

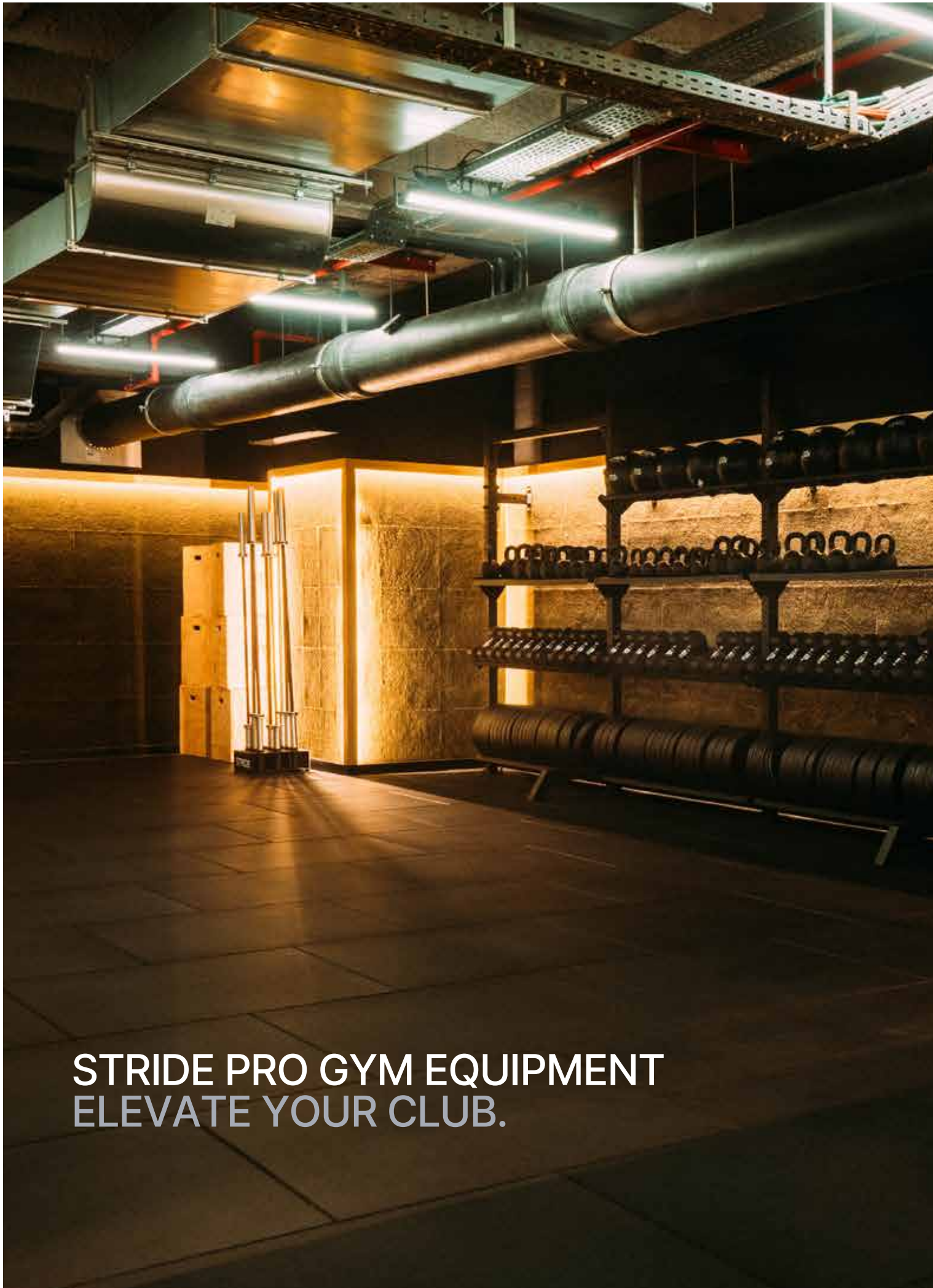
FUNCTIONAL GYM EQUIPMENT

ONE STEP AHEAD IN GYM CREATION
WWW.STRIDEEUROPE.COM

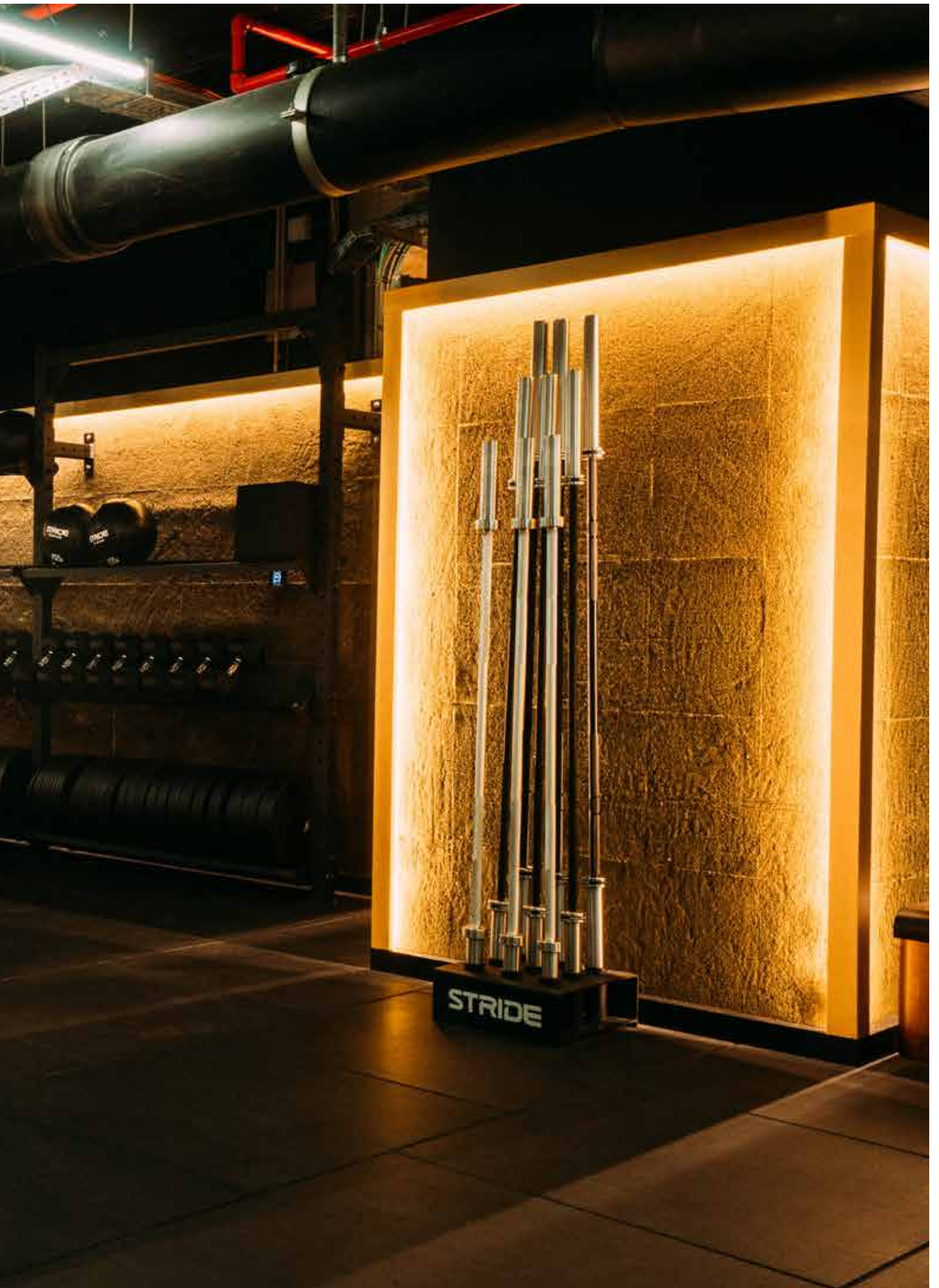
STRIDE



STRIDE
GYM CREATION | STRIDEEUROPE.COM



**STRIDE PRO GYM EQUIPMENT
ELEVATE YOUR CLUB.**



MOBILITY

8-15 ↘



HOW TO ORDER



SCAN QR CODES
TO SEE PRICES
AND WHAT IS
CURRENTLY IN STOCK.
SHOP.STRIDEEUROPE.COM



STRIDE X

36-37 ↘

MOVEMENT

16-37 ↘



CARDIO

58-71 ↘



STRENGTH

38-57 ↘



BOXING

72-75 ↘



STORAGE

76-85 ↘



MOBILITY





BALANCE BALL

Art. Nr.	Item	Price
STR-BALBALL	STRIDE Balance Ball	

Exercise Ball to improve your torso strength, balance and posture



SPECS
Size: 65cm

LEATHER BALL COVER

Art. Nr.	Item	Price
STR-BALBALLCOVER	STRIDE Balance Ball Cover	



BALANCE BALL HOLDER

Art. Nr.	Item	Price
EF-20-06908	Balance ball holder (max 8kg)	



BALANCE DOME

Art. Nr.	Item	Price
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STR-BALDOME	STRIDE Balance Dome	
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A versatile tool to improve body stability, balance and strength



SPECS

Size: ø 63cm
64cm x 64cm x
14cm
Weight: 8kg

LACROSSE BALL

Art. Nr.	Item	Price
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STR-LACRBLACK	STRIDE Lacrosse ball (black)	
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SPECS

Size: ø 6,4cm
Weight: 150gr
Material: Rubber /
Silicone



STRIDE BALANCE DOME

Core Strength Starts Here.



NON-SLIP GRIP RUBBER

Stays firmly in place,
even during intense workouts.

DUAL-SURFACE TRAINING

Use dome or flat side for
versatile stability exercises.





AB MAT

Art. Nr.	Item	Price
STR-ABMAT	STRIDE Ab Mat	

The perfect support for the correct and back-friendly execution of abdominal muscle training



SPECS

Size: 37cm x 31cm
x 7cm
Material: PU foam

ADJUSTABLE WOODEN SLANT BOARD

Art. Nr.	Item	Price
STR-ADJWDSLANT	STRIDE Adjustable Wooden Slant Board	

Adaptable stretching board with antislip surface



**NOT SUITED FOR
SQUATS, ONLY
FOR MOBILITY
EXERCISES**

SPECS

Size: 346cm x 38cm
x 6cm

STRIDE EXERCISE MAT PVC (WITH HOLES)

Art. Nr.	Item	Price
STR-EXRCMAT	STRIDE Exercise Mat PVC (with holes)	



SLIDING DISCS

Art. Nr.	Item	Price
STR-SLIDEDISCS	STRIDE Sliding Discs	



Designed for use with hands or feet, on various surfaces.



DEEP ROLLER

Art. Nr.	Item	Price
STR-DEEPROLL	STRIDE Deep Roller	



Massage roller for intense triggerpoint application



SPECS
 Size: 45cm x 13cm
 Weight: 1kg
 Material: EVA + PVC

BALANCE PAD

Art. Nr.	Item	Price
STR-BALPAD	STRIDE Balance Pad	



Soft foam cushion used for stability, support and rehabilitation



SPECS
 Size: 49cm x 36cm
 x 6cm
 Material: PU foam

PHYSIO TABLE

Art. Nr.	Item	Price
STR-PHYSIOTABL	STRIDE Physio Table	



DUAL MOTOR FOR LEG AND HEAD SECTION ADJUSTMENT

HEIGHT RANGE: 49-86 CM

PREMIUM STEEL FRAME AND PU LEATHER UPHOLSTERY

HIGH-DENSITY FOAM

Durable, medical-grade padding ensures patient comfort and hygiene.

