



REVA
Independent
PU College
Ganganagar, Bengaluru

22 ACADEMIC
EXCELLENCE
years of

PRAGYA

Magazine

2024



www.revapucollege.edu.in



WHAT'S INSIDE

From the Chancellor's desk 01

Principal's Message 02

Vision, Mission, Core Values 03

Achievements 04

Events 05

Students' Articles 06



REVA ANTHEM



VANDE TVAM MAATHE JNAANA
SWAROOPE,
AMITHE ATHULE ATHISHAYAGAHANE
TAVA DAASOHAM TAVA DAASOHAM
TAVA DAASOHAM TAVA DAASOHAM...
DAASOHAM.

VEEKSHANA PARIVEKSHANA,ATHULITHA
ANVESHANA
BUDDHI PRACHODANA, VISMAYA KAARYAM
TAVA DAASOHAM TAVA DAASOHAM
TAVA DAASOHAM TAVA DAASOHAM...
DAASOHAM.

TAMO VIDOORANA JYOTISWAROOPINI
VISHWATOMUKHA ANANTHAVA AHINI
REVA NAAMAANKITHA SEEMAATEETHA
PRASARITA
NAANAA JNAANASWAROOPE, DEVAALAYA
JAYA HE
TAVA DAASOHAM TAVA DAASOHAM



Chancellor's Message...



Dr. P. Shyama Raju
Chancellor
REVA University

I take immense pleasure in conveying my heartfelt congratulations to all of you and the editorial team of PRAGYA 2024 the College magazine always portrays thoughts, ideas, dreams, creative writings and aspirations of young minds and it is a platform that provides exposure and freedom to express your views.

I congratulate the efforts of the team in compiling and unleashing the hidden potential of the students and making this magazine very purposeful and meaningful.

PRAGYA means wisdom, knowledge and intelligence... through this magazine the students have made conscious efforts to express their thoughts, ideas in a very beautiful manner.

I appreciate the efforts of the Principal, the Staff and the students for bringing out this magazine successfully. We at REVA always believe in giving our best to our stakeholders and always instill in them strong values like ownership towards self and environment around us, commitment in all that we do and involve completely in all responsibilities that is entrusted and always follow the ethical path to reach our goals.

I once again wish the team all the very best in all your endeavors and May you explore new dimensions in the process of teaching and learning and in turn these learnings should benefit the stakeholders and society at large. Let's all join hands in grooming the young minds and contribute to the nation building.



REVA
Independent
PU College
Ganganagar, Bengaluru

Vision

To create a transformative educational platform and experience for students by focusing on deep disciplinary knowledge based learning; instilling problem solving, leadership, communication and interpersonal skills that shape their future.

Mission

To develop a dias of excellence that is committed ti attract and retain diverse talent; creating a collaborative environment open to the free exchange of ideas, where learning, creativity, innovation can flourish and ensuring students can achieve their full potential.

Core values

- Pursuit of Excellence
- Endurance
- Compassion
- Integrity
- Civic Awareness Motto



Principal's message

"Educating the mind without educating the heart is no education at all"

Aristotle

RIPU, Ganganagar aims to ignite the young minds to gain knowledge and acquire wisdom. As you enter our temple of knowledge the first thing you will witness is a book which reflects quest for knowledge and desire to excel. Our mission is to initiate the catalytic impulses in students and make them realize the path of self discovery.


Academic excellence is the hall mark of RIPU, Ganganagar. We strive to nurture intrinsically motivated learners who listen and question, challenge and probe the world around them.

I thank our stake holders, lectures who innate the talents of our children and encourage them to channelize their potential in the pursuit of excellence. Our college instills the values for life and makes them fully potential and commit towards the society and world.



Prof. R. Sivaramakrishna
MSc, B.Ed

Editorial Message



'Pragya' which is an amalgamation of ideas, thoughts, creativity, views through myriad lives. Our magazine has lent a platform for the young talented minds to voice their ideas and channelize their skills and to articulate oneself with the opportunities to share their valuable knowledge in a very effective way.

The staff and students alike leave no stone unturned to give their best, be it in the part of academics or co-curricular activities.

“

IT IS WELL SAID,

“TO WRITE IS TO THINK, AND TO WRITE WELL IS TO THINK WELL”

David MC Cullough

”

WITH WARM REGARDS

THE EDITORIAL BOARD.



EDITORIAL BOARD

EDITORIAL CHIEF

Mrs. Padmavathy D (English Dept)



EDITORIAL TEAM

Mrs. Manjula Kabadagi (English Dept)



Mrs. Nisha Bhardwaj (Hindi Dept)



Mr. Suresh Babu K.B (Kannada Dept)



MAGAZINE COMPILED BY

Mr. Anil Kumar L (PRO)



Headshot

Teaching Staff



Mr. Srinivas J
Physics



Mrs. Bhagyashri M C
Physics



Mr. Ravi V
Physics



Mrs. Divyashree K
Physics



Mr. Sivaramakrishna R
Chemistry



Mr. Krishna Murthy S M
Chemistry



Mrs. Suma B Pai
Chemistry



Mrs. Divya C
Chemistry



Mrs. Vaishnavi G
Chemistry



Mrs. Snehalatha G M
Maths



Mrs. Divyashree M J
Maths



Mrs. Lisa Banerjee
Biology



Mr. Guruprasad K S
Biology

Teaching Staff



Mr. Prasad
Computer Science



Mr. Naveen K
Computer Science



Mrs. Krishnaveni K
Computer Science



Mrs. Amutha A
Computer Science



Mr. Shivalingappa R
Accountancy



Mrs. Shushma Shree B M
Business Studies



Mrs. Lavanya S
Economics



Mr. Srinivasan R
Statistics



Mr. Venkatesha C
Commerce



Mrs. Padmavathy D
English



Mrs. Manjula V Kabadagi
English



Ms. Shameem Taj
English



Mr. K B Suresh Babu
Kannada



Mrs. Nandini S
Kannada



Mrs. Nisha Bhardwaj
Hindi



Mrs. Geetha C
Hindi

Headshot

Non-Teaching Staff



Mrs. Shalini S S
Sr. Librarian



Mr. Kondapalli Ramudu
Asst. P.E.D



Mrs. Sabita R
Asst. Manager
Accounts & Administration



Mrs. Renuka V
Asst. Manager
Administration



Mr. Anil Kumar L
Manager
Marketing & Branding



Mr. Ramesh H
Asst. Manager
General Administration



Mr. Manjunath D S
FDA



Mrs. Nethravathi B R
CS Lab Instructor



Mr. Kiran Kumar N
Office Assistant



Mr. Sunil Kumar K S
Lab Assistant



Mr. Lakshmana G
Lab Assistant



Mrs. Lakshmi K
Office Assistant

Pratibha Puraskara

The Pratibha Puraskara is an award given to the students who have achieved outstanding academic performance, particularly for scoring the highest marks in exams like the II PUC Board Examination in Karnataka, India. This prestigious award recognizes excellence in academics and encourages students to strive for high achievement.

Our students Palak Jangid. A and Fathima Zohra. K have been awarded the Pratibha Puraskara for the year 2023 -2024 for scoring the highest marks in II PUC Board Examination, it highlights their dedication, hard work and academic progress.





PALAK JANGID A

State and District
Topper in
Science Stream.

SCIENCE PCMC



FATHIMA ZOHRA K

State and District
Topper in
Commerce Stream.

COMMERCE SEBA

SHUBHA VIDAAYA

2024



Farewell Ceremony

@REVA University

The Program was presided over by our Hon'ble Chancellor Dr. P Shyama Raju. Hon'ble Vice Chancellor Dr. M Dhanamjaya along with Director Dr. Shubha A and the Principals of REVA Independent PU Colleges graced the occasion.



Palak Jangid A

II PUC Science,
recognized for
overall excellence
in academic



Srujan S M

II PUC Science,
recognized for
overall excellence
in academic



Fathima Zohra K

II PUC Commerce,
recognized for
overall excellence
in academic



Md. Anas Wagh

II PUC Commerce,
recognized for
overall excellence
in academic



Mohammed Moshin

II PUC Science,
recognized for
overall excellence
in academic



Tejaswini V C

II PUC Science,
recognized for
overall excellence
in academic



Syed Al Nahiyan

II PUC Commerce,
recognized for
overall excellence
in academic



Palak Jangid A

II PUC Science,
recognized for
overall excellence
in cultural



Prerana T N

II PUC Science,
recognized for
overall excellence
in sports



Shashank K

II PUC Science,
appreciation for
the most
disciplined

GO FARTHER THAN YOU EVER DREAMED!
CONGRATULATIONS!!

TOP 11 State RANKS

Science Toppers



Palak Jangid A.
PCMC - 592



Lohith M.
PCMC - 587



Vijaybharath T. M. S.
PCMC - 587



**Mohammed Mohsin
Mahaboob Basha**
PCMC - 587



Shaziya Banu
PCMC - 582



Mayur M. P.
PCMB - 581

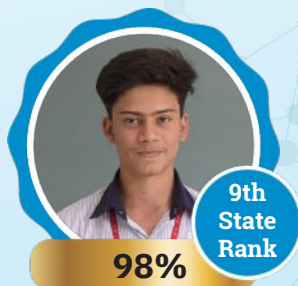


Tejaswini V. C.
PCMB - 579

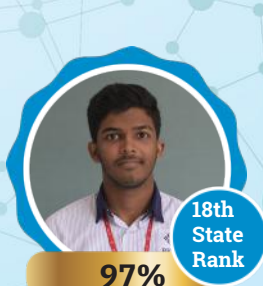
Commerce Toppers



Fathima Zohra K.
SEBA - 592



Syed AL Nahiyan
CEBA - 589



Shaikh Firoz
CEBA - 580



Ruthu R.
SEBA - 579

STARS OF SPORTS 2024



22nd ACADEMIC EXCELLENCE

REVA
Independent
PU College
Ganganagar, Bengaluru

Vaishnavi Shivanagouda Nirwani
II PUC PCMB

Congratulations!

Gold Medal in Karate at 9th International Martial Arts Games, Karate XV World Championship For Cadets, Juniors, Seniors, Veterans XV World Cup For Children held at Uzbekistan - Tashkent.

www.revapucollege.edu.in | 080 23543830

M. V. Nagavrindaa



REVA
Independent
PU College
Ganganagar, Bengaluru

Champion Runner

M.V. Nagavrindaa
II PUC SEBA

3rd place in the Run for Nation event on the occasion of National Sports Day held at REVA University

Organised by the Department of Physical Education & Sports NCC, NSS, and the Office of Student Affairs

www.revapucollege.edu.in | 080 23543830

M. V. Nagavrindaa



REVA
Independent
PU College
Ganganagar, Bengaluru

Gold Medal

Karate
Under 44 - 48 KG Category

B. Dhanasree
II PUC (CEBA)

Organised by Department of School Education (Pre University) Bengaluru North District held at MES BRS PU College, Bengaluru

www.revapucollege.edu.in

B. Dhanasree



REVA
Independent
PU College
Ganganagar, Bengaluru

Congratulations

Gold & Silver Medal in Kumite at All India National Level Karate Championship 2024
held @ Surana College, Bengaluru

B. Dhanasree
II PUC CEBA

www.revapucollege.edu.in | 080 23543830

B. Dhanasree

Admissions Committee



A promotional image for Freshers' Day featuring three male students. The student on the left wears a red jacket and blue sunglasses. The student in the center plays a black acoustic guitar with 'AC/DC' and 'I STILL GOT THE FEELINGS' written on it. The student on the right is in a blue shirt and black pants, striking a dynamic pose. They are set against a purple background with glowing neon lightning bolts. The text 'FRESHER'S DAY' is prominently displayed in white, bold, sans-serif font across the middle.

FRESHER'S DAY

The Freshers' Day celebration at RIPSU, Ganganagar was held on 13-07-24, marking a warm and exciting welcome for the new batch of students. The event was organized by the seniors to foster camaraderie and provide an engaging introduction to college life.

The program commenced with an invocation song, followed by the lighting of the ceremonial lamp by the honourable Principal, Prof. R. Sivaramakrishna signifying the start of the festivities. A student delivered the welcome address, setting a warm and welcoming tone for the occasion.

In his address, Principal emphasized the importance of life values, discipline and the role of education in shaping the future. His speech inspired the new students to embrace their academic journey with dedication and perseverance.

The cultural program was the highlight of the day, with performances by seniors, including vibrant dance performances, an engaging skit and an impressive beatboxing etc. These performances showcased the talent and enthusiasm of the senior students and were well-received by the audience.

The event concluded with the distribution of snacks and drinks, which added to the enjoyment of the new students, who expressed their appreciation for the thoughtful gesture. The program was a grand success, leaving the juniors with a sense of belonging and excitement for the years ahead.





Electoral Literacy Club

We, the members of REVA Independent PU College, Ganganagar, Bengaluru, are engaged in electoral literacy activities. Our club constitutes – Prof. R Sivaramakrishna, The Principal of RIPUCG, Mrs. Sushmashree – Convenor, Shekharkumar Singh – Student ambassador and 20 student members.

Our motto of Electoral Literacy Club is to develop a culture of electoral participation and maximize the ethical voting and follow the principle 'Every Vote Counts' and 'No Voter to be left Behind'.

ELC members also participated and engaged in the activities and gained knowledge to become an 'empowered voter'. ELC will also facilitate voter registration for the student members. An ELC is a platform to engage our college students through interesting activities and hands-on experience to sensitize them on their electoral rights and familiarize them with the electoral process of registration and voting.

Our college has engaged itself in SVEEP activities by participating in the competitions organized by PUE Board.

We had conducted the following competitions at our college on 9th November 2023:

1. Essay Competition – English & Kannada on the topic 'Recent Technological reforms made by Election Commission of India to increase voter turnout'.
2. Poster making competition on the theme- 'House to House survey by Booth level officers'.

**BE BRIGHT
VOTE
FOR THE RIGHT**

We witnessed an active participation from our students.

Our students Palak Jangid & Vishesh who won the Poster making competition along with other students Tasneema Fathima and Sushan Shetty – winners of essay writing also attended Nodal Level Competition held on 20th November 2023 by the Department of Pre-University Education.

Our ELC members are active and they create fun in learning in order to stimulate students and provoke them, have designed games and quiz which is helpful in creating an 'empowered voter' for future. The students were taught how to use EVMs and voting procedure.





REVA Independent PU College, Ganganagar

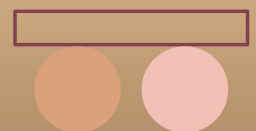


REVA Rovers & Rangers helped as volunteers in Lok Sabha election campaign 2024.



SRI RAMA NAVAMI

CELEBRATIONS



WORLD ENVIRONMENT DAY



The students of REVA Independent PU College Ganganagar, celebrated World Environment Day on 5th June 2024 by taking part in a Tree Plantation Drive hosted by Jayaprakash Narayan Sports Centre, Department of Youth Empowerment and Sports, Government of Karnataka.

Their commitment to a cleaner and healthier planet is truly inspiring! Let's make our world a better place - "one tree at a time".

Rooting for a greener future!





International YOGA DAY

"Yoga is the journey of the self, through the self, to the self." –

The Bhagavad Gita

The International Yoga Day was celebrated by RIPU , Ganganagar , on June 21st 2024 in order to raise the awareness and the benefits of yoga. Yoga, a transformative practice, represents the harmony of mind and body, thought and action, restraint and fulfillment.

