

TRAVELERS VISIONARIES



Editors' Thoughts Kalina Bains

Continue The Journey
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GGCN Grandmothers commUNITY.
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We're dedicated to spreading knowledge and wisdom, and we genuinely appreciate and thank our featured partners for their amazing articles.

Just a quick note, though: all the information on the GGCN online magazine is based on the authors' experiences, so it's meant for reference only. It's not a substitute for professional services. While we try to present accurate and current information, we can't guarantee its completeness or adequacy.

Hope you enjoy exploring the content as much as I do! Contact kalinamedia.ca with any inquiries or questions

Welcome Grandmothers

This season, we celebrate the art of Kintsugi, the sacred mending that turns our cracks into gold. As grandmothers and changemakers, we are stepping into a season of change of letting go, breaking through, and becoming bolder and braver through every lived experience. Of breaking through the doubt, fear, and the silence. Of letting go of what no longer serves us. We shine brighter not despite the journey, but because of it.

I am Kintsugi Woman. I speak with the voice of every grandmother who dared to rise. I stand blessed and grateful for the journey, the healing.

To every new grandmother joining our circle: Welcome to our community. Welcome to this sacred space of story, advocacy, and transformation. Welcome to a circle of belonging, becoming, and boldness.

This season marks a powerful connection of grandmother-led movements. Continue the journey as "Grandma International" joins GGCN, deepening our global reach.

Meet the "Wisdom Keepers" of the Sacred Guardians and see items in our October Auction. Stay tuned as we unveil new campaigns, circles, and collaborations. The movement is growing. The grandmothers are gathering. And the future is listening.

This is the spirit we carry forward in the Global Grandmothers Council Network. This is the story we continue to write, together.

Let your light lead. Join the circle.

Lalina Daing
Editor of GGCN Magazine





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A B L E

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C O N T E N T c





TOGETHER, WE DON'T JUST MAKE CHANGE,

We Become It?

YOUR WISDOM IS NEEDED,
YOUR VOICE IS POWERFUL
THIS IS YOUR TIME TO RISE,
SHARE, AND BE SEEN.
TOGETHER, WE LEAD. TOGETHER,
WE CHANGE THE WORLD.



GONTAGT US

Each month, Global Grandmothers Council
Network honours a remarkable grandmother
who empowers and inspires. She leads by example,
showing that life is a continuous journey of
growth, love, and resilience.

Her impact reaches beyond her own experiences; it shines in the lives she touches, the hearts she strengthens, and the stories she helps shape.

Through her wisdom, she nurtures confidence, reminding us that every stage of life holds new possibilities.



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SPECIAL EDITION

Kintsugi Woman

Fragmented, we will FLOURISH. Together we RISE, Together we SHINE.

SPECIAL EDITION

ISSUE 10



* KALINA BAINS * S



SEPTEMBER 2025

THE NEW FACE OF FEMININE POWER: RISE OF THE KINTSUGI WOMAN

There's a whisper stirring in parlors and prayer circles, across sewing tables and supper chats. It's not gossip, it's gold. And it belongs to a new kind of woman.

She calls herself a <u>Kintsugi Woman</u>.



SHE REFLECTS
SHE REVEALS
SHE RISES

She may be a grandmother, a mother, a daughter. She may have known loss, shame, silence. She may have been told she was too much, or not enough.

But now, she speaks.

She wears her scars like medals. She advocates for others. She stands beside her siSTARS, not behind them.

She believes healing is not about hiding, it's about gilding what broke and calling it beautiful.

You are Not Broken
You are Becoming

To the Kintsugi Woman, every crack is a story. Every scar is sacred.

Every silence broken is a song.

She is not just healing, she is leading. She is not just remembering,

She is rewriting.

She is not just surviving,

She is shining.

And she is calling others to RISE with her.

So if you, dear reader, have

You are not alone.
You are not too late.
You are not too much.

ever felt broken, know this:

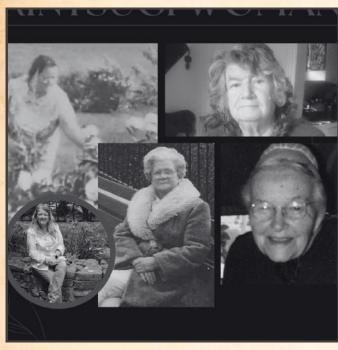
You are a Kintsugi Woman in the making.

The term, borrowed from the Japanese art of mending broken pottery with gold, speaks of something deeper than porcelain, it speaks of soul. Where others see cracks, she sees character. Where others see damage, she sees design. In a world that has long asked women to hide their pain, smooth their edges, and silence their stories, the Kintsugi Woman does the opposite.



FROM HUSH TO HEALING GRANDMOTHERS RISE.





WE WHISPER NO MORE WE ROAR TOGETHER

It appears a new kind of woman is stepping out from behind the lace curtains and into the light. They call themselves Kintsugi Women, and let me tell you, they are not your average grandmothers. As a grandmother, I often reflect on the lives of my mother and grandmothers, women whose stories were rarely spoken, whose voices were often silenced.

They lived through decades where wanting more was shameful, sinful, and silenced. Where truth was only whispers, and where survival meant silence. Especially if you were Mennonite. Like me and my grandmothers.

Now, we are the daughters with grandchildren of our own. We, too, have questioned ourselves and silenced truths as kintsugi women. We are finding our voices, not just for ourselves, but for those who came before us, and follow us. We speak our truths, transparently, with love guided by passion and spirit, we RISE! We are Kintsugi Women, whole, even in our brokenness. we are no longer silent.

We speak now, for the Kintsugi GrandmOTHERS
For years, she lived in the shadows, her voice unheard, her brilliance beneath layers of duty, shame, and silence, hidden

She was my grandmother.

She was my mother.

She was me.

KALINA BAINS

WE ARE THE DAUGHTERS OF SILENCE, AND WE SPEAK NOW



They lived in a time
When wanting more was wrong.
When desires were swallowed,
When questions were dangerous,
when silence was survival.



There were things you didn't say.
Things you didn't ask for.
Things you buried deep beneath the surface of a
well-kept life.
But the cracks were always there.

Invisible to some,
but felt in the hearts of every daughter who came
after.

And now, we are those daughters.



KALINA BAINS

One such trailblazer, known in certain circles as Kalina, Kintsugi Woman has been rallying the siSTARS, to RISE and speak. Her message? That every crack in a woman's life is not a flaw, but a feature. A golden seam of strength. Bolder and braver

Listen to her "Why?" here!

_These women are advocating for one another, standing shoulder to shoulder, and daring to say what their mothers and grandmothers could not.

"They told us to be quiet," one Kintsugi Grandmother confided.
"Now we're writing our own headlines."

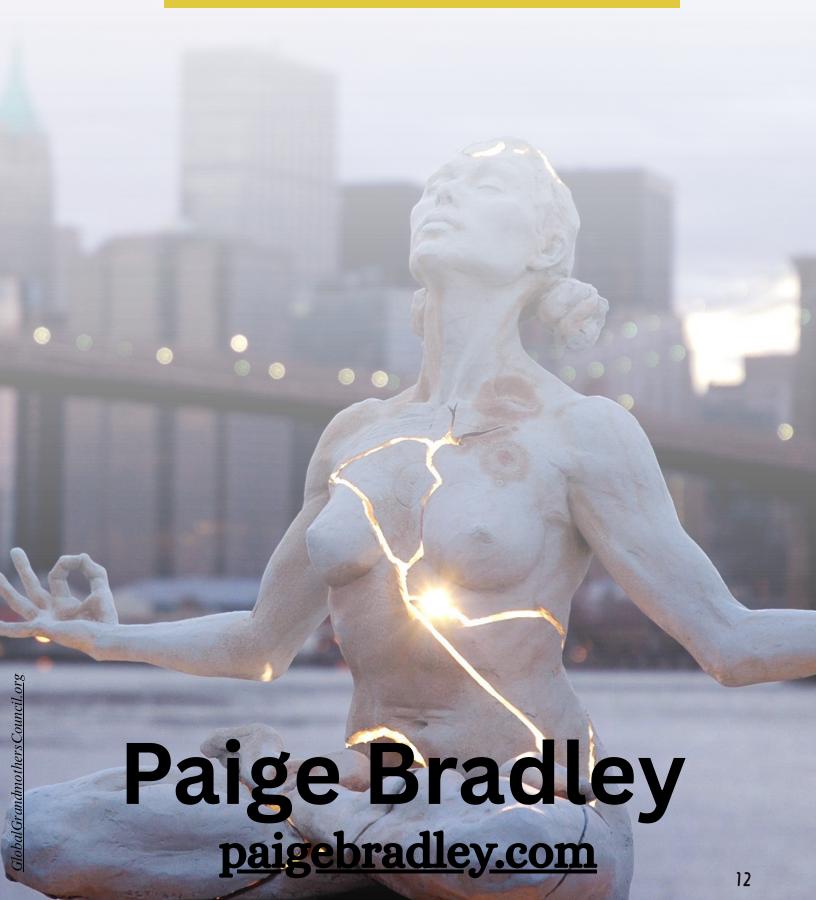


To learn more about the Kintsugi movement or to share your own story of resilience, write If you've got a story, a crack, hello@kalinamedia.ca or a cause worth gilding, send it to Kintsugi Woman We're listening now.

Subscribe to youtube.com/@kintsugiwomanrise



"EXPANSION



If you're in a season
of breaking or becoming,
You are a
Kintsugi Woman

The heartbeat of my
Kintsugi Woman woke up
back in 2005, after my separation.
I saw the sculpture "Expansion"
by Paige Bradley that changed
everything. It wasn't just art;
it spoke to me. Whispered, really.
Like a girlfriend saying,

"You're not broken, You're being revealed."

A crack revealed the gold. Just like <u>the Golden Buddha</u>, hidden beneath clay for protection, until one fracture uncovered its brilliance.

That's what <u>Kintsugi Woman</u> became for me, a reminder of decades spent shattered, silenced, surviving. Not defeated, just waiting to be revealed.

When I saw <u>Expansion</u>, I saw myself, cracked open by life. Glowing from within. Healing not through perfection but forgiving myself and others, learning to love, and trust myself.

Look at the cracks.
They're not flaws.
They're invitations.
Look within. Find your gold.

You're not alone. You're becoming.

<u>Kalina's Why</u>



There was a time I wore coverings

Not just fabric, but layers of shame, sin, and silence. Raised in a world that taught me to hide, I learned to disappear, to obey, to shrink.

But something sacred stirred. A whisper from within. A knowing that my cracks weren't curses, they were invitations.

I began to peel back the layers. I forgave myself. I thanked the journey. I trusted my body, my mind, my spirit.

And then, I found Kintsugi.

I didn't just remove the coverings.
I replaced them with healing.
With self-love. With transparency.

I am not what they tried to cover.

Not hidden. Not hushed.

Shine bolder, braver, speaking your truth.

Becoming. And finally, heard.

This is the journey of a Kintsugi Woman.

And it's yours too, if you're ready.

Dear Grandmother, Sistar, Woman
If you've ever felt covered in shame,
If you've ever silenced your truth,
If you've ever questioned your worth

You are not what they tried to cover.
You are the gold they couldn't hide.
You are the voice they couldn't silence.
You are the voice for the voiceless.
It's time to choose YOU!
Trust yourself, and love yourself.

Speak your truth. Write your story.

We rise together!



Kintsugi Woman Rituals & Reflections

Kintsugi Woman Rituals & Reflections is an offering of healing, remembrance, and reclamation. Each day invites you to celebrate, pause, and reflect on the cracks that shaped you. Through simple rituals and soulful prompts, we RISE together.

