



Hannah's life-changing surgical journey

Meet our Medical Experts

Laser Hair Removal: Your questions answered

RRP £5.99







Contents



06

INDUSTRY NEWS
An introduction to the JCCP

08

ABOUT SK:N
The largest network of specialist skin clinics in the UK

10

MEET OUR SK:N TEAM
Some of the world's leading skin experts



12

LASER HAIR REMOVAL
Everything you need to know

15

PATIENT RESULTS
See the stunning outcomes that you could achieve

16

ABOUT THE SKIN EXPERTS
The home of dermatologist-approved skincare brands

18

SKIN CANCER STORY
The creation of The MOLE Clinic



20

ABOUT HMG
The UK's leading cosmetic surgery provider

21

MEET OUR TEAM
Some of the world's leading surgical experts

22

WELCOME TO OUR FLAGSHIP HARLEY STREET CLINIC
Our flagship clinic at No.6



24

THE FUTURE OF LIPOSUCTION
Discover Vaser Liposuction with Dr Fasano

26

SURGICAL AFTERCARE
A guide to care and compression

28

HANNAH'S SURGERY STORY
A full body confidence transformation

30

EDITORIAL TEAM & OFFERS
Treat yourself with exclusive offers for our readers



CCO Letter

At sk:n, our ambition is to enhance the health and wellbeing of the nation through improved skin confidence. We have grown exponentially in the last 3 years, creating our own ecosystem within the health & wellbeing sector by adding skin cancer screening, cosmetic surgery, medspa technology and cosmeceuticals to our group. We are proud to be the only CQC-registered operator in the sector, the same body who governs the NHS, and we operate with high levels of clinical governance, patient safety and medical ethics. Founded on care, we have over 30+ years of medical knowledge and experience and some of the world's best Doctors, Surgeons, Nurses and Practitioners, meaning that you're always in safe hands with us.



DAVID COLLYER
sk:n Group Chief
Customer Officer

Industry News

The UK government has announced the first steps to help regulate the £3.6 billion aesthetics industry and clamp down on 'botched' clinics. The amendments to the Health and Care Bill will mean it will be made an offence for someone to practice without a licence.

As the Joint Council for Cosmetic Practitioners (JCCP) prepare for the next stage in lobbying Parliament to introduce a mandated licensing regime for invasive cosmetic treatments, sk:n publicly welcome the proposed changes and give the JCCP their full backing, as they have done for the last few years.

As a long-standing partner of the JCCP, sk:n has always implemented strict medical standards to ensure that only the safest and highest quality of treatments are delivered in appropriate, clinical environments by highly trained and experienced practitioners.

sk:n

The
MOLE
Clinic

The
Harley
Medical
Group
FOUNDED ON CARE

The
Skin
Experts

Contributors

A huge thank you to everyone who has featured in this magazine, from our lovely patients, to our skilled practitioners and expert doctors and consultants.





Leamington Spa Clinic,
Warwick Street, CV32 5LA

“sk:n is a medical-led service, we are CQC registered and our main priority is the safety of our clients and staff always.”

DR DARON SEUKERAN
Group Medical Director

About sk:n

sk:n has the largest network of specialist skin care clinics in the UK. With over 50 nationwide clinics, our expert dermatologists, doctors and skincare practitioners are here to help you on your journey to better skin.

Our heritage goes back over 30 years to when we were founded in 1990. sk:n invested in the highest grade of lasers on the market, operating in partnership with the NHS.

Before long, sk:n doctors were treating NHS patients for broader dermatological needs and an ongoing partnership emerged.

From our headquarters in Birmingham, we've gone from strength to strength, growing our clinic and customer base every year. As well as providing an accessible and responsible skin services nationwide, we are proud to continue to build on our origins and focus on unrivalled patient care and safety.

Our Promise

Our mission to deliver confidence through better skin is at the heart of everything we do.

Award-winning, unrivalled medical expertise.

No one has more consultants, doctors and clinical expertise than sk:n, so no other dermatology provider comes close.

Outstanding approach to client care for over 30 years.

We've consistently delivered unrivalled, personalised client care, that's always right for our clients. If you have a concern, you can trust us to solve it.

Standards you can trust.

Our market-leading medical, safety and training protocols, and strict industry regulation means you can trust that your safety and care is our priority.

We are the UK's leading skin clinics.

We've treated millions of clients, improving their self-confidence for the better – with some life-changing results.



Dr Daron Seukeran's main clinical expertise and research has been in laser surgery, particularly in the treatment of acne scarring and aesthetic work.

Visit Dr Seukeran at our sk:n clinics in Harley Street London and Middlesbrough.

