travel for travellers
BY GLP WORLDWIDE

# 12-DAYS

**BERGEN - KIRKENES - BERGEN** 

# THE COASTAL EXPRESS



# NORWAY

LIVE THE LEGEND OF NORWAY



# THE COASTAL EXPRESS ROUNDTRIP VOYAGE

## 1

#### **Discover Full Scenic**

Discover our full scenic route with 34 ports, visited twice (northbound and southbound), allowing you to really get to know the heart and soul of Norway's coastline

### 2

#### **Norwegian Arctic Odyssey**

Spend half of your Norwegian cruise in the Arctic. During winter, this maximizes your chances of seeing the Northern Lights. In summer, you can enjoy 24 hours of daylight under the Midnight Sun.

### 3

#### **Coastal Adventures**

Take your pick from about nine optional hikes and a complete list of optional seasonal excursions (more than 70 in total) to enhance your coastal experience



# ITINERARY

Day 1 Bergen Day 2 Ålesund Day 3 Trondheim



This 12-day Norwegian coastal cruise explores the best of Norway's fjords, Arctic wilderness, and 34 charming ports, covering over 2,500 nautical miles. Crossing the Arctic Circle twice, you'll see Norway's natural and cultural wonders, including majestic mountains, lively cities, and quaint coastal villages.

Day 4

Bodø

Day 5

Flåm

Day 6

Honningsvåg

Day 7

Kirkenes

Day 8

Hammerfest

Day 9

Svolvær

Day 10

Brønnøysund

Day 11

**Trondheim** 

Day 12

Bergen

Bergen

#### **Welcome Aboard!**

Your voyage starts in Bergen, Norway's second-largest city and a gateway to the fjords. Founded in 1070 A.D., Bergen boasts architecture influenced by the prosperous 14th-century German trading organization, the Hanseatic League.

If you have time before your ship departs, visit the UNESCO-listed wharfs in the colorful Bryggen district, now a neighborhood with artisan's shops, complete with cobblestone streets. Just across the street is the famous fish market, which serves delicious seafood. The Fløibanen funicular can also whisk you up Mount Fløyen for lovely views of the city.

## DAY 2

Ålesund

### **Iconic Architecture and Fantastic Fjords**

Your day begins with a scenic sail through the Nordfjord, followed by a visit to the charming town of Ålesund, known for its stunning Art Nouveau architecture. After a devastating fire in 1904, the town was rebuilt in a unique architectural style that features colorful buildings with ornate details. Stroll through the streets and take in the vibrant atmosphere, or visit Atlanterhavsparken, one of Europe's largest saltwater aquariums.

In the summer, your ship will set course for the UNESCO-listed Geirangerfjord, where you'll be surrounded by towering cliffs and waterfalls, including the iconic Seven Sisters. In spring and fall, the voyage heads to the secluded Hjørundfjord, offering dramatic mountain views and a stop at the peaceful village of Urke. Your final stop of the day is Molde, where you can enjoy the famous Molde Panorama of 222 mountain peaks across the fjord—especially beautiful in the summer when the town is in full bloom.





