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# MeckInstitute **COURSE CATALOG**

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SPRING • JAN - MAY

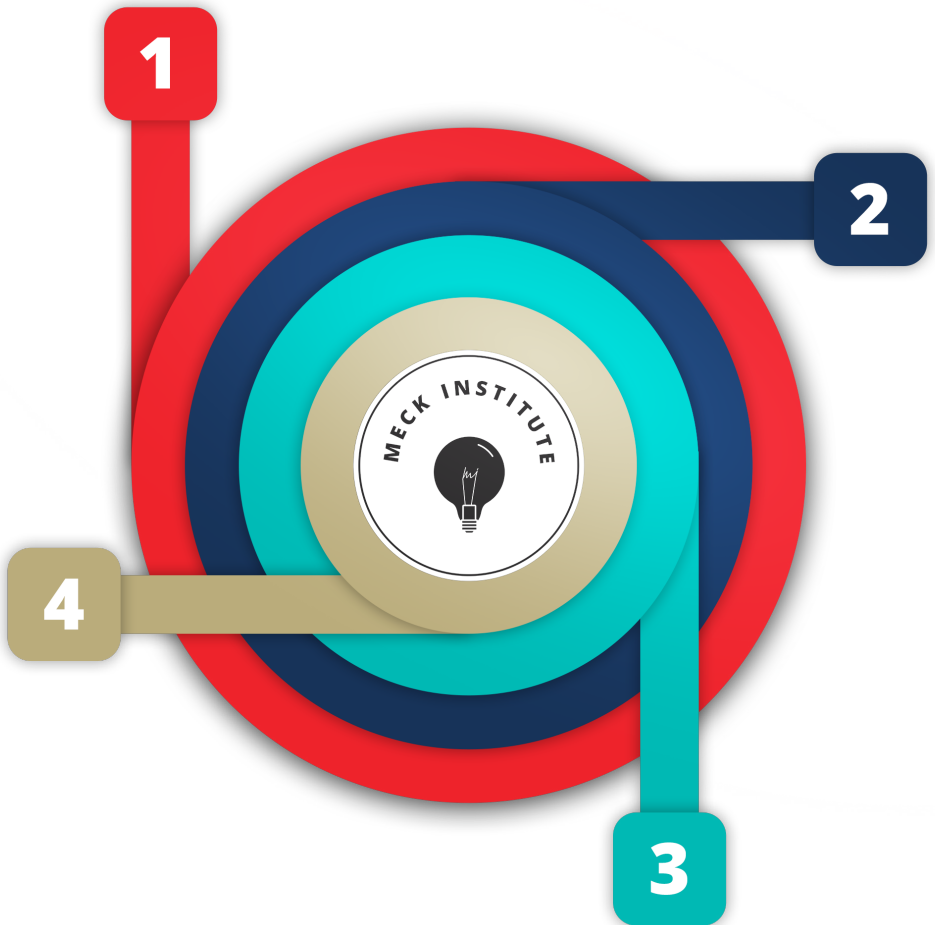
The Christian life is best thought of as a relational journey. As in most relationships, you get to know someone on a surface level before entering into increasingly greater depths of intimacy. The same is true of our relationship with God. We spend time (a little for some, a lot for others) “exploring” God and what He says about us before deciding to enter a relationship with Him and follow His lead. And then we spend the rest of our lives continuing to learn more about Him and allowing Him to transform us into the best versions of ourselves. And this all happens with the help, support and encouragement of others who are on a similar journey. Consider the Meck Institute as one of your sojourners – here to walk alongside you, support you and encourage you toward greater levels of understanding and commitment to God.

**Through classes, workshops, trips, mentoring and more, the Institute offers you a safe space to learn all about God, ask questions and develop a meaningful relationship with Him.**

Inside this catalog, you'll find the classes, trips and programs planned for the Spring of 2026. However, we're always adding new classes and opportunities, so to view the most updated list, be sure to visit **[mecklenburg.org/meck-institute](https://mecklenburg.org/meck-institute)** or the **Meck app**.

# THE JOURNEY

SO, WHAT DOES THE JOURNEY LOOK LIKE?