The event was a tremendous success among students and staff which fostered a sense of community and holistic well-being .

The event concluded with a collective pledge by the students and staff stating that

"Yoga is a light, which once lit, will never dim. The better you practice, the brighter your flame."



"BE THE HERO OF YOUR OWN STORY. SAY
NO TO DRUGS AND YES TO A LIFE OF
PURPOSE AND MEANING."



INTERNATIONAL DAY AGAINST DRUG ABUSE & ILLICIT TRAFFICKING



26th June is observed as the "International Day against Drug Abuse & Illicit Trafficking. To commemorate the occasion , RIPU , Ganganagar conducted awareness program to the second PUC students by RT Nagar Police...

The event was aimed at educating students about the global issue of drug addiction, highlighting its emergence as a significant social problem and to encourage proactive measures in preventing drug use within the community.



Faculty Development Programme

REVA Independent PU College, hosted a Faculty Development Program(FDP) for all the three REVA campuses - on Critical Thinking and Avant-Garde Teaching/Learning Methods and Methodologies for Faculty in the Age of AI.

Mr. A. H. Sagar, an International educationalist, analytic philosopher, researcher, FDP expert, medical ethicist and national sportsperson was the speaker for the day. All faculties had a very interactive and engaging session filled with insights and fun activities, including team-building exercises that not only strengthened their bonds but also provided a lot of laughter and enjoyment.

The day-long program not only enriched the faculty's professional skills but also provided a platform for them to relax and have fun. It was a perfect blend of learning and leisure, leaving everyone rejuvenated and inspired.



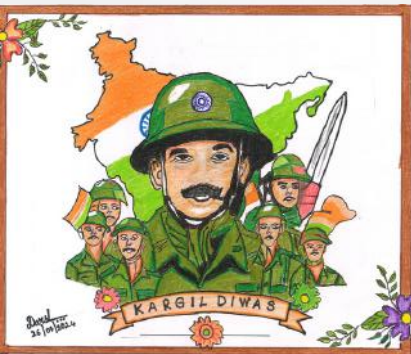
JULY

KARGIL

VIJAY DIWAS

Let us remember and honor the courage of our soldiers who gave their lives to protect our country.

Kargil Vijay Diwas was celebrated at RPU , Gangwanagar on 26th July 2024, with great enthusiasm and respect. The event included presentations, songs, poems, drawings and speeches in both English and Hindi, highlighting the bravery and sacrifices of the Indian soldiers during the Kargil War. The Principal, Prof. Sivaramakrishna, presided over the event, adding to its significance. The students' participation was commendable, and they gained a deeper understanding of the importance of the day. The event was a grand success, fostering a sense of patriotism and appreciation for the armed forces.



KARGIL

VIJAY DIWAS

At REVA University by NCC and
RIPU Scouts and Guides



RAINBOW

WEEK

Rainbow Week was observed at RIPU, Ganganagar, from 22.7.2024. to 27.7.24 which sounded like a fun and vibrant event! The theme was Diversity, Inclusion and Self-Expression, Harmony Courage...

1. White Day: Intuition, spirituality, wisdom and peace.
2. Red Day: Love, Passion and desire.
3. Pink Day: Creativity, confidence and compassion.
4. Green Day: Nature and Growth - Focus on sustainability, eco-friendliness and personal growth.
5. Blue Day: Calmness, serenity, stability and inspiration.
6. Yellow Day: Happiness and Optimism.

GLIMPSE



T20 CRICKET

INDEPENDENCE DAY CUP INTER PRE UNIVERSITY LEATHER BALL TOURNAMENT 2024

The Independence Day CUP - Inter Pre University Leather Ball T-20 Cricket Tournament 2024 was organized by the Department of Physical Education & Sports by REVA Independent PU colleges for the students community.

It was a thrilling experience with non-stop cricketing action. The matches were scheduled from 29th July to 5th August 2024. The cricket lovers witnessed intense competition as teams battle it out on the field.

Eight days of leather ball cricket, bringing high-energy moments and showcasing young talent. This tournament was sure added a spark to the Independence Day celebrations!





TREE PLANTATION

by C/Sc Department





INDIA

INDEPENDENCE DAY

On August 15, 2024, RIPSU Ganganagar, celebrated India's 78 th Independence Day, where students and faculty members paid tribute to the nation and freedom fighters of India. It is a remarkable day where we honor and respect all our freedom fighters who fought for India's freedom.

The celebrations started with flag hoisting by the Principal, Prof R .Sivaramakrishna and followed by National Anthem and a parade by NCC students.

The program was concluded with vote of thanks by the Assistant Prof. Lisa Banjeree and the sweets were distributed to all the students and staff members.



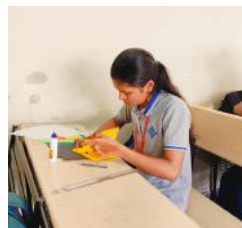
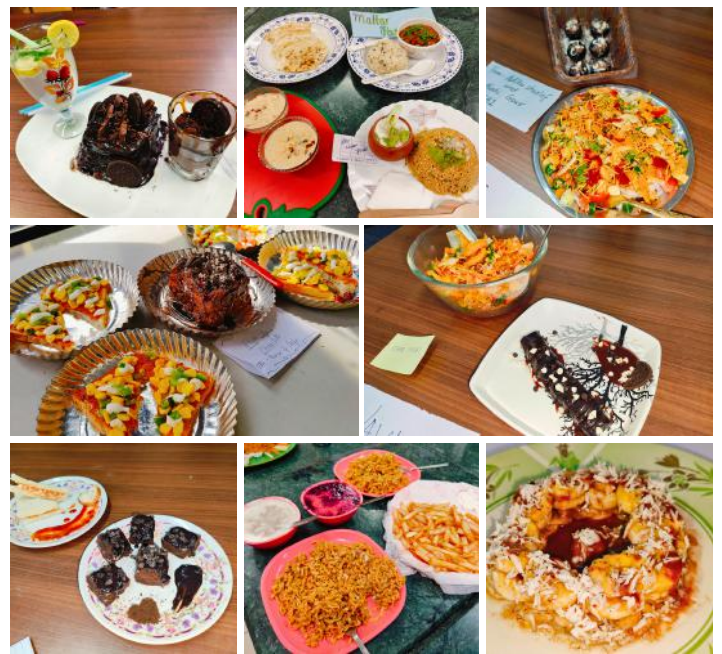


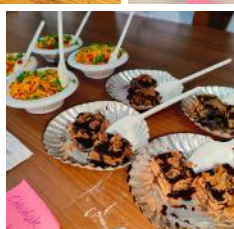
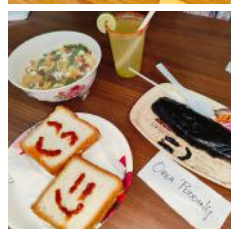
PRATHIBHA 2024



Aug 19 to Aug 24







Ganesh Chaturthi

The Ganesha Chaturthi celebration at RPU, Ganganagar, was a collaborative effort involving both teaching and non-teaching staff. The Chancellor Shamraju and the Principal Prof. R. Sivarama Krishna were key figures in the event. A purohit conducted the pooja, accompanied by arathi songs, which created a vibrant atmosphere. Colorful rangoli designs were added to enhance the event, contributing to its festive spirit. The festivities culminated in the Ganesh visarjan on the third day, with prasada thoughtfully distributed among staff and students. This collective participation made the celebration particularly special.





The Onam festival was celebrated on 14th September 2024 at RIPU ,Ganganagar, with great enthusiasm, embracing the rich cultural heritage of Kerala.

The event was organized by the cultural committee, involving students and faculty from various Departments.

The campus was adorned with colorful decoration and students showcased their creativity through intricate poo koolam . A standout feature was a stunning peacock design poo koolam that captured the spirit of the festival.

The celebration was a beautiful blend of tradition and togetherness, leaving everyone with joyful memories. It was a reminder of the importance of cultural heritage and unity among students and staff.







INTERNATIONAL DAY OF DEMOCRACY



The massive human chain, which according to the Karnataka government will be the "world's longest", was formed across the state on September 15th 2024, marked the 'International Day of Democracy' by forming a 'historic' 2,500-km-long human chain as a symbol of equality, unity, fraternity, and participative governance. This massive human chain was formed across the state from Bidar to Chamarajanagar, which covered all 31 districts. Our students also participated in the event and it was a very grand successful event .

CANCER AWARENESS PROGRAM

Cancer Awareness Program was conducted by REVA Independent PU College, Ganganagar in association with Bangalore Adarsha Lions Club on 25th September 2024. An insightful information was given to the students about childhood cancer, cervical cancer, early diagnosis and its treatment.

Dr. Ramitha

Paediatric Oncology & BMT
Shankara Cancer Hospitals

Lion Shobha Srinivas

MJF, District Co-ordinator -
Childhood Cancer 317F



ANNUAL SPORTS MEET 2024



RIPU, Ganganagar, held its Annual College Sports Meet at REVA University in September 2024, highlighting athletic excellence and student engagement with a full schedule of competitive events and spirited participation.

The event began with an Olympic torch relay, carried by a student athlete to symbolize sportsmanship and unity. Following the torch lighting, the National Anthem was performed, setting a solemn and inspirational tone for the day's activities.

Competitions Included:

- Running Events: 100 meters, 200 meters, 500 meters
- Field Events: Long jump, High jump, Shot put, Discus throw

Students from various sections participated with enthusiasm, showcasing a high level of sportsmanship and competitive spirit. Winners in each category were awarded cups, medals, and certificates in recognition of their achievements.

The Sports Day at Reva University was a significant success, marked by well-organized events, active participation, and the esteemed presence of dignitaries. The vibrant atmosphere and energetic student involvement made the day a true celebration of sports and teamwork.





GANDHI JAYANTI

On 2nd October 2024, Gandhi Jayanti was observed at RIPU , Ganganagar with simplicity and a focus on community service, honoring the principles of Mahatma Gandhi. The program was centered around the principle - Swacchata - Hi - Seva 2024, aligning with Gandhiji's vision of cleanliness.

The day commenced with a brief assembly where the significance of Gandhi Jayanti was highlighted by taking the pledge of Swacchata Hi Seva 2024 .The students enthusiastically participated in a cleaning drive, which was part of the Swachh Reva initiative. The classrooms were cleaned thoroughly, with students taking responsibility for arranging and cleaning benches, desks, fans ,lights ,wall clocks ,windows etc .,

Staff members, including both teaching and non-teaching staff, actively joined hands with the students, symbolizing the importance of collective effort in maintaining cleanliness. The participation of the entire college community fostered a sense of cleanliness ,unity and reinforced the values of self-reliance and community service.

The principal Prof R. Sivaramakrishna addressed the gathering, commending the students for their active involvement and dedication to the cause. He emphasized the importance of cleanliness in daily life and encouraged everyone to continue contributing to a cleaner and healthier environment, beyond just Gandhi Jayanti.

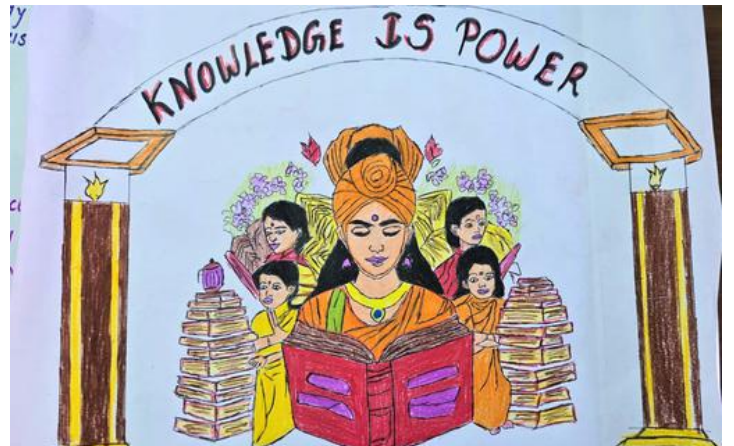
The Gandhi Jayanti celebration was a success, not only as a tribute to Mahatma Gandhi but also as a hands-on experience in promoting cleanliness and teamwork. The event left a lasting impression on everyone, reminding them of the importance of Gandhiji's values in today's world.

It was truly a memorable day that instilled a sense of responsibility and pride among the participants.





NATIONAL LIBRARY WEEK



Deepavali

On the eve of Deepavali, a vibrant celebration was held at RIPU, Ganganagar, filling the campus with festive spirit. The entire campus was beautifully decorated with intricate Poo Kolam designs, adding a touch of traditional elegance. Staff members placed Deepa's throughout the campus, creating a warm and welcoming ambiance.

The evening was filled with joy as faculty gathered together in ethnic wear, sharing smiles and festive cheer. Sweets were distributed to everyone, adding a sweet touch to the celebration. Deepavali event brought the college community closer, making it a memorable evening for all.





REVA
Independent
PU College
Ganganagar, Bengaluru

22 **ACADEMIC**
EXCELLENCE
years of

**You Cannot Create Experience.
You Must Undergo It**

ANUBHAV

What the hand Does, the mind remembers!



November 15 & 16, 2024

**Hands-on session
for
10th Std students**



www.revapucollege.edu.in

Follow us on







ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ

RIPU, Ganganagar celebrated Kannada Rajyotsava with great enthusiasm and pride. This day commemorates the formation of the state of Karnataka and is a tribute to its rich culture, language, and heritage. The event was organized by Kannada Department where both teaching and non-teaching staff, along with scout students, participated actively.

The program commenced with the gathering of all staff members and students, followed by a warm welcome address. Prof. Suresh Babu delivered an inspiring speech, highlighting the significance of Kannada Rajyotsava and reminding everyone of the values and achievements of Karnataka. His words instilled a sense of pride and unity among everyone present.

To further enhance the patriotic spirit, the National anthem was sung collectively by all attendees. The unified voices created an atmosphere of reverence and respect, concluding the event on a heartfelt note.

Overall, the celebration was a great success, instilling a sense of pride in the heritage and culture of Karnataka among all present. It was a momentous occasion that reminded everyone of the importance of upholding the Kannada language and honoring the legacy of Karnataka. Vote of thanks was done by Prof Nandhini.



SPARDHA

INTRA-CLASS SPORTS EVENT - 2024

Our college organized an exciting Inter-Collegiate Sports Event bringing together students from various departments to compete in a range of indoor and outdoor games. The event witnessed enthusiastic participation in chess, badminton, throwball, and carrom, with students displaying remarkable skill, teamwork, and sportsmanship.

The competitions were intense, with participants giving their best performances. The chess tournament showcased strategic brilliance, while the badminton matches were filled with energy and precision. The throwball matches were particularly thrilling, with teams battling it out with excellent coordination and spirit. In the carrom event, players demonstrated exceptional focus and accuracy.

The atmosphere was lively, with cheers from the audience adding to the excitement. Participants expressed great joy and satisfaction, appreciating the opportunity to showcase their talents and compete at a high level.

Overall, the event was a grand success, fostering sportsmanship, camaraderie, and competitive spirit among students. The college looks forward to organize such more events in the future to encourage students to engage in sports and extracurricular activities.



TRAFFIC RULES

AWARENESS PROGRAM





REVA STAFF CRICKET TOURNAMENT



The Annual Staff Cricket Tournament at REVA University was a grand success, bringing together faculty and staff for a day of exciting cricket.