Meet Our **sk:n** Team

You'll find some of the world's leading skin experts in our nationwide clinics



Dr Tariq Sumrein

Role: Aesthetic Doctor and Specialist Injector

Expertise: In addition to his work as a Consultant in Emergency Medicine for the NHS, Dr Sumrein is an advanced aesthetic practitioner and trainer for anti-wrinkle treatments with Botulinum toxins and dermal fillers.

Based: Birmingham Bull Street and Harborne Road

GMC Number: 5208193



Dr Shaaira Nasir

Role: Consultant Dermatologist

Expertise: Consultant Dermatologist treating inflammatory conditions, removal of skin lesions, mole checking and anti-wrinkle and anti-ageing injectables.

Based: London Harley Street

GMC Number: 7122264



Dr Sidra Shakir

Role: Medical Director and Aesthetic Doctor

Expertise: Aesthetic Doctor specialising in anti-ageing injectables, dermal and lip fillers and Profhilo®.

Based: Brentwood

GMC Number: 7120462



Mr Bhagwat Mathur

Role: Consultant Plastic Surgeon

Expertise: Consultant Plastic Surgeon specialising in skin lesion removal, surgical and non-surgical face and body rejuvenation and dermal fillers.

Based: London Harley Street, London Holborn, Chelmsford, Monck Street and Kent Bluewater

GMC Number: 5197374



Find out more about our team

sk:n Team Product Favourites



Hayley

“My favourite product is the Medik8 Blemish Control Pads, of which you get 60 in a pot. I’ve always been someone that suffered from hormonal breakouts around my chin, and by using these religiously every day, I’ve seen an absolute difference in clarity on my skin, it’s much clearer!”



Elanor

“My favourite product has to be the Daily Radiance Vitamin C moisturiser by Medik8. It’s great for anti-ageing and hydrating and brightening the skin.”



Claire

“My go-to product is the CE Ferulic from SkinCeuticals. It has helped me so much with my pigmentation as it gives me protection from the UV rays and also aids with keeping the elasticity in my face.”



Laser Hair Removal – What you need to know

How long does laser hair removal take?

Laser hair removal typically requires a series of eight treatments performed three to four weeks apart. After several sessions you will begin to notice your hair growing back finer and at a much slower rate, and after eight sessions you can expect hair growth to be minimal.

However, this can vary from person to person; our experienced practitioner will provide a personalised treatment plan so you can achieve optimum results.

Can you have laser hair removal with a tan?

The best advice for those undergoing laser hair treatment with a tan is to avoid sunbathing and to limit sun exposure as much as possible as everyone's skin is different and will react in different ways when exposed to sunlight. You can still continue to have your laser hair removal treatment if you have a suntan, although a patch test is required two weeks after. Our technologically advanced lasers penetrate deep enough to bypass the epidermis, allowing us to target the hair safely without damaging pigment in the skin. If you have sunburns, you must postpone your appointment until the skin has fully healed and the tan has faded.

Once you're fully healed from your treatment, it is still important to take care in the sun and avoid trying to regain your tan too quickly.

What are the benefits of laser hair removal?

Reduces hair growth

No more ingrown hairs

Saves time and money

Can improve skin tone and texture

Reduces plastic waste compared to shaving



1-2 SESSIONS

Hair continues to grow thick.



3-4 SESSIONS

Hair begins to regrow with a medium texture.



4-6 SESSIONS

Hair growth starts to slow with hairs becoming finer.



6-8 SESSIONS

Hair growth becomes minimal and very fine.



8+ SESSIONS

Hair growth is minimal and sporadic.



HERE'S WHAT OUR CLIENT JOE HAD TO SAY:

"I decided to get laser hair removal on my back and top of my chest as the hair was getting too out of control and I didn't like the way the patches would poke out of my shirt. I also found it difficult to shave the areas due to the skin irritation it would cause, so it seemed to be the best option for me. This experience has definitely made me want to continue with further treatments as I can already see results after only two sessions, and I have definitely noticed a boost in my self-esteem."



Our Patient Results



Kuldip's improved confidence

Our client Kuldip visited sk:n because she was beginning to feel a lack of confidence in the way she looked as she approached her late 50's, and wanted to invest in a bespoke injectable treatment plan to help match how young she felt.

After a full face rejuvenation of her chin, jaw and cheeks in her first appointment, Kuldip was so happy with the results and came back for a top-up session to further define and maintain her newer lifted appearance. After only two appointments, Kuldip is now brimming with confidence and loves her new look.



"As I'm hitting the late 50s I was losing confidence, especially when seeing pictures of myself. When visiting the clinic and meeting with the injector Nurse Katerina I immediately felt comfortable as I really felt like I was being listened to and was happy with the suggestions being made. I'm really happy with the results, my skin is feeling great!"



