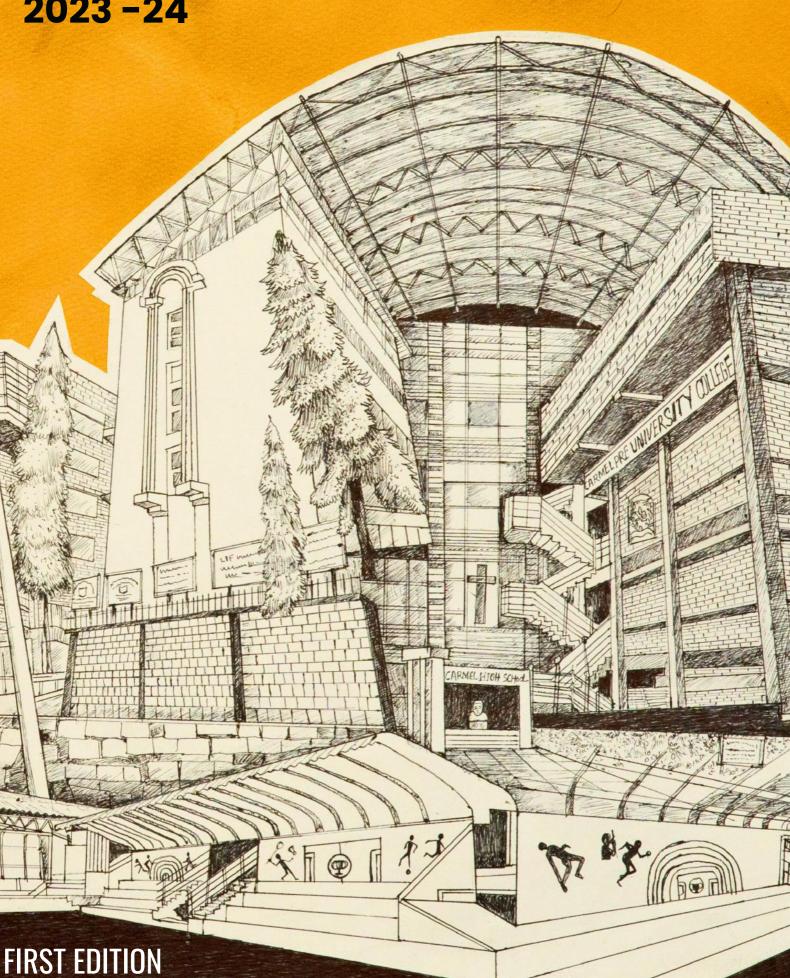
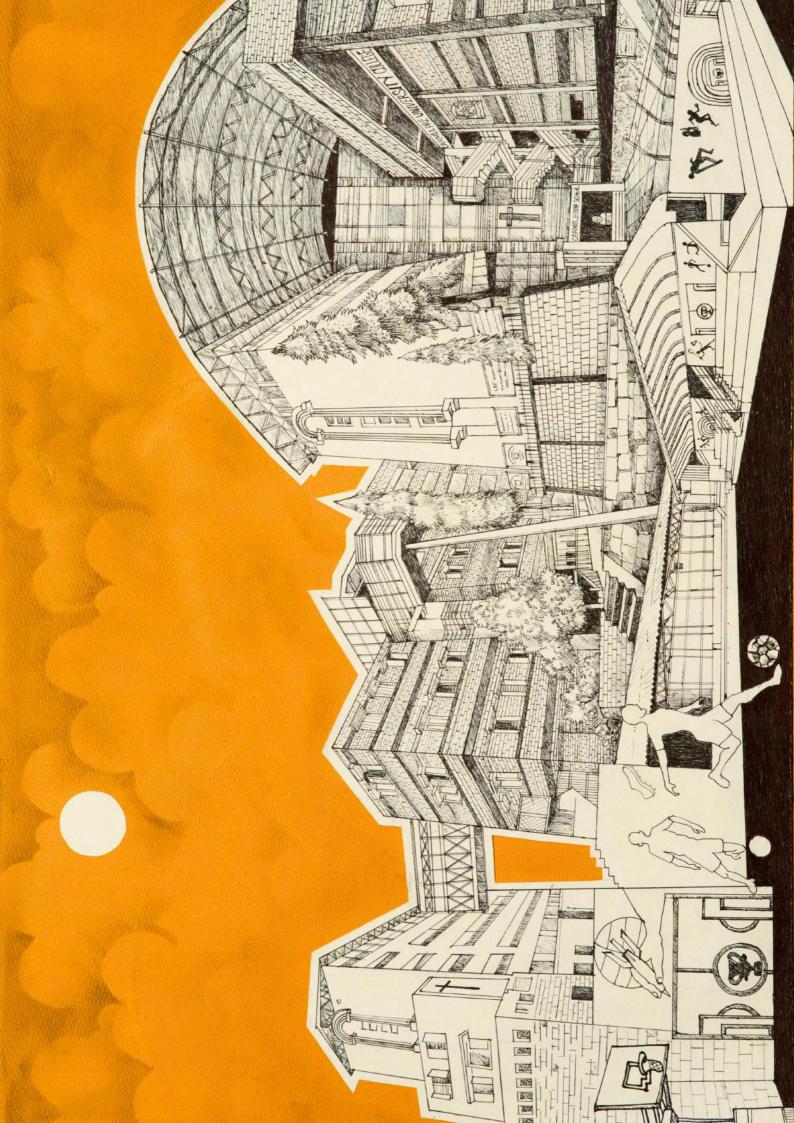
# CARMEL CHRONICLES









**BASAVESHWARANAGAR, BANGALORE 560079** 

#### **Presents**

# CARMEL CHRONICLES FIRST EDITION

E-NEWSLETTER FOR THE ACADEMIC YEAR 2023 -24
RELEASED ON 10 JANUARY 2024

## TO OUR FOUNDERS



(LATE) ALEXANDER MENEZES



**DOROTHY MENEZES** 







The School's motto, "Faith & Toil," enunciated by the Founders, is as relevant even today as it was 56 years ago. Their youthful enthusiasm and drive for excellence are remembered even today and are a benchmark for us at Carmel

Their vision of Carmel's Mission is continued today with constant improvements and innovations in education, redefining the standard of service in the field of education.



