



Brentwood School

Sixth Form

Timetabled Co-curricular

2026-27

Introduction

Welcome to the Sixth Form Co-Curricular programme, which will run on a Tuesday, p4&5 and Michaelmas and Trinity Field Days.

At the start of the year, all L6 and U6 students will be asked to rank their preferences for activity options for the year and provide reasons for these preferences. Students cannot switch options during the year, however, they may choose a different option in U6 from that which they did in L6.

We have provided a varied range of options; however, due to limited facilities and resources, some options have a restricted group size. As such, students will be asked to rank three preferences. Students may not choose the same option for all three preferences.

Additionally, please note:

- Students who are currently in the CCF or VSA are encouraged to continue with that activity, but all students will be able to select a preference for any option
- Please note that entry into the CCF in the Sixth Form (both L6 & U6) is limited and not an automatic progression from your previous year. Places will be allocated based on your performance in Year 11 or L6
- Students who have been in the CCF previously, but have left in Year 10, 11 or L6 may not rejoin, unless there are exceptional circumstances
- New students have all options open; if they choose CCF, they will join a fast-track programme.

In the event of over-subscription of an activity, the Director of Co-Curricular, in conjunction with the Sixth Form Team, will allocate places.

Activity options are outlined below. Information on the options process is provided by the Sixth Form Team at the start of the Michaelmas Term.

On Tuesday 8th September during p4&5 you will have a short assembly on the process of choosing your options, and then will visit a Co-curricular fair to see the range of activities on offer. You will complete your Google Form to make your choices on that day.







Voluntary Service Activity

The VSA, Voluntary Service Activity, is Brentwood School's largest group of organised volunteering. Truly embodying the attributes of 'Virtue' and 'Manners', our VSA students have copious opportunities to help not only the school community but also the wider Brentwood and Billericay areas.

We offer our 'core' volunteering opportunities, such as receiving an accredited British Sign Language Level 1 certificate, alongside our newly developed Community Action Group, which works to tidy the local area and build meaningful connections with regional charities and organisations like SNAP and Brentwood Theatre. Furthermore, we run weekly visits to Hutton View care home and Old Shenfield Place, and have proudly volunteered at Remus Horse Sanctuary, Manna Meals, Brentwood Foodbank, and two local primary schools. As we expand our outreach, we aim to rotate our activities annually so students have ample opportunity to try multiple forms of volunteering each term.

As we are expanding our outreach, we aim to rotate the selection of activities every year, so that students have ample opportunity to try multiple different forms of volunteering each term. Additionally, we are excited to offer a Brentwood First Aid qualification—a training course that equips students with vital first aid skills. Following certification, students will be well-prepared to confidently support their local communities and pursue further advanced training.

Our students also frequently volunteer at various weekends and during holidays. Our pupils are a constant presence in the local community, whether they are helping run Christmas Fairs, supporting the Brentwood Art Trail, or helping at events such as Race Across the Globe.

We also love celebrating student success in external competitions; most notably, we are incredibly proud of our VSA team for winning the prestigious Edusports Educational Challenge this year! Whether supporting a local festival or tackling a charitable initiative, our students consistently step up to make a difference.

The VSA field days are another opportunity for us to provide outreach as a group. Recent activities that the VSA have done are visits to Hopefield Animal Sanctuary, Barrow Farm Riding for the Disabled, Billericay Community Garden, The Lambourne End Outdoor Centre, The Museum of Brands in London, as well as beach cleans on the Suffolk coast and community clean ups with the local council.

At its heart, the VSA is a student-driven activity. We believe that volunteering is most impactful when it stems from personal interest and enthusiasm, which is why we empower our students to take the lead when it comes to choosing and shaping our activities and projects. If there is a particular cause students care about or a specific activity they want to pursue, we will always do our absolute best to facilitate it.

In essence, the VSA is a prime opportunity for students to establish themselves as empathetic, open-minded individuals. Volunteering is an excellent asset for any university or job application, but more than that, it allows our young people to truly become 'well-rounded' and a credit to those they interact with.

CCF Royal Navy/Army/Royal Air Force (Current Students)

Only open to students currently in Brentwood School CCF.

