

By His
STRIPES



We Are
HEALED

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“Can a woman forget a baby at her breast? Even if these were to forget, I cannot forget you. Look, I have engraved you on the palms of my hands.” Isaiah 39:15-1



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FOREWORD

If you spend any time studying deliverance and healing, or search the internet, you will find testimonies from numerous devout Christians having been healed and delivered from demons. If you go to other “non-westernized” countries, no one there will argue about the existence of demons, and the need for a healing and deliverance ministry.

Common sense tells us all, that when we are born again, our ability to serve Christ can be significantly compromised by the oppression of demons. Should we ignore this reality, and negate Christ’s words in Mathew 14:12-14?

“12 Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father. 13 And I will do whatever you ask in my name, so that the Father may be glorified in the Son. 14 You may ask me for anything in my name, and I will do it.” Matthew 14:12-14

There are several key points I need to make before you consider deliverance and/or healing through Science and Deliverance Counseling.

1. Those of us doing Christ’s work by providing deliverance and healing services, DO NOT DELIVER, OR HEAL YOU. God, through the Holy Spirit chooses who will be delivered and healed, and who will not. We are only a conduit for His amazing love for us.

2. Although this ministry uses a series of steps recommended by the “experts” in this field, this is not a formula for success. The Holy Spirit is always invited to come and have His way before anything is attempted, and He can choose to heal and deliver people anyway He wants. We will always follow His lead!

3. Although there are charges for services though Science and deliverance Counseling, all proceeds will go to my church, or you may choose to give to your (Christian) church. In addition, no one will be turned away due to financial difficulties. As I say on the website, “It’s all God’s money anyway!”

4. All of the information and processes used on this website, have been carefully constructed after extensive research (reading 15 + books on the subject, watching countless videos, etc.), and by obtaining certification in the two successfully structured approaches in use today (ISE and NCAA approved). There may be other equally successful ways of providing these services, but this seems to me to be a reasonable starting point for the Holy Spirit to do His work.



Chapter I

About Demons



What are the references to Demons in the Bible? Demons in the Bible can refer to the forces of evil in the world as well as the devil himself. We are continually warned throughout scripture to be wary of demonic forces attempting to corrupt and influence. While many of the demons we must look out for are external, the Bible also reminds us we may have demons living within our own psyche that need to be recognized and expelled. According to the Bible, demons are involved in multiple activities.

- They are organized under satan in hierarchical levels known as rulers, authorities, powers, and spiritual forces of evil (Ephesians 6:10-12).
- Demons have the ability to “demonize” people. This is what the Bible identifies as demon possessed although the

exact phrase, “demonic possession,” is never actually used in Scripture. People can be demonized which is another term for demonic possession (Luke 8:30).

- Many believe that about one-third of the angels joined in rebellion with satan against God Almighty. These fallen angels are what the Bible refers to as demons. The Bible never says that the number was actually one-third. However, that number has been speculated by many for a variety of reasons (Isaiah 14:12-15; and 2 Peter 2:4-10).
- Demons are able to take shape, form and be visible to humans (Job 4:15).
- Demons may be exercised, or driven out, from a possessed person. However, this may be dangerous if not followed by stringent cleaning and discipleship. Without proper spiritual care, the person might then be open for a sevenfold infestation (Matthew 12:45).
- Demons confuse the truth by utilizing demonic lies and half-truths (1 John 4:4).
- Those who worship idols and pagan gods are really worshipping and sacrificing to demons. Demons live to deceive people into worshipping themselves (1 Corinthians 10:20-21).
- The Bible teaches that demons can inhabit animals (Matthew 8:31).

- During the time of the great tribulation, demons, who since the fall, have been imprisoned in the lowest level of hell, are released to wreck incredible pain and torture upon those who are not Christians (2 Peter 2:4-5, Revelation 9:1-7).
- Demons will eventually be chained along with satan in the lowest level of hell, often called the “Abyss”, where they will be tortured for eternity (Revelation 20:10).





Chapter 2

The Ground Rules



Before we start to examine the invisible world, there are some basic Ground Rules, you need to know:

Rule Number 1.

“It is finished.” When Christ died for us on the cross and His last words were “It is finished”, he was talking about successfully finishing a number of things he came to do. Not only did he finish His redemptive work, finish His work on earth until His Second Coming, finish fully meeting His Father’s will, but he also finished satan’s power over us, through death on the cross and rising again. “And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.” Colossians 2:15

Rule Number 2.

Before Christ left for His ascension into Heaven, he made one thing very clear relative to our obligation against satan and his demons. We are to be his fully authorized representative when it comes to dealing with the satan and his demons. Jesus instructed the 12 and again the 70 disciples when He sent them out, to:

“Heal the sick, raise the dead, cleanse the lepers, cast out demons. Freely you received, freely give. Matthew 10:8

Later, as if to make things crystal clear He stated:

“Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father. John 14:12

Rule Number 3.

Satan is a created being. Unlike God, he is not omnipresent, omniscience, or omnipotence. What that simple means is that the devil and his demons cannot be everywhere at once, are not allpowerful, or all knowing. The power of satan and his demons is limited. “Satan” is always written lower case in this document to indicate his status as a defeated foe!

Because demons cannot read our mind, we should always pray out loud (or under our breath if we are around non-Christians), if possible, so they can hear us. During Deliverance we do not have

a choice. Because we will be speaking to demons, they will have to be able to hear us!

When we are filled with the Holy Spirit, we should never be afraid of satan, or his demons. Even though satan or his demons cannot read your mind, they can insert things into your mind (thoughts), that are oppressive, but again they cannot control (posses) a born-again mind of Christ.

Rule Number 4.

Because satan already has most people already on the wide road to destruction, his focus is primarily on us. He cannot touch our salvation, but he can reduce our ability to fulfil our mission for Christ on this earth.

For some Christians, the thoughts created by demons can consume so much of their mental energy, that it is difficult to concentrate on anything else. **His number one focus with born-again Christians, is to reduce our effectiveness in our walk with Christ, and in fulfilling our part in the great commission.**





Chapter 3

Possessed or Oppressed



There is a great deal of confusion about what can and cannot happen to a born-again Christian. The first misconception that is still very prevalent, is that once a Christian is filled with Holy Spirit, he/she is completely protected against satan and his demons.

You only have to reflect on your own life after being born-again to know this is not true. Did your mind (soul), immediately become completely peace-filled after you knew you were born-again? If that happened, you died right after a born-again experience, and you are now in Heaven. Congratulations! The rest of us have been left behind in this world, oppressed by demons.

At Science and Deliverance Counseling, we hope to provide relief from the things that oppress you. We know from rule number 4,

that satan and his demons are primarily interested in hindering Christ's church, and its people from fulfilling the great commission.

Again, their goal is to keep us so busy fighting our own thoughts, that there is no time left to do Christ's work on earth. Considering that, it is every Christian's duty to experience a deliverance, to be better prepared to serve Him.

There are also ways to cast off demons without the help of a deliverance service. This is usually limited to demons on the outside.





Chapter 4

Body - Soul - Spirit Model



In Colossians 2:13, we were told that because of the sin of Adam, in the garden, we are dead to God. We have a sin nature. For example, when my son was 3, he lied to me for the first time. I could be mistaken, but I don't remember sitting down with him and teaching him to lie. We also had to teach both of our children to share. By nature, they were both self-centered and stubborn. We are born sinful in all three parts of us – Spirit, body, and soul (mind).

And at some point, when we receive Jesus as our Savior, we are born-again. Our Spirit is filled with the Holy Spirit. Second Corinthians 5:17 says we are a new creation. We do not however, get a new body or a new soul (mind) at salvation. The body and mind remain open to attack. Demons can still cause disease and in

the body and can still insert thoughts into our mind to prevent us from fully experiencing Christ, and from fulfilling His mission for us.

Our emotions are tied to our thoughts. Although it may seem otherwise, you cannot have an emotion without a thought. It is impossible for me to be walking down the street and suddenly punch someone without first having a thought of fear, survival, or anger. When I can successfully address my thoughts, my emotions will follow. The Bible tells us:

"Demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." 2 Corinthians 10:5

Demons know how to insert just the right thoughts, to successfully trigger a number of overwhelming emotions. These emotions can exert significant power over our lives (anger, anxiety, depression, bitterness, unforgiveness., etc.) and redirect us away from growing in Christ.

One sure way of knowing that you could benefit from a deliverance is if you feel that your mind is not right, it is easily confused, easily sidetracked, or just a general feeling of your mind being attacked, or overwhelmed by negative thoughts, and /or thoughts of doubt.





Chapter 5

Binding Spirits



Jesus dealt with the demonic realm a great deal in the gospels, primarily in the context of casting them out. He trained the disciples to do it also and said that driving out demons was one of the signs to follow believers.

Paul teaches that there is a spiritual gift of discernment available to believers so that we would know what the demonic realm is doing. In conjunction with submitting to God, we are also exhorted to resist demons so they will flee.

Is there biblical support for the concept of binding spirits? What does it mean to bind them up?

In Matthew and Mark, Jesus gives a succinct teaching on binding and loosing.

“No one can enter a strong man’s house and plunder his goods, unless the first binds the strong man. And then he will plunder his house” Mark 3:27

“And I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth on earth will be loosed in heaven.” Matthew 16:19.

Christ’s disciples have been given authority to bind on earth and it will be bound in heaven and what we loose on earth will be loosed in heaven. In other words, we are to bring heaven to earth so His will, will be done on earth, as it is in heaven (the Lord’s Prayer.)

The word “bind” means to tie or fasten something tightly. Is there a reference to one or more demons being bound in Scripture?

Rev. 20:2: “And I saw an angel coming down out of heaven, having the key to the Abyss and holding in his hand a great chain. He seized the dragon, that ancient serpent, which is the devil or Satan, and bound him for a thousand years.

Mark 3:27 and Matthew 12:29 tell us that before we can enter a strong man’s house, we must first bind him. Believers have been given authority over demonic spirits through Christ. Binding is certainly appropriate when tormenting spirits are at work in a person’s life.

Binding spirits is accomplished by speaking out loud and declaring that the demon is bound and will not torment the person. It does

not need to be done in front of the person; in fact, that can inflame the demon even more. Here is a sample declaration:

“In the name of Jesus, I bind up that spirit of (anger, fear, etc.) that is tormenting ‘Bob’. I bind you with the blood of Jesus. You will not be active, you will not torment him, and you will not communicate nor draw strength from any other spirits. I loose the Holy Spirit upon Bob so that You will reveal Your great love for him and... (add any specific desired action consistent with God’s Word and His heart for “Bob.”)

Here is a critical clarification. Binding spirits is not the same as deliverance. A bound spirit can be loosed by a person’s free will, so that binding effectively lasts only as long as it lasts! The duration can be minutes, hours, days, weeks or more because a person’s free will can loose it again.

Binding and loosing, if you make it a regular part of your spiritual disciplines as you pray for loved ones, families, businesses, and ministries, it will yield good fruit. When you engage in this, you are recognizing and proactively declaring that the struggle is not against flesh and blood, but against spiritual forces of evil (Ephesians 6:12).





Chapter 06

Structure of the Demonic Kingdom



The first name that comes to mind in any discussion about the demonic kingdom is “satan”. Satan is the “CEO” of the demonic kingdom, or as the Bible calls him “Lucifer.” He was an archangel, and a mighty angel. Many believe he was in charge of worship in heaven. We know that at some point he was kicked out of heaven because he wanted to be like God (the same sin as Adam and Eve).

“You were blameless in your ways from the day you were created till wickedness was proud in you. Through your widespread trade you were filled with violence, and you sinned. So I drove you in disgrace from the mount of God, and I expelled you, guardian cherub, from among the fiery stones. Your heart became proud on account of your beauty, and you corrupted your wisdom because of your splendor. So I threw you to the earth; I made a spectacle of you before

kings. By your many sins and dishonest trade you have desecrated your sanctuaries. So I made a fire come out from you, and it consumed you, and I reduced you to ashes on the ground in the sight of all who were watching.”

– Ezekiel 28:15-18

In the New Testament, satan is called the ruler of the kingdom of the air, and the prince of this world. Always remember satan a created being and as a result, unlike God, is not omniscient, (all-knowing). is not omnipresent (everywhere, all the time), and not omnipotent (all-powerful).

When you hear people state the devil, or satan entered them, or did this or that to them, that is likely an exaggeration. No matter how powerful your work is for God, it is unlikely that out of all the 8 billion people on the planet, he is spending time personally fighting you.

Much like the Kingdom of God, satan’s kingdom has a hierarchy. In Ephesians 6:12, Paul talks about different levels of the demonic kingdom:

“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”

The Bible also tells us in Revelation 12, that satan took 1/3 of the angels with him. Although we do not know how many total angels there were, it should be encouraging to us to know that God’s angels outnumber satan’s by 2:1.