# 1

## EXPLORER

For those exploring the Christian faith or wanting to go back to the basics, we have created on-demand classes that introduce you to God and foundational Christian beliefs/practices. You can learn on your own time, at your own pace, commitment-free.

# 2

## ENGAGED LEARNER

While exploration is important, eventually you need to take the step of getting onto the path toward God. Engaged learners participate in live classes, learning alongside other students, with the coaching of knowledgeable and caring instructors.

### OPPORTUNITIES

- Live classes (in person and online)
- Immersive trips
- Family workshops and book studies

# 3

## MENTEE

Jesus modeled a way of life that involves learning from a mentor – someone further along in their spiritual journey than you who has wisdom to share and accountability to offer. The Institute wants to put mentors in your life who will help you grow.

### OPPORTUNITIES

- Spiritual Mentoring Program (mentee)

# 4

## MENTOR

While we never cease learning and growing, we do come to a point on the journey when we can look behind us and give guidance to those who are a few steps behind. Mentors get to cheer on others in their journey while still pursuing their own.

### OPPORTUNITIES

- Spiritual Mentoring Program (mentor)



# EXPLORER

## MECK INSTITUTE ON DEMAND

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You can grow with the Institute anytime, anywhere with our on-demand classes. Different from recordings of live classes, on-demand classes are specifically designed for an online audience, with the instructor speaking directly to you.

**We recommend that you begin with the Meck Institute Orientation video.**



### MECK INSTITUTE ORIENTATION

In this video, we unpack the vision of the Christian life, how to mature in faith and intimacy and how the Meck Institute can guide you in that process. Whether you're still exploring Christianity or you made the decision to follow Christ decades ago, this is a must-take class for everyone who is serious about the life change that should take place within a relationship with God.

**Offered on demand this semester:**



### A WELL-ORDERED LIFE INTRO

This on-demand course serves as an introduction to "A Well-Ordered Life," which is a multi-year Institute study, comprising eight separate series through which we examine what it means for us to communally model our lives after Jesus in our modern context. In this video introduction, we unpack the concept of a Rule of Life, provide a roadmap of the eight series, and cast a vision for the role that a community might play in your journey.

*5 Sessions, Total Time: 48 minutes*

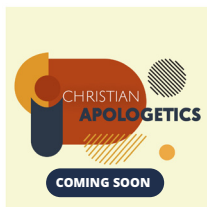


## AFTER "I BELIEVE"

The first step in entering a relationship with God is to declare, "I believe" – a proclamation of both trust and faith. But what comes next? This on-demand course is dedicated to answering that question

and helping Christians experience the full richness of a life led by God. If you recently said, "I believe," this class will provide a roadmap for where you're headed. If it has been ages since you said, "I believe," this class will reorient you toward a Christ-filled life.

*10 Sessions, Total Time: 1 hour 34 minutes*



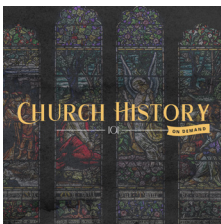
## CHRISTIAN APOLOGETICS: DOES GOD EXIST?

Nothing in the Christian faith makes any sense if God doesn't exist. Regardless of heartfelt sincerity or spiritual sensibilities, if God doesn't actually exist, then

Christianity is hollow. So can a convincing case be made for the existence of God? Can we really believe in Him beyond blind faith? In this apologetics series, we'll explore the evidence for God and, if He does exist, what it might mean for us.

*Coming Soon*

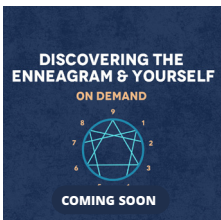




## CHURCH HISTORY 101

It has been said that history is walking back through time, listening to its better minds. For Christians, it holds even more significance as it charts not only the history of ideas but the history of the Christian movement. Through this course, taught by Senior Pastor Jim White, you will have history “come alive” through people and events, ideas and challenges, stories and revolutions. You will learn why we believe what we believe and come to understand our present moment with greater clarity. If you’re ready for a fast-paced 2,000-year ride, this course is for you.

