 8SB.

07515754391. www.rugbytots.co.uk.

Times: 8:45 - 9:15. **Ages:** 1 ½ yrs - 4 yrs. Times: 9:20 - 10:05. **Ages:** 3 - 6 yrs.

Times: 10:10 - 10:40. Ages: 1 ½ yrs - 4 yrs. Cost: £8.25 per session (booking essential).

Dates: 11 Jan - 29 Mar.

Holmer Green Junior School, The Common, Holmer Green, HP15 6TD

07515754391. www.rugbytots.co.uk.

• Times: 9:00 - 9:30. **Ages:** 1 ½ yrs - 4 yrs. • **Times**: 9:35 - 10:20. **Ages:** 3 - 6 yrs. **Cost:** £8 per session (booking essential).

Dates: 11 Jan - 29 Mar.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.

• Times: 8:30 - 11:30. Ages: 10 mths. Cost: £14.50 per session (booking essential).

Dates: 11 Jan - 8 Feb & 1 Mar - 29 Mar.

SUNDAY

PHYSICAL FUN

South Bucks Rugbytots LLP

Davenies School, Station Road, Beaconsfield, HP9 1AA. 07515754391. www.rugbytots.co.uk.

Times: 8:45 - 9:15. Ages: 1 ½ yrs - 4 yrs.
 Times: 9:20 - 10:05. Ages: 3 - 6 yrs.

Times: 10:10 - 10:40. **Ages:** 1 yrs 5 mths - 4 yrs. Times: 10:45 - 11:30. **Ages:** 3 - 6 yrs. Cost: £8.25 per session (booking essential).

Dates: 12 Jan - 30 Mar.

St Peter's Primary School, Mill End, Rickmansworth, WD3 8HD. 07515754391. www.rugbytots.co.uk.

• Times: 8:45 - 9:15. Ages: 1 ½ yrs - 4 yrs. • Times: 9:20 - 10:05. Ages: 3 - 6 yrs. • Times: 10:10 - 10:55. Ages: 3 - 6 yrs.

Cost: £8.50 per session (booking essential).

Dates: 12 Jan - 30 Mar.

Amersham School, Stanley Hill, Amersham, HP7 9HH. 07515754391. www.rugbytots.co.uk.

• Times: 9:00 - 9:30. Ages: 2 yrs - 3 ½ yrs. • Times: 9:35 - 10:20. Ages: 3 ½ yrs - 5 yrs. • Times: 10:25 - 11:10. Ages: 3 - 6 yrs.

Cost: £8 per session (booking essential).

Dates: 12 Jan - 30 Mar.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS. Times: 9:00 - 12:30. Ages: 10 mths+.

Cost: £14.50 per session (booking essential). Dates: 12 Jan - 9 Feb & 2 Mar - 30 Mar.

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- STUART HENDERSON BRIT

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