The Bible also talks about three heavens. The first heaven is what we on earth would call the sky. It is what we see above us and beyond us, farther than we can ever know and experience (stars, galaxies, black holes, etc.).

The second heaven the one that satan and his demons occupy along the “kingdom of the air.”

The third heaven is where God and His kingdom rule from. In the Bible, the only figure to go to the third heaven and return to talk about was Paul. In 2 Corinthians 12:1-4 he states:

“No doubt it is not seemly for me to boast. Nevertheless, I will come to visions and revelations from the Lord. 2 I know a man in Christ about fourteen years ago (whether he was in the body I cannot tell, or whether he was out of the body I cannot tell, God knows) who was taken up into the third heaven. 3 And I know the same man (whether in the body or out of the body I cannot tell, God knows), 4 how he was taken up into Paradise and heard words not to be spoken, which no man can utter”

We also know there are strong men or ruling spirits, that rule over other spirits in satan’s hierarchy. In Matthew 12:29, Jesus talks about a strongman:

“Or again, how can anyone enter a strong man’s house and carry off his possessions unless he first ties up the strong man? Then he can plunder his house.

What are some general characteristics of demonic spirits? They can think, they can communicate with one another, and some are more

evil than others. They are a spirit without a body, and so they have a deep desire to always find a home in someone's body. They cannot read your thoughts, so it vitally important that we always pray out loud, so they can hear our prayers.

When demons are cast out, it is also vitally important that the person is immediately filled with the Holy spirit. Jesus warns in Matthew 12:43-45:

“When an impure spirit comes out of a person, it goes through arid places seeking rest and does not find it. 44 Then it says, ‘I will return to the house I left.’ When it arrives, it finds the house unoccupied, swept clean and put in order. 45 Then it goes and takes with it seven other spirits more wicked than itself, and they go in and live there. And the final condition of that person is worse than the first. That is how it will be with this wicked generation.”

Demons are still active in the world today; they still have a mission to kill, steal, and destroy and that is why they are the enemies of our soul (mind). On the cross and with the resurrection, Jesus defeated Satan and the demonic realm. The victory has been won, but there are still battles to take back what the enemy has stolen. Jesus has won the victory, but we need to enforce that victory.





Chapter 07

Legal Rights of Demons



One of the most important things to understand is that satan is an excellent lawyer. If you don't do things in a certain way, or phrase your prayers exactly right, he and his demons can ignore your efforts. They have no effect on them unless everything you do is carefully orchestrated.

Demons are a spirit without a body. As such, their primary goal is to find someplace to live. Although they can live in animals, they much prefer to be in a human body (or at least outside oppressing).

Legal rights and permissions of demons are carnal, physical, or spiritual activities of a person that allow demons to get in on the inside or outside of the person to attack or harass the person.

Satan and his minions do not have any rights over human beings, other than that which we have given to them (unless it is ancestral right). Of course, some people give Satan and demons the right to legally claim or possess them, when they indulge in sin and unholy life.

The universe in which we live has spiritual laws that are in operation. Even evil spirits have to abide by the spiritual laws that have been set up by God.

The Bible says:

“Behold, I stand at the door, and knock: if any man hears my voice, and open the door, I will come in, to him, and will sup with him, and he with me” (Revelation 3:20).

Even the Son of God, the Messiah needs your direct permission to allow him to come into your life. The Messiah has to knock on our doors to see if we are willing to open up a door and allow him to come into our lives. Jesus, the creator of heaven and earth and humankind has given each one of us a full free will and he will never violate that free will that he has given to each one of us.

In the same way, demons cannot enter into you unless you do something specific, or have something happen to you, that opens a door for them to enter.

For example, if someone starts to dabble in some area of the occult, starts fornicating, masturbating, and/or engaging in homosexuality, he/she creates a door and a legal right for demons to enter.

Sometimes, we, give demons the right to claim others when we curse them. Though you may lead a blameless and honest life after

total deliverance, others can demonize you by cursing you intentionally or accidentally — both works as both are legally valid and in doing so, open a gateway or door for evil spirits to oppress you.

Our God is a God of perfect order and logic. If evil spirits could get into a person's life all the time without any logical or specific reason, then we would all be oppressed or possessed 24/7.

The bottom line of this issue is that satan and demons cannot oppress or possess a person's body or soul, without having some kind of legal right and permission. Evil spirits need some kind of entry point or gateway to be able to get into you, and that entry point is called a door.





Chapter 08

Demonic Kingdom- Curses & Generational Curses



Before you were born, your parents, grandparents, and maybe generations back, did things and committed sins and opened the door for torment.

Generational curses are one of the most significant issues in creating demonic strongholds in a person's life. In fact, roughly half to two-thirds of the issues that people deal with on demonic strongholds, they are dealing with things in their bloodline. The scripture that is the primary reference for the realm of generational curses is Exodus 34:5-7 which says:

“The Lord came down in the cloud and stood there with him and proclaimed his name, the Lord. And he passed in front of Moses, proclaiming, “The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding

in love and faithfulness, maintaining love to thousands, and forgiving wickedness, rebellion and sin. **Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the parents to the third and fourth generation.**”

- Exodus 34:5-7

Generational curses and word curses all have spirits associated with them to carry the curses out. To determine generational curses, you begin by examining your family tree. Do you see any patterns? For example, extreme repetitions of mental health or emotional breakdowns, chronic sickness and diseases including our own affliction(s), or anything that could be related to genes. Not being able to get pregnant or miscarrying frequently, a preponderance of marriage and family breakdowns, poverty or bankruptcy, frequent accidents, family history of suicides, or untimely deaths?

Christ broke the power of curses by becoming a curse for us on the cross:

“Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who is hung on a pole.” Galatians 3:13

This verse allows us to declare and say the curse(s) has been broken, but the spirits can still be there. We must appropriate that victory that Christ has won. How do we do that with generational curses?

We cancel the assignment of associated demons or demonic spirits connected to that curse(s) and call them out. We' are declaring that

these curses are broken, appropriating the victory, and using that as a basis for calling out these spirits.

Although the sins of our fathers/mothers, had nothing to do us, the consequences were happening to us. If we confess those sins and acknowledge that they happened, asking for forgiveness, we can now move forward on deliverance and claim the victory over the curses that have been broken. Now those spirits must leave.

The other most prevalent curse has to do with the curse of rejection. The Latin noun “rēicere”, which means "to throw back," is the ancestor of the word rejection. Nobody likes to feel the rejection of being excluded. The word rejection became popular in psychology in 1931, when parental rejection was seen as a motivation of bad behavior in children.

Rejection and its many sub-demons (anger, frustration, bitterness, self-hatred, murder, etc.), can be one of the most powerful feelings that humans can experience. However, the Bible has much more important things to say about rejection.

Rejection in the Bible carries profound implications, often highlighting the spiritual and relational dynamics between humanity and God. It serves as a poignant reminder of the consequences of turning away from divine truth and authority. In John 1:11, it states:

“He came to His own, and His own people did not receive Him,”

Once again, this underscores the theme of Jesus being rejected by His own people despite His message of salvation.

This rejection is not only manifest in an outward denial, but also reflects a deeper spiritual blindness that prevents individuals from recognizing the absolute truth of God's love and grace. Throughout scripture, we see the rejection of God's prophets and messengers symbolizes a rejection of the very relationship that God desires to cultivate with humanity (Luke 10:16). Moreover, rejection serves as a critical catalyst for God's redemptive narrative.

The Bible illustrates how rejection can lead to a broader understanding of God's grace towards those who are marginalized or seen as outsiders. In Matthew 21:42, when Peter refers to Jesus as the "stone that the builders rejected," it points to God's ability to work through human rejection to establish a new foundation of faith—one that is open to all, regardless of their past. This is echoed in Romans 11:11, which suggests that "through their trespass, salvation has come to the Gentiles."

Throughout these verses, rejection is not merely a tragic aspect of faith, but it acts as an avenue for divine grace, reinforcing the message that although humanity may reject God, His love and plan for redemption remain steadfast and inclusive.





Chapter 09

Doors



What is a “door” in deliverance ministry? A door is exactly what it is in our everyday life. An opening you can walk through. It can be locked (closed) or unlocked (open). Doors are how demons enter to oppress us.

Generational curses, word curses, anger, and unforgiveness, are all doors for demonic entry. Sadly, abuse and trauma can be an open door for demonic torment,

After a demon is cast out, it is important to close the doors that have been opened to him and any rights he may be using to stay there. This is most often done through repentance (confessing and turning from our sins – more serious sins may need to be confessed by name), renouncing (this means to formally give up – do this out loud so the enemy can hear you), taking a stand to forgive those

who have wronged you, and breaking of curses (this is done using our authority in Jesus). If there are any physical objects that you've been holding onto that are tied in with the occult, then those need to be destroyed, as they can hold demonic spiritual value.





Chapter 10

Strongholds



The definition for a stronghold is “Some area of a person's soul (mind) that refuses to submit to the ruling authority of Jesus. When we are born-again and get saved, we become a child of God, and we get adopted into the kingdom. But in some cases, some part of our emotional realm - our mind, our emotions, and behaviors, we cannot seem to get the victory over.

When a demon enters our mind, they set-up house. Think of a stronghold like a room that the demons live in. Over time, they have painted and decorated the walls, bought a rug and furniture, stocked the refrigerator, bought cable TV, and have become quite comfortable. You can understand why they are so reluctant to leave, and why they keep coming back, wanting in. The important thing to remember is, when the demons leave, there is still a stronghold left behind, that must be destroyed.

Our thoughts are the battleground with the enemy. If we allow those thoughts from the demons to manifest and take root, our minds then become affected. Over time, a stronghold is developed where demon(s) that oppress us reside.

Here is where we want to be sure we have on the full armor of God. It is essential to rebuke thoughts from demons by the blood and cross of Jesus. After rebuking you must command the thought to leave. Over time, the thought will come back less and less. And more importantly, it will have less control over you.

“Finally, my brethren, be strong in the Lord, and in the power of his might. 11 Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. 12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.”

13 “Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; 15 And your feet shod with the preparation of the gospel of peace; 16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God.”

“18 Praying always with all prayer and supplication in the Spirit and watching thereunto with all perseverance and supplication for all saints.”

Ephesians 6:10-18

“Guard your heart above all else, for it determines the course of your life.”

Proverbs 4:23

“Dear friends, do not believe everyone who claims to speak by the Spirit. You must test them to see if the spirit they have comes from God. For there are many false prophets in the world.”

1 John 4:1

When we find that demons have been cast out successful, but you are still struggling, not enough attention was paid to eliminating the stronghold. Unfortunately, if this continues, it may be necessary for you to have another deliverance, followed by a greater focus on the narrow road and rebuking the demons.





Chapter II

Maintaining the "Narrow Road"



Once you have commanded the demons/spirits to go from you - what is next? Most people report that they feel a tremendous peace, purity, and humbleness as if a massive weight has been lifted from their shoulders. Many also say that looking back, they can see where they were not a true practicing Christians, due to their confusion.

Now that you have a new sense of peace, love, and joy, you may be excited to make it up to your spouse, children, and others, for all the years of being a controlling self-centered individual. You realize you may have been incapable of giving unconditional love, because you never received it in their childhood.

You must continue to take authority over the enemy. Focus each day on Philippians 4:8-9.

“Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely whatever things are of good report. If there is any virtue and if there is anything praiseworthy— meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.”

As a cautionary note, not everyone is delivered instantly. People under 30 tend to be delivered faster than people that have suffered for a long time with the demons. Some people can take months and in rare cases years. We are not talking about a “normal” deliverance process when you are talking about a Jezebel, Levithan, Ahab, or Legion deliverance. With the exception of significantly higher-level demons, these are the worse type of demons that you can deal with.

In people with Narcissism or Borderline personalities, there are often a number of sub-demons involved that are also part of the stronghold. Even though the demons may have left, there is still a stronghold left behind. The stronghold is destroyed over time, through a process of “Walking the Narrow Road”. Matthew 7:13¹⁴ says:

“Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. ¹⁴ But small is the gate and narrow the road that leads to life, and only a few find it.”

In the first month, you will need to build a plan to continue to grow and be filled with the Holy Spirit. You must attend church, read the

Word, listen to sermons from reliable pastors (John MacArthur, Voddie Baucham, Greg Laurie, etc.). download and use a good bible app, maintain a consistent time for prayer, and build a new “rhythm” for your life, if you are going to prevent the demons from finding their way back inside. You should continue to pray the prayers from your deliverance each morning and evening, for at least several weeks.

In some cases, if you seemed stalled, an additional deliverance may be warranted. The best barometer for the need for an additional deliverance, are the observations of your spouse, your children, or a trusted born-again friend.

Here is a simple series of commands to use if demons continue to try to re-oppress you after deliverance.

