



Catalog 2026

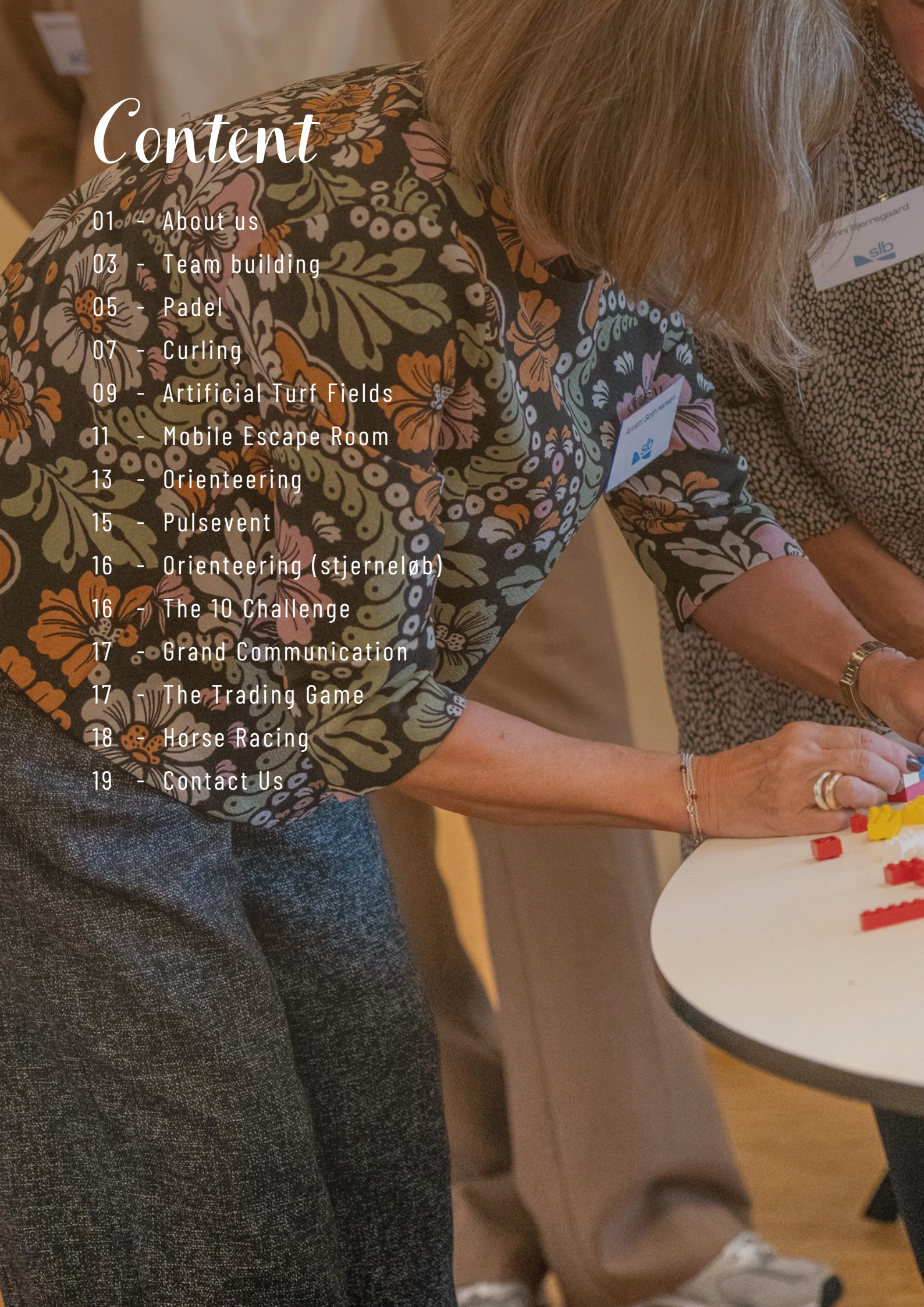
Team building

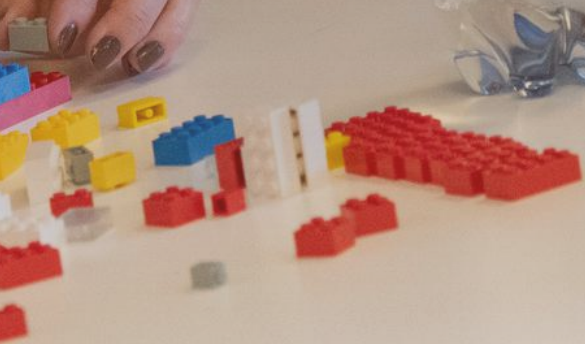
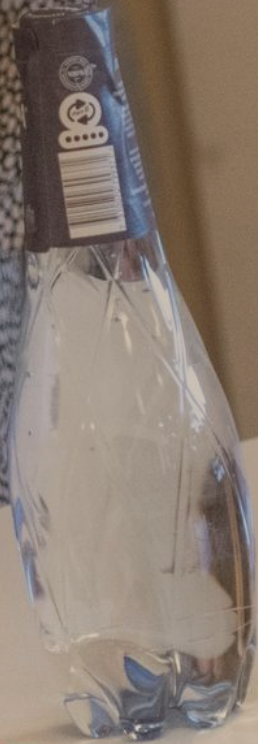


ESBJERG
KONFERENCE
& EVENT

Content

- 01 - About us
- 03 - Team building
- 05 - Padel
- 07 - Curling
- 09 - Artificial Turf Fields
- 11 - Mobile Escape Room
- 13 - Orienteering
- 15 - Pulsevent
- 16 - Orienteering (stjerneløb)
- 16 - The 10 Challenge
- 17 - Grand Communication
- 17 - The Trading Game
- 18 - Horse Racing
- 19 - Contact Us







About us

Since 2009, we have been dedicated to facilitating a wide range of events at Blue Water Arena. With our unique location, our function rooms and meeting facilities provide the perfect setting for both private celebrations and corporate events. Whether you dream of a party with a rodeo bull or a lecture; a weekly after-work gathering, the company Christmas party of the year, a children's birthday party, or a magical wedding celebration, we ensure every event is executed down to the finest detail.

Our mission is to create tailor-made events with high service, professionalism, and quality. We aim to be the preferred venue for events and functions in Esbjerg. Working closely with you, we bring your vision to life - always with a focus on thoroughness, flexibility, and a personal, attentive approach.

- We can make it happen!

Our Mission

We create tailor-made events with outstanding service, professionalism, and quality. We work closely with you to ensure the event is exactly as you want it - and one your guests will remember.