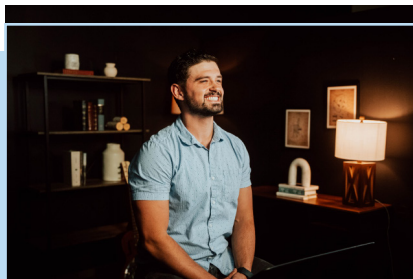
*4 Sessions, Total Time: 2 hours 49 minutes*



## DISCOVERING THE ENNEAGRAM AND YOURSELF

The Enneagram is an ancient personality model that is bringing new understanding and life-changing transformation to countless lives. Deeply spiritual in nature, it helps individuals identify the unique personality type that God has given them, which shapes the way we view the world, other people, and ourselves. If you’ve never looked into the Enneagram, now is the time. This on-demand class provides the perfect starting point for beginners and a roadmap for how to go deeper and wider with the Enneagram as you seek to discover more about yourself.

*7 Sessions, Total Time: 33 minutes*







## EXPLORING HOMESCHOOLING

You can go to an open house to find out more about a public, private or charter school but where do you go to find out more about homeschooling? In this on-demand class, Exploring Homeschooling aims to answer the real, practical questions many families have as they consider this education option. If you're a parent considering homeschooling you've probably wondered about things like: How do you choose curriculum? What about socializing your kids? How about sports? Is it expensive? How do I get started? Are there laws you have to follow? Why homeschool anyway? Join us as we explore the answers to these questions and more.

*7 Sessions, Total Time: 41 minutes*



## EXPLORING THE BIBLE

Can we trust the Bible? Is it still relevant to our lives? What is it about? How does it all fit together? And where do we even begin? All of these questions and more are answered in "Exploring the Bible", an on-demand class that takes you behind the text and into the most influential book ever written.

*7 Sessions, Total Time: 48 minutes*





## **FACETIME: WHAT PARENTS NEED TO KNOW ABOUT TECHNOLOGY, SOCIAL MEDIA, VIDEO GAMES AND MORE**

Does your son or daughter have a smartphone? Or maybe a tablet? With access to more and more technology comes the world of social media, video gaming, YouTube and more. As a parent, it can be hard to keep up with, much less navigate, what platforms your kids are using these days. In this practical class, we'll introduce the most commonly used media outlets, explain the potential dangers of each, and give some practical suggestions on what you as a parent can do to help guide your kids.

*8 Sessions, Total Time: 2 hours 44 minutes*



## **FOUNDATIONS 101**

What is at the heart of the Christian faith? Who is God really and what does He want with us (if anything at all)? In Foundations 101, we lay the groundwork for what the Christian life is all about. This class strips God from our cultural context, from church tradition and from media portrayal to look at what He says about Himself and about us.

*5 Sessions, Total Time: 55 minutes*



## **GAME TIME**

You were made with a plan and a purpose and equipped with a unique combination of gifts, passions, personality and skills. Yet it sometimes can be difficult to figure out exactly how God wants to use you or what role you might play in His big adventure through the local church. Join us for Game Time to examine the person God made you to be and how you can make a real difference with your life.

*4 Sessions, Total Time: 33 minutes*



## LEARNING TO PRAY

For many of us, prayer is hard. We're not sure how to do it or if it even works, so we simply give up. If you've ever wrestled with prayer, you won't want to miss this class. We cover everything from what prayer is

to how to pray and whether it even works.

*8 Sessions, Total Time: 2 hours 4 minutes*



## MADE FOR MORE

The Bible paints an amazing picture of what it looks like to follow Jesus. Yet, so often, it can feel like we're not making much spiritual progress at all. The good news, though, is that the Bible gives us

the way forward. In this on-demand class, we'll explore various spiritual practices intended to help us grow and mature in our relationship with Jesus. We'll cover rest, time in the Bible, prayer, serving, and so much more.

*8 Sessions, Total Time: 1 hour 43 minutes*



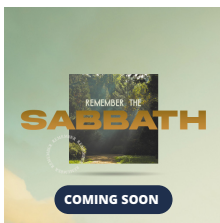


## MONEY SEEDS

### (FOR HIGH SCHOOL AND COLLEGE STUDENTS):

As you approach or are embracing financial independence, you might quickly learn that there's a lot more to money management than meets the eye. In Money Seeds, we will walk through responsible and biblical financial practices such as budgeting, saving, investing and more. This is a class you won't get to take in school but that you absolutely need for the real world. Set your financial portfolio off on the right foot by starting with Money Seeds.