MULTI-SECTION ADJUSTABLE SURFACE

The table includes multiple adjustable segments (head, back, leg) for optimal patient positioning.

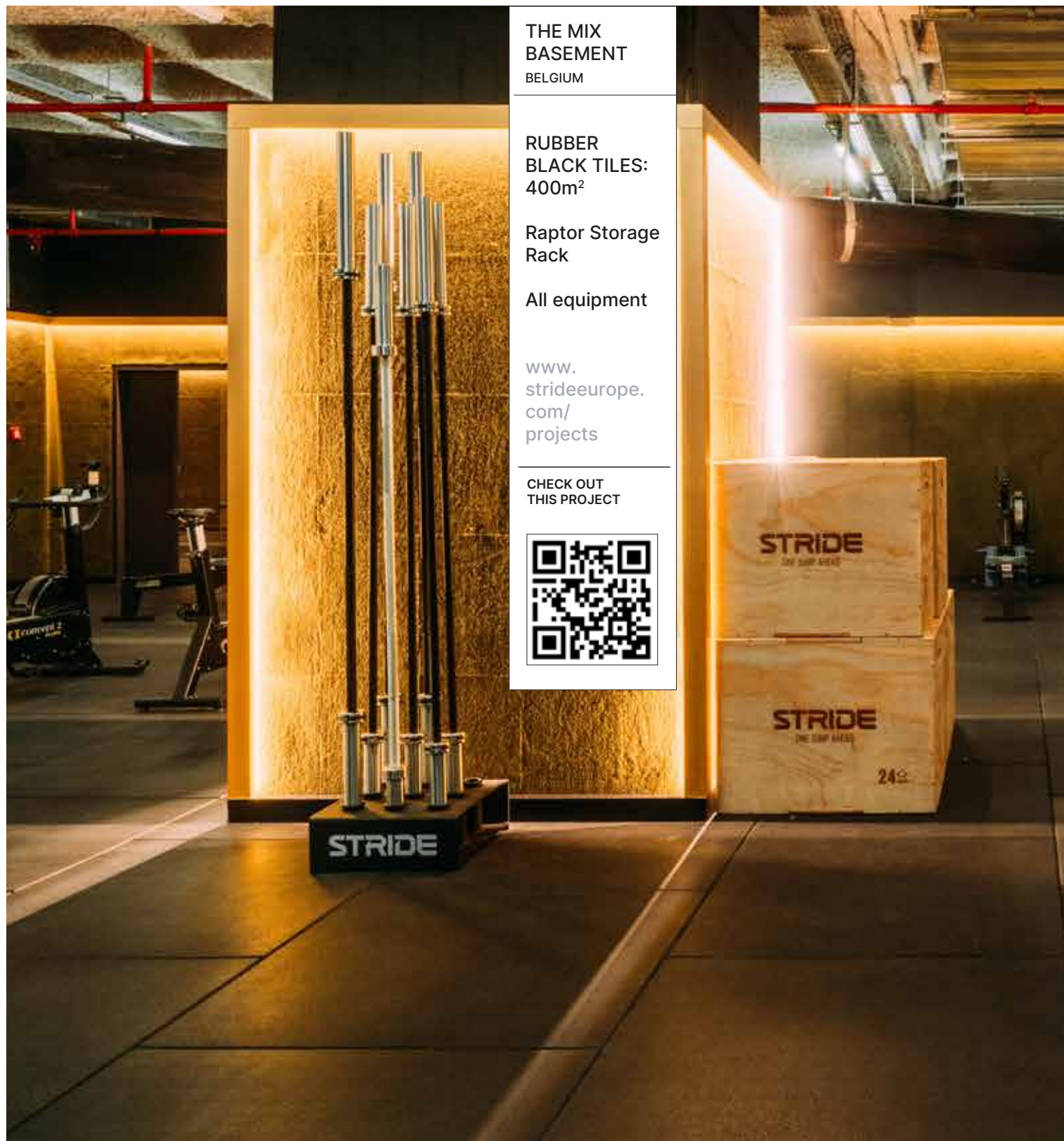


HEIGHT ADJUSTMENT

Smooth electric lift system allows for ergonomic working height for the therapist.

THE MIX BELGIUM

Step into BASEMENT, Belgium's newest high-performance CrossFit & Boxing Studio, fully equipped with STRIDE fitness gear and designed for Hyrox training, functional strength, and combat conditioning. Whether you're here to lift, box, or push your limits, this immersive space provides everything you need to train like an athlete.



THE MIX
BASEMENT
BELGIUM

RUBBER
BLACK TILES:
400m²

Raptor Storage
Rack

All equipment

www.strideeurope.com/projects

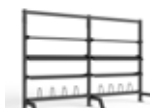
CHECK OUT
THIS PROJECT



OLYMPIC
BARBELL
MEN / WOMEN



CONNECTING
RUBBER
TILES



RAPTOR
STORAGE
WALL

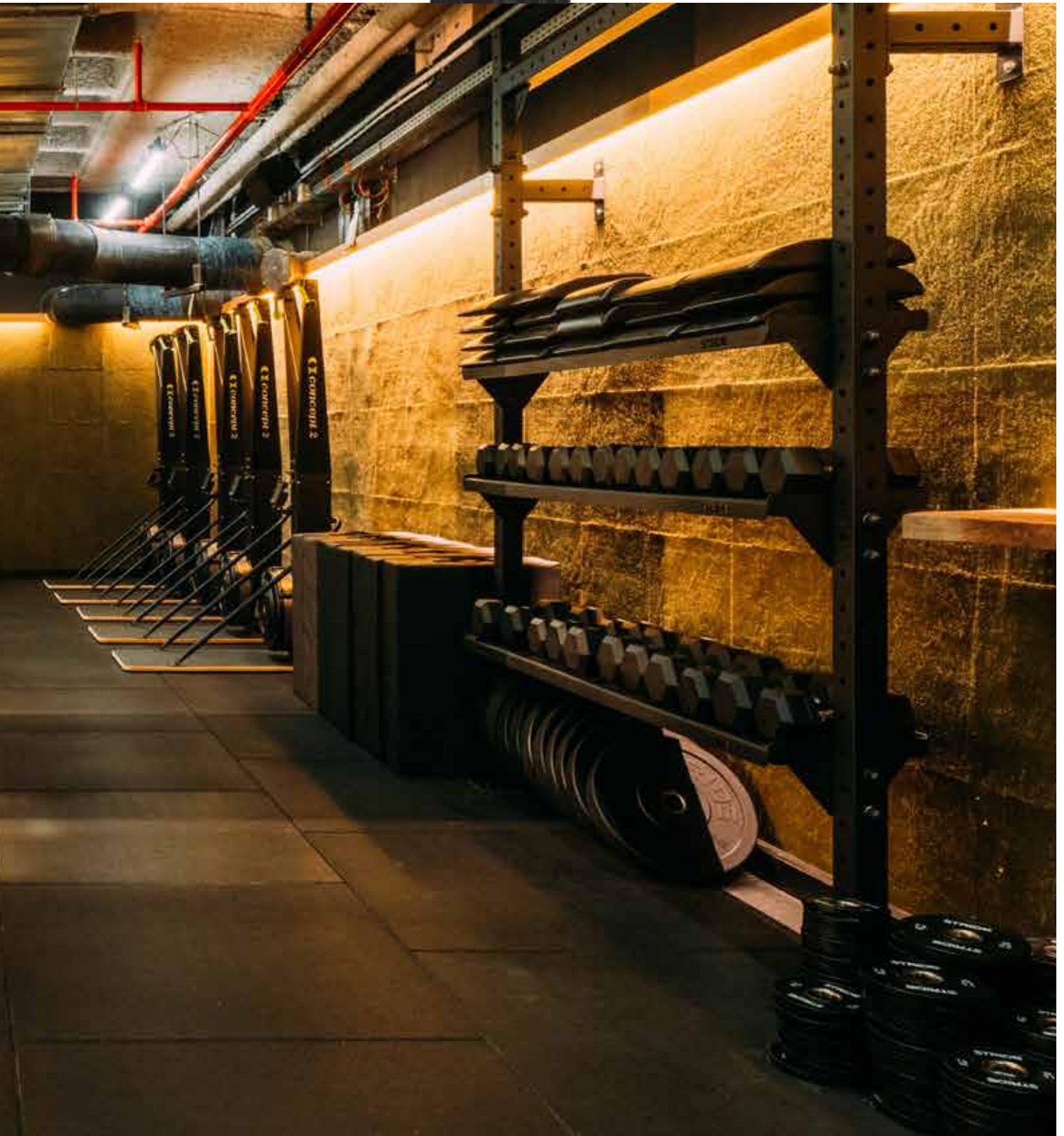


AB
MAT



CONTACT OUR EXPERT THIBAUT FOR MORE INFORMATION.

THIBAUT@STRIDEEUROPE.COM



WOODEN PLYO BOX



MOLDED BLACK RUBBER BUMPER PLATES



KETTLEBELL SET

SCAN QR CODE TO SEE PRICES

MOVEMENT





WOODEN GYM RINGS (PAIR)

Art. Nr.	Item	Price
STR-WOODRING	STRIDE Wooden Gym Rings (pair)	



SPECS

Size: ø 24cm
 Max load: 400kg
 Strap size: 3,8cm
 x 5m

SUSPENSION TRAINER

Art. Nr.	Item	Price
STR-SUSPTRAIN	STRIDE Suspension Trainer	



SPECS

Armlength: 180cm

SUSPENSION ANCHOR

Art. Nr.	Item	Price
STR-SUSPANCH	STRIDE Suspension Anchor	



SPECS

Size: 21cm x 12,5cm
 x 20,5cm
 Comes with bolts

STRIDE SOFT PLYOBOX SET

Explosive training, zero impact.

HIGH-DENSITY FOAM CORE

Provides a firm, stable surface while reducing joint impact.



SOFT PLYO BOX SET

Art. Nr.	Item	Price
STR-PLYOSOFTSET	STRIDE Soft Plyo Box SET (15, 30, 45 and 60cm)	



4 stackable soft boxes for step and jump exercises



SPECS
 Size: 90cm x 75cm
 Height: 15cm / 30cm / 45cm / 60cm
 Weight: 3 kg / 5kg / 9kg / 11kg
 Material: PVC cover + EPE inside

ANTI-SLIP VINYL COVER
 Ensures safe landings and keeps the box in place during explosive movements.