1: Cracked Open

Ritual: Light a candle and name one crack you carry with love.

Reflection: The breaking wasn't the end. It was the beginning of your becoming.

CTA: Share your crack story or journal it privately. Your truth is sacred.

2: Golden Threads

Ritual: Write down three moments where pain led to beauty.

Reflection: The gold isn't what you lost, it's what you found inside the loss.

CTA: List three things you're ready to release. Let them go.

3: Reclamation

Ritual: Speak aloud one truth you were once afraid to say.

Reflection: This is not just remembrance. It's reclamation. You are allowed to rise.

CTA: Tag a sistar who's reclaiming her voice. Let her know she's not alone.

4: Legacy Rising

Ritual: Place your hand over your heart and whisper the name of a woman who shaped you.

Reflection: Her story lives in you. Her strength pulses through your veins.

CTA: Honour her in your journal or share her name in the comments. Let her light rise.

5: Presence Over Perfection

Ritual: Sit in silence for 3 minutes. Let the cracks breathe.

Reflection: Healing isn't about being flawless. It's about being fully here.

CTA: Place your hand over your heart. Feel your becoming.

Let this be your reminder: You are not stuck. You are shifting. You are not broken. You are becoming! You are not small. You are rising. The clay chrysalis was your sacred shelter. And now, as it splits, you SHINE!.

Walk alongside me for a while...

The labyrinth of my life curves, turns, and twists, but it always leads me deeper, cracking me open.

Each curve, and unexpected turn brought me closer, not to perfection, but to the woman I was becoming, not despite the breaking, but because of it. To self. There comes a moment when the path no longer leads outward, but inward, and the whispers of the soul grow louder.

This is the beginning of the labyrinth, not a place of confusion, but of initiation guided by passion and spirit, our internal GPS. Here, I meet myself. Wounded. Wise. Whole.

Each twist and turn is a conversation with my past, each pause a whispering of my truths. I entered not to escape life, but to reclaim it. I have stumbled. I have knelt. I have wept. RISING!



I was born into a conservative Mennonite family. The first of eight siblings. Epilepsy, grand mal seizures, until I was 18. I dropped out of high school. I rebelled. I was the <u>purple sheep</u>, different. than others. Leaving the community, naive, finding myself.

I continued the labyrinth, another corner in my life to turn.

I worked retail. I married a Punjabi man. We had two children. Later, after having my children, I returned to college as a mature student, worked in offices as an Admin. Life was busy. We built a life. Became a grandmother.

And then, turning another corner, I broke.

A car accident. Divorce after thirty years. Daughter with squamous cell carcinoma and thyroid cancer and so much more.

The labyrinth twisted again.

I didn't know where I was. What to do. But I kept walking. Step by step. Shedding the old self, breaking through. I started over. On my own. No map. No guarantees. Just faith, trusting myself, I was ENOUGH. I stepped into healing. Not the kind that promises quick fixes, but the kind that asks you to sit with your soul and listen. INHEALING, EXHEALING. I entered a coaching program. Not just to learn, but to unlearn. To peel back the layers. To love myself again, to reinvent myself. I believed I was enough.

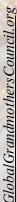
Another corner turned

I found love again. A new life partner. Someone who saw the gold in my cracks. Not the polished version, one, but the woman still chose to let go and speak the words that needed to be heard.

Continuing the journey with me

In the summer of 2024, I went to the cottage on vacation, but bronchitis had other plans. Stuck inside, I found GGCN on Facebook and connected with Mayana. That conversation led to a newsletter, and then I said, "I could make a magazine." I'd never made one before. Finding purpose to share stories, empower women grandmothers, and create a space where our voices would be heard. I am here. Not where I expected to be, but exactly where I'm meant to become. With a magazine born from a movement sparked by connection, and a heart wide open to the stories still unfolding. Each step is becoming. Each turn, a reminder: creation doesn't need credentials, just courage. And so it began and continues.

I am Kintsugi Woman. I am the gold. I am the story still unfolding and we are just beginning. Bolder, Braver Boomers with a gray tsunami of grandmothers.



Fractured we Flourished

Together, we create a tapestry of healing.

Together, we mend the broken pieces.

Together, we rise stronger.

Together, we mend the past and build the future.

Grandmas in my life, I know you, I have been you.

You were broken, fragmented, and cried tears of hope, fear, and love. You died to self so the ones you loved would have what they needed. You did without unselfishly and broke a little more for yourself. YOU dreamed, you BELIEVED

NOW is your time to SHINE YOU have found your VOICE YOU have learned to say NO YOU know you are ENOUGH

I was with you through the tears, I read your stories, I saw you break through the "WHAT IF'S" and let go of another layer of FEAR. YOU let go and stopped listening to what your grandparents said, your parents said, your religion said, your culture said, your friends said. YOU started listening to your heart, the innate whispers of self that loved you and believed in you. YOU began trusting yourself and didn't care what others thought.

YOU became the woman you needed and wanted to be!
YOU BECAME AND ARE STILL BECOMING



We are a community of gray tsunami grandmothers who were bohemians, hippies, <u>purple sheep rebels</u>.

WE ran away, searching for more. We sensed the silence growing, the disconnect deepening. And then we watched as everything we loved, our children, our relationships, our sense of self, was torn apart.

WE cried, hid, we lied, we pretended, wearing masks.
WE FORGOT WHO WE WERE!
WE FORGAVE EVERYONE ELSE BUT OURSELVES.

We cocooned for decades, we drank, we took pills, we abused ourselves, let others abuse us, and forgot WHO WE WERE, crying tears, and sleeping our lives away. wearing masks. We lost ourselves, forgot who we were, died again to self, and let others take advantage as we smiled and died to self over and over, with scars being opened again, our lives being shattered again. The betrayal, lies, of self to our bodies, minds, and lives of nothingness, forgetting we deserved more, needed, and wanted more? Broken, we are beautiful. Fragmented, we have flourished.

We are Kintsugi Woman
We are BE.YOU.TIFUL
We are not broken, we are REBORN
We are HEALED
We are ENOUGH
We are POWERFUL
Are you ready? Have you had ENOUGH?
BELIEVE in yourself, TRUST YOURSELF.

Remembering where we have been. It has been a journey of chrysalis rebirth and many do-overs.

From a form girl with a very conservative

From a farm girl with a very conservative background. Fractured I have flourished. You are a powerful be.YOU.tifil Kintsugi Woman.

Kintsugi Woman Kalina

<u>Kintsugi Woman</u> is a platform for reinvention and celebration. A sacred space where we honour the journey, cracked, golden, and whole. We listen to our inner GPS, guided by passion, spirit, and ancestral wisdom.

Here, we heal our daughters, ourselves, our pasts. We rise, stand in our power, and speak with voices that echo across generations. Fractured we FLOURISHED. Where women remember who they are, and become who they're meant to be.

We celebrate the journey, and the stories that shape us, those who walk this labyrinth with us. Thank you for finding center, for rising braver and bolder, and for using your voices to empower and inspire through our <u>GGCN magazine</u>.

Now, as editor of GGCN, my heart invites all grandmothers to shine brighter, bolder, raising their voices in truth, tenderness, and power.

Together, we are not just healing, we are leading. We are building a legacy that whispers to the next generation: You are becoming. You are worthy.

To every young girl pushing through her chrysalis, breaking the clay. To every woman learning to trust her voice. We rise with you. We believe in you. We walk beside you.

If Kintsugi Woman resonates with you, let's connect and walk this journey together. Check my links below:





Balance within, brilliance beyond.

Celebrating and empowering others who lead from within, grandmothers who rewrite their stories, and changemakers who RISE!



- Who Are We Really?
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- Kintsugi That
- Elders of the Breaking
 Mayana Kingery (Mama Tink) Page: 32-33
- The Responsibility of a Healer Millie America Page: 26
- Is Selfishness Really Such a Bad Thing?
 Victoria Savage Page: 36



Volunteer - Walk With Us



I don't think I thought much about "personality" until Jr. High. During that period of my life, it was important to have "A good personality". I believed this meant that it was important to be sweet and kind to everyone! In that I was trying out for cheerleader, which honestly was a popularity contest (although I had a good jump and could do the saddle splits), it was imperative to at least have the appearance of a "good personality"!

As I became more self-aware, I knew that I sought out a "good personality" to make friends and influence people. I did not see it as qualities I innately possessed, but behaviors I needed to exhibit! I didn't want feelings of anger, resentment, jealousy, and passive aggression to sneak into the persona I was crafting!

In college, I knew I was achievementoriented, humorous, playful,
condescending, self-important,
sarcastic....How was I to manage all
these characteristics and continue to
see myself as having that "good
personality"? My experience didn't
crystallize in any form I could easily
manage! It really wasn't until graduate
school when I took a "Use of Tests in
Counseling" course that I began to
have a more tangible means of
explaining personality and
understanding my own personality.



I have a distinct memory of sitting in the living room of my townhouse with one of, my graduate school friends agonizing over our personalities! We had our assessments for the 16 PF, MMPI (Minnesota Multiphasic Personality Indicator), and others, laid out all over the floor as we determined...with tears and regret, that we were hopelessly screwed! We both did go on to receive "As" in that course, as we came to realize we were a whole plethora of traits that were distinctive as we compared ourselves to others. We were challenged to embrace them all and others without judgment! It is all about integration, isn't it?

As I went on to become a Career Counselor, I became an ardent believer in the Myers Briggs Type Indicator (MBTI). Based on the work of Carl Jung, this assessment spanned 16 personality types, presenting them in a positive light with strengths and liabilities. This instrument was a means I could use to help clients understand themselves and find a career/job match that they were best suited for according to "their Type". I was...and I am...a proud ENFP (Extroverted, Intuitive, Feeler, Perceiver). But this was just the starting point in my selfacceptance



During this same period of time, while in my 30s, I became interested in Astrology. I was fortunate to study with a master Astrologer, Bonnie Armstrong, who sent in for my Birth Chart and helped me better understand my Piscean nature! With the influence of Dr. Christine Page, I became a believer in numerology. I embrace my profile 5-1-4-5! I feel, now, that assessments and personality inventories offer us a window into our behaviors, motives, and emotions. Each instrument is like a snapshot in our personal scrapbook, illuminating part of who we are without limiting us or defining us. We can become short-sighted in accepting any of them wholeheartedly, and it is especially harmful to accept them as labels for ourselves or others. This can create division and derision, much as the labels of Democrat and Republican now divide us!

It is only when we open to our soul component, a loving presence that resides in each of us, that we can embrace each other as equals. We are so much more than we can even possibly imagine. Loving ourselves in totality, flaws and all is the path towards enlightenment that I believe we all can aspire to. We are made of some of the same materials of stars! We are meant to be here on this earth at this time to resonate with brotherhood and sisterhood and to broadcast a love that is our birthright. I know it is important to love our humanness as well as our divinity! We are stars in our own universe and we are infinitesimally enough!