First, you must recognize the thought is clearly from a demon. Demons are usually negative thoughts, or thoughts that question your faith, or God:

“Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, **“Did God really say, ‘You must not eat from any tree in the garden?’**” Genesis 3:1

Here is a simple command to be used to rebuke demons that attempt to begin to oppress you again:

“If there are any demons who are attempting to attack, harass, or torment me – I am now coming against each and every one of you in the name of my Lord and Savior Jesus Christ. I am now coming

against each and every one you are operating under the full power, anointing, and authority of God the Father and Jesus Christ.

Demons, in the name of Jesus, I now Plead the Blood of Jesus Christ against each and every one of you. I repeat, I now Plead the Blood of my Lord and Savior Jesus Christ against each and every one of you.

Demons, in the name of Jesus Christ – I now command you to leave me right now – and you are to never, ever come back on me again. GO NOW – in the name of Jesus Christ! I repeat – GO NOW in the name of Jesus Christ!”

Of course, the exact wording is no magic formula. The general outline is to address the demon generated thought, and using the blood of Christ, command it to leave and go to the feet of Jesus (or other places, but I like this the best), never to return.

At Science and Deliverance Counseling we offer aftercare assistance to anyone that feels they are having difficulty staying on the narrow road.





Appendix A

Scriptures About Demons and Deliverance



Demons really exist.

1. They can see. Mark 3:11
2. They talk and shout. 1 Kings 22:20-22, Matthew 12:43-44, Mark 1:23-24, 26, 3:11; 5:12; 8:31; 9:26; 12:43-45, Luke 4:41, Acts 8:7; 19:15
3. They need rest. Matthew 12:43-44
4. They seek and accept worship (even as Satan himself – Matthew

4:8-10; Luke 4:5-7; Revelation 13:4, 8, 12). Leviticus 17:7, Deuteronomy 32:17, 2 Chronicles 11:15, Psalms 106:37,1 Corinthians 10:20, Revelation 9:20

5. They fall down and stand still. 1 Kings 22:21

6. They can lie, and they can admit truth. 1 Kings 22:22, 2 Chronicles 18:20-22, Mark 1:22-24; 5:7-8, Luke 4:41; 8:28

7. They fear and tremble. James 2:19, Matthew 8:28-29, Mark 1:23-24; 5:7, Luke 8:28

8. They are bold, for they approach God to speak (even as Satan himself -- Job 1:6-12; Zechariah 3:1). 1 Kings 22:21 (2 Chronicles 18:20)

9. They have been seen by man, and they are frightening to behold. 1 Samuel 28:13, Job 4:15, Revelation 16:13

10. They have great strength to overpower men. Mark 5:3, 4 Acts 19:16

12. They have minds, wills and emotions. (Luke 11:24, Matt 12:43)

13. Evil spirits can afflict man physically, emotionally, and spiritually.

Many physical infirmities are caused by the oppression or possession of evil spirits.

15. Deafness and dumbness. Mark 9:25
16. Convulsions. Mark 1:26; 9:20, Luke 9:42
17. Dumbness. Matthew 9:32-33, Mark 9:17, Luke 11:14
18. Blindness and dumbness. Matthew 12:22
19. Infirmary. Luke 13:11
20. Fever. Luke 4:38-39

Demons attack man not only in the physical, but also in the mental and spiritual realms.

Insanity. 1 Samuel 16:14; 18:10, Mark 5:15, 18, Luke 8:27, 35-36

Suicide and self-destruction. 1 Kings 18:26-28, Matthew 17:15, Mark 5:5; 9:22, John 10:10

Torment. 1 Samuel 16:14, Matthew 4:24

Destruction and murder. 1 Samuel 18:9-11; 19:9; etc., John 10:10a; 13:27, Acts 19:16 5.

Divination. Acts 16:16 6. Deception. 1 Timothy 4:1

Lying. 1 Kings 22:22, 2 Chronicles 18:20-22, John 8:44

Contention and strife. Judges 9:23

A person in need of physical or emotional healing, therefore, may indeed require spiritual deliverance. Jesus Himself treated the two side by side. Matthew 4:24; 2:22; 7:18, Mark 9:28, 29, Luke 6:17, 18; 8:36, Acts 5:16; 10:38

An evil spirit can cause a person to retreat into a very strange lifestyle. Matthew 8:28 (lived in the tombs) Luke 8:27 (wore no clothes)

Evil spirits are restricted to the limitations placed upon them by God.

Demons can only afflict man as much as God allows them to. Job 1:12; 2:6

They must receive permission (or "leave") of God to enter a body. Mark 5:12-13

Jesus had control over the demons even to the point of allowing or forbidding them to speak. Mark 1:34

Because they are spirit, and a "spirit hath not flesh and bones" (Luke 24:29), demons are not limited to space or volume. Several demons may therefore inhabit a single body.

One spirit. Mark 9:17, etc.

Seven devils. Mark 16:9 (Luke 8:2)

Eight demons. Matthew 12:42-45

Two thousand, an entire "legion" of demons. Mark 5:7, 9, 13 (Luke 8:26-39)

The disciple of Jesus has been given authority over all the power of the enemy. Matthew 10:1, 8 (Mark 6:7; Luke 9:1), Mark 16:17, Luke 10:19-20, John 14:12.

We must demand (not request) deliverance in the name of the Lord. Jude 9 1. It is not to the person possessed but to the evil spirit within him that we must speak. Mark 5:8 (Luke 8:29), Acts 16:18

Deliverance must be ministered in the name of the Lord. Mark 16:17, Acts 16:18

It is the name of Jesus that gives us power and authority. Matthew 28:18, 1 Peter 3:2, Philippians 2:9-11

The name itself, however, is not to be used lightly or experimentally. The consequences for doing so may be disastrous. Acts 19:13-16

Faith is essential in ministering deliverance. Matthew 17:19-20

Through the laying on of hands. Luke 4:40-41; 13:11-13 2.

By special miracles of God. Acts 19:11-12

By prayer (and fasting). Mark 9:29 (Matthew 17:21), Isaiah 58:6

By a word. Matthew 8:16

By the anointing upon prophetic music. 1 Samuel 16:14-23, Isaiah 10:27

Through praise. Psalms 32:7

Sometimes demons will depart only after a time of screaming, tearing the person, thrusting him to the ground, and causing him to foam at the mouth, grind his teeth, and even stiffen out and appear as if dead.

Mark 1:26 "And when the unclean spirit had torn him, and cried with a loud voice, he came out of him."

Mark 9:22 "And oftentimes it hath cast him into the fire, and into the waters, to destroy him..."

Acts 19:16 "And the man in whom the evil spirit was leaped on them, and overcame them, and prevailed against them, so that they fled out of that house naked and wounded."

But we don't have to listen to the demons or put up with the trouble and commotion they may try to cause during the process of deliverance. Luke 4:41

There is often a noticeable difference in the appearance and character of a person after he has been delivered of strong demonic oppression. Mark 7:30; 9:26 | 1 Samuel 16:15-16 VI.

Is it always the case that a demon will oppress its victim continually (that is, 24 hours a day)?

One person to whom Jesus ministered spiritual deliverance had been oppressed by the same evil spirit continually, since his childhood. Mark 9:21

However, this is not always the case. The evil spirit that tormented Saul only sometimes bothered him. It would come and go. 1 Samuel 16:15-16; 18:10-12; 19:9

Why do people sometimes fail to receive their deliverance?

A. It may be due to a lack of faith on the part of the person trying to minister it. Matthew 17:16-20 (Mark 9:18-19)

B. Some cases require that it be preceded by a time of fasting and prayer. Matthew 17:21 (Mark 9:28-29)

Why do some people find it difficult to keep their deliverance, once they receive it?

A. If they continue in the evil practices of their past life, the demon may again seek entrance to its former place of abode. 1 Samuel 16:14-23; 18:6-12; 19:9-16; etc., Matthew 43:45 (Luke 11:24-26)

B. If the person is not filled with the Spirit after receiving his deliverance, the demons may return with seven more evil spirits, and the condition would then be worse than the first. Matthew 12:43-45 (Luke 11:24-26).





Appendix B

Prayers Used in Narcissistic & Borderline Relationships



Science and Deliverance Counseling

Help for People Suffering from the Demons of Narcissism and Borderline Personality Deliverance from the Spirits of Jezebel, Leviathan, Legion, and Ahab Prayers from “Restored to Freedom – School of Ministry”

These are the different prayers that are most often used for deliverance when Narcissism and/ Borderline Relationships are involved. Unlike other lesser demons, these demons require that the person must want to be free of these spirits, and personally renounce these spirits out loud.

Holy Spirit Prayer Before Every Session

Holy Spirit, we welcome You. Holy Spirit, we know that You are the Counselor of Truth, our help in need, and the One who fills us with the Spirit of God. Holy Spirit, we pray this very day to come into greater communion with You. You so graciously work to intercede for us to the Father, but also to comfort us with Your peace that goes beyond all understanding. Holy Spirit, please come.

Holy Spirit, today we ask for godly counsel and direction. As it says in Psalm 37:4 to delight yourselves in the Lord, so we boldly seek to do so today. Following the will and heart of the Father is our greatest desire, for we know His plans are best for us and, in the end, glorify the kingdom. Holy Spirit, please lead us by Your wisdom, discernment, and kindness during our time together today. Amen.

Forgiveness Prayer

I come before You with a humble heart, seeking Your grace and mercy. Grant me the strength to forgive as You have forgiven me. Help me release any bitterness or resentment that may dwell within me and fill my heart with Your love and compassion for _____ (close your eyes and name the people that the Holy Spirit brings to your mind).

In Your Word, You have taught us in Ephesians 4:32 (NIV), “Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” May this truth guide my actions and thoughts, leading me to extend forgiveness to those who have wronged me.

Lord, cleanse my heart and renew my spirit, so that I may reflect Your love and forgiveness in all that I do. Grant me the courage to let go of past hurts and embrace a spirit of reconciliation and peace.

I thank You, Lord, for Your boundless love and forgiveness towards me. May Your grace empower me to forgive others as You have forgiven me.

In Jesus' name, Amen.

Morning and Evening Prayers Before Deliverance

The week before the beginning of the scheduled Deliverance, the person having the procedure, should say out loud, every day, both a morning and evening prayer. Those prayers are detailed below.

Morning Prayer and Declarations

Heavenly Father I come to you this day in the name of Jesus and ask you forgive me for every sin. I turn away from my sin and want to walk in holiness. Cover me now with the blood of Jesus and fill me with your Holy Spirit.

Thank you, Father, that every generational curse is broken, and You cause me to be a living sacrifice that no longer conforms to the pattern of this world, but that I am transformed by the renewing of my mind. I am a new creation in Christ. Therefore, I have the mind of Christ and wisdom of God is formed within me.

I purpose to let no evil words come out of my mouth except that which is good to bring life to the hearer. By the power of the Holy Spirit, I take every thought captive this day according to your Word and make it obedient to Christ. I declare that no weapon of the enemy formed against me will prosper for greater is He that is in me than he that is of this world.

I acknowledge that I have on the whole armor of God: the helmet of salvation, the shield of faith, the breastplate of righteousness, the belt of truth, my feet are shod with the preparation of the gospel of peace, and I take up the sword of the Spirit which is the Word of God. Heavenly Father I lift up in prayer today... (name family members/those on your heart).

I thank You now for a new revelation in each one of us about You and what it means for us to be Your sons and daughters. I declare that my entire family will be saved and that they will perform the call of God upon their lives.

Cover each one of us with the blood of Jesus, and I ask that Your mighty warring angels be sent to surround us and keep us walking in your perfect will for us this day. For each person I have mentioned I now break every curse put upon us. I break by the authority of Jesus Christ any curse by a witch, warlock, satanist, roots curse, Santeria curse, Indian curse, voodoo curse, any curse of words spoken, anything written or texted or any curse associated with an object.

I break every ungodly soul tie connected to any one of us and thank you, Lord, for bringing people into our lives that you want there and moving those out that You do not! For each person I have just referred to, I bind in the name of Jesus, every demonic stronghold

(name them as the Lord leads and as you discern them) at work in their lives.

I bind every named and unnamed spirit under each of these strongmen with the blood of Jesus and I command that they will not be active in anyone of their lives this day in Jesus mighty name.

I command every spirit of theft to be exposed this day and order by the word of God seven-fold restoration of time, health, finances and relationships.

In the name of Jesus and through the power of His living blood I bind and sever every cord of any demonic spirit over my home/apartment and business(es). I plead the blood of Jesus around each property line above the roof and below the foundation and I bind every demonic spirit from crossing that bloodline. I render you inactive, cut off your communication, confuse your camp and cast you out by the blood anointing of Jesus Christ.

I now loose the Holy Spirit over each one of us and speak forth prosperity, divine health, increased gifting and fruits of the Holy Spirit, favor and blessings into our lives and businesses.

Heavenly Father, I thank You that we will be a people recognizable by your fruit in our lives and that by your Holy Spirit love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control is being released fully in our lives. I speak forth blessings of prosperity, favor, honesty power, love and a sound mind.

