

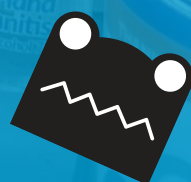
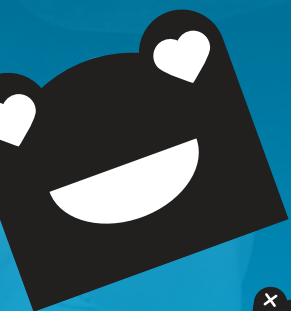
INTERACTIVE NEWSLETTER
Look out for this symbol



A look back through
NOVEMBER '24

Post-16

NEWSLETTER



Successful Work Placement

Learner, Amber, recently began her work placement at a local Charity Shop, where she is gaining valuable hands-on experience and developing key skills.

In her role, she has started assisting with various tasks such as organising donations, helping customers, and learning the daily operations of the shop.

This opportunity is helping Amber build important skills in teamwork, communication, and workplace processes, all of which will support her future career goals and personal growth.



Amber, gaining new skills at her work placement



Lest we forget..



Our **Newton Abbot Centre** joined in with the community Remembrance competition during November. Learners and staff joined forces to create a show-stopping display to help educate passers by on the meaning of Remembrance Day by sharing facts and stories.



Although we didn't win, we thoroughly enjoyed creating it and learning all about Remembrance Day. Learner Kyle, went all out by not only writing a modern day rap about the war but even getting it produced.

[Click to listen](#)



In **Plymouth Centre**, the pastoral team worked with our learners on a collaborative project for Remembrance Day. Each learner created their own piece for the display, and every piece

is unique. Showing their personal views. The artwork uses different colours and techniques, highlighting the creativity and diversity of the students. The finished pieces are now displayed in the reception area as a symbol of remembrance, honouring those who have served. This project not only marks the importance of Remembrance Day but also celebrates the students' individual creativity and teamwork.

Lost in WW2

Yo, I'm stepping on the track, I can't even deny,
The war was mad rough, got me asking why.
Soldiers on the frontline, risking their lives,
It's crazy that they had to face all that strife.

World War II, it was dark, no joke,
So many brave souls, man, it's no hoax.
7,500 gone, and more before that,
Families shattered, can't bring 'em back.

Imagine that call, your son ain't coming home,
It's a pain, man, cuts deep to the bone.
Big guns, bombs, yeah, they brought the fight,
Germany wildin', they lost their sight.

War's a mess, no one should go through that,
All those lives lost, it's a cold fact.
It's 2024, let's keep the peace,
Birthdays, Christmas, we want that at least.
It's been so long, but the scars still stay,
We pray that it never happens again, no way.
No need for beef, let's calm it down,
Don't make us retaliate or run this town.

Yeah, war's no joke, took so much away,
Those soldiers deserve respect every day.
Let's learn from the past, let's do it right,
'Cause no one needs to lose their life in a fight.
War's a mess, no one should go through that,
All those lives lost, it's a cold fact.
It's 2024, let's keep the peace,
Birthdays, Christmas, we want that at least.

WW2 Rap
written by an Kyle France
Eat That Frog learner

Employability Week 11th - 15th November



Here at Eat That Frog we hold themed weeks to give learners and staff the opportunity to focus on topics that will help them **prepare for adulthood**. In November we held 'Employability Week'. The aim of this week is to provide alternate learning and activities that have a focus on careers.

Exeter Centre learners received visits from local employers and further education including **Exeter College, NHS, Powderham Castle and DWP**. Learning about each organisation and what employers would look for in applicants.

Learners also got to experience mock interviews.

This activity always proves to be really beneficial to learners, giving them tools and techniques to help them sail through job interviews.



In between learning about volunteering, apprenticeships, supported internships, application, CV and interview skills, learners got to enjoy trying out their cooking skills and find hidden skills like sewing. They even managed to find the time to play the family favourite, Game-of-Life, and employability-based banangrams!

"I saw what opportunities are available to me."

"I am interested in doing some volunteering at Powderham Castle."





DWP representative visit learners at ETF Paignton Centre

Meanwhile in our **Paignton Centre**, representatives of **Department of Work & Pensions** (DWP) visited learners during Employability Week to share an Interesting guide on employability and shared tips on what learners can do to increase chances of landing that dream job.

Learners also enjoyed a visit from **Sound Communities CIC** who came in to talk about what they do.

And that wasn't all, they also got the chance to chat to **South Devon College's** Careers Advice and Guidance tea and find out from **Dawlish Garden Trust** about supported employment. Aside from all the visitors, learners have been creating CVs, practising interview techniques as well as working on all the elements of internal work experience. **A HUGE THANK YOU** goes out to all the local organisations that took the time out to come and visit us!



Staff and learners enjoying employability visitors and activities.



