iRESPECT

KNOWLEDGE

NHVPS Learning

Principle

SKILLS

VALUES

- i Integrity
- R Responsibility

HILLVIEW

5

curiosity

Contrutics

Where every view matters

Newsletter-Issuel

entid Learner Centric Education Strift

2024-2025

NAL HILL VIEW

On a mission to inspire, transform, and empower,

NATIONAL

- E Empathy
- S Sustainability
- P Peace
- E Equity
- C Community
- T Trust

MESSAGE FROM TRUSTEE SECRETARY , SCHOOLS



Embracing the Core Learning Principles: Knowledge, Skill, and Value

Our mission is to nurture well-rounded individuals with academic excellence and a strong moral compass. This year, we emphasize our core learning principles: Knowledge, Skill, and Value, which form the foundation of our educational philosophy.

Knowledge

We spark curiosity in our students and team members, encouraging them to explore, question, and learn deeply, laying a foundation for lifelong learning. By welcoming and exploring questions, we enhance critical thinking, enriching their academic journey and preparing them for life's complexities.

Skill

Skill development empowers our students and team members to translate theoretical knowledge into real-world competence through practical applications and collaboration. This fosters creativity and problem-solving abilities, preparing students to excel in diverse team environments.

Value

Our value system is encapsulated in the acronym iRESPECT: Integrity, Responsibility, Empathy, Sustainability, Peace, Equity, Community, and Trust. These pillars support our actions and decisions.

By acquiring knowledge, developing skills, and inculcating values, we create an environment where every individual feels respected, where self-respect forms the bedrock of a harmonious and productive community through iRESPECT.

Dear Students,

I urge you to ask yourselves each day:

Have I expanded my knowledge today?

Have I honed my skills today?

Have I upheld our values today?

If you can answer yes to these questions, you have fulfilled your purpose as a valuable member of our learner-centric education system. Together, let's continue to learn and lead with a commitment to knowledge, skills, and values.

AISSHWARYA DKS HEGDE

TRUSTEE SECRETARY, SCHOOLS

Principal's message:



Welcome to the inaugural issue of Vistas, our official newsletter ! As we embark on this exciting journey, I am thrilled to share with you the vibrant happenings and activities that have taken place across our school community, from Playgroup to Class XII.

At National Hill View Public School, we believe that every student's perspective matters, and it is this philosophy that guides us in nurturing young minds. Our core values of integrity, responsibility, empathy, sustainability, peace, equity, community and trust that form the acronym i RESPECT are woven into every aspect of school life, shaping our students into compassionate, critical thinkers and responsible global citizens.

In this newsletter, you will find a kaleidoscope of activities, achievements, and experiences that showcase the diversity and talent of our student body. From academic triumphs to artistic expressions, sports victories to community service initiatives, every view and every voice is valued and celebrated.

As we share these stories, we hope to inspire, motivate, and connect our students, parents, teachers, and alumni, fostering a sense of belonging and shared purpose. We believe that every view matters, and we invite you to join us on this journey of discovery and growth.

Thank you for being an integral part of our school family. We look forward to many more issues of Vistas, filled with the vibrant views and voices of our community.

Anita Vinodkumar Principal

Vice principal's message:



Dear Students and Parents,

It is an honor to be part of the inaugural issue of our school's e-monthly magazine, VISTAS: Where Every View Matters! This initiative marks a significant milestone for our school community, highlighting our collective achievements, creativity, and spirit.

As an institution, we have always strived to go beyond academics, working earnestly to nurture every child's humanity, perceptiveness, and conscientiousness. As the saying goes, "No individual can whistle a symphony; it takes a whole orchestra to play it." Together, students and staff, we proudly present a rendition of creativity, knowledge, values and skill in every edition of VISTAS.

VISTAS provides a platform for imagination and reveals the thoughts and values of both children and staff. It showcases a wide spectrum of creative skills, including writing, designing, and editing the magazine.

It is a great pride to welcome all to this new chapter. Engage with the content, share your thoughts, and help us make VISTAS a true reflection of our collective spirit.

Thank you for your ongoing support. Here is to many more editions filled with success and growth!

Surekha Rao R Vice Principal



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PLAY GROUP

Collaboration is fun!