Cindy Heider Kaliff MA is a retired Career Counselor and Grandmother to five! She is a Martha Beck Life Coach, Shiloh McCloud Intentional Creativity teacher and graduate of Christine Page's Navigating the Soul's Journey. She is a Muse painter. (See her Images of the Divine Feminine that are available for purchase in the April GGCN Magazine. She has been a happy resident of Costa Rica for the past four years. She invites you to enjoy a personal retreat with her in Costa Rica (Ad. in March GGCN Magazine. You can reach her at cindy@careerlifeoptions.org, Whatsapp: +506-894-79505



Cindy Heider Kaliff

CINDY HEIDER KALIFF

Painter, Art Retreat Host, Intuitive Guide (MA)

CREATOR:

 MUSE PAINTINGS OF THE DIVINE FEMININE WITH PASSION, POWER & PURPOSE

 MUSE EMPOWERING GREETING CARDS

HOST:

TRANSFORMATIVE ART RETREATS

 SHARED SPACE VACATION GETAWAYS

 BASED IN DOMINICALITO, COSTA RICA

GUIDE:

 TEACHINGS ON INTENTIONAL CREATIVITY, INTUITION & INSIGHT

 PRESENTER OF MOTIVATION, EMPOWERMENT & TRANSITION



Cindy Heider Kaliff

I loved the theme for this month, Kintsugi, the Japanese art of repairing broken pottery with gold, making the object more beautiful for having been broken. What a perfect way to talk about the things in life that fracture us. I have learned that being broken can reveal hidden strength and bring out gifts one might never have discovered if things had not gone wrong.

The Breaking Point G - Hacked and Shattered

While attempting to step out more fully into the world with my gifts, I got hacked, scammed, and hacked again. I'm not exaggerating. It felt like being punched, over and over.

Two years ago, after 31 years of steady one-on-one healing work, mostly referral-based and guided by Spirit, I stepped into a womenrun mentorship program to learn how to show up online. I built groups, ran Inner Mastery classes, and for the first time in decades, I was reaching thousands of people. I invested time, money, and heart into this new way of serving. Then, as I neared the culminating push of a year-long program, the rug was ripped out from under me. My Facebook pages were shut down. I could not reach a single human at Facebook. My students, my community, the momentum of a year's work, gone. It felt, quite simply, like death.

By Kelley Springer Inner Mastery Teacher



How They Did It — The Criminal Current Beneath the Surface

What followed was a hard, humiliating education in how opportunistic and organized these criminals are. At first, I tried every trick suggested in online YouTube tutorials, Reddit threads, and every help link I could find, but the stories I read were terrifyingly familiar: dozens, even hundreds of people reporting the same sudden losses.

I heard from friends, one healer and published author who'd lost pages with 30,000 followers built over 20 years, never to be restored. I realized this wasn't a glitch. This was an epidemic.

Facebook's official help is one link:

facebook.com/help/hacked. If that doesn't work, you're essentially on your own. That vacuum of human support created a feeding ground. Criminals set up shop pretending to help. One "white hat" in a Facebook group offered to help for \$50. Another person posing as support tricked me into allowing remote access to my phone. Then came the call center scam. I found a number claiming to be Facebook support; the person on the line convinced me I had been charged \$12,000 in crypto. They guided me to look at my phone, to follow the steps they promised would "fix" it, and while I watched, they installed software that gave them control. They coached me to purchase crypto to cover "charges" and sent the funds to wallets they controlled, untraceable and nonrefundable. I lost \$1,500 that day everything I had in that account, and it felt like being gutted.

That was only one of six hacks I experienced.

Everywhere I turned, more people were falling into the water, searching souls who thought they were contacting support and instead were led into a net. The predators used compliments, urgency, and the illusion of official authority to make the con feel true. They were professionals, operating in call centers, trained to harvest money and identity.



The Wound

- Heart, Mind, and Soul

I report these details not to sensationalize but to warn and to name the grief. The emotional fallout was deep. I cried, I raged, I felt embarrassed and violated. I filed police reports, reported identity theft to the government, called the IRS and DMV, froze bank accounts and credit.

The process of recovery became a second fulltime job. It's easy to develop a kind of PTSD after this; every suspicious email triggers a rush of fear. Thankfully, my banks and institutions eventually helped me recover funds. Not every story ends that way. I know others who never saw their communities again. That loss, the personal relationships, the reach, the work, stung the most.

The Turning Point - Choosing Empowerment

After weeks of exhaustion, I had a choice: stay a victim or become the architect of my own repair. I chose the latter. I decided I would not put my life's work on someone else's platform where I had no human recourse. I searched for an all-inone solution with live human support and found Course Creator 360. It felt miraculous to talk to problems and to have a safety net I could trust.

real people who could help me with tech problems and to have a safety net I could I changed my number. I built a brand-new website. I taught myself new platforms ar software. I took back my messaging and r community. I reached out to students the could, rebuilt enrollment, and started again the ground up. On my 63rd birthday I made I changed my number. I built a brand-new website. I taught myself new platforms and software. I took back my messaging and my community. I reached out to students the best I could, rebuilt enrollment, and started again from the ground up. On my 63rd birthday I made a rose offering to the River Mother and felt held in a way that felt like permission to start anew.



The Golden RepairRebuilding with Conviction

Rebuilding required both stubborn practical work and a soul-deep repair. I learned a new platform and the tech I once feared. Built a new website that I own and control. Restructured my practice into a nonprofit ministry, with legal and organizational foundations that protect my work and mission. Set up courses, scheduling, and workflows that allow me to serve without being dependent on a single corporate algorithm.

Spiritually, my practice shifted deeper toward the Divine Celestial Mother, with a fiercer readiness than I had ever known. The break forced me to refine what truly matters in my work: presence, integrity, and real human connection.

The Beauty of the Break -Transformed Direction

The rupture that felt like ruin became the doorway to transformation. My offerings expanded beyond private sessions into a Mother School and formal training program for healers I am now developing. I am building systems that hold people tenderly and robustly, both online and in real time, to ready myself for greater flow, success, and interactions as I grow.

Like a Kintsugi bowl, the breaks are not hidden. They are the places where the gold has been poured in. The story of being broken and repaired is now woven into everything I teach and offer.



Closing - A Message for Other Grandmothers

If you are reading this and have felt the shock of being violated, online or off, know this: you are not alone, and the crack is not the end of the story. Take practical steps: back up your contacts outside of social platforms, use two-factor authentication with caution (and ensure recovery methods are in a place you control), keep trusted tech-support contacts who are verifiably real, and report identity theft immediately. But also permit the grief, tell the story, and let your golden repair be visible.

Our scars are not signs of weakness. They are the sacred gold lines of our resilience, shining with the beauty of what we have endured and who we have become.

Kelley Springer is the visionary Founder of Love Wisdom Power Paths to Wholeness, a non-profit devoted to Divine Celestial Mother-Source and the White Rose Path of Purity and Light, with a rich tapestry of skills and 33 years of experience.



Kelley is renowned as a Spiritual Counselor, Elder, wise woman, and an initiated Water Mother, Clan Leader, New Earth Leadership Teacher, and Grandmother Council. She is a core council member and board member of the Global Grandmother Council Network and a featured contributor to the Global Grandmother Council Network Magazine. Kelley's latest Course, The Temples of Light Journey, takes you into your own self-empowerment relationship with the Divine Mother and Origin Temples of light to remember and awaken the deep recessed truth within us.

Go here for details on her courses and offerings:

lovewisdompower.org/courses

Visit here website:

lovewisdompower.org/

Kelley Springer



KINTSUGI THAT!

Working with Kalina Bains this month has deepened a truth I've practiced for years: our brokenness, when honored, becomes our greatest treasure. I have a long habit of diving into my shadow realms, mining each hard experience for the quiet lessons hidden beneath the pain. There have been many such moments in my life, and each one that felt like it was breaking me actually broke down my resistance to Being Me.

The process of learning from those moments has given me wisdom I would never have otherwise. Recently, during a full-moon eclipse, life handed me a cluster of those hard lessons all at once. My car broke down at the same time my beloved faced a health crisis. We are far from medical transport; our specialists were 1.5 hours away. No one we knew had a car to lend, and buying another felt impossible in our financial reality. So I declared, "KINTSUGI THAT!"

We reached out for help. In the end, it stayed in our hands to find the way through, and through a credit-card balance transfer, we bought a lovely Nissan. Not ideal, but it got us where we needed to go. In the middle of the boonies, it mattered.

Then my brother passed away in Oregon. I'd been with him recently and, though I felt the tug in my heart, I initially noticed no obvious shift inside me. That bothered me. I remembered nights when I'd gather him in from the edges of himself and tuck him in. When he didn't come to me at his passing, I said again, "KINTSUGI THAT!"

A few hours later, he came with my father. I saw them in their highest forms and remembered the agreements we made before this life: they were with me to shape me, not to shelter me. Their absence of protection in this life forced me to grow a certain resilience; now, from beyond, they stood behind me, a new kind of support. A strength rose in my spine I'd never had before, comforting, healing, and rippling outward to my

During the eclipse I also saw, plainly, how I self-sabotage.

"KINTSUGI THAT!"

I fill the cracks with grace and mercy; I let the gold of awareness run through every fissure. The repair becomes the adornment. I become more wholly myself and a work of Art.

"Our brokenness, when honored, becomes our greatest treasure."

"I fill the cracks with the gold of grace and mercy."

"Their absence of protection in this life forced me to grow a certain resilience."

Elders of the Breaking

We came into a broken world
of wars and genocide
We came to change the playing field
to peace and thriving lives

We broke through barriers
Glass ceilings and patriarchy
We broke through the matrix
So children could live free

We broke out, broke down, broke through and broke ourselves in the process

Who can survive this brokenness? Who can see through to the light? Who envisions a world that works so children have no fear at night?

What good was our breaking when children continue to die from bombs and destruction that evil plans in the night?

What good is our breaking
What benefit to you
When our words fall silent
and ears cannot hear

We've battled against powers principalities and fear we fought for our lives so you could live free

We fought for freedom
We fought for our Mother
We fought for our Water
We fought for our lives

Where is the winning the compassion and kindness where is the nurturing for those lost in darkness We passed through the battles the wars and death fields We passed through the Holocaust Vietnam, 911, and more

We broke out, broke down, broke through and broke ourselves in the process

We lived through the summer
of love and peace
We thought we could change things
so children could live free

We stood for humanity Our family and friends who suffer persecution for being a human

We continue to stand
We continue to demand
Peace in the Inners
yet war rages round

Now we are elders
we've heard our call
we're changed and we're honest
transparent for all

What of our lives is left for the cause What of our wisdom can still be heard What of our giving can yet be received What of our lives is left for you

Only our All, our best and the rest from now til eternity's end

We fill all the broken places with gold and leave our peace with you

Fall Is Around the Corner... So Is Something Beautiful

The leaves are turning, the air is shifting, and so are we. It's the season of change, and you don't have to go through it alone.

We're here.
No pressure.
No prep.
Just real talk,
warm hearts, and
soul-deep
connection.

Let's chat.

Call a GrandZoomer Today!



SUNDAY 8 pm EST Sandra Laub

<u>us06web.zoom.us/j/85627803215...</u> Cancelled until further notice

Monday 4 pm PDT Sherri Ann Conroy

us04web.zoom.us/j/77518054765... Meeting ID: 775 1805 4765

Passcode: XZ5FLW



Tuesday 12:00 noon EDT Mayana Kingery

us06web.zoom.us/j/81811327028? pwd=ebnZAlFrIB6YzRwkbHc1VK4akAgN2n.18.. Meeting ID: 818 1132 7028

Passcode: 322042



Wednesday 9:30 am EST Kalina Bains

<u>us05web.zoom.us/j/86858264993...</u>

Meeting ID: 868 5826 4993

Passcode: HFC6PC



Thursday 9 am AEST (Brisbane)
Carol Daniels
us02web.zoom.us/j/84385501038...

Meeting ID: 843 8550 1038

Passcode: 5SB7js



https://us02web.zoom.us/j/89949007859?

Meeting ID: 843 6050 5079

Passcode: GmasRule





Saturday Grandmother?

