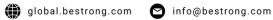


Muscle Groups Focus

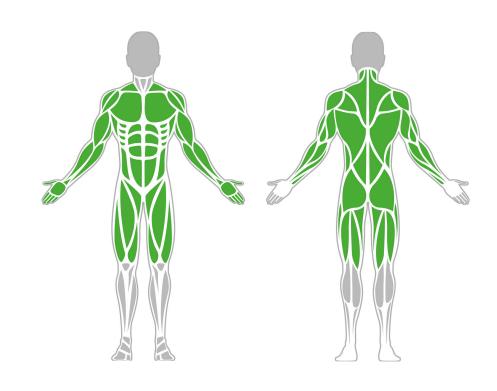
f bestrongworld

o bestrongworld









Combined Pull-Up Bar 1900

The combined pull-up bar allows you to perform pull-up exercises in different grip styles, which are important exercises for bodyweight training. The various pull-ups performed provide an intense workout for the arm, shoulder, abdominal and back muscles.

Attributes

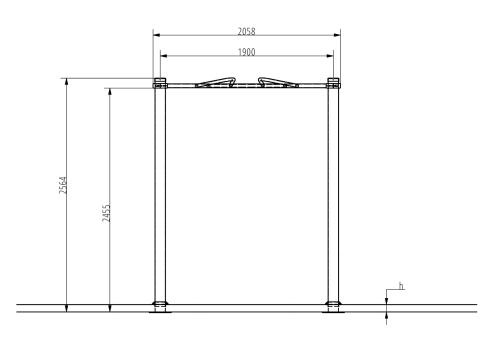
Product code 1-1-034 Certificate EN 16630 Age group 14 + years Capacity 1 person Max. weight load 99 kg Туре Calisthenics Difficulty level Hard

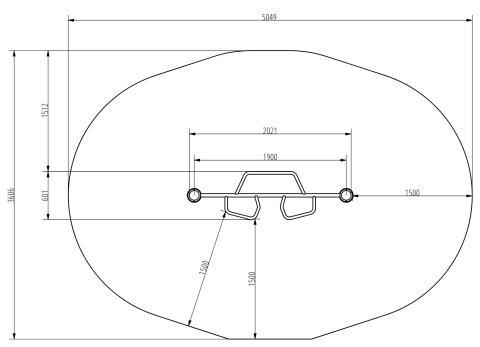
QR Code



Side View

Plan View





Installation information

Number of installers (concrete) At least 2 people Total installation time (concrete) 45-90 min. Number of installers (equipment) At least 2 people Total installation time (equipment) 20-30 min. Excavation volume $0.4 \, \text{m}^3$ Concrete volume $0.4 \, \text{m}^3$ 2pc 0,5 x 0,5 x 0,8 m Size of the base structure Anchoring options In-g
In combined structures, the volume of concrete required varies. In-ground or surface

Technical specification

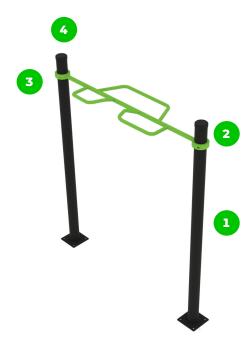
Safety surfice area Around 1,5 m radius Net weight 24 kg Material S235 Critic fall height 1100 mm Color options For more color options, discuss with your sales representative.

Warranty

Structure Steel Paint Plastic Rubber Moving parts
Detailed information in the warranty document

10 years 5-10 years 2 years 5-10 years 1-3 years 2 years

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The connecting ments are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.