"SUCCESS COMES TO THOSE WHO WORK HARD AND STAYS WITH THOSE WHO DON'T REST ON THE LAURELS OF THE PAST"

I am filled with pride and happiness and raise my heart in gratitude to God the Almighty for helping us come a full circle in the Academic Year 2023-24. It has been an eventful year, replete with a plethora of activities and events that celebrate the true spirit of every Carmelite

The world today is changing at an accelerated rate; hence empowering and equipping ourselves well, to prepare our children to face the challenges that the future holds has been our top priority this year. We worked at implementing a well-balanced curriculum par excellence with the NEP to ensure that the children who walk through the portals of Carmel will not just love their school life but truly love the school, for the life it gifted.

I applaud our committed and supportive management, passionate teachers and collaborative parents; who shoulder the equal responsibility of challenging tasks to mould the young impressionable minds into valuable assets of society.

would exhort our students to be always modest, humble and disciplined, while being ready to expand the horizons of their knowledge and skills by dreaming big and working hard.

I am happy to present to you the first edition of 'Carmel Chronicles' - a step towards captivating and sharing with you the year's events and achievements of all our students



#### Shaji M Antony

Principal

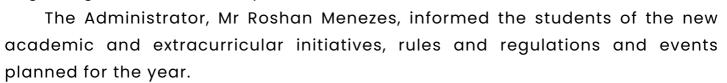
## WELCOME BACK TO CARMEL

Embracing the New School Year with Excitement and Eagernes



The New academic year 2023-24 took its leap on 1st June 2023 with great zeal and enthusiasm. After two months of Summer break, students and teachers filled the Carmel Arena with great reverberation.

Invoking the blessings of God almighty, the day started with the lighting of the lamp to mark the beginning of the academic year.





All the Carmelites swore to abide by school rules and participate in all activities with the values

#### Simplicity, Perseverance, Compassion

The day was energising and a good start to the year for all Carmelites.

## INVESTITURE CEREMONY

"Leadership is the capacity to translate vision into reality."



The new office bearers of Carmel High School took oath at a solemn ceremony on 10th June 2023.

The CEO of Bubble Network, London and Bangalore, Mr Sahaan Suman. K presided over the ceremony as the Chief Guest.



Thirty-one students were appointed as the leaders who were to lead their respective houses throughout the academic year thus contributing to winning the Founder's Trophy.

The chief guest gave the newly elected leaders the badges. The Student Council pledged to work earnestly and uphold the honour and glory of the institution.

#### PhotoLink:

https://photos.app.goo.gl/63enamiU44SSbjsk9

#### **ENVIRONMENT DAY CELEBRATION**

A day devoted to 'Beat Plastic Pollution' united our community to combat environmental threats. With a focus on practical solutions, the event inspired collective action—discussing, sharing, and implementing ideas to curb plastic use. It celebrated the power of simple changes, fostering a commitment to a cleaner, healthier planet for all.



#### THE COUNCIL LEADERS FOR THE YEAR 2023-24



Student Council members with Student Council incharge Mrs Sarala Jain



Andrea Terez Shaji

Yashvardhan Noval



**Choir Prefect** Vaishali P R

#### THE HOUSE LEADERS FOR THE YEAR 2023-24



HOUSE CAPTAINS PREFECTS

HIGH

MIDDLE

PRIMARY

Amogh RB & Monisha Thanmayi

**SPORTS** 

Dhanya R Pavan Kumar

Akshara K N

**LITERARY** 

Khanak Jain Anusha S Shreshth M **ACADEMICS** 

Adithi D More Likith Jain Sameeksha **CULTURAL & ART** 

Ankitha S Manyashree A Manya M

TEACHERS: Danashri Deshpande, Preethi Shetty, Prasad N M, Sharanabasappa, Aparna K, Madhushree



**HOUSE CAPTAINS** Rakesh .P & Trisha.D

PREFECTS
HIGH

SPORTS IIGH Janarakshitha RB

MIDDLE Deepak Y M

PRIMARY Himanth M

SPORTS LITERARY

Nehaa.N.Raj

Nithya N Valmeeka R **ACADEMICS** 

Adithi M G

Allan Anup

Lakshmipriya

**CULTURAL & ART** 

Niharika.H

Tanmay M

Nitya P

TEACHERS: Raveendra K N, Venkataraman Bhat, Sarala A, Ashalatha, Suma Prasanna, Divya Raj Purohit

#### THE COUNCIL LEADERS FOR THE YEAR 2023-24



Ajay Narasimha & Kesar Jain **HOUSE CAPTAINS** 

**ACADEMICS SPORTS LITERARY CULTURAL & ART PREFECTS** HIGH Krutharth.G Chinmayee R S Mansi Joshi

> міддіє Aanya Bharath Vishwadarshan Sanjana S Aditi S

Vanya.P

**PRIMARY** Vivek V L Ananya B Aishwarya **Arjun** 

Thejaswini, Samuel, Venkatesh S, Bhargavi V L, Lata Prabhakar, Thanuja **TEACHERS:** 