I thank you Father that You have chosen us and that when we see You face to face you will say “Well done, good and faithful servant, come on in!” Thank you that You are able to do abundantly above and beyond all I can ask or imagine because of Your power at work in me! Amen.

The Evening Prayer and Declarations

Heavenly Father, thank you for this day, and I ask you to forgive me of anything I may have done or said that was displeasing to You in any way. I turn away from my sin and I ask that You help me to do better tomorrow.

I thank you that You love me, that you will never leave me and that I am Your child! I forgive those who have wronged me, release judgments against them and break every ungodly soul tie that I formed this day.

Thank you that You remember my sins no more and that Your mercies are new tomorrow! I plead the blood of Jesus around the property line of my home/apartment, above the roof and below the foundation, over every doorframe, window, floor, door and wall. I pray the blood of Jesus over every pillow where a head is laid to sleep tonight. I plead the blood of Jesus over the streets adjacent to my home, and over all our vehicles. I ask that You dispatch mighty warring angels to stand guard around my home and fill my home with Your Holy Spirit and hold back every demonic force.

I break every curse of words that may have been spoken over us this day and break any curse we may have spoken over others. In the name of Jesus, I command every spirit associated with these

curses to be bound and dispatched to dry, uninhabited places. I thank you Holy Spirit that you send your ministering angels to watch over us as we sleep. Thank you now for dreams from you and cause me to remember in the morning those things that are important to you.

Thank you, Lord, for hiding us in the shadow of your wings this night and causing us to realize how great is the love that You lavish on us, that we may be called the children of God. Amen!

If you have children or family members that are not home when you go to sleep...

I plead a Jesus Christ Bloodline around...(names) and any vehicle they may be traveling in, and I dispatch, by the Grace of God, mighty warring angels to surround them and to bring them home safely this night without incident in the name of Jesus. Amen.

Declarations of the partner of the person being treated

During treatment, if there is a partner involved, they should support the process by praying the Ahab prayer and making these declarations daily during treatment.

Partner Declarations

I declare that (first name of person being treated) is completely set free from all spirits that are attacking him/her.

(First name) has a sound mind in Christ and no weapon formed against them shall prosper.

Greater is He that is in (first name) than he that is in the world.

(First name) has defeated the enemy in all ways and every plan of the enemy will be exposed for the lie that it is.

If you are dealing with divorce proceedings, state: (First and last name) and I are married and have NO arguments in our marriage as his/her eyes are open to who the real enemy is.

I bind and rebuke all enemy interference from (first name) and command the enemy to go to the feet of Jesus, to do with what He wills.

I cancel all the plans of the enemy including divorce in Jesus' name.

I command the scales from (first name) eyes be removed and allow them to see the truth that the enemy is within them.

(First name) and I will be married for life and serve together in ministry against the spirit of Jezebel and Leviathan.

Jezebel/Leviathan Spirits

Jezebel/Leviathan spirit is especially alive during the end times that we now live in. With the advent of modern technology, social media, the widespread use of pornography, and mind-altering drugs, are all things that the Jezebel spirit specializes in.

In addition, everything needed to bring about the events predicted in Revelation during the Tribulation and Great Tribulation period, are currently in place. With the Rapture being an unsigned event, it is ever more important that like the wise bridesmaids that brought extra oil, our lives are filled with a renewed urgency to bring about the Great Commission before He returns.

Common ways for the Jezebel/Leviathan spirit to exist in a person, including ancestral curses, rejection, growing up without a father, or a father or stepfather that speaks harsh words of criticism. (mean words/actions meant to harm a person's spirit), or all the way up to verbal, physical, or sexual abuse. A person can also receive the Jezebel spirits, if the mother is extremely abusive and controlling.

People also receive a Jezebel/Leviathan spirit if they have been exposed to sexual material, or been violated in their lives sexually (molested, raped, incest, experimentation). The spirit may result when parents make the child feel that they will never be good enough, remind the child over and over about their failures, or berate the child multiple times. The other spouse may share in the abuse or allow it to happen (leaving the child defenseless).

When a child grows up with a parent that does not love them unconditionally, they will start hearing the enemy whisper to them as his voice mixes with their thoughts. The child then begins to think those thoughts are their own, but in reality, they are from the enemy. The thoughts that they hear from the enemy are thoughts like "Your father (or mother) doesn't love you," "You cannot trust your father (or your mother) to protect you," "You were never wanted," and "It would have been better if you were never born." Some parents even "disown" their children.

As the child grows older, they will behave out of a spirit of fear which will whisper to them things to cause them anxiety and fear. This will drive them to control and manipulate others to do what they want. They will whisper lies to other people about their spouse or other loved ones, and others will believe what they are saying. Some will divide their own families. There may be instances when family members do not speak to each other for years.

They may also operate out of a prideful (Leviathan) spirit. They will have relationships with strife, are broken, or tend in divorces. If they have a spirit of Leviathan, they will usually also suffer from physical symptoms like back and neck pain, scoliosis, fibromyalgia, cancer, lupus and other diseases. They may also suffer from insomnia. The more pain they experienced as a child, the stronger the spirit will be.

If a child experiences several of these behaviors/situations growing up – the enemy has gained access through their wounded heart and soul. The enemy now has a legal right to oppress the child due to the tremendous pain, anger, and bitterness that developed throughout their childhood.

Seven or more wounding behaviors can result in a stronghold that causes a lifetime of strife with the opposite sex, in close relationships, and even with their children. Ultimately, they will suffer from fear, anxiety, rejection, anger, depression, jealousy, pride, and hopeless for a lifetime.

Women are affected at a higher rate than men, because a woman's heart was meant to be treated more tenderly and treasured, where

a man's heart is designed to be able to withstand more challenging circumstances. Also, girls are touched sexually twice as often as boys. Boys who experience this kind of upbringing often grow up to be abusive and controlling to the extreme.

*How Does a Person Gain Freedom from a
Jezebel/Leviathan Spirit? (Narcissism and
Borderline personality)*

First, there are two versions of the spirit. One version is subtle and sly (covert), and the other is more obvious, aggressive, and explosive. The Jezebel/Leviathan spirit seems to exist within a spectrum from very few symptoms to the extreme person, who seems totally unaware of the existence of the spirit. Both have underlying control, manipulation, deception, adultery, abandonment, rejection, and issues with lying.

Generally, the younger the person is, the easier it will be for them to admit the spirit and have a desire to command it to leave. The longer a person "hosts" the spirit (thirty or more years) the more it will resist being expelled, because of the stronghold they have built over the years.

Most that have hosted Jezebel/Leviathan a long time will deny they have it as long as they can, but the Lord at some point will bring circumstances in their life that will cause them to rethink holding on to the spirit (i.e. sickness, pain that never gets healed, multiple failed relationships and divorces, injuries from accidents, financial

issues, etc.). These things may drive them to see that the spirit is present and cry out to Him to make it go away.

Typically, counseling will not work because the spirit will manipulate and lie to the therapist. They don't intend on changing, they just use the sessions to portray their innocence. Unless a counselor is trained to listen to the Holy Spirit, the sessions will only increase frustrations for the individual, and the couple.

Can you just show Godly love toward them to get them to change? Unfortunately, the Jezebel/Leviathan spirit interprets love as, "Now I can really do anything I want!" In this approach, you eventually become so controlled by the other person, that you lose your identity. Your whole existence becomes one of constantly shifting in a failed attempt to avoid confrontation with the individual. The classic description by the spouse of the person with the Jezebel/Leviathan spirit, is a feeling of "walking on eggshells."

Deliverance from a Jezebel/Leviathan spirit must be done before the person is allowed to minister to others. If the Jezebel/Leviathan person is currently in ministry, it should be discontinued until the spirit has been removed. The Lord is very serious about the Jezebel spirit. In Revelation 2:20-23 in His letter to the church of Thyatira, He says:

"Nevertheless, I have a few things against you, because you allow that woman Jezebel, who calls herself a prophetess, to teach and seduce My servants to commit sexual immorality and eat things sacrificed to idols. And I gave her time to repent of her sexual immorality, and she did not repent. Indeed I will cast her into a sickbed, and those who commit adultery with her into great tribulation, unless they

repent of their deeds. I will kill her children with death, and all the churches shall know that I am He who searches the minds and hearts. And I will give each one of you according to your works.”

The spirit of Jezebel is the number one reason for divorce in the world today. People that deny the existence of Jezebel, are often the ones that host the spirit the strongest.

The process of deliverance from the Jezebel/Leviathan spirit

It is always best to have a born-again Christian friend in the room to witness their deliverance, and in case they collapse during the deliverance. They may experience burping, coughing, yawning, a runny nose, or other weird manifestations. Do not worry, this is a normal reaction to a demon leaving them. They will need to have a Bible and during deliverance, they must keep at least one hand touching it all time.

A Finally Free! Counselor will read the prayer to them while they repeat after them. There will be a prayer to break off generational curses, a prayer to renounce the Jezebel/Leviathan spirit, and a prayer to break off Legion. If their prayers are not sincere and heartfelt, they will have little to no effect.

Once they start reading the prayers with a counselor, they may notice that their body will begin to feel less tense and more at peace. They may feel a warmth, a tingling, or nothing at all. While praying, some people may feel strong physical manifestation of the

demons trying to stop them from reading the prayers. It may feel hard to breathe, they may feel a strangling sensation, or some may feel like gagging or yawning frequently.

That is a sure sign that the demons are fighting back, desperate to keep the person from freedom. The prayers must repeated out loud so the demons can hear the clear authority granted to us by Christ's blood and death on the cross.

Prayer to Break of Generational Curses

I break all curses or vows that have ever been spoken over me from my mother and father, and from all generational curses that have been spoken over anyone in my ancestry all the way back to Adam and Eve.

In Jesusa Christ's name, I declare that I am not in agreement with any form of sin, or disobedience that operates in this world against the throne of God, as I am not in agreement to any person or family member – who deliberately sinned, or perverted God's ways. In the Mighty name of Jesus Christ, I thank You Father God for Your good and righteous ways, and I seek to live my life by Your Spirit and reap the rewards of living by Your righteousness.

I repent for every relative connected to my family ancestry who has or without spiritual wisdom- sinned against my Lord, or His people. I realize that all sin will be judged one day and that each of us is accountable for what we have said and done, but I am repenting for my family's sins so that I shall be released from any curse(s) these sins may have produced against me. I put all of my sins and my ancestors' sins at the foot of the cross and declare that

Jesus Christ has paid the price and that Father God – you have forgiven us for all.

I break all generational curses of pride, lust, perversion, rebellion, witchcraft, occult activity, idolatry, poverty, sickness, infirmity, disease, rejection, fear, confusion, addiction, death, and destruction – in the name and by the blood of Jesus.

I curse all traumas in my ancestors' and descendants' lives that have any legal rights to me and command all memories of these to be forever forgotten and never remembered again. I replace these traumas with peace. I speak that any and all nightmares in sleep be turned into Joy, loving dreams, and visions from the Lord.

I renounce the behavior of any of my relatives in our family background who has lived for more than the world, than for God. I renounce any ungodly beliefs, traditions, rituals, or customs that my people may have followed or acted upon. I repent of those family members who sought to fulfill the selfishness of their desires, and those who have perverted God's righteousness for I, myself – choose to serve God and live by His ways.

I declare that my descendants will receive blessings and favor from this day forward. That we will be blessed with love, joy, and peace, throughout our lives, and that Jesus will be King of our lives. I declare life and health to me and all those in my family line in Jesus' might name! Amen.

Prayer to Renounce the Jezebel Spirit

Heavenly Father, I come before you with a contrite, humble, and sincere heart. Thank you for having my eyes open and having the scales removed today to the truth of what I have been battling all my life. I was truly a victim of my circumstances as I was an innocent child that was being controlled, manipulated, and hurt through my father (or mother), because they had also been hurt by the enemy through their parents (as was their ancestors) which allowed the pain and abuse to become a vicious cycle that will now be broken off over my life and all of my descendants.

I am ready for this controlling spirit to be broken off over my life once and for all. Today I take back what the enemy has stolen from me, and I command all painful memories of my past, to be removed forever, never to be remembered again. I forgive all that have hurt me in the past and break off all spirits of offence that I have taken. I choose to forgive my father, for all he did to hurt me. I choose to forgive my mother for all that she did to hurt me (and name anyone else that has hurt you, as there is power, healing, and forgiveness now available).

I cancel every negative and unscriptural word ever spoken over my life and all physical, emotional, or sexual acts that have hurt me throughout my lifetime. I break the power of the spirits of confusion, fear, control, anger, deceit, power, arrogance, and manipulation and exchange all hurts and pains from my past to be taken by Jesus Christ and forever healed and replaced with His love, joy, and peace for the remainder of my days on earth. I command all the effects from surviving the spirit of Jezebel, to be broken off me and my descendants forever.