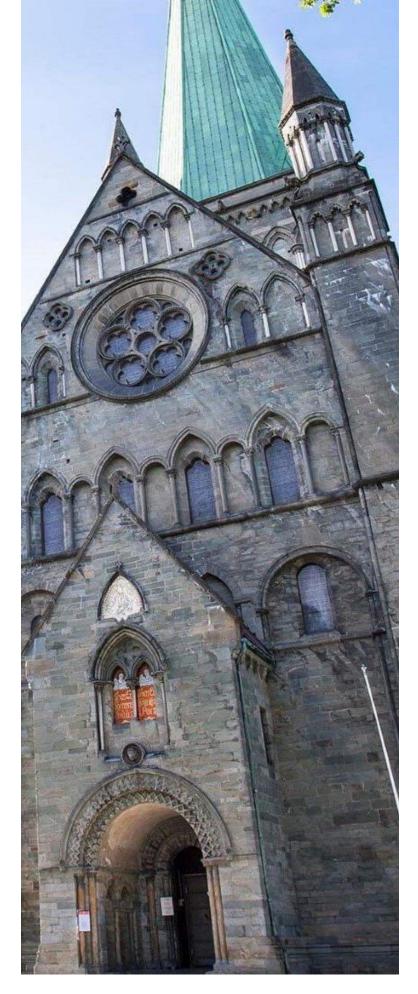
### **Trondheim**

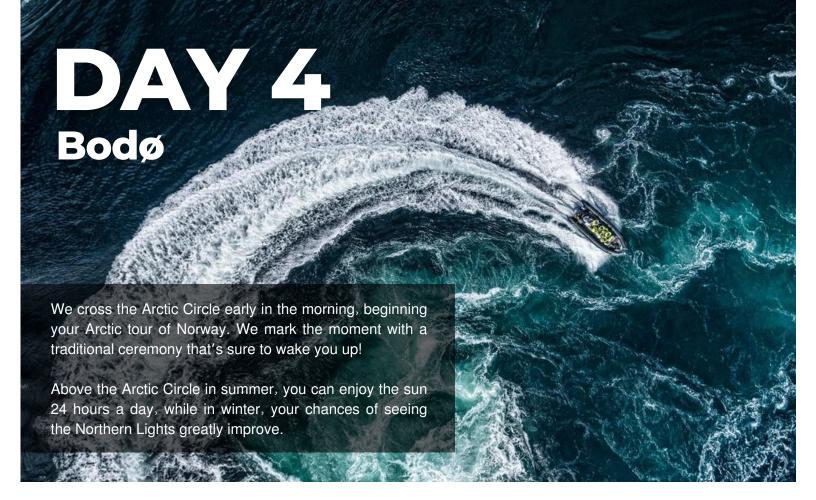
# City of Kings and Palaces

Your ship docks in Trondheim, a city rich in history, founded by Viking King Olav Tryggvason in 997 A.D. The main attraction here is the stunning Nidaros Cathedral, Scandinavia's largest medieval building. Explore its intricate Gothic design or visit the nearby Archbishop's Palace, home to Norway's crown jewels.

After visiting the cathedral, take a stroll across the Old Town Bridge into the colorful Bakklandet district. With its charming wooden houses and cozy cafés, it's the perfect place for a relaxing walk or coffee along the Nid River.

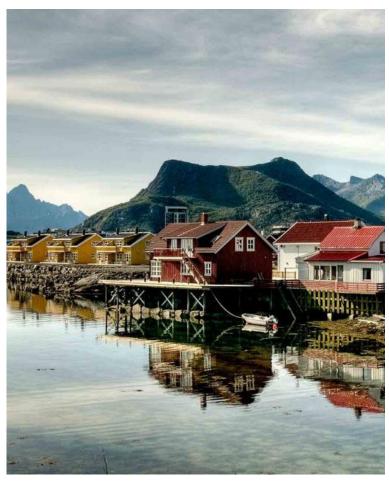
As your ship departs in the afternoon, you'll sail past the picturesque Kjeungskjær Lighthouse and coastal islets. Enjoy the beautiful scenery as you head toward the port of Rørvik.

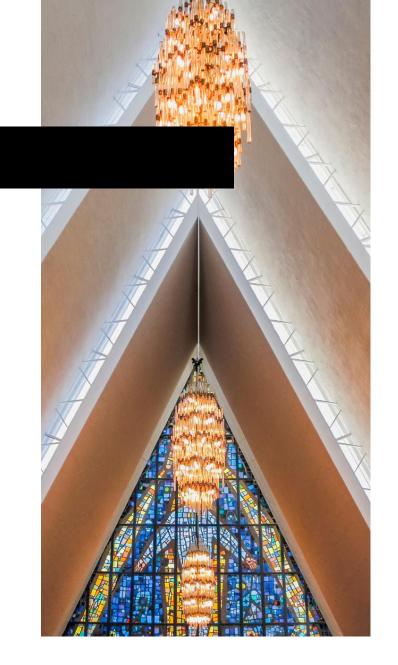


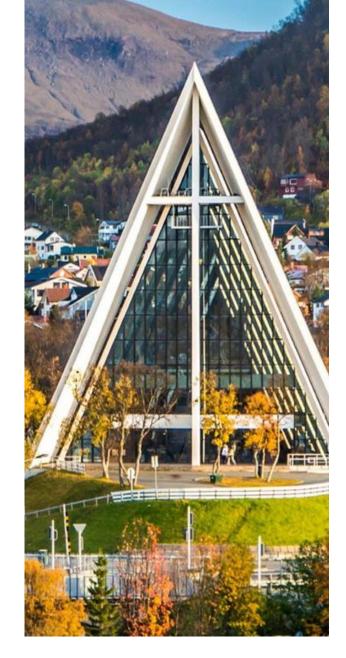


# Into the Arctic

We'll dock in Ørnes, near the impressive Svartisen Glacier and the pier's famous 'Love Bench,' before continuing north to Bodø, Northern Norway's second-largest city, where striking street art and excursions to Saltstraumen—the world's most powerful tidal maelstrom—await. By afternoon, the ship enters the breathtaking Lofoten Archipelago, with the towering Lofoten Wall dominating the horizon. In Stamsund, one of the islands' busiest fishing hubs, fleets prepare for the annual Arctic cod migration, while in the evening, arrival in the charming harbor of Svolvær is marked by rows of traditional red fisherman's huts on stilts, known as rorbuer, lining the waterfront.