**HOUSE CAPTAINS** Niranth Basavaraj & Gayathri.S

**ACADEMICS CULTURAL & ART PREFECTS SPORTS LITERARY** 

Jeevitha Raju Harshitha Bai Diya Jain Nihal

> Anushka G Keerthi Mehta **MIDDLE** Vishruth G Prajna

**PRIMARY** Lokpriyanth B Kushi L N Preran Rao SaiShree Mohanty

HOUSE TEACHERS Ganesh K, Raksha A Bharathi H, Vasudha KY Prasad KS, Preethi Arun

## **CARMEL FEAST**

#### FEAST OF OUR LADY OF MT. CARMEL

On July 15, 2023, our school joyously celebrated the feast of Our Lady of Mount Carmel, our revered patroness. The day unfolded with a solemn prayer service, guided by Reverend Father Denis Veigas who highlighted the significance of grace in fostering spiritual growth and forging a meaningful connection with God. The event served as a poignant reminder to strive for divine proximity and integrate these teachings into our daily lives.

The Carmel community also came together to say goodbye and honour Ms. Lakshmi V. R., a retiring Academic co-ordinator of Middle School, and Leelamma, a support staff member, who have dedicated over three decades of service to our institution. As we commemorated the outstanding accomplishments of these valued individuals, the day was filled with feelings of appreciation, joy, and fond memories. Heartfelt remarks, poetry, and performances at the ceremony demonstrated how much we all love and appreciate Ms Lakshmi and Ms Leelamma.





The day concluded with a community lunch, where teachers and all staff gathered together to share a meal and reminisce about the wonderful memories created within the walls of our beloved institution.









**AFC** 





REFRESHMENT PARTNER





MEDICAL PARTNER





PLATINUM SPONSOR

**NUTRITION PARTNER** 



11 June 2023 was a day of joy, fun, and happiness for Carmelites, for the residents of Basveshwarnagar and Vijaynagar. The 2nd edition of Carmel Run was launched with great excitement and enthusiasm to promote the importance of health and fitness in collaboration with of ICYCLE.IN



Ms. Pragathi Gupta, Marathon Coach and IT Professional, and Ms. Greeshma National Swimmer and Actress, flagged off the race after inspiring the aspiring runners with motivating words. The zeal enthusiasm encouraged the students to complete the race and contribute the winning points to their Houses. The participants were enthusiastic and ready. While some runners achieved triumph, some others were satisfied with completing the marathon.



The Second Edition of Carmel Run set a benchmark with over 700 participants and was a muchneeded boost for a revival of fitness and sports through the various categories of the 10K Run, 5K

Run, 3K Maja Walk and 10K Cycling.





Photo Link: <a href="https://photos.app.goo.gl/tYAv5VN2YtQKyt1TA">https://photos.app.goo.gl/tYAv5VN2YtQKyt1TA</a>

#### INTERNATIONAL DAY OF YOGA



The Yoga Day Celebration at Carmel High School successfully achieved its objectives of promoting awareness and encouraging the practice of yoga among students & teachers. The event fostered a sense of unity and provided valuable knowledge and experience in maintaining a healthy lifestyle through yoga.

On June 21, 2023, Carmel High School organized a vibrant Yoga Day Celebration aimed at promoting the practice of yoga among students and staff, emphasizing its numerous benefits for physical and mental well-being. The event garnered positive feedback, successfully raising awareness about the importance of yoga for a healthy lifestyle.

Photo Link: https://photos.app.goo.gl/6ekbJ6umZHXDy3GP7

#### **MUSIC DAY**

Embracing the universal language of music, Carmel High School dedicated a day to the celebration of International Music recognizing the pivotal role that music plays in the holistic development of students. The festivities characterized were by the melodious voices of students, who, under the guidance of mentors from the SAPA Music school, delivered enchanting performances.



Photo Link: https://photos.app.goo.gl/477Xy79eZDk6gR5o8

#### **KARGIL DIWAS**

The NCC AIR Wing of IKAR AIR SQN at Carmel High School celebrated Kargil Vijay Diwas with pride on July 26, 2023, marking the 24th anniversary of India's victory in Operation Vijay. The event featured a meticulously crafted model of Amar Jawans, paying homage to their sacrifice. Cadet Likith and Cadet Gowtham piloted a respectful

welcome for the principal, Mr. Shaji Antony, who delivered an enlighting speech on the value of the Indian Military. The celebration blended solemn remembrance with an inspirational tribute, fostering appreciation for the sacrifice made by our brave soldiers.



Yugantara, the eagerly awaited Inter-house Literary, Art and Cultural Festival, took place from the 14th to the 16th of June 2023.

The echoes of laughter, the thrill of anticipation, and the vibrant energy filled the air, the event brought together the students from all blocks and houses to showcase their remarkable abilities and ignite the spirit of creativity. The 3-day spectacle provided a venue for students to demonstrate their remarkable abilities and contribute to their respective houses in their pursuit of the coveted Yugantara Trophy.

Topaz House emerged as winner of the Yugantara Cup 2023.



#### **CARMEL KABADDI PREMIER LEAGUE**

Carmel High School witnessed an exciting Kabaddi Premier League for boys and girls, showcasing skill and sportsmanship among the four houses.. Sapphire House emerged victorious in both Middle and High school categories, demonstrating tenacity and team spirit





The league highlighted Carmel School's commitment to fostering a culture of sports, excellence, teamwork, and healthy competition, making it a thrilling display of athleticism and camaraderie.