Darianne's defined smile

Darianne, a member of our Head Office team had never had any form of dermal lip filler or injectable treatment before, but had been considering it for a while. She was content with her overall lip shape, but did feel that a little bit more definition would enhance them and give her more of a fuller look. Keeping her goals in mind she was given the perfect subtle plumpness and definition; and for a non-lipstick wearer generally, she has been loving introducing bold colours to show off her new lip shape.

"We spoke about the look I was trying to achieve and she gave me some advice on what she thought would suit my lip shape. Surprisingly, there was next to no pain and I had no bruising at all following the procedure, Katerina was really gentle. My lips swelled on the evening but still no pain and by the next morning, the swelling had gone! I love the results of my lips. They're still very natural but with a more defined look and that was exactly what I was aiming for."



About The Skin Experts

The Skin Experts was founded on one simple premise: to always bring the most exceptional skincare products and knowledge to our customers. We know that our customers want the very best skin possible, which is why our team includes some of the UK's top dermatological professionals.

Our mission is to ultimately offer advice and tailored expertise to help you reach, and maintain, your skin goals.

We bring together the most superior dermatologist-approved skincare brands, and present them to you in one sleek, effective space.

At The Skin Experts we work closely with sk:n, the UK's leading clinic group, to bring you in-depth skincare knowledge, product expertise and industry insights. We work together to help you achieve your best skin yet.

To find out more and shop your skincare essentials, visit theskinexperts.co.uk

**The Skin
Experts**



Enjoy a new purchaser offer of 20% off your skin essentials, using the code **SKN20** at checkout.



Iain's Story: My Skin Cancer Scare



IAIN MACK
Founder of
The MOLE Clinic

“My personal battle against skin cancer began nearly 20 years ago with a bout of food poisoning. I was a 40-year-old Glasgow lawyer, on holiday in Marbella and I ate some dodgy shellfish...”

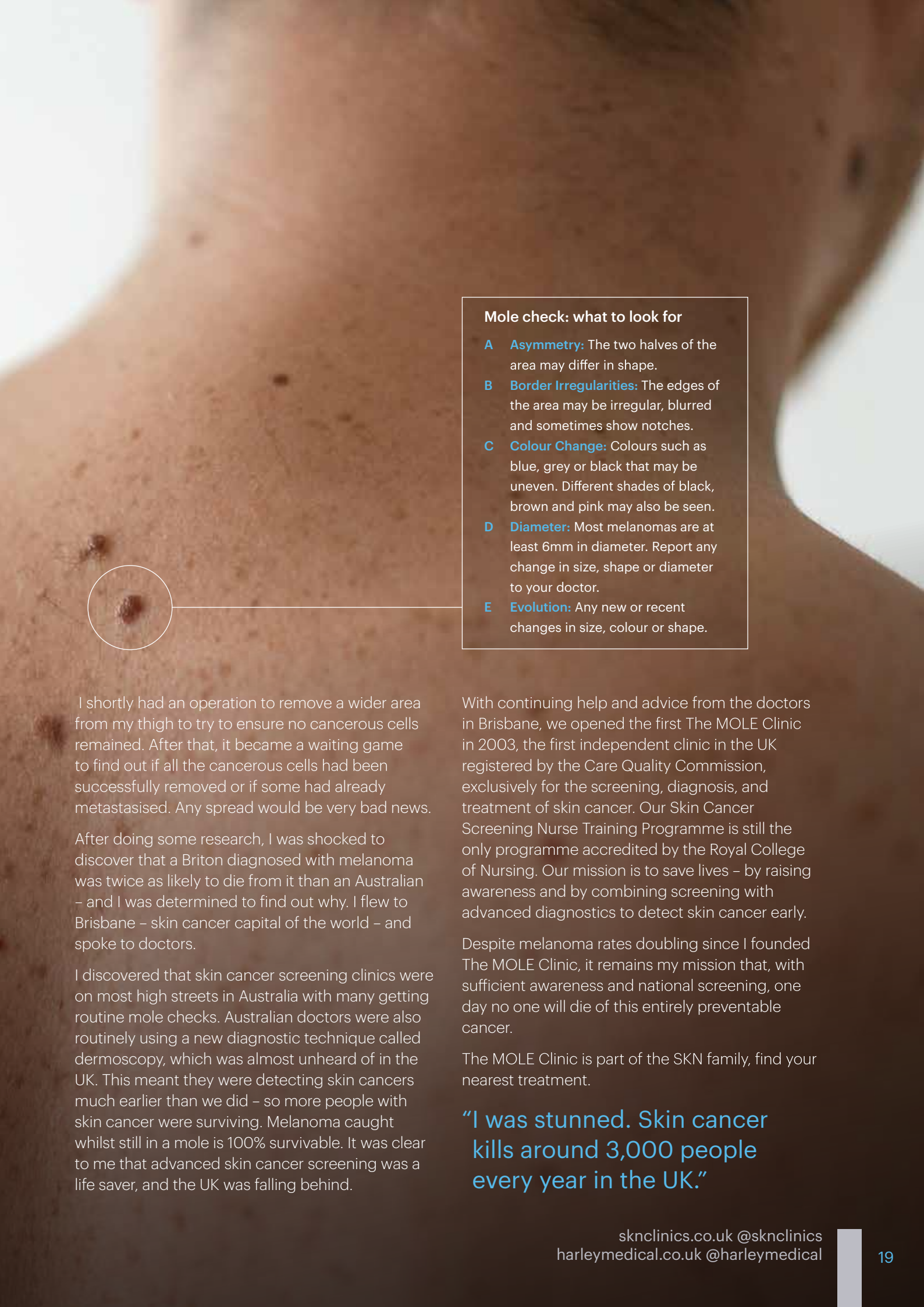
Feeling nauseous, I saw a doctor and because I was wearing trunks, she noticed an unusual mole on my thigh. I was vaguely aware that the mole had been changing for some time, but knew nothing about the link between moles and skin cancer. To my surprise, the doctor was more interested in my mole than my nausea and said, “skin specialist – pronto!”

