

# Gazette ACE: JKV's Community Partners in the Arts, Culture and Entertainment



Jody Leshinsky, JKV's Life Enrichment Manager

In our inaugural Gazete ACE digital magazine, we looked back at some of the notable entertainers and performers who graced the stage during the first year of the Cultural Arts Center.

Our digital magazine focuses on Arts and Culture, as well as Entertainment. In this issue we will take a closer look at our Community Partners. To date, JKV

has formed cultural alliances with 14 Community Partners that include local arts organizations, art museums, science museums, cultural and

historical organziations, musical ensembles, film festivals and more. The Community Partners have been integral to the fabric of the John Knox Village lifestyle.

As partners with JKV, these groups offer reduced pricing to events or even complimentary admission to their venues. Also, within the Cultural Arts organizations, knowledgeable speakers present in special lectures specifically for JKV residents to discuss a range of topics in art, antiquities, history and music.

In this issue, we will take a deeper dive into some of these Community Partners, as well as our own talented JKV artists who continue working to advance their own creative abilities in their preferred media.

Plan to join us soon and discover the Culture of Arts and Entertainment at JKV. See page 26 for upcoming events that we invite you to attend.

# John Knox Village's Culture Involves Interest in Volunteerism, Health and Fitness

The John Knox Village campus is growing. In a few short months, 147 more apartment homes will be completed in The Vue and The Terrace – the two new buildings at Westlake at JKV. With the many new residents who will be moving to JKV, we are expanding our focus on the Arts, Culture and Entertainment to greatly enhance the lifestyle at South Florida's premier Life-Plan Continuing Care Retirement Community.

Take a quick look across the campus. As a result of our partnership with Ft. Lauderdale's ArtServe, a non-profit which supports its diverse members, artists, and community by promoting artistic development and education, prosperity through the exploration and presentation of the visual and performing arts, several JKV resident artists' works are on display in the Village Centre Auditorium. Additionally, local artist Sara Schesser Bartra will be showcasing her art in the new Cultural Arts Center Gallery. Her solo exhibition entitled, "Magical Nature," explores the hidden marvels

of the natural world through diverse techniques. From microscopic organisms to flowers and sea creatures, Sara's artwork unveils the magical essence within these realms.

At JKV, we are immensely proud of our residents' culture of social, health and welfare consciousness. In this issue, read about resident and staff volunteerism with Habitat for Humanity. And to en-



Jamisyn Becker, JKV's Marketing & Innovation Director

hance residents' health and better balance, read about the "Think & Move™" Exercise Machine.

Visit JKV soon, and take a tour. Call 954-904-0006 for information and to schedule your visit.

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# **Upcoming Performances: Get Your Tickets Now .... page 26**

Sept. 8: Jazz History Series: Part 1

Sept 19: Pianist Julian Gargiulo

Sept. 22: Story Slam

Oct. 12: Robin Spielberg "Music & Health"

Oct. 13: Robin Spielberg "Music Composition"

Oct. 13: Robin Spielberg "In Concert"

Oct. 25: Last Laugh Wednesday: Ron Feingold

Nov. 3: Jazz History Series: Part 2

Nov. 7: Grammy-Winner Nestor Torres

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# **Community Partnerships**

# JKV Forms Alliances with Local Cultural Organizations

John Knox Village of Florida, Inc. (JKV) is intimately involved in the greater South Florida community. Team members serve as advisors on local boards, residents volunteer at various organizations and schools, and JKV creates unique partnerships with many nonprofit organizations to benefit both the organization and the residents.

Over the years, JKV has forged these community partnerships to increase the amount of diverse programming that the Life Enrichment Department is able to offer its residents. Additionally, these partnerships provide opportunities for residents to get to know the greater South Florida community, as well as the history of these organizations.

The following provides an overview of our partnerships, a brief description of each, and the benefits afforded to residents of JKV.

#### **ArtServe**

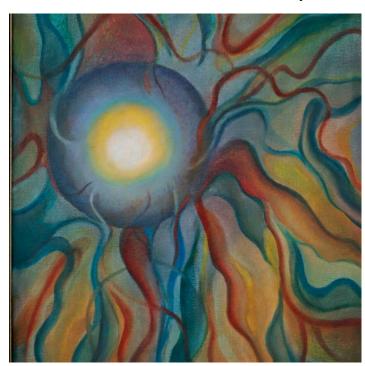
Founded in 1989, ArtServe is South Florida's premier arts and culture incubator. ArtServe inspires, supports and advances their diverse members, artists and community by promoting artistic development, education and prosperity through the exploration and presentation of the visual and performing arts.

- A rotation of curated art installations on display at JKV's Village Centre and Cultural Arts Center throughout the year
- Opening receptions at JKV for all new museum exhibits
- Artist workshops and classes led by the artist currently on exhibition

Photo below: Ft. Lauderdale's Bonnet House Museum and Gardens is a JKV Community Partner.



Ft. Lauderdale's ArtServe is a JKV Community Partner.



JKV has established an alliance with ArtServe to exhibit JKV resident art on campus.





Boca Raton Museum of Art.



DCA students perform at JKV dining venues.

#### **Boca Raton Museum of Art**

The Boca Raton Museum of Art provides a supportive foundation to explore humanity's rich cultural, artistic and intellectual contributions. The Museum strives to engage the mind and nourish creativity through excellence in collections, exhibitions, educational programs, and studio art classes. JKV residents enjoy:

- Members' Invitations to opening night receptions
- 10% discount in the Museum Store
- Free or discounted lectures, concerts, films
- Special programs on the JKV campus including lectures and workshops
- Bi-monthly conversations with the Museum' Arts School artists

## **Bonnet House Museum and Gardens**

Bonnet House Museum and Gardens preserves the unique historic estate of Frederic and Evelyn Bartlett. Through enriching cultural experiences, the Museum connects today's community to the Bartlett's architectural, artistic and environmental legacy.

Bonnet House offers tours, concerts, beautiful wedding space, special events, educational, culinary experiences, and so much more. Bonnet House is a nonprofit 501c3 whose mission is to preserve this unique historic estate through enjoyable and enriching cultural experiences.

JKV residents can attend:

- Educational programs presented at JKV
- Art classes/workshops at JKV
- Customized docent-led group tours
- Complimentary admission for self-guided tour for residents and their guests
- 10% discount in the Museum Store
- Museum Member discounts for educational lectures at the Museum

## **Broward Navy Days**

Fleet Week Port Everglades is the signature event for Broward Navy Days each spring. The organization plans welcoming events and shore leave activities for visiting Navy ships periodically throughout the year. Broward Navy Days also helps plan the commissioning of new Navy ships and Coast Guard cutters in South Florida and supports the change of command ceremonies for Navy and Coast Guard commands.

JKV residents experience.