## STREET PLAY



"On August 5th, 2023, Carmel High School hosted a captivating street play event, featuring the four houses—Ruby, Sapphire, Emerald, and Topaz. Each house passionately conveyed a powerful message through their performances, ranging from cultural embraces to road safety advocacy, dedication to raising awareness about animal welfare."

Emerald House's impactful portrayal of animal welfare resonated deeply, showcasing exceptional creativity and commitment. Judges Mr Yadu Raj and Mr Neenasam Sadashiv Rai were impressed by the students' incredible talents. Emerald House emerged as the well-deserved victor, leaving a lasting impression on all



#### WALL MAGAZINE

In the month of November, we hosted an engaging Wall Magazine Competition, focusing on the theme of transportation. Each house group embraced the challenge by transforming their designated space into an immersive showcase. Ruby soared into the skies with airways, Sapphire hit the roads with roadways, Emerald navigated waterways, and Topaz explored railways. Each house meticulously crafted displays with charts, inspiring quotes, intricate drawings, and impressive models, celebrating both the theme of transportation and the incredible talent and teamwork within each group.









#### INDEPENDENCE DAY CELEBRATION

School marked the "Carmel High Independence Day celebration with fervour on August 15, 2023, at the Sports Arena. Staff, students, and parents gathered to commemorate the day of freedom from British rule. Mrs. the Administrator, hoisted the flag, symbolizing the nation's pride.





The Chief Guest emphasized a nationalistic spirit, urging everyone to take pride in being Indian and fulfil their responsibilities. The school choir then delivered a moving musical performance, singing patriotic songs that stirred love for the motherland. It was a joyous day, inspiring gratitude for the nation and a commitment to work towards a better India, fostering freedom, peace, and unity in diversity."

#### **TEACHERS' DAY CELEBRATION**

Teachers, the guiding lights who empower students with knowledge and education, thereby paving the way for a brighter future, were celebrated with great fervor at Carmel High School. The annual Teachers' Day celebration was a heartfelt tribute to these dedicated educators and their profound influence on the lives of their students.



The Management organized a 'Mentor Marvel' event, bringing together the entire staff of the Carmel family. It was an opportunity for teachers to exhibit their diverse abilities, hobbies, and talents through a beauty pageantry contest. 80 staff members sportively participated in the same.



The highlight of the celebration was the presentation of awards. Ms Krithika Shetty was honoured with the prestigious Carmel Rani Award, recognizing her outstanding performance. Mr William received the esteemed Carmel Raja Award, for his confidence and poise



OFFICIAL SUPPORTING PARTNER

BOUNCES



REFRESHMENT PARTNER

**OFFICIAL GAMING PARTNER** 

**OFFICIAL PREMIER PARTNER** 

**OFFICIAL MEDIA PARTNER** 

**OFFICIAL MEDIA PARTNER** 

Pulimunchi

CAFE LOUNGE

J. M. J DRESSES

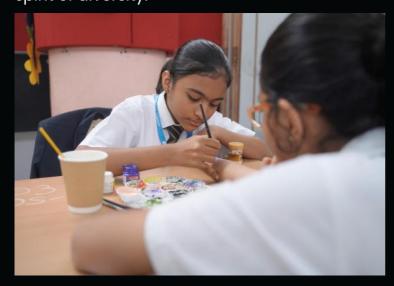






The Arena at Carmel High School buzzed with energy and creativity on 23 & 24 August 2023, as the much-anticipated inter-school competition "Different Strokes" unfolded with unmatched zeal for its 6th Edition since 2013. With a staggering participation of 27 schools, this event proved to be a resounding celebration of art, literature, and culture.

"Different Strokes" wasn't just a competition; it was a platform that fostered collaboration, learning, and healthy competition among students for the first time in-person, post the pandemic. The event's primary focus was to showcase the exceptional talents of young minds across Bangalore while embracing the spirit of diversity.





The event concluded with the triumph of Brigade School, Malleshwaram, who emerged as the overall winner, claiming the Alexander Trophy handed over by the chief guest Mrs Bhavana Bhagwat, a model and social media influencer.

Carmel High School's "Different Strokes" stands out as a shining example of how schools can empower students to reach their full potential, celebrate diversity, and create memories that will last a lifetime.

## हिंदी दिवस 2023

प्रतिवर्ष की तरह इस वर्ष भी दिनांक 09/09/2023 को विद्यालय के प्रांगण में हिंदी दिवस बड़ी ही धूमधाम से मनाया गया । ईश्वर वंदना और दीप प्रज्वलन से कार्यक्रम का शुभारंभ किया गया । मुख्य अतिथि जीतो वैंगलोर चैप्टर लेडीज विंग की अध्यक्षा श्रीमती बिंदु रायसोनी जी ने अपने वक्तव्य में कहा कि हिंदी एक भाषा नहीं एक विचारधारा है , भावनाओं का सोपान है , रिश्तो को बांधने की एक मजबूत डोर है । कक्षा 3 से लेकर 10 तक के छात्रों ने लोक नृत्य , समूह गायन व नाटक की प्रस्तुति से कार्यक्रम में चार चाँद लगा दिए । गत वर्ष बोर्ड की परीक्षाओं में प्रथम आने वाले छात्रों को पुरस्कृत भी किया गया । कीर्ती मेहता , दीक्षित जैन , वीर मेहता ने कार्यक्रम का कुशल संचालन किया ।



Photo Link: https://photos.app.goo.gl/E5BvC7R9UaFXCNbM7

#### **NAVARATRI CELEBRATION**



In the spirit of Navaratri, Carmel High School came alive in October with its vibrant *Golu display* -an event, filled with intricate 'Bombe' doll displays, that showcased not only the beauty of Hindu mythology but also the creativity of Carmelites. The festivities extended to sweet exchanges, fostering togetherness and friendship within the community. These simple gestures reminded everyone that festivals are about bonds and shared moments.