My GP referred me urgently to see a dermatologist as a precaution. The dermatologist removed and biopsied the mole and I received a call a week later to tell me I had a malignant melanoma.

I soon learned that I had placed my life at risk because I had been a sun worshipper all my life and suffered sunburns as a result – stupidly laughing them off. I had not paid any attention to my moles which had given the cancer time to spread to a deeper layer of skin and become ‘invasive’ – reducing my chances of seeing my children grow up.



Book a consultation now.



Mole check: what to look for

- A Asymmetry:** The two halves of the area may differ in shape.
- B Border Irregularities:** The edges of the area may be irregular, blurred and sometimes show notches.
- C Colour Change:** Colours such as blue, grey or black that may be uneven. Different shades of black, brown and pink may also be seen.
- D Diameter:** Most melanomas are at least 6mm in diameter. Report any change in size, shape or diameter to your doctor.
- E Evolution:** Any new or recent changes in size, colour or shape.

I shortly had an operation to remove a wider area from my thigh to try to ensure no cancerous cells remained. After that, it became a waiting game to find out if all the cancerous cells had been successfully removed or if some had already metastasised. Any spread would be very bad news.

After doing some research, I was shocked to discover that a Briton diagnosed with melanoma was twice as likely to die from it than an Australian – and I was determined to find out why. I flew to Brisbane – skin cancer capital of the world – and spoke to doctors.

I discovered that skin cancer screening clinics were on most high streets in Australia with many getting routine mole checks. Australian doctors were also routinely using a new diagnostic technique called dermoscopy, which was almost unheard of in the UK. This meant they were detecting skin cancers much earlier than we did – so more people with skin cancer were surviving. Melanoma caught whilst still in a mole is 100% survivable. It was clear to me that advanced skin cancer screening was a life saver, and the UK was falling behind.

With continuing help and advice from the doctors in Brisbane, we opened the first The MOLE Clinic in 2003, the first independent clinic in the UK registered by the Care Quality Commission, exclusively for the screening, diagnosis, and treatment of skin cancer. Our Skin Cancer Screening Nurse Training Programme is still the only programme accredited by the Royal College of Nursing. Our mission is to save lives – by raising awareness and by combining screening with advanced diagnostics to detect skin cancer early.

Despite melanoma rates doubling since I founded The MOLE Clinic, it remains my mission that, with sufficient awareness and national screening, one day no one will die of this entirely preventable cancer.

The MOLE Clinic is part of the SKN family, find your nearest treatment.

“I was stunned. Skin cancer kills around 3,000 people every year in the UK.”

About The Harley Medical Group

Founded on Care

The Harley Medical Group is the UK's leading cosmetic surgery provider, offering first-class client care. Our patients have been and always will be our number one priority. We are focused on consistently improving and refining our existing cosmetic treatments and services, whilst researching the latest advances and innovations in surgical procedures.

From your first enquiry through to your aftercare following your procedure, at The Harley Medical Group you will be looked after by our highly experienced nurses, surgeons, and doctors who always aim to ensure that our patients get the right procedure for them and take the time to understand their individual needs and goals. All of our surgeons are on the GMC specialist register, all undertake annual appraisals and most hold substantive posts within the NHS.

