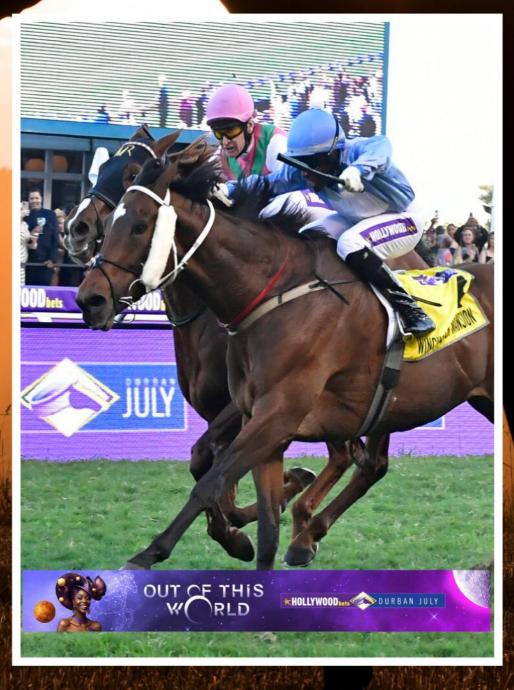
Issue 3 / July 2023

CHAMPIONS

MAGAZINE

A LIFETIME OF MEMORIES



SPECIAL OLYMPICS * FRANCE 2023 *
DURBAN JULY * WCC CRICKET 2023
EPL * RUGBY WORLD CUP 2023 *
WIMBLEDON * COMRADES

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ICC WORLD CUP CRICKET

Fixtures, teams and what to expect from one of the world's greatest sports!



Best braai broodjies recipes. Lets make the best braai broodjies with these

amazing recipes. AND WE BID A FOND **FAREWELL TO CLIVE BARKER - AN ENIGMA IN SOUTH** AFRICAN SPORT



Key to icons inside the magazine!

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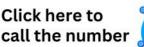
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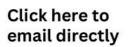


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21-Sep	Marseille	France vs Namibia	Cat 3	ZAR 6,487
23-Sep	Paris Hospitality	South Africa vs Ireland	Cat 1	ZAR 29,500
27-Sep	Lyon	Uruguay vs Namibia	Cat 3	ZAR 3,575
01-Oct	Marseille	South Africa vs Tonga	Cat 1	ZAR 11,978
01-Oct	Marseille	South Africa vs Tonga	Cat 2	ZAR 8,8578
	17-Sep 17-Sep 21-Sep 23-Sep 27-Sep 01-Oct	17-Sep Bordeaux 17-Sep Bordeaux 21-Sep Marseille 23-Sep Paris Hospitality 27-Sep Lyon 01-Oct Marseille	17-Sep Bordeaux South Africa vs Romania 17-Sep Bordeaux South Africa vs Romania 21-Sep Marseille France vs Namibia 23-Sep Paris Hospitality South Africa vs Ireland 27-Sep Lyon Uruguay vs Namibia 01-Oct Marseille South Africa vs Tonga	17-Sep Bordeaux South Africa vs Romania Cat 1 17-Sep Bordeaux South Africa vs Romania Cat 2 21-Sep Marseille France vs Namibia Cat 3 23-Sep Paris Hospitality South Africa vs Ireland Cat 1 27-Sep Lyon Uruguay vs Namibia Cat 3 01-Oct Marseille South Africa vs Tonga Cat 1

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Story by Andrew Harrison

In a race of firsts, Kabelo Matsunyane scored the biggest win of his career as Winchester Mansion got the better of hometown favourite See It Again in a tight finish to Saturday's Grl Hollywoodbets Durban July at Hollywoodbets Greyville. The 45 000 spectators were treated to a thrilling spectacle as two horses and two jockeys gave it their all.

The two joined in combat 300m out as they pulled clear of the opposition and it was a duel to the line. Piere Strydom, bidding for his fifth win in the race before his expected retirement, had to switch See It Again off the heels of a tiring Without Question but looked to just hold the upper hand on his challenger as Michael Robert's runner See It Again stuck resolutely to his guns. But Winchester Mansion gained inch-byinch and it was a nod of the heads at the line with Winchester Mansion prevailing by a head.

It was Matsunyane's first Gr1 victory of his career, it was also a first for trainer **Brett Crawford and his son James** and owner and breeder Gavnor Rupert of Drakenstein stud who have had a fabulous feature race season. It was something of a fairytale win for Winchester Mansion who injured his neck in a paddock accident as a youngster. Named after an iconic old hotel in Sea Point in Cape Town, his neck injury delayed the start to his racing career but he showed his potential by winning the Gr3 Winter Derby at Hollywoodbets Kenilworth before losing his way a little. A decision was taken to geld him and the transformation was instant as he was an unlucky second in the WSB Greyville 1900 before cementing his place in the July with a smashing victory in the Gr3 Cup Trial.

Crawford was almost speechless but

was full of praise for his jockey.

For Roberts it was heartbreak, so near but so far. Roberts and Strydom's relationship goes back to their riding days where both were fierce competitors. Strydom gave See It Again the perfect ride but was just not able to give his older rival 3.5kg. Something of a surprise package was the filly Bless My Stars who ran on gamely for third while the old man of the race and two-time winner Do It Again ran his usual courageous race to finish fourth and placed in all six July's that he contested.

After the ninth race, Greyville was plunged into darkness and after a lengthy delay in the hope that the lighting would be restored, a jockey protest led to the abandonment of the final three races on the card. The unanticipated implementation of power outages was made contrary to arrangements with the City Of Durban which ultimately led to the jockeys citing unsafe conditions as the reason for their refusal to ride. This was entirely out of Gold Circle's control and a full investigation has been launched.

In spite of the last three races being abandoned the day remained an unqualified success, according to Gold Circle's Marketing Executive, Stephen Marshall.