- Navy Band Southeast concert during Fleet Week
- Dedicated group ship tour at Port Everglades

#### **Dillard Center for the Arts**

Dillard Center for the Arts (DCA) provides training in dance, music, theater and visual arts, complemented by a rigorous academic curriculum. Students must demonstrate ability and interest in one of the four artistic disciplines to be considered for acceptance. DCA is fully accredited and offers the same academic curriculum and graduation requirements as all Broward County high schools; the major difference in the academic program is that they offer the added ingredient of correlating the arts with academics, rather than treating as isolated disciplines. All students spend three hours per day in their art areas, and the remainder of the time in academics or electives.

JKV residents take in:

- Dillard Marching Band performance during JKV's Active Aging Week
- Dillard Marching Band participates in the JKV Holiday Parade
- DCA presents musicals and theatrical performances at JKV
- DCA student salon-style performances at JKV's dining venues: The Seaglass and The Pearl

# JKV's Community Partnerships

# Here Is a Peek of Some Benefits JKV Residents Enjoy

#### **Fort Lauderdale International Film Festival**

Celebrating its 38th annual festival in 2023, the Fort Lauderdale International Film Festival (FLIFF) presents American independent and studio films, international films, student films, special tributes and seminars. FLIFF also introduces filmmakers to South Florida audiences. The festival runs each November, and screens 200 films in Fort Lauderdale, Sunrise, Hollywood, St. Augustine and the Bahamas. It is considered one of the most important regional film festivals in the U.S. Additionally, with two venues, Savor Cinema Lauderdale and Cinema Paradiso Hollywood, films are screened year-round.

- Discounted movies year-round at FLIFF Cinemas (\$8 per ticket)
- Free member films and events
- 5% off Savor Cinema rental
- Discounted tickets to all year-round parties
- Discounts to all Festival Films & Parties
- Free Festival Member Kick-off Party

# **History Fort Lauderdale**

History Fort Lauderdale, formerly Fort Lauderdale Historical Society, believes that a sense of history is fundamental to understanding human experience, and therefore, collects, preserves and shares material from our community's past, so that present and future generations can comprehend more fully their predecessors, their community and themselves.

- Lectures and presentations at JKV
- Private group visits to the New River Inn Museum
- Private Bus Tours of local downtown Fort Lauderdale areas
- Private art workshops with co-op artists
- Private Behind the Scenes tours of History Fort Lauderdale's private collections with the curators
- Private walking tour of local downtown Fort Lauderdale area with a guide
- Free entrance to the New River Inn Museum for all residents and one guest
- Free entrance to special Member exhibit openings and programming events
- 15% discount in the Museum Store
- Free entrance to Members Only or VIP events
- 20% discount for JKV residents on the rental fee for History Fort Lauderdale Board Room

## The Museum of Discovery and Science

Ft. Lauderdale's Museum of Discovery and Science (MODS) has contributed significantly to the revitalization of the Arts and Science District in downtown Ft. Lauderdale. Consisting of 119,000 square feet of interior space, the 264-seat AutoNation IMAX Theater, and an open-air Grand Atrium, featuring the Great Gravity Clock, the Museum offers dynamic interactive exhibits in the natural and physical sciences and a large array of programs designed to serve diverse audiences.

- STEMobile (Science, Technology, Engineering & Math) visits to JKV
- Virtual Save our Seas Foundation lectures
- Docent-led group tours of the museum including an IMAX screening and some concession treats
- Passes for IMAX films, including popcorn
- 10% discount in the Explore Store and Elements Cafe'

#### **Musicfor America**

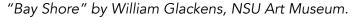
Musicfor America is a Florida-based not-for-profit corporation organized to further the Musicfor mission in America. Musicfor headquarters is in Switzerland (Versoix), with branches in Italy (Rome and Turin), UK (London), France (Sallanches) and America (South Florida). Musicfor's efforts focus on the humanitarian sector – helping to fund music educational programs, the purchase of musical instruments, the presentation of scholarships to deserving students, and sharing the magic of live musical presentations.

- Family performance presentations at JKV
- A series of one-hour ukulele learning experiences
- 10% discount on tickets to performances at various venues in South Florida

Residents enjoy a Musicfor ukelele class at JKV.









"A Taste of Jazz" at BaCA.

#### **NSU Art Museum Fort Lauderdale**

Founded in 1958, NSU Art Museum Fort Lauder-dale is a premier destination for exhibitions and programs encompassing civilization's visual history. NSU Art Museum contains 25,000 square feet of exhibition space, a 256-seat auditorium, Museum Store and Cafe. Their collection contains more than 7,500 works and is known for its Latin American contemporary art with an emphasis on women, Black and Latinx artists, and African art. It also has the country's largest collection of paintings and drawings by the American realist William Glackens, the most extensive holdings in the U.S. of works by post-World War II, avant-garde artists who resisted German occupation during World War II and emerged in the war's wake.

- Meet the Curator "Season Preview"
- Monthly lecture programs at JKV: Coffee with the Curator, Coffee with the Museum Educator and Coffee with the Exhibition Designer
- Customized group tours
- Free unlimited Museum admission for residents and their guest
- Discounts on members-only events
- Invitations to members-only exhibition previews
- 10% discount at the Museum Store and Café

## **Pompano Beach Arts**

The City of Pompano Beach is a cultural arts destination featuring innovative arts programming that includes the visual arts, music, film, theater, dance, public art, history, and historic preservation for the enjoyment and enrichment of residents of and visitors to Pompano Beach and the greater South Florida area.

The Pompano Beach Cultural Affairs Department

(PBCAD) manages and programs four cultural venues including the Pompano Beach Cultural Center, Bailey Contemporary Arts Center (BaCA), Ali Cultural Arts Center and the Blanche Ely House Museum.

- Artists in Residence present bi-monthly receptions at JKV to Meet the Artists of the Month and bi-monthly visual arts workshops at JKV
- Bi-monthly tours at Bailey Contemporary Arts
- Docent-led private group tour of Blanche Ely House Museum
- 20% discount on tickets for "A Taste of Jazz" monthly event at Bailey Contemporary Arts

# **Pompano Beach Historical Society**

The Pompano Beach Historical Society's mission is to collect, preserve and publicize the history of the Greater Pompano Beach area. This mission is accomplished through the Society's archives of historical documents and images; public programs and lecture series; The Kester Museums, exhibits, displays, and publications; advocacy for the preservation of historical sites and buildings; Pompano Beach Saturday Green Market and collaboration with like-minded organizations.

- Educational lectures presented on the JKV campus by local historians.
- Free admission to nine programs that take place at the Pompano Beach Historical Society
- Historical Bus Tours hosted by Dan Hobby, Pompano Beach's official city historian
- 10% discount at the Museum Gift Shop
- 10% discount on merchandise at the Green Market Pompano Beach
- Early Bird entry to Annual Yard Sale and Road Show
- Discounted annual membership to the Pompano Beach Historical Society



Pompano Beach's Historic Sample-McDougald House.

