

# Reflections... MARCH 2026



# PAINT DAYS



**Tuesday, March 17<sup>th</sup>**  
**1:00 PM**  
**\$25**

**Tuesday, March 31<sup>st</sup>**  
**1:00 PM**  
**\$25**

# MILLER CENTER ENGAGES ACTIVE LIFE THROUGH ACTIVE LIVING!

*Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip.*

**At the Miller Center you will ENJOY YOUR AGE!**



## MILLER CENTER MAJOR SPONSORS

- 50 + News & View
- ICPR
- OSF HealthCare
- AETNA
- John Evans Supportive Living
- Preston-Hanley Funeral Home
- Busey Bank
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- United Way of Pekin
- Charter Senior Living
- nuEra
- Villas of Holly Brook Pekin
- CEFCU
- Don Sarff Insurance
- Golden Tours



COMMUNITY SUPPORTER - CARLE HEALTH

## MILLER CENTER SENIOR TRANSPORTATION SERVICE

**Monday - Friday \* 8:00 - 4:00 \* 309.346.5210**

IN TOWN (PEKIN)	OUT OF TOWN
\$4 per trip	\$11 per trip
Wheelchair transport \$15 per trip	Wheelchair transport \$25 per trip

- Doctor Appointments
- Miller Center
- Grocery Stores
- Banks
- Hair Appointments
- and more!



*These are suggested donations. No one is turned away for inability to pay. Miller Center Transportation is partially funded by The United Way of Pekin.*



## NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you. Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**

*Call Megan at 309-323-6568 to schedule an appointment. She will be at Miller Center on the **2nd Monday of the month at noon.***

# SPECIAL EVENTS

Power of Age Expo 2026 monthly lunch and learn series.



# The Power of Age Expo 2026

CHANGING THE CONVERSATION ON AGING  
HOT TOPICS • LOCAL VENDORS • LUNCH  
MONTHLY LUNCH AND LEARN EXPO

The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

 REGISTER NOW  
**309.346.5210**

**\*\*\*Registration Limited**  
cancellation before the Monday of the Expo Week will  
be moved to the next month

   
per person

**MAR**  
24TH

The Power of Investing

**Presented by:**  
Joshua Atkins, CEFCU

**Lunch is sponsored by:**  
**CEFCU**  
Not a bank. Better. ®

**APR**  
28TH

The Bald Eagles of Pekin

**Presented by:**  
Mark Werner

**Lunch is sponsored by:**  


**MAY**  
26TH

Importance of Daily Laughs

**Presented by:**  
Jackie Bowers, Center for Youth & Family Solution

**Lunch is sponsored by:**  
  
Premiere Senior Living Community

# HERE'S WHAT'S HAPPENING



Golden Tours and Miller Center have partnered for 4 Ultimate Daytrips! These trips leave from Miller Center with a fun 'send-off' each time!

**If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.**



Come find out the 2026 Golden Tours Ultimate Day Trips including the 4 trips that leave from Miller Center.

**Join us for a fun afternoon with prizes!**

**March 6, 2026 1:00 PM**

**~Please RSVP at Miller Center~**

## St. Louis Riverboat & Arch Tour

**June 10, 2026 \* 7:00 am - 7:30 pm CDT**



Come take a ride with us on the Mississippi and enjoy the river on a 19th Century Paddlewheel Riverboat. There is indoor and outdoor seating on the boat. The one hour cruise will give you the best views of the Gateway Arch. You will also be taking a tram ride 630 ft to the top for incredible views stretching 30 miles in every direction. You'll have 10 minutes at the top. The tram ride is 45-60 mins long and is a five person pod that travels up the inside of the Arch. We will also visit the museum under the Gateway Arch and browse the six interactive galleries in the museum. Its stories hold over 200 years of our shared St. Louis history, our nation's westward expansion, and how the Gateway Arch came to be. There is an academy award winning documentary movie on how the Gateway Arch was created and built. We will also have a delicious lunch to enjoy!

*\*\*\*For the tram ride you can't take a walker but you can take a cane. You must be able to go up 6 flights of stairs (not all at the same time). You may need to stand at times and there are no restrooms at the top. The tram ride can be skipped and still fully enjoy the trip.*

**Includes:** Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities On The Coach, Entertainment & a Premium Lunch!  
This all inclusive trip is \$195 per person



# AT THE MILLER CENTER

## NOW SHOWING

SHOW TIME 1:00 PM

ADMISSION: \$3

*Includes movie & popcorn!*



**ONLY MURDERS  
IN THE BUILDING**

**Tuesday Watch Party**

March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup>

1:30 PM

March 13<sup>th</sup> - Miracle

March 20<sup>th</sup> - Moonstruck

March 27<sup>th</sup> - Magic in the Moonlight

## Technology Classes

SENIOR PLANET  
FROM AARP

*At the Miller Center*

*SCAN QR code to  
register for classes:*



### Everyday Uses of AI

Summary: Everyone is talking about AI. Come to this class to be a part of the conversation! This lecture will show you the ways AI is already present in everyday tasks and how it is used in everything from voice assistants to customer service and healthcare. We'll look at common applications of AI across multiple industries and discuss ways you too can take advantage of this influential technology. Registration is required, and light snacks will be provided.