Special Olympics - Berlin 2023



THE SOUTH

Special AFRICAN

Special AFRICAN

SPECIAL

OLYMPICS TEAM

RDINGS HOME

BRINGS HOME
THE GOLD FROM
WORLD GAMES
IN GERMANY

MEDAL TALLY SITS AT 22 GOLD, 20 SILVER AND 7 BRONZE









🕽 Special Olympics - Berlin 2023

Johannesburg, South Africa - The 2023 Special Olympics South Africa National Team returned home to a hero's welcome after an extraordinary performance at the Special Olympics World Games in Berlin, Germany. The team amassed an awe-inspiring medal tally of 22 Gold, 20 Silver, and 7 Bronze medals, placing them among the top contenders and reinforcing their status as true champions.

This remarkable achievement holds great significance for South Africa, as it exemplifies the extraordinary talent, determination, and resilience of individuals with intellectual disabilities. The Special Olympics South Africa National Team has shattered barriers, defied expectations, and emerged as a beacon of inspiration for the entire nation.

A number of Ministries were represented at the event to share their congratulations with the team. These included the Minister of Women, Youth, and Persons with Disabilities, Dr Nkosazana Dlamimi Zulu, the Deputy Minister of Sports, Arts, and Culture, Ms Nocawe Mafu and the the Deputy Minister of Social Development Ms Hendrietta Bogapane Zulu.



The Minister of Women, Youth, and Persons with Disabilities, Dr Nkosazana Dlamimi Zulu, announced to an excited Special Olympics National Team that they would be received by President Cyril Ramaphosa at the Union Buildings.

Special Olympics South Africa chairperson, Dr Mathews Phosa, expressed profound pride in the team's remarkable success. He said. "Our athletes' remarkable achievements have ignited a sense of pride and unity throughout South Africa. By showcasing their abilities, they have shattered misconceptions surrounding intellectual disabilities and fostered a more inclusive society. This outstanding medal tally not only celebrates their sporting achievements but also serves as a powerful symbol of hope and inspiration for millions of individuals with intellectual disabilities across our nation."







Special Olympics - Berlin 2023

The success of the Special Olympics South Africa National Team serves as a testament to the commitment and dedication of the athletes, coaches, families, and the entire support system. Their accomplishments at the Special Olympics World Games represent a triumph of the human spirit and exemplify the values of determination, courage, and excellence.

The achievements of these remarkable athletes go beyond the medal count. They are a testament to the transformative power of sports and the positive impact it has on individuals and communities. Through their accomplishments, the Special Olympics South Africa National Team has sparked conversations, challenged societal perceptions, and paved the way for greater inclusivity and acceptance.

Special Olympics South Africa is committed to creating opportunities for individuals with intellectual disabilities to showcase their abilities, promote inclusion, and advocate for a more inclusive society. Through the power of sports, they continue to break barriers, challenge stereotypes, and provide a platform for individuals to reach their full potential.

The Special Olympics South
African National Team tour to
Berlin was sponsored by the
National Lotteries Commission, the
National Department of Sport, Arts
and Culture, African Bank, Phosa
Legacy, Sole Agents, the Booth
Foundation, Stabus, the Duma
Collective, Sedgars, On Point PR,
Total Exposure, Stadium Sports,
Gift of the Givers, Intercape, Studio
88, Amtronix, Kool-a-Sun and
Lahers.











ICC Men's Cricket World Cup 2023 (1)





The fixtures list for the ICC Men's **Cricket World Cup 2023 in India has** been released along with the 10 venues for the mega event that will span across 46 days later this year. The World Cup kicks off on October 5 with a repeat of the 2019 Final as **England take on New Zealand at the** Narendra Modi Stadium in Ahmedabad. Hosts India begin their campaign on October 8 against fivetime World Cup winners Australia in Chennai, A total of 10 teams will participate at the showcase event, the first eight having already qualified through the Cricket World **Cup Super League. The final two** spots will be determined at the end of the Qualifier tournament in Zimbabwe, which concludes on July 9. Each team plays the other nine in a round robin format with the top four qualifying for the knockout stage and semi-finals. The schedule for **Cricket World Cup 2023The schedule** for Cricket World Cup 2023 Key **Fixtures Apart from the cracking** opening encounter and India's faceoff with 2019 semi-finalists Australia. the tournament is filled with a host of crucial clashes.



Australia take on South Africa on October 13 in Lucknow hoping for a reversal of fortunes as a dramatic meeting in the last edition ended in the Proteas' favour.

The much-anticipated India-Pakistan clash is scheduled for Sunday October 15 in Ahmedabad. Their last encounter in the 2019 World Cup was a high-scoring affair with India achieving a huge victory in Manchester.

Pakistan will face Australia in Bengaluru on October 20, while England clash against South Africa the next day in Mumbai.

India will go up against New Zealand to try and avenge their 2019 semi-final defeat on October 22 at the picturesque Dharamsala venue and Australia face their arch-rivals England on November 4 in Ahmedabad. The defending champions had thrashed the Aussies to storm into the final four years ago.



ICC Men's Cricket World Cup 2023



Zimbabwe strengthen qualification hopes with Oman win - Getty Images



Australia take on New Zealand at the foot of the mountains in Dharamsala. India will be waiting for England on October 29 in Lucknow, who defeated them in the semi-final of the 2022 T20 World Cup just last year.

The final group stage match will be England up against Pakistan in Kolkata on November 12. The first semi-final will be hel on Wednesday November 15 in Mumbai and the second semi-final will be held the following day in Kolkata. Both semi-finals will have a reserve day. The Final will take place at the Narendra Modi Stadium in Ahmedabad on November 19 with November 20 slated as the reserve day. All three knock-out fixtures will be day-night affairs, with the matches beginning at 14:00 local time.

Dinesh Karthik, Nasser Hussain and Ricky Ponting run their eye over the Cricket World Cup 2023 fixtures.

