



HEART FAILURE

Connected Care for
Connected Conditions



Questions for your doctor



HEART FAILURE

Connected Care for
Connected Conditions

Heart failure questions you should be asking your doctor.

Heart failure is often connected to other health conditions, which means conversations about your care should connect too.



HEART FAILURE

Connected Care for
Connected Conditions

Looking at my numbers, am I at risk of any conditions connected to heart failure?

Tracking your key health numbers proactively is a powerful habit. It means you're attending routine health check-ups and watching for early warning signs!



HEART FAILURE

Connected Care for
Connected Conditions

How do my conditions affect each other?

Many people at risk of heart failure live with conditions like diabetes, high blood pressure or kidney disease. Learning how these conditions connect supports better heart health.



HEART FAILURE

Connected Care for
Connected Conditions

These are the medications I'm taking right now. How do they work together?

Medications may interact across conditions. Share your full medication list with your healthcare provider so that your care team can coordinate your treatments.



HEART FAILURE

Connected Care for
Connected Conditions

What can I do to protect my overall heart health?

Heart failure and its connected conditions are often influenced by preventable or manageable risk factors. Acting early can prevent long-term health complications.



HEART FAILURE

Connected **C**are for
Connected **C**onditions

Can I receive mental health support in my care plan?

Managing multiple connected conditions can feel isolating. If you need help, don't be afraid to ask! Support is part of building sustainable, long-term health.