

# TEAM BUILDING

ESBJERG KONFERENCE & EVENT

**CATALOG  
2025**





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# PADEL

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Esbjerg Conference & Event is a prime destination for thrilling team-building activities. One of our most popular and high-energy offerings is padel—a sport that blends the best aspects of tennis and squash, delivering an exciting and engaging experience. The glass-walled courts add a unique twist, allowing for creative play as you compete for points. Adjacent to our facilities, you'll find four modern outdoor and two indoor padel courts, available for use in any weather. Padel is a fast-paced sport where collaboration is essential, making it an ideal choice for team-building.

Whether you're experienced padel players or trying it out for the first time, we promise an experience filled with fun and physical activity.

Once the last point has been scored, you can unwind and reflect on the day's games while enjoying refreshments or a meal in our cozy surroundings.





# CURLING

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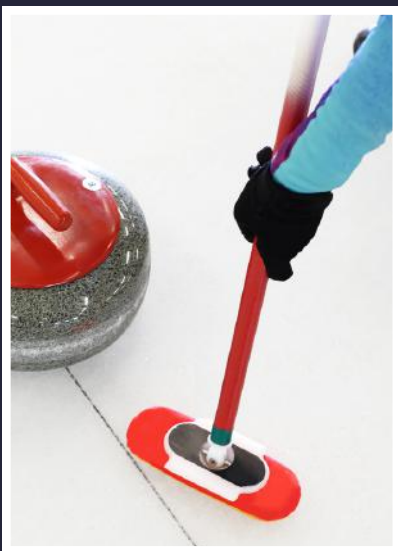
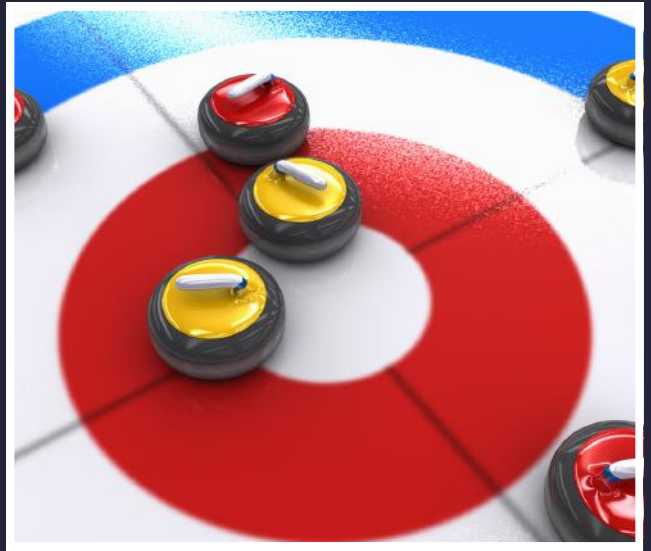
Searching for an event that both challenges and unites your team?

Curling is the perfect team-building activity for your company. Located right next to Esbjerg Konferenc & Event is Esbjerg Curling Hall, where you'll get the opportunity to experience a sport that may be unfamiliar to most, but quickly ignites both interest and competitive spirit.

With curling instructors on hand, you'll be guided through the game's rules and techniques, making it accessible to everyone. You'll master the art of "sweeping" the ice, accurately directing the stones, and working together to position your stones as close to the center of the "house" as possible.

And let's be real: it's okay to feel a bit unsteady on the ice! Finding your balance can be tricky, but it only adds to the fun and laughter along the way (we know from experience). Once the final stone is thrown and the results are in, you can gather to celebrate the day's accomplishments in our cozy facilities, enjoying a cold drink and a meal.





# ARTIFICIAL TURF FIELDS FOR FLEX FOOTBALL

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Right next to Esbjerg Konference & Event, you'll find PULS - Sport & Motion, a sports facility that sets the stage for a day filled with fun, competition, and teamwork.

With five artificial turf fields, the possibilities are nearly endless for creating the perfect team-building experience, regardless of your group size or preferences.

These fields provide the ideal setting for a wide range of activities, limited only by your imagination. Whether you want to get your heart rate up with an intense football tournament, test your teamwork skills in a game of dodgeball, or create your own unique activity, the choice is yours.