I command every demonic influence of any name from the spirit of Jezebel to be broken off of my life, and I truly repent for my serving those spirits intentionally or inadvertently. I renounce all wrong associations I have had which served the spirit of Jezebel. I repent for all of those I have hurt with my controlling behavior and declare that I will no longer serve the powers of witchcraft from this moment forward. I declare a divorce from the spirit of Jezebel. I want nothing to do with that spirit of wickedness in my life and declare I will serve only the one true and living God with all of my being.

All the wounds that Jesus took for me on the cross were sufficient for me to be healed forever, and I exchange my broken heart for a new heart that is soft, gentle, loving, and pure, and strong (symbolically pull a knife out of your old heart and replace your heart with a new one from your heavenly PaPa who loves you unconditionally).

I declare that I will serve Jesus Christ and His Word with all of my heart from this day forward. I declare I will not compromise my living standard below Christ's love, purity and Holiness. I bind Jezebel and her sub-demons together with a three-stranded chord and I command Jezebel and all her demons to go to hell now in Jesus' name, never to return to harm me again in any way.

Thank you, Jesus, – for healing my broken heart forevermore and giving me a new life to serve You with. In Jesus' blessed name!
Amen!

Next, they should rest and take several deep breaths with your new (clean and pure) heart and receive the peace from your loving PaPa Father. They will feel the weight of the world lifted from their

shoulders and feel a new tremendous Peace like they have never felt before. There is power in their words, and life and death are in the power of their tongue!

Renouncing the Leviathan Spirit

Leviathan is depicted as having seven heads which are Pride, A Critical Spirit, Confusion (stupor), Impatience, A Lying tongue (deception) and Contention (discord, hate, murder). These things are reflected in Proverbs6:16-19:

“These six things the Lord hates, Yes seven are an abomination to Him: A proud look, a lying tongue, Hands that shed innocent blood, a heart that devises wicked plans, Feet that are swift running to evil, a false witness who speaks lies, And own who sows discord among the brethren.”

Job 41 describes the Leviathan spirit:

“Can you draw out the Leviathan with a hook,
Or snare his tongue with a line you which you lower?
Can you put a reed through his nose.
Or pierce his jaw with a hook?
Will he make supplications to you?
Will he speak softly to you?
Will he make a covenant with you?
Will you take him as servant forever?
Will you play with him as a bird, Or will you leash him for your maidens?

Will your companions make a banquet of him?
Will they apportion him among the merchants?
Can you fill his skin with harpoons,
Or his head with fishing spears?
Lay your hands on him;
Remember the battle -- Never do it again!
Indeed, any hope of overcoming him is false; Shall one not be
overcome by the sight of him?
No one is so fierce that he would dare stir him up.
Who then is able to stand against Me?

Prayer to Renounce Leviathan Spirit

Lord, I come before You with a humble and contrite spirit and command all spirits of pride to be gone from me forever in Jesus' name. I ask You God – to remove from my life any influence from the spirit of Leviathan. I reject this spirit completely with all my heart, and command it to be broken off of me forever – never to return. Forgive me for any ways I have served this spirit either intentional or inadvertently.

Forgive me for any ways in which I have been twisted or have twisted the truth or have I have listened to distortions of the truth or have distorted the truth. I devote myself to bringing unity, not division or confusion, into the church and into my personal relationships and will, therefore – honor other Godly members and those you have placed in authority over me.

It says in Isaiah 27:1 :

“In that day the Lord with His severe sword, great and strong, will punish Leviathan the fleeing serpent,

Leviathan that twisted serpent; And He will slay the reptile that is in the sea.”

I declare that Leviathan is severed from my life now and forever more. By your grace, I will speak the truth in love and dedicate myself to expressing the truth of Your Word in my life and have a humble and contrite spirit in the precious name of Jesus.

I command Leviathan’s head, body, and tail to be completely gone from my body and send you to hell in Jesus’ name! I declare that my back, discs, and spine be completely aligned perfectly and any twisted organs, to be untwisted and be made perfect. I also speak to my legs that they are both the exact same length, in Jesus’ name. All sickness and disease in my body be gone now and I declare every cell in my body to be completely healed back to the DNA.

I bind Leviathan and his sub-demons together with a three stranded chord and I command Leviathan and all his demons to go to hell now in Jesus’ name, never to return to harm me again in any way. Thank You Jesus! Amen.

Renouncing the Demon of Legion

Many diseases, infections, viruses, flu, strong Narcissist or Borderline personalities, bipolar, schizophrenia, people who cut themselves, vertigo, depression, anxiety, imbalances, toxicities, suicidal, thoughts, and ailments are affecting people due to Legion. When people get hurt in life, the enemy will speak to them in their minds to get them to dwell upon their past hurts and keep them discouraged and sad.

Just like what happened to the demoniac from Gadarenes who was dwelling among the tombs, not in his right mind. Tombs represent our negative memories of our own hurts and violations in our lives. The enemy keeps reminding us of our pain over and over again to keep us stuck in the past so we cannot be healed, restored and living the strong victorious life a Christian should walk in every day! Mark 5 records the demon of Legion.

“Then they came to the other side of the sea to the country of Gadarenes. And when He had come out of the boat, immediately there met Him out of the tombs a man with an unclean spirit, who had his dwelling among the tombs; and no one could bind him, not even with chains, because he had been bound with shackles and chains. And the chains had been pulled apart by him, and the shackles broken in pieces; neither could anyone tame him. And always, night and day, he was in the mountains and toms, crying out and cutting himself with stones.

When he saw Jesus from afar, he ran and worshiped Him. And cried out with a loud voice and said “What have I to do with You, Jesus, Son of the Most High God? I implore You by God that You do not torment me.”

For He said to him, “come out of the man, unclean spirit! Then He asked him “What is your name?

And he answered saying, “My name is Legion, for we are many.” Also they begged Him earnestly that He would not send them out of the country.

Now a large herd of swine was feeding near the mountains. All the demons begged Him saying, “Send us to the swine that we may enter them. And at once Jesusa them permission. Then the unclean spirits went out and entered into the swine (there were about two thousand); and the herd ran violently down the steep place into the sea and drowned in the sea.”

In order to get delivered from the spirit of Legion we must repent for our sins, forgive those that have hurt us in the past or present, so we can get rid of the tombs (memories of pain from the past).

Prayer to Renounce Legion

Jesus, I forgive anyone, know or unknown, that was involved in a painful situation that I have had to live through. I believe that as I release forgiveness toward them, they will be blessed, and I will be healed.

I am not going to live among the tombs anymore that I have been controlled by my memories. I have been sick because of what has happened to me. I have financial challenges because of the situations I have lived through, so I am starting the healing process now by forgiving anyone that was involved in that situation, and I repent for letting myself get offended, bothered, critical, bitter, judgmental, gossiping, and unforgiving.

I forgive and repent and receive the power of the blood of Jesus Christ. I am the righteousness of God through Christ. I believe Jesus died for my sins. Every sin that created a tomb inside my soul is now being washed away.

I am healed and I will have nothing in me that is common with Legion and he and his other demons will have no power over me. I bind Legion and his sub-demons together with a three-stranded chord and I command Legion and all his demons to go to hell now in Jesus' name, never to return to harm me again in any way.
Amen!

Renouncing the Spirit of Ahab

King Ahab (Jezebel's husband) was like a puppet in the hands of his overpowering wife. He was compliant and weak, which made it easy for Jezebel to achieve her murderous designs. He allowed Jezebel to introduce the god of Baal into the Jewish kingdom. 1 Kings 16:30-32 states:

“Now Ahab the son of Omri did evil in the sight of the Lord, more than all before him. And it came to pass, as though it had been an insignificant thing for him to walk in the sins of Jeraboam the son of Nebat that he took as a wife Jezebel the daughter of Ethbaal, king of the Sidonians and he went and served Baal and worshiped him. Then he set up an alter for Baal in the temple of Baal, which he had built in Samaria,”

In every relationship of any length of time with an extreme Narcissist or Borderline personality, due to the overly strong nature of these personalities, to survive the spouse child, (or paramour) will have to adopt a nonconfrontational style. The Ahab prayer brings that spouse (paramour) back to their rightful and Godly place in the relationship.

Prayer to Renounce the Ahab Spirit

Father in Heaven, I come to You in the name of Jesus Christ, my Savior and Lord. Father, it is my desire to see Your kingdom come into my life, into my marriage (or future marriage), and my family in a new and powerful way. I make a decision to forgive anyone and everyone who has ever had an influence in my life to cause me to be less than the person of God You wanted me to be. Father, I forgive the following persons who have unfairly controlled me (name and person that the Holy Spirit brings to mind).

I repent of operating in the Ahab spirit and ask You to forgive me. I now take back the authority and responsibility You have given me that I relinquished to Jezebel. By the power that works in me and according to Your strength and anointing, I will watch over and minister to my new husband or wife in Christ, and to my children. Father, I ask for Your wisdom and guidance as I do this.

In the name of Jesus, I break every curse that has come upon me or been spoken over me and my family because of influence of the spirit of Jezebel within my husband or wife (or paramour), and any sins of ours or our ancestors. I command every evil spirit that has come in, through curses that I or others have spoken over me – to leave me. Go out of me now – in the name of Jesus Christ!

You must also loose my (husband, wife, or paramour), and family. I bind the strongman with a three braided chord to all of the sub demons. I say to you evil spirits now – Go! I declare that I am bold in the Lord and command restoration of everything that the spirit of Jezebel has done to hurt me. I am blessed and highly favored,

am strong in the Lord and decree that my future life will be far greater than my former.

As a believer Jesus Christ, I have been granted the same authority as Christ and declare divine health throughout every cell in my body. I have the mind of Christ! I will help others that I know, to be free from every Spirit of Jezebel and Spirit of Ahab, and decree that I will have a strong anointing over these spirits the rest of my life.

I bind Ahab and his sub-demons together with a three-stranded chord and I command Ahab and all his demons to go to hell now in Jesus' name, never to return to harm me again in any way.

Thank You Father, for deliverance and healing – both now and in all of my days on this earth. I Praise Your Holy Name! Amen!

Renouncing Orion

Orion is a spirit that can affect those in the ministry, particularly those in deliverance. Orion is a very proud, beautiful, intelligent spirit that puts up a good front for a Christian or a church congregation. Pride is used as bait to undermine and infiltrate a ministry. He often demands the ministers make compromises in return for success, glory, and money.

Orion Prayer

Lord, I come before you with a humble and contrite spirit and ask that You forgive me for compromising Your Word. Please forgive

me for any and all false teachings that I have spoken and taught that have hurt Your people. I ask you to remove from my life any influence from the spirit of Orion. I reject this spirit completely and with all my heart and I command it to be broken off from me forever. Forgive me for any ways I have served this spirit either intentionally, or inadvertently.

Forgive me for any ways in which I have been twisted or have twisted the truth, that I have listened to distortions of the truth, or have distorted the truth myself. Forgive me for my pride and thinking I was above all others in my knowledge of the Word.

I devote myself to bringing the truth and not manipulation, nor a haughty spirit in the church or in my personal relationships and will therefore honor other Godly members and those You have placed in authority over me.

I declare that Orion is severed from my life now and forever more. By Your grace, I will speak the whole truth in love and dedicate myself to expressing the truth of Your Word in my life and have a humble and contrite spirit in the precious name of Jesus. Amen.

Other Prayers as Appropriate

People that grow up with Narcistic and/or Borderline father, are often filled with the Stronghold demon of rejection. These fathers are known for being unpredictable (you feel like you are “walking on eggshells”), critical, negative, aggressive, susceptible to instant mood swings, self-centered, no meta cognition (unable to see themselves as other people see them), and times where they seemed absolutely demon possessed.

These actions open huge doors in us (especially when we are children and do not have a way to mentally defend ourselves), for the demon of rejection to enter.

We see in the Bible where a father's blessing is very important to receive. In fact, it has life-long implications, when you don't receive it. In the story of Jacob and Esau, we see how important a father's blessing can be, even when it is "stolen". The entire story is not included here for brevity's sake:

When Esau left to hunt for the wild game, ⁶ she said to her son Jacob, "Listen. I overheard your father say to Esau, ⁷ 'Bring me some wild game and prepare me a delicious meal. Then I will bless you in the Lord's presence before I die.' ⁸ Now, my son, listen to me. Do exactly as I tell you. ⁹ Go out to the flocks and bring me two fine young goats. I'll use them to prepare your father's favorite dish. ¹⁰ Then take the food to your father so he can eat it and bless you before he dies."

But are you really my son Esau?" he asked.

Yes, I am," Jacob replied.

²⁵ Then Isaac said, "Now, my son, bring me the wild game. Let me eat it, and then I will give you my blessing." So Jacob took the food to his father, and Isaac ate it. He also drank the wine that Jacob served him. ²⁶ Then Isaac said to Jacob, "Please come a little closer and kiss me, my son."

