

# My Body is My Body

## Keeping Children Safe

March 2023



**New!**

# GGAF AND MBIMB COMPETITION





## Changia Africa Centre UGANDA

Wow, we're off to an incredible start this year! We're blown away by the reports and progress updates that you've all sent in. Thank you so much for your amazing work and dedication.

As you know, our mission to prevent child abuse and create a safer environment for all children is ongoing. We need to keep spreading the word about our programme and let our communities know where to turn if they suspect abuse.

But we can't do it alone. That's why we're reaching out to you for help. By educating children and caregivers about body safety and equipping them with the knowledge and skills to prevent abuse, we can make a real difference.

Let's work together to create a culture of open communication and promote education to support the well-being of our children. With your support, we can achieve our important SDGs and make the world a safer place for our little ones.

Let's encourage more people to join us in our mission to protect our most precious assets - our children.



**Chrissy Sykes**

*Chrissy Sykes*



**Join over 2,500 people that  
have already taken this course**

***INTRODUCTION TO CHILD MALTREATMENT  
AND SAFEGUARDING CHILDREN***

- Why do we need to teach about child maltreatment
- Worldwide facts about maltreatment (from ISPCAN)
- How child maltreatment affects a community's quality of life and economic prosperity
- Different types and signs of maltreatment
- How to react if a child discloses their abuse to you
- Basics on how to report child abuse



# We have some exciting news to share!

The My Body Is My Body Foundation is over the moon with gratitude and appreciation towards **Umar Muhammad, PgdHE, MDS, GGA**, for his outstanding efforts in organizing "HAUSA" translations for our Children's Workbook. And a special shoutout to the amazing **Hannatu Bilyaminu from the Buba F. Foundation** in Kano, Nigeria for her kind and generous help in making this possible.

We cannot express enough how thrilled we are to have these translations available for children who speak "HAUSA." It means that more kids can now access and benefit from our educational resources to help them stay safe and understand their rights. We are incredibly grateful for this fantastic collaboration and can't wait to see the positive impact it will have on our young readers. Thank you, Umar Muhammad and Hannatu Bilyaminu, for being such wonderful champions for our cause!



**Jikina Nawa ne Gabatarwa ga "Tsaron Jiki"**

Shiri da wakoki daga Chrissy Sykes  
Hausa Translation by Hannatu Bilyaminu, Buba F. Foundation Kano, Nigeria



My Body Is My Body ©2023

**Yau za mu koyi abubuwa game da jikinmu.**

... Muna kuma da al'aura.  
Al'aurarmu itace wajen da gajeren wando da singileti ke rufewa.

Shin ko ka san cewa  
Jikinka na  
musamman ne?

kuma jikinka naka  
ne.



Ja layi zuwa kowace gaba

Gashi  
Ido  
Hanci  
Baki  
Hannu  
Yatsun  
Ciki  
Al'aura  
Kafa  
Tafin kafa  
Yatsu kafa

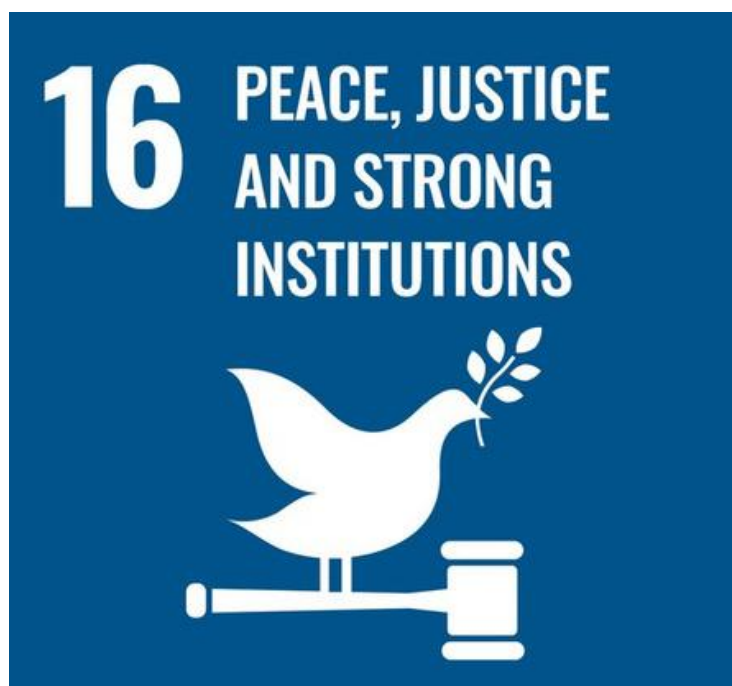


Ja layi zuwa kowace gaba

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Ciki  
Al'aura  
Kafa  
Tafin kafa  
Yatsu kafa

# How Protecting Children contributes to achieving multiple SDG's

By Chrissy Sykes



Have you ever wondered how protecting children can contribute to achieving multiple Sustainable Development Goals (SDGs)? Well, wonder no more! We are thrilled to share with you some amazing insights that show how ending violence against children can lead to numerous benefits across various SDGs, particularly SDG 16 (peace, justice and strong institutions).

Our friends at the End Violence Partnership have identified five other SDGs that are central to this cause - SDG 3 (health and well-being), SDG 4 (education), SDG 5 (gender equality), SDG 10 (reduced inequalities) and SDG 17 (partnerships).

**These SDGs are crucial for joint action and strengthened collaboration.**

So, what's the key takeaway? Child Abuse Prevention doesn't just benefit one SDG, but several! By investing in each priority environment, we can align our efforts with specific SDGs and work towards achieving the UN's Agenda 2030. It's a win-win situation for everyone, especially our children.

***Let's all join hands and do our part to create a safer and brighter future for our little ones.***



# 3 GOOD HEALTH AND WELL-BEING



**SDG 3** (Good Health and Well-being) is highly relevant to child abuse prevention because children who experience abuse or neglect often suffer physical and mental health problems. Preventing child abuse can significantly contribute to the improvement of the child's overall health and well-being. Child abuse can lead to both short-term and long-term health consequences, such as injuries, chronic pain, mental health disorders, substance abuse, and even death. Therefore, preventing child abuse is essential for achieving SDG 3, which aims to ensure healthy lives and promote well-being for all ages. Educating parents and caregivers about healthy child development, positive parenting techniques, and the importance of seeking medical care can reduce the risk of child abuse and neglect.

**SDG 4** (Quality Education) is closely linked to child abuse prevention because education plays a critical role in preventing child abuse and promoting child protection.

Through quality education, children can learn about their rights, including their right to protection from abuse and exploitation. Educating children about personal body safety and life skills and how to report abuse can help them identify and respond to potentially harmful situations. Additionally, educating children about healthy relationships, respect, and boundaries can help prevent child sexual abuse.

