

FUNDAMENTAL HEALTH

We are a 501(c)(3) non-profit on a mission to improve access to quality mental healthcare for those in need.

Federal Tax ID Number: 92-2728144
571 Hygeia Ave, C, Encinitas, CA 92024



Thank you
for being here.



In our world

mental
health
for all

al



n is

of us.

So we
on a
mission



e're

to bridge the access gap
between individuals in need
and mental health care.

on



It's a lot.

**Together,
we can
do this**





First, we must agree:

**Your mental
health is a
fundamen**

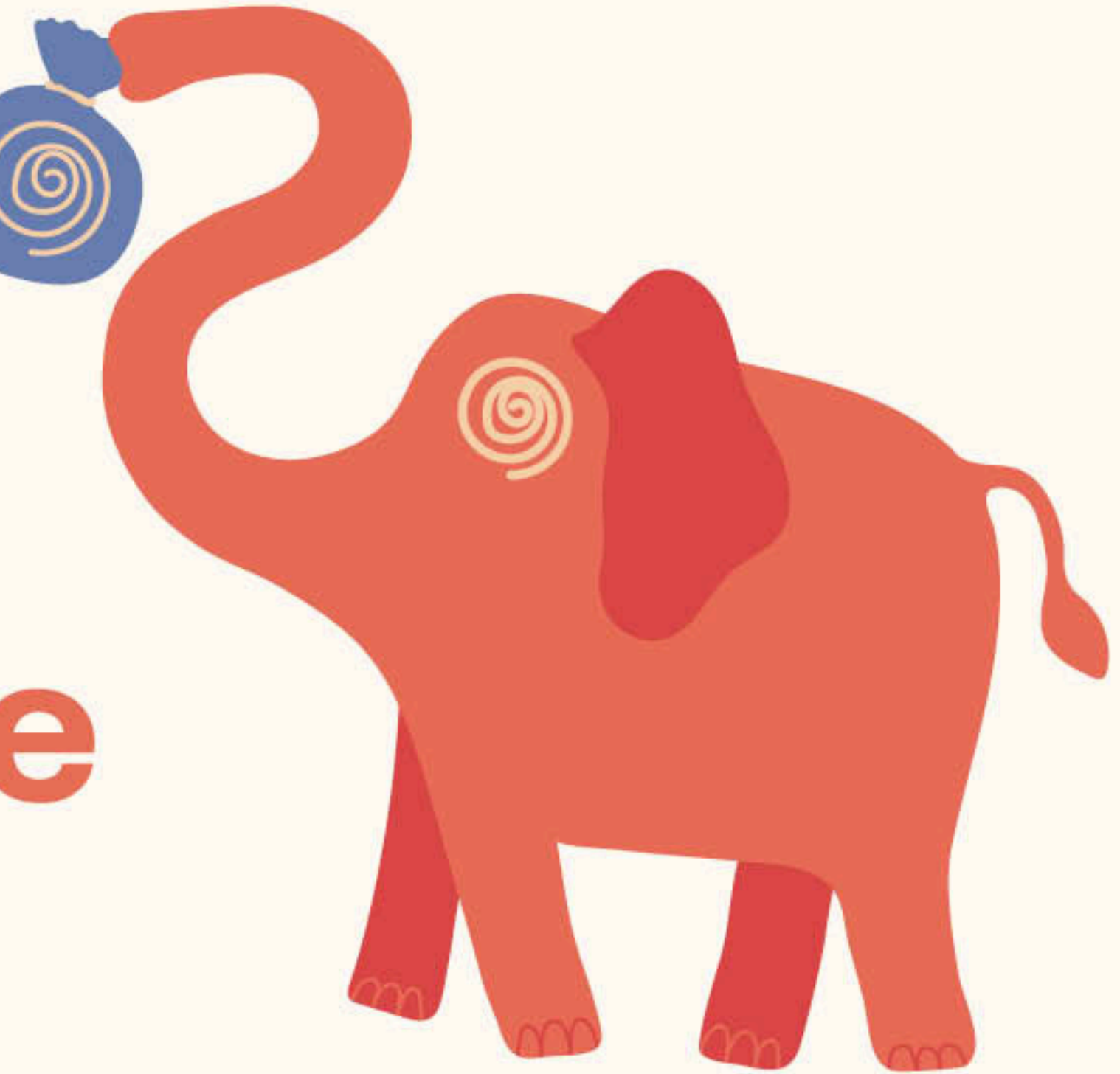
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tal right.