A History of Harley Street

Since the 19th century, the number of doctors, hospitals, and medical organisations in and around Harley Street has greatly increased. Records show that there were around 20 doctors in 1860, 80 by 1900, and almost 200 by 1914. When the National Health Service was established in 1948, there were around 1,500. Today, there are more than 3,000 people employed in the Harley Street area, in clinics, medical and paramedical practices, and hospitals. It was named after Edward Harley, 2nd Earl of Oxford and Earl Mortimer.

The
Harley
Medical
Group

FOUNDED ON CARE



MR SANKAR
Group Medical Director

Mr Sankar is the Chief Medical Officer at The Harley Medical Group, with many years of experience as a Consultant Plastic & Reconstructive Surgeon. Overseeing patient safety, implementing the latest surgical techniques and recruiting the top surgeons possible means that the success of The Harley Medical Group could not be possible without Mr Sankar. He was awarded the 2018 WTO Best Plastic surgeon, and boasts over 22 years' experience and 19,000 surgeries performed.

Meet Our Team

You'll find some of the world's leading skin experts in our nationwide clinics



Sophie Walsh

Role: Patient Advisor

Expertise: With over 10 years' experience, Sophie is a fundamental part of our Patient Advisor team. Boasting advanced knowledge of cosmetic procedures which allows her to focus on each patient's needs throughout their journey.

Based: Birmingham



Ms Helena Antoniadou

Role: Consultant Aesthetic Plastic Surgeon

Expertise: Consultant Aesthetic Plastic Surgeon focusing on breast surgery, abdominoplasty, rhinoplasty and more. In 2008 Ms Antoniadou became a Fellow in Breast Reconstruction and Aesthetic surgery.

Based: Nottingham and Leeds

GMC Number:
3700956



Mr Premjit Randhawa

Role: Consultant ENT and Facial Plastic Surgeon

Expertise: Consultant ENT and Facial Plastic Surgeon for the NHS and Aesthetic Rhinoplasty Surgeon. A Fellow of the Royal College of Surgeons of England and a full member of both the European and British Academy of Facial Plastic Surgery.

Based: London Harley Street

GMC Number:
4734299



Mr George Samouris

Role: Consultant Aesthetic Plastic Surgeon

Expertise: Consultant Aesthetic Plastic Surgeon with training in the UK and Greece's most prestigious hospitals. Specialist in breast surgery, liposuction, abdominoplasty, rhinoplasty, blepharoplasty and more.

Based: London Harley Street

GMC Number:
7064009



Find out more
about our team

“The staff at sk:n London Harley Street were extremely professional and kind... they go above and beyond to help you on your skin journey. The facilities are great and I would highly recommend the clinic.”

VERIFIED GOOGLE REVIEW

Welcome to our flagship clinic; No. 6 Harley Street

Home to both sk:n and The Harley Medical Group, you will find more consultants, surgeons, dermatologists, doctors and expert practitioners here than any other sk:n clinic. No. 6 Harley Street has treatment rooms spanning over six floors and our team of experts support and treat patients and clients seven days a week.



We deliver a range of surgical cosmetic procedures including Breast Enlargement, Rhinoplasty, Vaser Liposuction and Abdominoplasty.

Our sk:n dermatologists, doctors, nurses and medically-trained practitioners deliver specialised skin treatments daily. Some of our most popular including mole removal, anti-ageing injectables, laser resurfacing, acne treatment, laser hair removal, HydraFacial and chemical skin peels.



Scan to tour our clinic



sk:n
The Harley Medical Group

The Future of Liposuction

Dr Leonardo Fasano, Body Sculpting Specialists, has trained with the world-renowned Liposculpting guru Dr Alfredo Hoyos. Dr Fasano has been awarded the diploma of Total Definer Master and is recognised as an established expert in VASER® Hi-Def and mid-definition Sculpturing.

His passion for aesthetics and attention to detail allows him to enjoy great results while establishing a great relationship with his patients. Considering Vaser Liposuction but not sure where to start? Dr Leonardo Fasano tells all.



DR LEONARDO FASANO
GMC Number: 7533666
Location: London Harley Street, Birmingham, Nottingham

“52.4% of men we asked find themselves comparing their appearance to others”*

Q&A

What are the steps of Vaser Liposuction?

“Vaser Liposuction is divided into three steps. First, we infiltrate the area we would like to treat with some solution to numb and constrict the blood vessels so that there is minimal blood loss.”

What are the steps of Vaser Liposuction?