Our Values

Thoroughness - we manage the details, so you can relax

Flexibility - we adapt to your needs, wishes, and format

Personal attention - we're with you every step of the way and keep it truly personal

What You Get With Us

Unique surroundings at Blue Water Arena

Venues for both small and large events (2-900 guests)

One dedicated point of contact and an experienced team behind the event

Catering, set-up, and AV tailored to your event

Our journey is shaped by dedication, strong local roots, and a desire to create experiences that are easy to plan—and hard to forget.

We look forward to welcoming you





Team building

Teambuilding is an effective way to strengthen team spirit, collaboration, and communication. At Esbjerg Conference & Event, we help you choose the activity that suits your group, energy level, and objective - whether it's a stand-alone corporate event or part of a conference, Christmas party, or summer party.



Combine activities with social time

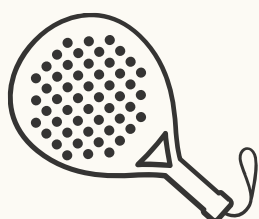
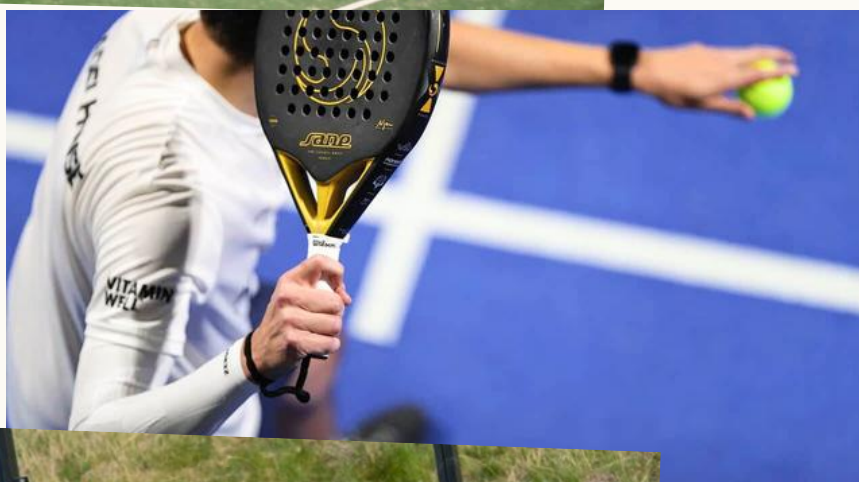
Teambuilding works best when it's paired with social time together. That's why you can also round off the day with catering at our venue - anything from light refreshments to dinner or a buffet. Tell us how many participants you are and what energy level you're looking for, and we'll match you with the right activity and a great finish.