SOFT 3-IN-1 PLYO BOX

Art. Nr.	Item	Price
STR-PLYOSOFT3IN1	STRIDE Soft 3-in-1 Plyo Box	



3-in-1 versatility soft plyo box for all kinds of step and jump exercises



SPECS
 Dimensions: 75cm x 60cm x 50cm

PLOW SLED

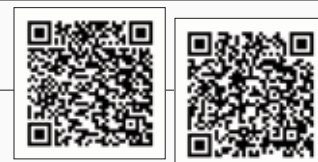
Art. Nr.	Item	Price
STR-PLOWSLED	STRIDE Plow Sled	



SPECS
Size: 118cm x 83cm
Weight: 30kg

WOODEN PLYO BOX

Art. Nr.	Item	Price
STR-PLYWOODR	STRIDE Wooden Plyo Box (regular)	
STR-PLYWOODS	STRIDE Wooden Plyo Box (small)	



Regular Wooden Plyo Box
Dimensions: 51 x 61 x 76 cm


Small Wooden Plyo Box
Dimensions: 40 x 30 x 36 cm

TORQUE ENDLESS ROPE TRAINER

Art. Nr.	Item	Price
GYB-TORQUETANK	Torque Tank M4 Group Trainer (with performance handles)	
GYB-TORQUEROPE	Torque Endless Rope Trainer	



BANANA SPEED HURDLE


Art. Nr.	Item	Price
STR-HURDLE6	STRIDE Banana Speed Hurdle 6" (1pc)	
STR-HURDLE9	STRIDE Banana Speed Hurdle 9" (1pc)	
STR-HURDLE12	STRIDE Banana Speed Hurdle 12" (1pc)	
STR-HURDLE15	STRIDE Banana Speed Hurdle 15" (1pc)	

STRIDE Hurdles are great for plyometric training and a wide variety of speed, coordination, and agility work

- 6" = 15.24cm in height
- 9" = 22.86cm in height
- 12" = 30.48cm in height
- 15" = 38.10cm in height



TRAINING CONES (5PCS)


Art. Nr.	Item	Price
STR-TRAINCONEGREEN	STRIDE Training Cone green (5pcs)	
STR-TRAINCONEORANGE	STRIDE Training Cone Orange (5pcs)	

Training cones are an indispensable companion for a creative, varied and performance-oriented training



SPECS
 Height: 23cm
 Size: ø 17cm

AGILITY LADDER

Art. Nr.	Item	Price
STR-AGILLAD	STRIDE Agility Ladder	

The STRIDE Agility ladder is ideal for use during warming-up and for fitness, coordination and agility training







STEP UP

Art. Nr.	Item	Price
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STR-STEPUP STRIDE Step Up
 The perfect addition to individual fitness training and variable step aerobics



EACH STEP CAN BE ADJUSTED TO 3 HEIGHTS



STRIDE AQUABAG M (BLACK)

Art. Nr.	Item	Price
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PP-AQUABAGM STRIDE Aquabag M (black)



SPECS
 Ø20cm max: 25kg
 water
 Pump included

AB WHEEL

Art. Nr.	Item	Price
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STR-ABWHEEL STRIDE Ab Wheel

Excercise wheel for training your entire body with handles for hands and feet



SAFETY TUBE

Art. Nr.	Item	Price
STR-SAFTUBL	STRIDE Safety Tube (Light)	
STR-SAFTUBM	STRIDE Safety Tube (Medium)	
STR-SAFTUBH	STRIDE Safety Tube (Heavy)	




RESISTANCE BANDS

Art. Nr.	Przedmiot	Cena
STR-BAND6XXS	STRIDE Resistance Band XXS Orange (6kg; 6,4mm)	
STR-BAND9XS	STRIDE Resistance Band XS Red (9kg; 13mm)	
STR-BAND20S	STRIDE Resistance Band S Purple (20kg; 22mm)	
STR-BAND225M	STRIDE Resistance Band M Green (22,5kg; 32mm)	
STR-BAND24L	STRIDE Resistance Band L Black (24kg; 45mm)	
STR-BAND28XL	STRIDE Resistance Band XL Blue (28kg; 64mm)	
STR-BANDSET	STRIDE Resistance Band SET	



MINI BANDS

Art. Nr.	Item	Price
STR-MINIBGR	STRIDE Mini Band Extra Light (GREEN) set of 10	
STR-MINIBBLU	STRIDE Mini Band Light (BLUE) set of 10	
STR-MINIBYEL	STRIDE Mini Band Medium (YELLOW) set of 10	
STR-MINIBRED	STRIDE Mini Band heavy (RED) set of 10	
STR-MINIBBLA	STRIDE Mini Band extra heavy (BLACK) set of 10	
STR-MINIBSET	STRIDE Mini Band SET (5 pcs)	



TACTICAL VEST

Art. Nr.	Item	Price
STR-TACTVEST55	STRIDE Tactical Vest No Weights	

Weights of 2kg, 3kg and 4kg can be separately purchased and added
 One Size
 Color - Black




TACTICAL VEST WEIGHT PLATE (2KG)


Art. Nr.	Item	Price
STR-TACTVESTPLATE2	STRIDE Tactical vest weight plate (2kg)	

Weights of 2kg, 3kg and 4kg can be separately purchased and added
 One Size
 Color - Black





TACTICAL BAG

Art. Nr.	Item	Price
STR-TACTBAG45	STRIDE Tactical Bag 45L	
STR-TACTBAG25	STRIDE Tactical Bag 25L	




TACTICAL PATCH


Art. Nr.	Item	Price
STR-TACTBAG	STRIDE Tactical Patch	




BATTLE ROPE

Art. Nr.	Item	Price
STR-BATROPE	STRIDE Battle Rope	

High quality rope for effective fat burning and increased endurance



SPECS


Full Length: 18m (1 arm is 9m)
 Weight: 18kg
 Material: Terylene with nylon strap



BATTLE ROPE HOLDER


Art. Nr.	Item	Price
STR-ROPEHOLD	STRIDE Battle Rope Holder	

This wall-mounted hanger enables you to store your battle rope on the wall which saves you a lot of space.





BATTLE ROPE ANCHOR

Art. Nr.	Item	Price
STR-ROPEANCH	STRIDE Battle Rope Anchor	




SLAM BALL


Art. Nr.	Item	Price
STR-SLAMBALL4	STRIDE Slam Ball (4kg)	
STR-SLAMBALL6	STRIDE Slam Ball (6kg)	
STR-SLAMBALL8	STRIDE Slam Ball (8kg)	
STR-SLAMBALL6	STRIDE Slam Ball (6kg)	
STR-SLAMBALL8	STRIDE Slam Ball (8kg)	
STR-SLAMBALL10	STRIDE Slam Ball (10kg)	
STR-SLAMBALL12	STRIDE Slam Ball (12kg)	
STR-SLAMBALL15	STRIDE Slam Ball (15kg)	
STR-SLAMBALL20	STRIDE Slam Ball (20kg)	
STR-SLAMBALLSET1	STRIDE Slam Ball SET 1 (7pcs; 4kg - 20kg)	
STR-SLAMBALLSET2	STRIDE Slam Ball SET 2 (5pcs; 4kg - 12kg)	

Extra resistant and grippy, developed for throwing exercises



SPECS
Material: PVC
Sand inside


STRIDE X - WALL BALL

Art. Nr.	Item	Price
STRX-WALLBALL4	STRIDE X-Wall ball 4kg	
STRX-WALLBALL6	STRIDE X-Wall ball 6kg	
STRX-WALLBALL9	STRIDE X-Wall ball 9kg	
STRX-WALLBALL12	STRIDE X-Wall ball 12kg	
STRX-WALLBALLSET	STRIDE X-Wall Ball SET (4, 6, 9 and 12kg)	

Ideal for traditional medicine ball throwing exercises



STRIDE ELITE MEDICINE BALL PRO

Art. Nr.	Item	Price
STR-ELMEDBALL2PRO	STRIDE Elite Medicine Ball Pro (2kg)	
STR-ELMEDBALL4PRO	STRIDE Elite Medicine Ball Pro (4kg)	
STR-ELMEDBALL6PRO	STRIDE Elite Medicine Ball Pro (6kg)	
STR-ELMEDBALL8PRO	STRIDE Elite Medicine Ball Pro (8kg)	
STR-ELMEDBALL10PRO	STRIDE Elite Medicine Ball Pro (10kg)	
STR-ELMEDBALL12PRO	STRIDE Elite Medicine Ball Pro (12kg)	
ELMEDPROSET	STRIDE Elite Medicine Ball Pro SET (Set of 6 balls; 2kg-12kg)	

Ideal for traditional medicine ball throwing exercises



**QUALITY
IMPROVED**




STRIDE X




BE READY FOR THE NEXT HYROX COMPETITION.

STRIDE X - BAG

Art. Nr.	Item	Price
STRX-BAG10	STRIDE X-bag 10kg	
STRX-BAG20	STRIDE X-bag 10kg	
STRX-BAG30	STRIDE X-bag 10kg	



STRIDE X - WALL BALL

Art. Nr.	Item	Price
STRX-WALLBALL4	STRIDE X-Wall ball 4kg	
STRX-WALLBALL6	STRIDE X-Wall ball 6kg	
STRX-WALLBALL9	STRIDE X-Wall ball 9kg	
STRX-WALLBALL12	STRIDE X-Wall ball 12kg	
STRX-WALLBALLSET	STRIDE X-Wall Ball SET (4, 6, 9 and 12kg)	

Ideal for traditional medicine ball throwing exercises




STRIDE X - SLED

Art. Nr.	Item	Price
STRX-SLED	STRIDE X-Sled	



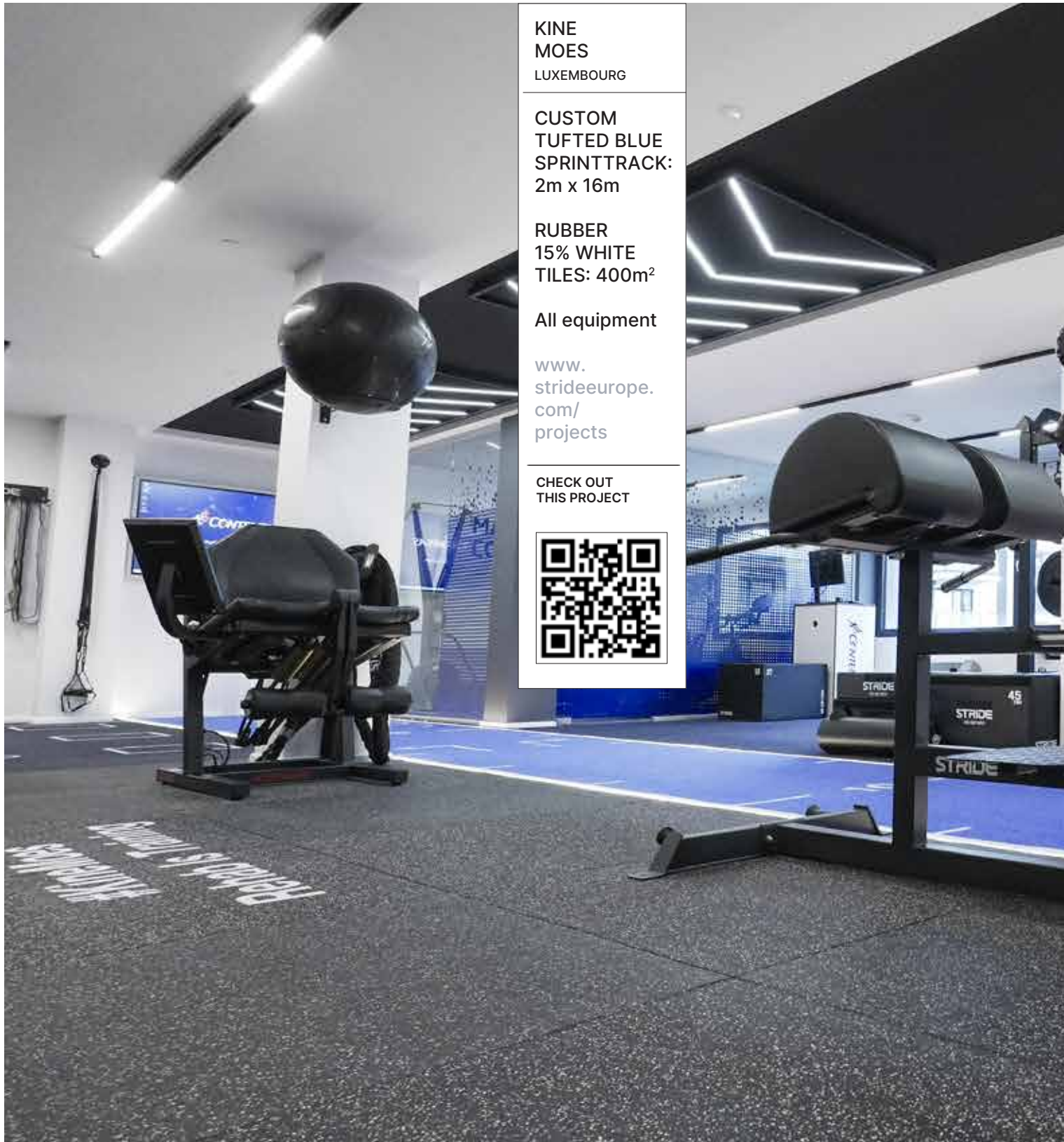
STRIDE X - ROPE 15M

Art. Nr.	Item	Price
STRX-ROPE	STRIDE X-Rope 15m	



KINE MOES LUXEMBOURG

Combining physiotherapy, rehabilitation, and athletic performance, Perform Up by Kiné Moes is a next-generation facility built to help clients recover, strengthen, and reach their peak potential. Designed and equipped by STRIDE, this space is the perfect blend of technology, function, and innovation.