**Tromsø** 

## **Capital of the Arctic**

Your ship arrives in Tromsø, a vibrant city known as the "Gateway to the Arctic." Here, you'll have time to explore iconic sites like the Arctic Cathedral, with its stunning stained-glass windows, or visit Polaria, a fascinating Arctic experience center. Tromsø's lively cafés, bars, and the historic Mack Brewery are perfect spots to experience local flavors. In the evening, your ship sails past the towering Lyngen Alps, offering dramatic views of sharp peaks rising from the sea.

Honningsvåg

# Gateway to the North Cape

Journey continues to Honningsvåg, the gateway to the North Cape, the northernmost point of mainland Europe. An optional excursion takes you to the famous North Cape globe monument, where you can enjoy breathtaking views of the Arctic Ocean. As you travel, keep an eye out for reindeer grazing in the surrounding hills—an iconic sight in this part of Norway.

As your ship sails northward, you'll pass the striking rock formation known as Finnkirka, once used as a Sámi sacrificial site. Later in the day, you'll arrive in Mehamn, Norway's northernmost mainland port. The Arctic wilderness surrounding these ports offers a sense of awe and remoteness, making this part of the voyage truly unforgettable.







**Hammerfest** 

## From the Top of Europe

This morning, your ship calls at Hammerfest, one of the world's northernmost towns. Known for its rich polar history, Hammerfest is home to the UNESCO-listed Meridian Column, which commemorates the first measurement of the Earth's shape. Take a stroll through the town, visit the Polar Bear Society, or hike to the top of Mount Salen for panoramic views of the surrounding Arctic landscapes.

In the evening, you return to Tromsø, where you'll have the chance to explore the lively Arctic city under the Midnight Sun in summer or experience the Northern Lights in winter. Tromsø's vibrant atmosphere and stunning surroundings make it the perfect place to enjoy a night out or take part in one of the optional excursions offered in the area.

# DAY 9 Svolvær

You'll be exploring the archipelagos of Lofoten and Vesterålen, true highlights of our scenic Norwegian route. After a call at Finnsnes in the early morning, the ship calls at Harstad. Here lies the world's northernmost medieval stone church on the peninsula: the white-washed Trondenes Church. Next we'll stop at Risøyhamn, our smallest port of call. Then it's off to Sortland, where the landscape slowly transforms from hills to mountains towering over 3,280 feet high.

#### Our birthplace

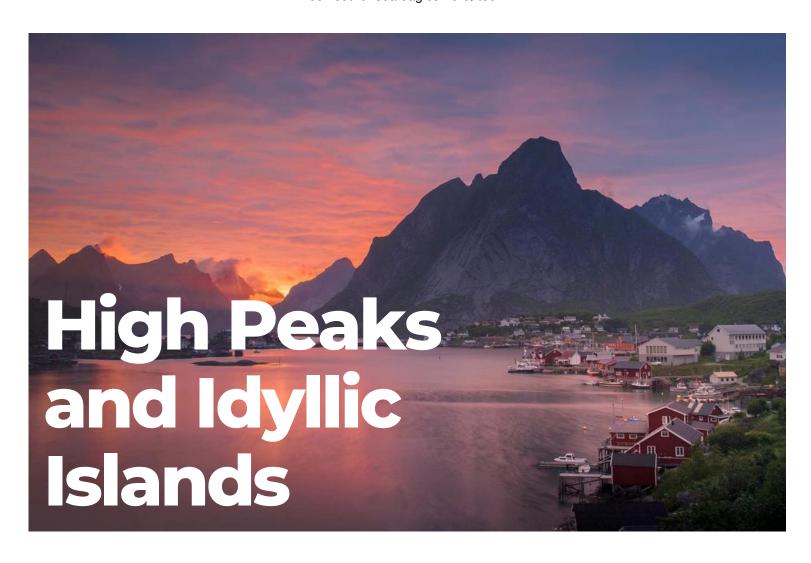
Stokmarknes is where captain Richard With launched The Norwegian Coastal Express in 1893. Visit Hurtigrutemuseet, a building resembling a ship in a bottle. It chronicles the Hurtigruten legacy, centered around retired ship MS Finnmarken from 1956.