## ಕನ್ನಡ ರಾಜ್ಯೋಸ್ತವ ವರದಿ

2023 ನವೆಂಬರ್ 1 ರಂದು ಕಾರ್ಮೆಲ್ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಸಂಭ್ರಮದಿಂದ ಆಚರಿಸಲಾಯಿತು. 'ಕರ್ನಾಟಕ' ಎಂದು ನಾಮಕರಣವಾಗಿ 50 ವರ್ಷಗಳು ತುಂಬಿದ ವಿಶೇಷವಾಗಿ ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಆದೇಶದಂತೆ ಶ್ರೇಷ್ಠ ಕವಿಗಳ ರಚನೆಯ ಐದುಗೀತೆಗಳನ್ನು ಹಾಡಿ 'ನುಡಿ ನಮನ' ಗಳನ್ನು ಸಲ್ಲಿಸಲಾಯಿತು. ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಆಗಮಿಸಿದ್ದ ಜೈನ್ ಕಾಲೇಜಿನ ಕನ್ನಡ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರಾದ ಶ್ರೀ.ಆರ್.ವಸಂತ್ಕು ಮಾರ್, ಶಾಲೆಯ ಕಾರ್ಯದರ್ಶಿಗಳಾದ ಶ್ರೀ. ರೋಷನ್ ಮೆನೆಜಸ್, ಸಂಸ್ಥಾಪಕರಾದ ಶ್ರೀಮತಿ. ಡೊರತಿ ಮೆನೆಜಸ್ ಹಾಗೂ ಪ್ರಾಂಶುಪಾಲರಾದ ಶ



ಷಹಜಿ ಆಂಥೋನಿ ಅವರು ದೀಪ ಬೆಳಗಿ, ತಾಯಿ ಭುವನೇಶವರಿಗೆ ಪುಷ್ಪ ಸಮರ್ಪಣೆ ಮಾಡಿದರು. ಭಗವಂತನ ಸ್ತುತಿಯೊಂದಿಗೆ ಕಾರ್ಯಕ್ರಮ ಪ್ರಾರಂಭವಾಯಿತು. ಕನ್ನಡ ನಾಡು ನುಡಿಗೆ ಸಂಬಂಧಿಸಿದ ನೃತ್ಯ, ನಾಟಕ, ಛದ್ಮವೇಷ, ಜನಪದ ನೃತ್ಯಗಳು ನೋಡುಗರ ಮೈರೋಮಾಂಚನಗೊಳಿಸಿತು. ಸಭೆಯನ್ನು ಉದ್ದೇಶಿಸಿ ಮಾತನಾಡಿದ ಮುಖ್ಯ ಅತಿಥಿಗಳು ಕನ್ನಡನಾಡಿಗೆ ಕ್ರಿಶ್ಚಿಯನ್ ಮಿಷನರಿಗಳ ಕೊಡುಗೆ ಅಪಾರವಾಗಿದೆ ಎಂದು ಹೊಗಳಿದರು. ನಂತರ ಕಾರ್ಯದರ್ಶಿಗಳು ಕನ್ನಡದಲ್ಲಿ ಮಾಡಿದ ಭಾಷಣಕ್ಕೆ ಎಲ್ಲರೂ ಮೆಚ್ಚುಗೆಯನ್ನು ವ್ಯಕ್ತಪಡಿಸಿದರು. ಕೊನೆಗೆ ನಾಡಗೀತೆಯೊಂದಿಗೆ ಕಾರ್ಯಕ್ರಮ ಮುಕ್ತಾಯವಾಯಿತು.

Photo Link: https://photos.app.goo.gl/NxN3X4u24t3TC3QG9

#### **ALEXANDER MEMORIAL**

#### INTER SCHOOL VOLLEYBALL & THROWBALL TOURNAMENT

The 21st Alexander Memorial Volleyball and the 5th Throw Ball tournament featured around 25 schools from Bangalore in exciting bouts of the game.

St.Joseph School (Chamrajpet) won the volleyball title, and Carmel High School came in runners-up. Samved School was first in Throw Ball, while Carmel High School, the host school, finished second. The chief guest was Mr. Keerthi H S National Kabaddi player. If one wishes to succeed in athletics, he told the students, one must remain strong and physically healthy.









**JISHNU** 

**JANARAKSHITHA** 

## AWARENESS PROGRAMME ON CYBERCRIME AND SOCIAL MEDIA

The Cyber Crime Awareness Programme, which took place on 02 September 2023, in association with Vakeelara Vahini, was a notable event that aimed to educate attendees on the comprehensive overview of the evolving landscape of cybercrime, emphasizing the need for individuals and organizations to stay vigilant and informed about digital threats.



Mr. Trivikram, senior advocate of the high court highlighted the importance of understanding cyber laws and adopting best practices for online safety. Mrs Anuradha S.R., a Senior Advocate at the High Court of Karnataka, delivered an enthralling presentation on many elements of cybercrime and insights into issues of public importance, emphasising the need for legal skills in addressing cybercrime challenges.

The session concluded with closing statements thanking the speakers, moderator, and all participants for their enthusiastic participation in the programme.

#### **CARMEL GREEN RANGERS CLUB 2023**



The Carmel Green Rangers Club at Carmel High School is known for its unwavering commitment to environmental stewardship and awareness. This year's theme of lake conservation saw the club embark on a journey to Sankey Tank, a prominent urban lake in the city.