Hold our Saturday circle Contact us today marketing_media@globalgrandmotherscouncil.org D
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I'll ie merica The Responsibility of a Healer



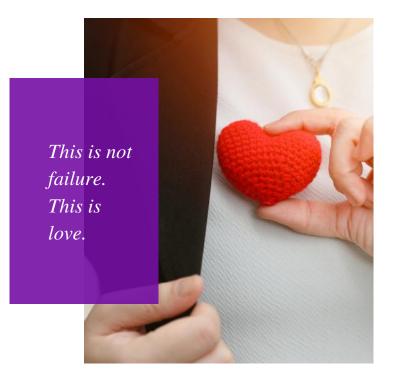
I want to bring up something that may feel tender, even uncomfortable. Especially for those who are healers, and for those who seek healing from others.

When you hold space for a client, you are not just holding their story. You are holding their mental, physical, emotional, and spiritual bodies. That is no small task. It requires humility, presence, and responsibility. A true healer does not impose their own bias, judgment, or preconceived notions. A true healer does not make the client feel small for what they have lived through. Instead, a true healer becomes a mirror, a guidepost, a fierce encourager of what is already whole within the client.

Your role is not to "fix."
Your role is to listen deeply, to tune inward, and to offer the insights that the client's higher self is already whispering to you.

Years ago, I worked as a guardian representative for people who had lost their rights due to mental, physical, or developmental challenges. I loved the elderly population. I had compassion for those with dementia and intellectual disabilities. But my boss and I both knew I could not serve clients who had harmed a child. My emotions, my wounds, and my protective instincts would get in the way. And so, I honored my limits.

That was integrity. That was responsibility.



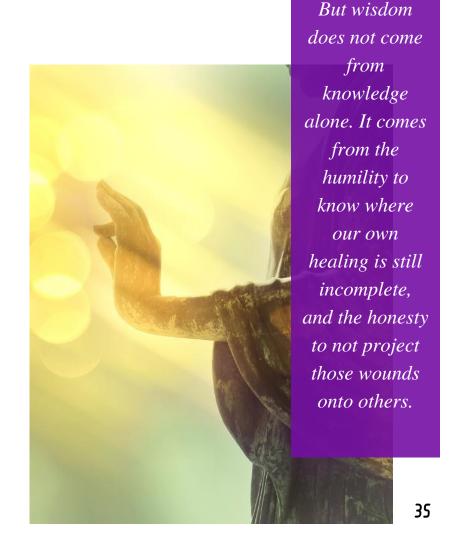
So, lets bring this back to healing work

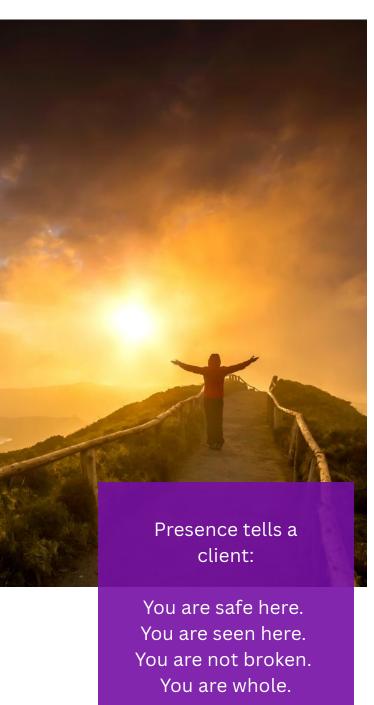
If someone comes to you with a story, a pain, or a wound that triggers you, if your ego rises up, if your judgment clouds your presence, the most honorable thing you can do is this: be honest. Be honest with yourself and be vulnerable enough to recognize you and the client are not a good fit. Tell them you are not the right guide for them. Bless them, and let them find the one who can hold them with the compassion they deserve.

Because being a healer is not about being everything to everyone.

It's about standing in truth, humility, and reverence for the sacredness of another soul's journey. We are not perfect. No one is. The divinity in each of us is in the ability to stay true to others. That should be our standard. Not just as healers, but as humans. As citizens of this world.

Over the years, I've seen the healer/wounded archetype play out again and again. The ones who run from their own pain sometimes run into the role of "healer" prematurely, mistaking authority for wisdom.





The most gifted healers I've met are not those who brand themselves loudly or claim to have the answers for every soul. They are the ones who carry quiet integrity. They walk with patience.

They have done their own inner work and continue to do it every single day. Their power is not in their methods, it is in their presence. And presence is everything.

Healing is a sacred contract. When someone comes to you in their most vulnerable state, they are placing trust in your hands. That trust is not to be taken lightly. It is holy ground. I believe this is the future of healing: not grandiose promises or savior complexes, but radical honesty, humility, and love. A healer who knows their own edges. A healer who listens to the silence between the words. A healer who is not afraid to say, "I don't know," or "I cannot walk this path with you, but I bless you to find the one who can."

We are not here to play God. We are here to walk each other home through love and compassion. And that is the greatest responsibility of all.



sacredjourneyinward.com
.facebook.com/millie.sacredjourney/







When we are locked in self-denial, self-criticism, or selflessness to the point of erasure, our energy field hums with dissonance. And dissonance is heavy. It carries the frequencies of lack, resistance, powerlessness, and selfdegradation. None of these are the loving, supportive, vibrant energies we are here to embody.

But when we choose to honor ourselves, when we say yes to our own healing, yes to our joy, yes to making ourselves a priority, something shifts. Our frequency rises. Our energy brightens. And because we cannot help but share our energy with the world, our choice to love ourselves becomes an act of service to the collective.

You doing you is not selfish.

It is sacred. It is a gift.

It is the most powerful offering

You can give to humanity.

I know this may feel radical, even backwards, compared to how many of us were raised. But I invite you to gently examine the obligations you've taken on. Feel into them.

Do they resonate with your spirit?

Do they bring you peace?

Or do they drain you, leaving you restless and out of alignment? These feelings are your compass. Some obligations may be easy to release. Others may take time and care. But every step you take toward honoring yourself creates more harmony in your field, and more light in the world.

So maybe selfishness isn't selfish at all.

Maybe it's love in action.

Maybe it's the very medicine we need, now more than ever

Gaia/Gardening to include Earth-based spirituality, land stewardship, eco-wisdom, and rituals



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Stitching Dignity ~ Sewing Futures

Around the world, many young women miss school each month simply because they lack access to menstrual pads.

Together, we can change this.

By sewing reusable cloth pads, we not only protect our Earth from disposable waste, but we also help girls stay in school, continue their education, and step into their future with dignity and confidence.

Imagine a young girl holding a pad made with your hands
knowing a grandmother cared enough to make sure she didn't have to hide, miss class, or feel ashamed.

This is a gift of love that lasts far beyond the fabric.

Join us in stitching hope, dignity, and opportunity for the next generation of women.

Tufoin Mercy who lives in Cameroon washed a few pads until they fell to bits! She worked out that the pads lasted about 4 Years!! Think of the saving for a family, especially if they have 2 or 3 girls.



This film was created by Ugandan - Allan Kakinda.

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With every stitch we sew, we pass on love, care, and possibility.

May you pause, breathe, and remember That you are starlight wrapped in a human cloak, Divine love in perpetual motion, A spark of the infinite awakening to itself.

Shine out as a lantern in the dark, Not to banish the shadows, But to remind the world of its own hidden light.

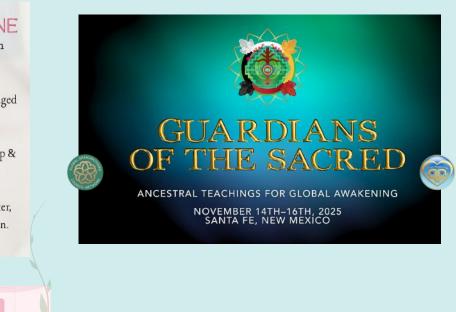
> Let your presence be a quiet blessing, A gentle reminder that love walks here. May each step become a reverent prayer, Each breath a lullaby of belonging.

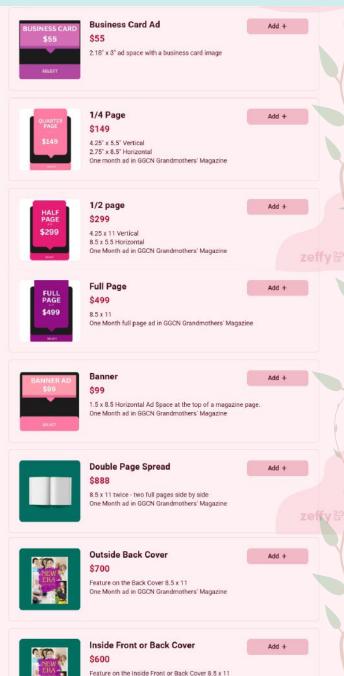
Offer gratitude to the birth waters that flow To the winds that carry whispers of spirit To the fire that warms and transforms And to the living Earth beneath your feet, The first and eternal Mother.

With respect, with deep honouring, with ease and grace, May you remember who you are, And may your journey be a gift to all creation.

with love always, Jonny Bear







One Month ad in GGCN Grandmothers' Magazine

SPECIAL EDITION MAGAZINE

Guardians of the Sacred Magazine

GGCN is creating a Special Edition of Global Grandmothers' Magazine for Grandmother Flordemayo's event.

Reach a worldwide audience!

Be part of this movement!

- Place an ad business card size to full page - limited ads available marketing_media@ globalgrandmotherscouncil.org
- Donate a service or digital item for Guardians of the Sacred Free
 Gifts for Attendees' from GGCN

circle@globalgrandmotherscouncil.org

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BE a Guardian of the Sacred

ACADEMY OF TIMELESS WISDOM

Wisdom since the Beginning of Times



Outline of the School & Pricing

- Eleven-month online program starting October 3, 2025
- Monthly meetings on Zoom, featuring a ceremony, sharing of challenges & achievements, and storytelling.
- Monthly assignments to grow and reflect.
- One private monthly Call with Grandmother Gayle
- One monthly call (optional) with either Melanie or Susanne to jointly reflect on assignments.

Pricing: 3.333 Euros in three instalments of 1.111 Euros or pay in one sum: 3.000 Euros (saving 333 Euros). German translation (if required) will be made available.

Materials

3 quarterly Manuals with content, meditations & assignments.
"Drum meditations: Walking the Path of the Ancients" (mp3)
Please note: Gayle's books and cards will be available shortly
for purchase (some in German).

We also plan journeys to the Bosnian pyramids, Guatemala, Australia, and other countries to do ceremonies with local shamans that Grandmother Gayle works with.

Academy of Timeless Wisdom 11 Topics for 11 Months - YEAR 1

October 2025: Introduction to Ceremony

The Beauty and Power of Living Ceremonies with Intention

November 2025: Space In Between Realities

Your book of life and what lies between your pages.

December 2025: Fears and Control

How do we handle our fears? How much are they "ours"?

January 2026: Forgiveness

Through forgiveness, we clarify our contracts here on earth.

February 2026: Trust Your Own Authority

Influences on decision-making & faith in our own wisdom.

March 2026: Truth Versus Ego

Hollow bones, empty vessels, and our own "Heart Knowledge"

April 2026: Ancestors' DNA

Guidance, dream time, and the cellular memories of our ancestors.

May 2026: Collective Consciousness

The void of all creation and your internal universe

June 2026: Life, Death, and the Aftermath

We are energy that can never die.

July 2026: Parallel Worlds

Other Dimensions: Our memories guide our life journey of self-awareness.

August 2026: Quantum Mechanics

Manifesting powers, astral projection, shapeshifting & remote viewing.

In-person Gatherings & Journeys 2026

There will be opportunities for us to gather twice a year for a long weekend in Germany (Bavaria most likely) to share our growth and celebrate.

Those gatherings are not included in the fee.