*5 Sessions, Total Time: 57 minutes*



## REMEMBER THE SABBATH

### (A WELL-ORDERED LIFE SERIES #1):

Contemporary society values productivity and a hustle-and-grind lifestyle. Rest, play and relaxation are generally thought of as either rewards to earn or marks of laziness to avoid. And yet "Remember the Sabbath" are words God gave us in the Ten Commandments - a command for us to rest and play. But why? What if the command to remember the Sabbath holds the key to experiencing a truly healthy rhythm of life and a fuller understanding of our place in this world? This on-demand class explores what Sabbath can mean in a modern world and how we might take steps toward living out this command in our own lives.

*Coming Soon*



NEW



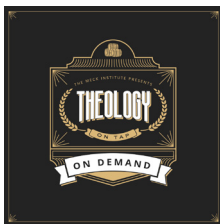
## SETTING SAIL: LIVING WITH PURPOSE

Kierkegaard famously said, "Life can only be understood backwards, but it must be lived forwards." Add ideas like "hindsight is 20/20," coupled with the fast pace of

life that leaves little room for thoughtful decision making, and we can often feel like our only option is to move through life and hope for the best. But what if you could develop a map of sorts that would guide you in the direction you wanted to go? In Setting Sail, we will look at how we might form a vision for our lives that will do just that.

Whether you are a young adult, in mid-life, or retired; whether you're single or married; whether you have a house full of children or you're an empty nester - this class will help you think through what God made you for and how you can get there.

*4 Sessions, Total Time: 44 minutes*

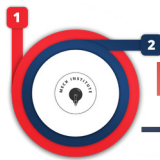


## THEOLOGY ON TAP

The word theology comes from the Greek words *theos* and *logos* and literally means "words about God." In other words, talking about God. But when most people hear the term "theology" they think of it as

something set aside for pastors who are attending seminary. But at its heart, theology has to do with the answers Christians give to questions people have about God and all things related to God. It's attempting to speak Christianly about the great issues of life; it's about having a biblical worldview; it's about forming a Christian mind. In this on-demand class, Senior Pastor Jim White takes his seminary-level course on systematic theology and breaks it down in a way that anyone can understand. In his words, "Let's pretend it's just you and me, sitting down together having a pint and talking about theology." In other words, this is going to be a theology discussion unlike any other, and we hope you'll join us for it.

*7 Sessions, Total Time: 4 hours 48 minutes*



# ENGAGED LEARNER

Ultimately, the Christian life is not simply the accumulation of knowledge about God. Instead, it's about letting that knowledge transform who we are so that we can draw closer to God and position ourselves to be changed by Him. One of the best ways to embody what you learn is by participating in community with others. Our live classes and workshops offer you the opportunity to talk about what you're learning, ask challenging questions, experience encouragement and accountability, grow as you explore others' perspectives, and meet some wonderful people in the process.

## LIVE CLASSES:

### "A WELL-ORDERED LIFE" STUDY

In this multi-year study, comprising eight separate series, we'll look at what it might mean for us to communally model our lives after Jesus in our modern context. By learning about the ancient practice of "Rule of Life", we'll find out how to live authentically spiritual lives in a way that doesn't feel restrictive, but rather provides freedom and an abundance of peace and joy. We'll learn how to move beyond good intentions to daily habits that result in transformed lives and a deeper connection to God.

NEW



### WHAT WE'RE STUDYING THIS SEMESTER: **Be Still and Know (A Well-Ordered Life Series #4)**

You've likely heard the phrase, "Be still and know that I am God." This beautiful message from God Himself is found in Psalm 46:10 and is brought to life in countless stories of the Bible where God is not found in loud, sweeping movements, but in the quiet promptings we feel when we humble ourselves before Him. But what does that look like practically? How are we to be still amid a never-ending to-do list and a

fast-paced life? And when we do stop and listen, what are we listening for? How do we know we are doing it right? How can we distinguish the voice of God from our own desires?