The tournament, held on 30-12-2023 saw enthusiastic participation, with multiple teams competing for the championship tittle.

The event was market by outstanding performance including impressive batting display, disciplined bowling and sharp fielding. Our honourable Principal Prof. Sivaramakrishna R inaugurated the match and he praised the spirit of the tournament, emphasizing the importance of sports in fostering teamwork and stress relief. With such a positive response, the staff eagerly looks forward to more sporting events in the future, making this tournament a cherished tradition at the college.





GODWIN PUBLIC SCHOOL **COMMEMORATED**

OUR PRINCIPAL
PROF R.SIVARAMAKRISHNA
AS A CHEIF GUEST



PRAMODAM

2024

Binary Minds

Competing machines with their minds





A speaker session was organized by RPU, Ganganagar, for the 10th standard students of Vidhya Mandir School.

The speaker was Dr. Ganesh Bhatta, the Principal of M.E.S Teachers' College. Dr. Ganesh Bhatta, known for his expertise in the field of education, shared valuable insights and guidance with the students. This session aimed to motivate and inspire the students as they prepare for their future academic and career paths.



KCET 2024 Application Process

Step-by-Step Registration



Teachers' Day

Teachers' Day was celebrated at the REVA University on 5th September 2024, coinciding with Ethnic Day, fostering a sense of unity among faculty. The lady faculty donned elegant Mysore silk sarees, while the male staff wore traditional kurtas and dhotis.

This annual theme highlights the integrity and spirit of the teaching and non-teaching staff.

The celebration took place at the university, with active participation from various departments and schools. Staff members showcased their diverse talents through a variety of programs like dance, skit, etc.

It was a memorable day filled with joy and camaraderie.



THE CONSTITUTION OF INDIA PREAMBLE

ಸಂವಿಧಾನ ದಿನಾಚರಣೆ

26, ನವೆಂಬರ್ 2024 ನೇ ದಿನ, ಭಾರತದ ಪ್ರಜಾಪ್ರಭುತ್ವ ವ್ಯವಸ್ಥೆಯಲ್ಲಿ ಮಹತ್ವ ದಿನವಾಗಿದೆ. 1949 ರ ನವೆಂಬರ್ 26ರಂದು ಸಂವಿಧಾನವನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳಲಾಯಿತು.

ಭಾರತದ ಸಂವಿಧಾನವನ್ನು ಅಂಗೀಕರಿಸಿದ ನೆನಪಿಗಾಗಿ ನವೆಂಬರ್ 26 ನೇ ದಿನವನ್ನು 'ಸಂವಿಧಾನದ ದಿನ' ವನ್ನಾಗಿ ಆಚರಿಸಲಾಯಿತು. ಈ ಮೂಲಕ ಪ್ರತಿ ವರ್ಷ ಸಂವಿಧಾನದಲ್ಲಿ ಪ್ರತಿಪಾದಿಸಿರುವ ಮೌಲ್ಯಗಳು ಮತ್ತು ತತ್ವಗಳನ್ನು ಎತ್ತಿ ಹಿಡಿಯುವ ಮತ್ತು ಪುನರುಚ್ಚರಿಸುವ ಗುರಿಯನ್ನು ಹೊಂದಲಾಗಿದೆ.

'ಸಂವಿಧಾನ ಪೀಠಿಕೆ' ಯನ್ನು ಓದುವುದೆಂದರೆ, ಅದರ ಸಿದ್ಧಾಂತವನ್ನು ಎತ್ತಿ ಹಿಡಿಯುವ ಮತ್ತು ನಮ್ಮ ಬದ್ಧತೆಯನ್ನು ಪುನರುಚ್ಚರಿಸುವುದಾಗಿದೆ.

ಈ ಹಿನ್ನೆಲೆಯಲ್ಲಿ 'ಸಂವಿಧಾನ ದಿನ' ದ ಅಧಿಕೃತ ಆಚರಣೆಯಲ್ಲಿ ಭಾಗವಹಿಸಲು ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ಪ್ರೇರೇಪಿಸಲಾಯಿತು.

ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿಗಳು 'ಸಂವಿಧಾನ ಪೀಠಿಕೆ' ಯನ್ನು ಪಠಿಸಿದರು.



BEST FACULTY OF THE YEAR – 2024



LISA BANERJEE

Hearty congratulations

BEST SUPPORTING STAFF **OF **THE YEAR - 2024****



SHALINI S S

Hearty congratulations



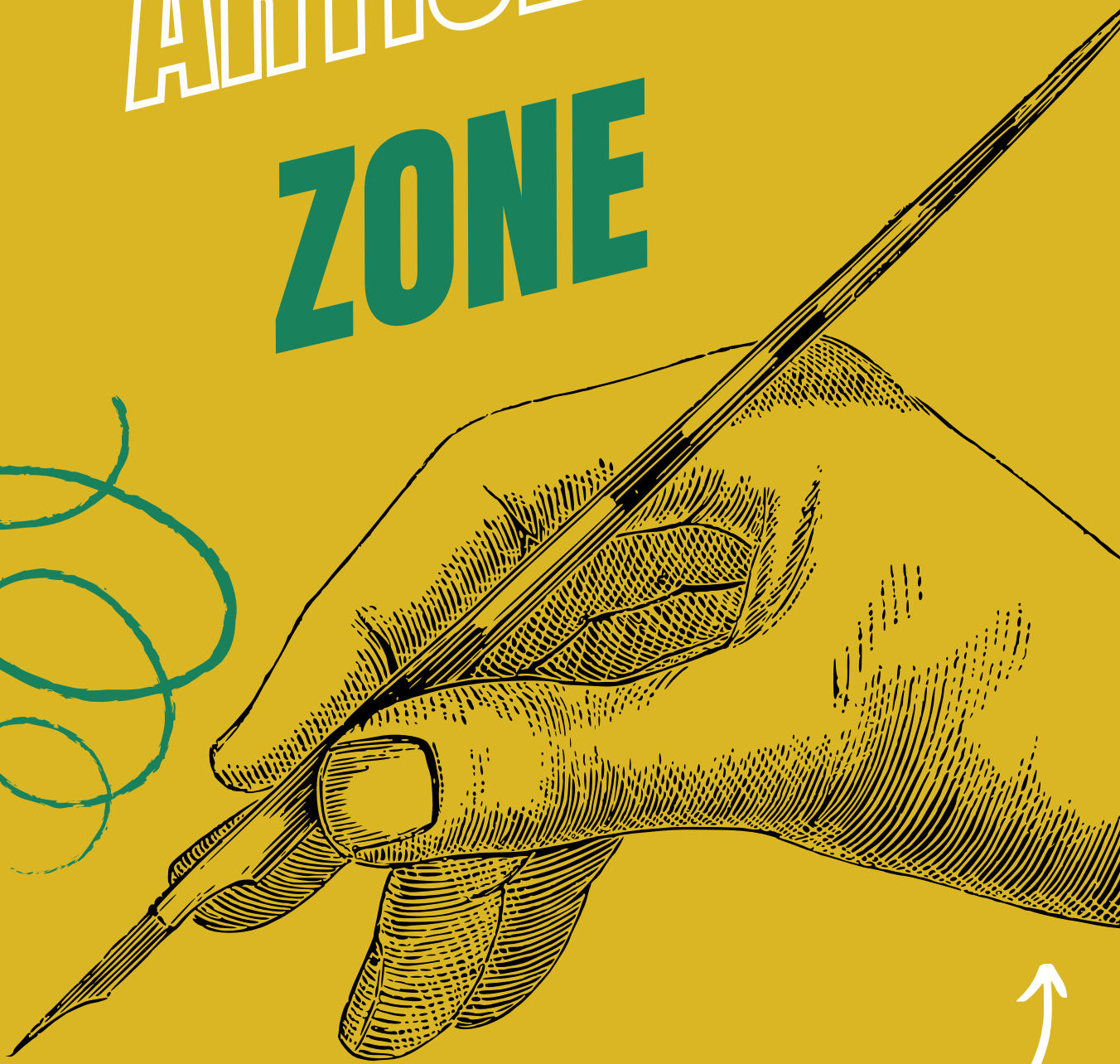
STAFF POTLUCK



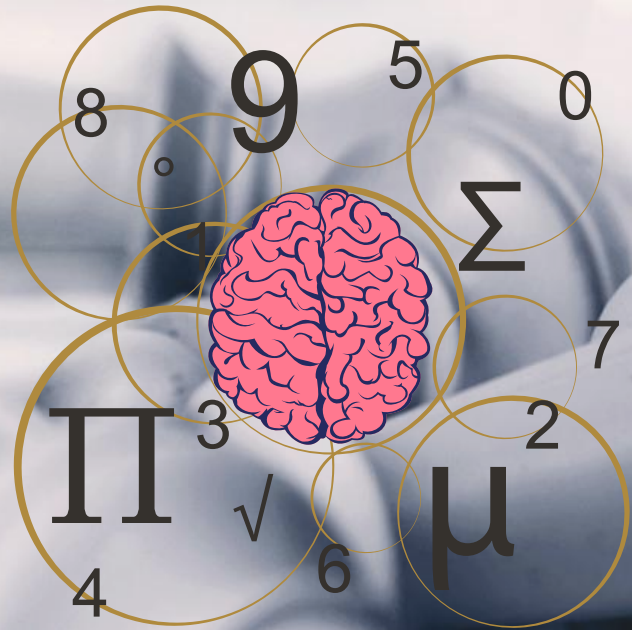
Sneha Sammilana



STUDENTS'
ARTICLES'
ZONE



THE YOUNG ACHIEVERS OF INDIA

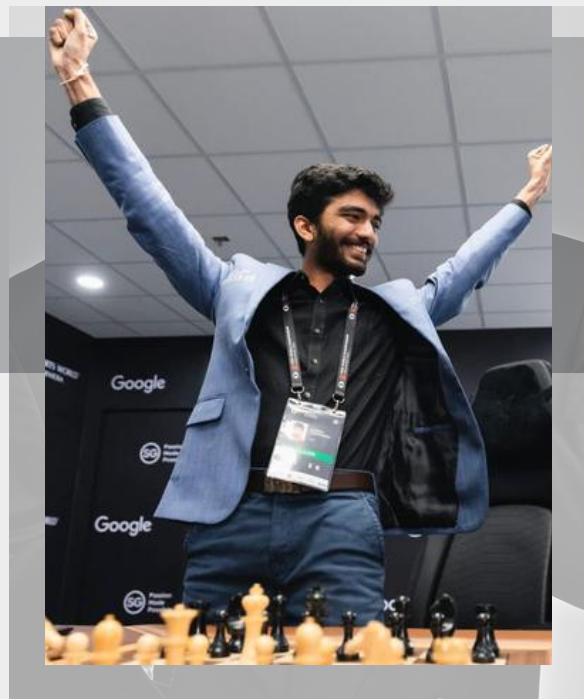




GUKESH DOMMARAJU

WORLD CHESS CHAMPION!

Gukesh Dommaraju born on May 29, 2006, in Chennai, India, is a chess prodigy whose remarkable journey has inspired many young enthusiasts. From a tender age, he exhibited an exceptional aptitude for a chess setting numerous rewards along the way.



Grandmaster title:

In January 2019, at 12 years, Gukesh became the third – youngest grandmaster in history, following survey Kaurjaken and Abhimanyu Mishra.

Recent Achievements:

2024 April: Gukesh made history by becoming the youngest – ever winner of the candidates tournament, earning the right to challenge for the world chess championship.

Inspiration for youth:

Gukesh's journey from a young enthusiast to a world – class. Grandmother exemplifies dedication, resilience & the pursuit of excellence, his history serves as a beacon for aspiring chess players & young individuals, demonstrating that with passion & perseverance, remarkable achievements are withing realt.





RAMESHBABU PRAGGNANANDHAA

WORLD CHESS CHAMPION!



Rameshbabu Praggnanandhaa, born on August 10, 2005, in Chennai, India is a chess prodigy whose remarkable journey has inspired many young enthusiasts. From a tender age, he exhibited an exceptional aptitude for chess, setting, numerous records along the way.

Grandmaster title:

In 2019, at 14 years, he became the fifth – youngest person and the second Indian to achieve the title of grandmaster, accomplishing this feat at the age of 12 years.

Recent Achievements:

2025. Praggnanandha made headlines by winning the Tata steel chess-master, defeating world champion D Gukesh in a thrilling tie-breaker.

Inspiration for youth:

Praggnanandhaa's journey from a young enthusiast to a world-class grandmaster exemplifies dedication, resilience and the pursuit of excellence. His story serves as a beacon for aspiring chess players & young individuals, demonstrating that with passion & perseverance, remarkable achievements are within reach.



KAAMYA KARTHIKEYAN

MOUNTAINEER



Kaamyia Karthikeyan, a 17-year old from Mumbai, has achieved a remarkable milestone in mountaineering, inspiring young adventures worldwide. Born in 2007, Kaamyia is the daughter of commander Karthikeyan of the Indian navy and Lavanya Karthikeyan, an early childhood educator.

Mountaneering achievements:

- Mount everest: at 16, Kaamyia became the youngest Indian and the second youngest female globally to summit mount everest from the Nepal side, achieving this feat on May 20, 2024.
- Seven summits challenge: In December 2024, she completed the seven summits. Challenge, becoming the youngest female. Worldwide to scale the highest peaks on all seven continents.

Recognition:

In 2021, Kaamyia was honoured with the Pradhan Mantri Rashtriya Bal Puraskar, India's highest civilian award for citizens under 18.

Inspiration for youth:

Kaamyia's journey from a young enthusiast to a world-class mountaineer exemplifies dedication resilience, and the pursuit of excellence. Her story serves as a beacon for aspiring adventures, demonstrating that with passion & preservance remarkable achievements are within each.



PRIYANSHI SOMANI

HUMAN CALCULATOR



Priyanshi Somani born on November 16, 1998, in Surat Gujarat, India is a distinguished mental calculator who has set multiple world records in mental arithmetic. Her exceptional abilities have garnered international recognition, inspiring many young minds. Priyanshi hails from a family with a strong academic background, she exhibited a remarkable aptitude for numbers, often solving complex calculations mentally.

Notable Achievement:

- 2010 Mental calculation world cup. At the age of 11, priyanshi won the mental calculation world cup held in Germany. She secured first place by extracting square roots from 6-digit numbers up to 8 significant digits in just 6 minutes & 51 seconds. Additionally, she earned second place in addition & multiplication.
- 2012 memoriad cup: In 2012, Priyanshi set another world record by completing 10 tasks involving 6-digit numbers in 2 minutes and 43.05 seconds during the memoriad cup.
- 2015 mental calculation world cup: Priyanshi continued to excel by winning the gold medal in the 2015 mental calculation world cup, further solidifying her reputation as a leading mental calculator.



SHAFIA ANUM A
II PUC PCMC

CHANGES ARE MUST

Sitting at a window side,
Many people sitting beside.
I thought of my home,
But oh! Dear if felt like Rome.
Is it a happy place?
Is it my happy place?
No, it's like a glass of favourite
But missing an ingredient.
I envy those,
Who have their place called home.
Because I'm away,
That I search it in chrome.
My mind says changes are must,
But my heart says it's all dust.
It all left me in tears.
My fears embodied in tears.
My body is all in rust
My core feels like crust.
But I know changes are must,
I know changes are must.
That I know changes are must,





UNDERSTANDING HPV

What Teens Need to Know

Introduction

Human Papillomavirus (HPV) is a common virus that affects many people worldwide.