The Voice of the Grandmothers of the Americas 2025

The voice of the grandmothers of the Americas

Nov 4-7, 2025 Tepoztlán, Mexico



WE ARE THE CHANGE

This is not the first time the Great Mother has called us.

This vision already has a history reaching back to our first ancestors.

Let's gather once again in response to the call of our Mother Earth:

The time of birth has arrived and we are the doulas and midwives.

Come and live the ancient prophecy of the meeting between the Eagle and the Condor in the land of the Quetzal

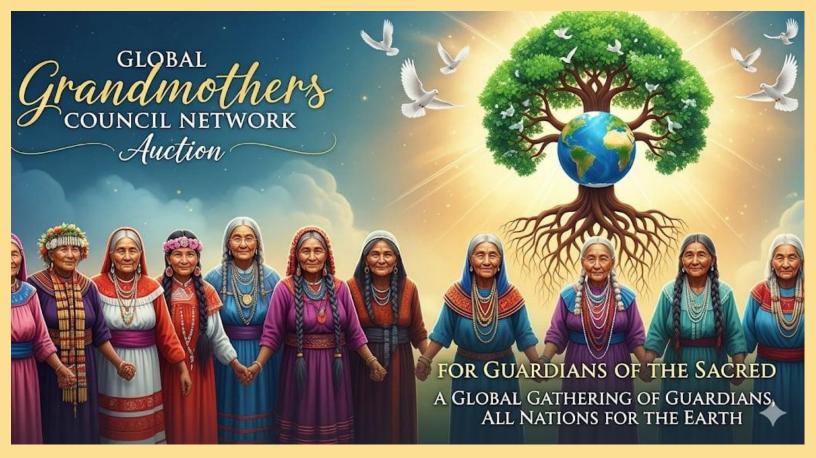


A place full of power and magic

Live the ritual, be the ritual



@avozdelasabuelasdelasamericas



Sacred Guardians Auction

Donations accepted until 10/10/2025

In collaboration with <u>Grandmother Flordemayo</u> of <u>The International Council of Thirteen Indigenous Grandmothers</u>, GGCN is responding to the Call as <u>Guardians of the Sacred</u>.

This auction supports the Guardians of the Sacred Global Gathering. Proceeds will be shared 50/50 with Grandmother Flordemayo, whose matching donation doubles the impact: 100% to Guardians of the Sacred and 50% to GGCN.

As a new generation rises into Ceremony, we invite you to:

- Donate items you have carried that are ready to be passed on to another Guardian in service to this Sacred Auction.
- Bid on treasures that are waiting for you to hold.

We trust the process to bring the right Guardians together through these offerings.

Shipping between many countries and the USA are restricted.

Designate what countries you will ship to.

COME BID · October 14–26, 2025
Discover and carry forward special treasures in service to the Sacred.





GGCN & Guardians of the Sacred Giving Pathway

\$11 (Donor)
Every seed matters.

\$ Sacred Leaf\$25 (Prayer Tree)Add to the Prayer Tree

\$100 (GGCN Interview)
Share your wisdom

Sacred Travel - \$150 (Grandmothers' Travel) Sponsor a grandmother

Sacred Fire - \$149
(Quarter Page AD)

Special Edition Magazine

Sacred Flower - \$299(Half Page Ad)Special Edition Magazine

Sacred Circle – \$300 (Watch Party) Bring the circle home

\$499 (Grand Sponsor)Full Page Ad in Special Mag.



GUARDIANS OF THE SACRED

ANCESTRAL TEACHINGS FOR GLOBAL AWAKENING

NOVEMBER 14TH-16TH, 2025 SANTA FE, NEW MEXICO

Why New Mexico?

This sacred land is not only where Grandmother Flordemayo calls home, it is where The Path exists — a sanctuary for prayer, ceremony, and the Temples of Humanity, including the Temple of the Golden Child. Santa Fe and the surrounding land carry a deep spiritual resonance, making it the perfect place for our circle to root, expand, and blossom.

This gathering is a call to remember, a call to heal, and a call to protect the sacred.

Why This Matters - The Golden Child Vision

In 2010, during sacred prayer, Grandmother Flordemayo received a vision. She was shown an egg of Earth, which, as she sang prayers of love, transformed into crystalline snowflakes. From within, a golden newborn child emerged, a symbol of humanity's highest potential. Her words remind us: "We all have the capacity to become that Golden Being, whether we are male or female. When we reach that place of spirituality, we transform into this Golden Being."



This vision gave rise to the Temple of the Golden Child, and it continues to guide the heart of our work today.

Guardians of the Sacred

Mission

Our mission is to gather Indigenous Grandmothers, Elders, Wisdom Keepers, and Seed Stewards from around the world to share sacred teachings that reconnect us to the land, the elements, and ancestral traditions.

Together, we will honor:

- The Sacredness of Traditional
 Knowledge ancestral ways as guides
 for healing, balance, and resilience.
- The Power of Ceremony & Ritual creating spaces of gratitude, alignment, and healing with the Earth and our Ancestors.
- The Sacred Seeds of the Future –
 uplifting seed keepers and land
 stewards who protect biodiversity and
 the spirit of food and plants.
- The Four Directions & Elements remembering the balance of Earth, Water, Fire, and Air in sustaining life and transformation.

Vision

We envision a world where Indigenous wisdom, ceremony, and ancestral knowledge are honored, protected, and preserved as essential for the healing of humanity and Mother Earth. A world where ancient ways guide us forward, and future generations continue to walk in reverence, reciprocity, and respect for all life.

Ways to Support

& Participate

On behalf of my mother, I humbly ask for your support in helping us bring this vision into form. There are many ways you can walk with us:

- Stay Connected Sign up for our newsletter and follow The Path on social media to receive updates, prayers, and teachings.
- Spread the Word Share this gathering with your family, friends, and communities. Your voice helps us weave this sacred web.
- Travel Support Consider donating air miles so we can bring Elders and Wisdom Keepers from across the globe.
- Fundraising Circles –
 Gather your community
 and create a fundraising
 team. Every contribution
 sustains this prayer.
- Creative Offerings Share art, crafts, or small gifts for Elders. These carry your heart and prayers into the circle.

Grandmother Abby Arquero Cochita/Kewa Tribal Nation Cochiti Pueblo Elder

A grandmother, mother, educator, and cultural mentor, she retired in 2020 after 40 years in education, serving in public, private, and Bureau of Indian Education schools. Her work has always centered on ensuring Indigenous students see their identity, culture, traditions, and history reflected in the classroom. She now serves as a Teacher Mentor for the University of Idaho's Indigenous Knowledge for Effective Education (IKEEP) Program and works with the Keres Children's Learning Center to revitalize the Keres language and mentor young mothers in cultural traditions.



Born the youngest of 15 children in the highlands of Central America, Grandmother Flordemayo was recognized early for her gift of Sight. Trained from the age of four in the art of curanderismo, passed down through generations from mother to daughter, she learned the healing traditions of herbs, women's medicine, and honoring Mother Earth. A Mayan healer and keeper of her family's sacred staff, passed down for 12 generations, she is the founder of The Path, Inc..

a nonprofit dedicated to preserving traditional knowledge and heirloom seeds.

She is a founding member of the Church of the Spiritual Path, the Confederation of Indigenous Elders of the Americas, the Institute of Natural and Traditional Knowledge, the International Council of Thirteen Indigenous Grandmothers, Grandmothers of the Sacred We, and the Mother Earth Delegation of United Indigenous Nations. Grandmother Flordemayo travels the world offering prayers, ceremonies, and teachings to inspire unity and spiritual understanding.



2000 COM COM COM COMPANIES FOR Global Awakening

Grandmother Heather (Grandmother Feather or MeeMaw)

Heather Hall-Dudney is the oldest child, only daughter, and personal assistant and travel companion to Mayan Elder and Seed Keeper, Grandmother Flordemayo. A disabled Navy veteran with a bachelor's degree in sociology and economics, Heather serves as program director and leads donor outreach for The Path, Inc., a nonprofit dedicated to preserving sacred heirloom seeds and Indigenous wisdom. She has co-produced We Are All Related, the 20th Anniversary of the International Council of Thirteen Indigenous Grandmothers, and The Sacred Reciprocity Gathering for Mother Earth. Born under the sacred Mayan Nawal 9 Iq', symbolizing divine inspiration and the breath of life, Heather is a devoted wife, mother, grandmother, and passionate advocate for the environment, survivors of sexual abuse, and veterans, carrying her Mayan and Finnish ancestry with pride.



Grandmother Taiha-Moetu of the Tühoe Nation Ngā Tamariki o Te Kohu (Children of the Mist) Elder & Healer Empowerment Guide Māori

A spiritual and holistic guidance counselor, clairvoyant, clairsentient healer, and empowerment workshop leader. Descended from tribal leaders and healers, she was raised immersed in daily karakia, ritual, and ancestral teachings of her people. For more than 40 years, she has traveled the world sharing Māori spirituality, body-work, and ancestral wisdom, with a special focus on empowering women to embody their purpose and stand in their power. Her name in light language, Taiha-Moetu, means "I stand in my Power and for My Dreams."



Puma Fredy Quispe Singona Andean Medicine Carrier Keeper of Ancestral Wisdom Guide to Sacred Portals

A wisdom keeper and medicine carrier from the Andean village of Chinchero, Peru. Struck by lightning at the age of six, he began his apprenticeship with his grandfather, the late Don Maximo, and was trained in the Rainbow Lineage traditions of the Inca. Puma has also studied the sacred plant medicines of the coastal Huachuma lineage and the Amazonian Shipibo Ayahuasca traditions. Founder of the Noqan Kani Global Community Center, and co-creator of Pumadventures, Puma leads retreats and pilgrimages to sacred sites worldwide, sharing ancestral Andean teachings, rituals, and ceremonies that guide people toward healing, transformation, and self-realization. His life's mission is to continue his grandfather's legacy by bringing forward the timeless wisdom of the Andes for the global awakening of humanity.

Wilfredo 'Jhimmy' Huaman Cjuiro Andean Medicine Carrier Healer of Pachamama's Lineage Keeper of Andean Earth Offerings

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understanding.



Abuela Esperanza - Mayan Elder, Curandera

An intuitive dream interpreter from the highlands of Nicaragua, carries the gift of seeing into dreams, realms of light, color, and sound, and the energetic imbalances within the body, mind, and spirit. She empowers others to deepen their self-awareness through the wisdom of dreams. A master garment designer for over 60 years, she is also known for her exquisite handmade designs, especially her one-of-a-kind hats and garments created with compassion and care. She is the eldest sister of Grandmother Flordemayo.



Cheryl Fairbanks - Tlingit-Tsimshian Elder & Justice Advocate

Tlingit-Tsimpshian from Ketchikan, Alaska, and a distinguished attorney specializing in Indian law. She has served as a Tribal Court of Appeals Justice, educator, and policy leader, with decades of work in tribal-state relations, peacemaking, and Indigenous rights. Currently, she is Interim Co-Director of the University of New Mexico's Native American Budget and Policy Institute.





Dr. Marie Mbouni - Shaman, Healer, & Spiritual Guide

Dr. Marie Mbouni is the founder of Heart Leadership and the Marie Mbouni School of Shamanism. A Soul Shaman, Energy Healer, and spiritual coach, she guides entrepreneurs, healers, and creatives into their greatness, creativity, and heart-centered power. Blending her background as a Western-trained MD anesthesiologist with her gifts as an intuitive and channel, Dr. Marie helps others step into their purpose and experience true healing, fulfillment, and joy.