²⁷ So Jacob went over and kissed him. And when Isaac caught the smell of his clothes, he was finally convinced, and he blessed his son. He said, “Ah! The smell of my son is like the smell of the outdoors, which the Lord has blessed!

As soon as Isaac had finished blessing Jacob, and almost before Jacob had left his father, Esau returned from his hunt. ³¹ Esau prepared a delicious meal and brought it to his father. Then he said, “Sit up, my father, and eat my wild game so you can give me your blessing.”

² But Isaac asked him, “Who are you?”

Esau replied, “It’s your son, your firstborn son, Esau.”

Isaac began to tremble uncontrollably and said, “Then who just served me wild game? I have already eaten it, and I blessed him just before you came. And yes, that blessing must stand!”

When Esau heard his father’s words, he let out a loud and bitter cry. “O my father, what about me? Bless me, too!” he begged.

But Isaac said, “Your brother was here, and he tricked me. He has taken away your blessing.”

If we have not been given a blessing by our father, there is something missing in our lives. If you have not received your

father's blessing because of his absence, his lack of interest, his outright rejection, his abuse, or his criticism, after you have read the Jezebel, Leviathan, and Legion Prayer, a father's blessing is important.

If your father is willing, the best way to receive his blessing, is to have him pray the Father's Blessing Prayer to you (by video, phone, or in person). If your father has passed, is unwilling, or is unavailable, you should read this prayer with the counselor, as if your father were joining you, or the counselor can read the prayer to you, as if your own father was praying it to you.

Father's Blessing Prayer

I ask your Heavenly Father to richly bless you in all the places I failed to bless you.

I ask the Lord Jesus Christ by the power of His Cross and Blood to set you free now from any harsh or cruel words that I said – especially those ones you keep remembering over and over – I am so sorry.

I ask the Lord to set you free from heartache, disappointments, dreads, grief, or rage you cannot resolve.

And I'm so sorry for any struggles I may have caused you – May you be healed from being ignored by me – or overindulged by me.

If I ever made you feel less than or not good enough – I am deeply sorry and ask you to please forgive me.

May the Lord set you free from working so hard to please me when nothing ever would. May the lord set you free from trying to get from me what I never had to give you – I'm so sorry.

May the Lord set you free from blaming me for failing you – not because I need that, but so you can be free to grow; - to receive, and to achieve – to be creative in ways you have not yet imagined.

May the Lord give you all the things I was unable or unwilling to give you.

May the Lord guide you in ways I never could and grant you peace. May the lord free from the effects of any of my addictions, my Narcissism or Borderline actions, my anxieties and my anger.

May the Lord free you from feeling you always have to be perfect or that you have to be what I expect you to be.

I pray that God will help you see that the hurt and pain I caused you came from my own childhood. It limited me, and I am sorry if it limited you.

I pray that God will remove from you any belief that you were not wanted – or loved.

I pray that you have no doubt that you are the gender you are supposed to be.

I pray the Lord will release you from any unhealthy bond that you may have with me – I want you to keep all the good that came from me and give the garbage to God.

My beloved son/daughter – I love you. I am so proud of you. I am so glad you were born. Take flight, my love – soar into the heights of God's destiny for you – fly free – and live! In Jesus' name. Amen.

House Cleansing

Before the home is blessed the house must be cleansed of all that is offensive to God. This should be done as a family group. None of the items should be given away or allow others to use them. If possible, they should be burned. Some items must be destroyed while others require wisdom from God as to their destruction. Seek advice when in doubt. [Warning: Plastic items should not be burned as they will give off toxic smoke. These items must be smashed and destroyed; they cannot be used by others.]

IDOLS: Destroy every item that has any slight association with idolatry. This includes occult and New Age images, masks, talismans, charms, demonic books, literature, and Be especially mindful of items acquired during trips to foreign countries. Are they occultic symbols or artifacts?

GAMES: All games dealing with the occult, and with the forces of darkness must be destroyed, especially "Dungeons and Dragons" and "Ouija Boards." There are many TV and computer games along these lines that must be included in the destruction. And be sure the materials are deleted from where the computer saves deleted files.

PORNOGRAPHY: This includes all pornographic books, novels, magazines, videos, computer materials, and television. If a person

cannot overcome his desire to watch trash TV, then he must get rid of the TV. What society calls pornography is not the same as God's definition of it. Most of the soap programs, most talk shows, and many of the other programs are pornographic according to Christ's standards. Also, many magazines advocate an immoral lifestyle and antichristian principles so Christians must not subscribe to them or read them. All such materials must be destroyed in the house cleansing.

DOLLS/TOYS: Troll dolls, Pokemon, Anime and Cabbage Patch dolls, from the Orient, have a connection with the occult and have caused problems for many people, so they must be destroyed. Dolls that are "sexually correct" are not proper toys for children, so they should also be destroyed.

MUSIC/VIDEOS: "Don't love the world, neither the things that are in the world. If anyone loves the world, the Father's love isn't in him." 1 John 2:15. Some music falls in a gray area. To be safe we need to make a chasm between the world's music and the music acceptable to God. Music that glorifies violence, sexual freedom and drug use is clearly across the line. Ask the Lord for guidance and/or seek help from others. Some bands pray curses/spells over their music

DRUGS: Our bodies are the home of the Holy Spirit so we must never harm our bodies but keep them pure and undefiled. Therefore, the use of any drugs that are harmful is forbidden to Christians.

FALSE TEACHINGS: Get rid of all books and materials that advocate humanism and evolution. There are many good books which present the truth about the creation and where we came from

and where we are going. We do not need materials about false philosophies in our homes.

Also, all books and materials advocating false religious teachings should be destroyed. A mature Christian who is able to use these materials in working with those following false teaching may have a reason to own some of these materials. But most Christian should not have the books and materials published by the cults, or others who are not true to the Bible.

Any images of Mary, Jesus, and the saints which have a tendency to be used as "good-luck charms" should be destroyed. All images and pictures which prevent a person from knowing the true Jesus should be destroyed. Get help from a mature Christian if you have doubts as to what should be done here.

Home Blessing Prayer

1. First start with a time of worship through songs, testimonies of God's blessings, and prayer. This will naturally flow into –
2. A time of thanksgiving. The head of the household gives thanks for each member of the family, God's goodness upon the various members of the household, His faithfulness to the family, God's watch care and protection, and His abundant bestowal of health and strength, both physical and spiritual.
3. Bless the members of the household and break the power of demonic curses and torment over the home.

The following is an example, but creativity is encouraged. You need not follow this prayer verbatim.

"Our Father in heaven, we thank You for Your kindness and goodness

to us all. Your grace had been evident to all the members of this household. Now, in the Name of Jesus, we speak blessing over this household.

Grant us a heart that fears You. Help us to walk in Your ways and lead this family to do the same. Grant us health, strength and wisdom to walk before You in sincerity, truth and humility. Bless the labor of our hands so that he will make honest gains and provide abundantly for this household. May there always be food on the table, clothes on the back, and a roof over us by night.

Teach us to live in simplicity and contentment. May we always have enough and be willing to share with all who come to them in need. Grant us the grace to exercise the gift of hospitality.

Father, we pray the blood of Jesus over this home right now. We break the power of any plan and scheme of the enemy to bring destruction upon this marriage, family and home.

We break the power of any curse, spell or demonic assignment attached to this dwelling or ancestral curse upon the land. We bind and cast out every spirit of darkness over and about this home and send these spirits to dry, uninhabited places.

We ask for warring angels to be dispatched around this home and put a hedge around this family and protect them from all the forces

of evil and keep them from the wiles and attacks of the enemy. "Bless this home with Your love and peace. Fill these rooms with Your joy and laughter. Let these be great halls of learning of Your truth and grace. Let Your glory shine through these windows to the neighbors. May their kind words and consideration for others draw many into Your kingdom. Bless this family richly in the precious name of Jesus. Amen."

4. Anoint the rooms with oil (door frames, walls, windows, floors) and pray briefly at each location (avoid leaving oil on surfaces such as drywall or fabrics that will leave a stain). Sample prayer: "I pray the blood of Jesus over this room and I thank you Lord for protecting this dwelling" or "I pray the blood of Jesus here and I tell you Satan and your kingdom will not cross the Blood line of Jesus for now and all eternity

Renouncing Occult Practices

Along with ancestral practices, there may be a need to address occult practices

directly. This is especially true, if you have been guilty of certain things such as divinity, seeking advice from a palm reader, astrological readings Ouija board, black or white magic, Santeria, cults, Masonic Lodges, etc. When in doubt, it makes sense to pray this prayer anyway.

In the name of Jesus Christ and by His authority, I renounce, come out of agreement with, and cast away all occult practices made by myself or my ancestors.

I repent of and renounce all divination, seeking to gain knowledge of the past, present or future by means prohibited by the Lord. I specifically renounce using tarot cards, palm readings, Ouija boards, crystal balls and tea leaves to predict the future. I renounce all astrological and consulting horoscopes. I renounce all visits to fortune-tellers and psychics made by myself or members of my family line.

Lord, I ask for Your forgiveness and cleansing, from all the deception associated with these practices. I ask all these things in Your name, Jesus Christ our Lord. Amen.

*Prayer to renounce sorcery, witchcraft, magic, curses
and spells*

In the name of Jesus Christ and by His authority, I repent of and renounce and come completely out of agreement with all attempts to control life through sorcery, witchcraft, spells, curses, hexes, charms, potions, and incantations.

I renounce all magical potions that I or my ancestor have drunk or ingested. I renounce trying to secure my own safety through amulets, fetishes, letters of protection, medicine bags or any other magical worn on my body or set up in my house for protection or good luck.

I renounce all spirit guides that I or members of my family have listened to or followed that were not the Holy Spirit. I renounce all involvement in voodoo, juju, Santeria or any other group that

practices black or white magic. I renounce all folk magic and superstition that have held me in bondage to fear.

I ask You, Lord, to be gracious to any persons who to have tried to curse me or my family, or who have tried to assign spirits against me or my family. I ask You to lead them to repentance and salvation. In the name of Jesus Christ. Amen!

Prayer for Sexual Abuse

“God, I pray for healing. I pray for deep comfort. I pray that you will restore to me what has been stolen and broken.

While you do not alter history, you reveal your love in the present and the future. What seems hopelessly shattered, in you can be redeemed. For those of us who have be defiled in sexual abuse, show yourself Jesus please, to be loving and able – as you are willing – to give back life, and life abundant.

Yes, there is great pain in this world. There is injustice. There is evil. I turn to you and cry out for help and healing. I cannot help but wonder why such horrible abuse happens. But I turn from “why?” and ask instead, “how?”

How now will your perfect goodness and love find expression in the shadow of wickedness? God, you are good and loving and also all powerful.

Yet you have risked giving humans the right to choose how we will live. Some choose evil. For those who are victims of other’s vile deeds, I ask you for grace and healing.

For those who have suffered like me, come to us tenderly and with overwhelming and powerful love. I join Jesus and borrow his words, “Be freed from your suffering...”

God, Heal the victims of sexual abuse, in Jesus’ name.”

Prayer for Sexual Cleansing

I renounce all sexual sin that I have been involved with in the past, including fornication, masturbation, pornography, perversion, fantasy, and adultery in the name of Jesus.

I break all curses of adultery, perversion, fornication, lust, incest, rape, molestation, illegitimacy, harlotry, and polygamy in the name of Jesus.

I command all spirits of lust and perversion to come out of my stomach, genitals, mind, mouth, hands, and blood in the name of Jesus.

I present my body to the Lord as a living sacrifice. My members are the members of Christ. I will not let them be the members of a harlot.

I release the fire of God to burn out all unclean lust from my life in the name of Jesus.

I break all ungodly soul ties with former lovers and sexual partners in the name of Jesus.

I cast out all spirits of loneliness that would drive me to ungodly sexual relationships in the name of Jesus.

I command all spirits of hereditary lusts from my ancestors to come out in the name of Jesus.

I command all spirits of witchcraft that work with lust to leave in the name of Jesus.

I take authority over my thoughts and bind all spirits of fantasy and lustful thinking in the name of Jesus.

I cast out all marriage-breaking spirits of lust that would break covenant in the name of Jesus.

I cast out and loose myself from any spirit spouses, and spirits of incubus and succubus in the name of Jesus.

I cast out all spirits of perversion, including Moabite and Ammonite spirits of lust, in the name of Jesus.

I receive the spirit of holiness in my life to walk in sexual purity in the name of Jesus.

I loose myself from the spirit of the world, the lust of the flesh, the lust of the eyes, and the pride of life. I overcome the world through the power of the Holy Spirit.

I am crucified with Christ. I mortify my members. I do not let sin reign in my body, and I will not obey its lust. In Jesus' name. Amen.

Prayer to Break Soul Ties

In ungodly soul tie is an over-identification or inappropriate preoccupation with another person, which may be the result of being emotionally enmeshed, sexually intimate or identity dependent with that person. I am in a deep way, part of that other person has become part of you, and part of your identity, freedom, innocence, or identity has become part of that other person in an unhealthy way.

