



Mark Bouquet



Mark Bouquet, Jr.

# CREATIVE CARPET, INC HOME ADVISOR™ OCTOBER 2012

Hi Friends,

Well, it's here. Autumn has arrived! The kids are back in school, and the holidays will be upon us before we know it. Personally, this was a tough summer temperature-wise, and I'm looking forward to a break from the heat. We also are looking forward to the fall colors! Fall is my favorite time of the year (until the snow hits). I love the snow on Christmas, but after that I wish we could jump right ahead to April or May. In any event, I don't get to control that, so I'll do my best to be content with the blessings that I have which are many: a wife who loves me (I had to give her \$20 to write that in this letter to you), 5 awesome sons and a beautiful daughter-in-law who you all know by now is carrying my first grandchild. I'm still giddy about that one!

I hope this letter finds you all happy, healthy and blessed. You've all been a blessing to us, so I hope and pray you navigate through life's trials and find the things you really need. For me it is faith and family. Everything else is just the details.

Thank you so much for your trust, business and referrals!  
God bless you ALL!  
~ Mark Sr.

**"We promise that you'll love your new floors, or we'll replace them FREE! Call today for a complimentary Design Audit®!"**  
**(708) 479-8600**

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**Attention  
LLOYD  
JOHNSON**

You are this month's  
**Mystery Winner!**

We have a **\$10.00 gift certificate** to Starbucks reserved just for you!  
Come by our store to claim your prize!

Creative Carpet, Inc.  
19420 S. LaGrange Road  
Mokena, IL 60448

**NOTE: Must be picked up by 10/31/12**



OCTOBER 2012						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



**Monday, October 8<sup>th</sup> – Columbus Day**

Columbus Day commemorates Christopher Columbus' arrival in America and honors the contribution of Italian-Americans.

**Wednesday, October 31<sup>st</sup> – Halloween**

Ghosts, goodies, costumes and haunted houses – this holiday is moving up the spending scale. More North Americans are getting in on the fun. Now Halloween rivals Thanksgiving and Christmas as the biggest holidays for decorating. Did you know you can hire a Halloween specialist?

# About Staying Well

## Food Intolerances

We all know about food allergies, but what some people have is “food intolerance”, an often unidentified problem that causes them grief. If you have the symptoms, you may not make the connection: that a specific food or group of foods is the trigger.

It's easiest to understand food intolerance as an allergy that's scaled down. Where an allergy provokes a violent reaction with just a small amount, food intolerance can produce similar but less violent symptoms after a full portion.

You've likely heard of lactose intolerance, the sensitivity to dairy products. Here are the most common food intolerances:

- Gluten intolerance – celiac disease in extreme cases - is triggered by wheat, rye or other foods containing gluten
- Lactose intolerance – all dairy products
- Seafood
- Eggs
- Beans
- Corn
- Nuts & Seeds (including peanuts)
- Certain Berries (the ones with pips, like raspberries & strawberries)



Symptoms may vary widely: allergic reactions, problems breathing, headaches, rashes, gastrointestinal grief.

The best way to find out is to try a simple elimination diet – nothing radical. Just “eliminate” one of the chosen foods or groups of foods from your diet for a few weeks. Two months is certainly enough time to evaluate whether or not you're sensitive. But beware! Many of these substances lurk in products you would never suspect. Start reading labels- you'll be surprised what's in beer & ketchup!

## RSIs in the Workplace

Repetitive Strain (or Stress) Injuries are a group of injuries that may involve tendons, muscles, nerves or joints or a combination thereof. Their origin is what sets them apart since many are caused by repetitive action of some kind.

RSIs were first linked to athletic activities....we've all heard of “tennis elbow”. Baseball pitchers and golfers are particularly prone to the same types of injuries.

If you work in construction or in a factory you should know all about RSIs. More safety training is provided to people in these employment sectors, and they know about the danger of repeated activities.

But if you work in an office or at a desk at home, you too are at risk. You may not make the connection between that sore back, tender elbow or aching shoulder and the way you're sitting at the computer, but if you do have any such ailments take a second look for these:

1. Rapid movement injuries – repeated rapid movements
2. Forceful movement injuries – strong exertion of muscle with movement
3. Static loading injuries – keeping an unsupported limb in a fixed position

Consider the risk factors next time you're shooting those pesky Space Invaders!

## Did You Know...

You get a **FREE** **Lifetime Installation Warranty** on all Creative Carpet Floors!