Dr. Rodney Garcia - Sanctioned Pachakuti Mesa Ceremonialist



Dr. Rodney Garcia, of Cuban descent, is a medical doctor specializing in anesthesiology and critical care, with a holistic approach that integrates lifestyle and integrative medicine, herbalism, and body-mind-spirit practices. Founder of the Eagle and Condor Native Americas Church and a sanctioned Pachakuti Mesa ceremonialist, Rodney bridges modern medicine with ancestral healing. He is also the steward of land in Estancia, New Mexico, and in Mexico, where he and his partner grow organic food and offer sacred space for ceremony and visiting Elders.

Elin Teilus is a singer, yoiker, and artist rooted in Udtja, Sápmi and Gothenburg, Sweden. A force of nature, her voice flows like sweet water, raw earth, and northern light, welcoming you into her world.

With a rebel heart and a song for the unseen, Elin yoiks what lives in silence and connection. Listening to her is like sitting by the fire, watching ancient stories dance into the future.

Through wild song, she invites us to remember our sacred bond with nature, life, and spirit



Emigdio Ballón - Quechua Seed Steward Guardian of Quinoa & Amaranth Seeds of Spirit & Science Ancestral Wisdom in Seeds

Emigdio Ballón, a Quechua seed keeper and agricultural scientist from Cochabamba, Bolivia, has dedicated his life to the preservation of traditional crops and sustainable farming practices. With degrees in agriculture and plant genetics, his research has specialized in quinoa and amaranth, alongside extensive work in organic and biodynamic farming. Emigdio is the retired Director of the Farm Program at the Pueblo of Tesuque in New Mexico, where he combined scientific knowledge with traditional Quechua techniques to strengthen seed sovereignty. He continues to inspire global communities through his lifelong devotion to seeds, sustainability, and ancestral wisdom.



Grandmother Hato - Māori Healer & Wisdom Keeper Child of the Mist (Tūhoe) Māori Elder & Teacher

Grandmother Hato-Lee Siaki, of the Tūhoe and Ngāti
Kahungungu tribes of Aotearoa, is a healer, cultural advisor, and spiritual counselor. The youngest daughter of Pomare Heemi and Rarauhe Rakuraku, she was raised immersed in the Tuhoe language, prayers, and daily rituals of her people. As Ngā
Tamariki o Te Kohu — "The Children of the Mist" — she and her sister, Grandmother Taiha-Moetu, carry forward the ancestral teachings of healing, spirituality, and cultural wisdom. Hato serves as a Spiritual Counselor and Trainer in holistic Māori social services and travels nationally and internationally with her sister to share their people's sacred knowledge and empower communities.



Jyoti Ma, Founder of the Center for Sacred Studies Spiritual Teacher & Grandmother Vision Keeper



Jyoti Ma is an internationally renowned spiritual teacher, Grandmother Vision Keeper of the Center for Sacred Studies, and founder of The Fountain, a global initiative to restore an economic model based on reciprocity and the Sacred. She co-founded the International Council of Thirteen Indigenous Grandmothers, the Unity Concert, and Kayumari spiritual communities in America and Europe. Jyoti works with the Mother Earth Delegation of United Indigenous Nations to protect Sacred Territories and support the Original Peoples of the Earth.

Joseph Lofthouse, Seedkeeper & Community Builder, Seeds of Belonging & Kinship, Growing Seeds, Growing Community

Joseph Lofthouse, known as the "father of landrace gardening," lives in the high mountain desert of Utah where he stewards seeds, soil, and stories. His gardening practice invites plants to cross-pollinate freely, allowing nature's wisdom to guide the creation of resilient, place-based food crops. Author of Landrace Gardening and Adaptation Gardening, Joseph teaches adaptation as a path of freedom, resilience, and joy. A yoga teacher and storyteller, his work is an invitation to live in kinship with Earth, water, microbes, and ancestors.



Lee-Ann Hill - Seed Steward Seedkeeper of The Path, Guardian of Ancient Seeds Keeper of Living Wisdom

Lee-Ann Hill is a passionate seed steward whose seed journey was deeply influenced during her studies in Cultural Ecology in Northern New Mexico, where she was inspired by traditional seed keepers and indigenous farmers. She later served as Program Director of the Rocky Mountain Seed Alliance, working with seed stewards who further enriched her understanding of the wisdom and spirit of seeds. As Seedkeeper for The Path, she curates the seed collection at The Seed Temple, and she currently manages and runs a farm in her homeland of Northwest Colorado.



Lindsey Wise

Lindsey Wise is a mother, musician, healer, ceremonialist, medicinal chocolatier, and birth & death doula based in Northern California. During a Near-Death Experience after the birth of her first child, she was initiated by light beings into the world of subtle energies and healing vibrations, discovering that all beings create their own unique soul song. Lindsey gathers people to sing and transform, using ceremonial music and vibration to open portals and break down barriers. She stands at life's thresholds, shepherding souls through the portals of birth and death. Her signature SoulSong Revival experience helps people reconnect with their authentic voice and inner wisdom. Her albums Walk in Beauty and Earth & Sky are available on all listening platforms. A medicine mama of three, Lindsey embodies passion and compassion, inspiring others to reconnect with their strength, voice, and deep abiding wisdom.



Magaly Quispe Singona, Andean Medicine Carrier Andean Dream Guide Medicine Woman of Peru



Global Grandmothers Council. or s

Magaly Quispe Singona is a medicine woman from a lineage of wisdom keepers in Chinchero, Cusco, Peru. A spiritual practitioner and teacher, she specializes as a dream guide, empowering others to awaken their inner medicine and personal power. Her path began at 17 after an initiation with Ayahuasca in the Amazon, awakening her connection to her ancestral lineage. Deeply devoted to Pachamama and the spirits of nature, Magaly carries forward the sacred teachings of the dream and plant realms, offering guidance, empowerment, and healing.

Master Mingtong Gu - Qigong Master, Founder of Southwest Sanctuary (The Chi Center)

Master Mingtong Gu, named Qigong Master of the Year by the 13th World Congress on Qigong and Traditional Chinese Medicine, is a world-renowned healer, teacher, and founder of The Chi Center and the Center for Wisdom Healing Qigong in Santa Fe, New Mexico. Trained under Grandmaster Dr. Pang Ming at the world's largest medicine-less Qigong hospital in China, Master Gu has guided thousands worldwide in activating their self-healing power through the ancient practices of Wisdom Healing Qigong™.



Mitchel Ott - Psychic Medium & Spirit Channel

Mitch Ott is a direct channel for Spirit and a gifted psychic medium known for his precision and specificity. In each session, he connects individuals with loved ones who have transitioned, delivering messages that foster healing, closure, and inner peace. Through his work, Mitch supports individual transformation and contributes to collective awakening—serving as a bridge between the seen and the unseen, and sustaining the emergence of a more awakened world.





Rainey Enjady - Mescalero Apache Elder

Rainey Enjady is a Mescalero Apache peacemaker dedicated to revitalizing Indigenous methods of dispute resolution. Since 2019, she has worked to bring peacemaking into the Mescalero Tribal Court and has facilitated trainings across Native communities in the U.S. and internationally. Her work uplifts Indigenous traditions of healing, balance, and justice.



YeYe Luisah Teish - Yoruba Priestess & Storyteller

YeYe Luisah Teish is an internationally recognized teacher, author, ceremonialist, and storyteller. An elder (Iyanifa) initiated in the Ifa/Orisha tradition of the African diaspora, she is the founder and spiritual leader of Ile Orunmila Oshun (House of Destiny and Love) and a member of the Mother Earth Delegation of United Indigenous Nations. She is the author of the classic Jambalaya: The Natural Woman's Book of Personal Charms and Practical Rituals and the best-selling A Calabash of Cowries: Ancient Wisdom for Modern Times. YeYe Teish has collaborated with Indigenous Elders worldwide and is the recipient of the 2023 Lifetime Achievement Award from the International Black Women's Congress and the 2025 Demeter Award for her visionary contributions to feminist art, culture, and spirituality. Presently, she is raising funds to support the Jambalaya Center for Ancient Mysteries and Sacred Arts in Guerneville, CA. Donations are tax deductible.





Expanding Our Vision: A Campaign for Renewal The Path, encompassing The Temple of the Golden Child among its five sacred spaces, is more than a location; it is a spiritual haven for prayer, ceremony, and the exploration of our personal and collective spiritual paths. This year, as we navigate a period of dormancy and rebuilding necessitated by past challenges, we are laying the groundwork for a future rich with possibilities and enlightenment. To honor this pivotal moment and support the renewal of The Path and The Temple of the Golden Child, we are asking you to consider donating or sharing our fundraising campaign aimed at revitalizing our sacred spaces, expanding our virtual presence, and continuing to share invaluable teachings and wisdom. Read new blog here: https://www.loveandlightllc.net/post/... Please find the link here where you can make a one time donation or become a member of The Path. https://givebutter.com/JointhePath



2025 HALF MOON CALLS

1st Quarter HALF MOON



3rd Quarter HALF MOON

Half Moons = Balance Watch the 9/14 Replay

Bring your inner connection with "Mother." We are GATHERING all our perspectives into ONE UNITED ACTION ~ inspired in the moment and emerging of the moment ~ to:

- · Influence what is created in our world
- Offer safety and protection to those in need
- Combine our Wisdom into a broad perspective
- Use our Authority together for our children's children's Foundation ~ for New Earth to thrive in their Garden

1st Quarter ~ HALF MOON

3rd Quarter ~ HALF MOON

Monday, September 29 Wednesday, October 29 Friday, November 28 Saturday, December 27



Monday, October 13 Wednesday, November 12 Thursday, December 11

PEACEMakers

This mural was created for <u>The International Council of Thirteen Indigenous Grandmothers</u> by artist <u>Minouche Graglia</u>. Each Grandmother on the Council is clearly recognizable.

It speaks boldly of how these Sacred Guardians hold us whether in their bodies or on the other side of the veil. Only six remain now in form, yet their power and influence grow still.

Minouche has authorized Global Grandmothers' Council Network to use this image for our group. What an honor!!









Embracing, Empowering, Elevating GGCN Grandmothers Events Connect Inspire



- GGCN New Facebook Groups Page: 66
- GGCN Bonefire Shop Page: 67
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R



NEW GGCN FACEBOOK GROUPS!



This is your invitation to rise.

Connect. Create. Celebrate. With Global Grandmothers Council Network Community

- Global Grandmothers' Magazine
- <u>Global Grandmothers'</u> Events
- GERMAN GGCN GROUP

We also are walking together with

<u>Learn With Grandma</u>

<u>International</u>

and their 50 + country & language-based groups

Image created to represent Grandmothers as Sacred Guardians.