As we started our new academic session 2024-2025, the teachers of Playgroup from all the schools, that is NHVPS unit 1, NHVPS unit 2, Apollo National Public school and AVRS, came together for a collaborative learning session. The teachers conducted workshops over two days covering all the activities pertaining to the various developmental areas.





BRIGHT BEGINNINGS!

The Toddlers and the students of Playgroup I were introduced to colours through various activities such as gathering objects and wearing clothes of a specific colour every week. They learnt about Red, Yellow, Blue and Green.



The students of Playgroup I, II and III created beautiful artwork using techniques like palm print, finger and thumb print. They also used materials like bubble wrap, cotton buds, crushed newspaper, jute and leaves in their creative venture.





All about plants!

The students of Playgroup I, II and III were introduced to different types of plants around the school campus. These included trees, shrubs, herbs, creepers and climbers. The students of Playgroup II and III participated in a "sowing activity", which involved digging the soil, mixing manure, making beds for the seeds, sowing fenugreek and coriander seeds and finally watering. The activity concluded with a small prayer to the Sun.

Every week, the children visit their plants and water them gently.







The students of Playgroup III enjoyed a meal with their friends, out in the garden.





TOWARDS HEALTHY HABITS!



A healthy vegetable salad was prepared by the students of Playgroup II and III, which involved grating carrots and slicing cucumbers.



The Food pyramid that tells us "what to eat" and "how much to eat" was introduced to the students of Playgroup III.



The teachers of Playgroup I presented a skit on Good habits and Good manners.

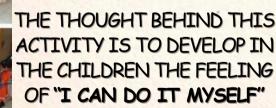


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LEARNING IS FUN THE BINGO WAY!!

The children spun the wheel and then had to cross out the body part that was selected. There were three variations of the cards.

BRUSH TWICE A DAY, TO KEEP THE GERMS AWAY!





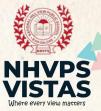




CLASS I

Learning math was made fun when the learning concluded with the hands-on activity. The students created 2-digit numbers with number stamps. The objective was to ensure that students are not only learning math concepts but also actively engaging with them in a meaningful way.





HAPPY EXPLORERS OF CLASS I

On the occasion of World Environment Day, an interesting activity was conducted for Class I. The aim was to learn about the environment and help students understand how to take care of our Earth. The students discussed ways to recycle waste and save water and took a vow to protect nature. This helped the students grasp fundamental environmental concepts through exciting activities for their age level.





EAGER LEARNERS FROM CLASS II

An English activity on the topic Nouns common and proper nouns was conducted in Class 2. Students wrote the definition and a few examples as a part of the activity. It enabled the students to recognize and differentiate between the different noun types.

> An intriguing art activity named 'Strength in Numbers' was designed to improve the knowledge and application of math concepts. Students were asked to solve the riddles which they then drew, named and coloured on completion. The activity focused on numbers and number names.

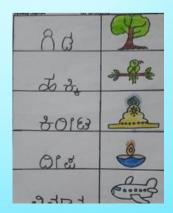




The Students were excited to model the clay on the topic of landforms and water bodies. This activity promotes hand eye co-ordination, understanding of shapes and forms and also assists in the cognitive development of children.



The activity was intended to encourage students to learn and use the Kannada words in sentences. The students were instructed to draw a picture of the given words and then frame simple sentences using the words.







'Monument Heights and Addition' was an exciting math activity that was conducted for Class 3. This activity not only enhances their mathematical abilities but also broadens their knowledge of Indian landmarks. The students develop a holistic understanding of the world around them, see the practical applications of what they learn and become more engaged and motivated learners.





Grandparents of our students were warmly welcomed into the school to share their wisdom and experiences about the importance and beauty of living together as a family and community. The event aimed to bridge generation gaps and provide students with valuable life lessons. The students were engrossed and enthusiastic throughout the event.

LAY GROUP-CLASS III

Rumble Tumble The students from PG Toddlers group to Class III had the exciting opportunity to visit Rumble Tumble, an indoor play area located in Global Divinity Mall, Nayandahalli, Bangalore. Rumble Tumble offers a vibrant, safe, and stimulating environment where children can explore, learn, and have fun. The indoor play area features a variety of engaging entertainment zones designed to inspire creativity and promote physical activity. From interactive games and obstacle courses to imaginative role-playing areas, every aspect of Rumble Tumble is crafted to provide an unforgettable experience for kids of all ages.