After completing the syllabus in Year 9/10 and learning how to teach in Year 11, L6th cadets are now ready to put the theory into practice by teaching the younger cadets. The leadership shown in the L6th will determine which Senior NCO positions are awarded for the U6th. L6th cadets will also have the opportunity to lead activities on field days, and go away on camps and courses such as Adventurous Training and Summer Camp to continue to develop their leadership skills. In addition, they will hold leading roles in competitions such as Combat Cadet or Air Squadron Trophy, as well as those taking on prominent roles in ceremonial events such as Remembrance Day or Inspection Days. Spaces in the CCF are limited by the MOD based on safe ratios of qualified staff, number of weapons/ammunition/equipment available and flying/sailing spaces, etc. If we are over-subscribed, there will be an entrance test based on basic knowledge learnt over the previous years to determine which students are allocated to the CCF.

CCF Fast Track (New Students)

The CCF fast-track programme is open to new joiners to Brentwood School Sixth Form as well as those students who have not been in the CCF before. It is an opportunity for students to have a "fast track" to becoming a Sixth Form NCO (leader). In the first Michaelmas half term, they will receive an overview of the syllabus subjects taught to the other cadets in Years 9 and 10. They will then complete the methods of instruction (MOI) course, which involves learning how to teach the cadet syllabus subjects to the junior cadets. Fast Track cadets will then start their leadership journey by leading the Y9 cadets when they join in January. It is a steep learning curve, but for committed cadets, it will be a really enjoyable and developmental experience.





Artists in Residence

The 'Artists in Residence' activity is an opportunity for students who are passionate about creating, making, and bringing ideas to life. Whether you simply enjoy art but no longer study it as a subject, or you are pursuing Art at A Level or IB, this club offers a chance to continue developing your creativity alongside like-minded students.

If you are willing to get stuck in, experiment with new ideas, and contribute to ambitious projects, we would love to have you involved. Together, we will continue to expand and enhance the presence of art across the school. Potential projects include designing and painting new murals, creating sculptural pieces for the school grounds, producing artwork for staff and department spaces, and contributing set and prop designs for school productions. Most importantly, this club is driven by creativity and initiative. If you have your own ideas for projects that you would like to develop, we would be delighted to help bring them to life.

University Skills: Baking Bad & Budget Bites

This activity comprises a rotation of two activities. (*Ingredients will be provided for you.*)

Rotation 1 – Budget Bites. Get ready for an amazing culinary adventure! Join our activities session to learn delicious, budget-friendly recipes that will prepare you for university life. From quick breakfasts to satisfying dinners, we'll teach you easy cooking techniques, budgeting tips, and nutritional balance to make life at uni a breeze! (*Please note, you will be required to bring in your own container to take your dishes home in.*)

Rotation 2 – Baking Bad! Whether you want to make a birthday cake for your mum, impress your friends with treats or find out neat tricks to take your baking to the next level, this is the place for you! Join me in the world of tasty experiments – both savoury and sweet. (*Please note, you will be required to bring in your own container to take your baked goods home.*)

Textiles

Unleash your inner designer and sew your style at the Textiles activity. This fun and friendly club is perfect for both beginners and budding fashionistas. Learn essential skills like threading a needle, conquering buttons, and mastering the perfect hem. But that's not all! We'll also dive into creative projects, letting you design and craft unique textile pieces to take home and show off. Some projects may require you to purchase specific fabrics, but we'll guide you through the process to find the perfect materials for your vision. This session is aimed at students who have an interest in using fabric to create art or other products.

Craft Club

Hooked on creativity? Y(e)arn-ing to learn a new skill? Come get tangled up in fun at the brand-new Sixth Form activity – Craft Club – where you'll be taught how to crochet, knit and embroider your way through the seasons! From Christmas decorations and cosy scarves, to Easter animals and stylish summer bags, you'll be stitching up joy all year long. Whether you're a total beginner or already a yarn wizard, there's a place for you in Craft Club!







The Brentwood Pottery Throw Down

This is a chance for a select group of students to learn how to throw clay on a pottery wheel, to build with clay coils and to use slip casting to produce a series of artworks.

Students can be complete beginners or have done ceramics before, but a willingness to try and not mind when things go wrong is essential! The students will have the opportunity to work with specialist ceramicists throughout the course and will learn how to build, glaze and fire their own collection of work by the end of the year.

Strategy Games (MTG) and eSports

Develop your strategic and logical thinking by learning to play Magic: The Gathering – the world’s most popular and successful trading card game, enjoyed by millions worldwide (including well-known fans such as Post Malone and Seth Rogen). Alongside this core focus, you will also have the opportunity to explore selected eSports games such as Rocket League and Valorant.

Throughout the club, you will primarily build your understanding, creativity, and skill through regular Magic: The Gathering sessions with Mr Prinn (6 weeks per term). These will be complemented by shorter rotations into computer-based strategy and eSports games with Mr Childs (3 weeks per term).