Tournament Venues

There will be a total of 10 venues - Hyderabad, Ahmedabad, Dharamsala, Delhi, Chennai, Lucknow, Pune, Bengaluru, Mumbai and Kolkata.

Guwahati and Thiruvananthapuram in addition to Hyderabad will host the warm-up matches from 29 September to 3 October.





July 2023 Sporting News



SA's Brad Binder, at Dutch Moto GP







Brad Binder regrets his Dutch MotoGP mistake that saw him drop from third to fourth. Binder says he can deal with his penalty, but he feels bad for the Red Bull KTM team. Binder is fourth in the 2023 MotoGP championship.

Brad Binder had his hopes of appearing on the Dutch MotoGP podium dashed when a last-lap incident saw him drop from third to fourth on Sunday.

The Red Bull KTM rider was primed to finish in third place and round out the top 3 around the Assen circuit, but he exceeded track limits at Turn 8, with Race Control penalising him for it. In the end, Aleix Espargaro inherited the position.

"I don't know what I was doing, but I didn't even realise I'd touched that area again," Binder said after the race.

He was penalised for the same transgression in Saturday's sprint race. Despite his fourth-place finish, the South African still scored 13 championship points and remains within an outside chance of challenging for the 2023 title.

With 114 points to his name, Binder is fourth in the championship and 80 behind Dutch GP winner and title-race leader Francesco Bagnaia (Ducati).

Binder had never finished on the podium around Assen.





July 2023 Sporting News



F1 - Canadian Grand Prix - Circuit Gilles Villeneuve, Montreal, Canada - June 18, rstappen celebrates after winning the race REUTERS/Evan Buhler/

June 28 (Reuters) - Red Bull are ready for a homecoming party as they celebrate 100 wins in Formula One with a sellout crowd at the first Austrian Grand Prix since the death last October of the team's billionaire owner Dietrich Mateschitz.

Max Verstappen, Red Bull's runaway leader and winner of six of eight races so far this season as he heads for his third championship in a row, will be favourite to make it 101 at Spielberg on Sunday.

The Dutch 25-year-old can become the most successful driver in Austrian Grand Prix history if he wins for a fourth time, one more than the record he shares with French great Alain Prost.

Verstappen already has four wins at the scenic circuit, having also won the 2021 Styrian Grand Prix.

"It's great to be going back to Austria with this run of results," said team boss Christian Horner after Verstappen's landmark win in Canada.

"There'll be a big home crowd, it's a sellout and they always put on a big event. I think this year's event will be maybe the biggest event they've ever put on."

100 WINS IN FORMULA ONE FOR RED BULL

Security will be tighter and more visible after some spectators reported racist, sexist and homophobic abuse last year, with alcohol no longer allowed into the event. Rain is also forecast for Friday and Saturday.

Austria is the second sprint of the season, a chance for Verstappen to stretch his huge 69 point lead over team mate Sergio Perez who has not featured on the podium for the last three races.

Verstappen won the sprint in Austria last year but Ferrari's Charles Leclerc triumphed on Sunday with his Dutch rival second and Perez failing to finish after a first lap collision with Mercedes' George Russell.

Ferrari have had just one podium so far this season, on a sprint weekend in Baku when Leclerc finished third on Sunday, and have not won since Austria last July. Of the 19 races since then Red Bull have won 18 and Mercedes one.

Mercedes are aiming to build on momentum, with seven-times world champion Lewis Hamilton third in Canada and the car expected to perform better in Austria.

Aston Martin's Fernando Alonso will be chasing his seventh podium appearance in nine races while McLaren and Renaultowned Alpine are also hoping to be more competitive.





July 2023 Sporting News

WASHINGTON, June 26 (Reuters) The framework of the merger
agreement of the PGA Tour and
Saudi-backed LIV Golf says a forprofit subsidiary of the U.S. golfing
body will be created to manage
commercial investments and assets
for all tours, according to a copy
reviewed by Reuters on Monday.

The PGA Tour will have a permanent controlling interest in the subsidiary's board of directors, regardless of the Saudi investment, the framework says.

The PGA Tour, DP World Tour and rival Saudi-backed LIV circuit, which had been involved in a bitter fight that split the sport, earlier in June announced an agreement to merge and form one unified commercial entity.

The framework agreement also ends litigation between the two sides.

The LIV Golf series is bankrolled by the Saudi Arabia Public Investment Fund and critics have accused it of being a vehicle for the country to improve its reputation as it faces criticism of its human rights record

COLF

Saudi Arabia's Public Investment Fund Governor Yasir Al-Rumayyan will be the chairman of the new entity, called NewCo in the framework, while PGA Tour Commissioner Jay Monahan will be the CEO.

The framework is likely to be a focus of a U.S. Senate panel on July 11 where Monahan, Al-Rumayyan and LIV Golf CEO Greg Norman have been invited to testify.

The proposed deal has faced intense criticism in Washington.

U.S. Senator Richard Blumenthal has asked the PGA and LIV for communications and records on their planned merger, citing concerns about the Saudi government's role in the deal and risks posed by a foreign government entity assuming control over the sport.

Blumenthal, a Democrat who chairs the Senate Permanent Subcommittee on Investigations (PSI), demanded to know how the nonprofit group came to its agreement with LIV Golf, a professional body.

He also wanted to know how any newly formed entity will be structured and operated, including how the PGA Tour intends to preserve its taxexempt status.

Reporting by Chris Sanders and David Shepardson; Editing by Peter Rutherford



THE WALL

Comrades Marathon



There was drama until the very end of the 2023 Comrades Marathon when two runners stole the hearts of the Kingsmead crowd. Siphiwe Dludla and Jaypee Snyman were the last two finishers. They had never met before Sunday, but Dludla now calls Snyman her "friend". The numbers still need to be confirmed, but it is expected that nearly 15 000 runners completed the 2023 Comrades Marathon from Pietermaritzburg to Durban on Sunday.