After the activities, you can gather at our facilities at Blue Water Arena to crown the day's winners while enjoying a meal





# MOBILE ESCAPE ROOM

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Take your team-building to the next level with a mobile escape room that brings excitement, challenge, and teamwork right to your company. This innovative concept combines fun and learning, testing your problem-solving skills while offering valuable insights into your team's dynamics and individual strengths.

As you dive into the activity, you'll see various personalities emerge. Who naturally assumes a leadership role? Who excels as the creative problem-solver? And who remains calm under pressure?

From decoding secret messages and finding hidden clues to tackling complex puzzles, each step will bring you closer to success—if you work together as a cohesive unit. The mobile escape room is crafted to be both engaging and memorable, creating an experience that will be talked about long after the last challenge is completed.

After solving all the puzzles, you can unwind and celebrate your achievements with a well-earned dinner in our inviting facilities at Blue Water Arena.





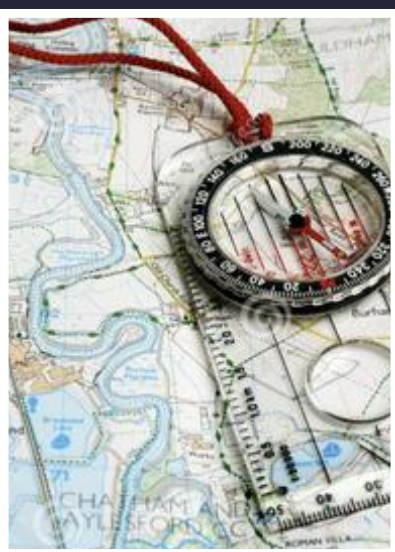
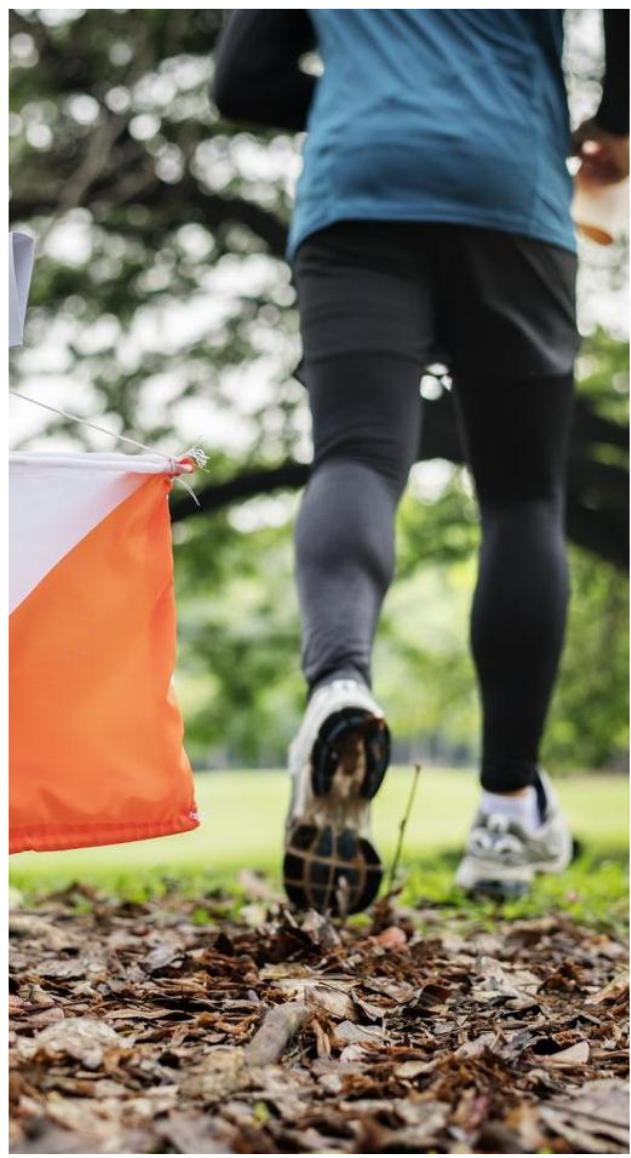
# ORIENTEERING

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Who is the fastest navigator? Who has the best sense of direction? And who can keep their cool under pressure? For those looking to combine challenge, adventure, and teamwork into one dynamic activity, we offer an exciting orienteering race in the picturesque Vognsbøl Park. This race is the perfect team-building experience for those who enjoy increasing their heart rate, exploring beautiful surroundings, and collaborating to solve challenges.