In the 4th installment of “The Well-Ordered Life” Study, we will explore the practices of silence and solitude. Through an examination of the Bible, the writings of the early Church Fathers and Mothers, and by way of a lot of clumsy practice, we will begin to train our hearts, minds, and souls to be still in God’s presence and to listen for His voice.

*4-Session Course, offered both in person and online*



### **Brothers and Sisters (A Well-Ordered Life Series #5)**

The apostle Paul wrote many of the letters found in the New Testament of the Bible. We can see many themes in his teaching, but one theme that spans all of his letters is the idea of the Church as a family. He referred to other disciples of Jesus as “brothers and sisters” more than 130 times in the New Testament, alerting us to the importance of familial love, respect, and care being lived out in the Church. In the 5th series of “The Well-Ordered Life” Study, we will examine what Christian community truly entails. Specifically, we’ll talk about how we might live as a community beyond Sundays, and with people dissimilar from ourselves. We’ll dive into some of the ways we can care for others as a reflection of the community that exists within the Triune God we aim to serve. Only then can we truly carry out God’s vision of the Church as a family.

*4-Session Course, offered both in person and online*





## **BABY STEPS: BEGINNING THE PARENTING JOURNEY WELL**

**(FOR PARENTS OF NEWBORNS TO 18-MONTH-OLDS)**

Congratulations on entering the wonderful adventure of parenthood! So, what exactly did you get yourself into? More importantly, what kind of parent does God want you to be? In this class, we focus on you as the parent – celebrating your call to be a mother or father and helping you to understand the spiritual impact that you will have on your child. And as your church, we'll walk you through all the ways in which we aim to support you as you seek to raise your child in a Christ-centered home. Together, we will help you dream big for your child and learn how to make those dreams a reality.

*Single-Session, Online Course (required for any family wanting to participate in the Baby Dedication ceremony)*





## THE BIG PICTURE BIBLE STUDY

### RECOMMENDED PREREQUISITE: EXPLORING THE BIBLE (ON DEMAND)

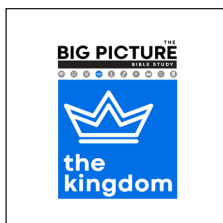
The Big Picture Bible Study is an in-depth, chronological study of the whole Bible. In its entirety, it comprises 10 separate studies spread out over a two-year time frame. Students can enter the Study at any time.



### WHAT WE'RE STUDYING THIS SEMESTER: **The Land (Series #3)**

After Adam and Eve got kicked out of the Garden of Eden, God made His people a promise that He was going to give them a land flowing with milk and honey to possess and bless: the Promised Land. The only problem? Other people already lived there. In this 5-week series, we'll dig deep into the books of Numbers, Joshua, Judges and Ruth as we examine the conquest and settlement of the Promised Land, as well as the people's spiral into disobedience. As we study this bloody period in our faith's history, we'll learn a lot about God and about the heart of humankind.

*5-Session Course, offered both in-person (with a live-streamed option) and online*

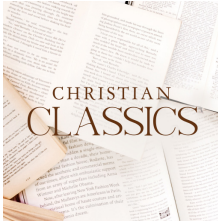


### **The Kingdom (Series #4)**

After God's people inherited the long-awaited Promised Land, they quickly turned away from Him toward the temptations of the pagan cultures around them. It didn't take long for them to realize what a big mistake they made as they spiraled deeper and deeper down into a pit of immorality and self-destruction. Desperate for help, they cried out to their forgotten God, pleading for Him to appoint a king who would lead them and rescue them. In the fourth series of the Big Picture Bible Study, we'll dive into the books of Samuel, Kings and Chronicles as we

look at the dawn of the monarchy, the dividing of the kingdom, and the fall into exile.

*5-Session Course, offered both in-person (with a live-streamed option) and online*



## **CHRISTIAN CLASSICS: ENGLAND, MY ENGLAND**

George Bernard Shaw once quipped that “England and America are two countries divided by a common language.” And, although we may smile at the Brits with their car “bonnets” and “boots” (our “hoods” and “trunks”), we know that there is much more that unites us than divides us. This is certainly the case when it comes to our religious beliefs. In his poem, “England, My England” the British poet W.E. Henley described England as “the chosen daughter of the Lord.” And like many of his era, he embraced the idea that England was divinely chosen to pass along the Christian faith to the world. In this class, we will examine the English roots of our Christian heritage not only through classic works of English literature such as the “Dream of the Rood,” “Dover Beach,” and “God’s Grandeur,” but also through Christian influences on Britain’s art, music, and architecture.