It was a magical day that saw participants from all over the world descend on KwaZulu-Natal, and it was made even more special by South African heroes Tete Dijana and Gerda Steyn smashing the down run records on their way to epic victories.

But not everybody can be a winner. As the clock was counting down towards the 12-hour cut-off on Sunday, the Kingsmead crowd saw a couple of runners struggling to the finish. They were practically arm-in-arm, with Hollywood Athletic Club's (Durban) Siphiwe Dludla clearly in a bad way.

MEET THE TWO RUNNERS WHO FINISHED LAST AT

2023 COMRADES AND STOLE DURBAN'S HEARTS

To her left, Worcester's Jaypee Snyman was doing all he could to will her on. The roar when the pair crossed the finish line was deafening and, with nobody behind them making the cut-off, they were officially the last two to finish the race this year.

Dludla couldn't stand. With the help of an official propping her up, she smiled through the pain and thanked her newly-acquired friend for life.



THE WALL

Comrades Marathon

"This one must go down in the history of South Africa!" a broken Dludla said."I didn't expect to finish. My back was so sore. This was my first time having this problem.

"But I'm no longer sore because I am happy. I will never forget Jaypee. He will always be my friend. He has done so much for me."This was Dludla's sixth completed Comrades, while Snyman's story is equally inspiring.

He has now completed 19 of the 20 Comrades he has started, with his only failed effort last year's down run when he says he suffered a mental block.

That anguish makes Sunday's return to a medal even sweeter for the 56-year-old farm school teacher. "I don't know her. I just met her as a comrade on the race," said Snyman. "I'm feeling fine. I'm a teacher on a farm school, and the social circumstances there are so bad. Last year, I didn't have enough power within me to fight the last six kilometres.

"I stood still and knew my body wouldn't make it, even though I had enough time. But my mind wouldn't get me there."

Snyman says he was not concerned that helping Dludla might potentially cost him another finish.

"I saw the time and didn't panic," he said.

"She was trying to push, and I had to calm her down. That's the spirit of what this race is about. It's about human kindness and camaraderie."

Snyman insists he will be back next year, taking on the route for the 21st time.

"I will do this until I can't," he said.





Comrades Marathon



The Comrades Marathon Association (CMA) hosted an exclusive #Comrades2023 Champions Prizegiving Breakfast, presented by Brand South Africa, at the Southern Sun Elangeni Hotel on Monday, 12 June 2023 with the winners, Tete Dijana and Gerda Steyn who both claimed their second victories; other top performers, CMA sponsors and partners, government dignitaries, road-running officials and the media.

Nedbank Running Club's Dijana won the Men's Race in a time of 5:13:58; breaking David Gatebe's 2016 Best Time of 5:18:19 by over four minutes, while Phantane Running Club's Steyn claimed her victory in a time of 5:44:54, breaking Frith van der Merwe's 34-year stranglehold on the Women's Best Time of 5:54:43 by more than 9 minutes.

CMA Chairperson, Mqondisi Ngcobo congratulated the 2023
Comrades Marathon Champions, saying, "This year's Comrades
Marathon has been nothing short of phenomenal. We are pleased to
introduce our 96th Comrades Marathon Champions to the world. We
commend these two superb athletes on their Proudly South African
performances and take immense pride in celebrating their victories
and new Best Times."

With more than 16-thousand starters and nearly 15-thousand finishers, the Comrades Marathon had an astounding 92,68% finish rate which is the highest ever finishing rate in the history of The Ultimate Human Race.

The provisional results of the 2023 Comrades Marathon are as follows:

Starters: 16072 Finishers: 14896





While it might be Saudi Arabia's blockbuster takeover attempt that has stolen most of the headlines this summer, the Middle Eastern giants are not the only emerging market that have made a seismic statement in 2023.

Watching Inter Miami stun the football world last month and complete one of the most historic swoops of the modern-era as they welcomed seven-time Ballon d'Or winner Lionel Messi to the United States, the Herons are embarking on a superstar makeover.

Along with announcing the arrival of Messi last month, fellow former Barcelona icon Sergio Busquets has also confirmed that he is the latest European giant that will be heading to Miami this summer.

Likewise, after appointing former Mexico boss Gerardo 'Tata' Martino last week, David Beckhman's budding franchise are still publicly looking to break the bank further.

Already stating that they are looking to recruit a host of big-name superstars this summer, we have taken a look at three international icons that have been linked with a Stateside switch over the coming weeks.



Visit www.championarising.co.za for links to EPL Soccer





June 14 (Reuters) - Experienced midfielder James Milner will join Brighton & Hove Albion as a free agent next month following his successful eight-year spell at Liverpool, the two Premier League clubs announced on Wednesday.

Brighton said the 37-year-old has signed a one-year deal with the south-coast club after a trophy-laden spell with Liverpool where he won the Champions League, the Premier League, the FA Cup and League Cup in 332 appearances for the club.



Soccer Football - Premier League -Southampton v Liverpool - St Mary's Stadium, Southampton, Britain - May 28, 2023 Liverpool's James Milner reacts after playing his last match for the club REUTERS/Peter Nicholls/File Photo NEW YORK, June 5 (Reuters) - U.S. winger Christian Pulisic plans to return to Chelsea despite speculation that his days at Stamford Bridge are over.

Pulisic became the most expensive American soccer player when he signed with the Premier League side in 2019 for some 64 million euros (\$68.54 million) but a recent lack of playing time prompted frustration.

"As of right now, I'm a Chelsea player and I plan to go back, but a lot of things can happen. A lot of things can change," said the 24-year-old, who has rejoined the U.S. national team ahead of their CONCACAF Nations League title defence.