Padel

When it comes to teambuilding, padel is one of the fastest ways to bring a team together. It's a high-energy sport with plenty of laughs and a natural team dynamic, because you play in pairs. Padel combines the best of tennis and squash, and the surrounding glass walls add an extra dimension - allowing you to use the rebound creatively in the fight for points, even when you think the rally is over.

Right next to our facilities, you'll find both outdoor and indoor padel courts, so the activity can go ahead regardless of the weather. Padel is easy to pick up, which makes it a great fit both for complete beginners and for those who have played before. You can keep it relaxed with a focus on fun and team spirit - or turn up the competition with a mini tournament and rotating partners, so everyone gets to collaborate across the group.

What makes padel especially well-suited for teambuilding is the balance between pace and teamwork. You quickly agree on tactics, get to know each other's strengths, and collect plenty of small high-fives along the way. And once the final ball has been played, you can gather the team and round off the day with us at Blue Water Arena - perhaps with a refreshment, something light, or a dinner if you'd like to make it a complete experience.



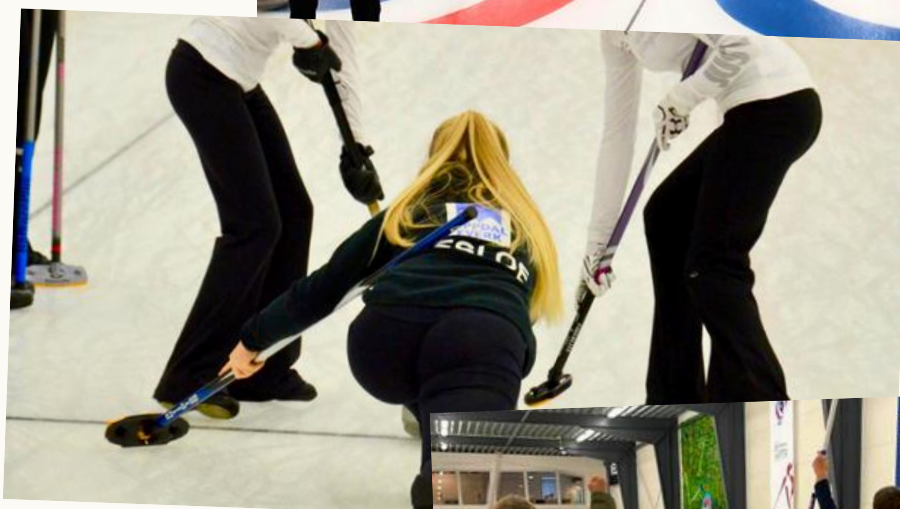
Curling

Curling is a teambuilding activity that surprises most people - in the best possible way. It looks simple, but hitting the mark takes tactics, communication, and teamwork. That's why curling works so well as a shared experience where everyone can take part, regardless of skill level. It's not about being the strongest or the fastest - it's about working together, making a plan, and helping each other carry it out.

Right next door you'll find Esbjerg Curling Hall, where instructors welcome you and make sure you get started quickly. You'll get an introduction to the rules, basic technique, and a few small "curling tricks" that make a big difference on the ice. Along the way you'll try both delivering the stones and sweeping for the best possible result - and that's often when the laughs really begin.

Curling can be run as a relaxed session focused on fun and team spirit, or you can make it a bit more competitive with a small tournament where teams play against each other. The activity naturally encourages switching roles and getting to know each other's strengths: who keeps the overview, who's precise, and who helps the team keep the energy up.