Despite its prevalence, many teens and young adults lack a clear understanding of what HPV is, how it spreads, and its potential health impacts. This article explains HPV in a straightforward manner, focusing on its nature, transmission, prevention, and the importance of awareness.





(Human Papillomavirus)

HPV Vaccine schedule

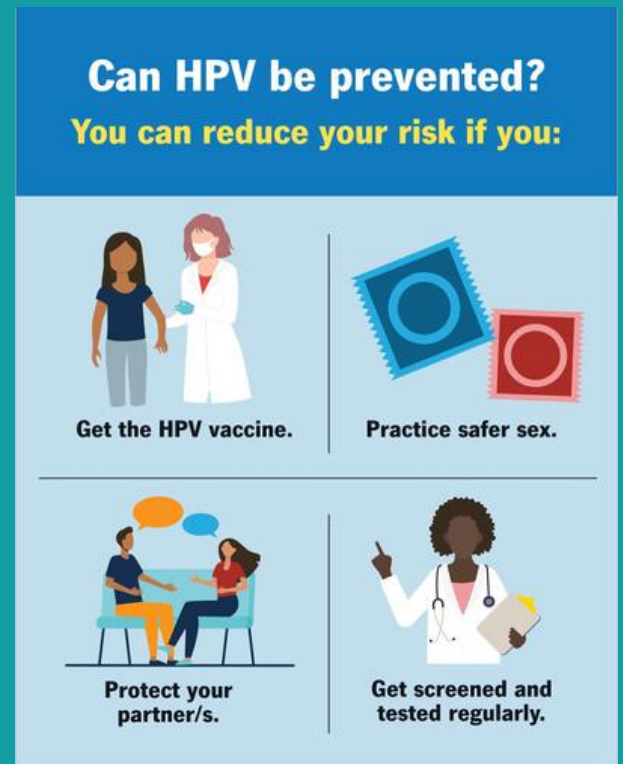
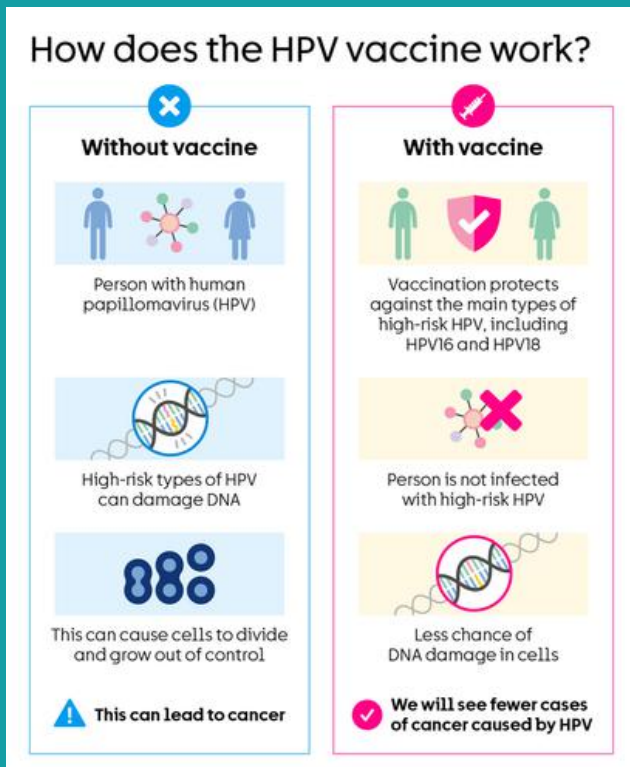
Age	Doses
9-14 years	2 doses schedule (0 & 6 months)
15-45 years and Immunocompromised individuals of any age	3 doses schedule: • Either 0, 1, 6 months (if bivalent) • Or 0, 2, 6 months (if quadrivalent & nonavalent)

HPV vaccination could only prevent the incoming of any new HPV infections but does nothing in the treatment of any existing HPV infections or HPV related diseases.

HPV is a group of more than 200 related viruses. Most types of HPV are asymptomatic and resolve on their own, but some can lead to serious health issues. HPV is categorized into two main types: low-risk HPVs, which can cause non-cancerous warts on areas like the hands, feet, and genitals, and high-risk HPVs, which can lead to various cancers, including cervical cancer in women and cancers of the throat, anus, penis, vulva, and vagina. It's important to note that high-risk HPVs are responsible for the majority of HPV related cancers, making early detection crucial.

The primary mode of HPV transmission is through intimate skin-to-skin contact, often during vaginal, anal, or oral sex. Both men and women can contract and spread HPV, even when they show no symptoms. It is crucial to understand that the virus can be transmitted even if the infected individual appears healthy, which is why regular checkups and open communication with partners are important.

While most HPV infections clear up naturally without causing health issues, some highrisk HPV infections can lead to serious conditions. Almost all cervical cancer cases are caused by high-risk HPV infections, making regular screening essential for early detection. Regular Pap smears and HPV tests can help identify any precancerous changes in the cervix, significantly increasing the chances of successful treatment. In addition to cervical cancer, high-risk HPVs are linked to oropharyngeal cancers, which affect the throat and base of the tongue, highlighting the importance of HPV awareness among both genders. In the cervix, significantly increasing the chances of successful treatment. In addition to cervical cancer, high-risk HPVs are linked to oropharyngeal cancers, which affect the throat and base of the tongue, highlighting the importance of HPV awareness among both genders.



Preventing HPV is essential for maintaining health. Key strategies include vaccination and regular screening. HPV vaccines, such as Gardasil and Cervarix, effectively prevent the strains of HPV responsible for most cancers and warts. Vaccination is recommended for both boys and girls starting at ages 11 or 12, but it can also be administered as early as age 9 and up to age 26 for those who missed earlier opportunities. Getting vaccinated before becoming sexually active provides the best protection. For girls, regular cervical cancer screening through Pap tests and HPV tests is crucial, as these can detect early changes in the cervix that might lead to cancer. Men can also benefit from discussing HPV with their healthcare providers, especially regarding the potential risks of oropharyngeal cancers.

In conclusion, while HPV is a common virus with potential serious health effects, awareness and preventive measures can significantly reduce risks. Vaccination, regular screenings, and safe sexual practices are vital steps in preventing HPV-related health issues. By staying informed, engaging in open conversations about sexual health, and taking proactive steps, individuals can contribute to a healthier future for themselves and those around them. Education is key, and empowering oneself with knowledge about HPV can lead to better health outcomes and reduced stigma surrounding the virus.



SMRITI S
II PUC PCMC

Left Brain and Right Brain





Have you ever heard of someone describing themselves as a right-brain or left-brain thinker?

Left Brain

Logical & Analytical Side











Common abilities associated with the left side of the brain:

-  Language
-  Logic
-  Critical Thinking
-  Numbers
-  Reasoning
-  Rationality
-  Precision
-  Reality

Right Brain

Creative & Emotional Side

Common abilities associated with the right side of the brain:

-  Observation
-  Expression
-  Creation
-  Imagination
-  Creative Thinking
-  Intuition
-  Appreciation
-  Reading Emotions

MAKE THINGS HAPPEN



Live life as you go along, relish the moment, enjoy every experience and laugh more. In life there is no place to arrive at once and for all and forever. The true joy of life is the journey or trip. The station or destination is only a dream or vision that invariably outdistances us.

This is your life. You make decisions. The very process as seeing yourself as you desire to be, helps you to become that person. Thus to reach your goals, you must break them into specific activities and progress steadily towards the goal. It is said, "You can eat an elephant, if you take it in small bites". Take the initiative to change and shape your life the way you want it to be. Be bold and enterprising and make things happen. Everyone is trying to accomplish something big, not realizing that life is made up of little things.

Often it is said "Time is Money". But, time is a lot more than money. Like money, time has a way of disappearing a dribble here and a dribble there without you ever being conscious of it. One of the most effective methods of time management is the simple and straight one of setting a deadline. You must go by the clock, start at a fixed time and finish within a set time. One thing at a time is the golden rule and your mind will entirely be fixed on the single task which can be done effectively.

Take the initiative to change and shape your life the way you like it be. You are the captain of your soul and the master of your destiny. You can accomplish anything and nothing is impossible. Make things happen for your success.



AISHWARYA R
II PUC CEBA

A large crowd of people, many wearing orange and white robes, are gathered on the stone steps leading down to a body of water. The scene is bathed in the warm, golden light of a sunrise or sunset, with the sun low on the horizon behind a large, ornate temple structure featuring multiple domes and spires. The water reflects the light, and the overall atmosphere is serene and spiritual. The text "MAHA KUMBH MELA" is overlaid in the center in a bold, orange, sans-serif font.

MAHA KUMBH MELA

Maha kumbh Mela, the world's largest religious gathering, is a Hindu festival that takes place every 144 years and is considered to be a once-in-a-lifetime experience.

It is believed that the story behind Maha Kumbh Mela is rooted in Hindu mythology, where Gods and demons churned the cosmic ocean ("Samudra Manthan") to obtain the nectar of immortality ("Amrit") and a few drops of this elixir fell at 4 sacred locations- Prayagraj, Haridwar, Ujjain and Nashik, that are now the sites for the Kumbh Mela. The "Kumbh" refers to the pot containing the Amrit, making the festival a celebration of this divine nectar spilling onto earth, considered a highly auspicious event for taking a holy dip in the river at these locations.

It is believed that according to our mythology, the Kumbh Mela coincides with the movement of the planets, and the timing is based on the alignment of the Sun, the Moon and the Jupiter. This alignment is believed to create a potent spiritual energy, making holy rivers at the Mela more sacred for pilgrims who bathe in them.

People from many different backgrounds visit the Kumbh Mela, including Sadhus, hermits, families and international visitors. During the Maha Kumbh Mela, people primarily participate in a ritual called "Shahi Snan"(royal bath) in the sacred river taking a dip considered to cleanse sins, alongside witnessing processions of Sadhus (holy men), attending spiritual discourses, enjoying cultural performances and engaging in devotional singing and prayers, all while immersing themselves in vibrant atmosphere of a massive spiritual gathering. It's a mix of religious rituals and cultural activities with a focus on spiritual enlightenment and community connection.

The Maha Kumbh Mela is a significant cultural and spiritual event in India that symbolizes unity, renewal and a connection to the divine.



IN SEARCH OF THE UNKNOWN

It's a journey in search of unknown
Looking for what, God knows...
In the brightest day and darkest night
Who knows, what it is
Neither you nor I,
Have seen happy moments
Have lived in sad too...
There is something inside me,
Which keeps me on
In the hope to know the unknown
Who knows, what it is
Neither you nor I.
In the journey of life
Where 'I' matters more than 'me',
There is something inside me
Which keeps me searching for unknown
Who knows, what it is
Neither you nor I.



SHARAD GOUR
II PUC PCMC

Union Budget of India 2025-26

UNION
BUDGET



Nirmala Sitharaman says 'Our Economy Is fastest – growing?

As the world braces for another year of economic uncertainty, all eyes are on the 2025 national budget, set to shape everything from everyday spending to long-term investments. With inflationary pressures, changing global dynamics, and shifting domestic priorities, the 2025. Budget is poised to bring both challenges and opportunities for individuals, businesses, and the government alike.

As we look ahead to the 2025 budget, policy makers are forced with the challenge of balancing economic growth with fiscal responsibility. The proposed budget aims to address key areas such as infrastructure development, healthcare and education while also prioritizing sustainability initiatives. With an emphasis on green technology and renewable energy, the budget seeks to not only stimulate job creation but also to combat climate change. Additionally, investments in digital infrastructure are expected to enhance connectivity and support the growing demand for remote work and online services.

The Union Budget 2025, marks a significant shift towards economic recovery, and long-term growth. With substantial tax relief for middle-income groups and increased investment in infrastructure and social welfare, the government aims to stimulate both consumer spending and regional development. By setting ambitious fiscal deficit targets and spending capital expenditure, India is positioning itself for resilient growth in the coming years. These measures, along with tax reforms and targeted support to vulnerable sectors, reflect a balanced approach to addressing immediate challenges while securing a sustainable economic growth.



RAKSHITHA S GOWDA
II PUC SEBA

GRATITUDE

I never tell her
How much I appreciate her
She does everything so selflessly
I wonder how she does it so effortlessly
How could someone be like that
Truly, I am blessed to have a mother like that
From dealing with my tantrums
To helping me with all my problems
From teaching me great life lessons
To supporting me in every venture
She is the person I would be thankful to forever
If there is one person I can always trust, it's my mother
If there is one person with whom I can truly be myself, it's
my mother
If there is one person who will always want the best for
me, it's my mother
So I want to be a daughter who would help her with every
matter
A daughter who would always strive to achieve better and
a daughter who would make her proud



TASKEEN ARA KHAN
II PUC PCMB



15 FUN FACTS ABOUT YOUR BODY AND WHY EXERCISE IS GOOD FOR YOU

- People who don't regularly exercise may lose up to 80% of their muscle strength by age 65.
- Regular exercise helps lower blood pressure and cholesterol levels. Two major risk factors for heart disease.
- Improve your mental health and mood with an exercise routine.
- Exercise keeps your metabolism elevated even after your workout, and continues to burn more calories even at rest.
- The average person walks about 7,500 steps per day. If you stick to that average step count and live to be 80 years old, you'll walk about 110,000 miles in your lifetime.
- You use 200 muscles to take a single step forward.
- The pressure on your feet is equal to about 3-4 times your body weight with each step while running.





- Your heart is the hardest working muscle in your body. It beats approximately 100,000 times per day, pumping almost 2,000 gallons of blood.
- During physical activity, you breathe more to keep oxygen levels in your blood at appropriate levels.
- The knee is the largest and most complex joint in your body which makes it most likely to be injured.
- Fat and muscle are completely different types of tissue. Muscle cannot turn into fat.
- If you can't speak a few words without taking a breath, you may be exercising too intensely.
- Being dehydrated reduces exercise performance.
- Opposite of people who cross-train, people who do the same daily type of exercise regularly are more prone to injury.
- Studies indicate that children's physical activity levels correlate closely with those of their parents.



ROLE OF AI IN THE FIELD OF EDUCATION

Like so many of the technologies that have changed the world, Artificial Intelligence (AI) developed over many years before it seemed to suddenly burst on the scene. Today, AI is ubiquitous and offers revolutionary potential for education with AI, educators can tailor learning experiences to individual student needs, making education more effective and engaging. AI enabled technologies also assist in administrative tasks, streamlining operations and freeing up educators to focus on teaching.

The term 'Artificial intelligence' was actually coined in 1956. In that year, John McCarthy a Dartmouth college professor, organized a pivotal workshop that coined the term "artificial intelligence" and aimed to create machines capable of reasoning and using human language. After a fast start, research interest in AI cooled for a few decades before developments in computer technology drove a resurgence in 1990s with advances in machine learning and neural networks.



The public release of chat GPT in 2022 marked a significant milestone, showcasing unprecedented capabilities in natural language understanding and generation with advancements in AI.

Today AI significantly impacts various sectors, from healthcare to finance, manufacturing and transportation. Many think it is also poised to revolutionizing education.

AI engages students in interactive learning, helping them learn effectively by offering personalized learning opportunities, creating interactive content and providing real – time assistance.