Employability Week 11th - 15th November



On 13th November, Plymouth held their first careers fair of the year. It was a resounding success, and the learners engaged well with all of the exhibitors, asking for information and taking away booklets on courses, apprenticeships, support and volunteering opportunities. Most learners even joined LUSH to make bath bombs.



The exhibitors mixed with the learners at lunch and chatted away casually, engaging them further to visit the event and gain more information. All of the learners gave great feedback and all of the exhibitors want to return next time and there will also be other visits arranged in the spring, so learners can find out more information about what roles are available at the Aquarium and Cornwall college have invited learners to visit for a tractor tour.....

Event photography by learner, Toby.



Learner Shoutouts



Bill Bakes

Celebration for learner **Bill** – he has renewed his passion for cooking with the support of Rachel Taylor – completing weekly internal work experience cooking learner lunches from scratch, chicken fillet, bread rolls, coleslaw and chips. He is really enjoying cooking and looks forward to it. **Well Done Bill!**

Leo's Moo-ving Interview

Learner, **Leo** had his very first walk-in interview today at Moo Music. Leo always mentions how great he is with young children. He always has a positive attitude, great social skills and is eager to solve issues. "Getting to the roots of the problem is the best way of dealing with the problem."

When we went to Moo Music, Leo happily introduced himself with a big smile. Leo believes it is great being around kids and is eager to have some work experience there. He was not actually prepared for an interview, but he proudly shared his goals with the manager and what he would like to achieve with this potential experience.



Charlie & the Organ Factory

Plymouth learner, Charlie visited William Drake to learn about their fascinating process of organ building. He found the visit both captivating and surprising, particularly when he discovered just how complex and time-intensive the craft is.

Charlie learnt that it can take over two years to complete one of their exquisite organs, which sell on average for £1 million.

Impressively, these masterpieces have been installed in prestigious locations such as Buckingham Palace and the Houses of Parliament. The visit gave Charlie more of an appreciation for the instrument that he already enjoys playing so much.

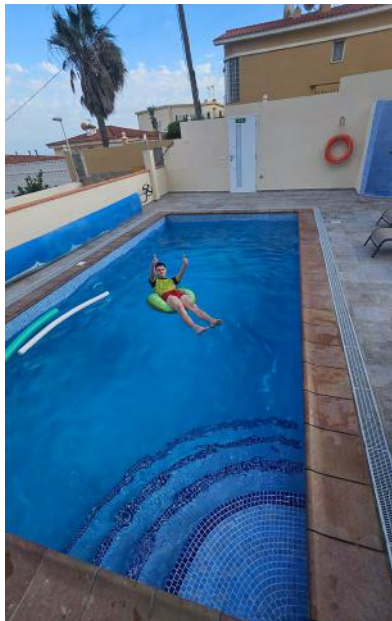
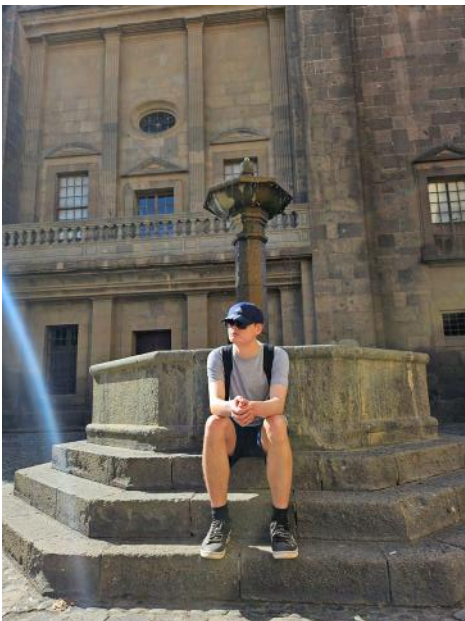


Inter action Packed

An **Exeter learner** made a display recently, all about social interaction. Creatively put together, and all her own work, she designed, sourced and made everything! **We think it's just stunning, we can't wait to see what else they create!**

En-Turing Life in GC

A few snaps of some of our post-16 learners out in Gran Canaria. During these trips, not only do they get to immerse themselves in culture. But also take part in work experience, communication skills, social skills and independent living skills.



Exam Success

- **Zach T** has passed his Entry Level 3 Reading mock.
- **Charlie R, Luciano B, and Denim M** have all passed their Level 1 Reading mock.
- **George C** and **Alex B** both passed their Level 2 Reading mocks.
- **James S** has passed his Level 1 Reading, Writing, and Speaking and Listening mocks.

Well done to all of you!



Preparing for Adulthood

Charlie has been working very hard towards his Preparing for Adulthood (PFA) goals and preparing delicious chocolate treats not only for himself but also to share with his fellow D&D party members every Friday.