Once you're done on the ice, you can bring the day together with us at Blue Water Arena. Here you can round things off with catering and social time if you'd like to make teambuilding a complete experience - from activity to finish.



Artificial Turf Fields

Our flexible artificial turf fields are a great choice if you want high-energy teambuilding with plenty of laughs and lots of space to compete in a way where everyone can join in. It's all about team spirit, pace, and a strong sense of togetherness - especially for teams that want to get moving and share an experience outside the office.

Right next to Esbjerg Conference & Event you'll find PULS - Sport & Motion with five artificial turf pitches, where you can run activities at your own pace. This can be anything from a classic football tournament to more informal team games, where the most important thing is working together and having a great time. The pitches make it easy to tailor the day to your group - whether you're a smaller department or a larger company with multiple teams active at the same time.

One of the biggest advantages is how quickly the activity creates a great team dynamic. Colleagues get mixed across departments, and plenty of small moments naturally arise where you need to communicate, support each other, and think tactically - without it feeling like a "team exercise." If you'd like an extra fun twist, we're happy to help you shape the format so it matches your energy level and objective.

Once you're done on the pitches, you can gather the team again with us at Blue Water Arena. Here you can round off the day with catering and social time - perhaps something light, a buffet, or a dinner - so the day becomes a complete experience with both activity and time together afterwards.



Mobile Escape Room

Mobile Escape Room is a teambuilding activity that brings you together around one shared goal: solving the puzzles before time runs out. It's not about physical fitness or speed - it's about collaboration, communication, and the ability to think clearly, even when there's a bit of pressure. That makes it a great choice for teams that want to strengthen problem-solving and teamwork in a fun and engaging way.

You'll be introduced to a mission and presented with a series of challenges to solve using logic, pattern recognition, and creative thinking. Along the way, it quickly becomes clear how important it is to listen to each other, share information, and divide roles wisely.

Some people are great at spotting details, others excel at keeping the overview, and some are the ones who keep the energy up and move the team forward when things stall - and that's exactly why the activity often creates a strong "aha" moment across colleagues.

The mobile escape room can be run as a calm and enjoyable challenge, or turned into a more competitive experience where teams compete against each other. It works well for both smaller groups and larger teams, as the setup is easy to adapt and everyone can contribute, regardless of experience.

Once the mission is solved, you can bring the day together with us at Blue Water Arena. Here you can round things off with catering and social time - perhaps something light, a buffet, or a dinner - so teambuilding becomes a complete experience with both activity and time to connect afterwards.



Orienteering

Orienteering is an active and enjoyable teambuilding experience where collaboration and strategy are just as important as pace. It gets you out in the fresh air and brings the team together in a different way than classic competitions - because you're constantly thinking together, keeping an overview, and choosing the best route forward.

You'll get a short introduction to the format and be equipped with a map (and, if needed, a compass) before setting off in teams. Along the way, you'll find checkpoints and solve the challenge together: Who reads the map best? Who spots the right landmarks? And how do you use the team's strengths to keep the energy up and move efficiently through the route? It creates a natural division of roles and plenty of good conversations on the way - also across colleagues who may not work closely together day to day.

Orienteering can be run at a pace where everyone can join in, and the activity can be adapted to your group's energy level and ambition. You can keep it informal with a focus on the experience and teamwork - or turn up the competition and crown a winning team at the end. That flexibility makes orienteering a great fit for both small groups and larger teams.

When you're back, you can round off the day with us at Blue Water Arena with catering and social time. That way, the activity naturally flows into time together - leaving room for laughs, a quick debrief, and great stories from the route.



Pulsevent – more teambuilding options

We offer even more unique teambuilding experiences through our partnership with Pulsevent - specialists in engaging activities that bring teams together and motivate participants at every level. Pulsevent is built on the idea that play, teambuilding, and activities create an excellent framework for development - individually, socially, and professionally.

When you choose a Pulsevent activity with us, you get a professional programme led by experienced instructors who manage the event from start to finish. That means you can focus on taking part, while they keep track of timing, flow, and energy throughout. We take care of all the practicalities around booking and coordination - you simply tell us what you're looking for.