The visit took place on the 7th of August 2023, and provided students with an experience in understanding the importance of safeguarding our changing ecosystem. Students were tasked to identify various birds and tree species around the lake.

This hands-on experience reinforced the concept of interconnectedness in the ecosystem and the concerns of the local community regarding the lake's health.

#### **EXCURSION TO KODACHADRI-MANGALORE**



In April 2023, the students of class 10 embarked on an exciting trip to Kodchadri-Mangalore. The early morning trek to Kodachadri, coupled with the mesmerizing beauty of St. Mary's Island, offered a sensory-rich experience, relieving stress and fostering a harmonious connection with nature.

The visit to the Udupi Srikrishna temple evoked deep devotion, while the Museum of Anatomy and Pathology in Manipal provided an insightful educational experience. This blend of education and enjoyable activities created lasting memories for students and teachers alike, making it a cherished journey.

## **NATIONAL CADET CORPS**



The NCC program at Carmel High School is thriving with a total of 50 cadets divided between the two years in the 1 Air Squadron NCC Jakkur and the Girls Army Wing, 2 KAR BnNCC with a strength of 100 cadets. The following are the numerous activities that happened this year under the two wings. Along with rigorous daily training ,the department had various activities for the cadets throughout the year



Each cadet made two paper handbags and distributed shops and brought awareness among the public. 50 cadets actively participated in Life Style Environment day Celebration& Rally to say "No Plastic"



The Cadets of Army Wing and Air Wing captivated everyone with their impressive performance of various asanas in the special yoga session conducted for NCC Cadets



participated in chart-making and Competitions, where they gained knowledge about the protection of our planet from over usage of plastic. This was an initiative for NCC cadets across India as a part of the G20 Summit's Environmental Protection drive







Mullayyanagiri is the highest peak in Karnataka, India located in the Chandra Dhrona Hill Ranges of the Western Ghats of Chikkamagalur Taluk. With a height of 1,925 metres (6,316 ft)





Led by caretaker ANO Mr. Balaram, the students embarked on a journey filled with both the spirit of adventure and breathtaking scenery to Avalahalli on November 11, 2023, during the Avalahalli cycle rally.







NCC cadets of 1 KAR AIR SQN attended an exhilarating experience at Jakkur Aerodrome, where they had the opportunity to fly and explore Zenith CH 701 under the guidance of the commanding officer. The cadets delved into the intricacies of aviation gaining valuable insights into the world of aeronautics.

#### **FOOD FEST**

On November 10, 2023, class 10 students presented Food Fest to highlight the value of culinary talents, teamwork, and management abilities. The students were divided into teams with names according to different states. Every stall had a distinctive and lovely decoration.









BEST TEAM SPIRIT

**KARNATAKA** 

**RAJASTHAN** 





RAJASTHAN



**ANDHRA PRADESH** 



**MAHARASHTRA** 



**PUNJAB** 



**TAMIL NADU / KERALA** 



**GUJARAT** 



**MAHARASHTRA** 



**KERALA / TAMIL NADU** 



**GUJARAT** 



**KARNATAKA** 



**PUNJAB** 

## **56TH ANNUAL SPORTS MEET**

The 56th Annual Sports Meet held at the Dr. B R Ambedkar Stadium was a triumphant celebration of sportsmanship, discipline, and teamwork. Distinguished guests and athletes gathered for a day filled with zeal and vigour. The event was inaugurated by Mr. Anjinappa, Block Education Officer, and Smt. Mukta Alegri, former captain of the Karnataka Women's

Cricket team.

The two day event saw various dispalys like march past by our students, a series of track and field events where young athletes showcased their talent and competitive spirit. The ceremony showcased a variety of energetic performances, including yoga, mass drill, figure marching, band display, and a lively Zumba presentation.



CARMEL HIGH STOOL ESHWAR' 'R, BURE-79

Excitement reached its peak as the winners were announced. The Emerald House from the Middle School emerged as the overall champions, with the Sapphire House from the High School claiming the overall championship. The Sapphire House also earned recognition for the 'Best Marching Performance,' a testament to their teamwork and discipline.

The valedictory function was graced by N C Aiyappa - Former Ranji Player and IPL Cricketer, Big Boss Kannada, Season 3 expressed that beyond athletic achievements, Sports emphasized values instilled by sports—Discipline, Teamwork, Perseverance, and the Joy of participation. This 56th Annual Sports Meet was truly a day to remember, celebrating excellence in sports and the enduring spirit of sportsmanship.

#### PRIMARY SCHOOL SPORTS MEET

"Carmel School's Annual Sports Day on November 3, 2023, was a vibrant celebration of sportsmanship and community. The grand opening ceremony, marked by a colourful march past, set the tone for a day filled with athletic events and cultural performances."



Emphasizing fair play and holistic development, the event showcased the school's commitment to nurturing well-rounded individuals through sports and extracurricular activities.



#### **CHILDREN'S DAY**

On November 17, 2023, Carmel High School radiated with energy and excitement as it celebrated Children's Day. The day commenced with a heartwarming assembly prayer led by teachers in the school uniform, setting a tone of reverence. A homage to the beloved Pt. Jawaharlal Nehru was paid, commemorating his role in the establishment of Children's Day.

Adding a touch of humour, teachers took the stage in a lively skit, incorporating song, dance, and fashion walks set to popular tunes to make Children's Day a memorable experience for all.



**OBITUARY** 

In Loving memory of Master Aman Ashwin Pawar of class VII (04-02-2011 to 25-11-2023)

#### **CHRISTMAS AT CARMEL**

It was a joyous occasion filled with festive spirit. Santa Claus made special visits to classrooms, spreading smiles among students. The students of Early Primary showcased their talent with a delightful Tableau portraying the birth of Jesus Christ and the essence of the Christmas festival.