Furthermore, providing education and training to parents, caregivers, and educators on positive discipline, child development, and child protection can also contribute to preventing child abuse. Educators can learn how to identify signs of abuse and neglect, report suspected cases, and provide support to children who have experienced abuse.

# 4 QUALITY EDUCATION



# 5 GENDER EQUALITY



**SDG 5** (Gender Equality) is highly relevant to child abuse prevention because gender-based violence is a significant form of child abuse. Gender inequality and discrimination can make children, particularly girls, more vulnerable to abuse and exploitation.

Addressing gender inequality and promoting gender equality can help prevent child abuse by reducing the power imbalance between adults and children, and between genders.

Empowering girls and women can help reduce their vulnerability to abuse and increase their ability to protect themselves and their children from harm.

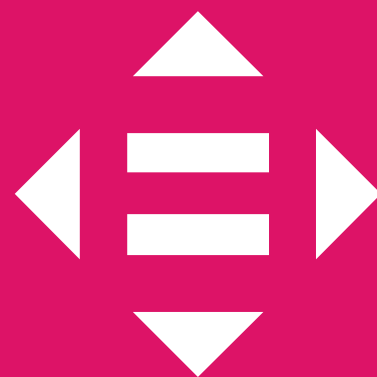
Additionally, promoting gender equality can also help challenge harmful gender norms and stereotypes that can contribute to child abuse.

**SDG 10 (Reduced Inequalities)** is highly relevant to child abuse prevention because inequalities, such as poverty, discrimination, and social exclusion, can increase the risk of child abuse and neglect.

Children who grow up in poverty or experience discrimination based on their race, ethnicity, religion, or other factors are more vulnerable to abuse and neglect. Additionally, social exclusion can make it more difficult for families to access essential services and support, making it harder to prevent or respond to child abuse.

Therefore, reducing inequalities is essential for preventing child abuse and ensuring that all children have access to the resources and support they need to grow up healthy and safe. By addressing poverty and social exclusion, providing equal access to services and opportunities, and promoting inclusion and diversity, we can help prevent child abuse and promote child protection.

# 10 REDUCED INEQUALITIES



# 17 PARTNERSHIPS FOR THE GOALS



SDG 17 (Partnerships for the Goals) is highly relevant to child abuse prevention because it emphasizes the importance of collaboration and partnership to achieve sustainable development. Child abuse prevention requires a multi-sectoral approach that involves a range of stakeholders, including governments, civil society organizations, academia, and the private sector.

Partnerships and collaboration are essential for preventing child abuse because no single sector or organization can address the issue alone. Collaboration allows for the sharing of knowledge, resources, and expertise, which can help strengthen child protection systems and prevent abuse.

Furthermore, partnerships can help raise awareness about child abuse, promote community engagement, and support the development of policies and programs that promote child protection. For example, partnerships between government, civil society organizations, and the private sector can help create comprehensive child protection policies and programs that are grounded in evidence-based practice.

Additionally, partnerships can help ensure that the voices of children and families are heard and that their needs and perspectives are taken into account when designing and implementing policies and programs.

Therefore, SDG 17 is essential for preventing child abuse by promoting collaboration and partnership between different sectors and stakeholders. By working together, we can build strong and effective child protection systems that promote the safety and well-being of all children.





# GGAF and MBIMB COMPETITION



## ATTENTION

ALL NGO'S AND SCHOOLS

It's time to unleash your children's creativity and get them involved in a competition that's all about promoting body safety.



Last year, the GGAF and MBIMB held a successful drawing competition for school children, and this year, it's back and better than ever!

With **three categories** to choose from, there's something for everyone to get involved in.





# GGAF and MBIMB COMPETITION



1

**First up, we have the poster competition.**

Encourage your students to get creative and design posters that promote body safety and feature the empowering phrase "My Body is My Body."

2

**Next, we have the singing competition.**

Let your students showcase their singing skills by singing one of the MBIMB songs. You have six to choose from. You can do this as a class exercise or with a few children. They can even create their own backing track or use the one we provide. Once you have registered, we will send you all the .mp3's to play with.



3

**Last but not least, we have the dance competition.**

Let your students choreograph a dance routine around any of the "My Body is My Body" songs. Encourage them to be creative and showcase their individuality. Once you have registered, we will send you all the .mp3's to play with.





# GGAF and MBIMB COMPETITION



## Poster Competition



## Dancing Competition



## Singing Competition



*So what are you waiting for??  
Get your students involved, and let's promote body  
safety together. Let's make this year's competition  
bigger and better than the last one!*

*[Click Here To Register](#)*



# GGAF and MBIMB COMPETITION



## Terms and Conditions

- **Eligibility:** Entrants must be between the ages of 4 - 14 years old.
- **Entry:** Entries must be submitted by a registered teacher at a school or a registered NGO.
- **Prize:** The winning entry will receive prize money which will be sent directly to the NGO or School.
- **Publicity:** All entries can be used by GGAF and MBIMB to publicise this competition. By submitting an entry, you grant GGAF and MBIMB the right to use your entry for promotional purposes without additional compensation or permission.
- **Parental Consent:** Before submitting an entry, participants must obtain consent from the parents or legal guardians of the children involved in the video recording.
- **Deadline:** The deadline for submitting entries is [insert date].

*By submitting an entry, you agree to be bound by these terms and conditions. GGAF and MBIMB reserve the right to disqualify any entry that does not comply with these terms and conditions or for any other reason in their sole discretion. GGAF and MBIMB also reserve the right to cancel or modify the competition at any time without notice.*

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*[Click Here To Register](#)*

# **10 *Free* activities that can be done with children**

By Chrissy Sykes



## **Have a picnic:**

Spread a blanket on the floor or in the backyard and have a picnic with your child. You can make sandwiches, snacks, and even some lemonade to enjoy.





### Have a karaoke night:

Sing your favorite songs together and have a karaoke night. You can even make your own microphones out of cardboard tubes and tissue paper.



### Have a dance party:

Put on some music and let your child dance their heart out. You can even join in and show off your moves.

### Write letters:

Encourage your child to write a letter to a friend or family member. You can help them with the writing and even decorate the envelope.

### Read Books:

Find your favourite books and have fun reading them out loud

### Make a scrapbook:

Collect old photos and memories and create a scrapbook together. This can be a fun and creative way to preserve family memories.