Second, we must acknowledge
the elephant in the room:

**Mental
health care
is 
expensive**



● (Did we mention c③nfusing
and ③verwhelming?)



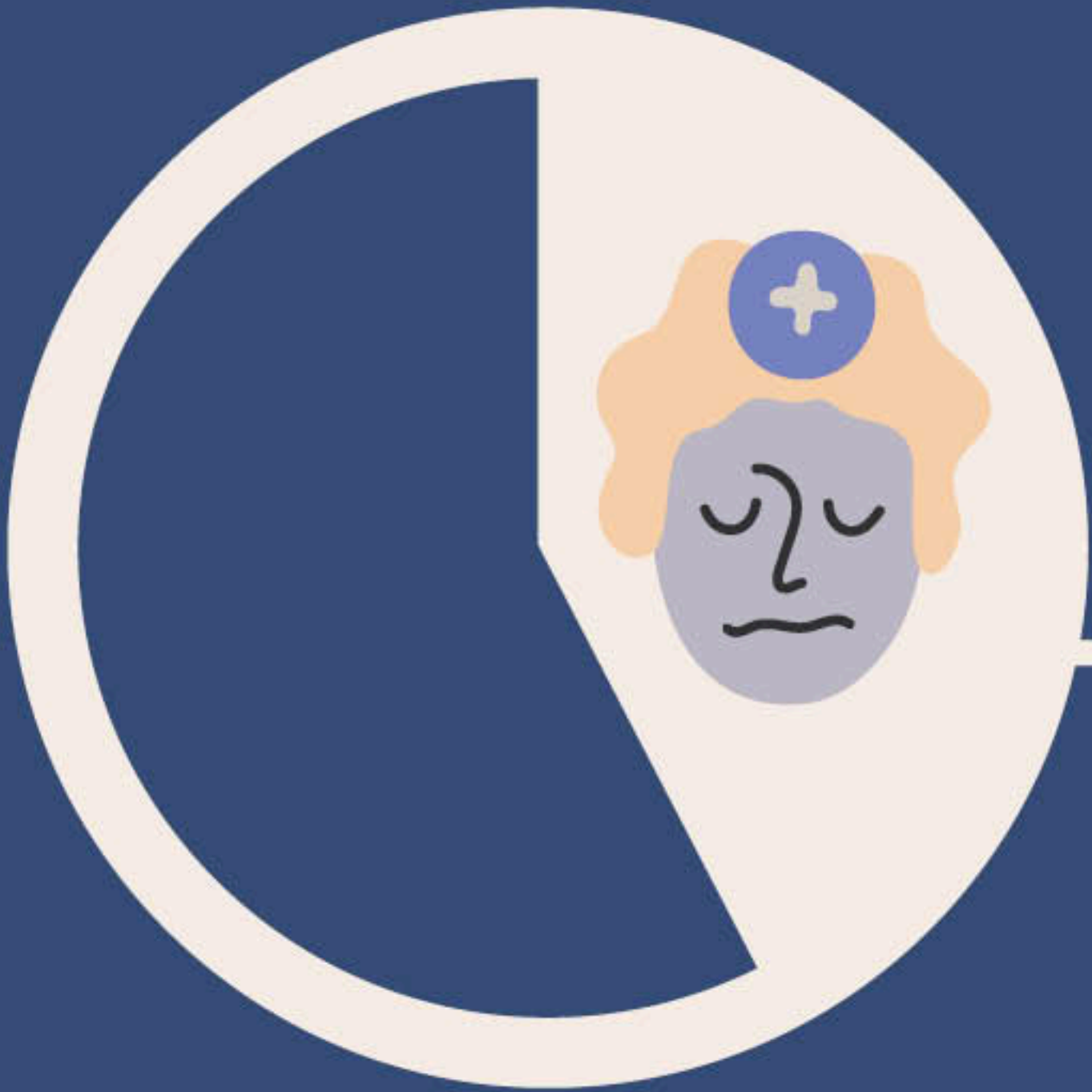


Within the United States

4/10

**adults cannot afford to
access the mental health
treatment they need.¹**

Fountain House, 30 Aug. 2022, www.fountainhouse.org/news/4-out-of-10-americans-cant-access-mental-health-care-when-they-need-it-community-based-support-is-an-immediate-solution.