**Date/Time: Wednesday, March 25, 2026, at 12:00 pm – 1:00 pm**

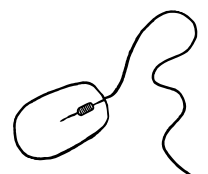
**Register: <https://events.aarp.org/EverydayAIPekin>**

### AI Disinformation

Summary: Disinformation refers to false information created to mislead people, and it's nothing new. But today's AI-powered tools and social media have made it easier and faster to create and spread disinformation. In this lecture, we'll explore how AI is used to create convincing deepfakes and clone voices, making it challenging to distinguish between real and fake content. We'll also review best practices for evaluating information and explore tech tools that can help identify content created with AI. Registration is required, and light snacks will be provided.  
<https://events.aarp.org/AIDisinformationPekin>

**Date/Time: Wednesday, April 29, 2026, at 12:00 pm – 1:00 pm**

**Register: <https://events.aarp.org/AIDisinformationPekin>**



# Monday



# Tuesday

# Wednesday

**2**  
 9:00 Exercise w/ Ann  
**10:00 Writing Class**  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 12:30 Double Pinochle  
**6:00 LINE DANCE LESSONS**

**3**  
 8:30 Wood Carvers  
 9:30 BINGO  
**10:30 Pinochle Tournament**  
 10:00 Walking Club+  
**1:30 Watch Party - Only Murders in the Building**



**4**  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 9:30 Live Art / Open Studio  
 10:15 Exercise w/ Ann  
 12:30 Dartball  
**2:30 Bluegrass Jam**  
**6:30 OPEN LINE DANCE / LESSONS**

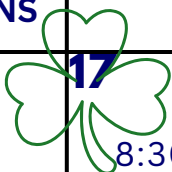
**9**  
 9:00 Exercise w/ Ann  
**10:00 Writing Class**  
 10:15 Exercise w/ Ann  
**12:00 New Day Senior Services**  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 12:30 Double Pinochle  
**6:00 LINE DANCE LESSONS**

**10**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club+  
 12:30 Pinochle  
**1:30 Watch Party - Only Murders in the Building**

**HAPPY ST. PATRICK'S DAY**

**11**  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 9:30 Live Art / Open Studio  
 10:15 Exercise w/ Ann  
 12:30 Dartball  
**2:00 Alzheimer Support Group**  
**6:30 OPEN LINE DANCE / LESSONS**

**16**  
 9:00 Exercise w/ Ann  
**10:00 Writing Class**  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 12:30 Double Pinochle  
**6:00 LINE DANCE LESSONS**



**17**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club+  
 12:30 Pinochle  
**1:00 PAINT DAY**  
**1:30 Watch Party - Only Murders in the Building**



**18**  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 9:30 Live Art / Open Studio  
 10:15 Exercise w/ Ann  
 12:30 Dartball  
**1:30 Bookclub**  
**2:30 Bluegrass Jam**  
**6:30 OPEN LINE DANCE / LESSONS**  
**7:00 Bottle Collectors**

**23**  
 9:00 Exercise w/ Ann  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 12:30 Double Pinochle  
**6:00 LINE DANCE LESSONS**

**24 POWER OF AGE EXPO**  
 8:30 Wood Carvers  
~~10:00 Walking Club+~~  
 12:30 Pinochle  
**1:30 Watch Party - Only Murders in the Building**



**25**  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 9:30 Live Art / Open Studio  
 10:15 Exercise w/ Ann  
**12:00 Digital Literacy Class**  
 12:30 Dartball  
**6:30 OPEN LINE DANCE / LESSONS**

**30**  
 9:00 Exercise w/ Ann  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 12:30 Double Pinochle  
**6:00 LINE DANCE LESSONS**

**31**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club+  
 12:30 Pinochle  
**1:00 PAINT DAY**  
**1:30 Watch Party - Only Murders in the Building**



**As you slide down the bannister of life, may the splinters never point the wrong way.**

# Thursday

# Friday

# Sat/Sun

**5**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club+  
 12:30 Hand & Foot  
 1:00 Beginner Line Dance Lessons  
 2:00 High Beginner Line Dance Lessons  
 6:00 Lapidary