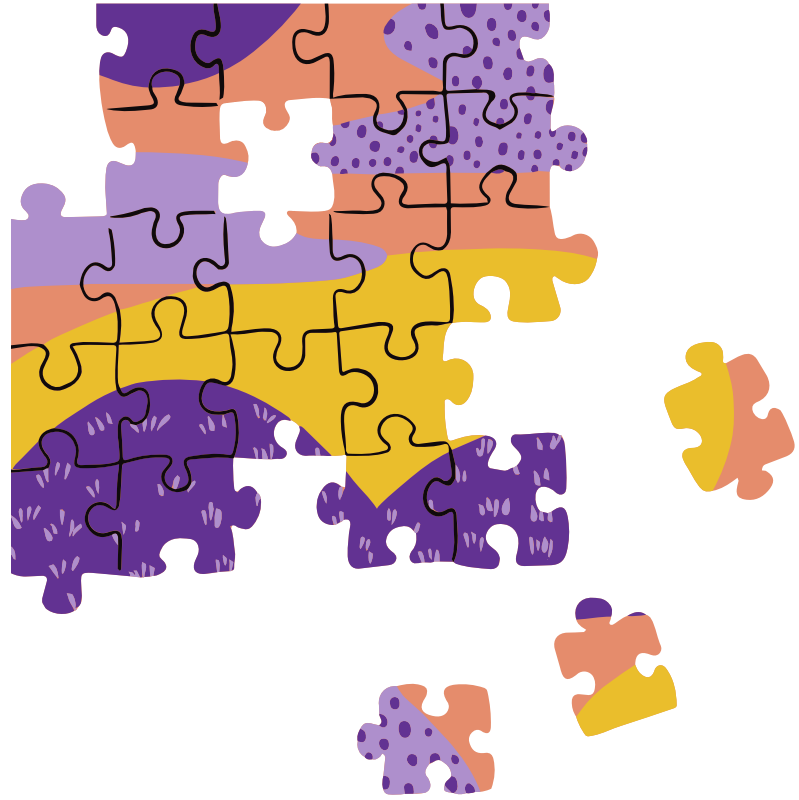
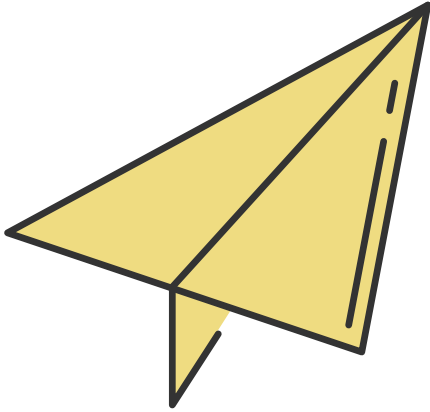
### Create a story:

Sit down with your child and create a story together. You can take turns coming up with ideas and characters and even draw illustrations to go along with it.



### **Do a puzzle:**

Puzzles are a great way to keep your child's mind active and engaged. You can even create your own puzzles by cutting up old magazines or drawings.



### **Make paper aeroplanes:**

Fold and decorate different paper aeroplanes with your child and see whose can fly the farthest.

### **Have a dance party:**

Put on some music and let your child dance their heart out. You can even join in and show off your moves.



### **Play charades:**

Charades is a fun game that can be played with the whole family. Act out different characters, animals, or movies for your child to guess.

### **Play pretend:**

Let your child's imagination run wild and play pretend together. You can be astronauts, pirates, or anything your child can dream up.



### **Play charades:**

Charades is a fun game that can be played with the whole family. Act out different characters, animals, or movies for your child to guess. Play pretend: Let your child's imagination run wild and play pretend together. You can be astronauts, pirates, or anything your child can dream up.





### **Build a blanket fort:**

Use blankets, pillows, and chairs to create a cozy hideaway for your child. Add some books, snacks, and a flashlight to create a fun and relaxing space.

### **Make homemade playdough:**

Mix together flour, salt, water, and food colouring to create a fun and squishy playdough that your child can mold and shape.

### **Bake together:**

Bake cookies, cakes, or bread together. This activity not only teaches your child basic kitchen skills but also provides a delicious treat at the end.







# Initio - To Initiate

This is the channel dedicated to teachers and hosts free events every Sunday.



# Pooja A S

Keynote Speaker, Educator,  
Advocate for SDGs 3 & 4,  
Global Goodwill Ambassador  
MBIMB Foundation Ambassador



## INITIO - TO INITIATE

Irrespective of many countries having a wide range of laws to protect children from abuse, implementation of these laws are largely ineffective. As a result, millions of children are facing abuse in many different forms. Child abuse can take place at home, school, childcare centers, within the community etc. The most unfortunate and dangerous fact is often, violence is perpetrated by someone known to the child.

My Body Is My Body is one of the most successful, positive, and fun-filled musical child abuse prevention programs around, and has been animated so that it can be shared with children in schools and homes alike around the world. The program has been translated into 26 languages (with more on the way) Our mission is to offer this program for Free to everyone that wants a way to teach children about abuse prevention in a non-threatening way - through fun musical songs.

The goal of the My Body Is My Body program is to prevent child abuse before it occurs by educating children in ways to keep safe in a fun way through music. The program now has nearly 200 Ambassadors around the world in over 60 Countries that are sharing the program with schools, parents, NGO's and children.

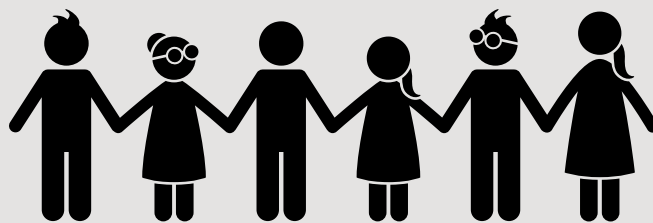
On 5th February 2023, Ms. Chrissy Sykes , who is the creator of MBIMB program presented a training session to teachers from different corners of the world, reaching more than 100 schools via different social media platforms.

I am glad that I had an opportunity to host the training session on my channel Ab - Initio - To Initiate. This is the channel dedicated to teachers and hosts free events for teachers every Sunday. MBIMB Training Program link is shared below, where Ms Chrissy Sykes explains the need to talk about child abuse prevention, the need of MBIMB, course structure and other important input. The link to watch the recording is shared below, you can find the course link in the youtube video description to complete the free course and get the certification. All teachers and parents, come on, join hands to create a safe world for our children. Recording of training session <https://youtu.be/Jv9WkoMOZZI>



# SERVE

[www.serve.lk.org](http://www.serve.lk.org)



**S**ERVE has the vision to provide a better life for those in need through a holistic approach, whilst respecting their values and subcultures.

SERVE is a non-profit organization established in 1999 working with and for the rights of children and families. In ten districts of Sri Lanka, SERVE supports the development of analytical capacity of children, families and communities to assess the status of child rights. With the help of our partners, our social workers initiate and support the empowerment of women and children and help families to achieve their own socio economic goals. We work for the empowerment of people with commitment, love and care.

Many families cannot escape the vicious cycle of poverty without support due to the lack of opportunity. SERVE's work is based on social work theories, values and principles to ensure the rights of children and empower families within their communities.

SERVE conducted a child protection awareness session among children based on The My Body is My Body Programme in Sri Lanka. This will be the first of many that are lined up for 2023.

