



HOW PATIENTS ARE AT RISK OF OVERDOSING AT HOME:

- Patients are typically given a dose of medication before leaving the hospital.
- The patient may take another dose too soon by mistake if they're in the habit of taking the same medication before bed, or if their residential community administers medications on a schedule.
- The second dose, taken in error, can send them right back to the hospital.

Yes, it happens... more often than you can imagine! Another reason why your help as a Care Partner to your loved one is invaluable!

In the hospital, there are many steps involved in making sure a patient gets the correct medication—yet, mistakes occur sometimes. Use our **Medication Record** to have a clear plan of what your loved one takes and when.

If your loved one's home is in assisted living, memory support, long-term care or rehab, make doubly sure that:

- You complete the **Medication Record**.
- Your loved one's **Medication Record** is shared with everyone involved in their care.
- The staff has several copies.
- All nurses involved in your loved one's care are aware of all medications taken the day of discharge and any changes to your loved one's prior medication routine.**
- You call to follow up** and confirm all details.

MONTROSE REGIONAL HEALTH
Caring for you differently.

MEDICINES TO TAKE AFTER LEAVING THE HOSPITAL FOR: _____ DATE: _____
(Be sure to include non-prescription medicines and other remedies used at home.)

Name of Medicine, What it Looks Like, Color (write on label, i.e. red)	Why Taking This Medicine	How Much to Take Each Time	AT WHAT TIME(S)?	How to Take This Medicine (By mouth, on site, with food, on empty stomach, etc.)	Taken at Discharge? <input type="checkbox"/> YES <input type="checkbox"/> NO Need to Be Filled? <input type="checkbox"/> YES <input type="checkbox"/> NO If yes, when? When to Take Next Dose: DAY / HOUR: AM/PM
Prescribed by Dr: _____					Taken at Discharge? <input type="checkbox"/> YES <input type="checkbox"/> NO Need to Be Filled? <input type="checkbox"/> YES <input type="checkbox"/> NO If yes, when? When to Take Next Dose: DAY / HOUR: AM/PM
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• Look up every medicine at **MedlinePlus**.
 • If 65 or older, check the **Beers List** for medicines that may be harmful for seniors to take.
 • For children, check the **KIDSA List** for medicines that may be harmful for children to take.

QUESTIONS/ CONCERNS?
Please speak up! It's okay to call a doctor later for answers, too.