Adding to the festive cheer, students and teachers across all grades participated in a heartwarming Secret Santa exchange of gifts in their classrooms. The exchange brought the Carmel community together while highlighting the importance of unity and joy within the school community.

CARMEL AT THE CINEMAS



The Management arranged for the staff, an outing to the movie "Dunki," on 22 December 2023; sharing laughter and lighter moments. The movie outing provided a refreshing break, fostering a bond among the staff to

appreciate the end of the year 2023 in true spirit of togetherness

















## **GLORIOUS CARMEL**



The school was Awarded for Excellence in Best Use of Technology at Global Educators Conclave 2023.

In Pic: Carmel's IT & Tech Team (2019-2022)



The school earned the title of India's Top Dynamic Schools 2023 by The E-News Networks

## **WALL OF FAME 2023**



#### LIKITH GOWDA R

- 3000 M 1st Prize, 1500M& 800M 3rd Prize CISCE Regional Games 2023
- 3000 M 2nd Prize CISCE National Games 2023
- 800 M 1st Prize State Level School Olympics 2023

#### **ANJANA ANAND**

- II position in CISCE sports and games 2023 Rink 1000mts (STATE LEVEL SKATING)
- I position in CISCE sports and games 2023 Rink 500 mts (STATE LEVEL SKATING)
- II position in CISCE sports and games 2023 Rink 1000mts (NATIONAL LEVEL SKATING)
- I position in CISCE sports and games 2023 Rink 500 mts (NATIONAL LEVEL SKATING)





#### **AISHWARYA G**

- Nrithya Jyothi Award for recognition in classical dance.
- II Place in KISA Declamation Competition
- 1st Place K.L.E Azionre Product Launch

#### **SAHANA. M**

Participated for All India Girls trekkingt expedition
 Tamil Nadu - Nilagiri Trek



#### **KISHORE KRISHNAMURTHY**

- Secured 72nd position in Karnataka State Rapid
   Open Catagory Competition out of 350
- Galleria U16 Chess Competition 4th Place
- 1st Place in Edu Tours Quiz Competition
- 1st Place in Azionare Quiz Competition





#### **PURVI. M**

 2nd Prize in Karnataka Engineering Academy Club Badminton Tournament

#### **AKARSH GOWDA**

 Participated and Completed NEP Full Marathonn of 21 KM.





#### ANIKA. N

• 1st Place K.L.E Azionre Product Launch



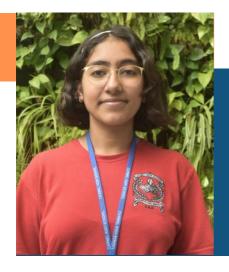
#### **PUNEETH R**

- 1st Prize KLE Azionare Quiz Competition
- 1st Prize Sprouts Academy Travel Quiz

#### **AAEESHA QAZI**

 3rd Prize in Mini Mapping at Azionare 4 conducted by KLE Education Society





#### **ORAIL IQRA**

- 3rd Prize for Essay Writing at Azionare 4 Conducted by KLE Education Society
- 1st Prize for Essay Writing at Anuvrat Creativity Contest.(School Level)
- 1st Prize for Essay Writing at Anuvrat Creativity Contest.(Distirct Level)

#### ADESH.G

- 2nd Prize for 200m Atheletics at Decathalon big show 2023
- 3rd Prize for 100m Atheletics at Decathalon big show 2023





#### **SAHASTRAJITH. A**

• 1st Prize for CISCE Regional Boxing Championship under Light - Heavy Weight Catagory

#### **GUNJAN JAIN**

Gold Medal for KISA Inter School National Level
 Yoga Competition





#### **KUNAL R SHARMA**

• 1st Prize in Mathematical Minds competition held at KLE College

#### **RITISHARU**

Gold Medal for KISA Inter School National Level
 Yoga Competition





#### **ANVIKA S KUMAR**

Gold Medal for KISA Inter School National Level
 Yoga Competition

#### **SIDDHI JAIN**

- Bronze Medal for State Level Taekwonda
   Championship 2023
- Gold Medal winner for The India Korea Lee Cup
   2023





#### **CHAITANYA P**

Gold Medal for KISA Inter School National Level
 Yoga Competition

#### **SANJANA T**



• 1st Prize in Roots Talent Competition



#### **SHRITAN A JAIN**

 Participated for State level inline Hockey competition and Selected for national Level

#### **LOKPRIYANTH B**

- 1 st position in English, Mathematics and Science International Olympiad Exams conducted by Silver Zone Foundation.
- 1 st position in the class, achieved 23 State Rank,83 Zonal Rank and 246 Olympiad Rank.





#### **CHANDANA M**

Gold Medal for KISA Inter School National Level
 Yoga Competition

#### **SRINJINI GUHA**

- 1st Prize in skating in Inter-District Championship.
- Bronze Medal in 100 metre Skating and in 1 lap for State ranking championship, held by Karnataka Roller Skating Association.



#### **SAMARTH M**

• 3rd place in Skating Competition conducted by Bengaluru district Roller Sports Association.





#### **DIVITH J B**

Bronze and Silver medal at Vestar's Cup National Open Taekwondo Championship in Sub junior Category.

#### **NEHA M**

 2 Gold and 1 Silver medal for outstanding achievement at Vestar's Cup National Open Taekwondo
 Championship in Sub-Junior category.





#### **DEETYA T**

- 1st Prize in skating in Inter-District Championship.
- Bronze Medal in 100 metre Skating and in 1 lap for State ranking championship, held by Karnataka Roller Skating Association.