## Sample-McDougald House

The Sample-McDougald House is a distinctive historic house museum known for its unique architecture, history and cultural background. It was built by Pompano Beach pioneer Albert Neal Sample, who served as a community leader until his death in 1941. The Colonial Georgian-revival home was sold to William and Sarah McDougald in 1943. Generations of McDougalds were raised in the home until the 1990s and they preserved the architectural integrity of the home. During urbanization, the McDougald family sought to donate and preserve the home. The Sample-McDougald House Preservation Society, Inc. was formed in 1999 and was then moved to its current location in Centennial Park in May 2001.

JKV residents experience:

- Educational lectures by local historians at JKV
- Group tours of the museum
- Free admission for self-guided tour for residents and their guest
- 10% discount on venue rentals
- Free admission to artist receptions
- Free admission to author lectures

#### **Historic Stranahan House**

The Stranahan House was built in 1901 by Frank Stranahan, credited as Ft. Lauderdale's founding father, and his wife Ivy Cromartie Stranahan, the area's first schoolteacher. It is the oldest surviving structure in Broward County and has served as a trading post, post office, community gathering and home to the Stranahans. The mission of the Histor-

ic Stranahan House Museum is to tell the story of the birth of our community through the lives of two extraordinary people and the homestead they created and to serve as an enduring legacy for historic preservation.

JKV residents take part in:

- Educational programs by local historians at JKV
- Craft workshops presented at JKV
- Customized private group tours of the Historic Stranahan House
- Complimentary admission for guided tours for residents and a guest

Learn more about John Knox Village, its Community Partners and the scheduled Arts, Culture and Entertainment events by visiting the JKV website: <a href="https://www.johnknoxvillage.com/events/">www.johnknoxvillage.com/events/</a>



Ft. Lauderdale's historic Stanahan House.

# Lovers of All Things Arts Are Joining Village Arts Circle

John Knox Village's Pavilion and Cultural Arts Center is now well into its sophomore season of providing high-energy, critically acclaimed performances for its 1,000-strong residents and those in the greater community.

The \$34 million latest jewel on JKV's 70-acre campus has hosted nearly 150 events since its June 2022 ribbon-cutting grand opening ceremony.

Performers, the likes of Tito Puente, Jr., Bachelors of Broadway, South Florida Symphony to Fusho Daiko Drumming, EleMen Trio and Nova Singers have graced the stage of the 350-intimate-seat CAC, delighting audiences.

The vision for the CAC is for it to be the campus cultural arts hub, supporting arts in all their forms: Visual, literary, performing, folk, fashion, oral storytelling, conceptual and culinary arts.

To keep the momentum going, there is no better time than now to join the JKV Village Arts Circle. "Joining the Village Arts Circle gives benefactors of the arts an opportunity to be part of a group of like-minded individuals who will ensure a lasting connection to all the arts at JKV," John Knox Village Foundation Executive Director Mark Dobosz, originator of the Village Arts Circle, told the Gazette ACE.

Your support will allow JKV to provide "Best in Class" on- and off-campus programming, in partnership with the greater community.

Village Arts Circle Members receive exciting benefits, which include:

- Advance notice of programs and performances.
- 20-percent discount on ticketed performances.
- Invitations to select pre-performance receptions. Last year, these receptions included a Latin Divos Dinner and Concert, and Solomon Eichner Piano Recital and Reception.
- Invitations to select speakers and VIP receptions.
- Recognition at performances.



John Knox Village Foundation Executive Director Mark Dobosz

We hope that you will join us in continuing to provide lovers of all the arts with the knowledge and experiences from incredible artists, performers, and scholars.

If you are interested in becoming a member, or would like more information about the Village Arts Circle program, please contact JKV Foundation Executive Director Mark Dobosz at 954-784-4757 or mdobosz@jkvfl com



# Musicfor America: Bringing Music Appreciation to JKV Residents

In each Gazette ACE, we will focus on JKV Community Partners to showcase the alliances developed among JKV and the South Florida Arts/Culture/Entertainment organizations. In the current issue, we spotlight Musicfor America, which has been an integral part of the John Knox Village entertainment and concert scene for years.

Musicfor America is actually the newest arm of the Musicfor International Alliance. It is dedicated to the humanitarian use of the arts to improve individual lives and communities throughout the U.S. and the Americas.

Under the leadership of Lorenzo Turchi-Floris, Artistic Director, and James Brooks Bruzzese, Maestro of Musical Outreach, efforts of the Musicfor Alliance focus on the promotion and support of music education programs, performance and outreach, presenting scholarships and musical instruments to de-



Musicfor America's Woodwind Ensemble: (I to r) Marilyn Maingart, flute; James Riggs, oboe; Myra Meeroff, French horn; Michael DiGregorio, bassoon; and Alex Caballero, clarinet.

serving students and sharing the magic of live musical presentations. Nearly 1,000 musicians and professionals in various parts of the world work together for this common purpose.

#### **South Florida's Musicians**

We are fortunate to have a rich collection of talented musicians here in the South Florida area

from all genres of music: From rock to pop, and jazz to the classics. Musicfor America has assembled many of these musicians to give back to the larger South Florida community through performance and education.

During the past months, Musicfor America has arranged a series of concerts at JKV that are designed to entertain and educate.



Myra Meerhoff traces the origins of the French horn.



Marilyn Maingart explains the intricacies of the flute.



The Musicfor America Woodwind Ensemble performs at the Village Centre Auditorium.

Through the JKV Life Enrichment Department, this series of concerts has featured quartets and quintets focused on the different families of instruments in a symphony orchestra or jazz band.

Most recently, the Woodwinds were featured in concert. The program included an historical explanation of the development of each instrument, solo performances by each musician, and a full ensemble mini-concert of familiar classical tunes arranged specifically for the Woodwinds.

In past visits to JKV, Musicfor America has featured the Brass, the Strings, and the Percussion instruments – each in their own dedicated mini-concerts.

Musicfor America is all about educating the audience in the history and structure of music and how the variety of musicians and their instruments work together to produce the sounds of duets, quartets, quintets and the full symphony orchestra.

At JKV, Musicfor America took music education one step further, by offering classes in learning the ukelele to residents.

Music is an integral part of our lives. Musicfor America is a vital Community Partner which brings performance and appreciation to the many JKV residents.



Native Hawaiian Kahalo Mapuana taught a six-class course in ukelele to JKV residents.



Michael DiGregorio, bassoon.



James Riggs, oboe.



Alex Caballero, clarinet.