ADVANTAGES OF AI IN EDUCATION

- Tutoring
- Automated obligations
- Accessibility
- Chat bots
- Immediate feedback
- Personalization
- Bias
- Predictive analysis
- Content creation
- Personalized learning
- Adaptive learning
- Universal access for all students
- Analysing student performance
- Boosting engagement



ಕ್ಷಮಿಸುವುದು ಎಂದರೆ...

ಕ್ಷಮೆ,

ಅಸಮಾಧಾನ ಎನ್ನುವ ನರಕದಿಂದ ಮತ್ತು ದ್ವೇಷ ಎನ್ನುವ ಬೇಡಿಯ ಬಂಧನದಿಂದ ನಿಮ್ಮನ್ನು ಮುಕ್ತಗೊಳಿಸುವ ಕೀಲಿ ಕೈ.

ಕ್ಷಮಾಗುಣ,

ದುರ್ಬಲತೆಯ ಸಂಕೇತವಲ್ಲ, ಬಹಳ ಧೈರ್ಯ ಬೇಕಾಗುತ್ತದೆ ಕ್ಷಮಿಸಲು.

ಕ್ಷಮೆ ಎನ್ನುವುದು,

ನಿಮ್ಮನ್ನ ನೋಯಿಸಿದವರ, ಮೋಸಮಾಡಿದವರ, ಅಪಮಾನಿಸಿದವರ ಮೇಲಿರುವ ನಿಮ್ಮ ಅಸಮಾಧಾನವನ್ನು ಮನಃಪೂರ್ವಕವಾಗಿ ಇಲ್ಲವಾಗಿಸುವ ಪ್ರಯತ್ನ.

ಕ್ಷಮೆ,

ಅದದ್ದನ್ನೆಲ್ಲ ಒಪ್ಪಿಕೊಂಡು ಮರೆತುಬಿಡುವುದಲ್ಲ, ನಿಮ್ಮ ಸಿಟ್ಟನ್ನು, ಅಸಮಾಧಾನವನ್ನು ನುಂಗಿಕೊಂಡು ಸುಮ್ಮನಿರುವುದಲ್ಲ. ಬದಲಾಗಿ ಕ್ಷಮೆಯು ನಿಮ್ಮನ್ನು ಅಸಮಾಧಾನ, ಸಿಟ್ಟು, ದ್ವೇಷ ಆವಾಹಿಸಿಕೊಳ್ಳದಂತೆ, ಇಚ್ಛಾಪೂರ್ವಕವಾಗಿ ನಿಮ್ಮ ಭಾವನೆಗಳನ್ನು, ಧೋರಣೆಗಳನ್ನು, ನಡವಳಿಕೆಯನ್ನು ಬದಲಾಯಿಸಿಕೊಳ್ಳುವುದು, ನಿಮ್ಮನ್ನು ಅಸಮಾಧಾನಕ್ಕೆ ಈಡು ಮಾಡಿದವರ ಮೇಲೆ ಕೂಡ ಕರುಣೆ, ಅಂತಃಕರಣವನ್ನು ಸಾಧ್ಯ ಮಾಡಿಕೊಳ್ಳುವುದು.

ಮನಶಾಸ್ತ್ರಜ್ಞರ ಪ್ರಕಾರ ಕ್ಷಮೆ ಎನ್ನುವುದು, ನಿಮ್ಮನ್ನು ಘಾಸಿಮಾಡಿದ ವ್ಯಕ್ತಿಯ ಅಥವಾ ಗುಂಪಿನ ಮೇಲಿನ ಅಸಮಾಧಾನವನ್ನು, ದ್ವೇಷವನ್ನು ಪ್ರಜ್ಞಾಪೂರ್ವಕವಾಗಿ, ಉದ್ದೇಶಪೂರ್ವಕವಾಗಿ ಇಲ್ಲವಾಗಿಸಿಕೊಳ್ಳುವುದು. ಆ ವ್ಯಕ್ತಿ ಅಥವಾ ಗುಂಪು ನಿಮ್ಮ ಕ್ಷಮೆಗೆ ಅರ್ಹವಾಗಿದ್ದರೂ ಅಥವಾ ಅರ್ಹವಾಗಿರದೇ ಇದ್ದರೂ... ಕ್ಷಮೆ, ಅಸಮಾಧಾನ ಎನ್ನುವ ನರಕದಿಂದ ಮತ್ತು ದ್ವೇಷ ಎನ್ನುವ ಬೇಡಿಯ ಬಂಧನದಿಂದ ನಿಮ್ಮನ್ನು ಮುಕ್ತಗೊಳಿಸುವ ಕೀಲಿ ಕೈ.

ಕ್ಷಮೆ,

ಇನ್ನೊಬ್ಬರಿಗೆ ಸಹಾಯ ಮಾಡಲು ನಾವು ಮಾಡಿಕೊಳ್ಳುವ ಆಯ್ಕೆಯಲ್ಲ, ಇದು ನಾವು ಸ್ವತಃ ನಮಗೆ ಮಾಡಿಕೊಳ್ಳುವ ಸಹಾಯ.

ಕ್ಷಮೆ

ನಮ್ಮ ಬದುಕಿನ ಪ್ರಯಾಣವನ್ನು ಹಗುರಾಗಿಸುತ್ತದೆ, ಈ ಪ್ರಯಾಣದಲ್ಲಿ ನಾವು ಇನ್ನು ಮುಂದೆ ದ್ವೇಷ, ಅಸಮಾಧಾನ, ಮತ್ತು ಕಹಿ ಭಾವನೆಗಳನ್ನು ಹೊತ್ತು ನಡೆಯಬೇಕಿಲ್ಲ.

ಇನ್ನೊಬ್ಬರನ್ನು ಕ್ಷಮಿಸುವುದು ಅವರು ಕ್ಷಮೆಗೆ ಅರ್ಹರಾಗಿದ್ದಾರೆ ಅಂತ ಅಲ್ಲ, ನೀವು ಶಾಂತಿಗೆ, ಸಮಾಧಾನಕ್ಕೆ ಅರ್ಹರಾಗಿದ್ದೀರಿ ಎಂದು.

ಒಮ್ಮೆ ಇಬ್ಬರು ರೈನ್ ಸನ್ಯಾಸಿಗಳು ನದಿಯಲ್ಲಿ ತಮ್ಮ ಊಟದ ತಟ್ಟೆ ತೊಳೆಯುತ್ತಿದ್ದಾಗ ಒಂದು ಚೀಳು ನದಿಯಲ್ಲಿ ಕೊಚ್ಚಿಕೊಂಡು ಹೋಗುವುದನ್ನು ಕಂಡರು.

ತಟ್ಟನೆ ಒಬ್ಬ ಸನ್ಯಾಸಿ ಅದನ್ನು ನದಿಯಿಂದ ಹೊರ ತೆಗೆದು ದಂಡೆಯ ಮೇಲೆ ಬಿಟ್ಟ. ಹೀಗೆ ಮಾಡುವಾಗ ಚೀಳು ಸನ್ಯಾಸಿಯ ಬೆರಳಿಗೆ ಕಚ್ಚಿಬಿಟ್ಟಿತು. ಸನ್ಯಾಸಿ ತಲೆ ಕೆಡಿಸಿಕೊಳ್ಳದೆ ಮತ್ತೆ ತಟ್ಟೆ ತೊಳೆಯುವುದನ್ನು ಮುಂದುವರಿಸಿದ.

ಸ್ವಲ್ಪ ಹೊತ್ತಿನ ನಂತರ ಚೀಳು ಮತ್ತೆ ಜಾರಿ ನದಿಯಲ್ಲಿ ಬಿದ್ದು ಕೊಚ್ಚಿಕೊಂಡು ಹೋಗ ತೊಡಗಿತು. ಸನ್ಯಾಸಿ ಮತ್ತೆ ಆ ಚೀಳನ್ನು ಎತ್ತಿ ದಂಡೆಯ ಮೇಲೆ ಬಿಟ್ಟ. ಚೀಳು ಮತ್ತೆ ಸನ್ಯಾಸಿಯ ಬೆರಳನ್ನು ಕಚ್ಚಿತು.

ಇದನ್ನೆಲ್ಲ ಗಮನಿಸುತ್ತಿದ್ದ ಇನ್ನೊಬ್ಬ ಸನ್ಯಾಸಿ ಕೇಳಿದ: “ಗೆಳೆಯಾ, ಕಚ್ಚುವುದು ಚೀಳಿನ ಸಹಜ ಧರ್ಮ, ಅದನ್ನು ಕಾಪಾಡಿ ಏನು ಪ್ರಯೋಜನ?”

ಮೊದಲ ಸನ್ಯಾಸಿ ಉತ್ತರಿಸಿದ: “ಗೆಳೆಯಾ, ನಾನು ಚೀಳನ್ನು ಕಾಪಾಡುತ್ತಿಲ್ಲ, ನನ್ನ ಸಹಜ ಧರ್ಮವನ್ನು ಕಾಪಾಡುತ್ತಿದ್ದೇನೆ.”



ಮೂರು ಜರಡಿಗಳ ಪರೀಕ್ಷೆ

ಸಾಕ್ರೆಟಿಸ್ ನ ದೃಷ್ಟಾಂತ ಕಥೆ...

ಪ್ರಾಚೀನ ಗ್ರೀಸ್ ನಲ್ಲಿ ಸಾಕ್ರೆಟಿಸ್ ಜ್ಞಾನಿ ಎನ್ನುವ ವಿಚಾರ ಎಲ್ಲ ಕಡೆ ಮನೆಮಾತಾಗಿತ್ತು.

ಒಂದು ದಿನ ಒಬ್ಬ ಮನುಷ್ಯ ಸಾಕ್ರೆಟಿಸ್ ನನ್ನು ಹುಡುಕಿಕೊಂಡು ಅವನ ಮನೆಗೆ ಬಂದ.

ಮಾತಿನ ನಡುವೆ ಆ ಮನುಷ್ಯ ಸಾಕ್ರೆಟಿಸ್ ನ ಪ್ರಶ್ನೆ ಮಾಡಿದ,

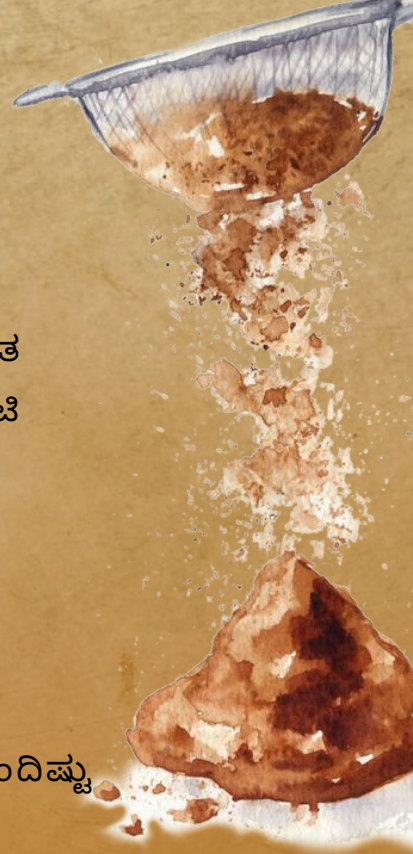
“ನಿನ್ನ ಗೆಲೆಯನ ಬಗ್ಗೆ ನಾನೊಂದು ವಿಷಯ ಕೇಳಿದೆ ನಿನಗೆ ಗೊತ್ತಾ?”

“ಒಂದು ನಿಮಿಷ ನಿಲ್ಲು, ನೀನು ನನ್ನ ಗೆಲೆಯನ ಬಗ್ಗೆ ನನಗೆ ಹೇಳುವುದಕ್ಕಿಂತ ಮೊದಲು, ಮೂರು ಜರಡಿಗಳ ಪರೀಕ್ಷೆ (Test of three sieves) ದಾಟಿ ಬರಬೇಕು” ಸಾಕ್ರೆಟಿಸ್ ಆ ಮನುಷ್ಯನ ಮಾತುಗಳನ್ನು ತಡೆಹಿಡಿದ.

“ಮೂರು ಜರಡಿಗಳ ಪರೀಕ್ಷೆ ?” ಆ ಮನುಷ್ಯನಿಗೆ ಆಶ್ಚರ್ಯವಾಯಿತು.

“ಹೌದು ಮೂರು ಜರಡಿಗಳ ಪರೀಕ್ಷೆ ” ಸಾಕ್ರೆಟಿಸ್ ಮಾತು ಎಂದು ಮುಂದುವರಿಸಿದ...” ಇನ್ನೊಬ್ಬರ ಬಗ್ಗೆ ಮಾತನಾಡುವುದಕ್ಕಿಂತ ಮೊದಲು ಒಂದಿಷ್ಟು ಸಮಯ ತೆಗೆದುಕೊಂಡು, ನೀವು ಹೇಳಬೇಕೆನ್ನುತ್ತಿರುವ ವಿಷಯದ ನಿಮ್ಮ ಅಭಿಪ್ರಾಯ ಏನು ಎನ್ನುವ ಬಗ್ಗೆ ಯೋಚಿಸಿ, ನಿಮ್ಮ ಮಾತುಗಳನ್ನು ಈ ಪ್ರಶ್ನೆಗಳನ್ನು ಬಳಸಿ ಫಿಲ್ಟರ್ ಮಾಡಬಹುದಾ ನೋಡಿ, ನಾನು ಇದನ್ನು ಮೂರು ಜರಡಿಗಳ ಪರೀಕ್ಷೆ ಎನ್ನುತ್ತೇನೆ.”

“ಈ ಪರೀಕ್ಷೆಯ ಮೊದಲ ಜರಡಿ ಎಂದರೆ ‘ಸತ್ಯದ ಜರಡಿ’, ನೀನು ನನಗೆ ಹೇಳಬೇಕೆಂದಿರುವ ವಿಷಯದ ಬಗ್ಗೆ ನಿನಗೆ ಖಾತ್ರಿ ಇದೆಯಾ?” ಸಾಕ್ರೆಟಿಸ್ ಪ್ರಶ್ನೆ ಮಾಡಿದ.



ಈ ವಿಷಯದ ಸತ್ಯದ ಬಗ್ಗೆ ನನಗೆ ಗೊತ್ತಿಲ್ಲ, ಇದನ್ನ ಯಾರೋ ನನಗೆ ಹೇಳಿದ್ದು”

“ಓಹ್ ಒಳ್ಳೆಯದು ಹಾಗಾದರೆ, ನೀನು ನನಗೆ ಹೇಳಬಯಸುತ್ತಿರುವ ಮಾತು ನಿಜವೋ ಸುಳ್ಳೋ ನಿನಗೆ ಗೊತ್ತಿಲ್ಲ.

ಈಗ ನಾವು ಎರಡನೆಯ ಜರಡಿಗೆ ಹೋಗೋಣ, ಇದು ‘ಅಂತಃಕರಣದ ಜರಡಿ’. ನೀನು ಹೇಳಬಯಸುತ್ತಿರುವ ಮಾತು ಒಳ್ಳೆಯ ಮಾತಾ? ಆ ಮಾತಿನಲ್ಲಿ ಅಂತಃಕರಣ ಇದೆಯಾ?” ಸಾಕ್ರೆಟಿಸ್ ಮತ್ತೆ ಪ್ರಶ್ನೆ ಮಾಡಿದ.