There are naturally good, holy soul ties, such as between spouses' other family members, or friends. These are normal, healthy soul ties created by God. Due to our God-given free will, however, we can create unhealthy soul ties that are not from God, leading to spiritual bondage.

Lord, rather than trust You, I have looked to others to meet my needs and ease emotional pain inside of me. I have made unhealthy choices and have not kept these relationships in proper perspective. I want to be free from unhealthy emotional, intellectual or sexual ties I have created. I repent for allowing this to happen. Please forgive me for having sought out from others the ultimate satisfaction and fulfillment found in You.

In the name of Jesus and by the power of his cross and blood, I hereby break all bonds of manipulation, domination, preoccupation or control I have allowed to be exercised over me by _____. I break all bonds of inordinate desire, lust or identity that I have developed with _____. I renounce all ungodly covenants, promises, fantasies and plans that I have entered in inappropriately with _____.

I release these people completely into Your hands, and I ask that You bless them. I reject all soul ties with these people and every intellectual, emotional or sexual satisfaction they have provided me. I renounce every sinful agreement I have come into that gave birth to these soul ties. In accordance with Your Word, I choose to present myself to You as a living sacrifice, to surrender my will and needs of my soul to You, and to walk in holiness with You as Lord and Savior.

In the name of Jesus, I separate myself from each part of these persons that has clung to me. Lord, cleanse these parts from all stains or blemish and send them back to _____, that they may be made whole. In Jesus' name,

I call back any part of me that I gave away or was taken away by _____. Lord, cleanse these parts from all stain or blemish, renew them, and restore them to their rightful place in me. Lord, knit these parts back into me by Your love. Thank you, Lord Jesus, for making me whole and for increased intimacy with You.

I acknowledge to You and myself that I choose freedom and abundant life in You. In the name of the Father, Son, and the Holy Spirit. Amen.

Occult Practices Prayer

In the name of Jesus Christ and by His authority, I renounce, come out of agreement with, and cast away all occult practices made by myself or my ancestors.

I repent of and renounce all divination, seeking to gain knowledge of the past, present or future by means prohibited by the Lord. I specifically renounce using tarot cards, palm readings, Ouija boards, crystal balls and tea leaves to predict the future. I renounce all astrological and consulting horoscopes. I renounce all visits to fortune-tellers and psychics made by myself or members of my family line.

Lord, I ask for Your forgiveness and cleansing, from all the deception associated with these practices. I ask all these things in Your name, Jesus Christ our Lord. Amen.

Prayer to renounce sorcery, witchcraft, magic, curses and spells

In the name of Jesus Christ and by His authority, I repent of and renounce and come completely out of agreement with all attempts to control life through sorcery, witchcraft, spells, curses, hexes, charms, potions, and incantations.

I renounce all magical potions that I or my ancestor have drunk or ingested. I renounce trying to secure my own safety through amulets, fetishes, letters of protection, medicine bags or any other magical worn on my body or set up in my house for protection or good luck.

I renounce all spirit guides that I or members of my family have listened to or followed that were not the Holy Spirit. I renounce all involvement in voodoo, juju, Santeria or any other group that practices black or white magic. I renounce all folk magic and superstition that have held me in bondage to fear.

I ask You, Lord, to be gracious to any persons who to have tried to curse me or my family, or who have tried to assign spirits against

me or my family. I ask You to lead them to repentance and salvation. In the name of Jesus Christ. Amen.

Prayer to be Cleansed – Trauma Prayer

I pray for the continued protection of Jesus Christ over me, and everyone and everything I hold dear. I ask all of these things in the blessed name of our Savior, Jesus Christ. Amen.

Father, cleanse me of anything that I saw with my eyes, either by my choice or against my will that diminished me in any way, or brought devastation to my life. Wash away every image of trauma and every fearful vision. Cleanse all places where trauma has lodged in my memory and in my nervous system. Cleanse me of every facial expression that I saw of disapproval, rejection or rage against me or any of my loved ones, wash out all fear and insecurity that accompanied those experiences.

Father, wash away every image of lust that I viewed. Cleanse me and forgive me of every perverse image that I took into myself. Wash of every bodily memory tied to those images. Lord, cleanse the cycle of lust that those images brought to mind. Dear Father, send Your bright love, purity and peace to fill any places that have been vacated and are empty.

Father, cleanse me of every negative word I have ever heard that has stolen my joy, eroded my trust or diminished my identity in You. Cleanse me from every word of accusation against me. Help me discern and quickly reject the words of Satan, the accuser. Help me hold fast to every word of encourage and love from others, and You. Cleanse me of everything I have heard that has acted as a

curse in my life. Wash it completely out of my mind, heart and body.

Father, wash through my nervous system, all up and down my spinal column, spinal cord and the radiating nerves. Wash out all our fear, anxiety or negative expectations that have lodged in my nerves.

I break down and destroy, in Jesus' name, spiritual structures in my back, my neck, my jaws, shoulder, arms, and legs that are where evil can access my mind or body. I deconstruct any patterns of evil that have been built up in my body. Holy Spirit pour out Your love and peace in any areas that have been vacated and are empty.

Father, please bring into balance the multiple functions of my brain that have been damaged by trauma, addictions or depression. Anywhere addictions any of any kind or degree have altered my brain, please restore to normal functioning. I desire that every area of my brain that is out of balance submit to Your will.

Wash away from my heart any fear, shame, or abandonment. Pour out Your perfect love that casts away all fear. Fill my broken heart with Your peace³ and a sense of well-being in all the deep and hidden places of my life.

We ask that the warmth and love of our Heavenly Father replace in our memories, the failures of our earthly parents and other family members, to love and protect us. We ask for your continued protection and peace as we move through our past pain to become whole again as you originally created us

The God of everything, is the God of science. We ask that You bless the science of this trauma process and use it for Your glory. Holy

Spirit, use this process to guide us from darkness into Your light. We ask all these things in Your blessed name above all names, Jesus Christ. Amen.

*Where Do you Go from Here? - “Walking out,” or
“Walking the Narrow Road”*

Once you have commanded the demons/spirits to go from you - what is next? Most people report that they feel a tremendous peace, purity, and humbleness as if a massive weight has been lifted from their shoulders. Many also say that looking back, they can see where they were not true practicing Christians, due to the competing voices in their head.

Now that you have a new sense of peace, love, and joy, you may have a desire to make it up to your spouse, children, and others, for all the years of being a controlling self-centered individual. You may realize you were incapable of giving unconditional love, because you never received it in their childhood.

You must continue to take authority over the enemy. Focus each day on Philippians 4:8-9.

“Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely whatever things are of good report. If there is any virtue and if there is anything praiseworthy— meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.”

As a cautionary note, not everyone is delivered instantly. People under 30 tend to be delivered faster than people that have suffered for a long time with the demons. Some people can take months and in rare cases years. We are not talking about a “normal” deliverance process when you are talking about a Jezebel, Levithan, Ahab, or Legion deliverance. As mentioned earlier, with the exception of significantly higher-level demons, these are the worse demons that you can deal with.

In people with Narcissism or Borderline personalities, there are often a number of sub-demons involved that are also part of the stronghold. Even though the demons may have left, there is still a stronghold left behind. The stronghold is destroyed over time, through a process of “Walking the Narrow Road.” Matthew 7:13¹⁴ says:

“Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. ¹⁴ But small is the gate and narrow the road that leads to life, and only a few find it.”

In the first month, they will need to build a plan to continue to grow and be filled with the Holy Spirit. They must attend church, read the Word, listen to sermons from reliable pastors (John MacArthur, Voddie Baucham, Greg Laurie, etc.) download and use a good bible app that takes them through the Bible, maintain a consistent time for prayer, and build a new “rhythm” for their life if they are going to prevent the demons from finding their way back inside. They should continue to pray the prayers from their deliverance each morning and evening

In some cases, if they seemed stalled, an additional deliverance may be warranted. The best barometer for the need for an additional deliverance, are the observations of their spouse, and their children.

At Science and deliverance Counseling, we also offer aftercare, if at any time they feel stalled in their deliverance.

*Information from A and B Ministries





Appendix C

Deliverance Process Explained- Science & Deliverance Counseling



I subscribe to the basic 7 step Deliverance process described in the book “How to Cast Out Demons” by Isaiah Saldivar and presented in essentially the same format in “The Deliverance Handbook” by Kent Philpott, “Restored to Freedom” by Nelson Schuman, and the “Deliverance and Spiritual Warfare Manual” by John Eckhardt.

Satan is always written as *satan*, to designate the fact that he is always subject to the authority of Christ, and to those believers that are operating under His authority.

Although other people performing Deliverance may have different methods, we must remember that the Holy Spirit is the ultimate guide to each individual Deliverance process. **We do not Deliver people. He does. And thank God for that!**

Before the process begins, we will have two sessions where information will be presented about the demonic kingdom, we will review the Interview Questionnaire, and the Strongholds List, which will be given as “between work” between sessions, and you will be briefed on the Deliverance process.

You will also be asked to pray the morning and evening prayers that I will give you in a handout, each morning and evening leading up to the Deliverance. Because this Deliverance is very comprehensive, you may want to schedule two sessions at the beginning of the process. There are other Deliverance process that are more brief, but I believe that is at the expense of experiencing a complete Deliverance the first time.

Step 1. Affirmation of Christian Faith

In step 1. we will affirm your commitment to Christ. You must indicate that you are a born-again believer in Christ, or you must express a sincere desire to want to accept Christ as your Savior. If you desire a Deliverance and you are not yet a believer but want to be, you must pray with me a prayer of full surrender to Christ, before we would consider moving forward.

The reason for this stipulation is, after the demons have left, the Holy Spirit must come and fill up the void vacated by the demons, or you may be worse than you were before the Deliverance.

In Matthew 12:43-45, Jesus says:

“When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then it says, “I

will return to my house from which I came.” And when he comes, he finds it empty, swept, and put in order. Then he goes and finds seven other spirits more wicked than himself, and they enter and dwell there, and the last state of the man is worse than the first. So shall it be for this wicked generation.”

The other issue is with unbelievers, the demons usually have a legal right to stay because of the lack of conviction of sin, and not turning away from it. It is very difficult to cast out demons when they have legal rights in many different areas and have several significant strongholds from years of deliberate sinning.

In addition, you must want desperately to be free. Just as God recognizes free will, the demons do too. Never forget that the demons have been around since creation, and they have had thousands of years to study the Bible and us. They often know us better than we know ourselves. If the demons recognize that you are ambivalent about wanting to be free of them, they will recognize this and refuse to leave.

During deliverance, you must be willing to participate in the process. You may end up speaking for the demons, or you may be asked to listen for anything that comes across your mind.

When we pray, I will ask you to pray with me in the Spirit, but if you do not understand the concept, you must stay completely focused on everything I am asking you to repeat. Remember, the demons cannot read your thoughts, so when we pray, renounce, or command the spirits, we must do so out loud.

Keep in mind, we may stop the process at any time, for breaks, for prayer, or because our time has run out. If we stop it does not affect the Deliverance in any way. We will merely start again where we left off the next time we meet. When we meet again, we will pray before we start for the Holy Spirit to fill the room, provide knowledge and wisdom, and be our guide to full Deliverance.

Step 2. Prayers breaking and renouncing curses, renouncing demons, dealing with unforgiveness, and verbally commanding the demons to leave.

Before we begin the Deliverance process, I will pray a general prayer addressing the most common issues related to your ancestors.

In the name of Jesus, I break any curses that have come down upon (name) from his mother and father, grandparents, great-grandparents, as far back as necessary, aunts, uncles, nephews, nieces, cousins, brothers and sisters, friends and enemies. I break any curses that have come down upon him from his wife and her parents, grandparents as far back as necessary, aunts, uncles, nephews, nieces, cousins, brothers and sisters, friends and enemies. (Do this for each former spouse). I break any curses that have come down upon (name) from anyone with whom he has been sexually intimate and their mothers, fathers, grandparents, great-grandparents, as far back as necessary, aunts, uncles, nephews, nieces, cousins, brothers and sisters, friends and enemies.

I see these curses flowing into him like a stream; contracts, covenants, and agreements that either he entered into, or others

have entered into on his behalf. I see these laid out before us, row after row of print, the Holy Spirit touching these, and the words turning into dust and falling to the ground, having no power over him now, in Jesus's name. In the name of Jesus, I break any ungodly oaths that he has spoken over himself, things that he has said that are not consistent with the teaching of Scripture or what Jesus says about him. I see the power of those words broken and their power over him destroyed.

In the name of Jesus, I break any ungodly soul ties, attachments or hooks connecting him to any individual, living or dead, that came about because of inappropriate physical or emotional intimacy. I see these cables severed and disappearing into the darkness; the hooks falling out of his body onto the ground.