#### CARMEL THROWBALL TEAM



#### **WINNERS**

Maathaki Sports Academy Volleyball Tournament U16 Category

#### **RUNNER-UP**

**Aryan Presidency Inter School Tournament U16 Category** 

## Carmel Volley Ball Team



#### **WINNERS**

**Aryan Presidency Inter School Tournament U16 Category** 

#### **RUNNER-UP**

Sree Rama Vidyalaya Tournament U14 Category

Maathaki Sports Academy Volleyball Tournament U16 Category

Mes Kishore Kendra Inter School Tournament U16 Category

#### Carmel Cricket Team



#### WINNERS

**LNS T20 TOURNAMENT U14 CATEGORY** 

#### Carmel Athlectic Team



#### **BIGSHOW SPORTS FEST**

INCHARA R: II PLACE IN THE 100M AND 200M TRACK EVENT
DEEPAKY M: I PLACE IN THE 100M AND 200M TRACK EVENT

ADESH G: III PLACE IN THE 100M AND II PLACE IN THE 200M TRACK EVENT AMOGH R B: III PLACE IN THE 100M AND II PLACE IN THE 200M TRACK EVENT

#### **BANGALORE SCHOOL OLYMPICS ATHLETICS CHAMPIONSHIP**

4X100M RELAY UNDER 14 BOYS SECURED BRONZE MEDAL LIKITH GOWDA R SECURED A GOLD MEDAL IN THE 800M NEHA GOWDA R SECURED BRONZE MEDAL IN 800M

## " INSIGHTS "

#### **SDSURESH &KSUDHA**

PARENTS OF ANKITHASS OF CLASS 10

"Carmel High School has been a remarkable journey for my children. With a focus on quality education and diverse activities, the school has significantly influenced their overall development allowing the exploration of interests, and fostering personal and social growth. A standout feature of Carmel High School is cultural activities. My daughter commitment to showcased her singing talent at different events, school's dedication to nurturing highlighting the creativity.



The school's reputation for well-organized cultural fests like the Yugantara, Different Strokes, and many more reflects their wealth of experience. The NCC (National Cadet Corps) program at Carmel High School holds a special place in our hearts. My daughter not only loved it but also greatly missed it. The NCC experience went beyond physical fitness, positively impacting her mental well-being and bringing about positive changes in her behaviour. The 8-day NCC camp was a unique and enriching experience, enhancing her leadership skills, teamwork, and discipline.

In essence, Carmel High School is a place where children receive quality education, explore their interests, and grow personally and socially. The dedicated staff and diverse programs contribute to their overall development. I extend my best wishes to the entire faculty for continued success in the years to come. "



#### **RADHAKRISHNA M & NIRMALA H**

PARENTS OF VIHAAN.R.K OF CLASS 10

We are very grateful to all Teachers, Coordinators and the Principal. The school has been successful in striking an appropriate balance between academic and co-curricular activities. Our child always gets ample opportunities to explore and progress in all aspects. We are also happy to see improvement in our child, the school is very good and also the class teachers.

Our child is doing excellent. The school's infrastructure and facilities are good. We would like to take this opportunity to thank all the teachers for their kindness and guidance to our child.

#### MAMTHA DG

PARENT OF BHOOMIKA OF CLASS 10



As a parent, I am delighted to share that Carmel High School is an institution where all the teachers are not only educators but also mentors who care about the well-being and development of the child. They also foster a love for learning and provide a strong foundation in core subjects. The school goes beyond textbooks and encourages critical thinking and creativity in children.

The school provides ample opportunities for children to showcase their talents, which helped my child become more well-versed in arts. Not only drawing and painting, but many other cultural events include dancing, tattoo designing, t-shirt painting, and many more.

There are additional subjects like moral values and career guidance that enabled my daughter to explore numerous job opportunities. This helps children make good choices for their future jobs that interest them and are financially beneficial, helping them set clear goals and create a path towards achieving them.

The school also organizes a food fest for the 10th standard, which is the best way to learn marketing skills. At first, I thought that the food fest was a charity event, but after seeing my daughter's involvement, I realized that the event is not just a charity event but also an event that improves a child's critical thinking and marketing skills. These skills will help them in the future and prepare them to face all the hardships and failures in a positive way that they might encounter in the future.

## I could not believe that my daughter had completed 12 years of her studies at Carmel High School, from LKG to 10 std. The time has passed like a breeze.

After admitting my daughter to LKG, I was a bit hesitant regarding the overall development of my daughter, as the school was well known mainly for studies. But I wanted a school that could provide a good education that involved much more than just studies including Sports, Cultural activities, Personality development, Social responsibilities and not but least Ethics.

#### KAMAL BIRADAR

PARENT OF INCHARA K CLASS 10



I expressed my concerns to Mr. Roshan during our first meeting after the admission.

Mr. Roshan was very humble to me patiently and he just told me one word, that is to wait and let us speak after a year or two and assured me that he is already working towards the overall development of students and not just studies. I am really happy and proud to express my sincere regards to Mr Roshan as he has kept his word and this school provides a good education that includes all the above-mentioned.

I want to thank all the teachers, especially the kindergarten and primary teachers whom the little ones consider as their role models. I would like to thank all the staff members including the front office persons who always welcome you with a smile—special thanks to the aayas who take care of the little ones with utmost care and emotions.

It would not be correct on my part if I do not remember the security guards who are always ready to take care of student's safety.



### **EDITORIAL TEAM**

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**ALAN SUNNY JOSEPH** 

CHIEF CONTENT EDITOR

CHIEF DESIGN EDITOR

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YOUR DEDICATION SHAPES OUR SUCCESS