Together with Pulsevent, we've selected five activities that work particularly well for companies, as they strengthen team spirit and relationships across groups and participants. Pulsevent offers a wide range of additional options, so if you have a specific theme or type of activity in mind, we'll be happy to help you find the right match.



Orienteering (stjerneløb)

Orienteering is an exciting, tailor-made challenge course where participants are divided into teams and sent out on a route with tasks that require collaboration, communication, and problem-solving. The challenges are relevant and engaging, and there's plenty of variety - so everyone on the team can contribute, whether you're quick-thinking, strong at keeping an overview, or great at keeping the energy up. Along the way, teams are also challenged to adjust their strategy and think tactically. You'll quickly find that the best results rarely come from running the fastest, but from working together the smartest - dividing roles well and communicating clearly. That's what makes Stjerneløb a high-energy activity with laughs, momentum, and a strong sense of team spirit.



The 10 Challenge

The 10 Challenge consists of ten creative and fun teamwork tasks that challenge both individual creativity and the group's ability to work efficiently together. The challenges vary in format and pace, so there's always something new happening—creating a dynamic activity where everyone can take part, even if you're not “the sporty type.” It's all about thinking fast, solving problems together, and coordinating your effort to succeed. The result is plenty of smiles, high energy, and that great feeling of achieving something as a team when you land on the right solution. The 10 Challenge works especially well for teams who want an activity with a bit of speed and excitement—while still keeping the focus on collaboration rather than performance.



Grand Communication

Grand Communication is a dynamic communication exercise that challenges participants to communicate effectively - often in unconventional ways. Working in teams, participants must “transport” sentences from one station to another using very different methods, which requires creativity, strategy, and crystal-clear communication to succeed. The

activity highlights the key ingredients of success in any team: listening, giving clear messages, ensuring shared understanding, and adjusting along the way when something isn't working. Participants gain hands-on experience of how easily misunderstandings can arise - and what it actually takes to create strong coordination in practice.



The Trading Game

The Trading Game is a fun and exciting activity that rewards a cool head. Participants are divided into teams, and the goal is to grow your “wealth” by buying low and selling high in a complex market. It sounds simple - but the game quickly becomes intense, because you

need to think several steps ahead while also reacting to what's happening around you. This is an activity that rewards smart role distribution, strong overview, and confident negotiation skills. The teams that succeed are typically the ones that collaborate intelligently, communicate continuously, and build shared decision-making - so they don't lose direction as the pace increases. That's why The Trading Game works particularly well for teams who want a more tactical, business-like activity—still delivered in a playful format.



Horse Racing

Horse Racing brings the buzz and atmosphere of the racetrack into a lively and fun event where tactical overview, knowing each other across the group, and a cheerful mood are at the heart of the experience. You get an activity where the energy rises as the excitement builds—engaging teams in a completely natural way. The activity creates a real “crowd atmosphere,” where people follow along, place their bets, and cheer - so there’s always something to talk about across the group. That makes Horse Racing a great choice if you want a teambuilding experience that’s social, fun, and easy to join in on - especially as a festive highlight within a larger event day.



Pulsevent offers even more

In addition to our selected activities, Pulsevent also offers a range of other challenges - for example Stormester, Night Games, Stratego, Vild med Dans, Masterchef, and much more. Whether you’re looking for strategy, competition, or pure entertainment, we’ll help you find an activity that suits your team.

Get in Touch

Should your teambuilding be a quick activity - or a full day
with catering and social time together?

We'll help you choose the right activity, plan the programme,
and handle the practical coordination, so you get a complete
experience that suits your team and your purpose.



Lars Fyhn

CEO
lf@eke.dk
(+45) 28 87 38 87



Kia Matthisson

Event Coordinator
khm@eke.dk
(+45) 76 12 66 19



Emma Pugdal Plykker

Event Coordinator
epp@eke.dk
(+45) 60 13 15 40



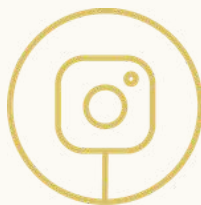
ESBJERG
KONFERENCE
& EVENT



We look forward to welcoming you to
Esbjerg Konference & Event



Esbjerg Konference & Event



esbjergkonferenceogevent



Esbjerg Konference & Event



www.eke.dk