KINE
MOES
LUXEMBOURG

CUSTOM
TUFTED BLUE
SPRINTTRACK:
2m x 16m

RUBBER
15% WHITE
TILES: 400m²

All equipment

www.strideeurope.com/projects

CHECK OUT
THIS PROJECT



SUSPENSION
TRAINER



BALANCE
BALL



CONNECTING
RUBBER
TILE



SOFT 3-IN-1
PLYO
BOX

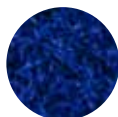


CONTACT OUR EXPERT CÉLINE FOR MORE INFORMATION.

CELINE@STRIDEEUROPE.COM



GLUTE HAM BUILDER



BLUE CUSTOM TUFTED TURF



GLUTE HAM BUILDER



BARBELL HOLDER VERTICAL

SCAN QR CODE TO SEE PRICES

STRENGTH



STRIDE INCLINE BENCH

Art. Nr.	Item	Price
STR-INGBENCH	STRIDE Incline Bench	



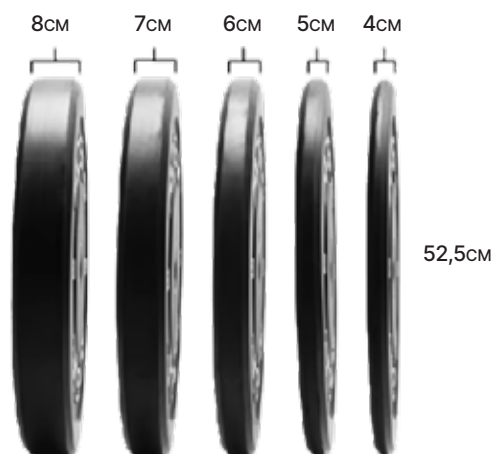
FLAT BENCH

Art. Nr.	Item	Price
STR-FLATBENCH	STRIDE Flat Bench	



MOLDED BLACK RUBBER BUMPLER PLATE

Art. Nr.	Item	Price
STR-MOBUMPLATE5-SINGLE	Molded Black Rubber Bumper Plate (single; 5kg)	
STR-MOBUMPLATE10-SINGLE	STRIDE Molded Black Rubber Bumper Plate (single; 10kg)	
STR-MOBUMPLATE15-SINGLE	STRIDE Molded Black Rubber Bumper Plate (single; 15kg)	
STR-MOBUMPLATE20-SINGLE	STRIDE Molded Black Rubber Bumper Plate (single; 20kg)	
STR-MOBUMPLATE25-SINGLE	STRIDE Molded Black Rubber Bumper Plate (single; 25kg)	
STR-MOBUMPLATESET	STRIDE Molded Black Rubber Bumper Plate SET (set of 5 pairs; 5kg-25kg)	





STRIDE MOLDED RUBBER BUMPER PLATE

STRIDE FRACTIONAL PLATES



FRACTIONAL PLATE COLOR



Art. Nr.	Item	Price
STR-FRACPLATECOLOR5	STRIDE Fractional Plate (single; 0,5kg) - COLOR	
STR-FRACPLATECOLOR10	STRIDE Fractional Plate (single; 1kg) - COLOR	
STR-FRACPLATECOLOR15	STRIDE Fractional Plate (single; 1,5kg) - COLOR	
STR-FRACPLATECOLOR20	STRIDE Fractional Plate (single; 2kg) - COLOR	
STR-FRACPLATECOLOR25	STRIDE Fractional Plate (single; 2,5kg) - COLOR	
STR-FRACPLATESET	STRIDE Fractional Plate SET (set of 5 pairs; 0,5kg-2,5kg)	



FRACTIONAL PLATE BLACK



Art. Nr.	Item	Price
STR-FRACPLATEBLACK5	STRIDE Fractional Plate (single; 0,5kg) - BLACK	
STR-FRACPLATEBLACK10	STRIDE Fractional Plate (single; 1kg) - BLACK	
STR-FRACPLATEBLACK15	STRIDE Fractional Plate (single; 1,5kg) - BLACK	
STR-FRACPLATEBLACK20	STRIDE Fractional Plate (single; 2kg) - BLACK	
STR-FRACPLATEBLACK25	STRIDE Fractional Plate (single; 2,5kg) - BLACK	
STR-FRACPLATEBLACKSET	STRIDE Fractional Plate SET (set of 5 pairs; 0,5kg-2,5kg)	



MOLDED KETTLEBELL

Art. Nr.	Item	Price
STR-MOLKB4	STRIDE Molded Kettlebell (4kg)	
STR-MOLKB6	STRIDE Molded Kettlebell (6kg)	
STR-MOLKB8	STRIDE Molded Kettlebell (8kg)	
STR-MOLKB12	STRIDE Molded Kettlebell (12kg)	
STR-MOLKB16	STRIDE Molded Kettlebell (16kg)	
STR-MOLKB20	STRIDE Molded Kettlebell (20kg)	
STR-MOLKB24	STRIDE Molded Kettlebell (24kg)	
STR-MOLKB28	STRIDE Molded Kettlebell (28kg)	
STR-MOLKB32	STRIDE Molded Kettlebell (32kg)	
STR-MOLKBSET	STRIDE Molded Kettlebell SET (set of 9pcs 4kg - 32kg)	