Even if this is something you haven’t tried before, stepping outside your comfort zone with an open mind can lead to a highly enjoyable and rewarding new hobby – one that develops both your strategic and logical thinking skills and your ability to compete and collaborate with others in a very fun setting.

See the attached video for further information: [What is Magic?](#)

Chess Outreach

Students visit Brentwood Prep with Mr Slade to teach Year 2 students how to play and improve their chess and to play with kindness against them. The students develop their own teaching skills. It is helpful if they already know the rules of chess but, if they don’t, they will be taught them in the first half-term induction period. They will also be coached in how to coach. We will of course also have fun playing plenty of chess among ourselves across the board and online throughout the year and improving our own chess level.

Refunk your Junk

Ever wanted to flex your creativity, make money, and help the planet at the same time? Welcome to Re-Funk the Junk, where you take something old, forgotten, or just plain ugly... and turn it into something EPIC.

How it works:

- Get inspired by past upcycling legends – see how everyday junk can become jaw dropping furniture
- Learn real renovation skills to transform it – paint it, decorate it, restore it, or completely reinvent it!
- Sell your masterpiece at auction and watch the bids roll in.
- Use the profits to fund the next project or donate to charity! It’s your chance to unleash your inner designer, entrepreneur, and eco-warrior all at once. Who knows? Your first flip could spark a future career in design or business!

So, are you ready to turn yesterday’s trash into tomorrow’s must-have statement piece? Let’s get creative and Re-Funk the Junk!

The Brentwood Dance Company

Students must have a desire to extend their leadership skills in Dance. The Brentwood Dance Company will go out to local primary schools in the area as part of the Schools Outreach programme. They will have the opportunity to lead a range of workshops in Street Dance, Contemporary, Ballet, Ballroom, Jazz and Musical Theatre.

Working with Mrs M Carabache, our Head of Dance, there will be a chance for students to 'take the reins' over the content and delivery style, and develop their leadership skills. A new leader will be appointed weekly to plan and facilitate each session.

The Brentwood Theatre Company

Students must have a desire to extend their skills and opportunities in Drama and Theatre. The Company will go out to Primary Schools in the area as part of the school's Outreach programme to do performances and drama workshops. They will also have the opportunity to form a theatre company and will be required to perform, possibly in assemblies or at various school events throughout the year. There may well be opportunities to perform outside of school as well, depending on what is available to us.

Sixth Form Wellbeing Walks

Students must have a desire to extend their understanding of holistic Wellbeing. You can dial down stressors through mindfulness to foster a sense of gratitude, curiosity and calm, unleash your care for the planet, and boost your mood on refreshing and immersive Wellbeing Walks in all weather! This offers a fantastic way to alleviate stress, shift focus, and connect with others - all while learning lifelong skills in personal wellbeing.

Students must be willing to take an active role in all sessions and be comfortable trying, and at times leading, in different locations weekly. Good walking trainers/shoes necessary!





Survival Skills: Self Defence & Outdoor Survival

This activity comprises a rotation of three activities. You will spend approximately 8 weeks on each activity before rotating to the next activity. After Easter L6 will get the option to spend a further period of time on their preferred activity within the rotation to further develop their skills in this area.

Activity 1 – Self Defence

Students will have the unique opportunity to learn the traditional Martial Art of Wing Chun Kung Fu from an experienced, local, full-time Sifu (Instructor). These sessions will not only include instruction in this highly effective Martial Art, but will also include basic self-defence tuition for various real-world scenarios; these will include dealing with multiple attackers, an attack from a weapon (such as a knife or bat) & ground fighting.

No previous Martial Arts experience is necessary, and though the sessions will be quite physical, any level of fitness is welcome. In addition to the physical skills which will be learned, students who enrol in this course can expect to see an improvement in their confidence, discipline and self-esteem.

Activity 2 – Archery

Students will learn an array of archery skills, including but not limited to setting up an archery range, range safety, assembling a bow, checking and maintaining archery equipment, proper shooting technique and etiquette. Students will work towards a set of Brentwood Archery Awards, achieved through a variety of archery types, and abilities within them.

Activity 3 – Bushcraft & Survival

In the outdoor survival programme, students will learn about using their surroundings as resources to survive in nature. Topics include the basics, which are fire, water, food, and shelter. Students will have the opportunity to explore different techniques to master the basics of survival and use various techniques to make the different tools needed to thrive outdoors. Students will also learn how to communicate effectively in team settings.