The first programme was held for 20 children by 3 of our Serves social workers. The second was for another 25 by the same social workers.

Sanjeeva de Mel, Executive Director of Serve, has been an integral part of getting the MBIMB Programme into Sri Lanka as his organisation translated and recorded the MBIMB songs into Sinhala. The Sinhala songs were sung by Shenaya de Mel and the introductions were recorded by Kruthya Ratnayake.

MBIMB is excited to follow Serve on their journey this year with the MBIMB Programme.





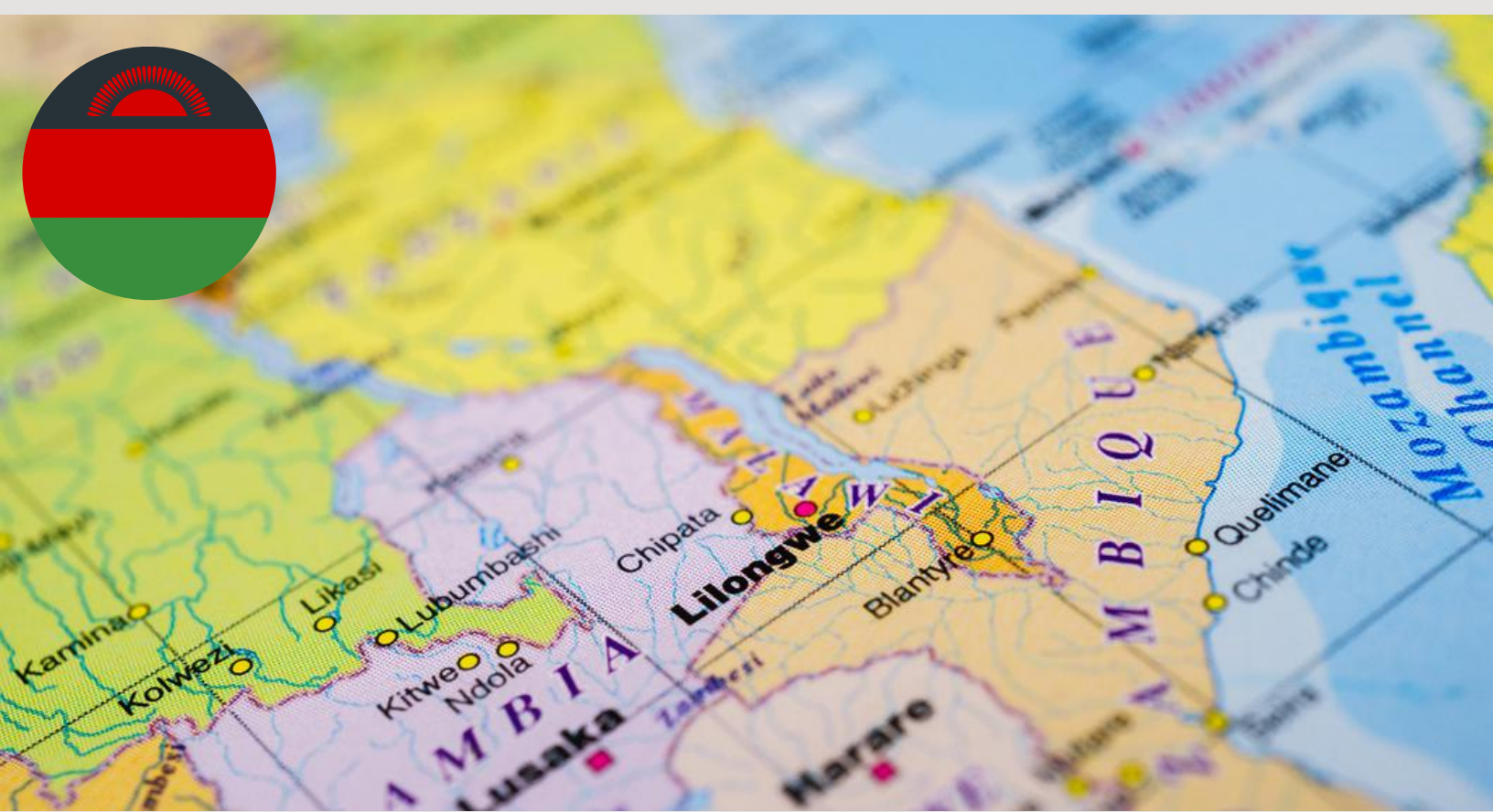
# Despite the obstacles, I have discovered my talent.

By Junior Pululu

This is the inspirational story about a young man in the living in the The Dzaleka Refugee Camp in Malawi. He is one of 3 talented young people that have donated their time and talent to creating the My Body is My Body Song for teenagers.

I am always amazed by the generosity of people with our programme and I am so grateful to Junior, his brother Big More and Elikiah for creating a fantastic song.

[Click here to hear the song](#)



## Despite the obstacles, I have discovered my talent.

Junior Pululu is my name, and I am the firstborn in a family of six children, two girls, and four boys. I was born in Uganda, when my mother was fleeing my home country, the Democratic Republic of the Congo (DRC). This was due to the fear and threat of death that she and my aunts were facing. I entered the world in a hopeless situation while crossing the Democratic Republic of the Congo's border. Unfortunately, my family experienced another period of insecurity, which resulted in the death of my paternal grandfather. My family could not stay in Uganda after my grandfather died, and whatever caused his death, the family decided to seek security elsewhere, which is how we ended up in Malawi Dzaleka Refugee Camp.

In my spare time during eighth grade, I was a member of a dance crew called Forus Crew. I discovered that music was one method of stress relief in the Dzaleka camp while working with the crew. I fell in love with music while working with the crew, and it became my passion. I could spend time with other producers and observe how they compose beats, then use my cousin's laptop in the afternoon to use the FL Studio application, though it lacked all of the necessary applications and tools. At first, I used this application to compose music for fun and the love of music. I was able to produce a song for my cousin one day using the producers' instruments where I was spending time.



## **Despite the obstacles, I have discovered my talent.**

Then, after hearing the song and the beats, other musicians became interested in me and approached me to do their songs. When the other producers realized I had the majority of the musicians' attention, they began denying me access to their tools. At the time, I could switch producers, but the same thing was happening: they could pursue me. At the same time, my family was experiencing difficulties as our numbers grew with the arrival of new relatives. We could go days without eating at this time; sometimes, we would only eat in the evening after my mother returned home from begging for food from neighbours and host communities. With the difficulties and challenges that we were facing, I reasoned that I could use my talent and knowledge to support my family while also advancing my career. I recall my mother agreeing to use the little money she had and enlisting the help of her friends and relatives to help me buy a laptop so that I could produce and advance in this career despite the difficult circumstances we were in.

