

13 - 29 October, 2023

Navaratri Festival of the Goddess



Coming home to the Harmony Centre, a
sanctuary for the soul.

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Navaratri is an ancient annual Goddess festival. It celebrates the inevitable defeat of darkness and dullness, ignorance and pain by the vastness of Divine love and wisdom. In the wonderfully evocative way of the Sages of India, there are stories to delight our hearts and inspire us in our own lives, to bring forth victory of the soul over ego, love over fear and wisdom over ignorance and delusion.

Each day during Navaratri there will be sessions where we can be together online and in person at the beautiful Harmony Centre in Cooranbong. There will be opportunities for ceremony and community through the entire 10 days and nine nights of Navaratri, this year our festival extends beyond the annual 9 nights and 10 days to include our Mission Day weekend. Come for a big lift and shift; an intensive awakening. Or, come to what you can. Many sessions will be recorded if you would like to catch any of them later.

13 - 29 October, 2023

[**REGISTER NOW**](#)



Below, you will discover the incredible schedule packed with unforgettable moments. Take a moment to explore the links to sponsor ceremonies or reserve a spot in a cooking class. Please note that we are still adding those final touches to make this event extraordinary. .

FRIDAY 13 OCT

7:00PM	Kirtan: Sacred music. In person & online.
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SATURDAY 14 OCT

2:00PM	Shivaratri - A Monthly Dance with the Light: Sponsorship \$54 SPONSOR HERE . In person & online. Navaratri commences
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SUNDAY 15 OCT

8:00AM	Durga Fire Ceremony: To commence Navaratri - sponsorship \$108 SPONSOR HERE In person & online
10:30AM	Navaratri Community Live Satsang: with live music. In person only. BYO lunch
1:30 - 3:30PM	Games or walk
7:00PM	Online Meditation: Shailaputri Goddess of the Earth

MONDAY 16 OCT

8:00AM	Meditation: Brahmacharini - In person & online
10:00AM	Healing Meditation & Clinic - Vidya. In person & online
1:00PM	Harmony Centre Cooking Class with Prasad: GFDF, Come and learn some chef tips and techniques to elevate your plant-based cooking to another dimension. Prasad will demonstrate cooking Mushroom "Meatballs" served with Oven-roasted tomato, Fennel and Lemon Sugo and Fresh spring leaves. REGISTER HERE
7:00PM	Online Session

TUESDAY 17 OCT

8:00AM	Online Session: Chandraganta
10:00AM	Shakti Durga program: In person at the Harmony Centre
1:00 - 2:00PM	Medicine Drum circle with Frame Drums with Veena Vaani
4:00 - 6:00PM	Kali Wellbeing Fire Ceremony: with Adi Dass & Nataraj Sponsorship \$54 SPONSOR HERE In person & online
7:00PM	Pot Luck Dinner

WEDNESDAY 18 OCT

8:00AM	Goddess Fire Ceremony with Bhadra Kali: Sponsorship \$54 SPONSOR HERE In person & online
10:00AM	Shakti Durga program: In person at the Harmony Centre
1:00PM	Walk then Sound Bath with Ananda Muktananda
7:00PM	Online Session: Kushmanda

THURSDAY 19 OCT

8:00AM	Siddhi Shakti Mantra: Online
10:00AM	Shakti Durga program: In person at the Harmony Centre
1:00PM	Walk or bring your crafts to sit and chat
7:00PM	Online Session: Skandamata

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FRIDAY 20 OCT

8:00AM	Shakti Durga Goddess program: Katyayani. In person & online
11:00AM	Picnic lunch at the Harmony Centre dam. BYO picnic, picnic rug/chair/table and outdoor games/hat/insect spray/sunscreen
7:00PM	Kirtan: Sacred music. In person & online.

SATURDAY 21 OCT

8:00 - 10:00AM	2 hour Spiritual Practice - Mantra practice with Siddhi Shakti followed by 1 hour silent meditation in temple space or in nature. In person program
11:00AM - 12:30PM	Healing Meditation with sound bath: with Anandamuktanda. In person only
1:00PM	Harmony Centre Cooking Class with Prasad: GFDF, Come and learn some chef tips and techniques to elevate your plant-based cooking to another dimension. Prasad will demonstrate cooking Plant-based Shepherds Pie with Lentils Served with fresh greens & Vegan Chocolate Mousse REGISTER HERE
3:00PM	Navaratri Durga Fire Ceremony: plus earth blessings - Durga blessings for all participants. Sponsorship \$108.00 SPONSOR HERE In person & online
7:00PM	Online Session: Kalaratri

SUNDAY 22 OCT

8:00AM	Durga Fire Ceremony: plus earth blessings - Sponsorship \$108.00 SPONSOR HERE . In person & online
10:30AM	Navaratri Live Satsang: In person only.
2:00PM	Walking on the land. Either at The Harmony Centre or local areas of interest.
7:00PM	Online Session: Maha Gauri

MONDAY 23 OCT

8:00AM	Online Session - Siddhidatri
10:00AM	Healing Meditation & Clinic - Vidya. In person & online
	Beach late afternoon: with water ceremony, in person only. Details to come
7:00PM	Online Session: with Gayatri

TUESDAY 24 OCT Navaratri concludes

8:00AM	Dussehra - Golden Goddess Light: In person & online
10:15AM	Navaratri program, incorporating Durga Fire Ceremony - Earth blessings. Durga blessings for all attendees. This program concludes Navaratri. Sponsorship \$108 SPONSOR HERE In person & online.
LUNCH	Lunch Potluck at the Harmony Centre

WEDNESDAY 25 OCT

8:00AM	Durga Fire Ceremony with Bhadra Kali: Sponsorship \$54 SPONSOR HERE In person & online
	Walking on the land. Either at The Harmony Centre or local areas of interest.

THURSDAY 26 OCT

8:00AM	Mantra Online with Siddhi Shakti
8:00AM	Mantra In person with Shakti Durga at her home, followed by brunch.

Mission Day Weekend

FRIDAY 27 OCT

8:00AM	Goddess Class with Shakti Durga. In person & online
10:30AM	Lakshmi Meditation with Shakti Durga. In person only
	Seva at the Harmony Centre preparing flowers, making the place really beautiful
7:00PM	Kirtan: Sacred music session at the Harmony Centre & online

SATURDAY 28 OCT

9:00AM -12:30PM	Morning Program with half hour break. In person & online
2:00PM	Blessings program and upgrading Diksha In person & online
	Lunch - Prasad catering \$20pp

SUNDAY 29 OCT

8:00AM	Satsang with Nataraj. Online
10:30AM	Community In person Satsang with Shakti Durga In person only

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