“ಇಲ್ಲ ಇದು ಆ ಮನುಷ್ಯನ ಬಗೆಗಿನ ಒಳ್ಳೆಯ ಮಾತೇನಲ್ಲ, ಬದಲಾಗಿ ಇದು ಆ ಮನುಷ್ಯನ ಕೆಟ್ಟತನದ ಕುರಿತಾದದ್ದು.”

“ಹಾಗಾದರೆ ನೀನು ಆ ಮನುಷ್ಯನ ಕೆಟ್ಟತನದ ಬಗ್ಗೆ ನನಗೆ ಹೇಳಬಯಸುತ್ತಿದ್ದಿ ಮತ್ತು ಈ ವಿಷಯದ ಸತ್ಯದ ಬಗ್ಗೆ ನಿನಗೆ ಯಾವ ಖಾತ್ರಿಯೂ ಇಲ್ಲ...

ಸರಿ, ಈಗ ಮೂರನೆಯ ಜರಡಿಯ ಪರೀಕ್ಷೆ ಮಾಡೋಣ, ಇದು ‘ಉಪಯೋಗದ ಜರಡಿ’, ನೀನು ಹೇಳಬಯಸುತ್ತಿರುವ ಮಾತಿನಿಂದ ಏನಾದರೂ ಉಪಯೋಗ ಇದೆಯಾ?” ಸಾಕ್ರೆಟಿಸ್ ಮೂರನೇ ಜರಡಿಯ ಪ್ರಶ್ನೆ ಮುಂದಿಟ್ಟ.

“ಇಲ್ಲ ಉಪಯೋಗದ ಥರದ್ದು ಏನಿಲ್ಲ”

“ಹಾಗಾದರೆ, ನೀನು ಹೇಳಬಯಸುತ್ತಿರುವ ಮಾತಿನ ಸತ್ಯದ ಬಗ್ಗೆ ನಿನಗೆ ಗೊತ್ತಿಲ್ಲ, ಮತ್ತು ಅದು ಒಳ್ಳೆಯ ಮಾತಲ್ಲ ಹಾಗೂ ಅದರಿಂದ ಯಾವ ಉಪಯೋಗವೂ ಇಲ್ಲ. ಮತ್ತೆ ಯಾಕೆ ಇಂಥ ಮಾತನ್ನ ನನಗೆ ಹೇಳಬಯಸುತ್ತಿದ್ದೀ?” ಸಾಕ್ರೆಟಿಸ್ ಮಾತು ಮುಗಿಸಿದ.

ಗಾಸಿಪ್ ಗಳೇ ಹೀಗೆ, ಮೊದಮೊದಲು ತಮಾಷೆ ಎನಿಸುತ್ತವೆ, ಖುಶಿ ಕೊಡುತ್ತವೆ. ಆದರೆ, ಕೊನೆಯಲ್ಲಿ ನಮ್ಮ ಹೃದಯವನ್ನು ಕಹಿಯಾಗಿಸುತ್ತವೆ, ನಮ್ಮ ಅಸ್ತಿತ್ವವನ್ನ ವಿಷಮಯ ಮಾಡುತ್ತವೆ.



ಆರು ಶತ್ರುಗಳನ್ನು ಮಣಿಸಲು ಅಂತರಂಗದ ಆಯುಧಗಳು

ಅರಿಷಡ್ವರ್ಗಗಳೆಂದರೆ,

ನಮ್ಮ ವ್ಯಕ್ತಿತ್ವದ ಕೋಟಿಯನ್ನು ಹಾಳುಗೆಡವಿ, ನಮ್ಮ ಅಸ್ತಿತ್ವವನ್ನು ದೋಚುವ ನಾವೇ ಪೋಷಿಸುವ ಶತ್ರುಗಳು. ಅವುಗಳನ್ನು ಸೋಲಿಸಲು ಆರು ಆಯುಧಗಳನ್ನು ನಾವು ಪ್ರಜ್ಞಾಪೂರ್ವಕವಾಗಿ ಪೋಷಿಸುತ್ತಾ ಸಿದ್ಧವಾಗಿಟ್ಟುಕೊಂಡಿರಬೇಕು.

ಕಾಮ, ಕ್ರೋಧ, ಲೋಭ, ಮೋಹ, ಮದ ಹಾಗೂ ಮತ್ಸರಗಳೆಂಬ ಈ ಆರು ಗುಣಗಳು ಪ್ರತಿಯೊಬ್ಬ ವ್ಯಕ್ತಿಯಲ್ಲೂ ಬೀಜರೂಪದಲ್ಲಿರುತ್ತವೆ. ಈ ಗುಣಗಳು ಬೆಳವಣಿಗೆಗೂ ಪೂರಕವಾಗಬಲ್ಲವು.

ಆದರೆ ಇವನ್ನು ಕೇವಲ ದೇಹದ ಗುರುತಿನೊಂದಿಗೆ ಅಳವಡಿಸಿಕೊಂಡು ಪೋಷಿಸಿದರೆ ಇವೆಲ್ಲವೂ ದುರ್ಗುಣಗಳಾಗಿ ಪರಿವರ್ತನೆಗೊಳ್ಳುತ್ತವೆ ಮತ್ತು ನಮ್ಮ ಅಂತರಂಗವನ್ನು ಹಾನಿಗೀಡು ಮಾಡುತ್ತವೆ.

ಅರಿಷಡ್ವರ್ಗಗಳನ್ನು ಮಣಿಸುವ ಆಯುಧಗಳು :

ಈ ದುರ್ಗುಣಗಳೆಂಬ ಅಂತರಂಗದ ಶತ್ರುಗಳನ್ನು ಎದುರಿಸಲು ಸದ್ಗುಣಗಳೆಂಬ ಆಯುಧಗಳನ್ನು ಬಳಸಿಕೊಳ್ಳಬೇಕಾಗುತ್ತದೆ. ನಮ್ಮಲ್ಲಿ ಸನ್ನಡತೆಯನ್ನು ಬೆಳೆಸಿಕೊಂಡರಷ್ಟೇ ಅರಿಷಡ್ವರ್ಗಗಳು ಉಂಟುಮಾಡುವ ಹಾನಿಯಿಂದ ಪಾರಾಗಲು ಸಾಧ್ಯ.

ಇವುಗಳನ್ನು ಮಣಿಸಲು ಸಹನೆ, ಅಲ್ಪತೃಪ್ತಿ, ಸ್ನೇಹಪರತೆ, ಪರೋಪಕಾರ ಬುದ್ಧಿ, ನಿಸ್ವಾರ್ಥ, ದಾನ ಬುದ್ಧಿ, ಕಾರುಣ್ಯ, ಕ್ಷಮಾಗುಣಗಳೆಂಬ ಆಯುಧಗಳನ್ನು ನಮ್ಮೊಳಗೆ ಸದಾ ಸನ್ನದ್ಧವಾಗಿ ಇರಿಸಿಕೊಳ್ಳಬೇಕು.

ಸಂಯಮವು ಕಾಮದ ವಶದಿಂದ ನಮ್ಮ ಮನಸ್ಸನ್ನು ಬಿಡಿಸುತ್ತದೆ.

ಕ್ರೋಧಕ್ಕೆ ಸಹನೆಯೇ ಮದ್ದು. ಕ್ರೋಧ ಯಾವತ್ತೂ ಸ್ಥಾಯೀ ಭಾವವಾಗಿ ಉಳಿಯಲಾರದು. ಅದರ ಇರವು ಅತ್ಯಂತ ಕಡಿಮೆ ಅವಧಿಯದ್ದು. ಕ್ರೋಧವೇರಿದ ಕ್ಷಣವೊಂದು ಕಳೆದುಬಿಟ್ಟರೆ ಅನಂತರ ಯಾವ ಹಾನಿಯೂ ಇರುವುದಿಲ್ಲ. ಆದ್ದರಿಂದ ಸಾಧ್ಯವಾದಷ್ಟೂ ಸಹನೆಯನ್ನು ಬೆಳೆಸಿಕೊಂಡರೆ ಕ್ರೋಧದ ಆವೇಗವು ಕಡಿಮೆಗೊಳ್ಳುತ್ತಾ ಸಾಗುತ್ತದೆ.

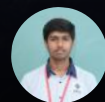
ನಿರ್ವಾರ್ಥ ಗುಣವು ಲೋಭವನ್ನೂ ಮತ್ಸರವನ್ನೂ ಹಿಮ್ಮೆಟಿಸುತ್ತದೆ. ಎಲ್ಲವೂ ತನಗೇ ಸೇರಬೇಕು ಎನ್ನುವ ಲೋಭಕ್ಕೆ ದಾನ ಮನೋಭಾವ ಹಾಗೂ ನಿರ್ವಾರ್ಥಗಳು ಅಡ್ಡಿಯಾಗಿ ನಿಲ್ಲುತ್ತವೆ. ನಿರ್ವಾರ್ಥವು ಎಲ್ಲರ ಏಳಿಗೆಯನ್ನೂ ಬಯಸುವ, ಮತ್ತೊಬ್ಬರ ಪ್ರಗತಿಗೆ ಸಂತಸಪಡುವ ಮನೋಭಾವ ಬೆಳೆಸುವುದರಿಂದ ಮತ್ಸರವನ್ನೂ ಅದು ಹಿಮ್ಮೆಟಿಸುತ್ತದೆ.

ನಾವು ವ್ಯಕ್ತಿಕೇಂದ್ರಿತ ಚಿಂತನೆಯಿಂದ ವಿಸ್ತಾರಗೊಳ್ಳುತ್ತಾ ಸಾಗಿದಂತೆಲ್ಲ ಮೋಹವು ಕಡಿಮೆಯಾಗುತ್ತ ಸಾಗುತ್ತದೆ. ಮೋಹವೆಂದರೆ ಗೀಳು. ಯಾವುದಾದರೊಂದು ವಸ್ತು ಅಥವಾ ವ್ಯಕ್ತಿಯ ಮೇಲೆ ನಾವು ಬೆಳೆಸಿಕೊಳ್ಳುವ ಅತಿಶಯ ಹಂಬಲ. ಬಹಳ ಬಾರಿ ನಾವು ಅದನ್ನು 'ಪ್ರೇಮ' ಅಂದುಕೊಳ್ಳುತ್ತೇವೆ. ಆದರೆ ಪ್ರೇಮ ಯಾವುದರ ಮೇಲೂ ಒಡತನ ಬಯಸುವುದಿಲ್ಲ. ನಾವು ನಮಗೆ ಇಷ್ಟವಾಗುವ ವಸ್ತು ಅಥವಾ ವ್ಯಕ್ತಿಯನ್ನು 'ಹೊಂದಲು ಬಯಸುತ್ತೇವೆ. ಈ ಬಯಕೆಯೇ 'ಮೋಹ'. ನಮ್ಮ ಪ್ರಜ್ಞಾ ಪರಿಧಿಯನ್ನು ಹೆಚ್ಚಿಸಿಕೊಳ್ಳುವುದರಿಂದ, ವಿಶ್ವವನ್ನೇ ಅಖಂಡವಾಗಿ ಪ್ರೀತಿಸುವುದರಿಂದ ಈ ಮೋಹವನ್ನು ಮಟ್ಟ ಹಾಕಬಹುದು.

ಮದಕ್ಕೆ ವಿನೀತ ಗುಣವೇ ಆಯುಧ. ವಿನಯವಂತಿಕೆಯು ದಾಷ್ಟ್ಯವನ್ನು ತಗ್ಗಿಸುತ್ತದೆ. ಸಜ್ಜನಿಕೆಯು ದಬ್ಬಾಳಿಕೆಯನ್ನು ತಡೆಯುತ್ತದೆ. ನಾವು ಬಾಗಿದಷ್ಟೂ ಬೆಳೆಯುತ್ತೇವೆ, ಉಳಿಯುತ್ತೇವೆ. ಬಿರುಗಾಳಿಗೆ ಎದೆ ಸೆಟೆದು ನಿಂತ ಮರ ಉರುಳುತ್ತದೆಯೇ ಹೊರತು ಬೆನ್ನು ಬಾಗುವ ಹುಲ್ಲು ಉರುಳುವುದಿಲ್ಲ. ಈ ನಿದರ್ಶನವನ್ನು ಅರ್ಥೈಸಿಕೊಂಡರೆ ನಾವು ಬಾಗುವುದರಿಂದ ಏನು ಪ್ರಯೋಜನ? ಎಂಬುದು ಮನದಟ್ಟಾಗುತ್ತದೆ.

ಈ ಆರು ಆಯುಧಗಳನ್ನು ನಾವು ಪ್ರಜ್ಞಾಪೂರ್ವಕವಾಗಿ ಪೋಷಿಸುತ್ತಾ ಸಿದ್ಧವಾಗಿಟ್ಟುಕೊಂಡಿರಬೇಕು. ಅರಿಷಡ್ವರ್ಗಗಳ ದಾಳಿಗೆ ಸಿಲುಕಿದ ಮೇಲೆ ಪ್ರತ್ಯಾಯುಧಗಳನ್ನು ಸಿದ್ಧಪಡಿಸುತ್ತಾ ಕೂರಲು ಆಗುವುದಿಲ್ಲ. ಲೋಭದಲ್ಲಿ ಮುಳುಗೇಳುತ್ತಿರುವವರು ಆ ಹಂತದಲ್ಲಿ ನಿರ್ವಾರ್ಥವನ್ನೂ ದಾನ ಬುದ್ಧಿಯನ್ನೂ ಬೆಳೆಸಿಕೊಳ್ಳುವುದು ದುಸ್ಸಾಧ್ಯ. ಎಲ್ಲೋ ಕೆಲವು ಆಯ್ದ ಚೇತನಗಳಿಗೆಷ್ಟೆ ಇದರ ಕೃಪೆಯಾಗುವುದು. ಇದು ಇತರ ಎಲ್ಲಾ ಅರಿವರ್ಗಕ್ಕೂ ಅನ್ವಯಿಸುವ ಮಾತು. ಆದ್ದರಿಂದ, ಅಂತರಂಗದ ಈ ಶತ್ರುಗಳ ಆಕ್ರಮಣಕ್ಕೆ ಮುನ್ನವೇ ನಮ್ಮಲ್ಲಿ ಅವನ್ನು ಎದುರಿಸುವ ಸಿದ್ಧತೆ ಇರಬೇಕು.

ಇದು ಇತರೆಲ್ಲ ಅರಿವರ್ಗಕ್ಕೂ ಅನ್ವಯಿಸುವ ಮಾತು. ಆದ್ದರಿಂದ, ಅಂತರಂಗದ ಈ ಶತ್ರುಗಳ ಆಕ್ರಮಣಕ್ಕೆ ಮುನ್ನವೇ ನಮ್ಮಲ್ಲಿ ಅವನ್ನು ಎದುರಿಸುವ ಸಿದ್ಧತೆ ಇರಬೇಕು.



ಥಾಮಸ್ ಎಡಿಸನ್‌ನ ದೃಷ್ಟಾಂತ

ಒಂದು ದಿನ ಮಗು ಥಾಮಸ್ ಎಡಿಸನ್ ಶಾಲೆಯಲ್ಲಿ ಟೀಚರ್ ಕೊಟ್ಟ ಕಾಗದ ಹಿಡಿದುಕೊಂಡು ಮನೆಗೆ ಬಂದ.

ತನ್ನ ತಾಯಿಗೆ ಆ ಕಾಗದ ಕೊಟ್ಟು ಹೇಳಿದ, "ಅಮ್ಮ ನನ್ನ ಟೀಚರ್ ನಿನಗೆ ಈ ಕಾಗದ ಕೊಟ್ಟಿದ್ದಾರೆ".