4KG



6KG



8KG



12KG



16KG



20KG



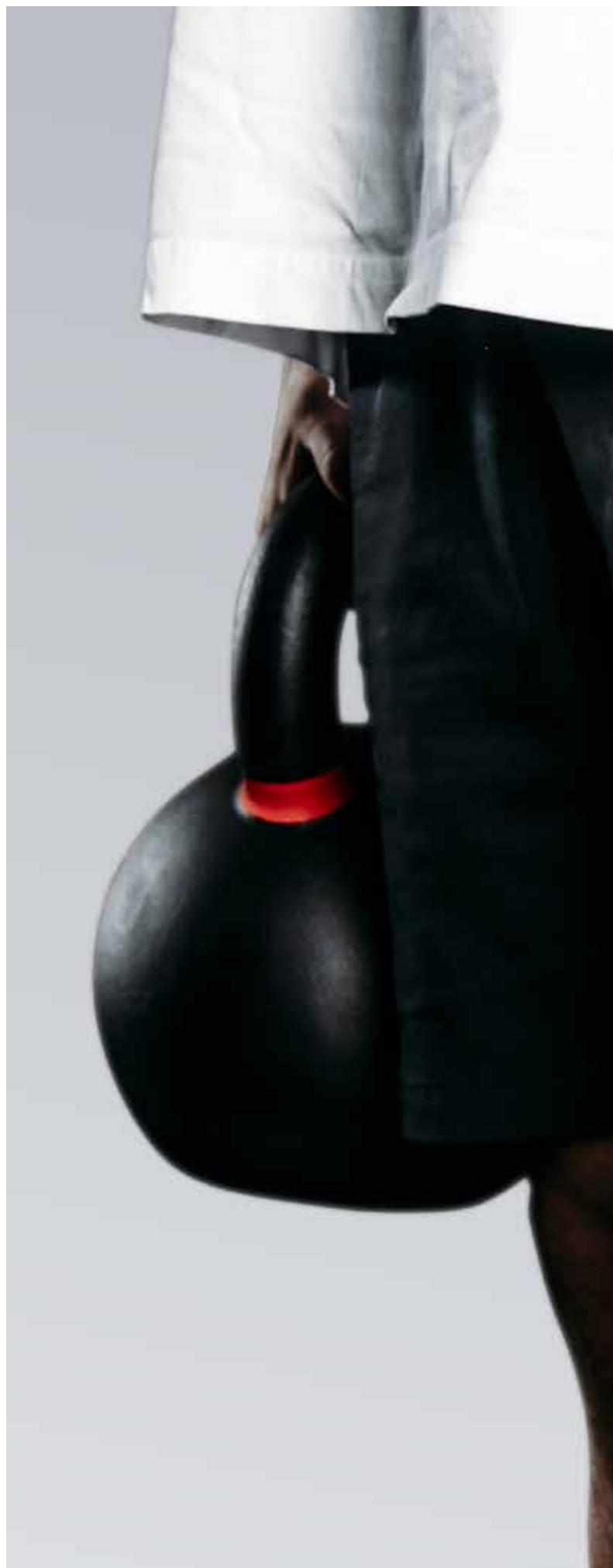
24KG

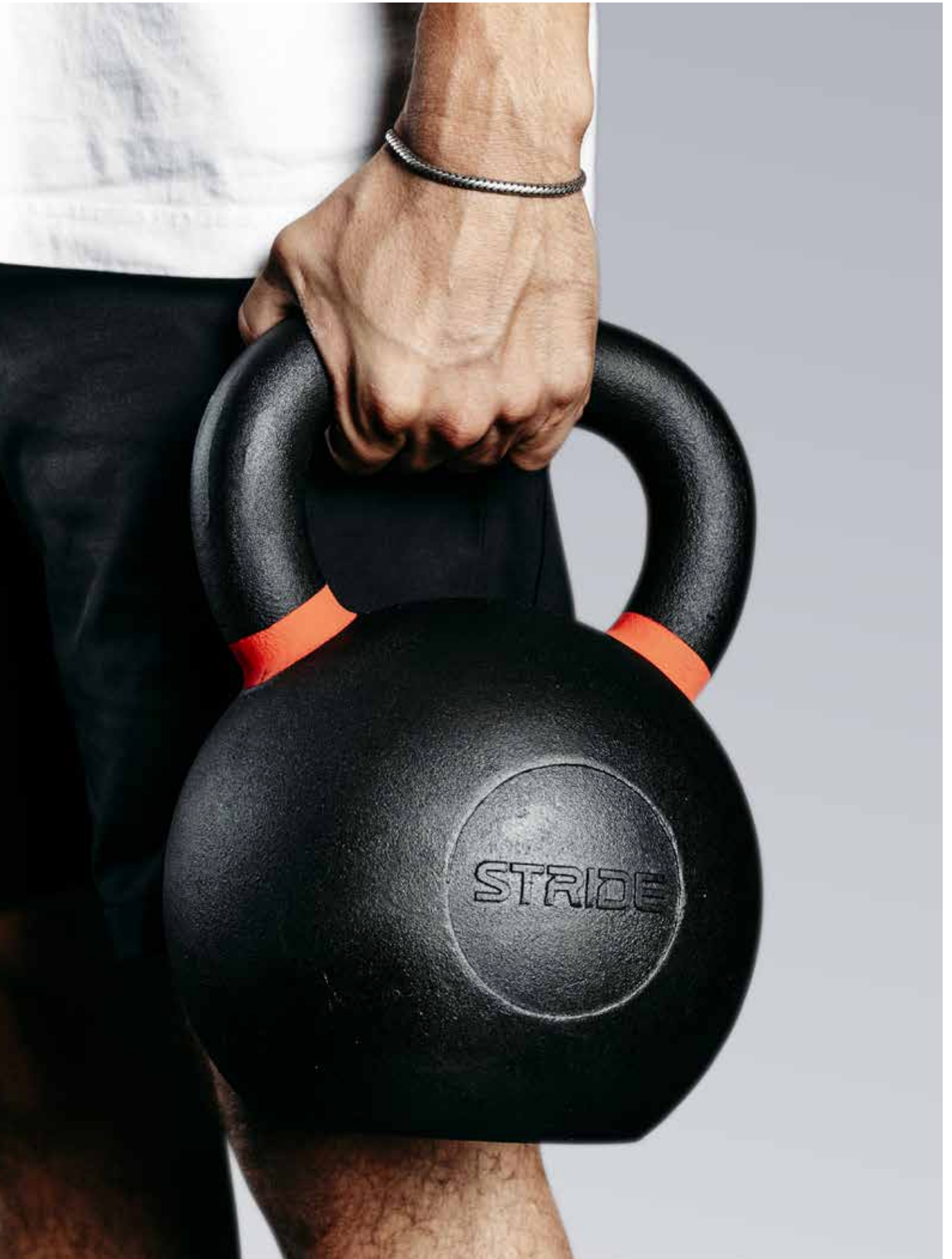


28KG



32KG







MOLDED HEX RUBBER DUMBBELL

Art. Nr.	Item	Price
STR-HEXDB10	STRIDE Hex Rubber Dumbbell (single; 1kg)	
STR-HEXDB20	STRIDE Hex Rubber Dumbbell (single; 2kg)	
STR-HEXDB25	STRIDE Hex Rubber Dumbbell (single; 2,5kg)	
STR-HEXDB30	STRIDE Hex Rubber Dumbbell (single; 3kg)	
STR-HEXDB40	STRIDE Hex Rubber Dumbbell (single; 4kg)	
STR-HEXDB50	STRIDE Hex Rubber Dumbbell (single; 5kg)	
STR-HEXDB60	STRIDE Hex Rubber Dumbbell (single; 6kg)	
STR-HEXDB70	STRIDE Hex Rubber Dumbbell (single; 7kg)	
STR-HEXDB75	STRIDE Hex Rubber Dumbbell (single; 7,5kg)	
STR-HEXDB80	STRIDE Hex Rubber Dumbbell (single; 8kg)	
STR-HEXDB90	STRIDE Hex Rubber Dumbbell (single; 9kg)	
STR-HEXDB100	STRIDE Hex Rubber Dumbbell (single; 10kg)	
STR-HEXDB125	STRIDE Hex Rubber Dumbbell (single; 12,5kg)	
STR-HEXDB150	STRIDE Hex Rubber Dumbbell (single; 15kg)	
STR-HEXDB175	STRIDE Hex Rubber Dumbbell (single; 17,5kg)	
STR-HEXDB200	STRIDE Hex Rubber Dumbbell (single; 20kg)	
STR-HEXDB225	STRIDE Hex Rubber Dumbbell (single; 22,5kg)	
STR-HEXDB250	STRIDE Hex Rubber Dumbbell (single; 25kg)	
STR-HEXDB275	STRIDE Hex Rubber Dumbbell (single; 27,5kg)	
STR-HEXDB300	STRIDE Hex Rubber Dumbbell (single; 30kg)	
STR-HEXDB325	STRIDE Hex Rubber Dumbbell (single; 32,5kg)	
STR-HEXDB350	STRIDE Hex Rubber Dumbbell (single; 35kg)	
STR-HEXDB375	STRIDE Hex Rubber Dumbbell (single; 37,5kg)	
STR-HEXDB400	STRIDE Hex Rubber Dumbbell (single; 40kg)	
STR-MOLHEXDBSET1	STRIDE Molded Hex Rubber Dumbbell SET 1 (set of 10 pairs; 1kg-10kg)	
STR-MOLHEXDBSET2	STRIDE Molded Hex Rubber Dumbbell SET 2 (set of 8 pairs; 2,5kg-20kg)	
STR-MOLHEXDBSET3	STRIDE Molded Hex Rubber Dumbbell SET 3 (set of 12 pairs; 2,5kg-30kg)	
STR-MOLHEXDBSET4	STRIDE Molded Hex Rubber Dumbbell SET 4 (set of 16 pairs; 2,5kg-40kg)	



SMITH MACHINE

Art. Nr.	Item	Price/€
STR-COMSMITH-61A33	STRIDE Smith Machine	



BARBELL HOLDER FOR FIXED BARS

Art. Nr.	Item	Price/€
STR-BARBELLHOLDER	STRIDE barbell holder for fixed bars	



SUITED FOR
FIXED
BARBELLS




FIXED BARBELL SET OF 10PCS

Art. Nr.	Item	Price/€
STR-FXBBSET	Stride Fixed Barbell set of 10pcs (10-45kg)	CONTACT YOUR SALES PERSON FOR PRICING



TPU DUMBBELL RACK (10 PAIRS) (10 PAIRS)

Art. Nr.	Item	Price/€
STR-DUMBBELL10	STRIDE TPU dumbbell rack (10 pairs)	



SUITED FOR TPU DUMBBELLS

STRIDE TPU DUMBBELL SET


Art. Nr.	Item	Price/€
STR-TPUDBSET1	STRIDE TPU DUMBBELL SET 1 (set of 8 pairs; 2,5kg - 20 kg)	
STR-TPUDBSET2	STRIDE TPU DUMBBELL SET 2 (set of 4 pairs; 22,5kg - 30kg)	
STR-TPUDBSET3	STRIDE TPU DUMBBELL SET 3 (set of 4 pairs; 32,5kg - 40kg)	
STR-TPUDBSET4	STRIDE TPU DUMBBELL SET 4 (set of 4 pairs; 42,5kg - 50kg)	

CONTACT YOUR SALES PERSON FOR PRICING



CAN BE CUSTOMISED WITH YOUR LOGO

TPU DUMBBELL RACK (15 PAIRS)

Art. Nr.	Item	Price/€
STR-DUMBBELL15	STRIDE TPU dumbbell rack (15 pairs)	



SUITED FOR TPU DUMBBELLS

NECK PAD / HIP THRUST PAD

Art. Nr.	Item	Price
STR-NECKPAD	STRIDE Neck Pad	



BARBELL SHOULDER BASE

Art. Nr.	Item	Price
STR-BARBELLSHLBASE	STRIDE Barbell Shoulder Base	



MOBILE SQUAT RACK

Art. Nr.	Item	Price
RAP-MOBSQRACK	Raptor mobile squat rack	




ADJUSTABLE SINGLE LEG SQUAT STAND

Art. Nr.	Item	Price
EF-20-08991	Adjustable single leg squat stand	



GLUTE HAM BUILDER

Art. Nr.	Item	Price
STR-GLUTEHAM	STRIDE Glute Ham Builder	

SPECS
 Weight: 67kg
 Length: 162 cm
 Width: 33cm
 Height: 86cm

Glutes of Steel. Hamstrings of Power.

Designed to strengthen the glutes, hamstrings, lower back, and core — essential for athletic performance, posture, and injury prevention.

Offers adjustable settings to fit different body sizes and training angles, ensuring proper alignment and safe movement mechanics.

Built with a heavy-duty steel frame, wide base, and thick pads to provide stability and comfort during high-intensity or weighted movements.



LOCK COLLARS (PAIR)

Art. Nr.	Item	Price
STR-LOCKBL	STRIDE Black Lock Collar for 50mm barbell (pair)	

Standard size 50mm barbell shafts
Easy open/closing system



FAT GRIPS (PAIR)

Art. Nr.	Item	Price
STR-FATGRIP	STRIDE Fat Grips (pair)	

Use fat grips to increase the girth of your equipment and build grip strength



GLOBE GRIPS (PAIR)

Art. Nr.	Przedmiot	Cena
STR-GLOBEGRIP	STRIDE Globe Grips (pair)	

Improve your grip strength with these barbell attachments





BLACK BEAST BARBELL 20KG

Art. Nr.	Item
STR-BEASTBAR	STRIDE Black Beast Barbell 20kg

Max weight 750kg



OLYMPIC BARBELL CHROME

Art. Nr.	Item
STR-BARMEN20CHRO	STRIDE Olympic Men's Barbell CHROME (20kg)
STR-BARWOMEN15CHRO	STRIDE Olympic Women's Barbell CHROME (15kg)

Max weight 750kg



BUDGET OLYMPIC BARBELL

Art. Nr.	Item
STR-BUDGBAR20	STRIDE Budget Olympic Barbell (20kg)

STRIDE Budget Barbell has a max load of 250kg



OLYMPIC BARBELL BLACK

Art. Nr.	Item
STR-BARMEN20	STRIDE Olympic Men's Barbell BLACK (20kg)
STR-BARWOMEN15	STRIDE Olympic Women's Barbell BLACK (15kg)

Max weight 750kg



TECHNIQUE BAR 7,5KG

Art. Nr.	Item
STR-TECHBAR	STRIDE Technique Bar 7,5kg

Max weight 50kg





**CUSTOMIZE YOUR BARBELL.
WE CAN PRINT ANY DESIGN.**

SAFETY SQUAT BARBELL

Art. Nr.	Przedmiot
STR-SAFSQBAR	STRIDE Safety Squat Barbell



OPEN HEX BARBELL

Art. Nr.	Przedmiot
STR-HEXBAROPEN	STRIDE Open Hex Barbell

NW21,5kg, measurements: 180x68x20cm



OLYMPIC HEX BARBELL

Art. Nr.	Przedmiot
STR-HEXBAROLYMP	STRIDE Olympic Hex Barbell

NW 20kg, measurements: 140x70x15cm



EZ BARBELL

Art. Nr.	Item
STR-EZBAR	STRIDE EZ Barbell







DROP BLOCKS (PAIR)

Art. Nr.	Item	Price
STR-DROPBLOCK	STRIDE Drop Block (pair)	



LANDMINE SINGLE (STANDALONE)

Art. Nr.	Item	Price
STR-LANDMINE	STRIDE Landmine Single (standalone)	