That laptop was critical to my professional endeavours, and it reminds me of how supportive my mother was to me before she died last year in November. Her death broke me, but doing this keeps me going and reminds me to make her proud. Today, producing is what feeds my family with the little money that I get since my father is ill and his leg can't function properly, so I rely on it to support my family. Even though I am now well-known among producers in my community, I am missing all of the tools and materials required to advance and perfect my producer career. I would like to do more in this producer career, but my status as a refugee prevents me from doing so. Because the Malawian government forbids refugees from working, travelling freely, investing, or establishing their own businesses.

# Looking for a fun and engaging way to teach children about personal safety?

Look no further than  
"Eric and his personal space bubble"



*This charming children's book tells the story of Eric, a young boy who learns about the importance of personal space bubbles at school. With the help of his mom, he learns how to set boundaries and protect his personal space from unwanted intrusions.*

*Along the way, he teaches his cousin Jake and sister Alicia about the concept of personal space and how it applies to everyone, including family members.*

*With playful illustrations and relatable scenarios, this is the perfect book to help kids understand the importance of consent and personal safety.*

*Order your copy today and start exploring your own personal space bubble!*

**100% of profits go to the MBIMB Foundation**

**[Click here](#) to purchase from Amazon**

## All About Eric Books

Eric and his  
personal  
space bubble



Written and illustrated by Chrissy Sykes  
©2022





# Changia Africa Centre

**Program Facilitator: Wane Rusagara**

On the 8th march (International Womens Day) Wane Rusagara and his team went to the Changia Nursery And Primary School where they successfully presented the My Body is My Body Programme.

**School or Community Facility: Changia Nursery And Primary School**

**Number of Children Reached: 500**

**Number of Adults Reached: 95**

## **Feedback from parents, teachers, and community leaders:**

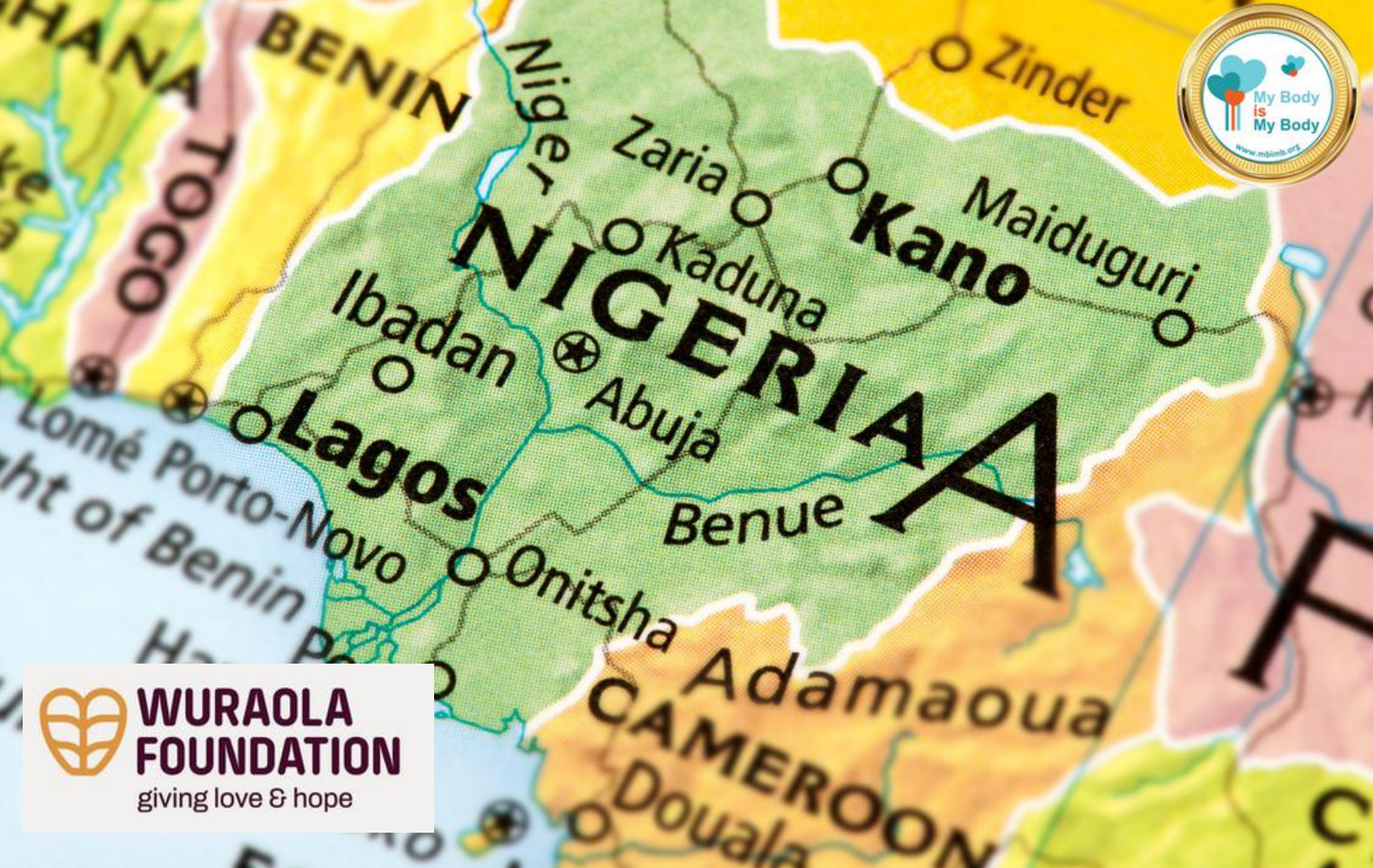
We have received overwhelmingly positive feedback for the program. They have stressed the importance of solidifying and expanding the training to reach more people in different organizations, schools, and churches. This information is crucial for the Refugee Community, and it is essential that it be made available to all who need it.

## **Feedback from the children:**

The children absolutely loved the course and the songs that came with it. They have requested that the program be included in their calendars so that they can continue to learn and grow.







# Wuraola Foundation

Our organization has a clear mission and vision that aims to support and empower individuals of all genders and ages, particularly those who are vulnerable. We achieve this through a combination of educational programs, advocacy, and community outreach initiatives.

Our ultimate goal is to inspire, educate, mentor, and empower young minds, equipping them to lead better lives and have a positive impact on society.

Recently, on March 8th, 2023, we brought our "My Body is My Body" program campaign to Victorious King Nur & Primary School in Ajegunle Apapa Lagos State Nigeria. We engaged with the students through a unique and engaging musical style of teaching, emphasizing the importance of educating children on sex abuse and other types of abuse.

We strongly believe that together, we can make the world a better and safer place for children. We encourage parents and caregivers to start educating their children at a young age to help keep them safe. The students we worked with were receptive and eager to learn, demonstrating that with the right approach, we can make a significant impact in creating a safer, more informed society.