The day begins with a brief introduction, preparing you for the tasks ahead. You'll then be equipped with maps and compasses as you embark on a hunt for checkpoints scattered throughout the park. The goal is not only to find the quickest route but also to work together as a team and leverage each other's strengths. Once all the checkpoints have been located, we'll reconvene to share the day's experiences and announce the winning team. Finally, you can relax and celebrate with cold drinks and dinner in our facilities at Blue Water Arena, just a stone's throw from Vognsbøl Park.





# PULSEVENT

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We offer even more unique team-building experiences through our collaboration with Pulsevent – specialists in adrenaline-filled and engaging activities that bring teams together and motivate them at all levels. We take care of all the practical details, including booking, so all you need to do is tell us what you want.

## **Who is Pulsevent?**

Pulsevent are experts in creating fun and interactive events, working with the belief that team-building, play, and activities provide an excellent foundation for development – both individually, socially, and professionally. Their team consists of dedicated and passionate individuals who all share a love for sports, play, and team-building.

Together with Pulsevent, we have selected five particularly exciting activities that strengthen team spirit and relationships across groups and participants. However, Pulsevent offers a wide range of activities, many of which can be arranged at our venue.





## **Orienteering (stjerneløb)**

Take your team on an exciting and customized challenge race.

Participants are divided into teams and faced with relevant and engaging tasks that require collaboration, communication, and problem-solving.

Along the way, teams will interact with each other to optimize their

strategy and solve as many challenges as possible. The focus is on teamwork, effective communication, and decision-making, providing participants with a fun and high-energy learning experience.



## **The 10 Challenge**

In The 10 Challenge, participants take part in ten creative and fun team exercises that challenge both individual creativity and the group's ability to work effectively together.

The tasks vary and require teams to think creatively, solve problems quickly, and coordinate their efforts

to achieve success. Expect plenty of smiles and high-energy moments!



## Grand Communication

This activity is a dynamic and creative communication exercise that challenges participants to communicate effectively in unconventional ways. In teams, participants must relay sentences from one station to another using a variety of different methods.



Creativity, strategic thinking, and clear communication are essential for success. The focus is on the key elements required to succeed as a team, providing valuable tools to enhance collaboration and interaction along the way.

## The Trading Game

The Trading Game is a fun and exciting challenge that requires participants to keep a cool head. Participants are divided into teams, where they must try to increase their wealth by buying low and selling high in a complex market. Success in the game requires strong negotiation skills, effective roledistribution, and teamwork to maintain a clear overview throughout the process.





## Horse Racing

Experience the thrill and excitement of the racetrack in this lively and engaging event, where tactical awareness, team connections, and a fun atmosphere are at the core. Feel the intensity of the race as jockeys and drivers speed down the track while

spectators place their bets and cheer for their favorites.



## Pulsevent Offers Even More!

In addition to our selected activities, Pulsevent also offers a variety of exciting challenges such as Stormester, Night Games, Stratego, Vild med Dans, and many more! Whether you're looking for strategy, competition, or pure entertainment, there's something for every team.

# CONTACT US

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If you are interested in learning more or would like to visit our facilities, please feel free to contact us. We would be pleased to arrange a tour of our facilities or provide a no-obligation offer. We can discuss your needs and preferences in detail to create the perfect solution for you.



Lars Fyhn  
CEO  
lf@eke.dk  
(+45) 28 87 38 87



Kia Matthisson  
Event Coordinator  
khm@eke.dk  
(+45) 76 12 66 19



Sabrina Randrup  
Conference Manager  
slr@eke.dk  
(+45) 28 29 79 70



Emma Pugdal Plykker  
Event Coordinator  
epp@eke.dk  
(+45) 60 13 15 40







Esbjerg Konference & Event



esbjergkonferenceogevent



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[www.eke.dk](http://www.eke.dk)