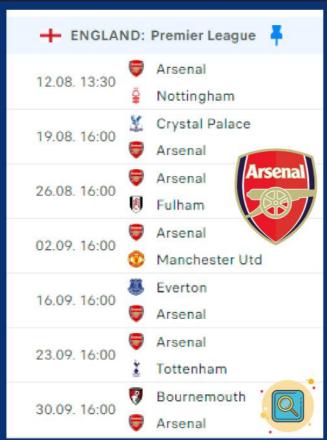


Soccer Football - FIFA World Cup Qatar 2022 - United States Press Conference - Al Gharafa SC Stadium, Al Rayyan, Qatar - December 1, 2022 Christian Pulisic of the U.S. during the press conference REUTERS/Hamad I Mohammed

13.08. 17:30	(1)	Chelsea
13.06. 17.30	-	Liverpool
19.08. 16:00	X	West Ham
17.08. 10.00	(1)	Chelsea
26.08. 16:00	(1)	Chelsea
20.08. 10.00	3	Luton
02.09. 16:00	(1)	Chelsea
02.09. 10.00	₽	Nottingham
16.09. 16:00	7	Bournemouth
10.09. 10.00	(1)	Chelsea
23.09. 16:00	(1)	Chelsea
23.09. 10.00		Aston Villa
30.09. 16:00	8	Fulham
30.09. 10.00	40%	and the second s

Chelsea





June 28 (Reuters) - Arsenal have signed Germany forward Kai Havertz from Chelsea on a longterm contract, the Premier League club said on Wednesday.

The transfer fee has not been disclosed but British media reported Arsenal will pay Chelsea 65 million pounds (\$82.63 million) with an additional 5 million pounds in add-ons.

"It's super exciting for me to be joining this amazing club and to be part of the Arsenal family. This club has such a big history, and I hope we can achieve lots of things," the 24-year-old told the club website.



Soccer Football - Champions League - Quarter Final -Second Leg - Chelsea v Real Madrid - Stamford Bridge, London, Britain - April 18, 2023 Chelsea's Kai Havertz reacts Action Images via Reuters/Matthew Childs/File Photo

July 2 (Reuters) - Former Manchester United midfielder Tom Cleverley announced his retirement from soccer at the age of 33, citing lingering injuries.

The ex-England international most recently captained Watford, joining the Championship side on loan from United during the 2009-10 season.

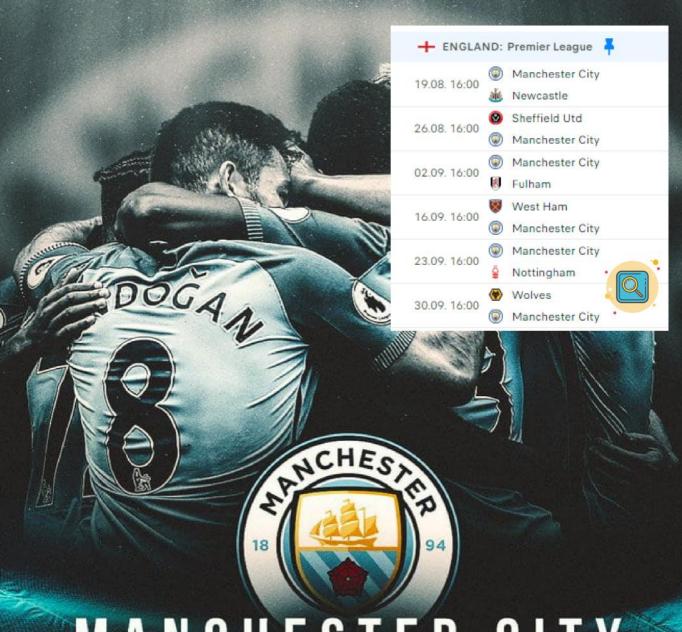
Cleverley made 181 appearances, scored 19 times and registered 15 assists during his six-and-a-half-year spell at Watford after joining from Everton on loan for the second time and making the move permanent in 2017.



Soccer Football - Premier League - Watford v Brighton & Hove Albion - Vicarage Road, Watford, Britain - February 12, 2022 Watford's Tom Cleverley during the warm up before the match REUTERS/David Klein/File Photo

Photo				
14.08. 21:00	③	Manchester Utd Wolves		
19.08. 16:00	3	Tottenham Manchester Utd		
26.08. 16:00	③	Manchester Utd Nottingham		
02.09. 16:00	•	Arsenal Manchester Utd		
16.09. 16:00	®	Manchester Utd Brighton		
23.09. 16:00	3	Burnley Manchester Utd		
30.09. 16:00	T.	Manchester Utd Crystal Palace		
	3	Manchester Utd		





MANCHESTER CITY

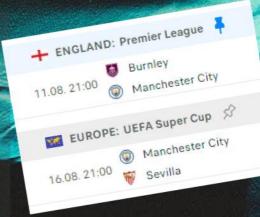
June 15 (Reuters) - Manchester City begin their title defence with a trip to promoted Burnley, who are managed by the champions' former captain Vincent Kompany, the Premier League said on Thursday.

City open the season on Aug. 11, with the final round of matches scheduled for May 19, 2024.

Last season's runners-up Arsenal host Nottingham Forest in their first match while Mauricio Pochettino's reign at Chelsea begins with the visit of Liverpool.

Among the other opening fixtures, Tottenham Hotspur face Brentford, Manchester United take on Wolverhampton Wanderers and Newcastle United welcome Aston Villa.

Promoted Sheffield United face Crystal Palace and Luton Town, who returned to the top flight for the first time since 1995, take on Brighton & Hove Albion.





The Princess of Wales and Roger Federer meet Wimbledon's Ball Boys & Girls







CHAMPION OF THE STATE OF THE ST

Wimbledon

The Princess of Wales, Patron of the All England Lawn Tennis and Croquet Club, was joined by eighttime singles champion Roger Federer on a visit to Wimbledon to shine a light on what it takes to be a Ball Boy or Girl ahead of 2023 Wimbledon Championship. Wimbledon is the oldest tennis tournament in the world and is widely regarded as the most prestigious. The Princess has been the patron of the All England Lawn Tennis and Croquet Club since 2016. Each year, around 1,000 applicants, aged 13-15, from local schools take part in training sessions at the All **England Club's Community Tennis** Centre in Raynes Park.