In the name of Jesus all curses, contracts, and agreements are broken; all ungodly oaths shattered, and all soul ties, attachments and hooks severed in the name of Jesus. Amen³

After the prayer, we will begin the actual Deliverance process. I will read the prayers, and you will repeat them out loud. In this part of the process, you are saying, "*I do not want you in my life any longer* to the demons.

Second Timothy says, "All who belong to the Lord must turn away from evil". Titus 2:2 says, "Training us to *renounce* ungodliness and worldly passions, and to live a self-controlled life in the present age". This is what you are doing when you renounce these things, and after Deliverance, you must make a special effort to turn away from these things.

When you renounce the demons, you are breaking all legal ties. We will use the things you have marked on the Strongholds List for renouncing. You will say for example, “I renounce witchcraft, I renounce lust, I renounce pornography, I renounce addiction” and so forth. If there is something you find you cannot say out loud, there is probably a demon at work. You need to continue to push through and I will note it for deliverance.

Dealing with forgiveness is the next step in the process. Demons have a special ability to root themselves in unforgiveness, and as a result, they will hold onto the legal right to stay. We must be sure that you name every person that you need to forgive, or the Deliverance will stall at some point.

In 2 Corinthians 2:10 Paul says,

“To whom you will forgive anything, I will forgive also. For if I forgive anything, to whom I forgive, it is for your sakes I forgive it in the person of Christ; lest satan should get an advantage over you. If you do not forgive, you give satan an advantage position in your life.”

The first and deepest kind of healing that Jesus brings is forgiveness of your sins. Repentance and forgiveness are at the heart of his message and mission to redeem humanity and to restore our intimate relationship with God the Father. Few things in your life matters more than understanding grace, mercy, and living in the forgiveness of others and yourself.

It may seem humanly impossible to forgive someone who has hurt you deeply and unjustly. Often it is necessary to pray and to ask Jesus to pour His own forgiving love into your heart (Romans 5:5). Most sins do not block God's healing power to the extent that a lack of forgiveness does.

God has promised us mercy, grace and pardon. Jesus extended those to us when He hung on Calvary's cross bearing the sins of the entire world, saying, "Father, forgive them, for they do not know what they are doing" (Luke 23:24). He forgave the very ones that had lied about Him, betrayed him, flogged Him, and abandoned Him.

You may have suffered greatly at the hands of a parent, sibling, spouse, child, or friend, and you need to forgive this person, but your desire for justice has always stopped you. Forgiveness does not mean forgetting the hurt, saying it was okay or that it did not wound you. Forgiveness means that you want to repent of your own sin, and release to Jesus those who have hurt you.

Forgiveness is not a feeling. It is an act of will. By doing this you will destroy the power of satan in your life.

Lord, I surrender each painful offense, known and unknown, and ask You to pour Your love and healing power through me as I forgive those that have hurt me. Lord Jesus, I repent and confess each offense held in my heart as You reveal it to me. I hereby forgive _____ (after you have named the people that immediately come to mind, close your eyes for 5-10 seconds and ask the Holy Spirit to reveal to you any hidden offenses).

I thank You that only You have the power and grace to forgive and redeem all sin. Please lift the burdens from my shoulders and

cleanse the poison of those memories from my heart. I ask You to remove any bitter root judgements and replace them with Your mercy and grace.

Thank You Lord, for removing and redeeming each offense from my heart and the harmful consequences of unforgiveness from my life. Let Your love, blessings, and healing power flow over those that I have named, and in your mercy bring them to salvation. In the mighty name of Jesus, I pray. Amen

The last part of step 2 is for you to verbally tell the demons, you do not want them in you. You should say something like:

“I command every demon in the name of Jesus and by His blood, to leave me now. I do not want you any longer and you must go in Jesus’ name. I am a child of God and no longer live in the kingdom of darkness. Christ is my master, and I am a temple of the Holy Spirit. Every unclean spirit must leave me **now** in Jesus’ name, and go to the abyss, never to bother me again. Thank You Jesus!”

Step 3. Confronting the demon

At this point I will begin to confront the demons and as a result, they may begin to manifest through you. Common signs of manifestation are the demon speaking through you, coughing, yawning, gagging, screaming, or a feeling that you are struggling to breath. In some extremely rare cases, you may find yourself vomiting, falling, going limp, or writhing on the ground. Do not be alarmed! This is all part of the process. During manifesting, I may also command you to come back and for the demon to go away

temporarily, to gain additional information and to halt the manifesting.

You may also have no visible signs of manifesting. **This does not mean that you are not being delivered.** In Luke 13, the woman with the spirit of infirmity did not manifest, but she did get set free. The goal is not to get the demon to manifest, the goal is to set you free.

The demons must be confronted and in doing so, I may sound a bit harsh or aggressive. Remember, I am not talking to you. I am talking to the demons. I will be referring to the information from our initial interview and the Stronghold List you completed, to determine the list of who I will command to come out.

When I begin calling them out, I will ask you to listen for any chatter going on in your mind, and if you feel or hear anything unusual when I call out certain demons. During the deliverance, we must always maintain eye contact! Depending on the situation during this step, I may also put on praise music, ask the Holy Spirit's presence to fill the room, ask for the fire of God, or request God to send His Holy angels.

*Step 4. Bind the demon in Jesus' name, and
command it to go to the abyss.*

Matthew 16:19 says:

“And I will give you the keys of the Kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatsoever you loose on earth will be loosed in heaven”

This is the step where binding and loosing comes into play. When scripture mentions “heaven.” It means the spiritual realm. The term *bind* means to arrest or tie something up. In the spiritual realm we have the power to bind or arrest demons that are no longer authorized to be there.

Once the demon is bound, we need to send it to the abyss. The Bible does not give much information as to where to send the demons, however in Luke 8:31 the demons begged Jesus not to send them back into the deep, or the abyss. If demons don’t want to go there, it seems like a good place to send them.

Not every Deliverance I studied does this, but I like to bind the strongman and the demons that serve him with a three stranded chord (the Bible says that a three stranded chord cannot be broken), so that we can eliminate as many demons as we can in one step.

Once this is complete, we will pray to loose the Holy Spirit to fill those areas that are left by the demons leaving.

Step 5. If the demon doesn’t leave – finding out why.

The primary reason why a demon may resist leaving is that the person still has unforgiveness against someone. If that is the case, we will need to go back and re-pray the forgiveness prayer asking the Holy Spirit to help us uncover the hidden situation.

To find out why they are not leaving, I will usually say, “I command you in the name of Jesus, to tell me why you won’t leave. What legal right do you have to be here?” The demon then may speak out through you, or you may hear the reason in your mind.

If you notice something in your mind, you need to immediately tell me what you hear.

There is also the possibility that the demon may be outside influencing the inside demons, and in this case, we will use the sword the of the Spirit of God, which is His Holy Word, to cut that demon from your body.

In addition, in rare instances, there may be some demons that are extremely powerful and as a result, they may not respond to direct commands by us. These may be demons in principalities, or a demon called a “celestial being”. These are demons in satan’s hierarchy that have an assignment over many other demons. A special prayer is need if a demon is still there after the basic Deliverance.

Dear Heavenly Father, we come before you today on behalf of my brother (sister) _____, because he (she) may be suffering from the presence of one or more celestial beings. If this is so, it is inappropriate that one whom God loves should be suffering from such a thing. Therefore, as we come into your presence, we see you high and lifted up, seated upon Your Throne, surrounded by more angels than we can count, with the church laid out before you, those who are present with you now, and those who will be with you in the future. We would ask, O, Lord, that you call your Heavenly Court into session and that you would call into your presence any present or assigned Celestial Beings and that you would judge them and send them to a place of your choosing so that they cannot torment _____ or any of your other children. We know that you will do this because we know you love _____, that your Son died so that we might make this request, and because we pray in Jesus’ name. Amen.³

It is not unusual for this portion of the Deliverance be frustrating for us both. This is often a good time to take a break and get some water and pray for a word of knowledge from the Holy Spirit. Remember too, if we must stop because we are running out of time, we can always take up the process right back where we left off without any repercussions. When we are done, I will ask the Holy Spirit for a word of knowledge, and to confirm the demons have left.

Step 6. Go back and make sure everything is gone.

Demons are excellent at hiding. At all costs they do not want to have to start the process all over again of finding a body to inhabit or oppress. Think of it this way. If you had found a great house to live in and your room had an excellent room with a balcony. you decorated your room, moved in your furniture, had cable hooked up, and stocked the refrigerator with all the things you needed, would you want to leave and start all over again? No, of course not! You might hide in the closet too, and hope they missed you.

To be sure they are gone after step 5, I will be keeping track of the ones we have delt with from the Stronghold List and the Initial Interview Questionnaire. I will go through the list again saying, "Demon of _____, I command you to tell me if you are you still there, in Jesus' name." When I do this, I want you to close your eyes and listen for a "Yes", "No", or nothing. Yes and No means the demon is still there (think of it like this, if you walk by a room and ask if there is anyone in there and the answer is "No", you know someone is in the room). If the answer is "Yes" or "No", we will need to determine again why the demon is still in there, bind it, and command it to leave and go to the abyss.

After we believe everything is gone, I will pray to the Holy Spirit to confirm our belief. If I feel peace and you do too, we will go on to the last step. If either of us feels uncertain, I will continue go through the list to put pressure on the demons to leave.

Step 7. Pray for the Holy Spirit to fill you. This may happen during Deliverance, or as part of you walking the “narrow road,” after Deliverance.

Although this is the last step, it is the most important one! This step demolishes any strongholds remaining (the “apartment” left behind) and prevents the demons from returning. This step involves four steps.

1. Repent

In Acts 2:38 Peter reveals that we must repent. To repent, you may pray something like “Lord I turn away from any sin in my life. Change how I think and how I act; I am wrong. You are right and I want you to change me. In your name Jesus, I pray. Repentance is not a one-time thing. This prayer should be in your mind and on your tongue every day. Acts 17:30 says:

“The times of ignorance God overlooked, but now He commands all people everywhere to repent”

2. Ask God for the baptism of the Holy Spirit. Luke 11:11-13 says,

“If a son asks for bread from any father among you, will he give him a stone? Or if he asks for a fish, will he give

him a serpent instead of a fish? Or if he asks for an egg, will he offer him a scorpion? If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him.”

In this step you need to pray a simple prayer, asking God in accordance with Luke:11-13, to baptize you with the Holy Spirit to assure that you will be increasingly aware of Him and that you are guided by Him in your life. This will also help fill any voids left by the demons leaving.

3. Be thirsty for the Word. John 7:37-39 says:

On the last greatest day of the festival, Jesus stood and said in a loud voice,

“Let anyone who is thirsty, come to me and drink. Whosoever believes in Me, as Scripture has said, rivers of living water will flow from within them. By this He meant the Spirit, by whom those who believed in Him were later to receive. Up to that time, the Spirit had not been given since Jesus had not been glorified.”

Many people never receive the fullness of the Spirit because they are not thirsty. To be thirsty means you recognize that you need more than what you already have. Thirst is one of the strongest urges. People that are thirsty do not care about their other needs until this one is satisfied. Jesus says this must be all you want.

4. You must drink!

Jesus said that you must actually “drink” (John 7:37). This seems obvious, but some people will fail step number 4. We start out with great intentions, but over time our commitment fails. Life begins to slowly erode our plan. What started out to be a commitment for 30 minutes of prayer each morning and each evening, turns into 30 minutes in the evening so we can get into work early. Then in the evening it becomes every-other day as the children need help with their homework.

I am not saying that any of these things are not important, but we must choose our priorities carefully. Remember that Jesus toils us that if we put him first, everything else will take care of itself. Matthew 6:33 says:

“Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need (New Living Translation).

If you need additional help taking the narrow road, or feel that an accountability partner would be helpful, Science and Deliverance Counseling has an Aftercare service to meet any needs you may have after Deliverance. In addition, more ideas to help you to continue on the narrow road, can be found on the “Six Ways to Keep Demons Out” attachment that is available if you request it.

Notes

1. This Deliverance process represent a distillation and selection of the best practices from the information in the Bob Larson University ISE Certification Program, Above and Beyond

Certification Program, How to Cast Out Demons by Isaiah Saldivar, The Bondage Breaker by Niel Anderson, Deliverance and Spiritual Warfare Manual by John Eckhardt, Deliverance from Evil Spirits by Francis and Judith McNutt, They Shall Expel Demons by Derek Price, Fight Back, Moving from Deliverance to Domination by Valdimir Savchuk, Deliverance and Inner Healing by John and Mark Sanford, and The Deliverance Handbook by Kent Philpott.

2. I am also certified to provide a smaller and more formal Deliverance, that is more scripted than the one here. You can find examples of that process at Above and Beyond Counseling Academy on their website and on videos on YouTube.

3. These prayers were provided curtesy of Dr. David Appleby's Spiritual Interventions Program.



THE END