# **Musicfor International: Quartett Orfeo**

# Rome's Acclaimed String Quartet Visits South Florida

In the previous *Gazette Ace* article, the importance of Musicfor America was explained, as it applies to South Florida in general and JKV in particular. Musicfor America, the newest arm of the Musicfor International alliance, welcomed its QuartettOrfeo, based in Rome, for a summer cultural exchange residency with young musicians in South Florida.

As part of the South Florida visit, this internationally acclaimed quartet presented master classes and side-by-side performances, with participant organizations including Gold Coast Youth Orchestra, and Musicall, a South Florida music conservatory.

In addition to its educational mission, Musicfor International presented a weeklong series of concerts featuring the Quartett Orfeo in worship performances at Ft. Lauderdale's St. Mark's Episcopal Church, Plantation's St. Gregory Catholic Church and Bay Harbour Islands' Church by the Sea. Two bookend performances,



The Quartett Orfeo (I to r) Charlotte Orcel, Adele Napoli, Barbara Kammer and Ilaria Calabró Altan.

however, included full chamber orchestra concerts featuring the pipe organs at Ft. Lauderdale's United Church of Christ followed a week later at the Sunshine Cathedral.

Maestro Lorenzo Turchi-Floris, who is familiar to many John Knox Village concert-goers during his visiting conductorship from 2010 to 2019 with the Symphony of the Americas' "Summerfest" appearances, led the orchestra in a varied program. The selections emphasized the talents of the Quartett's soloists, as well as the musicianship of Ft. Lauderdale organist David Charles Dunlap, who is currently in his 11th year as Director of Music at United Church of Christ Ft. Lauderdale.

The concert performances began with "Divertimento in D dur - KV136" by W.A. Mozart. Then featured violist Barbara Kammer took center stage in "Grave for Viola and String Orchestra" by Johann Benda. Ms. Kammer is a versatile musician: She also plays at international jazz music festivals around the world.

David Charles Dunlap then took the stage in a stirring organ performance of Tomaso Albinoni's "Adagio in G Minor for Strings and Organ."

Additional featured soloists included French violinist Charlotte



Barbara Kammer, viola.



The Chamber Orchestra performed at Ft. Lauderdale's Sunshine Cathedral.

Orcel performing Ludwig van Beethoven's, "Romance in F Major Op. 50 for Violin and Orchestra," followed by Italian cellist Ilaria Calabró Altan performing Enrique Granados "Danza Española No 2, Oriental," both arranged for String Orchestra by Lorenzo Turchi-Floris.

The concerts closed with two full orchestra compositions, which were very familiar to the audiences and made famous in two of the most iconic movies in American history: The "Love Theme" from "The Godfather," composed by Nino Rota, and "Over

the Rainbow," by Harold Harlen featured in the 1939 film, "The Wizard of Oz."

The inspiring performances by Quartett Orfeo and the musicians of Musicfor International show-cased the exceptional music available to South Florida audiences in smaller venues beyond the major concert halls in Miami, Ft. Lauderdale and West Palm Beach.

For more information about Musicfor America and Musicfor International visit the website: www.musicfor.info

Charlotte Orcel, violin.

Ilaria Calabró Altan, cello.





Maestro Lorenzo Turchi-Floris with organist David Charles Dunlap.



# **Boca Raton Museum of Art**

# Hollywood and NYC Street Photography of Benn Mitchell

The Boca Raton Museum of Art is a delightful and modern facility located in Boca's Mizner Park, just 12 miles from the John Knox Village Campus. As a Community Partner, JKV residents enjoy numerous benefits including: Invitations to opening night receptions; discounts in the Museum Store; free or discounted lectures, concerts, films; and special programs on the JKV campus including lectures and workshops.

The JKV Life Enrichment Team regularly schedules visits to the Boca Raton Museum of Art for the variety of featured exhibitions. During the most recent visit, museum-goers enjoyed a docent-led exhibition entitled: "Benn Mitchell Photographs: Hollywood to NYC."

The Museum's website describes the Mitchell exhibition: "From the age of 13, when he received his first camera, Mitchell produced photographs that capture a particularly American vitality.

"Born in New York City in 1926, he sold his first photograph to *Life Magazine* when he was 16. Then, at age 17, he headed west, gaining permission from Warner Brothers to frequent the studios, shooting Hollywood stars on various sets and sound stages. One of his most valued photographs in this exhibition features Humphrey Bogart in a rare moment of respite, having a cigarette break between takes.

"After two years of duty as a Navy photographer, he returned to New York City and worked as a photographer in a large commercial studio. In 1951, he started a commercial studio. Finally, he retired to Boca Raton, where he and his wife Esther avidly supported the Museum, donating many of Mitchell's photographs to the collection."

The JKV visitors were intrigued by the vast collection of Mitchell's photographs. The black and white prints showcased two distinct categories of his creative efforts. The first group presents the glamour of Hollwood: The movie stars, film sets and publicity photos of Hollywood's halcyon days. The second collection focuses on Mr. Mitchell's New York City street photography starting in the 1950s.

The composition of his photos and his ability to capture the essence of the moment are two hallmarks of his photography.



Benn Mitchell was a Hollywood photographer to the stars including Marilyn Monroe.



Self-portrait of street-photographer Benn Mitchell.





Humphrey Bogart by Benn Mitchell.

A selection from Benn Mitchell's NYC street photography.

On an humorous side is the display of a letter from *LIFE Magazine* sent to Benn in 1943 acknowledging his submission:

"Dear Mr. Mitchell:

Are you pleased with Chilly Billy in the January 25th issue? I'm glad to report a \$25 payment check that will be coming through in the next two or three weeks.

And now I'll be looking forward with you to getting some of your pictures in soon again.

Ruth Lester

Contributions Department"

The Benn Mitchell exhibit will be on display at the Boca Raton Museum of Art until Oct. 22.

Other featured exhibitions include: "Sri Prabha: Resonator - Reanimator," featuring a "multi-sensory installation that explores our connection to the natural world by commingling ideas from Vedic philosophy and science."

"Sari Dienes: Incidental Nature," this exhibition "brings to light three elements of the artist's practice: 1950s street rubbings, work inspired by her several trips to Japan, and portraits of her peer group."

For more information on the Boca Raton Museum of Art, and to see a sampling of both the featured and permanent collections, please visit the Museum's website: <a href="https://www.bocamuseum.org">www.bocamuseum.org</a>

John Knox Village residents enjoy the tour of the Benn Mitchell exhibit with docents from Boca Raton Museum of Art.



# Pencil Artist: Galal Ramadan

# Once He Started, He Never Stopped

Many JKV residents have discovered that, now in retirement, they have the time to hone their creative aspirations into artistic fulfillment. JKV is a community of talented residents who realize that age is just a number, and are interested in learning about artistic methods that fuel their passions.