Celebrating Paper Bag Day: Promoting Environmental Awareness: Children Advocating for Paper Bags Our students took part in a meaningful and educational celebration of Paper Bag Day. The event aimed to raise awareness about the importance of reducing plastic use and promoting sustainable practices through the use of paper bags. Our young ecowarriors embarked on a unique journey that illustrated the lifecycle of paper bags, from reading and recycling to creating and distributing them





CURIOUS MINDS OF



Students are engaged in activities which are a combination of hands-on exercises, interactive games, and problem-solving challenges effectively enhancing students' mathematical skills and understanding. We look forward to organizing more such engaging activities to continue fostering students' interest in math.

Engaging students in an interactive and hands-on learning activities is crucial for deepening their understanding of mathematical concepts. In this context, we introduced a dynamic and educational game called "Number Line Jump" for students to help students master the concept of rounding off of numbers and improve their skills in estimation. The primary activity involved using a large number line. This number line spanned a range of numbers relevant to the students' curriculum.

Lastly, the "Figure Me Out" activity encouraged students to create numbers about themselves based on various personal attributes such as age, height, or favourite number of siblings.





The Class IV Kannada activity of building a model of a well and reciting a poem was successful. It provided a rich, multidisciplinary learning experience that combined language development, practical skills, and literary appreciation. The students enjoyed the process and were proud of their creations and recitation, deepening their understanding of the language.







The Class 4 Hindi activity of creating wall hangings with pictures of the Earth was a great success. It provided a multidisciplinary learning experience that combined environmental education, language development, and artistic skills. The students enjoyed the creative process and felt proud of their final products, deepening their appreciation for the Earth and the importance of conservation. The "Nature Walk and Soil Observation" activity was designed to connect students with the natural environment and enhance their understanding of soil ecosystems. The event provided students with hands-on experience in observing and analyzing various aspects of nature and soil.

We look forward to organizing more such enriching activities in the future!

Lab visit : The "Stomata Observation and Starch Test Experiment" was conducted to enhance students' understanding of plant physiology and the role of photosynthesis. The activity included two main components: observing stomata under the microscope and testing for starch in leaves.





SOCIAL SCIENCE ACTIVITY Students were asked to present a documentary on the daily life, culture and challenges faced by the people living in the Himalayan region. This activity not only enhances speaking and listening skills, but also fosters cultural awareness and empathy towards people living in different geographical and cultural contexts like the Himalayas.

CLASS I- IV

CHOCOLATE MAKING ACTIVITY



On Sunday 7th July we celebrated World Chocolate Day, the most delicious day of the year.

The journey of chocolate in India reflects a growing appreciation for this beloved treat across different regions and demographics. Chocolate is more than just a treat and symbolises happiness and togetherness.

To create awareness students of Class 4 presented a skit where the most popular brands of chocolates came to life and spoke about their flavoursome journey in the assembly. The skit was resourceful and enjoyed by all the students.

Students were eager and excited through the week, as they learnt the art of chocolate tempering and coating, the cherry on the cake was when students of Grades 1 to 4 were treated with a piece of the fruity nutty chocolate goodness



LUMINARY of the fortnight CLASS I-IV

In both literal and figurative senses, a luminary shines brightly, literally illuminating the sky or metaphorically standing out as an exceptional and influential individual.

To celebrate the Luminary his or her parents are invited to interact with other students. This session aims to foster a supportive community reinforcing the values of collaboration, encouragement, and community engagement where parents can share their experiences, offer guidance, and motivate students to excel.













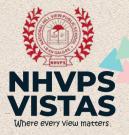




Marine Marvels

Students made a cutout of different aquatic animals and they spoke about 3 facts and 3 problems relating to those animals.





TRANSFORMING WASTE INTO WONDER

OUR

HIC FREE!

Students of Class VII were assigned an activity to showcase their creativity by crafting the best out of waste materials —a fun and engaging way to demonstrate the principles of sustainable living: reduce, reuse, recycle- Our planet matters.