In California

42%

of therapists do not
accept health insurance.²



2 in 5 Americans are unable
to afford an unexpected

**\$1,000
expense³**

³ Gillespie, Lana. "Bankrate's Annual Emergency Fund Report" Bankrate, 2024, www.bankrate.com/banking/savings/emergency-savings-report/.

⁴ Kuntz, Lash. "Psychiatric Care in the US: Are We Facing a Crisis?" Psychiatric Times, MJH Life Sciences, 2022, www.psychiatrictimes.com/view/psychiatric-care-in-the-us-are-we-facing-a-crisis.



But an individual with major depression spends, on avg.

\$10,836
a year

on their mental health costs.⁴

This is where we come in.

**You're
not
alone.**





**We're
here
to help.**



The
Funda-
Mental
Health
way.





Fund

Our **financial assistance** covers the cost of our Client's mental health services.



Connect

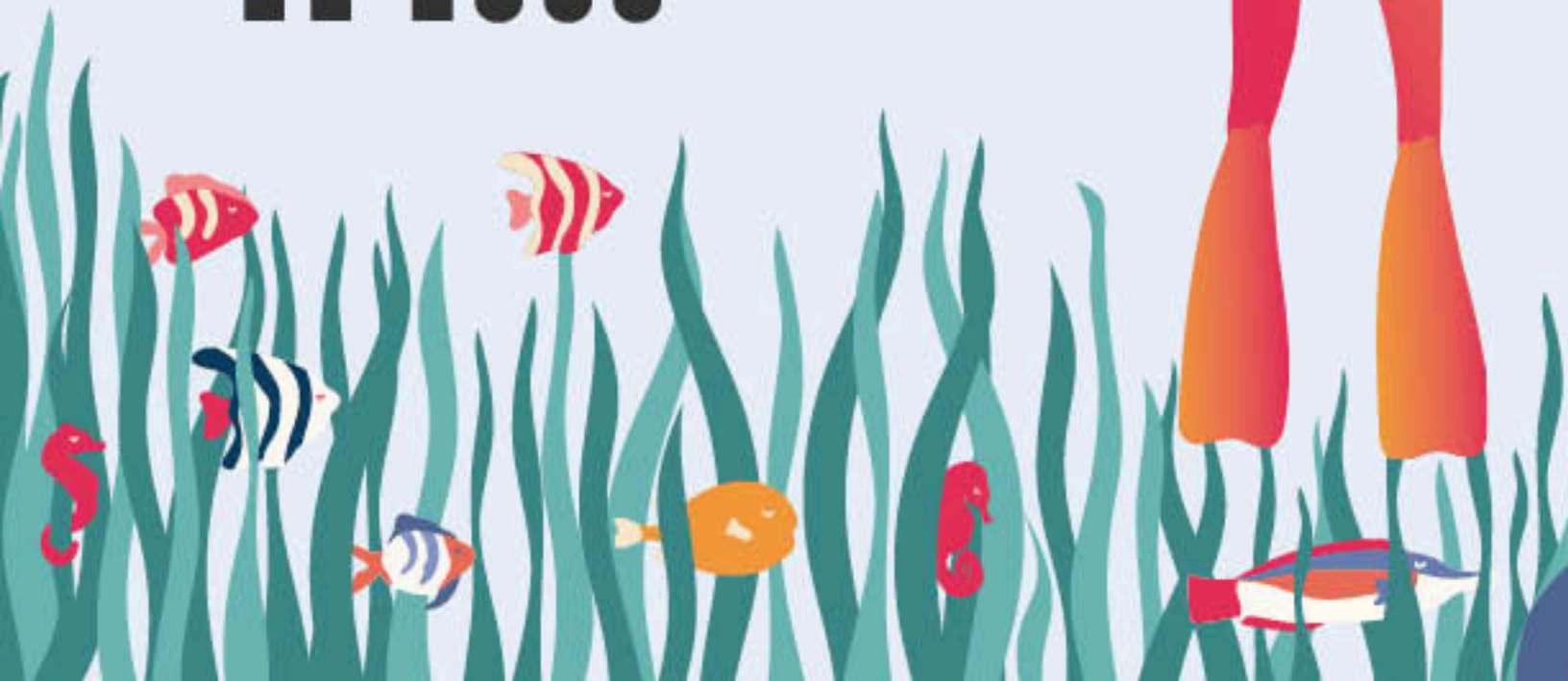
We connect each Client to our **network of high-quality providers**.