Buying new flooring is not like buying any other piece of interior décor, such as a sofa or a lamp.

Why? Because, unlike other products, flooring is installed, or “manufactured”, in your home.

This makes the installation critical. We offer a **lifetime installation warranty** at Creative Carpet.

You NEVER have to worry about something going wrong with the installation. If it does, we'll fix it FREE! And we'll do it quickly.

# Mega Trivia Contest!

Congratulations to last month's winners:

**Kimberlee Hamilton**

Stop in at Creative Carpet to claim your prize!  
(Answer to last month's quiz: Harvest Moon)

**Who else wants to WIN A \$50 GIFT CARD towards dinner for two at TGI Fridays or Olive Garden?**

**Play our Mega Trivia Contest & you could win, too!**

**This month's Mega Trivia question:**

**The tradition of carving Jack-O-Lanterns is thousands of years old, but which vegetable were they originally made out of?**

- A) Cabbage    B) Cauliflower  
C) Turnips    D) Bell Peppers

Call us at 708.479.8600 or e-mail your answer to **[Contests@creativecarpetinc.com](mailto:Contests@creativecarpetinc.com)**  
Your chances of winning are better than you think!

😊 NEW 😊

## FRIENDS & CLIENTS

SCOTT & ROXANNE  
LINKLATER  
JOHN & JUDY DANILUK  
KAREN GARIFO  
SHERYL AMMIRATI  
JOHN & KATHY VINKE  
ALISHA PACETTI  
JACK IVEZICH  
TAMI LEJEUNE  
RANDY & KATHLEEN  
ABLRCHT  
THERESA MAZZORANA  
KEITH & JOYCE NELSON  
DIANE DOODY  
SARAH KANE  
KATHY FARMER  
MARK HOOKER  
JASON & CARA SHIRK  
DAN & MARION WALKER  
RICH KAY  
MIKE KOLOVSI  
SUE MEYERS  
JIM & CHERYL JAGER  
TIM & JEAN LORANGER  
ED TRAVIS  
KELLY MOORE  
JENNIFER COBB  
JOHN & ROBERTA PLANT  
JIM UTEG  
RICH & JOAN HALLSTEIN  
KATHY SATTERSFIELD  
SHAWN & MICHELLE  
QUIGLEY  
DENNIS RYAN  
PAIN & SPINE INSTITUTE  
JOHN SASVELD  
KIM PETERS  
MARK SELIGA  
ASHLEY MIDDLETON  
KAREN COYLE

*It Sure Was  
WONDERFUL to  
Meet You!  
Come Again!*

# Around the House

## Draft Busting

Before the winter winds start howling, consider booking a tour of the drafty areas in your home. A little attention now will save your heating bill in January not to mention making you and your family more comfortable.

Here's what you'll need:

- Some spare time – no more than two hours
- A caulking gun loaded and ready to go
- Couple of sticks of incense



The best time to schedule your tour is on a breezy day. Start with the basement and work your way up to the attic.

Light the incense and run it around window frames, door frames and corners – where wall meets wall and wall meets ceiling. Anywhere you can feel a draft, or where the smoke from the incense blows sideways, you've got a leak. Seal them up with caulking as you go.

Anything too damaged to caulk – like broken windows or window frames – may need more attention and supplies. But for now, you've gone a long way toward making your home (and your heating bills) more pleasant.

## Recipe Corner

### *Tasty Apple Dumplings for Autumn*

Delicious as they come and the kids can help you bake them! 😊

#### Ingredients:

- 1/4 cup raisins
- 1/4 cup dried, sweetened cranberries
- 1/4 cup chopped walnuts
- 1/2 tsp. cinnamon
- 1/2 tsp. nutmeg
- Premade pastry for an 8- or 9-inch 2 crust pie
- 4 small, cored baking apples
- 1 cup brown sugar
- 1 cup water

#### Instructions:

Combine the raisins, cranberries, walnuts and spices in a bowl and set aside. On a lightly floured cloth-covered surface, roll out the pastry into a 14-inch square, then cut it into 4 squares. Place a cored apple on top of each square and fill the center with the raisin and cranberry mix.

Cover each apple with its pastry square by bringing the opposite corners up over the fruit and pinching them together. Then, seal together all of the pastry edges, moistening them with water if needed. Place the dumplings in a glass baking dish. In a saucepan, bring the brown sugar and water to a boil, and then pour it over the dumplings (a parent's job). Bake in a preheated 425 degree oven, spooning the syrup over the dumplings a few times, until the crust is golden (about 40 minutes).