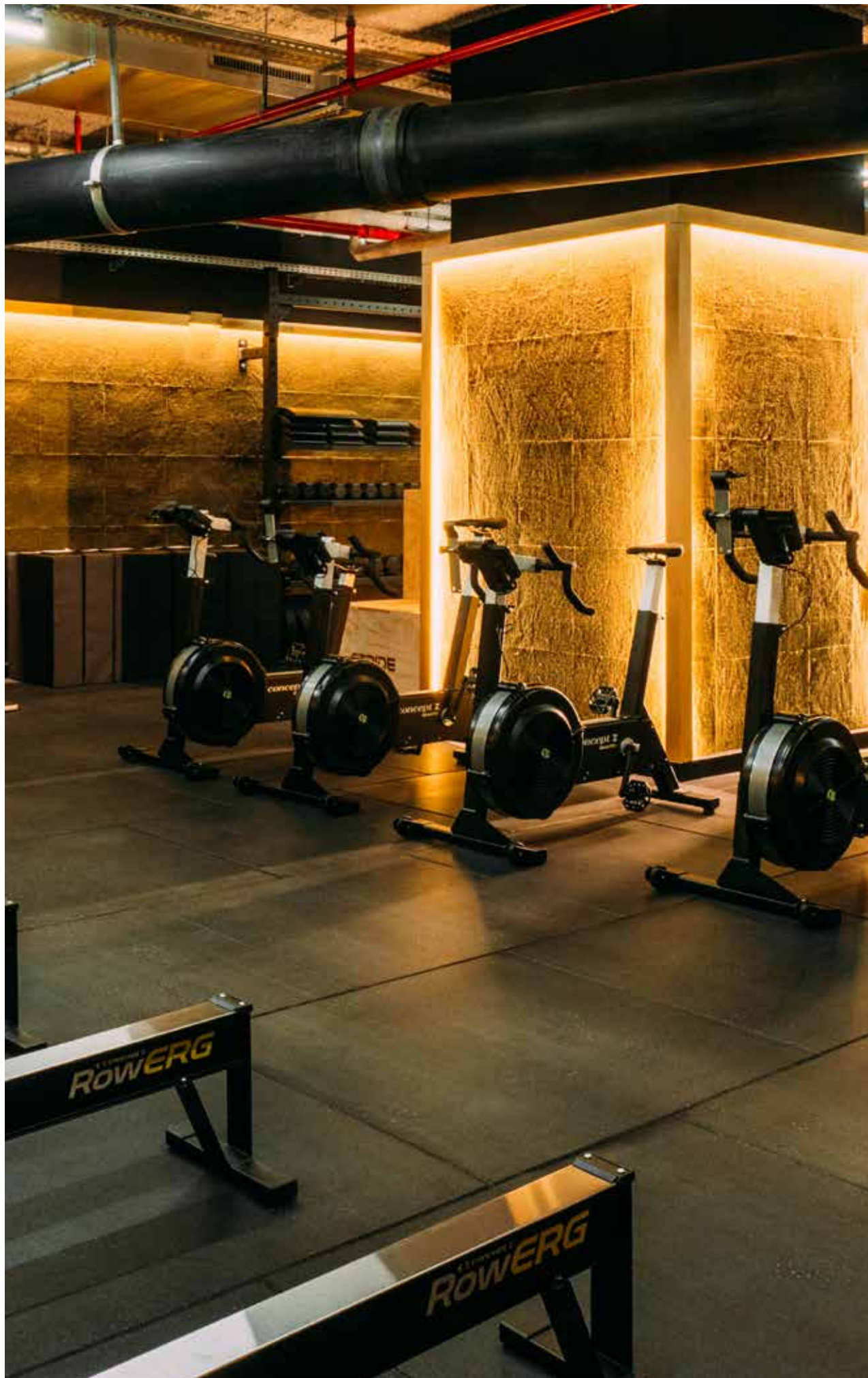


POWERBLOCK PRO EXP

Art. Nr.	Item	Price
FIT-PBPROSET2	PowerBlock Pro EXP Set 5-70 (1-32kg)	



CARDIO





CONCEPT2 SKIERG

Art. Nr.	Item	Price
CON2-SKIERG	Concept2 SkiErg	
CON2-SKISTAND	Concept2 SkiErg Floor Stand	



CONCEPT2 ROWERG

Art. Nr.	Item	Price
CON2-ROW(D)	Concept2 RowErg	







INTERVAL TIMER

Art. Nr.	Item	Price
STR-TIMER	STRIDE Interval Timer	



SPECS

Dimensions: 65, 5 cm x 17, 5 cm x 5 cm (W/H/D)

STRIDE MINI TIMER (MAGNETIC)

Art. Nr.	Item	Price
STR-TIMINI	STRIDE Mini Timer (Magnetic)	



JUMP ROPE

Art. Nr.	Item	Price
STR-JUMPROPEALU	STRIDE Jump Rope (aluminium)	

Light weighted rope for absolute cardio and endurance training.



SPECS

Rope size: 300cm x 2,7mm
Handle length: 16cm

STRIDE CARDIO MACHINES POWER UP YOUR PERFORMANCE.

COMMERCIAL STEPPER
Endless Steps. Maximum Burn.





COMMERCIAL STRIDER X
Engineered for Relentless Runs.

BASIC STRIDER X
Run Hard. Last Longer.

BASIC STRIDER X

Art. Nr.	Item
STR-BSCSTRIDERX	Basic STRIDER X Treadmill

Price



The Basic Strider X Treadmill revolutionizes your fitness experience with its state-of-the-art technology and robust design. **Engineered for both novices and seasoned athletes**, this treadmill incorporates a high-definition touch screen display that provides instant feedback on speed, incline, calories burned, time elapsed, and heart rate, ensuring you stay engaged and motivated throughout your workout.

SPECS

DISPLAY:	LED, SHOWING INCLINE, TIME, HEART RATE, CALORIES, DISTANCE, SPEED.
PROGRAMS:	MANUAL, 7 AUTOMATIC, 2 USER-DEFINED.
DIVERSE PROGRAMS:	INCLUDES SIX PROFESSIONAL EXERCISE PROGRAMS AND REAL-TIME RUNNING SIMULATION.
HEART RATE MONITORING:	ACCURATE SENSORS FOR OPTIMAL TRAINING.
SAFETY AND COMFORT:	FEATURES SAFETY PADLOCKS AND A PU RUBBER-COATED GRIP.
SHOCK ABSORPTION:	MINIMIZES VIBRATIONS FOR A SMOOTHER RUN.
ACCESSORY HOLDERS:	CONVENIENTLY HOLDS IPADS AND MOBILES.
SCREEN TYPE:	ACRYLIC TOUCH SCREEN
ADDITIONAL FEATURES:	HI-FI STEREO, DIAL ADJUSTMENT, BLUETOOTH CONNECTIVITY
COLOR:	BLACK SAND PATTERN
POWER SUPPLY:	AC 220V, 10A
MOTOR:	AC 3 CHP (MAX 7 HP)
ASSEMBLED SIZE:	2145 X 880 X 1450 MM
NET/GROSS WEIGHT:	150 KG / 180 KG
MAX LOAD:	150 KG
SPEED RANGE:	0.8-22 KM/H
INCLINE:	0% TO 16%, -3% TO 16%.



COMMERCIAL STRIDER X

Art. Nr.	Item
STR-COMMSTRIDERX	Commercial Strider X Treadmill

Price



The Commercial Strider X Treadmill is a cutting-edge cardio machine, **perfect for professional gyms, training studios, and home gyms that demand premium quality.** Whether you're walking, jogging, or sprinting, this treadmill ensures a smooth, efficient, and enjoyable workout experience for users of all fitness levels. Its powerful motor, ergonomic design, and entertainment-ready console provide the perfect mix of performance, comfort, and technology.

SPECS

SCREEN:	ACRYLIC TOUCH SCREEN
MOTOR:	AC 3 CHP (MAX 7 HP)
SPEED:	RANGES FROM 0.8 TO 22 KM/H
INCLINE:	ELECTRONIC ADJUSTMENT FROM -3% TO 16%
FEATURES:	HI-FI STEREO, BLUETOOTH CONNECTIVITY, DIAL ADJUSTMENT
SAFETY:	INTEGRATED SAFETY PADLOCKS ENSURE USER SECURITY DURING WORKOUTS.
SHOCK ABSORPTION:	AUTOMATIC COMPENSATION
DEVICE COMPATIBILITY:	INCLUDES HOLDERS FOR IPADS AND MOBILE DEVICES.

ASSEMBLED SIZE:	2145 X 880 X 1450 MM
MAX LOAD:	150 KG
NET/GROSS WEIGHT:	150 KG / 180 KG
POWER SUPPLY:	AC 220V, 10A



STRIDE COMMERCIAL STEPPER

Art. Nr.	Item	Price
STR-COMMSTEPPER	STRIDE Commercial Stepper	



Elevate your fitness facility with the Commercial Stepper, designed to offer a rigorous cardio workout with a stylish edge. This commercial-grade elliptical machine combines **sleek design with robust functionality** to meet the needs of every user, from beginners to advanced athletes.

SPECS

CONSOLE:	LCD SCREEN DISPLAYS METRICS FOR SPEED, CALORIES, TIME, DISTANCE, AND WATTS
MATERIAL:	HEAVY-DUTY STEEL FRAME WITH POWDER-COATED FINISH
DIMENSIONS:	2200 X 800 X 1750 MM
WEIGHT:	NET: 108 KG, GROSS: 120 KG
PACKAGING:	THE STEPPER IS SECURELY PACKAGED IN A STURDY, REINFORCED BOX WITH PROTECTIVE FOAM PADDING TO ENSURE SAFE DELIVERY.
BOX DIMENSIONS:	130 CM X 70 CM X 35 CM
GROSS WEIGHT:	APPROX. 55 KG



