



Give Back Get Back

A Student Guide To
VOLUNTEERING

fusesocial

NORTHSTAR
WB Volunteer Centre





Give Back

AKA Ways To Volunteer

Offer up a talent or skill

Are you a photo bug, enjoy needlework or a computer whiz?
Offer your services to photograph an event, knit hats for newborns
or help a nonprofit with those pesky IT tasks.

Be a coach or leader

Passionate about a sport or activity?
Consider coaching or leading a club that interests you!

Do the heavy lifting

Lifting boxes for a local charity is a lot cheaper than a gym
membership, and the rewards are far greater!

Help a neighbour in need

Heading out to run errands or doing some yard work?
See if a neighbor or family member needs something while you're at it.

Community clean up

Pick an area and get to cleaning! This is a great group activity
and the results are instant.

Mentorship or tutoring

Are you a pro at math or science? Lend a hand to a fellow student or
youth that is struggling to find their way.

Help our furry friends

Volunteer at an animal shelter. Get outside and walk a dog, read to
a cat, or help make their temporary home a better place to live.



WBVolunteers.ca

The Hub Of All Things Volunteering in Wood Buffalo

Step 1:

Visit us here

woodbuffalovolunteers.ca



Step 2:

Make a profile



Step 3:

**Select an
opportunity**



Step 4:

**Start
volunteering today!**





start here

I want to use my skills to gain experience in my chosen career path

I want to use my time to serve my community

I want to do tasks that I am already good at

I want to do tasks that are needed by the community

I want to do work that is needed by the entire community

I want to help specific groups within the community

I want to work WITH members of my community

I want to fight FOR members in my community

I want to make change in the community as a whole

I want to make change in the lives of individuals

I want to help organizations that are in need of my services

I want to volunteer at community events

I like to volunteer for fun and the social aspect

Volunteerism is a civil responsibility

Service Provider

You are a talented person and want to share your skills with the community. You are passionate about your craft and want to help organizations by providing your service free of charge!

Community Champion

You are passionate about the wellbeing of your community. You are dedicated to making your community a better place for everyone!

Advocate

You care about social issues that impact the community. You want to improve the lives of others by making sure our community is an equitable, safe, and just environment.

Caring Hands

You care about the wellbeing of your community members. You want to make an impact in their lives by offering your support and time!

Get Back **AKA Why Do You Benefit From This?**

Meet New People

Who doesn't love more friends? Meet new people just like you (or maybe not like you at all) and expand your circle of besties.

Become A Leader

Take charge! Involve yourself in community initiatives and lead by example.

Give Back To Your Community

Give back to those in need and put a smile on someone's face.

Students That Volunteer Stand Out

Gain valuable and unique experiences to put on your resume... because nobody wants to be basic.

Improve Your Mental And Physical Health

Volunteering can be a positive boost to your physical and mental health. Survey says: over 77% of volunteers saw a boost in these areas! #WellnessWednesday



Get Back

AKA Why Do You Benefit From This?

Achieve Balance In Your Life

School can be overwhelming. JK it 100% is overwhelming. Volunteering with children, seniors, and even furry friends could be exactly what you need to give yourself a break!

Work In A Team

Because as we all know, there is strength in numbers!

Test Out Career Paths

Figuring out what career to choose can feel like the end of the world. Use volunteering to explore your options! You might be surprised by what piques your interest.

Discover New Places

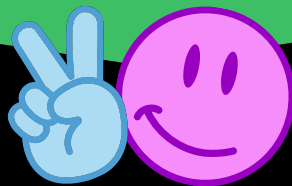
Volunteering takes you places you may have never been before. Maybe you will discover hidden treasures!

Students Volunteering Have Fun

The most memorable moments are made when you least expect it!



Give Back Get Back



wbvolunteers.ca

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