#### A ship-sized fjord

Sailing along Raftsund, the Captain may choose to take the ship into the tiny Trollfjord. The mountain walls will look so close, you'll think you can reach out and touch them! To exit the fjord, the ship will rotate 180 degrees in a single spot, then sail back out. Remember to look out for sea eagles here, too.

#### **Leaving Lofoten**

We'll reach Svolvær in the evening. The huge mountain that sits above the town is named the 'Svolvær Goat', due to its supposed resemblance.





Brønnøysund

# A Landscape of Trolls

This morning, your ship crosses the Arctic Circle again, marking your return to southern Norway. As you sail along the Helgeland Coast, you'll pass some of Norway's most iconic landscapes, including the Seven Sisters mountain range. Legend has it that these towering peaks are seven troll sisters turned to stone by the rising sun. Along the way, you'll also see the distinctive Torghatten Mountain, famous for the hole that runs through its center, a natural wonder shaped by ice over thousands of years.

In the afternoon, the ship docks in the picturesque town of Brønnøysund. Here, you can explore the town's charming streets or take an optional excursion to hike up Torghatten Mountain for panoramic views. This area offers a perfect mix of natural beauty and folklore, providing a scenic and memorable stop along the journey.



## **Coastal Communities and Klippfisk**



UNDERGROUND LAKE AT BERGTATT MINE

Spend the morning in Trondheim, then sail past beautiful island scenery and some of Norway's smallest communities before exploring Kristiansund and Molde.

#### **Capital of the Viking Age**

Stroll around Trondheim in the early morning as the city wakes. Then visit the sacred Nidaros Cathedral, the resting place of St. Olav. Walk to the Gamle Bybro bridge for a photo opportunity over the Nid River.

Perhaps treat yourself to quality coffee and a Nordic patisserie in one of the Bakklandet district's many chic cafés. Then walk up to Kristiansten Fort for sweeping views of Norway's third-largest city.

#### Dealing in dried cod

We dock at Kristiansund's harbor in the late afternoon. The town is spread over three islands and known for being Norway's 'Bacalao Capital' (called klippfisk in Norwegian) for the salted cod that's dried out on the surrounding cliffs.

Take a walk around the cobblestone streets of the old town and tour the lively port. You can also head up to the old watchtower at Varden viewpoint for lovely panoramic views.

#### Peaks and petals

The second-to-last port of the day is Molde, where you can spot the tops of the Romsdal Alps. Flowers should be in bloom in this 'City of Roses' between mid-June and late August.





Bergen

# Until Next Time

Your voyage comes full circle today as the ship sails back into Bergen, where your journey began. As you approach the city, you'll pass through the scenic Nordfjord and catch a glimpse of the stunning Jostedal Glacier, mainland Europe's largest. It's a fitting way to end your coastal adventure, with Norway's spectacular fjords framing your final approach.

After disembarking in Bergen, you'll have time to say farewell to the crew and your fellow travelers. If you have some time before your onward journey, consider exploring more of Bergen's highlights, such as the colorful Bryggen wharf, the fish market, or taking a ride on the Fløibanen funicular for a final panoramic view of the city and surrounding fjords.

## WHAT IS INCLUDED

#### **CABINS GUESTS**

Enjoy added comfort and benefits with Polar Inside, Polar Outside, and Arctic Superior cabins. Culinary voyage includes Arctic Superior only.

## ACCOMMODATION ON SHIP: YOUR HOME AWAY FROM HOME

- Choice of cabin type
- Choice of cabin location (1)
- Comfortable cabin with ensuite bathroom

## YOUR CULINARY EXPERIENCE ON BOARD: FOOD & DRINK

- Full board (breakfast, lunch, dinner) on ship
- Selection of aromatic teas and black drip coffee

#### **LIFE ON BOARD**

- Free Wi-Fi
- Knowledgeable Expedition Team
- Special access to Hurtigruten photo sharing app



## WHAT IS INCLUDED

#### **SUITE GUESTS**

Ultimate comfort, premium dining and exceptional inclusions in our Expedition Suites

## ACCOMMODATION ON SHIP: YOUR HOME AWAY FROM HOME

- Choice of cabin/suite type and location
- Rest easy with priority check-in

## YOUR CULINARY EXPERIENCE ON BOARD: FOOD & DRINK

- Full board (breakfast, lunch, dinner) on ship
- Selection of aromatic teas and black drip coffeeIncluded with Cabin/Select/Suite fare
- · Welcome basket with sparkling wine
- Choice of dining time

#### LIFE ON BOARD

- Free Wi-Fi
- Knowledgeable Expedition Team
- Special access to Hurtigruten photo sharing app
- Traditional Norwegian wool sweater





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