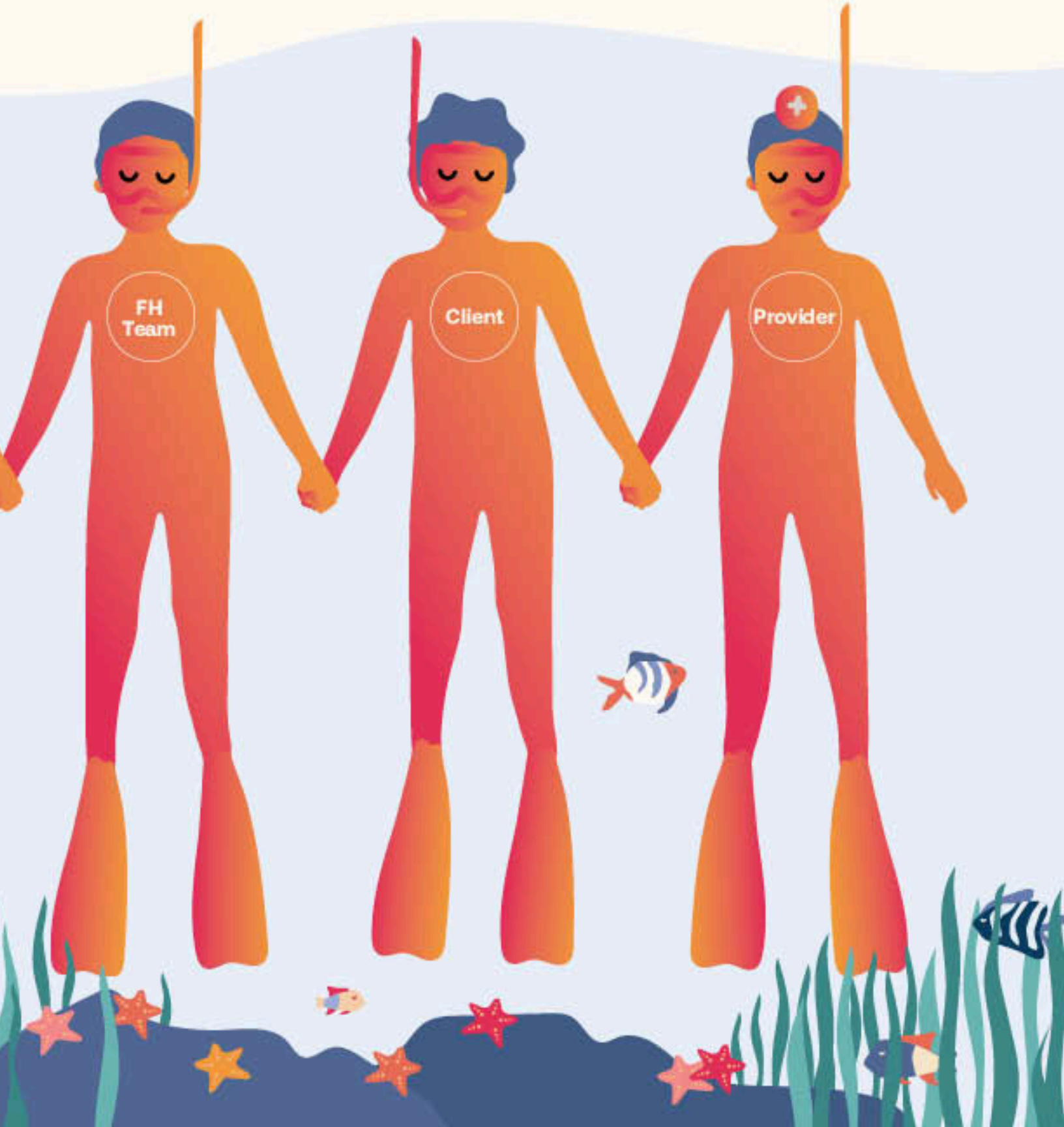
Support

Our **1:1 care coordination** for each Client ensures a successful mental health journey.

Let's dive in...

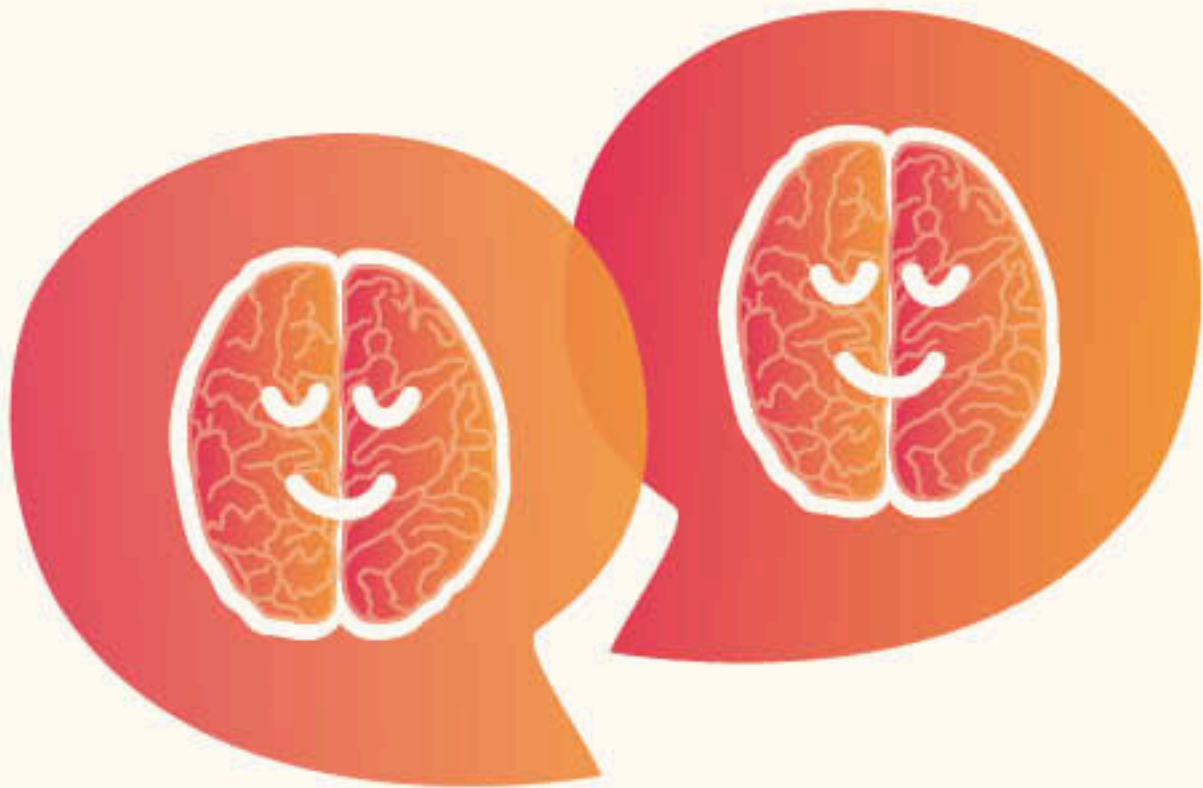


& navigate this together.



“What mental health needs is more sunlight, more candor, **and more unashamed conversation.**”

Glenn Close



**Join the FundaMental
Health conversation.**

hello@fundamental.health