# REPORT ON MY BODY IS MY BODY (MBIMB) IMPACT EVALUATION AND RE-SENSITIZATION

EXERCISE Compiled by: Muniratu Jibrin  
Project Manager: Mujib Hope Foundation



## Introduction

We conducted an impact evaluation and re-sensitization exercise to determine the before, and after knowledge of the My Body is My Body (MBIMB) program and how it has influenced the lives of children in various schools and communities. A work plan was created to guide all volunteers partaking in this exercise. The work plan included time and task allocation to each volunteer for effective implementation. An introduction letter to school heads and community leaders was developed to notify them about the exercise prior to the date.

## Objective

Our objective was to evaluate the level of impact the MBIMB program has had on the lives of children in four schools in Nigeria.

## The Background

The MBIMB programme was created to help make the world a safer place for children. This internationally recognized musical body safety program has been used in over 60 countries around the world and has been presented to more than two million children with great success. The program educates children on how to protect themselves from abuse and provides them with options on whom to speak to if someone attempts to harm them.

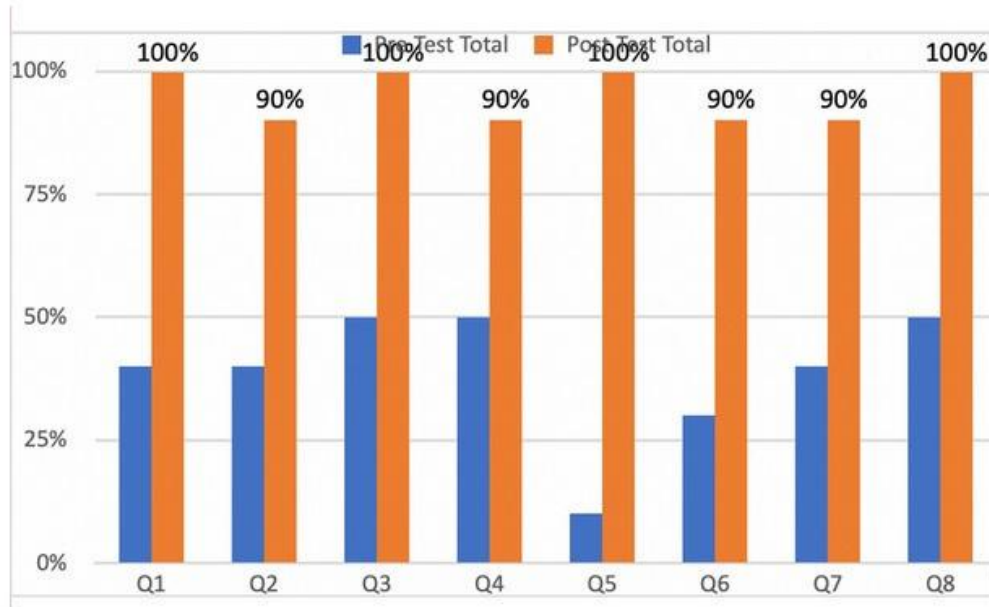
On Friday, the 17th of February, 2023, Mujib Hope Foundation visited **Nassarawo Primary School, Jimeta-Yola, Adamawa State, Nigeria**, to conduct a refresher training for the pupils. It began with a Pre-Test and ended with a Post-Test where the pupils were tested on what they had learned. MBIMB song was sung, and teaching on safety networks and body safety rules was also done. The children received MBIMB fliers after the exercise. This was with support from MBIMB Foundation and GGAFoundation

At Nassarawo Primary school, a total number of 300 pupils were sensitized on child abuse prevention and 10 pupils were randomly selected from the overall pupils. They were assessed (pre-post test) using a questionnaire tool prepared by My Body is my Body Foundation MBIMBF.



**Below is the result analysis for Nassarawo Primary School,  
Jimeta-Yola Adamawa State Nigeria.**

**Comparative Bar Chart**



The blue colour represents the Pre-Test while the orange colour represents the Post-Test. The result above shows a high increase in knowledge of how children can protect themselves from abuse and what to do when violated.

PRE	M	60.0%	80.0%	80.0%	60.0%	40.0%	80.0%	80.0%	20.0%
	F	80.0%	40.0%	60.0%	60.0%	0.0%	80.0%	40.0%	80.0%
POST	M	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	F	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
DIFF	M	40.0%	20.0%	20.0%	40.0%	60.0%	20.0%	20.0%	80.0%
	F	20.0%	60.0%	40.0%	40.0%	100.0%	20.0%	60.0%	20.0%



# My Body is My Body



## Questions

	Yes,	No,
1- My Body belongs only to me	<input type="checkbox"/>	<input type="checkbox"/>
2- I know where my private parts are	<input type="checkbox"/>	<input type="checkbox"/>
3- Can I tell my mom if something is not safe?	<input type="checkbox"/>	<input type="checkbox"/>
4 - I know 5 safe adults I can talk to	<input type="checkbox"/>	<input type="checkbox"/>
5- Should I keep secrets if someone is hurting me?	<input type="checkbox"/>	<input type="checkbox"/>
6.-Can I tell someone if something is not safe?	<input type="checkbox"/>	<input type="checkbox"/>
7-Should I tell an adult if someone touches my private parts?	<input type="checkbox"/>	<input type="checkbox"/>
8-Is it okay for someone to be mean to me?	<input type="checkbox"/>	<input type="checkbox"/>





20th of February 2023,

**Mujib Hope Foundation Adamawa Team** was represented by the following members:

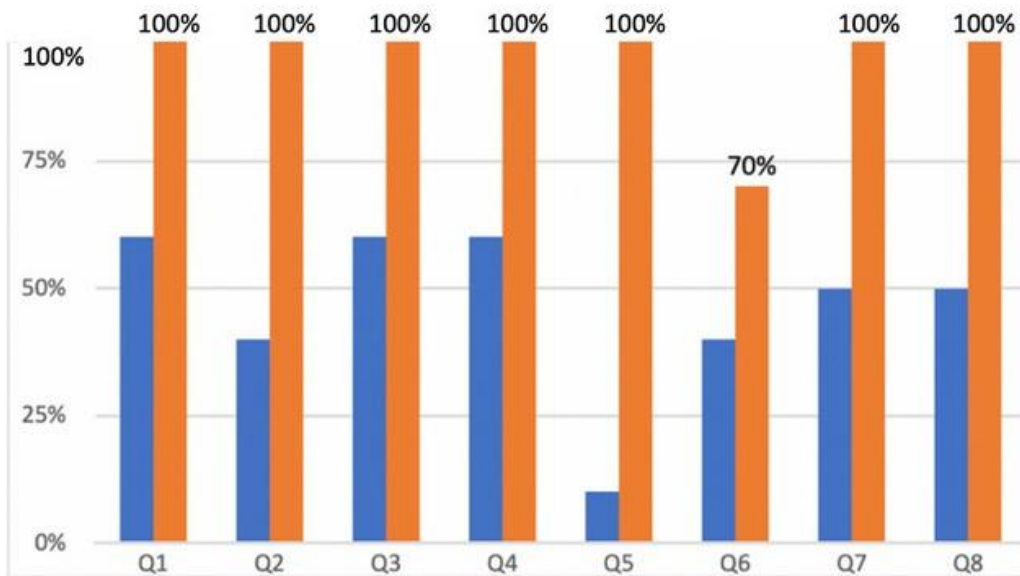
Mr. Thomas Samuel, Mr. Johnson Thomas, Miss. Jamila Ibrahim