ಆ ಕಾಗದವನ್ನು ಓದುತ್ತಿದ್ದಂತೆಯೇ ಥಾಮಸ್ ನ ತಾಯಿಯ ಕಣ್ಣುಗಳಿಂದ ನೀರುತುಂಬಿ ಹರಿಯತೊಡಗಿದವು.

"ಕಾಗದದಲ್ಲಿ ಏನು ಬರೆದಿದ್ದಾರೆ ಅಮ್ಮ, ಯಾಕೆ ಅಲ್ಲಿದೀಯ?" ಮಗು ಥಾಮಸ್ ಪ್ರಶ್ನೆ ಮಾಡಿದಾಗ, ತಾಯಿ ಆ ಪತ್ರವನ್ನು ಥಾಮಸ್ ಗೆ ಓದಿ ಹೇಳಿದಳು.

"ನಿಮ್ಮ ಮಗ ಒಬ್ಬ ಜೀನಿಯಸ್. ಅವನಿಗೆ ಈ ಶಾಲೆ ತುಂಬ ಚಿಕ್ಕದು. ಅವನಿಗೆ ಪಾಠ ಹೇಳಬಲ್ಲ ಸರಿಯಾದ ಟೀಚರ್ಸ್ ಇಲ್ಲಿ ಇಲ್ಲ. ಅವನಿಗೆ ಬೇರೆ ಎಲ್ಲಾದರೂ ಪಾಠಕ್ಕೆ ವ್ಯವಸ್ಥೆ ಮಾಡಿ ಅಥವಾ ನೀವೇ ಅವನಿಗೆ ಪಾಠ ಹೇಳಿಕೊಡಿ".

ಮುಂದೆ, ಥಾಮಸ್ ನ ತಾಯಿಯೇ ಅತ್ಯಂತ ಶ್ರದ್ಧೆಯಿಂದ ಮಗನಿಗೆ ಪಾಠ ಹೇಳಿಕೊಟ್ಟಳು. ಮುಂದೆ ಎಷ್ಟೋ ವರ್ಷಗಳ ಅನಂತರ ಥಾಮಸ್ ನ ತಾಯಿ ತೀರಿ ಹೋದಳು.

ಅಷ್ಟೊತ್ತಿಗಾಗಲೇ, ಥಾಮಸ್ ಪ್ರಸಿದ್ಧ ಸಂಶೋಧಕನೆಂದು ಜಗತ್ತಿನ ತುಂಬ ಹೆಸರುವಾಸಿಯಾಗಿದ್ದ.

ಒಮ್ಮೆ ಥಾಮಸ್ ತನ್ನ ತಾಯಿಯ ವಸ್ತುಗಳನ್ನೆಲ್ಲ ತೆಗೆದಿಡುತ್ತಿದ್ದಾಗ, ಅವನ ಕಣ್ಣಿಗೆ ಚಿಕ್ಕಂದಿನಲ್ಲಿ ತಾನು ತಾಯಿಗೆ ಶಾಲೆಯಿಂದ ತಂದು ಕೊಟ್ಟಿದ್ದ ಪತ್ರ ಕಣ್ಣಿಗೆ ಬಿತ್ತು.

ಥಾಮಸ್ ಕುತೂಹಲದಿಂದ ಆ ಪತ್ರವನ್ನು ತೆರೆದು ಓದಿದ. ಆ ಪತ್ರದಲ್ಲಿ ಹೀಗೆ ಬರೆದಿತ್ತು,

"ನಿಮ್ಮ ಮಗ ಮಾನಸಿಕವಾಗಿ ಬಹಳ ಹಿಂದುಳಿದಿದ್ದಾನೆ. ಅವನಿಗೆ ಇತರ ಮಕ್ಕಳ ಜೊತೆ ಪಾಠ ಕಲಿಯುವುದು ಸಾಧ್ಯವಾಗುತ್ತಿಲ್ಲ. ಇನ್ನು ಮುಂದೆ ಅವನು ನಮ್ಮ ಶಾಲೆಗೆ ಬರುವುದು ಬೇಡ. ಅವನಿಗೆ ನೀವೇ ಏನಾದರೂ ಬೇರೆ ವ್ಯವಸ್ಥೆ ಮಾಡಿ".

ಅದನ್ನು ಓದಿ ಥಾಮಸ್ ನ ಕಣ್ಣು ತುಂಬಿ ಬಂತು. ತಾಯಿ ತನಗಾಗಿ ಮಾಡಿದ ತ್ಯಾಗ ಎಲ್ಲ ಅವನಿಗೆ ನೆನಪಾಗತೊಡಗಿತು. ಥಾಮಸ್ ಎಡಿಸನ್ ತನ್ನ ಡೈರಿಯಲ್ಲಿ ಹೀಗೆ ಬರೆದು ಇಟ್ಟುಕೊಂಡ, "ಥಾಮಸ್ ಎಂಬ ಬುದ್ಧಿಮಾಂದ್ಯ ಹುಡುಗ ಶತಮಾನದ ಜೀನಿಯಸ್ ಆಗಿರುವುದಕ್ಕೆ ಕಾರಣ ಅವನ ಹೀರೋ, ಅವನ ಅಮ್ಮ".

ಅನಾಗರೀಕರ ಮಾತುಗಳು ಖಡ್ಗದಂತೆ ಇರಿಯುತ್ತವೆ ಆದರೆ ವಿವೇಕಿಗಳ ನಾಲಿಗೆ ಎಲ್ಲಾ ನೋವಿಗೂ ಆರೈಕೆ ನೀಡುತ್ತವೆ. ಅವನ ಟೀಚರ್ ಬರೆದ ಪತ್ರವನ್ನು ಅವನ ತಾಯಿ ಹಾಗೇ ಓದಿ ಹೇಳಿದ್ದರೆ ಮುಂದೆ ಏನಾಗುತ್ತಿತ್ತು? ಎಡಿಸನ್ ನಿಂದ ಆ ಎಲ್ಲ ಸಂಶೋಧನೆಗಳು ಸಾಧ್ಯವಾಗುತ್ತಿದ್ದವೇ? ಅವನ ತಾಯಿಯ ವಿವೇಕಕ್ಕೆ ಧನ್ಯವಾದಗಳು.

ಆಕೆ, ಥಾಮಸ್ ಗೆ ತನ್ನನ್ನು ಪರಿವರ್ತಿಸಿಕೊಳ್ಳುವ ಸಂದರ್ಭವನ್ನು ಸೃಷ್ಟಿ ಮಾಡಿಕೊಟ್ಟಳು. ಥಾಮಸ್ ನ ತಾಯಿಯ ವರ್ತನೆ ಎಲ್ಲ ತಂದೆ ತಾಯಂದಿರಿಗೂ , ಟೀಚರ್ಸ್ ಗಳಿಗೂ ಪಾಠವಾಗಲಿ. ಮಾತು ಹೇಗೆ ಮಕ್ಕಳ ಮನಸ್ಸಿನ ಮೇಲೆ ಪ್ರಭಾವ ಬೀರುತ್ತದೆ ಎನ್ನುವುದನ್ನು ಎಲ್ಲರೂ ಅರಿತುಕೊಳ್ಳಲಿ.



ನಾವು ಮೌಲ್ಯವಂತರಾಗಿರೋದು ಮುಖ್ಯ

ಅದು ಒಂದು ಇನ್ನೂರು ಜನ ಸೇರಿದ ಸಭೆ.

ಅಲ್ಲಿ ಒಬ್ಬ ಪ್ರಸಿದ್ಧ ಭಾಷಣಕಾರರು ಭಾಷಣ ಮಾಡುವವರಿದ್ದರು.

ವೇದಿಕೆಯ ಮೇಲೆ ಏರಿದ ಭಾಷಣಕಾರರು ತಮ್ಮ ಕೈಯಲ್ಲಿ ಹಿಡಿದುಕೊಂಡಿದ್ದ 100 ಡಾಲರ್ ನ ನೋಟು ಎತ್ತಿ ಹಿಡಿದು ಸಭೆಯನ್ನು ಪ್ರಶ್ನೆ ಮಾಡಿದರು,

“ಯಾರಿಗೆ ಬೇಕು ಈ 100 ಡಾಲರ್ ನೋಟು?”

ಸಭೆಯಲ್ಲಿದ್ದ 200 ಜನ ಕೂಡ ತಮಗೆ ಆ ನೋಟು ಬೇಕೆಂದು ಕೈ ಎತ್ತಿದರು.

“ಖಂಡಿತ ನಿಮ್ಮಲ್ಲಿ ಒಬ್ಬರಿಗೆ ಈ ನೋಟು ಕೊಡುತ್ತೇನೆ. ಆದರೆ, ಒಂದು ನಿಮಿಷ” ಎನ್ನುತ್ತಾ ಭಾಷಣಕಾರರು ಆ ನೋಟನ್ನು ಮಡಚಿ ಮುದ್ದೆ ಮಾಡಿದರು. ಮತ್ತೆ ಆ ನೋಟನ್ನು ಎತ್ತಿ ಹಿಡಿದು ಸಭೆಯನ್ನು ಪ್ರಶ್ನಿಸಿದರು.

“ಈಗ ಹೇಳಿ ಯಾರಿಗೆ ಬೇಕು ಈ ನೋಟು?”

ಮತ್ತೆ ಸಭೆಯಲ್ಲಿದ್ದ ಎಲ್ಲರೂ ಆ ನೋಟು ತಮಗೆ ಬೇಕೆಂದು ಕೈ ಮೇಲೆತ್ತಿದರು.

“ಇರಿ ಸ್ವಲ್ಪ” ಎನ್ನುತ್ತ ಭಾಷಣಕಾರರು ಆ ನೋಟನ್ನು ನೆಲದ ಮೇಲೆ ಬಿಸಾಕಿ, ಮಣ್ಣನ್ನೆರಚಿ ಗಲೀಜು ಮಾಡಿದರು. ಮತ್ತೆ ಆ ನೋಟನ್ನು ಮೇಲಕ್ಕೆ ಎತ್ತಿ ಹಿಡಿದು ಸಭೆಯನ್ನು ಪ್ರಶ್ನೆ ಮಾಡಿದರು.

“ ಈಗ ಹೇಳಿ ಈ ನೋಟನ್ನು ಸ್ವೀಕರಿಸಲು ಯಾರು ಸಿದ್ಧರಿದ್ದೀರಿ”

ಮತ್ತೆ ಸಭೆಯಲ್ಲಿದ್ದ 200 ಜನರೂ ತಾವು ನೋಟನ್ನು ಸ್ವೀಕರಿಸಲು ಸಿದ್ಧ ಎಂದು ಕೈ ಮೇಲೆತ್ತಿದರು.

ನಂತರ ಭಾಷಣಕಾರರು ಮಾತನಾಡಿದರು.

“ಗೆಳೆಯರೇ, ಇಲ್ಲಿಂದ ಬಹಳ ಮುಖ್ಯವಾದ ಪಾಠವಿದೆ. ನಾನು ಈ 100 ಡಾಲರ್ ನೋಟಿಗೆ ಏನೇ ಅಪಮಾನ ಮಾಡಿದರೂ ನೀವು ಆ ನೋಟನ್ನು ಸ್ವೀಕರಿಸಲು ಸಿದ್ಧರಾಗಿದ್ದೀರಿ, ಏಕೆಂದರೆ, ನಾನು ಮಾಡಿದ ಯಾವುದೂ ಆ ನೋಟಿನ ಮೌಲ್ಯವನ್ನು ಕಡಿಮೆ ಮಾಡಲಿಲ್ಲ.

ನಮ್ಮ ಬದುಕಿನಲ್ಲಿಯೂ ಹೀಗೆಯೇ ಆಗುತ್ತದೆ. ಕೆಲವೊಮ್ಮೆ ನಾವು ವೈಯಕ್ತಿಕ ಬದುಕಿನಲ್ಲಿ ತಪ್ಪು ನಿರ್ಧಾರ ಮಾಡುತ್ತೇವೆ, ಕೆಟ್ಟ ಸಂದರ್ಭಗಳೊಂದಿಗೆ ವ್ಯವಹಾರ ಮಾಡುತ್ತೇವೆ. ನಾವು ಯಾರಿಗೂ ತೊಂದರೆ ಮಾಡಿಲ್ಲವಾದರೂ ಈ ತಪ್ಪು ನಿರ್ಧಾರಗಳಿಂದಾಗಿ ಜನ ನಮ್ಮನ್ನು ಒಪ್ಪಲಿಕ್ಕಿಲ್ಲ ಎಂದು ಕುಸಿದು ಹೋಗಿರುತ್ತೇವೆ. ಆದರೆ ನಾವು ನಿಜವಾಗಿಯೂ ಮೌಲ್ಯವಂತರಾಗಿದ್ದರೆ ಈ ಯಾವುದೂ ನಮ್ಮ ಮೌಲ್ಯವನ್ನು ಕಡಿಮೆ ಮಾಡುವುದಿಲ್ಲ. ಇದನ್ನು ಮರೆಯಬೇಡಿ. ಮತ್ತೆ ತಲೆ ಎತ್ತಿ ಬದುಕುತ್ತ ದೈರ್ಯದಿಂದ ಬಾಳಿ”. ಎಂದರು.



ಬಸವಣ್ಣನವರ ವಚನ



ನಾನೊಂದ ನೆನೆದಡೆ ತಾನೊಂದ ನೆನೆವುದು,
ನಾನಿತ್ತಲೆಳೆದಡೆ ತಾನತ್ತಲೆಳೆವುದು.

ತಾ ಬೇರೆ ಎನ್ನನಳಲಿಸಿ ಕಾಡಿತ್ತು,
ತಾ ಬೇರೆ ಎನ್ನ ಬಳಲಿಸಿ ಕಾಡಿತ್ತು.

ಕೂಡಲಸಂಗನ ಕೂಡಿಹೆನೆಂದಡೆ
ತಾನೆನ್ನ ಮುಂದುಗೆಡಿಸಿತ್ತು ಮಾಯೆ.

ಶೂಲದ ಮೇಲಣ ವಿಭೋಗವೇನಾದಡೇನೊ ?

ನಾನಾ ವರ್ಣದ ಸಂಸಾರ ಹಾವು ಹಾವಾಡಿಗನ
ಸ್ನೇಹದಂತೆ !

ತನ್ನಾತ್ಮ ತನಗೆ ಹಗೆಯಾದಡೆ ಮತ್ತೆ ಬಿನ್ನಾಣವುಂಟೆ,
ಕೂಡಲಸಂಗಮದೇವಾ.

ಕಪ್ಪೆ ಸರ್ಪನ ನೆಳಲಲ್ಲಿಪ್ಪಂತೆ ಎನಗಾಯಿತ್ತಯ್ಯಾ,

ಅಕಟಕಟಾ, ಸಂಸಾರ ವೃಥಾ ಹೋಯಿತ್ತಲ್ಲಾ.

ಕರ್ತೃವೆ ಕೂಡಲಸಂಗಮದೇವಾ,

ಇವ ತಪ್ಪಿಸಿ ಎನ್ನುವ ರಕ್ಷಿಸಯ್ಯಾ.

ಚಂದ್ರಮನಂತೆ ಕಳೆ ಸಮನಿಸಿತ್ತಿನಗೆ,

ಸಂಸಾರವೆಂಬ ರಾಹು ಸರ್ವಗ್ರಾಸಿಯಾಗಿ
ನುಂಗಿತ್ತಯ್ಯಾ.