IMPORTANCE OF DIFFERENT TYPES OF ROCKS

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NHVPS

TIE WORLD ON MERCATOR'S PROJECTION Manual by GO, F, GUM, GRADE, III

MAP OF

Students had to collect information, pictures and present it on an art sheet. Topics: Types of rocks : Igneous rocks, Sedimentary rocks and Metamorphic rocks, its characteristics and uses.

CONSERVATION OF NATURAL Resources by class VIII



The conservation of natural resources is a critical component of environmental stewardship aimed at ensuring that the planet's finite resources are used wisely and sustainably. It encompasses efforts to manage and protect resources like water, minerals, forests, soil, and energy to support current and future generations.

To create awareness, the students were asked to make posters or slogans to conserve our natural resources. Students learnt about the importance of conserving our natural resources.



PICTURE THIS!

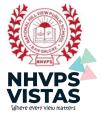
An activity to show verbs having the same forms as nouns was conducted in class 8. Creating a pictorial depiction of verbs and nouns greatly enhanced Class 8 students' understanding of these fundamental parts of speech. The illustrations not only made learning more interactive and enjoyable but also reinforced the grammatical concepts linking them directly real-life by to examples. This method turned abstract concepts into tangible ideas, improving comprehension and retention.











PG PLANTATION DRIVE

NHVPS recently organized a heartwarming plantation drive where playgroup students, accompanied by their parents, planted trees together. This engaging event fostered strong bonds between parents and children as they worked side by side. The joy of planting a tree, symbolizing growth and future, was evident on everyone's faces. Parents expressed their happiness, knowing that their children would grow up alongside these trees, creating lasting memories and a greener environment for the future.







INTERNATIONAL YOGA DAY

On International Yoga Day, our in-house skilled yoga experts demonstrated the yoga asana in the assembly emphasizing the theme for the yoga day which is "Yoga for self and society". The students, faculty members and parents actively participated as a community to receive the benefit of improved mental and physical well-being. Mandala Vinyasa Yoga Formation and Acro yoga were the highlights of the day, where students exhibited strength, vigour, resilience, balance and endurance.







NHVPS

National Hill View Public School, Rajarajeshwari Nagar community with teachers, parents and students congregated to honour and celebrate "PURASKRUTHI", where the astonishing achievements of our students who excelled in various academic and co-curricular activities were accredited. The chief quest for the evening was Dr Nagamani Nagaraja, Chief of Strategy and Systems, Global Academy of Technology. Mrs. Usha Shivakumar, Trustee, National Education Foundation graced the occasion with her presence. The students' accomplishments were acknowledged and the values of perseverance, leadership, and camaraderie that our school strives to instill in every student were emphasized. The school management, teachers and parents were filled with pride celebrating excellence and motivating students to strive for remarkable success in their pursuits.

ENVIRONMENT DAY

Environment Day is the most celebrated occasion at our school. Our school is home to a plethora of flora and the surroundings are undoubtedly picturesque. The gardener of the school, Mr Ganesh addressed the assembly gathering creating awareness among students and faculty implying ways to preserve the plants and trees in the surroundings. Another speaker for the event was from the water treatment and management department, Mr Suresh who gave an insight into the amount of water being used and how the used water is further treated and reused for different purposes like gardening. Students depicted the effects of deforestation through a skit. Students recited poems, made posters, banners and badges based on the environment day theme "Our land, Our future" and wore them with pride promising to care for the environment accepting and adapting to sustainable goals.

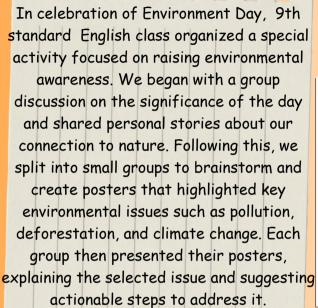


NHVPS





EMPOWERING CHANGE: ENVIRONMENT DAY INITIATIVES









LITERARY MAGIC







Libraries are great places to have fun activities that can appeal to different interests and age groups. Here are some engaging and enjoyable library activities conducted in the library periods for various grades as a part of the short story month. The activities included short story word search, dumb charades with short story titles, and short story writing with beginning and ending lines given. Children enthusiastically took part in all the activities.