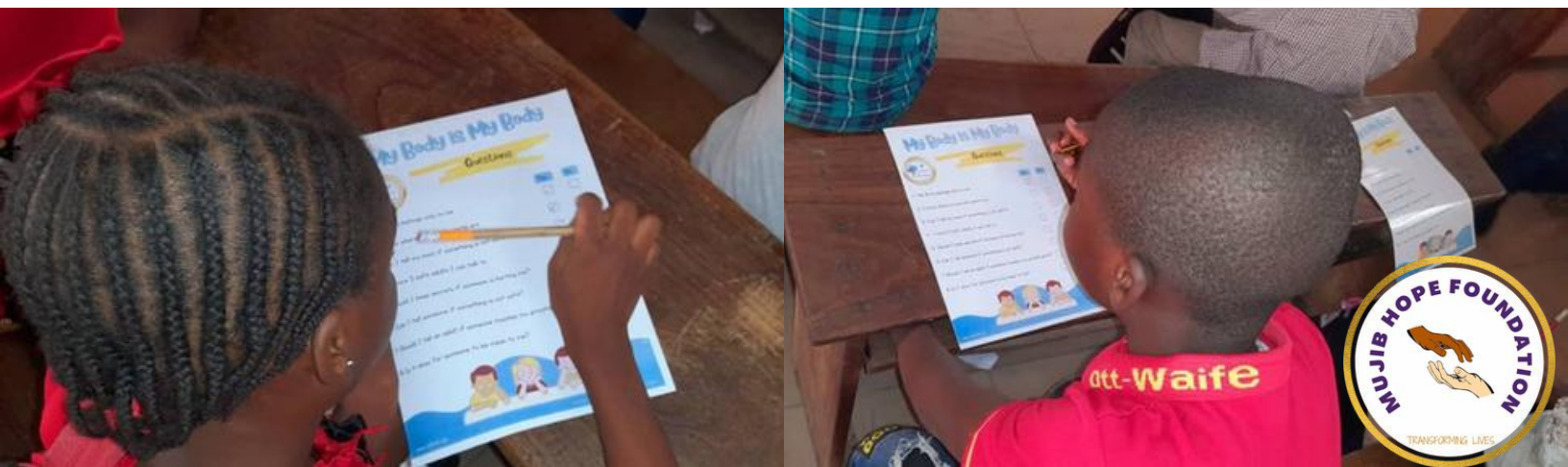
ST.Ritas Primary School, Bekaji-Yola-North Local Government Area of Adamawa State Nigeria On Friday the 20th of February, 2023, Mujib Hope Foundation visited ST.Ritas Primary School, Bekaji-Yola-North Local Government Area of Adamawa State Nigeria to conduct a refresher training for the pupils.

At St.Ritas Primary school, a total number of 320 pupils were sensitized on child abuse prevention while 10 pupils were randomly selected from the overall pupils and were assessed (pre-post test) using a questionnaire tool prepared by My Body is my Body Foundation MBIMBF.

**Comparative Bar Chart**



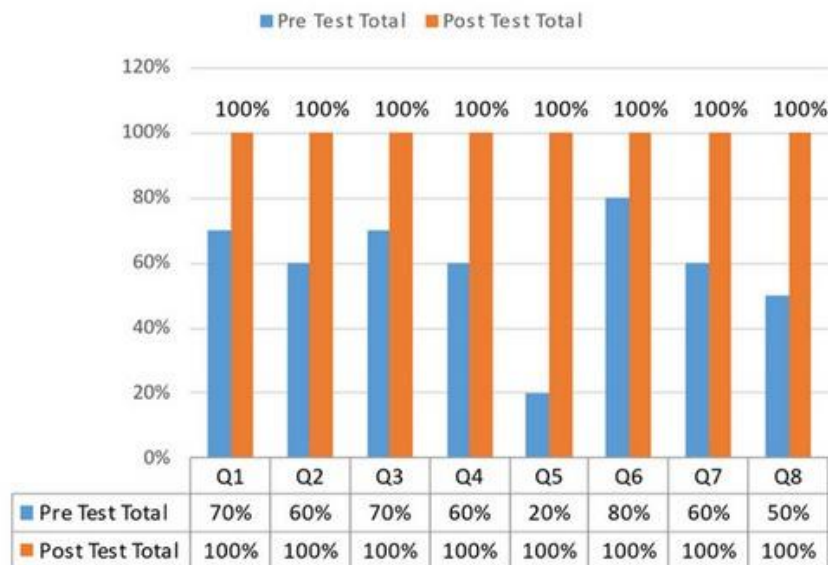
		Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8
PRE	M	60.0%	40.0%	80.0%	60.0%	20.0%	40.0%	20.0%	80.0%
	F	60.0%	40.0%	40.0%	60.0%	0.0%	40.0%	80.0%	20.0%
POST	M	100.0%	100.0%	100.0%	100.0%	100.0%	60.0%	100.0%	100.0%
	F	100.0%	100.0%	100.0%	100.0%	100.0%	80.0%	100.0%	100.0%
DIFF	M	40.0%	60.0%	20.0%	40.0%	80.0%	20.0%	80.0%	20.0%
	F	40.0%	60.0%	60.0%	40.0%	100.0%	40.0%	20.0%	80.0%





On Friday the 20th of February, 2023, Mujib Hope Foundation visited **Concordia Primary School, Jimeta-Yola, Adamawa State, Nigeria**. At Concordia Primary school A total number of 350 pupils were sensitized on child abuse prevention while 10 pupils were randomly selected from the overall pupils and were assessed (pre-post test) using a questionnaire tool prepared by My Body is my Body Foundation MBIMBF.