**6**  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 9:30 China Painting Group  
 10:15 Exercise w/ Ann  
 12:30 Euchre  
**1:00 GOLDEN TOURS LAUNCH PARTY**  
**POPCORN FRIDAY**

**7** 6:30 Euchre Party  
**LINE DANCE PARTY!!!**  
**7 PM**  
  
**8**

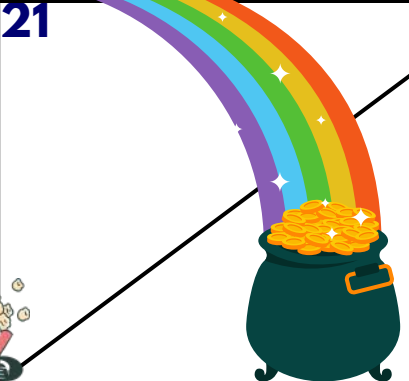
**12**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club+  
 12:30 Hand & Foot  
 1:00 Beginner Line Dance Lessons  
 2:00 High Beginner Line Dance Lessons  
 6:00 Lapidary  
 7:00 Square Dance

**13**  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 9:30 China Painting Group  
 10:15 Exercise w/ Ann  
 12:30 Euchre  
**1:00 Movie - Miracle**  
**POPCORN FRIDAY**

**14** **HAPPY**  
  
**PI DAY**  
 MARCH 14  
  
**15**

**19**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club+  
 12:30 Hand & Foot  
 1:00 Beginner Line Dance Lessons  
 2:00 High Beginner Line Dance Lessons  
 6:00 Lapidary

**20**  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 9:30 China Painting Group  
 10:15 Exercise w/ Ann  
 12:30 Euchre  
**1:00 Movie - Moonstruck**  
**POPCORN FRIDAY**

**21**  
  
**22**

**26**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club+  
 12:30 Hand & Foot  
 1:00 Beginner Line Dance Lessons  
 2:00 High Beginner Line Dance Lessons  
 6:00 Lapidary  
 7:00 Square Dance

**27**  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 9:30 China Painting Group  
**10:00 Rockin' with Ruby**  
 12:30 Euchre  
**1:00 Movie - Magic in the Moonlight**  
**POPCORN FRIDAY**

**28**  
  
**29**

**March 2025**  


# GAMES & FUN

MORE CHANCES TO PLAY



**3 CARDS FOR \$3**  
**5 CARDS FOR \$4**



**NEW!**  
**TUESDAY BINGO**

1st, 2nd & 3rd Tuesdays  
and 5<sup>th</sup> if applicable  
9:30 AM

**THURSDAY BINGO**

Every Thursday  
9:30 AM

Sponsored By



**Don Sarff**  
Sales Representative  
(309) 713-5359

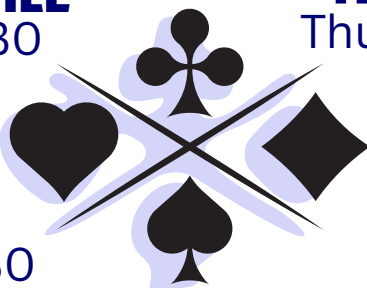


## CARD GROUPS

Activity Fee: \$3

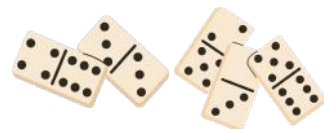
**DOUBLE PINOCHLE**  
Mondays @ 12:30

**HAND & FOOT**  
Thursdays @ 12:30



**PINOCHLE**  
Tuesdays @ 12:30

**EUCHRE**  
Fridays @ 12:30



Are you interested  
in playing  
Dominoes at  
Miller Center?

Leave your name  
with the front desk.

## EUCHRE PARTY

March 7<sup>th</sup>  
April 4<sup>th</sup>

\$3 per person  
6:30 PM

Popcorn, coffee & tea provided



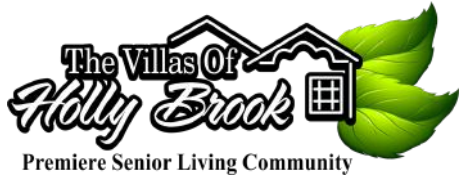
Next STOP  
**Thrift SHOP**  
Happy SHOPPING

will start back end of  
APRIL!!!

# GAME DAY

Join us in an EASY card game of 1500!

Mondays @ 12:30  
Activity Fee: \$3



# MAH JONGG

Mondays @ 12:30      *Activity Fee is \$3*

Mah Jongg is a Chinese Tile game that is full of strategy! This fun group can always use more players! They'll even teach you to play!