Life Process

STATEPS

The digestive system is like o high-efficiency machine that takes the food we eat. extracts the necessary nutrients, gets rid of what's not needed, and helps our body stay healthy and energetic. Understanding how it works helped students appreciate the importance of a balanced diet and good eating habits for their overall

Understanding the nutritional requirements of different groups athletes, pregnant women, elderly individuals, and software engineers—is crucial for maintaining health and performance in various life stages and activities. Understanding these differences helped students appreciate how specific dietary choices can impact various aspects of life and health.

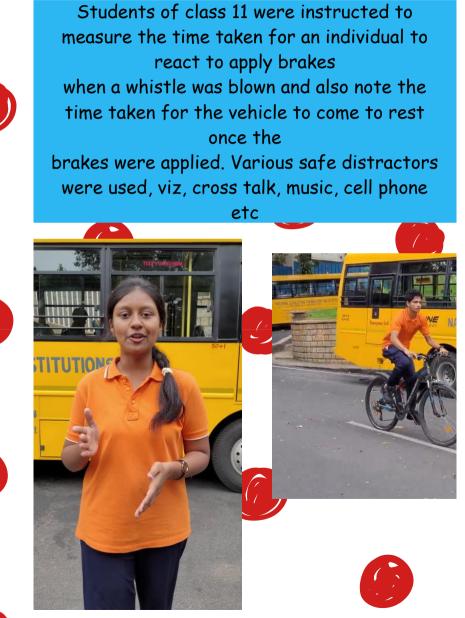
PUPPETS ON STAGE: ENGLISH ADVENTURES AWAIT

By combining entertainment with educational content, a puppet show was presented by the students of class 10 as a part of English activity. The students enacted folklores of Ladakh. Students researched the folktales of Ladakh, penned the script for the enactment and executed the show with utmost preparation, creativity and dedication. The puppet show "English Adventures" was a successful and innovative way to engage students in learning English. The show fostered creativity, reinforced language skills, and provided a memorable educational experience.

HINKLORE OF







PYTHON OPERATOR AND EXPRESSION QUIZ



Activity: Interactive Learning with AI-powered Quiz Goal: Enhance student understanding of Python operators and expressions in a fun and engaging way.

Process:

AI-Generated Quiz: An AI tool created a personalized quiz for the students, ensuring a variety of questions and difficulty levels.

Engaged Learning: Students actively participated by answering questions on Python operators and expressions.

Real-time Feedback: A live leaderboard displayed scores, fostering healthy competition and motivation.

Detailed Insights: A dashboard provided immediate feedback, highlighting both correct and incorrect answers.

Benefits:

Personalized Learning: AI catered to individual strengths and weaknesses.

Increased Engagement: Interactive elements like leaderboards kept students motivated.

Immediate Feedback: Students identified knowledge gaps and areas for improvement.

Improved Retention: The combination of practice and feedback solidified concepts.

Overall, the AI-powered quiz provided a dynamic and effective learning experience, helping students master Python operators and expressions.



INVESTITURE CEREMONY

National Hill View Public School Rajarajeshwari Nagar hosted the prestigious Annual Investiture Ceremony and announced the Student Council for the new academic year. The students took the campaigning with fervour and commitment and addressed their fellow contestants, peers and faculty members on the change they would bring about and the initiatives they would take for the betterment of our students and school. The entire process of voting, counting at the exit polls, and announcement of winners took place efficiently, engaging and enabling the students to learn about fair competition and teamwork.





Sxperiential Learner Centr Education System

INVESTITURE CEREMONY









RV COUNSELLING SESSION



RV University recently hosted an insightful counseling session for 11th and 12th graders, led by experienced professionals from the institution. The session focused on college preparation, and career exploration. Through engaging workshops and interactive discussions, students gained valuable strategies for academic success and personal well-being. The counselors provided tailored guidance on navigating the challenges of senior year and planning for the future.





DANCE THERAPY

Dance Movement Therapy: A Bridge Between Art and Psychology Our 11th and 12th-grade Psychology students embarked on an enriching journey into the world of Dance Movement Therapy (DMT). This unique experience provided a fascinating intersection of art and psychology, offering students a fresh perspective or the potential of creative expression for holistic well-being.

