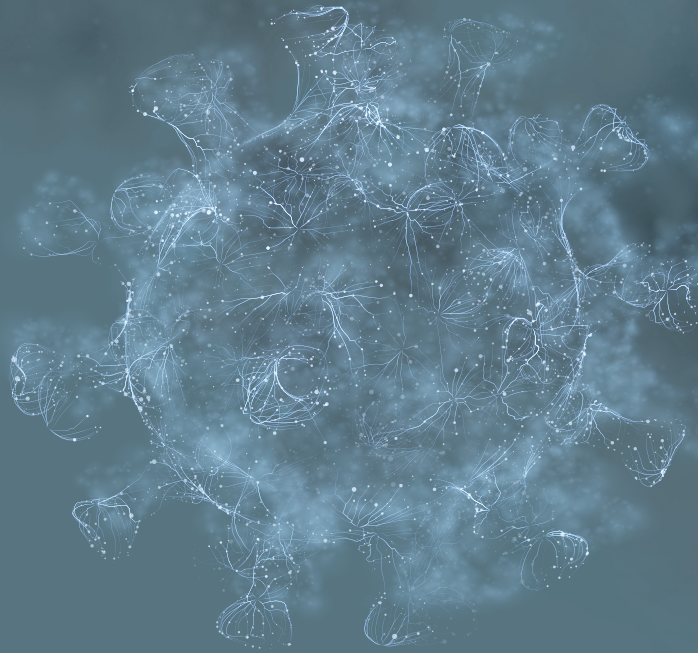


# CHIPAQUIRA EXPRESS



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## CORONAVIRUS: A BRIEF PERSPECTIVE

By: Sebastián Pedraza

Nobody imagined that in the 2020th year the world going to change totally, thanks to a biological virus never ever experienced of what it is unknown absolutely about their origins. As it is well known with the term 'Coronavirus', or more technically 'COVID-19', which it is defined as "a long virus family, that make breathing infections that can be from a little common cold until a more critical illnesses as for instance the 'Middle East breathing syndrome' (MERS in Spanish) and the severe acute breathing syndrome (SRAS in Spanish)" (Colombia's Government, 2020). At the beginning, the impact of the Coronavirus in the Earth planet was overwhelming, in the sense that harassed the way that we were living;

**“The initial measures are not right now so-well practiced.”**

it changed the life us completely, the world, the trips, the meetings, the global connection, just stayed in a little 3D square space. During the pass of the time, the restriction measures, isolation and regular sanitary control protocols have been made more flexible, and what is paradoxical from that, it is not just only the fact that the people is seeing this pandemic situation as 'the new reality'. The Bogota's city mayor Claudia Lopez declared in September of last year. She tries to reduce periodically the remoteness

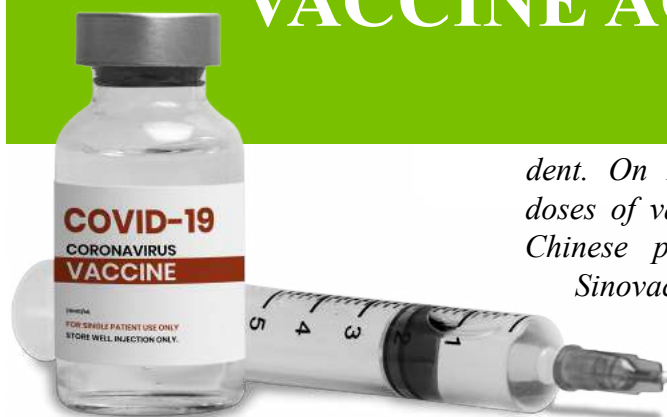
measures and become them more little less rigorous, "could allow to the citizenship have 'social and productive life' with the lowest contagious risk, according with affirmatives by the bogotan mayor in a statement" (Carranza Jimenez, 2020) (paraphrased). Nevertheless, the social and civil consciousness about the pandemic situation goes so far away to the decline than the virus itself against the humanity; added to this, the initial measures are not right now so-well practiced, and it tends to give more importance to other activities that precisely need our health to be fulfilled enjoyed than protect the health which is being very affected for the virus until the death.

*Despite of the needing of working to our subsistence, in some part of the working of every people is, mainly, the great labor of self-care and protection as best as possible; however, not taking as a huge disadvantage the different external health issues for the government and the people too; we can just continue making our basic biological security measures: wash your hands during the day, use always and correctly the mask, keeping the personal distance, even, be very intuitive with ourselves thinking that this is a survival purpose; by the way, we are going to make a great good help in take care of the other people with the self-caring, everything with just one purpose: the humanity, the world.*



## VACCINE AGAINST COVID 19

*By Mariana Valentina Vargas Estrada*



**O**n March 1st, Colombia received the first doses of COVID-19 vaccines through the COVAX Mechanism of the pharmaceutical company Pfizer.