Approximately 250 BBGs eventually take to the courts at Wimbledon following several months of regimented training sessions, learning a variety of skills from signalling to ball changes, rolling balls up to the net and the correct techniques to bounce the balls to players. The final cohort of BBGs that are selected are comprised of approximately 170 new participants, with around 80 BBGs returning from previous years. In the film released today, Her Royal Highness is seen visiting the All **England Club with Roger Federer to** meet returning and prospective BBGs and hear about their experiences in training for the role. The film sees the Princess take part in a doubles rally with Roger Federer on No. 3 Court before Her Royal Highness joins the BBGs on court to participate in a training session. Together, the Princess,

Roger Federer and the BBGs discuss what it's like to be a BBG, the experience of going through the training programme and the lasting impacts of the skills learnt. Following the rally, the Princess and Roger Federer go to the All England Club's Indoor Tennis Centre

The Princess and Roger Federer meet Sarah Goldson, a BBG manager, and observe the session to learn about the different skills that are being perfected and hear from prospective BBGs about their experiences of the training. The film ends with the Princess and Roger Federer taking part in the session by shadowing the BBGs before a final group photograph. Speaking about the film, Sarah Goldson, BBG Manager, said: "It was a pleasure to welcome Her Royal **Highness and Roger Federer to** Wimbledon to see and experience what it takes to be a BBG at Wimbledon.

We're really proud of the young people who dedicate so much time and effort to their role which plays an integral part in delivering a successful championships." During the filming, Roger Federer said: "This is proper practice, I'm really impressed at how much effort and training goes into being a ball kid during the Championships. I used to be a ball kid in Basel when I was 9 or 10 and as I have always said: once a ball kid always a ball kid." Speaking during the film about the skills you learn in BBG training, the Princess said:

"Wimbledon is renowned for its amazingly professional Ball Boys and Ball Girls, the amount of work it takes, it's incredible to see it behind the scenes... With all the discipline and everything you've learnt, you'll be able to take it into so many other parts of your life, things like confidence and that feeling of pride with being on any of the courts is such a big moment."

The 2023 championships will take place from 3 to 16 July with the film being played every day on the iconic hill, to those in the queue and around the grounds.

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World Cup Rugby 2023

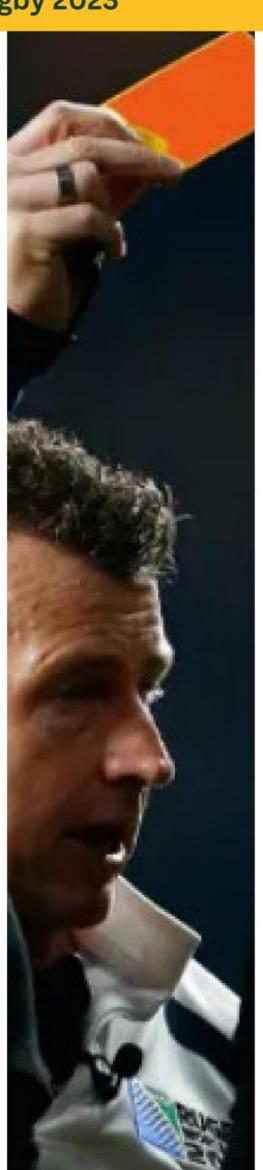
Orange card" World Rugby confirm huge law change for the 2023 Rugby World Cup

28 June 2023 Rugby Rucker
World Rugby continues to be open to
innovations or technology that have
the potential to assist officiating,
enhance game flow and advance
welfare in line with the key outcomes
of the recent Shape of the Game
conferences.

Similar to the Orange card concept, the Television Match Official (TMO) Bunker is a concept that reflects that mission, having the potential to reduce lengthy stoppages and promote accurate decision-making for foul play, as evidenced in the current Super Rugby Pacific trial.

While continuing to consult with stakeholders on this topic, World Rugby are set to confirm that it will operate a TMO Bunker at the 2023 Rugby World Cup following its trial at the World Rugby U20 Championship 2023, hosted in South Africa in June to enable further evaluation. That trial has been based on the following principles:







World Cup Rugby 2023

Clear and obvious red cards for foul play involving contact with the head will receive a red card resulting in the player being permanently being removed from the game and unable to be replaced

For any incident where a red card is not obvious, a yellow card will be issued and dedicated foul play reviewers in a central bunker review the incident using all available technology and footage Once 10 minutes has elapsed, the yellow card is either upheld and the player returns to the action or it is upgraded and the player permanently leaves the field, unable to be replaced

Consideration will be given to furthering the trial in the test arena ahead of Rugby World Cup 2023 in France if the trial is deemed successful and further adoption is supported by the elite rugby stakeholders, including importantly match officials, players, unions and competitions.

For clarity, orange cards and 20 minute red cards will not feature at the World Rugby U20 Championship.

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SPRINGBOKS

VS

ARGENTINA





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World Cup Rugby 2023

With an ambitious plan aimed at reducing the 2023 Rugby World Cup's ecological impact, World Rugby has confirmed the medals at the tournament will environmentally-friendly.

With that goal in mind, the France 2023 organisers have teamed up several other stakeholders to create sustainable gold, silver and bronze medals for the tournament from recycled mobile phone components. Iconic symbols of the sport, the medals will be awarded to players and coaches from the teams taking the top three places at Rugby World Cup 2023: the winners of the Webb Ellis Cup, the runners-up and the winners of the third-place bronze playoff.



Participation medals will also be presented to all the players taking part in the tournament.

Working closely with the France 2023 teams, the Monnaie de Paris, France's oldest and most illustrious minting institution, designed, engraved and struck the medals at its workshop.