Canoeing

Get ready for a fun experience on the water. We will be based at Chelmsford Canoe Club and have use of their club house. Over the course we will explore a variety of crafts – race kayaks, fun boats, stand up paddle boards and canoes. You'll develop impressive paddling skills, mastering a range of strokes and techniques. Learn how to safely portage your boat, rescue yourself in tricky situations, and even help others if they capsize. Along the way, we'll build confidence, teamwork, and have loads of fun! There may even be opportunities to take part in fun races and proudly represent the school – if you're up for the challenge! As we have to drive to Chelmsford, we will leave school at the start of break and take a packed lunch. We will be off the school site for most of lunch time.

Brentwood Bullseyes

Are you the next Luke Littler?! Test your tungsten magic against other students in our Darts club. This will provide students with the chance to develop concentration, coordination, and strategic thinking in a supportive and competitive setting. Whether you're aiming for the bullseye or mastering the treble 20, darts encourages patience and resilience, a sport of skill and calculations – perfect for students looking to challenge themselves and enjoy a new kind of focus. Step up to the oche and discover what you're capable of, one throw at a time. Game On!

Mountain Biking Skills Club (MTBSC)

From fundamental techniques to the advanced mastery exhibited by our very own British World MTB Champion, Tom Pidcock, this course offers an exhilarating journey through the world of mountain biking (MTB). You will be guided through the essential skills and technical proficiency required to confidently navigate MTB 'Red Run' routes, similar to those featured in Olympic and World Championship competitions.

Training will primarily take place on our bespoke, newly developed Brentwood School Mountain Bike trail – complete with bumps and jumps – while also utilising local trails and visiting premier locations like the London VeloPark on field days. The curriculum includes comprehensive lessons on bicycle components and essential maintenance via the ‘M check’ certification. By the end of the year, we aim for you to have acquired the expertise to complete the MIAS Gears Course with speed and style.

While students are ideally encouraged to bring their own mountain bike (subject to a safety inspection), we do have a limited stock of school bikes, helmets, and gloves available. Please note that a suitable helmet, cycle gloves, and cycle glasses are mandatory. For convenience, equipment and bikes can be securely stored in the lockable bike facility by School House.

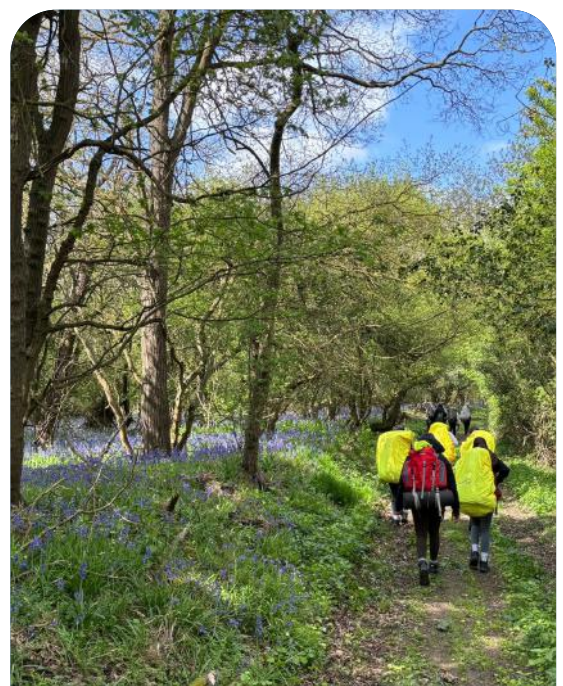
Table Tennis

Table Tennis Club is designed to develop players by placing a strong emphasis on skill acquisition, technical excellence, and tactical understanding.

Through structured sessions, pupils learn and refine core techniques such as forehand and backhand drives, topspin and backspin shots, serving accuracy, return of serve, footwork patterns, balance, and racket control. Players are taught how to generate spin, vary pace, and position the ball effectively, while also developing anticipation, reaction speed, and decision-making under pressure.

Sessions incorporate progressive drills, individual feedback, and skill-based challenges to ensure that every pupil can improve at their own pace, regardless of prior experience. Alongside technical development, students build resilience, concentration, sportsmanship, and confidence, learning how to analyse opponents and apply tactical strategies during play.

The club provides a supportive and engaging environment where pupils can develop a lifelong appreciation for the sport while continually enhancing their performance and enjoyment of table tennis.



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VLM

Virtue Learning Manners