*5-Session, In-Person Course*



## FINANCIAL SENSE

### FINANCIAL SENSE

As pervasive as money is in our everyday life experience, very few people have ever learned how to truly manage money in a way that honors God and that helps them make wise financial decisions throughout their

entire life. You might have learned the value of a dollar in your youth, but do you know how to have a healthy relationship with money? In this comprehensive money course led by financial professionals and money-wise teachers, we will explore:

- Basic financial principles and how to build credit
- Budgeting
- Getting out of debt
- Saving for college, retirement and home purchases
- Investing
- Generosity and estate planning
- Insurance
- and more

*7-Session, In-Person Course*

## HEALTHY CONFLICT

### HEALTHY CONFLICT

There are few words that elicit a more emotional response than the word “conflict.” Some love conflict and even go looking for opportunities to argue. Others get a sick feeling in their stomach at the very thought

and avoid it like the plague. Conflict, though, is an inevitable part of life in this world of imperfect people. We frustrate, disappoint and even hurt one another. So, how do we navigate conflict in a healthy and helpful way? Does the Bible have anything to say on the matter? In this two-session, online workshop, we’ll define healthy conflict, explore a range of conflict styles, and walk through seven steps that will help us engage conflict in a way that’s marked by love.

*2-Session, Online Course*



## HOW TO ENJOY READING YOUR BIBLE

If you're a Christian, you know spending time in the Bible is important. Yet so many of us struggle to read it regularly. It feels like just another task to check off our list. We may even feel guilty if we miss a day or don't keep up with our self-imposed reading plan. What if reading the Bible, though, wasn't something we felt like we ought to do, but something we actually enjoyed doing? That's what this class is all about – getting from “I ought to read the Bible” to “I can't wait to read the Bible!”

*3-Session, Online Course*



## JOURNEY TO EASTER

Easter celebrates the most significant event in Christian history, but often because of its lack of a fixed date on the calendar it seems to pop up out of nowhere. What if Easter isn't simply meant to be an event but rather a journey? Enter Lent. Lent is an ancient practice that takes us on that very journey, preparing our hearts and minds to both savor Easter and respond to it in transformative ways. In this single-session class we will talk about the intention behind Lent and how you might enter into your own Lenten practice.

*Single-Session, Online Course*





## LET'S TALK ABOUT... (NAVIGATING SEXUAL WELLNESS WITH PRETEENS AND TEENS)

There are so many aspects of our children's lives that greatly differ from our experience growing up. From technology to friendships, the cultural landscape has drastically changed the way our kids experience adolescence and the teenage years.

Join Pastor Jonathan White as he dives into how all of these things affect our kids' understanding of sex and the various hurdles middle and high schoolers are navigating. He will discuss what parents need to know about pornography, masturbation, sexting, sex in a digital world, and how we can broach these awkward subjects with our preteens and teens in a healthy and open conversation.

*Single Session, In-Person Course*



## MARRIAGE PREP

Marriage Prep is a course designed to help couples get ready, not just for the big day but for a lifelong, Christ-centered marriage. If you are planning to be married by a Meck pastor, Marriage Prep is a required part of our premarital process. However, we encourage any engaged couple to participate.

*6-Session, In-Person Course*



## MONEY GOD'S WAY

Jesus talked about it more than prayer. He also talked about it more than faith. Why would Jesus put such an emphasis on money? Does He want us to be rich? Does He want us to give everything away? Wherever you are with money, this online class is designed to put a new perspective on the topic so you can learn what it means to manage money God's way. We'll unpack budgeting, debt management, insurance, investing and more in a practical, yet biblical way.

*Single-Session, In-Person Course*



## SANCTUARY

The topic of mental health has increasingly become an important part of the cultural conversation in recent decades – and rightly so! But does the Bible have anything to say to those struggling with their mental health?