Bonnet House Museum and Gardens is one of the Community Partners that offers art instructions directly on the JKV campus.

Through this connection, gifted colored pencil artist, Galal Ramadan was invited to teach his artistic craft to JKV residents.

Mr. Ramadan is of a similar age to his many art students. He actually is self-taught and is working on developing his own technique which he shares with his students.

"I started my journey with fine art seven years ago with no background," Galal told the *Gazette ACE*. "I did not get the chance to do fine art previously in life and I wanted to start. I did not want to buy expensive art material, so I bought a small set of colored pencils to practice, to draw and paint. I never stopped."

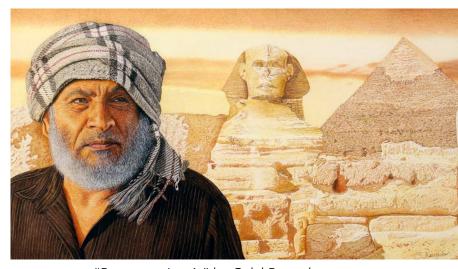
He now works with a full set of 150 Prismacolor colored pencils and a Faber Castell set of 120 pencils. So his entry into the world of art came on a budget. From a thrifty start as a self-taught artist, Galal has achieved notarity both locally and internationally.

"My artwork has earned many awards and recognitions, and has been featured in several articles published in National Art Magazines." During the last five years he participated in more than 65 solo, national, and international exhibitions.

Galal was born and raised in Alexandria, Egypt and now resides in Ft. Lauderdale. After retiring from a career in graphic design, marketing and business, Galal now dedicates his time to his art.



Colored pencil artist, Galal Ramadan shares his artistic creativity in a class at John Knox Village.



"Retrospection 1," by Galal Ramadan.



"Reflection on History II," by Galal Ramadan.



"Mongolian Boy," by Galal Ramadan.

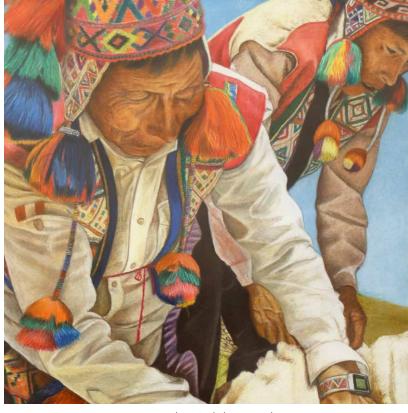
As you can see from the art presented on these two pages, Galal's pencil sketches showcase international subject matter in realistic renderings that are near photographic.

He describes his artistic mission: "I am a realistic artist. My vision, as an artist, is to create out-of-the-box art that tells a story and makes people look at the world in a different way in realistic style.

"My work reveals my fascination of cultural matters, passion and respect of nature and my appreciation of the basic elements of art and life."

Galal attributes that his interest in art helped him "reduce stress and rewired my brain." His mission is now to further his technique and to interest others through his instructional classes.

"I have been teaching colored pencil art workshops at Bonnet House Museum and Gardens for the last



"Peruvian Mayor," by Galal Ramadan.

four years. We have workshops for beginners, intermediates and advanced artists. We also have a "Creative Healing Through Colored Pencil" workshop which integrates mindfulness living and meditation."

In his classes at JKV, Galal observed, "it was a wonderful experience to share my knowledge with such art enthusiasts. Art can be therapeutic and help improve our cognitive function: Challenging ourselves to learn new things can stimulate our brains to grow new cells, produce new neural pathways, and, potentially, combat memory loss and dementia."

You can see more of Galal Ramadan's art on Facebook: <a href="https://www.facebook.com/galal.ramadan.900">https://www.facebook.com/galal.ramadan.900</a> and on Instagram at: <a href="https://www.instagram.com/galalramadan1/">https://www.instagram.com/galalramadan1/</a>

To learn more about John Knox Village events, visit: <a href="https://www.johnknoxvillage.com/events/">www.johnknoxvillage.com/events/</a>









A selection of Galal Ramadan's colored pencil art during a recent ArtServe exhibition.

# Steve Waldschmidt

# **JKV Resident Digital Photo Artist**



JKV resident photo artist Steve Waldschmidt.

Barbara and Steve Waldschmidt are relatively new residents at JKV, having downsized from from two homes: One in the Blue Ridge Mountains of GA, the other a condo in Cape Canaveral, FL. Barb was born and grew up in Hollywood, FL, and her sister and cousin live at JKV, so it was a natural. They moved on Aug. 31, 2022 to the JKV campus, enjoying the amenities and services.

Steve was in the U.S, Marines in the '60s when he was bitten by

the photography bug.

"I started using SLR [single lens reflex] film cameras in the USMC and continued to upgrade cameras as technology improved camera performance," Steve told the *Gazette ACE*. "I studied photography books before the internet was available, took online classes and attended photography seminars. I converted to digital cameras and studied computing to be able to utilize photography software."

During the '80s, Steve was a passionate athlete competing in running, bicycle racing and duathlons at regional and national levels. He considered his identity as an athlete.

"In 1995, I was diagnosed with cancer and the resulting treatments and surgeries ended my ability to train and compete in sports," he said. "I had to let go of my athletic identity and choose another area in which to concentrate. I made it my goal to become a photograhic-artist and



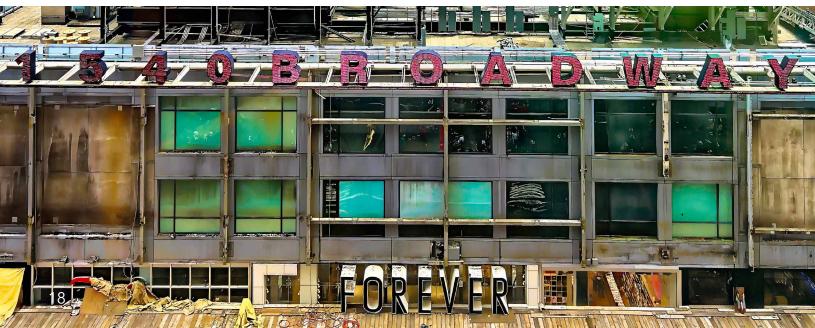
"Ice Curtain," by Steve Waldschmidt.

spent the following years immersed in improving and developing my photographic abilities.

"I am proficient with most of the professional-level photo software that is currently available. I have 29 different photo software programs on my 27-inch iMac computer."

Anyone who has seen Steve's photo images will agree to his

"Broadway Forever," by Steve Waldschmidt.





"You Are There," by Steve Waldschmidt.

artistic prowess with both the camera and computer. Steve currently uses a Nikon D800, Sony a6300 and Sony a7II cameras to capture his images.

With his decades of photo experience, Steve understands his equipment, environment and perspective during his shoots, so the process becomes reactive to his subject matter.