Enjoy!



## Welcome Back to Our RETURNING CLIENTS:

KATHY DICKASON	SUZANNE STEWART
PHIL NYLEN	MARY HARTL
KATHY WALLER	STEVE REIMER
KELLY MAYER	JOHN & LINDA
JOE & ASHLEY CONKLIN	ZUGEN BUEHLER
GREG & PENNY ISER	DARREN WESSON
MICHELLE SCHILLACI	LAURA CARLSON
HEATHER LAMONTO	GERALD CANDOS
JOE BABER	

### Get A Night Out At One Of Your Favorite Restaurants Through Creative Carpet's **REFERRAL REWARDS PROGRAM**

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, we'd rather reward you. So we've assembled our *Referral Rewards Program*. Every time you refer someone who becomes a client and purchases, we will send you a \$25 gift card to one of the following: Olive Garden, Chili's, Red Lobster or TGIF.

### A gigantic **THANK YOU** to all who referred us last month:

KERRI BRENNAN	KAREN COYLE
STEVE VINKE	BETTY LOMBARD
SKIP PASTORE	MARK BROWNING
BERNICE BERNIER	BEV HAAS
KATHY WHITE	
LINDA VANBERVEREN	



Enjoy your dinner as our thanks for the referral!

# WARNING!

Don't visit any flooring dealer until you call us for a **FREE Consumer Awareness Guide!**

You will learn...

- 4 predatory sales tactics
- 7 costly misconceptions about flooring
- 5 questions to ask a dealer before buying

The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice.

## Breakfast Table Humor

A guy shows up late for work. The boss yells "You should have been here at 8:30!" He replies: "Why? What happened at 8:30?"

\* \* \* \* \*

Two old actors are sitting on a bench. One says: "How long has it been since you had a job?" The other actor says "Thirty two years -- how about you?" The first actor says, "That's nothing. I haven't had a job in forty years!" The other says, "One of these days we've got to get out of this business!"

\* \* \* \* \*

A woman asks a lawyer what his fee is. "I charge \$50 for three questions," the lawyer says. "That's awfully steep, isn't it?" she asks. "Yes," the lawyer replies, "Now what's your final question?"

\* \* \* \* \*

A young boy enters a barber shop and the barber whispers to his customer, "This is the dumbest kid in the world. Watch while I prove it to you." The barber puts a dollar bill in one hand and two quarters in the other, then calls the boy over and asks, "Which do you want, son?" The boy takes the quarters and leaves. "What did I tell you?" said the barber. "That kid never learns!" Later, when the customer leaves, he sees the same young boy coming out of the ice cream store. "Hey son! May I ask you a question? Why did you take the quarters instead of the dollar bill?" The boy licked his cone and replied, "Because the day I take the dollar, the game is over!"

## Thank You for the Kind Words!

"We have carpeted three houses, and Creative Carpet was by far the best to work with. The store staff was knowledgeable and professional. Information on carpeting choices was insightful and very helpful when making the decision. I was very concerned about seaming and wall injury for the installation. The installers were excellent! No wood work, wall or door injuries! No noticeable seams! Creative Carpet totally exceeded my expectations, which is pretty hard to do! Thank you!"

- Anonymous from Frankfort, IL - July 2012

"I would not hesitate to use Creative Carpet again. The installers are truly professionals. They arrive on time to install carpet and are efficient in their jobs. Installers are neat and clean all areas when they are done for the day. I am very impressed. Thank you."

- Don and Barbara from Tinley Park, IL - July 2012

**Creative Carpet, Inc.**  
19420 S LaGrange Rd Mokena, IL 60448  
708-479-8600

[www.creativecarpetinc.com](http://www.creativecarpetinc.com)

**HOURS:**

Mon., Wed., Fri.: 10am - 6pm

Tues. & Thurs.: 10am - 8pm

Sat.: 10am - 4pm



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Do it SALE

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\* \* \* \* \*

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#1

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Cannot be combined with offer on reverse.

\* \* \* \* \*

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toward your carpet job of 50 sq. yds. or hard surface job of 250 sq. ft. or more!

\* \* \* \* \*

You'll get

#3

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you're  
still  
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CARPET INC.**

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