So far, Charlie prepared;

- chocolate chip cookies
- cranberry scones
- chocolate corn flake cakes
- brownie
- carrot cake
- chocolate muffins
- rocky road
- chocolate fudge crinkle biscuits
- chocolate tiffin



These sessions help him process written instructions by reading a recipe, regulate sensory sensitivities by trying different food and textures and carry out verbal instructions. Charlie also has improved his baking and cooking skills with the help of these sessions.

Great job Charlie!



Lyri-Kyle Genius

Our Eat That Frog lyricist, Kyle, has been at it again – coming up with a rap to promote Eat That Frog



**Eat that frog, take a bite, get it done,
Face your fears first, now you're number one.
Procrastination fades, motivation shines bright,
When you eat that frog, you're gonna own the night.**

**Eat that frog, no delay, no excuse,
In the college grind, it's the number one move.
First things first, watch my worries dissolve,
Tackle the big stuff, let my problems get solved.**

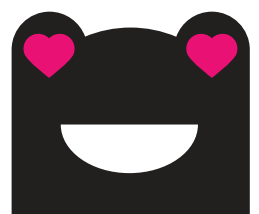


**Procrastination's a game, but I'm playin' it smart,
That Netflix binge? Nah, I'm savin' my heart.
First, I'm writin' that paper, doin' research deep,
Knock it out early so my conscience can sleep.**

**College ain't easy, but the method's strong,
Handle your frogs and you're never wrong.
So next time life's wild and the workload's cruel,
Eat that frog—it's the ultimate rule.**



**Frogs first, stress last, that's the college vibe,
Knock it all out, feel alive, thrive.**



TURING**SCHEME**The UK's global programme
to study and work abroad**Eat That Frog**

International Opportunities

This month, our island was buzzing with energy! We welcomed potential partners from **Autism Unlimited, Cann Bridge, Sir John Hunt and Lampard School**. Over three packed days, they toured IES Casas Nuevas and the villas, explored activities, and collaborated with the Spanish team to design tailored itineraries. The trip wrapped up with glowing feedback and solid plans for the months ahead.



Potential partners join ETF reps in Gran Canaria

Potential partner, Phoenix Bay is no longer potential! With their first trip to Gran Canaria locked in for January. This trip will see Salesianos School and Phoenix Bay together for a cultural exchange and engaging classroom activities. With support from the Gran Canaria Department of Education, we're carefully matching schools for future visits.

Tailored Programmes for ETF & Orchard Manor SEN Learners

Orchard Manor students enjoyed a fun-filled 10-day stay, diving into activities designed just for them. Meanwhile, ETF post-16 learners took part in a 22-day experience focused on independent living skills. Our team worked hard to create itineraries tailored to each group's needs, ensuring every moment was impactful.



Post-16 learners enjoying the glorious weather

Overcoming Challenges Together

Working with SEN learners can bring unexpected moments. At the start of the post-16 trip, one learner experienced anxiety at the airport and decided not to travel. While disappointing, their courage to try is inspiring, and we look forward to welcoming them in the future. In contrast, Orchard Manor's visit was a huge success, with learners fully embracing the programme and showing how transformative these experiences can be used to continue helping learners build essential skills and create lasting memories.



Orchard Manor students taking part in one of their chosen activities



Potential partners join ETF representatives in one of the ETF villas

Dates for your diary

23rd Dec – 3rd Jan '25
Christmas Holidays

6th January '25
First day of term

13th – 17th Jan '25
Screen Free Week

IMPORTANT Information



CHRISTMAS FAIR

Bring your adults/siblings/
friends for a festive
fundraiser afternoon at the
Swarthmore.

**Every little penny
goes towards our
learners' pool
table**

- CRAFT STALLS
- GAMES
- RAFFLE
- LUCKY DIP
- FOOD AND DRINKS



Date: Wednesday
18/12/24

Time: 12:30pm to
3:30pm

Swarthmore, 78 Mutley Plain, Mutley, Plymouth PL4 6LF

**SKILLS
FOR LIFE
MULTIPLY**



GINGERBREAD House Party

FREE 2 DAY MATHS CLASS
9TH AND 13TH DECEMBER

INCLUDES
SHAPES, DESIGN, BAKING AND CONSTRUCTION

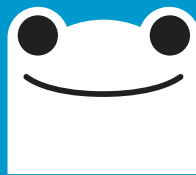
FREE FOR ALL AGED 19+*

Scan or click >



REGISTER YOUR INTEREST
INFO@EATTHATFROG.AC.UK OR 01803 551551

*** ELIGIBILITY CRITERIA:**
RESIDENT OF TORBAY, NEWTON ABBOT OR EXETER
DO NOT HAVE A MATHS GCSE/CSE OR O LEVEL
AGED 19+



Eat That Frog



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**Plymouth, Torquay, Newton Abbot, Paignton
and Exeter**