Heartists for Deace

bonfire.com/store/heartists-for-peace





GGCN ACADEMY





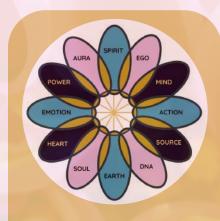


Peace Wheel Practice

Video Course \$40



Among the
Haudenosaunee
Curriculum
Youth Ed. \$288



PGS
Personal
Guidance System
Intro Course \$11



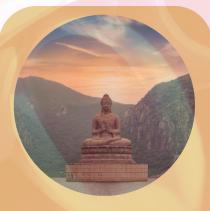
Crystal
Mountain
Miracle
e-book \$14.95



Embodiment
Meditation
Series
5 Audios \$11



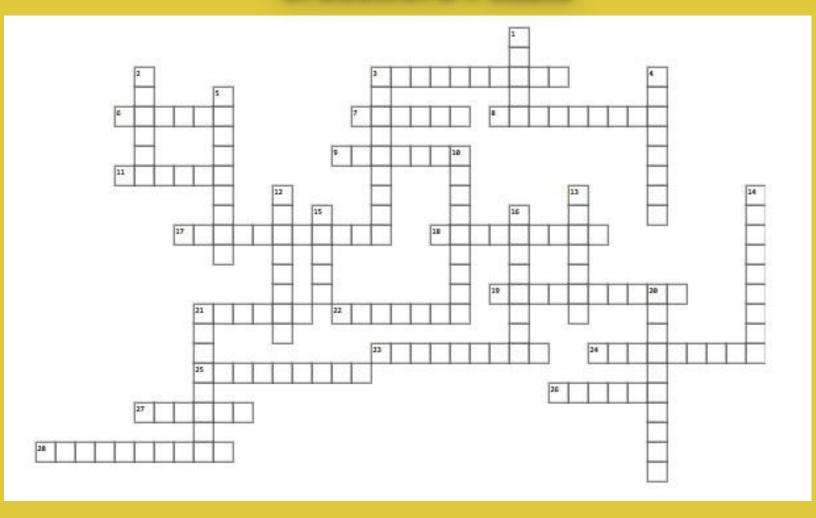
Blue Lotus
Chakra Bloom
Video
Intro \$FREE



Lessons
on
Buddhism
Course \$FREE

Kintsugi Superpower

Crossword Puzzle



Across

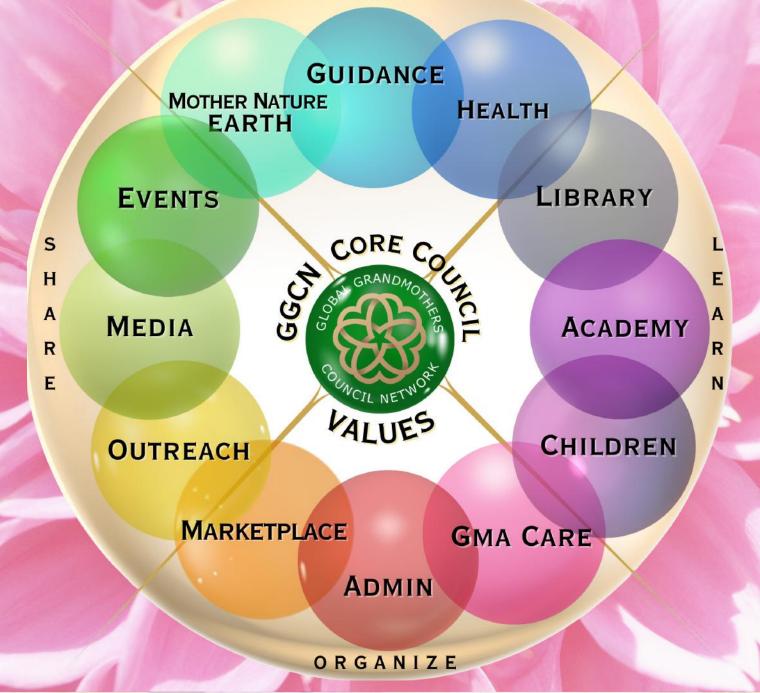
- 3. Offers deep empathy and understanding
- 6. Mends emotional wounds with love and care
- 7. Provides stability and grounding in uncertain times
- 8. Carries stories that need to be told
- 9. Brings new ideas and visions to life
- 11. Connects generations, cultures, and stories
- 17. Preserves legacy through spoken and written word
- 18. Restores what was lost with resilience
- 19. Resolves conflict with grace and fairness
- 21. Creates beauty from brokenness and transformation
- 22. Imparts wisdom with humility and clarity
- 23. Sees what's possible before it exists
- 24. Finds new paths through old challenges
- 25. Brings people and ideas together with purpose
- 26. Shares wisdom and walks beside others
- 27. Feels and honors the emotions of others
- 28. Charts new directions with clarity and courage

Dowr

- 1. Leads others with insight and intuition
- 2. Pursues knowledge, meaning, and spiritual depth
- 3. Builds meaningful relationships across communities
- 4. Tends to growth with patience and love
- 5. Stands strong for those who need safety
- 10. Mirrors truth and invites introspection
- 12. Sparks change and growth in others
- 13. Imagines bold futures beyond limitations
- 14. Navigates life's transitions with purpose
- 15. Holds wisdom earned through lived experience
- 16. Hears the unspoken and validates truth
- 20. Uplifts others with words and presence
- 21. Speaks up for others with courage and conviction

GGCN COUNCILS

HEAL



As we sit in Council together as Grandmothers in an organization, we become the GGCN Network we have envisioned. Providing structure for on the ground, local Grandmothers' Councils and Circles to connect, collaborate and communicate. We also sit in Sacred Council and Circle together online. for a new world for our children's children.

'We Belong' and are 'Better Together'

Many Positions Available for Women Leaders Contact: circle@globalgrandmotherscouncil.org

EMPOWERED GRANDMOTHERS

DON'T FADE THEY FLOURISH



- EntrepreneurSpiritual visionary?





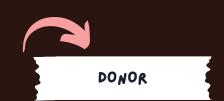




















A CALL TO OUR GRANDMOTHERS

YOUR WISDOM, TIME, AND GIFTS ARE NEEDED NOW.

Beloved Grandmothers,

We are gathering a circle of Grandmothers to help carry the work of our community forward, with heart, with skill, and with joy.

Every role matters.
Every hand helps.
Every act of service ripples outward.



Ways you can serve:



Shaping short, beautiful pieces from our content to share far and wide.

Managing auction submissions



Helping organize the offerings that sustain our work.



Moderating our Facebook page

Keeping the hearth warm, welcoming, and safe.



Sharing our message

Amplifying our voice so it can reach the ones who are waiting for it.



Supporting our websites

Tending the living archive that holds our message.

If you value what we bring and feel called to lend your time, your presence, and your skills ~ please join us.

Together, we weave the fabric of remembrance and keep the flame of this work alive.

Wisdom in Action:

A Call to Grandmothers Everywhere

By Mayana Kingery, Administrator, Global Grandmothers' Council Network (GGCN)

In a time of growing uncertainty, we are being asked: What can we do?

My answer is simple and strong: We must gather. Not in fear. Not in protest. But in wisdom, unity, and purpose.

At the Global Grandmothers' Council Network, we believe that being a Grandmother is not about having grandchildren — it's about carrying wisdom, and the responsibility to use it. Now is the time to come together across borders and generations to guide humanity through this evolutionary turning point.

We propose action rooted in clarity and courage. Let us:

- Write and publish White Papers to articulate what we see and what must change.
- Gather in kinship, not to react, but to respond from Right Mind and Right Action.
- Lead visibly and wisely, so our youth see a way forward and join us.

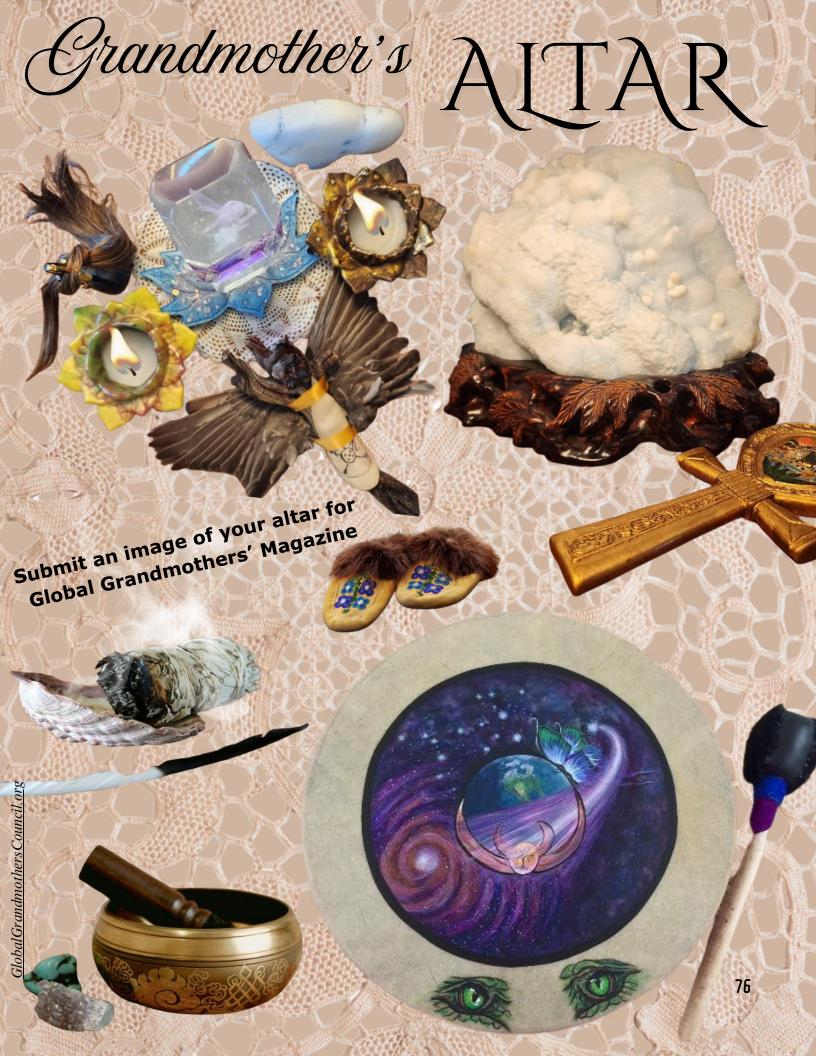
We are not powerless, and we are not alone. History offers models. In Iceland, women once transformed a nation by simply refusing to participate — staying home from work, paid or unpaid, for a single day. What if women everywhere stayed home for a month? What if we collectively stepped back from a system that is harming life, and instead stepped forward into building the new?

This is not about protest — it's about presence. About creating something so rooted, so radiant, that fear no longer holds power. Let us:

- gather in numbers, in spirit, in creativity.
- · write, declare, and publish.
- · be the wise ones the world is waiting for.

Join us at ggcndirectory.org — a growing global network of wisdom keepers, and allies.

Add your voice. Find your kin.
Step into collective leadership.
The time is now.



M Join our team Your role is powerful Your time is now Connect & Contribute





It is not just a directory
It is a constellation of hearts,
a tapestry of wisdom keepers,
a field of radiant points
lighting up the Earth.
Across time zones, languages,
and lifeways we gather.
We remember.
We share.
We rise.
Add your light.

Visit: ggcndirectory.org

Together, we are the network.



GGCN Directory

Connect, Share, and Grow



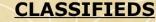


OPEN NOW!

Add your Business, Organization, Group, or Circle to the Directory

LISTINGS

Here is where you list your business, group or organization



Here is where you offer your goods and services

EVENTS

Here is where you post your events & happenings



















































GGCN SUBSCRIPTIONS



SEED - Individual \$5.50/month or \$55.00/year □ Unlock exclusive content 1 Classified Basic 1 Article 1 Listing Basic

SPROUT - Buy one Give One \$11.00/month or \$111.00/year € Unlock exclusive content 1 Listing 1st level 3 Articles 4 Events 1st level 3 Classifieds 1st level

BLOOM - Programs & Circles \$22.00/month or \$244.00/year ■ Unlock exclusive content 12 Classifieds 1st level 12 Articles 12 Events 1st level 2 Listings 2nd level

TREE - LEADERS IN COMMUNITY \$33.00/month or \$366.00/year ■ Unlock exclusive content 3 Listings 3rd level ∞ Unlimited Events 3rd level m Unlimited Classifieds 3rd level m Unlimited Articles 79 1 Banner Large mobile

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COUNCIL **NETWORK MAGAZINE**

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- 01 Open your camera or QR code scanning app and point it at the code below.
- 02 Fill out the required details, such as your name and email, to subscribe to the magazine for FREE.
- 03 Check your email and start receiving updates from GGCN.