“Vaser Liposuction is divided into three steps. First, I infiltrate the area you would like to treat with some solution to numb and constrict the blood vessels so that there is minimal blood loss. I then start melting the fat using ultrasound and heat which is done very gently with different cannulas. Then, with another sucking cannula, I am able to very specifically draw out the fat so that I can sculpt the area you want.”

What aftercare should patients follow?

“After Vaser Liposuction it is important to have some time off work to allow your body to rest and heal. Usually one week is enough, however, if you have a physical job then we recommend two weeks. Providing that the patient carries out a healthy lifestyle, Vaser Liposuction provides a relatively permanent change in shape.”



Guide to Surgical Aftercare

At The Harley Medical Group, care continues long after your procedure to ensure that you heal properly at home and with the right support available to you.







This period of time is when you will learn to adjust post-op and give your body the best chance of recovery following recommendations and guidelines from our trusted experts. From your first enquiry through to your aftercare following your procedure, you will be looked after by our highly experienced nurses, surgeons, and doctors.

For all surgery types our aftercare promises include:

- An open door policy.
- A 24-hour emergency contact number available every day of the year.
- Regular contact from your nurse to check in and see how you are recovering.
- Free of charge post-op appointments with your nurse or Surgeon.

Four tips to improve recovery after any anaesthetic surgery

-  Drink lots of water – as this can also help to heal faster and remove waste material from your body, such as anaesthesia and pain medication.
-  Slow down your routine – It is important however to make sure you are moving regularly, so a gentle walk every few hours will help keep the blood flowing.
-  Take care of your hygiene – Keeping your body and wound site clean will help to prevent infection, and it's always preferable to have a shower instead of a bath. Also, making sure you are wearing your recommended compression garment to optimise recovery and avoid any infections.
-  Eat healthily – This will not only help to promote healing, but it can also help your body to fight off infection, speed up your recovery and boost your energy and strength. Eat healthy fats which are high in vitamin E such as nuts (particularly almonds), olive oil, avocados and oily fish.

Top Tip: Eat your fruit! Pineapple can help reduce the duration and severity of bruising after surgery as it contains an enzyme called Bromelain, which is anti-inflammatory.

macom[®] Compression Garments

“macom[®] medical compression garments have a powerful four-way stretch, and what really makes the material different is that it’s certified, which ensures that there’s no harsh chemicals that could potentially migrate into the skin”

NADJA COLLIN
macom[®] Medical Sales and Marketing Director

After any surgical procedure, effective compression during the recovery period is essential to avoid any complications post-surgery. Here at The Harley Medical Group, our patients are our number one priority, before, during and after their surgical journey with us which is why we want to ensure that they recover in the safest way possible. We are proud to partner with macom[®], leading provider of high quality compression garments to ensure that our patients are provided with the highest quality aftercare garments.

Medical-grade compression garments are also a crucial part of recovery because they:

Improve microcirculation

Deliver more oxygen and nutrients to the body, therefore resulting in faster healing around the area

Optimise lymphatic drainage which is your body’s natural waste disposal system

Assist in reducing fluid build up therefore reducing pain in the surgical area

Reduce the risk of hematomas developing



Nadja’s recommended post-surgical garments



“Abdominoplasty and liposuction to the abdomen and flanks – upper body: Side fastening girdle, high-back girdle or gender neutral adjustable Abdominal Binder.”



“Liposuction to the thighs and legs – lower body: Sculpting Leggings.”



“Facelift, necklift, and liposuction to the chin: Face-lifter garment.”



“Breast surgery – reduction, augmentation and uplift: Any of the fully expandable seamless bras.”



“Sub-muscular breast augmentations implants placed behind the muscle: Breast bands.”



“Arm lifts or liposuction to arms: Sleeved bralet.”

Top tip: “Try adding a memory foam insert underneath the girdle against the surgery site for optimised healing. This thin yet powerful insert will prevent empty spaces where fluid can congregate, and its movement engineered capabilities will ensure that skin heals back completely flat. It also makes healing very comfortable too. Game changer for abdo and lipo surgery!”

Hannah's Story



After having two beautiful children, Hannah was unhappy with her body and felt that her life was on hold, so she turned to The Harley Medical Group for help...