"If I can see it, I can capture it in a manner that allows me to present it in a creative way," he said. "I

strive to find art in places and things that are not typical targets of casual photography.

"If I know ahead of time that I am going to a specific venue, I select the cameras and lenses that will allow me to capture my vision of how I want to present that venue. If I am photographing things spontaneously, I have to rely on my instincts of what to do to get usable images. I can later adjust the image, as needed, with cropping, contrast, saturation, and other techniques."

A portfolio of Steve Waldschmidt's photographic art is on the left.

# Babette Siegel

# **JKV Resident Artist**

Babette Siegel and her husband Harold have been living at JKV in Village Towers for the past two and a half years. They share their home with two very cute schnauzers, Sweetie and Sophie, and their calico cat Cally. Harold is a retired veterinarian who had his own practice in Miami, and the couple's love for animals is immediately apparent.

Babs, as she is affectionately known, is a true South Floridian, having grown up in Miami in the '40s and '50s. She says that Miami was a wonderful place in which to grow up, but does also remember the divisive Jim Crow laws and rampant antisemitism. Her family was not welcome at Miami's Surf Club because they were Jewish. Before moving to JKV, Babs and Harold, who have been married for 30 years and together for 33 years, had a waterfront home in North Miami.

When Babs was a little girl, her grandmother lived with her family, and it was her grandma who first taught Babs how to knit and needlepoint. From an early age, she was hooked and to this day creates gorgeous fiber art which includes knitting, sculpture, collages, handbags and more.



Fiber art created by JKV resident artist Babs Siegel.

Babs Siegel in her Village Towers apartment home surrounded by her art.





A soft sculpture with driftwood by resident artist Babs Siegel.

Babs is also an accomplished weaver. For many years she had a 4-post Navajo floor loom and created many large, one-of-a kind works of art. Word got



around by friends and acquaintances in her community, and soon after she started creating commissioned pieces, including wall hangings, rugs and blankets for homes in Miami and Aventura. She still does loom work but on a much smaller scale.

Babs has always wanted to master the craft of watercolor painting, but found it a difficult process. As a child, she had an older cousin she idolized who was a great painter. Babs found it hard to "get her creativity out" with this medium. However, she has taken a watercolor class at JKV and would like to continue with classes and instruction.

Babs attended the University of Miami to study art and teaching but had to drop out as her parents could no longer afford tuition. She ended up going to computer school and worked at Microsoft for many years, writing programs for the medical field, hospitals and doctors.

Her love of art, however, has always sustained and inspired her. In 2015, Babs was diagnosed with Parkinson's disease, a brain disorder that causes unintended or uncontrollable movements. Babs says that her art projects really help her body calm down as she is so focused on each task at hand, keeping her busy. And busy she is. Her walls are adorned with her many fiber art sculptures, weaves, collages, knitting projects and watercolors.

For inspiration, Babs loves to watch artists on YouTube, as well as read her many art books. She recently has become an avid doodler. She says that doodling has become a real "thing" for artists now as it helps unlock new ideas.

Babs will be presenting some of her art at JKV in October during ArtSage week. This is something she has not done before and is looking forward to it.

If you are interested in attending upcoming events at John Knox Village, please contact the Life Enrichment Department at 954-783-4039 or visit the website: <a href="https://www.johnknoxvillage.com/events/">www.johnknoxvillage.com/events/</a>

# JKV Volunteering With Habitat for Humanity



JKV residents and staff volunteer with Habitat for Humanity. Top row (I to r) Jasmine Tennie, Patricia Harrell, Lynda Stackhouse, Gloria Gantes. Bottom row (I to r) Ellen Isaacs, Barbara McGuire and Brooke Bayliss.

At JKV, the definition of culture takes on a much larger meaning than just an appreciation for the arts. Many of JKV's residents live their lives based upon a deep principle of charity and volunteerism.

In fact, nearly 50 percent of residents volunteer their time and talents either at JKV or to the larger community.

That commitment to volunteerism extends to the entire JKV community: Residents, staff and oftentimes to their families as well. An example of the JKV family coordinating to help the greater Pompano Beach community occurred a few weeks ago. Team Members Jasmine Tennie, JKV's Fitness Outreach Coordinator, and Gloria Gantes, JKV's Meaningful Life Manager gathered a group of residents and employees to volunteer with Habitat for Humanity.

Jasmine and Gloria are not newcomers to volunteer efforts – they are members of Leadership Broward, the educational program focused on leadership skills, providing practical community action experience, and facilitating interaction with established community leaders. The two ladies had been part of the same volunteer group with the



JKV Meaningful Life Manager Gloria Gantes.

Director for Family Services at Habitat for Humanity of Broward. From that initial meeting, Jasmine and Gloria participated with Habitat for Humanity.

"It was wonderfully fulfilling," Jasmine told *Gazette ACE*. "I knew right away that JKV residents and employees would love an opportunity to volunteer. When I publicized the JKV Habitat opportunity, every person who signed up expressed that they always wanted to try, or had already done it before, and were eager to volunteer again."

Habitat for Humanity is famously known as a non-profit organization supported by former President Jimmy Carter and his wife Rosalynn. It was founded in 1976 by Millard and Linda Fuller. The idea that became Habitat for Humanity grew from the fertile soil of Koinonia Farm, a small, interracial, Christian farming community outside of Americus, GA.

Locally, Habitat for Humanity of Broward brings people together to build homes, communities and hope. Habitat Broward offers a "hand up" not a "hand out" to empower families who are willing to work hard to improve their family's lives through affordable home ownership.

The JKV volunteers worked at the Rick Case Habitat Community featuring 76 homes in Pompano Beach. The new community is transforming the area into a vibrant, beautiful single-family home neighborhood.

The JKV Habitat build crew consisted of a full-work team of 10 volunteers: Five employees and five residents. While not involved in the heavy construction, the JKV volunteers had plenty to do.

"We were tasked with touching up paint on existing homes," Jasmine said. "Everyone was ready and willing. We even had some residents climbing ladders."

"I learned how unstoppable our JKV residents are. They have taught me to always live life to the fullest. I always have such a great time during outings. The residents are full of laughs and great conversations. We even had JKV Fitness Professional Brooke Bayliss and her boyfriend eagerly helping and supporting the cause."

Jasmine shares the feelings of the JKV volunteers who help to make homeownership more affordable for Broward County families.

"It warms my heart to know that so many people are able to own a home because of Habitat for Humanity. I love that families are able to have a home to come back to for generations."

For information on Habitat for Humanity Broward visit: <a href="https://www.habitatbroward.org">www.habitatbroward.org</a>



JKV resident Patricia Harrell joins in the painting.