They will be presented to the players taking part in Rugby World Cup 2023 in an environmentally friendly case and attached to a ribbon made from recycled material.

RUGBY WORLD CUP MEDALS COMBINE BOLDNESS AND TRADITION

The Möbius strip that wraps around the Rugby World Cup 2023 logo on the front of the medal is a unique and continuous link connecting the players to the fans, rugby to society, and France to the world.



World Cup Rugby 2023



SA RUGBY



The Webb Ellis Trophy the Springboks will be competing for in France

The iconic Webb Ellis Cup featured on the back of the medal is the ultimate prize for every rugby player and has been awarded to the Rugby World Cup winners every four years since 1987.

It is named after William Webb Ellis, a student at Rugby School in England, who made sporting history in the autumn of 1823 by picking up the ball during a football match and running with it, flouting the rules in force at the time.

It was a disruptive action that defied the norms, and its 200th anniversary is being celebrated in 2023.

Bold yet traditional and combining nods to its history and avant-garde spirit, the medal embodies France and rugby at their strongest.

It is topped by a depiction of the Arc de Triomphe, the monument where the country celebrates its greatest achievements and the scene of unforgettable outpourings of joy.

KEY MEDAL PRODUCTION FACTS AND FIGURES

- 1,491 medals (gold, silver, bronze and participation medals)
- 206,000 used mobile phones collected
- 2,953kg of metal recovered from 31 tons of phones
- 138 phones to make each medal
- 220 participating clubs and organisations
- Springbok won the Rugby World Cup in 2019. Cup now in France
- The William Webb Ellis trophy the Springboks will compete for at the Rugby World Cup. Photo: World Rugby.



Click here for France Freewheeler Catalog

7

World Cup Rugby 2023

World Rugby confirmed that the Webb Ellis Cup arrived in France on an Emirates A380 as champions South Africa pass the iconic trophy to hosts France, a symbol that the countdown is truly underway, with attention then turning to activities across the 10 host cities, culminating in a spectacular light show set to transform the Arc de Triomphe in Paris.

Legendary former Springbok prop Tendai "Beast" Mtawarira was on hand to hand over the trophy to the 2023 Rugby World Cup organisers.

Mtawarira, now 37, was a member of the Springbok side that won the 2019 World Cup in Japan. He played 114 Tests for South Africa.



South Africa v Ireland, Pool B, 23 September, Stade de France Defending champions South Africa open their RWC 2023 campaign against Scotland on the opening weekend, and whatever the result in Marseille there will be a lot riding on the Springboks' date with Ireland 13 days later. All three teams will have ambitions extending beyond the pool stage, placing extra importance on the matches between them.

This match at Stade de France will be something of a step into the unknown for both teams as Ireland have never faced South Africa at Rugby World Cup. The Springboks hold the upper hand in the fixture, having won 18 of the 27 tests contested by the sides, although Ireland have won the previous two.

Victory on the outskirts of Paris could give the winners the upper hand in the battle to top Pool B. Ireland, though, will know that their RWC 2023 destiny should still be in their hands regardless of the result against South Africa, given they are due to play Scotland on the final weekend of the pool stage.

World Cup Rugby 2023



The Springboks are seemingly repeating what worked for them in 2019 but Rassie Erasmus has refused to stick exactly to the playbook.

Split squads - tick.

Arriving well before schedule - tick.

Similar squad to four years ago - tick, well sort of ...

The mainstay of the defending champions will be on the plane to France but all is not lost for those who have been on the fringes of the Springboks over the past few seasons.

This has been confirmed by Rassie Erasmus himself.

NINE NEW FACES VYING FOR WORLD CUP SPOTS

"Ox Nche wasn't at the previous World Cup, Joseph Dweba, Salmaan Moerat, Evan Roos, Jaden (Hendrikse), Grant (Wiliams), Manie (Libbok), Canan (Moodie), Kurt-Lee (Arendse) ... So, people like to say we are just going on with the same squad, but I've just mentioned nine guys who are probably really close to making the World Cup squad," Erasmus told the media recently when announcing his latest Springboks training camp squad.

That's four Stormers in the mix following two great years in the United Rugby Championship



2023 RUGBY WORLD CUP IS THE PINNACLE

The Springboks will begin their preparations for the Rugby Championship at a training camp in Pretoria from Monday 12 to Friday 30 June, with the team slotting into match mode the following week for their opening match against Australia at Loftus Versfeld on Saturday, 8 July.

Nienaber's charges will then depart for New Zealand for their second Test of the condensed version of the competition against the All Blacks at Mount Smart Stadium in Auckland (15 July), before returning to South Africa for their closing match against Argentina in Johannesburg (29 July).

The Springboks will play three Rugby World Cup warm-up matches: against Argentina in Buenos Aires (Saturday, 5 August), Wales in Cardiff (Saturday, 19 August) and New Zealand in London (Friday, 25 August) respectively.

World Cup Rugby 2023



They will then make their way to France for the international extravaganza where they face Scotland in Marseille (Sunday, 10 September), Romania in Bordeaux (Sunday, 17 September), Ireland in Paris (Saturday, 23 September) and Tonga in Marseille (Sunday, 1 October) during the pool stages.

South Africa head coach Jacques Nienaber added: "The last four years have passed by at a rapid pace and it is almost surreal that we are 100 days out from Rugby World Cup 2023 in France. Given the meticulous planning by the organisers and the fantastic stadiums and facilities in the host cities, we believe it will be a memorable Rugby World Cup for the participating teams and fans attending the event. The competition among the top sides in the world is intense, and we know that we need to be at our best in each match to be in contention to defend the title."