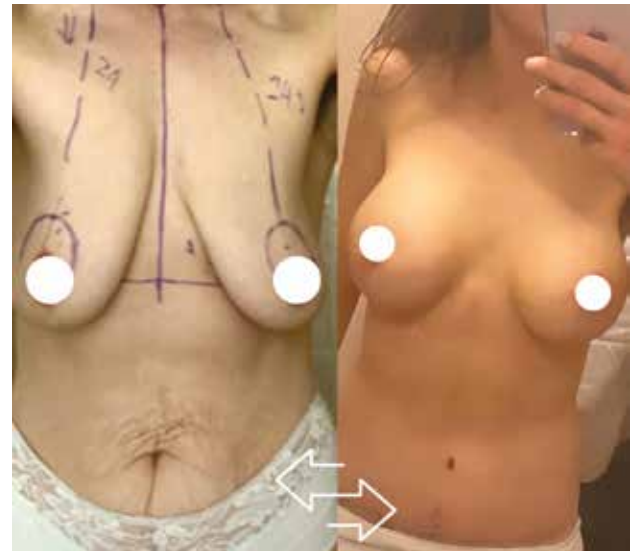
“I couldn't speak any higher of The Harley Medical Group and the work they have done to change my life!”

“When I was pregnant I gained seven stone and it left me feeling very unhappy with the way I looked. I completely lost my confidence. I worked so hard to lose the seven stone, which I eventually did, but it left me with lots of excess skin. This didn't help my confidence at all and left me wearing baggy clothes, hiding my body from people.

After I lost the weight, my breasts were also extremely deflated, I just wanted to look like the old me again. I felt like my life was on hold, I could not let anyone see my body and couldn't look at it myself. I hadn't worn a bikini for 21 years!

I knew that The Harley Medical Group had a great reputation and I had heard a lot of positive things about the company. I always said that with surgery, it's not worth going with the cheapest option, not with so many risks involved and the horror stories of surgical complications you see in the media. I fully trusted The Harley Medical Group after seeing the work they had done with others.

I chose Helena as I knew I wanted multiple surgeries with the same surgeon to see me through my whole journey. With Helena being female and an expert in these surgeries, I also felt like she may be able to relate to the way I was feeling and the outcome I wanted.



We have a range of monthly payment plans, including **0% finance for 12 months on all procedures.*** Our patient advisors will be happy to take you through the payment plans available for your recommended procedure.

I underwent my first surgery in April 2021 with Ms Antoniadou which was a Breast Uplift and Implants. I was so pleased with the outcome that I then booked my Abdominoplasty, which I had done in November 2021, along with an Open Rhinoplasty procedure as well.

I couldn't speak any higher of The Harley Medical Group and the work they have done to change my life! I have so much gratitude and thanks to Helena and my Patient Advisor Jade Harland as well for the amazing service. They have given me a future I can look forward to, for which I will be forever grateful for. I absolutely could not fault the procedure from start to finish! The service was second to none and I would not hesitate to recommend them to anyone looking for surgery.

Looking at my before and after pictures, I cannot describe the happiness and confidence this has given me again. Thank you to her and all the amazing team at The Harley Medical Group! I look forward to being reunited with my bikini after 21 years!"

One year on, we interviewed Hannah again to find out how she is feeling now.

"I feel absolutely amazing! I've got my body back, but most importantly I've got my confidence back. My life was always on hold before but now I've been able to move on with my life and I'm not ashamed to show my body anymore. It's enabled me to now find and be with the love of my life. I never would have had the confidence or been able to do that without Ms Helena. People have been so so supportive and so complimentary of the new me. My friends and family can't believe the amazing work Helena has done and the transformation I've gone through. I now have had quite a few people come to me for advice regarding my surgery and journey. I genuinely can't thank and recommend The Harley Medical Group and my wonderful surgeon Helena enough."

**"I feel absolutely amazing!
I've got my body back,
but most importantly I've
got my confidence back."**

Editorial Staff

Environmental Statement

At sk:n, our passion is making life better for you, improving your skin and body confidence. This is demonstrated through the care we provide, the quality of our products, and the strict medical protocols that keep our clients safe every day.

We acknowledge that due to the nature of our business, we use large quantities of plastic, including sharps from our injectable and surgical treatments for the purposes of client safety and infection control. We are actively trying to do what we can to make a change; by offering our clients the safest option for laser hair removal treatment, we can reduce yearly up to 50 disposable plastic razors per person. It can take up to 450 years for one piece of plastic to completely decompose, so every plastic-free choice helps.

Our first edition of the sk:nclusive magazine has been produced digitally so you can read all about us, our treatments and our nationwide clinics in the most sustainable way.