Through theoretical exploration, students gained insights into the principles of DMT and its therapeutic applications. They learned about the role of DMT in treating menta health conditions and its integration into hospital settings. To deepen their understanding, students engaged in a hands-on DMT session that included trust-buildin exercises, movement imitation, and spontaneous improvisation. This experiential learning fostered a deeper appreciation for the connection between body, mind, and emotions.

The session culminated in a profound realization of the synergistic benefits of psychology and dance. Students witnessed firsthand how these disciplines can complement each other in promoting healing and personal growth.



Buddy Bench Conversation with Durga Rajeev Chaloli





Durga Rajeev Chaloli, a 2018 batch alumna, shared her insightful journey of pursuing a History Major in the Dual BA Programme between Columbia University (New York) and Sciences Po(Paris Institute of Political Studies) . She spoke about her experiences and the efforts required to reach her current position, as well as the admission process for her university. This was followed by a Q&A session and a creative interaction with Class XI & XII students. During this session, Durga explained the future scope of her degree and answered questions from the students. Overall, the session was highly insightful.



Tongue Twister activity Students were asked to create their own tongue twisters. They came up with different tongue twisters.

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TERATION 4.6.24 ongue Twister Alliteration 1. I thought a thought. But the thought I thought wasn't the thought I thought I thought. If the thought I thought I thought, Had been the thought I though wouldn't have thought I thought.



Students were recently treated to a thought-provoking documentary, 'Wounded Hills,' which shed light on the plight of the Western Ghats and the devastating impact of human activities on this precious ecosystem. Following the screening, the children engaged in a reflective film review activity, where they shared their insights and responded to various questions . This interactive exercise encouraged critical thinking, empathy, and a deeper appreciation for environmental conservation.



A VISIT TO NAVACHETNA TRUST [&]



On 7th June 2024, Psychology students of NHVPS visited Navachethn Trust a NGO for intellectually disabled children as a part of their curriculum.

It was a residential cum day school to impart education to these intellectually challenged students. It was started by Mrs Vijaya Nayak with only 5 children and today the strength is 51 children. They have highly trained and professional workforce to provide quality education to children who hail from variety of backgrounds.

Our students spent some time there interacting and engaging these children. They were briefed about the background of some children and learnt about the teaching methods for these children. Different children had different problems like lack of proper speech and communication and cognition. The visit was enlightening for Psychology students if they would like to pursue their careers as psychologists or counsellors.







NHVPSMUN'24 GLOBAL LEADERS IN THE MAKING

The 13th edition of NHVPSMUN brought together our sister schools NHVPS Banashankari, Apollo NPS, and Amber Valley School for an inspiring conference filled with rigorous discussions, debates, and deliberations on pressing global issues. Under the theme "Discuss. Debate. Deliberate.", our young delegates honed their public speaking, critical thinking, and negotiation skills, paving the way for a brighter future.













HAS MADE US PROUD BY BEING PART OF THE KARNATAKA STATE U-16 TEAM TO PLAY THE 38TH YOUTH NATIONAL BASKETBALL CHAMPIONSHIP IN PONDICHERRY. SHE WAS ALSO PART OF THE U-18 KARNATAKA TEAM, THAT WON THE 74TH JUNIOR NATIONAL LEVEL CHAMPIONSHIP

TISHA CLASS 12





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SECURED

INTERNATIONAL

RANK 1 IN IFSO.

THE SCIENCE

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IN TPL SHINE TENNIS TOURNAMENT U-12 AND U-14 CATEGORY 8

RANK 1

TRISHA'S PRO TENNIS ACADEMY U-12 CATEGORY



IN DRAWING COMPETITION ORGANIZED BY KARNATAKA RENEWABLE ENERGY DEVELOPMENT LIMITED AND INDIA WIND POWER ASSOCIATION







WERE PART OF THE U-18 WINNING TEAM IN BASKETBALL TOURNAMENT ORGANIZED AS A PART OF STAIRS YOUTH NATIONAL GAMES 2023-2024 HELD AT DELHI





ANDIRA

DHWANI SRIRA

CLASS 10