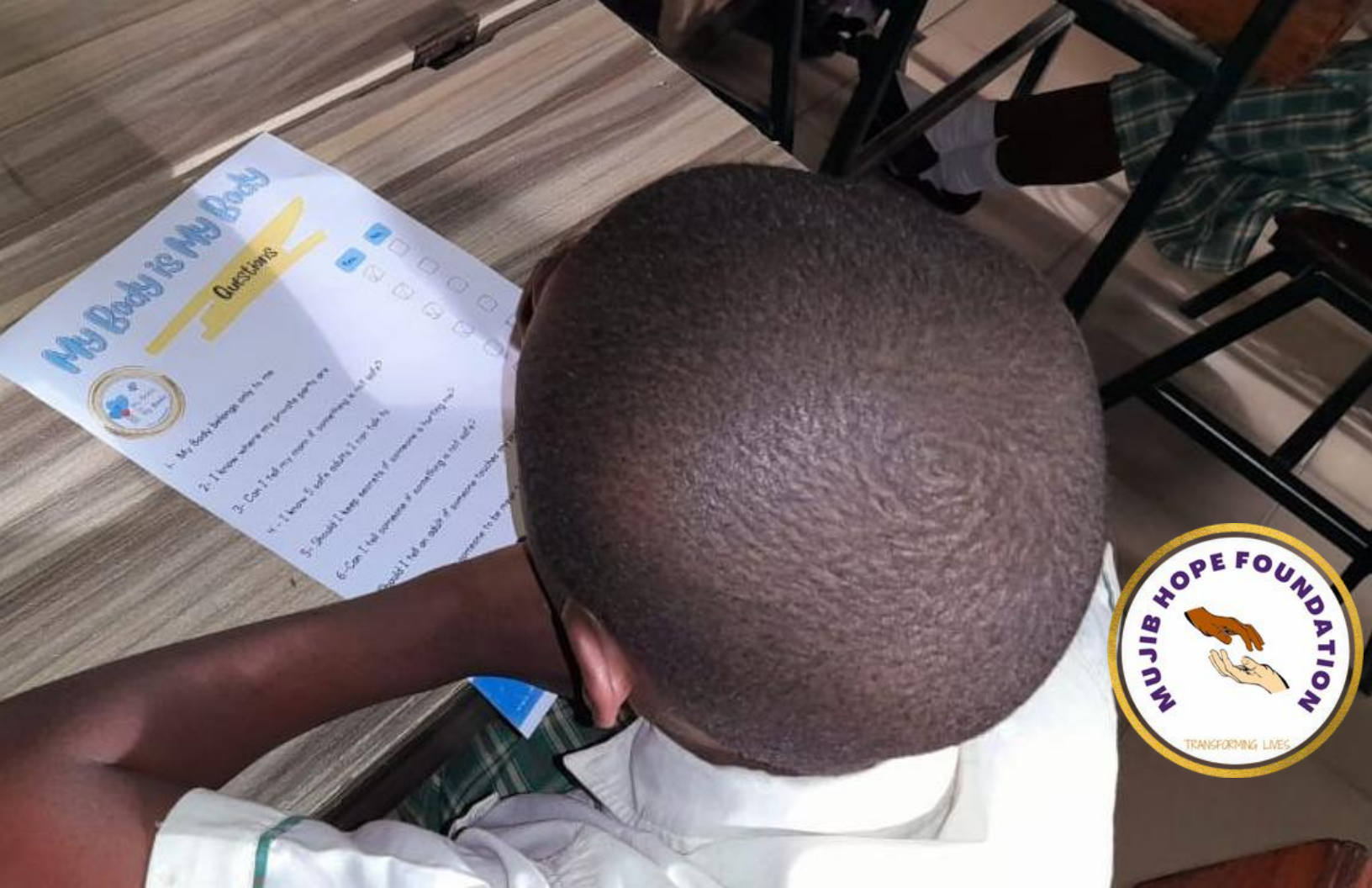
**Comparative Bar chart**



The result above shows a high increase in knowledge of how children can protect themselves from abuse and what to do when violated

PRE	M	60.0%	80.0%	80.0%	60.0%	40.0%	80.0%	80.0%	20.0%
	F	80.0%	40.0%	60.0%	60.0%	0.0%	80.0%	40.0%	80.0%
POST	M	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	F	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
DIFF	M	40.0%	20.0%	20.0%	40.0%	60.0%	20.0%	20.0%	80.0%
	F	20.0%	60.0%	40.0%	40.0%	100.0%	20.0%	60.0%	20.0%





# My Body is My Body

## Questions

- 1- My body belongs only to me
- 2- I know where my private parts are
- 3- Can I tell my mom if something is not right?
- 4- I know I talk adults I can talk to
- 5- Should I keep secrets if someone is hurting me?
- 6- Can I tell someone if something is not right?



## LIST OF COURSE PASSES THIS PAST MONTH

*Congratulations*

**Course 1 Divya Hegde**

**Course 1 Neil Gnanadinakaran**

**Course 1 Colleen Koss**

**Course 1 Lisa Buckle**

**Course 1 Edu George**

**Course 1 Jameelah Ibrahim**

**Course 1 Salima Sani**

**Course 1 Sunil KE**

**Course 1 Nothando Nosipho**

**Course 1 Muhammad Tahir**

**Course 1 Denis Okiru**

**Course 1 Tariq Bhatti**

**Course 1 Temitope Popoola**

**Course 1 Abdi Abdullahi**

**Course 1 Dorathy Stephen**

**Course 2 Afeanejie Ofure Anthonia**

**Course 2 Mark Soro**

**Course 2 Colleen Koss**

**Course 2 Edu George**

**Course 2 Nothando Nosipho**

**Course 2 Denis Okiru**

**Course 2 Anhar Sayed Mohamed**

**Safeguarding F. Jamiu Badamasi**

**Safeguarding F. Mohamed Mansaray**

**Safeguarding F. Nirjala Poudel**

**Safeguarding F. Simon Sekate**

**Safeguarding F. Moses Kebbie**

**Safeguarding F. Muhammad Umar**

**Safeguarding F. Denis Okiru**

**Safeguarding F. Anhar Mohamed**

**Safeguarding F. Rodgers Kapasa**

**Safeguarding F. Musugusi Azeedi**

**Safeguarding F. Colleen Koss**

**Safeguarding F. Aysel Alijanova**

**Safeguarding F. Adigun Temitayo**

**NEW!**

## **MBIMB COURSE**

# **Safeguarding Fundamentals**

**We are proud to announce that our new FREE Safeguarding Course is now available**

The course has been written especially for MBIMB Foundation by Barrister and Safeguarding Specialist Antonia Noble. During her 25 years as a Barrister, Antonia not only developed a deep understanding of the law but the ability to process and present information logically and clearly. What's more, it's what she is passionate about. She cares deeply about justice, fairness and liberty and loves nothing more than helping individuals and organisations find their voice and reach better outcomes. Antonia has extensive experience working in various areas of safeguarding, law, including criminal, employment, human rights, litigation, and data protection.

[www.mbimb.org](http://www.mbimb.org)



## **SAFEGUARDING FUNDAMENTALS**

*Introduction*



**NEW MBIMB COURSE**  
**BECOMING A MOM:**  
**ESSENTIAL SKILLS FOR NEW**  
**MOTHERS AND THEIR BABIES**

*Coming Soon*