We'd love your feedback

Have some feedback about our magazine? Please send your thoughts or suggestions to: social.skn@sknclinics.co.uk



GRACE KINIRONS
Content and Social
Media Manager



MILAN BURGE
Social Media Executive



VINITA VYAS
Graphic Designer

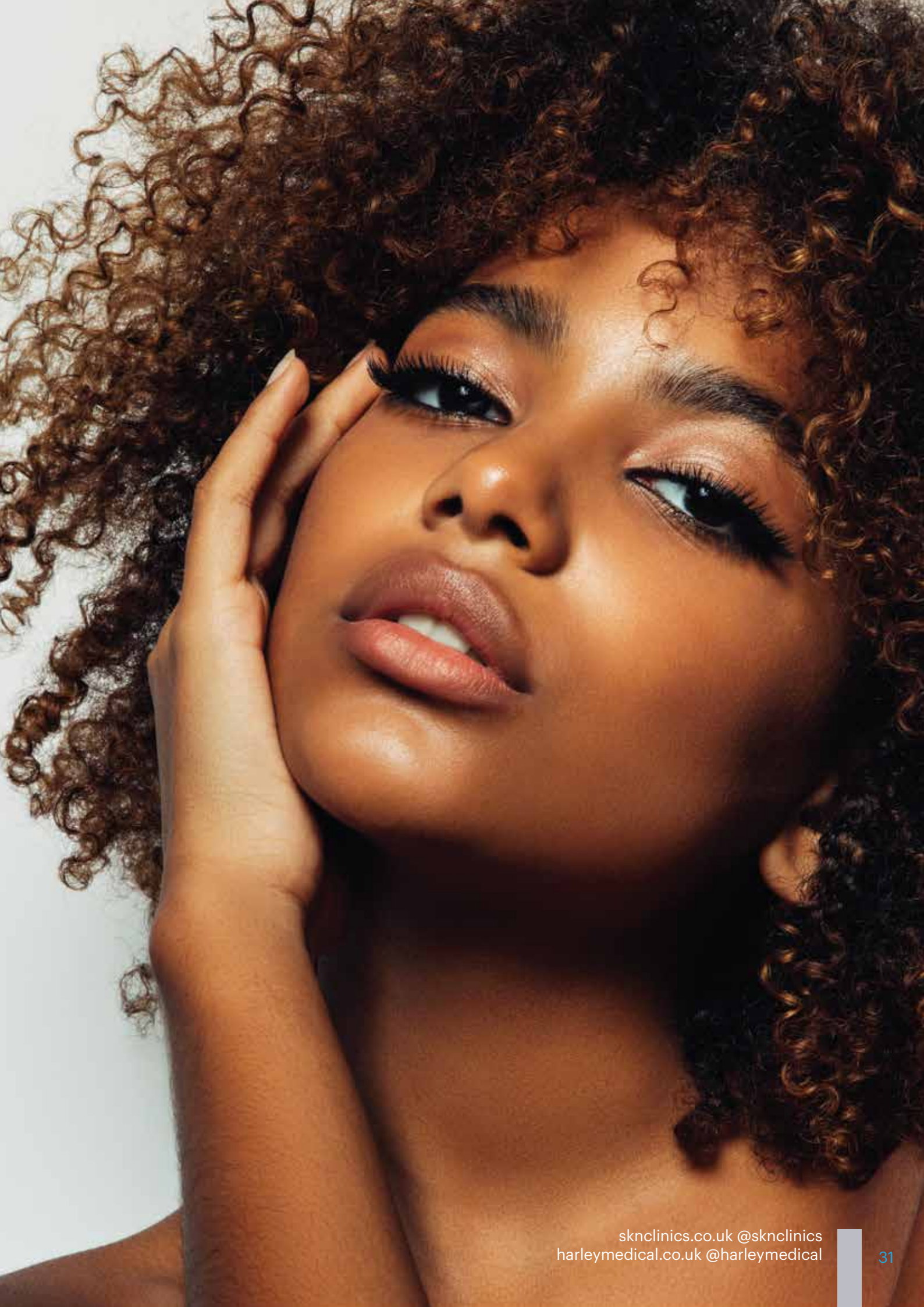
Use offer code below for 5% off treatments[†]:

MAGAZINE

Share your story with us!

We'd love to hear about your journey to greater confidence, and see how happy you are with our results. Send us your before and after images to social.skin@sknclinics.co.uk to **win a free HydraFacial skin signature worth £129!***

*2022 survey conducted by The Harley Medical Group **Annual number of cosmetic surgery procedures performed in the United Kingdom (UK) from 2003 to 2021. ***New survey data: cosmetic surgery knowledge. †Terms and conditions apply, contact us for more details.





The experts in dermatology

We specialise in diagnosing and treating thousands of skin conditions and disorders. At sk:n you'll find some of the world's leading consultant dermatologists, doctors and medical directors to find a solution to your skin concerns.

Our medical experts lead the industry with clinically proven treatments and products that get results. Ask our specialists for more information.

sk:n



[sknclinics.co.uk](https://www.sknclinics.co.uk)