SPRINGBOKS 2023 TEST FIXTURES Rugby Championship

- 8 July: Springboks vs Australia (Loftus Versfeld, Pretoria)
- + 15 July: South Africa vs New Zealand (Mount Smart, Auckland)
- 29 July: South Africa vs Argentina (Ellis Park, Johannesburg)
- ALSO READ: Rassie Erasmus sends special Twitter message
- World Cup warm-ups
- → 5 August: South Africa vs Argentina (Vélez Stadium, Buenos Aires)
- → 19 August: South Africa vs Wales (Millennium Stadium, Cardiff)
- → 25 August: Springboks vs New Zealand (Twickenham Stadium, London)

Rugby World Cup

- → 10 September: South Africa vs Scotland (Stade Vélodrome, Marseille)
- → 17 September: Springboks vs Romania (Stade de Bordeaux, Bordeaux)
- 23 September: South Africa vs Ireland (Stade de France, Saint-Denis, Paris)
- → 1 October: Springboks vs Tonga (Stade Vélodrome, Marseille)





Kom braai met Ons

BRAAI BROODJIES



Level up your roosterkoek dough by adding chopped rosemary leaves. For the centre, go posh with camembert or brie and, just like you would with a cheeseboard, add some sweetness with jam, syrup or honey. There's no resisting these gooey bites.

Enter steak, cheese and egg.
Make your braaibroodjie the
main event by turning it into a
classic Dagwood. The perfect
dinner solution for when
you're craving a mid-week
braai.





When it comes to last-minute desserts, this one will win you over. You only need 4 ingredients to make this braaied loaf oozing with melted chocolate and caramel. Go the extra mile and serve with scoops of vanilla ice cream

This roosterkoek recipe takes cheesy to a new level! Fill it with cheddar, mozzarella and cream cheese for added decadence. Serve with a vibrant green leek butter that's a game-changer! This one will win anyone over.





This loaf is perfect for a small crowd. Store-bought potbrood is stuffed with sweet caramelised onions, sprinkled with cheese and grilled until melty and golden brown. Super simple, but it delivers on flavour!



This is technically not a braaibroodjie, but we couldn't resist. Use store-bought pizza bases and go crazy with your favourite toppings, or stick to our suggestions. To avoid any spills, place pizza in a folding braai.



How do you know if your coals are just right for braaibroodjies?

You should be able to hold the palm of your hand over the coals for 3-5 seconds and no more.

Any hotter will burn the bread before the cheese inside has melted; any cooler and the cheese might not melt at all.

Place your braai grid about 10cm above the coals to avoid burning the breads. Remember to turn your bread or braai grid regularly for even cooking and best results.

Don't overfill your broodjies, as it'll make turning them over or keeping them together difficult.

Best braai broodjies recipes. Lets make the best braai broodjies with these amazing recipes.

Who doesnt love braai broodjies recipes as breakfast, luch or dinner. Anytime is good for braai broodjies they are the best.

With these recipes you can't go wrong making the best braai broodjies on the open fire. Braai broodjies are a traditional South African favorite.

How to make the best braai broodjies recipes is quick and easily explained in this video.

These are the best braai broodjies all over town...

Cooking time :- 5 Min a side in total over medium coals turned regularly.

Spices:- Salt & Pepper and some Six gun spices to taste

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CLIVE BARKER

23 June 1944 - 10 June 2023



Barker, 78, died on Saturday 10 June 2023, with thousands mourning the passing of the iconic South African football figure. Sports Minister Zizi Kodwa, South African Football Association (SAFA) president Danny Jordaan and Barker's Africa Cup of Nations-winning captain, Neil Tovey, paid their respects to the family.

The minister announced that Barker would receive an official provincial send-off to celebrate his life, following the family's wishes and government processes.

"We wanted to celebrate his life, but, in doing so, we thought we should come to the family, get affirmed to the family's wishes," Kodwa said while addressing the media.

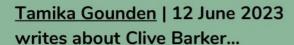
As a result an official provincial send off was arranged and Clive went off in style...







In Memory of



JOHANNESBURG - "Father figure" and "sporting legend" are some words being used to describe the late and former Bafana Bafana coach, Clive Barker.

The 78-year-old soccer legend <u>died</u> on Saturday after a brief battle with <u>illness</u>.

Barker was the country's first and only African Cup of Nations (Afcon) coach to win the tournament.

ALSO READ:

- Clive Barker's death a 'huge blow', says Safa president Danny Jordaan
- Politicians and former sports
 players sing Clive Barker's praises

He is known for dedicating his life to empowering his players and breaking race barriers on the field. Barker is remembered for his signature "airplane" lap of honour around the FNB Stadium after

Bafana Bafana beat Tunisa 2-0 in the Afcon finals in 1996. Former Bafana Bafana captain, Neil Tovey, said that he was fortunate to play under him.

"He created an atmosphere around that team that was unique to every other coach I've ever had and it was a disjointed team and he brought the team together. Each player had their respective strengths and another big attribute was blending those qualities together."

He said that South Africans were mourning the loss of a national icon. "Every team we had, we were very, very successful, and his biggest attribute was that he was a player's coach - every training session was the most wonderful occasion and enjoyable occasion and when you start enjoying your, training then you start enjoying your matches and enjoying your performances and Clive was very, very unique in that way."



LAST WORD

with Robin Ball

The forthcoming Championship Series awaits our Springbok fans with much excitement. The Loftus test vs Australia next Sat 08 July has seen solid Bok team workouts, with some indecisive calls still awaited for the Flyhalf position, as both Willemse & Libbok in the key role, as both are fully fit. A strong pack of first five, with an excellent loose trio will be covered by a superb bench, with Kwagga Smith back to his best. Eddie Jones will bring his Co Captains: James Slipper and Hooper will see the Wallabies bring a very strong pack focused on their lock's Skeleton & Arnold. Ouade is likely to be the playmaker, whose kicking will make the difference. Jacque Nienaber & Rassie Erasmus have good plans and well trained players in their excellent systems ready to take on the All Blacks & Argentina this July 2023. Go Bokke !! And don't forget to visit our website for updates!

See you on the Sports Grandstands....

Best,

Robin



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