

# HOW TO START GETTING INVOLVED IN NATURE RESTORATION

CAMPS  
CAN BE A  
WAY!

PARTNERS DATES LOCATION BUDGET CAMP ORGANISERS PROGRAM SAFETY ACCESSIBILITY LOGISTICS PARTICIPANTS REGISTRATION

## WHAT IS NATURE RESTORATION

It means helping degraded and dying ecosystems to recover and become full of life again.

You can get your hands dirty mowing grass, planting trees, cutting overgrown trees, building small dams or removing invasive species. You spend the whole day outdoors with others. It's hard work... but amazing to feel the power of changing the landscape for the better!

## DID YOU KNOW ?

EU countries aim to restore at least 20% of land and sea areas by 2030, and all ecosystems restored by 2050.

This will create more nature restoration projects and more chances for also young people to get involved.



CAMP EXPERIENCE STAFF EXPERTS INTERGENERATIONAL INTERCULTURAL

# 1. Preparation (5-6 months before)

## 1. Contact your key partner(s)

Governmental agency, NGO, private company, landowner, or restoration project, for example, under the LIFE Programme.

## 2. Choose dates and location with the partner

Be aware of potential restrictions such as bird breeding seasons or landownership practices—your partner should advise on these. Remember to check the logistics of setting up a camp in the suggested location!

## 3. Set the budget

Will you opt for low-cost camping with camp stoves and tents, or higher-cost indoor accommodation and meals? Consider whether you need to apply for funding.

## 4. Form the organizing team

Assistant coordinator(s), restoration specialist(s). Think about how (other) young people can actively contribute to shaping the camp.

# 2. Implementation (2-4 months before)

## 1. Draft the program

How many hours can be dedicated to the restoration work? What is a realistic goal for both your group and the site? What other creative or cultural activities might be meaningful to do together?

## 2. Plan for accessibility, inclusivity, and community-building activities

Design tasks together with your partner to suit your group's abilities and interests.

## 3. Launch communications and marketing

Define channels and messages to contact the participants and stakeholders. Communicate clearly the nature and environment of your camp and activities.

## 4. Start recruiting camp staff

Instructor(s) for the camp, cook(s), safety representative and (potentially) photographer. Usually also the restoration expert participates at least the first day of the camp.

## 5. Open participant registration

- Remember to collect:
  - Permissions for participants under 18
  - Equipment needs (e.g., rubber boots)
  - Dietary restrictions
  - Health information and any special needs
  - Contact details in case of emergency
  - Insurance information (provided by the organizer or participants)

## 6. Arrange logistics

Accommodation, meals, and transport to the location and during the camp.

## 7. Prepare a safety plan

Consider terrain, tools, weather conditions, and access to medical services.

## 8. Notify authorities if needed

For example, if the camp is in a very rural and disconnected zone, it might be worth letting local authorities know about it, in case of emergency.

# 3. Finalization (1 month before)

## Coordinate with participants, experts, and staff

Finalize schedules, roles, and expectations. Share practical information and ensure everyone is prepared.

# 4. At the camp

**Enjoy restoring nature**, working together with others and participating in the camp's side activities.

# 5. After the camp

## Collect feedback and encourage follow-up engagement

Gather insights and inspire continued involvement in nature restoration.



All project materials:



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