NO NEED FOR ELECTRICITY

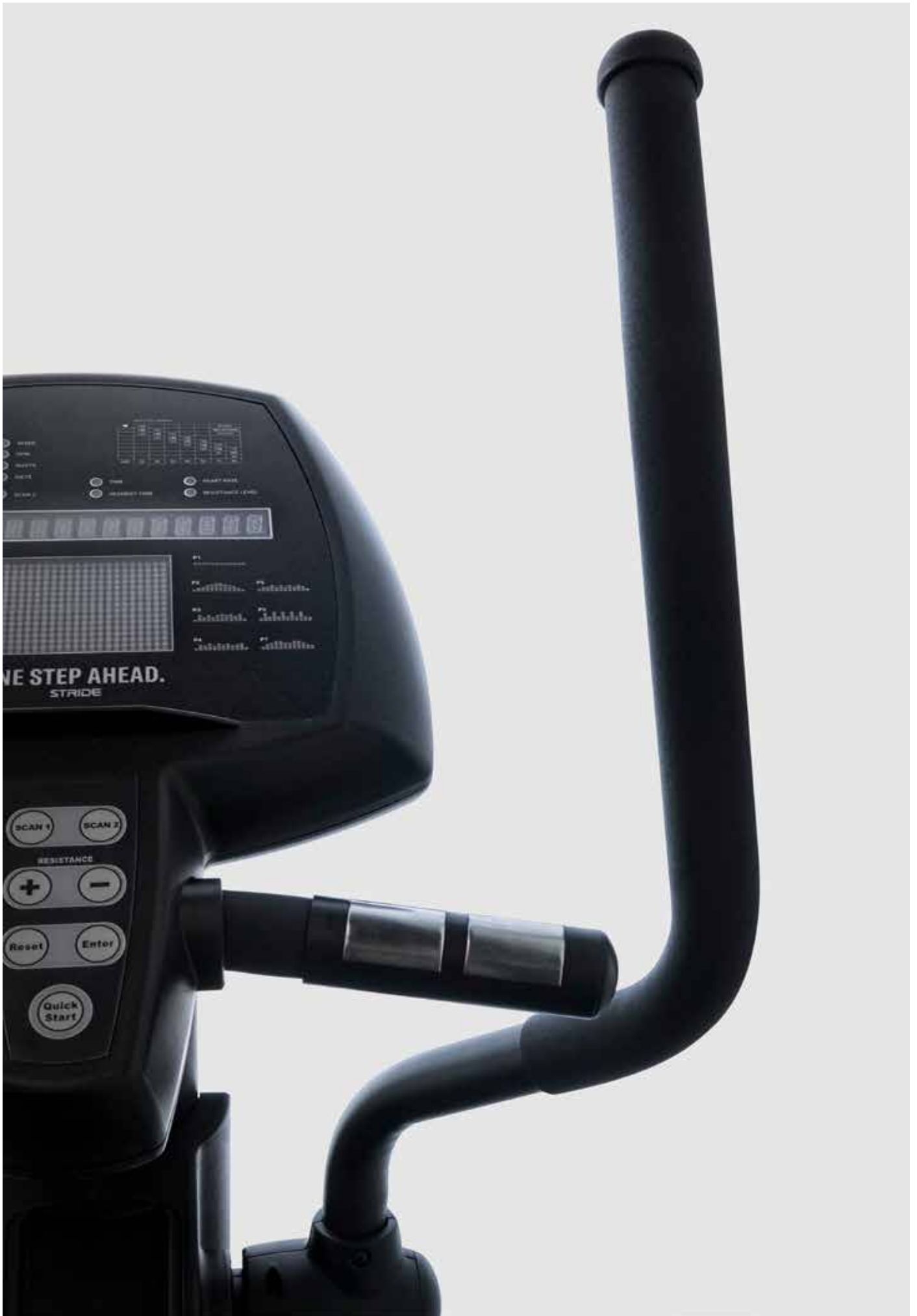


Ergonomic handle-bars and adjustable seat for customized comfort.

High-performance air resistance system adapts to effort levels.

Durable steel frame with anti-scratch powder coating for long-term use.

Low-maintenance design suitable for home gyms and commercial facilities.



COMMERCIAL BIKE

Art. Nr.	Item	Price
STR-COMMBIKE	STRIDE Commercial Bike	



The Commercial Bike is built to deliver a superior cycling experience for fitness enthusiasts and professionals alike. Designed for use in commercial gyms, fitness studios, and home gyms, this bike offers a smooth, quiet, and efficient ride, making it ideal for users of all fitness levels. Its **durable steel frame**, **advanced resistance system**, and **ergonomic design** ensure unmatched performance and long-term durability.

SPECS

CONSOLE:	LED CONSOLE DISPLAYING TIME, DISTANCE, RESISTANCE LEVEL, RPM, SPEED, CALORIES, AND HEART RATE
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POWER:	SELF GENERATOR
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RESISTANCE:	MAGNETISM WITH 16 LEVELS
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FLYWHEEL WEIGHT:	14 KG
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FEATURES:	SELF-GENERATOR, PROFESSIONAL GRADE PEDAL
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PEDAL:	PROFESSIONAL COMMERCIAL GRADE
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ASSEMBLED SIZE:	1205 X 550 X 1560 MM
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MAX USER WEIGHT:	150 KG
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WEIGHT:	NET: 59 KG, GROSS: 66 KG
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NO NEED FOR
ELECTRICITY



COMMERCIAL RECUMBENT BIKE

Art. Nr.	Item	Price
STRCOMMRECBPRO	Commercial Recumbent Bike (LCD)	



The Commercial Recumbent Bike is engineered for professional-grade performance and user comfort. Ideal for gyms, fitness studios, and home workout spaces, it combines a robust steel frame with an ergonomic design for a smooth, joint-friendly ride. Its **self-powered LED console provides real-time performance metrics**, while the adjustable seating and magnetic resistance system deliver a customized and efficient workout experience.

SPECS

POWER SYSTEM:	SELF-GENERATING POWER SYSTEM WITH A 3-MINUTE POWER OFF DELAY FEATURE.
CONSOLE:	LED DISPLAY PROVIDING REAL-TIME FEEDBACK ON TIME, DISTANCE, RESISTANCE LEVEL, RPM, SPEED, CALORIES, AND HEART RATE.
RESISTANCE:	MAGNETISM WITH 16 ADJUSTABLE LEVELS
FLYWHEEL:	9.3 KG
PEDALS:	PROFESSIONAL COMMERCIAL GRADE PEDALS
ASSEMBLED SIZE:	1754 X 658 X 1341 MM
MAX USER WEIGHT:	150 KG
STRIDE LENGTH:	34 CM
LANGUAGES:	ENGLISH
TRANSMISSION:	HIGH-QUALITY POLY-V BELT AND BIDIRECTIONAL BEARING FOR SMOOTHER OPERATION.



NO NEED FOR
ELECTRICITY



STRIDE AIRBIKE

Art. Nr.	Item	Price
STR-AIRBIKER	STRIDE Airbike	



The Airbike is engineered for intense cardio workouts, offering unmatched durability and performance. Designed for athletes, fitness enthusiasts, and gym owners, this premium air resistance bike adapts to your effort level—delivering scalable resistance for all fitness levels. Whether you're looking to **burn calories, build endurance, or enhance metabolic conditioning**, the Airbike is the ultimate tool for high-intensity interval training (HIIT).

SPECS

CONSOLE: LED CONSOLE DISPLAYING TIME, DISTANCE, RESISTANCE LEVEL, RPM, SPEED, CALORIES, AND HEART RATE

POWER: SELF GENERATOR

RESISTANCE: MAGNETISM WITH 16 LEVELS

FLYWHEEL WEIGHT: 14 KG

FEATURES: SELF-GENERATOR, PROFESSIONAL GRADE PEDAL

PEDAL: PROFESSIONAL COMMERCIAL GRADE

ASSEMBLED SIZE: 1295 X 590 X 1220 MM

MAX USER WEIGHT: 150 KG

WEIGHT: NET: 59 KG, GROSS: 66 KG



NO NEED FOR
ELECTRICITY



ASSAULT AIR RUNNER PRO

Art. Nr.	Item	Price
SPS-ASSAULTRUNPRO	Assault Air Runner PRO	



RUN ROCKET

Art. Nr.	Item	Price
FIT-RunRocket	[RR] Run Rocket	



SPECS

Length: 94cm
 Width: 71cm
 Height: 101,5cm
 Weight: 74,8kg

BOXING





BOXING BAG 180CM

Art. Nr.	Item	Price
STR-BOXBAGSTAND	STRIDE Boxing bag 180cm (incl. swivel and spring)	



SPECS

Weight: 45kg

Height: 180cm

BOXING GLOVES (PAIR; 12OZ)

Art. Nr.	Item	Price
POW-BOXGL12	STRIDE Boxing gloves (pair; 12oz)	



BOXING PADS

Art. Nr.	Item	Price
POW-BOXPADS	STRIDE Boxing Pads	

PU matt black



HEAVY DUTY BOXING BAG ANCHOR

Art. Nr.	Item	Price
STR-BOXANCH	STRIDE Heavy Duty Boxing Bag Anchor (Wall-Mount)	



SPECS

Full Length: 18m (1 arm is 9m)

Weight: 18kg

Material: Terylene with nylon strap

BOXING HAND WRAPS (PAIR; BLACK)

Art. Nr.	Item	Price
POW-HANDWRAPSBL	STRIDE Boxing Hand Wraps (pair; black)	



HYDRO BOXING BAG

Art. Nr.	Item	Price
ABB-HYDROBAG55	Hydro Boxing Bag 55cm	
ABB-HYDROBAG85	Hydro Boxing Bag 85cm	



SPECS

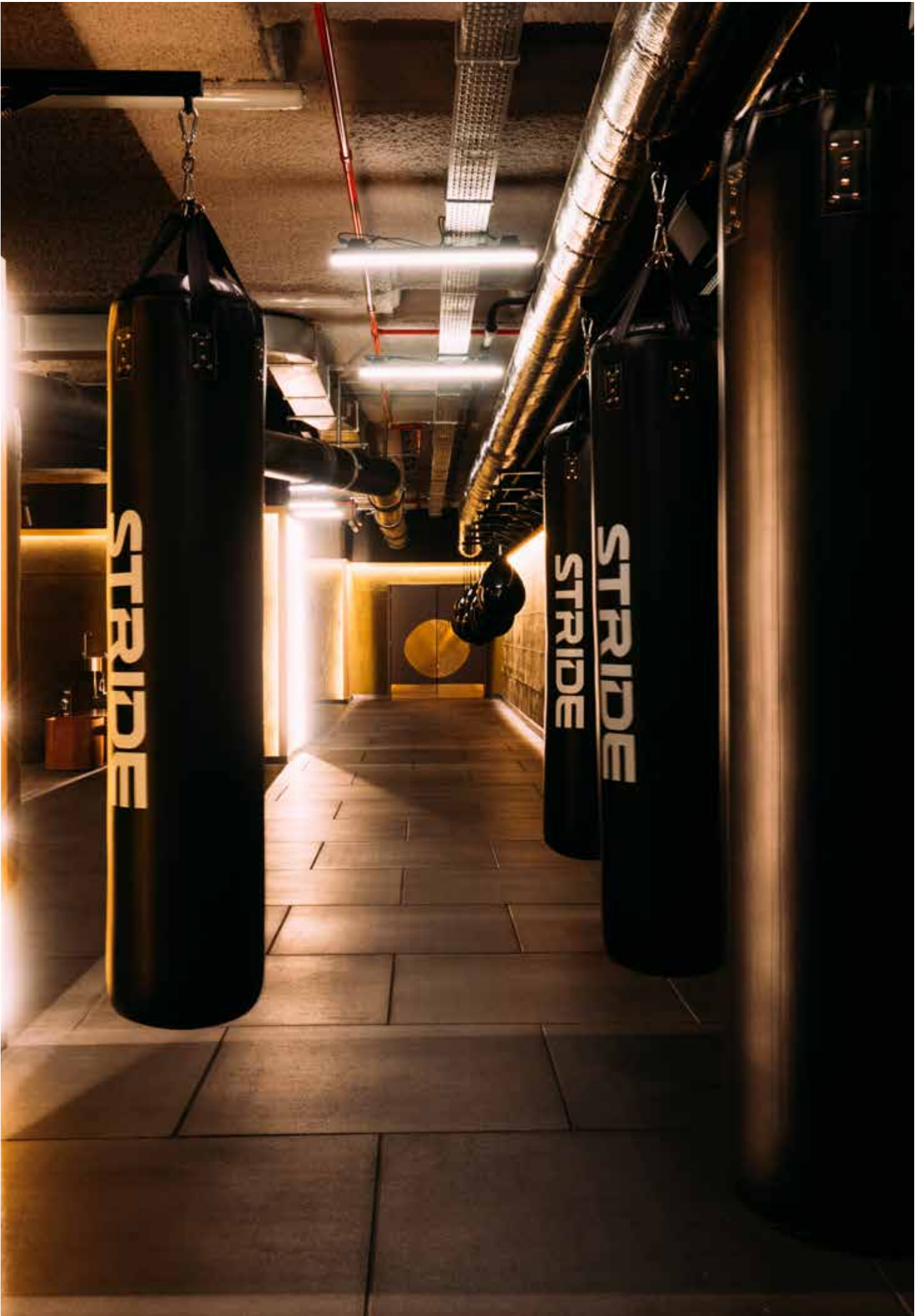
diameter: 55cm



SPECS

diameter 85cm





STORAGE





ROLLABLE MEDICINE BALL RACK

Art. Nr.	Item	Price
STR-MEDBALLBRACK	STRIDE Rollable Medicine Ball Rack	



SPECS

Size: 152cm x 52cm x 96cm

Main tube: 50cm

Weight: 14kg

3 shelves (each 150x20)