ಇಂದೆನ್ನ ದೇಹಕ್ಕೆ ಗ್ರಹಣವಾಯಿತ್ತು.

ಇನ್ನೊಂದಿಗೆ ಮೋಕ್ಷವಹುದೊ
ಕೂಡಲಸಂಗಮದೇವಾ ?

ಸಂಸಾರಸಾಗರದ ತೆರೆ ಕೊಬ್ಬಿ ಮುಖದ ಮೇಲೆ
ಅಲೆವುತ್ತಲಿದೆ,

ಸಂಸಾರಸಾಗರ ಉರದುದ್ದವೆ ಹೇಳಾ!

ಸಂಸಾರಸಾಗರ ಕೊರಳುದ್ದವೆ ಹೇಳಾ!

ಸಂಸಾರಸಾಗರ ಶಿರದುದ್ದವಾದ ಬಳಿಕ ಏನ
ಹೇಳುವೆನಯ್ಯಾ!

ಅಯ್ಯಾ ಅಯ್ಯಾ ಎನ್ನ ಹುಯ್ಯಲ ಕೇಳಯ್ಯಾ
ಕೂಡಲಸಂಗಮದೇವಾ ನಾನೇವೇನೇವೆನಯ್ಯಾ!



ಜೀವನದ ಸಾರ!

ಜೀವನದಲ್ಲಿ ಗೆಲುವು ಎನ್ನುವುದು
ಸುಮ್ಮನೆ ತಲುಪುವ ದಾರಿಯಲ್ಲ?
ಅದು ಒಂದು ಸುಂದರ
ಪಯಣ!

ಜೀವನದಲ್ಲಿ ನಾವು ಯೋಚನೆ
ಮಾಡಿದ ರೀತಿ ಬದುಕಲು ಕಷ್ಟ?
ಪ್ರಯತ್ನ ಬಿಡದೆ ಮುನ್ನಡೆದರೆ
ನಮ್ಮ ಬದುಕು ಸ್ಪಷ್ಟ !

ದೀಪದ ಕಾಂತಿ
ಮನೆ ಬೆಳಗಲು ಕಾರಣ!
ಮಾನವನ ಶಾಂತಿ
ದೇಶ ಉಜ್ವಲಿಸಲು ಕಾರಣ!

ವಿದ್ಯಾರ್ಥಿಗಳ ಜೀವನ
ಆಗಬೇಕು ಜ್ಞಾನ ತುಂಬಿದ ಭಂಡಾರ!
ಆಗಬಾರದು ಜೀವನ
ಅಜ್ಞಾನ ತುಂಬಿದ ಅಹಂಕಾರ!



ನುಡಿಮುತ್ತುಗಳು

"ಕಡಲತಡಿಯಲ್ಲಿ ನಿಂತು,
ನೀರನ್ನು ನೋಡುತ್ತಾ ಕಾಲ ಕಳೆಯುತ್ತಿದ್ದರೆ,
ಸಮುದ್ರವನ್ನು ದಾಟಲು ಸಾಧ್ಯವಿಲ್ಲ."

- ರವೀಂದ್ರನಾಥ ಟಾಗೋರ್

'ಶಿಕ್ಷಣದ ಬೇರುಗಳು ಕಹಿ ಇರಬಹುದು.
ಆದರೆ, ಅದರ ಫಲ ಸಿಹಿಯಾಗಿರುತ್ತದೆ."

- ಅರಿಸ್ವಾಟಲ್

"ಸಂಪತ್ತಿಗಿಂತ ಜ್ಞಾನಕ್ಕೆ ಆದ್ಯತೆ ನೀಡಿ,
ಏಕೆಂದರೆ, ಸಂಪತ್ತು ಕ್ಷಣಿಕ, ಜ್ಞಾನ ಶಾಶ್ವತ."

- ಸಾಕ್ರೆಟೀಸ್

"ನೀವು ನಿದ್ರೆ ಮಾಡುವಾಗ ಕಾಣುವುದು
ಕನಸಲ್ಲ. ಯಾವ ಕನಸು ನಿಮ್ಮನ್ನು ನಿದ್ರಿಸಲು
ಬಿಡುವುದಿಲ್ಲವೋ ಅದೇ ನಿಜವಾದ ಕನಸು."

- ಎ. ಪಿ.ಜೆ.ಅಬ್ದುಲ್ ಕಲಾಂ

"ಸಾಧಿಸುವ ಮುನ್ನ ಹಾಸ್ಯವಾಗಿ ನೋಡುತ್ತಾರೆ.
ಸಾಧಿಸಿದ ಮೇಲೆ ವಿಶೇಷವಾಗಿ ನೋಡುತ್ತಾರೆ.
ಆದ್ದರಿಂದ, ನೀವು ಏನು ಅಂದುಕೊಂಡಿದ್ದೀರೋ
ಅದನ್ನು ಅರ್ಥದಲ್ಲಿ ಕೈ ಬಿಡಬೇಡಿ."

- ಚಾಣಕ್ಯ

"ಸಾಧ್ಯವೇ ಇಲ್ಲ ಎಂದುಕೊಂಡರೆ ಏನನ್ನೂ
ಸಾಧಿಸಲಾಗದು.

ಪ್ರಯತ್ನಿಸುವುದರಿಂದ ನಷ್ಟವೇನಿದೆ?
ಗಿದ್ದರೆ ಸಂತೋಷ!
ಸೋತರೆ ಅನುಭವ!"

- ಸ್ವಾಮಿ ವಿವೇಕಾನಂದ

"ಮನುಷ್ಯನಲ್ಲಿ ದಡ್ಡತನ ಇದ್ದರೂ ಪರವಾಗಿಲ್ಲ.
ಆದರೆ, ಸಣ್ಣತನ ಇರಬಾರದು.

ಏಕೆಂದರೆ, ಮನುಷ್ಯ ಗೌರವ ಕಳೆದುಕೊಳ್ಳುವುದು ದಡ್ಡತನದಿಂದಲ್ಲ, ಸಣ್ಣತನದಿಂದ.

- ಡಾ. ಬಿ.ಆರ್. ಅಂಬೇಡ್ಕರ್.



ಕಿರಣ್. ಪಿ
I PUC CEBA

ओ कन्हैया

ओ कन्हैया
धुन पर तेरी नाचे गोप गोपियाँ,
ओ कन्हैया
मुख में तेरे बस्ती यह दुनिया
ओ कन्हैया
डांट के भी लाड़ करती है मैया
ओ कन्हैया
मुख में तेरी बस्ती यह दुनिया।

बलराम कान्हा कैसे मस्ती करें ,
कभी बंसी बजाए, कभी मटकी फोड़े ,
सबके घर का कान्हा माखन चुराए ,
पकड़े जाए तो भोली सूरत बनाएं ।
जिससे करते सब प्यार ,उन्हीं से है संसार ,
स्पर्श से सोना कर दे वह है चमत्कारी गोपाल।

सखी के मान की लाज बचाने आए कान्हा,
मुरली धुन से, गोपियों का मन मोहे कान्हा।
मधुबन में प्रभु रास रचाए राधा संग गीत है
गए ,
लीलाधर की लीला वृंदावन में अमर हो जाए।

नंदलाल सबकी आंखों का तारा,
मैया यशोदा को जान से प्यारा ,
उस गांव को काहे का डर,
जिसे मिला स्वयं हरि का सहारा।
मैया माखन बनाओ ,
चाहे कहीं भी छुपाओ ,
माखन ढूँढ के खाए लला,
चेहरा इतना प्यार , कैसे डांटे की मैया ।
भूल जाती सब कुछ जब हंसते कन्हैया ।।

बालपन से करते हो लीला ,
दुख हरते करते दूर हर पीड़ा,
एक उंगली पर उठा दे गोवर्धन ,
एक स्पर्श से राह दिखाए यमुना ,
कंस का वध कर पाप मिटाए कान्हा,
अर्जुन को गीता का ज्ञान सुनाएं कान्हा ।

ओ कन्हैया
धुन पर तेरी नाचे सारी गोपियां
ओ कन्हैया
मुख में तेरे बस्ती यह दुनिया
ओ कन्हैया
डांट के भी लाड़ करती है मैया
ओ कन्हैया
मुख में तेरे बस्ती यह दुनिया।



यात्रा वृत्तांत

मेरी यात्रा की शुरुआत ओडिशा में स्थित जगन्नाथ मंदिर से हुई थी। यह मंदिर ओडिशा के पुरी जिले में स्थित है। यह समुद्र के किनारे स्थित है। जगन्नाथ मंदिर के तीन प्रमुख देवताओं को समर्पित है: भगवान जगन्नाथ, उनके भाई बलभद्र और उनकी बहन सुभद्रा। मंदिर की भव्यता और स्थापत्य कल पर्यटकों को मंत्र मुक्त कर देती है। मंदिर का मुख्य शिखर लगभग 65 मीटर ऊंचा है। मंदिर के गुंबद पर एक झंडा दिखाई देता है जो की वायु की उलटी दिशा में लहरता है। वहां चारों ओर लहरों की आवाज सुनाई देती है। मगर जब मंदिर के अंदर प्रवेश करते हैं तब लहरों की आवाज नहीं सुनाई देती है। मंदिर में प्रवेश करने पर आपको इसकी विशालता और शांति का अनुभव होता है। श्रद्धालु मंदिर के गर्भ ग्रह में भगवानजगन्नाथ,बलभद्र और उनकी बहन सुभद्रा आदित्य मूर्तियों के दर्शन करते हैं। रथ यात्रा इस मंदिर का सबसे प्रमुख त्यौहार है। जिसमें लाखों भक्त हिस्सा लेते हैं। इस अवसर पर भगवान जगन्नाथ, बलभद्र और सुभद्रा की मूर्तियों को विशाल ऋतु पर सजाकर रथ यात्रा निकाली जाती है यह पूरे विश्व भर में प्रसिद्ध है। जगन्नाथ मंदिर की यात्रा एक गहरा आध्यात्मिक अनुभव प्रदान करता है जो जीवन भर रहता है। यात्रा को आगे बढ़ते हुए हम सब निकल पड़ते हैं उड़ीसा में स्थित नंदनकानन चिड़ियाघर का वर्णन करते हैं। और सूर्य मंदिर के बारे में भी जानते हैं। जो कि सूर्य भगवान का प्रतीक है। उसमें सात घोड़े दिखाई पढ़ते हैं। मैं अपनी यात्रा की समाप्ति पर यह कहना चाहता हूं कि इस यात्रा का वर्णन मेरे लिए इतिहास को दर्शाता है।



Varun Pandey
I PUC PCMB

भगवान पर आस्था

भगवान पर आस्था रखो, अंधविश्वास नहीं।

जो करोगे खुद पर यकीन करो भगवान सबके साथ है।

आस्था और प्रार्थना दोनों अद्रश्य है ,

लेकिन वह असंभव को भी संभव बना देते हैं।।

हमारी आस्था की परीक्षा तब होती है, जब हमें जो चाहे वह ना मिले ,फिर भी

हमारे दिल से प्रभु के लिए शुक्रिया ही निकले।।

हम प्रभु में यकीन रखते हैं, तो सभी काम अपने आप सफलता पूर्वक होते हैं।।

प्रेम और सत्य दोनों पर ही किसी का जोर नहीं,

यह मन जहां लग जाए, रब वही नजर आए।।

भक्तों की परीक्षा भगवान बहुत लेते हैं,

पर उनका साथ कभी नहीं छोड़ते।।

जब हम अपनी चिंता को आस्था में परिवर्तन कर देते हैं,

तब ईश्वर हमारे संघर्ष को आशीर्वाद में परिवर्तन कर देते हैं।।

हम हमेशा मुश्किलों में ही ईश्वर को याद करते हैं,

अपनी सहायता के लिए, मुश्किलें दूर करने के लिए

लेकिन हमें हर समय भगवान को याद करना चाहिए।।

खुद पर यकीन करके भगवान के मार्ग पर चलना चाहिए।।

अगर हम भगवान के पीछे दौड़ेंगे, तो सफलता और कामयाबी हमारे पीछे

दौड़ेगी।।

भगवान हर जगह मौजूद है, अंधेरी रातों में भी, सूरज के उजालों में भी।

भगवान कण-कण में पूर्ण रूप से व्याप्त है।



पेड़ की दिलों से बात

मैं..... पेड़ हूँ, सभी की जान हूँ,
सबको सांस या वायु देता हूँ।
कई तरह से पशु, पक्षी, जानवरों
की जान बचाता हूँ।

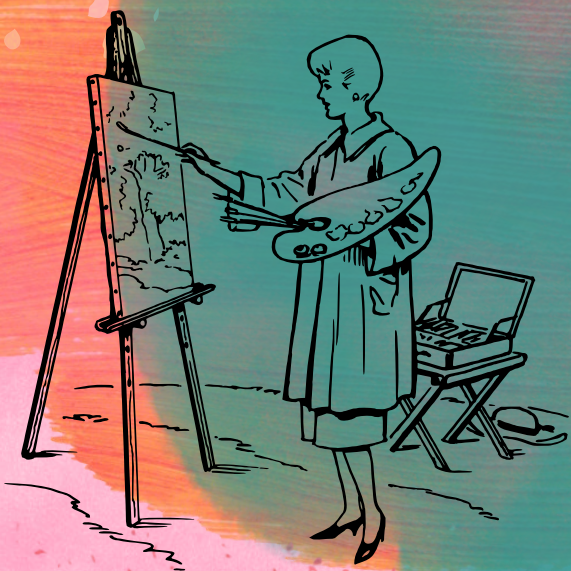
मैं पानी के अंदर रहने वाले
जानवरों को भी दुलारता हूँ।
मैं मौसम को बदलने के
लिए मदद करता हूँ।

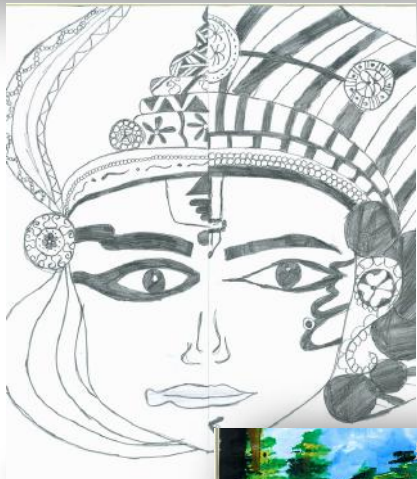
मैं भी मौसम का एक मित्र हूँ,
उसको सही समय पर आने के
लिए भी मैं मदद करता हूँ।
मैं खाने के लिए फल भी देता हूँ,
हर तरह से मैं सबको चाहता हूँ।

मुझे काट कर मेरे शरीर से मेज, कुर्सी,
पलंग, अलमारी बनाते हो।
मैं..... पेड़ हूँ, सभी की जान हूँ,
सबको सांस या वायु देता हूँ।



Artist's
CORNER







Campus Address:

#48A, Lakshmaiah Block,
11th Cross, HAF Post,
Near CBI Office, Ganganagar,
Hebbal, Bengaluru - 560024

HELPLINES

☎ 080 22147713 / 2354 3830/31/32

☎ +91 97438 82299

✉ enquiry.g@revapucollege.edu.in

Follow us on

f t y i /revapucollege