Does it give any guidance to those trying to support a loved one who's struggling? What about just general guidance for paying attention to our own mental health? How should the Church be creating space for open and compassionate conversations surrounding mental health? In this series of seminars, we'll explore all of those questions and more.

*6-Sessions, In-Person Course*

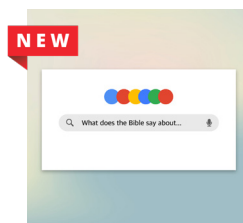


## TEAM LIFE

Ready to join the team at Meck? Take Team Life. Learn more about Meck: where we've been, where we're headed, and the mission, vision and values that make us unique. This place is full of people from so many different

spiritual backgrounds. So, whether you're new to church or have been attending for years, join us for Team Life and discover the heart of Meck and what it means to be a member of the team.

*Single-Session, offered both in-person and online*



## WHAT DOES THE BIBLE SAY ABOUT...?

The Bible is the source of truth for Christians, and it informs a worldview that influences how we make decisions, treat others and understand the meaning of life. This

semester, the Meck Institute is taking over the online campus once a month during the lunchtime hour to explore what the Bible says about a whole range of things – from forgiveness to our physical bodies, from singleness to vocation and calling, and more. You don't even have to register. Just join us in the online campus and get ready to dive in!

*Monthly, Online seminars*

# THE HEART OF A MOTHER



IN-PERSON SEMINAR WITH MECKIDZ DIRECTOR  
**Susan White**

## THE HEART OF A MOTHER

The Institute is proud to invite Susan White, director of MeckKidz, mother of four, and grandmother of 16, to lead a special in-person seminar for mothers. Navigating motherhood in today's world, with the increasing amount of pressures we experience, is challenging (to say the least). She'll help us keep the vision of motherhood clear in our hearts and minds as we seek to navigate motherhood in the modern world. With Q&A and time for table discussions, this will be a rich time for connecting with Susan and many other mothers at Meck.

*Single-Session, In-Person Seminar*

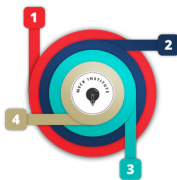





## WORRY-FREE PARENTING

In three decades of counseling kids and families, Sissy Goff (LPC-MHSP) and her team have never seen kids as anxious as today. But they've also never seen parents as anxious—or feel as much pressure—or even as much like failures as they do today. In this live, online seminar with bestselling author Sissy Goff, she's going to do just that. Sissy will talk about the unlikely ways anxiety impacts us and, in turn, the kids we love. She'll offer practical, easy-to-implement ideas that you can use today to stop those anxious thoughts in the moment. And she'll talk together about some foundational truths that can free you to not only parent with more confidence, but to be the parent you truly long to be.

*Single-Session, Online Seminar*



# MENTEE AND MENTOR

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## OVERVIEW :

The Christian life is a life of transformation. The apostle Paul described it this way: "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" (2 Corinthians 5:17, NIV). And yet this life change doesn't happen in isolation. Instead, God delivers us from a life enslaved to sin and into a community of fellow believers who can encourage us, support us and keep us directed toward Him.

The Institute's Spiritual Mentoring Program allows participants the opportunity to target specific areas of spiritual growth they hope to pursue and then develop them within the context of biblical community.

This program is perfect for any Christ-follower who wants to mature their relationship with God, connect with others with similar goals, and who is willing to learn from a mentor's guidance and accountability.



## STRUCTURE :

Participants are placed in small groups (3-5 participants or couples) under the direction of a volunteer spiritual mentor. While the mentors are not professional counselors or sinless examples, they have walked a similar road and are able to provide the wisdom of experience, hindsight and reflection. Additionally, they serve as guides, helping participants seek God's counsel to become aware of opportunities for growth, establish a strategy to achieve specific goals, identify obstacles that might derail one's focus, and keep participants focused on God throughout the process. Specifically, mentors are available in the areas of:

- Marriage
- Parenting
- Spiritual Formation

The Spiritual Mentoring Program is structured with monthly meetings spread over the course of seven months. We offer a Spring Rotation (from March through September), as well as a Fall Rotation (from September through March), combining one-on-one and group meetings.