Information provided by the President of the Republic "Next Monday March 1st, 117.000 doses of Pfizer vaccines will arrive in our country, as part of the Covax agreement and we are the first country in America to receive them and the second in the world, because we prepared on time and decided to make this multilateral agreement", stated the presi-

dent. On March 7th, two million doses of vaccines arrived from the Chinese pharmaceutical company Sinovac to continue with the distribution. As the days go by, more vaccines have continued to arrive.

However, many people wonder: Are the vaccines that have developed so rapidly safe? What are the normal reactions and side effects? It is normal that certain reactions occur after the vaccine: redness, swelling, pain around the puncture, fatigue, fever, headache, or muscle pain. The Pfizer-BioNTech, Moderna, AstraZeneca and the Russian Sputnik V have registered that they are working correctly; some of these cause some typical reactions but also in some

cases allergic reactions occur.

The Pfizer-BioNTech vaccine has had typical reactions but also some patients have shown a strong allergic reaction immediately after injecting the vaccine. The AstraZeneca vaccine produced only typical reactions, such as injection site pain, muscle pain, headache, or extreme tiredness. The Russian Sputnik V vaccine has so far only recorded common reactions, such as headache or fever. There are no reports of serious side effects after vaccination.

The decision to get vaccinated is very personal but you must ask yourself: Is it important for me to protect myself and others with a vaccine, and to lead a more normal life again? Or are the risks of these new vaccine technologies too great for me?



# FAMILY ACTIVITIES AND COVID 19

*By David Fernando González*

**D**uring the quarantine by covid-19 many of us had to stay with our families and thanks to this, many family activities arose, since we stayed together for a long time. We decided to play board games such as parchis and cards. By just having these two games, we decided to look for new activities on internet. After searching through many websites, we found several activities that we liked including cooking, yoga, exercising and studying. Throughout quarantine we celebrate our birthdays at home, taking care of ourselves.

This happened while we were in quarantine. Later, when the government opened the trade, our activities had to change. In special cases, parents had to go to work, and it was not to do many activities as before, but we try to continue or maintain some of these actions. We know that at Christmas, one of the

*famous family activities was played board games again, and probably, family members were contagious from covid-19 without we had not known, for this reason we needed to take our precautions.*

*In my experience, my cousin was COVID-19 and he was getting sicker and sicker. When we found out, we cared a lot and decided to give him a present to send to the hospital. Luckily, he got cured of the COVID-19 even though he had some decay before he could come back home. Currently, my whole family is well, and we are anxious to be able to meet so that we can do a family activity (with all my cousins and guys) since by the covid-19 we have not been able to!*

**“ We celebrate our  
birthdays at home,  
taking care of ourselves.”**



# IMPROVEMENT ENGLISH BECAUSE OF THE CONTACT WITH THE TECHNOLOGY



By Daniel Esteban Pinzón

The Covid-19 pandemic has changed our lives on more ways that we think, if you take a look into that, the social structure has evolved because we needed to receive more information without having any human contact: the technological support help to improve that situation. The devices as the phone, the computer, the tablet, and some others were even more useful than they originally were. People that did not have any access to those devices needed to learn about them, get immersed and adapt themselves what unknown and strange world that those “things” can provide. For the younger people, the technology is really usual and intuitive, but for the older people the phones were a challenge because they do not totally understand how to handle all the facts that they have access to, and how if they provide some personal information they could be stolen or put them-

ves in a unspecified danger, as the IACP states “Computer-aided dispatch systems are also a type of digital technology. In this ever-changing world, securing law enforcement information requires much more than just physical security. Police executives must take cybersecurity very seriously and recognize the potential threat to public safety service delivery”; because if you do not see the danger, it does not mean that it does not exist.

For the most of the devices the default language is English, actually the most of the structure from the codes for the programs were written like that, no matter where they were created, because of that if we see a pop up that a program got glitch, normally, it will be in that language, because of that the people all around the world started to learn more and more about it, at a passive

way, because if you do not totally understand what it says, how can you fix it?, or, how can you understand the products names in your webstore?

The knowledge comes with the practice and using a device in English, is the easiest way to learn, because you’ll see it all the days, all the time.