Can fit: 4-20kg Slam ball SET; 2-12kg Wall ball SET

PLATE TREE STORAGE

Art. Nr.	Item	Price
STR-PLATETREE	STRIDE Plate tree storage	



KETTLEBELL RACK (3 SHELVES)

Art. Nr.	Item	Price
STR-KBRACK	STRIDE Kettlebell Rack (3 shelves)	



SPECS

Size: 137cm x 61cm x 91cm
(3 shelves)

HEX DUMBBELL RACK

Art. Nr.	Item	Price
STR-HEXDBRACK	STRIDE Hex Dumbbell Rack	



SPECS

Total Length - 122cm
Depth - 60cm
Height - 90cm
Shelf Length - 109cm
Weight - 61kg
Max Weight -
Tested up to 150kg
Thickness Steel - 2.5mm
3 shelves (each 150x16)
Can fit: 2,5-30kg Dumbbell SET

BALLS AND BELLS RACK

Art. Nr.	Item	Price
STR-COMBORACK	STRIDE Balls and Bells Rack	



FOR MEDICINE
BALLS, KETTLEBELLS,
DUMBBELLS, BANDS
AND ROPES.



SPECS

L215cm x B45cm x H170cm

CPR RACK

Art. Nr.	Przedmiot	Cena
EF-20-09467	CPR Rack	



BARBELL HORIZONTAL GUN RACK

Art. Nr.	Item	Price
STR-BARGUNRACK	STRIDE Barbell Horizontal Gun Rack (for 6pcs)	



SPECS

Holder 6 pieces
Size: 140cm x 16cm x 9cm
Weight: 13kg

BARBELL HOLDER VERTICAL II (9PCS)

Art. Nr.	Item	Price
STR-BARHOLD2	STRIDE Barbell Holder Vertical II (for 9pcs)	



SPECS

Size: 53cm x 52,5cm x 17cm
Weight: 15kg

BAR HOLDER (2 PIECES)

Art. Nr.	Item	Price
STR-BARHOLD2PC	STRIDE Bar holder (2 pieces)	







2-TIER DUMBBELL RACK

Art. Nr.	Item	Price
RAP-2TIERDBRACK	Raptor 2-tier dumbbell rack	



SPECS

2 shelves (each 240cm x 50cm)
Can fit 2,5-30kg Dumbbell SET

LOCKER

Art. Nr.	Item	Price
STR-LOCKERS	STRIDE Lockers	

**SPECS**

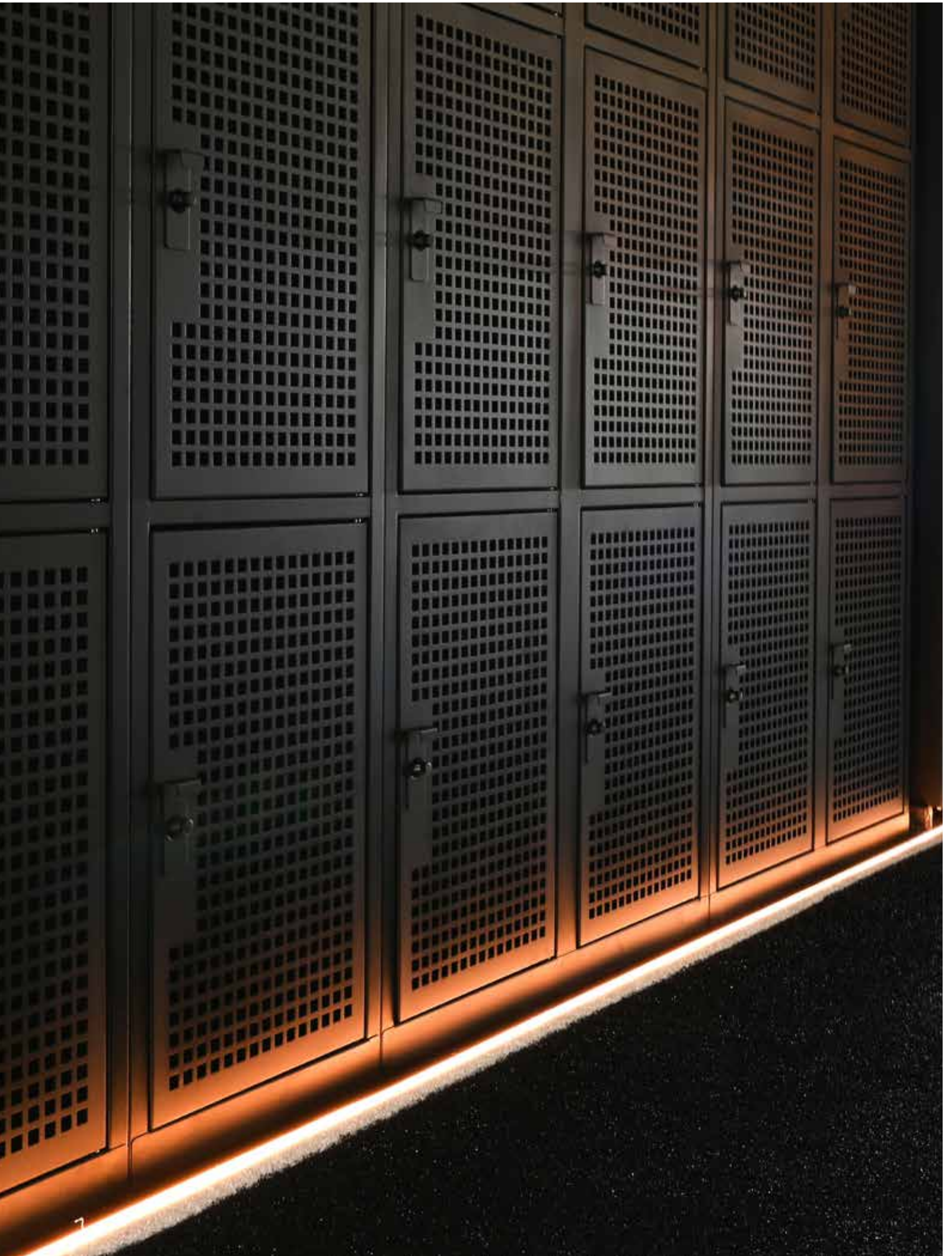
- Measurements: W80xD49xH180cm
- Modular system
- Matt Black steel
- Different configurations possible
- Different locking systems available

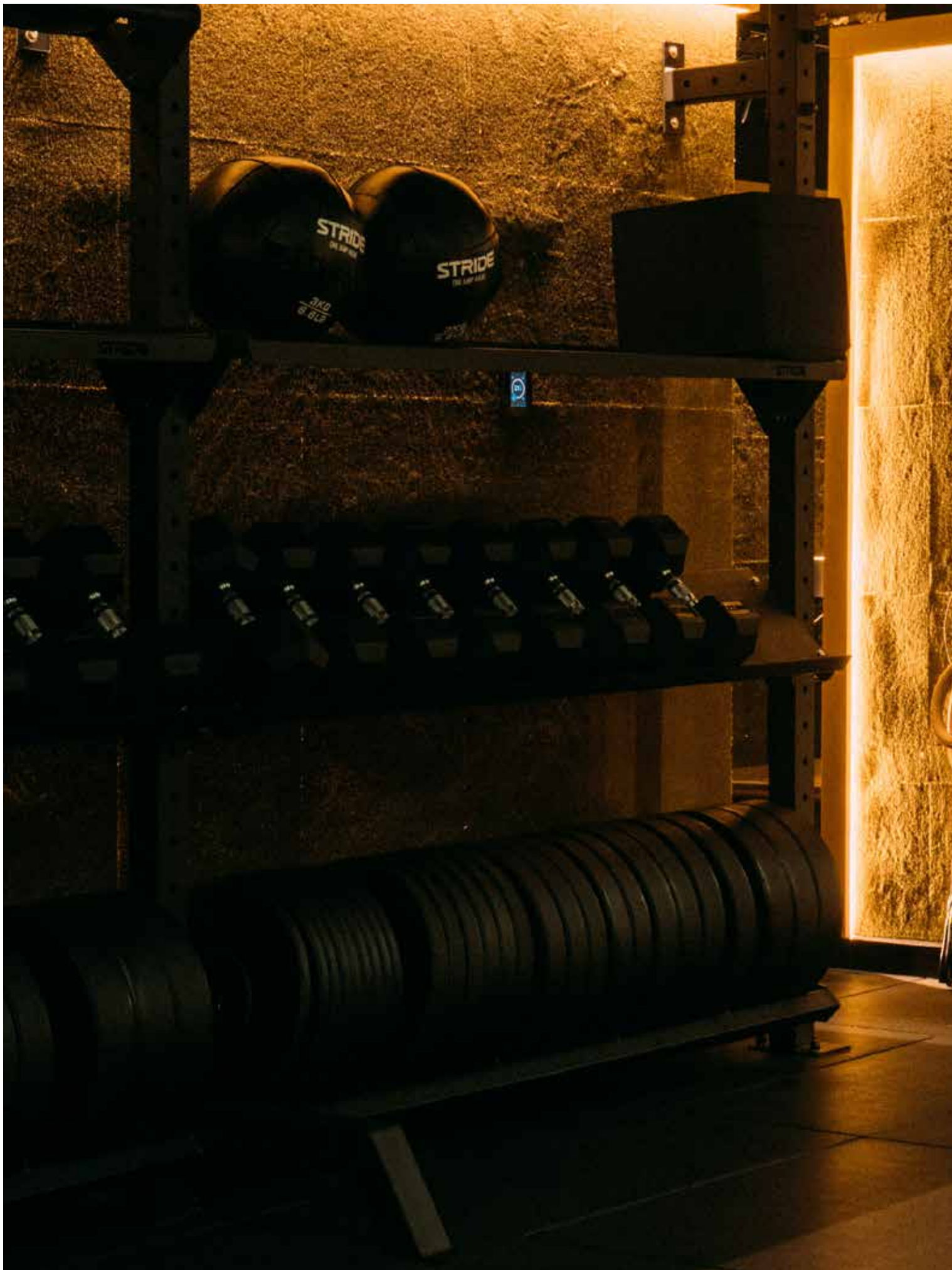
MAT HOLDER

Art. Nr.	Item	Price
STR-MATHOLD	STRIDE Mat Holder	

This wall-mounted mat holder allows you to store exercise mats efficiently.









BAND AND TUBE RACK

Art. Nr.	Item	Price
STR-BANDRACK	STRIDE Band and Tube Rack	



BALANCE BALL HOLDER

Art. Nr.	Item	Price
EF-20-06908	Balance ball holder (max 8kg)	



RAPTOR PLATE PIN (WALL MOUNTED)

Art. Nr.	Item	Price
RAP-PLATEPINWALL	Raptor plate pin (wall mounted)	



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STRIDE
ONE STEP AHEAD IN GYM CREATION