# BLUEGRASS JAM



1<sup>st</sup> & 3<sup>rd</sup>  
Wednesdays  
2:30 - 3:30



Experience the heart of bluegrass at our open jam! Whether you're a fan or just curious, come pull up a chair and enjoy some live local picking.

# LINE DANCE

## BEGINNER LINE DANCE LESSONS



**MONDAYS      ACTIVITY FEE: \$5**  
6:00 Beginner      7:00 High Beginner / Improver

**THURSDAYS      ACTIVITY FEE: \$4**  
1:00 Beginner      2:00 High Beginner / Improver



## IMPROVER & INTERMEDIATE LINE DANCE LESSONS

**WEDNESDAYS      6:30PM - 9PM      ACTIVITY FEE: \$5**

## MONTHLY DANCE PARTIES

Come practice the dances you learned in class, or put in a request on the first Saturdays of the month!

**March 7<sup>th</sup>      7:00 PM - 10:00 PM      ACTIVITY FEE: \$7**  
**April 4<sup>th</sup>      Popcorn, coffee & tea provided**

# MOVE!



## MILLER CENTER **WALKING CLUB<sup>+</sup>**



**Tuesdays &  
Thursdays**

The Walking Club+ has been reinvented to include not only physical health, but brain and mind health as well. We will meet on Tuesdays & Thursdays and focus on walking outdoors weather permitting. When the weather is unpleasant we will walk to a video inside. After walking on Thursdays, we are incorporating brain games, discussion topics and conversation!

**Tuesdays 10 AM Walk  
Thursdays 10 AM Walk 10:30 Meeting**

*The Walking Club has an annual membership of \$30 OR \$3/drop in fee.*

# Exercise w/ Ann



**Mon, Wed & Fri  
9:00 & 10:15  
Activity Fee: \$3**

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest. Not only will you exercise, you'll make friends and have fun too!

**COMMUNITY SUPPORTER**  


**Rockin'**  
WITH RUBY



**March 27<sup>th</sup> 10:00 AM**  
*No Exercise with Ann at 10:15*  
**Activity fee: \$3**

This class is so much fun! Ruby leads chair dancing!  
**Requests taken - Singing Encouraged!**

# GET CREATIVE AT THE MILLER CENTER

We have a variety of opportunities to be creative! Drop in and check them out!

## WOODCARVER \$3 GROUP

**Tuesdays & Thursdays 8:30AM**

They work on projects like carving and wood burning. There is a lot of equipment in our woodshop and some helpful woodworkers! Come in and check it out!

## QUILT GROUP \$3

**Fridays 9:00AM**

There is plenty of space available for spreading out your equipment and working on projects. We also have fabric available to make Linus Blankets for children in the hospital. Come on in and see what they do!

## CRAFTS & \$3 CONVERSATION

**Wednesdays 9:30AM**

Did you know you can spend almost all day crafting at Miller Center? Our craft room is stocked FULL of supplies & you are welcome to use whatever you need! Stop in and enjoy some crafts and conversation.

## LAPIDARY \$4

**Thursdays 6:00PM**

This group polishes and cuts stones for creative projects. You'd be amazed at the beautiful treasures they create!

## LIVE ART OPEN STUDIO




**Wednesdays - 9:30AM - Donations Appreciated**


No experience needed – just come paint, draw, and create in a relaxed space. Mid-tempo beats, good vibes, and room to explore your inner artist. Free & open to all / Donations for supplies appreciated

## MILLER CENTER BOOK CLUB


**Love to read? Join the Miller Center Book Club! We meet every other month to discuss engaging and thought-provoking books.**

 No cost to participate – books are provided through the Pekin Public Library.

 Discover titles you might not normally choose – being part of a book club expands your reading horizons!

 Enjoy lively, stimulating discussions in a welcoming group setting.

 **When:** The third Wednesday of odd-numbered months

 **Time:** 1:30 PM

 **Where:** Miller Center

We'd love to have you join us!



# RENT The Miller Center



We have 3 rooms available for rentals with many amenities, including kitchen access. Miller Center has ample parking and is wheelchair accessible. Call or go online for the contract. [www.pekinparkdistrict.org/rentals](http://www.pekinparkdistrict.org/rentals)


BIRTHDAY PARTIES  
LUNCHEONS  
FAMILY GATHERINGS  
WEDDINGS  
BRIDAL SHOWERS  
MEETINGS



Reflections, the Miller Center Newsletter is proudly sponsored by:



 551 S. 14th Street, Pekin

 309-346-5210

 @pekinmillercenter