## PARTICIPANT EXPECTATIONS :

In addition to attending the monthly meetings, participants are expected to complete personal reflection assignments and preparation exercises throughout the program. Participants are required to apply for the program and will be selected based on suitedness and availability. For marriage and parenting mentoring, both spouses must be present unless in a single-parent home. If selected, participants will receive training and more specific details about the program. Mentor and mentee applications will be accepted from August 12, 2025 to February 7, 2026 for the Spring Rotation.

**Questions? Email [meckinstitute@mecklenburg.org](mailto:meckinstitute@mecklenburg.org)**

# MeckInstitute FAQ

## GENERAL

### **Are classes only for people who attend Meck?**

No! Meck Institute classes are open to anyone and everyone to attend. Some classes are age-specific (noted in the class description); otherwise, there are no restrictions. In fact, we encourage you to invite friends, family, coworkers, etc. to attend with you.

### **How much do classes cost?**

Most classes are completely FREE. Only a handful of classes require a small fee to cover material costs.

### **What supplies do I need to take a class?**

Most of our classes will have an accompanying workbook, which will be provided for you. You'll have the option when you register to have yours emailed to you as a PDF, shipped to you, or you can pick it up at Meck's campus in Charlotte.

### **Are classes in person or online?**

Both. We offer in-person, live streamed, online and on-demand classes. The format of each class is indicated in the class description. Here's an easy breakdown:

- In person classes take place live in a physical classroom at Mecklenburg Community Church.
- Live stream classes also take place live in a physical classroom at Meck, but you can choose to attend virtually.
- Online classes are live but exclusively online, with the teacher joining you in the virtual classroom.
- On demand classes are pre-recorded and available for you to access at any time.

### **What does it mean to attend a class via live stream?**

When in-person classes feature a live stream viewing option, the teacher will be in a physical classroom with in-person students, but you can opt to participate in class virtually. You'll be able to ask questions and take part in group discussions, but from the comfort of your home (or wherever you are).

### **I registered for a class, but I can no longer make it. What should I do?**

No worries! Life happens, and we get that. Simply email [meckinstitute@mecklenburg.org](mailto:meckinstitute@mecklenburg.org) to let us know you cannot make it.

### **Do you have any volunteer opportunities within the Meck Institute?**

We sure do! We have opportunities for teachers, class moderators, content developers, administrative support, and more. Email [meckinstitute@mecklenburg.org](mailto:meckinstitute@mecklenburg.org) to find out more.

# MeckInstitute FAQ

## IN-PERSON CLASSES

### **Do you offer childcare?**

Sometimes. If you attend an in-person class on a Sunday, you can utilize MeckKidz for your children while you're in class. For weekday classes, we offer childcare for most of our parenting classes.

## ONLINE CLASSES

### **Are the online classes live or pre-recorded?**

Most classes are live unless designated as "on-demand." We believe that learning takes place best within community, and live classes provide a great atmosphere for meeting new people and forming meaningful relationships. Additionally, you'll be able to chat with the instructor and receive feedback in real time. If you're not comfortable attending live, or if your schedule doesn't afford you that option, you can always register and wait until the class recording is available a few days after the live class takes place.

### **Will I be on video?**

While we encourage everyone to have their camera turned on during class, it's not mandatory in our adult classes. We do, however, insist on having cameras on for our children's classes as an additional security measure. But don't let the camera be a deterrent to your participation. The atmosphere of our online classes is casual, so feel free to wear your pajamas, eat dinner while participating, and even have your cat join you for class as well.

### **Do I need to download any software?**

Not unless you want to. We utilize Zoom for our online classes, and you can attend a class through your web browser without downloading any additional software. However, to access the full functionality of Zoom, we encourage you to download the desktop app on your computer or the Zoom app on your phone. Once you click on the classroom link (which you'll receive via email), you'll be prompted to download Zoom if you haven't already. If you don't wish to, simply select "ignore", and you'll be able to access the meeting through your web browser.

### **Can I access class recordings?**

You sure can! A few days after class, you'll receive an email with the class recording. You'll be able to watch it as many times as you'd like for three months.

So...what are you waiting for?

**REGISTER TODAY.**

**[mecklenburg.org/meck-institute](https://mecklenburg.org/meck-institute)**



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