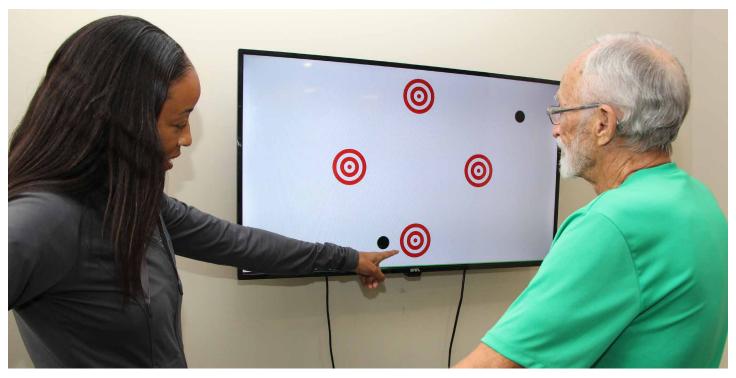
Fitness Studio's Jasmine Tennie with her husband. Teddie.



JKV resident Lynda Stackhouse is ready to paint.

# "Think & Move™" Exercise Machine

# Furthering a Culture Focused on Health and Fitness



JKV's Fitness and Aquatics Manager Marsha Dixon directs South Garden Villa Resident Larry Hardham on the "Think & Move™" exercise machine, playing the "Targets" exergame.

By bringing the global standard in cognitive-motor training devices to its residents, John Knox Village has once again proven to be one of the most innovative Life-Plan Continuing Care Retirement Communities in the country.

Designed by Switzerland-based Davidat Senso, the "Think & Move<sup>TM</sup>" exercise machine allows residents to work the brain and body simultaneously, all in the comfort of the campus Fitness Studio.

"JKV has many wonderful choices for intellectual stimulation [for our residents] with lectures, performances and activities found daily around campus and in the community," JKV Fitness and Aquatics Manager Marsha Dixon told the *Gazette ACE*. "We also have a plethora of fitness opportunities in our Fitness Studio and Aquatic Complex, however, we now have an instrument that engages cognitive focus with movement. The Dividat Senso is a dual-tasking machine, requiring neuromotor collaboration to execute a specific task, thus being best described as the Think and Move machine."

# **Davidat Senso Exergames**

Designed for all fitness levels, Dividat Senso was 24.

developed in multiple global research projects over the past decade and is used in the overall promotion of an active and healthy lifestyle.

As stated on the Davidat website: "Our engaging exergames ensure the development of cognitive motor skills in a fun and safe environment."

Every resident-user receives an RFID (radio frequency identification) bracelet that is used to initiate a training session and, using progressive algorithms, provides reports to ensure their goals and continual progress are being achieved.

Residents step on the pressure-sensitive platform and select from over 17 engaging exergames, that offer training from cognitive flexibility, working memory and spatial orientation to divided and sustained attention, static and dynamic balance, and step strategy for gait improvement. That sensitive four-arrowed platform measures every movement for cognitive agility, reaction time and alertness. Residents have the option of using the handrails for additional support while they game.

Each game has a specific focus or task. For example, the game "Targets" works to improve forward thinking, anticipation and timing. A resident sees

four targets on the screen. From all directions, flying balls appear on the screen toward the different targets. The goal is to step in the direction of the target as soon as a ball reaches it. Whenever the resident "captures" a ball inside a target, the Senso sounds a gentle bell encouraging and reinforcing correct execution. As the resident progresses confidently, so does the Senso, increasing the number of flying balls and the speed at which they appear on the screen.

At the end of each game, residents can view their scores on a chart allowing them to compare their progression over time. Marsha Dixon also has the capability to review scores, determine baselines, and assign new games to keep the residents engaged.

"Reviewing results gives me insight into each of the resident's neuromotor training sessions," Marsha added.

"For example, if I notice a particular resident scoring below his or her baseline, a conversation is initiated to understand the reason for the shift in performance. Together we address any of changes and work on a plan to move forward successfully. The residents love the Senso. It's fun, challenging, and it is quickly gaining in popularity."

To get the most out of the Dividat Senso, it is recommended to use it three to five times per week, with sessions ranging from five to 10 minutes, or for as long as the participant likes.



Resident Larry Hardham wearing his Dividat RFID bracelet.

In addition to serving an independent living resident, Davidat is designed to benefit individuals with Parkinson's, Alzheimer's, MCI (Mild Cognitive Impairment), Multiple Sclerosis, stroke and orthopedic rehabilitation.



# Join Us at JKV for Arts, Culture and Entertainent



Acclaimed bassist and educator Churck Bergeron.

# Fri., Sept. 8 @ 2 p.m. Jazz History Series with Chuck Bergeron, Ph.D.

"Swinging Through Time: Tracing the Evolution of Jazz" is an enthralling jazz history lecture series featuring the illustrious Chuck Bergeron. This month features "I Love a Piano Player: The History and Evolution of Jazz Piano, from Joplin and Jelly Roll to Diana Krall." Hailing from the vibrant city of New Orleans, Chuck Bergeron has enjoyed a remarkable four-decade career as a highly sought-after bassist.

JKV Resident FREE Village Arts Circle FREE Non-Resident \$10

# Tues., Sept. 19 @ 7 p.m. Julian Gargiulo, Pianist/ Storyteller

Steinway Artist Julian Gargiulo, commonly referred to as "Pianist with the Hair" because of his distinctive look, is a renowned classical pianist and composer, who performs all over the world,

in prestigious venues from New York's Carnegie Hall to Singapore's Symphony Stage and has been featured on radio and TV stations in North America, Europe and Asia. In between pieces he engages the audience by sharing his personal stories, anecdotes from the lives of composers, and his home remedies for jet lag.

Funded by the
John Knox Village Foundation
JKV Resident FREE
Village Arts Circle FREE

\$26

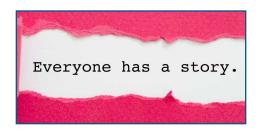
Non-Resident



Pianist Julian Gargiulo.

# Fri., Sept. 22 @ 7 p.m. Story Slam

One of the hottest events in major cities across the U.S. is now in your own backyard. Come compete in a friendly contest to determine the evening's best storytell-er—or just sit back and prepare to be amazed by your neighbors. All stories must have happened to you and take about five minutes to tell. No notes or memorization, please. The first 10 people to sign up to tell a story are eligible.



Funded by the John Knox Village Foundation

JKV Resident FREE Village Arts Circle FREE Non-Resident \$10

#### Thurs., Oct. 12 @ 10:30 a.m. Robin Spielberg Presents "Music and Mental Health"

During this 60 minute program, Robin explains the science of music and the brain, and provides strategies for implementing music to reduce stress and anxiety. An Artist Spokesperson for the American Music Therapy Association (AMTA) since 2002, and founding member of the Mindful Music Association, Robin introduces the transformative power of music to communities and gives attendees tools they can implement in their daily lives to promote wellness.