Our Vision

We envision a world where the sacredness of all life is honored, not only in word, but in the daily actions of individuals. A world where generations are woven together in love, wisdom, and mutual respect.





Our Mission

- To nurture deep care, reverence, and wisdom through meaningful gatherings, creative expression, community initiatives, publications, and online spaces that honor the sacred nature of life.
- To foster inclusive and just communities, social, economic, political, educational, environmental, cultural, and spiritual, that uphold the health, dignity, and well-being of all beings across all realms.
- To preserve, protect, and share the wisdom of our Elders and Grandmothers, offering their guidance to a world urgently in need of rooted, compassionate leadership.

Bringing it to life

The Global Grandmother's Council Network (GGCN) began as a vibrant and thriving Facebook community, inspired by Brooke Medicine Eagle and founded in 2019 by Suzanne Lewis and Sharon Reigie Maynard. It has seen exponential growth, expanding from 1,600 members in 2024 to 55,000 and growing. It has been granted 501c3 non-profit status in the US under the Peace Production* umbrella.

Self Transformation Journeys with Mayana a Free Gift for our Deaders

Meditations - PEACE PRODUCTION

SELF HEALING . . .

Experience two processes for self-healing in one meditation. One process uses breath and the other process uses sound/octave. Each time you listen to this meditation, a new healing is experienced. Listen often to completely clear and heal your body.

BE THE BRIDGE . . .

Experience activating an electro-magnetic circuit in your body. The Bridge Circuit stabilizes your body, mind and emotions and helps you "bridge" consciousness levels during these transitional times of earth Shift. Listen regularly for the fullest benefit and full bridge support.

SUPERCONSCIOUSNESS . . .

Experience merging the conscious mind with the unconscious mind (which is programmed according to your dna, society, and culture) and allow yourself to become SuperConscious. Your two minds become one and operate in harmony.

Listen often to remind yourself and fully become SuperConscious.

KUNDALINI . . .

Activate your Kundalini energy (located at the base of your spine) and draw it up through your para-sympathetic nervous system to activate your own personal power and reprogram your mind, body, emotions, or experience that needs your attention. Listen regularly for infusion of inspiration.

I AM PRESENCE . . .

Experience your Higher Self entering your body through the Chakra System, filling you and Becoming YOU. Allow your divine essence to fully embody within your mind, heart, and energy field. Listen often for lasting effects.

JOURNCY SAFELY TO YOUR HEART'S HOME

DISCOVER YOUR OWN PERSONAL GUIDANCE SYSTEM



scan to enroll



INTRODUCTION TO THE PERSONAL GUIDANCE SYSTEM SATURDAY, OCTOBER 4TH ~ 2:00 PM EDT

S11-S33 SLIDING SCALE

LOCATION: ON ZOOM



Mayana Kingery

Embodiment & Healing Arts Practitioner Peace Production co-founder and GGCN Administrator

Mayana's mustical journey has brought through the Personal Guidance System (PGS) and Blue Lotus Chakra Bloom, both teachings that encourage conscious evolution for individuals.







10 FREE Pull a
card from my
Gayle
Crosmaz
message
cards.



YOUR
Journey into
Embodiment
FREE
Meditations
from Mayana
Kingery

GRANDMOTHER TO GRANDMOTHER FREE OFFERINGS FOR YOU



10 free 30minute sessions to the first 10 people who respond to Victoria Savages ad.

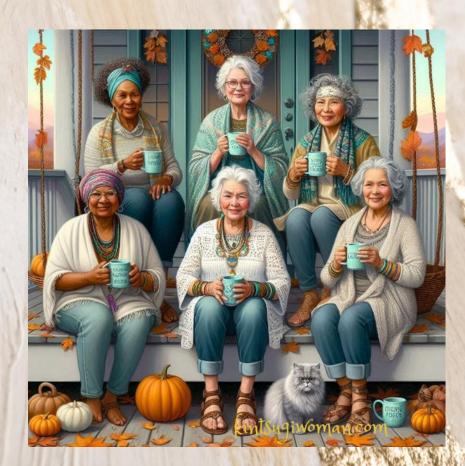


FREE subscription to our Global
Grandmothers' Council Network
Magazine
84

Updates, intentions, and behind-thescenes insights from the GGCN team.



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- Protocol for Submitting Page: 91-92
- Disclaimer Page: 94
- Crossword Answers: Page: 94





Mayana's Musings By: Mayana Kingery

These past weeks with GGCN have been filled with action and deep reflection. When Heather Hall-Dudney (Grandmother Flordemayo's daughter) invited us to walk beside them through Guardians of the Sacred, I felt honored—and a profound joy at this opportunity for collaboration.

And yet, with the invitation came a mirror: Where in my own life have I not guarded what is sacred? I spent days reflecting on what I hold as sacred, what I have overlooked, and how I truly guard who and what I am.

I know myself as a human, shaped by a family marked by trauma and abuse. I know myself as a Queen of Light, a Divine Experiment in human evolution.

What do I hold Sacred?

- ◆ Myself.
- ♦ My family.
- **♦** This community of Grandmothers.
- ◆ My thoughts and feelings, my relationships, my home.
- ♦ The lives in my care—my cats, my birds.
- **♦** The crystals and stones that hold memory.
- ◆ And truly, everyone and everything—especially the children.



How do I Guard what I hold
Sacred? With intention. With
the wisdom that the sacred
lives at the core of all things.
By seeing myself reflected in
all I love, and by
remembering to hold myself
as sacred, too.

What does it mean to be a
Guardian? It means to be
watchful and careful with
every word and action. To
take responsibility, the
ability to respond to what is
needed. To act prayerfully,
guiding us into a deeper
relationship with one
another. To create spaces
where other Guardians may
gather, offering care to
humanity and to nature,
which has suffered so deeply
at our hands.

Are you a Guardian of the Sacred? Join us, in person, online, or through our fundraising and community efforts. Volunteer with us as a moderator, share inspiring posts, and support us with your heart, intention, and resources.

Thank you for walking beside us.

Why We Rise? GGCN Magazine Mission & Vision

GGCN Magazine is a sacred platform where grandmothers' experience and wisdom become the heartbeat that guides generations forward.

Memory becomes momentum, and grandmother voices RISE as guides for advocacy, healing, and transformation.

Vision Statement

To awaken and celebrate the sacred voices of grandmothers across the globe, creating a living legacy of remembrance, resilience, ritual. GGCN Magazine envisions a world where elder wisdom is central to advocacy, healing, transformation, and guiding future generations.

Mission Statement

GGCN Magazine exists to:

- Build Intergenerational Bridges by inviting daughters, siSTARS, and youth into dialogue with elders, creating mutual respect and shared healing.
- Celebrate Grandmother Wisdom through poetry, storytelling, and visual art that reflect lived experience, cultural heritage, and spiritual insight.
- Create Ritual with a sanctuary of affirmation, ceremony, and creative expression where brokenness becomes beauty and silence becomes song.
- Support Sacred Movements by spotlighting events, initiatives, offerings, rituals, and campaigns that center on grandmother leadership and community care.
- GGCN Magazine honors grandmother experience as the golden thread weaving advocacy and future leadership.

From ancestral soil to future skies, we rise, carrying the light and the voices of change.

Step into the circle. Carry the vision, may the echoes of experience awaken movements that mend and breathe life into new beginnings.



GRANDMODS

hank you ()/olunteers!!!

(Qur Geam

These dedicated volunteers do their best to keep our Facebook Group feed clean and clear for Wisdom to shine forth. Some posts get past us, and we appreciate your "report post to group admin" so we see the ones we miss!

Co-Ofounders



Guidance



Suzanne Lewis



Sharon Reigie-Maynard



Michele Telfer



Gayle Crosmaz



Joan Enoch

Hacebook Moderators



Brwyn Griffin



Carole Schaefer Offorking Ofeam



Mayana **Kingery EAST USA**



Kelley **Springer WEST USA**



mbassadors

Kalina Bains W CANADA



Vera **Bartholomay GERMANY**



Mayana **Kingery ADMIN**



Kelley **Springer EVENTS**



Kalina **Bains EDITOR**

And You?

Join Our Team... Walking Together



(Vur CfaceCBook Cfeam

These dedicated volunteers do their best to keep our Facebook Group feed clean and clear for Wisdom to shine forth. Some posts get past us, and we appreciate your "report post to group admin" so we see the ones we miss!

Co-Ofounders

Suzanne Lewis







Oderators

Beverley Iffla

Sharon Lake

Henderson

Brwyn Griffin





Waveney **Thode**



Carole

Carol **Daniels**





Offorking Ofeam

Mayana Kingery



Admin Michele



Outreach

Kelley **Springer**











Mary Jo



Intern



Regina

Sën

Kalina

Bains

Magazine

Guidance

Gayle Crozmas







Protocol for Submitting to the Global Grandmothers Council Network Magazine

Wisdom Shared. Hearts United. Voices Rising.



We are honored to receive your voices, stories, prayers, teachings, art, and lived experience for inclusion in the Global Grandmothers Council Network Magazine. This magazine is a sacred offering—a weaving of wisdom that honors the diverse traditions and paths of Grandmothers across the Earth. To ensure clarity, respect, and coherence in our publication, please follow the protocols below:

Submission Guidelines

1. Thematic Alignment: Each issue centers around a chosen theme (e.g., Peace, Water, Ceremony, Ancestors, Healing the Earth). Please align your submission with the current theme and share from the heart, rooted in your own lineage, walk, and wisdom.

2. Word Count:

- Articles/Essays: 300-1,200 words
- Poetry/Prayers: Up to 500 words
- Teachings or Ritual Descriptions: 300–800 words
- Recipes, Reflections, or Messages to the World: 150-500 words
- (We welcome brief offerings and deeper reflections alike.)
- **3. Style & Tone:** We honor authentic voice and oral tradition. Your submission may be lyrical, reflective, direct, or prayerful. Please write with clarity, respect for all traditions, and the intention of unity and healing.
- **4. Biographical Note:** Please include a short bio (50–100 words) about who you are, where you're from (ancestrally and/or geographically), and any councils, lineages, or roles you serve in. You may also include a website or social media link.
- **5. Images & Art**: High-resolution images, drawings, or photographs are welcome. Please ensure you hold the rights or permissions for any image submitted. Submit in JPG format.

How to Submit

- Send your submissions to:
 submissions@globalgrandmotherscouncil.org
- Subject Line: [Month/Theme] Magazine Submission Your Name
- Include your submission as a PDF, Word, or Google Doc with any images attached separately (JPG).
- **Submission date:** the 20th of each month for publication in the following month's magazine.

Our Heart Intention

This magazine is a living prayer. A place to share our medicines, truths, and hopes. As Grandmothers and wisdom carriers, our voices rise not in dominance but in devotion—to Earth, to the next generations, and to the reweaving of balance and beauty in our world.

We reserve the right to deny publication of content that goes against our mission. We reserve the right to use content that we publish in Grandmothers' Magazine in other ways to promote our mission.

With deepest gratitude for your sacred walk and willingness to share,
Kalina Bains, Editor in Chieftress and *The Global Grandmothers Council Magazine Team*



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With deep spiritual awe and enduring sisterhood, We honor the wisdom shared across these pages—each word, each image a heartbeat in the collective rhythm of our grandmothers' legacy. May this offering continue to illuminate, nourish, and connect us across generations and geographies.

Disclaimer
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Answers to our GGCN Crossword puzzle on page

