



Muskie Community Center

DINING MENU

March 2026

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>American Chop Suey Steamed Spinach Or Salad Bar Garlic Bread</p>	<p>3</p> <p>Chicken Stir Fry Asian Noodles Vegetable Medley Or Salad Bar Dinner Roll</p>	<p>4</p> <p>Pot Roast Mashed Potato Green Beans Or Salad Bar Dinner Roll</p>	<p>5</p> <p>Chicken Marsala Rice Pilaf Zucchini & Tomatoes Or Salad Bar Dinner Roll</p>	<p>Breakfast Buffet 6</p> <p>Salmon Pie Roasted Red Potatoes Beets Or Salad Bar Dinner Roll</p>
<p>9</p> <p>Pork Fried Rice Steamed Broccoli Or Salad Bar Dinner Roll</p>	<p>10</p> <p>Chicken Cordon Bleu Au Gratin Potato Butternut Squash Or Salad Bar Dinner Roll</p>	<p>11</p> <p>Cheese Ravioli With Meat Sauce Spinach Or Salad Bar Dinner Roll</p>	<p>12</p> <p>Chicken Teriyaki Seasoned Rice Glazed Carrots Or Salad Bar Dinner Roll</p>	<p>Breakfast Buffet 13</p> <p>Baked Stuffed Haddock Baked Potato Green Beans Almond Or Salad Bar Dinner Roll</p>
<p>16</p> <p>Swedish Meatballs Egg Noodles Buttery Peas & Carrots Or Salad Bar Popover</p>	<p>17</p> <p>Corn Beef & Cabbage Potatoes & Carrots Or Salad Bar Dinner Roll</p>	<p>18</p> <p>Chicken Parmesan Ziti Vegetable Medley Or Salad Bar Garlic Bread</p>	<p>Turkey with all the Fixings Mashed Potatoes Butternut Squash or Salad Bar Dinner Roll</p> <p>19</p> <p><i>Suggested Donation of \$8.00</i></p>	<p>Breakfast Buffet 20</p> <p>Teriyaki Salmon Au Gratin Potato Zucchini & Onions Or Salad Bar Dinner Roll</p>
<p>23</p> <p>Salisbury Steak & Gravy, Mushrooms & Onions Mixed Vegetables Or Salad Bar Dinner Roll</p>	 <p>24</p> <p>Chef's Choice</p>	<p>25</p> <p>Spaghetti & Meatballs Buttered Carrots Or Salad Bar Dinner Roll</p>	<p>26</p> <p>BBQ Chicken Baked Beans Zucchini & Peppers Or Salad Bar Cornbread</p>	<p>Breakfast Buffet 27</p> <p>Lemon Butter Haddock Oven Fries Spinach & Butter Or Salad Bar Dinner Roll</p>
<p>30</p> <p>Chicken Lorraine Egg Noodles Steamed Broccoli Or Salad Bar Dinner Roll</p>	<p>31</p> <p>Sausage or Meatball Peppers & Onions Rice Green Beans Or Salad Bar Sub or Dinner Roll</p>		<p>All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.</p>	<p>Breakfast Buffet <i>From: 8:00 - 9:30 a.m.</i></p> <p>Scrambled Eggs, Bacon, Sausage, French Toast, Home Fries, Toast, Bagel, or English Muffin, Fruit Salad, Milk, Orange Juice</p>

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

March 2026

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment 9 - 10 a.m. 12:30 - 2:30 p.m. 1 - 4 p.m.	★ Notary Services Richard Simmons Workout Mahjong ~ Beginners are welcome! Cornhole ~ All are welcome!	Donations Accepted \$2 per person \$2 per person \$3 per person
	Mar 30 , 10:30-11:30 a.m.	★ Roundtable Discussion with John Nale	Donations Accepted
Tuesdays	By Appointment 9 - 11 a.m. Noon - 2:30 p.m. 1 - 2:30 p.m.	★ Notary Services Quilts & Crafts Hand & Foot ~ Canasta ~ Rummy Type Card Game Muskie Music Makers	Donations Accepted \$2 per person \$2 per person Free
	Mar 24 , 10 a.m. - 1 p.m.	★ Computer/Phone Classes	\$7 Per Class
Wednesdays	By Appointment 9 - 10 a.m. 9:30 - 10:30 a.m. Noon - 2:30 p.m. 2 - 3:30 p.m.	★ Notary Services Richard Simmons Workout French Social Hour ~ Converse with others in French ! Cribbage Waterville Chess Club ~ Beginners are welcome!	Donations Accepted \$2 per person \$2 per person \$2 per person Free
	Mar 18 , 1 - 2:30 p.m.	Family Caregiver Support	Free
Thursdays	By Appointment 9 - 10 a.m.	★ Notary Services Line Dancing Class	Donations Accepted \$3 per person
	Mar 5 , 8 a.m. - 2 p.m. Mar 19 , 9 a.m. - 1 p.m.	★ Veterans Assistance -Veterans' Service Officers Power Hour with CMP Representatives	Free Free
Fridays	9 - 10 a.m. Noon - 2:30 p.m. 1 - 4 p.m.	Richard Simmons Workout Hand & Foot ~ Canasta ~ Rummy Type Card Game Cornhole~ All are welcome!	\$2 per person \$2 per person \$3 per person
	Mar 27 , 1 - 3 p.m.	★ Medicare 101 Clinic @ Muskie	Donations Accepted

Inclément Weather Cancellations and Delays

In the event of bad weather, please call 873-4745 or (800) 639-1553 for a recorded message announcing any agency closings before heading to the Muskie Community Center. Spectrum Generations will announce any delays or closings on our Facebook page as well as: **TV Channels 2, 5, 6, 8, or 13** and on **FM Radio Stations 92.3, 93.5, 96.7, 97.1, 97.5, 98.5, 101.3, 102.5, 103.3, 104.3, 105.1, 107.9, and AM Radio Station 1160**