Funded by the John Knox Village Foundation

JKV Resident FREE Village Arts Circle FREE Non-Resident \$10

# Fri., Oct. 13 @ 10:30 a.m. Robin Spielberg Composing with Intention Workshop

Robin Spielberg's compositions often provide a strong emotional connection for the listener. Her



Pianist Robin Spielberg.

music has been used to accompany people as they walk down the wedding aisle, practice mindfulness and yoga, receive chemotherapy, or ballroom dance. In this presentation, Robin breaks down the process of composing with intention, and how personal experiences, interactions and emotions can be transformed into music.

Funded by the John Knox Village Foundation

JKV Resident FREE Village Arts Circle FREE Non-Resident \$10

#### Fri., Oct. 13 @ 7 p.m. Robin Spielberg: Classical Piano Performance

With dozens of studio albums and several decades of touring under her belt, Steinway Artist Robin Spielberg has a vast repertoire of music. Join Robin as she performs music from classic Broadway musicals, The Great American Songbook and delightful traditional tunes that are sure to ignite memories in the listener.

Funded by the John Knox Village Foundation

JKV Resident FREE Village Arts Circle FREE Non-Resident \$10

# Wed., Oct. 25 @ 7 p.m. Last Laugh Wednesdays

Are you ready to laugh? Come out to Laugh Last Wednesdays for an unforgettable night of uncontrollable laughter with some of the country's funniest comedians. Ron Feingold has been on stage since age 10. His extensive background in musical theater drew him to comedic roles which eventually led him to standup comedy. Ron has opened for REO Speedwagon and Grand Funk Railroad, and has performed on many cruise lines and in casinos across the U.S. We hope you enjoy Ron's energetic, and clean comedy show especially customized for JKV residents.



Comedian Ron Feingold.

JKV Resident \$20 Village Arts Circle \$16 Non-Resident \$26

# Fri., Nov. 3 @ 2 p.m. Jazz History Series with Chuck Bergeron, Ph.D.

"Swinging Through Time:
Tracing the Evolution of Jazz" is
an enthralling jazz history lecture
series featuring the illustrious
Chuck Bergeron. This month the
Jazz Series presents: "The Greatest
Generation: Music of the Big Band
Era." Hailing from the vibrant city

of New Orleans, Chuck Bergeron has enjoyed a remarkable four-decade career as a highly sought-after bassist.

JKV Resident FREE Village Arts Circle FREE Non-Resident \$10



Grammy-Award winner, flutist Nestor Torres.

#### Tues., Nov. 7 @ 7 p.m. Nestor Torres, Classical and Latin Jazz Flutist

Equally fluent in Jazz, Classical and Latin Music, Nestor Torres' melodic and rhythmical flute sound sets him apart. His career spans over 25 years and includes 16 CDs, four Latin Grammy nominations, one Latin Grammy Award and a Grammy nomination, as well as collaborations with the likes of Tito Puente, Herbie Hancock, Ricky Martin, Dave Mathews and Gloria Estefan.

JKV Resident \$20 Village Arts Circle \$16 Non-Resident \$26

The concerts listed at JKV are open to the public. Call the John Knox Village Life Enrichment Department at 954-783-4039 for more information or visit: <a href="www.johnknoxvillage.com/events/">www.johnknoxvillage.com/events/</a>

# Robin Spielberg Piano Concert

# "Music & Memory," Friday, Oct. 13 at 7 p.m. in the Cultural Arts Center. General Admission \$10



Pianist Robin Spielberg.

Robin Spielberg is a pianist, composer and recording artist well-known for her expressive technique, melodic composition style and engaging live performances.

With dozens of studio albums and several decades of touring under her belt, Steinway Artist Robin has a vast repertoire. Join Robin as she performs music from classic Broadway musicals, The Great American Songbook and delightful traditional tunes that are sure to ignite memories in the listener.

Robin Spielberg is one of America's premiere composer/ pianists, having released 24 recordings, and appears on over 40 compilations around the world, with hundreds of thousands of recordings sold. Robin has been consistently winning the hearts of listeners around the world with her compelling melodies and sensitive piano techniques since debuting her first recording of original solos for piano, "Heal of the Hand." Her discography includes original works for solo piano and piano ensemble, albums for holidays, Americana music, music from the Great American Songbook, Iullabies, and her unique covers of nostalgic love songs.

Spielberg has toured throughout the U.S. and Asia, written an

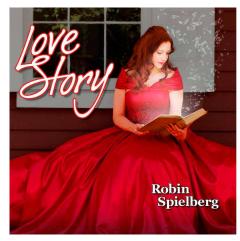
award-winning memoir on the realities of being an independent touring artist, and works tirelessly to advocate for music therapy and educate the public on the links between music and mental health. She has given a TEDx talk on the transformative power of music and dozens of keynote addresses on the subject.

"I am in love with Robin's wonderfully comforting piano artistry and have been for many years now!... It only takes a few bars to capture your imagination and bring your dreams to life."

#### - Dick Metcalf, Improvijazzation

The Robin Spielberg concert is open to the public. Call the John Knox Village Life Enrichment Department at 954-783-4039 or for more ticket information visit <a href="https://www.johnknoxvillage.com/events/">www.johnknoxvillage.com/events/</a>









John Knox Village is committed to compliance with all federal, state and local fair housing laws. It is our policy to offer senior living to those that qualify without regard to race, color, national origin, religion, sex, sexual orientation, familial status, or handicap. The employees of John Knox Village have a legal obligation to treat each individual in a consistent and equally fair manner. In order to assist you with your decision on your new home, we are providing a list of guidelines used to qualify residents for tenancy in our community. Please note that this is our current rental/ownership criteria; nothing contained in these requirements shall constitute a guarantee or representation by John Knox Village that all residents and occupants currently residing at the community have met these requirements. There may be residents and occupants that have resided the community prior to these requirements going into effect. Additionally, our ability to verify whether these requirements have been met is limited to the information we receive from various credit and screening services used.



# When Should I Downsize? Why Now Might Be the Right Time

The decision to downsize in retirement can bring a multitude of benefits. From living maintenance-free, financial savings and becoming part of a community, seniors can experience a richer life and greater overall well-being. As people continue to explore senior living options, downsizing to a one-bedroom apartment stands out as an appealing, sensible choice for those seeking a fulfilling, comfortable lifestyle in their active retirement years.

John Knox Village of Florida has a multitude

of housing options available for seniors, aged 62 and better, including bright, sunny one-bedroom apartments. With so many floor plans to choose from, we'd love to tell you more. Learn about what it means to live in a Life-Plan Community, how it can give you financial security and simplify your life. Contact us today for a no-pressure conversation or to schedule a tour.

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